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Issue 104 • May 2024



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A PHONE CALL CAN SAVE A VETERAN'S LIFE

Michael D. Boll, President, NJVN

Every year we honor the fallen, who have sacrificed their lives so we can live in the best country in the world. Please reflect on the service our heroes perform to keep us safe and protect our way of life. This Memorial Day we are asking people to call and check on our active duty soldiers and veterans that have served. Every day we lose twenty-two veterans to suicide and 40 percent of veterans that return from combat are diagnosed with PTSD. Unfortunately, this number has not changed much, and we feel that recreational therapy and peer support can really make a difference for our veterans living in crisis. The New Jersey Veterans Network (NJVN) is fully committed to combat this epidemic by aggressively seeking out veterans in need. Our goal is to contact the veteran before they fall into a deep state of depression and provide them lifesaving and lifechanging resources.

Over the last few years, the NJVN has been able to provide thousands of meals to our veterans and active duty soldiers. Thousands of veterans were given new suits and clothing from our storage area, over thirty newly refurbished automobiles were gifted to disabled veterans, and the most important thing the NJVN does is save lives through our peer support /mentorship program.

The NJVN works from the heart and is therefore able to work with all the other amazing veteran charities that share the same common goal, putting veterans first. Our donations go directly to the veteran's programs, which allows us to assist veterans and their families throughout the entire state and host numerous recreational therapy activities as well. This year we are starting up a few veterans' retreats and will focus on increasing events at our state veteran hospitals and shelters.

We are always looking for volunteers that can both assist with upcoming events and help mentor veterans so they can live better productive lives. Volunteers are the most important NJVN resource, and we would love to have more people help us save lives. If you need assistance or are interested in joining the team, please send us your name, email, and phone number to NJVN1775@gmail.com or call 973-332-1556. Check out our website NJVN.org for our services and accomplishments.



(above) New Jersey Veterans Network veterans and volunteers at a recent event.



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OFFICER INSTALLATION 2024-2025

Central District presided. Summit Elks Lodge information visit: summitelks1246.org

Summit Elks Lodge #1246 installed their 2024 membership is approaching 3,000, drawing 2025 Officers during a ceremony held on members from Summit and surrounding towns. Sunday, April 7th. Dignitaries from the Elks East New members are welcome. For more



(above, l-r) Lodge Officers responsible for the 4 Pillars of Elkdom: Charity, Justice, Brotherly Love and Fidelity. Rocco DiPiano - Esteemed Leading Knight (Charity); Fred Honold - Exalted Ruler (Fidelity); Apollo Hrehorovich - Esteemed Lecturing Knight (Brotherly Love); and Marv Twill - Esteemed Loyal Knight (Justice). These four officers look forward to serving our communities for the benefit of all. Courtesy photo

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HIGH SCHOOL SAILING TEAM EARNS TOP PLACEMENT AT NJISA NORTH REGATTA

Submitted by Christine Murray

The Summit High School Sailing Team was in action on April 10th, in the first NJISA North Regatta of the season. In a field of 16 boats, Summit sailors claimed 2 of the top 4 spots in the regatta! Lauren Murray and Grace Penque grabbed 3rd overall, and Brady Parkes and Elodie Hellmuth took 4th overall. Amazing results for the Hilltoppers. A steady (but cold)

easterly breeze combined with strong current ripping through Raritan Bay made for tricky conditions and challenging starts for the fleet. Congrats to all the SHS Sailors who competed -Lauren Murray, Grace Penque, Brady Parkes, Elodie Hellmuth, Michael Creel, Elena Carranza, Emma Gumny, Tristan Pohl, Peter Huntley-Robertson, and Brynn Penque.



Courtesy photo

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SCOUT TROOP EARNS RED CROSS CERTIFICATION

Submitted by Lauren Ruggiero

Summit Scout Troop #45827 successfully completed their Red Cross certification for Babysitting, Infant CPR and First Aid this April. The course consisted of several hours of online prework, followed by a full day in-person training organized by the troop and held at the Summit Community Center. The training was made possible by a generous grant from The Summit Foundation to support the girls in their interest in advancing their child care skills, as well as learning how to be responsible entrepreneurs.

The girls learned many skills, including how to administer infant CPR, use an AED, provide first aid and how to provide the best childcare. Earning the Red Cross Certification is an accomplishment reflecting their hard work and mastery of material. The girls are excited to put their new expertise to work with their neighbors in Summit.







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HOME SECURITY ASSESSMENT PROGRAM

The Summit Police Department is announcing its Home Security Assessment Program, a new initiative to provide property owners with professional, targeted recommendations on safeguarding against burglaries.

Police officers that have been certified in risk assessment will meet with citizens at their residence for a free home security survey. The assigned officer will evaluate existing security measures, identify potential areas of weakness, and make recommendations for security improvements.

"We are very pleased to be able to offer this program and hope that many residents take advantage of it," explains Police Chief Steven Zagorski. "By participating in the program, you will have taken a proactive step in creating a more secure environment in and around your home. We have seen neighboring police departments launch similar programs with great success and feel this will be beneficial for our residents as well."

Interested parties should email cpu@spdnj.org to make an appointment for an assessment and include the following information in the email: name, address, phone number, and preferred day and time for the assessment. A member of the Community Policing Unit will respond and set a date and time for the appointment. A selfassessment checklist is available as a

downloadable PDF on the city website for residents who do not wish to schedule an inperson assessment. After the appointment, residents will receive a report with personalized recommendations for enhancing home security measures.

Full program information is available at cityfosummit.org/homesecurity. View the program video on the City of Summit YouTube channel. Contact the Summit Police Community Policing Unit at cpu@spdnj.org with any questions.



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- They'll become more coordinated and improve agility which means they'll pick up new skills their coaches teach them faster.
- Your children will start to eat better because we'll be educating them daily on what's good and what they should avoid ...don't be surprised if they start asking you to buy more vegetables.
- **Confidence will skyrocket.** When kids get stronger, faster and more fit...their confidence will rise...so will their self-esteem which means their performance in every aspect of life will get better.
- **Their mindset will improve.** We're going equip your child with very specific mindset skills that'll help them learn how to transform how they think about mistakes and failures.

HAPPY PARENTS TALKING ABOUT THE PHYSICAL AND MENTAL TRANSFORMATION OF THEIR KIDS...

• "My son learned a ton and was highly motivated, he wanted to go, I never had to push him. Honestly, GRIT helped me accomplish precisely what I wanted to do; build confidence and a great mindset as a foundation for a lifetime of healthier living for my son."

- Morgan GRIT Athlete Parent

• "My son has been talking about it since the summer program ended. After he attended the summer program we have seen a tremendous improvement with Mason in sports. He is much more aggressive and focused now."

- Robert, GRIT Athlete Parent

• "My son is more disciplined and confident in himself"

- Steve Hughes, Grit Athlete Parent

• "I have watched my children become more confident and vocal."

- Christine Stramandinoli, Grit Athlete Parent

• "His confidence has shot up in the last few months...and has carried forward to the way he approaches other activities like sports and schoolwork. My son is now making his bed daily and exercising every day."

- *Catherine Solfaro, Grit Athlete Parent* throw it further and faster!

• "We saw a noticeable difference in his throwing - he could throw it further and faster! The training definitely paid off!"

- Dara, GRIT Athlete Parent

GET MORE INFORMATION (STARTS JUNE 17TH)







Warning: Our summer season begins June 17th and we tend to sell out early. Please respond promptly so we can give you the best chance to grab a spot. Scan the QR code and enter your information to find out more about the Summer Program.

BLANKETS AND SUPPLIES FOR BABIES

The Christ Child Society of Summit (CCS) recently joined forces with members of the Summit Elks Club to tie the fringe ends on fleece baby blankets, remove tags from clothes, and organize baby supplies. More than 60 volunteers assembled and finished 275 blankets. The blankets are included in layettes that CCS distributes to qualified new moms in local area hospitals. The Elks Club presented CCS with a \$4,000 grant from the Elks National Foundation. Elk members also generously gifted baby clothing, towels, baby shampoo, lotion, wipes, and other infant necessities.

CCS is a group of dedicated volunteers from all faiths and backgrounds that are joined with the purpose to help under-resourced children and their families.

(above) Front row: Elk's event chair Kathy Preacher handed a \$4,000 grant to CCS Blankets for Babies co-chair Chair Addie Fekete. 2nd row: Regina Feeney, Christine Murray, and Sue Flannery Huffman. Courtesy photo

JLS LAUNCHES 100K DIAPER PROJECT

to announce that it is embarking on an ambitious project to collect 100,000 diapers by the end of May. One hundred percent of all diapers collected through the 100K DIAPER PROJECT will be donated to Moms Helping Moms, a NJ-based organization dedicated to addressing the critical issue of diaper need in New Jersey communities.

Now through May 31, 2024, the JLS will be partnering with various community organizations to host a series of diaper drives in our communities. To date, The Gingham Giraffe School (Chatham), Accenture (Florham Park), Swimquest (Millburn), Washington School (Summit), Lifetime (Berkeley Heights), Congregation Beth Hatikvah (Summit), Stanley Preschool (Chatham), Zadie's Nurturing Den (Summit), JUMP Immersion School (Summit), and Chatham Middle School (Chatham) have committed to hosting drives.

Individuals who wish to contribute to the 100K DIAPER PROJECT can do so by donating diapers through the League's Amazon Wishlist.

Diaper need affects a staggering 1 in 2 families across the United States. New Jersey is no

The Junior League of Summit (JLS) is proud exception. Last year, Moms Helping Moms distributed over 1.3 million diapers, which according to the organization is just scratching the surface of the current diaper need in New Jersey.

> The shortage of diapers not only impacts the health and well-being of children but can also result in missed work or school due to parents' inability to provide the required diapers to their daycares. Diapers are not recognized as a basic need by government programs and cannot be purchased with food stamps, further exacerbating the challenge for families in need.

ABOUT THE JLS:

The Junior League of Summit is a nonprofit dedicated organization to promoting volunteerism and improving the community through effective action and leadership. Learn more at summit.jl.org.

ABOUT MOMS HELPING MOMS:

Moms Helping Moms is committed to providing essential baby items to families in need, including diapers, to ensure that every child has a healthy and happy start in life. Learn more at momshelpingmoms.org.



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Order In-Store

Visit the store and speak with an available budtender to create your order. You can also order your products at one of our kiosks in the lobby or sales floor.

SUMMIT FARMERS MARKET 31ST SEASON

Summit Downtown, Inc. (SDI) and The Summit Farmers Market is proud to announce that its 31st season started on April 28, 2024. Regarded as one of the best farmers markets in the state, the market offers a variety of locally sourced seasonal produce, baked goods, meats and seafood, vegetable and flowering plants, prepared foods, coffee and much more, all exclusively from New Jersey purveyors. The market now includes three additional weeks in December, and will also include the popular Sunday Funday events this year on May 19th, July 21st and October 27th. Please visit summitdowntown.org/events/ for all of the details and to pre-register for the Sunday Funday contests.

CITY TREE ASSESSMENT

The City of Summit Department of Community Services is partnering with RichView Consulting to perform inventory and health assessments on city trees located on the city right-of-way throughout Summit. The grantfunded project began in March and is expected to continue through August 2024. Four RichView employees will be working with City Forester John Linson to perform the assessments. Please contact the Department of Community Services at 908-273-6404 with any questions.

P.A.L. PET SHOW AND ONLINE CONTEST

The Summit Department of Community Programs is hosting the annual Police Athletic League (PAL) Pet Show on Saturday, May 11, 2024, on the Village Green, located at 356 Broad Street. Registration for the free event begins at 1 p.m. and judging begins at 1:30 p.m. In the event of rain, the pet show will be held on Sunday, May 12.

The competition will be organized into two categories: a competition for dogs only and an all-other pet exhibition. In the dog show, small, medium, and large dogs will compete with their owners by walking across the stage in front of the judges. The all-other pet exhibition will include animals such as cats, reptiles, and birds on an auxiliary stage. All pets must be kept on leashes or in pet carriers during the event. Prizes will be provided by the PAL and awarded for each category, and for participation.

Residents may also participate in the online pet show contest by emailing a photo of their pet in any Summit park to dguidajr(a)cityofsummit.org. The Department of Community Programs will post all photos on its Facebook page. The pet photo that receives the most likes by May 10 will win the digital media award.

For more information,

visit summitcommunityprograms.com or call the Department of Community Programs at 908-277-2932. To learn more about the Summit PAL,

visit summitpal.org.

"Building on the incredible success of 2023, with over 4,000 visitors joining us each week, we're excited to unveil the 31st season of the Summit Farmers Market!" said Market Administrator, Marin Mixon. "Our commitment to supporting local farmers and small businesses remains stronger than ever. We can't wait to welcome back familiar faces and introduce new vendors to our vibrant community. Join us at the market and experience the freshest produce, delectable treats, and a touch of local magic, now featuring over 50 vendors each week!" This year SDI welcomes new vendors, including: AquaSprout Farms, Neshanic Station Apiaries, Jersey Artisan, The Lemon Bar, MezMez Egyptian Foods, Zell's Farm and a handful more offering exciting new items to the market. Many of your favorites will also be returning including, Anita's Baked Wonders, Hummus Boss, Corner-Copia, Sustainable Haus and many others offering unique and exclusive items. Don't forget your reusable bags! A full list of returning and exciting new vendors can be found at summitdowntown.org/events/farmers-market.

The G.I.F.T. (Give It Fresh Today) program

SUMMTHIN' ASPARAGUS CONTEST – MAY 19TH

families.

This year, we're celebrating the springtime NJ's finest produce. bounty of New Jersey farms with a contest dedicated to the versatile and delicious asparagus. Amateur bakers whether you dream up savory quiches or decadent pastries, showcase your culinary creativity using fresh, local asparagus as the star ingredient. Impress our judges with your originality, taste, and use of

Farmers Market.

All dishes must be turned in by 10:45 a.m., judging starts at 11 a.m. Pre-register for the contest by visiting summitdowntown.org/events/farmers-market. Pre-registration is open until May 17th at 4 p.m., you may still register onsite May 19th by 10:45 a.m.

will be at the market and continue to collect fresh

food each week. The program celebrates its 14th

year this season. With over 13,000 pounds of

donations collected last year, the program makes

a real difference in the lives of local families. The

Summit Farmers Market community plays a vital

role in this success, with customers and vendors

generously contributing to the cause. Through

their partner G.R.A.C.E. (Giving and Receiving

Assistance for our Community's Essentials),

these donations are distributed weekly to

Sundays from April 28 - November 24 from 8

a.m. - 1 p.m., then Sundays, December 8, 15 &

22 from 8 a.m. – 12 p.m. The market is located

at Park & Shop Lot #1 at the corner of DeForest

Avenue and Woodland Avenue. Don't miss the

chance to shop for fresh, locally-sourced goods

and support your community at the Summit

organization dedicated to the on-going

development and promotion of the business

community of downtown Summit, NJ.

Summit Downtown, Inc. is a nonprofit

The Summit Farmers Market will be open





MEMORIAL DAY PARADE – MON., MAY 27

The City of Summit Department of Community Programs will hold its annual Memorial Day parade and ceremony on Monday, May 27, at 10 a.m. The parade honors the men and women who have lost their lives in military service to our country. It will begin at 25 Deforest Ave. and proceed to the Village Green.

Sponsored by the Summit Memorial Day Committee and the Summit Fourth of July and Celebration Committee, the parade will be led by members of the Summit American Legion Post #322. All Summit civic, non-profit, and school groups are encouraged to make creative posters and displays and march along with veterans in the parade. The Summit High School marching band, Summit Police Department, Summit Fire Department, Summit Volunteer First Aid Squad, and scout troops will also march in the parade.

Spectators are encouraged to gather on Deforest Avenue, Beechwood Road, Union Place, and along Maple Street to the Village Green. Flags will be distributed to the crowd by veterans along the parade route, donated by local business Annin & Co. Veterans who are unable to march may request a ride in the parade; please meet members of the American Legion at the start of the parade route at 25 Deforest Ave. to request assistance.

The ceremony on the Village Green will feature music from the Summit High School summitcommunityprograms.com.

marching band, a rifle salute and wreath-laying, and a special performance of Taps. A Summit Veteran Lifetime Achievement Award will be presented by Mayor Elizabeth Fagan MD, followed by readings from local students. Veterans who attend the ceremony will receive a 2024 commemorative coin in recognition of, and appreciation for, their service. Free hot dogs and cold drinks will be served on the Village Green courtesy of the Summit Elks Lodge.

To register your organization to march in the parade, contact David Guida at dguidajr@cityofsummit.org or 908-277-2932.

More information is available at

ТНЕ ROGRA

The blue envelope brings together law enforcement and motorists with autism and other sensory disorders. It's a resealable and convenient place to keep all driver documents, and contains instruction for both the driver and the interacting officer in the



event of a traffic stop. The tool will help bridge gaps communication and build empathy in our community.

in

Get Yours Now!

HERITAGE MONTH EVENT – MAY 18

The Department of Community Programs is hosting its third annual Asian American and Pacific Islander (AAPI) Heritage Month event on Saturday, May 18, 2023. The free event will take place from 4 to 8 p.m. on the Village Green, located at 356 Broad Street. All citizens are invited to attend to celebrate and learn about AAPI culture.

The entertainment stage will feature performances from groups in different Asian communities. The event will also include a Holi celebration and a ceremony to honor accomplishments of the AAPI community. Food will be available for purchase from various local restaurants and vendors.

Several community organizations will set up displays highlighting different aspects of AAPI culture, with heritage showcases, outdoor games, and other activities. To set up a display, contact David Guida at dguidajr@cityofsummit.org.

The planning committee for this event includes members from the City of Summit, the Summit Chinese American Association, and volunteers from surrounding communities. This event is sponsored by the New Jersey state chapter of the National Federation of Filipino American Associations (NaFFAA), Saint John's Lutheran Church, and Summit AAPI.

More information on the event is available at summitcommunityprograms.com.







Summer Camp Registration Deadline: June 1

Orchestral Camp 6/24-7/6

Recommended for Students in Grade 9 or Younger

- String Session 9:00 1:00 p.m.
- Wind/Brass/Percussion Session 12:00 4:00 p.m.

Chamber Music Camp 6/24-7/5 11:00 a.m. - 2:00 p.m.

NEW! Double Reed Camp 6/24-6/28 12:30 - 4:30 p.m.

NJYS Camp Requirements Available Online at NJYS.org



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call 908-771-5544 or email info@njys.org for more information. NJYS.org





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DANCE STUDIO CELEBRATES GRAND OPENING

Fred Astaire Dance Studios in Summit, NJ, hosted a memorable grand opening event on Sunday, April 14, 2024, showcasing the elegance and vibrancy of ballroom dance. The celebration was attended by Mayor Fagan, Council President Lisa Allen, Council Member Jamel Boyer, and Council Member Kevin Smallwood, alongside owners and teachers from various Fred Astaire Dance Studios throughout New Jersey.

The event began at 3:00 p.m. and featured live music from "The Beverlee's" throughout the afternoon, creating a lively and festive atmosphere. Guests enjoyed dancing, mingling, and sampling refreshments while appreciating the studio's talented instructors and special performers.

Special performances by dance couples "Irvin and Lupita," "Sergei and Marina," and "Jeff and Judith" highlighted the studio's commitment to providing world-class dance instruction and entertainment to the local community.

Owners Gabriela Jileva and Gregory Capar, a husband-and-wife team, also own the Fred Astaire Dance Studio in Morristown, NJ, which has been thriving for the past 17 years. Many of their loyal Morristown students attended the Summit grand opening to show their support, along with local residents and Summit students.

Gabriela shared, "We are delighted to bring the Fred Astaire Dance Studios experience to Summit. This grand opening event was a wonderful demonstration of the joy and connection dance brings to people's lives. We look forward to continuing to serve and inspire our students for many years to come."

Gregory added, "Dancing goes beyond the dance steps; it promotes a lifestyle that enriches lives physically, mentally, emotionally, and socially. We are excited to share our passion with the Summit community and create a space where everyone can experience the joy of dance."

For those who missed the grand opening, the studio invites the community to an open house guest party on May 23rd at 7:30 p.m. This event offers another opportunity to explore the joy of ballroom dance.

Fred Astaire Dance Studios Summit provides exceptional dance instruction for all levels, from beginners to advanced dancers. For more information, please visit their website at fredastaire.com/summit or contact the studio at 908-723-2411 or summit@fredastaire.com.



(above, l-r) Owners Gabriela Jileva & Gregory Capar, Mayor Fagan, studio director Tony Soto, and instructor Giorgina Martinus cut the gold ribbon at the grand opening of Fred Astaire Dance Studios in Summit. The ceremony marked the official launch of the new studio."



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SOVIET AFFAIRS SPECIALIST TO HOLD BOOK TALK AND SIGNING

The Summit Free Public Library is pleased to host Dr. Amy Knight for an in-person discussion of her upcoming book, The Kremlin's Noose: Putin's Bitter Feud with the Oligarch Who Made Him Ruler of Russia.

On Wednesday, May 15th from 7:00 pm to 8:30 pm, Dr. Knight will delve into the captivating story of Vladimir Putin's rise to power and his complex relationship with Boris Berezovsky, the oligarch who once held immense influence in Russia. The Kremlin's Noose, set to be released on May 15th, sheds new light on the tumultuous political landscape of Russia under Yeltsin and Putin. Dr. Knight's

BOOKSMILES BOOK DONATIONS

City of Summit

The Recycling Advisory Committee (RAC) has partnered with New Jersey non-profit BookSmiles to divert excess books from the Book Barn from entering the waste stream.

The organization collects, sorts, and distributes donated books to children and families living in underserved communities in New Jersey and Philadelphia by providing other non-profits and educators with children's books for classroom libraries, book fairs, and at food bank distributions.

BookSmiles houses book donation boxes throughout New Jersey and Pennsylvania and accepts larger donations at their headquarters in Pennsauken, NJ. Citizens can also contact the organization to schedule a pickup of personal library collections of 2,000+ books (approximately six large bookcases) from their residence.

RAC Chair Mimi Zukoff coordinated a pickup at the Book Barn on Thursday, March 7, and donated approximately 45 boxes of books, which were previously organized and stored by Division of Public Works (DPW) staff over the past several weeks. Going forward, DPW staff will store boxes of excess books at the Transfer Station until the next scheduled BookSmiles pickup, which will occur on an as-needed basis.

"We are thrilled that the Book Barn gets so much use, but it frequently becomes unmanageable due to the high volume of books that are dropped off by residents," explains Mimi Zukoff. "Paperback books can be recycled, but hard cover books had to be thrown away during our previous clean-outs. By partnering with BookSmiles, we are keeping more material out of the waste stream and helping to make books and reading more accessible to more children."

BookSmiles accepts donations of adult and children's books; the children's books are donated and proceeds from the sale of adult books are used to help fund the non-profit.

For more information on BookSmiles visit booksmiles.org. For more information on the City of Summit Municipal Transfer Station visit cityofsummit.org/transferstation. exploration of this critical period helps us understand the factors that ultimately led to the demise of democracy in the nation.

Dr. Amy Knight is a highly respected scholar of Russian politics. She holds a PhD from the London School of Economics and Political Science and boasts an impressive career that includes teaching at prestigious institutions like Johns Hopkins SAIS and Carleton University. She also served for eighteen years as a Soviet/Russian affairs specialist at the U.S. Library of Congress. Dr. Knight is a prolific writer, having authored six books on Russian history and politics, along with numerous articles published in renowned publications like The New York Review of Books, The Times Literary Supplement, and The Daily Beast.

"We are delighted to welcome Dr. Amy Knight back to the Library", said Abby Brady, Head of Adult Services at the Library. "Her previous talk was so well-received, and we're excited for her to share her new insights on Russian history and politics."

Following the discussion, Dr. Knight will be available for a book signing. This event is free and open to the public. To register, visit the Library's website at summitlibrary.org.

EXCITING SEASON FINALE – MAY 19

The Summit Symphony Orchestra, celebrating 85 years of free concerts in Summit, will conclude its 2023-24 season with a concert on Sunday, May 19 at 2:00, at Summit High School, 125 Kent Place Boulevard, Summit. Admission to all Summit Symphony concerts is free.

Music Director Michael Avagliano will lead the orchestra in the New Jersey premier of Through the Bay by Joseph Jaxon as well as Dvorak's Symphony No. 8. Also featured in this concert are the winners of our Young Artist Competition: Brianna Liu playing a movement from Grazyna Bacewicz's Cello Concerto No. 1, Joie Kuo playing a movement from Shostakovich's Cello Concerto No. 1 and Nicholas Kim playing a movement from Antonin Dvorak's Cello Concerto.

The Summit Symphony has been providing free orchestral concerts for the Summit area since 1938. We hope you will join us for our exciting season finale!

For more information about this concert or about the Summit Symphony Orchestra, please visit our website, summitsymphony.org.



(above, l-r) Winners of our Young Artist Competition: Brianna Liu, Joie Kuo, and Nicholas Kim









EMS RESPONSES MARCH 2024

Summit's EMS volunteers responded to 197 emergency calls in March.

Calls for the month included 117 medical emergencies; 13 falls; 16 motor vehicle accidents, including 5 on Route 24 or 78; 15 traumatic injuries; three allergic reactions; 18 cases of overdose or poisoning; one response to a medical alarm; one pedestrian struck by a vehicle, and one response to fire scene. Squad Volunteers also provided three "lift assists" to patients who did not require transport to a hospital.

Six emergency calls were answered by an offduty "back-up crew" of volunteers responding from home or work when the on-duty crew was busy. Summit volunteers also provided mutual aid assistance 12 times to 4 neighboring towns. 21 patients transported to a hospital by Squad members also received advanced life support care from hospital-based paramedics who accompanied the Squad's ambulance. During March, Squad volunteers transported 103 patients to five different hospitals.

On 2 occasions during the month, all 3 Summit ambulances were responding to simultaneous calls. The Squad also hosted 2 public CPR classes at their building and provided EMS coverage at 8 community events including several firefighter training exercises for the Summit Fire Dept at the former Celgene/Bristol Meyers site on Morris Ave.

The Squad answers calls for help 24 hours a day and at a variety of locations. March



responses included 71 to a patient's home or apartment; 21 for accidents or medical emergencies on streets or highways; six in a public park; five in public buildings; 14 at a local business; six at a bar or restaurant, and two to a health care professional's office. There were also 20 medical incidents at Summit's train station; 13 at a local behavioral health facility; one on the grounds of Overlook Medical Center; 16 to an assisted living facility, two in a house of worship; 5 on a sidewalk; one in a parking lot; two in a hotel; four at City Hall; two at Summit's Library; two at the Post Office; five at a school; and one at a day care center.

The all-volunteer First Aid Squad, responds to emergency calls 24/7, is entirely funded through private donations and does not bill for service. The Squad is always looking for new volunteers to join its ranks. All needed training, uniforms and equipment is provided. For information on becoming a volunteer, or donating to the squad please call 908-277-9479, or visit their web site at: summitems.org.

ROSE CITY RUNNERS WELCOME NEW MEMBERS

Attention Morris area runners! Whether or not you are affiliated with a running club come check out the Rose City Runners! We meet every Saturday morning at the Kitchell Rd. parking area of nearby Loantaka Brook Reservation is Morris Township. Meet time is at 8:30 a.m. April-October, and 9 a.m. November-March. We leave promptly so if it's your first time come a little early so you can be introduced.

We share post Saturday run breakfast on a park picnic bench. We even have a fire in the shelter fireplace on cold winter days. We do have other activities including member hosted house parties. Our USATF racing team competes against other NJ clubs. Racing on the team is an option and not a requirement for membership.

Just come some Saturday! Members run varying paces (including a few walkers) and cover 3-8 miles, much on quiet wooded park trails. We often have turnouts of over 20 runners even on cold days. We have a diversity of ages from 20's to 70's! When park trails are icy or snow covered, we use alternate routes. We are a friendly welcoming group.

Contact BarbaraRushman@yahoo.com or visit our website RoseCityRunners.com to join or to learn more.



(above) Rose City Runners



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Summit Times • Page 22 • May 2024 NJ YOUTH SYMPHONY CELEBRATES 45TH ANNIVERSARY AT NJPAC

Wharton Arts

The New Jersey Youth Symphony (NJYS), a program of Wharton Arts, will present its 45th Anniversary Celebration Concert on Sunday, May 5 at 3:00 p.m. at the New Jersey Performing Arts Center (NJPAC) in Newark. Experience a grand celebration of the Garden State's premier youth orchestra program as its three full symphony orchestras and Jazz Orchestra come together with alumni for a triumphant concert commemorating the 45th season. Special guest stars George Marriner Maull of The Discovery Orchestra and jazz legend Rufus Reid join the jubilee led by NJYS conductors Dion Tucker, Mark Gunderman, Simon Lipskar, and Helen H. Cha-Pyo. The celebratory program features works by Holst, Copland, Rufus Reid, Valerie Coleman, James Ra, and Respighi.

Audience members are invited to take a sweeping look at the New Jersey Youth Symphony's 45-year history and the road ahead.Tickets are \$20, \$35, and \$50, available at NJPAC.org. VIP Tickets can be purchased for \$150 and include premium seating and admission to the post-concert reception. VIP Tickets, as well as more ways to support NJYS, can be found at NJYS45.givesmart.com.

Said Maestro George Marriner Maull, "As founding Music Director and Conductor of the New Jersey Youth Symphony, nothing could make me happier than the celebration of the youth symphony's 45th Anniversary—an amazing accomplishment in the lifespans of today's nonprofits. The New Jersey Youth Symphony, a vital part of the Wharton Arts family, is now flourishing under the artistic



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(above) The NJ Youth Symphony, a program of Wharton Arts, will present its 45th Anniversary Celebration Concert on Sunday, May 5 at 3:00 p.m. at the New Jersey Performing Arts Center.

leadership of Helen Cha-Pyo and her staff. It is flourishing beyond the wildest dreams of those of us—and there were so many during those first eighteen years beginning in 1979—who planted and nourished this seed. Just gaze at and listen to what that seed has blossomed into...Happy 45th Anniversary indeed!"

"As we commemorate the New Jersey Youth Symphony's remarkable 45-year journey, this concert stands as a tribute to the unwavering dedication, exceptional talent, and boundless passion of our young musicians, their families, our devoted artistic and administrative teams, and our invaluable community partners—including public school music educators, private teachers, and generous supporters," said Helen H. Cha-Pyo, Artistic Director and Principal Conductor. "Creating an inclusive and nurturing environment where our youth can explore their potential requires a collaborative effort. At the New Jersey Youth Symphony, a program of Wharton Arts, we deeply appreciate our vibrant and engaged community. We are committed not only to delivering outstanding musical experiences but also to fostering positive life experiences that empower our young artists to flourish. We are eager to present a concert with our honorees, Rufus Reid and Maestro George Marriner Maull, and NJYS alumni that honors our rich history while embracing an exciting future. We hope the audience enjoys the world premiere of Ring O Bells! by James Ra, commissioned to commemorate the 45th anniversary, and we invite you to join us for this unforgettable musical celebration!"

Throughout the 2023-24 season, NJYS has honored its vibrant history and bright future with premieres of new compositions and beloved music from the inaugural season in 1979. For more information, go to NJYS.org.

Wharton Arts' mission is to offer accessible, high quality performing arts education that sparks personal growth and builds inclusive



communities.

Wharton Arts' vision is for a transformative performing arts education in an inclusive community to be accessible for everyone.

Wharton Arts is New Jersey's largest independent non-profit community performing arts education center serving nearly 2,000 students through a range of classes and ensembles. The 5 ensembles of the New Jersey Youth Chorus, an auditioned choral ensemble program for students in grades 3–12, encourage a love and appreciation of choral music while nurturing personal growth and creative development. The 15 ensembles of the New Jersey Youth Symphony, which serve nearly 600 students in grades 3-12 by audition, inspire young people to achieve musical excellence through high-level ensemble training and performance opportunities. Based in Paterson, the Paterson Music Project is an El Sistemainspired program of Wharton Arts that uses music education as a vehicle for social action by empowering and inspiring young people to achieve their full potential through the community experience of ensemble learning and playing. From Pathways classes for young children to Lifelong Learning programs for adults, the Wharton Performing Arts School has a robust musical theater and drama program and offers both private and group classes for instruments and voice for all ages and all abilities. With the belief in the positive and unifying influence of music and that performing arts education should be accessible to all people regardless of their ability to pay, Wharton Arts offers need-based scholarships.

Wharton Arts is located in Berkeley Heights, New Providence, and Paterson, NJ and reaches students from 12 counties. All of Wharton Arts' extraordinary teaching artists, faculty members, and conductors hold degrees in their teaching specialty and have been vetted and trained to enable our students to achieve their personal best.



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SUMMIT PUBLIC LIBRARY MAY PROGRAMS

ADULT PROGRAMS Strength Training for Seniors

Thursdays, May 2 – 30, 10:00-10:45AM A weekly series of classes to help seniors increase muscle tone, flexibility, balance, strength and endurance. Summit cardholders only. Instructor: Leena Kalle. Online.

A Total Healing: The Meditation Prescription

Thursday, May 2, 7:00-8:00 PM Learn about the health benefits of meditation. Presenter: Matthew Raider, MD. Online.

Explore Your World: New Approaches to the Colonial Era in the Americas

Fridays, May 3 – 10, 10:00AM-12:00PM
Explore the many stories of the colonial era.
Presented by Professor Angie Kirby-Calder of Drew University. In-person and online.

Concert: Steve Minzer Quarter

Sunday, May 5, 2:00-3:00 PM Jazz standards from swing to be-bop to songs by George Gershwin, Duke Ellington, and Cole Porter. No registration required. In-person.

Monday at the Movies Mondays, May 6 – 20, 12:30-2:30PM & 6:30-8:30PM Every week, watch a different movie in the Lower Level Program Room. No registration.

Adult Craft Class: Make a Hand-Colored Silk Scarf *Tuesday, May* 7, 7:00-8:30 PM Create a colorful and unique accessory for yourself or as a gift. All materials provided. Instructor: Robin Carroll-Mann. In-person. Virtual Author Talk with Nina Simon Wednesday, May 8, 7:00-8:00 PM Nina Simon will discuss her novel, Mother-Daughter Murder Night. The talk will be

followed by a live Q&A session. Online. **Author Talk: Dr. Amy Knight** Wednesday, May 15, 7:00-8:30 PM Dr. Amy Knight discusses her soon-to-bereleased book: The Kremlin's Noose: Putin's Bitter Feud with the Oligarch Who Made Him Ruler of Russia. In-person.

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Art Talk: Ruth Asawa: Sculptor, Educator, Arts Activist Thursday, May 16, 7:00-8:30 PM Janet Mandel will discuss the work of Japanese-American artist. In-person/online.

Brown Bag Book Club

Friday, May 17, 12:30-1:30 PM Lunchtime book group for adults. Book to be discussed: Clara and Mr. Tiffany by Susan Vreeland. Refreshments served. In-person.

Virtual Trivia Night Friday, May 17, 7:00-8:30 PM Test your wits and knowledge. The questions in this game are geared for people 18 and older but all ages are welcome to try. Quizmaster:

Mary Piekarski. Online.

History of Summit from A to Z Sunday, May 19, 2:00-3:30 PM Join us for a fun and informative slideshow of tidbits, facts, and figures about Summit's history. Presenter: Patricia Meola, President, Summit Historical Society. In-person/online.

Escape from Behind Enemy Lines Tuesday, May 21, 7:00-8:00 PM In WW II, Lt. Louis Feingold was shot down over France, and escaped with help from the Resistance. His son will share his story using letters, maps, photos, and the original fake identity cards. Presenter: Rick Feingold. Online.

Virtual Author Talk with Rebecca F. Kuang Tuesday, May 21, 7:00-8:00 PM Rebecca F. Kuang (R.F. Kuang) will discuss her New York Times bestselling novel, Yellowface. The talk followed by a Q&A session. Online.

Great Decisions Discussion: Science Across Borders

Wednesday, May 22, 1:00-3:30 PM International collaboration can benefit scientific research, but it may also impact a nation's national security. Discussion moderators: Tom

Ferguson and Lisa Allen. In-person. Finding Family Hidden Roots in Your DNA

Thursday, May 23, 7:00-8:30 PM Learn how adoptees and others find biological parents and siblings through DNA testing. Presenter: Richard Hill, the first adoptee to find

his birth family in this way. Online. Explore Your World: Shakespeare and The Other: The Merchant of Venice and Othello

Fridays, May 24 – June 28, 10:00AM-12:00PM A six-week mini course that will explore Shakespeare and "The Other." Presented by Professor Bob Comeau of Union County

College. In-person and online. YOUTH PROGRAMS Superhero Storytime

Saturday, May 4, 11:00AM-12:00 PM Stories, songs and rhymes about superheroes. In-person. Recommended for ages 2-5. Deb Lee: Author Visit

Saturday, May 4, 2:00-3:00PM Celebrate Free Comic Book Day with local author Deb Lee as they discuss the artistic process and their award-winning graphic memoir In Limbo. Copies of their memoir will be available for purchase at the end of the event as well. In-person. For teens and adults.

Storytime Yoga

Wednesday, May 8, 11:00-11:30AM Join Ms. Pam from Peace Play NJ for a FREE yoga class. In-person. Recommended

for ages 2-5.

STEM Saturday

Saturday, May 11, 11:00AM-12:00PM Create STEAM crafts and experiments led by the Library's teen volunteers. In-person. For Grades K-5.

Chinese Corner

Sunday, May 12, 3:30-4:30PM A Chinese Immersion program hosted by the Summit Free Public Library and led by the volunteers of the Summit Library Chinese Club. In-person. For Grades 6-8.

Composting with

The Recycling Committee of Summit Monday, May 13, 4:00-5:00PM

Learn the basics of composting with an interactive demonstration during our Little Sprouts Gardening Club. In-person. For Grades K-5.

Teen Night: String Art

Wednesday, May 15, 7:00-8:00PM Turn a plank of wood into a work of art using nails and string. In-person. For Grades 6-8.

Books and Woofs Monday, May 20, 7:00-8:00PM

Practice reading aloud to Seeing Eye dogs and puppies. In-person. For Grades K-5.

Crafty Kiddos

Wednesday, May 22 & May 29, 11:00AM-12:00PM

Create some easy crafts to take home. Inperson. Recommended for ages 2-5 with a caregiver.

Teen Night: DIY Resin Bookmarks and Keychains

Wednesday, May 29, 7:00-8:00PM Create a unique bookmark or Keychain using the science and art of resin. In-person. For Grades 6-8.

RECURRING YOUTH PROGRAMS:

Baby Bookworms (6 mos. – 2yrs) Mondays, May 6, May 13 @ 10:00-10:30 AM & 10:30-11:00 AM **CATSS After-School Programs (Grades 6-8)** Mondays – Fridays @ 3:00-4:30PM Little Sprouts (Grades K-5) Mondays, May 6 - 20 @ 4:00-5:00 PM Rubik's Cube Club (Grades 3-12) Mondays, May 6, May 13 @ 4:00-5:30 PM Listen, Play, Create (2-5 yrs) Tuesdays, May 7 - 21 @ 10:00-10:45 AM Family STEAM Club (Grades K-5) Tuesdays, May 7 - 28 @ 7:00-8:00 PM **Book Buddies (Grades K-3)** Wednesdays, May 1 - 21 @ 4:00-5:00 PM Spanish Storytime (2-5 yrs) Thursdays, May 2, May 16 @ 10:00-10:30 AM **Elementary Explorers (Grades 3-5)** Thursdays, May 2 - 16 @ 4:00-5:00 PM Speech & Debate Jr. (Grades 6-8) Thursdays, May 2 – 23 @ 7:00-8:00PM Pop-up Play (6 mos. – 2yrs) Fridays, May 3 - 17 @ 10:00-12:00 AM



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OLD GUARD THE MAY SPEAKERS PROGRAM

Summit Area Old Guard

The Summit Area Old Guard is a social, educational, and recreational organization that serves men of retirement age. We meet most Tuesdays at the New Providence Presbyterian Church located at 1307 Springfield Ave. Our dues are minimal, and members manage all aspects of the operation. Our motto is "Come for the Programs. Stay for the Friends." The organization was founded in 1930.

WE WILL HAVE FOUR PROGRAMS IN MAY: MAY 7TH, DR. LESLIE PENDLETON

On May 7th, our speaker will be Dr. Leslie Pendleton, founding director of the Machen Florida Opportunity Scholars Program at the University of Florida (UF). The Program . . . "reimagines the first-generation student experience by providing transformative access, comprehensive scholarships, and elite support programs." She is a national leader in creating sustainable efforts to support the college and life success of students who are the first in their families to pursue a college degree. Dr. Pendleton now serves as the lead development officer for the program, and she will discuss the 18-year history and impact of the Machen program.

MAY 14TH, GARY FISCH

On May 14th, our speaker will be Gary Fisch, founder & CEO of Gary's Wine & Marketplace, a four-store retail wine & spirits chain in northern NJ. Founded in 1987, Gary's Wine & Marketplace has become an industry-leading independent retailer selling wine, beer, spirits, gourmet foods, and giftware. During this

presentation, Gary will speak about his founding story and some innovations he has pioneered in retailing over the past 35+ years.

MAY 21ST, ALLEN HAMILTON

On May 21st, our speaker will be Allen Hamilton. Allen will present his experience with Ancestry.com, including the wealth of online information, such as the census and birth/death/burial records.

MAY 28TH, CHRIS GAFFNEY

Finally, on May 28th, our speaker will be Chris of Championships, Gaffney, Director Metropolitan Golf Association. Conducting firstclass championships that "promote and conserve the best interests and true spirit of the game of golf" was the founding mission of the MGA. Today, the MGA is recognized as a leader in championship administration and conducts some of the nation's oldest and most prestigious events with a list of champions that reads like a who's who of golf. Chris will provide insight into the historic MGA Championship program, the fantastic golf courses, accomplished alumni, great volunteering opportunities throughout New Jersey, and some insight on the Rules of Golf.

The Summit Area Old Guard is a social, educational, and recreational organization that serves men of retirement age. We meet most Tuesdays at the New Providence Presbyterian Church located at 1307 Springfield Ave. Our dues are minimal, and members manage all aspects of the operation. Our motto is "Come for the Programs. Stay for the Friends." \The organization was founded in 1930.



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WATCH EPISODE 3 OF RENNA MEDIA PODCAST

Renna Media has posted its second episode of "Mind Your Own Local Business," a podcast that gives advice on how to run a successful local business. To learn more call me, 908-447-1295, or email joerenna@rennamedia.com.



Scan for Second Episode of Mind Your Own Local Business on YouTube.



