WARREN MONTHLYNJ

WARREN'S HOMETOWN NEWSPAPER

Published by Renna Media, LLC. On-line at **RennaMedia.com**

ISSUE 138 • JUNE 2024



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BROWNIE TROOP PROJECT BENEFITS FOOD PANTRY

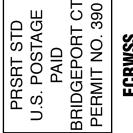
Submitted by Angela Baryiewski

The 3rd grade Girl Scout Brownie Troop from Mt. Horeb School stood outside ShopRite of Stirling on a recent Saturday to collect boxes and cans for the North Plainfield Food Pantry. The customers at the store were thrilled to generously supply groceries to help the girls complete their charity service project. ShopRite also graciously supplied the girls with a ShopRite gift card to contribute to the wonderful cause. The girls enjoyed using the gift card and shopped the aisles of ShopRite to gather additional supplies to add to their donations.

The following week, the troop visited the North Plainfield Food Pantry to deliver all the food they collected. They met with Jennifer McGovern at the pantry and helped sort the items they brought in and personally stocked the shelves. The girls agreed that it was a lot of fun and they felt good about doing something to help the community.







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Renna Media LLC, Publishers 202 Walnut Ave., Cranford, NJ 07016

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WARREN LIBRARY ENHANCES CHILDREN'S SPACE

Jersey's (SCLSNJ) Warren Township branch hosted a dedication ceremony, celebrating their enhanced children's play space - The George Sr. and Betty Dealaman Children's Corner - on May 2, 2024.

"It has truly been a delight to witness the children's play area transform from email subject lines to a real and dynamic physical space in the Warren branch," said Darryl Voorhees, branch manager. "Knowing that children can explore and interact with each other and the Library in new creative ways is incredibly rewarding for everyone involved. Thanks to the Dealaman family for their remarkably generous contribution that will serve the community for years to come. We are also so grateful to the Township, to the Friends of the Warren Library, and to the Warren Library Advisory Board for their support."

"We are so excited to share this newly imagined space with the community," said Katie Winjum, youth services department supervisor. "Having the new play elements in our children's area makes the space instantly welcoming to customers and invites them to explore and stay a while."

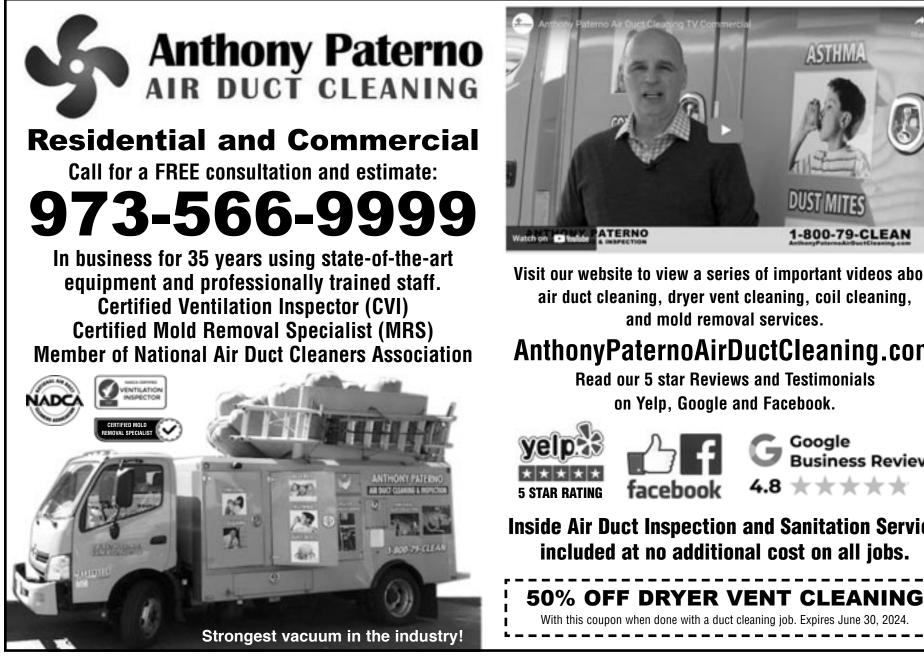
The new children's space offers visiting families the opportunity to explore through play, allowing children and caregivers the opportunity to utilize the new interactive market playhouse, read atop garden-themed tables, spend a few quiet minutes meditating beside wall decorations

The Somerset County Library System of New that help bring the beauty of the outdoors inside, and more. Dedicated librarians and library staff at the branch have also worked to enhance the Library's collections by adding new reading materials as well as rearranging older materials for easier access.

> The Warren Township branch is located at 42 Mountain Boulevard in Warren. For questions, call (908) 458-8450 or email warrentownship@sclibnj.org. To discover all SCLSNJ has to offer, visit SCLSNJ.org or connect with SCLSNJ on Facebook, Instagram, X (formerly Twitter), or YouTube.



(above) Katie Winjum, Warren Township branch, Youth Services Department supervisor. Courtesy photo





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Attention Parents of Kids Ages 6-18 **SUMER ATHLETE PERFORMANCE CAMP IN BERKELEY HEIGHTS** We'll have your kid stronger, faster, and more confident...guaranteed.

Limited Availability Left

Here's what parents can expect to happen:

- They will get stronger which means when they show up to their sport they'll be able to perform better than ever.
- They will run faster and jump higher so they can show up to their next season and people will start asking
- what the heck have they been doing.
 They'll become more coordinated and improve agility which means they'll pick up new skills their coaches teach them faster.
- Your children will start to eat better because we'll be educating them daily on what's good and what they should avoid ...don't be surprised if they start asking you to buy more vegetables.
- Confidence will skyrocket. When kids get stronger, faster and more fit...their confidence will rise...so will their self-esteem which means their performance in every aspect of life will get better.
- Their mindset will improve. We're going equip your child with very specific mindset skills that'll help them learn how to transform how they think about mistakes and failures.

HAPPY PARENTS TALKING ABOUT THE PHYSICAL AND MENTAL TRANSFORMATION OF THEIR KIDS...

• "My son learned a ton and was highly motivated, he wanted to go, I never had to push him. Honestly, GRIT helped me accomplish precisely what I wanted to do; build confidence and a great mindset as a foundation for a lifetime of healthier living for my son."

- Morgan GRIT Athlete Parent

• "My son has been talking about it since the summer program ended. After he attended the summer program we have seen a tremendous improvement with Mason in sports. He is much more aggressive and focused now." - *Robert, GRIT Athlete Parent*

• "My son is more disciplined and confident in himself"

- Steve Hughes, Grit Athlete Parent

• "I have watched my children become more confident and vocal."

- Christine Stramandinoli, Grit Athlete Parent

• "His confidence has shot up in the last few months...and has carried forward to the way he approaches other activities like sports and schoolwork. My son is now making his bed daily and exercising every day."

- *Catherine Solfaro, Grit Athlete Parent* • "We saw a noticeable difference in his throwing - he could throw it further and faster!

- Dara, GRIT Athlete Parent

GET MORE INFORMATION (STARTS JUNE 17TH)



The training definitely paid off!"





Warning: Our summer season begins June 17th and we tend to sell out early. Please respond promptly so we can give you the best chance to grab a spot. Scan the QR code and enter your information to see if there are any spots left in your age group.

LIONS CLUB EXPO STARTS JUNE 12 & ENDS WITH FIREWORKS ON JUN 15

As the spring flowers bloom all across the beautiful Township of Warren, and we get excited about the much awaited warmer days, the Warren Lions Club announces the fast approaching EXPO 2024. It is the single biggest social and commercial event, held every year around mid-



June, at the Warren Township municipal field (46 Mountain Boulevard). The gathering is a classic carnival for all ages, family and friends, 6-10 p.m. from Wednesday to Saturday. This year's EXPO, in its 56th occurrence, will be hosted from June 12-15th, 2024. There will be amusement rides, games of chance, fireworks, food vendors, and an exposition of local businesses, and non-profit organizations.

Our Event sponsor is NextHome Premier. The Corporate sponsors are Lightbridge Academy, The Orchard Academy and Temple Har Shalom. We will also have a spectacular fireworks show, which concludes the EXPO on Saturday at 10 p.m.

The Lions EXPO attracts more than 10,000 people over the four days and has become the premier family & friends' melting pot, in the Warren Township and the neighboring communities.

In addition to the daily tickets, the EXPO has the pay-one-price wristbands every night. And don't forget the Giant 50/50 cash raffle with the drawing on Saturday June 15th, resulting in thousands of dollars payout to a single winner. The winner need not be present at the drawing. Tickets will be available for purchase at the Expo, every night, for \$5 each.

LOCAL BUSINESS EXPOSITION

The EXPO is an excellent platform for local businesses to showcase their services and connect directly with customers through the purchase of a \$500 Exclusive Game sponsor sign or a \$150 non-exclusive ride sponsor sign, displayed at the Expo for the 4 days.

"Interacting with potential customers at a high profile community event can greatly boost a company's image and customer base," noted Anthony Franchini, the Warren Lions Club Treasurer. "Community members deeply appreciate those businesses that demonstrate their local support through events like this."

We are still accepting applications for tent vendors to sell or promote their businesses to the thousands of people in attendance at the gathering. For information on becoming a tent vendor at the 2024 Warren Lions EXPO, please contact Anthony Franchini at 908-334-9304.

All proceed from the Lions EXPO are donated back to the community organizations and sight and hearing foundations throughout New Jersey. **ABOUT THE LIONS CLUB OF WARREN TOWNSHIP**

When caring people come together, roll up their sleeves and take actions to make their community better, it's a beautiful thing and an incredible feeling for everyone involved. That's Lions. Being a Lion is about leading by example, building relationships and improving the world through kindness.

Lions Clubs International is made up of 1.4 million members in 49,000 clubs who bring hands and hearts to the communities we serve in nearly every country on earth. Our Lions and Leos help hundreds of millions of people every year.

Lions Clubs International Foundation (LCIF) provides grants that empower the service of our members. Since its inception in 1968, LCIF has awarded more than US\$1.2 billion in grant funding.

The Warren Lions Club currently has more than 100 active members from the Township as well as surrounding communities. Members include business and professional leaders who provide humanitarian services, encourage high ethical standards in all vocations, and help build goodwill and bonding in the communities.

All funds raised by the Lions Club of Warren Township are used to support a wide variety of community service organizations and projects. The Club holds dinner meetings every second and fourth Wednesdays of the month from September through June and occasionally feature speakers, donation recipients and special guests that inform and entertain. The Club encourages all members to help set the direction of our Club, participate in leadership roles, and identify causes to support and the Club's priorities, while fostering camaraderie and advancing our mission.

To learn more, please visit Warren Lions Club website warrenlionsclub.org, and social media page facebook.com/warrenlionsclub.org.

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ELKS ASSEMBLE 200 BACKPACKS FOR HOMELESS VETS

Elks members from across NJ recently gathered at the NJ Elks Veterans Annex in Stirling to assemble 200 backpacks which will be distributed to homeless veterans at Stand Down events in Newark, Atlantic City, and other locations throughout the state. These backpacks help to provide comfort to homeless veterans, offering them a sense of support and care during challenging times.

The backpacks contain clothing, food, personal hygiene, and other care items, including many of the 4,000 pairs of socks and undergarments that were collected and donated to the Elks through the Middlesex Borough Police sock drive for New Jersey veterans.

The NJ Elks Veterans Annex also serves as a warehouse for Welcome Home kits consisting of furniture and other household items that a formerly homeless veteran would need when



the Youtube video "Givers of Hope".

Elks pledge "So long as there are veterans, the Benevolent and Protective Order of Elks will never forget them." Every night, as many as 40,000 veterans sleep on the streets. In partnership with the Department of Veterans Affairs, the Elks National Veterans Service

moving into their new housing. It is featured in Commission has pledged to help end veteran homelessness and ensure that all veterans have the safe, stable homes they deserve.

> Please email njelksnvsc@gmail.com to learn more about what NJ State Elks are doing to help veterans and visit Elks.org for more information about the Elks, including how to become a member.

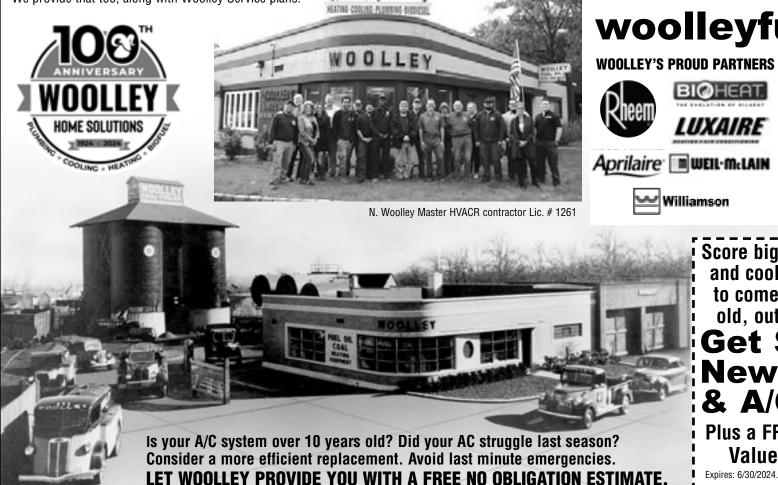


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WARRENBROOK SENIOR CENTER - JUNE CALENDAR

500 Warrenville Road • (908) 753-9440 - June 21 – Senior Center Closed – Juneteenth Observed

Martial Your Strength: Senior Self-Defense with L. Greg Smith June 3, 11 a.m. High level/basic martial arts move for seniors to

see, learn, and do. Meet & Greet with Warren Librarian

June 3, 1 p.m. Jennifer Konopacki, Librarian, walks us through the programs that are available.

Jersey Fresh Fruits & Vegetables June 5, 11 a.m.

Learn about seasonal produce from Mikaela Kane of Rutgers Co-operative Extension.

Chair Physical Therapy

June 6, 11 a.m. Improve your strength and mobility without leaving your seat.

Pompom Key Ring Craft

June 7 – 11 a.m. Create a beautiful Pom Pom Key ring. PRE-REGISTRATION REQUIRED. All materials

will be provided.

Bingo with Bob Mazet June 10, 27, 11 a.m.

Bingo promotes socialization, strengthens handeye coordination, and improves listening skills. **Monthly Book Club**

(Virtual) June 11, 1:30 PM Meets Every Second Tuesday of the month. Warrenbrook Seniors Book Club members discuss the book of the month and select the next book to read. New members are always welcome! **Only for Warrenbrook Senior Center Participants**

Nutrition for Colorectal Health – CINJ June 12, 11 a.m.

Cecilia Gomez will be discussing nutrition tips that can lower the risk of colorectal cancer. Breathing techniques for mental wellness June 13, 11 a.m.

Learn practices that can be used to distract the mind and induce calm during an anxiety episode, calm and regulate the nervous system.

Brains n Games and Hand Bells with Adrienne Graubard

June 14, 28, - 11 a.m.

Join Adrienne for some word games and a funfilled musical workout using hand bells.

Carnival Games

June 17, 11 a.m. Carnival Games we will play are Ring Toss, Button Toss, Spin Wheel, Dart, Roll the Ball and of course win some prizes.

Africans in America June 19, 11 a.m.

Charles Smith will discuss the descent of Africans in America,

Lawn Care for the Homeown

June 20, 11 a.m. The program will discuss the basics of lawn maintenance.Summer Musical Entertainment

June 24, 11 a.m. Join Tommy Strazza for a summer musical entertainment covering songs from 50s, 60s.

How to talk to your Dr.

June 26, 11 a.m. Audrey Taffet will help you get the most out of your next MD visit for your best health. **WEEKLY PROGRAMS**

Watercolor Paint Class

Mondays & Wednesdays, 9:00 a.m. – 12:00 p.m. For an experienced artist to meet new people while water coloring. All supplies are included. **1 on 1 Computer with Sal** Mondays, 10:00 a.m. – 2:00 p.m. No classes on June 17 and June 24 8-week, one-on-one class. **Stretch**

Stretch

Mondays – 10:00 a.m. Kanwaljit Minhas will guide you through the exercises to improve flexibility & balance. Mahjong for Intermediate Players

Tuesdays, 9:30 a.m. – 12:00 p.m. If you are an intermediate mahjong player join

us on Tuesday mornings. Call for more info.

Zumba Gold with Judith

Tuesdays, 10:15 a.m. Build cardiovascular health by challenging your heart and working hip, leg, and arm muscles while sitting in a chair. Cost is \$40.

Bridge Group with Ronnie

Tuesdays, 1:00 p.m. Play bridge on a weekly basis. New members and beginners welcome (lessons available).

Gentle Yoga with Jillian

Tuesdays, 1:00 p.m.

This class is for relieving stress and to help gain an overall sense of well-being. Cost is \$40. **Tai Chi with Roger**

Wednesdays, 10:00 a.m. Tai Chi can help reduce falls, especially for those with balance problems. This program can be practiced while either standing or sitting.

Advanced Bridge

1st & 3rd Wednesdays, 1:00 – 3:30 p.m. This is a closed group by invitation only. Art Hour with Jean

Wednesdays, 1:00 – 3:30 p.m. We all work on doing craft work for Community Service projects throughout the year. All supplies will be provided.

Gentle Yoga with Jillian

Thursdays, 10:00 a.m. This class is open to all levels of skill. This class is perfect for relieving stress. Cost is \$40.

Take Control with Exercise

Thursdays, 10 a.m. Program will strengthen core muscles, improve flexibility and balance while boosting stamina. Geri-Fit with Rutgers

Doctoral Occupational Therapy Students

Fridays (managers to determine time and put in here), June 7- August 2

The Geri-Fit physical activity program incorporates strength training with stretching and range of motion exercises, stability, and

balance training for fall prevention, cardiovascular activity for heart health, and gait exercises to help improve walking. Preregistration is required, please call Karen

Kowalski: at 908-704-6327.

"Walk With Ease" Self Guided Program

Fridays, 1:00 p.m. - June 7 – July 19, 2024. No class on June 21. Weekly Check In with Rutgers Doctoral

Occupational Therapy Students Pre-registration is required, please call 732-563-4213.

> Bridge Fridays, 1:00 p.m.





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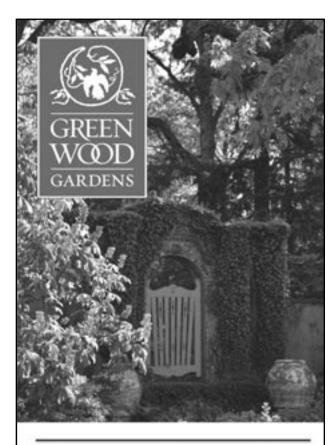
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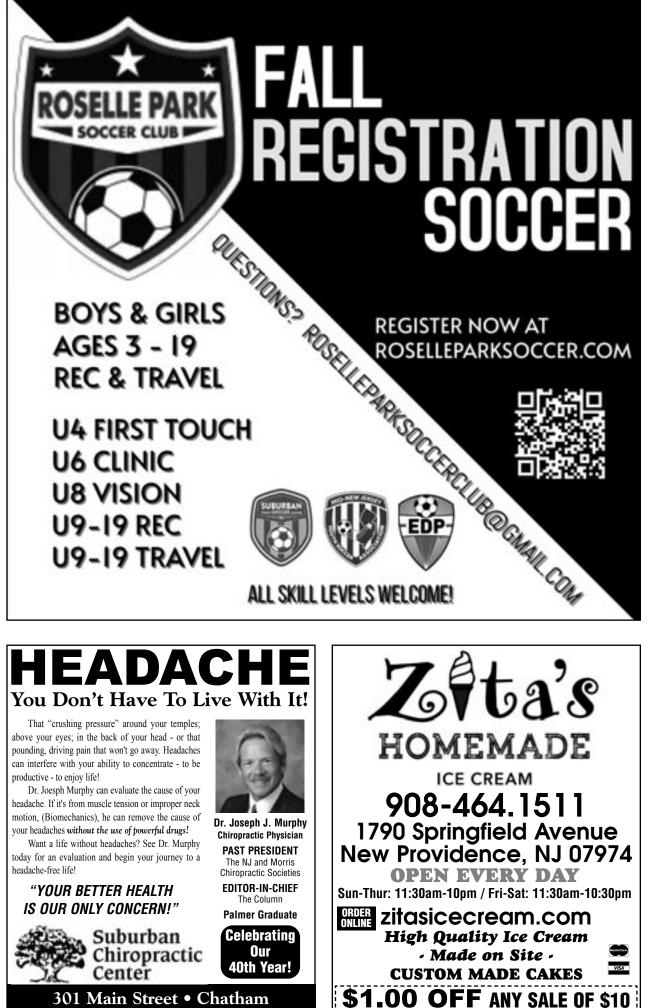
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JOURNEY THROUGH GRIEF SUPPORT GROUP

The Church of the Little Flower Bereavement Support Group will be held on Mondays beginning June 17, 2024, 10- 11:30 a.m. for 8 weeks. This is a free and open to the public. Meetings are held in the Bernauer Parish Center Upper-Level Multi-Purpose Room, 290 Plainfield Avenue, Berkeley Heights, NJ. For more information, or to register (required), contact Dan Grossano at 908-464-1585 or email pastoral110.LF@gmail.com.



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ALT'S ANNUAL PENNIES FOR PATIENTS

Warren Township Schools

The students at Angelo L. Tomaso School are bringing awareness to leukemia, lymphoma, Hodgkin's disease and myeloma by collecting money for Pennies for Patients. The Leukemia & Lymphoma Society's (LLS) Pennies for Patients is a charity that supports the funding to find a cure for blood cancer.

The event consisted of a walk-a-thon held in April. Students brought their signs and walked in a loop around the blacktop for 20 minutes to honor the 20 people who are diagnosed with blood cancer each hour.

Mrs. Nancy Andrews, REACH teacher has coordinated the event. She stated "Over a decade ago, a colleague and I wanted to create a program to get our students involved in giving back to our community. This organization is particularly close to my heart as I am a childhood cancer survivor."









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80 Carrar Dr, Watchung, NJ 5 Beds | 4.5 Baths | \$1,135,000



76 Blazier Rd, Bridgewater, NJ 6 Beds | 5.5 Baths | \$1,875,000



7 Forest Dr, Warren, NJ 3 Beds | 2.5 Baths | \$942,000



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