

FREE


# Spirit of UNION NJ

UNION'S HOMETOWN NEWSPAPER

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## LONG-TIME PUPPY RAISERS HONORED

### The Seeing Eye

The Seeing Eye recently honored five long-time puppy raisers with induction to “The Seeing Eye 21 Club”, a special honor for volunteers who have raised at least 21 Seeing Eye® puppies. The non-profit also honored the Seeing Eye puppy raising club volunteers with two awards, the Outstanding Leader Award and the 20-year Leader Award. Finally, 34 exceptional college-bound puppy raisers were awarded college scholarships totaling \$64,000.

“Each year, The Seeing Eye’s Family Day is a celebration of all the hard work and dedication of our volunteer puppy raising families,” said Seeing Eye director of canine development Peggy Gibbon. “An army of volunteers provides each Seeing Eye puppy with a loving home environment, socialization, and basic training that prepares them to become Seeing Eye dogs for people who are blind.”

“We’re actively recruiting puppy raisers and puppy sitters for our upcoming litters that are planned for the coming months. If you’re interested in joining our community of dog lovers, now is a great time to reach out to us and learn what puppy raising is all about,” said Gibbon. “We need homes and families of all shapes and sizes for our puppies because fully trained Seeing Eye dogs are placed in similarly diverse families and living situations with people who are blind.”

A puppy raiser family is responsible for providing a loving and nurturing home environment for approximately one year. During that time, the raiser is responsible for teaching basic obedience, house manners, bringing the puppy to Seeing Eye puppy club meetings and socialization trips in their area. The Seeing Eye puppy could be a German shepherd, Labrador retriever, golden retriever, or a Labrador/golden retriever cross.

Puppy raisers must live within New Jersey, eastern Pennsylvania, Maryland, Delaware or New York (Rockland or Orange Counties) so they can attend regular puppy club meetings where they will receive help and coaching with their puppies. All veterinary expenses are covered by The Seeing Eye and a stipend is provided to help



(above) Pam Heady was among those inducted into “The Seeing Eye 21 Club”, a special honor for volunteers who have raised at least 21 Seeing Eye® puppies.

Courtesy photo

cover the cost of dog food. If a Seeing Eye puppy does not graduate from the program, the family who raised the puppy is offered the first option to adopt the puppy they raised. For more information visit [seeingeye.org/raise](http://seeingeye.org/raise).

Established in 1929, The Seeing Eye provides specially bred and trained dogs to guide people who are blind. Seeing Eye dog handlers experience greatly enhanced mobility and independence, allowing them to retain their active lifestyles. The Seeing Eye is a 501(c)3 non-profit supported by contributions from individuals, corporations and foundations, bequests, and other planned gifts.

The Seeing Eye is a trademarked name and can only be used to describe the dogs bred and trained at the school’s facilities in Morristown, N.J. If you would like more information on The Seeing Eye, please visit the website at [SeeingEye.org](http://SeeingEye.org), call 973-539-4425, or email [info@seeingeye.org](mailto:info@seeingeye.org).

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# Spirit of UNION

Renna Media LLC, Publishers  
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# GRANT WILL HELP CHILDREN IN FOSTER CARE

## CASA SHaW

Court Appointed Special Advocates of Somerset, Hunterdon, and Warren Counties (CASA SHaW) has announced they have been selected as a grant recipient from Atlantic Health System to provide community education in the form of trauma informed care trainings. Broad exposure to these concepts will inevitably help children by building a healthier community.

“Community partnerships mean so much to not only our CASA program, but especially to the children and families we serve,” said Tracey Heisler, Executive Director of CASA SHaW. “Atlantic Health has been a tremendous partner with us, and we greatly appreciate their dedication to healthier communities, especially with the objective of reducing childhood trauma. When we work together, the foundation of child abuse prevention is infused within our community,” said Heisler.

CASA has been at the forefront of speaking up for children who are living in foster care in our region and for those touched by trauma. At CASA, professionally trained community advocates ensure that the wishes and needs of children living in foster care are not overlooked by the many competing interests at play. CASA’s goal is to ensure that every child served has a safe, permanent home and the resources and services needed to thrive and not just survive adverse childhood experiences. CASA is committed to educating the community about the

causes and impacts of child abuse and neglect, the need for equity in a disproportionate system, and how to best advocate for and meet the needs of children in foster care in Somerset, Hunterdon, and Warren Counties.

CASA of Somerset, Hunterdon, and Warren Counties is part of a statewide network of community-based, non-profit programs that recruit, screen, train and supervise volunteers to “Speak Up for a Child” removed from home due to abuse or neglect. CASA is the only program in New Jersey that uses trained volunteers to work one-on-one with children, ensuring that each one gets the services needed and achieves permanency in a safe, nurturing home. To find a local CASA program in your county, visit [casaofnj.org](http://casaofnj.org).

# HOLY SPIRIT PARISH "COME TO THE TABLE"

The Beyond Baptism team of Holy Spirit parish invites you to a three-part series entitled "Come to the Table" in the Parish Hall, 971 Suburban Road, Union, at 7 p.m. on Thursday, October 24; and Thursday, November 14 & November 21 and at 6:30 p.m. Each evening will include prayer, inspirational videos, discussion, and refreshments. Admission is free. For more information or to make a reservation, please call (908) 964-7533.

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# SALEM ROADHOUSE CAFÉ ANNOUNCES ZUKO, PHILIPS, COHN & STARR

The Salem Roadhouse Café presents Zuko, Philips, Cohn & Starr, Saturday, October 5, 2024, with opening by long time Roadhouse favorite Melinda Davis. The doors open at 7:30 p.m., the show starts at 8 p.m. Admission is \$20 and includes show, snacks, non-alcoholic beverages, and dessert. The venue is located in Bailey Hall, below Townley Presbyterian Church, 829 Salem Rd, Union, NJ. The Roadhouse operates as a non-profit that raises funds for carefully chosen local charities.

Like your vocal harmony with a side of music? Oh boy, are you in luck!

In a Roadhouse tradition of “not-quite-unplugged” performers, the October 5 show features Zuko, Phillips, Cohn & Starr. We fondly refer to them as ZPCS and they’ve played to enthusiastic Roadhouse audiences many times.

ZPCS nails it with tight harmonies backed up by their light instrumentation — guitar, bass, and an eclectic assortment of rhythm instruments with unfamiliar but exotic names. Hear the words. Savor the lyrics. Enjoy the accompaniment. Sail away on the vocal harmonies. ZPCS focuses on long-time rock and pop favorites, originals, and vocals. Always the vocals.

Opening for ZPCS is Melinda Davis with her original folk-style tunes. Melinda was our very first Roadhouse performer. She won’t let us say how many years ago that was. Her music is thoughtful and erudite, and we welcome her back!

As always, the Salem Roadhouse Café is live, intimate, up front, and personal. All ages are welcome.

## ABOUT SALEM ROADHOUSE CAFÉ

It’s not “church music.” It’s music music. Folks who’ve come to the Salem Roadhouse Café know that it’s a clean, safe place for people who enjoy listening to live music — in a world otherwise filled with clubs and bars. The Roadhouse has always offered its stage to local and independent mainstream musicians. Jazz, rock, folk, and other groups have performed. What’s the common thread? They’re all great musicians playing the kind of music people like to hear. There’s no message, just music.

The Roadhouse started in 2008 by members of Townley Presbyterian Church with a grant from the Presbytery of Elizabeth. Hey — that’s why we’re located where we are, 829 Salem Rd, Union, NJ. The Roadhouse operates as a non-profit that raises funds for several carefully chosen local charities. That’s its social mission.

But the many musicians who’ve played the Salem Roadhouse Café see it as a solid performance venue. They love it because of its special intimacy and great audiences. They say people here “really listen.” Ask any of the musicians you meet here — they love to play the Roadhouse, and they want to come back often.

The Salem Roadhouse Café has raised funds for many carefully chosen charities. They include: The Presbytery of Elizabeth E-port Center, Center For Hope Hospice, Community Food Bank, Monarch Housing, Angel Paws Animal Rescue, National MS Society, Haiti Disaster Relief, Hurricane Sandy Disaster Relief, The Union County YWCA Domestic Violence Program, Making It Possible To End Homelessness, Camp Johnsonburg, The Music Institute, and others. Many thousands of dollars have been raised for these deserving charities.

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St. Joseph Social Service Center, a 501(c)(3) nonprofit organization, is one of the largest and most prominent social service agencies in Elizabeth and Union County. Our mission is to help people acquire the essential material items needed to live with dignity. We have served our neighbors experiencing poverty and homelessness for over 38 years and now serve more than 3,500 individuals annually. We offer programs that provide access to food, medicine, mental health counseling, adult education, clothing and other support services. St. Joseph's operates 6 days each week, 52 weeks a year.

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# SENIOR HEALTH & FITNESS DAY - OCTOBER 16TH

## The Gateway Family YMCA

The Gateway Family YMCA will host Senior Health & Fitness Day on Wednesday, October 16, 2024. The Y is providing a Community Open House with activities like Swimming, Group Exercise, Water Exercise, Blood Pressure Self-Monitoring, a Community Health Fair, Health Screenings and Information at Y branches in Elizabeth, Rahway, and Union. For details on individual Y branch events, classes, and times, visit [tgfymca.org/events](http://tgfymca.org/events)

During Senior Health and Fitness Day, community members will join the YMCA and community partners for a Community Health Fair with vaccination information. The Gateway Family YMCA, Shaping Elizabeth and Shaping Union County will be hosting this event, along with the YMCA Open House with access and activities provided free of charge for all.

In addition, throughout the day on October 16th, the community is invited to visit The Gateway Family YMCA's Facebook page for

helpful resources, information and updates and discussions at:

[facebook.com/GatewayFamilyYMCA](https://facebook.com/GatewayFamilyYMCA)

The Gateway Family YMCA provides chronic disease self-management programs free to the local community in English and Spanish. Interested participants can register for the Blood Pressure Self-Monitoring Program (BPSM), Group Lifestyle Balance Diabetes Program, Diabetes Management Program or LiveSTRONG at the YMCA for cancer survivors at [www.tgfymca.org](http://www.tgfymca.org) or contact 908-349-9622 or [bpsm@tgfymca.org](mailto:bpsm@tgfymca.org) for additional information.

The Gateway Family YMCA is a 501(c)(3) non-profit, health and community service organization of caring staff and volunteers

dedicated to strengthening the foundations of community and stands For Youth Development, For Healthy Living and For Social Responsibility. The Gateway Family YMCA impacts the community by providing quality services to people of all ages, races, faith, or incomes.

Shaping Eastern Union County is committed to improving the health and well-being of county residents and creating strategies to support improved health, nutrition, and physical activity for all. Shaping Elizabeth, Shaping Rahway and Shaping Union are also sponsoring this event.

For more information about The Gateway Family YMCA visit [tgfymca.org](http://tgfymca.org) or contact the Y at 908-349-9622.



**FIND YOUR PASSION!**

Senior Health & Fitness Day  
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Wednesday, October 16

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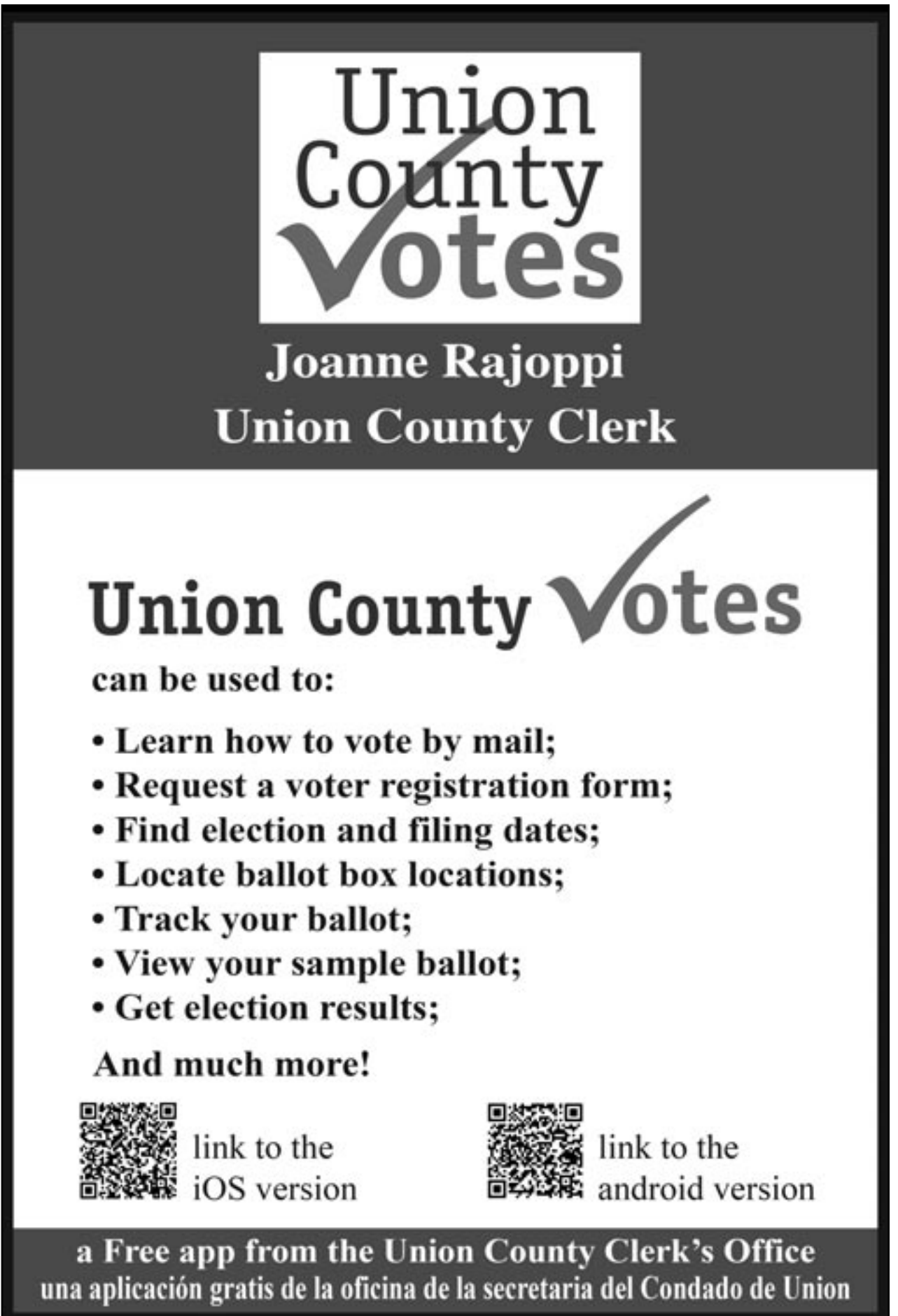


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# CENTER FOR HOPE AUXILIARY FUNDRAISING CONTINUES

Submitted by Dana Gillie

The Center for Hope Hospice and Palliative Care Auxiliary hosted its annual Wine Tasting Fundraiser recently. During the event Dolores Paruta, president of the Auxiliary, presented Frank Brady, president of the Center for Hope Hospice and Palliative Care with a check for \$75,000. Our Auxiliary raises funds to support the Charity Care Program at the Center providing financing for patients who are unable to pay for the services of the Center. Last year alone the Auxiliary was able to donate well over \$100,000. These funds are raised through events sponsored by the Auxiliary such as the Wine Tasting in the spring and our Baskets of Hope luncheon fundraiser in the fall. The Hope Chest thrift store, located on Prospect Street in Westfield, is manned fully by volunteers and is the auxiliary's major fundraiser.

The Auxiliary's next fundraiser will be the Baskets of Hope on October 6, 2024, at the Gran Centurions in Clark. Please contact the Hope Chest, 908-233-9973, or the Center for Hope Hospice and Palliative Care, 908-889-7780, for further information regarding the event.

The Auxiliary is always happy to welcome new members and information on membership can be found at the above numbers or on the Center's website - cfhh.org.



(above) Auxiliary president, Dolores Paruta and Center for Hope Hospice and Palliative Care President Frank Brady.

Courtesy photo

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# Marketing Toolbox

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Online ads and press releases designed and placed to drive traffic to your website and get your phone ringing.

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| <b>Florham Park</b><br>Press NJ<br>Qty: 5,500<br>Zip: 07932                   | <b>Garwood</b><br>NJ Times<br>Qty: 2,500<br>Zip: 07027      | <b>Green Brook</b><br>NJ Gazette<br>Qty: 3,000<br>Zip: 08812 | <b>BUSINESS • LIFE</b><br><b>KENILWORTH</b><br>NJ<br>Qty: 3,500<br>Zip: 07033 | <b>NJ LIFE</b><br>in LINDEN<br>Qty: 17,900<br>Zip: 07036         | <b>Long Hill</b><br>LEADER<br>NJ<br>Qty: 3,500<br>Zips: 07933, 07946, 07980     |
| <b>MADISON</b><br>MONTHLY NJ<br>Qty: 6,300<br>Zip: 07940                      | <b>MOUNTAIN</b><br>SIDE VIEW NJ<br>Qty: 2,900<br>Zip: 07092 | <b>New Providence</b><br>NEWS NJ<br>Qty: 5,100<br>Zip: 07974 | <b>OUR TOWN</b><br>Rahway NJ<br>Qty: 13,000<br>Zip: 07065                     | <b>ROSELLE</b><br>PARK MONTHLY<br>Qty: 5,600<br>Zip: 07204       | <b>Scotch Plains</b><br>NJ WHAT'S HAPPENING MONTHLY<br>Qty: 9,400<br>Zip: 07076 |
| <b>Short Hills</b><br>MILLBURN MONTHLY NJ<br>Qty: 8,200<br>Zips: 07041, 07078 | <b>Summit</b><br>NJ Times<br>Qty: 9,600<br>Zip: 07901       | <b>Spirit of UNION</b><br>Qty: 6,800<br>Zip: 07083 (partial) | <b>WARREN</b><br>MONTHLY NJ<br>Qty: 6,200<br>Zip: 07059                       | <b>Watchung</b><br>Post NJ<br>Qty: 2,700<br>Zip: 07069           | <b>Westfield</b><br>NJ MONTHLY<br>Qty: 11,800<br>Zip: 07090                     |

Rates are per month. Artwork included in price. Newspapers are black on white.

### NEWSPAPER AD RATES

| Units                  | Size                     | 1 TOWN | 3 TOWNS | 6 TOWNS | 9 TOWNS | 12 TOWNS | 15 TOWNS | 18 TOWNS | 21 TOWNS | 24 TOWNS |
|------------------------|--------------------------|--------|---------|---------|---------|----------|----------|----------|----------|----------|
| 1 Unit (Business card) | 3.25" x 2"               | \$60   | \$150   | \$250   | \$350   | \$400    | \$450    | \$500    | \$550    | \$600    |
| 2 Units                | 6.5" x 2" or 3.25" x 4"  | \$100  | \$250   | \$400   | \$500   | \$600    | \$700    | \$800    | \$900    | \$1000   |
| 4 Units                | 3.25" x 8" or 6.5" x 4"  | \$180  | \$450   | \$700   | \$900   | \$1100   | \$1300   | \$1500   | \$1700   | \$1900   |
| 6 Units                | 6.5" x 6.25" or 10" x 4" | \$240  | \$600   | \$900   | \$1200  | \$1400   | \$1600   | \$1800   | \$2000   | \$2200   |
| 9 HALF PAGE            | 6.5" x 9" or 10" x 7"    | \$320  | \$800   | \$1000  | \$1300  | \$1600   | \$1900   | \$2200   | \$2400   | \$2700   |
| 12 Units               | 10" x 8"                 | \$360  | \$900   | \$1200  | \$1500  | \$1800   | \$2100   | \$2400   | \$2700   | \$3000   |
| 18 FULL PAGE           | 10" x 14"                | \$400  | \$1000  | \$1400  | \$1800  | \$2200   | \$2500   | \$2800   | \$3000   | \$3400   |
| 2-PAGE SPREAD          | 21" x 14"                | \$700  |         |         |         |          |          |          |          |          |
| BACK PAGE              | 10" x 14"                | \$500  |         |         |         |          |          |          |          |          |
| FRONT PAGE BANNER      | 8.25" x 2"               | \$320  |         |         |         |          |          |          |          |          |
| FRONT PAGE BOX         | 1.5" x 4.5"              | \$240  |         |         |         |          |          |          |          |          |

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# UNION PUBLIC LIBRARY OCTOBER EVENTS

1060 Stuyvesant Ave, Union • 123 Hilton Ave, Vauxhall, NJ 07088 • 908-851-5450 • Email [unionpl@uplnj.org](mailto:unionpl@uplnj.org) • <https://uplnj.org/>  
 Monday, Tuesday, Thursday: 9 AM - 8 PM; Wednesday, Friday, Saturday: Closed - 5 PM; Sunday: Closed

**Friends of the Library Meeting (Main Library)**  
 Thursday 10/3 at 6:00 p.m.

Join the Friends of the Library at their monthly meeting. New members are always welcome.

**Adult Candle-Making Workshop (Main Library)**  
 Saturday 10/5 at 10:30 a.m. - 12:30 p.m.

Indulge your creative side at our exclusive candle-making workshop led by Salimah Scott, the talent behind Urban GLÖ. Limited slots available for this hands-on experience where you'll craft your personalized candle.

Registration opens early September—don't miss your chance to create something truly unique!

**Revisiting the Newark Jazz Organ Days (Vauxhall Library)**

Saturday 10/5 at 1:00 p.m.

The Bradford Hayes Jazz Organ Trio returns to the Vauxhall Branch Library and will perform a night of Organ Jazz reminiscent of the Jazz Organ days in Newark, NJ! Join us for an afternoon of music and blissful delight

**Selection Bias in the Baseball Hall of Fame (Vauxhall Library)**

Monday 10/7 at 6:00 p.m.

The National Baseball Hall of Fame is a very exclusive club. It's near impossible for any player, let alone a black baseball player to be elected. Please join us as baseball enthusiast,

Mr. David Shuffler, discusses the Baseball Writers Association of America, the Baseball Hall of Fame, and the selection bias they created for black ballplayers who deserve to be enshrined

**Jimmy Carter's Message of Peace and 100th Birthday (Main Library)**

Tuesday 10/8 at 6:00 p.m.

Presenter Rick Feingold will host a lecture and commentary on visiting Plains, GA and President Carter's 40 year work of weekly messages of love and acceptance of all human beings regardless of status or position. The program also features video of Carter's message and what it was like to attend his class while being watched over by the Secret Service.

**Adult Crochet for Beginners (Vauxhall Library)**  
 Wednesday 10/6 at 6:00 p.m.

Please join us as Ms. Lisa Roberts teaches attendees the basics of learning how to crochet. Attendees can bring their own crochet hooks and yarn, but supplies will be provided!

**Jeanette Shell Meeting Room Commemoration Ceremony (Vauxhall Library)**

Saturday 10/12 at 10:00 a.m.

Commemorate the meeting room at the branch to Ms. Jeanette Shell.

**Build Up Your Balance (Main Library)**

Wednesday 10/16 at 12:30 p.m.

Through gentle exercises and stepping strategies, learn to keep your body balanced in different situations. Give this popular class from the YMCA a try!

**Off the Shelf Book Club (Main Library)**

Thursday 10/17 at 6:30 p.m.

This month the club will be reading Alice Network by Kate Quinn. Pick up your copy at the Main Library or download on Hoopla. Great way to make new friends!

**Monday Night Trivia: History & Geography (Vauxhall Library)**

Monday 10/21 at 6:00 p.m.

Do you consider yourself a history buff? Join us for an intensive trivia session where attendees are quizzed on their knowledge of history and geography. Please join us for the fun and the prizes!

**Hilton Readers Book Discussion Group (Vauxhall Library)**

Wednesday 10/23 at 6:00 p.m.

October's book selection is Coleman Hill by Kim Coleman-Foote. Join a regularly scheduled group, make new friends.

**Hunting History: The Nazi Spy and the German American Bund (Main Library)**

Thursday 10/24 at 6:00 p.m.

Led by Hunting Historian himself, James Calaski shares his research on Glen Rock resident Carl Schiphorst. Schiphorst was the target of an FBI investigation as a Nazi spy.

**Animal Crossing Open Hours (Virtual on Nintendo Switch)**

Friday 10/25 at 3:00 - 5:00 p.m.

Come explore UPL Island! Check out our inclusive virtual library building that serves children, teens, and adults. You must add us as a friend before entering the island. Our UPL Nintendo friend code is SW-4027-1837-6212.

All ages are welcome.

**Total Body Blast with Just Gains (Main Library)**

Saturday 10/26 at 1:00 p.m.

Total Body Blast is an energy-driven, small group class that focuses on increasing strength, cardiovascular endurance, stability, and mobility.

**Know Your Rights? (Vauxhall Library)**

Monday 10/28 at 6:00 p.m.

The New Jersey Division on Civil Rights (DCR) will provide an overview of the Law Against Discrimination and the two other anti-discrimination laws.

**Chair Yoga (Main Library)**

Tuesdays at 9:00 a.m. on

10/1, 10/8, 10/15, 10/22, 10/29

Take a deep breath with friends and stretch! A popular class for beginners or professionals.

Presented by the Gateway Family YMCA.

**Walk-in Wednesdays: One-on-One Library Technology Assistance (Vauxhall Library)**

Wednesdays at 12:30 - 2:00 p.m. on

10/2, 10/9, 10/16, 10/23, 10/30

Get help with library resources, including downloading e-books from Libby and Hoopla, using the library catalog and resources, using mobile print, and photocopier and scanner.



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