

# Summit NJ Times

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## WELLNESS SYMPOSIUM - APRIL 10

Summit Public Schools is proud to announce the inaugural Summit Wellness Symposium, a groundbreaking event aimed at fostering community engagement and awareness around the critical issue of mental health and wellness for K-12 students. The symposium is scheduled to take place on Wednesday, April 10, 2024, at 6:00 p.m. at Summit High School.

The primary objective of the Summit Wellness Symposium is to emphasize the collective responsibility of the entire community in ensuring the well-being of its youth. With the theme "Community Health is Everyone's Responsibility," the event seeks to bring together parents, guardians, educators, and local stakeholders to address the multifaceted aspects of mental health in young individuals.

Aligned with the District's goal to support mental health, wellness, and social-emotional learning, the symposium will feature a distinguished keynote speaker who will offer insights and perspectives on the importance of nurturing mental health in school-aged children. Additionally, attendees will have the opportunity to participate in a variety of breakout sessions tailored to equip parents and guardians with practical skills and strategies to support their children's mental health and wellness journey effectively. Each presenter will target their topic towards elementary parents in one breakout session and middle and high school parents in the other.

In addition, the symposium will serve as a platform for local non-profit organizations and other community agencies to showcase resources and provide valuable information related to mental health and wellness. Tables set up outside of the auditorium will offer attendees the chance to connect with these organizations and access additional support networks. The Summit Wellness Symposium will also feature a raffle and door prizes, courtesy of donations from local Summit businesses and organizations.

"We believe that fostering a culture of wellness starts with collective action and community involvement," said Doreen Babis, Director of Special Services of Summit Public Schools. "The

Community Health is Everyone's Responsibility




SCAN ME

# SUMMIT WELLNESS SYMPOSIUM

APRIL 10, 2024 ~ 6:00PM  
SUMMIT HIGH SCHOOL

- ★ Learn various aspects of mental health in a safe and informative environment
- ★ Discover resources available in the local area
- ★ Engage in meaningful discussions
- ★ Develop a 'toolkit' of skills and strategies to support children's mental health and wellness



### Event Features

 <b>Dinner</b> Provided by Pomptonian from 6:00-6:30 pm	 <b>Babysitting</b> Available for students in grades K-5	 <b>Resources</b> Community resource tables and raffles!	 <b>Keynote</b> John Coriegno, Esq.	 <b>Breakout Sessions</b> Over a dozen mental health professionals
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Summit Wellness Symposium is an embodiment of our commitment to empowering parents, guardians, and the wider community with the knowledge and tools needed to support the mental health and well-being of our students."

To enhance accessibility and participation, dinner will be provided, and babysitting services will be available during the event. Registration for the Summit Wellness Symposium is requested, however, if attendees plan to attend the dinner portion of the event and/or utilize the babysitting services, registration is required.

In addition to Summit Public Schools, the Summit Wellness Symposium is sponsored by Shaping Summit Together, Summit Parent Teacher Organizations (PTO), Pomptonian Food Services, and KAW Foundation. To register for the Summit Wellness Symposium and learn more about vendors, the keynote speaker, and the breakout sessions, please visit [summit.k12.nj.us/resources/wellness-symposium](http://summit.k12.nj.us/resources/wellness-symposium).

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202 Walnut Ave., Cranford, NJ 07016

Summit Times is published by Renna Media. 9,600 newspapers are printed monthly and mailed to every business and resident in Summit, NJ. Although great care has been taken to ensure the information contained within is accurate, Renna Media assumes no liability for errors or omissions.

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## HIGH SCHOOL BIG BAND HEADLINES DANCE APRIL 13

The Summit Music Parents Association's 51th Annual 'Big Band Dance' will take place on Saturday, April 13th, from 7 – 11 p.m., at the Canoe Brook Country Club. The event is headlined by the Summit High School Big Band under the direction of Alex Bocchino.

In addition to the get-on-the-dance floor

soundtrack provided by the Hilltopper Big Band, the evening will feature a cash bar beginning at 7 p.m. and a buffet dinner to follow.

Tickets are priced at \$110 each and are available by visiting [smpasummit.org](http://smpasummit.org). For further information, contact Jennifer Kwon at [jennkwonmusicmom@gmail.com](mailto:jennkwonmusicmom@gmail.com)



(above, l-r) Left to Right: Charlotte Witcher, Evan Gunter, Josh Roncallo, Jesaiah Leon, Sophia Medenica, Logan Valerio, Toby Phaneuf

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## BOOK LOVERS, SAVE THE DATES

The Summit College Club will hold its annual Book Sale from April 17th through April 21st at the American Legion Post 433 at 357 Elkwood Avenue in New Providence (next door to the library).

“We’ve held the Book Sale for over fifty years,” said Summit College Club President Lynne Rogerson. “It is one of the most significant book sales in the area and our most important annual fundraising event. Our sale offers readers a wide variety of books at low prices. All the profits we derive are used to fund college scholarships for deserving local high school students. What could be better?”

### BOOK & MEDIA DONATIONS

People wishing to donate books and other media to the sale are asked to bring them to American Legion Post 433 at 357 Elkwood Avenue in New Providence for the following four days only:

Friday, April 12th, 1 pm to 7 pm; Saturday, April 13th, 9 am to 7 pm; Sunday, April 14th, 9 am to 7 pm; and Monday, April 15th, 9 am to 7 pm

The sale accepts books, including most types of fiction and non-fiction, and other media, including CDs, DVDs, and LPs, all in good condition. However, it does NOT accept encyclopedias, magazines, manuals, textbooks, VHS tapes, or any damaged books or media.

Before the sale, volunteers sort and arrange the donated books into many categories, from astronomy to zoology. The most popular types of books received are fiction, children’s, cookbooks, history books, and biographies. But there are also many others, including art, science, travel, and rare books.

“We are always surprised,” said Rogerson, “at the number and variety of books we receive. Our area is rich in readers.”

### BOOK SALE

The first day of the sale is Preview Day, on April 17th, from 9 am to 2 pm, with a \$25 admission charge. Preview Day customers are traditionally regional book dealers, but everyone is welcome.

The Book Sale continues with free admission from April 18th through April 21st. Sale hours on those days are: Thursday, April 18th, 9 am to 8 pm; Friday, April 19th, 9 am to 8 pm; Saturday, April 20th, 9 am to 7 pm; and Sunday, April 21st, 10 am to 4 pm (Bag Day)

During the sale, nearly all books and media will sell for 50 cents, one or two dollars. On Sunday, the final sale day, readers may fill a bag with books or media for \$5 or \$10.

The Summit College Club Book Sale profits fund scholarships for local college-bound high school seniors.

Last year, the club granted \$27,000 in scholarships to students from Summit High School, New Providence High School, Governor Livingston High School, Chatham High School, Millburn High School, and Kent Place School.

### VOLUNTEERS WANTED

Summit College Club members would be grateful for the help of volunteers from the community to take in and sort the books before the sale, help customers and straighten the various book areas during the sale, and clean up after the sale. Anyone interested in volunteering can fill out the Volunteer With Us form on the Summit College Club website at [summitcollegeclub.org/Events/Book Sale](http://summitcollegeclub.org/Events/Book Sale).

Any questions about book donations, the sale, volunteering, or the Summit College Club, please email [summitcollegeclub@gmail.com](mailto:summitcollegeclub@gmail.com).

Summit College Club, a branch of the American Association of University Women, is dedicated to advancing gender equity through research, education, and advocacy. Learn more about Summit College Club and our scholarships at [summitcollegeclub.org](http://summitcollegeclub.org).

**The Summit College Club Annual Book Sale Returns!**

at the American Legion Post 433  
357 Elkwood Avenue, New Providence  
(next to the New Providence Library)

**DONATIONS**  
April 12 • 1pm-7pm  
April 13, 14 & 15 • 9am-7pm

**BOOK SALE**  
**\$25 entry fee:**  
April 17 • 9am-2pm

**Free Entry:**  
April 18 & 19 • 9am-8pm  
April 20 • 9am-7pm  
April 21 • BAG DAY • 10am-4pm

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## NJIO SPRING CONCERT – APRIL 21, 2024

Free Admission \* Sunday April 21st 2024

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5:00 PM  
Ticketed Gala  
Purchase gala tickets at  
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Guest soprano soloist  
Sydney Dardis

For more information or accessibility requests, contact [info@njio.org](mailto:info@njio.org) or call 908-603-7691

New Jersey Intergenerational Orchestra (NJIO) will present its Spring Concert on Sunday, April 21st, 2024 at 3 pm at Crescent Avenue Presbyterian Church in Plainfield. This Concert celebrates NJIO's 30th Anniversary and is free and open to the public. Donations are gratefully accepted. The Concert will be followed by a ticketed Gala at the same location.

NJIO's 30th Anniversary Concert will feature a spectacular young opera star, soprano Sydney Dardis. Ms. Dardis will perform with NJIO what is known as "Four Last Songs" by Richard Strauss, completed in 1948 when the composer was 84. According to the Los Angeles Philharmonic, they are "songs of farewell – to life, to art, to a vanished world. There is nothing like them in music for the sheer intensity of their concentrated, gentle heartache. It is music so bewitchingly sensuous, so achingly nostalgic, so subtle in its interweaving of vocal and instrumental textures as to defy description."

Ms. Dardis will also perform Lehar's "Einer Wird Kommen" (Someone Will Come) from the operetta Der Zarewitsch (The Tsarevich). Ms. Dardis, a native of Laguna Niguel, California, received her Master of Music degree in Vocal Arts from The Juilliard School, where she studied with Darrell Babidge. Ms. Dardis completed her undergraduate degree from The Juilliard School as well. In 2023 Ms. Dardis was

named a winner of the New York Regional District in the Metropolitan Opera National Council Auditions.

NJIO Symphony will also play the popular Overture to Die Fledermaus by Johann Strauss II.

NJIO's Intermezzo Orchestra, conducted by Oliver Hagen, will perform music by John Williams, a movement of Brahms' Symphony no. 3, and selections from Tchaikovsky's Sleeping Beauty. The Prelude Ensemble, NJIO's entry-level group, is conducted by Elizabeth Maliszewski. Prelude will be performing an arrangement of Haydn's Surprise Symphony, Gauntlet, and Lucy Farr's Barn Dance, as arranged by our own Graham Cohen.

A celebration of NJIO's 30th season will immediately follow the 30th Anniversary Concert. Guests will be entertained by NJIO musicians, a silent auction and a tricky tray, and a delicious dinner. For more information about the gala, please see: [njio.org/gala](http://njio.org/gala)

Concert Details:

Sunday, April 21st, 2024, at 3 pm

(doors open at 2:40 pm)

Crescent Avenue Presbyterian Church

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Admission is free;

donations are gratefully accepted.

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Level 5 & 6 May 16, 17 or 18

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# FRED ASTAIRE DANCE STUDIOS TO CELEBRATE GRAND OPENING APRIL 14

"Fred Astaire Dance Studios Announces Grand Opening of Summit, NJ Location: A Celebration of Elegance and Dance"

Fred Astaire Dance Studios proudly unveils its newest location at 2 Kent Place Blvd, Summit, NJ, located above the esteemed restaurant, Winberie's. Following the success of its flagship studio in Morristown, NJ, which opened its doors

17 years ago, Fred Astaire Dance Studios expands its footprint to offer the community of Summit an exquisite experience in ballroom dance instruction.

About Fred Astaire Dance Studios: Fred Astaire Dance Studios, a beacon of excellence in dance education, extends its legacy to Summit, NJ, with a commitment to providing unparalleled

instruction in an atmosphere of elegance and camaraderie. With a network of studios spanning the globe, Fred Astaire Dance Studios remains dedicated to empowering individuals through the transformative power of dance.

Grand Opening Details: Join us on Sunday, April 14, 2024, from 3:00 PM to 6:00 PM, as we celebrate the grand opening of Fred Astaire Dance Studios Summit. The festivities will feature live music by a renowned band from 3:30 PM to 6:00 PM, adding rhythm and flair to an afternoon of revelry. Guests can indulge in delectable refreshments, showcase their dance moves on the floor, and take advantage of exclusive promotions, giveaways, and performances throughout the event.

Contact Information: For media inquiries and interviews, please contact Gregory Capar at 201/341-1850 or email [gcapar@fredastaire.com](mailto:gcapar@fredastaire.com). For RSVPs to the grand opening celebration or additional information, please email [summit@fredastaire.com](mailto:summit@fredastaire.com) or call/text 908/723-9411.

Join Us for the Grand Opening: We extend a warm invitation to the community of Summit and beyond to join us for an unforgettable celebration of dance and camaraderie at the grand opening of Fred Astaire Dance Studios Summit. Whether you're a seasoned dancer or eager to explore the world of ballroom dance for the first time, we promise an evening filled with elegance, excitement, and the joy of dance.

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# Grand OPENING

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# SUMMIT CELEBRATES NEW JERSEY LOCAL GOVERNMENT WEEK 2024



The City of Summit is participating in New Jersey Local Government Week from Sunday, April 7, through Saturday, April 13. Local Government Week is a time for municipalities to bring awareness to the role local government plays in achieving the best life for communities.

There are several opportunities for citizens to participate.

As part of a “Learn About What We Do” social media campaign, the Communications Office will share photos and videos throughout the week highlighting city departments and divisions. Photos and videos will be posted on city social media pages, the city website, and city YouTube channel.

The City of Summit will host a community forum on public safety and city services on Tuesday, April 9, from 6 – 9 p.m. at the Summit Community Center located at 100 Morris Avenue. Residents are invited to view displays and meet staff during the open house from 6 -

6:30 p.m. At 6:30 p.m. the Summit Police Department will give a presentation on its home security assessment program, new drone initiative, and other public safety measures. The Q&A session will begin at 7 p.m. with city staff and local elected officials in attendance to answer questions from the public.

“New Jersey Local Government Week is an opportunity for citizens to learn more about how local government works and how city staff and elected officials serve their community,” explains Summit Mayor Elizabeth Fagan, MD. “I encourage residents to join me at the public safety forum to learn about the important initiatives the police department has implemented citywide. It will also be an opportunity for you to ask questions and share your ideas. We very much look forward to hearing from you.”

Visit [cityofsummit.org](http://cityofsummit.org) for more information on the City of Summit and New Jersey Local Government Week.





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## RUN FOR THE ROSES FUNDRAISER MAY 4TH

The Summit Lions Club will be holding their annual Derby Fundraiser on May 4th at Delicious Heights in Berkeley Heights at 5:00 p.m.

Join us for the Run for the Roses with a live stream of the race, buffet, 50/50 cash raffle, and auction items. Tickets are \$30.00 per person and should be purchased by May 1 by visiting [summitlionsclubs.org/donate](http://summitlionsclubs.org/donate). Or you may contact Lion Stephanie Sciallero at [stephanie.sciallero@gmail.com](mailto:stephanie.sciallero@gmail.com).

The Summit Lions was chartered in 1926 at the Summit Beechwood Hotel and is celebrating 98 years of service to the community. In 1925 Helen Keller challenged the Lions to become "Knights of the Blind in the crusade against darkness." Since that time, Lions have been tireless advocates for the blind and visually impaired and has expanded its challenges to six pillars of service. Diabetes, Youth, Environment, Hunger, Disaster Relief and Pediatric Cancer. Visit our website at [summitlionsclub.org](http://summitlionsclub.org). Our membership is 1.4 million worldwide. Our motto is We Serve.



## EMS GRATEFUL FOR LOCAL SUPPORT

Submitted by John Staunton

During the 2023 calendar year, Summit Volunteer First Aid Squad (Summit EMS) received grants from several Summit-based organizations that have been long-time supporters of the Squad. They include The Summit Luminary Fund, The Summit Foundation, Junior League of Summit, and Overlook Foundation. The Squad was also named a beneficiary in a bequest from the Estate of Dawn Wolfenbarger.

The Summit Foundation grant was used to purchase radio and computer equipment for the Squad's new ambulance. The Junior League of Summit grant funded EMT refresher courses required by the State of New Jersey. The grant from Overlook Foundation will be used for required upgrades to the Squad building. The grant from Summit Luminary Fund and the bequest will assist the Squad's mission to continue providing quality emergency medical services to the community.

George Shepherd, Chief of Summit Volunteer First Aid Squad, commented on the financial gifts. "We are very thankful for the support we have received from Summit Luminary Fund, The Summit Foundation, Junior League of Summit, Overlook Foundation, and the Wolfenbarger estate. Summit EMS depends upon the generosity of the people of Summit to sustain the excellence of services we provide."

In early 2024, the Summit Volunteer First Aid

Squad received an additional financial gift from The Summit Luminary Fund.

Summit EMS has been responding to 9-1-1 calls for medical assistance in the City of Summit and the surrounding area for more than 61 years and continues to provide services at no expense to its patients. Responding to over 2,300 calls each year, the Squad is staffed entirely by volunteers and relies solely on donations, receiving no funding from the City of Summit.

The Squad is always looking for new volunteers to join its ranks. All needed training, uniforms and equipment is provided. For information on becoming a volunteer, or donating to the squad please call 908-277-9479, or visit their web site at: [summitems.org](http://summitems.org).



(above) Summit EMS's two newest vehicles: a First Responder Unit that was funded entirely with grants received in 2022; and our 2023 ambulance which was partially funded through the grants mentioned in this press release.

Courtesy photo

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## SUMMIT FOUNDATION GRANT FOR MABIE PLAYGROUND PROJECT

### City of Summit

The Summit Foundation awarded the City of Summit an \$85,000 grant for the Mabie Playground Transformation Project in December 2023. The grant will help to fund the creation of the city's first inter-generational park and fully ADA accessible and sensory-friendly play space on the Village Green.

"We are very thankful for the Summit Foundation's significant contribution to this important project," explains Summit Mayor Elizabeth Fagan, MD. "Other project funding has

been received through city capital funds, county and state grants and a community fundraising campaign. The grant from the Summit Foundation will allow us to begin the much-needed renovation. I encourage residents to visit the Department of Community Programs website to learn more about this exciting effort and other playground improvements to come."

More information on the Mabie Playground Transformation Project and Department of Community Programs initiatives can be found on [summitcommunityprograms.com](http://summitcommunityprograms.com).

## RESIDENT PROTECTION ORDINANCE

### City of Summit

At its Tuesday, February 6 meeting, Summit Common Council approved a Resident Protection ordinance that works in conjunction with the State of New Jersey criminal code. This ordinance introduces civil penalties for crimes committed on private property, including vehicle theft and burglary with attempts.

In addition to criminal charges, offenders will now receive a municipal summons that may result in fines of up to \$1,000, compulsory community service, or jail time. This dual-layered approach aims to strengthen the deterrence against criminal activities within the

municipality.

Mayor Elizabeth Fagan commented on the ordinance saying, "This ordinance reflects a growing trend among New Jersey municipalities to address public safety concerns proactively. By imposing additional municipal penalties, Summit aims to bolster the effectiveness of state laws and provide an added deterrent against crime."

The ordinance is now legally effective.

For more information on the Summit Police Department, the new trespassing ordinance or other public safety initiatives, please visit the city website.

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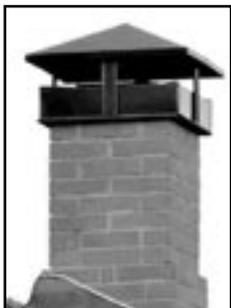
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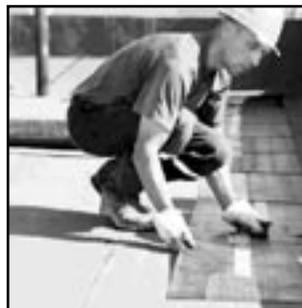
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## EARTH DAY CLEAN-UP APRIL 13

The City of Summit is hosting its annual Earth Day Clean-Up on Saturday, April 13, from 9 a.m. to 12 p.m. The rain date is Sunday, April 14. The event is being organized by members of the Summit Environmental Commission.

People of all ages and abilities are invited to volunteer to help beautify city parks and open spaces. Individuals may volunteer on the day of the event at Briant Park or Martin's Brook Park. To participate as a group, email event organizers prior to the event to be assigned to a site. Participants should bring work gloves and a beverage in a reusable container.

Community service hours are available; participants should bring relevant forms with them to the clean-up site to be signed by event organizers. Students in grades 8 to 12 may attend without a parent or guardian with a signed permission form. For more information, to schedule participation as a group, or obtain permission forms, email [summitearthdaycleanup@gmail.com](mailto:summitearthdaycleanup@gmail.com).



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## GREENWOOD GARDENS APPOINTMENTS

Greenwood Gardens, the 28-acre historic public garden located on Old Short Hills Road, is pleased to announce new appointments to its primary governing body, the Board of Trustees, as well as to two Board Committees.

Rex Dyer, a resident of Summit and a former member of Greenwood's Advisory Board, has been elected to Greenwood's Board of Trustees. Mr. Dyer has over three decades of experience in international retail product importing and wholesale distribution as a senior executive of Lorraine Home Fashions. He earned a B.A. in economics from Trinity College in Hartford, Connecticut.

Peggy Shilling, a resident of Short Hills, former Advisory Board member and Trustee since 2022, has been appointed Chairman of the Development Committee, overseeing Greenwood's fundraising efforts. Mrs. Shilling served as a Co-Chair last year of the organization's major fundraising event, An Enchanted Evening, that raised significant support for The Grow Greenwood Fund. She is the owner of Wardrobe Partners which is associated with Carlisle-Etcetera LLC, a leading line of women's luxury apparel. Mrs. Shilling holds an A.B. from Mount Holyoke College and an M.S. from Stanford University.

Michael J. Moran, a resident of Short Hills, has been appointed to Greenwood's Finance and Investment Committee, chaired by Short Hills resident Ted Kundtz. Mr. Moran is also a current member of the Green Team, a corps of volunteers that assists Greenwood's horticulture staff maintain the garden. Mr. Moran served as Executive Vice President and Chief Economist at

Daiwa Securities America from 1987 through 2023 and was previously an economist with the Federal Reserve Board in Washington, D.C. He was awarded the designation of Chartered Financial Analyst (CFA) in 2002, and holds a PhD in macroeconomics, monetary theory, and finance from Pennsylvania State University.

"It is a pleasure to welcome Rex as a Trustee, Peggy as the Chairman of the Development Committee, and Mike as a member of the Finance and Investment Committee. Greenwood Gardens is indeed fortunate to have the support of these highly accomplished individuals. I have no doubt their experience, knowledge, and enthusiasm will prove to be invaluable to the future of our organization," stated Louise Moos, Chairman of the Board of Trustees.

### ABOUT GREENWOOD GARDENS

Greenwood Gardens is a non-profit 28-acre public garden and historic site located at 274 Old Short Hills Road in Short Hills, New Jersey. A former private estate owned by the Day and Blanchard families, today Greenwood is a peaceful haven graced by terraced gardens, stately fountains, woodlands, grottoes, Arts and Crafts follies, and winding paths. To accomplish its mission of connecting people with nature in a historic garden oasis, Greenwood offers the visiting public self-guided tours and programs at the nexus of nature, beauty, and history. Greenwood Gardens is supported by gifts, membership, and volunteers. For further information, visit [greenwoodgardens.org](http://greenwoodgardens.org) or call 973-258-4026. Please follow us on Facebook @GreenwoodShortHills and Instagram @greenwoodgardensnj.



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# POLICE DEPARTMENT DRONE PROGRAM

## City of Summit

The City of Summit Police Department is announcing the launch of a drone program to enhance its law enforcement and public safety operations, including search and rescue, crowd control and monitoring, searches for missing persons and suspects at large, accident assessment, traffic data collection, and more. The drone is equipped with a high-resolution camera and thermal imaging capabilities.

Four Summit police officers have become professionally certified as FAA licensed drone pilots, undergoing training in airspace regulations

and drone operation tactics. The department hopes to expand the fleet and certify additional officers as needed.

“This valuable addition to our department will provide assistance in a number of emergency situations,” says Chief Steven Zagorski. “There are thousands of law enforcement agencies around the country that have seen great success with their drone programs, and we are hopeful that ours will allow us to expand our capabilities across our different service areas.”

Chief Zagorski continues: “The drone can be rapidly deployed and arrive at an accident scene, structure fire, or another emergency scenario before first responders and provide real-time situational awareness that will help us make more informed decisions, de-escalate situations when possible, and identify possible hazards.”

Contact the Summit Police Department at 908-273-0051 with any questions on the program.



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# SUMMIT FIRE DEPARTMENT PROMOTIONS

Two members of the Summit Fire Department were promoted at the Tuesday, March 5, Common Council meeting. Lieutenant Brian Harnois was promoted to the rank of Battalion

Chief and Firefighter Brian Tavis was promoted to the rank of Lieutenant. Congratulations to both and thank you for your continued service to the Summit community.



(above, l-r) Deputy Fire Chief Paul Imbimbo, Battalion Chief Brian Harnois, Lieutenant Brian Tavis, and Fire Chief Eric Evers.

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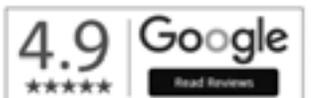
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<b>Short Hills MILLBURN MONTHLY</b> NJ Qty: 8,200 Zips: 07041, 07078	<b>Summit Times</b> NJ Qty: 9,600 Zip: 07901	<b>Spirit of UNION</b> NJ Qty: 6,800 Zip: 07083 (partial)	<b>WARREN MONTHLY</b> NJ Qty: 6,200 Zip: 07059	<b>Watchung Post</b> NJ Qty: 2,700 Zip: 07069	<b>Westfield MONTHLY</b> NJ Qty: 11,800 Zip: 07090

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1 Unit (Business card)	3.25" x 2"	\$60	\$150	\$250	\$350	\$400	\$450	\$500	\$550	\$600
2 Units	6.5" x 2" or 3.25" x 4"	\$100	\$250	\$400	\$500	\$600	\$700	\$800	\$900	\$1000
4 Units	3.25" x 8" or 6.5" x 4"	\$180	\$450	\$700	\$900	\$1100	\$1300	\$1500	\$1700	\$1900
6 Units	6.5" x 6.25" or 10" x 4"	\$240	\$600	\$900	\$1200	\$1400	\$1600	\$1800	\$2000	\$2200
9 HALF PAGE	6.5" x 9" or 10" x 7"	\$320	\$800	\$1000	\$1300	\$1600	\$1900	\$2200	\$2400	\$2700
12 Units	10" x 8"	\$360	\$900	\$1200	\$1500	\$1800	\$2100	\$2400	\$2700	\$3000
18 FULL PAGE	10" x 14"	\$400	\$1000	\$1400	\$1800	\$2200	\$2500	\$2800	\$3000	\$3400
2-PAGE SPREAD	21" x 14"	\$700								
BACK PAGE	10" x 14"	\$500								
FRONT PAGE BANNER	8.25" x 2"	\$320								
FRONT PAGE BOX	1.5" x 4.5"	\$240								

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## ABIGAIL HSU PUBLISHED IN PRESTIGIOUS IEEE JOURNAL

Summit resident Abigail Hsu, a junior at Newark Academy - an independent school for grades 6-12 in Livingston, NJ — had a research paper published in the 2023 IEEE 23rd International Conference on Bioinformatics and Bioengineering (BIBE).

For the paper, “Quantifying Exam Stress Progressions Using Electrodermal Activity and Machine Learning,” Hsu trained and tested a variety of artificial intelligence models to quantify stress levels and mental health of students during exams using Electrodermal Activity (EDA) signals.

“I was super interested in mental health because a lot of teens struggle with it,” Hsu says. “I did some preliminary research and found that a lot of mental health studies were based on qualitative observations and talks from therapists and there weren’t a lot of data-driven studies on mental health. So that’s why I decided

to apply machine learning and AI to study mental health.”

Hsu conducted this research under the mentorship of a post-doctoral researcher from the University of Oxford through the Cambridge Centre of International Research Academy program. Hsu was invited to present her work at the Massachusetts Institute of Technology (MIT) Undergraduate Research Technology Conference this past October.

As a result of her findings, Hsu is working on creating Mental Metrics, a smart wristband and application that teenagers, doctors and parents can use to instantaneously track adolescent mental health. This business idea placed third in the 2023 BIG Idea Competition Out-of-State Competition. Hsu’s Mental Metrics also won the Wellness Award which provides a \$500 cash prize and a \$500 scholarship from Northern State University.



(above) Summit resident Abigail Hsu had a research paper published in the 2023 IEEE 23rd International Conference on Bioinformatics and Bioengineering (BIBE).

Courtesy photo

New Providence  
Presbyterian Church

*Easter Sunday*  
SERVICES

6:30 AM - Sunrise Service  
9:30 AM - Traditional Service  
11:00 AM - Contemporary Service

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www.TheCornerNJ.com

 **FAITH** Lutheran Church  
524 South Street · New Providence · NJ  
famfaith.org · 908-464-5177 · The Rev. Jane McCready, Pastor

**Sunday Mornings**  
8:00 and 10:00 a.m. Liturgies with Eucharist  
8:45 a.m. Education Hour

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**Passion/Palm Sunday - March 24**  
8:00 a.m. Spoken Liturgy with Eucharist  
10:00 a.m. Festival Liturgy with Eucharist

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**Holy Thursday - March 28**  
12 noon Spoken Liturgy with Eucharist  
7:30 p.m. Liturgy with Rite of First Holy Communion

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**Good Friday - March 29**  
12 noon Ecumenical Community Service  
7:30 p.m. Service of Tenebrae

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**Holy Saturday - March 30**  
A Day of Silence, Prayer & Reflection

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**Easter Celebration - March 31**  
7:00 a.m. Memorial Garden Liturgy  
8:00 and 10:00 a.m. Liturgies with Eucharist

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### WATCH EPISODE 2 OF RENNA MEDIA PODCAST

Renna Media has posted its second episode of “Mind Your Own Local Business,” a podcast that gives advice on how to run a successful local business. To learn more call me, 908-447-1295, or email [joerenna@rennamedia.com](mailto:joerenna@rennamedia.com).



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- They'll become **more coordinated and improve agility** which means they'll pick up new skills their coaches teach them faster.
- **Your children will start to eat better** because we'll be educating them daily on what's good and what they should avoid ...don't be surprised if they start asking you to buy more vegetables.
- **Confidence will skyrocket.** When kids get stronger, faster and more fit...their confidence will rise...so will their self-esteem which means their performance in every aspect of life will get better.
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*- Morgan GRIT Athlete Parent*
- “My son has been talking about it since the summer program ended. After he attended the summer program we have seen a tremendous improvement with Mason in sports. He is much more aggressive and focused now.”  
*- Robert, GRIT Athlete Parent*
- “My son is more disciplined and confident in himself”  
*- Steve Hughes, Grit Athlete Parent*
- “I have watched my children become more confident and vocal.”  
*- Christine Stramandinoli, Grit Athlete Parent*
- “His confidence has shot up in the last few months...and has carried forward to the way he approaches other activities like sports and schoolwork. My son is now making his bed daily and exercising every day.”  
*- Catherine Solfaro, Grit Athlete Parent*
- “We saw a noticeable difference in his throwing - he could throw it further and faster! The training definitely paid off!”  
*- Dara, GRIT Athlete Parent*

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