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Edward Jones

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EMS BLUE LIGHTS: LIFESAVING SIGNALS DESERVES RESPECT

Millburn-Short Hills Volunteer First Aid Squad

When you see flashing blue lights in your rearview mirror, what's your first reaction? For most, it's a signal to slow down, move over, or let an emergency vehicle pass. However, not everyone reacts appropriately, and misunderstanding or disregarding these lights can delay lifesaving responses. For off-duty EMS providers responding to calls from their personal vehicles, blue lights are more than just a signal—they are a critical tool that helps them reach emergencies quickly and safely.

Why EMS Uses Blue Lights

Emergency Medical Services (EMS) operate under immense pressure, responding to time-sensitive incidents such as heart attacks, strokes, and major trauma. Blue lights allow off-duty personnel to respond to calls from personal vehicles and are used to alert other drivers and pedestrians to an emergency response in progress. They provide EMS crews with the right-of-way in traffic, allowing them to navigate through congested roads safely and efficiently.

In many areas, EMS personnel have the option to equip their personal vehicles with blue lights when responding to emergencies, helping them reach their station or the scene faster. However, public awareness of these uses remains low, leading to confusion and, in some cases, dangerous road behavior.

THE CHALLENGES OF BLUE LIGHT RESPONSES

Despite their clear purpose, blue lights are often ignored or misinterpreted by drivers. Some motorists fail to yield, creating hazardous situations for both EMS personnel and the public. Others panic, slamming on their brakes or veering unpredictably, increasing the risk of collisions.

Another growing issue is "blue light fatigue," where frequent exposure to emergency lights reduces their impact. In urban areas with constant sirens and flashing lights, drivers may become desensitized, leading to delayed or inappropriate reactions.

HOW THE PUBLIC CAN HELP

Respecting blue lights on both ambulances and personal vehicles is simple and can save lives. When you see an emergency vehicle approaching with flashing lights:

- Move to the right and come to a complete stop when safe to do so.
- Do not block intersections -- allow ambulances to pass through quickly.
- Never tailgate or try to follow an emergency vehicle to bypass traffic.

CONCLUSION

EMS blue lights are a vital part of emergency response, ensuring that help arrives when seconds matter. By staying alert and responding correctly, drivers can play a crucial role in supporting first responders and saving lives. Respect the blue lights -- they may be coming to help someone you love.

ABOUT THE MILLBURN-SHORT HILLS VOLUNTEER FIRST AID SQUAD

The Millburn-Short Hills Volunteer First Aid Squad (MSHVFAS) has been a community tradition since the squad answered its first call in 1958. It has been staffed 100% by dedicated volunteers, funded solely by private donations, and has never charged for any services rendered. The squad serves the community 24 hours a day, 7 days a week, 365 days a year. For more information on joining MSHVFAS, visit our website mshvfas.org, or give us a call 973-379-7969.

VOLUNTEER FIRST AID SQUAD IS CONTINUOUSLY SEEKING VOLUNTEERS



If you are at least 21 years of age and would like to serve our community, please consider joining this team of local heroes, inquire how MSHVFAS can help you with your initial EMT training credentials. for more details visit

www.mshvfas.org



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2025 INAUGURAL CLASS OF MILLBURN MAVENS

The Millburn Free Public Library hosted its second annual Volunteer Luncheon on January 31. At the event, the library announced its first class of Millburn Mavens. This new award celebrates community volunteers for their outstanding work and expertise in their fields.

Congratulations to the 2025 inaugural class of Millburn Mavens: Dorothy Kelly - President, Friends of the Millburn Library; Joanne Gould – Programming; Liz Lacher - English Language Tutor; Mitchell Connor and Susann Marrow - Collection Maintenance



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SENIOR CENTER OF THE CHATHAMS - MARCH 2025 EVENTS

RESIDENTS 55+ WELCOMED

Senior Center of the Chathams
58 Meyersville Road, Chatham

Mon through Fri from 9 a.m. to 3 p.m.
For more information call 973-635-4565
or visit chathamseiorcenter.org.

For 35 years, the Senior Center of the Chathams has been encouraging the independence and well-being of older adults and their families by connecting them with each other and the general community.

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The Center helps older adults age in place and remain active and engaged through activities and services that educate, empower, and promote community engagement. Programs and

services are offered in the areas of fitness and wellness, enrichment, support and connection, and information and resources.

There is no membership fee to join. Many programs are offered free of charge, while others involve only a minimal fee thanks to individual donations, fundraising events, and grants.

Alzheimer's NJ Caregiver Support Group

Thurs., Mar. 6, 10:30 AM

This monthly group provides families and caregivers with the emotional support and education they need to better understand Alzheimer's Disease and other forms of dementia

Unlocking Your Calm

Wed, Mar. 12, 12:00 PM

World events and personal situations can inflame our emotions and nervous system. Learn how the simple practice of mindfulness can help you calm your emotions

Cold Cases

Fri., Mar. 14, 1:00 PM (new date)

Join Criminologist and FDU Professor Amy Schlosberg to learn the process of investigating a "cold case" as she offers a variety of facts and theories for group discussion and conclusion.

Will you be the one to solve the case?

Protect Your Wealth from Health Care Costs

Tues., Mar. 18, 11:00 AM (new date)

Most seniors are not aware of the devastating consequences of failing to prepare for the cost of long-term care until it is too late. Trying to effectively navigate the maze of the senior health care system without professional

guidance can be a disaster. This presentation will cover the pitfalls of Medicare's coverage, the role of long-term care insurance, planning using irrevocable trusts, when to use a reverse mortgage, and the government benefits available. Presented by attorney Robert J. Murray, The Murray Firm, LLC.

The Art of Poetry

Wed., Mar. 19, 1:00 PM

FDU Professor Julia Wagner will introduce you to some of the greatest poets from the last century and identify what makes these poets and their poems special.

Exploring Italy: Rome, Florence & Venice

Thurs., Mar. 20, 11:00 AM.

Presenter, Paul White, will take us through three famous Italian cities.

Misconceptions About Women's Heart & Health Care

Mon., Mar. 24, 12:00 PM (new date)

For centuries "heart troubles" were considered a man's illness, but now cardiovascular disease is known to be the number one killer of women. This presentation by FDU Associate Professor, April Patrick, provides a history of heart health in women's media, emphasizing how women - past and present - get reliable information, and advocate for their own heart health.

Chicago: 50 Years of All that Jazz

Wed., Mar. 26, 12:00 PM

John Kenrick, Entertainment Historian, returns to talk about the history of the famous musical about Roxie Hart and Velma Kelly set in 1920s Chicago.

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MILLBURN LIBRARY EVENTS FEBRUARY 2025

Register at millburnlibrary.org/events. For virtual programs, registrants will receive a Zoom link.

PROGRAMS FOR ALL AGES:

NJ Makers Day

Saturday, March 22, 1-4pm, 1st Floor

Create, construct and collaborate! NJ Makers Day is a statewide celebration of STEM and maker culture. Stop by the library and explore a variety of projects for all ages and abilities. No registration required. Sponsored by the Friends of the Millburn Library.

PROGRAMS FOR ADULTS:

Wardrobe Makeover with Jamie Novak (Virtual)

Thursday, March 13, 7-8pm, Zoom

Is your closet crammed, but you have nothing to wear? Log on and learn the insider secret: a capsule collection for a clutter-free closet.

Registration required for virtual link.

Real Clothes, Real Lives:

200 Years of What Women Wore (Virtual)

Thursday, March 20, 7-8pm, Zoom

In celebration of Women's History Month, New York Historical examines the everyday clothing of ordinary women, from hard-worn house dresses to psychedelic micro minis and modern suits to fast-food workers' uniforms.

Registration required for virtual link.

Local Author Talk: John Lanza (Virtual)

Tuesday, March 25, 7-8pm, Zoom

Local author John Lanza will read from and discuss his new book From One War to Another. Registration required for virtual link.

CHILDREN AND FAMILIES PROGRAMS

Stay & Play: Make Believe

Wednesday, March 19, 10:30am-12pm, Children's Room

Join us in person for a "free-play" program designed for younger children with an emphasis on developmental play skills.

For ages up to 5. Drop in.

Eid Celebration at Bauer Center

Saturday, March 29, 3-5pm, Bauer Center in Taylor Park

Join us at the Bauer Center for food and crafts to celebrate the end of Ramadan! Paint a festive piece of art, try your hand at Arabic calligraphy, make an Eid gift, and more. Drop in. *Registration for henna tattoo art is required.

TEENS AND TWEENS PROGRAMS

Tech How To: Design 3D Objects

Tuesday, March 4, 3:30-4:30pm, Zoom
Did you know Millburn Library has a 3D Printer that you can use and, better yet, it's super easy to design your own 3D objects?

Join us for a crash course in using Tinkercad.com, a free website for designing 3D objects. Registration required for virtual link.

Take a "Pawse" With a Therapy Dog

Tuesday, March 18, 3:30-4:30pm,

Come visit with a dog that will help melt your stress away.

Resource of the month: Consumer Reports

Get the latest, unbiased reviews and ratings on consumer products before you make your final purchase decision. Search the reports database via our website.

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BENJAMIN LI TO COMPETE IN SCIENCE TALENT SEARCH FINALS

Millburn High School Senior Benjamin Li was named a Regeneron Science Talent Search (STS) Finalist. He is one of 40 finalists out of 300 Scholars named in January.

The Regeneron STS, formerly known as the Intel STS (before the Westinghouse STS), is generally regarded as our country's oldest and most prestigious science competition. Thirteen alumni of the STS have gone on to win the Nobel Prize, and two have won the Fields Medal. Entrants conduct original research and submit a research paper documenting their findings.

Ben's research project title was "Multimodal, Depth-Aware Brain Tumor Segmentation in Sub-Saharan Populations." Ben will travel to Washington, D.C., in March to compete in the week-long Regeneron Finals, where students compete to be one of the top ten winners and receive awards.

Science Research Teacher Christopher Cook says, "Ben is a senior who has participated in the MHS Science Research Program since he was in 10th grade, where he regularly helps other students develop their machine learning projects. Ben has a special talent for computer science, but he develops modern technology using old-fashioned dedication and persistence. His achievement is an inspiration to us all."



(above) Benjamin Li was named a Regeneron Science Talent Search (STS) Finalist. He will compete in week-long finals in March.

Courtesy photo

CONGRATULATIONS NATIONAL MERIT FINALISTS

Millburn Public Schools

Eighteen Millburn High School seniors have been named National Merit Finalists in the 2025 Competition for National Merit Scholarships. They are among 15,000 students who are now eligible for Merit Scholarship Awards, which will be announced in late spring. From now to mid-June, approximately 7,500 finalists will be notified as recipients of scholarship awards.

THIS YEAR'S MHS FINALISTS ARE:

Saneev Chandran, Cindy Chen, Richard Dong, Alexander Faust, Ritvik Gupta, Evan Huang, Laetitia Huang, Armaan Jindal, Benjamin Li, Henry Li, Angie Liu, Felix Liu, Mahi Malhotra, Aditya Mittal, Samantha Rose, Daniel Trinchillo, Arav Wahl, and Charles X. Wang.

THE MHS LIMELIGHT PLAYERS PRESENT "BIG FISH" MAR 14-16

Big Fish, this year's MHS Musical is a show that revolves around the relationship between Edward Bloom, a traveling salesman, and his adult son Will. Weaving in mythical stories told by Edward about his past, the characters and audience encounter a Witch, a Giant, a Mermaid, and a traveling circus. The stories meet as Will discovers the secret his father never revealed.

Tim Burton, the director of the 2003 film version of Big Fish said, "Big Fish is about what's real and what's fantastic, what's true and what's not true, what's partially true, and how, in the end, it's all true."

It's a show about fathers, sons, love and family, sure to bring joy and some tears to your eyes!

Tickets are on sale now – Go to mhsnj.booktix.com.



MHS LIMELIGHT PLAYERS

FRIDAY, MARCH 14 - 7:30 PM

SATURDAY, MARCH 15 - 7:30 PM

SUNDAY, MARCH 16 - 2:00 PM

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CELEBRATING THE YEAR OF THE SNAKE

Millburn Township Schools

Thanks to the Millburn Short Hills Chinese Association and their Dragon Dance team, who once again presented a Dragon Dance assembly at all six of our elementary schools in on January 31st. Student volunteers from each school participated in the dragon dance, making their

way through the hallways, and performing the dance for all at the end. Great job after only 2 rehearsals!

Thanks to all involved for giving our students the opportunity to enjoy this Lunar New Year tradition!



Photos by Millburn Township Schools


蜜尔本春节庙会
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2025

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(above) Eric Clark to perform with the Summit Symphony Orchestra.

Courtesy photo

ESSEX COUNTY TEEN ARTS FESTIVAL MARCH 27TH

Essex County Teen Arts Festival is scheduled for Thursday, March 27, 2025. We invite all Essex County teens ages 13-19 to experience professional critiques in visual, writing, and performing arts. Join us for a day-long festival that celebrates the arts. We welcome Essex County teens to participate in classes and workshops dedicated to fine and performing arts. They also have the opportunity to meet other artists and their peers from across Essex County. The visual art pieces that have been submitted for adjudication will also be on display during the festival.

This year's festival will take place at the South Mountain Recreation Complex, 560 Northfield Ave, in West Orange, that includes Turtle Back Zoo, Education Building, and the Codey Arena.

There are Many Ways to Experience the Essex County Teen Arts Festival.

For more information, and to register, please visit essexcountyteenartsfestival.org.

This Year's Festival Theme is "Go Wild"! "Go Wild" is all about encouraging creativity that evokes impactful and impassioned expression. It inspires students to explore creative ideas through different art forms and style, pushing the limits, allowing for infinite possibilities in the visual arts, creative writing and performing arts. While it is not mandatory to use this theme to participate, we encourage teachers to motivate their students to create works that embrace the "Go Wild" theme. During the festival, there will be several workshops and group exhibitions that will utilize the theme of "Go Wild".

Made possible by funds from the Essex County Division of Cultural Affairs, a partner of the New Jersey State Council on the Arts.

Any questions, please email Maressa McFarlane, Event Manager, at mmcfarlane@parks.essexcountynj.org

The Summit Symphony Orchestra, celebrating 85 years of free concerts in Summit, continues it's 2024-25 season with a concert on Sunday, March 16 at 2:00 p.m., at Summit High School, 125 Kent Place Boulevard, Summit. Admission to all Summit Symphony concerts is free.

Music Director Michael Avagliano will lead the orchestra in performances of Dvorak's Symphony No.7 and the Grieg Concerto for Piano, featuring soloist Eric Clark.

Eric Clark has performed to great acclaim throughout much of the United States as well as in Europe and Asia. Eric appears regularly at prestigious venues including Carnegie Hall, the

Klavierhaus Concert Series, the Musicians Club of New York, Scandinavia House, the Juilliard School, and the Manhattan School of Music. Eric was invited to compete in the Van Cliburn International Piano Competition in 2013 and was the only American contestant to attend the First International Chopin Competition on Period Instruments in Warsaw, Poland in 2018.

The Summit Symphony has been providing free orchestral concerts for the Summit area since 1938. For more information about this 2024-25 concert season and about the Summit Symphony Orchestra, please visit our website summitsymphony.org

UNFORGETTABLE CONCERTS AT DREW

MARCH 30 AT 3 PM: RE-LIVE THE BEATLES

Step into a time machine and relive the magic of the Fab Four's illustrious career. This isn't just a concert—it's a nostalgic voyage that captures the essence of an era and celebrates the music that changed the world! Experience iconic moments like The Ed Sullivan Show, Shea Stadium, the Sgt. Pepper era, and Abbey Road.

APRIL 6 AT 3 PM: MICHAEL PATRICK'S RING OF FIRE BAND: A JOHNNY CASH TRIBUTE

Prepare to be captivated by Michael Patrick's heartfelt tribute to the legendary Johnny Cash. Over a decade ago, Michael Patrick fell in love with Johnny Cash's music—the simplicity, sincerity, and deep, expressive voice. Enjoy classics like "Ring of Fire," "Walk the Line," and "Folsom Prison Blues." Jenni Bee performs the songs of June Carter Cash, including "Jackson" and "Wildwood Flower." The Ring of Fire Band has shared the stage with Cash Family members and legends like Randy Travis and Clint Black. With annual tours in the South and sold-out shows from NYC to Boston, the Ring of Fire Band keeps Johnny Cash's legacy burning bright.

Don't miss these spectacular performances by New Jersey's best bands! These talented local musicians bring their passion, energy, and unique sound to every performance. Experience the vibrant music scene of New Jersey and support

your local artists. Whether you're a fan of rock, pop, doo-wop, or tribute bands, there's something for everyone to enjoy. Join us for an unforgettable musical journey and be part of the excitement!

Tickets are \$30-45 Get your tickets before they sell out! Visit GD Presents.simplenetix.com or call 917-567-5842. For group rates and phone orders, email us at GDPresentstix@gmail.com.

<p>Come Together on a Magical Journey</p> <p><i>Re-Live</i></p> <p>THE BEATLES</p> <p>A Tribute to the Music that Changed The World</p> <p>March 30 - 3pm</p> <p>gdpresents.simplenetix.com 917-567-5842 gdpresentstix@gmail.com</p>	<p>Michael Patrick's RING OF FIRE BAND</p> <p>A TRIBUTE TO JOHNNY CASH</p> <p>Special Guest JENNI BEE AS JUNE CARTER</p> <p>April 6 - 3pm</p> <p>DREW UNIVERSITY The Concert Hall Madison, NJ</p>
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K OF C YOUTH CHESS TOURNAMENT – MARCH 29

The Knights of Columbus is sponsoring a Round Robin Chess Tournament for students in grades 3 through 8 who love to play chess and know the rules of the game. It will be held on Saturday, March 29 from 8:00 a.m. to 12:00 p.m. at Holy Family Gym, located at 35 Orchard Rd, Florham Park, NJ 07932 (on Tucker St. at Briarwood Rd).

Many games will be played. There is no supervision of their games except Mr. O'Brien will settle any and all disputes when brought to his attention. Chess etiquette is encouraged throughout the tourney.

EARLY REGISTRATION:

Suggested donation: \$8.00 per student or \$20 for a Family of 3.
(Offer Ends Monday, 3/24).

An acknowledgment email with Flyer & Further Tournament Details, will be emailed to all entrants!

VENMO:

KofCFPMAD-Treasurer,
and In Notes: Please Add: CHESS,
Player's name, Grd, Sch, Parent,
Ph# & Email, to the Notes.

BY CHECK:

Payable to "Knights of Columbus",
Mail: C/O K of C Chess - Joe O'Brien /
Holy Family Rectory,
1 Lloyd Ave, Florham Park, NJ 07932.

Include the parent & player's names, address, phone #, email, with Grade Verification – Copy of report card or homeroom teacher or principal note. Will not play without G.V.

DAY OF REGISTRATION (8 A.M.):

Suggested donation: \$10 per player at the door with no family discount.
*Grade Grade Verification G.V.: Required unless you've played in this tourney before.
"2" Divisions: "A" - Grades 6th - 8th and "B" - Grades 3rd - 5th

AWARDS:

Trophies, and Ribbons will be awarded in each Division.
Free: Hot Dog Lunch, Snacks & Soda and Chess Literature.

Questions: Joe O'Brien, Chess Chairman,
201-725-7661, EM;
joeob84@yahoo.com.

"IT'S YOUR MOVE!!"

*Note: Please know that this "Chess Tournament" is not affiliated, sponsored or endorsed by any School, Board of Education, or Church. This is solely a "Knights of Columbus" sponsored event!
This Chess Tournament's sole purpose is to provide an opportunity for young players to come together once a year and compete in the wonderful game of Chess!*

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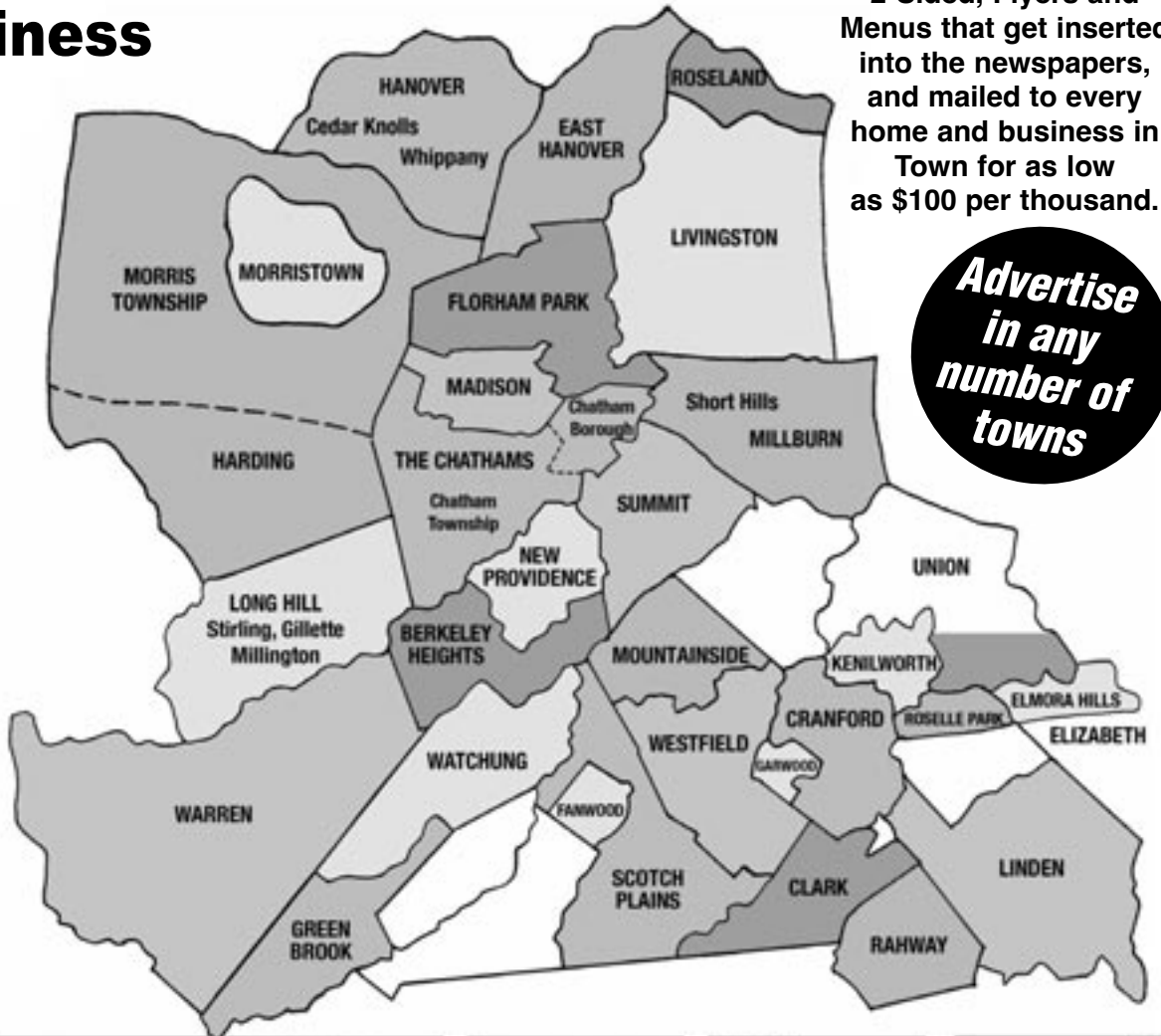
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CELEBRATING 75 YEARS OF NIGHT SKY GAZING

Amateur Astronomers, Inc (AAI) of Cranford, NJ celebrated their 75th Anniversary on Sunday, November 17, 2024, at The Westwood Caterers of Garwood, NJ. In attendance were 53 past and current members who range from teenagers to seniors.

AAI has always interested anyone who loves looking and learning about the night sky. Housed in the William Miller Sperry Observatory on the Union College campus in Cranford, the observatory is open to the public every Friday night with their twin domes looking at the heavens. One of the domes houses a 24-inch reflector and the other dome houses a 10 refractor, which was constructed by club members. Public lectures start at 8:30 p.m. on Fridays, they are on current topics in Astronomy.

Youth lectures are presented by the club at 7:00 p.m. to preregistered scout groups to help them earn their patches in science. If you are interested

in preregistering a scout group, please contact info@asterism.org.

The club also celebrates celestial events such as eclipses by opening the Observatory and having numerous telescopes outside the building. For more information about AAI email, membership@asterism.org or visit asterism.org.

ASTRONOMY DAY - MAY 17, 2025

Amateur Astronomers, Inc. along with the North Jersey Astronomical Group, two amateur astronomy clubs located in New Jersey, are once again holding their annual Astronomy Day on Saturday, May 17, 2025. The event will be held in 2 locations: Trailside Nature & Science Center in Mountainside in the afternoon and at William Miller Sperry Observatory on the campus of Union College in Cranford in the evening. The theme is "Solar Max, Unlocking the Secrets of the Sun." This is a family friendly event that focuses on learning about our Sun and its impact

on us, and also about astronomy and related sciences in a fun and easy to understand atmosphere. This event appeals to both children and adults. The event is free and open to the public and does not require preregistration. So, mark your calendars for Saturday, May 17, 2025, and come out to learn more about the Sun and our universe!



(above) AAI has always interested anyone who loves looking and learning about the night sky.

Housed in the William Miller Sperry Observatory on the Union College campus in Cranford, the observatory is open to the public every Friday night.

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