

# Green Brook Gazette

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## GROUNDBREAKING RIVER CLEANUP EFFORT CELEBRATED

### Township of Green Brook

On Sunday, May 19, 2024, an official ceremony was held in Green Brook to celebrate the installation of the Bandalong Bandit Litter Trap in the Green Brook at the end of Jefferson Avenue. The Bandalong Bandit Litter Trap, which is the first of its kind in the State of New Jersey, catches any debris and waste that flows through the section of the brook, reducing pollution and aiding cleanup efforts. The pilot program was made possible through a grant from the United States Fish and Wildlife Service, which fully funded the project, in addition to partners including the New Jersey Department of Environmental Protection, the National Oceanic Atmospheric Administration (NOAA), Lower Raritan Watershed Partnership (LRWP) and the Borough of Dunellen.

“The U.S. Fish and Wildlife Service is thrilled to see this project be implemented because it will improve aquatic habitat by way of an innovative method, with this being the

first in-stream litter trap in the State of New Jersey. Removing floatable trash will benefit fish and wildlife through plastic and microplastic pollution reduction in the Green Brook and all the way out to Raritan Bay and the Atlantic Ocean,” said Fish & Wildlife Biologist Jillian Stark of the U.S. Fish and Wildlife Service.

The ceremony began with remarks from LRWP Board President and de facto Executive Director Heather Fenyk, U.S. Fish and Wildlife Biologist Jillian Stark, Dunellen Mayor Jason F. Cilento, and Green Brook Mayor Jim Van Arsdale. The ribbon-cutting ceremony was concluded with live demonstration of the litter trap by the Dunellen Department of Public Works (DPW), who installed the trap with Storm Water Systems. The trap will be maintained by Dunellen DPW, with assistance from Green Brook DPW. LRWP will be charting all debris cleanup data for further analysis.



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(above) Community members gathered to celebrate New Jersey's first Bandalong Bandit Litter Trap installation.

Courtesy photo

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# MONMOUTH UNIVERSITY ARCHAEOLOGY STUDENTS' DIG

Denise Wolf, GBCHHP

A team of archaeology students from Monmouth University, led by Drs. Richard Veit and Adam Heinrich started doing field work on the Dr. John Vermeule House property on Rock Avenue Saturday, May 25th. The project is funded by a grant awarded to the township through the Somerset County Cultural, Heritage and Historic Preservation Commission.

This is a return visit from Monmouth University. In April-May 2010, they worked on excavating the area behind the house where a buried brick pavement had been discovered by

Green Brook Cultural, Heritage and Historic Preservation Committee (GBCHHP) members in 2009. It is thought that it is part of the original outdoor kitchen for the 1799 house. The team will continue to excavate this area to gain more information on the activities of daily life on this early 19th century farm.

Many artifacts were found previously, and on day one of this current dig there were already some found. They will continue working on Saturdays through the end of June. The GBCHHP plans to share an informative and interesting report at the end of the project.



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# BOY SCOUT TROOP #129 ENGLAND EXCHANGE

*Submitted by Laura Cheshire*

Green Brook Boy Scout Troop 129 has been busy preparing for an exciting summer. They will be camping at the local Patriots' Path Council Summer Camp Winnebago in Rockaway, NJ, and they are also bringing along 18 guests from the United Kingdom. Our yearly Townwide Dunellen & Green Brook Yard Sale proceeds go directly to the expense of this visit.

Last summer, a few scouts and parents visited a group in Portsmouth, UK, this group is known as Nautical Training Corps (NTC). It is a National Maritime Training and Uniformed Youth Organization based in the south of England.

There has been an exchange of scouts and cadets for over 30 years and this summer, along with the week at scout camp, the group will be treated to some fun outings such as a trip to New York City, Dorney Park, and a Patriots baseball game.

The American Legion in Dunellen has been kind enough to offer to host our group for a few meals, and we will be serving them traditional American BBQ.

If you have any interest in this program, joining Boy Scouts or donating any monetary or other types of donations, please send an email to Laura Cheshire at [Greenbrook129chair@gmail.com](mailto:Greenbrook129chair@gmail.com).



*(above) Green Brook Boy Scout Troop 129 will be hosting 18 guests from the United Kingdom this summer. There has been an exchange of scouts and cadets for over 30 years.*

Courtesy photo

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# WATCHUNG HILLS REGIONAL HS CLASS OF 2024 PROJECT GRADUATION

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The Watchung Hills Regional High School held its 33rd Project Graduation event on Thursday, June 13th at Iron Peak Sports & Entertainment in Hillsborough, NJ. Graduates from the Class of 2024 enjoyed a full night of fun, including a silent disco, basketball, spikeball, an arcade, and so much more. Food and drinks were also available throughout the night.

Project Graduation is funded completely through donations. The ability to provide all the events throughout the year is only possible through generous donations from our families & community. A volunteer team of parents of WHRHS seniors comes together to plan events for the graduating class throughout the year that lead up to a safe and fun graduation celebration for the entire class. Congratulations to the Class of 2024!



# WATCHUNG HILLS REGIONAL HS CLASS OF 2024 PROJECT GRADUATION

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# CAREER DAY DRAWS OVER 100 VENDORS

Submitted by Anita Byk

At 15 and 16 years old, many students are thinking about what to eat for dinner, how much homework they have that night, or what video they can post on Instagram. While many also have thoughts about their future in mind, do they really know what they want to do post-high school? What their ideal job is or what they will



Photo by Warren Hills Regional High School

study in college or as an apprentice?

On May 29, 10th and 11th grade students at Watchung Hills Regional High School experienced a Career Day that gave them exposure to a diversified number of professions, allowed them to practice communication skills, and opened up their world to new ideas, careers, and people. Over 100 vendors participated in Watchung Hills Career Fair, bringing their expertise and memorabilia from their companies with the sole goal of sharing their job descriptions and advice to over 850 students.

Taking their scavenger hunt cards to different vendors (putting them in the running for the raffle for tricky tray baskets donated by the vendors), students learned about occupations they were both interested in as well as those they had little prior frame of reference for - finding out the best paths to take to get to where they want to be in their future. Many made valuable connections or obtained internships and summer jobs.

Vendors included law, finance, environmental, plumbing, construction, arts/music, armed services, police, fire, healthcare, engineering, architecture, retail, real estate, autobody, pharmaceuticals, career planning, among others.

Students also listened to distinguished guests during a panel discussion, including the

following:

- Bill Spadea: Morning show host of 101.5
- Joel Katz: Morning show host of 98.3
- Liz Scherer: HR Director of Novartis
- Mike Krupsky: Award winning plumber
- Chuck Carro: Municipal Judge
- Chris Battiloro: Westfield police chief

An extensive brunch was provided for our vendors and speakers, donated by numerous local businesses - everything from meatballs to sandwiches, to danishes and bagels. In addition, the Watchung Hills PTO was overly generous in their time and donations to provide a wonderful opportunity for our students. All left-over food was donated to the VA Hospital.

Donors included: A&G Deli, Acme Warren, Aroma Indian Restaurant, BJs Watchung, Ms. Mary Sok, Mrs. Lisa Martins, Ms. Amanda Bonnell and Culinary Arts Class, Ciro's, Costco North Plainfield, Country Squire, DAK Korean Fried Chicken, Dunkin Stirling, Biagios, Burger King Stirling, Panera Bread Stirling, Panera Bread Watchung, Wendys, Chick Fil-A Watchung, Wawa, Honey Baked Ham, Just Subs Greenbrook, Duck Donuts, Shop Rite Stirling, Marcy's Kitchen, Starbucks Stirling, Starbucks Warren, Stirling House Diner, Haisch's Bakery, Warren Deli, Trader Joes, Blimpies Stirling

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# MILITARY FAMILIES SACRIFICE TOO

Michael D Boll, NJVN President

For the last few years, the New Jersey Veterans Network (NJVN) has been helping veterans with resources and assistance with their mental health conditions. Over time we came to realize that the veteran's family was being affected by their struggles as well. Our team had to learn how to include their family members in our outreach efforts. We lose 22 veterans each day to suicide, and they leave behind grieving families. Recently, we decided to make sure all veteran family members can use the same resources that our team has available for veterans. Sometimes we forget about the sacrifices our veteran families have to make and this country should appreciate them for this.

One thing our team decided to do was to have Gold Star families meet disabled veterans at our events, so they can work together and form a bond. This effort was extremely affective and immediately brought joy to both the Gold Star families and to the disabled veterans. By adding veteran family members to the team, it allows us to work together on our peer support and

recreational therapy programs. We are honored to have veteran family members to work alongside us and know they are just as committed with helping our veterans live a better way of life.

If you need assistance, or would like to join the team as a volunteer, please send us your name, email, and phone number to NJVN1775@gmail.com.


### ABOUT NEW JERSEY VETERANS NETWORK

We are a group of veterans and volunteers dedicated to helping our veterans and their families live better lives. Our mission is to identify veterans and connect them with resources and programs designed to meet their unique set of needs. Help us save Vets! We are always looking for volunteers, with various skills, to join the team. If you are a veteran or family member that is in need of assistance; or are interested in volunteering, would like us to speak at your event, or contribute to our mission, call 973-332-1556 or email NJVN1775@gmail.com. To learn more visit njvn.org.



(above) Michael D Boll, NJVN President, with Dina and Tom Duffy who lost their son Tom Duffy, a Marine Corporal and Afghanistan War veteran.

Courtesy photos



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<b>Short Hills MILLBURN MONTHLY</b> NJ Qty: 8,200 Zips: 07041, 07078	<b>Summit &amp; Times</b> NJ Qty: 9,600 Zip: 07901	<b>Spirit of UNION</b> NJ Qty: 6,800 Zip: 07083 (partial)	<b>WARREN MONTHLY</b> NJ Qty: 6,200 Zip: 07059	<b>Watchung Post</b> NJ Qty: 2,700 Zip: 07069	<b>Westfield MONTHLY</b> NJ Qty: 11,800 Zip: 07090

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2 Units	6.5" x 2" or 3.25" x 4"	\$100	\$250	\$400	\$500	\$600	\$700	\$800	\$900	\$1000
4 Units	3.25" x 8" or 6.5" x 4"	\$180	\$450	\$700	\$900	\$1100	\$1300	\$1500	\$1700	\$1900
6 Units	6.5" x 6.25" or 10" x 4"	\$240	\$600	\$900	\$1200	\$1400	\$1600	\$1800	\$2000	\$2200
9 HALF PAGE	6.5" x 9" or 10" x 7"	\$320	\$800	\$1000	\$1300	\$1600	\$1900	\$2200	\$2400	\$2700
12 Units	10" x 8"	\$360	\$900	\$1200	\$1500	\$1800	\$2100	\$2400	\$2700	\$3000
18 FULL PAGE	10" x 14"	\$400	\$1000	\$1400	\$1800	\$2200	\$2500	\$2800	\$3000	\$3400
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# WARRENBROOK SENIOR CENTER - JULY CALENDAR

500 Warrenville Road • (908) 753-9440

## Blood Pressure Screening

July 1, 10:30 a.m.

The nurse from VNA (Visiting Nurse Association) will take your blood pressure and answer your questions.

## Fair Housing, Money Management, Reverse Mortgage, and Senior Housing Options.

July 1, 11 a.m.

## TV Trivia

July 5, 11 a.m.

TV Trivia with questions about the TV show, actors from 1950s, 1960s, 1970s.

## Bingo with Bob Mazet

July 8, 25, 11 a.m.

## Drum Circle

July 8, 1:00 P.M.

Soothe the mind, body and spirit in this drumming circle. Anil will guide us through playing different tones using drums

## Mindful Living – Kruti Thakore

July 10, 17, 24, 31, 11 a.m.

Stress triggers the release of hormones like cortisol and adrenaline, leading to inflammation and several health challenges. Combat stress with "Mindful Living: The Art of Restoring Inner Calm." This transformative program helps you reconnect with yourself, reduce stress, and enhance self-awareness.

## Breathing techniques for mental wellness

July 11, 11 a.m.

Dr Prabha Srinivas will be teaching some practices that can be used to distract the mind and induce calm during an anxiety episode.

## Brains n Games and Hand Bells

with Adrienne Graubard

July 12, 26, - 11 a.m.

Join Adrienne for some mind-tingling, brain-stumping word games and a fun-filled musical workout using hand bells.

## The Wheels on the Bus

July 15, 11 a.m.

Warrenbrook Seniors presents a montage of scenes depicting their daily activities. True stories will be presented by seniors to the fellow seniors which includes lively conversations, games, videos & meals.

## Jeopardy

July 18, 11 a.m.

We will play interactive game of Jeopardy in which categories include NJ Celebrities, what are you eating, it's a matter of 3's, TV Times, Finish This & It Takes An Auto.

## Home Safety

July 19, 11 a.m.

Nidhi Shah - Home safety is the awareness of risks and potential dangers in a home that may cause bodily harm, injury, or even death to those living there. Nidhi Shah will give you some tips to make your home safe.

## Volunteer Services Presentation

July 22, 11 a.m.

Christina Panarese from Volunteer Services organization of Somerset County will be talking about the services provided by the organization for the seniors.

## Vision Screening

July 22, 11 a.m.

Chaitali Shah from NJDHS -Under Project BEST (Better Eye Health Services & Treatment) and the requirements for the vision screening, each participant will be screened for distance visual acuity and glaucoma. Based on the results of the screening, the participant will be given recommendations on their specific follow-up. The Project BEST screener will also provide follow-up resources for those that are under-insured or have no insurance. These resources also include the ability for individuals to get glasses at no cost.

## Picnic on the Patio

July 29, 11 a.m.

We will enjoy the morning breeze sitting on the Patio, listen to the music by Lorri Woodward sponsored by Caitlyn Meadors of Foothill Acres Rehabilitation and Nursing Center, play outdoor games like Corn Hole, Badminton, Frisbee

Besides the above program, the below programs take place on weekly basis.

## Stretch

Mondays – 10:00 a.m.

Stretching keeps the muscles flexible, strong, and healthy, and we need that flexibility to maintain a range of motion in the joints. Without it, the muscles shorten and become tight. No fee for this ongoing class. Please call (908) 753-9440 for more information.

## Studio 60+

1st & 3rd Mondays - 1 p.m. - 4 p.m.

Warrenbrook seniors will meet twice a month to plan the events they are interested in. Some examples include brainstorming the quarterly Community Service projects, craft work, musical entertainment, jeopardy. They will also practice for their quarterly musical entertainments, drama.

## Mahjong for Intermediate Players

Tuesdays, 9:30 a.m. – 12:00 p.m

If you are an intermediate mahjong player and would like to play this game of skill, strategy, and calculation, then join us on Tuesday mornings. Please call for more information.

## Zumba Gold with Judith

Tuesdays, 10:15 a.m.

This class is achievable for beginners or others who need modifications to their exercise routine. Cost is \$40 for the 8-week program. Please call for more information.

## Bridge Group with Ronnie

Tuesdays, 1 - 4 p.m.

New members and beginners welcome (lessons available).

## Gentle Yoga with Jillian

Tuesdays, 1:00 p.m.

This class is open to all levels of skill. Hatha yoga poses can be practiced while either sitting or standing. Hatha yoga will help increase bone density, improve strength, flexibility, and balance while you are immersed in a relaxing class. Cost is \$40 for the 8-week program.

Please call for more information.

## Tai Chi with Roger

Wednesdays, 10:00 a.m.

Tai Chi participants will focus on shifting body weight through a series of light, controlled movements that flow rhythmically into one long gesture. This program can be practiced while either standing or sitting.

## Advanced Bridge

1st & 3rd Wednesdays, 1:00 – 3:30 p.m

This is a closed group and is available by invitation only.

## Craft Activities with Jean

Wednesdays, 1- 4 p.m.

This quarter we feature creating Cards for our Meals on Wheels clients. All supplies will be provided.

## Gentle Yoga with Jillian

Thursdays, 10:00 a.m.

This class is open to all levels of skill. Cost is \$40 for the 8-week program. Please call (908) 753-9440 for more information.

## Line Dancing with Linda Hyland

Thursdays, 9:30 a.m. – 10:15 a.m.

## Card/Table Games

Thursdays, 1- 4 p.m.

## Geri-Fit

Fridays, 10:00 a.m.

Geri-Fit is a seated (standing optional) program that requires a set of light dumbbell weights (2 lbs. to begin), a sturdy chair, a stretch band, and water to drink during the workout. PRE-REGISTRATION REQUIRED. Please call for more information.

## Walk With Ease” Self-Guided Program

Fridays, 1:00 p.m. - June 7 – July 19, 2024

Weekly Check In and Presentation with Rutgers University Doctoral Occupational Therapy Students.

Pre-registration is required, call 732-563-4213.

## Bridge

Fridays, 1 – 4 p.m.

Please call for more information.



## YOUTUBE PODCAST







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### My Featured Properties



**COMING SOON**

24 Spruce Hollow Rd, Green Brook  
5 Bed/4.1 Bath / 2 Car Garage  
with inground pool & spa



**COMING SOON**

in Green Brook  
5 Bed/ 4.1 Bath / 2 Car Garage  
Beautifully updated home



**FOR RENT**

3033 King Ct, Green Brook  
3 Bed / 2.1 Bath / 1 Car Garage  
Listed by Roseann



**SOLD 6/25**

3 Spruce Hollow Rd, Green Brook  
Listed by Roseann



**SOLD 6/14**

10 Blue Hills Terrace, Green Brook  
Listed by Roseann



**SOLD 6/7**

364 New Market Rd, Dunellen  
Buyer Represented by Roseann



**SOLD 6/4**

4 Remrose Ledge, Green Brook  
Listed by Roseann



**SOLD 3/26**

13 Park Ave, Green Brook  
Listed by Roseann



**SOLD 3/20**

127 Greenbrook Rd, Green Brook  
Listed by Roseann



**SOLD 3/8**

5 Hearthstone Lane, Green Brook  
Listed by Roseann



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**SOLD 1/18**

13 Spruce Hollow Rd, Green Brook  
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### ★★★★★ Client Testimonials

“From the first moment we called Roseann to start the journey of selling our house until the day of closing, Roseann was with us & always there for valuable advice: how to prepare the house for showing (live and on the internet), and what to expect as a reasonable market price (which would help creating interest and getting offers). Her help with the many ‘small things’ such as getting the house de-cluttered and cleaned was very much appreciated. Thanks for all your help, and all the best for you and your next clients.” Hans B.

“When looking for a real estate agent, we think some of the most important things to consider are 1) their knowledge of the market, 2) their willingness to take the time to understand your needs and 3) honesty and good communication. You also want to find someone that you like to work with. We found all of this and more with Roseann. She never made us feel like we were wasting her time and she DEFINITELY understands this business! We highly recommend Roseann!!” Diana C.



\*Each office is independently owned and operated. If your home is listed with another broker, this is not intended as a solicitation. All above reported transactions are located in Green Brook, NJ