

TROOP 8 HONORS FOUR NEW EAGLE SCOUTS

Submitted by Kate Peck, Chatham Troop 8

In a world increasingly short on long-term commitments, Chatham's Troop 8 continues to produce young men willing to dedicate years of their lives to leadership, service and community responsibility.

This year, the troop celebrated four new Eagle Scouts: Zach Duignan, Jack Wade, Caston J. Harwell and Aidan J. Harte, each of whom completed the demanding journey to Scouting's highest rank while leaving behind projects and accomplishments that will benefit the community for years to come.

Earning the rank of Eagle Scout remains one of the most rigorous achievements in youth leadership. Fewer than 4 percent of Scouts nationwide attain the honor, which requires years of advancement through the ranks, the completion of at least 21 merit badges, extensive leadership experience and the successful planning and execution of a major community service project.

But behind the badges and ceremonies lies something more enduring: thousands of volunteer hours, leadership learned through trial and responsibility, and a culture of mentorship that shapes young people over the course of nearly a decade.

At the February and May Court of Honors Troop 8 gathered with families, fellow Scouts and community members to recognize four scouts whose Scouting journeys reflect not only personal achievement, but a broader commitment to service.

For Zach Duignan, that commitment took shape through years of leadership within the troop and a passion for outdoor adventure. Since joining Troop 8 in 2019, he served in multiple leadership roles, including Patrol Leader and Assistant Senior Patrol Leader, while participating in high-adventure expeditions at Philmont Scout Ranch and Sea Base in the Florida Keys. After completing National Youth Leadership Training, he later returned as a staff member to mentor younger Scouts.

His Eagle Scout project focused on environmental education and conservation.



Courtesy Photo

(above) Chatham Boro Mayor, Carolyn Dempsey honors Aidan Harte and Caston Harwell on achieving their Eagle Scout Rank.

Partnering with the Chatham Community Bee Garden, Zach designed and built a demonstration beehive and weather-resistant noticeboard to educate visitors about pollinators and sustainable ecosystems. Outside of Scouting, the Oratory Prep senior has balanced athletics with academics as captain of the school's Mock Trial team and a member of the lacrosse program.

Jack Wade's path to Eagle Scout began more than 1,500 miles away in Dallas, Texas, before continuing in New Jersey after his family relocated and he joined Troop 8 in 2021. Like many Eagle Scouts, his achievements reflect both quiet consistency and leadership earned over time. He served as Historian, Webmaster, Instructor and Assistant Patrol Leader while also embracing the troop's demanding outdoor culture, including a Philmont trek and later leading younger Scouts as Crew Chief during a backpacking expedition in the Adirondacks.

For his Eagle project, Jack partnered with the Harding Land Trust to improve trails at Primrose Farm and Silverbrook Gateway. He organized the construction of bog bridges to protect environmentally sensitive areas while improving trail accessibility for visitors. He also updated digital trail maps to reflect the enhancements. At the Lawrenceville School, where he is a senior, Jack has emerged as a leader both athletically and academically, serving as a two-year captain of the varsity crew team while pursuing

(continued on page 2)



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NEW EAGLE SCOUTS (continued from page 1)

research opportunities, including summer work at Stanford University as a Hutchins Science Scholar.

The service projects completed by Caston J. Harwell and Aidan J. Harte similarly reveal the breadth of impact Eagle Scouts can have on their communities.

During his years in Troop 8, Caston amassed 151 nights of camping, hiked more than 450 miles and contributed 178 hours of community service while rising to the role of Senior Patrol Leader. A Brotherhood member of the Order of the Arrow, Scouting's national honor society, he earned a reputation for steady leadership and endurance.

His Eagle Scout project centered on preserving a place of remembrance central to the Chatham community: the 9/11 Memorial. Leading volunteers and coordinating the refurbishment

effort ahead of the 25th anniversary of the Sept. 11 attacks, Caston helped ensure the memorial remains a dignified tribute for future generations. Caston will graduate from Chatham High School this spring and continue his studies at LSU in engineering.

Aidan Harte, recognized as Troop 8's 218th Eagle Scout, focused his efforts on revitalizing community space at Corpus Christi Parish. His project transformed 11 overgrown landscape islands in the church's rear parking lot through an ambitious volunteer and fundraising effort that included more than 100 service hours and over \$4,200 raised. The result is a renewed outdoor space that now better serves parishioners and visitors alike.

Together, the accomplishments of the four Scouts illustrate the enduring value of Scouting at a time when opportunities for sustained leadership and civic engagement among young people can feel increasingly rare. Their projects addressed environmental education, land conservation, historical remembrance and community revitalization all different missions united by the same principle: leaving a place better than they found it.

For Troop 8, which has produced generations of Eagle Scouts in Chatham, this year's class represents another chapter in a legacy built not simply on rank advancement, but on service measured in real and lasting community impact.

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CHATHAM HIGH SCHOOL SENIOR ANDRES GARCIA CELEBRATED

Chatham Borough

Chatham Borough is proud to announce that Chatham resident and Chatham High School Senior Andres Garcia has been named the municipality's first-ever state semi-finalist for the Louis Bay Future Municipal Leaders Scholarship, a prestigious program that recognizes outstanding students committed to public service and local

government leadership.

On April 13, Garcia was formally recognized at a meeting of the Borough Council, where he was introduced to elected officials and attendees. He was acknowledged for his achievement as a state semi-finalist and his demonstrated interest in civic engagement and public service.

"I wanted to share my gratitude for the multi-layered work that Chatham Borough's municipal government deals with on a daily basis," said Garcia. "The Louis Bay Scholarship gave me the opportunity to not only express that appreciation, but also allowed me to bring wider, much-deserved attention to the municipal leaders and staff who've dedicated their time to improving our community."

"We are incredibly proud of Andres and this

outstanding accomplishment," said Carolyn Dempsey, Mayor of Chatham Borough. "Being named a semi-finalist for the Louis Bay Future Municipal Leaders Scholarship speaks to his dedication, character, and potential to become a future leader in public service."

The Louis Bay Future Municipal Leaders Scholarship program encourages high school juniors and seniors to explore careers in municipal government and rewards those who demonstrate exceptional interest and aptitude in the field.

As Garcia advances in the selection process, the Borough extends its full support and congratulations. His achievement is a source of pride and inspiration to others throughout the community.



(above, l-r) Andres Garcia,
Mayor Carolyn Dempsey

Courtesy Photo

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The New Jersey Festival Orchestra closes its season with One Thousand and One Nights, an evening inspired by the legendary Arabian tales that gave rise to Rimsky-Korsakov's beloved orchestral masterpiece Scheherazade. Presented in collaboration with the Slovak-American Cultural Center (S-ACC), the program blends storytelling, international artistry, and symphonic color in performances on Saturday, May 30 at 7:00 pm at The Presbyterian Church in Westfield and Sunday, May 31 at 2:30 pm at the Sieminski Theater in Basking Ridge.

At the center of the program is Scheherazade, Rimsky-Korsakov's vivid musical interpretation of the timeless stories told by Scheherazade night after night to save her life. Sweeping melodies, shimmering orchestration, and dramatic contrasts immerse audiences in a world of myth and imagination, bringing the spirit of the legendary tales vividly to life.

"It is music that represents the rolling sea, the drama of adventure, and the allure of exotic romance," says NJFO Music Director David Wroe, describing the work as "an irresistible musical combination" that transports listeners into the world of One Thousand and One Nights.

The evening also features internationally

acclaimed Slovak guitarist Karol Samuelčík performing Joaquín Rodrigo's *Fantasia para un gentilhombre*. Presented through NJFO's collaboration with the Slovak-American Cultural Center, Samuelčík brings warmth and virtuosity to Rodrigo's celebrated work inspired by 17th-century Spanish music and dance traditions.

"The Slovak-American Cultural Center is thrilled to partner—again—with the NJFO to introduce world-renowned guitarist Karol Samuelčík to American audiences," writes S-ACC Board Member and longtime NJFO supporter Tanya Pulver. "Performing Joaquín Rodrigo's celebrated *Fantasia para un gentilhombre*, Samuelčík promises to enchant listeners, pairing the concerto's historic elegance with his signature vibrant energy and technical brilliance."

"What I love about the piece is its elegance, colour, and contrast," Samuelčík says. "The guitar creates a dialogue with the orchestra."

Together, these works create an evening shaped by imagination and storytelling, where music becomes the narrator and the orchestra brings centuries-old legends to life.



Tickets are available at www.njfestivalorchestra.org/concerts or by calling (908) 232-9400. Discounts are available to highschool and college students.

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THE WOMEN OF 1776 CELEBRATED AT LUNCHEON

Thursday Morning Club

The Hanover Manor in East Hanover, NJ was a sea of red white and blue as the Thursday Morning Club (TMC) celebrated the women of 1776 at their annual luncheon to benefit the Madison Community House. This year's luncheon honored our country's 250th birthday. The event was organized by Barbara Small and Anna Palladino backed up by a large committee. There were numerous benefactors, sponsors and patrons that help make this event possible every year.

Patricia Sanftner, curator of the Schuyler-Hamilton House in Morristown and an expert in Colonial era clothing spoke and modeled Colonial era clothing along with other models from the Thursday Morning Club. She pointed out the complexities and amusements of Colonial attire during the 1776 Fashion Show. In addition a 'Betsy Prize' was awarded to the person attending the event dressed in their most festive red, white and blue outfit. Peggy Oakes was awarded the Betsy Prize.

The Thursday Morning Club, organized in

1896, is a non-profit which provides services for Madison area communities. It owns, operates, and maintains the Madison Community House and is a member of the New Jersey State Federation of Women's clubs (NJSFWC) and of the General Federation of Women's Clubs (GFWC). If you would like to serve the community, make new friends, and enjoy programs and activities, consider joining the Thursday morning Club; for more information, call the community House at 973-377-0244 or visit TCMCH.org.



(above, l-r) Barbara Small, Anna Palladino (not pictured) Chairpersons, along with Pat Sanftner, Historian and Costumer, Maryhope Zitelli, Kristen Jankowski and Edith Hamann

Courtesy Photo



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SHE WAS A 48-YEAR-OLD MOM FROM BERKELEY HEIGHTS... TERRIFIED TO WEAR A LITTLE BLACK DRESS AT HER DAUGHTER'S WEDDING - UNTIL THIS HAPPENED

When guests gathered for a recent summer wedding in town, expectations were clear: a beautiful bride, proud parents, heartfelt speeches, and a lively dance floor.

What no one expected was that one of the most talked-about moments of the night would involve the bride's mother.

As Helen, 48, walked down the aisle in a fitted dress with a tastefully exposed back, heads turned. Conversations paused. By the time the reception was underway, it was clear this mother of the bride had made an impression few would forget.

It wasn't just that she looked great. She looked strong. Defined. Confident. Guests kept asking the same question throughout the night:

What does she do to look like that?

That question is how this story begins.

FROM TIRED, SOFT AND WEAK TO STRONG, LEAN AND CONFIDENT

A few years ago, Helen was not the woman people were buzzing about at a wedding. "I was tired all the time," Helen said. "My back hurt, my knees hurt, and I just felt older than I was.

I was in my late 40s, yes — but I felt like that was my whole identity."

Like many adults in their 40's 50s and 60s, Helen assumed aches, pains, and declining energy were simply the cost of aging. Exercise felt intimidating and confusing. Big gyms felt impersonal. Working out on her own felt unsafe.

"I didn't know what I should be doing, and I was afraid of hurting myself, so I just did nothing," she said.

A friend introduced her to a local personal training gym in Berkeley Heights, and she started with a free trial.

"I was so scared. I didn't walk in thinking I'd change my body," Helen said. "I was just hoping I could finally find a program that was right for me and do something for my health consistently."

THE UNKNOWN WORKOUT PLAN THAT CHANGED THE GAME

What Helen found was not a room full of treadmills and mirrors, but a personalized fitness program led by highly knowledgeable personal trainers who specialize in working with adults ages 40–60.

Helen didn't need anything extreme — she needed the right program and the right support.



(above) Helen flexing at one of their infamous 6 AM workouts at Gabriele Fitness

She started with two days per week. As her energy improved and her pain decreased, she gradually built up to three days per week. Each workout was done in a small-group setting, allowing for personalized coaching without the pressure or cost of one-on-one training.

"The accountability mattered," Helen said. "If I didn't show up, someone noticed. And if something hurt, they adjusted things immediately."

REDEFINING WHAT SOMEONE IN THEIR 40s CAN LOOK AND FEEL LIKE

Over time, the changes added up. Helen lost body fat. She gained muscle. More importantly, she gained confidence.

"I stopped thinking about what I couldn't do... and started thinking about what was next."

Years later, Helen is still a member and has even become a Grandma! She lifts weights people half her age shy away from. She moves pain-free. She keeps up with her grandchildren - and sometimes outpaces them.

So when her daughter's wedding approached, Helen didn't think twice about wearing the dress she loved.

"I didn't choose it to show off," she laughed. "I chose it because I felt good in my own skin."

The reaction at the wedding told the rest of the story.



(above) Helen turning every head as the mother of the bride

A LOCAL SECRET GETS PUBLIC

As word spread, one question kept coming up again and again:

What is the secret workout plan that's making her look that good?

The answer was simple: Gabriele Fitness — a small community personal training gym right in Berkeley Heights.

Helen's transformation didn't come from crash diets or marathon workouts. It came from consistency, expert coaching, and a supportive environment designed for real people — not fitness models.

FEELING BETTER AT 48 THAN SHE DID AT 28

Helen's story may have started with wedding buzz, but it's really about something deeper: what's possible when people stop accepting decline as inevitable.

"I wish I had started sooner because I feel better at 48 than I did at 28," Helen said. "But I'm grateful I started when I did."

A personal and confidential message from Helen to anyone on the fence about getting started.

"Ladies, having a personal trainer changed my life. Without a trainer, I never would have come close to looking and feeling this good. I tried so many times on my own and failed. I know it's hard to get started — I was scared myself. But if you find an amazing gym like I did (Gabriele Fitness), it changes everything.

The funny thing is, on the front door of the gym there's a sign that reads, 'You just did the hard part. We'll take it from here.' And I truly believe that if you find a place you trust, that genuinely cares about you, and you show up consistently, you'll get into the best shape of your life.

For me, being in great shape has made my entire life so much better. I'm happier, stronger, full of energy... and my workouts are the reason."

For those who see themselves in Helen — those who feel older, weak, tired, stressed, struggling to burn fat, and are secretly starting to believe their best years are behind them — Read This:

Gabriele Fitness has opened 13 spots for local residents to experience their personal training program...FREE for 14 days. The offer expires on June 6th and is available to only 13 people. To get the full details on the free program and see if any spots are still available, scan below...



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P.S. Many people reading this article will be inspired by Helen... yet still feel hesitant to try the program. With anything new, there's always uncertainty — especially with something like a new fitness routine. But if you're not working out right now, or you've been inconsistent (like most people) you've read the exact article you needed to read today because...

Gabriele Fitness has helped thousands of people in this community over the past 18 years. For some, the program has had a life-changing effect, and many members have stayed for nearly two decades.

A large number of them are now in the best shape of their lives (...and 2 decades older) — but they all started in the same place as anyone reading this and considering starting their fitness journey.

If you're still hesitant, visit our website gabrielefitness.com/results for an ocean of success stories from people just like you... who've transformed their lives... and in some cases, the lives of everyone in their family. This is powerful stuff.

WHY GABRIELE FITNESS FOCUSES ONLY ON ADULTS OVER 40

Adults over 40 face a perfect storm of demands that make fitness more critical — and more challenging — than ever before. They're in the prime of their careers, often in leadership roles where the pressure is relentless and the hours are long.

They're raising children or supporting aging parents — sometimes both at the same time. Their stress levels are high, their metabolism is slowing down, and their bodies don't recover like they used to.

Yet this is precisely when they need their health and energy most — to perform at work, to be present for their families, to enjoy the success they've worked so hard to build, and to avoid the chronic diseases that affected their parents' generation.

The cruel irony is that when fitness matters most, it's also when finding time for it feels nearly impossible.

That's why adults over 40 don't need another generic gym membership. They need expert guidance designed specifically for their unique challenges, their busy schedules, and their refusal to accept that their best years are behind them.

To get the full details about the Free Personal Training Program and to see if any of the 13 spots are still available scan below...



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MOUNT VERNON SCHOOL RESTORATION COMPLETED

County of Morris

Restoration of the historic Mount Vernon School, also known as the Red Brick Schoolhouse Museum in Chatham Township, has been completed following several years of preservation work supported by more than \$305,000 through the Morris County Historic Preservation Trust Fund.

Morris County Commissioner Director Stephen Shaw recently visited the circa 1860 landmark to present a Morris County Historic Preservation plaque to Chatham Township Mayor Jen Rowland and the Chatham Township Historical Society in recognition of the successful restoration project. The visit followed Morris County's annual Pathways of History weekend on May 2 and 3, when the museum welcomed visitors from across the region.

"Preserving our history is always a priority in Morris County, and this year it carries even greater significance as we celebrate America's 250th anniversary," said Director Shaw. "The Mount Vernon School is a wonderful example of the historic places we are proud to protect for future generations."

Originally constructed around 1860, the building later received a vestibule addition around 1900 and a rear addition in 1958. It served as a local school and Sunday school until 1928 before later housing community organizations and Chatham Township Hall. The building was eventually repurposed as a local history museum.

Since 2019, \$305,450 in Morris County historic preservation grants have supported a National Register nomination, a preservation plan, construction documents and extensive exterior restoration work.

The 2022 and 2023 grants supported repairs to deteriorated brick and mortar, reconstruction of the northwest vestibule corner, restoration of stone window lintels and sills, and installation of interior storm windows to help preserve the building.

"We're so grateful for all the support and all the funding. The Red Brick Schoolhouse is a beloved



(above, l-r) Ray Chang, Morris County Historic Preservation program coordinator; Donald Davidson, CTHS trustee; Karen Blumenfeld, CTHS trustee; Diana Clark, CTHS trustee; Pat Wells, CTHS Vice President; Stephen Shaw, Morris County Commissioner Director; Martha Wells, CTHS president; Mike Kelly, CTHS trustee; Sarah Stanley, CTHS trustee; and Jen Rowland, mayor of Chatham Township.

Photo by County of Morris

site in town -- not only because it holds so much history for us and our residents -- but it is the destination for field trips for our students. This is a field trip that they remember and they continue to come back with their grandparents and parents," said Mayor Rowland.

"Morris County has been with us since the beginning of the process. From the preservation plan and National Register nomination to the construction documents and restoration work, we could not have completed this project without the county's support," said Martha Wells, president

of the Chatham Township Historical Society.

Since 2003, the Board of County Commissioners have approved more than \$56 million in Morris County Historic Preservation Trust Fund grants to help preserve and restore 136 historic sites across the county.

As part of the county's commemoration of America's 250th anniversary, the Chatham Township Historical Society (CTHS) also featured the RevolutionNJ "Revolutionary Lives" exhibit during Pathways of History weekend.

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HISTORICAL SOCIETY ANNUAL DINNER MEETING

The Chatham Historical Society held its 2026 annual dinner meeting at the Fairmount Country Club on Wednesday, May 13. The guest speaker at this year's event was Richard Veit, Ph.D., Professor of Anthropology, Provost and Senior Vice President for Academic Affairs at Monmouth University. His presentation "Revolutionary New Jersey Unearthed" focused on archeological research on revolutionary sites.

As customary the officers for the society were selected for 2026-2027. Amy Crandall and Karen Hoerrner will continue serving as co-presidents, Debbie Fabian as vice president, Christine

Grobert as treasurer, and Stacey Keenan as secretary. The co-presidents introduced the newest board member Bridget McMenamini who will update the society's website. The society is still looking for volunteers to help with data collection. The co-presidents also presented the Library of the Chathams with an annual contribution check for the library's support and assistance with the society's programs, events and collections.

A North American historical archaeologist, Dr. Veit's research focuses on the Colonial Middle Atlantic Region. He is the author, co-author or editor of ten books covering a variety of topics and historical periods. Throughout his career, he has become the preeminent authority on the history of New Jersey through the study of its archaeological remains. His research and teaching have significantly helped New Jersey residents to better understand the state's collective past.


Dr. Veit's presentation focused on

archaeological findings at the many revolutionary battle fields and encampments yielding long-buried artifacts of both the patriot and loyalist camps. He shared his real-life archaeological experience, its challenges and triumphs, with humor and anecdotes.

For over 100 years the Chatham Historical Society has preserved and dedicated itself to sharing the rich history of Chatham Borough with its residents through programs, publications and participation in community events. Currently, the society is sponsoring an interactive "electronic" United States history board display quiz at the Library of the Chathams. The quiz was created by Karen and Joel Boroff in celebration of the 250th anniversary of the United States. The society will also be participating in the Fishawack Festival on June 6 and will be serving red, white and blue ice-cream at the gazebo concert on June 25.

Information on the upcoming events can be found at Chathamnjhistoricalsociety.com.

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(above, l-r) Program Chairwoman Lynn Magrane, Co-President Karen Hoerrner, Annual Dinner Chairwoman Barbara Farricker, Dr. Richard Veit, and Co-President Amy Crandall.

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MILLBURN CHAMBER PREPS FOR PRESIDENT'S CUP 5K - JUNE 22

The Millburn-Short Hills Chamber of Commerce is excited to announce the return of the Presidents Cup 5K on Monday, June 22, one of the community's most anticipated annual events.

The Presidents Cup 5K brings together runners, families, local businesses, sponsors, volunteers, and community supporters for an energetic evening in downtown Millburn centered around wellness, community spirit, and local engagement. The event has become a long-standing tradition that showcases the vibrant spirit of the Millburn-Short Hills community.

The Chamber is proud to recognize RWJBarnabas Health as the event's Presenting Sponsor. Their leadership and commitment to supporting community wellness and engagement continue to play an important role in the event's success.

Additional sponsorship opportunities remain available for businesses seeking visibility and community exposure through one of the area's most prominent local events. Sponsorship benefits may include logo placement on race t-shirts, signage throughout the event, recognition on the registration landing page, and event-day acknowledgments.

The Chamber is also currently seeking volunteers to assist with race-day activities, including registration support, water stations, course support, and general event operations. Volunteers play an important role in helping create a positive experience for participants and attendees.

"The Presidents Cup 5K is more than a race. It is an opportunity for the community to come together, support local businesses, encourage wellness, and celebrate everything that makes Millburn-Short Hills special," said Angela Kubisky, Executive Director of the Millburn-Short Hills Chamber of Commerce.

Businesses interested in sponsorship opportunities, individuals interested in volunteering, or community members seeking more information are encouraged to contact:

Angela Kubisky, Executive Director
Millburn-Short Hills Chamber of Commerce
angela@millburnshorthillschamber.org



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973.379.1198

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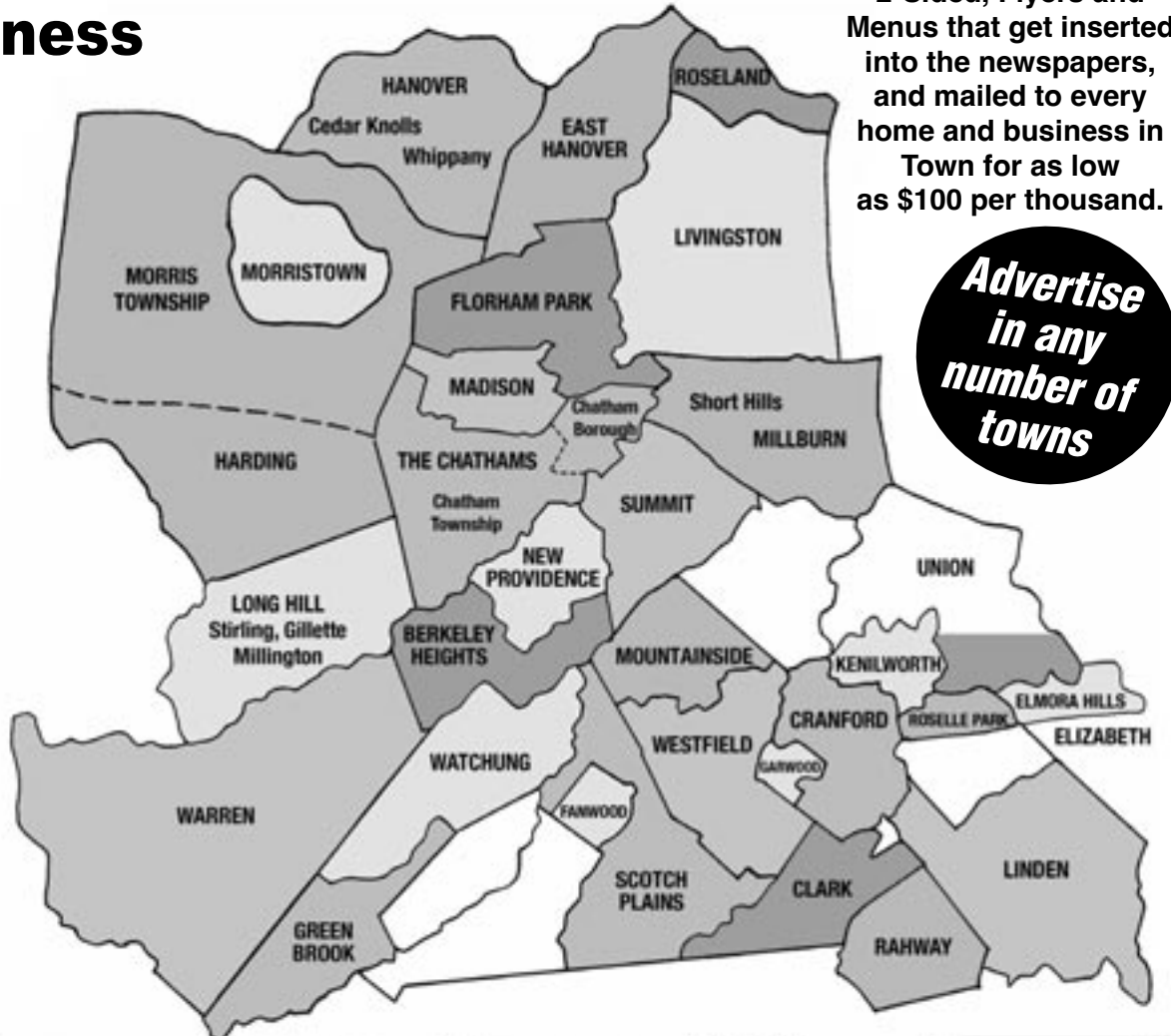
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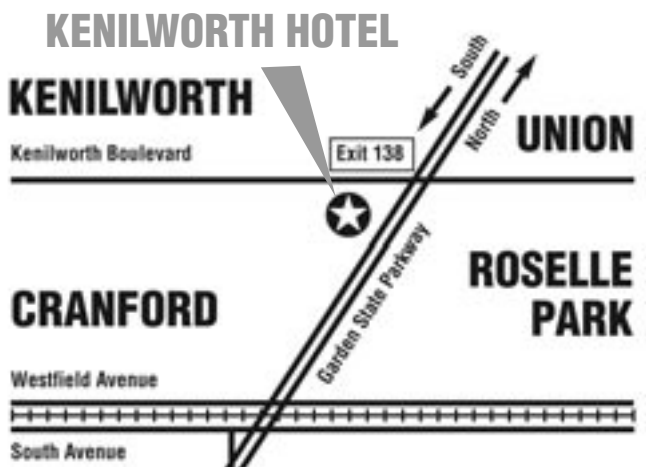
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