

"An Old-Fashioned Christmas" at the Oswald J. Nitschke House (49 S.

21 Street), visitors will have an opportunity to meet and take photos with Santa from Victorian times, tour the c. 1880 home authentically

decorated for the holiday, view exhibits, enjoy favorite holiday tunes sung by the Christmas Matters Holiday Carolers (dressed in Dickens-

style attire) and visit the site's Christkindlmarkt featuring handcrafted

items, baked goods and other holiday treats. Tours will be offered in English and Spanish. The Kenilworth Education Association PRIDE

Committee is generously sponsoring the carolers' performance. Admission to the Dec. 3 event is free. Visitors are invited to bring, for the Nitschke House Cultural Heritage Tree, an ornament labeled with their family name and heritage. Shown here from last year's holiday celebration are Victorian Santa with the Christmas Matters Carolers and Santa with some of the many children who visited the Nitschke House during the event. Further details about this year's celebration and other events will be posted on the Kenilworth Historical Society's Website

kenilworthhistoricalsociety.org and on Facebook.

Published by Renna Media, LLC. On-line at RennaMedia.com

Issue 191 · December 2023

GROW YOUR BUSINESS

KENILWORTH HISTORICAL SOCIETY HOLIDAY OPEN HOUSE During a Sunday, Dec. 3 (12-5 p.m.) Holiday Celebration Featuring

Place your ad in this space and be in every mailbox in town!



908-418-5586 ECRWSS

CALL FOR DETAILS

PRSRT STD U.S. POSTAGE PAID BRIDGEPORT CT PERMIT NO. 390



POSTA

ENIL



Courtesy photo

Full Color Flyers and Menus Printed and Mailed to Every Home and Business in Town!

LARGE MENUS - PRINTING - \$85 PER THOUSAND 11"x17" / Full color / 2 sided / 60lb gloss coated stock / Includes folding FLYERS / BROCHURES - \$45 PER THOUSAND 8.5" x 11" / Full color / 2 sided / 60lb gloss coated stock / Tri-fold add \$10 per thousand **INSERTED AND MAILED TO EVERY HOME AND BUSINESS** \$60 per thousand. (as low as \$30 per thousand depending on quantity.) Joe Renna at 908-447-1295 - email: JoeRenna@RennaMedia.com







202 Walnut Ave., Cranford, NJ 07016 Kenilworth Business Life is published by Renna Media. 3,500 newspapers are printed monthly and mailed to every business and resident in Kenilworth, NJ. Although great care has been taken to ensure the information contained within is accurate, Renna Media assumes no liability for errors or omissions.

©2023 Contents of this newspaper cannot be reproduced without written consent from Renna Media LLC.

SEND US YOUR NEWS

Do you have a community service that you need help publicizing? Did you or someone you know accomplish something amazing? We are interested in hearing about your latest achievement (honor, award, etc.), send us your news! Email: editor@rennamedia.com

ADVERTISING Joe Renna: 908-447-1295 joerenna@rennamedia.com



Find us on online: rennamedia.com facebook.com/ Kenilworth Business Life

COPING WITH LOSS DURING THE HOLIDAYS

culture, especially at the holidays. We are supposed to have a Happy Thanksgiving, a "merry little Christmas" or a Happy Hanukkah. But grief doesn't take a holiday.

Imagine, A Center for Coping with Loss would like to offer support to those navigating the challenges of grieving during the holiday season and offer some coping strategies as well. On Thursday December 14th from 6:30-8 pm. Imagine will offer a workshop on Coping with Loss During the Holidays. The free workshop will be held at their center at 244 Sheffield Street in Mountainside and is open to adults and children grades 3 and older.

Imagine's Grief Educator, Connie Palmer, LCSW will present the workshop in English and Training and Education Director, Veronica Ortiz, LPC and Bilingual Program Manager, Sonia Nuñez will present the workshop at the same time in Spanish. Pizza dinner is available prior to the session beginning at 6:15 for those who sign up. Hot cocoa and cookies will be served as well.

If you are looking for support as you cope with a loss this holiday season, the staff at Imagine would like to help, and hope to see you at the workshop on the 14th.

Imagine is a 501c3 nonprofit that offers free year-round grief support groups for children ages 3-18 and young adults 19-30 who are coping with

There is so much pressure to be happy in our a loss due to death. Concurrently, support groups are available for the parents and guardians of the children in the groups and offered in English and Spanish. Imagine also offers grief and loss education and training to the community. For more information please contact Imagine at 908-264-3100 or info@imaginenj.org.



(above) If you're interested in attending the workshop presented in English, please scan the QR code or visit Imagine's website at

imaginenj.org/education-training/communitywebinars/ to register. Registration is not required for the workshop presented in Spanish.

Now is the time to get heating system up to speed. CALL TODAY FOR ALL YOUR HEATING, AIR CONDITIONING, AND FUEL NEEDS 908-760-0583

Now is the time to get your heating sytem ready for winter. If your heating system is over 15 years old, you may want to consider a more efficient replacement. Avoid last minute emergencies before the freezing weather hits. Let the experts at Woolley evaluate your cooling and heating needs and provide you with a FREE no obligation estimate. We are a full-service installation, maintenance, and repair company. In need of a tune-up? We provide that too, along with Woolley Extra Care Service Plans.



WOOLLEY'S PROUD PARTNERS





m WEIL·McLAIN



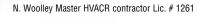
ICIOISSA TRISICIONE

Soil Our Oi

We will continue to offer the same great service delivered to REEL-STRONG customers. The addition of REEL-STRONG represents an exciting opportunity for WOOLLEY to do more for our customers. You will still find the same reliable technicians and office staff from REEL-STRONG now at WOOLLEY HOME.

NEW RHEEM HEATING OR

AIR CONDITIONING SYSTEM Expires: 12/31/2023. May Not Be Combined With Other Offers



10 OF

Woolley Home Solutions is a family-owned and operated company providing over 99 years of honest, high-quality service. Our mission is simple - to be your trusted,

total home comfort solutions provider.

Williamson

Call Today for a Free Estimate! 🔯 855.624.6655











ROOFING | SIDING | WINDOWS KITCHENS | BATHROOMS | BASEMENTS MASONRY | DECKS | PORCHES

Payment Plans WINDOWS \$209 BASEMENTS \$395 KITCHENS \$389 BATHROOMS \$199 ROOFING \$249 DECKSIPATIOS \$189 SIDING \$289 PORCHES/STEPS \$185

AS SEEN ON

EORGE

0% Plans Available! Estimated monthly payments. Rates & payments based on credit approval.

VIRTUAL MEETINGS ALSO AVAILABLE

Interior & Exterior Remodeling | Family Owned & Operated

100% FINANCING AVAILABLE | 30+ YEARS EXPERIENCE

NJDCA 13VH07755300

MagnoliaHomeRemodeling.com





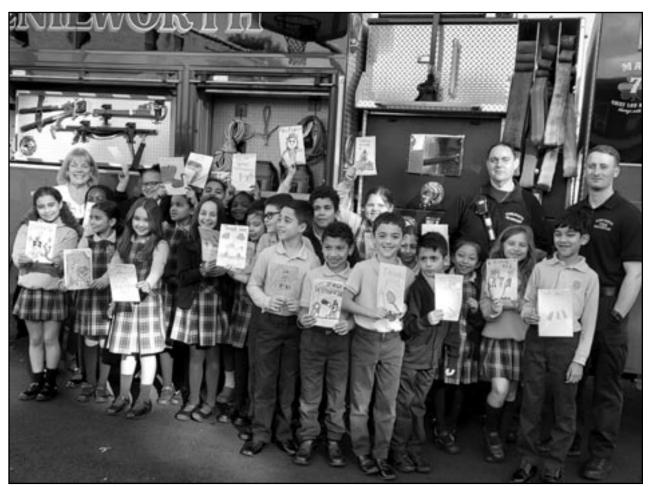
491 Boulevard, Kenilworth Unique items at discounted prices. 908-272-6659 discounted prices A&A Landscaping 908-276-4443 Shrub Installations and Privacy Planting

FIRE FIGHTERS VISIT STUDENTS

Smith and Carmen Giordano took the time to presented thank you cards to them.

The Kenilworth Fire Department visited St. help students understand the importance of fire Theresa School recently. Fire fighters Jimmy prevention. Mrs. Forfa and her 3rd grade class

Courtesy photo



It Pays to Go Ultra

Ultra Checking 4.20%Annual Percentage

on the first \$10,000¹

Ultra Savings Annual Percentage Yield

on balances from \$100,000 - \$1,000,000 ²

Rates current as of November 16, 2023. Rates are subject to change without notice. Fees could reduce earnings on the account. 1) Ultra Checking is a blended rate tiered account with dividends paid on portions of your balance falling within designated tiers: \$0.00 - \$1,000.00: 4.20% APY; \$1,000.01 - \$5,000.00: 4.20% APY; \$5,000.01 - \$10,000.00: 4.20% APY; \$10,000.01 - \$15,000.00: 4.20% APY; \$15,000.01 - \$25,000.00: 2.78% - 1.67% APY; \$25,000.01 - \$50,000.00: 1.67% - 0.84% APY; \$50,000.01 and above: 0.84% - 0.02% APY. \$1,000 minimum balance to open. There is a \$1,000 minimum daily balance requirement to avoid a \$15 monthly maintenance fee. The monthly maintenance fee can also be avoided based on a direct deposit of \$750 or greater into the Ultra Checking account during the statement cycle. Limit of one Ultra Checking account per tax identification number. 2) Ultra Savings is a blended rate tiered account with dividends paid on portions of your balance falling within designated tiers: \$0.00 - \$100,000.00: 5.25% APY; \$100,000.01 - \$250,000.00: 5.25% APY; \$250,000.01 - \$500,000.00: 2.60% APY; \$2,000,000.01 - \$5 \$2,000,000 \$1,00 3.2370 0.52% APY. \$100,000 minimum balance to open. There is a \$100,000 minimum daily balance requirement to avoid a \$100 monthly maintenance fee. Limit of one Ultra Savings account per tax identification number.

ne Atlantic Federal Credit Union

Get started at TheAtlanticFCU.com, call us at 908-245-1750 or visit us at our branches in Union and West Orange.

Federally Insured by NCUA. Equal Housing Lender.



HOLIDAY MAGIC AT THE HOPE CHEST

The Hope Chest Thrift Store, located at 26 Prospect Street in Westfield, is outfitted for the Holidays! The store welcomes shoppers in with an array of beautiful holiday items. There will be holiday table linens, glass and dishware, serving pieces, centerpieces and wreaths. For a Christmas tree the store will be offering lights. garlands, and ornaments. In our book and CD section there are many options for children or adults.

For the man of the house the store maintains a wonderful selection of slacks, jeans, sweaters, sports jackets, suits, and outerwear that will outfit him for the chilly weather and perhaps that special holiday party. Women can choose anything from casual clothes to a glittering gown or dress. To accessorize there is a selection of beautiful earrings, necklaces, and bracelets. Dress and casual shoes along with boots will complete the look. Add one of our many pocketbooks and clutches and you are all set!

Be sure to check out our sales promotions which change weekly.

The Hope Chest is open Monday through Saturday from 10:00 a.m. to 4:00 p.m. and gladly accepts donations of new or gently used items on Tuesday and Saturday. The store is manned totally by volunteers and all of our profits go to support the Center for Hope Hospice and Palliative Care in Scotch Plains. To volunteer at the store or to enquire about joining the Center for Hope Hospice Auxiliary please call the store at 908-233-9973 or stop in and speak with one of our volunteers. We always welcome new members.

BLUE CHRISTMAS PRAYER SERVICE

The Church of the Little Flower will be hosting a Blue Christmas prayer service on Sunday, December 10 at 3 p.m. The service will be held in the Bernauer Parish Center, 290 Plainfield Avenue in Berkeley Heights.

Many of us feel down or depressed this time of year, whether due to stress, financial issues, broken relationships, death of a loved one, or may be looking for a brief respite from the hustle and bustle of the season.

The Bereavement Ministry of the Church of the Little Flower invites anyone from the parish or any faith community to attend our service where we can pray for renewed strength and hope and experience the presence of the Lord.

Light refreshments will be served afterward. For further information, you may call the parish center at 908-464-1585 and ask for Dan Grossano or email bereavement.lf@gmail.com.



THANK YOU VETERANS

St. Theresa School in Kenilworth presented you notes to be distributed at the VA home for Robert E Jeans Sr., Commander of Veterans of veterans.

Students in Mrs. Keating's 2nd grade class at Foreign Wars Post 2230, some handwritten thank



TO RECEIVE YOUR FLU VACCINATION You care, we care. ADULT & PEDIATRICS MEDICAL Primary Care FORMS & Urgent Care Facility Services. WORK Patient physicals SCHOOL In-house testing COLLEGE Pediatrics Treatment of illnesses Minor injury procedures Vaccination and immunization Women's wellness Cold and flu treatments & MUCH MORE WALK-INS AND IMMEDIATE APPOINTMENTS AVAILABLE Primary Care / Urgent Care · Most Insurances Accepted HOURS: MONDAY TO FRIDAY 10 TO 8 / CALL FOR SATURDAY AND SUNDAY HOURS 908.280.9600



INFO@NJUCARE.COM 141 Chestnut Street Roselle Park, NJ

LAB TESTING / FAST AND RELIABLE RESULTS ----

WHAT WHERE AND WHEN IN OLD KENILWORTH MILITARY COUPLES WHO SERVED OUR NATION, PART 2

This is Part 2 of a two-part series featuring residents who as husband and wife or as brother and sister served in the military. All presented were honorably discharged. If you know of others, please contact this author. Residences indicated are still standing.

THE CONKLINS (brother/sister): William "Billy" and Mary Elinore Conklin lived with their parents, old time Police Chief George Conklin and wife Anna, at 215 N. 21st St. They both graduated from Jonathan Dayton Regional H. S., Springfield.

Billy served as a test pilot for the US Navy from 1942 to 1946. In 1946 he married neighbor Helen Clare Lohmann and later built a home at 540 Monroe Ave. They had two children, Bonnie (Pontin) and William, Jr. After WWII he served for 30 years as a Newark International Airport air traffic controller. He teamed up with fellow Kenilworth WWII veteran Raymond Scheuerer, a professional photographer. With Billy piloting and Ray with camera in hand, they took many invaluable historic aerial photographs of Kenilworth. Billy died in 1990 at age 67 while a resident of Franklin Twp. He is buried in the Fairview Cemetery, Westfield.

His sister, Mary Elinore, served in the Women Accepted for Volunteer Services, aka the WAVES, of the US Naval reserves. She was stationed in New England. She attained the rank of lieutenant, j. g., the highest military rank ever achieved by a Kenilworth woman during wartime. After the war she worked as a stenographer and married M. T. "Marty" (Manness Tremlet) Martin. They had two sons, Jeffrey and Thomas. She died in 1954 at the young age of 32 while a New York City resident. She, too, is buried in the Fairview Cemetery.

THE PATERSONS (brother/sister): In 1929, Adolf and Edith Paterson, nine and ten years old respectively, came to Kenilworth from Elizabeth with their parents, Charles and Ingeborg. The family lived at 25 S. Michigan Ave. and later at 42 N. 23rd St. Their 23rd St. home was moved in



(above, l-r) William Edw. Conklin, 1942, Mary Elinore Conklin Martin Source: Bonnie Conklin Pontin

the mid-1960s to what is now 509 Washington Ave. Adolf and Edith attended Roselle Park H.S., from which Edith graduated, but Adolf graduated from the then new Jonathan Dayton Regional H.S., Springfield, where he spent his senior year.

Adolf became a partner in the Charles Paterson Flooring Co., established by his father, which was located across from their Michigan Ave. home. He began his WWII service in 1942 which included being an infantry paratrooper in the 101st Screaming Eagles. He attained the rank of 2nd lieutenant in the Army Air Corps. Heavily decorated, he saw combat at the Rhine River and was in the Times Square Victory Parade of January 12, 1946. In 1947 he married Mary Jane Andy. They had seven children. Adolf passed away in 2020 in a South Jersey retirement community at age ninety-nine and a half. He is buried in the Brigadier General Wm. C. Doyle Military Cemetery in Burlington Co.

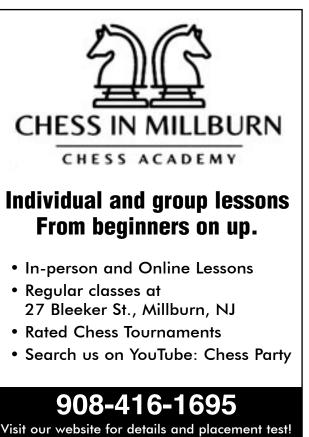
In 1943, while a beautician, Edith enlisted in the Women's Army Corps, aka the WACS. At war's end she was a corporal and received the Bronze Service Star. She later was employed as an oil refinery typist and bookkeeper, and finally as a postal clerk. Edith remained single. She died in FL in 2019 at the age of 97 and is buried in the Fairview Cemetery.



(above) Edith and Adolf Paterson, 1943. Source: Family

Research provided by Walter E. Boright, Ed. D., historian, and Historic Signs, Inc. including data from family members. Persons with inquiries about this or other Kenilworth history topics may contact Dr. Boright at drbori@aol.com or 908-256-5200.





ChessInMillburn.com chessinmillburn@gmail.com

Kenilworth Life · Page 8 · December 2023 BLUE ENVELOPE POLICE PROGRAM FOR RESIDENTS ON SPECTRUM

The Kenilworth Police Department is proud to participate in Union County's Blue Envelope Program which is geared towards fostering inclusivity and promoting safer interactions between law enforcement officers and individuals with Autism Spectrum Disorder (ASD). Blue Envelopes are available at our police headquarters.

The Blue Envelope Program is accessible to all Union County residents on the Autism Spectrum. Residents can obtain a Blue Envelope at their local police departments throughout the county.

The Blue Envelope Program introduces a simple yet effective tool that contains essential information for drivers with Autism Spectrum Disorder. This includes a copy of their driver's license, vehicle registration, insurance details, and an emergency contact card. Additionally, the envelope provides clear instructions to drivers on

The Kenilworth Police Department is proud to how to navigate a traffic stop and interact with rticipate in Union County's Blue Envelope law enforcement officers in a manner that ogram which is geared towards fostering promotes clarity and safety.

Key features of the Blue Envelope Program include:

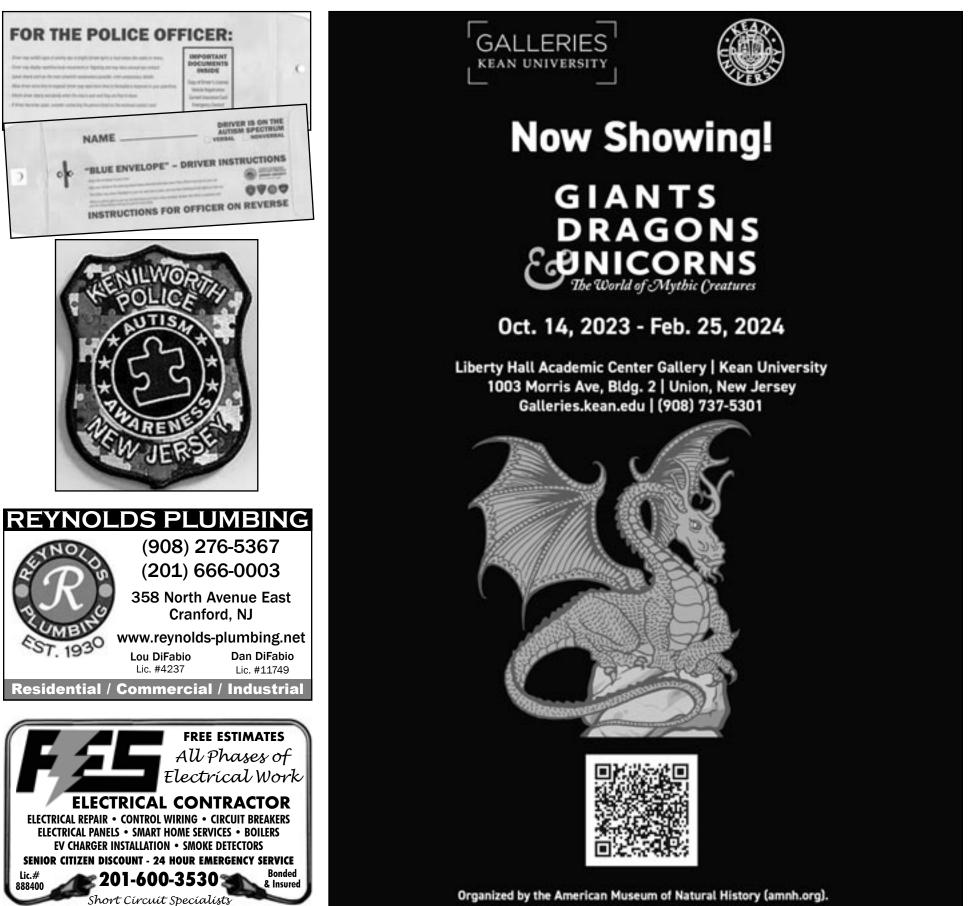
- Specialized Training: Every officer in Union County, including local officers in all 21 municipalities, will undergo specialized training to develop a deeper understanding of Autism Spectrum Disorder and the best practices for engaging with individuals during traffic stops.
- Communication Facilitation: Drivers with Autism Spectrum Disorder can present the blue envelope to the officer upon being stopped, allowing officers to quickly recognize the situation and adapt their approach accordingly.
- Essential Information: The envelope includes guidance for officers to simplify requests and

minimize the risk of misunderstandings or potential escalation. Additionally, officers are advised to contact the person listed on the emergency contact card for assistance if needed.

• Verbal or Nonverbal Indication: A checkedoff box on the envelope indicates whether the driver is verbal or nonverbal, which aids officers in communicating effectively.

"Every single police department in Union County is proud to be a part of this initiative," said Elizabeth Police Chief Giacomo Sacca and President of the Union County Police Chief's Association. "Our officers have undergone thorough briefings and trainings to ensure they are well-versed in the proper protocols, and they are eager to put their training into action."

For information on this program in your town, contact your local Police Department's Community Outreach Unit.







(above) In 2013, Mayor J. Christian Bollwage administers the oath to promote Giacumo "Jim" Sacca to the rank of Captain in the Elizabeth Police Department as Jim's mother, Maria is holding the Bible.



Toyota Camrys and Lexus Toyota Camrys Toyota Camry Toyota Camrys Toyota Camr

1

10

\$20 off \$100 (before tax)
 One coupon per customer. Can not be combined with any other offer.
 3614 Kennedy Road South Plainfield, NJ 10 am to 4 pm – 7 days a week (closed Thanksgiving Day)

UNICO SCHOLARSHIP TO BROGAN DOUGHERTY

Submitted by Nino Quaglia, President, Elizabeth Chapter of UNICO

Each year, UNICO sponsors a Dinner Dance that honors an Italian American who exemplifies the ideals of UNICO. UNICO, which stands for Unity, Neighborliness, Integrity, Charity, and Opportunity, has as its' motto, "Service Above Self." The 2023 honoree is Giacomo "Jim" Sacca, currently the Chief of Police for the City of Elizabeth.

The 2023 UNICO Scholarship recipients were also recognized at the dinner which took place Sunday, October 29 at Galloping Hill caterers in Union, NJ. Students who received this year's scholarships are Brogan Dougherty of Kenilworth's David Brearly High School and Andrew Guarino attending Seton Hall Prep. The Brian Piccolo award went to Anthony Malta attending Scotch Plains- Fanwood High School.

Jim Sacca is the highest-ranking officer in the police department, responsible for all police operations. Chief Sacca has twenty-eight years of experience as a police officer and agency supervisor. Chief Sacca served as a supervisor in the uniformed services and investigative bureaus of the police department. Before earning his role as the agency administrator, Chief Sacca served as the Commanding Officer of the Emergency Service Unit, Patrol Division, Narcotics Unit, and Training Division. Chief Sacca's current responsibilities include the management of daily operations, strategic planning for the agency, and ensuring the resource needs of the 365 sworn members of the department.

Chief Sacca is an alumnus of the United States

Naval Postgraduate School with a Master of Arts in Security Studies, Homeland Security and Chief Sacca completed Defense. his undergraduate studies at Thomas Edison State University, achieving a Bachelor of Science in Security Homeland and Emergency Management. He also has a certificate in Public Safety Liability Mitigation, Risk Management from Richard Stockton University. In 2021, Chief Sacca completed the Certified Public Manager Program at Rutgers University.

Chief Sacca is the current President of the Union County Police Chief's Association. Chief Sacca serves as the Superintendent of the John H. Stamler Police Academy and the Chairman of the Union County Law Enforcement Officer Memorial project. Chief Sacca is a member of the Board of Trustees for the 313 Ancestor's Speak Project. Chief Sacca also serves as an Executive Board Member of the Italian American Police Society of New Jersey and is a Commissioner for the New Jersey State Chief's of Police Accreditation Board. Chief Sacca has been a proud member of UNICO for over twenty years.

The Elizabeth Chapter of UNICO is committed to supporting various organizations such as Cooley's Anemia, The Arc of Union County, Center for Hope Hospice & Palliative Care, Occupational Center, Elmora Youth League, Scholarships for Italian American Collegian Students, and many other charitable organizations, who desperately rely on our donations to continue their services.



THINKING ABOUT RELOCATING? ATTEND OUR EXCLUSIVE REAL ESTATE EVENT.



The Nation's Largest Real Estate Exhibition

Discover the best places to live. View top lifestyle communities at one convenient location.

Florida, Tennessee, North Carolina, South Carolina, Delaware, Georgia New this year: Portugal and Greece



Sat: 10am-4pm & Sun: 11am-3pm

EXHIBITS, SEMINARS, DISCOVERY TRAVEL AND MORE!

AT THE SHOW, YOU CAN...

- View community exhibits, talk personally with area representatives & home builders.
- Compare many of the best places to relocate, or retire, all at one convenient location near you.
- Discover top destinations that afford a high quality of life, yet very low taxes.
- Explore lifestyle communities: active adult, golf, gated, 55+, coastal, waterfront, boating & more.

Attend Updated Presentations:

- How to Choose Your Ideal Place
- The Martini Theory with Doug Terhune
- Selling Your Home in Today's Market
- Live Your International Lifestyle



RSVP For Express Check-in, Exhibit Floorplan & Complimentary Relocation Guide ideal-living.com/RM

Questions: 800-736-0321

HONORING THOSE CURRENTLY SERVING: PETTY OFFICER JUAN MARTINEZ



(above) Petty Officer Juan Martinez, David Brearley Class of 2016 is currently serving in the U.S. Navy. Courtesy photo



Or . . .

Then call . . .

For an appointment today!

You would like to improve your smile

will provide all your denture needs.

Submitted by Michael T. Naya, Jr.

Kenilworth resident Petty Officer Juan Martinez, David Brearley Class of 2016 is currently serving in the U.S. Navy as an administrator for facility operations at Norfolk Naval Station. Growing up he attended David Brearley High School where he played four-year varsity soccer and was a member of the 2013 and 2015 state championship teams. Following graduation, he continued to work for Blanc Noir Event Group, a DJ company in northern New Jersey where he worked since 2012. Juan enlisted in the U.S. Navy in May, 2019 and left for boot camp at Great Lakes, Chicago on August 19, 2019. When asked why he enlisted he stated,

"I enlisted because I always wanted to serve either my country or community. Whether it was law enforcement, the military, or any other capacity. I love to travel and see different things. The military was the best fit for me since it was a place where I can serve my country, travel the world, and see so many different things."

After bootcamp Juan was sent to Pensacola, Florida where he learned to become an ABH (Aviation Boatswain Mate Handler). After completion of his studies, he boarded the USS Dwight D. Eisenhower (CVN-69), also known as "IKE." He reported aboard the IKE on December 15, 2019, and fifteen days later received his first deployment. He commented,

"I was super excited and eager to get started and see the world, I was in for a rude awakening. Little did I know Covid came and ruined everything. We spent 206 days out at sea straight with no port calls and it turned into the longest deployment in carrier history. After being stationed on the Ike for three years I took my talents to shore duty. I am now currently stationed at Norfolk Naval Station running facility operations for the entirety of the base. Norfolk is known for being the biggest naval base in the world."

When asked about his duties as an Aviation Boatswain Mate Handler he commented,

"An aviation boatswain mate handler works on

the flight deck of an aircraft carrier. If you have ever seen the movie Top Gun or Top Gun Maverick, I'm the one that wears the yellow shirt and direct aircraft. It's said that it is the second most dangerous job in the military with the first being on the frontline of war. They say that because you need to always keep your head on a swivel especially at night. If someone turns an F-18 jet on and you're not paying attention, you can get blown overboard. We work fourteen- or sixteen-hour days especially when we are flying in the 5th fleet but it's an amazing, rewarding, and super-fun job."

Juan also commented on what it means to serve his country. He stated, "Serving my country to me means being a part of the 1% of Americans that make up the military. It means being part of a select few who are willing to sacrifice everything to support and defend our democratic republic for better or worse."

When asked if he keeps in touch with anyone in Kenilworth he stated, "I keep in touch with many people from back home. Every time I return home, I make it a mission to stop by the rec center and see my second family Pat and Kristin. I worked for them various summers and it was nothing but amazing. What they do for the community is tremendous and I wanted to be a part of that the minute I became of age. Alongside them I keep in touch with some of my old teammates from my 2015 championship team."

Juan has three siblings, two of whom are currently attending Kenilworth public schools. His siblings include Hector Tiru, a freshman at David Brearley High School, Arianna, a third grader at Harding Elementary, and his sister Jessica, a 7th grader who lives in Florida with Juan's father. Part-time he works for a barbershop in Norfolk called Talento Latino Barbershop. When he is not busy working, he enjoys spending time with his family and grilling in the backyard.

This is part V of an ongoing series honoring those currently serving in the U.S. military from Kenilworth. If anybody knows of those currently serving, they should contact Michael T. Naya, Jr. at 732-986-7768.





RELIEF FROM CHRONIC KNEE PAIN FDA Approved Treatment to Avoid Surgery

DON'T BLAME THE ARROW FOR MISSING THE TARGET

Just like tens of millions of other Americans, you were looking for relief from your chronic knee pain. You thought Viscosupplementation injections might be the answer, but the results were disappointing and painful. Don't assume the treatment wasn't right. That could very well be like blaming the arrow for its path to the target when the problem might be the archer. If you didn't get the pain relief you were hoping for, chances are your injection treatment was off target. Unlike blind injections or even ultrasound targeted treatments found elsewhere,

Northeast Spine & Wellness Center uses diagnostic fluoroscopy to make sure the area that needs treated is the exact area where the injection goes. This is the most advanced method of delivering this pain relieving treatment with 95% accuracy to give you the results you're looking for. The use of Fluoroscopy guided injections sets Northeast Spine & Wellness Center apart. The end result is you living pain free from your

chronic knee pain. You can avoid the lengthy and painful road of knee replacement surgery. You can avoid the endless trial and error assortment of potentially addictive prescription medications. This treatment, using fluoroscopy guided injections has seen a success rate of above 85% in those suffering from knee pain related to osteoarthritis, and that includes people with bone on bone involvement. You've suffered from chronic knee pain long enough. Call Northeast Spine & Wellness Center now for a RISK FREE consultation.

If Knee Surgery Sounds Scary, It Should

Have you have been told you are facing knee replacement surgery? Have you been told about all the downsides you could be facing? First and foremost, there are NO guarantees that knee replacement surgery will be the answer to your pain, but let's look further:

Surgery is costly, regardless of the percentage of services covered by insurance. · Surgery requires lost time from work and typically requires a regimen of rehabilitation and medications

With surgery, there is always a risk for unwelcomed complications. And you could be back to where you started, or worse.

Medications will be required for relief from surgery and you have been down that road before. Addictions to these pain medications can cause

potential side effects, something you do not want to experience. Rehabilitation can take years.

Consider This Alternative To Surgery Northeast Spine & Wellness Center offers you a real opportunity

and a painless way to say goodbye to your knee pain without any surgery. Here are just a few of the important benefits you should consider?

 Diagnostic fluoroscopy accurately targets the pain, unlike blind injections. Guided fluoroscopic injections are virtually pain free, unlike blind injections.

No lost time from work or family.

No expensive or time consuming rehabilitation.

 No potentially addictive prescription medications Recovery time is almost instant, not months or years.

Do you Suffer from any of these Symptoms?

There are a number of reasons why you developed Osteoarthritis pain. It can develop with age or because of heredity. It could be from repetitive stress from a job or some glory days in athletics. Of course your concern is with the symptoms you face daily and how to make them end, hopefully without surgery or the use of potentially addictive medications. Northeast Spine & Wellness Center understands the symptoms you have been

living with and can help. If you have any of the symptoms below, please call us today. Relief is a phone call away.

· Pain - Whether it's a sharp aching or maybe a burning sensation, the pain can range from irritating to debilitating.

· Swelling - This can cause tenderness and soreness to the entire knee area, making walking or going up and down stairs painful, getting in and out of bed or bathtubs difficult and dangerous just name a few activities affected by swelling.

· Stiffness - Getting up out of bed or after sitting for a period of time gets more and more difficult. This loss of mobility can be more than a hindrance. It can be dangerous if you need to move quickly.

· Loss of muscle strength - This can lead to balance issues and the strong possibility of falling.

· Joint deformity - Not just unsightly, but painful as well. · Creaking Joints - Can be painful and a sign of more discomfort to come.

 Sleepless nights - Losing sleep over your suffering is not just irritating, but potentially dangerous because of so many other health concerns that can be affected by loss of sound sleep.



How Does This New Treatment Work? Relief begins almost as fast as it takes to pronounce the treatment. It's called Viscosupplementation Therapy. To begin with, it starts with Northeast

Spine & Wellness Center investing in the use of diagnostic fluoroscopy This enables them to target the exact location of your knee pain with pinpoint accuracy. What follows is a simple injection that causes little to no pain, especially when compared to what you may be living with daily. That explains what you will see on the surface of this revolutionary treatment. What's taking place below the surface is how and where the natural healing process takes place. The injection of a Hyaluronic acid called Hyalgan. This gel-like substance was approved by the FDA in 1996. Hyalgan is a natural substance that mimics the synovial fluid that is already produced by your body in your joints. Osteoarthritis sufferers in particular see a reduction in this much needed synovial fluid in their knee joints. Without that cushioning layer of protection, the cartilage in your knee can begin to wear away leading to the rubbing of bone on bone. Through Viscosupplementation Therapy, this natural substance immediately goes to work reducing the swelling and inflammation in the joint and adding a coating layer of protection. Think about Dorothy taking the oil can to The Tin Man. You'll begin to feel that same kind of relief and quite possibly feel like you're ready for a dance down the yellow brick road to recovery yourself. And with a success rate of over 85% in alleviating pain associated with osteoarthritis, it's easy to see why this treatment is so readily covered by Medicare and by most major insurance providers. Diagnostic fluoroscopy to target the pain, Viscosupplementation Therapy to relieve the pain. Simple, fast and no surgery!

Let Me Show You Targeted **Relief From Your Knee Pain**

Every day, I see patients suffering from knee pain due to arthritis, osteoarthritis, sports injuries or other conditions. Many have been told that they are in need of knee replacement surgery. Other patients say they have been prescribed various prescription medications to deal with the pain.

are patients that have tried viscosupplementation knee injections elsewhere and found it to be a painful and ineffective experience because the injections were not administered using fluoroscopic guidance. Instead of using the incredibly accurate diagnostic fluoros

copy we use at Northeast Spine & Wellness Center these patients experienced a blind injection technique, which can be as inaccurate as playing pin the tail on the donkey

Once I am able to explain to my patients about the pin point accuracy of using diagnostic fluoros copy and the amazing results viscosupplementation can provide, they are thrilled to get started They are even more thrilled when they feel the relief. Please contact Northeast Spine & Wellness Center today to schedule your RISK FREE consultation Call 732-827-0800

Scot Paris MD, FACS

Here's what our patients have to say

"I'm dancing without pain. I can more with no problem whatsoever. I can go up and down steps with no pain." - Patricia G.

"Over 85% relief for the first time in 15 years, suffering with knee pain. My life is getting hack to normal. - Perry O.

"After only four visits, i have absolutely no pain? The staff is "top-notch." » Quenton L.

MOST INSURANCES ACCEPTED - INCLUDING MEDICARE 1043 Raritan Rd., Clark, NJ 07066 Northeast www.nespinecenter.com Spine& PREMIER Call 732-827-0800 Wellness OSTEOARTHRITIS for your RISK-FREE Consultation! Center

ASSUMPTION CHURCH CHRISTMAS CONCERT

The Church of the Assumption in Roselle Park. in conjunction with Catholic Charities of the Archdiocese of Newark, is coordinating a Christmas Concert on Wednesday evening, December 6th @ 7 PM.

New Jersey's own Chris Pinnella and His Quartet will be performing an array of Christmas and Holiday Classics. Chris is a world class vocalist who has been compared to Josh Groban and Micheal Buble.

All proceeds from the concert will benefit Assumption Church and Catholic Charities.

Tickets in advance are \$20, and can be purchased via the Rectory or by visiting assumption23.givesmart.com Tickets at the door will be \$25.

Sponsorships are also available.

For more information contact Peter Ruccione (a) 973-818-4060. pruccione@ccannj.org



- Video Tape Transfers
- DVD & Flash Drive Duplication
- High Speed Photo & Slide Scanning



locally owned since 1984

www.vdsnj.com facebook.com/vdsnj email: ira@vdsnj.com 908-964-4004 406 Chestnut St. • Union, NJ 07083

Something else I see almost every day,

Marketing Toolbox

Renna Media offers a full range of marketing services, in print and online, hyperlocal to regional, for every budget and market size.

NEWSPAPER ADVERTS

We mail 160,000 newspapers to every home and business in 24 towns. You can advertise in any number of towns. Ads start at \$60.

FULL COLOR PRINTING

We print flyers and menus, full color, two sided, on coated stock for only \$45 per thousand.

DIRECT MAIL

Insert your flyer into the newspapers and get it mailed to every home and business for \$60 per thousand and as low as \$30 per thousand for higher quantities.

ONLINE MARKETING

Online ads and press releases designed and placed to drive traffic to your website and get your phone ringing.

SOCIAL MEDIA

We can design and/or manage your social media campaign from passive to aggressive plans customized to work within your budget.

WEBSITE AND SEO SERVICES

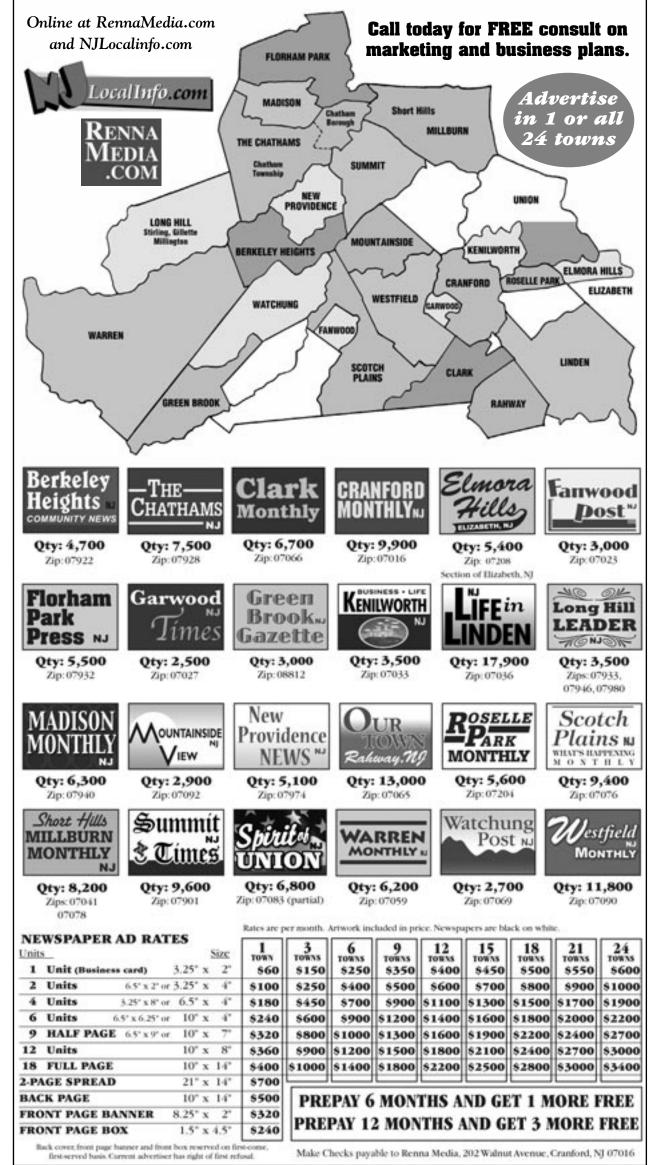
Start with an audit/analysis of your website giving you a report and recommendations for \$250.

It is highly recommended to have a marketing plan and budget before spending.

CALL JOE RENNA FOR A FREE CONSULTATION. 908-447-1295

RENNA MEDIA NEWSPAPER RATE SHEET *WE MAIL 160,000 NEWSPAPERS MONTHLY!* Tina Renna 908-418-5586 • tinarenna@rennamedia.com

Joe Renna 908-447-1295 • joerenna@rennamedia.com 202 Walnut Avenue, Cranford, NJ 07016



DECEMBER PROGRAMS AT KENILWORTH PUBLIC LIBRARY

Phone: 908-276-2451 • www.kenilworthlibrary.org/ • 548 Boulevard, Kenilworth, NJ 07033 Monday - Wednesday: 10 AM-5 PM; Thursday: 10AM–8PM; Friday: 10 AM-5 PM; Saturday: 10 AM-2 PM; Sunday: Closed

WEEKLY PROGRAMS:

Bingo For Children Mondays at 6:30pm – 7:00pm December 4, 11 & 18 Bingo games for children ages 3 & up

Lap Sit Tuesdays at 10:30am – 10:50am December5 & 19 Interactive stories and songs for ages 0 – 2

years old

PJ Story Time Tuesdays at 6:30pm – 7:00pm December 5, 12 & 19 Children are welcome to attend this story time program dressed in their pajamas and bring along a favorite stuffed animal for ages 3 & up.

Toddler Time Wednesdays at 10:30am – 10:50am December 6 Interactive stories and songs for ages 2 – 3

years old. Lego At The Library Thursdays at 3:30pm – 4:00pm December 7, 14 & 21 Build your own unique creations with Lego bricks for age 4 – 12 Fun Friday Crafts

Friday at 3:30pm – 4:00pm December 1 & 15 Ages: 4 – 9

Registration is required for each individual craft one week prior to each craft.

DECEMBER SPECIAL EVENTS

Registration is required for all special events. Kenilworth residents may register one week prior to each event. Out of town residents may register two days prior to each event.

Boogie Woogie Babies

Tuesday, December 12, 10:30am – 11:00am Interactive musical program will be presented by Tiffany Taylor for ages: 0- 4

Yoga Story Time

Wednesday, December 13, 10:30am – 11:00am Join us for stories and yoga poses for the youngest listeners and their caregiver. This program will be presented by Heather Valente for ages: 2 - 5. This program has been funded by The Friends of The Kenilworth

Public Library.

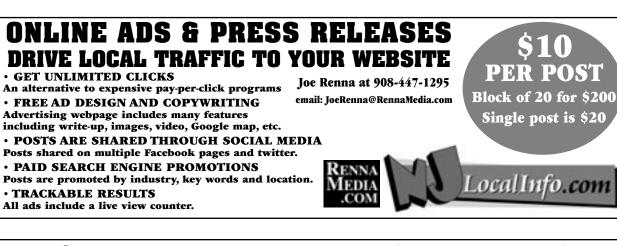
Good Tyme String Band

Wednesday, December 20, 10:30am – 11:00am.

All ages are welcome to attend and enjoy foot tapping knee slapping banjo music.



(above) Good Tyme String Band - Dec. 20



Full Color Flyers and Menus Printed and Mailed to Every Home and Business in Town!

FLYERS - \$45 PER THOUSAND Joe Ref 8.5" x 11" / Full color / 2 sided / 60lb gloss coated stock email: Joe Tri-fold add \$10 per thousand. Minimum order \$450 email: Joe LARGE MENUS - PRINTING - \$85 PER THOUSAND For quantities more than 50,000 cost is \$55 per thousand. 11"x17" / Full color /2 sided / 60lb gloss coated stock. Min. order \$850 Includes folding (quarter fold or tri-fold, with or without coupons tab) INSERTED AND MAILED TO EVERY HOME AND BUSINESS \$60 per thousand. (as low as \$30 per thousand depending on quantity.) Minimum order \$400 \$400



WEBSITE / SEO SERVICES

• STARTER WEBSITE: \$500

Basic static site that can be developed further • WEBSITE CREATION/UPDATE: \$2,400

Cost for average website: 12 pages, contact form, SEO friendly, responsive design

• WEBSITE HOSTING: \$300 PER YEAR

Includes website hosting, software updates, monthly website content updates • SEO SERVICES: AVERAGE COST \$1,000 - \$2,000 PER MONTH Custom tailored solutions: Google Ranking, Local SEO, Social Marketing

Call for free a consultation if you need

help developing an online marketing plan.

Call Walter at 201-478-7408 email: wwwinnj@gmail.com

STARTER

WEBSITE

\$500



(above) Tiffany Taylor - Boogie Woogie Babies - Dec. 12



(above) Heather Valente - Yoga Story Time -Dec. 13





Our floor-to-ceiling renovating team... is in the Neighbothood?



ROOFING

Roof Replacement Gutter Installation



CEMENT/STONE

Masonry Hardscaping



PAINTING Interior & Exterior Deck Refinishing Floor Refinishing



RENOVATIONS

Additions Attic & Basement Remodel Kitchen & Bath Remodel

VISIT OUR WEBSITE & REQUEST A QUOTE





CARPENTRY Deck Building Millwork Floor Installation Cabinet Installation

WilbersHomeImprovements.com