

ANNUAL SWAPFEST AT MILLINGTON SCHOOL

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Long Hill Twp Girl Scout Service Unit all came together on Friday evening February 2nd to create "SWAPS" at Millington School. "SWAPS" is a clever acronym for Whatchamacallits "Special Affectionately Pinned Somewhere". Over 100 scouts participated from 13 Troops in Long Hill. Troop levels participating ranged from the youngest Kindergarten Daisy level through the Middle School Cadette level. Each Troop hosted their own table providing enough supplies for the scouts to create a specific Swap. This event encourages both the young and older scouts to not only craft together but mentor and help each other while moving from table to table each creating 13 Swaps to bring home. These Swaps will be brought to future service unit events like our spring camp out and exchanged among the scouts. Some of the unique swaps created at the event ranged from ice cream cones to inch worms to butterfly rings.

Long Hill Girl Scouts are committed to giving back to the community with each participant providing food/personal care donation items for Twelve Baskets Pantry.

















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CELEBRATING 10 YEARS OF INCLUSIVE BASEBALL: BUDDY BALL 2024!

The Watchung Hills Baseball & Softball Association is thrilled to announce the 10th year of Buddy Ball Baseball in 2024! This remarkable program offers children with special needs the opportunity to engage in America's favorite pastime, regardless of disability. Taking place on Saturdays starting April 27th at the Warren Municipal Fields, this initiative embodies the spirit of inclusivity and sportsmanship.

Buddy Ball, initially established by Babe Ruth Baseball, has become a nationwide phenomenon, with over 30,000 players participating in similar leagues across the country. At its core, Buddy Ball ensures that every child gets the chance to play baseball, fostering a sense of belonging and camaraderie within the community.

ABOUT BUDDY BALL:

Buddy Ball, also known as the Bambino Buddy Ball Division, is designed to cater to children with special needs. It pairs each player with a volunteer "buddy" who provides support and encouragement throughout the game. This unique approach ensures that every child can fully participate and enjoy the thrill of playing baseball.

ELIGIBILITY AND GAME INFORMATION:

Special needs children between the ages of 5 and 20 from Warren and surrounding towns, where Buddy Ball may not be offered, are eligible to join. Games will be held every Saturday starting April 27th, running from 11:00 am to 12:00 noon at the Warren Municipal Fields on Bardy Rd. There are no mandatory practices; instead, players engage in pregame warm-ups. Soft baseballs and bats will be provided, but participants are encouraged to bring their own gloves.

PLAYER REGISTRATION AND VOLUNTEER OPPORTUNITIES:

Registration for players is free and can be completed through the Watchung Hills Baseball & Softball Association website at watchunghillsbaseballsoftball.com/buddy-ball/. Additionally, volunteers from 5th grade through college are welcome to sign up as buddies to support the players.

For more information about Buddy Ball Baseball 2024, please reach out to Coach Terry MacConnell at tmacc2713@gmail.com or Cathy Maguire at cmaguire@warrentboe.org. Join us in celebrating a decade of inclusivity, teamwork, and the joy of baseball for all!



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THE GREAT DUBOIS: WORLD'S MOST UNIQUE TWO-PERSON CIRCUS SHOW

Step right up, The Great DuBois are coming. and they are ready to dazzle you with their unparalleled talent and boundless creativity! The Great DuBois, the two-person circus act, that captivated audiences in the film The Greatest Showman, is coming to The Sieminski Theater in Basking Ridge for two spellbinding performances on

Saturday, March 23rd, at 7:30 pm & Sunday, March 24th, at 2:30 pm.

This is not your ordinary circus! It is a breathtaking display of talent, energy, and sheer magic that will leave children of all ages astounded. Just imagine a world where juggling balls defy gravity, hula hoops spin with otherworldly grace, and unicycles glide through the air with such effortless ease. Picture daring acrobatics that take place high above the stage, as bodies twist and soar with a grace that seems almost mystical. All of this, intertwined with ribbons of comedy and audience interaction, will have you laughing, cheering, and on the edge of your seat throughout the entire show. These extraordinary performers Michael DuBois and Viktoria Grimmy possess a combined heritage of circus talent spanning five generations. Together, they have crafted a one-of-a-kind family show that showcases their immense talent and undeniable chemistry.

Michael, with his magnetic stage presence and impressive resume, includes appearances on The

Tonight Show, Jay Leno Show, and The Late has taken her on tour with Britney Spears to the Show with David Letterman. His talents have taken him around the world, entertaining audiences on cruise lines and halftime shows. Before teaming up with his wife, Viktoria, he "Solo Circus."

Viktoria brings unparalleled grace and skill to the stage, born into a multi-generational Circus family that toured with the Soviet Circus, Ringling Brothers, and the Barnum and Bailey Circus. She has achieved international acclaim as an aerialist, earning notable awards. Her talent bright lights of Broadway in the hit musical "Pippin.", and to the movies with "Burlesque" and "The Greatest Show on Earth" with Michael.

From the moment the lights dim, and the wowed audiences with his one-man circus act, vibrant tapestry of their performance begins to unfold, you will find yourself transported to a world where dreams defy gravity, and anything is possible. So, mark your calendars and prepare for an experience that will leave you breathless. Get your tickets at Sieminskitheater.org or call the Box Office at 908-580-3892. Ask about our Family Discount offer.



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TOWN WIDE GARAGE SALE - MAY 4

Stirling Elks

The Long Hill Township Townwide Garage Sale to be held on Saturday, May 4, 2024, 8 a.m. - 3 p.m., rain or shine.

The cost is \$25 to have your address on the map. The deadline is April 30 to be included on the map. The sale will be advertised.

Payments can be made by credit card or by check. Please send an email to townwidegaragesale@gmail.com to get the link to pay by credit card.

Checks, made out to the Stirling Elks, can be mailed by April 30 to:

Stirling Elks, c/o Kelly Mazzocchi, 1138 Valley Road, Stirling, NJ 07980. Please include address, phone number and email address.

Any questions, please email townwidegaragesale@gmail.com. Emails will be answered within 48 hours of receipt of email.

VETERANS COFFEE, BAGELS, AND CAMARADERIE

VFW Post 6259 is inviting all Veterans to

come for coffee, bagels and camaraderie SATURDAY, MARCH 9TH, 2024 FROM 8:30 TO 10:30 AM.

15 Locust Avenue, Berkeley Heights, NJ RSVP to Al Campora at (908) 764-5629 or coachalvb@hotmail.com

> The St. Damien Council of the Knights of Columbus is sponsoring an

EASTER FOOD DRIVE PALM SUNDAY MARCH 24, 2024 8:00 A.M. - 12:00 P.M.

To benefit St. Agnes Parish, Paterson Drop-offs at the Clock Tower St. Vincent de Paul Church, Bebout Avenue, Stirling, NJ

Items Needed:

Ham, turkey, canned or boxed vegetables and starches; pies or packaged desserts

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ALMOST-SPRING RUMMAGE AND BAKE SALE

Meyersville Presbyterian Church

The Almost-Spring Rummage Sale at Meyersville Presbyterian Church is back! The rummage sale will be a 2-day event this year. Friday, March 15th and Saturday, March 16th from 9 a.m. to 4 p.m. each day.

The sale will include an interesting assortment of old and new items as everyone has been cleaning out their houses throughout the winter. Look for lots of kitchen and household items like pots and pans, bakeware, Sunbeam mixer, glassware, office and craft supplies, linens and interesting knick knacks. Children have grown so there are lots of nice infant and toddler toys and Madame Alexander dolls to be found at great prices. Someone cleared out their board game collection- there are older collectible games as well as the newer generation of cooperative type games from kickstarter. Of course there is jewelry,books and puzzles too.

There will be antiques and collectibles, small

furniture, art/frames, workshop items, some power tools and it really will have treasures from "Granny's Attic'. Everything you'd expect at a classic church rummage. Delicious homemade Baked Goods will be available for sale too. Come enjoy and find a treasure or two to take home. There is a little something for everyone. The church is located on the circle at 223 Hickory Tavern Rd in the Meyersville section of Long Hill Township. For more information, call 908 647-0390.



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Sunday Mornings 8:00 and 10:00 a.m. Liturgies with Eucharist 8:45 a.m. Education Hour

Passion/Palm Sunday - March 24 8:00 a.m. Spoken Liturgy with Eucharist 10:00 a.m. Festival Liturgy with Eucharist

Holy Thursday - March 28 12 noon Spoken Liturgy with Eucharist 7:30 p.m. Liturgy with Rite of First Holy Communion

> Good Friday - March 29 12 noon Ecumenical Community Service 7:30 p.m. Service of Tenebrae

Holy Saturday - March 30 A Day of Silence, Prayer & Reflection

Easter Celebration - March 31 7:00 a.m. Memorial Garden Liturgy 8:00 and 10:00 a.m. Liturgies with Eucharist

Visit our website or Facebook at Faith Lutheran, New Providence We practice an open Communion table. All are welcome!







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VETERANS SERVICES & SUPPORT EXPANDED

County of Morris

The Morris County Veterans Services Office (VSO) is expanding accommodations, staff and key services to assist veterans and their families under a plan launched by the Morris County Board of County Commissioners.

The Commissioners have approved an infusion of \$300,000 to expand and continue veteran programs the Commissioners first created in 2021 with \$350,000, while additionally approving an expansion of county VSO facilities at the county complex in Morris Township. Morris County also has expanded its VSO staff to handle the growing caseload of veterans seeking services.

Morris County will continue programs initially approved in late 2021 to provide mental health support services for veterans and their family members and assist them with skills to sustain long-term stabilization within our community. The \$300,000 being committed this year will support additional services for emergency shelter, eviction prevention, housing access, transportation and food security.

Morris County is expanding the VSO into adjacent, county-owned offices at the Morris View Health Care Center off West Hanover Avenue in Morris Township. The added room will more than double the space available to support veterans and their families.

A primary service provided by the county veterans officers is helping veterans apply for and obtain benefits through the federal Veterans Administration Clinic, which also has an office nearby.

The expanded space will provide additional room for Morris County's Morris Area Paratransit System (MAPS), which some veterans use to reach appointments and fulfill other obligations.

Renovations to the space being assumed by the VSO are expected to be completed in fall of 2023.

"Currently, we only have one interview space for veterans, which means we can only have one interview at a time due to confidentiality and being able to maintain their privacy. Having a larger space will enable us to provide services to more veterans at once," said Shawnna Bailey, Assistant Director of Aging, Disabilities, and Community Programming.

The Morris County Commissioners determined there was an emergent need to increase existing mental health supports for Morris County veterans and their families after the United States withdrew armed forces from Afghanistan in 2021.

At that time, the board allocated \$350,000 of American Rescue Plan Act (ARPA) funds to provide mental health treatment for veterans and their families through counseling and support groups, as well as community building events to provide veterans informal opportunities to connect with one another. For 2023, the county subcontracted with the Mental Health Association of Essex and Morris, which has been the lead agency delivering a strong and successful mental health response for both veterans and their families.

"We hope veterans served through these funds will obtain the additional support needed to help prevent situations of significant crisis, such as homelessness or eviction. The Mental Health Association will continue providing important mental health support services for veterans and their family members to build skills for better outcomes within our community," stated Commissioner Deputy Director Christine Myers, liaison to the Human Services Department.

Morris County's VSOs connect local veterans with federal VA Healthcare. They also support filing pension claims and provide referrals to other services, including home health services, mental health services, transportation, housing, education and employment. The role of veteran service officers in the intake process is essential to sustaining the well-being of veterans. They function as a dependable resource they can trust.

"The VSO is one of the most unheralded treasures we have serving our veterans. The VSO is phenomenal—it's a hidden treasure not too many know," stated Deacon Richard Reck of VFW Post 7333.

Veterans seeking services provided through Morris County are encouraged to visit the Morris County Veterans Services Office website,

call 973-285-6866

or email MCVets@co.morris.nj.us.

Photo by County of Morris



(above, l-r) VSO Andrew Cornwallis, Shawnna Bailey, Assistant Director of Aging, Disabilities, and Community Programming, VSO Jason Leffler, VSO Program Coordinator Jessica Tomalo, and Commissioner Director John Krickus.

SENIOR CENTER OF THE CHATHAMS EVENTS

AARP Free Tax Aide

Mondays through April 15. AARP volunteers will be at the Center to assist people with 2023 tax preparation. Appointments are mandatory. Call the

Center at 973-635-4565.

The Rolling Stones

Wed., March 6, 11 a.m.

Learn about the story of rock's original bad boys from their formative years as a cover band to their reputation as the greatest rock 'n roll band. Presented by Vinnie Bruno. Sign-up is required.

Golf Lessons

Wednesdays, Mar. 6-27,12:30-2 p.m Get ready for golf season by taking lessons from local pro, Lou Ruina. Fee: \$100 for all 4 lessons; \$30 per individual lesson. Golf

balls provided; must bring own clubs. Sign-up is required.

Alzheimer's NJ Caregiver Support Group

Thursday, March 7, 10:30 a.m. This support group, moderated by a trained facilitator, provides families and caregivers with the emotional support and education they need to better understand Alzheimer's disease and other forms of dementia.

Morris County Division on Aging, Disabilities & Community Programming

Mon., March 11, Noon Representatives will explain the services and resources the division provides for older adults.

St. Patrick's Spring Concert

Tues., March 19, Noon. Enjoy Irish music played by accordionist, Eric Kerssen. Limited seating; sign-up is required.

Guatemala: The Land of Eternal Spring

Wed., March 27, Noon Professional travel expert, Chris McCormack, will be sharing his experiences traveling throughout this beautiful country filled with volcanoes and lakes through photos, videos, and personal anecdotes.

Save the Date: Community Paper Shred Fundraiser

Sat., April 27, 9 a.m. - Noon Chatham Middle School

LONG HILL LIBRARY LAUNCHES LHT CARES INITIATIVE

Long Hill residents and neighbors supported their favorite Super Bowl team by donating food and supplies at Long Hill Township Library in Gillette, NJ.

Ahead of the Super Bowl on February 11, the library unveiled a new drop-off site for Twelve Baskets Food Pantry, which provides nonperishable food to individuals and families in Long Hill and the surrounding areas. The service is free and confidential.

Fans indicated whether they were rooting for the Kansas City Chiefs or the San Francisco 49ers by placing canned goods on either side of a divided box near the library entrance.

The drop-off site marks the launch of a new initiative, LHTCares, which will connect local organizations and volunteers through the library.

"Adding the Long Hill Library to the list of Twelve Baskets Food Pantry donation locations was a perfect fit for LHTCares," said Long Hill's Adult Services & Community Engagement Librarian Suzanne Kosempel.

"We can help spread the word about the pantry and make it easy to drop off donations while residents stop in the library for a program or to pick up a book."

As part of LHTCares, the library will collect supplies for various organizations, including Twelve Baskets and NourishNJ. It will also provide information on local programs and services available within Morris County and Long Hill Township.

The LHTCares initiative will emphasize the environment by running programs to teach residents about composting and recycling services as well as wildlife conservation. The library itself will strive to support sustainability within its own operations and is researching how to set up a Repair Cafe to encourage residents to fix and reuse items rather than sending them to landfills.

Just as the Kansas City Chiefs won the Super Bowl on February 11, the team also won the library's "Soup-er Bowl." Voters donated 25 food items to support Kansas City and 15 to support San Francisco.

Following the Super Bowl, the library will set up a new poll for donors to vote in: Dinosaurs vs. Unicorns. Patrons are encouraged to bring in canned goods to vote for their favorite and to share their contribution online using the hashtag #LHTCares.

Twelve Baskets food pantry is currently most in need of beans (especially kidney, black, and garbanzo), soups and stews (except chicken noodle), pastas such as Chef Boyardee and SpaghettiOs, canned meats, canned fruit with light syrup, and canned tomatoes.

ABOUT LHTL

Long Hill Township Library is located at 917 Valley Rd. in Gillette, NJ. Residents, taxpayers, and children attending school in Long Hill Township are eligible for a free library card, which grants access to more than 2 million items in the library's shared collection. In addition to books, audiobooks, and other digital resources, the library offers free wifi, public computers, and meeting and study rooms. LHTL hosts a wide variety of programs and events for all ages: Learn a language, make arts and crafts, get tech help, or come play a round of mini-golf! Visit LongHillLibrary.org to learn more.

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(above) The Long Hill Library is now a Twelve Baskets Food Pantry donation location.





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THE WONDER BAND TO PLAY MARCH 9

The Salem Roadhouse Café presents The Wonder Band – a Tribue to Stevie Wonder's Music, Saturday, March 9, 2024. The doors open at 7:15 p.m., the show starts at 8 p.m. Admission is \$20 and includes show, snacks, non-alcoholic beverages, and dessert. The venue is located in the basement of Townley Presbyterian Church, 829 Salem Rd, Union, NJ. The Roadhouse operates as a non-profit that raises funds for several carefully chosen local charities.

The Wonder Band is made up of three extremely talented performers who are well known to the Metro NY/NJ area music scene. Ed Alstrom, leader, is the organist for Yankee Stadium, as well as keyboard player for many famous performers such as Bette Midler, Chuck Berry, Leonard Bernstein, Herbie Hancock and others. The list goes on and on.

Accompanying Ed will be guitarist Al Orlo. Al has recorded with the legendary Ben E. King and was his musical director for 25 years. Al also held the #1 chair at Broadway shows, such as Kinky Boots, Carol King Musical, Hairspray abd Smokey Joe's Café, to name a few.

Bobby Deitch on drums rounds out the trio. Bobby has performed on several recordings such as Richard Sorce's Latin album "A Place I've Never Been" and Richie Hart's "33 1/3" album.

States Ed Alstrom, "Obviously, Stevie's music is even more fun to play than it is to listen to. This group does a mix of the hits and some lesserknown things, without the vocals, and it doesn't hurt the music one bit not to have them, because they'll be playing in your mind!

Original artwork by local artist James Spath will be on display at the Roadhouse Gallery of Fine Art for all to enjoy before, during and after the show.

As always, the Salem Roadhouse Café is live, intimate, up front, and personal. All ages are welcome.

ABOUT SALEM ROADHOUSE CAFÉ

It's not "church music." It's music music. Folks who've come to the Salem Roadhouse Café know that it's a clean, safe place for people who enjoy listening to live music — in a world otherwise filled with clubs and bars. The Roadhouse has always offered its stage to local and independent mainstream musicians. Jazz, rock, folk, and other groups have performed.

The Salem Roadhouse Café has raised funds for many carefully chosen charities. They include: The Presbytery of Elizabeth E-port Center, Center For Hope Hospice, Community Food Bank, Monarch Housing, Angel Paws Animal Rescue, National MS Society, Haiti Disaster Relief, Hurricane Sandy Disaster Relief, The Union County YWCA Domestic Violence Program, Making It Possible To End Homelessness, Camp Johnsonburg, The Music Institute, and others. Many thousands of dollars have been raised for these deserving charities.



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RENNA MEDIA LAUNCHES YOUTUBE PODCAST

Joe Renna

Renna Media has posted its first episode of "Mind Your Own Local Business," a podcast that gives advice on how to run a successful local business.

This is my 40th year in business and I draw from my experience and expertise to give advice. I have received so much help in my career from mentors and seasoned business owners, and this is a way to pay it forward.

I already offer free one-on-one consultation on putting together business plans and marketing plans. The show would be a way to reach many more people.

I started in business in 1984 as a graphic designer and grew into a full-service marketing and adverting company. Now, along with my wife Tina, we publish twenty-four community newspapers mailing out 160,000 to homes and businesses monthly.

Like the newspapers, the show will serve as a venue to support local community service organizations and events and production costs will be covered by advertisers. There are several marketing and advertising opportunities for businesses to be included with the freedom to be unique and creative.

I am looking forward to having a lot of fun doing the show. It is another application of my Do-What-You-Love mentality. The show is a free-form magazine format production that is flexible. I welcome business owners to join in the fun.

To learn more call me, 908-447-1295, or email joerenna@rennamedia.com.



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