

CRANFORD MONTHLY_{NJ}

Published by Renna Media. On-line at RennaMedia.com Issue 119 • October 2023



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FAMILY-FRIENDLY HAUNTED HOUSE - OCT. 21

Livingston Avenue School PTA in Cranford, NJ will be holding a Family-Friendly Haunted House on Friday, October 20 and Saturday, October 21. The entire school will be transformed into "CREEPY CRANFORD". This event will support the PTA which works directly with Livingston Avenue School to provide everything that students need to be successful. This is the biggest fundraiser of the year for the Livingston Avenue School PTA! The family-fun will take place from 5:30-9:30, so come on by!

The cost is \$5 per person.
The address is
75 Livingston Avenue, Cranford, NJ.
For more information, please see laspta.digitalpto.com or reach out to livingstonhauntedhouse@yahoo.com.



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ST. JOSEPH SOCIAL CENTER FUNDRAISING DINNER HONORS SOUP KITCHEN TEAMS

Please join us for our Annual Fundraising Raffle Dinner on October 19, 2023 at the Westwood in Garwood at 6:00 p.m.

This year we are delighted to honor our Soup Kitchen Teams from:

- Parish Community of St. Helen, Westfield
- Holy Spirit, Union
- Holy Trinity, Westfield
- St. Agnes, Clark
- Immaculate Conception, Elizabeth
- Church of Little Flower, Berkeley Heights
- St. John the Apostle, Clark
- St. Michael, Cranford
- Temple Sha'arey Shalom, Springfield

Thanks to countless volunteers from these faith communities, a hot meal has been served with dignity and compassion since April 19, 1986. Even during Covid, these volunteers prepared meals 'to-go' so that our sisters and brothers could enjoy lunch on Saturday.

The GRAND 50/50 Raffle will be in 5 cash prizes. Only 2,500 tickets will be sold, so please get your tickets early! The Grand Prize will be \$15,000 or 30% of ticket sales, and there will be Four Consolation Prizes of \$2500 or 5% of ticket sales.

The Tricky Tray and Restaurant Gift Card baskets will be better than ever. This year we are also featuring a Take Me Away Travel Prize



donated by United Airlines. This prize features 2 electronic certificates valid for round trip travel between US 48 / Alaska / Canada / Caribbean / Central America.

The evening will start at 6:00 p.m. so you will have plenty of time to 'shop' and mingle! To purchase tickets, become a sponsor, or make a donation, please visit our website at sjeliz.org/special-events.html. Please purchase tickets by October 10th.

We are very grateful that your generosity has enabled us to serve our community for over 37 years through our food, health, counseling, adult education, clothing, and seasonal programs, and we hope we can count on your continued support.

Thank you for sharing your blessings and offering hospitality and hope to our sisters and brothers!

With gratitude, Jacqueline Karmol, Dinner and Grand Raffle Chair

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ANNUAL HALLOWEEN PARADE & PUMPKIN CHUNKIN' SET TO RETURN

Cranford's Brian Jenkins Memorial Halloween Parade, Costume Contest, and Pumpkin Chunkin' will return this year on Sunday, October 29th, starting at 1:00 p.m. in the Cranford Community Center parking lot.

This is Cranford's 23rd year holding the combined event, which is sponsored by the Cranford Recreation and Parks Department in partnership with the Cranford Jaycees.

Costumes will be judged by age group (0-3, 4-5, 6-7, 8-9, and 10-17), as well as Best Duo or Trio and Best Group (4 or More). Pre-registration is strongly encouraged and can be done at: bit.ly/Costume2023

Judging begins at 1:00 p.m. in the parking lot of the Cranford Community Center with winners announced around 1:45 p.m. Then queue up for

the parade, which commences at 2:00 and heads north on Walnut Avenue and up North Union Avenue finishing downtown near Parking Lot #1.

Then it's time for the Pumpkin Chunkin', where pumpkins of increasing sizes are dropped from atop a Cranford Fire Department ladder truck.

There will also be an online contest for two categories: Best Adult and Best Pet. Details are posted on CranfordJaycees.org.

The parade and Chunkin' are both held weather permitting. The event is named for Brian Jenkins, a Jaycee who helped make this event a beloved town tradition.



Photos from past parades can be found online at rennamedia.com and on the Cranford Monthly page on facebook.com. Feel free to "Like," "Tag," and "Share."



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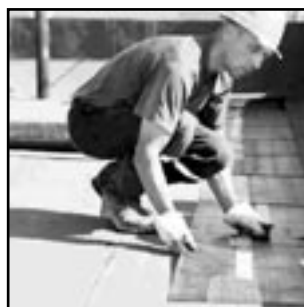
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ANNUAL RUBBER DUCKY DERBY

Hanson Park Conservancy's 12th Annual Rubber Ducky Derby is scheduled for Sunday, October 8, 2023, at 4:00 p.m. The Race is held at Sperry Park in Cranford, NJ. The rain date is Sunday October 15, 2023.

On race day, over one thousand individually numbered rubber ducks will tumble over the falls at Sperry Park racing to the finish line at the North Union Ave Bridge. Numerous prizes for the fastest lucky duckies will be awarded. The top prize is a \$250.00 TD Bank gift card.

Boy Scouts are on hand to collect every rubber ducky after the race is completed. They are then cleaned and reused for the next year's race.

Ducks can be purchased at two locations: Periwinkles, on North Union Avenue downtown Cranford, or the Cranford Canoe Club on Springfield Ave. Purchase a single Duck for \$5.00 or a flock of 5 ducks for \$20.00. Please secure your tickets early as ducks are limited, and the race has been known to sell out.

We will also sell ducks the morning of the race in Sperry Park between 11 am and 2 pm. No duck sales after 2 pm as we need to prepare them for the big race.

In case of inclement weather, please check social media for updates on race conditions.

All proceeds benefit Hanson Park maintenance and educational programs. If you have not yet walked through this lovely little park, please visit this hidden gem located at 38 Springfield Ave.

Have you got your Ducky?



Courtesy photos

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TOWN WIDE GARAGE SALE – REGISTER NOW

Project Home of Cranford's Fall 2023 Town Wide Garage Sale is scheduled for Saturday October 7, 2023 Rain or Shine. This is a great opportunity for residents to clean out items they no longer need and turn them into cash and most importantly help support township residents in need.

Those who register will have the address of their sale and a brief description of what they are selling included on the listing that will be posted on the Project Home website and on Facebook for shoppers looking to find sale locations. On-line registration will be available through Tuesday October 3, mail in registration must be postmarked by Thursday September 28.

To participate in the Town Wide Garage Sale registration is available on-line through the Project Home website projecthomeofcranford.org or by mailing in the completed registration form, which can also be found on the website or send a note with your name, address, telephone number and brief description of what you are selling,

along with a check for \$25 for an individual household or \$35 for a multi-family sale to Project Home of Cranford, PO Box 724, Cranford, NJ 07016. Note, only your address and what you are selling will be posted to the site for shoppers to see.

It is through fundraisers like the Town Wide Garage Sale that we as a community are able to lend a hand to those in need when unexpected financial crisis impacts our neighbors.

For over 30 years Project Home of Cranford, a 501(c)3 charity, has been working through Cranford Family Care to keep Cranford families in crisis in their homes.

The Town Wide Garage Sale is one of the events that Project Home runs to raise funds for Cranford Family Care. For questions about the garage sale or just find out more about Project Home and our mission please email us at projecthomeofcranford@gmail.com visit us at projecthomeofcranford.org and Like us on facebook.com/ProjectHomeOfCranford

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CRANFORD'S WITCHES NIGHT OUT – OCT. 20TH

Join the Cranford Woman's Club (CWC) for a spooktacular night on October 20th for Witches Night Out. Come with friends and meet up in town for this popular Cranford event. The event runs from 5:30 to 9 p.m. Friday October 20, 2023.

Attendees will receive a witch hat, a booklet with loads of downtown biz specials and discounts, entry to the tricky tray and so much more. There are two ticket levels: the Broomstick Ticket (Base Ticket) is \$15 and includes: Coupon Book, Hat Decorating Contest, Tricky Tray, Scavenger Hunt. The Cauldron Ticket (Base + Service) is \$30 and includes all of the above plus a 10-minute tarot reading or a psychic reading. It's a great night supporting our businesses while enjoying time with your favorite witches! The Tricky Tray prizes are awesome – have a laugh watching friends roam the streets with decorated hats. Don't miss out! Tickets will be available via EventBrite as of 10/1 or can be accessed on the CWC Facebook page.

The Cranford Woman's Club donated more than \$30,000 last year to the community, including Cranford Family Care, Project Home, and First Aid Squad. Proceeds of the event will be donated to Cranford Family Care and the CWC Philanthropic Fund.

ABOUT:

The Cranford Woman's Club, founded in 1949, is a "volunteer organization richly rooted in the tradition of giving back to the community and its residents. While our common goal is enhancing the quality of life in our community, one of the many benefits is the lifelong friendships we make along the way."

The Cranford Woman's Club runs several major events each year including The Home for the Holidays House Tour (12/3), Breakfast with the Bunny, and Sip 'N Shop. The Club's Philanthropic focus is on Cranford, with major beneficiaries being Project Home, Cranford Family Care, Cranford First Aid Squad and FLAG. The club meets the 2nd Wednesday of each month at the VFW on South Avenue at 7:30 p.m. Anyone is welcome to attend.

CRANFORD CARVE OUT AND PARADE OF PUMPKINS – OCT. 21

Are you ready to unleash your creativity and have some spooky fun? Join us for the Cranford Carve Out and Parade of Pumpkins, the ultimate Halloween event in town! This is your chance to show off your carving skills and see the other amazing pumpkins on display at Hanson Park.

Here's how it works: Carve your best pumpkin at home and bring it to Hanson Park on Saturday, October 21. You can drop it off anytime between 10am and 3pm. Make sure you fill out a registration form and bring it with your pumpkin. You can download the form from at jcas.org, get one at the Cranford Community Center or at the park the day of the event.

We will have judges who will award prizes for the funniest, scariest and most original pumpkins in different age groups. You don't

want to miss this opportunity to win some cash prizes and bragging rights!

But that's not all. At 6pm, we will light up all the pumpkins and invite the community to walk along the enchanted pathway and admire the glowing creations. You will be amazed by the variety and the talent of our community. Bring your blankets and enjoy a cozy night under the stars with hot apple cider and cookies. We will also have a big screen where we will show a favorite Halloween movie for everyone to enjoy.

This event is brought to you by Jersey Central Art Studios, with support from the Cranford Jaycees and Hanson Park Conservancy. We are thrilled to bring this classic back to Cranford and celebrate Halloween with you. For more information, visit jcas.org. We can't wait to see you and your pumpkins at the park!



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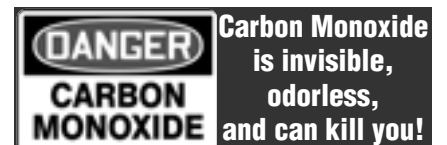
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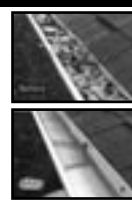
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COLLEGE WOMEN'S CLUB OF CRANFORD

The club supports our Cranford youth and our amazing community through college scholarships, donations to project graduation, free programs open to all in our community and surrounding areas.

We are currently seeking new members. Come join us for light refreshments at any of our general meetings and Free open to the public program events. See our website for membership information and program information and updates visit collegewomensclubcranford.com or email cranfordcollegeclub@gmail.com.

Our next event: Tuesday, October 10, 2023, 7:30 p.m.

All programs are held at the Jardine Academy, 75 Rod Smith Place, Cranford.

Mothers of Invention Speaker: Carol Simon.

Description: Carol Simon Levin portrays Lillian Moller Gilbreth, motion study pioneer and "Cheaper by the Dozen" mother of 12 and shares the stories of other overlooked women innovators.

CALLING ALL SCARECROWS

Don't let the warm weather fool you - Halloween is just around the corner and so is Downtown Cranford's biggest event of the year, the 16th Annual Scarecrow Stroll! From October 13 - 31, scarecrows created by local residents, families, organizations, and Cranford businesses will line the downtown streets. Registration is free, and prizes will be awarded to the top scarecrows in each category. Visit downtowncranford.org or more information and to register.



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FOUR CENTURIES IN A WEEKEND

Crane-Phillips House Museum in Cranford

The Cranford Historical Society will once again participate in Union County's annual program, "Four Centuries in a Weekend". The Crane-Phillips House Museum will be open Saturday, October 21st from 12:00-5:00 p.m. and Sunday, October 22nd from 12:00-5:00 p.m.

This year's theme is "Celebrating our First Responders," as our own First Aid Squad celebrates its 70th anniversary. We will have displays of the history of the Cranford First Aid Squad and an ambulance outside for visitors to see. Also, Trustees and Volunteers will be on hand to give a tour of each room in this unique living museum.

Various materials about the weekend-long self-guided tour are available from the Office of

Union County Cultural and Heritage Affairs, materials will also be at many of the sites. A booklet features photos and information about each site with a map showing the location.

The Crane-Phillips House Museum is available as our own local history museum through the hard work of volunteers and members of the Cranford Historical Society.

The Museum is located at 124 North Union Avenue in Cranford and is open the 2nd and 4th Sundays of each month from September thru May from 2:00-4:00 p.m., or by appointment.

Admission is free. Founded in 1927, the Cranford Historical Society's mission is to preserve and perpetuate the history of Cranford. To see the rest of our schedule, please visit our website at cranfordhistoricalsociety.com.



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Just like tens of millions of other Americans, you were looking for relief from your chronic knee pain. You thought Viscosupplementation injections might be the answer, but the results were disappointing and painful. Don't assume the treatment wasn't right. That could very well be like blaming the arrow for its path to the target when the problem might be the archer. If you didn't get the pain relief you were hoping for, chances are your injection treatment was off target. Unlike blind injections or even ultrasound targeted treatments found elsewhere, **Northeast Spine & Wellness Center** uses diagnostic fluoroscopy to make sure the area that needs treated is the exact area where the injection goes. This is the most advanced method of delivering this pain relieving treatment with 95% accuracy to give you the results you're looking for. The use of Fluoroscopy guided injections sets **Northeast Spine & Wellness Center** apart. The end result is you living pain free from your chronic knee pain. You can avoid the lengthy and painful road of knee replacement surgery. You can avoid the endless trial and error assortment of potentially addictive prescription medications. This treatment, using fluoroscopy guided injections has seen a success rate of above 85% in those suffering from knee pain related to osteoarthritis, and that includes people with bone on bone involvement. You've suffered from chronic knee pain long enough. Call **Northeast Spine & Wellness Center** now for a RISK FREE consultation.



If Knee Surgery Sounds Scary, It Should

Have you have been told you are facing knee replacement surgery? Have you been told about all the downsides you could be facing? First and foremost, there are NO guarantees that knee replacement surgery will be the answer to your pain, but let's look further:

- Surgery is costly, regardless of the percentage of services covered by insurance.
- Surgery requires lost time from work and typically requires a regimen of rehabilitation and medications.
- With surgery, there is always a risk for unwelcomed complications. And you could be back to where you started, or worse.
- Medications will be required for relief from surgery and you have been down that road before. Addictions to these pain medications can cause potential side effects, something you do not want to experience.
- Rehabilitation can take years.

Consider This Alternative To Surgery

Northeast Spine & Wellness Center offers you a real opportunity and a painless way to say goodbye to your knee pain without any surgery. Here are just a few of the important benefits you should consider?

- Diagnostic fluoroscopy accurately targets the pain, unlike blind injections.
- Guided fluoroscopic injections are virtually pain free, unlike blind injections.
- No lost time from work or family.
- No expensive or time consuming rehabilitation.
- No potentially addictive prescription medications.
- Recovery time is almost instant, not months or years.

How Does This New Treatment Work?

Relief begins almost as fast as it takes to pronounce the treatment. It's called Viscosupplementation Therapy. To begin with, it starts with **Northeast Spine & Wellness Center** investing in the use of diagnostic fluoroscopy. This enables them to target the exact location of your knee pain with pinpoint accuracy. What follows is a simple injection that causes little to no pain, especially when compared to what you may be living with daily. That explains what you will see on the surface of this revolutionary treatment. What's taking place below the surface is how and where the natural healing process takes place. The injection of a Hyaluronic acid called Hyalgan. This gel-like substance was approved by the FDA in 1996. Hyalgan is a natural substance that mimics the synovial fluid that is already produced by your body in your joints. Osteoarthritis sufferers in particular see a reduction in this much needed synovial fluid in their knee joints. Without that cushioning layer of protection, the cartilage in your knee can begin to wear away leading to the rubbing of bone on bone. Through Viscosupplementation Therapy, this natural substance immediately goes to work reducing the swelling and inflammation in the joint and adding a coating layer of protection. Think about Dorothy taking the oil can to The Tin Man. You'll begin to feel that same kind of relief and quite possibly feel like you're ready for a dance down the yellow brick road to recovery yourself. And with a success rate of over 85% in alleviating pain associated with osteoarthritis, it's easy to see why this treatment is so readily covered by Medicare and by most major insurance providers. Diagnostic fluoroscopy to target the pain. Viscosupplementation Therapy to relieve the pain. Simple, fast and no surgery!

Do you Suffer from any of these Symptoms?

There are a number of reasons why you developed Osteoarthritis pain. It can develop with age or because of heredity. It could be from repetitive stress from a job or some glory days in athletics. Of course your concern is with the symptoms you face daily and how to make them end, hopefully without surgery or the use of potentially addictive medications. **Northeast Spine & Wellness Center** understands the symptoms you have been living with and can help. If you have any of the symptoms below, please call us today. Relief is a phone call away.

- **Pain** - Whether it's a sharp aching or maybe a burning sensation, the pain can range from irritating to debilitating.
- **Swelling** - This can cause tenderness and soreness to the entire knee area, making walking or going up and down stairs painful, getting in and out of bed or bathtubs difficult and dangerous just name a few activities affected by swelling.
- **Stiffness** - Getting up out of bed or after sitting for a period of time gets more and more difficult. This loss of mobility can be more than a hindrance. It can be dangerous if you need to move quickly.
- **Loss of muscle strength** - This can lead to balance issues and the strong possibility of falling.
- **Joint deformity** - Not just unsightly, but painful as well.
- **Creaking Joints** - Can be painful and a sign of more discomfort to come.
- **Sleepless nights** - Losing sleep over your suffering is not just irritating, but potentially dangerous because of so many other health concerns that can be affected by loss of sound sleep.

Let Me Show You Targeted Relief From Your Knee Pain

Every day, I see patients suffering from knee pain due to arthritis, osteoarthritis, sports injuries or other conditions. Many have been told that they are in need of knee replacement surgery. Other patients say they have been prescribed various prescription medications to deal with the pain.

Something else I see almost every day, are patients that have tried viscosupplementation knee injections elsewhere and found it to be a painful and ineffective experience because the injections were not administered using fluoroscopic guidance. Instead of using the incredibly accurate diagnostic fluoroscopy we use at **Northeast Spine & Wellness Center** these patients experienced a blind injection technique, which can be as inaccurate as playing pin the tail on the donkey.

Once I am able to explain to my patients about the pin point accuracy of using diagnostic fluoroscopy and the amazing results viscosupplementation can provide, they are thrilled to get started. They are even more thrilled when they feel the relief. Please contact **Northeast Spine & Wellness Center** today to schedule your RISK FREE consultation. Call 732-827-0800

Scot Paris MD, FACS



Here's what our patients have to say

"I'm dancing without pain. I can move with no problem whatsoever. I can go up and down steps with no pain."

- Patricia G.

"Over 85% relief for the first time in 15 years, suffering with knee pain. My life is getting back to normal."

- Perry O.

"After only four visits, I have absolutely no pain! The staff is 'top-notch.'"

- Question L.

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MARYLOU DELANO REGISTERED NURSE



Marylou Delano (nee Lyons) died on August 26 peacefully and surrounded by family. She was 86 and predeceased in 2015 her husband Hugh S. Delano, to whom she had been married for 57 years. Survivors include sons Jonathan, Peter (Sue), Buzz (Lisa), Craig (Kim), four grandchildren, one great-grandchild, many nieces and nephews and many dear friends. Deceased siblings include Betty Thome, John Lyons, Carolyn Geiger, and Gerard Lyons.

Marylou was a life-long resident of Cranford, a Roosevelt School pupil and graduate of Cranford High School. She graduated from the Elizabeth General Hospital School of Nursing and Union County College. A Registered Nurse for 43 years, she was Board Certified by the ANCC in medical surgical nursing and gerontology. She was leader of her nursing school class and a New Jersey state representative to the National Student Nurse Convention in Chicago, Illinois. She served as president of the EGH alumni and was an active member and president of the League for the Educational Advancement for Registered Nurses.

She served on the Board of the Union County Association for Children with Learning Disabilities and the Cranford Visiting Nurse Association. She went on to serve as an active member and president of the Board of Directors of the Visiting Nurse and Health Services in Elizabeth. In 1997 she was selected as the Union County Woman of Excellence in Healthcare. She participated in the Harvard Nurses' Health study since its inception in 1977. She volunteered for ARC, Hospice, United Way, PTA, Cranford Boys Baseball League and as a Cub Scout Den leader. She had been a member of the Cranford Junior Women's Club. She was a member of the Cranford Historical Society and Friends of the Cranford Public Library.

Marylou was an avid reader and enjoyed music, theater, antiques, writing and animals. Her greatest happiness was time spent with her family and friends. In lieu of flowers, the family would appreciate donations for Cranford Family Care, The Salvation Army and The Seeing Eye of Morristown, NJ.

SALEM ROADHOUSE CAFÉ OCT 14 SHOW

Salem Roadhouse Café presents Zuko, Philips, Cohn & Starr, Saturday, October 14, 2023. The doors open at 7:15 p.m., the show starts at 8:00 p.m. Admission is \$20 and includes show, snacks, non-alcoholic beverages, and dessert. The venue is located in Bailey Hall at Townley Presbyterian Church, 829 Salem Road, Union, NJ. The Roadhouse operates as a non-profit that raises funds for several carefully chosen local charities.

Zuko, Philips, Cohn & Starr have carved themselves a unique niche within the realm of rock classic tunes. Focused mostly on vocals and light accompaniment with a pair of guitars and a djembe for rhythm, this group of very talented and familiar Roadhouse performers has taken classic rock tunes we all know and love and put a lighter spin on them. The usual trappings of rock with it's requisite "wall of sound" is avoided, making the lyrics and tunes able to be heard clearly. Focused on rich harmonies, their sound is catching on like wildfire. Come and hear songs as you've never heard them before! States Michael Zuko, "We are in the midst of recording our debut album, which will be out next year. More original material is being added to our set lists."

As always, the Salem Roadhouse Café is live, intimate, up front, and personal. All ages are welcome.

ABOUT SALEM ROADHOUSE CAFÉ

It's not "church music." It's music music.

Folks who've come to the Salem Roadhouse Café know that it's a clean, safe place for people who enjoy listening to live music — in a world otherwise filled with clubs and bars. The Roadhouse has always offered its stage to local and independent mainstream musicians. Jazz, rock, folk, and other groups have performed. What's the common thread? They're all great musicians playing the kind of music people like to hear. There's no message, just music.

The Roadhouse started in 2008 by members of Townley Presbyterian Church with a grant from the Presbytery of Elizabeth. Hey — that's why we're located where we are. The Roadhouse operates as a non-profit that raises funds for several carefully chosen local charities. That's its social mission.

But the many musicians who've played the Salem Roadhouse Café see it as a solid performance venue. They love it because of its special intimacy and great audiences. They say people here "really listen." Ask any of the musicians you meet here — they love to play the Roadhouse, and they want to come back often.

The Salem Roadhouse Café has raised funds for many carefully chosen charities. They include: The Presbytery of Elizabeth E-port Center, Center For Hope Hospice, Community Food Bank, Monarch Housing, Angel Paws Animal Rescue, National MS Society, Haiti Disaster Relief, Hurricane Sandy Disaster Relief, The Union County YWCA Domestic Violence Programs, Making It Possible To End Homelessness, Camp Johnsonburg, The Music Institute, and others. Thousands of dollars have been raised for these deserving charities.

1.56 MILLION DEHUMIDIFIERS RECALLED DUE TO FIRE HAZARD

The Cranford Fire Department encourages all residents with a dehumidifier to check its model number to see if it is part of a nationwide recall. Gree is currently recalling 42 models of dehumidifiers due to fire and burn hazards. These dehumidifiers can overheat, smoke and catch fire. The recalled units are responsible for 23 fires and 688 incidents of overheating. Approximately 1.56 million units have been sold in the US under the brand names Kenmore, GE, SoleusAir, Norpole and Seabreeze. Further information on this recall including specific model numbers can be found on the website below. Chief Czeh states "Consumers should immediately stop using and

unplug their dehumidifiers until they are able to check the model number and ensure it is not part of this recall. These models have been sold in Home Depot, Lowes and many other stores that are located in our immediate area. They pose a significant fire and burn risk to consumers."

Consumers can enter their email address at the Consumer Contact link located on the CPSC.gov web page and will be notified when the recall registration website is available to obtain a refund.

Visit: [cpsc.gov/Recalls/2023/Gree-Recalls-1-56-Million-Dehumidifiers-Due-to-Fire-and-Burn-Hazards-Reports-of-At-Least-23-Fires](https://www.cpsc.gov/Recalls/2023/Gree-Recalls-1-56-Million-Dehumidifiers-Due-to-Fire-and-Burn-Hazards-Reports-of-At-Least-23-Fires)



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Union County Clerk

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ST. MICHAEL'S ANNUAL TRICKY TRAY RAFFLE – NOV. 4TH

You're invited to St. Michael School Cranford's Annual Tricky Tray on Saturday, November 4th, 2023, located at 100 Alden Street in Cranford.

Doors will be open for Tricky Tray ticket purchases and drops from 11:00 a.m. – 5:00 p.m. Guests may enter through St. Michael's Lane, located at the back of the school.

Hundreds of amazing prizes including gift certificates for local dining and shopping, Beats Solo 3 Wireless Headphones, Cordless Stick Vacuum, Keurig K-Supreme Plus, Air Fryer, Shop Vac, Power Washer, Chromebook, 50" TV and designer handbags just to name a few. Great gifts for everyone on your holiday shopping list.

Admission is free. Day of event Tricky Tray ticket prices are as follows:

- Green Level Prizes
(valued up to \$149), 26 ticket for \$20
- White Level Prizes
(valued \$150-\$349), 11 tickets for \$20
(3 more tickets than previous years!)
- Gold Level Prizes (valued \$350 & above),
1 ticket for \$5 or 5 tickets for \$20
- Diamond Level Grand Prize
\$1,000 Visa Gift Card,
1 Ticket for \$10 or 3 tickets for \$20

Tricky Tray Pre-Sale Ticket Bundle can be purchased ahead of time for \$50 and includes:

- 1 set (26) Green Level Tickets;
- 1 set (11) White Level Tickets;
- 1 set (5) Gold Level Tickets.

A \$60 value for only \$50. This offer is advance order only and will be available for pick-up at the event. Payment must be received by Thursday, October 26th. Order as many bundles as you'd like! Pre-Sale ordering will be available by check or cash (mailed or dropped off at the school) or new this year by Credit Card (fees apply). The day of the event, additional tickets will be sold by cash or credit cards, and a limited number of bundles will be sold for credit card purchase only for \$60.

More chances to win at the event including a 50/50 Raffle and a Calendar Raffle.

50/50 Ticket prices are 3 tickets for \$5 or 7 tickets for \$10

Calendar Raffle dates are \$5/each.

Drawing will begin that evening at 7:00 p.m. on Facebook Live!

Winning #'s will be called live to view from home on Facebook Live, and will be posted on our Facebook page at the conclusion of the drawing at facebook.com/stmichaelschooltrickytray and on the school's website: smscranford.com

Winners may collect their prizes on Sunday, November 5th at the school from the same entrance at Saint Michaels Lane between the hours of 11:00 a.m. – 2:00 p.m. Winning tickets must be presented to collect prizes. All prizes need to be picked up Sunday or arrangements need to be made to pick up that week by emailing SMSTrickyTray100@gmail.com.

For more information, please follow us on Facebook: facebook.com/stmichaelschooltrickytray Or you may contact SMSTrickyTray100@gmail.com or the school directly at saint.michael@verizon.net or call 908-276-9425.

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	OCT. 01	1-5	

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DOCUMENTING NJ'S REVOLUTIONARY WAR VETERANS

Elizabeth Snyder-Continental Chapter DAR

Two local women are helping create a new database of New Jersey Revolutionary War Soldiers. A project of the Daughters of the American Revolution (DAR), the database will be the most comprehensive produced to date utilizing a wide variety of sources.

"The hope is that this database will not only allow us to recognize and honor these veterans, but also help their descendants and researchers to learn about them," said DAR volunteer Holly Dunbar. Working on Somerset County, Dunbar has compiled information on more than 1,700 individuals to date.

Project volunteers aim to find and record as much information about each patriot as possible. This includes dates and locations of birth, enlistment, death and burial; service record with rank and unit, battles, if wounded, taken prisoner or killed; family with names of spouses, parents and children; and the sources of this information. A special effort is being made to include women, African Americans and Native Americans.

"We are starting with the current DAR database, but also using church records, county and local histories, surviving military and pension records, newspapers, and more," said Dunbar, who is a member of Elizabeth Snyder-Continental Chapter in Green Brook.

Another chapter member, Ruth Ryno, is working on Essex County, which also includes present-day Union and and part of Passaic County. "I look forward to helping prepare this database in honor of our New Jersey patriots as

our country prepares to celebrate America's 250th anniversary in 2026." When the project is completed, the database will cover all of New Jersey and will be made available to the public.

DAR is a nonprofit nonpolitical service organization open to women 18 and older who can prove lineal descent from a patriot of the American Revolution. Elizabeth Snyder-Continental Chapter is based in Green Brook and serves areas in Somerset, Middlesex and Union counties. New members are welcome. Contact ESCchapterDAR@gmail.com or learn more at DAR.org.



(above) Holly Dunbar, New Jersey DAR State Chairman





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MOUNTAINSIDE'S FIRST EVER RESTAURANT WEEK - OCT 21 THROUGH 28

Mountainside will be holding its first ever restaurant week this year. It will run from October 21st through the 28th. Mayor Paul Mirabelli announced the program, "There are so many great dining options in Mountainside. Some were featured in the most recent edition of NJ Monthly magazine."

11 establishments will be participating in the event. There is something for every taste and every time of day. One can get premium sandwiches and prepared food at Mazzella's and the Mountainside Deli. Chrone's is a favorite local tavern that has good Italian food and American fare.

Bovella's has been the go to bakery in the area for many years, and now their Mountainside location offers breakfast and lunch. The Mountainside Stage House Tavern is a great place to watch "the Game" or catch some live entertainment while choosing from an eclectic menu. Mosaico is known for fine Italian dining and delicious deserts. They also have live entertainment, check the website for details. Spanish Tavern has been named one of the best Spanish Restaurants in Northern New Jersey. Seafood dishes are a specialty reflecting the heritage of its owners.

New Jersey monthly highlighted the Publick House as an upscale gastropub that is the place to go for all occasions. Echo Tap has a very wide selection of delicious culinary choices. It is also a great place to watch your favorite sporting

event or enjoy a weekend brunch. Famous Dave's has long been serving the best BBQ in the area.

Most of the restaurants offer an al fresco dining experience as well. If you prefer to eat in the comfort of your own home, all of the restaurants offer take out. If you choose to go this route, local liquor store Vine Republic will be participating in restaurant week as well. The knowledgeable staff can guide you to just the right bottle of wine or micro brew to enhance your dining experience.

Mayor Mirabelli added "I look forward to meeting residents and visitors while enjoying the delicious food that Mountainside has to offer." Borough Administrator Glenn Mortimer added "Mountainside is always looking for ways to build community and to support our local businesses. It is our hope that is the first of many such events."

Visit the Restaurant Week website and mountainsiderestaurantweek.com for more information, including a full list of participating establishments and for a chance to win a \$50 gift certificate.

PARTICIPATING ESTABLISHMENTS:

- Bovella's
- Chrone's
- Echo Tap
- Famous Dave's
- Mazzella's
- Mosaico
- Mountainside Deli
- Publick House
- Spanish Tavern
- Stage House Tavern
- Vine Republic



(above) Councilwoman Deanna Andre & Councilman Steve Matejek hold Restaurant Week posters.

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BULLIES TO BUDDIES WORKSHOP – OCT. 19TH

On Thursday, October 19th from 6:30-8:00 p.m. Imagine, A Center for Coping with Loss will offer a Bullies to Buddies workshop at their Mountainside center at 244 Sheffield Street in Mountainside. There is no cost for this program. Children and youth, third grade and older are welcome to attend along with adults who wish to help the children in their lives gain skills for responding to bullying behavior. Young people attending will have an opportunity to role play techniques taught throughout the session.

Bullying is a challenge for many students, but children and youth who are grieving are more likely to be bullied or become bullies. The Bullies to Buddies method fosters resilience by showing how to respond to verbal aggression. Children from 3rd grade and up, parents, school staff members and any interested community members are welcome to attend whether or not they have been recently impacted by a loss.

The training will be offered by Connie Palmer, LCSW who is a Grief Education Consultant for Imagine. Connie is a former school social worker, therapist and is a Certified Bullies to Buddies Trainer.

If you and/or your kids are interested in attending, please register by scanning the QR

code below or visiting Imagine's website at imagineenj.org. Pizza dinner is available prior to the workshop at 6:15 p.m. Please indicate your interest in coming early for pizza when you register. We hope you can join us at Imagine for this timely and beneficial workshop!

Imagine is a 501c3 nonprofit that offers free year-round grief support groups for children ages 3-18 and young adults 19-30 who are coping with a loss due to death. Concurrently, support groups are available for the parents and guardians of the children in the groups and offered in English and Spanish. Imagine also offers grief and loss education and training to the community.

For more information please contact Imagine at 908-264-3100 or info@imagineenj.org.



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GIRL SCOUTS VISIT TO NEW JERSEY STATE CAPITOL

The Girl Scouts of Cranford

On Wednesday, September 6, 2023 fifteen 4th grade Girl Scout Juniors and two second grade Girl Scout Brownies from Cranford, NJ from five Girl Scout troops in Service Unit 48 traveled to the New Jersey State House in Trenton, NJ to learn about the history of New Jersey government, the role of government, and the Girl Scouts' role as citizens.

"Offering my Girl Scouts a variety of experiences is really important to me," said Erin Muldoon, a Girl Scout Junior Troop 45012 co-leader chaperoning the trip. "Activities which are engaging make the learning more fun and memorable. So, what better way to make the somewhat boring topic of laws and government fun than a visit to the State House where it all takes place."

The girls began the day traveling back in time to 1776 at the Old Barracks Museum, a location built in 1758 as a French and Indian War military barracks eventually becoming an army hospital overseeing smallpox inoculations for the Continental Army. The crucial victory of the Battle of Trenton overseen by George Washington was also shared with the Girl Scouts as they were recruited by live reenactors into the Continental Army.

"The story of George Washington's crossing and how the British thought the early, smaller run on Trenton by local militia was the entire advancement the British were warned about by their spies was a favorite part of the day," said Parker, from Girl Scout Junior Troop 41267.

After traveling back in time, the Girl Scouts visited the New Jersey State House where the

Office of Legislative Services Tour Office provided information on the site's history, art, architecture, and the legislative process. The Girl Scouts visited the Senate and Assembly Chambers and spoke with women who support the State House in roles such as attorneys and law enforcement.

"The trip gave me more career ideas which may be fun while also helping others," said Payton, from Girl Scout Junior Troop 40042.

The day wrapped up with the Girl Scouts participating in a Make-A-Law! program provided by the Office of Legislative Services Tour Office. The Girl Scouts had the opportunity to deliberate a piece of pending legislation as mock Senators. They considered opposing arguments and developed reasoned conclusions before voting on the issue.

"The day was very fun and we learned about how bills get turned into laws, our democracy, and got to debate a bill. It was very fun," said Angela from Girl Scout Junior Troop 40903.

"I loved being recruited as a soldier to Washington's Revolutionary Army, and then being elected as a State Senator to pass laws," said Becca, from Girl Scout Junior Troop 45012. "Our visit to the Old Barracks and the NJ Statehouse was fun!"

"To be toured through the State House, learning so many things, by intelligent and inspiring women won't be something these Girl Scouts will soon forget," said Muldoon. "I wish that when I was a fourth grader that someone told me that I already had a voice, that it mattered, and to go ahead and use it."

The Girl Scouts of Cranford boasts over 1,139 Girl Scout Members in 71 troops and Juliettes making it one of the largest non-profit organizations in town. The Cranford Service Unit is a part of the Girl Scouts Heart of New Jersey (GSHNJ) Council which is part of the Girl Scouts of the USA. If your family is interested in learning more about local Girl Scouts or to find out more information on the Girls Scouts of Cranford, please visit cranfordgirlscouts.com.



Courtesy photos

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ANNUAL POOCH PLUNGE



Cranford Pooches got a change to go for a swim at the Annual Pooch Plunge held on Saturday, September 9 at Orange Avenue Pool. This event is organized by the Cranford

Community Connection in partnership with the Recreation & Parks Department and Cranford Pools. Proceeds from the event benefit the Cranford Community Connection.



Photos from this and other events can be found online at rennamedia.com and on Cranford Monthly page on facebook.com. Feel free to “Like,” “Tag,” and “Share.”

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FALL FUNDRAISER – BASKETS OF HOPE

The Center for Hope Hospice Auxiliary

The Center for Hope Hospice and Palliative Care Auxiliary 25th annual fall fundraiser “Baskets of Hope” will take place on October 22nd, 2023, from 11 a.m. to 4 p.m. at the Pines Manor in Edison, New Jersey.

The event will feature a wonderful luncheon, and raffles of over 100 baskets, a 50/50 raffle, door prizes, two gift card aprons, and a raffle for VISA gift cards in denominations of \$2,000, \$1,000 and \$500, and various vendors will offer an array of beautiful merchandise for sale.

The Center for Hope Hospice and Palliative Care Auxiliary provides financial support of the Center’s charity care through fundraisers such as the “Baskets of Hope” in the Fall and a Wine Tasting in the Spring. The Auxiliary also runs the Hope Chest, a thrift store located at 26 Prospect Street in Westfield, New Jersey.

The Center for Hope Hospice and Palliative

Care is a not-for-profit hospice that provides loving care to patients and their families regardless of race, ethnicity, religious affiliation, or ability to pay. This care is provided in facilities in Scotch Plains and Elizabeth, New Jersey, and in patients’ homes.

For more information regarding the event, and to purchase tickets visit cfhh.org. Tickets for the VISA card raffle can be purchased at the Hope Chest, located at 26 Prospect Street, Westfield, NJ, or from an auxiliary member.



ROSELLE PARK ARTS FESTIVAL – SEP. 30

Borough of Roselle Park

The eagerly anticipated Roselle Park Arts Festival is set to make its return on September 30, 2023 from 12:00 to 7:00 p.m. As in previous years, the event brings together artists, performers, and the community for a day of creativity, entertainment and cultural celebration. With growing popularity throughout the years, the festival is back and promises to be bigger and better than ever before. This free event is open to all!

Spanning all of downtown Roselle Park, on Chestnut Street from Westfield Avenue to Webster Avenue, the art walk will feature over 65 visual artists and crafters from the region. Last year over \$2,500 was awarded to the top artists/crafters in each category. Additionally, street artists will be spray painting live throughout the day in Michael J. Mauri Park. The main stage in the park will feature 6 professional bands, including Afro Dominicano returning for a third year due to popular demand. The Roselle Park Memorial Library lawn will feature a line-

up of talented local musicians and a hands-on art area for kids of all ages. Make an instrument and join the 2nd Line parade with the Big Noise Brass Band at 1:30!

New for 2023, there will be a beer garden near the performance stage at Warren Avenue. Come sip on local beer and wine while watching dance, roller skating and hula hooping performances. There will be food trucks near the Library and Gazebo, and Costa’s Restaurant for outdoor dining.

An official 16x20 festival poster can be purchased with a \$25 donation at the festival information booth at Chestnut Street and Grant Avenue. The poster was designed by local illustrator and 2022 Judge’s Choice Award Winner Sora Cebellos, who is offering signed copies for a \$30 donation.

Set-up for the festival will begin on Saturday, September 30th from 9 a.m. to 12 p.m. The rain date for this event is Sunday, October 1st. Please visit rplovesart.org for more information.

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ARC OF UNION COUNTY RAISES \$41,000

The Arc of Union County, a non-profit agency serving more than one-thousand adults with intellectual and developmental disabilities, raised over \$41,000 at its first annual Swing Into Summer Golf Invitational on June 21st at Galloping Hill Golf Course in Kenilworth.

Golfers from local and regional businesses, private individuals and other supporters enjoyed a full day of golf, breakfast, lunch and numerous prizes. Among them was a raffle for an all-expense paid luxury three-day, two-night stay at the exclusive Kiawah Island Golf Resort in South Carolina won by Ryan Frangopoulos of Macro Technology.

The event also served as a passing of the torch from The Arc of Union County's long-time Executive Director Frank Caragher, who retired at the end of June after 49 years of service to the IDD community, to his successor, Edwin Asuta, who took over in January.

For 74 years, The Arc of Union County has offered a lifespan of services including family support, early intervention, education, residential, day habilitation and employment services. All proceeds will directly support these programs.

The Arc is grateful to Galloping Hill Golf Course and GAPGEM LLC Golf Event Management for their essential roles in making this event a success. We also thank our 23 sponsors without whose support this event wouldn't have been possible. They are:

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Learn more about The Arc of Union County, its programs and services, at arcunion.org or follow us on Facebook, Instagram, and LinkedIn. And for an early start on next year's golf event, contact Marianne Kranz at mkranz@arcunion.org.

Courtesy photo



(above) Retired Executive Director Frank Caragher and his successor Edwin Asuta



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Movie Night

Wednesday, October 4, at 7pm

Movies are back! Join us the first Wednesday of the month for a screening of a recently released DVD! Please visit our website or contact the library for film titles.

Adult Crafts

Join us Tuesday, October 10, at 7pm

For Adults. Create! Join us on Friday, October 13, at 11am for a morning craft. Stop by the Library on Wednesday, October 18, starting at 10am to pick up our Grab & Go craft kit.

Cranford Scribes

Wednesday, October 11, at 7pm

Are you a local writer? Join the Cranford Scribes, a monthly group where local writers come together to write, bounce around ideas, share feedback, and connect.

Invasive Species Threats, Identification and Control

Wednesday, October 11, at 7pm

Presenter Michael Van Clef, Ph.D., Program Director of the New Jersey Invasive Species Strike Team, will discuss the Strike Team's work to eradicate invasive species for the protection and conservation of rare species, including plants and wildlife. Registration is required and can be done online.

International Film

Monday, October 16, at 2pm and 7pm

International films are back! Join us for an International film screening. The same film will be shown at 2pm and 7pm. Please contact the library for the film title.

Theater Project

Saturday, October 21, at 2pm

New Jersey's own Theater Project will present a reading of an original short play. The reading will be followed by a question and answer session with the audience, director, playwright and cast.

Readers Forum

Monday, October 23, at 7pm

All are welcome at the Readers Forum Book Discussion Group! This month's book is Ordinary Grace by William Kent Krueger.

Literary Cafe

Saturday, October 28, at 10:15am

Literary Café is a book chat program. Bring a few of your recent favorite books and tell the other members of the group what you like about them. If you don't have a copy of the book you want to talk about, that's okay, too.

Marc Berger Concert

Monday, October 30, at 7pm

Marc Berger's performed at Austin's SXSW Music Festival and the Kerrville and Falcon Ridge Folk Festivals and has opened for Bob Dylan and other national acts. At this special concert, Marc, accompanied by a drummer, will perform songs and stories about his experiences as an easterner in the mountain and desert West.

FRIENDS OF LIBRARY BOOK SALE OCT 19 & 20

Looking for some good reading at bargain prices? The Friends of the Cranford Public Library invite you to visit their used book sale in the library's "Friendly Book Cellar." Browse through shelves full of 25,000+ books and make as many selections as you'd like! Most adult hardcover books are \$2.00 and paperback books are \$1.00. Most children's books are 25 cents or 50 cents!

The Book Sale will take place on Thursday, October 19th (1-8 pm), Friday, October 20th (10 am-5 pm), and Saturday, October 21st (10 am-2 pm), which is Bag Day. For just \$8, you can fill a shopping bag with books. Cash or checks only. Registration is required and can be done so at cranfordlibrary.org/friends.php or via the QR code provided.

The Friends look forward to seeing you at the "Friendly Book Cellar." The Friends of the Library is a non-profit organization. Proceeds of all book sales and monetary donations benefit library programming and events for all ages throughout the year.

These sales are only made possible because of your book donations. Donations of books in good-new condition are welcomed and appreciated, any time during library hours.

Library staff at the front desk can help direct you. While we welcome donations, please note that we cannot accept the following: encyclopedias, textbooks, moldy/musty/soiled/damaged books, audiocassettes, VHS tapes. Thank you for your consideration.



(above) Registration is required and can be done so at cranfordlibrary.org/friends.php or via the QR code provided.

GERMAN BUFFET LIBRARY FUNDRAISER

The Friends of the Cranford Public Library is hosting a German Buffet Fundraiser at the Deutscher Club of Clark, located at 787 Featherbed Lane, on Wednesday, November 1, 2023, 6:00-9:00 p.m.

The cost is \$50/person. The menu will include items such as mushroom soup, salad, pork schnitzel, sauerbraten, bratwurst, German potato salad, red cabbage, spaetzle, sauerkraut, apple strudel, German chocolate cake, and coffee/tea. Alcoholic beverages and refreshments can be purchased separately at the bar. Live music will be provided.

Seating is limited and reservations must be confirmed. Reserve by October 15, 2023. Fill out the form below and submit with a check only addressed to "Friends of the Cranford Public Library" with "Fundraiser" in Memo. Reservation form and check can be dropped off at the main desk of the Cranford Library or mailed to: Friends of the Cranford Public Library, Cranford Public Library, 224 Walnut Street, Cranford, NJ 07016. We cannot wait to see you there!

German Buffet Fundraiser Reservation Form

Name: _____

Address: _____

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Names of person(s) you would like at your table: _____

Total number of people: _____ x \$50 = _____

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