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RATS! THE STORY OF THE PIED PIPER

Watchung Bayberry Elementary School students performed in the musical "Rats" on February 7. The play is based on Germany's legend of the ratcatcher, the Pied Piper of Hamelin, who became associated in the 16th century with the alleged departure and fate of the children of Hamelin in 1284. All students returned safely home after the show!



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Ashley's February Watchung Market Update

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WATCHUNG WOMEN HONORED FOR WOMEN'S HISTORY MONTH

Watchung Post

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In honor of Women's History Month, the Borough of Watchung, including Bayberry Elementary School staff and families, honored their school's longtime administrative assistant, Camille Di Nardo, who has served Bayberry School for 22 years. Camille is pictured here holding flowers with Bayberry teachers and staff at the event.

The other honorees were Watchung's current Office of Emergency Management Coordinator Carolyn Solon, lifelong Watchung resident, local top realtor, and avid town volunteer Susan Cole Tucker, and groundbreaker Virginia Procino Hartmann, retired Lieutenant Colonel, U.S. Air Force. The ceremony was held on March 14, at the Watchung Arts Center.



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HIGH SCHOOL CLASS OF 2024 PROJECT GRADUATION

WHAT IS PROJECT GRADUATION?

Project Graduation is a tradition at many high schools to keep graduates safe and substance-free on graduation night. For WHRHS, the event will be six hours long, filled with all kinds of indoor activities, entertainment and -- of course -- lots of food and drinks! All students are required to ride the bus to and from the event, which will be held on graduation night June 13, 2024. Location TBD.

WHO RUNS PROJECT GRADUATION?

Project Graduation is an independent parent organization with their own budget, fundraising events and planning committee. Senior parent volunteers work hard to host various exciting events that lead up to the end-of-year graduation night event.

WHO ATTENDS PROJECT GRADUATION NIGHT?

WHRHS has approximately 500 seniors from the towns of Green Brook, Long Hill, Warren and Watchung who will be graduating on June 13,

2024. The event is open at no cost to the entire WHRHS graduating class, and we hope for 100% participation.

WHO PAYS FOR THE EVENTS?

Project Graduation is funded completely through donations.

The ability to provide all the events throughout the year is only possible through generous donations from our families & community. This includes the parents, local businesses and community organizations. As we are a regional high school, we are reaching out to the member

towns, seeking donations to help offset the costs of this celebration. In the past, we have received pledges as well as goods and services, from many different community members. If you have a business or skill you can offer or know someone willing to help, please let us know!

HOW TO PARTICIPATE:

VENMO @WHRHS-ProjectGrad2024. Or Mail checks payable to WHRHS Project Graduation 2024: Project Graduation 2024

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Jaya Dave, a senior at Watchung Hills Regional High School, was recently awarded the Governor's Award for Exceptional Artistry & Community Leadership in Dance. She has been dancing since the age of 4 at the Washington Rock Dance (WRD) school in Warren. During her time at WRD, she has trained pre-professionally in ballet and modern dance as well in contemporary, jazz, hip-hop and tap. She also has many years of training in Bollywood and Classical Indian dance. Jaya has furthered her dance technique at the Ailey School Professional Division Summer Intensive as well as the American Dance Festival Pre-Professional Intensive.

on the benefits of arts education and attained student signatures to further her cause. Her interest in education and community service has led her to be a co-instructor for the Dance for Parkinson's program. She has also participated in many local school and community outreach events to promote the Arts.

Next year, she plans to go to college to study dance, while taking courses in business and education. Jaya aspires to dance, choreograph, teach and, maybe one day, own her own dance company and studio.

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Through the years, Jaya has had many prominent roles in the WRD's Nutcracker Ballet production as well as had opportunities to perform alongside professional in various venues throughout New Jersey and New York City. Most recently, she was invited to dance at a reception at the Governor's Mansion during a Women's History Month event.

In addition to advancing her artform through her own training, Jaya has spent many hours over the last 7 years teaching dance as an assistant teacher at WRD, where her passion for dance education and leadership began. Jaya strongly believes that all students should have access to learning various dance forms, regardless of socioeconomic background, and thus led the initiative to reintroduce the dance program into the Watchung Hills Regional High School curriculum. She presented research to the board



(above) Jaya Dave has received the NJ Governor's Awards In Arts Education Student Award: Exceptional Artistry & Community Leadership in Dance



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A JOURNEY DOWN LEARNING LANE

Parents seeking exceptional early childhood education and afterschool care are in luck: the Berkeley Heights YMCA Learning Lane and its counterpart, Beyond the Bell, are accepting registrations for the 2024-2025 school year!

The Berkeley Heights YMCA Learning Lane, which welcomes children in preschool through Kindergarten, has undergone a number of transformations over the past few years. The nationally renowned Creative Curriculum, emphasizing the importance of hands-on learning and discovery, is now embedded into the program itself. Each day, students engage in a variety of enriching STEAM and language arts activities that set them up for academic success. To take this even further, but the learning doesn't stop there.

“As part of the larger Summit Area YMCA, we're focused on each child's overall well-being,” said Associate Executive Director Kelly McHugh. “That includes teaching our students the importance of caring, honesty, respect, and responsibility, helping them learn skills that build their confidence and independence, and ensuring that they flourish socially and emotionally.”

Parents will find a host of other benefits that make the Berkeley Heights YMCA Learning Lane a special place. The teachers and caregivers introduce kids to healthy fun through weekly trips to the gymnasium, swim time at the Summit YMCA indoor pools, and nutritious daily snacks. These added features start their students on a path to a lifetime of healthy living.

“In addition to teaching our children about

health and wellness, we want them to learn about their relationship to the community at large,” said Diana Burneo Fernandez, the center's director. “Each month, we take the children on field trips around our local area. From farms to the police department, fire station and library, our students see firsthand that we are all part of one larger world and why it's so important that we help one another.”

These foundational lessons in health, wellness, and social responsibility can also be found in the Berkeley Heights YMCA afterschool program for school-age children, Beyond the Bell.

For more information, please visit www.thesay.org/learning-lane or contact Diana Burneo Fernandez at diana.burneo-fernandez@thesay.org or 908-464-8373 Ext. 2042.

ABOUT THE SUMMIT AREA YMCA

In 1886, we were founded as the Young Men's Christian Association, but today, we are The Y. An association that values and is made stronger by its diverse people. We stand for youth

development, healthy living, and social responsibility — For a better us. We are committed to creating equal opportunity for all regardless of gender, age, disability, income, ethnicity, sexual orientation, or religious affiliation. We strive to create a welcoming and inclusive culture in which our four core values — responsibility, honesty, caring, and respect — are integral to everyday operations.

Each year, as one of the area's leading 501(c)(3) charitable organizations, the Summit Area YMCA serves more than 17,000 individuals with our free and fee-based programs and services in an area spanning the New Jersey communities of Berkeley Heights, Gillette, Millburn, New Providence, Short Hills, Springfield, Stirling, and Summit. Our history is rooted in working side-by-side with our neighbors to ensure everyone can learn, grow, and thrive. Through the generosity of our members, donors, and partners, we are able to offer financial assistance for our programs and services to those in need.

SENIORS CLUB 55+

Regular meetings are held the 2nd Wednesday of the month, from 11:00 a.m. - 2:00 p.m. at the Watchung Firemen's Exempt Hall, located at 31 Mountain Blvd., Watchung (lower level, handicap accessible). Guest speakers, trips, and fun parties are planned throughout the year. Join us! For more information call Madelyn (908)816-0641.



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HOMETOWN HEROES DEADLINE - APRIL 8TH

Borough of Watchung

The Borough of Watchung's Hometown Heroes Banner Project creates banners that honor veterans, living and deceased, who have lived in or currently reside in or work for the Borough of Watchung. Each banner includes a veteran's name, branch of service, and years served along with a military photo. Banners will line Somerset Street twice yearly—on Memorial Day and Veterans Day.

If you haven't yet submitted a form to have yourself or a loved one included in the project the deadline is April 8, 2024. For more information go to watchungnj.gov/resident/hometown-heroes.

POLICE DEPARTMENT OPEN HOUSE – APRIL 3

Watchung Police Department

Please join us for a fun filled day for adults and children alike on April 3rd, 2024, between the hours of 11 a.m. and 2 p.m. for a Watchung Police Department Open House! Along with getting to meet our amazing officers, you will be able to tour our building, see equipment demonstrations, participate in fun activities, and join us for refreshments.

We would like to thank our event sponsors: Fiserv, Pourtuga Coffee House, DARE America, and Watchung PBA Local 193.

This event will be held rain or shine.
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Holy Thursday - March 28
12 noon Spoken Liturgy with Eucharist
7:30 p.m. Liturgy with Rite of First Holy Communion

Good Friday - March 29
12 noon Ecumenical Community Service
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This program will continue to help celebrate both Memorial Day and Veterans Day for years to come: each year adding more brave Heroes from past to present.

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<https://watchungnj.gov/resident/hometown-heroes>

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A SLIME OF A GOOD TIME

The Somerset County Library System of New Jersey's Watchung branch recently hosted a STEAM-themed slime lab program especially for children in grades K-5.

Slime was created using liquid glue, baking soda, and contact solution. Food coloring and beads were added to make the slime even more special.

"Science programs at the Library allow students to explore educational concepts in a hands-on way," said Katie Salerno, youth services librarian. "Attendees learned about the different states of matter. They discovered this by stretching and squashing the slime; that it's not quite a liquid or a solid, but something in between called a non-Newtonian fluid."

Explore a few librarian-curated reading recommendations - all about slime:

"Geronimo Stilton: Slime for Dinner" by Geronimo Stilton

"How to Make Slime" by Lori Shores

"Icky, Sticky Slime" by Ximena Hastings

"Slime King" by Catherine Daly

"Slime Shop" by Karina Garcia



(above, l-r) Natalia Fidalgo and Nicholas Glaser having fun with science.

Courtesy photos

PATRONS SHARE FEELINGS

A beautiful handmade quilt, composed of original artwork squares created by library patrons of all ages, the youngest was a toddler, is now on display in the Watchung Library. It features important impressions and feelings the quilters have about their library.

The project was coordinated by Friends of the Watchung Library. Friends President Marcia Walsh assembled the quilt, along with volunteers from the Friends.

The quilt is hanging in the Second Story Bookstore on the second floor of the library, off the Watchung Circle.

(right) Handmade Library Feelings Quilt.

UPCOMING VIRTUAL LIBRARY PROGRAMS

These programs are hosted virtually. Most programs require registration. Visit SCLSNJ.org. To join a virtual program by phone, dial (646) 876-9923. After dialing, you will be prompted to enter a meeting ID, which is unique for every event. The meeting ID is the series of numbers at the end of the Zoom link posted for each event.

Presented by Greater Raritan One-Stop Career Center

Discover various tools to assist you in the workplace.

The Multi-Generational Workplace

April 10, 10 a.m. - 12:15 p.m.

Emotional Intelligence

May 1, 10 a.m. - 12:15 p.m.

Failed Presidential Assassinations

April 2, 7-8 p.m.

Explore the more famous attempts on the life of the President of the United States as well as the two lesser known successful assassinations, Garfield and McKinley.

The Sky by Day and by Night

April 3, 7-8 p.m.

Explore the moon, planets, stars, artificial satellites, and the sun's path across the sky.

The Dead Sea Scrolls - The Texts, Their Context, and the Coalescence of Jewish and Christian Scholarship

April 10, 7-8 p.m.

Discover one of the most remarkable archaeological finds of the 20th century; presented by Professor Gary A. Rendsburg of Rutgers University.

The Letters of T.S. Eliot and Emily Hale

April 11, 7-8 p.m.

Explore the largest series of Eliot's correspondence and among the best-known sealed literary archives in the world.

"One Hundred and Sixty Minutes: The Race To Save The RMS Titanic" by William Hazelgrove

April 15, 7-8 p.m.

Discover the heroic acts of more than twenty-eight ships that were involved in the rescue of Titanic survivors.

Across the Mediterranean and Back Again in Twenty Years - Intro to Homer' "The Odyssey"

April 23, 7-8 p.m.

Examine the tale of unlucky Odysseus as he makes his way from Troy back to his homeland of Ithaca, encountering disaster, misfortune, and unfamiliar lands along the way.



"Along the Appalachian Trail: New Jersey, New York, and Connecticut" by Leonard M. Adkins

April 24, 7-8 p.m.

Walk through a historical perspective of the area that is considered by some to be the pathway's birthplace.

New Jersey Nature

April 25, 7-8 p.m.

Join photography enthusiasts and N.J. Audubon Associate Naturalists Becky and Phil Witt for a virtual tour of New Jersey nature.

Fermented Vegetables Workshop

April 29, 7-8:30 p.m.

Learn the basic science behind making fermented vegetables, from sauerkraut to beets, carrots, corn, and more.

"Long Gone, Come Home" Presented by Author Monica Chenault-Kilgore

May 1, 7-8 p.m.

Discover a tale of love, life, and loss that spans from the peak of the 1930s jazz era to the Great Depression and civil rights movement.

The Vietnam War 1956-1975 - How it All Began

May 6, 7-8 p.m.

Address how the Vietnam War started during Military History Month.

Japonisme - Cultural Crossings that Influenced Modern Art

May 13, 7-8 p.m.

Explore the story of how some of our favorite artists - Whistler, the impressionists, Van Gogh, and the post-impressionists - incorporated art and culture of Japanese influences.

Famous (and Some Not So Famous) Movies With a New Jersey Connection

May 20, 7-8 p.m.

Learn about movies that connect to the Garden State, from "On the Waterfront" to "The Wedding Singer," and many more.

In the Shadow of a Pyramid - Anatomy of an Excavation in Egypt

May 29, 7-8 p.m.

Journey through an excavation with Egyptologist and Princeton Ph.D. Candidate Emily Smith-Sangster.

Butter Chicken Virtual Cooking Class

May 30, 7-8:30 p.m.

Learn how to create butter chicken and spiced vegetable rice pilau with minimal effort.

For additional assistance, call (908) 845-8400. To discover all SCLSNJ has to offer, visit SCLSNJ.org.

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SIEMINSKI THEATER UNVEILS SPRING SEASON

Experience a vibrant selection of shows at the Sieminski Theater, located in Fellowship Village, Basking Ridge. Whether you're looking for a romantic night out or a fun-filled day with family or friends, the Sieminski Theater is the perfect destination for an unforgettable experience. Visit sieminskitheater.org to discover our upcoming shows and let the allure of live entertainment enchant you.

April 7 at 2:30 pm: David Maiocco's Rhapsody In Red, White & Blue, a dazzling tribute by the acclaimed pianist and actor, brings Liberace's legacy to life with a performance that sparkles with the maestro's signature style. Maiocco's uncanny resemblance and incredible talent capture the heart, spirit, and charisma of the man who became "Mr. Showmanship!"

April 13 at 2:30 pm: Mentalist Joshua Kane's Borders of the Mind is an extraordinary journey into the realm of mental marvels and telepathic wonders. This family event beckons those with a curiosity for the mystical, providing a chance to delve into the depths of intuition and unearth hidden psychic talents. Embrace the adventure and unlock the secrets of your mind and discover your inner superhero!

May 4 at 2:30 pm and 7:30 pm: Lisa McClowry's The Beat Goes On is a nostalgic and vibrant odyssey through Cher's discography that will leave you feeling like you've just witnessed a Goddess of Pop concert! With eight costume changes and mesmerizing video projections, the storytelling is perfectly enhanced and promises an experience like no other.

May 12 at 2:30pm: Kimberly Faye Greenberg's Fabulous Fanny: The Songs & Stories of Fanny Brice is a delightful tribute to the life and humor of the Broadway legend. This acclaimed show revives the spirit of "Funny Girl," Fanny Brice and is a must-see for anyone who loves the golden age of Broadway and the enduring wit of Brice.

June 1 at 2:30 & 7:30pm: Frankie Cirell's The Magic Of Tony Bennett is a heartfelt tribute that captures the emotional depth and elegance of Bennett's iconic songs. Accompanied by a full

orchestra, audiences will be treated to a musical journey, from the touching "I Left My Heart in San Francisco" to the soaring melody of "Fly Me to the Moon."

June 9th at 2:30: Tea for Three: Lady Bird, Pat & Betty is a one-woman show that intimately portrays the lives of Lady Bird Johnson, Pat Nixon, and Betty Ford. Elaine Bromka's heartwarming play takes place in three scenes, each focusing on one of the women as they share their hopes, fears, and loves.

June 15 at 7:30 pm Dancing Dream: An ABBA Tribute is a nostalgic trip to the era of disco and dazzle! The timeless music beckons fans to sway to hits like "Mamma Mia," and "Dancing Queen" Embrace the 70s' flair with platform shoes and sequins and prepare for an unforgettable night of harmonious vocals, vibrant costumes, and lively dance routines.

Tickets for these captivating performances can be purchased at sieminskitheater.org or (908) 580-3892.

Enjoy an exceptional pre-show dining experience at Wilson's Tapas Bar Lounge restaurant Located steps away from the Sieminski Theater, culinary dishes prepared by Fellowship Village's award-winning executive chef feature only the freshest ingredients and highest quality. Make a reservation by calling 908-580-3818 for 5:30 pm for the show date.

About the Sieminski Theater:

Bringing a professional performing arts venue with a diverse lineup of entertainment to Basking Ridge and the surrounding communities makes the Sieminski Theater and Somerset County an artistic and cultural destination. We enjoy a newly expanded performance schedule from the American Theater Group, Light Opera of New Jersey, New Jersey Festival Orchestra, Trilogy Repertory, and countless national touring groups. Our intimate, award-winning non-profit venue features technical amenities that rival any Broadway theater.

Visit us at www.sieminskitheater.org to view our upcoming entertainment schedule, where any seat is the best seat in the house.

<p>April 7</p> <p>David Maiocco LIBERACE Rhapsody in Red, White & Blue</p>	<p>April 13</p> <p>Joshua Kane's BORDERS OF THE MIND DISCOVER YOUR SUPERHERO POWERS</p>	<p>May 4</p> <p>Lisa McClowry CHER THE BEAT GOES ON</p>
<p>May 12</p> <p>KIMBERLY FAYE GREENBERG FABULOUS FANNY The Songs & Stories of Fanny Brice</p>	<p>June 1</p> <p>Frankie Cirell Performances all the best with his 42 years of experience The Magic of Tony Bennett</p>	<p>June 9</p> <p>TEA FOR THREE Lady Bird, Pat & Betty</p>
<p>June 15</p> <p>DANCING DREAM AN ABBA TRIBUTE</p>	<p>8000 Fellowship Rd Basking Ridge</p> <p>SIEMINSKI THEATER CULTURAL ARTS CENTER</p> <p>SieminskiTheater.org 908-580-3892</p>	

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4 Units	3.25" x 8" or 6.5" x 4"	\$180	\$450	\$700	\$900	\$1100	\$1300	\$1500	\$1700	\$1900
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WARRENBROOK SENIOR CENTER APRIL PROGRAMS

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April fool Bingo with Bob Mazet

April 1, 11 a.m.

Bingo is more than just an exciting activity. Researchers found that playing Bingo has multiple benefits. It promotes socialization, strengthens hand-eye coordination, and improves listening and memory skills.

Downsizing

April 3, 11 a.m.

George Pizzo from Caring Transitions will talk about the benefits of downsizing, how to prepare for downsizing and tips for sorting and decluttering & moving.

Junk Drawer Detective

April 4, 11 a.m.

Junk Drawer Detective is an intriguing mystery – solving game where players explore the chaotic realm of a forgotten drawer. As a detective, you unravel puzzles, decipher cryptic clues, and piece together the scattered remnants of everyday items to solve mysteries. This immersive game offers a blend of hidden object challenges and brain teasing puzzles, providing an engaging experience as players unlock the secrets hidden within the eclectic contents of a junk drawer.

Mini Gardening

April 5, & 26 11 a.m.

Hirey Molligoda from Assisting Hands Home Care will guide us through the delightful activity designed to bring joy and nature into the lives of seniors by filling the eggshells with soil & planting them with seeds. You will have the opportunity to decorate the faces of the egg using markers, attach googly eyes and colored wool for the hair. All supplies will be provided. PRE-REGISTRATION IS REQUIRED. Please call (908) to register.

TV Show Theme Songs Sing Along

April 8, 11 a.m.

Our own Warrenbrook Senior Musicians will lead a musical journey of TV show theme songs from the 1960's through the 1990's. Those were the good old days with TV shows headed by Mary Tyler Moore, Bob Hope, Doris Day, Kermit the Frog, and other superstars. Words will be provided for eleven songs. Please bring your reading glasses and singing smiles!

Monthly Book Club

(Virtual) April 9, 1:30 PM

Meets Every Second Tuesday of the month. Join the Warrenbrook Seniors Book Club members to discuss the book of the month and select the next book to read. New members are always welcome! **Only for Warrenbrook Senior Center Participants**

Gotcha! Avoiding Scams

April 10, 11 a.m.

So many individuals spend a great amount of time working to help themselves to your money and valuables.

Breathing techniques for mental wellness

(Virtual) April 11, 11 a.m.

Dr Prabha Srinivas will be teaching some practices that can be used to distract the mind and induce calm during an anxiety episode. A few techniques can be practiced on a regular basis to develop an ongoing awareness of trigger situations and to calm and regulate the nervous system consistently.

Around the world on a paper plane CRAFT

April 12, 11 a.m.

To celebrate the International Day of Human Space Flight, we will be making our own paper planes and see which flies the fastest, the farthest and which one crashes.

Space Trivia

April 12, 1 p.m.

To continue with the theme of Space, we will play Space Travel Quiz and Astronomy Quiz.

Ageless Grace Fitness Program

April 15, 11 a.m.

with Roz Gerken, Certified Ageless Grace Educator. Ageless Grace is based on the cutting-edge science of neuroplasticity, which is the ability of the brain and central nervous system to change structurally and functionally. The program is designed to activate all five functions of the brain (i.e., strategic planning, memory and recall, analytical thinking, creativity and imagination, and kinesthetic thinking). The program is intended for participants of all abilities while thoroughly engaged and seated in a chair.

Drum Circle

April 15, 29, 1 p.m.

Soothe the mind, body and spirit in this drumming circle. This is a holistic experience that leaves participants feeling a sense of joy! This is an ancient approach to promote healing and incite self-expression. The benefits of drumming are deep relaxation, lower blood pressure, reduced stress and open communication. Dave will teach participants how to hold a drum and how to make different tones.

Health Benefits of Nuts

April 17, 11 a.m.

Nuts offer various health benefits. Rich in heart-healthy monosaturated and polyunsaturated fats, they can help lower bad cholesterol. Jennifer Korneski from RUTGERS Co-operative Extension will talk about nuts and

how they provide a good source of protein, fiber, vitamins, and minerals contributing to overall well-being and potentially reducing the risk of chronic disease.

Plants: Earth's Silent Rulers

April 18, 11 a.m.

To celebrate Earth Day & Arbor Day, we will be watching a video about "Plants, Earth's Silent Rulers," which will unravel the mysteries of plants, the oldest form of life on earth. We will show that while plants are often thought to be passive, they have adopted aggressive strategies for survival. It is these "quiet rulers" of Earth that are not only the foundation of the global ecology, but also the spring from which all life flows.

Tree Trivia

April 18, 1 p.m.

To continue the theme about trees, we will play the "All about Trees" and "Trees of the World" quiz.

Brains n Games and Hand Bells

April 19, 26, - 11 a.m.

with Adrienne Graubard. Did you know that solving puzzles or challenging yourself with new mind-stretching activities like learning music can stimulate the brain and enhance your creative and critical thinking processes? Join Adrienne for some mind-tingling, brain-stumping word games and a fun-filled musical workout using hand bells.

Bingo

April 22, 11 a.m.

with Bob Mazet - Bingo is more than just an exciting activity. Researchers found that playing Bingo has multiple benefits. It promotes socialization, strengthens hand-eye coordination, and improves listening and short-term memory skills.

Breathing techniques for mental wellness

April 22, 1 p.m.

Dr Prabha Srinivas will be teaching some practices that can be used to distract the mind and induce calm during an anxiety episode. A few techniques can be practiced on a regular basis to develop an ongoing awareness of trigger situations and to calm and regulate the nervous system consistently.

Navigating the Health Care Field

April 24, 11 a.m.

Randi Goldberg will discuss proactive ways of managing health, staying informed about insurance coverage, and building a relationship with a primary care provider.

Volunteer Recognition

April 25, 11 a.m.

This is a heartfelt event celebrating the dedication and contributions of volunteers. During this special occasion, volunteers are acknowledged for their selfless efforts with personalized gratitude speeches, certificates of appreciation and a musical event by Ken Kuehl. Through this recognition, the Warrenbrook Senior Center aims to inspire a continued spirit of service among its valued volunteers.

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