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**ISSUE 129 • JUNE 2024** 

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U.S. POSTAG BRIDGEPORT

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## **BASEBALL AND SOFTBALL OPENING DAY PARADE**

The Long Hill Baseball and Softball Association (LHBSA) held their opening day parade on April 13th.

LHBSA is an organization of volunteers in service to the children of our community. Our purpose is to teach game fundamentals as well as provide a safe, fun, and healthy environment for children to develop the ideals of good sportsmanship, teamwork, fair competition, positive self-esteem, courage and respect, so that they may be well-adjusted, stronger and happier children and will grow to be good, decent, healthy and trustworthy citizens.

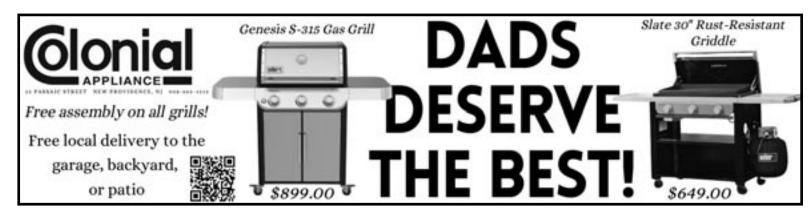
We are dedicated to having a positive influence in the lives of our players and their families by promoting fair play, confidence, a diligent work ethic, friendship, and a lasting respect for the games of baseball and softball. Our goal is to create a positive culture in which coaches, parents, fans, officials, and athletes work together to achieve this mission. We want every player's experience to foster lasting relationships with good friends, individual growth through personal achievement and lead them back to play year-after-year with LHBSA. We accept this responsibility with great pride.







Photos by LHBSA



# Long Hill LEADER

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Long Hill Leader is published by Renna Media. 3,500 newspapers are printed monthly and mailed to every business and resident in Long Hill, NJ. Although great care has been taken to ensure the information contained within is accurate, Renna Media assumes no liability for errors or omissions.

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#### **SEND US YOUR NEWS**

Do you have a community service that you need help publicizing? Did you or someone you know accomplish something amazing? We are interested in hearing about your latest achievement (honor, award, etc.), send us your news! **Email: editor@rennamedia.com** 

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## SUCCESSFUL KIDS CLOTHING AND TOY BAZAAR

Submitted by Kaitlin Durkin

The MOMS Club of Long Hill organized another successful Kids Clothing and Toy Bazaar and Bakesale. For a five dollar donation, families came and shopped from the large selection of donated kids clothing and toys. The event raised over \$400 which the MOMS Club has donated to

the Moms Helping Moms Foundation. All leftover items including 196 diapers, 41 books, 16 pairs of shoes and 865 items of clothing were also donated. The MOMS Club of Long Hill is a 501(C)3 non-profit organization. Our Mission is dedicated to assisting mothers in our community.



Courtesy photos



# Attention Parents of Kids Ages 6-18 **SUMMER ATHLETE PERFORMANCE CAMP IN BERKELEY HEIGHTS**

We'll have your kid stronger, faster, and more confident...guaranteed.

Limited Availability Left

## Here's what parents can expect to happen:

- They will get stronger which means when they show up to their sport they'll be able to perform better than ever.
- They will run faster and jump higher so they can show up to their next season and people will start asking what the heck have they been doing.
- They'll become more coordinated and improve agility which means they'll pick up new skills their coaches teach them faster.
- Your children will start to eat better because we'll be educating them daily on what's good and what they should avoid ...don't be surprised if they start asking you to buy more vegetables.
- Confidence will skyrocket. When kids get stronger, faster and more fit...their confidence will rise...so will their self-esteem which means their performance in every aspect of life will get better.
- Their mindset will improve. We're going equip your child with very specific mindset skills that'll help them learn how to transform how they think about mistakes and failures.

# HAPPY PARENTS TALKING ABOUT THE PHYSICAL AND MENTAL TRANSFORMATION OF THEIR KIDS...

• "My son learned a ton and was highly motivated, he wanted to go, I never had to push him. Honestly, GRIT helped me accomplish precisely what I wanted to do; build confidence and a great mindset as a foundation for a lifetime of healthier living for my son."

- Morgan GRIT Athlete Parent

- "My son has been talking about it since the summer program ended. After he attended the summer program we have seen a tremendous improvement with Mason in sports. He is much more aggressive and focused now."
  - Robert, GRIT Athlete Parent

• "My son is more disciplined and confident in himself"

- Steve Hughes, Grit Athlete Parent
- "I have watched my children become more confident and vocal."
  - Christine Stramandinoli, Grit Athlete Parent
- "His confidence has shot up in the last few months...and has carried forward to the way he approaches other activities like sports and schoolwork. My son is now making his bed daily and exercising every day."

- Catherine Solfaro, Grit Athlete Parent

• "We saw a noticeable difference in his throwing - he could throw it further and faster! The training definitely paid off!"

- Dara, GRIT Athlete Parent

## **GET MORE INFORMATION (STARTS JUNE 17TH)**







Warning: Our summer season begins June 17th and we tend to sell out early. Please respond promptly so we can give you the best chance to grab a spot. Scan the QR code and enter your information to see if there are any spots left in your age group.

## **LIONS CLUB EXPO STARTS JUNE 12 & ENDS WITH FIREWORKS ON JUN 15**

As the spring flowers bloom all across the beautiful Township of Warren, and we get excited about the much awaited warmer days, the Warren Lions Club announces the fast approaching EXPO 2024. It is the single biggest social and commercial event, held every year around mid-



June, at the Warren Township municipal field (46 Mountain Boulevard). The gathering is a classic carnival for all ages, family and friends, 6-10 p.m. from Wednesday to Saturday. This year's EXPO, in its 56th occurrence, will be hosted from June 12-15th, 2024. There will be amusement rides, games of chance, fireworks, food vendors, and an exposition of local businesses, and non-profit organizations.

Our Event sponsor is NextHome Premier. The Corporate sponsors are Lightbridge Academy, The Orchard Academy and Temple Har Shalom. We will also have a spectacular fireworks show, which concludes the EXPO on Saturday at 10 p.m.

The Lions EXPO attracts more than 10,000 people over the four days and has become the premier family & friends' melting pot, in the Warren Township and the neighboring communities.

In addition to the daily tickets, the EXPO has the pay-one-price wristbands every night. And don't forget the Giant 50/50 cash raffle with the drawing on Saturday June 15th, resulting in thousands of dollars payout to a single winner. The winner need not be present at the drawing. Tickets will be available for purchase at the Expo, every night, for \$5 each.

#### **LOCAL BUSINESS EXPOSITION**

The EXPO is an excellent platform for local businesses to showcase their services and connect directly with customers through the purchase of a \$500 Exclusive Game sponsor sign or a \$150 non-exclusive ride sponsor sign, displayed at the Expo for the 4 days.

"Interacting with potential customers at a high profile community event can greatly boost a company's image and customer base," noted Anthony Franchini, the Warren Lions Club Treasurer. "Community members deeply appreciate those businesses that demonstrate their local support through events like this."

We are still accepting applications for tent vendors to sell or promote their businesses to the thousands of people in attendance at the gathering. For information on becoming a tent

vendor at the 2024 Warren Lions EXPO, please contact Anthony Franchini at 908-334-9304.

All proceed from the Lions EXPO are donated back to the community organizations and sight and hearing foundations throughout New Jersey. **ABOUT THE LIONS CLUB OF WARREN TOWNSHIP** 

When caring people come together, roll up their sleeves and take actions to make their community better, it's a beautiful thing and an incredible feeling for everyone involved. That's Lions. Being a Lion is about leading by example, building relationships and improving the world through kindness.

Lions Clubs International is made up of 1.4 million members in 49,000 clubs who bring hands and hearts to the communities we serve in nearly every country on earth. Our Lions and Leos help hundreds of millions of people every year.

Lions Clubs International Foundation (LCIF) provides grants that empower the service of our members. Since its inception in 1968, LCIF has awarded more than US\$1.2 billion in grant funding.

The Warren Lions Club currently has more than 100 active members from the Township as well as surrounding communities. Members include business and professional leaders who provide humanitarian services, encourage high ethical standards in all vocations, and help build goodwill and bonding in the communities.

All funds raised by the Lions Club of Warren Township are used to support a wide variety of community service organizations and projects. The Club holds dinner meetings every second and fourth Wednesdays of the month from September through June and occasionally feature speakers, donation recipients and special guests that inform and entertain. The Club encourages all members to help set the direction of our Club, participate in leadership roles, and identify causes to support and the Club's priorities, while fostering camaraderie and advancing our mission.

To learn more, please visit Warren Lions Club website warrenlionsclub.org, and social media page facebook.com/warrenlionsclub.org.

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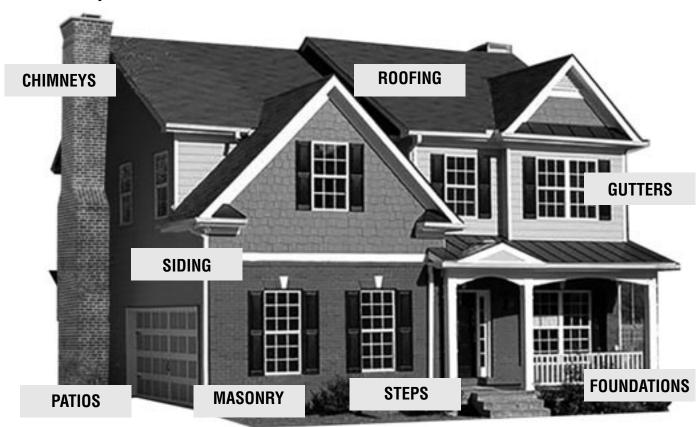
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## **ELKS ASSEMBLE 200 BACKPACKS FOR HOMELESS VETS**

gathered at the NJ Elks Veterans Annex in Stirling to assemble 200 backpacks which will be distributed to homeless veterans at Stand Down events in Newark, Atlantic City, and other locations throughout the state. These backpacks help to provide comfort to homeless veterans, offering them a sense of support and care during challenging times.

The backpacks contain clothing, food, personal hygiene, and other care items, including many of the 4,000 pairs of socks and undergarments that were collected and donated to the Elks through the Middlesex Borough Police sock drive for New Jersey veterans.

The NJ Elks Veterans Annex also serves as a warehouse for Welcome Home kits consisting of furniture and other household items that a formerly homeless veteran would need when

Elks members from across NJ recently moving into their new housing. It is featured in Commission has pledged to help end veteran the Youtube video "Givers of Hope".

> Elks pledge "So long as there are veterans, the Benevolent and Protective Order of Elks will never forget them." Every night, as many as 40,000 veterans sleep on the streets. In partnership with the Department of Veterans Affairs, the Elks National Veterans Service

homelessness and ensure that all veterans have the safe, stable homes they deserve.

Please email njelksnvsc@gmail.com to learn more about what NJ State Elks are doing to help veterans and visit Elks.org for more information about the Elks, including how to become a member.



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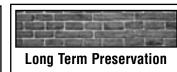
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## JOURNEY THROUGH GRIEF SUPPORT GROUP

The Church of the Little Flower Bereavement Support Group will be held on Mondays beginning June 17, 2024, 10- 11:30 a.m. for 8 weeks. This is a free and open to the public. Meetings are held in the Bernauer Parish Center Upper-Level Multi-Purpose Room, 290 Plainfield Avenue, Berkeley Heights, NJ. For more information, or to register (required), contact Dan Grossano at 908-464-1585 or email pastoral110.LF@gmail.com.

## **DANCE WITH FRIENDS**

"Dance With Friends At The Elks" dance, will be held on Saturday, June 8, 2024, from 7-11 p.m.

Join us for great music and fun and make new friends. Ages 40 and up. Light refreshments served. Dance hosts will be available for singles. The cost is \$15 per person.

Featuring ballroom, contemporary, disco, and line dancing. Music - DJ Don Pesce. No registration required. For further information contact Ramona at 908-528-0794. The Middlesex Elks Club is located at 545 BoundBrook Rd., Middlesex, NJ.

## **CARE PACKAGES FOR NJ TROOPS OVERSEAS**

#### Submitted by Jon Joshua

Area Elks Club members recently teamed up with Girl Scouts from New Providence and Chatham at the Stirling Elks Lodge to assemble and mail 22 care packages packed with cookies and "Thank You" cards to troops from NJ who are currently deployed overseas.

They were joined by Air Force 2D Lt. Mitchell Horn from the New Jersey Air National Guard and a member of American Legion Post 322 in Summit who explained how receiving a care package can have a huge positive impact on the morale of someone who is serving thousands of miles away from home.

The National Veterans Service Committee of the NJ Elks East Central District, with Lodges in Stirling, Summit, Springfield, Mountainside, Cranford, Union, and Rahway, spent approximately \$1,200 to purchase the cookies and postage. Elks members help to support programs like this through grants, donations, and fundraising events.

Elks pledge "So long as there are Veterans, the Benevolent and Protective Order of Elks will never forget them." The same holds true for active duty military members and their families. Please visit Elks.org for more information about the Elks and how to join.

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(above) Area Elks recently teamed up with local girl scouts to send care packages to NJ Troops that are stationed overseas.



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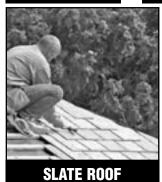
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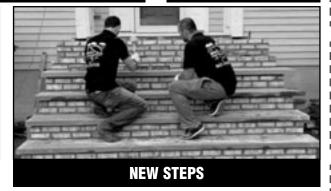
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(above) 2023 summer reading program's Camping Day and the Stuffed Animal Sleepover. Courtesy photos

## **ICE CREAM SUMMER READING PARTY**

Saturday, June 15 @ 11:00 a.m.

Register for the Long Hill Township Library Summer Reading Challenge and get a free ice cream! Our Summer Reading party will have an Ice Cream Sundae Station, Glitter Body Tattoos, Beach Party Games, Hula Hoops, Bubbles, Music, Crafts, and more! The Summer Reading Challenge is open to Long Hill Township residents ages 4-18, but anyone is welcome to attend the party. No registration required. Adventure Begins at Your Library!



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## **JOIN US FOR A SUMMER OF ADVENTURE**

LONG HILL TOWNSHIP LIBRARY

Summer reading will kick off at Long Hill Township Library on June 15 with a party for all ages featuring ice cream, games, music, crafts, a bubble machine, and much more.

"This year's summer reading theme is Adventure Begins at Your Library and we couldn't agree more," said Library Director Albie Ashbrook. "We hope that all of Long Hill will join us for a summer adventure in a book, at the library, or out and about around town."

The Summer Reading Challenge is sponsored by the Friends of the Long Hill Township Library. Kids can win prizes for reading—and they're not the only ones. Adults and teenagers can also win by reading books in categories such as "A Book With a One-Word Title" and "A Book Set in Another Country" for Summer Reading Bingo.

town-wide scavenger hunt where families and

groups of friends can follow clues to discover historical, environmental, and other local landmarks in Long Hill and the surrounding area. Every Wednesday at 3 p.m. there will be a special outdoor storytime at Stirling Lake.

The library will also hold Adventure Days at its location at 917 Valley Rd. in Gillette, such as Camping Day on July 11 featuring s'mores, tents, and other classic camp activities. Camping Day will end with a Stuffed Animal Sleepover where teddy bears and other toy friends can have their own adventure by staying overnight at the library.

Additional Adventure Days will include Mini Golf Day on July 18, Beach Day on August 1, and a "Bear Hunt" on August 22. The summer fun will also involve a community picnic, trivia night, a classical music concert, and ongoing book clubs All summer long, the library will offer a for all ages. Visit LongHillLibrary.org to see all the adventure that awaits.

## **LIBRARY FOUNDATION SUCCESSFUL APPEAL**

The Foundation of the Long Hill Township Public Library is pleased to announce the completion of its 2024 annual appeal, which exceeded its goal of raising \$23,000 in donations from local residents and businesses.

The Long Hill Library, a cornerstone of our community, offers patrons opportunities to read, play, and learn. In the past year, the Library:

Loaned out 23,959 electronic items, including e-books, e-audiobooks, and e-magazines.

Increased its roster of programs to include Storytime at Stirling Lake, online talks by bestselling authors, and technology assistance at Wired Mondays.

Welcomed more than 600 people to sample its chocolate fountain, play indoor mini golf, make art, watch and discuss a film, and reconnect with neighbors and friends at the Library's September Sunday Funday.

Hosted free art classes taught by Blue Duck Art Studio, Danielle D'Amico of Juxtapose Gallery, Brenda Liberti of Bee Lee Blooms, and other local artists.

"We couldn't offer all the programs and services we provide to the community, especially in the current economy, without the financial support of the Library Foundation," said Albie Ashbrook, Director of the Long Hill Township Public Library. "The Foundation's support helps to offset the high cost of digital lending resources like Libby, Hoopla, and Kanopy, and makes it possible to host community events like our Mini Art Shows and Sunday Fundays."

After this year's appeal, with the generous support of the community, the Foundation donated more than \$8,000 to support library programs and services. The remaining funds raised will be used to grow the endowment fund, which was established in 2015 to help ensure the viability and sustainability of the Library for years to come.

"The Library Foundation wishes to express our deepest thanks to those who contributed this year to support the library today and in the future," said Foundation Board President, Heather Gillis. A complete list of donors can be found at fflhtpl.org.







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Qty: 9,600 Zip: 07901

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Unit	WSPAPER AD RA'  S Unit (Business card)	Size 3.25° x 2°	1 TOWN	3 TOWNS	6 TOWNS	9 TOWNS	12 TOWNS	15 TOWNS	18 TOWNS	21 TOWNS	24 TOWNS
-		F-10-0 - 10-0 - 10-0	560	\$150	\$250	\$350	5400	\$450	\$500	\$550	\$600
2	Units 6.5° x 2° c	or 3.25° x 4°	\$100	\$250	\$400	\$500	\$600	\$700	\$800	\$900	\$1000
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12	Units	10° x 8°	\$360	\$900	\$1200	\$1500	\$1800	\$2100	\$2400	\$2700	\$3000
18	FULL PAGE	10° x 14°	\$400	\$1000	\$1400	\$1800	\$2200	\$2500	\$2800	\$3000	\$3400
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## **SUMMIT ELKS RECEIVE COMMUNITY PARTNERSHIP AWARD**

Community Partnership Award At the Summit Area YMCA's annual celebration held on April 25th, 2024, to recognize their efforts in joining the YMCA to host the Extra Special Prom - an event for special-needs students aged 13-25, their parents, and other volunteers.

During the award presentation, a highlight video of the Extra Special Prom was played. The footage demonstrated the utter joy emanating from the young adults who attended the prom, which was a milestone they might otherwise miss out on if not for the Elks partnership with the Y.

Summit Elks Exalted Ruler Fred Honold and fellow members then continued to detail the synergies between the two organizations in their commitment to serving the community and to

Summit Elks Lodge #1246 received the enriching the lives of youth with special needs.

The Summit Area YMCA serves more than 15,000 individuals with their free and fee-based programs and services in an area spanning the New Jersey communities of Berkeley Heights, Gillette, Millburn, New Providence, Short Hills, Springfield, Stirling and Summit.

The Summit Elks and Elks Lodges throughout NJ and the United States work with compassion and dedication to provide programs and services for special-needs children and adults. Local events such as the Extra Special Prom, scholarships, sports programs, and NJ Elks Camp Moore are made possible through donations, fundraising events, and grants from the Elks National Foundation. Please visit Elks.org for more information about the Elks and how to join.



(above) Summit Elks Exalted Ruler Fred Honold receives the YMCA Community Partnership Award from Summit Area YMCA Presidend & CEO Paul Kieltyka. Courtesy photo







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## **SENIOR CENTER OF THE CHATHAMS**

Those interested in attending should call the Senior Center of the Chathams Mondays-Fridays between 9 a.m. and 3 p.m. to register: 973-635-4565.

#### **Life & Career of Fred Astaire**

Mon., June 3, 12:00 PM

Popular entertainment historian John Kenrick returns to talk about the life and career of Fred Astaire, the famous dancer and actor.

## **Alzheimer's NJ Caregiver Support Group**

Thurs. June 6, 10:30 AM

This support group provides families and caregivers with the emotional support and education they need to better understand Alzheimer's disease and other forms of dementia.

## **Protect Your Bones with Exercise**

Mon., June 10, 1:00 PM

Learn how to protect your bones from osteoporosis with exercises. Light lunch to follow. Limited seating.

## **Understanding Memory Loss**

Wed., June 12, 12:00 PM

Representatives from Alzheimer's NJ will share information on how to recognize memory loss and the various forms of dementia.

#### **Personal Finance 101**

Thurs., June 13, 11:00 AM

Get an overview on important financial planning tools. Presenter: Patrick McCahill, Hightower Egan Wealth Advisors.

### **How to Build a Healthy Mason Jar Salad** Wed., June 19, 12:00 PM

Watch a culinary demonstration on how to make a healthy summer salad in a mason jar and learn some food label math tips. Presented by Raksha Shah, MA, RDN.

### Samba & Sandwiches

Wed., June 26, 12:00 PM

Learn how to samba and enjoy a sandwich after the lesson. Limited spots. Sponsored by Florham Park Rehabilitation & Healthcare Center.











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