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SENIOR CITIZENS TREATED TO A SENIOR PROM

The Berkeley Heights Recreation Commission treated seniors to a prom. They were invited to dress to impress and enjoy a DJ, food, and punch. It was held at Little Flower Church on May 30th.







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JLS ANNOUNCES 2025 AWARD RECIPIENTS

The Junior League of Summit (JLS) is proud to announce that grants, scholarships and awards totaling \$32,000 have been awarded to local nonprofit organizations and community members.

Grants in the amount of \$22,500 were awarded to eight local nonprofit organizations. Recipients include Girls on the Run East; Bridges Outreach; GRACE (Giving & Receiving Assistance for our Community's Essentials); Summit Speech School; The Summit Volunteer First Aid Squad, Inc.; Women's Center for Entrepreneurship; Imagine, a Center for Coping with Loss; and HomeSharing, Inc. This year's grants focused on funding programs and initiatives that address emerging needs resulting from the COVID-19 pandemic, with priority given to organizations whose missions align with that of the JLS. These grants empower local nonprofits to create meaningful change in the communities of Berkeley Heights, Chatham, New Providence, and Summit. The JLS Community Grants Program exemplifies the League's ongoing commitment to strengthening community impact through collaborative partnerships and targeted

The Jean Hudson Gano Award was given to Xia Wang for recognition of her exceptional volunteerism and unwavering dedication to Good Grief's mission. Xia plays a vital role in Good Grief's Nights of Support program in Morristown, offering compassionate support to

grieving children and families. In addition to her ongoing program involvement, Xia leads a fundraising team each year for the organization's annual 5K Run and Walk, helping to generate critical funding and community engagement. Xia also founded and organizes a yearly orchestra charity concert—an inspiring evening of music that not only raises funds but also builds greater awareness for Good Grief's work. Her creativity, commitment, and leadership exemplify the spirit of the Jean Hudson Gano Award. Established in memory of Jean Hudson Gano following her passing in May 1997, the award honors individuals who, like Xia, make significant contributions and impact diverse segments of the community through their volunteer efforts.

The Shirley Wight Keeney Scholarships in the amount of \$3,000 each were granted to Moira Joel and Sofia Smith of Chatham and Alice Sadykov of Summit. Each student demonstrated academic excellence and has shown significant volunteer work that aligns with the JLS mission. Shirley was a beloved member and Past President of JLS.

The Junior League of Summit, Inc. is an organization of women whose mission is to advance women's leadership for meaningful community impact through volunteer actions, collaboration and training. For more information about the Junior League of Summit, please visit the website at www.jlsummit.org or contact the office at 908-273-7349.

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DEFABIO CHIROPRACTIC CELEBRATES 40 YEARS WITH ICE CREAM PARTY

Ice-cream for everyone was the theme at the 40th Anniversary celebration of The Summit Foundation Spine and Sports Rehab on June 18, 2025. It was a fun filled afternoon as Dr. DeFabio, staff, patients and friends recounted many memories. "Having ice-cream for our anniversary just seemed to make sense"











(above) It was all family fun at DeFabio Chiropractic's 40th Anniversary Ice Cream Party on June 18, 2025.

having a family birthday."

Berkeley Heights at 308 Springfield Ave in a 600 sqft office with two treatment rooms and an x-ray unit in June 1985. As his practice grew, so did the physical plant, steadily expanding to over 3,000 soft in the same building, including an atrium, perfect for his roses and fig trees. Reflecting on "Surviving the fire that destroyed the 312 building, was one of our greatest blessings, our office only had minor water and smoke damage."

service is well known. Over the years he has been Dad" were Dr. CJ's sentiments. an active member of the BH Rotary and Lions Clubs, as well as serving on the BH communications committee. In 1999 he began producing and hosting Spotlight on Berkeley Heights for community cablevision, TV36, (now Hometowne TV), as well as The Mayors' Roundtable and Berkeley Heights community

events. In fact, his show on Wastewater Management received an award from the BH Environmental Commission.

"Spotlight on Berkeley Heights was pivotal in developing my YouTube channel which has grown to over 42K subscribers," mentions DeFabio, "The skills I learned in producing and hosting community access programing translated directly to my presence as a social media influencer." Dr. DeFabio continues to produce the DeFabio Difference on Hometown TV.

Speaking with patients at the event, the comments were consistent. "I feel better after every visit than before I came in" said Tom, while Andy mentioned "He is always up to date on the newest techniques and no matter what is going on, he always has an approach to it, one that has always worked."

The culture at DeFabio's office is different, in fact patients call it the DeFabio Difference. "Chiropractic is not a procedure; it is a method of treatment. It is a natural approach to restoring and maintaining health that includes lifestyle, diet, exercise, nutrition and Chiropractic adjustments. And as a Chiropractic sports doctor, we treat all the joints of the body, with a wholebody approach. That just makes us different"

Staying current has been another hallmark of commented Dr. DeFabio, "Afterall, it is just like DeFabio Spine and Sports Rehab. Incorporating emerging technologies such as shockwave, Dr. Donald DeFabio opened his office in Winback TECAR, Laser, and pneumatic compression are the novel therapies currently in use at the office. In addition, musculoskeletal diagnostic ultrasound is also available, enabling "Us to see exactly what the tendons, ligaments and muscles look like" mentioned DeFabio.

Not to overshadow Dr. Donald, but it was his tenure at 308, DeFabio commented evident patients were very excited about Dr. CJ DeFabio, too. He joined the practice 2 years ago after a 4-year internship in Chicago. "It is great to be practicing in New Jersey; I really feel at Dr. DeFabio's commitment to community home and love being in the practice with my

> Overall, it was a great day to have a great celebration at DeFabio Chiropractic for their 40th Anniversary. Clearly, they are poised for another 40 years.

For More information: Call/Text 908-771-0220 or email DeFabioChiropractic@gmail.com



(above, l-r) Manny Cuoto, Dr. DeFabio and Nick Schiavo



(above, l-r) Dr. DeFabio receiving YMCA Achievement Award with Lisa McQuillcan (left) and TIffany Escott (right).



(above) Dr. DeFabio. at Lion's Park 1991 at Columbia School.

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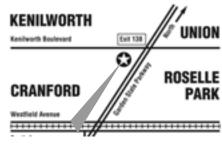
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FIRST RESPONDERS MASS AT LITTLE FLOWER CHURCH



(above) Members of the Berkeley Heights Police Department, Fire Department and Rescue Squad were invited to attend a First Responders Mass held at Little Flower Church.

Courtesy Photo



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POLICE CARRY THE TORCH FOR SPECIAL OLYMPICS

Berkeley Heights Police joined police officers from across the state in the 42nd Annual Law Enforcement Torch Run to benefit Special Olympics New Jersey. Over 3,000 police officers took to their local streets to raise funds and awareness for this incredible organization.

Berkeley Heights Police joined police officers om across the state in the 42nd Annual Law **RUN FOR SPECIAL OLYMPICS NEW JERSEY:**

Torch Run began in New Jersey in 1984 as a way to raise funds and awareness for Special Olympics New Jersey. The run is a day-long event, split into 26 legs (or starting points) with

some legs beginning as early as 4:45 a.m. The run travels through more than 300 towns, covering 750 miles on-foot. About 3,000 runners participated in 2025. Representing over 450 police departments. To learn more, visit NJTorchRun.org.



(above) Berkeley Heights police officers participated in the 42nd Annual Law Enforcement Torch Run.

Courtesy Photo





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SUMMERTIME FUN IN BERKELEY HEIGHTS CONTINUES IN JULY

Berkeley Heights Recreation Department - Learn more: berkeleyheights.gov

Music-filled summer nights continue in Berkeley Heights! The Recreation Department is excited to bring free Recreation Summer Concert Series — a community favorite featuring live music, food trucks, airbrush tattoos, a bounce house, sponsor tables, free water, and plenty of family fun. Bring your lawn chairs and blankets and enjoy an evening under the stars with neighbors, friends, and fantastic entertainment. Each concert begins at 7:00 p.m. and is open to all—no registration required.

CONCERT LINEUP:

Veteran's Memorial Park

Lost In Place – Wednesday, July 2 Austin City Nights – Wednesday, July 9 The Grove at Connell Park

Audio Riot – Wednesday, July 23 The Nines (First Responders Night) – Wednesday, July 30

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SEASONAL PROGRAMS:

2025 Summer Playground Camp

At Summer Playground Camp, kids are free to explore, play, and make new friends in a relaxed, fun-filled environment. With daily sports, crafts, and camper-led activities, no two days are the same! Plus, enjoy Water Slide Wednesdays and optional lunch offerings.

2025 Summer Pre-K Camp

Designed for our youngest campers, Berkeley Heights Pre-K Camp offers a fun and nurturing environment where kids engage in imaginative play, obstacle courses, and hands-on activities. Each day includes time in the playroom, mat room, and gym, plus an outdoor snack/lunch (weather permitting).

2025 Teen Scene Travel Camp

Teens, get ready for an exciting summer of daily trips to fun destinations! With five weeks to choose from, each day brings a new adventure. Admission, transportation, and chaperones are all included—just sign up and enjoy the ride!

Additional Summer Camps

Looking for more ways for your child to stay active and engaged? We're also offering a

Python Coding Bootcamp, Table Tennis Camp, and Tennis Camp this summer! Whether you're interested in sharpening your tech skills or enjoying some friendly competition, we have something for everyone.

FREE SENIOR PROGRAMS:

Weekly Programs

Berkeley Heights Recreation offers many fun and free activities for our seniors! We invite you to try them out – Mahjong, Exercise, Yoga, and more!

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PICKLEBALL/TENNIS

Pickleball/Tennis Permits - 2025 Season

Play your way through the seasons! The 2025-2026 Pickleball & Tennis Permit Season runs from February 1, 2025, to January 31, 2026. Permits (or guest fees) are required for play Permit holders enjoy the exclusive benefit of reserving court time in advance Secure your spot on the court and enjoy a full

year of play! Pickleball Open Play

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"COLOR OUR WORLD" READING PROGRAM

Berkeley Heights Public Library

Summer Reading is back! Our program is open to babies through adults! Challenge your whole family to participate. Read and complete activities throughout the summer for a chance to win weekly prizes and be entered for a chance to win Mystery Grand Prizes from local businesses.

Plus visit the library for our weekly events and special programs throughout the Summer including our Foam Party Kick-off, Zoophoria Animal Show, Flower Arranging, and more!

HOW TO PARTICIPATE:

• Each week, pick up the weekly game board and complete the challenge.

- Bring the completed game board back for a small prize.
- For each completed board, decorate a paper crayon or paint palette to hang in the library.
- All completed game boards will be entered to win Mystery Prize drawings!
- NEW: Weekly wheel days! Each week, there will be a chance to spin the prize wheel and win an extra prize. Be sure to visit the library website and social media to discover which days.

Check out the library's website for more details and a complete event calendar: bhpini.org





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LION CLUB COLLECTED OVER 6,000 EYEGLASSES

New Providence Lions Club

Did you know that recycled usable glasses give new Life! Refractive errors can be easily corrected with eyeglasses, yet millions living in low- and middle-income countries lack access to basic eye care services.

Lions have recognized the urgent need for corrective lenses and have been collecting usable glasses in New Providence to support the Lions Recycle For Sight Program.

The New Providence Lions Club Eyeglass collection site is in front of the New Providence Memorial Library, located at 377 Elkwood

Avenue. The collected glasses will be sorted and sterilized and then donated to a charity and/or medical organizations that provide eye exams and eyeglasses to needy people.

The New Providence Lions Club is a 501(c)3 organization, giving back to the community 100% of the profits raised Being a Lion empowers you to help others in a way that no one person could alone.

The Lions are dedicated to helping others. Lions make a difference!

For more information/membership please visit nplions.org or email info@nplions.org.



(above, l-r) Rogel Bautista, Lions Club District Governor, recently presented the New Providence Lions Club with a Certificate of Appreciation for collecting over 6,000 eyeglasses over the past 2 ½ years, John Keane, Lions Club President, and Pete DeSarno, Lions Club Vice President.

Courtesy photo

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SUMMIT COLLEGE CLUB FOUNDATION SCHOLARSHIP RECEPTION

Lile Hall in Christ Church, Summit, was filled on Sunday afternoon, June 8, 2025, when the Summit College Club Foundation awarded scholarships to each of seven accomplished high school senior women from Summit and surrounding towns. The scholarships, a testament to the Summit College Club's mission to advance equity for women and girls, will significantly aid the students in pursuing their college dreams. The annual ceremony in which the club awards scholarships is a high point of the organization's year. Since its inception in 1920, the Summit College Club has given away more than \$1.1 million in scholarship funds, which has helped hundreds of women to attend the college of their choice and make a positive impact in their communities.

While a few of the awards have more specific requirements, all of them seek a senior young woman from a local town (Summit, Berkeley Heights, Chatham, Millburn, Mountainside, New Providence, or Springfield) who is graduating from one of eight high schools and who has "achieved academic excellence and demonstrated leadership potential."

Each recipient, then, has a stellar academic record, but that's just the starting point of her achievements. As a group, these young women have mastered second (or third) languages, conducted scientific research at the university level, founded nonprofits, captained winning sports teams, volunteered with local, national,

and international organizations, and exercised leadership in school clubs, committees, and extracurricular activities. They exemplify intellectual curiosity and rigor, drive and resourcefulness, compassion and collaboration, as well as resilience. They've used personal challenges as a springboard for growth, achievement, and giving back. Both literally and figuratively, these young women have climbed mountains. The Summit College Club is proud to honor them with scholarships and looks forward to following their careers in the years ahead.

The awards ceremony commenced with Summit College Club President Lynne Rogerson warmly welcoming everyone. She gave a brief history of the Summit College Club and its activities over the past year, highlighting its role in the local community and its connection to the American Association of University Women, a national organization.

Dr. Audrey Fisch, professor of English at New Jersey City University and founder and president of the nonprofit, More Than Bootstraps, then spoke about the crucial importance of every young person having access to and support for success in higher education. She spoke directly to the scholarship recipients about the transition from high school to college and strategies that would help them thrive. More Than Bootstraps helps build a community of first-generation students who empower each other to access and

succeed in higher education through peer mentorship, and parental engagement.

Next, Tanya Dev, a 2024 recipient newly returned from her freshman year at Tufts University, spoke about the importance of curiosity and the fun of being in a new, diverse environment.

The Summit College Club sponsored a 2023 scholarship recipient, Eden Levkov, in her attendance at AAUW's National Conference for College Women Student Leaders. Eden spoke about how much she had learned from participating in the workshops and activities designed to enhance her leadership skills—and about meeting college students from all over the country.

After these speeches, the seven scholarship recipients were honored with a certificate, a rose, and, most importantly, a scholarship check. Following the awards ceremony, the scholarship recipients, their families, and Summit College Club members stayed to enjoy refreshments, to meet one another, and to celebrate the remarkable accomplishments of the awardees.

Summit College Club is a branch of the American Association of University Women, an organization that promotes equity through education, research, and advocacy.

For more information about the Summit College Club, please visit us

on Facebook and summitcollegeclub.org, or email summitcollegeclub@gmail.com.



(above, l-r) The Summit Collect Club Foundation awarded \$30,00 in scholarship monies during a reception. Scholarship recipients were Sophia Erickson, Anna Kramarchuk, Emma Vachal, Carina Pang, Samantha Rose, and Ishita Yadav. (Moira Joel is not pictured.)



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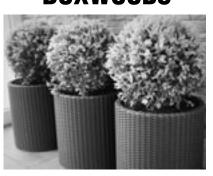
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MICHAEL PASHKOW ADVANCES TO NATIONAL CHAMPIONSHIP ON ESPN



(above) Michael Pashkow, winner of the Pop-A-Shot St. Louis Qualifier, is bound for the National Championship on ESPN.

Courtesy Photo



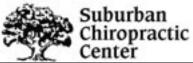
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Celebrating Our 40th Year!

301 Main Street • Chatham 973-635-0036 • www.drmurphy.com Michael Pashkow, a Berkeley Heights resident, is one of only eight players competing in the 2025 Pop-A-Shot National Championship, which airs live on ESPN on August 1.

Michael earned his spot by winning a qualifying tournament in St. Louis, and he'll now represent Berkeley Heights on a national stage. He beat over 120 competitors including former Superbowl QB Brad Johnson. This is only the second year of the revived championship, which brings back a competition format that was big in the 1990s.

Pashkow is one of only eight players nationwide who will compete for the championship title in this year's tournament. Competitors earn their spot by winning official qualifying events, which have so far taken place in San Francisco, San Antonio, and St. Louis. The next qualifier will be held June 11 in Chicago.

This is the second year of the newly revived National Championship. Watch last year's

broadcast here. This year's tournament will be played on the Pop-A-Shot Elite—the company's first commercial-grade arcade basketball game in over 25 years. Designed specifically for high-traffic environments like bars and arcades, the Elite is a modern take on the classic game, tailored for serious competition.

Pop-A-Shot tournaments have a long legacy. In the 1990s, they were annual events, culminating in the 1990 World Championship, where a 26-year-old electrician named Tom Blackshere took home the title. Today, the brand is reigniting that same competitive spirit.

"We're proud to bring the Championship back in a big way," said Pop-A-Shot Owner, Tony Stucker. "And having players like Michael Pashkow represent their communities shows just how widespread the love of Pop-A-Shot still is."

Fans can follow the road to the championship and catch the action from past tournaments at www.pop-a-shot.net/National-Series

STUDENTS ENJOY CIRCUS RESIDENCY PROGRAM

Berkeley Heights Public Schools

At Thomas P. Hughes Elementary School, 5th grade students recently participated in the fourth annual SPARKLE Circus Residency as a special way to mark the culmination of their time at Hughes. This unique program promotes teamwork and allows them to have fun and be creative, encourages them to connect with classmates they may not normally spend time with, and creates a lasting memory of their time at Hughes.

The residency began with Kevin O'Keefe from Circus Minimus meeting with the whole grade level on a Monday morning to introduce himself and explain the residency program. Then every day that week he met with each class to help them develop their part of the show. Each class was responsible for a different act - juggling, acrobatics, etc. He also embedded the SPARKLE theme in a variety of ways: inviting students to commend one another each day, encouraging each child's resilience and perseverance, honoring students' identified talents, and requiring attentive and respectful participation from all. On Friday, the students happily donned their circus makeup and performed the full show for the excited third and fourth graders. Students from the GL video production class recorded the show to share with families afterwards.

Principal Jessica Nardi noted, "This experience has become a cherished tradition at Hughes and one of the highlights of the year for our students. It's a week-long celebration of childhood - where kids just get to be kids. It is pure joy."



(above) 5th grade students recently participated in the SPARKLE Circus

Residency. Photo by BHPS



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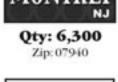
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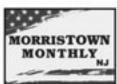
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JULY SPEAKERS PROGRAM FOR THE SUMMIT AREA OLD GUARD

Summit Area Old Guard is a social, GREG SCHWARTZ educational, and recreational organization that serves men of retirement age. We meet Tuesdays, 9:30 a.m., at the New Providence Presbyterian Church located at 1307 Springfield Ave – we encourage visitation, and all are welcome. Our motto is "Come for the Programs. Stay for the Friends." The organization was founded in 1930. Our website address is summitoldguard.org.

Leading off July, on the 1st, we will learn about cybersecurity. Our speaker will be Greg Schwartz, founder of GSIT, an IT company specializing in assisting small businesses with risk mitigation as well as other digital services. Greg will describe the system infrastructure risks and challenges small businesses face, both current and anticipated, and the tools available to

mitigate them. This presentation should also have considerable relevance for individual users.

BROOKS SMITH

On July 8th we will delve into the strategy behind philanthropy (even if you are not Bill Gates or Warren Buffett). Our speaker will be Brooks Smith, a minister with the Presbytery of Northeast New Jersey. Rev. Smith will describe what might be called the five "Ps" of donation. He will present an overview of the Passions that drive philanthropy and the Partners, Processes, Projects, and Pondering that produce effective, mindful giving.

JULY 15TH - TO BE DETERMMINED

We will not have access to our normal venue site on July 15th. Our meeting will be via zoom and our speaker has not yet been finalized. Check website for updates: www.summitoldguard.org.

JEN KELBER

On July 22nd, the topic will be home healthcare. Jen Kelber is the manager of client relations for HomeWell Care Services, a national non-medical in-home care provider. She will describe the different types of services that can be provided at home by HomeWell, with an emphasis on services for veterans.

HELEN CHA-PYO

Finally, on July 29th, we will learn about Wharton Arts, New Jersey's largest independent non-profit performing arts education center serving nearly 2,000 students, located in Berkeley Heights, NJ. Helen Cha-Pyo is the artistic director of Wharton Arts and is a Julliard trained musician, award-winning conductor, and promoter of music arts development among youth. She will explain the history and development of Wharton Arts and describe its programs, current breadth and impact as well as its future and challenges.



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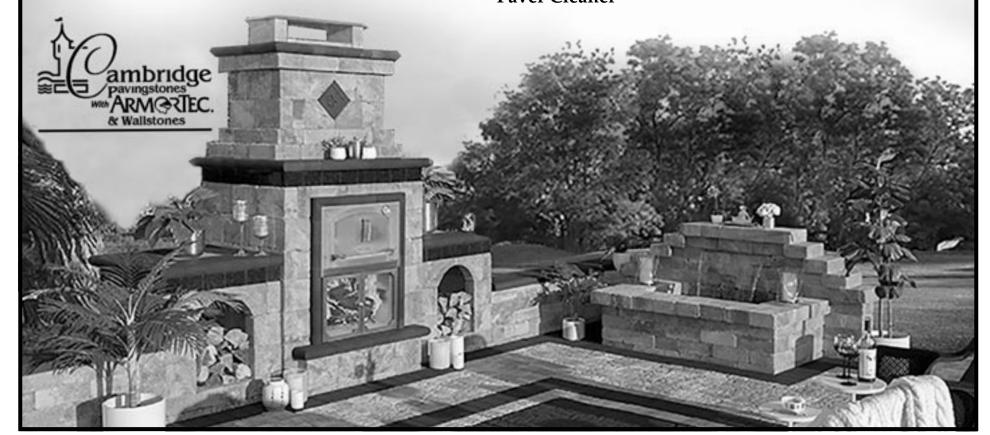
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