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TRIVIA NIGHT RAISES \$20,000 TO SUPPORT SCHOOLS

Chatham Education Foundation

The Chatham Education Foundation (CEF) welcomed nearly 350 participants at its wildly popular 11th Annual Trivia Night, which featured ten rounds of challenging brainteasers. Teams navigated a range of questions united by a shared objective: to raise funds for Chatham's six public schools. The event raised \$20,000 for support of curriculum-enhancing teacher and administrator grants, helping to address needs that fall outside the scope of the school district's limited budget.

On Saturday November 16th, 34 teams filled the Chatham High School gym, with each team sporting coordinating names, costumes and table decor. Chatham's creativity was on full display with team names such as Risky Quizness, Nacho Average Trivia Team, Genius Bar, Snow-It-Alls, and the Blue Jeaniuses.

Best Dressed was awarded to The Social Network, with each member dressed head-to-toe as an immediately-recognizable digital platform, such as LinkedIn, SnapChat, ApplePay, and Spotify. Best Table was impressively awarded Chatham Take A Hikers, especially since they replaced their table with a campfire.

The trivia kicked off with a challenging round of little-known Chatham facts, followed by nine additional rounds such as hidden logos, history, and math puzzles. The competitive spirit of the evening culminated in the big reveal: three teams were tied for first place with 128 points each. After the tie-breaker, Hot Tub Trivia Time Machine was announced the ultimate winner of the night.

CEF expresses its sincerest gratitude to the following volunteers, event sponsors and friends of CEF for making Trivia Night a huge success: Trivia Night Emcee: Chris



(above) 'Best Dressed' was The Social Network.

Tomaino, CEF's Events Chair: Andrea Caserta, Trivia game masters and program producers: Zahrah Khan, Hira Imran, and Erik Metviner

Event sponsors: Brian Siegel Architects, Danbro Properties, Debbie Woerner Real Estate Team of Coldwell Banker, Dr. Barbara Fodero of Chatham Orthodontics, Fleur de Sel, Sterling Properties, and Strand Tennis.

Chatham Education Foundation has funded over \$1.8 million in grants directly to the School District of the Chathams since its inception. In addition to annual grant funding of \$100,000, CEF has established an endowment to provide a permanent source of funding for grants for generations of students. The CEF is a 501c(3) charity and all donations are tax deductible to the fullest extent allowed by law. To learn more visit the CEF website at chathamedfoundation.org



(above) Hot Tub Trivia Time Machine was announced as the 'ultimate winner of the night'.



(above) 'Best Table' was awarded to Chatham Take A Hikers.

Photos: Alan Routh

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SILENT THIEF OF SIGHT: GLAUCOMA

Mayor's Wellness Campaign

January is Glaucoma Awareness Month: Glaucoma is a leading cause of irreversible blindness in the US. It has no noticeable symptoms in its early stages, and vision loss progresses at such a gradual rate that people affected by the condition are often unaware of it until their sight has already been compromised.

Glaucoma is an eye disease which involves damage to the optic nerve, most often associated with pressure build up inside the eye. Normally, a fluid called the aqueous humor flows around our eye. With those who have glaucoma, either too much fluid is produced, or it doesn't drain efficiently. The fluid builds up and causes pressure to rise inside the eye, which leads to optic nerve damage.

Glaucoma affects people of all ages, but certain groups are at higher risk.

These groups include: African Americans over age 40, Adults over age 60, Those with a family history of glaucoma, Those with diabetes

Often, no symptoms appear until the optic nerve has been significantly damaged. That's why this disease is often called a "silent thief of sight." In its later stages, glaucoma causes blind spots to appear in the peripheral (side) and central vision. Anyone who experiences these symptoms should see an eye doctor right away: Severe pain in the eye or forehead, Blurred or reduced vision, nausea and vomiting, headache, Eye redness, Halos around lights

The best way to protect your sight from

glaucoma is to get a comprehensive eye examination. If you are diagnosed with glaucoma, treatment can begin immediately. The American Academy of Ophthalmology recommends this exam every one to two years for people who are age 65 and older. African Americans and those with a family history of glaucoma should start getting checked for glaucoma as early as age 40.

Early detection is vital to stopping the progress of the disease because eye damage due to glaucoma is irreversible. There is no cure for glaucoma—yet. However, medication or surgery can slow or prevent further vision loss. The choice of therapy is based on the type of glaucoma, among other factors and can include medicated eye drops, laser treatment, and surgery. Maintaining a healthy weight, controlling your blood pressure, being physically active, and avoiding smoking will also help you avoid vision loss from glaucoma. These healthy behaviors will also help prevent other chronic conditions.

During Glaucoma Awareness Month, the American Academy of Ophthalmology (AAO) advises the public that the best defense against developing glaucoma-related blindness is by having routine, comprehensive eye exams. For more information, visit: aao.org.

Written on behalf of the Mayors Wellness Campaign Advisory Committee of the Chathams, by Hurgul Varli, OT

THE CHATHAMS NJ

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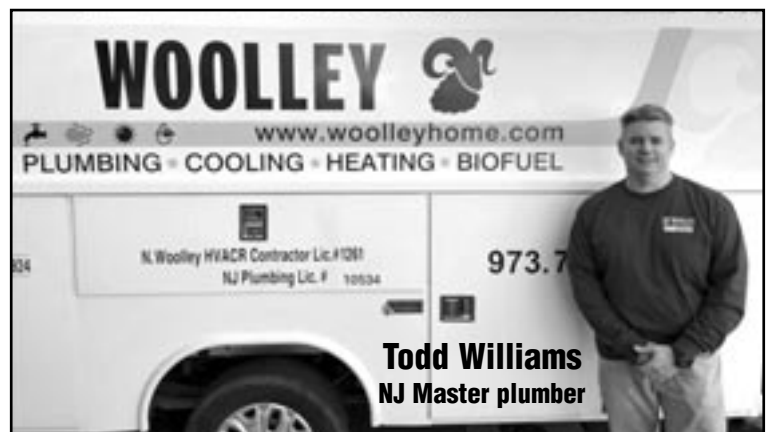
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CHRISTMAS CELEBRATION

Mr. & Mrs. Santa Clause visited Reasoner Park in Chatham on Friday, December 6th to help light the Christmas tree. The excitement included various activities, giveaways, and live entertainment. The Chatham Historical Society offered free Horse and Carriage rides.



AN UNUSUAL GOOSE REHABBED AND RELEASED

The Raptor Trust

The Brant goose, with its compact size and striking black-and-white plumage, is a remarkable bird. Adapted to drink saltwater, these geese embark on long migratory journeys from their Arctic breeding grounds to coastal winter



(above) We're thrilled to see this Brant goose take to the skies (or water) once more! It was a charming patient.

Photo by The Raptor Trust

habitats. Look for them in estuaries, mudflats, and salt marshes, where they thrive throughout the winter months.

Recently, The Raptor Trust treated a Brant goose (Admit #21-4190) found in Long Valley with wounds from a predator attack. After intensive care, including suturing lacerations, treating an eye injury and parasites, this resilient bird was successfully released at Sandy Hook on November 2nd.

ABOUT THE RAPTOR TRUST

The Raptor Trust is a 501(c)3 non-profit organization located at 1390 White Bridge Rd., Millington, NJ. They provide free care and assistance to injured, sick, or orphaned wild birds. They offer educational programs to the public about wild birds, especially birds of prey. They strive to provide a human example for others. For more information about upcoming events, to make a donation, and volunteer opportunities visit info@theraptortrust.org. To report an injured wild bird call 908-647-2353.

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WEATHER DOESN'T DAMPEN CHATHAM TURKEY TROT SUCCESS

With more than 1,300 runners originally registered for the 16th Annual Chatham Turkey Trot, a few hundred had the courage to leave the house and run in the rain. Though, despite the weather and near freezing temperatures, the Chatham Turkey Trot was a resounding success raising nearly \$35,000 to benefit the Chatham Township Volunteer Fire Department, the Chatham Emergency Squad, Chatham Township PBA #170, the Diabetes Research Institute, The Barton Center for Diabetes Education, and the

Tunnel to Towers Foundation.

Curt Ritter, Founder and President of The Chatham Turkey Trot, said, "The holiday spirit shone through the rain today, highlighting how The Chatham Turkey Trot has become a family holiday tradition representing all that is great about the Chatham Township community.

Following the success of this year's race we have raised nearly \$335,000 for our first responders and diabetes research and education over the past 16 years. We remain grateful for the support of our sponsors and runners and wish everyone the very best this holiday season. Here's hoping for drier weather next year!"

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(above, l-r) Hugo Pankoff, Sam Ellis, Stephanie Bourmont, Becky Palazzi. 5K Winners: Male: Sam Ellis 17:41; Female: Stephanie Bourmont 18:47; Boy: Hugo Pankoff; Girl: Becky Palazzi. (Not pictured: 1 Mile Winners: Boy: Thomas Gallagher Girl: Ava Koscielniak)

Courtesy photo

Anthony Paterno

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Wharton Institute for the Performing Arts is a non-profit 501(c)(3) charitable organization and is committed to being accessible to all patrons, students, parents and visitors. All programs, classes, events and concerts are accessible ensuring that everyone can participate in a diverse range of arts programming and classes.



WhartonARTS

Helen H. Cha-Pyo, Artistic Director

SEASON OF

Joy!



New Jersey Youth Symphony
Concert for Peace with Violins of Hope
January 12

Wharton Arts in the Community
Piano & Cello Faculty Recital January 26

Performing Arts School
The Moors January 24-February 2

Paterson Music Project
Black History Month Concerts February 1

New Jersey Youth Chorus
Men That Matter February 23

New Jersey Youth Chorus
Just Us Girls March 8

Wharton Arts in the Community
Jazz Vespers March 23

Wharton Arts Day

March 16

Wharton Arts invites students ages 4-18, as well as adults of all ages, for transformative performing arts education programs designed to hone their skills and nurture their personal growth. The depth and breadth of our offerings is unmatched in the Garden State. Our community transcends backgrounds and beliefs: we are united through the universal language of the performing arts.

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Helen H. Cha-Pyo, Artistic Director

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CELEBRATING 95 YEARS OF THE JUNIOR LEAGUE

Junior League of Summit

On November 18, 2024 - exactly 95 years from its inception- the Junior League of Summit was awarded a proclamation from the City of Summit. During the Common Council meeting, the proclamation was read by Summit Mayor Elizabeth Fagan and November 18th was declared "Junior League of Summit Day".

On hand at the reading were several members of JLS, including JLS President April Montgomery and JLS Executive Vice President Cristina Curiale, who formally received the proclamation.

The Junior League of Summit is proud of our 95 years of service in Berkeley Heights, Chatham, New Providence, Summit and surrounding communities.

The JLS has addressed critical community issues and created services such as the first Safe Houses in Union County for victims of domestic violence, Summit Childcare Center, Summit's

Senior Bus, SAGE – Meals on wheels Program, Family Service Association – Spanish Speaking Program and Santa Claus Shop, GRACE, Summit EMS and the Mabie Playground and more, leaving a lasting legacy of innovation and meaningful impact.

In addition to the above, Junior League of Summit's Thrift Shop is the oldest surviving business in Summit, having operated for 90 years. It's the primary source of funding for the wonderful services, projects, grants and programs that JLS provides.

Overall, we are thrilled to say we've returned over \$3 million in grants, scholarships, projects and programs to our local communities. It has been and continues to be a pleasure to provide much needed services. We work hard, learn, tackle challenges, enjoy ourselves and make a difference.

Interested in getting involved with JLS? Visit summit.jl.org



(above, l-r) Summit's Mayor Fagan, JLS President Montgomery, JLS Executive VP Cristina Curiale

Courtesy photos

WINTER ART EXHIBIT

The Art League of the Chathams presents their Winter art exhibit at the Chatham Township municipal building at 58 Meyersville Road. Original artwork by members is available for purchase.

There is also a duo artist show which includes the paintings by Ed Hauschild and photography by Lidia Bendelic.

The show is free and open to the public and will be on display until March 3rd and can be seen at regular hours 9 a.m. – 4 p.m.

For more information about the show or joining the Art League, please call 973-214-1891. Or visit our website artleagueofthechathams.org.



(above) The Hibiscus, oil painting

by Celeste Fondaco. Courtesy photo



(above) Some JLS members in attendance on Nov 18.

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OPEN HOUSE: Tuesday, January 14th 4:30pm

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Limited Availability

Chanticleers (Girls Ages 12-14): 2 Openings

Singers (Girls Ages 15-18): 4 Openings

Continuos (Boys Ages 12-18): 4 Openings

OPEN HOUSE: Monday, January 13th 7:30pm

CIVIC CHORALE of New Jersey (Adults)

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ANNUAL "FIRST DAY WALK FOR OPEN SPACE" NEW YEAR'S DAY



(above) First Day Walk for Open Space is a very pet-friendly event! Join your community for the fun on January 1!

BSA Troop 280 invites you to its 5th Annual First Day Walk for Open Space on New Year's Day, 2025. Kick off the New Year happy & healthy. Join neighbors and friends starting and finishing the Loantaka Brook Reservation parking lot at 195 Loantaka Way, Madison / Chatham, NJ. Arrive anytime 11 a.m. – 3 p.m., and Scouts will ring bells as you enter and exit the 2.5 mile walk through part of Loantaka Brook Reservation and the Giralda Farms Preserve.

Your \$10 contribution earns a very handsome 2025 Pin, and all funds support local outdoor stewardship projects of BSA Scouting, such as trails, bridges, tree planting, native flower planting, signage and more. Projects you've made possible are shown on the Facebook page "First Day Walk - New Year's Day."

Advance tickets are on sale on Eventbrite.com ("First Day Walk - New Year's Day - For Open Space") and may be purchased onsite. This is also a very pet-friendly event! Join your community for the fun on January 1!

For more information contact:

Joe Basralian, Troop 280 Service Chair,
jbbasralian@gmail.com, 917-596-7807.
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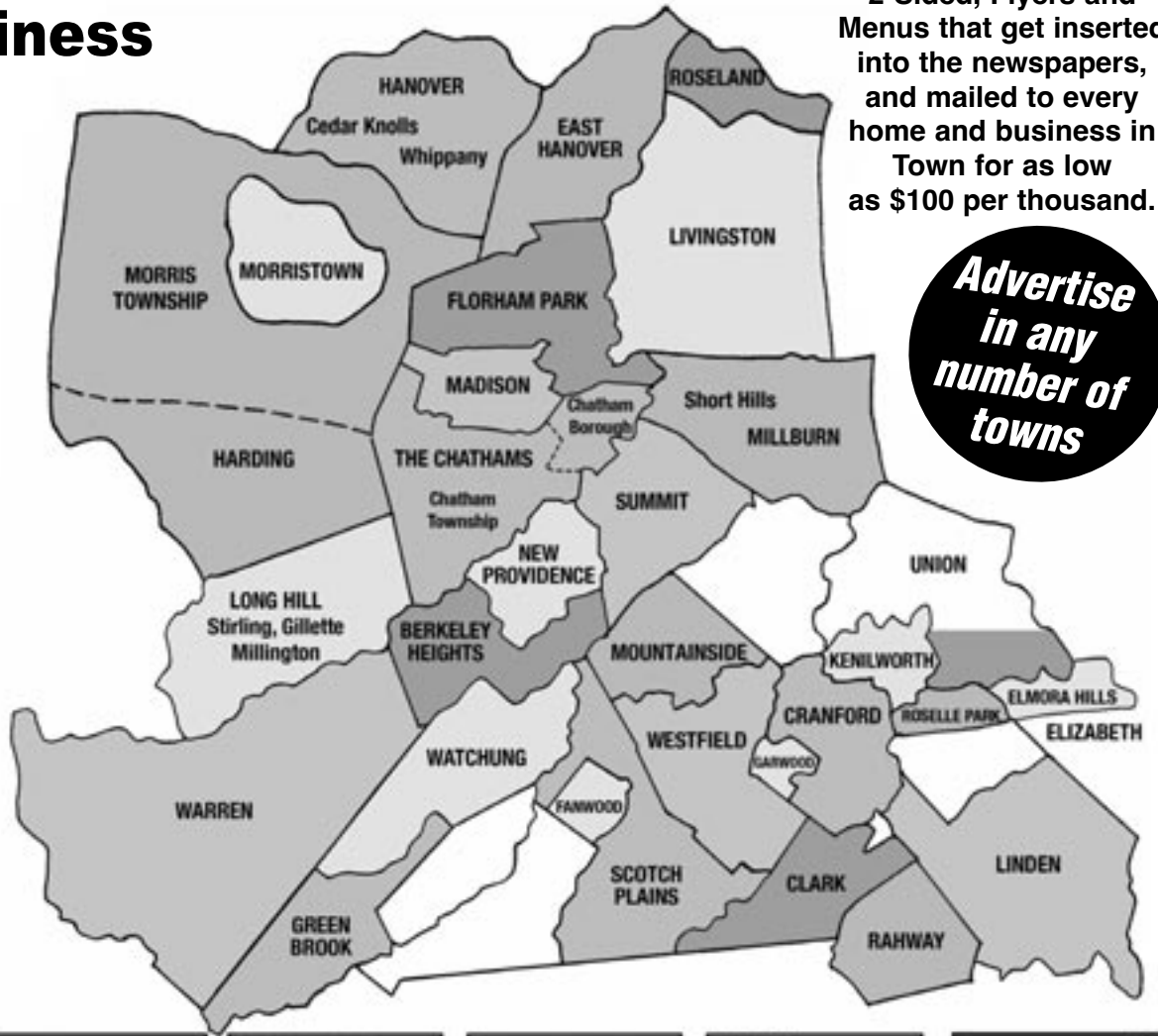
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Zip: 07208

Section of Elizabeth, NJ



Qty: 3,000
Zip: 07023



Qty: 6,000
Zip: 07932



Qty: 2,500
Zip: 07027



Qty: 3,300
Zip: 08812



Qty: 6,100
Zips: 07927, 07981



Qty: 3,500
Zip: 07033



Qty: 18,000
Zip: 07036



Qty: 12,100
Zip: 07039



Qty: 3,500
Zips: 07933, 07946, 07980



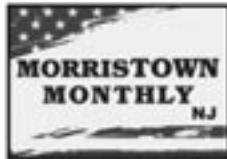
Qty: 6,300
Zip: 07940



Qty: 8,200
Zips: 07041, 07078



Qty: 13,500
Zip: 07960, Harding 07976



Qty: 7,000
Zip: 07960



Qty: 3,000
Zip: 07092



Qty: 5,100
Zip: 07974



Qty: 13,100
Zip: 07065



Qty: 3,000
Zip: 07068



Qty: 5,600
Zip: 07204



Qty: 9,600
Zip: 07076



Qty: 9,600
Zip: 07901



Qty: 7,800
Zip: 07083 (partial)



Qty: 6,500
Zip: 07059



Qty: 2,700
Zip: 07069



Qty: 12,000
Zip: 07090

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1 Unit (Business card)	3.25"x2"0	100	260	360	460	560	600	660	700	800	900	1000
2 Units	6.5"x2" or 3.25"x4"	150	360	560	600	700	800	900	1000	1100	1200	1300
4 Units	3.25"x8" or 6.5"x4"	240	560	900	1000	1300	1600	1700	1800	1900	2000	2100
6 Units	6.5"x6.25" or 10"x4"	320	760	1200	1400	1600	1800	2000	2200	2400	2600	2800
9 HALF PAGE	6.5"x9" or 10"x7"	360	860	1300	1600	1900	2200	2400	2600	2800	3000	3200
12 Units	6.5"x14"	400	960	1400	1800	2100	2400	2700	3000	3300	3600	3900
18 FULL PAGE	10"x14"	500	1200	1800	2200	2500	2800	3000	3300	3600	3900	4300
2-PAGE SPREAD	(2) 10"x14"	800										
BACK PAGE	10"x14"	600										
FRONT PAGE BANNER	8.25"x2"	360										
FRONT PAGE BOX	1.5"x4.5"	320										

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