

Scotch Plains NJ

WHAT'S HAPPENING MONTHLY

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COLLEGE CLUB 2024 SCHOLARSHIP RECIPIENTS

Celebrating its 91st Anniversary, the College Club of Fanwood Scotch Plains continues its tradition since its inception in 1933: to support the pursuit of a college education for young women in the Scotch Plains and Fanwood communities by providing scholarships. To date the College Club has awarded approximately \$810,000 in scholarships to approximately 595 young women.

This past May, the College Club of Fanwood - Scotch Plains awarded a total of \$31,000 in scholarships to 13 students, 5 of whom are high school seniors who graduated in June and 8 of whom are currently attending college.

The 2024 College recipients are: Minahal Azhar, daughter of Azhar Abbas and Tahiti Parveen, a rising sophomore at Rutgers University; Riley Dwyer, daughter of Michael and Diane Dwyer, who will be a junior at TCNJ in the fall; Jessica Gallagher, daughter of Cheryl and Brendon Gallagher a rising sophomore at TCNJ; Katelyn Gaulin, daughter of Eric and Karyn Gaulin, who will be a junior at TCNJ in the fall; Alexis Gutierrez daughter of German Gutierrez and Marguerite Sahaj, a rising senior at Stony Brook University; Bridget Hernandez, daughter of Hans and Jennie Hernandez who will be a sophomore at the University of Arizona in the fall; Chloe Howell, daughter of Philip and Holly Howell, a rising junior at The University of San Diego; and Natasha Vega, daughter

of Jose Vega and Jacqueline Soto who will be a sophomore at Case Western Reserve in the fall.

The 2024 High School recipients are: Elizabeth Diamond, daughter of Richard and Katarzyna Diamond who will be attending Suny University of New York at New Paltz in the fall; Lily Gaulin, daughter of Eric and Karyn Gaulin a rising freshman at The University of Florida; Katelyn Lester, daughter of Lawrence and Margaret Lester, the recipient of the Marie Leppert Community Service Award, who will be attending the University of Texas in the fall; and Sairah Llano, daughter of Joe and Sapna Llano, the recipient of the Elaine Carmen Education Award, a rising freshman at TCNJ.

The Academic Award of Excellence was presented to Diti Nainwal, Salutatorian of the SPFHS graduating class, daughter of Ritu and Mayank Nainwal, who will be attending the University of Urbana at Champaign in the fall.

The High School awards were also presented at the SPFHS annual awards assembly.

The College Club hosts monthly informative programs presented by guest speakers on the third Monday of every month September-April; free and open to the public. Anyone interested in more information about the College Club of Fanwood-Scotch Plains or would like to become a member please visit the club's website at fspcollegeclub.org.



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(above, l-r) The 2024-2025 scholarship recipients are Alexis Gutierrez, Elizabeth Diamond, Lily Gaulin, Katelyn Gaulin, Bridget Hernandez, Diti Nainwal, Minahal Azhar, Dairah Llano, Natasha Vega, Katelyn Lester, and Jessica Gallagher.
Not pictured: Chloe Howell and Riley Dwyer

Courtesy photo



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Scotch Plains NJ

WHAT'S HAPPENING MONTHLY

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RESCUE SQUAD'S NEW AMBULANCE IS HERE

As part of its commitment to provide high-quality and fast emergency response, the Scotch Plains Rescue Squad has taken delivery of its newest ambulance. While it may not look much different on the outside, it has many innovative features to keep both passengers and the EMTs assisting them safe and secure.

One of these new safeguards is a restraint system that allows personnel to easily care for patients while ensuring that in the event of any sudden movements, EMTs are kept secure in their positions and are in no danger of injuring themselves or their patients. There is also customized cabinetry for ease of obtaining supplies, as well as a patient compartment camera for use by the front crew so everyone on the ambulance can stay involved in the treatment being provided.

In order to increase response time en route to patients and hospitals, other new features have been installed, such as a howler horn in lieu of air horn, which has the benefit of producing a sound wave that penetrates vehicles, and an attention-grabbing exterior emergency light that flashes different patterns, so drivers can move over faster to allow the ambulance to pass. To help keep patients calm during what can be a very stressful situation, blue LED mood-calming lighting can be used at times instead of bright white lights.

During its more than 87 years in service, The



Scotch Plains Rescue Squad has always strived to implement new technology to keep the townspeople who rely on this organization safe and secure. For example, it was one of the first rescue squads in Union County to carry automated defibrillators on its two ambulances, thus increasing the chance of survival of cardiac arrest patients.

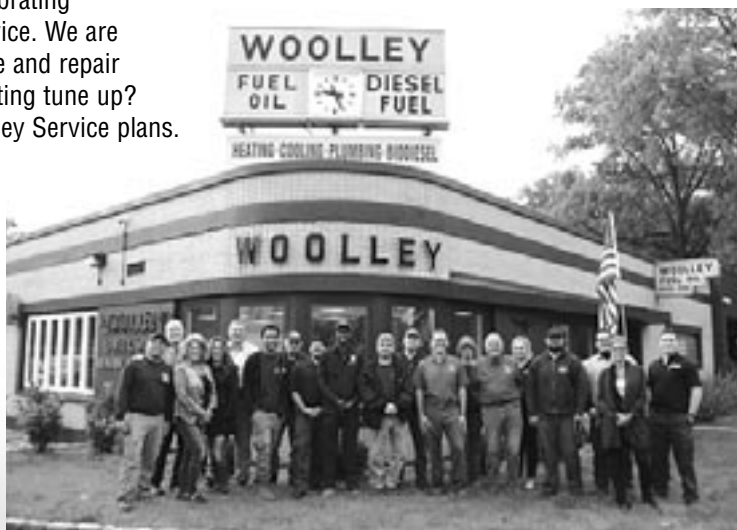
Its members want to thank the town, the businesses, and the community for their ongoing support. They very much appreciate the ongoing recognition of their outstanding all-volunteer service, and are grateful to those who donate to make purchasing this ambulance and the medical supplies that go into it possible. It really does take a village of Neighbors Helping Neighbors.

If interested in donating, volunteering, or just finding out more about this vital organization, go to ScotchPlainsRescueSquad.com or visit its Facebook page.

Contributing Author: Susan Baldani, a life member of the Scotch Plains Rescue Squad.

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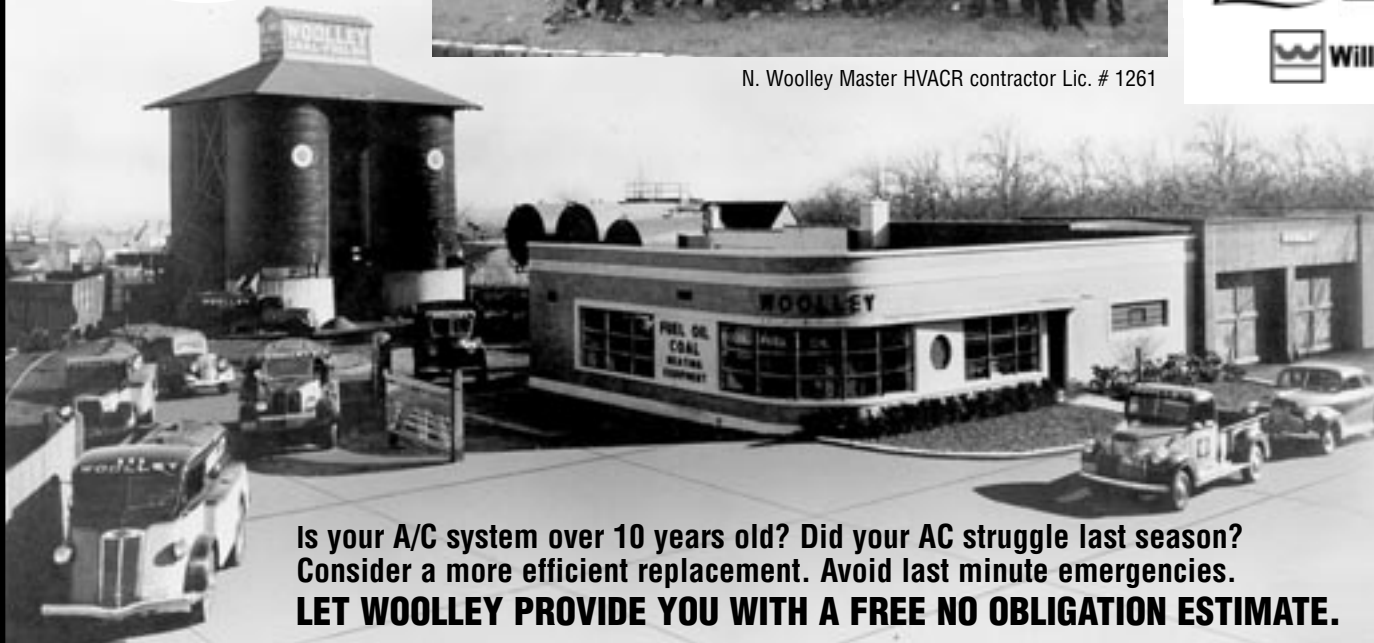
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ITALIAN EXCHANGE STUDENTS VISIT TOWN HALL

Scotch Plains Township

Exchange students from Reggio Emilia, Italy visited the municipal building in June and met with town leaders, as part of an ongoing program between Scotch Plains-Fanwood High School

and its Italian counterparts. The program is organized through Carmela Lambert, a world languages teacher at the high school.

Nineteen SP-F students visited Italy in March, hosted by Italian families, attended school, and

also visited neighboring cities. Closing the cycle, the Italian students were in downtown Scotch Plains on June 4, taking a short bus trip around and had lunch at Massa Pizza, as part of their big trip to New Jersey.

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TALE OF TWO PATIENTS: THE IMPORTANCE OF COORDINATED HEALTHCARE

Submitted by Patricia Buckridee

Recently, our team responded to a call at a residence for a patient who had fallen and lost consciousness. Upon arrival, we assessed the situation, and soon after, paramedics took over, conducting more detailed tests. They discovered that the patient's blood glucose level was dangerously low, a condition also noted in a similar incident earlier that week. Out of curiosity, I examined the patient's medications

and found multiple pill bottles, each prescribed by different doctors and filled at various pharmacies.

A few days later, another call led us to a different residence where a patient had fallen, sustaining significant facial injuries. Here too, the patient's daughter handed me several pill bottles from different doctors and pharmacies.

You may wonder how such situations arise. Unfortunately, they are becoming increasingly common due to the convenience of urgent care centers. Many people opt for these facilities instead of establishing a relationship with a primary care doctor who could oversee and coordinate all aspects of their medical care.

A primary care physician typically conducts a thorough initial physical exam to establish a baseline of your health. Any prescribed medications are recorded and managed centrally under the doctor's supervision. They often recommend that all prescriptions be filled at the same pharmacy to ensure that any potential drug interactions are noted and addressed by the pharmacist in consultation with the doctor. This system ensures a seamless flow of communication and a team approach to patient care, thus minimizing errors and enhancing safety.

In the cases of my patients, neither had a primary care doctor. When health issues arose, they visited local urgent care centers, received

prescriptions from various doctors, and filled these at different pharmacies, sometimes never visiting the same one twice. For instance, the first patient was unknowingly prescribed the same class of diabetes medication only with different names by different doctors due to a language barrier, leading to an overdose that caused her blood sugar to plummet and resulted in repeated falls.

The second patient, treated for hypertension, experienced a similar issue. Unaware of the medications he was already taking, he was overprescribed calcium channel blockers and angiotensin receptor blockers by an urgent care doctor, which significantly lowered his blood pressure, causing dizziness, lightheadedness, and a severe fall.

The best way to prevent such medication errors is to have all medical care coordinated by a single primary care physician and to consistently use one pharmacy for all prescriptions. This approach ensures robust checks and balances, where your doctor has oversight over all medications, and any duplications or interactions are likely to be flagged by your pharmacist. With a healthcare team that knows you well, you are far more protected from the dangerous errors like those described here.

Contributing Author: Patricia Buckridee, a member of the Fanwood Rescue Squad and the Scotch Plains Rescue Squad.

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HISTORIC CHAPEL AT WILLOW GROVE CHURCH

Submitted by August Ruggiero

After the completion of extensive renovations, Scotch Plains Mayor Josh Losardo recently visited Willow Grove Church for a tour of the historic Chapel. Built in 1887 with large stones donated by local farmers, on land given by John Lambert, this Chapel served as a Sunday School until 1951, when it became the original building of Willow Grove Church. The church recently renamed it the "Lambert Stone Chapel" after restoring the interior in its original style, with air-conditioning added. A sign with this new name has been erected on the front lawn outside the

Chapel, located at 1961 Raritan Road, Scotch Plains.


Willow Grove Church's hope is that the Scotch Plains community will become more aware of its availability as a wonderful venue for many joyous or solemn events, including small weddings, funerals, memorial services, meetings of community groups and clubs, small concerts, and spiritual gatherings. This Chapel has seating for 50 people. If anyone would like to inquire or reserve the room, please contact August Ruggiero, by emailing augustar@verizon.net or calling 908-377-3469.

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(above) Pastor Rev. Se Hyuk Park, Mayor Josh Losardo, and church member Wilma Sinnock in the Lambert Stone Chapel.




(above) Mayor Josh Losardo, church member Wilma Sinnock, and Pastor Rev. Se Hyuk Park outside the Lambert Stone Chapel.

Courtesy photo

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23RD ANNUAL DRIVE FOR AUTISM GOLF EVENT

Drive for Autism Foundation

BEWARE: SCAMMERS POSING AS WORKERS TO ENTER HOMES

Scotch Plains Police Chief Jeff Briel is urging residents to be aware of criminals claiming to be utility workers to gain access to homes. "We have a strong message for residents: Always check these workers for identification and never give them money," said Chief Briel, "Unless there is a true emergency, it is extremely rare for service technicians to visit customers without a confirmed appointment."

Police offer these important precautions: Always ask for a company-issued photo ID. Do not share your utility account numbers or other personal information. Legitimate technicians will not ask for this. Look for the corporate logo. Note the time. Never give money.

If you suspect someone may be a utility imposter, close and lock your door, and immediately call 911.

The Drive for Autism Foundation is pleased to announce that its annual golf event, Drive for Autism XXIII will be held at Royce Brook Golf Club in Hillsborough, NJ on Monday September 16, 2024.

The Drive for Autism Golf Outing, which has been held since 2002 has raised and distributed over \$855,000 to local school programs. Previous beneficiaries of grants were Morris Union Jointure Commission (New Providence, NJ), Salt Brook School (New Providence, NJ), AW Roberts School (New Providence, NJ), Union County Educational Services Foundation/Crossroads School (Westfield, NJ), Educational Partnership for Instructing Children (Paramus, NJ), Young Life (greater Summit area), Eden II/Genesis Programs (Staten Island, NY), Spectrum360 - formally The Children's Institute (Verona, NJ), and Seton Foundation/Mother Francheska Elementary School (Staten Island, NY).

Grant recipients use money to fund Health and Fitness Programs, Social Skills Programs, educational curriculum and teacher training, a van for community trips and transportation to job training centers, laptop computers, computer touch screens, iPads, video projectors and educational toys and games

The golf event is the main fundraising function for the foundation. Single golfers and foursomes

are welcome as well as, product donations and corporate sponsorships. To register online please go to: birdease.com/DriveforAutismXXIII

ABOUT DRIVE FOR AUTISM FOUNDATION:

Based in New Providence, New Jersey, The Drive for Autism Foundation (EIN#20-1760417), is a 501(3)(c) tax exempt public charity that was created in the Spring of 2002 for the sole purpose of raising and distributing funds for educational facilities specializing in students with autism.

DRIVE FOR AUTISM GOLF OUTING 2024

The Drive for Autism XXIII is scheduled for Monday Sept 16, 2024, at Royce Brook Golf Club in Hillsborough, NJ. The event consists of a morning round of golf followed by a barbeque. Special events include golf contests, raffles and a silent auction of sports memorabilia, game tickets and golf trips.

To register or for additional information please visit birdease.com/DriveForAutismXXIII, call 908-451-8033

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2ND ANNUAL MOVERS, SHAKERS, CHANGE MAKERS EVENT

SP-F Public Schools

Student Movement Against Cancer (SMAC), Inc., established in 2001 by students of Scotch Plains-Fanwood High School, raised nearly \$6,000 for the nonprofit organization Inspiring Life Together (ILT) during its second annual “Movers, Shakers, Change Makers” held in the spring.

With movement at its core, “Movers, Shakers, Change Makers” invited current students from across the SMAC network to be swept up by fun, physical activities that kept them moving throughout the afternoon and evening. Building off the success of last year’s inaugural event at Union Catholic High School, SMAC was able to double its impact in 2024 by hosting two simultaneous events at two different schools. The 2024 event at Union Catholic High School featured facilitated fitness experiences, friendly games and tournaments, and a chance for student leaders to meet and mingle. Students from three area high schools made the trip to Scotch Plains for the day’s festivities.

Professional fitness instructors from across Union County volunteered their time and talent to offer custom sessions for attendees. Members of SMAC’s Board of Directors and representatives from Inspiring Life Together were also in attendance to support the cause and its student organizers.

New to the event this year, “Movers, Shakers, Change Makers” placed special emphasis on cancer education and awareness. A representative from ScreenNJ – an initiative backed by the Rutgers Cancer Institute of New Jersey and the New Jersey Department of Health – was on hand to share resources and materials related to cancer screening and prevention. Event goers were also encouraged to take home cancer education information supplied by MD Anderson Cancer Center and Inspiring Life Together.

SMAC student leaders selected Inspiring Life Together as the event’s beneficiary due to its local impact. ILT is a New Jersey-based nonprofit dedicated to supporting mothers experiencing a

breast cancer diagnosis. The funds raised by “Movers, Shakers, Change Makers” will support ILT’s Sustainable Lifestyles Program, an initiative offering ILT mothers post-treatment experiences designed to promote a healthy lifestyle. Services include gym membership, personal training, health coaching, therapeutic spa treatment, attendance at ILT social events, youth activities, and personalized services that align with ILT’s mission.

SMAC, Inspiring Life Together, and “Movers, Shakers, Change Makers” garnered the attention of local businesses who showed an outpouring of support. “Once again, our neighbors and local businesses rallied behind our SMAC students,” shared Danielle Delavaux, SMAC Executive Director. “We are so grateful for the generosity of our sponsors and in-kind donors, and it was only with their help that our students were able to reach their fundraising goal.”

For more information about the event and ways to get involved in SMAC, please visit supportsmac.org/events or contact SMAC Executive Director Danielle Delavaux at danielle@supportsmac.org.

ABOUT STUDENT MOVEMENT AGAINST CANCER

Student Movement Against Cancer (SMAC), Inc. is a 501(c)3 non-profit organization dedicated to empowering the next generation of cancer fighters. Created in 2001, SMAC began when a small group of friends at Scotch Plains-Fanwood High School banded together to help their friend, Rob Mattar, as he battled cancer. Since then, SMAC has become a network of student-led chapters around New Jersey, New York, Pennsylvania, and Louisiana who raise funds for cancer causes, launch awareness campaigns, and support their communities. SMAC has raised over two million dollars for cancer causes since its founding.



(above) Event organizers

Courtesy photo

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LIBRARY PROGRAMS

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The Library will be closed
Sat, August 31 through Mon, September 2.

Balance Awareness with Yasmin Ofek

Fridays at 10am

a gentle but effective approach to moving confidently throughout the lifespan. Registration is required for this virtual class. (no class August 16 or 30)

Hypertension Clinic

Friday, August 2, 10am to Noon

in the Adult Room with a public health nurse from Union County. Walk-ins welcome.

Bring Your Own Book

Monday, August 5 at 10am

an informal discussion of what participants have recently read and enjoyed.

Registration is required.

Movie

Wednesdays at 12pm

Enjoy a movie in our downstairs meeting room.

Let's Monet

Thursday, August 15 at 6:30pm

Put your own spin on a painting with Let's Monet. Registration is required; space is limited.

Introduction to Crochet

Monday, August 19 at 10am

Learn how to finish a project; registration is required.

Earthquakes

Thursday, August 22 at 7pm

Dr. Shannon E. Graham of TCNJ will discuss her research about earthquakes and how she helps determine hazards for local communities.

Yankee Baseball

Monday, August 26 at 7pm

Yankee Baseball: From the (Organ) Bench with Ed Alstrom.

Adult Summer Reading

continues through Tuesday, September 3.

More information about library news and events can be found at scotlib.org.

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CABARET SERIES AT THE SIEMINSKI THEATER

This August, the versatile and state-of-the art Sieminski Theater in Basking Ridge will be transformed into a genuine cosmopolitan cabaret setting with table seating, light bites, and a cash bar. Doors open at 7 PM. Upon arrival, each patron receives a glass of Prosecco or a sparkling beverage, individual charcuterie, and sweets to enjoy while socializing before the show begins at 8 PM. Three very different shows are offered: a traditional jazz cabaret featuring a sextet and vocalist, a Broadway-stage caliber duo, and a “best of” Broadway Rock cabaret.

Tables accommodate up to 10 people (general seating) or private tables for 2 are available. General seating is \$85 per person.

FRIDAY, AUGUST 9TH: JAZZ TROMBONIST DION TUCKER AND HIS ENSEMBLE.

Dion has played with the Illinois Jacquet Big Band, Steve Turre & the Sancti-fied Shells, Ray Charles Big Band, and the Count Basie Band. He has been a member of the Lincoln Center Jazz Orchestra, led by Wynton Marsalis, as well as Lester Bowie and the Brass Fantasy, the Louie Armstrong Centennial Band, the Clark Terry Big Band and Frank Foster & the Loud Minority. Dion has made T.V. appearances on the Oprah Winfrey Show, the David Letterman Show, The Ellen DeGeneres Show, The View, The Today Show, and The Jimmy Fallon Show, and has traveled the world to perform in Asia, Europe, Africa, Cuba, Turkey and New Zealand, and is currently a member of the Duke Ellington Orchestra and The Harry Connick Jr. Big Band. Dion has appeared with Harry Connick Jr. at the White House for President Barack Obama and appears in Connick’s recent DVD “Live From Broadway” as well as participating in Connick’s weekday TV show Harry.

FRIDAY, AUGUST 23RD: BROADWAY’S LIZ MCCARTNEY W/ JIMMY HORAN ON PIANO.

Annie, The Phantom of the Opera, South Pacific, Mamma Mia!, Thoroughly Modern Millie, & Boy George’s Taboo are just a few of big-voiced & big-hearted LIZ MCCARTNEY’s Broadway credits. Liz has toured the country as

Madame Morrible in Wicked, Marie/Fairy Godmother in Cinderella, & Ursula in The Little Mermaid. Her performance as Mrs. Lovett in Drury Lane Theatre of Chicago’s production of Sweeney Todd brought her a nomination for the coveted Joseph Jefferson Award, & she was recently a part of New York City Center’s production of Sunday in the Park with George, opposite Jake Gyllenhaal.

Jimmy Horan is a Musical Director / Pianist / Arranger / Composer who has worked at all the Major Cabaret Venues in NYC, such as Rose Theater at Jazz at Lincoln Center, Birdland, The Duplex, Don’t Tell Mama and The Metropolitan Room. Most recently, Jimmy worked at 54 Below/Feinstein’s as Musical Director/Co-Producer of the successful Second Act Series, working with composers like Charles Strouse, John Kander, Nancy Ford, Keith Herrmann, and Michael Valenti; and artists like Jill Eikenberry (personal MD as well) Jon Cryer, Loni Ackerman, P.J. Benjamin, and The Skivvies. He has served as NYC Gay Men’s Chorus Cabaret/Special Events Musical Director and Arranger with performances at Carnegie Hall, Madison Square Garden and The Barclays Center.

Friday, August 30th: Theatre Rock LIVE!

A soaring tribute to, and celebration of, Rock Musicals! Songs from such hit musicals as Hair, Pippin, Jesus Christ Superstar, Hamilton, Dear Evan Hanson, Tommy, Godspell and so much more! The group features the rock tenor of international recording artist Eric Scott Klein (Days Before Tomorrow), the dynamic Olivia Renteria (Mean Girls), and the magical voice of Lawrence Street (Carmen Jones, Urinetown, Mean Girls) fused with the energy a skilled rock/pop band anchored by veteran musical director Joe Andolino.

THE SIEMINSKI THEATER:

For more information, call 908-580-3892. Or visit us at www.sieminskitheater.org to view our upcoming entertainment schedule, where any seat is the best seat in the house.

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OVER \$50,000 IN SCHOLARSHIPS AWARDED

Fanwood-Scotch Plains Rotary

The Fanwood-Scotch Plains Rotary Club honored nine Scotch Plains Fanwood High School students for their academic achievements during their June meeting. Over \$50,000 in scholarships were awarded by the Club this year.

Accompanied by a parent, five of the nine recipients attended. They discussed their college plans, future ambitions and their high school experiences. They all were very enthusiastic and complementary concerning their high school days.

Rotarian and Superintendent of Schools Joan Mast lauded the students for their academic achievements. Outgoing FSP Rotary Club President Al Smith recommended that the students check out college Rotary Rotaract Clubs.

The Scholarships, Recipients and schools they

will attend are:

Garbe Memorial Scholarships, a 4 year \$2,500 per year scholarship totaling \$10,000 - three were awarded:

- Maise Shimko attending Cornell University,
- Rachel Lacerda attending Montclair University
- Matan Goldstein attending Rutgers University
- Mullin Memorial Scholarship, a 4 year \$2,000 per year scholarship totaling \$8,000
- Taylor Clement attending the University of Rhode Island
- Ethel Perkins Memorial Scholarship, a 4 year \$2,000 per year scholarship totaling \$8,000
- Catie Shwirut attending the University of Delaware
- Robert H. Kraus Memorial Scholarship - a one-time \$3000 award

- David Cooper attending Rutger University
- Dr. Richard Dobyns Scholarship - a one-time \$1000 award
- Ryan Enayati attending the University of Connecticut
- David E. Ringle Memorial Scholarship to SPFHS – Valedictorian - a one-time \$750 award Daniel Wong attending Northeastern University
- David E. Ringle Memorial Scholarship to SPFHS - Salutatorian – a one-time \$500 award Diti Nainwal attending the University of Illinois

To find out more about FSP Rotary Club Scholarships, please go to fsprotary.org/programs. If you are interested in finding out more about the FSP Rotary Club, please email president@fsprotary.org



(above) Rotary Scholarship recipients Maisie Shimko, Rachel Lacerda, Taylor Clement, Catie Shwirut, and Matan Goldstien are shown with Rotarians Steve Goldberg, Susan Pastir, Curt Brand, Joan Mast, and Al Smith

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NATURE CENTER CLEAN-UP BRINGS BACK MEMORIES

Borough of Fanwood

Fifty years ago, 16-year-old Robert Schott was looking to complete his Eagle Scout project and was told that work was needed on a nature center being constructed in Fanwood.

Schott decided he wanted to construct a bench for a rest area for visitors at the new center, which is celebrating its 50th anniversary this year.

"There were a few of us (Scouts) that contributed to the park development including Bob Luisi and Stephen Wilson," who cut the trails at the Nature Center, Schott said, noting that the trails are named after them. Schott, Luisi and Wilson were all Fanwood residents and members of the Scotch Plains-Fanwood High School Class of 1976. Schott now lives in Cranford.

"Everything that we did (at the Nature Center) was brand new as that was when the park was being developed," Schott said. "It was a good opportunity to contribute and get our projects done."

He said his father, Joe Schott, a World War II veteran who celebrated his 102nd birthday earlier this year, helped design the bench.

"We worked together to construct the forms to cut and lay the rebar (and) to mix and pour the cement," Robert Schott said, noting that his father "probably did half the work."

"It wasn't just the bench. I carved out about a

20 by 20 what I called the Robert Schott's Rest Area. We framed it with railroad ties. I cleared out all the brush and I may have planted flowers," he recalled.

He carved the year 1974 into the bench when he constructed it, which he said is barely legible today, along with his name underneath the bench.

Robert Schott said he had only been back to the Nature Center a few times over the past 50

years but returned for a trail clean-up day on May 4th, 2024.

"I raked out all the weeds and I cleared out a few fallen branches and I cut a few things up just to freshen it up," he said.

He noted the trails are "really well manicured now and stoned and lined. It's beautiful."

Schott said his bench was painted over the years and is "solid as cement can be."



(above) Bob Schott pouring cement in 1974 for Nature Center bench.



(above) Joe and Bob Schott on the bench he made for the Nature Center back in 1974.

Courtesy photos

CALLING ALL SPFHS CLASS OF 1974: DUST OFF YOUR DANCIN' SHOES

Mark your calendars, Raiders! Our legendary 50th Reunion is just around the corner, and it's going to be a blast from the past that you won't want to miss.

- **When:** Saturday, October 26th, 2024
- **Where:** Embassy Suites Berkeley Heights, NJ
- **Cost:** Believe it or not, thanks to the generosity of some angelic classmates, it's only \$19.74 for YOU (and \$125 for your guest)!

Get ready for a night of reminiscing, reconnecting, and reliving those unforgettable moments:

Footloose and Fancy-Free: We may not be teenagers anymore, but we can still bust a

move! Dance the night away to live music and reminisce about that epic 8-1 Football season (remember #3 in the State?!)

Kool and the Gang: Remember the marathon dance party with these chart-toppers as our house band? Get ready for a round two of musical magic!

Wolfman Jack Howls Again! Channel your inner Wolfman Jack and unleash your inner rock star with a night of unforgettable tunes.

Charlie Newman Fund Toast: Let's raise a glass to the Charlie Newman Fund and the incredible impact it's had on our community.

Wrestle Your Way Down Memory Lane:

Didn't make the Wrestling Team (10-2, by the way!)? No problem! We'll have plenty of friendly competition (and reminiscing) for everyone.

Senior Work Day Rewind: Remember ditching class for a good cause? Relive the (slightly rebellious) spirit of Senior Work Day!

"It's About Time" for a Reunion Play Revival: Dust off your lines and relive the magic of our original Senior Class Play!

We also have pre and post events, including Friday evening at the Stage House Inn with musical entertainment by classmates, a Saturday afternoon tour of the high school, and breakfast together on Sunday. This reunion is more than just a party; it's a chance to reconnect with the people who shaped your high school years. Don't miss out on this chance to relive the glory days and create new memories!

We can't wait to see you there!

For more information and to RSVP, visit: sites.google.com/view/spfhs74reunion/home

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YOUTH FACILITATORS SOUGHT FOR AUGUST

Imagine, A Center for Coping with Loss

If you're a high school age youth interested in training to become a volunteer facilitator at Imagine the next training will take place over two days beginning on August 28th and concluding on August 29th and interested volunteers should plan to attend both days of the training. The training will be held from 10 a.m. – 1 p.m. each day. Please visit Imagine's website at imagineinj.org to learn more about volunteering with Imagine and to complete an interest form for our upcoming training. Questions about training to be an Imagine facilitator can be directed to Imagine's Clinical Program Supervisor, Abigail Preece, LPC at abigail@imagineinj.org.

Imagine's youth facilitators partner with our adult volunteers as they facilitate Imagine's peer support groups for children. Youth facilitators are an integral part of Imagine's team as they create safe spaces where Imagine's young participants can share their stories or use play as an outlet for their feelings of grief.

One of Imagine's former youth facilitators said this about her experience as a volunteer:


"Being a part of imagine as a youth facilitator not only made my high school experience, it made me who I am today. I am so honored to be a part of a community that holds a space for so many families they can find nowhere else, as well as one that creates a space where us too as volunteers grow, and learn, and listen. At Imagine, I gained things that I don't think are accessible elsewhere, all while hopefully adding to someone else's life." The staff at Imagine are so grateful for the time that youth volunteers commit to their programs and for the unique perspective and empathy that they bring to their support groups.

Imagine is a 501c3 that offers grief and loss education and training to the community and free year-round grief support groups for children ages 3-18 and young adults 19-30 who are coping with a loss due to death. Concurrently, support groups are available for the parents and guardians of the children in the groups and offered in English and Spanish. For more information please contact Imagine at 908-264-3100 or info@imagineinj.org or visit our website at imagineinj.org.

Courtesy photo



(above, l-r) Participants in Imagine's recent youth facilitator training proudly displaying their certificates of completion: Tim Jiao, Addy Oni, Ava Handler, Amanda Linde and Lauren Glasofer



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