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## JILL PALL RECEIVES UNITY AWARD FOR HEALTHCARE

### The Aliver Foundation

Jill A. Pall, Garwood resident and Founder of The Aliver Foundation, was recently presented with the Union County Human Relations Commission's Unity Award for Achievement in Healthcare.

“What began as a deeply personal experience has become a powerful force for public good, transforming spaces, strengthening communities, and reminding all of us that ordinary people can do extraordinary things when purpose meets action. Jill’s vision is simple: save lives and help hearts. Through her passionate leadership, she’s doing exactly that, one heart at a time. We are honored to recognize Jill for demonstrating how personal experience, purpose, and community can come together to create lasting, lifesaving impact,” said Union County Human Relations Commissioner Martin Dickerson.

The Union County Human Relations Commission was created by the Prosecutor’s Office in 1991 to actively encourage, develop, promote, and strengthen respect for human rights and cultural diversity among the people of Union County, while working to eradicate prejudice, bias, and hate from our school, workplaces, and neighborhoods. Award recipients are nominated and selected for fostering human rights, human relations, and human dignity among the people of Union County.

At the award presentation, Pall said, “Tonight I am reminded of my conversations with Retired Union County Police Chief Debbie and Parks & Recreation Director Durbin and the commitment Union County made to residents by relentlessly pursuing grant funding to purchase and install 80 outdoor AED enclosures in the 36 parks the County manages so that there will always be lifesaving equipment available to bystanders during a cardiac emergency. We know that together we will change the 8% out of hospital survival rate of cardiac arrest because we also know there is still some good in this world.”

The Aliver Foundation helps place bright



(above) Sebastiao Pinto (The Aliver Foundation Teen Ambassador), Luciane Raibin (The Aliver Foundation First Responder Committee, VP of the Garwood First Aid Squad), Wayne Pall (The Aliver Foundation Advisory Council), Jill A. Pall (The Aliver Foundation Founder), Susan Pall, Jennifer Blumenstock (Mayor of Garwood), Robert Garrison (Police Officer, Union County Police Department).

Courtesy Photo

yellow, highly visible, all weather, climate controlled, outdoor AED equipment in public recreation spaces, educates individuals and communities, and provides mental health support to survivors and their loved ones. The all-volunteer organization is currently working in 12 states and is responsible for the placement of 150 outdoor AED equipment bundles. Over 107 are in New Jersey and 98 of those are in Union County, with two in Garwood at Hartman Park and the Sports & Recreation Complex.

To conclude National CPR & AED Awareness Week, which aims to increase bystander intervention during cardiac emergencies, The Aliver Foundation will participate in Garwood Rocks on Sunday, June 7, providing children’s activities at the Garwood First Aid Squad booth. The Squad’s next American Heart Association Heartsaver CPR, AED, and First Aid certification course will be held on Sunday, June 14. For details, email [informationfas@gmail.com](mailto:informationfas@gmail.com).

If you are interested in learning more about The Aliver Foundation, please visit: [thealiverfoundation.org](http://thealiverfoundation.org).



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# GarwoodTimes<sub>NJ</sub>

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Do you have a community service that you need help publicizing? Did you or someone you know accomplish something amazing? We are interested in hearing about your latest achievement (honor, award, etc.), send us your news! Email: [editor@rennamedia.com](mailto:editor@rennamedia.com)

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## TEACHERS OF THE YEAR MACKENZIE TIGHE AND EILEEN MCGUIRE

Garwood Public Schools

Garwood Public Schools is proud to announce the selection of this year's Teachers of the Year, recognizing excellence at both the elementary and middle school levels. Mackenzie Tighe, a dedicated special education teacher, has been named Elementary Teacher of the Year, and Eileen McGuire, an outstanding mathematics teacher, has been selected as Middle School Teacher of the Year.

Courtesy Photo



(above, l-r). Eileen McGuire  
Mackenzie Tighe and

## BIKE SAFETY REMINDERS

Borough of Garwood

Spring is here! As the weather is getting warmer, we wanted to make sure everyone is following bike safety rules. All bicyclist should: wear a helmet, be visible when riding at dusk or dawn, pay attention to their surroundings and of course, use the bike lanes

when riding on Center Street which were part of a project sponsored by grants from Sustainable Jersey and the PSE&G Foundation.



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## COMMUNITY ASSISTANCE NEEDED FOR SUMMER TREE CARE

### Garwood Shade Tree Board

The Garwood Shade Tree Advisory Board wishes to update and advise residents of shade tree activities, and request assistance in maintaining the Boro tree stock. The Board has successfully planted over 50 trees/year for the past 3 years, but we must seek the assistance of Garwood residents if our plantings are to succeed!

We ask ALL residents who have street trees - especially newly planted, or soon to be planted - in front of their house to please be careful with their lawnmowers/weed whackers, and to keep a 4 square foot mulched area around the trees so that the trees will not be damaged. Please advise any landscape contractors that you have hired that they can be held liable if they damage/kill a Boro tree through weed whacking or 'lawnmower accidents'. Grass should not be allowed to grow within one foot of a tree trunk as this leads to those mowing lawns and weed whacking to get too close to the trunk and damage it. This creates open trunk wounds, and allows diseases and insects to enter the tree - and potentially cut the vital waterway system of the tree from bringing water to the leaves. Please protect the tree trunk by providing a four-foot square mulch area around the tree rather than grass.

The State of New Jersey has been in a drought situation since last summer, and it doesn't look like this year will be any better. We ask that if you have received a new tree in the past 3 years, or if you receive a new tree this year, to please water the trees by letting the hose run into the above mulched area for at least 5 minutes a minimum of twice/week.

Board members are currently pulling tree stakes and gathering the alligator bags from last year's planting, as well as inspecting last year's planted trees to determine if they are alive. The Boro does have a one-year guarantee on them, so if we let the company who planted them know soon, they will replace them free of charge.

The spring 2026 tree planting contract has been

let, and approximately 18 new trees will be planted throughout the Borough in the next couple of weeks. Board members will soon be dropping off flyers at the residences where the new trees are to be planted. Each new tree should have an 'alligator bag' attached to it so that residents can fill the bags with water from their hoses and let it slowly drain and percolate into the soil. If you have no alligator bags, slowly pouring buckets of water around the base of the tree to let them percolate into the soil is the best way to water trees. Twice a week watering will indeed make a difference. Thank you!

We thank you for partnering with us to preserve and protect our Borough Forest!

Please contact us at [w-niersted@garwood.org](mailto:w-niersted@garwood.org). Bill Nierstedt, 320 Hickory Avenue, Garwood NJ, 07027.



(above) Community's assistance is needed to help maintaining the Borough's tree stock.

Courtesy Photo

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The library will be closed Juneteenth, June 19

### ELECTION DAY

June 2 - 6 am to 8 pm

The Garwood Public Library is a polling location for the primary election. The library will be open; the children's section will be closed. Our computers and seating are not available. Limited Browsing and checkout are permitted.

### Library Board Meeting

June 3 -7:30 pm

A meeting of the Garwood Board of Trustees will take place at 7:30 pm in the library located at 411 Third Ave. Open to the public

June 10 and 24 at 1 pm – Adult Game Day  
Socialize with others while playing Rummikub, Sorry, Uno, or cards.

### LEGO CLUB

June 10 at 3 pm

Be inspired by this month's theme or build whatever comes to mind. Some creations will be displayed in our showcase.

Registration is required

### Monday Book Club

June 15 at 1 pm

Join us for a lively discussion of this month's book, *Nine Women 1 dress* by Jane Rosen.

### Night Book Club

June 25, Thursday, May 25 at 6 pm.

The Thursday Night Book Club will meet to discuss *Mr. and Mrs. American* by Juliet McDaniel

## ATHLETIC CLUB

Did you know that the Garwood Athletic Club is Garwood's best kept secret – until now. Founded in 1971, it is beginning its 55th year of golfing activities for active golfers of all ages and various golfing abilities. Currently consisting of about 40 members, aged from 18 to 80s, the Club is actively looking to expand its roster.

The Garwood Athletic Club is just beginning its 2026 season, with approximately 34 rounds scheduled, and would welcome any individuals with an interest in playing golf at some of the most beautiful public courses in New Jersey and Pennsylvania. There is also a 5-day fall event planned at Ocean City, Maryland. Typically, the group plays on Sunday mornings, weather permitting. Other dates are arranged to accommodate for special holidays that fall on Sunday like Easter, Mother's Day and Father's Day.

For further information about this hidden gem, please contact Frank Deredita, President of the Garwood Athletic Club, at 973-567-8559 or email Charles Lombardo at [cplombardo@verizon.net](mailto:cplombardo@verizon.net).

## C.A.R. PROJECT SUPPORTS EQUINE THERAPY FOR VETS

Submitted by Holly Dunbar

The Children of the American Revolution (C.A.R.) is the nation's oldest and largest nonpolitical patriotic youth organization. A new C.A.R. state project that will aid veterans has been announced. The goal of "Operation Horse" is to raise \$2,000 during the next year to fund equine-assisted therapy for two N.J. veterans



(above) The Man o' War Project has helped to develop a standardized protocol for delivering equine-assisted therapy to treat PTSD.

Courtesy photos

with Post Traumatic Stress Disorder (PTSD). The therapy is offered through the Man o' War Project of Columbia University Irving Medical Center.

The mission of the Man o' War Project is two-fold. Equine-assisted therapy is used to treat veterans with PTSD while medical staff evaluate the program to develop best practices for administering equine-assisted therapy. This research can have far-reaching benefits for treating veterans and all who suffer with PTSD.

C.A.R. membership is open to girls and boys from birth through age 21 who are descended from a person who aided the cause of independence during the American Revolution.

New Jersey has nine C.A.R. groups known as societies. Activities offered on an age-appropriate basis help members learn about American history, government, community service and more. Members also gain valuable leadership experience conducting meetings and serving as delegates at state and national conferences.

Pis-Cat-A-Qua Society C.A.R., hosted by the Elizabeth Snyder-Continental Chapter of the Daughters of the American Revolution in Green Brook, is seeking new members. For more information,

contact [ESCchapterDAR@gmail.com](mailto:ESCchapterDAR@gmail.com) or visit [nscar.org](http://nscar.org).



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The New Jersey Festival Orchestra closes its season with *One Thousand and One Nights*, an evening inspired by the legendary Arabian tales that gave rise to Rimsky-Korsakov's beloved orchestral masterpiece *Scheherazade*. Presented in collaboration with the Slovak-American Cultural Center (S-ACC), the program blends storytelling, international artistry, and symphonic color in performances on Saturday, May 30 at 7:00 pm at The Presbyterian Church in Westfield and Sunday, May 31 at 2:30 pm at the Sieminski Theater in Basking Ridge.

At the center of the program is *Scheherazade*, Rimsky-Korsakov's vivid musical interpretation of the timeless stories told by Scheherazade night after night to save her life. Sweeping melodies, shimmering orchestration, and dramatic contrasts immerse audiences in a world of myth and imagination, bringing the spirit of the legendary tales vividly to life.

"It is music that represents the rolling sea, the drama of adventure, and the allure of exotic romance," says NJFO Music Director David Wroe, describing the work as "an irresistible musical combination" that transports listeners into the world of *One Thousand and One Nights*.

The evening also features internationally

acclaimed Slovak guitarist Karol Samuelčík performing Joaquín Rodrigo's *Fantasia para un gentilhombre*. Presented through NJFO's collaboration with the Slovak-American Cultural Center, Samuelčík brings warmth and virtuosity to Rodrigo's celebrated work inspired by 17th-century Spanish music and dance traditions.

"The Slovak-American Cultural Center is thrilled to partner—again—with the NJFO to introduce world-renowned guitarist Karol Samuelčík to American audiences," writes S-ACC Board Member and longtime NJFO supporter Tanya Pulver. "Performing Joaquín Rodrigo's celebrated *Fantasia para un gentilhombre*, Samuelčík promises to enchant listeners, pairing the concerto's historic elegance with his signature vibrant energy and technical brilliance."

"What I love about the piece is its elegance, colour, and contrast," Samuelčík says. "The guitar creates a dialogue with the orchestra."

Together, these works create an evening shaped by imagination and storytelling, where music becomes the narrator and the orchestra brings centuries-old legends to life.




Tickets are available at [www.njfestivalorchestra.org/concerts](http://www.njfestivalorchestra.org/concerts) or by calling (908) 232-9400. Discounts are available to highschool and college students.

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# CAMINO DE ST. JOSEPH WINDS ITS WAY TO ELIZABETH

St. Joseph Social Service Center proudly hosted its inaugural Camino de St. Joseph on Saturday, April 18, 2026, drawing over 160 participants from across Union County and beyond in a powerful show of unity, faith, and support for our neighbors.

Held on the 40th anniversary of the soup kitchen program, the event offered participants a meaningful opportunity to walk in solidarity while raising awareness of the Center's mission. St. Joseph Social Service Center brings people and communities together to serve our neighbors by providing food, health programs, and support services with love, dignity, and compassion.

The day began with a 9 a.m. Mass at the Parish Community of St. Helen in Westfield, NJ, where participants gathered in reflection and fellowship before embarking on the journey. St. Helen's parishioners cooked and served the first soup kitchen meals on April 19, 1986. A meal has been served every Saturday since then.

Following Mass, attendees walked 3 miles to St. John the Apostle Church in Linden, where 4 generations of the Ruggieri family have coordinated the soup kitchen ministry.

After a brief rest, the group walked 3 miles to Warinanco Park in Roselle, and then 3 miles to St. Joseph's in Elizabeth. Additional participants joined at St. John's and Warinanco Park.

Volunteers from the many parishes that help with the soup kitchen and sandwich programs warmly welcomed the walkers and offered

snacks, water, rest and hospitality. The event concluded with a community lunch at St. Joseph's and a celebration of accomplishment and shared purpose among all who participated.

Police from Westfield, Clark, Linden, Roselle, Elizabeth, and the County of Union ensured the safety of participants along the route. Motorcycle and support police from the cities of Linden and Elizabeth provided a secure and well-coordinated escort throughout the day.

The success of the Camino de St. Joseph was made possible through the Camino planning committee. Chaired by Brendan Maher of Westfield, the committee included volunteers from many church partners, along with St. Joseph's staff. Volunteers from the following helped with planning and throughout the day: Holy Trinity and St. Helen's (Westfield), St. John's (Linden), Holy Spirit (Union), St. Agnes (Clark), Church of the Assumption (Roselle Park), St. Michael's (Cranford), Church of the Little Flower (Berkeley Heights), and Immaculate Conception (Elizabeth). County Commissioner Chairman Joseph Bodek joined the opening mass, and Commissioners Lourdes Leon and Joseph Bodek presented a resolution at the lunch.

"This event reflects the strength and compassion of our community," said Bernadette Murphy, Executive Director of St. Joseph's. "Together, we walked not only in faith, but in solidarity with those we serve every day. We are

grateful to all who prayed, walked, volunteered, and donated food and funds."

St. Joseph Social Service Center extends its deepest gratitude to all who participated and supported this inaugural Camino. If you would like to make a donation to the 40th anniversary appeal, please visit [sjeliz.org/donate](http://sjeliz.org/donate).

For more information about St. Joseph Social Service Center and future events, please contact Mary Phillips at [mphillips@sjeliz.org](mailto:mphillips@sjeliz.org) or visit our website at [sjeliz.org](http://sjeliz.org).

"Share your bread with the hungry and shelter the homeless poor" - (Isaiah 58)



(above) Walkers began the Camino from St. Helen's Church in Westfield.



(above) Walkers arriving at St. Joseph Social Service Center in Elizabeth.

Courtesy Photos





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Tue & Wed: 10a - 6pm

Thu & Fri: 9am - 6pm

Saturday: 8:30am - 5pm

Sun & Mon: Closed

**Walk-ins only**

**ALL HAIRCUTS \$18**

# RENNA MEDIA NEWSPAPERS RATE SHEET

**We Mail 200,000 Newspapers to Every Home & Business in 30 Towns!**

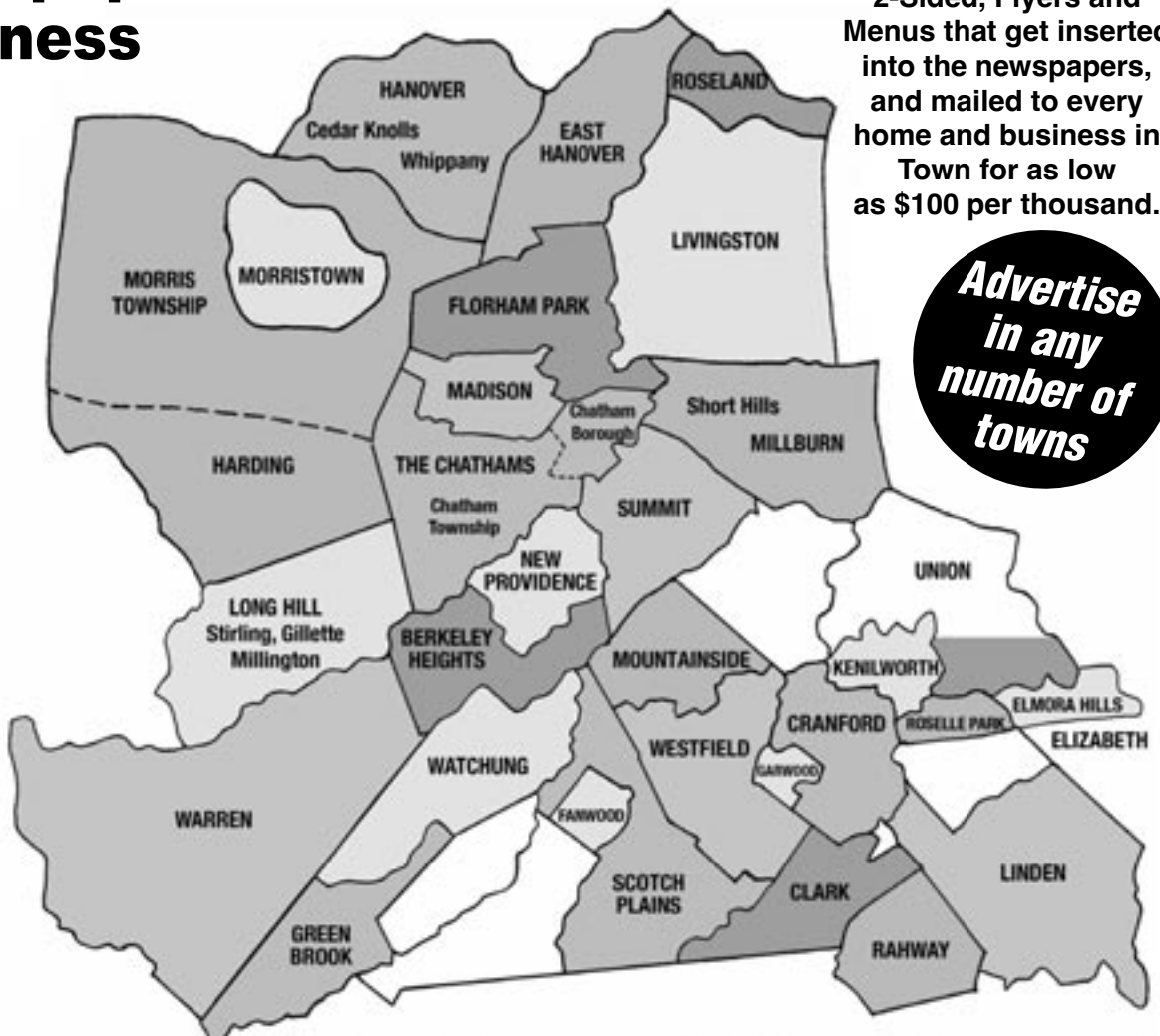
**Joe Renna 908-447-1295**

joerenna@rennamedia.com

Call today for FREE consult on marketing and business plans.

We print Full Color 2-Sided, Flyers and Menus that get inserted into the newspapers, and mailed to every home and business in Town for as low as \$100 per thousand.

**Advertise in any number of towns**



**RENNA MEDIA.COM**

<b>Berkeley Heights</b> COMMUNITY NEWS Qty: 5,000 Zip: 07922	<b>THE CHATHAMS</b> NJ Qty: 7,600 Zip: 07928	<b>Clark Monthly</b> Qty: 6,800 Zip: 07066
<b>CRANFORD MONTHLY</b> NJ Qty: 9,900 Zip: 07016	<b>East Hanover View</b> NJ Qty: 4,700 Zip: 07936	<b>Elmora Hills</b> ELIZABETH, NJ Qty: 5,400 Zip: 07208 Section of Elizabeth, NJ

<b>Fanwood Post</b> NJ Qty: 3,000 Zip: 07023	<b>Florham Park Press</b> NJ Qty: 6,000 Zip: 07932	<b>Garwood Times</b> NJ Qty: 2,500 Zip: 07027	<b>Green Brook Gazette</b> NJ Qty: 3,300 Zip: 08812	<b>HANOVER TOWNSHIP PRESS</b> NJ CEDAR KNOLLS WHIPPANY Qty: 6,100 Zips: 07927, 07981	<b>BUSINESS • LIFE KENILWORTH</b> NJ Qty: 3,500 Zip: 07033	<b>NJ LIFE in LINDEN</b> NJ Qty: 18,000 Zip: 07036	<b>Livingston Monthly</b> NJ Qty: 12,100 Zip: 07039
<b>Long Hill LEADER</b> NJ Qty: 3,500 Zips: 07933, 07946, 07980	<b>MADISON MONTHLY</b> NJ Qty: 6,300 Zip: 07940	<b>Short Hills MILLBURN MONTHLY</b> NJ Qty: 8,200 Zips: 07041, 07078	<b>MORRIS TOWNSHIP TIMES</b> NJ Qty: 13,500 Zip: 07960, Harding 07976	<b>MORRISTOWN MONTHLY</b> NJ Qty: 7,000 Zip: 07960	<b>MOUNTAINSIDE VIEW</b> NJ Qty: 3,000 Zip: 07092	<b>New Providence NEWS</b> NJ Qty: 5,100 Zip: 07974	<b>OUR TOWN Rahway, NJ</b> NJ Qty: 13,100 Zip: 07065
<b>Life in Roseland</b> NJ Qty: 3,000 Zip: 07068	<b>ROSELLE PARK MONTHLY</b> NJ Qty: 5,600 Zip: 07204	<b>Scotch Plains</b> NJ WHAT'S HAPPENING MONTHLY Qty: 9,600 Zip: 07076	<b>Summit &amp; Times</b> NJ Qty: 9,600 Zip: 07901	<b>Spirit of UNION</b> NJ Qty: 7,800 Zip: 07083 (partial)	<b>WARREN MONTHLY</b> NJ Qty: 6,500 Zip: 07059	<b>Watchung Post</b> NJ Qty: 2,700 Zip: 07069	<b>Westfield MONTHLY</b> NJ Qty: 12,000 Zip: 07090

NEWSPAPER AD RATES	1 TOWN	3 TOWNS	6 TOWNS	9 TOWNS	12 TOWNS	15 TOWNS	18 TOWNS	21 TOWNS	24 TOWNS	27 TOWNS	30 TOWNS
Units (wide x High) Size											
1 Unit (Business card) 3.25"x2"0	100	260	360	460	560	600	660	700	800	900	1000
2 Units 6.5"x2" or 3.25"x4"	150	360	560	600	700	800	900	1000	1100	1200	1300
4 Units 3.25"x8" or 6.5"x4"	240	560	900	1000	1300	1600	1700	1800	1900	2000	2100
6 Units 6.5"x6.25" or 10"x4"	320	760	1200	1400	1600	1800	2000	2200	2400	2600	2800
9 HALF PAGE 6.5"x9" or 10"x7"	360	860	1300	1600	1900	2200	2400	2600	2800	3000	3200
12 Units 6.5"x14"	400	960	1400	1800	2100	2400	2700	3000	3300	3600	3900
18 FULL PAGE 10"x14"	500	1200	1800	2200	2500	2800	3000	3300	3600	3900	4300
2-PAGE SPREAD (2) 10"x14"	800										
BACK PAGE 10"x14"	600										
FRONT PAGE BANNER 8.25"x2"	360										
FRONT PAGE BOX 1.5"x4.5"	320										

**PREPAY 6 MONTHS AND GET 1 MORE FREE**  
**PREPAY 12 MONTHS AND GET 3 MORE FREE**

Rates are per month. Artwork included in price. Newspapers are black on white.

Back cover, Front Page Banner and Front Box reserved on first-come, first-served basis. Current advertiser has right of first refusal.

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# FULL COLOR FLYERS / BROCHURES / MENUS

## PRINTING & MAILING TO EVERY HOME & BUSINESS

# \$100 per thousand

Minimum of 10,000 Inserted in Renna Media Newspapers. PDF artwork supplied. Call for details and custom orders.

### PRINTING

**8 1/2" x 11" \$45 per thousand**

Minimum cost is \$450. Tri-folding add \$15 per thousand. 8.5" x 11" / full color / 2 sided / 60lb gloss coated stock

**11" x 17" \$85 per thousand**

Minimum cost is \$850. **INCLUDES FOLDING** Quarter-fold or Tri-fold, with coupon tab option. 11"x17" / full color / 2 sided / 60lb gloss coated stock

**INSERTING \$55 per thousand**

Minimum cost is \$350.

**POST CARD \$120 per thousand**

8.5" x 5" / full color / 2 sided / 9 pt. coated stock

### STAND-ALONE EDDM

Artwork / Printing / Mail Prep / Shipping / Postage  
**All inclusive price: \$400 per thousand**

**ARTWORK \$300**

Custom illustration, photography available.

Rates effective November 1, 2024. Subject to change. See RennaMedia.com for most up to date pricing.

# RENNAMEDIA.COM

**JOE RENNA 908-447-1295**

email: [JoeRenna@RennaMedia.com](mailto:JoeRenna@RennaMedia.com)



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- Gold Necklaces
- Gold Earrings
- Gold Rings
- Gold Bracelets
- Gold Pendants
- Gold Charms
- Gold Watches

**BUYING ALL COINS**

- Gold Coins
- Gold Eagles
- Proof Sets
- Kreugerrands
- Buffalos
- US Silver Coins Pre-64
- Morgan/Peace Dollars

**BUYING ALL STERLING SILVER**

- Silverware
- Trays
- 925 Jewelry
- All Sterling Silver

**WATCHES**

- Rolex
- Cartier
- Patek Philippe
- Pocket Watches

**BUYING ALL DIAMONDS**

- Wedding Rings
- Loose Diamonds
- Diamond Jewelry
- Engagement Rings

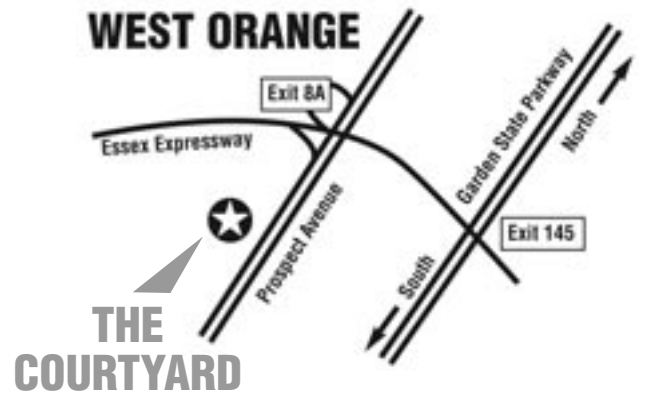
## EstatesRoadshow.com

### 4 WEEKS OF SHOWS AT 2 LOCATIONS!

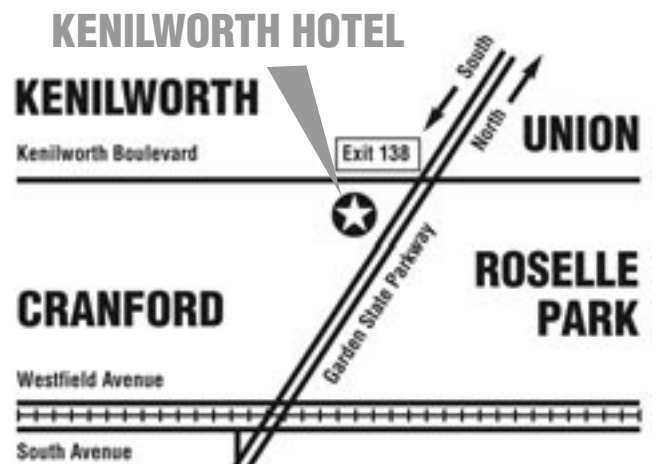
**MONDAY TO FRIDAY  
10am to 5pm**



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COURTYARD  
JUNE 1st to 5th  
JUNE 15th to 19th**  
8 Rooney Circle,  
West Orange, NJ



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**ADD 20%  
TOWARD YOUR SALE  
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