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Issue 175 • July 2025

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### **POLICE CARRY THE TORCH FOR SPECIAL OLYMPICS**

Township of Union Police joined police officers from across and awareness for Special Olympics New Jersey. The run the state in the 42nd Annual Law Enforcement Torch Run to benefit Special Olympics New Jersey. Over 3,000 police officers, representing over 450 police departments, took to their local streets to raise funds and awareness for this incredible organization.

Torch Run began in New Jersey in 1984 as a way to raise funds

is a day-long event, split into 26 legs (or starting points) with some legs beginning as early as 4:45 a.m. The run travels through more than 300 towns, covering 750 miles on-foot. About 3,000 runners participated in 2025. Representing over 450 police departments.

To learn more, visit NJTorchRun.org.





(above) Township of Union police officers participated in the 42nd Annual Law Enforcement Torch Run.



# Spirit of UNION

Renna Media, LLC, Publishers 202 Walnut Ave., Cranford, NJ 07016

Spirit of Union is published by Renna Media. 7,800 newspapers are printed monthly and mailed to every business and resident in Union Township, NJ. Although great care has been taken to ensure the information contained within is accurate Renna Media assumes no liability for errors or omissions.

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Do you have a community service that you need help publicizing? Did you or someone you know accomplish something amazing? We are interested in hearing about your latest achievement (honor, award, etc.), send us your news! Email: editor@rennamedia.com

#### **ADVERTISING**

Joe Renna: 908-447-1295 joerenna@rennamedia.com



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### **CUB SCOUTS VISIT COMMUNITY GARDEN**

Township of Union Community Garden

The Connecticut Farms Presbyterian Church and Scouting America charter Cub Scout Pack 68. Pack 68 is in its 71st year of scouting in Union. Cub Scout Pack 68 recently visited the Township of Union Community Garden located on Bancroft Street off Liberty Avenue. They

learned techniques for planting vegetables and the importance of growing organic produce. They planted potatoes in cloth bags. The scouts also learned about the benefits of bees and made butterfly puddles as a source of water for pollinating insects.



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### **BLOOD DRIVE - JULY 6**

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#### **Holy Spirit's Vitalant blood drive** Sunday, July 6

9 a.m. to 1:30 p.m.

Parish Hall, 970 Suburban Road, Union.

You'll feel incredible, knowing that you've made a life-saving impact - giving second chances and many tomorrows to those who depend on it.

Please join us. You may make an appointment at donors.vitalant.org and use blood drive code XHSCU.Or call 877-258-4825. Walk-ins also welcome.



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Pay ranges from \$30-\$1600 depending on the study.

### **CANINE COMPANIONS CELEBRATING 50 YEARS**

#### Canine Companions

Mike Saverino was recently matched with his third Canine Companions service dog names Arbor. Mike is overjoyed about how Arbor has picked up right where his retiring service dog Webster left off, making a difference in Mike's daily life.

Arbor II is a two-year-old lab-golden retriever cross specially bred and trained by Canine Companions to serve people with disabilities. Arbor knows over 40 professional commands to assist Mike in his daily life. Arbor opens doors, turns on lights, and picks up dropped items for Mike to name just a few.

Mike enjoys sled hockey, weightlifting, and is heavily involved in the Canine Companions New Jersey Volunteer Chapter.

About Canine Companions: National nonprofit Canine Companions is celebrating 50 years of empowering people with disabilities to live with greater independence — and it all started with a service dog named Abdul. Canine Companions invented the concept of the modern service dog in 1975 and has since placed more than 8,200 expertly trained dogs at no cost to clients, entirely supported by donations. Today, as America's first and largest provider of service dogs, Canine Companions leverages seven locations across the country to serve adults, children and veterans with disabilities as well as professionals working in health care, law enforcement and educational settings in all 50 states. Volunteer, donate and learn more at canine.org.





(above) Mike Saverino & service dog Arbor



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### July 14 thru 18 CLARK HOLIDAY INN

36 Valley Road Clark, NJ 07066 **9am to 5pm** 

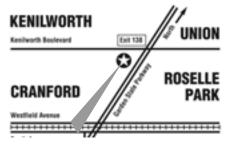
### July 21 thru 25 KENILWORTH HOTEL

60 S 31st Street Kenilworth, NJ 07033 **9am to 5pm** 

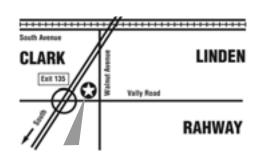
### July 28 thru Aug 1 THE COURTYARD WEST ORANGE

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### **SALEM ROADHOUSE CAFÉ** PRESENTS BRAZILIAN JAZZ QUARTET

Galante and his Brazilian Jazz Quartet, with special guest vocalist Melanie Mitrano and featuring students from the Community College of Morris on Saturday, July 12, 2025. The doors open at 7:15 p.m., the show starts at 8 p.m. Admission is \$20 and includes show, snacks, non-alcoholic beverages, and dessert. The venue is located in Bailey Hall at Townley Presbyterian Church, 829 Salem Rd, Union, NJ. The Roadhouse operates as a non-profit that raises funds for several carefully chosen local charities.

Having performed together at the Salem Roadhouse Café before, Gerson and Melanie present the mystical sounds of Brazilian Jazz with a dynamic quartet of sax/flute, bass and keyboards. Melanie will provide vocals, as will various students from the Community College of Morris, where Melanie teaches music.

Original artwork will be on display at the Roadhouse Fine Arts Gallery, as presented by an artists collective of over a dozen local artists led by Dr. Francis Billups. Music and art definitely go together, and at the Roadhouse it's a perfect blend with a great atmosphere.

As always, the Salem Roadhouse Café is live, intimate, up front, and personal. All ages are welcome.

#### **ABOUT SALEM ROADHOUSE CAFÉ**

It's not "church music." It's music music. Folks who've come to the Salem Roadhouse Café know that it's a clean, safe place for people

The Salem Roadhouse Café presents Gerson who enjoy listening to live music — in a world otherwise filled with clubs and bars. The Roadhouse has always offered its stage to local and independent mainstream musicians. Jazz, rock, folk, and other groups have performed. What's the common thread? They're all great musicians playing the kind of music people like to hear. There's no message, just music.

> Now ion it's 16th year of operation, the Roadhouse started in 2008 by members of Townley Presbyterian Church with a grant from the Presbytery of Elizabeth. Hey — that's why we're located where we are, 829 Salem Rd, Union, NJ. The Roadhouse operates as a nonprofit that raises funds for several carefully chosen local charities. That's its social mission.

> But the many musicians who've played the Salem Roadhouse Café see it as a solid performance venue. They love it because of its special intimacy and great audiences. They say people here "really listen." Ask any of the musicians you meet here — they love to play the Roadhouse, and they want to come back often.

> The Salem Roadhouse Café has raised funds for many carefully chosen charities. They include: The Presbytery of Elizabeth E-port Center, Center For Hope Hospice, Community Food Bank, Monarch Housing, Angel Paws Animal Rescue, National MS Society, The Union County YWCA Domestic Violence Program, . and others. Many thousands of dollars have been raised for these deserving charities.

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ADMISSION: \$20 STUDENTS \$15.00 DOORS OPEN AT 7:15 PM

Admission includes snacks, beverages, teas, coffee and desserts





2025 Show proceeds will benefit GROUNDWORK ELIZABETH

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### FRED'S ROOM HELPS CHILDREN PROCESS GRIEF

Imagine, A Center for Coping with Loss

At Imagine, we know that grief is complex, and big feelings need a safe place to be expressed. That's why we created the Volcano Room, a dedicated space where children can release their emotions in a healthy way. Recently redecorated with characters from the Inside Out film series, the room features cushioned walls, soft basketballs, and big pillow piles to jump in where children can process their grief in their own time.

For the DeJesus family of Scotch Plains, Imagine has been a source of comfort for the past five years. To honor their beloved husband, son, and father, they chose to dedicate the Volcano Room as "Fred's Room." The event happened on the fifth anniversary of Fred DeJesus' death at just 38 years old. Fred's wife Suzanne, and their daughters led the family in a heartfelt dedication ceremony.

"We know that Fred is watching over us, front row for every dance recital, Girl Scout event, and school performance," Suzanne shared. "He's still cheering us on, asking, 'How did it go, kiddo? I know you hit it out of the park."

Spaces like Fred's Room are made possible by families who want to create a lasting tribute to their loved ones. As Imagine continues to grow, we are honored to help families find meaningful ways to celebrate the lives of those they hold dear.

Imagine, A Center for Coping with Loss is a 501c3 that offers grief and loss education and training to the community and free year-round grief support groups for children ages 3-18 and young adults 19-30 who are coping with a loss due to death. Concurrently, support groups are available for the parents and caregivers of the children in the groups and offered in English and Spanish. For more information, please contact Imagine at 908-264-3100 or info@imaginenj.org or visit their website at imaginenj.org.



(above) The DeJesus family gathers in Imagine's "Volcano Room" recently dedicated in memory of Scotch Plains resident Fred DeJesus.

Courtesy Photo



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### STEP UP, SPEAK UP FOR FOSTER CHILDREN

CASA of Passaic and Union Counties

Mia spent most of her nine years in a home marked by instability and fear. Her parents' addiction left her hungry, alone, and unsure of what to expect each day. She eventually entered foster care. While her peers prepare for a funfilled summer, Mia finds herself living with strangers. A judge assigned a Court Appointed Special Advocate (CASA) volunteer to her and now, although things still feel uncertain and scary, Mia has someone who listens, shows up, and stands up for her.

Mia is just one of more than 500 children removed from home in Passaic and Union counties due to abuse and/or neglect. Living in foster care and separated from all they've known, each child needs a caring, consistent adult in their corner to protect their best interests while in care. Is that you?

CASA volunteers are trained advocates who visit the child monthly and have court-ordered access to all parties in the case. Supported by CASA staff, advocates make fact-based observations about outstanding needs or concerns and make recommendations to the court. The CASA volunteer is often the only consistent person in the child's life. Applicants must be at least 21, be able to communicate effectively both

orally and in writing, have computer skills, pass a background check, and complete the 36-hour training.

Fall trainings start soon; Union County's begins Sept. 16 in Linden and Passaic County's begins Nov. 3 in Wayne; county of residence does not matter. View the training dates at casapassaicunion.org/casa-training.

The first step to becoming a CASA volunteer is to attend an information session. Register now at casapassaicunion.org/info-session for any of the following:

Union County – Wednesday, July 9 at 12pm, Child Focus office in Elizabeth, 1143 East Jersey Street, 2nd Floor; Wednesday, July 9 at 5:30pm, Colleen Fraser Building in Westfield; Wednesdays July 16 and July 23 at 12pm, Child Focus office in Elizabeth, 1143 East Jersey Street, 2nd Floor; and Wednesday, July 23 at 5:30pm, Rahway Library.

CASA of Passaic and Union Counties is a program of Child Focus, which prioritizes the needs and well-being of infants, children, and teens impacted by, or at risk of, abuse or neglect. For details about CASA of Passaic and Union Counties, call 973-832-4002,

email info@casapassaicunion.org, or log on to www.casapassaicunion.org.

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### **Unwine & Paint (Vauxhall Branch Library)**

Wed. 7/2 @ 6:00 pm

Please join us for an evening at the library as Newark resident, Ms. Lelia Stevenson, leads attendees for a fun and relaxing evening of painting!

### Nina Simone: Film and Community Discussion (Vauxhall Branch Library)

Mon. 7/7 @ 6:00 pm

Also known as the High Priestess of Soul, Nina Simone was a singer, songwriter, and civil rights activist. Join us as we watch Nina Simone: Legend, an up close and personal portrait of her life as a musician and activist. The film is based on her autobiography, I Put A Spell On You. A community discussion will follow the film.

### Adult Summer Gel Printing with Joy (Main Library)

Mon. 7/7 @ 6:00 pm

Join us at the Union Public Library and learn the basics of a new painting technique Gel Printing with Joy Ann Cabanos. She will lead you through learning and using this new painting technique. All materials will be provided. Seats are limited so register today!

#### Wednesday Night Trivia: Out to the Movies! (Vauxhall Branch Library)

Wed. 7/9 @ 6:00 pm

Do you love going to the movie theatre? Are you a fan of Spike Lee or Martin Scorsese? Please join us for a night full of fun and prizes.

### 90 Years of Sonia Sanchez: A Film Viewing & Community Discussion (Vauxhall Library)

Mon. 7/14 @ 5:45 pm

Celebrate 90 years of the life, work and mesmerizing performances of renowned poet and activist Sonia Sanchez. A documentary viewing and community discussion on this leading figure in the Black Arts Movement.

#### **Adult Crochet for Beginners**

(Vauxhall Branch Library) Wed. 7/16 @ 6:00 pm

Please join us as Ms. Lisa Roberts teaches attendees the basics of learning how to crochet. Attendees can bring their own crochet hooks and yarn, but supplies will be provided!

#### Off the Shelf Book Club (Main Library)

Thur. 7/17 @ 6:30 pm

This month the club will be reading The Midnight Library by Matt Haig. Download it on Hoopla today with your library card!

#### Animal Crossing Open Hours (Virtual on Switch)

Fri. 7/18 @ 3:00 pm - 5:00 pm

Come explore UPL Island! Check out our inclusive virtual library building that serves children, teens, and adults. Discover our Mariothemed maze, shake fruit/money trees, shop at Nooks & Abels, help craft DIYs. There will be freebies! You must add us as a friend before entering the island. Our UPL Nintendo friend code is SW-4027-1837-6212.

All ages welcome. No registration necessary.

### (In Person Library Chef) Homemade Tortillas & Mexican Corn Salad (Main Library)

Mon. 7/21 @ 6:00 pm

Join Chef TEEY of Library Chef and the Union
Public Library for a hands-on class where
you'll learn to make warm, homemade flour
tortillas and fresh mexican corn salad! Chef
Teey will demo each step, from mixing and
rolling the tortillas to chopping the Mexican
corn salad ingredients. Then, roll up your
sleeves and try it yourself, making your tortillas
and bringing them home to finish. Chef Teey
will cook up a few tortillas and have a tasting
right in class. Perfect for beginners and food
lovers, this session promises delicious flavors
and new skills to take home to master!
Patrons are required to bring their own of the
following:

A Rolling Pin, A Small to Medium mixing bowl, plastic, glass, or metal, A Flat plate for tortilla's, 5 pieces of wax paper or parchment paper

### Vauxhall Negro League Baseball Club (Vauxhall Branch Library)

Mon. 7/21 @ 6:00 pm

Are you a baseball fan and love history?
Perhaps you are a fan of Satchel Paige or the
Kansas City Monarchs? Come join us where
our goal is to preserve the history of Negro
League Baseball. Our meetings will consist of
presentations, discussions, film viewings, book
talks, and much more.

### Adult Dance Fitness (Vauxhall Branch Library) Mon. 7/28 @ 6:00 pm

Get your exercise in with a fun cardio workout featuring hip-hop inspired dance moves, presented by Tiffany Taylor!

#### Vauxhall Outside Summer BBQ (Vauxhall Branch Library)

Wed. 7/30 @ 6:00 pm

Chef Jesse Jones returns to the Vauxhall Branch Library for an outside cooking demonstration of his award winning pulled pork bbq.

### Mobility Club Workshop with Jon Leslie (Main Library)

All Tuesdays in July @ 10:00 am
Looking to fix shoulder pain? Restore your
body to its natural state using the functional
movements of a mobility club. It will help
improve your mobility, flexibility, strength,
balance and posture. Move better. Feel better.
Exercise with a Mobility Club with Jon Leslie.

#### **Meditation (Virtual on Zoom)**

Mons. @ 6:30 pm

Join Bindu Bhatt for a virtual evening meditation session. No prior experience is necessary. Bindu has practiced meditation for over 30 years and wants to share her insight.

#### Walk-in Wednesdays: One-on-One Library Technology Assistance (Vauxhall Branch)

Weds. @ 12:30 - 2:00 pm

Get help with library resources, including downloading e-books from Libby and Hoopla, using the library catalog and resources, using mobile print, and using the photocopier and scanner. Registration is not required.



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07078



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TIMES

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Zip: 07960,



HANOVER

Qty: 6,100 Zips: 07927, 07981

MORRISTOWN

MONTHLY

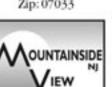
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Zip: 07960

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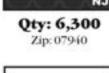
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360

320



Qty: 9,600 Zip: 07901



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12



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18

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1800

2200

2400

2800



Qty: 2,700 Zip: 07069

OWNS

700

1000

1800

2200

2600

3000

3300

24

TOWNS

800

1100

1900

2400

2800

3300

3600



Qty: 12,000 Zip: 07090

30

TOWNS

1000

1300

2100

2800

3200

3900

4300

27

OWNS

1200

2000

2600

3000

3600

3900

900

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2 Units 6.5"x2" or 3.25"x4	150	360	560	600	700
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### **SMALL BUSINESS MENTORING HELP MILITARY VETERANS SUCCEED**

SCORE Central Jersey

and beyond, SCORE mentors offer resources for veterans to start and grow their entrepreneurial enterprises.

Veterans' training, resolve and fortitude to overcome challenges make them the ideal entrepreneur. They soar as small business owners. According to research, 80 percent of the 1.7 million veteran-owned business owners consider themselves successful. The small business fiveyear survival rate for veterans is double that of the non-veteran population.

Data from the U.S. Small Business Administration has shown that small business owners with an established mentor have twice the success rate – 70 percent versus 35 percent – as those who do not have a mentor.

In conjunction with National Military Appreciation Month in May, SCORE, a national

ONLINE MARKETING.

businesses, has developed specific resources for During National Military Appreciation Month use by its 10,000 mentors nationally in mentoring veterans.

> The SCORE Veterans Small Business Resource Guide features veterans-specific resources to offer insight on developing a business plan, securing funding, starting a business, buying an existing business, buying a franchise, connecting with one of SCORE's volunteer mentors, and gaining a better understanding of business through webinars and workshops.

"Volunteering at SCORE is my way of showing appreciation to those who helped and guided me during my career while sharing my background and experience to help entrepreneurs succeed," said SCORE Mid-Atlantic Regional Vice President Ed Coleman. "While I enjoy working with all SCORE clients, as a U.S. Army veteran, I particularly enjoy working with nonprofit organization that assists small veterans to translate their military experience into entrepreneurship. Helping clients realize their dreams is very gratifying and the essence of the SCORE mission."

SCORE Central Jersey Chapter Chair Nancy Verduin said mentors continually expand their knowledge base to better assist veterans on their entrepreneurial journey.

"Military transitioning from active duty have different needs than civilians in terms of starting a business," said Verduin. "It's wonderful to have veterans' resources at our volunteers' fingertips to aid in mentoring our service men and women."

Veterans account for about 10 percent of SCORE's client base. Veterans own 10 percent of small businesses and 14 percent of franchises. Since franchisors have a defined plan of what the business should entail, veterans represent the perfect franchisee given their ability to effectively execute plans as intended.

Nationally, veterans own nearly 2 million businesses, employing more than 5 million Americans, and generating more than \$1 trillion in annual income. Of those, 40 percent of veteran-owned businesses generate more than \$500,000 in annual revenue.

To learn more about SCORE, request a mentor or volunteer to be one, visit score.org.

Funded in part through a Cooperative Agreement with the U.S. Small Business Administration. All opinions, conclusions and/or recommendations expressed herein are those of the author(s) and do not necessarily reflect the views of the SBA.



(above) Since 1964, SCORE has helped more than 17 million entrepreneurs start, grow or successfully exit a business. SCORE's 10,000 volunteers provide free, expert mentoring, resources and education in all 50 U.S. states and territories. Visit SCORE at score.org.

Courtesy photo







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