

Green Brook Gazette

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THE GREEN TEAM RECEIVES STATE RECOGNITION



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(above) The Green Team was honored at a ceremony held at the Governor's Mansion sponsored by the Drumthwacket Foundation for their impactful work on sustainability.

Courtesy photo

Green Brook Public Schools

Newly established this school year, the Green Team at the Green Brook Middle School is dedicated to sustainability, gardening, and environmental awareness.

On June 11th, the Green Team was honored at a ceremony held at the Governor's Mansion sponsored by the Drumthwacket Foundation for their impactful work on sustainability.

Out of three state finalists, the GBMS Green Team took first place in the 2024 NJ Student Climate Challenge for their project, titled "Wild Over Worms." This sustainable project addressed food waste, organic composting, and organic farming. The team was supported by staff members, Christina Berquist, Mary Wilson, and Philip Muñoz.

For the winning project, the students set up a worm farm to tackle food waste in the cafeteria. They collected food scraps daily to feed the worms. Generous plant donations from Hionis

Greenhouse were used to grow organic vegetables for this season and beautify the school's front entrance and courtyard with flowers, and the compost that the worms created was added to the soil to help the garden grow.

Throughout the school year, the Green Team also renovated a milkweed garden to attract pollinators and birds, set up a hydroponic garden system in the winter and used the produce they grew to make salads, pickles, and other recipes.

Students of diverse backgrounds, ages, and abilities came together to create a thriving ecosystem of social connection. Working together has enhanced the students' sense of belonging and community, fostering a heart for conservation.

The Green Team is comprised of 5th through 8th grade students Ira Beutner, Yohan Brito, Valentina Condina, Evan Connolly, George Deng, Yanari Galindo, Raima Jain, Torey Kasar, Steven Maxfield, Paris McCall, Matthew Mendo, Angelo Ornetta, and Dylan Ortiz.

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SUNMERRY BAKERY NEIGHBOR & FRIENDS EVENT

On Saturday, June 29th, Sunmerry hosted a Neighbor & Friends event, inviting the local community to enjoy their freshly baked goods. The event was filled with excitement and plenty of delicious samples from the bakery's extensive menu.

Located at 299 US-22 Highway in Green Brook, the Taiwanese bakery is a recent addition to the town and has quickly gained a reputation for its delicious treats and welcoming atmosphere.

Founded in Tokyo in 1946 and expanded to Taiwan in 1986, the family-owned business now has 10 stores in California and 3 in New Jersey. Embracing family values and innovative recipes, Sunmerry offers a blend of Taiwanese and Japanese flavors under the slogan, "Not Too Sweet, Just Delicious!"

Green Brook Mayor, Jim Van Arsdale attended, touring the central kitchen where all of Sunmerry's bread is freshly baked daily.

Sunmerry prides itself on using real butter, ensuring premium quality in everything, from classic croissants to unique creations like BBQ Pork Bolo, and Golden Lava Roll.

In addition, Sunmerry Bakery will be making a donation to Green Brook Scout Troop 129 this month as part of their ongoing community engagement efforts. They will also be participating in this year's National Night Out on September 6th, hosted by the GBPD, where they will provide food and beverages.



(above) Green Brook Mayor Jim Arsdale and key members of the Sunmerry team at their new central kitchen/store front

EXCITING NEWS: For those who missed the recent event, Sunmerry will host an exclusive back-to-school event for the Green Brook community on **September 14th, 2024** at the store!



Scan the QR code to RSVP and receive **FREE pastries, drinks, and other delicious food samples on that day!**

For more information, visit their website at sunmerryus.com or follow them on social media at [@sunmerryus_east](https://twitter.com/sunmerryus_east). For any inquiries, please email sunmerryusmarketing.east@gmail.com.



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COUNTY RESIDENTS GRADUATE FROM CERT BASIC TRAINING PROGRAM

Somerset County’s Office of Emergency Management graduated 10 residents from their Community Emergency Response Team (CERT) Basic Training Program. The residents volunteered 30 hours in June to learn about supporting their local communities and first-responders when emergencies and disasters strike.

“CERT teams play a crucial role in mitigating disasters and managing emergencies in Somerset County,” said Commissioner Doug Singleterry, liaison to the Office of Emergency Management. “Each volunteer is a tremendous resource to first responders, their respective communities, and for the people of Somerset County.”

This year’s Spring CERT class included residents from Somerville, Somerset, Branchburg, Basking Ridge, Bridgewater, Bernardsville, and Watchung.

Volunteers trained at the Emergency Services Training Academy in Hillsborough and learned about Disaster Preparedness, CERT Organization, Light Search and Rescue, Disaster Psychology, Terrorism, Fire Safety, Medical Operations, Sheltering Operations, and Stop the Bleed. Following their extensive training, each participant is required to complete a written exam and practical exercise to officially graduate.

Local CERT programs help to train and organize teams of volunteers to assist their families, neighbors, co-workers, and other community members during emergencies when

professional responders may not be immediately available.

Before, during, and after disasters, CERT volunteer teams perform basic response activities, including checking in on neighbors, distribution of information to the public, supporting emergency operations centers, and helping to manage traffic and crowds.

The deployment of CERT volunteers to perform these activities enables professional

responders to focus efforts on more complex, essential, and often life-saving tasks. CERT volunteers also support their communities by organizing, promoting, and participating in emergency preparedness events, activities, and projects.

For more information regarding the CERT program, please utilize the following link: co.somerset.nj.us/government/public-health-safety/emergency-management/cert-volunteers



(above) Somerset County’s 2024 Community Emergency Response Team (CERT) Basic Training Graduates



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URGENT NEED FOR ADVOCATES FOR YOUTH IN FOSTER CARE

Information sessions are scheduled for August

The afternoon that five-year-old Bella’s mom failed to pick her up from kindergarten, she and her little brother Ethan, age two, would see their lives change. As Bella waited at school, calls were made to locate mom – who suffers from schizophrenia. When it was learned mom had been hospitalized, the Division of Child Protection and Permanency became involved and, upon arriving at the family home, it was discovered there was no food, furniture, or other necessary items. It was then that life in foster care for Bella and Ethan began.

Bella and Ethan are among more than 500 children who need to be removed from their homes in Passaic and Union counties each year due to abuse and/or neglect. Separated from all they’ve ever known, the road ahead is long, and they need a caring, consistent adult in their corner to protect their best interests. That’s where Child Focus comes in. Specifically, its Court Appointed Special Advocate (CASA) program and, right now, there is an urgent need for volunteers – including those bilingual in both English and Spanish – to step up and train as child advocates for waiting children.

The next advocate training series will be held from 5:30 to 8:30 p.m. Tuesdays and Thursdays September 12 through October 22 in Clark. Those interested must first attend any one of the following information sessions: Wednesday, August 14 at 5:30 p.m. at the Colleen Fraser Building, 300 North Avenue, Westfield; Thursday, August 22 at 5:30 p.m. at the Rahway Library, 2 City Hall Plaza, Rahway; and Wednesday, August 28 at noon at the Child Focus office, 1143 East Jersey Street, 2nd Floor, Elizabeth. Register now at casapassaicunion.org/info-session.

Said Executive Director Erica Fischer-Kaslander, “We are committed to recruiting, screening, and training advocates for every child

in both Passaic and Union counties who needs one. It is difficult to overstate the difference a CASA volunteer can make in the life of a child removed from home through no fault of their own, due to abuse or neglect.” She added, “Children with volunteer advocates are more likely to have needed services ordered on their behalf, spend less time in the foster care system, and experience significantly better outcomes than those who go without. Becoming a CASA volunteer requires a significant time commitment and training, but volunteers often find the work as life-changing for themselves as it is for the children they help.”

CASA volunteers receive professional training on the ins and outs of advocating for children in foster care and are fully supported by CASA staff members. No special background in child welfare or law is necessary; successful CASA volunteers are dedicated community members with varied life experiences. CASA volunteers visit the children, make unbiased observations, interview others in the child’s life, and make recommendations to the judge. They often are the only consistent adult in the life of a child involved in the child welfare system, as caseworkers, professionals, and placements can be ever-changing. A CASA volunteer provides continuity during a time of chaos and unknowns.

ABOUT CHILD FOCUS:

Child Focus champions the needs and well-being of infants, children and teens impacted by, or at risk of, abuse or neglect by amplifying their voices and working toward lasting, permanent solutions that address their unique situations and provide support needed to thrive. This critical work is accomplished through three distinct but complementary programs: CASA of Passaic and Union Counties, NJ Safe Babies Court Team, and the Open Door Store. For more information, log on to childfocusnj.org.

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For more information please email:
info@gbhsnj.org



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SUMMER CABARET SERIES AT THE SIEMINSKI THEATER THIS AUGUST

This August, the versatile and state-of-the-art Sieminski Theater in Basking Ridge will be transformed into a genuine cosmopolitan cabaret setting with table seating, light bites, and a cash bar. Doors open at 7 PM. Upon arrival, each patron receives a glass of Prosecco or a sparkling beverage, individual charcuterie, and sweets to enjoy while socializing before the show begins at 8 PM. Three very different shows are offered: a traditional jazz cabaret featuring a sextet and vocalist, a Broadway-stage caliber duo, and a “best of” Broadway Rock cabaret.

Tables accommodate up to 10 people (general seating) or private tables for 2 are available. General seating is \$85 per person.

FRIDAY, AUGUST 9TH: JAZZ TROMBONIST DION TUCKER AND HIS ENSEMBLE.

Dion has played with the Illinois Jacquet Big Band, Steve Turre & the Sancti-fied Shells, Ray Charles Big Band, and the Count Basie Band. He has been a member of the Lincoln Center Jazz Orchestra, led by Wynton Marsalis, as well as Lester Bowie and the Brass Fantasy, the Louie Armstrong Centennial Band, the Clark Terry Big Band and Frank Foster & the Loud Minority. Dion has made T.V. appearances on the Oprah Winfrey Show, the David Letterman Show, The

Ellen DeGeneres Show, The View, The Today Show, and The Jimmy Fallon Show, and has traveled the world to perform in Asia, Europe, Africa, Cuba, Turkey and New Zealand, and is currently a member of the Duke Ellington Orchestra and The Harry Connick Jr. Big Band. Dion has appeared with Harry Connick Jr. at the White House for President Barack Obama and appears in Connick’s recent DVD “Live From Broadway” as well as participating in Connick’s weekday TV show Harry.

FRIDAY, AUGUST 23RD: BROADWAY’S LIZ MCCARTNEY W/ JIMMY HORAN ON PIANO.

Annie, The Phantom of the Opera, South Pacific, Mamma Mia!, Thoroughly Modern Millie, & Boy George’s Taboo are just a few of big-voiced & big-hearted LIZ McCARTNEY’s Broadway credits. Liz has toured the country as Madame Morrible in Wicked, Marie/Fairy Godmother in Cinderella, & Ursula in The Little Mermaid. Her performance as Mrs. Lovett in Drury Lane Theatre of Chicago’s production of Sweeney Todd brought her a nomination for the coveted Joseph Jefferson Award, & she was recently a part of New York City Center’s production of Sunday in the Park with George, opposite Jake Gyllenhaal.

Jimmy Horan is a Musical Director / Pianist / Arranger / Composer who has worked at all the Major Cabaret Venues in NYC, such as Rose Theater at Jazz at Lincoln Center, Birdland, The Duplex, Don’t Tell Mama and The Metropolitan Room. Most recently, Jimmy worked at 54 Below/Feinstein’s as Musical Director/Co-Producer of the successful Second Act Series, working with composers like Charles Strouse, John Kander, Nancy Ford, Keith Herrmann, and Michael Valenti; and artists like Jill Eikenberry (personal MD as well) Jon Cryer, Loni Ackerman, P.J. Benjamin, and The Skivvies. He has served as NYC Gay Men’s Chorus Cabaret/Special Events Musical Director and Arranger with performances at Carnegie Hall, Madison Square Garden and The Barclays Center.

Friday, August 30th: Theatre Rock LIVE!

A soaring tribute to, and celebration of, Rock Musicals! Songs from such hit musicals as Hair, Pippin, Jesus Christ Superstar, Hamilton, Dear Evan Hanson, Tommy, Godspell and so much more! The group features the rock tenor of international recording artist Eric Scott Klein (Days Before Tomorrow), the dynamic Olivia Renteria (Mean Girls), and the magical voice of Lawrence Street (Carmen Jones, Urinetown, Mean Girls) fused with the energy a skilled rock/pop band anchored by veteran musical director Joe Andolino.

ABOUT THE SIEMINSKI THEATER:

The Sieminski Theater at Fellowship Village in Basking Ridge provides an intimate, state-of-the-art experience and offers student and senior discounts, dinner and show packages, and free ample parking, making it the perfect evening out for everyone.

Enjoy an exceptional preshow dining experience at Wilson’s Tapas Bar Lounge restaurant before the evening performance. Located steps away from the Sieminski Theater, culinary dishes prepared by Fellowship Village’s award-winning executive chef feature only the freshest ingredients and highest quality. Make a reservation by calling 908-580-3818 for 5:30 pm for the show date.

Bringing a professional performing arts venue with a diverse lineup of entertainment to Basking Ridge and the surrounding communities makes the Sieminski Theater and Somerset County an artistic and cultural destination. We enjoy a newly expanded performance schedule from American Theater Group, Light Opera of New Jersey, New Jersey Festival Orchestra, Trilogy Repertory, and countless national touring groups. Our intimate, award-winning non-profit venue features technical amenities that rival any Broadway theater.

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COMMUNITY HEALTH RESIDENT SURVEY

Somerset County

RWJBarnabas Health, its hospitals, affiliates, and community partners are conducting a Community Health Resident Survey; your input can help shape future programs and services.

This survey is an opportunity for you to share your experiences, opinions, and priorities to help shape the future of our communities' health! Please spend 15 minutes to share your voice here: <https://bit.ly/rwjb24>.

We encourage you to share the survey link with your friends and family. The more participants, the more valuable the results, so we and our partners can develop programs and services most needed.

The survey is confidential and does not ask for your name or identifying information. It is available in 8 languages: Arabic, simplified Chinese, English, Haitian Creole, Hindi, Portuguese, Spanish, and Yiddish.

In the past, survey results have led to the development of smoking prevention campaigns for youth, healthy cooking classes in the community, expansion of transportation options, and mental health training for first responders. We need your input to guide future services.

Your voice matters. Thank you for taking the time to help improve our communities!

RETIRED WHRHS NURSE WORKS TO HELP HAITIAN ORPHANS

Global Health Share

Global Health Share is a non-profit which since 2019 has been dedicated to supporting an orphanage as well as education programs and marketable skills training for children and families in Haiti. The 501c3 charity recently held its second annual Caribbean fundraiser at the Country Lakes firehouse in Browns Mills, NJ. One of its founders is Nan Masterson, who was formally the head school nurse at Watchung Hills Regional High School from 2000 through 2015.

Global Health Share provides funding for food, free elementary and secondary education programs, daily after school help, basic healthcare when funds are available, and marketing skills training to poor families in the communities that they serve. The country of Haiti does not provide free education to children, so if parents are unable to pay for tuition, uniforms, and supplies (which cost about \$400 to \$500 per student per year), the children cannot attend school.

“Since Haiti became an independent country in 1804, they have endured major political and environmental challenges. Two years ago, the President of Haiti was murdered, and gangs took over Port au Prince, the capital city of Haiti. Recent news reports refer to Port au Prince as the most dangerous city in the world. The children and programs that Global Health Share supports are located far enough away from Port au Prince to be out of harm’s way, and the education programs can continue most days. The biggest issue now is access to food and clean water due to the fact that the gangs have closed ports that receive imports of food, and food is scarce. The cost of food has escalated, and Global Health Share, with generous donations has been addressing these needs” said the organization’s founder, and President, Nan Masterson.

While working at WHRHS, Nan Masterson addressed the healthcare needs of students, and states that she loved every minute of it. In 2016 she retired from Watchung Hills. After “retirement” she volunteered on two Chamberlain University clinical immersion trips for nursing students to Kenya. After the second trip she was asked to join their global health education program faculty. Over the next few years, she took students to India, Brazil, and Haiti. She began the non-profit in Haiti after a trip to the country in 2018 while training nursing students in community health.

“There was devastation in every country that I did clinical immersions in with students, however, nothing affected me so deeply as the conditions that the children were living in at an orphanage where we did health assessments in Haiti. It changed my heart forever, and knew I had to do something,” she said.

Since Masterson and her students’ initial purchase of one month’s supply of food for the children at the orphanage, Global Health Share has grown to support two school programs in Leogane and Gressier providing funds for food, uniforms, teacher salaries, structural building repairs, and much-needed supplies, as well as weekend skills-based training workshops. Baking, sewing, computer literacy, and English language instruction have been taught to help the families develop marketable skills for earning a living.

The Caribbean Fundraiser featured regional food, live steel drum music, hula hoop fun, a Caribbean trivia contest, drum circle conga line, basket auction, and 50/50 drawing. During the event Masterson recognized planning committee members Mark and Elisabeth McCartney for their support.

For more information, or to make a donation visit globalhealthsharecharity.org.

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(above, l-r) Elisabeth and Mark McCartney; Global Health Share President and Founder Nan Masterson; Global Health Share Treasurer Mike Rotolo.

4-H FAIR OFFERS FREE FAMILY FUN - AUG 7-9

The tents are going up for the 76th Somerset County 4-H Fair, August 7-9, at North Branch Park in Bridgewater. The fair features 15 acres of exhibits, animals, activities and entertainment from 10 a.m. to 10 p.m. daily. Admission and parking are free.

The Fair is the highlight of the year for almost 1,000 4-H club members. Through exhibits and competitions, fairgoers can connect with the county's agricultural heritage or glimpse the technology of the future thanks to the broad spectrum of 4-H projects. Livestock, poultry, robotics, model trains, beekeeping, and Seeing Eye puppies are just a few of the project areas that will be at the Fair.

A Somerset County Government tent will have displays and information on county services. Also participating is the Park Commission and many community groups. And, be sure to bring your appetite. The 4-H Fair's legendary Food Tent offers a wide selection of your favorite summertime treats.

4-H is the nation's oldest and largest youth organization. Offered in New Jersey through Rutgers Cooperative Extension, 4-H empowers young people with the skills that they need to

succeed in life. Children from kindergarten to grade 3 may join a prep program. Club members in grades 4 to one year out of high school complete hands-on projects in areas such as science, health, agriculture, civic engagement and the arts. You can see 4-H in action by visiting the Fair.

The mission of the Somerset County 4-H Association is to support the 4-H Youth Development Program of Somerset County. The Association owns and maintains the Ted Blum 4-H Center, hosts the annual 4-H Fair, offers scholarships and provides monetary and volunteer support for programs and events. Learn more at 4HisTops.org.

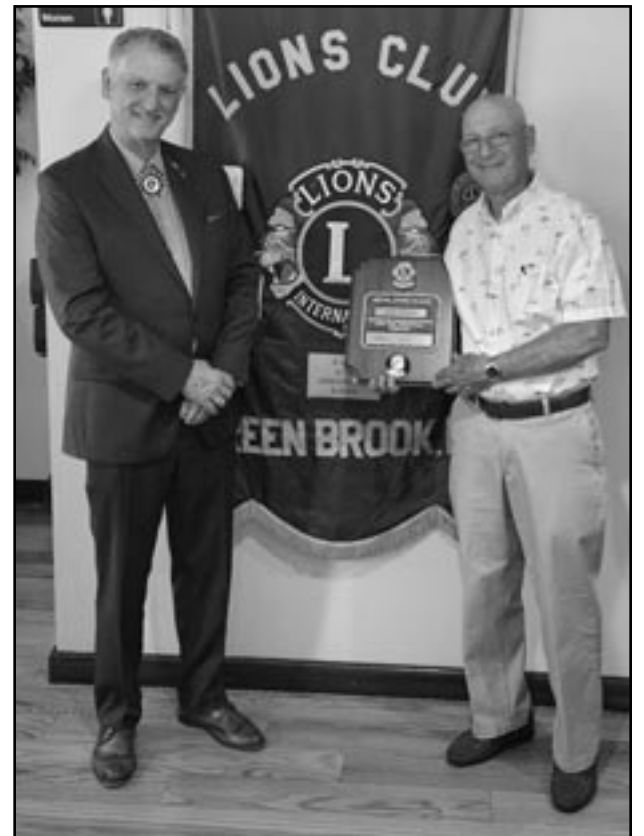


LIONS CLUB HONORS JOHN GUARINO

Green Brook Lions Club President Patrick Boccio (l) is pictured with Lion John Guarino. Lion Guarino was recently honored by the Green Brook Lions Club for 40 years of service, by being bestowed the prestigious Melvin Jones Fellowship recognition.

The Green Brook Lions Club was founded in 1950, accepting residents and business owner from Green Brook as members. The Club meets twice per month from September through June, to plan fund raising events and projects.

For membership information e-mail greenbroklions@gmail.com.



Courtesy photo

GREEN BROOK WELCOMES OFFICER BYRON AGUIRRE

Green Brook's newest Police Officer Byron Aguirre was sworn in on June 17th, by Mayor Jim Van Arsdale, as his brother holds the Bible. Officer Aguirre has been hired due to a pending police officer retirement.



Courtesy photo

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Florham Park Press NJ Qty: 5,500 Zip: 07932	Garwood NJ Times Qty: 2,500 Zip: 07027	Green Brook NJ Gazette Qty: 3,000 Zip: 08812	BUSINESS • LIFE KENILWORTH NJ Qty: 3,500 Zip: 07033	NJ LIFE in LINDEN Qty: 17,900 Zip: 07036	Long Hill LEADER NJ Qty: 3,500 Zips: 07933, 07946, 07980
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Short Hills MILLBURN MONTHLY NJ Qty: 8,200 Zips: 07041, 07078	Summit NJ & Times Qty: 9,600 Zip: 07901	Spirit of UNION NJ Qty: 6,800 Zip: 07083 (partial)	WARREN MONTHLY NJ Qty: 6,200 Zip: 07059	Watchung Post NJ Qty: 2,700 Zip: 07069	Westfield NJ MONTHLY Qty: 11,800 Zip: 07090

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1 Unit (Business card)	3.25" x 2"	\$60	\$150	\$250	\$350	\$400	\$450	\$500	\$550	\$600
2 Units	6.5" x 2" or 3.25" x 4"	\$100	\$250	\$400	\$500	\$600	\$700	\$800	\$900	\$1000
4 Units	3.25" x 8" or 6.5" x 4"	\$180	\$450	\$700	\$900	\$1100	\$1300	\$1500	\$1700	\$1900
6 Units	6.5" x 6.25" or 10" x 4"	\$240	\$600	\$900	\$1200	\$1400	\$1600	\$1800	\$2000	\$2200
9 HALF PAGE	6.5" x 9" or 10" x 7"	\$320	\$800	\$1000	\$1300	\$1600	\$1900	\$2200	\$2400	\$2700
12 Units	10" x 8"	\$360	\$900	\$1200	\$1500	\$1800	\$2100	\$2400	\$2700	\$3000
18 FULL PAGE	10" x 14"	\$400	\$1000	\$1400	\$1800	\$2200	\$2500	\$2800	\$3000	\$3400
2-PAGE SPREAD	21" x 14"	\$700								
BACK PAGE	10" x 14"	\$500								
FRONT PAGE BANNER	8.25" x 2"	\$320								
FRONT PAGE BOX	1.5" x 4.5"	\$240								

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WARRENBROOK SENIOR CENTER - AUGUST CALENDAR

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Skin Cancer Awareness & Prevention

August 5, 11 a.m.

discussion about how skin cancer screening and prevention are crucial for maintaining healthy skin and overall well-being.

Somerset County Library System of New Jersey

August 5, 1 p.m.

Come browse a collection of books, movies, music, and more, register or renew your library card, and learn about the services and programs.

Healthy Living for Your Brain & Body

August 7, 11 a.m.

Join Terrina to learn about research in the areas of diet, exercise, cognitive activity, and social engagement, and how to incorporate these recommendations into a plan for healthy aging.

Breathing Techniques for Mental Wellness

August 8, 11 a.m.

Dr. Prabha Srinivas will be teaching some practices that can be used to distract the mind and induce calm during an anxiety episode.

Candle Collage Craft.

August 9, 11 a.m.

Pre-registration required, and supplies provided.

Origami with Itoko

August 12, 11 a.m.

Itoko Kobayashi will teach us the skills to fold paper and make exciting little paper figurines.

Monthly Book Club

(Virtual) August 13, 1:30 p.m.

New members are always welcome! **Only for Warrenbrook Senior Center Participants**

Indian Dance with Ms. Ruhika Iyer.

August 14, 10:30 a.m.

Ms. Ruhika Iyer will perform the Bharatnatyam dance to celebrate India's Independence Day.

India Independence Day with Seema Moondra from Enjoy Explore India

August 14, 11 a.m.

Seema Moondra will walk us through the rich culture of India, and teach us how to drape a saree. We will also sample some Indian dishes.

Bingo with Bob Mazet.

August 15, 29, 11 a.m.

Craft – Stained glass using Vellum Paper

August 16, 11 a.m.

Pre-registration required, and supplies provided.

Slips & Falls with Dante Searcy, DPT

August 19, 11 a.m.

Dante will highlight common hazards in the environment that contribute to accidents.

Rutgers Health Screenings

August 21, 11 a.m.

Services including blood pressure screening, diabetes education, medication review, nutrition education, brain health activities.

Jeopardy with Jean

August 22, 11 a.m.

Join Jean Mazet will lead the group in an interactive game of Jeopardy.

Summer Trivia with Hirey Molligoda

August 23, 11 a.m.

Test your knowledge on all things summer related as we gather for a fun-filled morning of questions, laughter, and friendly competition.

America & World War 1 (with a focus on NJ)

August 26, 11 a.m.

This session will explore the Garden State's many connections to the war, including the Black Tom attack, the logistics of troop training and deployment, Hoboken's role as the main port of embarkation, and Thomas Edison's role in military preparations. Famous combatants from New Jersey, and the state's role in the aftermath of the war, will also be discussed.

Musical Entertainment and Caricatures with Sal Di-Bianca.

August 28, 11 a.m.

While Sal performs variety of popular songs from past decades, clients will be able to take pictures with caricatures from the world of music in the 1950's and 1960's.

Obesity & Cardiovascular Health

August 30, 11 a.m.

Drs. Phillips and Hameed will talk about Obesity and Cardiovascular disease, with emphasis on risk factors, signs and symptoms, healthy lifestyle, and medical interventions.

Besides the above program, the below programs take place on weekly basis.

Stretch

Mondays, 10 a.m.

Kanwaljit Minhas, will guide you through the exercises to improve flexibility & balance. No fee for this class. Call for more information.

Studio 60+

1st and 3rd Mondays, 1 p.m. – 4 p.m.

Warrenbrook Seniors will meet twice a month to plan the events they are interested in. They will also practice for their quarterly shows.

Mahjong for Intermediate Players

Tuesdays, 9:30 a.m. – 12 p.m.

Zumba Gold with Judith

Tuesdays, 10:15 a.m.

This class is achievable for beginners or others who need modifications to their exercise routine. Cost is \$40 for the 8-week program.

Pre-registration is required, please call.

Bridge Group with Ronnie

Tuesdays, 1 – 4 p.m.

Join Ronnie and her group as they play bridge every week. New members and beginners welcome (lessons available).

Gentle Yoga with Jillian

Tuesdays, 1 p.m. and Thursdays, 10 a.m.

Expect lots of gentle stretching to bring movement to joints and muscles. Cost is \$40 for the 8-week program.

Strength

Wednesdays, 10:00 a.m.

This exercise program is designed to develop strength and enhance the ability to function. No fee for this ongoing class. No class August 14.

Line Dancing with Lynda Hyland

Thursdays, 9:30 – 10:15 a.m.

Card/Table Games

Thursdays, 1 – 4 p.m.

Join in and play some of your favorite games.

Bridge

Fridays, 1 – 4 p.m.

Tai Chi with Roger

Fridays, 10 a.m.

Tai Chi participants will focus on shifting body weight through a series of light, controlled movements. This program can be practiced while either standing or sitting.

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August 6, 2024 from 6 PM - 8 PM
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132 Jefferson Ave. Green Brook

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FOR MORE INFORMATION EMAIL CAPT. DANIEL LANZAFAMA AT: dlanzafama@greenbrookpd.org



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★★★★★ **Client Testimonials**

"From the first moment we called Roseann to start the journey of selling our house until the day of closing, Roseann was with us & always there for valuable advice: how to prepare the house for showing (live and on the internet), and what to expect as a reasonable market price (which would help creating interest and getting offers). Her help with the many 'small things' such as getting the house de-cluttered and cleaned was very much appreciated. Thanks for all your help, and all the best for you and your next clients." Hans B.

"When looking for a real estate agent, we think some of the most important things to consider are 1) their knowledge of the market, 2) their willingness to take the time to understand your needs and 3) honesty and good communication. You also want to find someone that you like to work with. We found all of this and more with Roseann. She never made us feel like we were wasting her time and she DEFINITELY understands this business! We highly recommend Roseann!!" Diana C.

"My wife and I recently sold our home in Green Brook and were so happy we chose to work with Roseann. She told us how she expected the selling process to go, and then guided us thru it calmly and professionally. We could tell that she cared about us and went out of her way to help us whenever we needed her. We were out of town during a large portion of the selling cycle and Roseann went above and beyond to take care of things as they came up and keep us completely informed on the status of the sale. She is very knowledgeable and is awesome to work with. We highly recommend Roseann and her team." Ed C.



*Each office is independently owned and operated. If your home is listed with another broker, this is not intended as a solicitation. All above reported transactions are located in Green Brook, NJ