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TROOP 17 WELCOMES NINE NEW EAGLE SCOUTS



(above) Eagle Scouts Thomas Fialko, Maxwell Mao, Connor Chen, Jack Smith, Rusheel Mishra, Jose Landauro, Sam Strzelec, Arshaan Kibria, and Ayan Dalmia

Courtesy Photo

Submitted by Kevin Radics

On Saturday, May 9th, Troop 17 officially recognized nine new Eagle Scouts at its annual Eagle Court of Honor held at St. Rose of Lima Church. Family members, friends, and community members gathered to celebrate the accomplishments of Thomas Fialko, Maxwell Mao, Connor Chen, Jack Smith, Rusheel Mishra, Jose Landauro, Sam Strzelec, Arshaan Kibria, and Ayan Dalmia as they earned Scouting's highest rank. Refreshments were served outdoors following the ceremony.

The rank of Eagle Scout represents years of perseverance, leadership, and service. Over the course of their scouting careers, the nine scouts worked tirelessly to achieve this honor by progressing through the preceding ranks and earning 21 merit badges covering subjects such as first aid, environmental science, cooking, and citizenship. In addition, each scout completed an Eagle Scout Service Project designed

to benefit the local community. These projects included mending baseball mounds in Gero Park, building public chess tables for Taylor Park, creating birdhouses for local conservation centers, and several other impactful projects.

The two-hour Eagle Scout Court of Honor commemorated the scouts' dedication and officially recognized their achievements. During the ceremony, each scout delivered a short speech reflecting on their scouting journey, recounting the experiences that helped shape them into leaders, and thanking those who helped them along the way. Guests of honor also spoke about the pride these young men have brought to their families and the community through their hard work and commitment.

Through their experiences in scouting, these new Eagle Scouts have developed leadership, responsibility, and service skills that will help them continue making positive contributions to their communities in the future.

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NEW JERSEY VETERANS NETWORK

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Michael D Boll, NJVN President
For the past 10 years the New Jersey Veterans Network (NJVN) has proudly marched on Memorial Day parades alongside our troops and veterans to honor those we have lost. While these events are deeply meaningful, our mission extends far beyond parades and ceremonies.

NJVN is a dedicated team of volunteers committed to actively reaching veterans in need and connecting them with life-changing—and often life-saving—resources. We have built a strong, statewide network focused on improving the quality of life for our veterans.

Our support includes essential services such as food, clothing, personal items, and transportation. However, our primary focus is on outreach programs and recreational therapy events designed to support mental health and overall

well-being. Veteran mental health remains one of the most critical challenges facing our community. Tragically, veteran suicide continues to be an ongoing crisis, with numbers that have remained steady or increased each year. This is why outreach, connection, and mentorship are at the heart of everything we do.

We are always eager to collaborate with organizations that share our mission. Most importantly, we are in need of dedicated volunteers who can support our efforts on a regular basis.

If you are interested in joining our team, please contact us: Email:

NJVN1775@gmail.com;

Phone: (973) 332-1556.

To learn more visit njvn.org.



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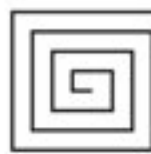




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OPERA AT FLORHAM ANNOUNCES NEW SEASON OF MUSIC AND DRAMA

Opera at Florham is delighted to unveil its 2026–2027 season, offering audiences an exciting journey through beloved Operas, festive traditions, legendary performers, and emerging vocal talent.

The season opens on **Sunday, July 19, 2026**, with a special celebration of **America's 250th Anniversary** featuring a repertoire honoring the great American Opera singers whose artistry has shaped the nation's musical heritage. Come see this special performance at The Mansion at Fairleigh Dickinson University (285 Madison Ave, Madison, NJ 07940).

On **September 13, 2026**, audiences will be transported to Paris with **La Vie en Bohème**, an engaging exploration of Puccini's beloved masterpiece and the captivating lives of four struggling artists and the women who transform their world. At The Mansion at Fairleigh Dickinson University

The magic continues on **November 8, 2026**, with **Fantasy in Opera** at **The Church of Saint Philomena in Livingston** (386 South Livingston Avenue, Livingston, NJ 07039), showcasing enchanting selections from Operas filled with wonder, imagination, and the supernatural.

The holiday season arrives on **December 6, 2026**, with the annual **Holiday Spectacular: Jingle Jingle and Mingle Mingle All the Way**, a joyful musical celebration at St. Margaret of Scotland R.C. Church in Morristown (6 Sussex Ave, Morristown, NJ 07960). This performance is at 3:00 pm.

On **February 14, 2027**, Opera at Florham presents **Operatic Villains You Love to Hate**. A Valentine's Day program featuring some of Opera's most memorable and delightfully wicked

characters. Back at our home at The Mansion at Fairleigh Dickinson University, Madison, New Jersey.

The spring season continues on **April 4, 2027**, with **An Afternoon with the Šebec Tenors: A Tribute to Luciano Pavarotti**. Acclaimed tenor Christian Šebec joins his sons, Zachary and Eric, for an unforgettable afternoon celebrating the legendary tenor through Operatic favorites and family harmony. At The Mansion at Fairleigh Dickinson University, Madison, New Jersey.

The season concludes on **May 23, 2027**, with the **37th Annual International Vocal Competition in Honor of Violetta Dupont**, where audiences can experience the extraordinary talent of tomorrow's Opera stars as they compete for top honors. At The Mansion at Fairleigh Dickinson University, Madison, New Jersey.

Opera at Florham invites music lovers of all ages to join us for a season filled with passion, artistry, storytelling, and unforgettable performances.

Tickets are \$35 for General Admission, with discounted tickets available for students. **Become a season sponsor for just \$180!** All 7 concerts for less than the price of 6! Over a 25% discount! Visit operaatflorham.org for tickets and more information.

Founded in 1982, **Opera at Florham** is northern New Jersey's premier Opera company, presenting annual concerts, the International Vocal Competition, and Opera Talk educational series.



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43RD ANNUAL LAW ENFORCEMENT TORCH RUN

Millburn Police Department

On June 5, 2026, members of the Millburn Police Department joined police officers and other community members from across the state to be Guardians of the Flame in the 43rd Annual Law Enforcement Torch Run to benefit Special Olympics of New Jersey. Over 3,000 Police Officers took to their local streets to raise funds and awareness for this incredible organization. They carry the "Flame of Hope" which officially leads into the Special Olympics Summer Games. This event helps raise awareness and funds to support year-round sports training and competition opportunities for thousands of athletes with intellectual disabilities throughout New Jersey.

This year's Torch Run featured a special participant, Millburn High School Sophomore

Robert Stiska, who proudly joined the officers during the run. The group made its way through the Millburn High School driveway, where hundreds of students and faculty members gathered to cheer on the runners and show their support for the Special Olympics Torch Run.

The Torch Run began at Millburn Ave and Vauxhall Rd., where officers from the Union Police Department passed the torch to Millburn Officers. The Millburn team then carried the Flame of Hope approximately three miles through town before passing the torch to the Summit Police Department after the Broad Street Bridge in Summit, continuing the statewide relay in support of Special Olympics New Jersey.

ABOUT LAW ENFORCEMENT TORCH RUN®

The Law Enforcement Torch Run® (LETR), initiated in 1981 by Wichita Police Chief Richard

LaMunyon, has grown into a worldwide movement. What began as a humble initiative has transformed into a global beacon of hope and unity, driven by the collective efforts of law enforcement volunteers. Known as Guardians of the Flame, these dedicated individuals join hands with Special Olympics athletes to champion the cause of acceptance and inclusion for individuals with intellectual disabilities. The essence of LETR lies in its community-centric approach. Law enforcement members from various levels, including federal, national, state, provincial, local, and even military sectors, come together to support this noble cause. Their collaboration extends beyond mere participation; it signifies a commitment to fostering a society where everyone, irrespective of their abilities, is embraced and celebrated.



Courtesy photos

CASTING CALL
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A television and streaming renovation project is seeking a limited number of homeowners in this area with outdated or distressed homes requiring substantial remodeling. This opportunity is for full-scale renovations only-not cosmetic repairs.

Selected projects may qualify for professionally documented renovations, special project pricing, and potential homeowner compensation in exchange for filming participation and release.

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Ask for the TV Project Department

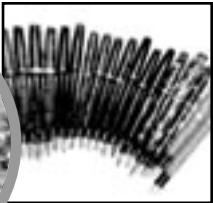
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JULY 2026 LIBRARY PROGRAMS

Programs are free and open to all residents. Register at millburnlibrary.org/events. For virtual programs, registrants will receive a Zoom link.

PROGRAMS FOR ALL AGES: Summer Reading Challenge!

Through August 7

Read and win! Summer reading is not just for kids. Open to book lovers of all ages: kids, teens, and adults. Prizes are generously sponsored by The Friends of the Library.

Pet Photo Contest & Exhibition

Photo Submissions through July 3,
Exhibition & Voting July 6-17

Is your pet the next big star? Our popular Pet Photo Exhibition returns. Show off your favorite furry (or scaly) friend for a chance to win prizes.

PROGRAMS FOR ADULTS:

JAWS: Beyond the Credits

Saturday, July 11, 2-5pm

Auditorium. Watch the quintessential summer blockbuster JAWS on our big screen. After the credits roll, librarian Liz will lead a brief, engaging chat on the making of the film and standout scenes.

Local Author Talk: Laura Sims

Wednesday, July 22, 7-8pm

Auditorium. Millburn's very own librarian Laura Sims will celebrate and discuss her new novel. The Man is a "devilish psychological thriller set in the 1960s." - Publisher's Weekly

The Lost Cities of the Mayans

Thursday, July 23, 7-8pm

Auditorium. A cinematic journey into the lost cities of the Mayan world exploring history,

culture, and the deeper meaning behind the places. Led by adventure photographer and travel expert Chris McCormack.

CHILDREN / FAMILIES PROGRAMS Unearth A Magical Story

Wednesday, July 1, 4-4:45pm

Auditorium, All ages welcome. Magician Steve Woyce's comedy magic show is packed with tons of dinosaur and book references, plus fun audience participation. Registration required.

Jurassic Geodes

Friday, July 17, 4-4:45pm

Auditorium. Ages 5-12. Go back millions of years to when amazing rocks full of crystals formed. See and touch real geodes. Use special dough to create life-like geodes and place wrapped surprises inside of them. Registration required.

TEENS / TWEENS PROGRAMS D&D Club

Thursdays, July 7 - August 25, 3-5pm

Teen Space, Ages 12+. Dungeons & Dragons is back for the summer. Our teen DM is eager to campaign. Beginners welcome. Registration required.

Summer Anime Preview

Friday, July 17, 3:30-4:30pm

Room B. Make and eat onigiri (traditional Japanese rice balls) while chatting about new summer anime and current faves.

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GLP-1 FAILED THIS NEW PROVIDENCE MOM...BUT THEN SHE DROPPED 80 POUNDS AND RAN HER FIRST 5K.

There's something nobody tells you when you start GLP-1. The medication can help you eat less. It can move the scale. For a lot of people, it's a genuine tool that opens a door that felt permanently closed.

But it can also quietly take something you can't afford to lose. Research shows that for many people, 25 to 40 percent of the weight lost on a GLP-1 isn't fat at all — it's muscle. The very tissue that keeps you strong, steady on your feet, and independent as you age.

So here's what Cristina Montero learned the hard way:

The medication is not the transformation. It's just the beginning of one — if you do the other parts right.

Cristina is 52, a mom from New Providence, and she's down nearly 80 pounds. Her inflammation markers (the culprit for almost every disease) are finally normal. She runs, carries five-gallon water jugs up the stairs and crossed the finish line of her first 5K without walking a single step.

But she'll be the first to tell you: the shot alone didn't do that.

This is her story... and if you're over 40 and currently taking GLP-1, or thinking about it, it may be the most important thing you read this year.

GLP-1 WASN'T ENOUGH ON ITS OWN

Before she started this journey, Cristina was ashamed... and she hid under her clothes.

"I knew how I felt and looked was my fault but I needed help," she said. "I always had an excuse for why I couldn't walk, exercise, or take the stairs. I felt tired and achy often. My doctors would tell me to lose weight and I'd say sure, I'm trying — but never really started. I functioned, yes. But I never realized how much my body missed feeling really great."

The frustrations ran deep. Looking in the mirror and hating how her clothes fit. Her chest size felt unmanageable, leading to upper back pain every single day. After gaining close to 100 pounds during her son's pregnancy, her health had taken a serious turn — arthritis in her knees, autoimmune issues, hypertension, and chronic inflammation that no medication seemed to touch.

"My energy — well, if I was in the middle of the mall and they only had stairs, I'd look for an elevator or just sit and wait," she said. "I was so out of shape for the last 25 years. Always tired, almost every morning waking up with a new pain."

There were moments that were quietly humiliating — the ones she didn't talk about much. If something fell on the floor, she had to ask her kids or husband to pick it up because kneeling caused excruciating knee pain. There were times her back spasms were so severe she got stuck on the floor.

She tried everything. The 3-day tuna diet. Nutrisystem. A staple in her ear. Atkins. Weight Watchers. Paleo. Gluten-free. 21 Day Fix. Factor. Orangetheory. Private trainers. Get In Shape Women. Zumba. Some of them worked temporarily. None of them lasted.

"I was successful in some of them but it never lasted," she said. "I'd start to lose a little weight, then go back to normal habits — and always gain it back and more."

Then came GLP-1.

The first time she tried it, she thought the injection alone would do the work. No meaningful diet changes. No exercise. Just the medication.

"That failed miserably," she said plainly. "Injecting and continuing to eat normal junk didn't move the scale like I expected. It only made me feel sick."

She stopped GLP-1. A few months later she tried again... this time with a completely different mindset. This time, she was mentally ready to include something she'd always avoided: A fitness program with people that knew what they heck they were doing.

THE CONVERSATION THAT CHANGED THE PLAN

Cristina's son, Andres, had been talking to her for years about what lasting change actually requires. When Cristina restarted her GLP-1 journey he helped her understand something that most people on the medication never hear: the drug can reduce your appetite and help with weight loss, but without weight training, a significant portion of what you lose won't be fat — it'll be muscle. As much as 25 to 40 percent of it, according to the research.

And muscle isn't just about looking toned. It's the tissue that protects your bones, keeps you strong, and decides whether the next twenty years of your life are spent independent or needing help. Lose muscle and everything gets harder. Your metabolism slows. You feel weak.

"My son opened my eyes to incorporate weight training and cardio," she said. "That was the piece I'd always been missing."

NOT THIS



THIS



That's when she walked into Gabriele Fitness, a small personal training gym in Berkeley Heights that had a 19 year stellar reputation for helping adults over 40 get in the best shape of their lives. As trainers that always stay on the cutting edge... they knew exactly how to help someone taking GLP-1 maximize their results.

WALKING INTO GABRIELE FITNESS FOR THE FIRST TIME

She arrived embarrassed, scared but quietly hopeful.

Like many adults over 40 she was afraid of making her knee pain even worse and was convinced she wouldn't be able to do most of the exercises. And after years of fitness programs that hadn't worked, she was bracing herself to be disappointed again.

What she found was something different than anything she'd experienced before.

She started two days a week. The coaches didn't hand her a generic program and wish her luck. When her knee barked, they modified it. When her back felt it, they adjusted in real time — often before she said a word...because they were watching her face, her movement, the subtle signals her body was sending. And every session was building the one thing the medication couldn't give her back: strength.

"They know when to push and how much," she said. "They recognize when it's an off day and work with me to keep me moving. No more excuses."

For the first time in 25 years of trying, she didn't feel lost in a gym and instead was filled with hope.

WHAT HAPPENS WHEN GLP 1 AND PERSONAL TRAINING WORK TOGETHER

Once the training clicked alongside everything else, the results that had been stalled for months began to move — and they didn't stop.

Nearly 80 pounds gone. Inflammation markers, elevated for over a decade despite multiple medications, are finally normal. Her doctors, who had been telling her for years to lose weight, are looking at her bloodwork with something close to disbelief.

"Years of taking so many meds could have been avoided with a prescription to a gym with a great group of caring personal trainers"

But the numbers only tell part of the story.

"My clothes fit better and I actually don't hide under them anymore," she said. "I've lost inches throughout my entire body. Occasionally when I'm with my husband and kids, I love showing them how I notice a muscle — how my quads are actually forming. It truly is amazing. It's a change I never thought I'd see."

She's simply a happier person. After she posted a picture recently, a friend reached out to congratulate her for looking so happy and confident — and then told her she'd motivated her to start as well.

"I feel more confident in my clothes and in my own persona," Cristina said. When people see me in person, they tell me I look like a completely different person. A happy and confident woman."

She can kneel now without pain. The woman who used to ask her kids to pick things up off the floor because she couldn't bend down now carries five-gallon water jugs in each hand up the stairs. She hops into her husband's truck without struggling. She wears three-inch stiletto heels. She walks into any store she wants and does a celebration dance in the fitting room when things fit.

These aren't just cosmetic wins. They're the quiet markers of a body that's going to stay strong and independent for decades — getting off the floor on your own, carrying the load, catching

yourself when you stumble. That's what muscle buys you, and it's the one thing no injection can.

And this past September, she stood at the starting line of a 5K, knowing she never had run that far in her life. She was nervous and worried she wouldn't make it.

She crushed it, and didn't stop once. Not even on the hill.

"Crossing that finish line without stopping was one of the proudest moments of my life," she said

A PERSONAL MESSAGE FROM CRISTINA TO ANYONE ON GLP-1 — OR THINKING ABOUT IT

"GLP-1 is a tool. But it's not the secret fix the media is making it out to be. I learned that the hard way the first time around. The gym — real coaching, real structure, real accountability — is what made everything actually work."

I'm not getting any younger, and I want to live long enough to see my grandkids. Most importantly, I don't want to be a burden to anyone. That's what finally got me serious.

Get Started before you feel ready. You don't need to know what you're doing or get in shape on your own BEFORE you hire a trainer... that's what they're for. Just show up and the right gym will take it from there. For me, it's Gabriele Fitness and that one decision changed everything for me. You'll start to feel better than you have in years. Slow and steady works, if you stay consistent.

We all start nervous. Stop waiting for the perfect time and just get up and start."

For Those Who See Themselves... or are worried about someone that would resonate with Cristina's Story — Read This:

Gabriele Fitness has opened 13 spots for local residents to experience their personal training program FREE for 14 days. You'll get 14 days to experience what Cristina found when the missing piece finally clicked into place.

This offer expires soon and is limited to 13 people. To get the full details and see if any spots are still available, scan below or call 908-464-4441



Scan the code or go to
refer.gabrielefitness.com/cristina
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P.S. Many people reading this article will be inspired by Cristina yet still feel hesitant to try the program. With anything new, there's always uncertainty — especially with something like a new fitness routine. But if you're not working out right now, or you've been inconsistent (like most people) you've read the exact article you needed to read today because...

Gabriele Fitness has helped thousands of people in this community over the past 19 years. For some, the program has had a life-changing effect, and many members have stayed for nearly two decades.

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If you're still hesitant, the link below shares an ocean of success stories from people just like you... who've transformed their lives... and in some cases, the lives of everyone in their family. This is powerful stuff.

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To get the full details about the Free Personal Training Program and to see if any of the 13 spots are still available scan below...



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SERVICE AND SACRIFICE HONORED WITH MEMORIAL DAY PARADE

Sons of American Legion Squadron 140 - Millburn

The Township of Millburn gathered on Memorial Day to honor the brave men and women who made the ultimate sacrifice in service to our nation through a series of solemn ceremonies, a community parade, and a patriotic remembrance program.

The day began with two separate Memorial Day services at St. Stephen's Cemetery and St. Rose of Lima Cemetery, led by American Legion Post 140. The ceremonies featured the presentation of colors, a 21-gun salute by the Millburn Police Department Honor Guard, and readings by Dominic Volpicelli of the Sons of the American Legion Squadron 140. Life Scout Dhagash Desai of Scouting America Troop 17 led attendees in the Pledge of Allegiance, while Troop 19 Life Scout Alisha Anthony performed the National Anthem. Millburn High School juniors Justin Lambert and Jason Li played Taps, followed by a moving rendition of Amazing Grace on the bagpipes performed by Jim Jennings of the Essex County Emerald Society Pipes and Drums.

At 11:00 a.m., the annual Memorial Day Parade stepped off from Millburn High School and proceeded down Millburn Avenue to Taylor Park. The parade featured more than 25 community organizations, civic groups, youth organizations, first responders, veterans groups, and marching units, with hundreds of participants and spectators lining Millburn Avenue in a powerful display of patriotism and community pride.

The parade was led by a Millburn Police motorcycle escort and followed by Coast Guard veteran Gary Walz, who once again had the honor of driving the parade's Grand Marshal. Immediately behind the Grand Marshal marched members of Guy R. Bosworth American Legion Post 140, led by Commander Burt Brown, whose participation served as a powerful tribute to America's veterans and fallen service members. Participants also included the Township Committee, Millburn 4th of July Committee, Scouting America Troops 17 and 19, the Millburn Police and Fire Departments, the Millburn-Short Hills Volunteer First Aid Squad, numerous youth sports organizations, community groups, and the Hackensack High School Marching Band. Horses from the Newark Police Department were also a crowd favorite.

This year's Grand Marshal was John "Jake" Dalton, a beloved Millburn resident, World War II veteran, and recent centenarian. Dalton grew up in Millburn in the home his grandfather purchased in 1913 and graduated from Millburn High School before enlisting in the United States Navy in 1943. He served honorably in the South Pacific during World War II as an Aviation Ordnanceman, Second Class. Following the war, Dalton attended Seton Hall University, married fellow Millburn resident Ruth Drummond, raised four children, and enjoyed a distinguished career with Federal Pacific Electric in Newark. He is also the proud grandfather and great-grandfather of a growing family.



(above) Members of Guy R. Bosworth American Legion Post 140, led by Commander Burt Brown, march proudly down Millburn Avenue during the Township's annual Memorial Day Parade.

Photo by Arlene Pomerantz

Throughout his life, Dalton has remained deeply committed to serving the community he loves. His many honors include the Boy Scouts of America's District Award of Merit, the Julia Lawrence Terry Award from New Eyes for the Needy, the Patriot Award from the Millburn-Short Hills Fourth of July Committee, and the Township Committee's Community Service Award.

Following the parade, hundreds of residents gathered in Taylor Park for the Memorial Day Ceremony. Eagle Scouts Sara Abraham-Winkler of Scouting America Troop 19 and Thomas Fialko of Scouting America Troop 17 served as emcees, guiding attendees through a program that featured an invocation by Rev. Eyesha Marable of Mt. Zion AME Church, remarks from Millburn Township Mayor Frank Saccomandi, Sons of the American Legion Squadron 140 Commander Daniel Cannon, American Legion Post 140 Commander Burt Brown, and Grand Marshal Jake Dalton.

In his remarks, Mayor Saccomandi thanked the many volunteers who made the day's observances possible and offered special recognition to Commander Burt Brown, Squadron Commander Daniel Cannon, and the members of American Legion Post 140 for their continued dedication to honoring veterans and preserving Memorial Day traditions. Reflecting on the significance of Memorial Day during America's 250th anniversary year, Saccomandi reminded attendees that the freedoms Americans enjoy today have been secured and preserved through generations of sacrifice, from the Revolutionary War to the present day. "On this Memorial Day, in this 250th year of our republic, let us recommit to being worthy of that sacrifice, as neighbors, as citizens, and as Americans," Saccomandi said.

The ceremony was further enhanced by patriotic musical selections performed by the Millburn High School Brass Ensemble. The

ensemble opened the program with God Bless America and later performed America the Beautiful. Participating musicians included Justin Lambert, Jason Li, Koji Fujita, Hayden Moon, Benjamin Qin, and Leo Hwang, whose performances added a meaningful and patriotic backdrop to the day's observances.

In his Memorial Day address, Commander Cannon reflected on the importance of honoring sacrifice not only through words, but through action. He highlighted the efforts of the Millburn 250 Committee and its many volunteers who have worked to preserve and share the township's Revolutionary War history as the nation approaches its 250th anniversary.

Commander Cannon further recognized two outstanding Eagle Scouts whose service projects embodied the true spirit of Memorial Day. Eagle Scout Sara Abraham-Winkler restored and revitalized the veterans memorial at American Legion Post 140, ensuring it remains a place of remembrance for future generations. Eagle Scout Cecilia Liang led the restoration of the historic Parsil Cemetery in Short Hills, the resting place of Revolutionary War soldiers Captain Thomas Parsil and Nicholas Parsil. Mayor Saccomandi presented both Eagle Scouts with proclamations recognizing their leadership, patriotism, and service to the community.

Commander Burt Brown introduced Grand Marshal Jake Dalton, highlighting his lifelong connection to Millburn, distinguished military service, and decades of volunteerism. Dalton then addressed the crowd and reflected on both his wartime experiences and his deep appreciation for the community that had been his home for nearly a century.

Reflecting on her role as emcee, Sara Abraham-Winkler said, "It was an honor to serve as an emcee, as Memorial Day reminds us of the sacrifices made to preserve our freedoms, and I was grateful to play a small part in honoring their legacy."

Thomas Fialko added, "It was an honor to be selected as emcee for the Memorial Day ceremonies. I felt proud to be on the podium. I enjoyed Commander Brown's speech and meeting Grand Marshal Mr. Jake Dalton. It was a special way to spend Memorial Day."

Michael Dalton, son of Grand Marshal Jake Dalton, expressed the family's appreciation for the recognition, stating, "The Dalton family was thrilled that dad was asked to be the Grand Marshal in his 100th year. He loved serving the community by volunteering in so many ways. Our dad loved his time in Millburn."

Jake Dalton himself reflected on the experience, saying, "I was honored to serve as the Grand Marshal this year. It was great to see old friends again and to be back in Millburn, where I lived for 97 years."

As the ceremony concluded, Justin Lambert and Jason Li performed the solemn notes of Taps, followed by a stirring rendition of Amazing Grace performed by the Essex County Emerald Society Pipes and Drums.

2026 MEMORIAL DAY PARADE AND CEREMONY PHOTOS



(above) World War II veteran and Memorial Day Grand Marshal John "Jake" Dalton, celebrating his 100th year, is joined by multiple generations of his family during Millburn's Memorial Day Parade and Ceremony, a testament to a lifetime of service, family, and community.

Photo by Daniel Cannon



(above) Millburn Mayor Frank Saccomandi and Sons of the American Legion Squadron 140 Commander Daniel Cannon present proclamations to Eagle Scouts Sara Abraham-Winkler and Cecilia Liang in recognition of their projects preserving Millburn's veterans and Revolutionary War history.

Photo by Jerry Kung



(above) American Legion Post 140 Commander Burt Brown introduces Grand Marshal and World War II veteran John "Jake" Dalton, inviting the beloved centenarian to share remarks with the hundreds of residents gathered for Millburn's Memorial Day Ceremony in Taylor Park.

Photo by Daniel Cannon



(above) Millburn Police Department motorcycle officers lead the annual Memorial Day Parade down Millburn Avenue, guiding hundreds of participants and setting the tone for a day.

Photo by Arlene Pomerantz

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NJFO PRESENTS STRANGER THINGS: THE 1,000 CANDLES CONCERT EXPERIENCE

The New Jersey Festival Orchestra (NJFO) invites audiences to step into the world of Stranger Things this summer with Stranger Things: The 1,000 Candles Concert Experience, a one-of-a-kind candlelit event combining the excitement of live music, beloved television themes, and the unforgettable sounds of the 70s, 80s, and 90s.

Performed by a live string ensemble and narrated by Maestro David Wroe, this immersive concert experience celebrates the nostalgia and atmosphere of the hit Netflix series while showcasing iconic pop and rock classics that defined a generation. Audiences will hear music inspired by the show's haunting soundtrack alongside recognizable favorites from the decades that shaped its distinctive sound and style.

Illuminated by the warm glow of candlelight, the performance offers a unique blend of cinematic storytelling, nostalgia, and live music, creating an unforgettable evening for fans of Stranger Things, music lovers, and newcomers alike.

"This concert is designed to bring people together through music they know and love," said Maestro David Wroe. "Whether you're a

longtime fan of the series, grew up with the music of the 70s, 80s, and 90s, or are simply looking for a memorable night out, this experience offers something for everyone."

Perfect for family outings, date nights, multigenerational gatherings, and summer entertainment, Stranger Things: The 1,000 Candles Concert Experience welcomes audiences of all ages. To encourage younger attendees to experience live music, NJFO is offering \$25 student tickets for patrons age 21 and under.

*The concert will be presented
in three performances:*

Saturday, July 25, 2026

at 5:00 PM and 7:00 PM

The Presbyterian Church Chapel

140 Mountain Avenue, Westfield, NJ

Sunday, July 26, 2026 at 2:30 PM

Sieminski Theater

8000 Fellowship Road, Basking Ridge, NJ

Seating is limited and advance ticket purchases are strongly recommended. For tickets and additional information, visit www.njfestivalorchestra.org or call (908) 232-9400.



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C.A.R. PROJECT SUPPORTS EQUINE THERAPY FOR VETS



(above) The Man o' War Project has helped to develop a standardized protocol for delivering equine-assisted therapy to treat PTSD.

Courtesy photos

Submitted by Holly Dunbar

The Children of the American Revolution (C.A.R.) is the nation's oldest and largest nonpolitical patriotic youth organization. A new C.A.R. state project that will aid veterans has been announced. The goal of "Operation Horse" is to raise \$2,000 during the next year to fund equine-assisted therapy for two N.J. veterans with Post Traumatic Stress Disorder (PTSD). The therapy is offered through the Man o' War Project of Columbia University Irving Medical Center.

The mission of the Man o' War Project is two-fold. Equine-assisted therapy is used to treat veterans with PTSD while medical staff evaluate the program to develop best practices for administering equine-assisted therapy. This research can have far-reaching benefits for treating veterans and all who suffer with PTSD.

C.A.R. membership is open to girls and boys from birth through age 21 who are descended from a person who aided the cause of independence during the American Revolution.

New Jersey has nine C.A.R. groups known as societies. Activities offered on an age-appropriate basis help members learn about American history, government, community service and more. Members also gain valuable leadership experience conducting meetings and serving as delegates at state and national conferences.

Pis-Cat-A-Qua Society C.A.R., hosted by the Elizabeth Snyder-Continental Chapter of the Daughters of the American Revolution in Green Brook, is seeking new members. For more information,

contact ESCchapterDAR@gmail.com or visit nscar.org.

JULY FEATURES WATCH PARTY, STREET SOUNDS AND FARMERS MARKET

Summit Downtown

Following a remarkably successful month in June that brought crowds of families, music lovers, and soccer fans downtown, Summit Downtown, Inc. (SDI) is keeping the energy hot like the summer sun - with an action-packed lineup for July!

SUMMIT DOWNTOWN WELCOMES THE WORLD: THE GRAND FINALE WATCH PARTY

Event Date: Sunday, July 19, 2 - 6 p.m.

(Match kickoff at 3:00 p.m.)

Location: Bank Street Parking Lot

After the success of the opening game watch party on June 11th, the highly anticipated second

and final community watch party of the summer is set for Sunday, July 19th. Sports enthusiasts can once again experience the electric energy of the world's biggest sporting tournament right in the heart of Summit - this time... for the Championship trophy!

The Experience:

Beer & Wine Garden - Food Trucks

Seating: A limited number of tables and chairs will be provided on a first-come, first-served basis. Due to projected high attendance, spectators are strongly encouraged to bring their own lawn chairs to ensure a guaranteed seat for the full match.

SUMMIT STREET SOUNDS

Every Thursday and Friday evening in July

Time: 5:00 - 8:00 p.m.;

Location: Various street corners

The soundtrack to the summer continues to echo through downtown Summit. Following a wildly popular June run that filled local sidewalks with rhythm and energy, Summit Street Sounds extends its performances every Thursday and Friday evening in July (Please note: There will be no performances on Friday, July 3rd in observance of the Independence Day holiday).

Location: Various street corners and parklets throughout the downtown. Details: Patrons are invited to stroll, shop, and dine while enjoying live performances from an eclectic mix of area musicians. June's performances provided the perfect backdrop for outdoor dining and late-night shopping, and July promises an equally impressive lineup of jazz, blues, acoustic rock, and pop artists.

SUMMIT FARMERS MARKET

Every Sunday in July, 8 a.m. - 1 p.m.,

The exceptional Summit Farmers Market continues its robust 2026 season every Sunday in July, 8 a.m. - 1 p.m., building on the incredible momentum and strong attendance seen throughout June. Location: Park & Shop Lot No. 1 (Corner of DeForest Avenue and Woodland Avenue)

Details: July marks the arrival of peak Jersey Fresh summer produce. Come shop directly from New Jersey's finest farmers and artisans for sweet corn, heirloom tomatoes, fresh peaches, artisanal breads, gourmet cheeses, handmade crafts, and so much more!

ABOUT SUMMIT DOWNTOWN, INC.

Summit Downtown, Inc. (SDI) is a nonprofit organization dedicated to promoting and supporting Summit's vibrant downtown community. Through events, marketing, and partnership with local businesses, SDI works to make Summit a welcoming destination for shopping, dining, and community experiences. For more information on all upcoming events, visit www.SummitDowntown.org or follow @SummitDowntown on social media!

Summit

STREET SOUNDS

Thursday & Friday Evenings
5-8 PM • June & July

Join us as we once again fill the streets with live music for the summer! Artists will be playing throughout town and feature different genres.



summitdowntown.org

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JULY 19
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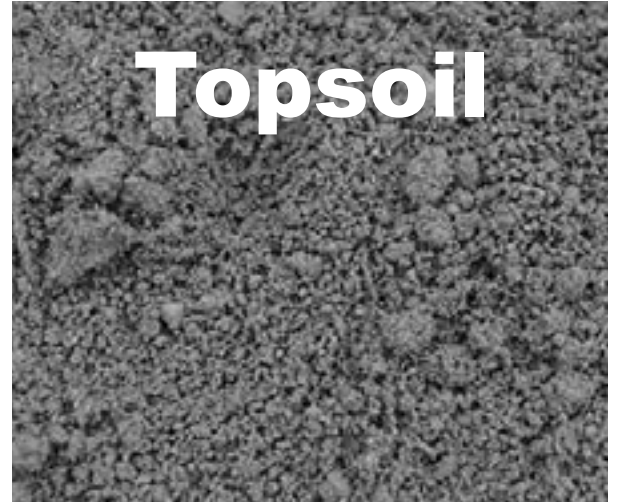
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PASSING THE TORCH AT 250: HOW NORTH JERSEY'S NEWEST ENLISTEES CARRY AMERICA'S LEGACY FORWARD

*Martha Papson Garcia, Ed.D. (U.S. Army)
Director of Veterans Services, ROTC Liaison,
Fairleigh Dickinson University*

Veteran organizations often serve as the backbone of community support for those who have served in the military. Yet, one group is uniquely transforming how America honors its newest service members—before they even don the uniform. While traditional groups like the Veterans of Foreign Wars (VFW) and the American Legion focus primarily on veterans returning from conflict, Our Community Salutes (OCS) dedicates its mission entirely to the next generation of patriots: high school seniors stepping into the U.S. Armed Forces.

As communities across the nation prepared for Fourth of July celebrations and looked forward to America's milestone 250th birthday, the work of Our Community Salutes of North Jersey stood as a powerful reminder of what local support truly meant.

Founded in 2009 by educator and Army veteran Dr. Kenneth Hartman, OCS was created to fill an important gap in community recognition. While college-bound seniors receive enthusiastic decision-day applause and student-athletes draw local headlines for signing with sports teams, military enlistees often quietly slip away to basic training without public acknowledgment. Our Community Salutes ensures these young men and women are the first to hear a collective "thank you" from their hometown.

The organization operates on a three-pronged

support model. For enlistees, public recognition ceremonies provide resources, mentorship, and a sense of pride to ease their transition into active duty. For families, educational tools, community connections, and peer networks that help parents and siblings navigate the military journey. For communities, a collaborative platform uniting local business leaders, veterans, educators, and elected officials to honor local defenders.

Each spring, the North Jersey chapter of OCS brings this essential mission into focus. Recently, the group hosted its 10th Annual Enlistee Recognition Ceremony at Fairleigh Dickinson University's Florham Campus in Madison, New Jersey.

At this high-profile event, more than 90 high school seniors from across northern New Jersey were honored as they committed to enlist in the Army, Marine Corps, Navy, Air Force, Coast Guard, or National Guard. Surrounded by active-duty military leaders, veterans, local dignitaries, and emotional families, these young patriots received a formal send-off recognizing their induction into the elite "less than 1% club" of Americans who wear the uniform. To further support families, OCS introduced programs like OCS Connect, designed specifically to build community for those at home during their loved ones' military journey.

As America approaches its Semiquincentennial—its 250th birthday—the thread connecting these North Jersey enlistees, today's veterans, and the original patriots of the

Revolutionary War becomes profound. It is an unbroken chain of everyday citizens choosing extraordinary sacrifice.

In 1776, the Continental Army was built by farmers, blacksmiths, and tradesmen who swapped civilian tools for muskets to defend the ideal of freedom. Many marched through northern New Jersey, known as the "Crossroads of the Revolution," enduring hardships such as brutal winters in Morris and Bergen counties. Today's veterans have inherited the responsibility of maintaining peace through decades of global conflict. Now, these high school enlistees—stepping onto the same historic Jersey soil—carry forward that legacy by voluntarily safeguarding American liberty. Just as only about 3% of colonists fought for independence, today's service members represent a committed minority protecting the majority.

Many historical battles that were won long ago are celebrated on the Fourth of July. But organizations like Our Community Salutes remind us that freedom is an active, ongoing relay race. By honoring the new generation of military enlistees, OCS ensures that the legacy of American liberty remains vibrant.

The act of honoring veterans isn't just about looking back - it is an investment in the future of the nation. Through grassroots support and community recognition, these young patriots receive a powerful message: their sacrifice is valued, their service is celebrated, and their legacy is America's ongoing story.



(above) Our Community Salutes of North Jersey 2026, High School Enlistees

Courtesy Photo

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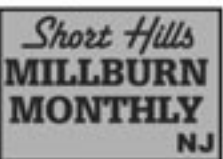
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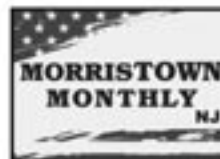
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12 Units	6.5"x14"	400	960	1400	1800	2100	2400	2700	3000	3300	3600	3900
18 FULL PAGE	10"x14"	500	1200	1800	2200	2500	2800	3000	3300	3600	3900	4300
2-PAGE SPREAD	(2) 10"x14"	800										
BACK PAGE	10"x14"	600										
FRONT PAGE BANNER	8.25"x2"	360										
FRONT PAGE BOX	1.5"x4.5"	320										

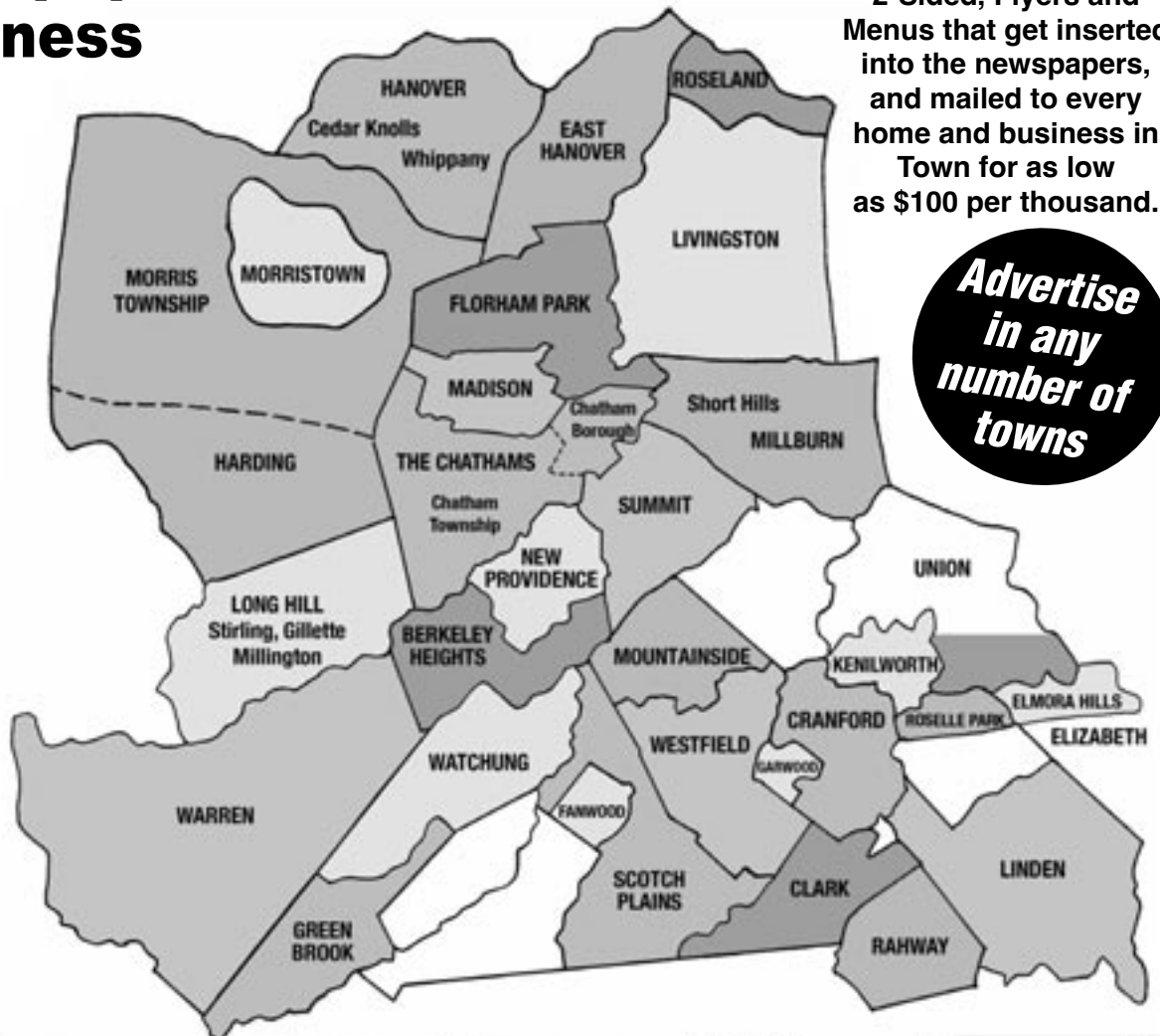
PREPAY 6 MONTHS AND GET 1 MORE FREE
PREPAY 12 MONTHS AND GET 3 MORE FREE

Rates are per month. Artwork included in price. Newspapers are black on white.

Back cover, Front Page Banner and Front Box
reserved on first-come, first-served basis.
Current advertiser has right of first refusal.

Rates effective November 1, 2024. Subject to change. See RennaMedia.com for most up to date pricing.

Make Checks payable to Renna Media • Venmo • Zelle •



QUALITY EPOXY GARAGE FLOORS

732-633-3651

Licensed & Insured
License #13VH11554200

Division of My Handyman & Painter LLC • 100 Walnut Ave. Suite 210, Clark NJ

- ✓ **WE GRIND YOUR FLOORS. THE PROPER START.**
- ✓ **WE USE SLOW CURING 2 PART EPOXY & NOT POLYUREA SO IT PENETRATES THE CONCRETE. THIS STOPS WATER PENETRATION FROM UNDER THE FLOOR. NO BUBBLING OR BLISTERING**
- ✓ **CHOICE OF 16 DIFFERENT DECORATIVE CHIPS.**
- ✓ **SLOW CURING POLYASPARTIC UV STABLE TOP COAT. HOT TIRES WILL NOT PEEL THE TOP COAT.**
- ✓ **WE TAKE OUR TIME AND DO THE JOB PROPERLY. ONCE ONLY.**

**CHAMPAGNE
WORK AT
BEER PRICES!**



Financing Available

A Portion of sales goes to support animal rescues.

MY HANDYMAN & PAINTER LLC

QUALITY HOME IMPROVEMENTS AT AFFORDABLE PRICES

- Vinyl Plank & Tile Flooring Installed
- Kitchen & Bathroom
- Sheetrock, Install & Repair
- Painting, Electric & Plumbing
- Windows, Siding & Masonry
- Basement Finishing & Waterproofing

**General
Handyman
Services**

View our Google Reviews.



732-331-9572

www.MyHandymanAndPainter.com



**Duke says
"Adopt,
Don't
Shop."**

**Pet friendly
- We support
animal rescues**

Licensed & Insured

License #13VH11554200



SUMMER SPECIAL: DECKS
Designed • Built • Repaired • Stained

INDOOR REMODELLING
FREE ESTIMATES!

KITCHEN UPDATING
BATHROOM RENOVATIONS
SHEETROCK, PAINTING
CROWN MOLDING, DOORS

NO UP CHARGE FOR USING CREDIT CARD

MY HANDYMAN & PAINTER LLC., 100 WALNUT AVE, SUITE 210, CLARK NJ 07066



ESTATES ROADSHOW BUYING EVENTS

Gold Is At An All Time High *NOW IS THE TIME TO SELL*

GOLD EXCEEDS \$4,000 PER OUNCE!!!



BUYING ALL GOLD

- Gold Necklaces
- Gold Earrings
- Gold Rings
- Gold Bracelets
- Gold Pendants
- Gold Charms
- Gold Watches

BUYING ALL COINS

- Gold Coins
- Gold Eagles
- Proof Sets
- Kreugerrands
- Buffalos
- US Silver Coins Pre-64
- Morgan/Peace Dollars

BUYING ALL STERLING SILVER

- Silverware
- Trays
- 925 Jewelry
- All Sterling Silver

WATCHES

- Rolex
- Cartier
- Patek Philippe
- Pocket Watches

BUYING ALL DIAMONDS

- Wedding Rings
- Loose Diamonds
- Diamond Jewelry
- Engagement Rings

EstatesRoadshow.com

**ADD 20%
TOWARD YOUR SALE
WITH THIS COUPON!**

* Limit 1 Per Customer. Visit us at a show with this coupon for more details. This Coupon must be presented at the start of the transaction. Other restrictions may apply. All prices subject to market fluctuation. Offers Subject to Condition & Presentation. Please Bring All Appropriate Boxes & Paper Work.



*Highest
Cash Offer
on the Spot!*

Don't Miss Out!

We Pay the Most!

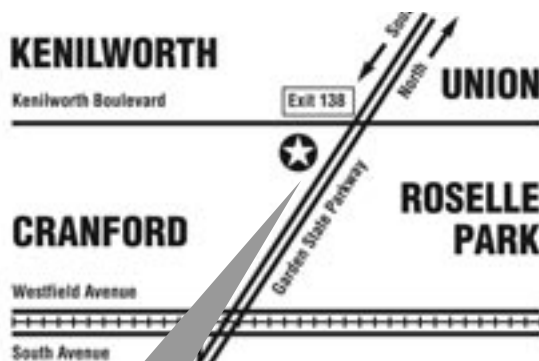
Instant Verbal Quotes!

FOUR WEEKS IN THREE LOCATIONS IN JULY

**June 29 thru July 3
July 27 thru July 31
CLARK HOLIDAY INN**

36 Valley Rd, Clark, NJ 07066

10am to 5pm



KENILWORTH HOTEL

**July 6 thru July 10
July 20 thru July 24
KENILWORTH HOTEL**

60 S 31st St, Kenilworth, NJ 07033

10am to 5pm



CLARK HOLIDAY INN

**June 20 thru July 24
EMBASSY SUITES
by HILTON PARSIPPANY**

909 Parsippany Blvd, Parsippany, NJ 07054

10am to 5pm



EMBASSY SUITES

No Appointment Necessary. • FREE Appraisals • FREE Admission

Speak to the company's owner: Marshall Smoller: 609-781-6559