

Scotch Plains NJ

WHAT'S HAPPENING MONTHLY

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INAUGURAL EAST SECOND STREET BLOCK PARTY

Scotch Plains Township hosted the inaugural East Second Street block party and car show on Saturday, September 9, 2023. The event served as an opportunity to highlight the many great businesses along the business corridor. Racks of merchandise were displayed for sale, service providers ran free demonstrations, and restaurants offered specials and free tastings for customers.

(More photos on page 22)



(above, left) The Car show was hosted by George Withers Jr. of G-Wiz Auto Entertainment

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Photos from this and other events can be found online at rennamedia.com and on Scotch Plains Monthly page on facebook.com Feel free to "Like," "Tag," "Comment," and "Share."



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ITALIAN HERITAGE ESSAY CONTEST
CALLING ON YOUNG WRITERS - DEADLINE OCT 6

SPF UNICO

The Scotch Plains Fanwood chapter of UNICO is excited to announce an upcoming contest opportunity for local students in grades 5-8. The Columbus Day Italian Heritage Essay Contest is a chance for young participants to connect with their roots and explore their family history.

Open to Scotch Plains and Fanwood students of Italian descent, this contest is divided into two age groups: Grades 5 & 6 and Grades 7 & 8. Participants should focus the essays on their ancestors' immigration journey from Italy to America, their family history, and what their Italian heritage means to them.

The essay submissions should be between 1 to 3 pages, double-spaced, and emailed to spfunico@gmail.com by October 6. Entries will be evaluated based on their content, creativity, and connection to the theme. One winner will be chosen from each age group and awarded a \$100 prize.

The essay winners will be announced on October 14 at 10 a.m. during the annual Columbus Day Italian Heritage Event located at the Scotch Plains Town Hall Village Green, or inside Town Hall in case of inclement weather. Refreshments will be served following the ceremony. Contest participants need not be present at the Heritage Event but are encouraged

to attend.

The Columbus Day Italian Heritage Essay Contest provides an excellent outlet for Scotch Plains and Fanwood students to explore their heritage, express their gratitude for their Italian roots, and take part in a community event that recognizes their cultural identity.

UNICO is the largest Italian-American service organization in the USA, and the SPF chapter is celebrating its 50th year. To learn more about becoming a UNICO member or obtain additional information on UNICO events, please visit their official website at unicospf.org or email them at spfunico@gmail.com.



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COLLECTION FOR CHILDREN BATTLING CANCER

Submitted by Sue Baldani

The Scotch Plains Rescue Squad Auxiliary has chosen Kisses for Kyle for its annual service project. Kisses for Kyle is dedicated to helping children with cancer, as well as assisting the family unit as a whole. It provides practical assistance to families struggling to care for their child and maintain their livelihood. They serve families in New Jersey, Pennsylvania, and Delaware.

The foundation was named after Kyle Snyder, who in 1998 was diagnosed with leukemia just three weeks shy of his second birthday. After a valiant but brief eight-month fight, he lost his life to the disease. In 2001, Kisses for Kyle was founded by his mother, Sharon, to honor Kyle's memory and to help other children and families battling childhood cancer.

The Auxiliary will collect donations at the Scotch Plains Farmers' Market on the following dates: October 7th; October 21st; November 4th and November 18th from 8:00 a.m. until 1:00 p.m. People can purchase items from the holiday lists (see below) directly from Amazon, they can purchase gifts and bring them to the Market, or they can make monetary donations at the Market which the Auxiliary will use to purchase gift cards.

According to a representative from Kisses for Kyle, teen cancer patients are often overlooked, so the Auxiliary asks that people please remember them when making gift selections.

New water bottles are a much needed item for teens and these can also be collected at the market. Gas cards for the parents are also greatly appreciated.

The following are gift lists are organized by age group:

<https://www.amazon.com/registries/g/guest-view/36U2PVN90FW3M>

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The representative asked that people purchasing directly from Amazon request gift receipts so that the organization can send thank you cards. The Auxiliary will also serve as an information source for the organization by handing out brochures at the Market.

The Scotch Plains Rescue Squad Auxiliary meets once a month, and its "grass roots" function is to assist the Squad in many capacities – from holding fundraisers and providing meals during crises to performing outreach to squad and fellow auxiliary members. Members also attend town functions, such as fairs, concerts and holiday events, in order to connect with the community and promote Squad interest.

If interested in becoming a member of the Auxiliary, go to

scotchplainsrescuesquad.com/the-auxiliary.

For more information about Kisses for Kyle, go to kissesforkyle.com.



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PRESENTATION BY JACK THE RIPPER RESEARCHER - OCT. 16TH



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Dr. Mark R. Vogel, a clinical psychologist with 36 years of experience, including working in the New Jersey prison system will present his program, “Jack the Ripper: A Mystery of Mysteries” on October 16th at Fanwood Presbyterian Church, 74 Martine Avenue (McDermott Street entrance) at 7:30 p.m. The program is being hosted by the College Club of Fanwood-Scotch Plains; it is free and the public is invited to attend. Please note that this program is not intended for children.

Jack the Ripper is one of the most infamous serial murder cases in the world. Set in the slums of eastern London in 1888, five women, possibly more, all impoverished prostitutes, were viciously slayed. The heinous crimes rocked London to its core. The unknown assailant, like a phantom in the night, committed the grisly tasks and vanished without ever being caught.

The identity of Jack the Ripper is by far the most beguiling aspect of the murders. But within this mystery are countless other mysteries. Was he a doctor? Why did he keep some of the victim’s organs? Are the famous Ripper letters authentic or a hoax? How was he able to commit the murders without being caught? Did he have an accomplice? Why did he stop killing?

The entire story will be discussed via a

PowerPoint presentation with then and now photos of the murder sites. Dr. Vogel is a Jack the Ripper researcher who has studied the case, reviewed the original police files and has visited the murder sites himself. He was a guest speaker at a Jack the Ripper conference in London in 2018. He promises a “riveting lecture”.



(above) Dr. Mark R. Vogel will present “Jack the Ripper: A Mystery of Mysteries” on October 16th at Fanwood Presbyterian Church.

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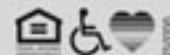
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ITALIAN FESTIVAL BREAKS RECORDS ON LABOR DAY WEEKEND

Submitted by Angelo Ucciferri

The Scotch Plains-Fanwood Chapter of UNICO, in collaboration with St. Bartholomew's Church and St. Bartholomew's Academy, commemorated their 49th annual Italian Festival during Labor Day weekend, September 1st to 4th. Benefitting from the beautiful summer weather, the event witnessed a record-breaking number of attendees from Scotch Plains, Fanwood, and neighboring communities. Since its inception in 1974, this festival has established itself as a cherished local tradition, offering a wide array of food, amusements, games, and live musical performances.

Beyond the festival excitement, the event is a major fundraiser for both UNICO and St. Bartholomew's Church and Academy and the proceeds generated will support their service endeavors including local scholarships and community initiatives. The highlight of the fundraising activities was the highly anticipated Super 50/50 raffle, which amassed a staggering sum of over \$71,000 - the largest amount in festival history. The coveted 1st place in the raffle was secured by Scotch Plains resident Lila Maxwell.

Reflecting on her win, Lila, a member of the Scotch Plains Rescue Squad Auxiliary, shared her thoughts, "Winning the Super 50/50 raffle was an extraordinary experience. After I received the winning phone call, I was humbled and amazed

by my Lord and Savior Jesus Christ who loves each of us individually and provides for our needs. I volunteered as a member of the Scotch Plains Rescue Squad Auxiliary at the Italian Festival this year and purchased the winning ticket that night. It was a double blessing to serve the community that night and win the Super 50/50!"

This year's festival also marked a significant moment for Paul Raphael, a long-standing member of Scotch Plains-Fanwood UNICO and former chapter President, who has dedicated 17 years to serving as the Festival Chairman and will be stepping down from the role moving forward.

Paul expressed his sentiments on this occasion, stating, "I'm truly privileged to have collaborated with a remarkable team that, throughout the year, dedicatedly paved the way for this event. Blessed with favorable weather, the heartwarming generosity of our sponsors, the tireless efforts of

our volunteers, and record crowds, we've orchestrated an event that not only brought our community together, but also embodies UNICO's foundational values of neighborliness and charity."

UNICO, along with St. Bartholomew's Church and Academy, extend their heartfelt gratitude to all festival attendees, vendors, volunteers, and service providers, including local law enforcement and emergency services, for their invaluable contributions to making this community event a resounding success and an unforgettable experience for all.

UNICO is the largest Italian-American service organization in the USA, and the Scotch Plains Fanwood chapter is celebrating its 50th year. To learn more about becoming a UNICO member or obtain additional information on UNICO events, please visit their official website at unicospf.org or email them at spfunico@gmail.com.

CHILDREN, ADULTS, SENIORS PROGRAMS

Fanwood Recreation Department

Registration is now open for these Fanwood Recreation Fall programs, beginning in October, for children: Babysitting Certification Class, Youth Hip Hop Experience Dance Class, Musical Theater Class, SAT Boot Camp.

Registration is now open for these Fanwood Recreation Fall programs, beginning in October, for adults: Bridge for Beginners, Bridge for Intermediates

Registration is now open for these Fall Fanwood Recreation Fall programs for Seniors: Zumba Gold, Gentle Yoga. Zumba will be offered via Zoom and Yoga will be offered via Zoom and in-person. Each program will run for approximately 12 weeks and cost only \$20 for the entire program.

For more information and to register, please visit fanwoodrecreation.org.



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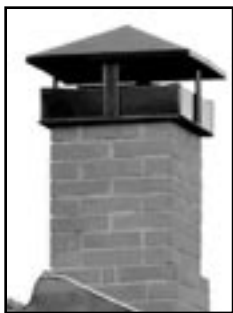


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NATURE CLASSES AT BRIGHTWOOD PARK

Calling all nature detectives! Friends of Brightwood Park(FOBP) kicked off a new season of nature classes this Fall for children ages 2-8.

Each outing highlights a different theme but always with story time, movement, a related craft, and a walk to explore the topic at hand. Last month we used our imaginations to come up with collaborative group stories as we walked through the woods! Come explore the benefit of Brightwood Park as a wonderful supplemental learning environment for the young ones.

NOTE: NEW CLASS TIMES:

- 2-4 year olds with adult: 2:30-3:15
- 5-8 year olds: 3:45-4:45
- Classes \$10/child

NEXT UP:

- October 19: Seasons and Trees
- October 28: Special Family Event - Jack-O-Lantern Trail
- November 16: Thankful for Nature
- November 30: Winter Wonderland

For registration and further class descriptions, please visit the Westfield Recreation Department website: <https://secure.rec1.com/NJ/westfield-nj/catalog>



(above) Youth Nature Classes in Full Swing at Brightwood Park.

Courtesy photo

FALL FUNDRAISER – BASKETS OF HOPE

The Center for Hope Hospice Auxiliary

The Center for Hope Hospice and Palliative Care Auxiliary 25th annual fall fundraiser “Baskets of Hope” will take place on October 22nd, 2023, from 11 a.m. to 4 p.m. at the Pines Manor in Edison, New Jersey.

The event will feature a wonderful luncheon, and raffles of over 100 baskets, a 50/50 raffle, door prizes, two gift card aprons, and a raffle for VISA gift cards in denominations of \$2,000, \$1,000 and \$500, and various vendors will offer an array of beautiful merchandise for sale.

The Center for Hope Hospice and Palliative Care Auxiliary provides financial support of the Center’s charity care through fundraisers such as the “Baskets of Hope” in the Fall and a Wine Tasting in the Spring. The Auxiliary also runs the Hope Chest, a thrift store located at 26 Prospect Street in Westfield, New Jersey.

The Center for Hope Hospice and Palliative

Care is a not-for-profit hospice that provides loving care to patients and their families regardless of race, ethnicity, religious affiliation, or ability to pay. This care is provided in facilities in Scotch Plains and Elizabeth, New Jersey, and in patients’ homes.

For more information regarding the event, and to purchase tickets visit cfhh.org. Tickets for the VISA card raffle can be purchased at the Hope Chest, located at 26 Prospect Street, Westfield, NJ, or from an auxiliary member.



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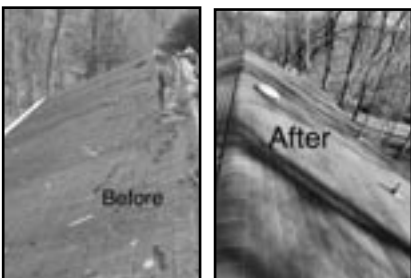
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COLLEGE CLUB CALENDAR NOW AVAILABLE



(above, l-r) Mari McDevitt, College Club Calendar Committee Chairperson, congratulates Arlene Knox, President of the Fanwood-Scotch Plains Service League, on being selected as the featured advertiser in the Community Calendar.

Each year the College Club of Fanwood-Scotch Plains honors one of its long-time advertisers in the Community Date Calendar. The 60th edition of the community calendar features the Fanwood-Scotch Plains Service League (FSPSL) whose volunteers operate the Thrift Shop at 1741 East Second Street, Scotch Plains. The FSPSL is celebrating its 50th anniversary in 2023 and has supported the community during these 50 years by providing grants to local organizations and scholarships to local students.

The FSPSL has also been a loyal supporter of the College Club Community Date Calendar for more than 15 years.

Arlene Knox, President of the FSPSL notes,

“Thrifting no longer carries the stigma it once did, and it supports reduce, reuse, recycle which is good for the environment.” The Thrift Shop offers an extensive variety of items for sale that are all gently used or new.

The Community Date Calendar is available for purchase at the Thrift Shop as well as at Norman’s Hallmark, Scotchwood Florist, Mountain Deli, Shear Magic, Apple Blossom Flower Shop, the Scotch Plains Library, and from any College Club member.

Due to the generosity and loyalty of the local advertisers listed in the calendar, the donation price of \$10 goes directly into the College Club’s scholarship fund.


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RELIEF FROM CHRONIC KNEE PAIN

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Just like tens of millions of other Americans, you were looking for relief from your chronic knee pain. You thought Viscosupplementation injections might be the answer, but the results were disappointing and painful. Don't assume the treatment wasn't right. That could very well be like blaming the arrow for its path to the target when the problem might be the archer. If you didn't get the pain relief you were hoping for, chances are your injection treatment was off target. Unlike blind injections or even ultrasound targeted treatments found elsewhere, **Northeast Spine & Wellness Center** uses diagnostic fluoroscopy to make sure the area that needs treated is the exact area where the injection goes. This is the most advanced method of delivering this pain relieving treatment with 95% accuracy to give you the results you're looking for. The use of Fluoroscopy guided injections sets **Northeast Spine & Wellness Center** apart. The end result is you living pain free from your chronic knee pain. You can avoid the lengthy and painful road of knee replacement surgery. You can avoid the endless trial and error assortment of potentially addictive prescription medications. This treatment, using fluoroscopy guided injections has seen a success rate of above 85% in those suffering from knee pain related to osteoarthritis, and that includes people with bone on bone involvement. You've suffered from chronic knee pain long enough. Call **Northeast Spine & Wellness Center** now for a RISK FREE consultation.



If Knee Surgery Sounds Scary, It Should

Have you have been told you are facing knee replacement surgery? Have you been told about all the downsides you could be facing? First and foremost, there are NO guarantees that knee replacement surgery will be the answer to your pain, but let's look further:

- Surgery is costly, regardless of the percentage of services covered by insurance.
- Surgery requires lost time from work and typically requires a regimen of rehabilitation and medications.
- With surgery, there is always a risk for unwelcomed complications. And you could be back to where you started, or worse.
- Medications will be required for relief from surgery and you have been down that road before. Addictions to these pain medications can cause potential side effects, something you do not want to experience.
- Rehabilitation can take years.

Consider This Alternative To Surgery

Northeast Spine & Wellness Center offers you a real opportunity and a painless way to say goodbye to your knee pain without any surgery. Here are just a few of the important benefits you should consider?

- Diagnostic fluoroscopy accurately targets the pain, unlike blind injections.
- Guided fluoroscopic injections are virtually pain free, unlike blind injections.
- No lost time from work or family.
- No expensive or time consuming rehabilitation.
- No potentially addictive prescription medications.
- Recovery time is almost instant, not months or years.

How Does This New Treatment Work?

Relief begins almost as fast as it takes to pronounce the treatment. It's called Viscosupplementation Therapy. To begin with, it starts with **Northeast Spine & Wellness Center** investing in the use of diagnostic fluoroscopy. This enables them to target the exact location of your knee pain with pinpoint accuracy. What follows is a simple injection that causes little to no pain, especially when compared to what you may be living with daily. That explains what you will see on the surface of this revolutionary treatment. What's taking place below the surface is how and where the natural healing process takes place. The injection of a Hyaluronic acid called Hyalgan. This gel-like substance was approved by the FDA in 1996. Hyalgan is a natural substance that mimics the synovial fluid that is already produced by your body in your joints. Osteoarthritis sufferers in particular see a reduction in this much needed synovial fluid in their knee joints. Without that cushioning layer of protection, the cartilage in your knee can begin to wear away leading to the rubbing of bone on bone. Through Viscosupplementation Therapy, this natural substance immediately goes to work reducing the swelling and inflammation in the joint and adding a coating layer of protection. Think about Dorothy taking the oil can to The Tin Man. You'll begin to feel that same kind of relief and quite possibly feel like you're ready for a dance down the yellow brick road to recovery yourself. And with a success rate of over 85% in alleviating pain associated with osteoarthritis, it's easy to see why this treatment is so readily covered by Medicare and by most major insurance providers. Diagnostic fluoroscopy to target the pain, Viscosupplementation Therapy to relieve the pain. Simple, fast and no surgery!

Do you Suffer from any of these Symptoms?

There are a number of reasons why you developed Osteoarthritis pain. It can develop with age or because of heredity. It could be from repetitive stress from a job or some glory days in athletics. Of course your concern is with the symptoms you face daily and how to make them end, hopefully without surgery or the use of potentially addictive medications. **Northeast Spine & Wellness Center** understands the symptoms you have been living with and can help. If you have any of the symptoms below, please call us today. Relief is a phone call away.

- **Pain** - Whether it's a sharp aching or maybe a burning sensation, the pain can range from irritating to debilitating.
- **Swelling** - This can cause tenderness and soreness to the entire knee area, making walking or going up and down stairs painful, getting in and out of bed or bathtubs difficult and dangerous just name a few activities affected by swelling.
- **Stiffness** - Getting up out of bed or after sitting for a period of time gets more and more difficult. This loss of mobility can be more than a hindrance. It can be dangerous if you need to move quickly.
- **Loss of muscle strength** - This can lead to balance issues and the strong possibility of falling.
- **Joint deformity** - Not just unsightly, but painful as well.
- **Creaking Joints** - Can be painful and a sign of more discomfort to come.
- **Sleepless nights** - Losing sleep over your suffering is not just irritating, but potentially dangerous because of so many other health concerns that can be affected by loss of sound sleep.

Let Me Show You Targeted Relief From Your Knee Pain

Every day, I see patients suffering from knee pain due to arthritis, osteoarthritis, sports injuries or other conditions. Many have been told that they are in need of knee replacement surgery. Other patients say they have been prescribed various prescription medications to deal with the pain.

Something else I see almost every day, are patients that have tried viscosupplementation knee injections elsewhere and found it to be a painful and ineffective experience because the injections were not administered using fluoroscopic guidance. Instead of using the incredibly accurate diagnostic fluoroscopy we use at **Northeast Spine & Wellness Center** these patients experienced a blind injection technique, which can be as inaccurate as playing pin the tail on the donkey.

Once I am able to explain to my patients about the pin point accuracy of using diagnostic fluoroscopy and the amazing results viscosupplementation can provide, they are thrilled to get started. They are even more thrilled when they feel the relief. Please contact **Northeast Spine & Wellness Center** today to schedule your RISK FREE consultation.

Call 732-827-0800

Scot Paris MD, FACS



Here's what our patients have to say

"I'm dancing without pain. I can move with no problem whatsoever. I can go up and down steps with no pain." - Patricia G.

"Over 85% relief for the first time in 15 years, suffering with knee pain. My life is getting back to normal." - Perry O.

"After only four visits, I have absolutely no pain! The staff is "top-notch." - Quenton L.

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Mon, Wed, Thur: 9:30 AM - 9 PM;

Tue, Fri, Sat: 9:30 AM - 5 PM;

Sun: Closed. Closed on October 9

Bring Your Own Book

Monday, October 2 at 10am

an informal discussion of what participants have recently read and enjoyed. Registration is required.

Monday Movies

Mondays at Noon

We'll show Monday Movies in our downstairs meeting room.

3 Steps to Sort your Photographs

Monday, October 2 at 7pm

Jamie Novak will share her 3 Steps to Sort your Photographs. Registration is required for this virtual program.

College Funding Workshop

Wednesday, October 4 at 6:30pm

College Funding Workshop for parents with children of any age. Registration is required for this virtual program.

Balance Awareness with Yasmin Ofek

Fridays at 10am

a gentle but effective approach to moving confidently throughout the lifespan. Registration is required for this virtual class.

Hypertension Clinic

Friday, October 6, 10am to Noon

in the Adult Room with a public health nurse from Union County. Walk-ins welcome.

Drawing with Sandra Cerchio

Monday, October 16 at 10am

Registration is required, space is limited.

Friends of the Library meeting.

Monday, October 16 at 7pm

Afternoon Book Club

Tuesday, October 17 at 1pm

will discuss What the Ermine Saw by Eden Collinsworth.

Evening Book Club

Thursday, October 19 at 7pm

will discuss Count the Ways by Joyce Maynard.

Drop In Crafting

Tuesday, October 24 at 1pm and

Thursday, October 26 at 7pm

either bring your own project to work on, or help us make hats for a community project.

Conservation in the Classroom Discussion

Monday, October 30 at 7pm

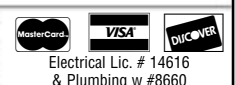
Conservation in the Classroom program at SPFHS and the various animals students are working with. Attendees will get to meet this year's terrapin hatchlings.

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GWACC ANNOUNCES RETIREMENT OF GENE JANNOTTI

The Greater Westfield Area Chamber of Commerce (GWACC) Board of Directors announced the retirement of Gene Jannotti, CEO of the Chamber, at the September 13, 2023, board meeting. Gene will leave office when the Board hires his replacement. The Board is expected to announce the new GWACC Chamber Executive Director in October as soon as the position is finalized.

Gene served in his position since 2014 and accomplished much during almost 10 years. Gene increased the Chamber membership from 260 members to currently over 400 members. He enlarged the Board to 20 members to be more representative of the businesses and professionals the Chamber represents and established standing committees with board members and volunteers to increase involvement and awareness of Chamber activities and events.

He expanded the size of the Chamber by incorporating Clark and the Irish Business Association into the GWACC Chamber and the communities it serves in Clark, Fanwood, Garwood, Mountainside, Scotch Plains and Westfield. He created special recognition awards for 5-year, 10-year, and older GWACC members. Additional community events were created in Clark, Fanwood and Garwood to engage with community residents and highlight local businesses. During the pandemic, Gene's efforts continued the work of the Chamber on a daily basis and provided updates regarding COVID provided to him by the NJ Chamber of Commerce and the US Chamber. He assisted members and non-members alike with PPP information and access to other State and County Grants. He initiated regular online networking events to keep the business community connected and developed a new website and mobile app to better connect with the members and local communities. Many more opportunities now exist for member businesses to interact with other like-minded professionals at the various networking events.

In 2017 he facilitated the office move to the current location on Lenox Avenue. He established the GWACC 501c3 Foundation primarily to



(above) Gene Jannotti

provide scholarships to local high school students. He started a new budgeting, billing and payments processes including auto-billing of dues to facilitate payments. He established ongoing sponsorship programs for continuing support of GWACC events.

In the past five years, Gene received the Union County Boy Scouts Lifetime Achievement Award, the NJBIA ICON Award and the Inroads to Opportunities Champion of Change Award. He is a graduate of the US Chamber Institute of Nonprofit Organizational Management. Gene is a former member of the Trinitas Hospital Foundation Board, Past President of the Board of Trustees of the Union County Performing Arts Center, current Board member of Union College

Foundation and the Boys and Girls Club of Union County. Gene is a member of the Scotch Plains/Fanwood Rotary, the Westfield Optimist Club, and the Union County 200 Club. Gene is also on the Siena College Advisory Board.

"I have enjoyed my time at the Chamber helping businesses succeed and do well. But now it is time to bring in a new Executive Director to take the Chamber to the next level. I want to thank the GWACC Staff, Mary Cirillo who has been with me for the past nine years and Faith Delaney for the past 5 years for the job they have done for the Chamber. I am very happy that I leave the Chamber in better condition than when I started." Gene thanked all current and former Board members for the opportunity given to him to serve as the Chamber CEO and expressed his thanks to all of the GWACC members who make everything happen at the Chamber. Gene will take well deserved time away from employment to serve on various non-profit Boards, play golf and travel.

GWACC CHAMBER OF COMMERCE

Established over 75 years ago, the GWACC is the primary business organization in Clark, Fanwood, Garwood, Mountainside, Scotch Plains, and Westfield. The chamber promotes local business opportunities, economic development, and community growth. GWACC includes 460 member businesses and nonprofit organizations. For more information about GWACC, visit www.gwaccnj.com. You can also call the office at 908-233-3021 Monday through Friday between the hours of 8:30 a.m. and 5:00 p.m. Our office is located at 212 Lenox Avenue, Westfield, NJ 07090.

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SERVICE LEAGUE THRIFT SHOP OFFERS SEVERAL OCTOBER EVENTS

The Fanwood-Scotch Plains Service League is kicking off the fall with a series of seasonal events at its non-profit Thrift Shop, 1741 East Second Street, Scotch Plains. Starting Tuesday, Oct. 3, find a variety of Halloween costumes for children, adults and pets, along with related holiday accessories. Included for sale are Disney character costumes and several “Curtain Call Costumes” bound to enchant children with a penchant for the stage! Why spend a fortune for Halloween when you can find spook-tacular costumes in all sizes for trick or treating and holiday parties?

Tuesday, Oct. 10 marks the start of the Thrift Shop’s annual Boot Bonanza, where a wide assortment of both warm and fashion-minded boots from famous names can be found throughout the store. Men, women and children can walk off in style or keep their toes warm and dry with reasonably-priced footwear to outsmart the cold, wet weather ahead. Be sure to shop early for the best selection.

Finally, a one-day Jewelry event will be held on Saturday, October 21, during regular business hours (10 a.m. - 1 p.m.). The event will highlight the higher-end pieces generously donated throughout the year. Savvy shoppers will find necklaces, bracelets, watches, rings and earrings, including vintage pieces, sterling silver, pearls and more. The special sale is a must for those who appreciate top-notch jewelry at low-end price points!

The Fanwood-Scotch Plains Service League is a local, all-volunteer organization. The League operates the Thrift Shop with merchandise provided by donors who supply the store with good-quality merchandise they no longer need. Clothing in all sizes, shoes, bric-a-brac, linens, household goods, toys, games, books, DVDs and more are constantly replenished. That means customers can always find something “new to them!” All proceeds outside of store operating expenses are provided to local non-profit organizations or used for student scholarships.

Regular store hours are Tuesday through Friday from 10:00 a.m. to 2:30 p.m., and

Saturday 10:00 a.m. to 1:00 p.m. To learn more about the Service League, volunteer opportunities and types of donations accepted call the store during Thrift Shop business hours: 908-322-5420.



(above) Kick it up a notch at the Thrift Shop’s annual Boot Bonanza, starting Tuesday, Oct. 10.



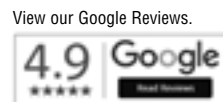
(above) A young child will surely have a ball dressed as Cinderella for Halloween!

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FRAZEE HOUSE HARVEST FESTIVAL AND PUMPKIN PATCH

The Rotary Frazee House committee and the Township of Scotch Plains will host the annual Harvest Festival at the historic Frazee Farmstead on Saturday, October 21, 2023, from 12 to 5 p.m., 1451 Raritan Road in Scotch Plains – rain or shine. There will be activities for every age group: live music, games, pony rides, a petting zoo, food trucks, pumpkin tossing, a haunted trail and the Great Pumpkin Patch. “We continue to make progress on the Frazee renovation. This year we began the construction of a bathroom cottage adjacent to the house and it will include two bathrooms and a utility area where the meters for the gas, electric and water will be located. An ADA accessible ramp will allow access to the bathrooms and to the house. The two rooms in the West wing of the house are also being renovated, including power, data ports, heat and air conditioning.” said Andy Calamaras, President of the Frazee House Board. The Harvest Festival is great opportunity for the community to visit the site and see for themselves.

Additionally, in October, overlapping the date of Harvest Festival, will be the Frazee House participation with Union County’s annual “Four Centuries in a Weekend,” on October 21 and 22. Representatives will be at the Frazee site on both days with brochures, bookmarks, a video demonstration and an external tour of the house. History buffs can note that the Frazee House is one of the stops on the Battle of Short Hills Historic Trail as well as being renowned for the legendary confrontation between General Cornwallis and Aunt Betty Frazee.

The Great Pumpkin Patch, is ongoing from October 1st through 31st. There will be hundreds of pumpkins in various sizes and colors, and they’ll be sold every day from 11am to dusk. The site will be decorated for Halloween and is the perfect setting for fall photos.

More information about the Frazee House and events can be found at www.frazeehouse.org.

FOUR CENTURIES IN A WEEKEND

Tour the 18th century Osborn house, which was hit by cannonball fire during The Battle of the Short Hills, and hear about the many accomplishments of one of the most important founding families of Scotch Plains.

Learn about two of the Osborn brothers who grew up in the house, Jonathan Hand Osborn and Henry Osborn, who were Revolutionary War soldiers and prolific master gravestone cutters, with examples of their work still viewable in many NJ cemeteries. There will be photos of the Osborns’ stones on display and an exhibit of the tools used by these skilled tradesmen.

The Osborn house will be open on both days from 12 p.m. until 5 p.m. and decorated as a “haunted” house for Four Centuries in a Weekend. Children will be able to get an early Halloween treat and make their own ghost dolls! Admission is free to all. Docents will also be offering tours, on both days, of the fully-furnished circa 1760 town home.

The Museum is located at 1840 Front Street, Scotch Plains, NJ. Admission to the museum is free but donations are always welcome.

For more information email Info@HistoricalSocietySPFNJ.org or call 908-322-6700 Extension 230.



(above) Four Centuries in a Weekend at the Osborn Cannonball House Museum, Saturday, October 21 and Sunday, October 22.

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BULLIES TO BUDDIES WORKSHOP – OCT. 19TH

On Thursday, October 19th from 6:30-8:00 p.m. Imagine, A Center for Coping with Loss will offer a Bullies to Buddies workshop at their Mountainside center at 244 Sheffield Street in Mountainside. There is no cost for this program. Children and youth, third grade and older are welcome to attend along with adults who wish to help the children in their lives gain skills for responding to bullying behavior. Young people attending will have an opportunity to role play techniques taught throughout the session.

Bullying is a challenge for many students, but children and youth who are grieving are more likely to be bullied or become bullies. The Bullies to Buddies method fosters resilience by showing how to respond to verbal aggression. Children from 3rd grade and up, parents, school staff members and any interested community members are welcome to attend whether or not they have been recently impacted by a loss.

The training will be offered by Connie Palmer, LCSW who is a Grief Education Consultant for Imagine. Connie is a former school social worker, therapist and is a Certified Bullies to Buddies Trainer.

If you and/or your kids are interested in attending, please register by scanning the QR code below or visiting Imagine's website at imagineenj.org. Pizza dinner is available prior to the workshop at 6:15 p.m. Please indicate your interest in coming early for pizza when you

register. We hope you can join us at Imagine for this timely and beneficial workshop!

Imagine is a 501c3 nonprofit that offers free year-round grief support groups for children ages 3-18 and young adults 19-30 who are coping with a loss due to death. Concurrently, support groups are available for the parents and guardians of the children in the groups and offered in English and Spanish. Imagine also offers grief and loss education and training to the community. For more information please contact Imagine at 908-264-3100 or info@imagineenj.org.



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FANWOOD 5K PIZZA RUN - OCT 15

Registration is now open for the Fanwood 5K Pizza Run & 1-Mile Family Fun Run, which will be held on Sunday, October 15th, 2023. The Fun Run will begin at 11 a.m. and the 5K will begin at 11:30 a.m. After crossing the finish line, all registered runners can enjoy free pizza, courtesy of Fanwood's own Fabio's Bistro Italian Restaurant and Nick's Pizza & Deli, and other refreshments. And this year the event features a new USATF Certified route that begins and ends in front of Fanwood Borough Hall at 75 North Martine Avenue.

For more information about the run and to register, please go to fanwoodrecreation.org. Runners who register by October 2nd are guaranteed a race t-shirt. Online registration closes October 13th, 2023, at 11:59 p.m. In-person registration will be available on the day of the race.

This event is sponsored by the Fanwood Recreation Commission, a group of dedicated volunteers who strive to improve and expand recreational opportunities within the Fanwood community. All race proceeds go to benefit Fanwood Recreation events, parks and facilities.

HALLOWEEN PARADE AND COSTUME CONTEST – OCT. 31ST

Fanwood Recreation Department

Scary times return to Fanwood this fall—and you're invited to join the fearful festivities!

On Tuesday evening, October 31st, the annual Fanwood Halloween Parade and Costume Contest will begin with the traditional Halloween Parade down Martine Avenue. Due to the construction at the Fanwood Memorial Library, where the Parade has begun in previous years, this year's starting point, as of this writing, has yet to be determined. The parade is expected to begin at 6:15 p.m.

Once the parade arrives at its end point, La Grande Park, at approximately 6:30 p.m., the Costume Contest will begin for children of all ages. Anyone who wants to enter a pumpkin in the Jack-o-Lantern Contest should bring his or her carved creation to the park and fill out an entry form by 6:30 PM. Prizes will be awarded for the best costumes and the best jack-o-lanterns! Free cider, donuts and coffee will be available to all.

This evening of fun and festivities is presented by the Fanwood Recreation Commission.

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MOUNTAINSIDE'S FIRST EVER RESTAURANT WEEK - OCT 21 THROUGH 28

Mountainside will be holding its first ever restaurant week this year. It will run from October 21st through the 28th. Mayor Paul Mirabelli announced the program, "There are so many great dining options in Mountainside. Some were featured in the most recent edition of NJ Monthly magazine."

11 establishments will be participating in the event. There is something for every taste and every time of day. One can get premium sandwiches and prepared food at Mazzella's and the Mountainside Deli. Chrono's is a favorite local tavern that has good Italian food and American fare.

Bovella's has been the go to bakery in the area for many years, and now their Mountainside location offers breakfast and lunch. The Mountainside Stage House Tavern is a great place to watch "the Game" or catch some live entertainment while choosing from an eclectic menu. Mosaico is known for fine Italian dining and delicious deserts. They also have live entertainment, check the website for details. Spanish Tavern has been named one of the best Spanish Restaurants in Northern New Jersey. Seafood dishes are a specialty reflecting the heritage of its owners.

New Jersey monthly highlighted the Publick House as an upscale gastropub that is the place to go for all occasions. Echo Tap has a very wide selection of delicious culinary choices. It is also a great place to watch your favorite sporting event or enjoy a weekend brunch. Famous Dave's has long been serving the best BBQ in the area.

Most of the restaurants offer an al fresco dining experience as well. If you prefer to eat in the comfort of your own home, all of the restaurants offer take out. If you choose to go this route, local liquor store Vine Republic will be participating in restaurant week as well. The knowledgeable staff can guide you to just the right bottle of wine or micro brew to enhance your dining experience.

Mayor Mirabelli added "I look forward to meeting residents and visitors while enjoying the delicious food that Mountainside has to offer." Borough Administrator Glenn Mortimer added "Mountainside is always looking for ways to build community and to support our local businesses. It is our hope that is the first of many such events."

Visit the Restaurant Week website and mountainsiderestaurantweek.com for more information, including a full list of participating establishments and for a chance to win a \$50 gift certificate.



(above) Councilwoman Deanna Andre & Councilman Steve Matejek hold Restaurant Week posters.

VISIT OUR WEBSITE FOR MORE INFO




MOUNTAINSIDERESTAURANTWEEK.COM

PARTICIPATING ESTABLISHMENTS:

- Bovella's
- Chrono's
- Echo Tap
- Famous Dave's
- Mazzella's
- Mosaico
- Mountainside Deli
- Publick House
- Spanish Tavern
- Stage House Tavern
- Vine Republic



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4TH ANNUAL MARCH TO YORKTOWN DAY

Revolutionary Route Association New Jersey (W3R-NJ), held the 4th Annual March to Yorktown Day in Westfield, NJ to commemorate an event that occurred 242 years ago during the Revolutionary War.

This year's event kicked off with an opening ceremony at Mindowaskin Park on Mountain Ave. There, W3R-NJ Chair, Julie Diddell told of how the their French and Continental troops marched from Newport, Rhode Island to Yorktown, VA (an almost 700-mile, nine state, land and water journey) in the summer of 1781 taking them through Westfield on August 29, 1781 along a route that is has been designated as the Washington-Rochambeau Revolutionary Route National Historic Trail, a unit of the National Park Service. Remarks by Westfield Mayor Shelley Brindle, State Senator Jon Bramnick, West Fields Chapter Sons of the American Revolution President, Jay Hershey and New Jersey Daughters of the American Revolution State Historian, Pat Saftner.

The community joined in a symbolic march reenactment into an Mindowaskin Park accompanied by the Generals Rochambeau, Washington and Major General Chastellux and General Lafayette. the New Jersey Sons of the American Revolution Color Guard, the Daughters of the American Revolution, Washington's Fifes and Drums, the Miller-Cory Museum colonial living history group and Heard's Militia.

A festival followed with children's' games provided by Liberty Hall, and local history organizations such as the Forgotten Victory Trail Association, Miller-Cory House Museum, Princeton Battlefield Society, Union Township Historical Society, Chatham Historical Society, Westfield Chapter Daughters of the American

Revolution and the Washington Association of New Jersey had informational tables set up and interacted with the public to share information, sell history books and engage new members. An encampment with tents, cooking demonstrations, fife and drum music, musket firing and marching drills will occur during the festival.

This event was made possible by support from the Mayor Shelley Brindle, the Town Council, the Town of Westfield, PNC Bank, The Westfield Inn, Chez Catherine, the West Fields Chapter

SAR, the Westfield Chapter DAR, the Washington-Rochambeau Revolutionary Route Association, New Jersey (W3R-NJ), the National Washington-Rochambeau Revolutionary Route Association (W3R-US) and the Washington-Rochambeau Revolutionary Route National Historic Trail, a unit of the National Parks Service.

For more information email info@W3R-NJ.org Follow on Facebook @W3R NJ and www.w3r-nj.org.



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KATE KLIM, GOLDEN DIMES IN CONCERT OCT. 14

The Fanwood Performance Series presents singer-songwriter-pianist Kate Klim and alternative-rock band Golden Dimes on Saturday evening, October 14th, in the community building at Fanwood's Forest Road Park.

With roots in Pennsylvania and Illinois, Kate Klim is now based in Nashville. After a hiatus of several years around the births of her two sons, she began recording her fourth album, "Something Green," in 2020 – and finished it from home during the pandemic. "It's an album about hope, love, change, and new growth," says Klim. A review of the 2022 release in Americana Highways praised the "wonderfully composed" songs and "brilliantly upbeat light vocal approach."

Fanwood-based Golden Dimes is the collaboration of a group of suburban dads, all lifetime musicians brought together by fate and a mutual love of great food and drink, positive vibes and making music. The band's songs carry messages of unity, self-awareness, and responsibility, thoughtfully viewed through the lens of generation Xers wishing to do good in the world. The music is contemporary with classic sensibilities, blending keys, guitars and organic drum sounds with vocal harmony.

Showtime is 7 p.m. The suggested donation for admission is \$15, or \$10 for students and seniors, cash at the door. Reservations can be made by emailing fanwoodperformance@gmail.com. Light refreshments are available at intermission.

The concert series features a wide range of musical artists from near and far. The Oct. 14 show follows a double bill of singer-songwriters

on Sept. 9: Shawna Caspi, from Toronto, and Meagan Farrell, who's based in New York and Nashville. On Nov. 4, the series presents an evening of jazz with a trio led by Plainfield-based Anthony Nelson Jr.

The Fanwood Performance Series is a presentation of Mayor Colleen Mahr and the Fanwood Arts Council, made possible in part by a HEART (History, Education, Arts Reaching Thousands) grant from the Union County Board of County Commissioners. All proceeds from admissions and refreshments help support the non-profit, volunteer-operated concert series.



(above) Nashville's Kate Klim and Fanwood's Golden Dimes in concert October 14th in the community building at Fanwood's Forest Road Park.

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Photos from this and other events can be found online at rennamedia.com and on Scotch Plains Monthly page on [facebook.com](https://www.facebook.com) Feel free to "Like," "Tag," "Comment," and "Share."



The Summit Old Guard was founded in Summit in 1930 and meets most Tuesdays at the New Providence Presbyterian Church located at 1307 Springfield Ave. in New Providence. Our motto is "Come for the Programs. Stay for the Friends." Please join us. Our programs are free to the public, and we welcome you!

October speakers include Dr. Wm. Happer, professor of Physics; Mike Martin discussing ethical drug development; Robert Conley, Mayor of Madison; and Paul Cirillo, astronomer.

On October 3rd, Dr. William Happer, retired professor of physics, Princeton, will present a different interpretation of selected Climate change data. Dr. Happer will question current dogma about climate change by presenting scientific data and theory which questions the underlying assumptions of conventional wisdom. He expects many questions and will allow ample time to accommodate OG members. Dr. Happer worked in various capacities for the Bush and Trump Administrations.

Our speaker on October 17th will be Mike Martin. Mike spent many years in the pharmaceutical industry and will focus on how drugs are developed, the regulatory process, historic examples of pioneering discoveries which have combated serious diseases. Unique theories on how penicillin was discovered! Is Thalidomide which was the scourge of the 1950's still prescribed? The discussion will present an entertaining description on important historical discoveries and controversies. As part

of the presentation, he will also discuss the origins of a few common therapies which the OG members are currently taking.

On October 24th, Robert Conley, Mayor of Madison will be our speaker. The Mayor will discuss his administration's efforts to maintain the excellent quality of life in Madison despite dealing with diverse populations composed of students and suburbanites with different needs. Three universities are headquartered in Madison which has tax consequences and other social issues. The Mayor had to address the following proposals: allow Madison to become a sanctuary city and providing a storefront for marijuana dispensing, indeed, Madison is also unique because it has its own electric power distribution facility. The Mayor will discuss these and other issues.


Finally, on Halloween, October 31st, amateur astronomer, Paul Cirillo will tell us about the latest discoveries that have been made by the many robotic space exploration missions to the planets, asteroids and comets in our solar system as well as the latest images from the James Webb Space Telescope. Also, an overview will be provided of the latest human space programs planned by the United States, China and several commercial space companies.

Past speakers and much more can be viewed at SummitOldGuard.org but we encourage people to drop in on our meetings which take place at the church at 10:00 a.m. most Tuesdays. "Come for the Speakers. Stay for the Friends." We look forward to meeting you.



(above, l-r) Paul Cirillo, Robert Conley, Dr. Wm Happer

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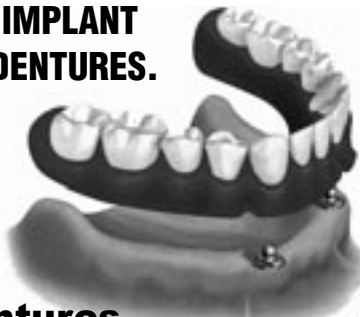
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NEW LIBRARY BOARD TO CONTINUE COMMUNITY SUPPORT

The Friends of the Scotch Plains Public Library, a dedicated group committed to enriching the community's access to educational and cultural resources, is thrilled to announce the appointment of its new board: Amanda Malool, President; Christine Szeluga, Vice-President; Debra Murphy, Treasurer; and Fiona Stephens, Secretary. With renewed enthusiasm, this board is poised to provide steadfast support for summer reading programs, public events, and the beloved free museum pass program, among other initiatives.

The newly appointed board members are eager to serve and make a lasting impact on the community by fostering a love for literature and learning.

"Our dedicated board members are excited to serve the Scotch Plains community by supporting the library's summer reading programs, public events, and our highly popular museum pass

program," said Christine Szeluga, Vice-President of the Friends of the Scotch Plains Public Library. "We are also thrilled to announce our partnerships with local businesses, which will provide exclusive benefits to our members. We invite everyone to join us at our public meetings."

Public meetings will be held on October 16, November 13, and December 18 at 7pm in the Scotch Plains Public Library meeting room, where members and non-members alike are invited to attend and learn more about the

organization's goals and upcoming programs.

The Friends of the Scotch Plains Public Library has a rich history of contributing to the library's success, and with this dynamic new board, the organization is poised to make an even greater impact on the community's access to valuable resources. For more information about the Friends of the Scotch Plains Public Library and their upcoming initiatives, please visit scotlib.org/friends-of-the-library or contact splfriends1@gmail.com.

ST. JOSEPH SOCIAL CENTER FUNDRAISING DINNER HONORS SOUP KITCHEN TEAMS

Please join us for our Annual Fundraising Raffle Dinner on October 19, 2023 at the Westwood in Garwood at 6:00 p.m.

This year we are delighted to honor our Soup Kitchen Teams from:

- Parish Community of St. Helen, Westfield
- Holy Spirit, Union
- Holy Trinity, Westfield
- St. Agnes, Clark
- Immaculate Conception, Elizabeth
- Church of Little Flower, Berkeley Heights
- St. John the Apostle, Clark
- St. Michael, Cranford
- Temple Sha'arey Shalom, Springfield

Thanks to countless volunteers from these faith communities, a hot meal has been served with dignity and compassion since April 19, 1986. Even during Covid, these volunteers prepared meals 'to-go' so that our sisters and brothers could enjoy lunch on Saturday.

The GRAND 50/50 Raffle will be in 5 cash prizes. Only 2,500 tickets will be sold, so please get your tickets early! The Grand Prize will be \$15,000 or 30% of ticket sales, and there will be Four Consolation Prizes of \$2500 or 5% of ticket sales.

The Tricky Tray and Restaurant Gift Card baskets will be better than ever. This year we are also featuring a Take Me Away Travel Prize

donated by United Airlines. This prize features 2 electronic certificates valid for round trip travel between US 48 / Alaska / Canada / Caribbean / Central America.

The evening will start at 6:00 p.m. so you will have plenty of time to 'shop' and mingle! To purchase tickets, become a sponsor, or make a donation, please visit our website at sjeliz.org/special-events.html. Please purchase tickets by October 10th.

We are very grateful that your generosity has enabled us to serve our community for over 37 years through our food, health, counseling, adult education, clothing, and seasonal programs, and we hope we can count on your continued support.

Thank you for sharing your blessings and offering hospitality and hope to our sisters and brothers!

With gratitude, Jacqueline Karmol, Dinner and Grand Raffle Chair



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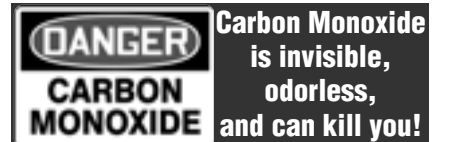
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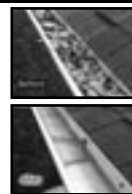
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Short Hills MILLBURN MONTHLY NJ Qty: 8,200 Zips: 07041, 07078	Summit Times NJ Qty: 9,600 Zip: 07901	Spirit of UNION NJ Qty: 6,800 Zip: 07083 (partial)	WARREN MONTHLY NJ Qty: 6,200 Zip: 07059	Watchung Post NJ Qty: 2,700 Zip: 07069	Westfield MONTHLY NJ Qty: 11,800 Zip: 07090

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POLICE WORK WITH RESIDENTS TO KEEP THE TOWNSHIP SAFE

Submitted by Police Chief Jeff Briel

Allow me to address the growing concerns regarding recent incidents of crime in our community.

The safety and security of our residents and their property are of paramount concern. The Scotch Plains Police Department, working closely with the Union County Prosecutor's Office, neighboring police departments and other levels of law enforcement, are doing everything possible to catch criminals so that they are prosecuted to the fullest extent possible under the law.

Moreover, our police department has developed numerous programs to prevent crime before it happens, as part of our proactive efforts to make Scotch Plains as safe as possible. We eagerly work with citizens to develop initiatives that keep crime down.

Residents can help by registering their outdoor security cameras that are run through private alarm systems. Several years ago, the municipal code was modified to include a volunteer Private Outdoor Surveillance Camera Registry. Through this program, if a crime is committed, our officers can review the surveillance footage of cameras as part of their investigation. Residents are urged to stop by the police department at 430 Park Ave. to complete the necessary paperwork.

Please note this registry does not work for Ring cameras and similar products. But our police will ask to see footage when conducting an investigation in a neighborhood.

Locking doors to cars and homes also goes a very long way. Scotch Plains is a secure town, but our township is not fenced in. Too many times, residents have made it too easy to steal a car or break into a home by simply not locking doors. I implore residents to change that practice immediately. You could help by discussing this issue with your neighbors, as part of local efforts to fight crime.

At a recent meeting on these matters with the Union County Prosecutor, mayors from Westfield, Summit, Cranford and Scotch Plains were told that criminals are breaking into homes every day of the week, at all times of the day, but almost always when no one is at home. Sometimes a parent driving their child to school keeps their garage door open, their alarm off and home unlocked. In just a few minutes, a criminal lets themselves in and steals wallets, purses, car keys, jewelry or more.

Keeping or adding outdoor lights, while adding a security alarm to a home (especially with window sensors), appears to also be a strong deterrent to criminals who almost always want to get in, and quickly get out.

Residents continue to form street or neighborhood watches unaffiliated with the police. They, and others, secure signs to post around their homes stating that the street is being watched by neighbors and cameras. These steps are excellent ways in which to further deter crime in our neighborhoods.

The police serve as a resource to these local,



(above) Scotch Plains Police Chief Jeff Briel

self-run watches, assisting with signage, attending meetings and assigning a point of contact within the department to answer any questions.

I want to assure you that the police department is equipped with the manpower and tools necessary to protect our town, with a commitment to new crime-fighting technologies. Over the years, with the strong support of the Township Council, our annual budget has included funds to secure SUV pursuit vehicles, vehicle license plate readers (to regularly monitor vehicle license plates to locate stolen vehicles), vest cameras and more.

The Township is committed to collaborating with surrounding towns and police departments, implementing community programs and fostering an environment in which everyone feels safe. Your vigilance, cooperation, and support are essential in maintaining the security of our town.

Let's stand together against crime and continue ensuring that Scotch Plains remains a wonderful and safe community for all.

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