# WARREN MONTHLYNJ

**WARREN'S HOMETOWN NEWSPAPER** 

Published by Renna Media, LLC. On-line at RennaMedia.com

ISSUE 132 • DECEMBER 2023

Brenda Garcia 908-672-2447 RE/MAX Premier Warren, NJ

Wishing you a Joyous Holiday Season

For Superior Marketing, Maximum Exposure, & the Highest Level of Service

PRSRT STD
U.S. POSTAGE
PAID
BRIDGEPORT CT

ECRWSS

POSTAL CUSTOMER Warren, nj 07059

\*\*\*\*\*\*\*\*\*ECRWSSEDDM\*\*\*\*

### **ROTARY CLUBS BAN TOGETHER TO HELP HOMELESS VETS**

Westfield Rotary Club

The Watchung-Warren Rotary Club recently banned together with representatives of five other Rotary clubs, including Westfield, Madison, Somerset Hills, Hillsborough, and Morristown, and delivered needed supplies to the homeless veterans living at Lyons VA Administration, building 53, in Lyons, NJ. This Rotary program was designed to help homeless military veterans by Westfield Rotarian Burim Regjaj, and has been running for 4 years.

Rotary International President Gordon McInally has made addressing mental health a priority for Rotary Clubs this year. Past District Governor Dr. Michael Hart feels that as a society we have an obligation to take care of our veterans whose health has been damaged by their service. These men and women put their lives at risk to protect our freedom. More than that, they put their health at risk, and now may be damaged mentally with PTSD.

Eighteen American military veterans commit suicide every day. That's 6,570 suicides per year. More than four times as many than we lost in all the wars since September 11th, 2001. In that time period, the US has lost 7,057 soldiers fighting wars; and 30,177 soldiers to suicide.

Veterans who are damaged with PTSD may turn to drugs and/or alcohol, lose their jobs, then their house, their family, and everything, until they hit rock bottom. Some commit suicide at this point. The VA will dry them out, help them recover, provide psychological counselling, provide help with designing a resume, and provide career counselling. The VA Administration provides the veterans with a bed and meals for 9 months, but then they are either moved to low-cost long-term housing, or just put out of the hospital, back onto the street.

Right now, there are 71 veterans living at the Lyons VA Building 53, including 6 women, and another 162 veterans living at Valley Brook Village next door. Valley Brook Village is basically a dormitory for low-cost, long-term housing.

Since the hospital does not provide the veterans with most clothing or toiletries, Rotary



Courtesy photos

(above, l-r) Rotarians Lonnie Sherman, Susan Sherman, Burim Regjaj, Past District Governor Dr. D. Michael Hart.

fills the gap. The most requested item is socks. Rotary provides underwear, socks, long underwear, T-shirts, boots, winter coats, hats, gloves, scarves, razors, shaving cream, toothbrushes, toothpaste, soap, deodorant, a "Thank You for Your Service" card from the Ronkonkoma, Long Island Rotary Club, and a rugged duffle bag to keep everything in.

Rotarians recently delivered 71 duffle bags to the veterans, bomber jackets in October, pillows and pillowcases in November, and winter coats, pajamas, hats, gloves, and scarves in December.

An important part of the project is to talk to the veterans as we are giving out the supplies, to let them know that someone cares about them, and thank them for their service, to help instill hope.

The consortium of six Rotary clubs purchases the supplies and clothing from a charity on Long Island called General Needs, Inc. which buys the materials wholesale. This 501c3 was started by Rotarians Lonnie and Susan Sherman, who are members of the Ronkonkoma Rotary Club, and are seen in the photos. They drive 2 hours each way from Long Island to Lyons, NJ to deliver the supplies which the New Jersey Rotarians purchase.

Every Wednesday special education students from Commack High School, Long Island, volunteer at the General Needs, Inc. storage facility to help assemble the duffle bags. The kids are learning skills, and helping the veterans at the same time.

In December, the Rotarians host a Holiday party and give out wrapped gift boxes which include hats, gloves and scarves. High School students wrap the presents, and elementary school students make holiday cards

This is such a wonderful project that the Rotary Clubs pool our funds in the Rotary District 7475 Foundation.

For information about this effort visit rotary7475 foundation.org, or contact Westfield Rotary Club secretary Dr. D. Michael Hart by email at drmhart@yahoo.com.

For information about the Watchung-Warren Rotary Club visit their Facebook page.



### Ashley's Warren Market Update

\$1,486,422 9 28

Average # of soles Price on Morket

The Cherie Berger Team
Cherie Berger M: 908.410.0931

Ashley Berger Freitos M: 908.432.9818
cheriebergerteam@compass.com
O: 973.310.6816

COMPAS

CHERIE BERGER TEAM

42

### WARREN MONTHLY

Renna Media LLC, Publishers 202 Walnut Ave., Cranford, NJ 07016

Warren Monthly is published by Renna Media. 6,200 newspapers are printed monthly and mailed to every business and resident in Warren, NJ. Although great care has been taken to ensure the information contained within is accurate, Renna Media assumes no liability for errors or omissions.

©2023 Contents of this newspaper cannot be reproduced without written consent from Renna Media LLC.

#### **SEND US YOUR NEWS**

Do you have a community service that you need help publicizing? Did you or someone you know accomplish something amazing? We are interested in hearing about your latest achievement (accomplishment, honor, award, etc.), send us your news!

Email: editor@rennamedia.com ADVERTISING

Joe Renna: 908-447-1295 joerenna@rennamedia.com



Find us on online: rennamedia.com facebook.com/ Warren Monthly

### **BOY SCOUT TROOP 228 NEWS**

Submitted by Second Class Scout Aaron Kamath, Troop 228, Warren a 7th grader at Warren Middle School.

Boy Scout Troop 228 of Warren has had a busy couple of months where they embarked on two tough camping trips as weather wasn't on their side.

In late-September, Troop 228 invited Cub Scouts from Pack 182 helped fifth-grade Webelos scouts from Pack 182 (Warren) find a deeper understanding of Scouting, and what they learn and do. Scouts were taught to

Boy Scout Troop 228 of Warren has had a orienteer, set up tents, make fires, and how to say couple of months where they embarked on cook on this trip.

In mid-October Troop 228 went to Round Valley Reservoir State Park. This trip was spent hiking, fishing, and RC car racing. The scouts hiked down to the Round Valley Reservoir and went fishing until it started to rain, which is what made this trip very difficult to stay dry, but overall the scouts had fun and learn d a lot.







Woodwork and Millwork of All Kinds
Windows & Doors Replacement
Gutter Replacement / Repair
Decks / Railings / Fences

973-951-0606

✔ Power Sanding / Stripping Wood

✓ Caulking / Glazing / Skim Coating

✓ Deck Preparation, Sealing & Staining

✓ Spackling/Drywall / Plaster Repair

✓ Wallpaper Removal & Sizing

✔ Floor Refinishing / Installation



Xhrishomeimprovements.com

# PORTUGUESE-SPANISH

CHICKEN RIBS SALADS SANDWICHES STEAKS SEAFOOD



WOOD-FIRED GRILL 55 Mountain Blvd • Warren. NJ

> **LUNCH & DINNER DAILY BRUNCH SAT & SUN**

PRIVATE PARTIES & CATERING AVAILABLE

201-402-9095 BACKYARD

www.Brasawarren.com

**Visit Website For Delivery** 

For Complete Menu & More Info Scan



@BrasaWarren



HOURS:

TUES-THU 11-8 FRI-SAT 11-9 SUN 11-8 CLOSED MONDAY





CALDO VERDE



### WOOD FIRED GRILL

Choice Of Sides

"FRANGO" **BBQ PIRI-PIRI CHICKEN** Half 14 | Whole 25

"ENTRECOSTO" **BBQ PORK SPARE RIBS** Half 16 | Whole 29

"COSTELA VACA" **BBQ BEEF SHORT RIBS** Half 18 | Whole 34

"COMBO" BBQ CHICKEN & PORK SPARE RIBS For one 15 | For Two 28

Menu & Prices Subject To Change Without Notice

### PORTUGUESE FAVORITES

Kaie, pocato puree, citorizo	
SHRIMP IN GARLIC SAUCE Garlic, white wine, chili flakes	16
GRILLED Linguica Grilled Portuguese Sausage	14
"PREGO" STEAK SANDWICH Fried egg, caramelized onions, mustard aioli, Portuguese	16 roll
BIFANA Spiced pork loin, chorizo, pepperjack cheese, onion, mustard aioli on a port muffin	15

CHICKEN IN GARLIC SAUCE Chicken breast, yellow rice, Spanish chips

PICADINHO Sautéed marinated pork cubes, potatoes, chourico, pickles jiardineira

**WEEKDAY LUNCH SPECIAL** 

### HALF CHICKEN **SIDES & A SOFT DRINK ONLY \$12**

Available Tues - Fri: 11am - 4pm



**\$5 OF** 

With purchase of \$25 or more.

21

22

6

With this coupon. Cannot be combined with any other offer. One per customer. Expires 12/31/23.

### **LETTERS TO SANTA**

Santa has granted Warren Township Recreation permission to gather mail from Township children and deliver it to the North Pole. We will be accepting mail from now through Tuesday, December 5th. Letters should be dropped off at the red mailbox in front of Town Hall or mail to: "Santa" Warren Twp. Recreation, 46 Mountain Blvd., Warren, NJ 07059. Every child will receive a personalized letter from Santa, but after December 5th, Santa will be busy getting ready for the holiday and will not be able to answer any more letters. Mom and Dad, please be sure to include a return address.

We are still seeking volunteers. To Volunteer: wtrec.ivolunteer.com/santa\_007





#### DIVORCE & FAMILY LAWYERS



Taking Charge of Your **Future Starts Here** 

(908)645-1000 www.lawlawfirm.com

### **HEADACHE** You Don't Have To Live With It!

That "crushing pressure" around your temples; above your eyes; in the back of your head - or that pounding, driving pain that won't go away. Headaches can interfere with your ability to concentrate - to be productive - to enjoy life!

Dr. Joesph Murphy can evaluate the cause of your headache. If it's from muscle tension or improper neck motion, (Biomechanics), he can remove the cause of your headaches without the use of powerful drugs!

Want a life without headaches? See Dr. Murphy today for an evaluation and begin your journey to a headache-free life!

"YOUR BETTER HEALTH IS OUR ONLY CONCERN!"



Suburban Chiropractic Center



Dr. Joseph J. Murphy Chiropractic Physician PAST PRESIDENT Chiropractic Societies **EDITOR-IN-CHIEF** 

The Column **Palmer Graduate** 

Celebrating Our 39th Year!

301 Main Street • Chatham 973-635-0035 • www.drmurphy.com

### RELIEF FROM CHRONIC KNEE PAIN

FDA Approved Treatment to Avoid Surgery

### DON'T BLAME THE ARROW FOR MISSING THE TARGET

Just like tens of millions of other Americans, you were looking for relief from your chronic knee pain. You thought Viscosupplementation injections might be the answer, but the results were disappointing and painful. Don't assume the treatment wasn't right. That could very well be like blaming the arrow for its path to the target when the problem might be the archer. If you didn't get the pain relief you were hoping for, chances are your injection treatment was off target. Unlike blind injections or even ultrasound targeted treatments found elsewhere,

Northeast Spine & Wellness Center uses diagnostic fluoroscopy to make sure the area that needs treated is the exact area where the injection goes. This is the most advanced method of delivering this pain relieving treatment with 95% accuracy to give you the results you're looking for. The use of Fluoroscopy guided injections sets Northeast Spine & Wellness Center apart. The end result is you living pain free from your chronic knee pain. You can avoid the lengthy and painful road of knee replacement surgery. You can avoid the endless trial and error assortment of potentially addictive prescription medications. This treatment, using fluoroscopy guided injections has seen a success rate of above 85% in those suffering from knee pain related to osteoarthritis, and that includes people with bone on bone involvement. You've suffered from chronic knee pain long mough. Call Northeast Spine & Wellness Center now for a RISK FREE consultation.



#### If Knee Surgery Sounds Scary, It Should

Have you have been told you are facing knee replacement surgery? Have you been told about all the downsides you could be facing? First and foremost, there are NO guarantees that knee replacement surgery will be the answer to your pain, but let's look further:

- Surgery is costly, regardless of the percentage of services covered by insurance. Surgery requires lost time from work and typically requires a regimen of rehabilitation and medications
- With surgery, there is always a risk for unwelcomed complications. And you could be back to where you started, or worse.
- Medications will be required for relief from surgery and you have been down that road before. Addictions to these pain medications can cause potential side effects, something you do not want to experience.
- Rehabilitation can take years.

#### Consider This Alternative To Surgery

Northeast Spine & Wellness Center offers you a real opportunity and a painless way to say goodbye to your knee pain without any surgery. Here are just a few of the important benefits you should consider?

- Diagnostic fluoroscopy accurately targets the pain, unlike blind injections.
- Guided fluoroscopic injections are virtually pain free, unlike blind injections.
- No lost time from work or family.
- No expensive or time consuming rehabilitation.
- No potentially addictive prescription medications.
- Recovery time is almost instant, not months or years.

#### How Does This New Treatment Work?

Relief begins almost as fast as it takes to pronounce the treatment. It's called Viscosupplementation Therapy. To begin with, it starts with Northeast

Spine & Wellness Center investing in the use of diagnostic fluoroscopy This enables them to target the exact location of your knee pain with pinpoint accuracy. What follows is a simple injection that causes little to no pain, especially when compared to what you may be living with daily. That explains what you will see on the surface of this revolutionary treatment. What's taking place below the surface is how and where the natural healing process takes place. The injection of a Hyaluronic acid called Hyalgan. This gel-like substance was approved by the FDA in 1996. Hyalgan is a natural substance that mimics the synovial fluid that is already produced by your body in your joints. Osteourthritis sufferers in particular see a reduction in this much needed synovial fluid in their knee joints. Without that cushioning layer of protection, the cartilage in your knee can begin to wear away leading to the rubbing of bone on bone. Through Viscosupplementation Therapy, this natural substance immediately goes to work reducing the swelling and inflammation in the joint and adding a coating layer of protection. Think about Dorothy taking the oil can to The Tin Man. You'll begin to feel that same kind of relief and quite possibly feel like you're ready for a dance down the yellow brick road to recovery yourself. And with a success rate of over 85% in alleviating pain associated with osteoarthritis, it's easy to see why this treatment is so readily covered by Medicare and by most major insurance providers. Diagnostic fluoroscopy to target the pain, Viscosupplementation Therapy to relieve the pain. Simple, fast and no surgery!

#### Do you Suffer from any of these Symptoms?

There are a number of reasons why you developed Osteoarthritis pain. It can develop with age or because of heredity. It could be from repetitive stress from a job or some glory days in athletics. Of course your concern is with the symptoms you face daily and how to make them end, hopefully without surgery or the use of potentially addictive medications. Northeast Spine & Wellness Center understands the symptoms you have been

living with and can help. If you have any of the symptoms below, please call us today. Relief is a phone call away.

- . Pain Whether it's a sharp aching or maybe a burning sensation, the pain can range from irritating to debilitating.
- · Swelling This can cause tenderness and soreness to the entire knee area, making walking or going up and down stairs painful, getting in and out of bed or bathtubs difficult and dangerous just name a few activities affected
- · Stiffness Getting up out of bed or after sitting for a period of time gets more and more difficult. This loss of mobility can be more than a hindrance. It can be dangerous if you need to move quickly.
- . Loss of muscle strength This can lead to balance issues and the strong possibility of falling
- . Joint deformity Not just unsightly, but painful as well.
- · Creaking Joints Can be painful and a sign of more discomfort to come
- Sleepless nights Losing sleep over your suffering is not just irritating, but potentially dangerous because of so many other health concerns that can be affected by loss of

#### Let Me Show You Targeted Relief From Your Knee Pain

Every day, I see patients suffering from knee pain due to arthritis, osteoarthritis, sports injuries or other conditions. Many have been told that they are in need of knee replacement surgery. Other patients say they have been prescribed various prescription medications to deal with the pain.

Something else I see almost every day, are patients that have tried viscosupplementation knee injections elsewhere and found it to be a painful and ineffective experience because the injections were not administered using fluoroscopic guidance. Instead of using the



blind injection technique, which can be as inaccurate as playing pin the tail on the donkey.

Once I am able to explain to my patients about the pin point accuracy of using diagnostic fluoroscopy and the amazing results viscosupplementation can provide, they are thrilled to get started They are even more thrilled when they feel the relief. Please contact Northeast Spine & Wellness Center today to schedule your RISK FREE consultation.

Call 732-827-0800

Scot Paris MD, FACS

#### Here's what our patients have to say

"I'm dancing without pain. I can more with no problem whatsoever. I can go up and doson steps with no pain." - Patricia G.

"Over 85% relief for the first time in 15 years, suffering with knee pain. My life is getting

"After only four visits, i have absolutely no pain! The staff is "top-notch."

· Quenton I.

#### MOST INSURANCES ACCEPTED - INCLUDING MEDICARE



1043 Raritan Rd., Clark, NJ 07066 www.nespinecenter.com Call 732-827-0800 for your RISK-FREE Consultation!



### THINKING ABOUT RELOCATING?

ATTEND OUR EXCLUSIVE REAL ESTATE EVENT.



# The Nation's Largest Real Estate Exhibition

Discover the best places to live.

View top lifestyle communities at one convenient location.

Florida, Tennessee, North Carolina, South Carolina, Delaware, Georgia
New this year: Portugal and Greece

### **JANUARY 13-14**

HILTON PARSIPPANY

One Hilton Court, Parsippany, NJ Sat: 10am-4pm & Sun: 11am-3pm



### EXHIBITS, SEMINARS, DISCOVERY TRAVEL AND MORE!

AT THE SHOW, YOU CAN...

- View community exhibits, talk personally with area representatives & home builders.
- Compare many of the best places to relocate, or retire, all at one convenient location near you.
- Discover top destinations that afford a high quality of life, yet very low taxes.

golf, gated, 55+, coastal, waterfront, boating & more.

Explore lifestyle communities: active adult,

#### Attend Updated Presentations:

- · How to Choose Your Ideal Place
- · The Martini Theory with Doug Terhune
- Selling Your Home in Today's Market
- · Live Your International Lifestyle

### Come Find Your Ideal Place to Live at the Show!

AVAILABLE ONLY AT THE SHOW



PAS

### ideal-LIVING REAL ESTATE SHOW

The Nation's Largest Real Estate Exhibition

### January 13-14, 2024 HILTON PARSIPPANY

One Hilton Court, Parsippany, NJ Saturday, 10am-4pm & Sunday, 11am-3pm

RSVP for Express Check-in & Complimentary Relocation Guide.
ideal-living.com/RM

PM



(above) Kaydon Blount is enjoying the obstacle course that was set up by Mr. John Tsihlas.

Photo by Warren Township Schools





# \$2,500 RAISED FOR CONGENITAL HEART DEFECT COALITION

Warren Township Schools

For the second year, the Woodland School Parent Teacher Organization (PTO), in coordination with the Woodland School staff members, held a Charity Fundraiser.

Previously, the school community had supported the Raise Your Glass Foundation. This year, the students and school community donated the proceeds to the Congenital Heart Defect (CHD) Coalition.

CHD is a nonprofit organization devoted to improving the quality of life for children and adults affected by congenital heart defects, which, according to their website, is the #1 most common birth defect worldwide and the leading cause of infant deaths in the United States.

According to Woodland School PTO President Mrs. Dana Marucci, it was essential to the PTO for the students to participate in a charitable activity that would benefit other children.

Marucci has previously supported CHD as two of her friends have children born with Hypoplastic Left heart Syndrome. Marucci has seen firsthand how the organization spreads awareness but, more importantly, gives hope to the children and their families living with congenital heart defects.

In the spirit of friendly competition, the PTO organized a multi-tiered approach to the fundraising efforts to help boost morale and participation.

The event began on Monday, October 16, 2023. Each homeroom participated in a Coin

Challenge. The classrooms had a collection container for students and staff to donate to.

Secondly, the students were invited to wear red to signify heart disease awareness. The PTO pledged to donate \$1 for each student who wore red.

Lastly, students from each grade participated in a musical warmup on Friday, October 20, with Ms. Beals before engaging in a series of challenging and fun physical activities set up by Physical Education teacher Mr. John Tsihlas, including running laps, jumping, balancing, and crawling, while members of the PTO recorded the students' progress.

Marucci and her event co-chair, Mrs. Katie Sanchez, announced that the school community had exceeded their expectations and raised \$2,500 for CHD. Grade 4 students were also praised for raising the most funds during the coin challenge, having the most students wear red, and running the most laps during the physical challenge.

Woodland Principal Mr. Jeffrey Heaney is exceptionally proud of his school community. "It is fantastic to see the Woodland students, staff, and PTO unite to support such a great cause. While we strive to help our students achieve academically each day, we also want our students to become better human beings who think about others in need and practice kindness each day. I could not be more proud of the amazing Woodland students!"



# CHIMNEY & ROOFING SPECIALISTS

### **MURSELI PRO CONSTRUCTION** 908-361-6372

1-800-650-0968

**Family** Owned & **Operated For** 20 Years

- All Work Guaranteed
- 24/7 Emergency Service
- 15% Senior Discount
- Major Credit Cards
- NJ Lic. 13VH08570100















Carbon Monoxide is invisible. odorless,

### **COMPLETE SET OF STEPS**

Up to 6 Feet, 5 Steps / Brick, Limestone & Concrete Special \$3,750







**DRIVEWAYS** 

**FUNDATIONS REPAIRS** 

WATERPROOFING

- STEPS
- BRICK & BLOCK SIDEWALKS
- REPAIR



- RE-ROOF
- NEW ROOF
- ROOF REPAIRS
- SHINGLES
- FLAT ROOF



- CLEANING
- REPAIRS REBUILD
- CAPPING

### **GUTTERS**

- CLEANING
- INSTALLATION
- SCREENING REPAIRS
- REPLACEMENTS



of \$800 or more
With coupon. Cannot be combined with any other offer.

Expires 12/31/23.

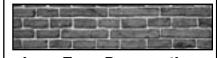
(Any Average House) Expires 12/31/23.

### **CHIMNEY LINER** Special \$1,300 WHY SHOULD I USE A CHIMNEY LINING SYSTEM?

- Protect your house from heat transfer combustibles
- Protect the masonry from the corrosive by products of combustion
- Provide a correctly sized flue for optimum efficiency of appliance



Easy & **Effective Cleaning** 



**Long Term Preservation** 

With this ad. Cannot be combined with any other offer. Expires December 31, 2023.

### FALL FUN FOR WARREN'S KINDERGARTEN STUDENTS



(above) Antonio Ciampi, Miss Maag Harlow Reyes-Savino, Emma Santos, Yasmin Ishmael, and Kate Misiaszek take the tractor ride around Wightman Farms.

Warren Township Public Schools

All four elementary schools (Angelo L. Tomaso, Central, Mt. Horeb, and Woodland) bussed their Kindergarten classes to the beautiful Wightman Farms in Morristown, NJ on the mornings of October 17 and 18, for a morning filled with tractor rides, pumpkin picking, and a hay bale maze.

At the trip's start, the students boarded a large wagon, pulled by a tractor for a scenic twenty-minute loop around the gorgeous farm. The children, their teachers, paraprofessionals, and transportation staff were treated to beautiful fall views as well as a close-up of the apple orchard, which was in full bloom. With every twist, turn, and bump along the way, the students were on the edge of their seats with excitement, giggles, and

smiles.

As the tractor ride ended, an open plot of land filled with hundreds of pumpkins came into view. The students knew it was almost time to pick their pumpkins. As everyone safely deboarded the wagon, the students eagerly waited for permission from their teachers to let loose and pick the pumpkin of their choice!

After everyone was satisfied with their pumpkin selection, the group left the patch and headed for the picnic table area for snack time. As if the trip wasn't sweet enough, Wightman Farms provided the students with fresh apple cider and powdered sugar donuts!

Before traveling back to Warren, the children had the opportunity to play in the Hay Bale Maze with their friends.



(above) Lukas Valentino holds up his favorite pumpkin to match his shirt at Wightman Farms



Photos by Warren Township Schools



(above) Ridhaan Chauhan, Carter Jeffers, Carly Fradkin, Remi Abeiro, Jennifer Son, Norah Ali, Gianni Gramaglia, Nicolas Vazquez, Andres Minassian, Caleb Cohen, Lucas Lin, and Benjamin Showman show off their finest pumpkin picks from Wightman Farms.







o% Plans Available! Estimated monthly payments.
Rates & payments based on credit approval.

### Call Today for a Free Estimate! 🔯 855.624.6655



ROOFING | SIDING | WINDOWS KITCHENS | BATHROOMS | BASEMENTS MASONRY | DECKS | PORCHES

VIRTUAL MEETINGS ALSO AVAILABLE

Interior & Exterior Remodeling | Family Owned & Operated

100% FINANCING AVAILABLE | 30+ YEARS EXPERIENCE

NJDCA 13VH07755300



Decks & Porches

MagnoliaHomeRemodeling.com

### STUDENTS EXPLORE DIFFERENT COUNTRIES AND CULTURES

#### Warren Township Public Schools

Every Tuesday morning before the regular school day begins, fifteen Mt. Horeb students join Mrs. Stacey Lederman-Kroll and Mrs. Helen Moore for a magical journey of learning and exploration during Mt. Horeb's World Travelers' Club.

Lederman-Kroll and Moore select a destination and tailor their lessons to focus on conservation and culture. The students record notes in their travel journals, such as a location's most valuable crop, national bird, weather, geographical features, food, and culture.

So far this year, the students have taken virtual tours of Japan, Bolivia, and Australia. On Tuesday, October 24, the students followed along and learned about the beautiful and popular Central American country of Costa Rica.

Taking notes in their travel journals, the students develop a deeper understanding and

students listened carefully as Moore described how the Costa Rican Yiguirro (Clay-Colored thrush bird) sings just before the rainy season and about the number of active volcanoes. Lederman-Kroll showed a short video clip to draw attention to one of Costa Rica's most beloved seaside visitors, the sea turtle.

The students engaged in a unique snackmaking project just before the period ended. Lederman-Kroll and Moore passed out bright green granny smith apple slices, grapes, and toothpicks, and the students constructed their own edible sea turtle.

Over the next several weeks, the students will be introduced to Columbia, Antarctica, Germany, India, Mexico, Argentina, Nigeria, Peru, France, Switzerland, and China.

Lederman-Kroll and Moore hope to help their

appreciation of different cultures in alignment with the district's goal of creating a sense of belonging for all students, staff, and community members.

"This is the first time we have formed a club, and we are very proud of the impact it has had on our students," Mrs. Lederman-Kroll and Mrs. Moore said. "Each week, the students eagerly await to find out which country we will be "visiting" and what craft or healthy snack we will create. As they open their minds to learning about new countries, cultures, and traditions, the students listen attentively, ask questions, and participate in meaningful conversations. They leave our classroom with new knowledge and a deeper understanding of the world around them. Each experience has left a lasting impression on everyone. We will be sad when our club comes to an end in a few months."



(above) Scarlett Valentino creates an edible sea turtle during the World Travelers Club at Mt. Horeb School.



(above) Roodra Patel creates an edible sea turtle during the World Travelers Club at Mt. Horeb School.



(above) Zoe Chibwe creates an edible sea turtle during the World Travelers Club at Mt. Horeb School.



(above) Vivaan Harnathka creates an edible sea turtle during the World Travelers Club at Mt. Horeb School.

Photos by Warren Township Schools





### Hand pruning and restoration of overgrown trees and shrubs

Specializing in preservation of old trees. Experts at proper pruning techniques. Landscape designs "Second to None!"

- Large Tree Planting
- Drainage & Rain Gardens
- Unique Landscape design
- · Repair & Maintenance of damaged and stressed Trees and shrubs.

Go Green with Colorscapes

**Take a tour** of local examples of beautiful designs. Call Gene Gregory See our work first at Colorscapes Inc on Facebook or our Website.

908-322-0253 • www.DesignByColorscapes.com

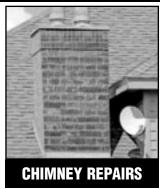






CHIMNEY LINERS

**SLATE ROOF** 

















**CALL FOR FREE ESTIMATE 800-206-8529** 

### **CHIMNEY CLEANING STARTING AT \$150**

MAGIC IMPROVEMENTS (800) 206-8529 With this coupon. May not be combined with any other offer. Expires 12/31/23.

MAGIC IMPROVEMENTS (800) 206-8529 With this coupon. May not be combined with any other offer. Expires 12/31/23.

MAGIC IMPROVEMENTS (800) 206-8529 With this coupon. May not be combined with any other offer. Expires 12/31/23.

**ANY JOB** of \$2,000 or more

MAGIC IMPROVEMENTS (800) 206-8529 With this coupon. May not be combined with any other offer. Expires 12/31/23.

### **ROOF JOB**

MAGIC IMPROVEMENTS (800) 206-8529 With this coupon. May not be combined with any other offer. Expires 12/31/23.

ANY ROOF REPAIR

MAGIC IMPROVEMENTS (800) 206-8529 With this coupon. May not be combined with any other offer. Expires 12/31/23.

### WARRENBROOK SENIOR CENTER DECEMBER PROGRAM HIGHLIGHTS

The Warrenbrook Senior Center is located at 500 Warrenville Road, Warren, New Jersey.

For more information call 908-753-9440 or visit: seniorcenter.us/sc/warrenbrook\_senior\_center\_warren\_nj December 14 - Inservice Day - Senior Center Closed, December 22, 25 - Senior Center Closed - Christmas

Somerset County residents who are 60 years and older are welcome to participate in any of the programs at Warrenbrook Senior Center. They also provide a choice of 4 different meal choices during lunch that seniors can take advantage of during the weekdays. All the programs are FREE for the registered members.

#### **Brains n Games and Hand Bells** with Adrienne Graubard

December 1,15, 11 a.m.

Join Adrienne for some mind-tingling, brainstumping word games and a fun-filled musical workout using hand bells.

#### **Singing Christmas Carols**

December 4, 11 a.m.

Warrenbrook Seniors Ken Tekel and John Blain will lead the group where singing the Christmas Carols while getting into the Christmas spirit.





Warren Township Recreation will have a Toys for Tots collection box outside of the Recreation Office on the first floor of Town Hall.

Collection will be from November 10 through December 8, 2023.

Donations accepted are new, unwrapped toys only.

Donations will be collected Monday-Friday from 8:30am-4:00pm during the collection window.

Questions contact the Recreation Office at recreation@warrennj.org or 908-753-8000 ext. 270 or 271

#### **Bingo with Rashmi**

December 6, 27, 11 a.m. Bingo is more than just an exciting activity.

#### **The Sound of Winter**

December 7, 11 a.m.

In this presentation, The Discovery Orchestra staff member and violinist Michael Avagliano will explore the seasonal landscape of "Winter," the last of Antonio Vivaldi's famous collection of violin concertos, The Four Seasons. The presentation will include a live performance.

#### **Christmas Ornament - Craft**

December 8, 11 a.m.

Use your creativity to create a unique Christmas ornament using 2" Styrofoam balls, selfadhesive glitter squares in assorted colors, felt sheets. All materials will be provided. Preregistration is required.

#### **Drum Circles with Dave Miller**

December 11, 11 a.m.

Soothe the mind, body and spirit in this drumming circle. This is a holistic experience that leaves participants feeling a sense of joy! This is an ancient approach to promote healing and incite self-expression. Dave will teach participants how to hold a drum and how to make different tones.

#### **Holiday Party**

December 13, 10:30 a.m.

Every year we follow the tradition of getting together and enjoying the festivities with musical entertainment while singing and dancing to the holiday music and cherishing the sweet memories of the year we are about to bid farewell too. This year DJ Giovanni will be entertaining us for the yearly Warrenbrook

Holiday Party while we meet our fellow seniors and enjoy the music and food. Expect a surprise visit by Mr. Claus.

#### **Christmas Songs with Sal**

December 18, 11 a.m.

We continue our Christmas Holiday Party with Christmas and Holiday songs sung by Sal Di Bianca. We will have a visit by Santa

#### Craft – Beaded & Stitched Santa Claus

December 20, 11 a.m.

Create your own Santa Claus using glass beads, Perforated paper, floss and needles. All materials provided. Pre-registration is required.

#### **Nutcracker!**

(Virtual) December 21, 11 a.m. Peter Tchaikovsky's Nutcracker is one of the most beloved ballet scores in all music and a perennial favorite during the December holidays. The Discovery Orchestra Maestro George Marriner Maull will look within "The Waltz of the Flowers," a movement from Nutcracker that is filled with gorgeous string

#### sound and beautiful woodwind solos. Kwanzaa

December 28, 11 a.m.

Kwanzaa, is a week-long holiday beginning December 26th honoring African heritage, unity, and culture. The colors of Kwanzaa are red, green, and black. We will be playing some Kwanza Trivia like African Countries mix,

Crosswords, Maze, Secret Message

#### **New Years Eve Trivia**

December 29, 11 a.m.

We will play New Year's resolutions word scramble, NYE Word Search and learn some New Year Traditions from Around the World.

### **KNIT A BIT AND MAKE NEW FRIENDS**

The Gates Avenue Knitters celebrated their 23year anniversary in April. The group has been meeting at the Long Hill Township Library, located at 917 Valley Road, Gillette, every Monday from 1p.m. to 3 p.m. Everyone is welcome to join in.

In the month of April in the year 2000, Gates Avenue, Gillette resident Arlene Kaplan, started a knitting group along with 4 friends. Twentythree years later the group, now called the Gates Avenue Knitters, are still knitting together, including 4 of the 5 original knitters who still live in town.

Eighteen to twenty ladies show up on any given meeting day. Their skills range from beginner to experienced knitters (and crocheters). They help each other get past problems with patterns, and they are excited and willing to teach beginners to knit.

They come from Long Hill Township and surrounding towns, including Warren, Watchung, Bridgewater, Springfield, Chatham, Madison, Summit, and Westfield. Many were introduced to the group thru friends.

Along with their own projects, the group knits for causes. They knit approximately 500 hats per

year and distribute them to local charities. Beginning in November they have a display at the library and the hats are sold as a fundraiser thru the end of February for \$10 each. The group recently presented the library with \$1,300 from the proceeds of the last hat sale, which is the most funds ever raised.

The group welcomes donations of yarn and knitting and crocheting supplies.

Donations can be dropped off at the Long Hill Township Library any day during business hours.



Photo by David J. Kaplan

(above) Long Hill Township Library features items made by the Gates Avenue Knitters are for sale as a fundraiser for the library.

### **CONSTANTIN BELLMANN EARNS GOLD MEDAL**

#### Warren Township Public Schools

Constantin Bellmann, a 7th grader at Warren Middle School was recently recognized by the New Jersey Speech & Debate League (NJSDL) for earning the Gold Medal of Excellence in Themed Prepared Prompts in the online Festival for Hispanic Heritage Month.

Bellmann chose to take part in the rigorous public speaking event where he had to choose a prompt, research the meaning, write and memorize an original speech, and submit a video for judging.

Bellmann selected a quote from Mexican-American musician Carlos Santana. "There's a melody in everything. And once you find that melody, then you connect immediately with the heart. Because sometimes English, or Spanish, Swahili or any language gets in the way. But nothing penetrates the heart faster than the melody."

Bellmann highlights Santana's ability to create music and share stories from the heart while transcending language and cultural barriers and being widely known worldwide.

In his speech, Bellmann identifies with Santana's sentiments and believes music is a universal language that he, too, can feel deep within his heart. He emphasizes that music can make a moment timeless.

"In our world today, miscommunication can often lead to conflict, and communication is often hindered by linguistic differences," stated Bellman. "I believe that music can become a unifying force. Music has always allowed me to connect with people from different backgrounds, cultures, and experiences."

"The Warren Middle School community is very proud of Constantin," Dr. Susan Cooper, E2 Teacher, shared in a letter to the Warren Township Schools administration. "Constantin was the only WMS student in a competition of over 100 middle and high school students from around the globe (mostly NJ). We feel very fortunate to have students like Constantin who find enjoyment in academic enrichment opportunities and who take them to the highest

level of effort and enthusiasm."

Cooper also credits Public Speaking Teacher Mrs. Christine Cirrotti for helping Bellmann achieve success by working with him to prepare for the competition.

Bellmann plans to continue participating in Academic Challenges and appreciates his teachers' support. "Last year was my first experience with forensics. Dr. Cooper and Mrs. Cirrotti took us to a speech competition at Union Catholic High School. I enjoyed preparing for it but was not thrilled with my personal end result. I knew I had two choices: to give up on speech competitions or take advantage of any

(above) Warren Middle School grade 7 student Constantin Bellmann earns the Gold Medal of Excellence from the New Jersey Speech & Debate League (NJSDL).

Photo by Warren Township Schools

opportunity in the future to grow and learn and get better. When this opportunity came along, I jumped on it. I was immediately drawn to the quote on music because that is another passion of mine. The research and writing of the speech was the easy part. Memorizing and delivering it with emotion took practice. Dr. Cooper and Mrs. Cirrotti were so generous with the extra time they spent helping me prepare, record, and submit my final speech. I really couldn't have done it without them. This is just one example of all the amazing offerings of the E2 program at WMS. I am really glad that the teachers support us in participating in enrichment opportunities."







- Nearly 25 Years of Experience
- We Are Insured & Bonded
- License #10968

#### ELECTRICAL CONTRACTORS YOUR AFFORDABLE ELECTRICIAN

- ELECTRICAL RENOVATIONS
- GENERAL ELECTRICAL WORK
- (908) 604-8118 BASKING RIDGE, NJ 07980
- LIGHTING FIXTURES
- (973) 377-9999
- CERTIFIED GENERATOR INSTALLATION MADISON, NJ 07940

5% SENIOR DISCOUNTS ARE AVAILABLE



- In-person and Online Lessons
- Regular classes at 27 Bleeker St., Millburn, NJ
- Rated Chess Tournaments
- Search us on YouTube: Chess Party

908-416-1695

Visit our website for details and placement test!

ChessInMillburn.com

chessinmillburn@gmail.com





YouTube at FLCNJAV We practice an open Communion table - All are welcome!

# Marketing Toolbox

Renna Media offers a full range of marketing services, in print and online, hyperlocal to regional, for every budget and market size.

### **NEWSPAPER ADVERTS**

We mail 160,000 newspapers to every home and business in 24 towns. You can advertise in any number of towns. Ads start at \$60.

### **FULL COLOR PRINTING**

We print flyers and menus, full color, two sided, on coated stock for only \$45 per thousand.

### **DIRECT MAIL**

Insert your flyer into the newspapers and get it mailed to every home and business for \$60 per thousand and as low as \$30 per thousand for higher quantities.

### **ONLINE MARKETING**

Online ads and press releases designed and placed to drive traffic to your website and get your phone ringing.

#### **SOCIAL MEDIA**

We can design and/or manage your social media campaign from passive to aggressive plans customized to work within your budget.

## WEBSITE AND SEO SERVICES

Start with an audit/analysis of your website giving you a report and recommendations for \$250.

It is highly recommended to have a marketing plan and budget before spending.

CALL JOE RENNA FOR A FREE CONSULTATION. 908-447-1295

## RENNA MEDIA NEWSPAPER RATE SHEET WE MAIL 160,000 NEWSPAPERS MONTHLY!

Tina Renna 908-418-5586 • tinarenna@rennamedia.com Joe Renna 908-447-1295 • joerenna@rennamedia.com 202 Walnut Avenue, Cranford, NJ 07016





Qty: 4,700

Zip:07922



Zip: 07928









tanwood







Qty: 2,500 Zip: 07027



Zip: 07066

Qty: 3,000 Zip: 08812



Qty: 3,500 Zip: 07033



Zip: 07208 Section of Elizabeth, NJ

Qty: 17,900 Zip: 07036



Zip: 07023

Qty: 3,500 Zips: 07933, 07946, 07980



Qty: 6,300 Zip: 07940



Qty: 2,900 Zip: 07092



Qty: 5,100 Zip: 07974



Qty: 13,000 Zip: 07065

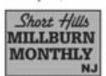


Qty: 5,600 Zip: 07204



Qty: 9,400 Zip: 07076

estfield



Qty: 8,200

Zips: 07041

07078



Qty: 9,600 Zip: 07901



Qty: 6,800 Zip: 07083 (partial)



Qty: 6,200 Zip: 07059



Monthly

Qty: 2,700 Qty: 11,800 Zip: 07069 Zip: 07090

	NEWS	PAPI	ER AI	RAT	E
--	------	------	-------	-----	---

nit	5	5	4ZC	TOWN
1	Unit (Business card)	3.25° x	2"	\$60
2	Units 6.5° x	2" or 3.25" x	4"	\$100
4	Units 3.25° x	8° or 6.5° x	4	\$180
6	Units 6.5° x 6.2	5° or 10° x	4"	\$240
9	HALF PAGE 6.5° x	9° or 10° x	7"	\$320
12	Units	10° x	8"	\$360
18	FULL PAGE	10° x	14"	\$400
-P/	AGE SPREAD	21" x	14"	\$700
3AC	CK PAGE	10° x	14"	8500
RC	ONT PAGE BANNER	8.25° x	2"	\$320
RC	ONT PAGE BOX	1.5° x	1.5"	\$240
				_

Rates are per month. Artwork included in price. Newspapers are black on white

N	3 TOWNS	6 TOWNS	9 TOWNS	12 TORXS	15 TOWNS	18 TOWNS	21 TOWNS	24 TOWNS
60	\$150	\$250	\$350	\$400	\$450	\$500	\$550	\$600
00	\$250	\$400	\$500	\$600	\$700	\$800	\$900	\$1000
80	\$450	\$700	\$900	\$1100	\$1300	\$1500	\$1700	\$1900
60	\$600	\$900	\$1200	\$1400	\$1600	\$1800	\$2000	\$2200
20	\$800	\$1000	\$1300	\$1600	\$1900	\$2200	\$2400	\$2700
60	\$900	\$1200	\$1500	\$1800	\$2100	\$2400	\$2700	\$3000
00	\$1000	\$1400	\$1800	\$2200	\$2500	\$2800	\$3000	\$3400
00								

PREPAY 6 MONTHS AND GET 1 MORE FREE PREPAY 12 MONTHS AND GET 3 MORE FREE

de cover, front page banner and front box reserved on first-come, first-served basis. Current advertiser has right of first refusal.

Make Checks payable to Renna Media, 202 Walnut Avenue, Cranford, NJ 07016





**PAINTING • CARPENTRY ROOFING • LANDSCAPING** 

INTERIOR / EXTERIOR 973-762-6333

> Fully Insured: Workers' Comp & Liability NJHIC# 13VH6449500



CARPENTRY/GUTTERS 973-762-6332

> Fully Insured: Workers' Comp & Liability NJHIC# 13VH11964900

# Our floor-to-ceiling renovating team... is in the Neighborhood?



### ROOFING

Roof Replacement **Gutter Installation** 



### **CEMENT/STONE**

Masonry Hardscaping



### **PAINTING**

Interior & Exterior **Deck Refinishing** Floor Refinishing



### RENOVATIONS

Additions Attic & Basement Remodel Kitchen & Bath Remodel



### CARPENTRY

Deck Building Millwork Floor Installation Cabinet Installation



VISIT OUR WEBSITE

& REQUEST A QUOTE

Scan Me



WilbersHomeImprovements.com

### **COMPASS**

COMPASS RE IS PROUD TO CONGRATULATE

The Cherie Berger Team

#1

### Real Estate Agents In Warren & Watchung

For Total January 1, 2023 - October 20, 2023 Combined Sales Volume\*

We thank all of our friends and clients for their trust and support of the Cherie Berger Team





#### Cherie Berger Team

Licensed Real Estate Salespersons cheriebergerteam@compass.com M: 908.410.0931 | O: 973.310.6816 Cherie Berger has earned the Platinum Level 13 Years in a Row.

