Green Brook Gazette

MAILED FREE TO EVERY HOME AND BUSINESS IN GREEN BROOK, NJ

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IMAGINE, A CENTER FOR COPING WITH LOSS

As the staff at Imagine prepared to launch a new program year in September, it quickly became evident that the demand for Imagine's grief support groups had grown. Imagine began its new program year offering three inperson Nights of Support at their Mountainside location, one Night of Support at their Newark location and a virtual option. Though each Night of Support (NOS) can accommodate up to 60 families, it became clear that a new night was needed to support all of the new families that had reached out to Imagine seeking support following the death of someone close to them.

The first step in launching a new NOS is to train new volunteers to facilitate each support group. Imagine held a training session November 3-5th, training 10 new facilitators for the new NOS that will meet on alternate Mondays beginning in November. The ten new facilitators were joined by new Imagine staff who participated in the training as well.

In addition to the story sharing and support for one another that's part of Imagine's training, the group had an opportunity to gain knowledge and skills regarding Alan Wolfelt's Companioning Model for grief support that's practiced at Imagine. Many of the participants in Imagine's training program find the training experience to be meaningful and

life changing. One participant shared: "The training was truly amazing and inspiring. I am so honored to have had the opportunity to participate in it." Another said: "The Imagine Staff are amazing. I so appreciate all the knowledge they shared and the encouragement they gave to me and the other participants." The staff at Imagine are so pleased to welcome this new group to their wonderful team of volunteers!

Imagine has been providing free peer support groups for children and families for over 10 years and relies on both the generosity of volunteer facilitators who donate their time, and the generosity of donors who help fund Imagine's programs. This holiday season, if you'd like to support Imagine's mission of ensuring that no one grieves alone, please consider making a donation to support Imagine's programs at imaginenj.org.

Imagine is a 501c3 nonprofit that offers free year-round grief support groups for children ages 3-18 and young adults 19-30 who are coping with a loss due to death. Concurrently, support groups are available for the parents and guardians of the children in the groups and offered in English and Spanish. Imagine also offers grief and loss education and training to the community. For more information please contact Imagine at 908-264-3100 or info@imaginenj.org.



(above, l-r) Imagine held a training session November 3-5th, training 10 new facilitators (pictured above) Back row: Brian Stump, Sandra Toppin, Cynthia Goodman, Tinah Bouldin, Shari Levine, Latoyya Schenck, Imagine's Chief Development Officer, Paul Muir, and Marianne Rubino. Front row: Imagine's Mountainside Program Associate, Kellie Saracino, Jen Schildge, Imagine's Operations Consultant, Susan Pink, Rachel Heisch, Imagine's Training and Development Operations Associate, Alexa Adubato and Pat Taeschler Courtesy photo



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WATCHUNG HILLS REGIONAL HIGH SCHOOL CLASS OF 2024 PROJECT GRADUATION

WHAT IS PROJECT GRADUATION?

Project Graduation is a tradition at many high schools to keep graduates safe and substance-free on graduation night. For WHRHS, the event will be six hours long, filled with all kinds of indoor activities, entertainment and -- of course -- lots of food and drinks! All students are required to ride the bus to and from the event, which will be held on graduation night June 13, 2024. Location TBD

WHO RUNS PROJECT GRADUATION?

Project Graduation is an independent parent organization with their own budget, fundraising events and planning committee. Senior parent volunteers work hard to host various exciting events that lead up to the end-of-year graduation night event.

WHO ATTENDS PROJECT GRADUATION NIGHT?

WHRHS has approximately 500 seniors from the towns of Green Brook, Long Hill, Warren and Watchung who will be graduating on June 13, 2024. The event is open at no cost to the entire WHRHS graduating class, and we hope for 100% participation.

WHO PAYS FOR THE EVENTS?

Project Graduation is funded completely through donations.

The ability to provide all the events throughout the year is only possible through generous donations from our families & community. This includes the parents, local businesses and community organizations. As we are a regional high school, we are reaching out to the member towns, seeking donations to help offset the costs of this celebration. In the past, we have received pledges as well as goods and services, from many different community members. If you have a business or skill you can offer or know someone willing to help, please let us know!

HOW TO PARTICIPATE:

VENMO @WHRS-ProjectGrad2024

Checks payable to WHRHS Project Graduation

Mail Donations To: Project Graduation 2024 Watchung Hills Regional High School 108 Stirling Road, Warren, NJ 07059



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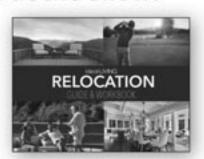
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PMA

OPEN HOUSE – JAN. 20



Dr. John Vermeule House Museum

The Dr. John. Vermeule House at 223 Rock Avenue, Green Brook will be open for visitors on Saturday, January 20th, 10:00 a.m. - 12:00 p.m. There you will meet several of its volunteer members to give you a glimpse into 19th - 20th century rural living.

The Dr. John Vermeule House, one of Green Brook's historic links to its early settlers was built as a farmstead. Construction began in 1799 and became occupied by the Vermeule family in 1805. Dr. Vermeule practiced medicine and operated a farm on the original 113 acres of his property. The home is based on a blending of English and Dutch architectural traditions with Georgian and Federal style influences.

Vermeule ownership of the property ended in 1824. Various families bought and sold the property over the years, namely, Vail, Cohen, Voorhies and lastly, Mundy. The farmstead continued to function as a dairy farm into the mid-20th century. The township of Green Brook acquired the house and remaining 2.2 acres of the property in 2008. Necessary preservation renovations have been made to some structural elements, but the house is virtually unchanged from its original construction. There are some interesting outbuildings and farm equipment to see on the 2-acre property. There is wheelchair accessibility to the first floor.

Mark your calendars and consider participating as a volunteer or enjoy the event as a proud visitor! We look forward to meet you!

Our meetings are held at the Green Brook Town Hall, 111 Greenbrook Road, on the 3rd Thursday of every month at 7:30 p.m. Our group has a lot of fun exploring our local history and doing our best to preserve and document its rich heritage. Please consider visiting us! For additional information, please contact 732-968-7696. Leave a brief message with your name and phone number where you can be reached and you'll receive a call back.

CELEBRATING A BLUE RIBBON YEAR OF SERVICE

Elizabeth Snyder-Continental Chapter DAR

A National Blue Ribbon Achievement Award is one of the honors being celebrated by Elizabeth Snyder-Continental Chapter of the Daughters of the American Revolution (DAR) at their 128th Anniversary Luncheon held in Warren on January 27, 2023. The chapter was recognized for outstanding support of the DAR's goals of historic preservation, patriotism, and education.

"We are very honored to receive this award," said Regent Ashley Salsano. "Our members are a dedicated group of women who work hard to honor their heritage by serving our local community and our nation."

Chapter members recorded 1,800 volunteer hours in 2023. Service projects included supporting youth programs and promoting the study of American history; honoring veterans; greeting new citizens at naturalization ceremonies; organizing public genealogy

workshops; preserving local historic sites; and assisting in the creation of a New Jersey Revolutionary War soldier database.

The chapter was also honored for their work with the Children of the American Revolution, American Indians, and Membership committees. Barbara Pollison-Beck, Ruth Ryno, and Holly Dunbar each received committee awards. Ashley Ryno was recognized for serving as a state page and was named Chapter Outstanding Junior.

The DAR is a service organization open to women descended from an individual who aided the cause of independence during the American Revolution. Based in Green Brook, Elizabeth Snyder-Continental Chapter serves areas of Somerset, Middlesex and Union counties. Prospective members are welcome to attend monthly meetings and events as the DAR prepares to celebrate America's 250th. Contact the chapter at ESCchapterDAR@gmail.com.



(above) DAR Chapter members volunteered 1,800 hours of community service in 2023.



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COME SING WITH US AT OUR OPEN HOUSE AT SHRINE OF ST JOSEPH

Hickory Tree chorus

Put some music in your life in 2024! Join the Hickory Tree Chorus for an Open House at Shrine of St Joseph, 1050 Long Hill Road, Stirling, NJ, which will include a meet-and-greet, movement warm-ups and, of course, some wonderful singing. Dates are January 10 and 17, 2024, from 6:45 to 9:30 p.m. The chorus sings a

variety of music, including old-fashioned love music, performance, songs, Broadway, Disney, Beatles, and more in a fun, supportive community. Come sing with us and share the joy of music together! Stay for the friendship and fun!

Hickory Tree is an award-winning women's chorus singing four-part a cappella harmony in the barbershop style. We are passionate about

fun & friendship. We believe every voice counts and encourage women singers of all ages, colors, ethnicities, and orientations to visit us and share our joy of music.

Please contact the Chorus for the Open House by email at info@hickorytreechorus.org. Find more information at hickorytreechorus.org.



(above) The Hickory Tree Chorus invites the public to sing with them at an Open House, on January 10 and 17, from 6:45 to 9:30 p.m.



FALL FOOD AND CLOTHING DRIVE SUCCESS

Food and Clothing Drive on Saturday, November 4th, 2023. The donations collected went towards supporting the North Plainfield - Green Brook Somerset County Food Bank. The collection

The Green Brook Lions Club hosted a Fall drive ranged from non-perishable food, pet supplies, gently used clothing, winter coats, and other necessities. The drive was held at Arthur Lewis Park in Green Brook, in full display of the new Lions Monument.



SPIRITUAL? CURIOUS? SEEKING?

Curious about what people are talking about when they speak of having faith or being spiritual? Are you Seeking peace of mind, of heart of soul?

Come and see for yourself. Come and explore the Christian faith. Come and discuss with other seekers what is on your mind, what you cannot talk about except with other seekers. Come to an Alpha gathering.

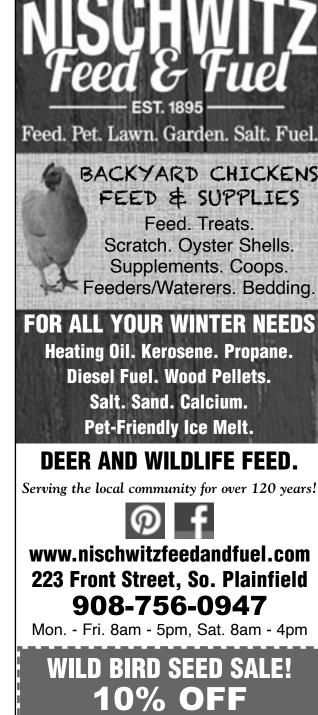
Alpha is for everybody that wants to discuss seeking answers to life's big questions. Why are we here? Is this all there is to life? Where are we going? How do I attain peace of mind, heart, and soul? Whether you are young or old, have faith or are atheist or agnostic, Alpha provides a safe environment for exploring our big questions about life.

We begin by sharing a meal together and getting to know each other. We watch a video

Do you consider yourself Spiritual? Are you together then break into small groups for uninhibited discussion about what is on our

> There is no cost to participate. The series runs for 12 weeks on Monday nights beginning at 7:30 p.m. and ending at 9:00 p.m. It will begin February 5th, 2024, and end May 6th, 2024. Three of the sessions are live in person and the remainder are on Zoom. You will need a desire for frank discussion, a willingness to participate and a commitment to attend. You will also need a computer or smartphone capable of Zoom sessions.

The live in person sessions will be held at Immaculate Heart of Mary Parish, 1571 S. Martine Ave., Scotch Plains, NJ 07076. If you have any questions, please call (908) 889-2100. To register go onto IHMParish.net/alpha.







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WARRENBROOK SENIOR CENTER CHRISTMAS PARTY

Warrenbrook Senior Center celebrated their annual Christmas Holiday Party on December 13th with music, dance and fun times.









Courtesy photos











learn more about our league! • We have a Spring and Fall season every year Registration is open now for our Spring 2024 season

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WARRENBROOK SENIOR CENTER ACTIVITIES FOR JANUARY

Warrenbrook Senior Center located at 500 Warrenville Road is one of the six county operated Senior Center. Somerset County residents who are 60 years and older are welcome to participate in any of the programs at Warrenbrook Senior Center. They also provide a choice of 4 different meal choices during lunch that seniors can take advantage of during the weekdays. All the programs are FREE for the registered members. Please call (908) 753-9440 for more information on how to become member of the Warrenbrook Senior Community.

Below is the highlight of some of the programs available at Warrenbrook Senior Center.

Bingo with Rashmi

January 3, 31, 11 a.m.

Bingo is more than just an exciting activity. Researchers found that playing Bingo has multiple benefits. It promotes socialization, strengthens hand-eye coordination, and improves listening and short-term memory skills.

The Fascinating World of Insects January 4, 11 a.m.

We've all got bug-bears about the insect world, they can be pretty annoying, buzzing, biting and being creepy – but without our invertebrate neighbors we'd be in serious trouble. They clean up the planet for us, pollinate the plants we depend on and provide the bases of the food chain supporting all life including ourselves. With millions of years of fine-tuning, they are miniature marvels that the world just can't live without... We will be watching an amazing documentary on the world of insects.

Brains n Games and Hand Bells with Adrienne Graubard

January 5, 19, 11 a.m.

Did you know that solving puzzles or challenging yourself with new mind-stretching activities like learning music can stimulate the brain and enhance your creative and critical thinking processes? Join Adrienne for some mind-tingling, brain-stumping word games and a fun-filled musical workout using hand bells.

Joyfully Neat

January 8, 11 a.m.

Joy Jacobs, of Joyfully Neat, will discuss what to do when you feel you have too much stuff and give ideas on how to become clutter-free. Whether you are preparing for a move or home sale or want to finally get organized.

Hearing Screening

January 10, 10 a.m.

A hearing screening is a brief test to detect if you have hearing loss. Everyone over the age of 60 should have a hearing screening. Even if you don't have hearing loss, a screening can be used as a baseline should you develop hearing loss later. Hearing loss can develop gradually. Early detection and treatment are important. Tracy Walker from HearingLife will be providing a free complimentary Hearing Screen at Warrenbrook Senior Center.

PRE-REGISTRATION REQUIRED.

Snowflake Bracelet Craft

January 12, 11 a.m.

We will be making a snowflake bracelet craft The beads for these bracelets are faceted for an ice theme. All supplies will be provided. PRE-REGISTRATION IS REQUIRED.

Martin Luther King Holiday

January 15

Senior Center Closed

Medicare Patrol Part 2 January 17, 11 a.m.

Joel Schneider from Senior Medicare Patrol will teach us how to protect ourselves from Medicare Fraud, waste and abuse.

Passports to Penguins

January 18, 11 a.m.

Passports to Penguins by Vanessa Darras, Naturalist, Somerset County Parks Commission. Travel to the bottom of the globe on an adventure of learning! During this onehour presentation you will learn a lot about our black and white, wadding friends; penguins, information about the many different types of penguins, where they live, what they eat, and much more will be discussed and presented.





Legends of Liberty Hall – Hannah Gaston

January 22, 11 a.m.

Time to explore some of the mysteries at Liberty Hall Museum! Liberty Hall has 250 years of stories to tell, and some of its most famous stories have become legends. Listen to the legends of the home—stories of ghosts, murder, love affairs, and secret rendezvous! Discover the elements of truth behind these stories. How did these stories become legends in the first place? Did they even happen at all? Experience Liberty Hall Museum in a whole new light as we explore the secrets of its colonial residents.

Breathing techniques for mental wellness -Meditation

January 22, 1 p.m.

Dr Prabha Srinivas will be teaching some practices that can be used to distract the mind and induce calm during an anxiety episode. A few techniques can be practiced on a regular basis to develop an ongoing awareness of trigger situations and to calm and regulate the nervous system consistently.

Music Through the Ages: 1950's-1980's

January 24, 11 a.m.

The Jersey Girls will take you on a musical journey through the years featuring hit songs from the 1950's, 60's, 70's and 80's. Jersey Girls will you up on your feet and ready to dance.

Armchair Travels to Iceland

January 25, 11 a.m.

Iceland! A captivating land of fire and ice, where majestic glaciers collide with volcanic vistas, and the ethereal whispers of elf folklore drift upon the winds. We will be watching Icelandic Folk Songs, the best places to visit in Iceland and end it with a Trivia.

Casino Games with Caitlyn Campbell January 26, 11 a.m.

Casino is a lot of fun! It's a great way to get everyone engaged, because the dealers find ways to include all ability levels and are trained to teach people how to play a variety of table games. It's stimulating and very exciting, and truly simulates a casino experience.

PRE-REGISTRATION REQUIRED **Over the Counter Drugs Interactions**

January 29, 11 a.m.

Drug interactions with over the counter (OTC) drugs can be a problem. According to the FDA, drug interactions may make your drug less effective, cause unexpected side effects, or increase the action of a particular drug. Some drug interactions can even be harmful to you. It is important to note that OTC drug labels contain information about ingredients, uses, warnings, and directions that is important to read and understand. The label also includes important information about possible drug interactions. You can reduce the risk of potentially harmful drug interactions and side effects with a little bit of knowledge and common sense1. Shivani Shah from Walmart Pharmacy will be explaining about what to look for while taking the OTC drugs.

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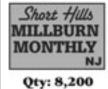
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SCLSNJ'S VIRTUAL PROGRAMS THROUGH FEBRUARY 2024

Somerset County Library System New Jersey's (SCLSNJ) Watchung Branch, is located at 12 Stirling Road, Watchung, New Jersey. All programs listed are free. Registration is required unless otherwise indicated and programs are subject to change; visit SCLSNJ.org or call the library at 908-458-8455 for more information and to register.

How to Look -Impressionism Presented by Jay Schuck

January 3, 7-8:30 p.m.

Examine the major themes and styles of Impressionism through the artwork of Monet, Manet, Renoir, and more.

Vegetarian Braises - Virtual Cooking Class Presented by Laura Scheck

January 4, 7-8:30 b.m.

Discover the basics of vegetarian braising from choosing plant-based proteins, building and complementing flavors, searing, deglazing, simmering to tender perfection, and utilizing cooking vessels.

Dealing with Household and Estate Books Presented by Mike Ivankovich

January 8, 7-8 p.m.

There are many factors that add value to books. Learn about household and estate books and explore how to sell them in today's market.

Netherlands - Journey Through Art. Architecture, and History Presented by Professor John Rossi

January 10, 7-8 p.m.

Explore this progressive 21st century nation that is a land of windmills, tulips, and canals. The capital, Amsterdam, is famous for its waterways and its laid back atmosphere.

The Great Storage Clean Out **Presented by Jamie Novak**

January 16, 7-8 p.m.

Learn the simple steps for clearing out that overflowing storage space and discover the secret on how to easily find things.

STEM for Adults

January 18, 7-8 p.m.

Discover STEM skills that can benefit adults in a variety of different ways, such as mentoring their children and grandchildren on basic science topics and learning some weird and wild science facts.

Theodore Roosevelt and his Legacy Presented by Dr. Edward T. O'Donnell

January 24, 7-8 p.m.

Theodore Roosevelt Jr. was an American politician, statesman, soldier, conservationist, naturalist, historian, and writer who served as the twenty-sixth president of the United States from 1901 to 1909.

Finding the Words - An Active Approach to **Moving Through Grief**

January 25, 7-8 p.m.

Discover an alternative path for processing pain that is active and vocal and truly honors loved ones lost.

"Walk With Me" by Kate Clifford Larson

February 1, 7-8 p.m.

Explore the life of Fannie Lou Hamer who rose from humble beginnings to become one of the most powerful voices of the civil and voting rights movements for African Americans.

African Americans in Space Presented by Dr. Bill Thierfelder

February 7, 7-8:30 p.m.

Discover some of the remarkable African Americans who've helped shape America's space program and who've introduced millions to the wonders of the Universe.

The Tuskegee Airmen -**America's First Black Pilots**

February 12, 7-8 p.m.

Explore the history of the formation of the Tuskegee Airmen, the unit's wartime accomplishments, and the unit's overall effect on American society.

"A Look into Manville's Past" by Kathryn Quick

February 13, 7-8 p.m.

Learn about Manville's interesting history and evolution through wonderful photos, stories, and relics from community residents.

Art by African Americans - From the Protest of the '60s to the Age of Black Lives Matter

February 15, 7-8 p.m.

Celebrate the rich contributions these pioneers made to American culture and examine some of the work that continues to astonish art lovers today.

A Look at Black History Through Jazz **Presented by Sanford Josephson**

February 21, 7-8 p.m.

Explore black history through the lens of jazz with author and editor of Jersey Jazz magazine, Sanford Josephson.

Tina Turner - Queen of Rock Presented by Vinnie Bruno

February 27, 7-8:30 p.m.

Explore the life of iconic rocker Tina Turner as she found success in the rhythm and blues, soul, and rock genres in a career that spanned five decades.

The Lunch Counter Sit-In Movement of 1960 **Presented by Professor Christopher Schmidt**

February 28, 7-8 p.m.

Explore this defining moment of the civil rights movement and how it fits into the continuing history of struggles for equal access to public accommodations.

"Flight Paths" by Rebecca Heisman February 29, 7-8 p.m.

Discover some surprising stories from the history of bird migration research and understand why migration is so crucial for bird conservation.

For additional assistance, call (908) 845-8400. To discover all SCLSNJ has to offer, visit SCLSNJ.org or connect with SCLSNJ on Facebook, Instagram, X (formerly Twitter), or YouTube.

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Somerset County Library System of New Jersey (SCLSNJ) partners with you to connect, to explore, to share, and to discover. Together we enrich lives, expand knowledge, and strengthen communities. SCLSNJ serves the following communities in Somerset County: Bound Brook, Branchburg, Bridgewater, Green Brook, Hillsborough, Manville, Millstone, Montgomery, North Plainfield, Peapack and Gladstone, Rocky Hill, Somerville, South Bound Brook, Warren Township, and Watchung. Visit SCLSNJ.org.

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PREMIER

102 TOWN CENTER DRIVE WARREN, NJ 07059



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My Featured Properties and Recent Transactions in Green Brook



UNDER CONTRACT13 Spruce Hollow Rd, Green Brook
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SOLD 11/16/23 48 Ridge Rd, Green Brook Listed by Roseann



SOLD 11/6/23 4 Douglas Rd, Green Brook Listed by Roseann



SOLD 8/26/23 148 Rock Rd W, Green Brook Buyer/Seller Representation



SOLD 8/24/23 3054 King Ct, Green Brook Listed by Roseann



SOLD 8/14/23 21 Blue Ridge Ave, Green Brook Listed by Roseann



SOLD 7/31/23 230 West End Ave, Green Brook Listed by Roseann



SOLD 7/28/23 129 Top of the World Way, Green Brook Buyer/Seller Representation



SOLD 6/30/23 38 Ridge Rd, Green Brook Listed by Roseann



SOLD 6/26/23 24 Green Valley Dr, Green Brook Listed by Roseann



SOLD 6/23/23 30 Abby Lane, Green Brook Listed by Roseann



SOLD 6/14/235 Scheurman Terrace, Green Brook
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SOLD 6/1/23 26 Ridge Rd, Green Brook Listed by Roseann



SOLD 3/20/23 604 Madison Ave, Dunelle Listed by Roseann



SOLD 1/5/23 07 Warrenville Rd, Green Brook Listed by Roseann

*****Client Testimonial

"There are no words! Roseann was absolutely amazing representing us as a seller and a buyer. She was patient and understanding and made the process so easy for us! I am so blessed to have had her as my real estate agent and would absolutely say anyone would feel so comfortable to have represent them! 10-stars in my book!" - Marina & Ralph V.

