

New Providence NEWS

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Issue 118 • July 2025

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TORCH FOR SPECIAL OLYMPICS PASSES THRU TOWN

Police officers from across the state in the 42nd Annual Law Enforcement Torch Run to benefit Special Olympics New Jersey. Over 3,000 police officers took to their local streets to raise funds and awareness for this incredible organization.

Salt Brook School was happy to welcome and cheer on the runners. New Providence cross-country athletes also joined in for this leg of the annual run.

About the Annual Law Enforcement Torch Run for Special

Olympics New Jersey:

Torch Run began in New Jersey in 1984 as a way to raise funds and awareness for Special Olympics New Jersey. The run is a day-long event, split into 26 legs (or starting points) with some legs beginning as early as 4:45 a.m. The run travels through more than 300 towns, covering 750 miles on-foot. About 3,000 runners participated in 2025. Representing over 450 police departments.

To learn more, visit NJTorchRun.org.



Photos by New Providence Public Schools

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(above) Salt Brook students chaired on the runners of the 42nd Annual Law Enforcement Torch Run.

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New Providence NEWS

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FRIENDS OF LAFAYETTE PARADE - JULY 13

The American Friends of Lafayette is sponsoring a 13-month long reenactment of General Lafayette's 1824-1825 Farewell Tour as America's "National Guest." It began in August 2024 in New York City and follows the General's itinerary with programming throughout 24 states. In July 2025, the General will return to Morristown - the Military Capital of the Revolution. In 1825, Lafayette visited Morristown on July 14, Bastille Day, and now 200 years later he will return to Morristown on July 13, 2025 and July 14, 2025. Activities planned include a Parade and a celebration at the Morristown Green.

The plans include having local businesses, historical and lineage societies, and non-profits on the Morristown Green concurrently with the parade and celebration on Sunday July 13, 2025.

Local and French dignitaries will be on hand, and our goal is to have 1,000 spectators actively participating on the Green.

Parade and Welcome Ceremony Reenactment
Sunday, July 13, 2025
Morristown Green @Park Place
Noon to 3:30 p.m.

History and Community Exhibitors
Parade and Welcome Ceremony at 12:45 p.m.
Toasts, Cannon Salutes, Bell Ringing
Reenactors and Period Music
World Premiere of the "Lafayette Suite"
Historic Flags Display - Salute to Veterans
Lafayette Pop-Up Museum 11a.m. to 5p.m.
Children's Activities - Food Trucks - Free Ice Cream

Symposium: Lafayette - Human Rights Champion
Monday, July 14, 2025
Morris County Library
30 E. Hanover Avenue, Whippany
10:30 a.m. to 1:30 p.m.

Lafayette experts, reenactors, and community members
Light Lunch
Seats limited and registration required Lafayette200.org
All activities are free and open to the public

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DEXTER LAM TO TRAIN AT U.S. OLYMPIC & PARALYMPIC CENTER

Dexter Lam, a 6th grader at Millburn Middle School, has once again earned the exceptional honor of being selected to train at the U.S. Olympic & Paralympic Training Center

(USOPTC) in Colorado Springs. Accompanied by his coach, Will Castellanos, Dexter will join a select group of top-tier athletes from across the country—an opportunity granted to only the most promising gymnasts in the nation.

This prestigious recognition comes after an incredibly challenging year for Dexter. He faced numerous health setbacks, including multiple doctor and hospital visits, surgeries, a serious injury, and demanding physical therapy, all of which took a toll on his overall well-being. Despite these hardships, with the unwavering support of his family, friends, coaches, and dedicated medical team, Dexter persevered. His resilience paid off in May at the National Championships in Salt Lake City, where he not only competed but triumphed—earning four medals and capturing the gold as the National Vault Champion.

Training at the USOPTC is a milestone few young athletes ever reach. It is the epicenter of elite athletic development in the United States, where future Olympians are forged. The center offers access to world-class facilities, sports science support, physical and mental care team, and a high-performance environment designed to push athletes to their fullest potential. Being invited to train there is not only an acknowledgment of Dexter's current skill level but also a sign of his long-term potential in the sport.

Gymnastics is a sport that demands more than just physical strength and flexibility—it requires precision, mental toughness, consistency, and years of rigorous discipline. Dexter exemplifies this dedication, training over 24 hours a week, every week of the year. His routine includes not just physical conditioning and technical refinement but also extensive travel for competitions and specialized elite training sessions.

Dexter began his gymnastics journey at the age of six at Indigo Gymnastics in New Providence, NJ. Since then, his commitment and love for the sport have only grown. Remarkably, he has qualified to train at the USOPTC every single year he's been eligible—an achievement that speaks volumes about his work ethic, focus, and resilience.

His parents are incredibly proud of his accomplishments and deeply appreciative of the coaches at Indigo Gymnastics. They recognize not only the physical demands of the sport but also the emotional and mental strength it takes to stay on this path. Their gratitude extends to the entire support system that has helped Dexter thrive in such a challenging, high-performance environment.

To reach this level at such a young age is rare—and Dexter's story is a powerful reminder that with passion, discipline, the right guidance and support, extraordinary things are possible.



(above) Dexter Lam, a Millburn 6th Grader, will be training at the US Olympic Paralympic Training Center.

Courtesy Photo



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The DeCorso Community Center, which serves as the home for the New Providence Senior Citizens Club, provides opportunities for senior residents to socialize, exercise and participate in programs and activities with their peers.

The New Providence Senior Citizens Club holds weekly meetings on Wednesdays at 11:00 a.m. with special presentations, performances, or “special” bingo.

Club Meeting, Birthdays & Special Bingo

Wednesday, July 2 at 11:00am

Flower Bar with Life Hospice

Thursday, July 3 at 11:30am,

Create patriotic bouquets.

Club Meeting

Wednesday, July 9 at 11:00am

Bus trip to Sky Manor Café

Thursday, July 10 at 10:00am

(advanced ticket purchase required)

Club Meeting & presentation Robbie Amodeo

Wednesday, July 16 at 11:00am

“The History of the American Department Store” - Our Palaces of Commerce and Fun

Sandwich Making Service Project

Monday, July 21 at 12:00pm

Book Club

Tuesday, July 29 at 11:00am

(Beaverland: How One Weird Rodent Made America by Leila Philip)

Club Meeting & performance by Discovery Orchestra

Wednesday, July 30 at 11:00am



(above) Seniors play BINGO and win prizes

Courtesy Photo

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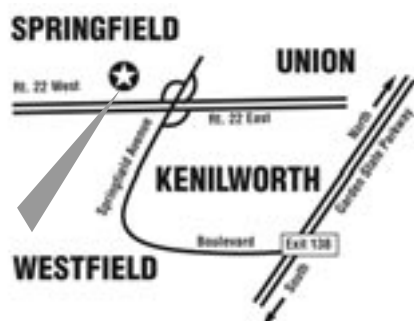
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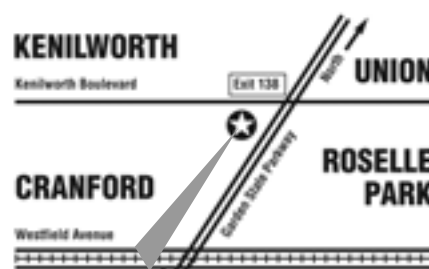
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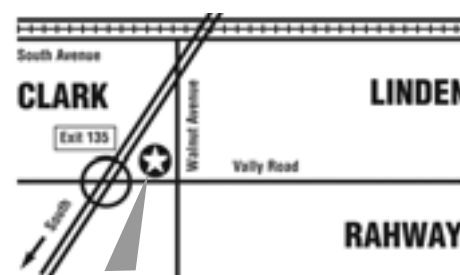
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NJ SHARING NETWORK'S 5K CELEBRATION OF LIFE

Thousands gathered in New Providence on Sunday, June 8, to support organ and tissue donation during NJ Sharing Network's 5K Celebration of Life, presented by RWJBarnabas Health. The event is one of New Jersey's largest and most recognized charitable 5Ks.

Now in its 15th year, the 5K Celebration of Life brought together transplant recipients, organ

and tissue donor families, living donors, and dedicated volunteers and advocates. Funds raised by event participants, teams, sponsors, and contributors will support the Sharing Network Foundation, which is committed to increasing the number of lives saved through clinical advancement, family support, public awareness, and education.

Currently, more than 100,000 people in the United States - including nearly 4,000 in New Jersey - are waiting for a lifesaving organ transplant. One organ and tissue donor can save eight lives and enhance the lives of over 75 others.

To learn more and register as an organ and tissue donor, visit NJSharingNetwork.org.



Photo by NJ Sharing Network

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JULY SPEAKERS PROGRAM FOR THE SUMMIT AREA OLD GUARD

Summit Area Old Guard is a social, educational, and recreational organization that serves men of retirement age. We meet Tuesdays, 9:30 a.m., at the New Providence Presbyterian Church located at 1307 Springfield Ave – we encourage visitation, and all are welcome. Our motto is “Come for the Programs. Stay for the Friends.” The organization was founded in 1930. Our website address is summitoldguard.org.

JULY 1ST - GREG SCHWARTZ

Leading off July, on the 1st, we will learn about cybersecurity. Our speaker will be Greg Schwartz, founder of GSIT, an IT company specializing in assisting small businesses with risk mitigation as well as other digital services. Greg will describe the system infrastructure risks and challenges small businesses face, both current and anticipated, and the tools available to mitigate them.

JULY 8TH - BROOKS SMITH

On July 8th we will delve into the strategy behind philanthropy (even if you are not Bill Gates or Warren Buffett). Our speaker will be Brooks Smith, a minister with the Presbytery of Northeast New Jersey. Rev. Smith will describe what might be called the five “Ps” of donation.

JULY 15TH - TO BE DETERMINED

We will not have access to our normal venue site on July 15th. Our meeting will be via zoom

and our speaker has not yet been finalized. Check website for updates: www.summitoldguard.org.

JULY 22ND - JEN KELBER

On July 22nd, the topic will be home healthcare. Jen Kelber is the manager of client relations for HomeWell Care Services, a national non-medical in-home care provider. She will describe the different types of services that can be provided at home by HomeWell, with an emphasis on services for veterans.

JULY 29TH - HELEN CHA-PYO

Finally, on July 29th, we will learn about Wharton Arts, New Jersey’s largest independent non-profit performing arts education center serving nearly 2,000 students, located in Berkeley Heights, NJ. Helen Cha-Pyo is the artistic director of Wharton Arts and is a Julliard trained musician, award-winning conductor, and promoter of music arts development among youth.



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(above, l-r) (above) Greg Schwartz, Brooks Smith, Jen Kelber, Helen Cha-Pyo



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DEFABIO CHIROPRACTIC CELEBRATES 40 YEARS WITH ICE CREAM PARTY

Ice-cream for everyone was the theme at the 40th Anniversary celebration of The Summit Foundation Spine and Sports Rehab on June 18, 2025. It was a fun filled afternoon as Dr DeFabio, staff, patients and friends recounted many memories. "Having ice-cream for our anniversary just seemed to make sense"



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(above) It was all family fun at DeFabio Chiropractic's 40th Anniversary Ice Cream Party on June 18, 2025.

commented Dr. DeFabio, "Afterall, it is just like having a family birthday."

Dr. Donald DeFabio opened his office in Berkeley Heights at 308 Springfield Ave in a 600 sqft office with two treatment rooms and an x-ray unit in June 1985. As his practice grew, so did the physical plant, steadily expanding to over 3,000 sqft in the same building, including an atrium, perfect for his roses and fig trees. Reflecting on his tenure at 308, DeFabio commented "Surviving the fire that destroyed the 312 building, was one of our greatest blessings, our office only had minor water and smoke damage."

Dr. DeFabio's commitment to community service is well known. Over the years he has been an active member of the BH Rotary and Lions Clubs, as well as serving on the BH communications committee. In 1999 he began producing and hosting Spotlight on Berkeley Heights for community cablevision, TV36, (now Hometowne TV), as well as The Mayors' Roundtable and Berkeley Heights community

events. In fact, his show on Wastewater Management received an award from the BH Environmental Commission.

"Spotlight on Berkeley Heights was pivotal in developing my YouTube channel which has grown to over 42K subscribers," mentions DeFabio, "The skills I learned in producing and hosting community access programing translated directly to my presence as a social media influencer." Dr. DeFabio continues to produce the DeFabio Difference on Hometown TV.

Speaking with patients at the event, the comments were consistent. "I feel better after every visit than before I came in" said Tom, while Andy mentioned "He is always up to date on the newest techniques and no matter what is going on, he always has an approach to it, one that has always worked."

The culture at DeFabio's office is different, in fact patients call it the DeFabio Difference. "Chiropractic is not a procedure; it is a method of treatment. It is a natural approach to restoring and maintaining health that includes lifestyle, diet, exercise, nutrition and Chiropractic adjustments. And as a Chiropractic sports doctor, we treat all the joints of the body, with a whole-body approach. That just makes us different"

Staying current has been another hallmark of DeFabio Spine and Sports Rehab. Incorporating emerging technologies such as shockwave, Winback TECAR, Laser, and pneumatic compression are the novel therapies currently in use at the office. In addition, musculoskeletal diagnostic ultrasound is also available, enabling "Us to see exactly what the tendons, ligaments and muscles look like" mentioned DeFabio.

Not to overshadow Dr. Donald, but it was evident patients were very excited about Dr. CJ DeFabio, too. He joined the practice 2 years ago after a 4-year internship in Chicago. "It is great to be practicing in New Jersey; I really feel at home and love being in the practice with my Dad" were Dr. CJ's sentiments.

Overall, it was a great day to have a great celebration at DeFabio Chiropractic for their 40th Anniversary. Clearly, they are poised for another 40 years.

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(above, l-r) Manny Cuoto, Dr. DeFabio and Nick Schiavo



(above, l-r) Dr. DeFabio receiving YMCA Achievement Award with Lisa McQuillcan (left) and Tiffany Escott (right).



(above) Dr. DeFabio. at Lion's Park 1991 at Columbia School.

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SUMMIT COLLEGE CLUB FOUNDATION SCHOLARSHIP RECEPTION

Lile Hall in Christ Church, Summit, was filled on Sunday afternoon, June 8, 2025, when the Summit College Club Foundation awarded scholarships to each of seven accomplished high school senior women from Summit and surrounding towns. The scholarships, a testament to the Summit College Club's mission to advance equity for women and girls, will significantly aid the students in pursuing their college dreams. The annual ceremony in which the club awards scholarships is a high point of the organization's year. Since its inception in 1920, the Summit College Club has given away more than \$1.1 million in scholarship funds, which has helped hundreds of women to attend the college of their choice and make a positive impact in their communities.

While a few of the awards have more specific requirements, all of them seek a senior young woman from a local town (Summit, Berkeley Heights, Chatham, Millburn, Mountainside, New Providence, or Springfield) who is graduating from one of eight high schools and who has "achieved academic excellence and demonstrated leadership potential."

Each recipient, then, has a stellar academic record, but that's just the starting point of her achievements. As a group, these young women have mastered second (or third) languages, conducted scientific research at the university level, founded nonprofits, captained winning sports teams, volunteered with local, national, and international organizations, and exercised leadership in school clubs, committees, and extracurricular activities. They exemplify



(above, l-r) The Summit College Club Foundation awarded \$30,00 in scholarship monies during a reception. Scholarship recipients were Sophia Erickson, Anna Kramarchuk, Emma Vachal, Carina Pang, Samantha Rose, and Ishita Yadav. (Maira Joel is not pictured.)

Courtesy Photo

intellectual curiosity and rigor, drive and resourcefulness, compassion and collaboration, as well as resilience. They've used personal challenges as a springboard for growth, achievement, and giving back. Both literally and figuratively, these young women have climbed mountains. The Summit College Club is proud to honor them with scholarships and looks forward to following their careers in the years ahead.

The awards ceremony commenced with Summit College Club President Lynne Rogerson warmly welcoming everyone. She gave a brief history of the Summit College Club and its activities over the past year, highlighting its role in the local community and its connection to the American Association of University Women, a national organization.

Dr. Audrey Fisch, professor of English at New Jersey City University and founder and president of the nonprofit, More Than Bootstraps, then spoke about the crucial importance of every young person having access to and support for success in higher education. She spoke directly to the scholarship recipients about the transition from high school to college and strategies that would help them thrive. More Than Bootstraps helps build a community of first-generation students who empower each other to access and succeed in higher education through peer mentorship, and parental engagement.

Next, Tanya Dev, a 2024 recipient newly returned from her freshman year at Tufts University, spoke about the importance of curiosity and the fun of being in a new, diverse environment.

The Summit College Club sponsored a 2023 scholarship recipient, Eden Levkov, in her attendance at AAUW's National Conference for College Women Student Leaders. Eden spoke about how much she had learned from participating in the workshops and activities designed to enhance her leadership skills—and about meeting college students from all over the country.

After these speeches, the seven scholarship recipients were honored with a certificate, a rose, and, most importantly, a scholarship check. Following the awards ceremony, the scholarship recipients, their families, and Summit College Club members stayed to enjoy refreshments, to meet one another, and to celebrate the remarkable accomplishments of the awardees.

Summit College Club is a branch of the American Association of University Women, an organization that promotes equity through education, research, and advocacy.

For more information about the Summit College Club, please visit us on Facebook and summitcollegeclub.org, or email summitcollegeclub@gmail.com.

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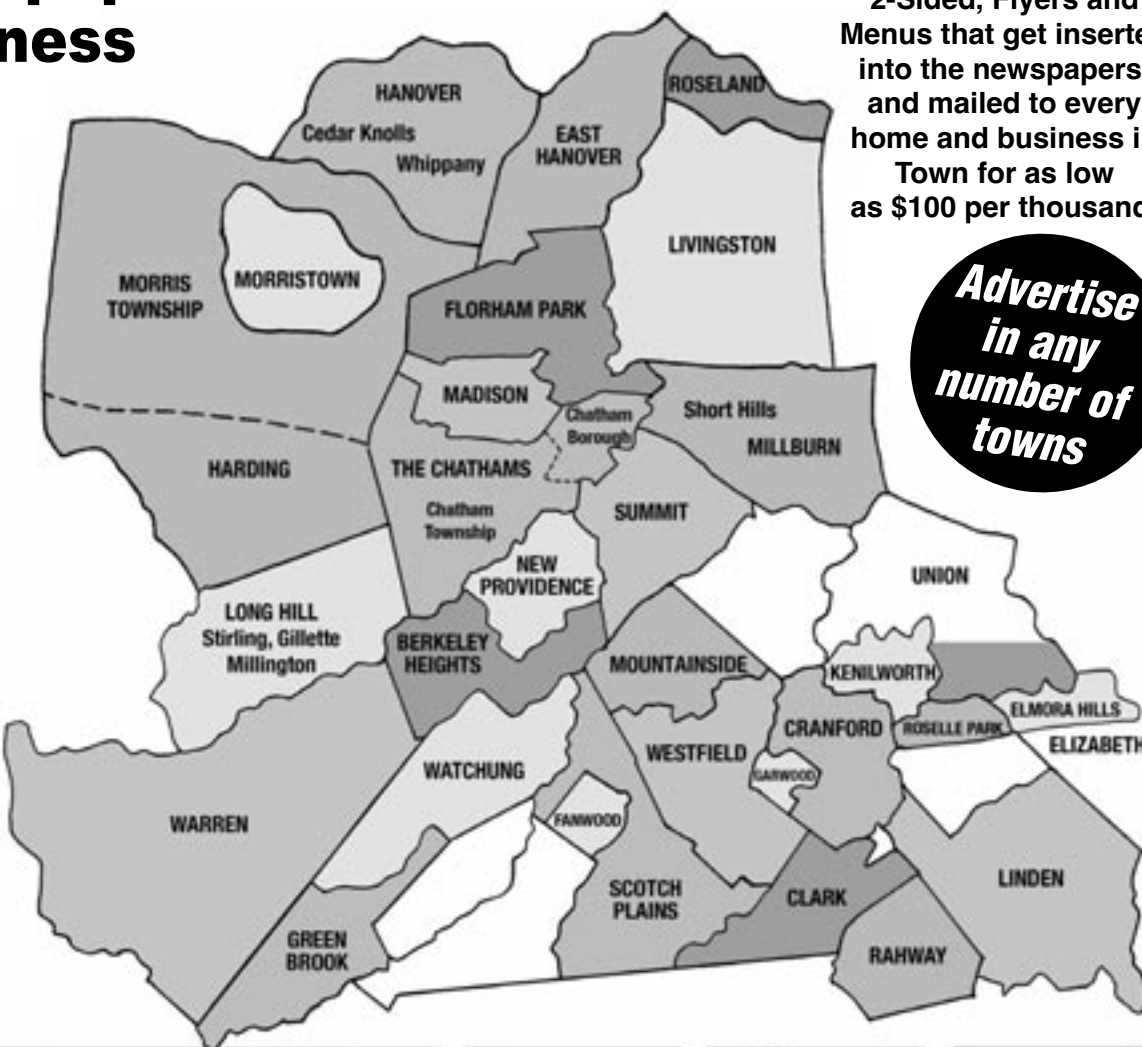
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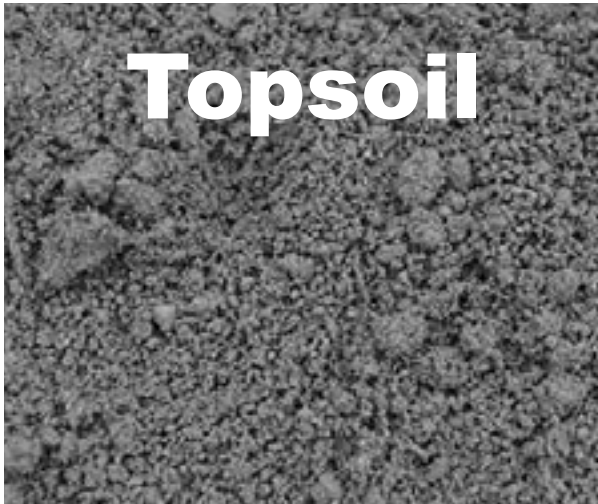
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