

Summit NJ Times

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ARTS + CARS DOWNTOWN ART FESTIVAL RETURNS

Summit Downtown, Inc. (SDI) is proud to announce the exciting return of Arts & Cars Downtown Art Festival and Summit Elks Classic Car Show on Sunday, September 17th from 10 a.m. to 4 p.m. Presented in collaboration with the Visual Arts Center of NJ and the Summit Elks, this family-friendly event is designed to celebrate the vibrant arts community and the timeless appeal of classic cars. Guests can expect a day filled with great food, live music, children's entertainment, art and wares, classic cars from all years and much more in downtown Summit. The Arts & Cars Downtown Art Festival and Classic Car Show is free and open to the public. Attendees are encouraged to explore the charming downtown area, discover new art and artists, and immerse themselves in a day of culture and entertainment. Here are some event highlights:

DOWNTOWN ART FESTIVAL:

The Summit Downtown Art Festival is an outdoor, juried art show and showcases a diverse range of artistic talents, featuring local artists and artisans presenting their creations in various mediums, including paintings, sculptures, jewelry, and more. Visitors will have the opportunity to explore and purchase unique and original items. The Art Festival, organized by the Visual Arts Center of New Jersey will be located on Springfield Avenue between Beechwood Road and Summit Avenue. New this year, Summit Public Arts (SPA) will have a table near Beechwood Rd. and Springfield Ave., where folks can meet up for public art tours downtown, featuring the 2023 theme of Heavy Metal; tours will start at 11am and 2pm. SPA will also be hosting some interactive games for kids!

LIVE ENTERTAINMENT:

Throughout the day, visitors can enjoy live music and performances by local musicians, adding to the festive atmosphere and providing a lively backdrop for the event. The main stage will include performance by Candice Lee, The Carnival Dogs and The Rusty Monks; the beer garden will feature Zuko, Phillips, Cohn & Starr and Sabrinna Dias, who competed on The Voice in 2021. Special thanks Boxcar for their entertainment sponsorship.

CLASSIC CAR SHOW:

Now staffed by the Summit Elks, hundreds of classic cars will be on display for car enthusiasts' enjoyment along Union Place and lower Beechwood Road. The showcase will highlight the beauty, design, and history of vintage automobiles. To download a registration form please visit summitdowntown.org.

FOOD TRUCK ALLEY:

Food trucks will be located on Bank Street. Most downtown businesses also offer takeout that you can bring to the beer garden, too! New this year: Mo' Dough, fresh warm donuts with fillings and toppings; Drake's Joint Roadside BBQ with many BBQ choices and sandwiches. Returning favorites will include Angry Archies, offering seafood items and sandwiches; The Meat House, offering burgers, dogs and more; Puras Paletas with their gourmet ice pops; Just Delicious Kettle Corn; and Summit's favorite Pizza Vita with their truck slinging pies all day!



BEER & WINE GARDEN:

The Bank Street parking lot will be transformed into a Beer & Wine Garden sponsored by downtown Summit's own Cambridge Wines and Peerless Beverage Co. will feature draft beers and a variety of fine wines. Open at 11 a.m., all are welcome inside the Beer & Wine Garden to enjoy the entertainment and games or take a seat to enjoy some food, but only those aged 21 years and older are able to get a wristband to purchase alcoholic beverages. Enjoy live music, kids' activities, plenty of tables for dining, cornhole and other games, and just a great place to take a break! Grab some food from Food Truck Alley or any downtown eatery and bring it to the Beer & Wine Garden to enjoy! Drink tickets can be purchased at the entrance at Lyric Park on Beechwood Rd. and are cash only.

CHILDREN'S ACTIVITIES:

Children's Activities will be provided by the Summit YMCA and The Connection on Springfield Avenue between Beechwood Road & Maple Street. Both be providing exciting interactive activities for kids of many ages! Also roaming around for the kids will be Krazy Kevin juggling along on his unicycle and Shawn Yaney the immensely popular balloon artist, and additional activities from Robot Revolution, FPC Car Racing, Henna by Helen, Spin Art and more.

SUMMIT FARMERS MARKET:

Summit Farmers Market will be open at the corner of DeForest Ave and Woodland Ave from 8 a.m. – 1 p.m.

Summit Downtown, Inc. is a nonprofit organization dedicated to the on-going development and promotion of the business community in downtown Summit, NJ.

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UNITING COMMUNITIES THROUGH ACTS OF KINDNESS AND POSITIVITY

Junior League of Summit (JLS), a leading women's organization dedicated to making a positive impact in our communities, is thrilled to announce the celebration of the inaugural "Find the Good Day" on September 14th, 2023. This special day of unity and compassion aims to spread kindness, uplift others, and inspire positive change across Summit, Chatham, New Providence, Berkeley Heights and the surrounding area.

"Find the Good Day" is an opportunity for individuals, families, and organizations to come together as changemakers and create a ripple effect of positivity throughout our community. It is a day to reflect on the goodness within ourselves and find inspiration in the acts of kindness we've witnessed and participated in throughout the year.

JLS invites everyone to join in the festivities and make a difference on this significant day. Whether it's through acts of service, volunteer initiatives, or simply spreading positivity through kind gestures, every contribution has the power to create lasting change.

"As we approach 'Find the Good Day,' we are reminded of the profound impact we can have when we unite with hope and optimism," said Samantha Sheridan, Find the Good Day Chair. "Together, we can create a brighter, kinder world, one act of goodness at a time."

In the spirit of celebration, JLS encourages

participants to take photos and share them on social media. Tag Junior League of Summit and use the hashtags #FindTheGoodDay to be featured on our platforms. Let's highlight the dedication, passion, and hard work that goes into spreading kindness and positivity.

Find the Good Day serves as a reminder that acts of goodness can happen every day, and together, we can make a lasting impact on the lives of many. Join us on September 14, 2023 and let's ignite a chain of positivity that echoes far beyond this special day.

We invite everyone to stop by The Junior League of Summit Thrift Shop located at 37 DeForest Avenue in Summit, on Sunday, September 10, 2023 between 10am – 12pm (right across from the Farmer's Market) to learn more and pick-up free stickers and coloring pages!

For more information about JLS and "Find the Good Day," please visit <https://summit.jl.org/>. If you'd like to become a member and help us prepare for this day, please email communicationsvp@jlsummit.org.



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LIONS CLUB INSTALLS NEW OFFICERS

The Summit Lions Club was chartered in 1926. The club installed new officers on June 21, 2023, at La Focaccia Restaurant in Summit. The club’s main mission is to provide assistance to the visually impaired. Helen Keller challenged the Lions to become Knights of the Blind in her famous speech in 1925. Other club initiatives include hunger, environmental and pediatric cancer. There are over 46,000 clubs in more than 200 countries around the world. Please consider becoming a member by contacting Lion Peter Twill at peter1twill@gmail.com.



(above, l-r) The Summit Lions Club new officers: Evan Sciarrello, Walter Wojcik, Patty Uzzolino, Fred Cuozzo, 1st VD Governor Rogel Bautista and Peter Twill.

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SUMMIT HEALTH CARES ANNOUNCES CHALLENGE FUNDRAISING EVENT

Community-Building Event Will Raise Money For SHC’s Cancer Comfort Project on October 15, 2023

Summit Health Cares will be hosting its second annual Summit Challenge, October 15, 2023 at Mount Carmel Society, 56 River Road, Berkeley Heights, New Jersey. This unique fundraising experience will bring the community together while raising funds for Summit Health Cares’ Cancer Comfort Project

Summit Challengers will take on a multi-level obstacle course running from one challenge to the next, where they will jump, crawl, balance and climb their way through. The course will be surrounded by a festival of food, entertainment and kid zone for friends, family and teammates to enjoy. People of all athletic abilities are invited to become a Summit Challenger as a Solo Challenger or Team to take on the obstacle course and help raise funds for Summit Health Cares’ Cancer Comfort Project. The Comfort Project offers multiple resources, from one-on-one patient navigation services helping access community resources to movement and mindfulness classes; pet therapy; relaxing music and a Patient-in-Need fund - providing grants to help with critical, non-medical expenses. Everything the Comfort Project offers is to help reduce the stress and anxiety for patients and their families fighting cancer so they can focus on their treatment

“I am grateful to Summit Health Cares for the variety of programs they schedule monthly,” expressed Donna, a patient and participant in the Comfort Project programs. “I participate regularly in Qi Gong, Reiki and Jin Shin Jyutsu, and I believe they have helped me control physical symptoms related to treatments, manage my stress, maintain a sense of well-being and take a more active role in my own healing.” While conventional therapies are helpful for many people fighting cancer, offering a range of additional services allows patients and families to build a comprehensive, whole-person approach that works best for them. Summit Health Cares’ Cancer Comfort Project offers programs and resources to help patients maintain their emotional, physical and spiritual well-being

throughout treatment, increasing quality of life and chances of survival

“Patients going through their chemotherapy journey are going through a very tough time,” explained Gisele Raphael, RN, Office Supervisor Hematology-Oncology at Summit Health

“They have all different kinds of needs and these programs are helping them. The Summit Health Cares volunteers support the patients – they sit down and listen to their needs and always strive to find a way to help them.” - moreEveryone in the community is invited to participate and make an impact today. For more information about the Summit Challenge, to register as a Summit Challenger, or to make a donation, visit www.TakeTheSummitChallenge.com

“Saying YES to participating in the Summit

Challenge will bring us together as one powerful community in support of friends and families who are going through their cancer journey and help alleviate the associated burdens,” said Dr. Laura Balsamini, this year’s Summit Challenge Event Chair. She invites everyone to join her by stepping up to the challenge where the reward to yourself and those with cancer is priceless! About Summit Health Cares Summit Health Cares focuses on supporting our neighbors in underserved communities across New York, New Jersey and Oregon, helping them gain access to the medical, educational and social services they need to live a healthier life. The foundation was established in 2013 by Summit Health - New Jersey’s oldest and largest private multispecialty medical group. Learn more about Summit Health Cares at sh-cares.org.



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Oct 5	Birder's Walk
Oct 8	Lecture: Nature's Best Hope with Doug Tallamy
Oct 11	Creative Arts Day in the Garden
Oct 20	Composting 101
Oct 26	Experience QiGong in the Garden
Oct 27	Members' Beer Tasting and Evening Stroll
Nov 3	Harvesting Honey
Nov 4	Closing Day
Nov 5	Lecture: The Gates of Greenwood with Peter McCourt
Nov 5	Members' Closing Day

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FIRE SAFETY TIPS FOR COLLEGE STUDENTS

The City of Summit Fire Department is issuing a series of campus fire safety tips for college students to use during the school year. U.S. fire departments respond to an estimated annual average of 3,870 structure fires in dormitories, fraternities, sororities, and off-campus housing. According to the U.S. Fire Administration, from 2000 to 2015, 85 fires that resulted in 118 fatalities occurred on a college campus.

“The Summit Fire Department recognizes that going to college is an exciting time for students and their families,” explains Fire Chief Eric Evers. “Living away from home for the first time not only gives young adults more freedom to make their own choices, but it also puts upon them an increased level of personal responsibility while at school. When it comes to on- and off-campus housing, it’s important to

educate students on fire safety.”

The following safety tips from the National Fire Protection Association can be used to ensure a fire-safe environment on campus:

- Look for fully sprinklered housing when choosing a dorm or off-campus housing.
- If you live in a dormitory, make sure your sleeping room has a smoke alarm, or your dormitory suite has a smoke alarm in each living area as well as the sleeping room. For the best protection, all smoke alarms in the dormitory suite should be interconnected so that when one sounds, they all sound.
- If you live in an apartment or house, make sure smoke alarms are installed in each sleeping room, outside every sleeping area, and on each level of the apartment unit or house. For the best protection, all smoke alarms in the apartment unit or house should be

interconnected so that when one sounds, they all sound.

- Set all smoke alarms at least monthly, and never remove batteries or disable the alarm.
- Learn your building’s evacuation plan and practice all drills as if they are the real thing.
- If you live off campus, have a fire escape plan with two ways out of every room.
- When the smoke alarm or fire alarm sounds, get out of the building quickly and stay out.
- Check with your local fire department for any restrictions before using a grill, fire pit, or chiminea.
- Check your school’s rules before using electrical appliances in your room.

For more information and fire safety tips, please visit cityofsummit.org/fire or contact the City of Summit Fire Department at 908-277-1033.

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Carol Mullen, "Monarch," collage, 18x3x.5 in.
Melissa Stern, "Deflated," 2020, sculpture, 43x18x17 in.
Lisa Ficarelli-Halpern, "Joy, after Reynolds," 2023, oil on canvas, 62x38 in.

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ROCKTOBERFEST ADDS LOW SENSORY ZONE AND EXPANDS KIDS' ACTIVITIES

Submitted by Micole Cohen Richter
The Millburn Education Foundation, in collaboration with Caring Kids, is proud to announce the latest addition to Rocktoberfest: the Rose Garden Low Sensory Zone. Serving as the event's fourth stage and activity center, this oasis within Millburn's Taylor Park offers a sanctuary for those seeking respite from the bustling crowds and high-energy stages. It promises a soothing and intimate experience in a stunning natural setting.

The Rose Garden Low Sensory Zone provides a haven for visitors with its low-sensory, acoustic music, engaging crafts, and calming fidget toys. Open to the public from 11 am to 3 pm, this area aims to create an inclusive environment where individuals of all ages and backgrounds can enjoy Rocktoberfest without the sensory overload typically associated with large events.

"We envision the Low Sensory Zone as a way to participate in Rocktoberfest's festivities without experiencing loud noise and the large crowd that can be overwhelming for various groups of people," says Rocktoberfest co-chair Joanna Parker-Lentz, "which is why we consulted on the development of the zone with Millburn community organization Caring Kids. "We know that there are plenty of people who will benefit from this addition to the event," adds co-chair Micole Cohen Richter, "everyone from kids with special needs to seniors to anyone who prefers a quieter performance."

At the heart of Rocktoberfest, right by the front entrance of the Bauer Center, you'll discover the One River School of Art & Design's annual art contest as well as numerous art activities. Open to aspiring artists aged 3 through high school seniors, this contest invites participants to upload their original artwork for a chance to win a FREE month of class! Sign up via this link.

Within the ever-popular Kids Zone, attendees

can enjoy perennial favorites like the trackless train, Mega Obstacle Course, Sesame Street Play Park, balloon animals, water gun trailer, and much more. New for 2023, the thrilling Tilt-a-Whirl promises to add an extra dimension of excitement.



In addition to these exciting offerings, Rocktoberfest boasts live music on four stages, a bustling fitness zone with classes running from 9 am to 2 pm, a diverse selection of food vendors, an artisan village, and a vibrant beer garden offering a wide array of beverages, including beer, wine, and the famous Stella Artois frites truck. Families can also partake in entertaining games for all ages.

Rocktoberfest 2023 is made possible through the support of generous sponsors, dedicated volunteers, and the enthusiastic participation of the Millburn community. We are grateful to this year's presenting sponsor, Stella Artois, Nirvana sponsors Coldwell Banker Realty and the Millburn Deli, Lady Gaga Sponsor Luxe Life Group, and our many other sponsors. The event serves as a testament to the power of music to bring people together and create lasting memories.

For more information about Rocktoberfest 2023 and to stay updated on event details, please visit Rocktoberfest's official website.

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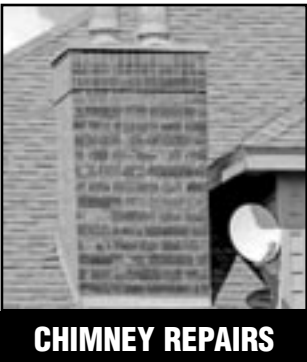
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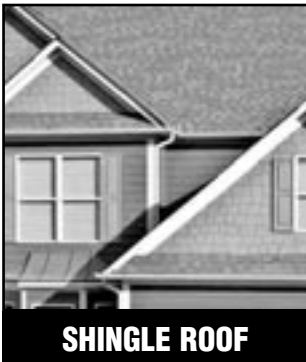
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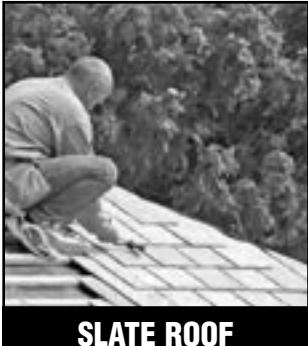
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GRANT TO EXPAND ESL PROGRAM IN SUMMIT

Literacy New Jersey, a non-profit organization dedicated to promoting literacy and improving educational opportunities for adults, is thrilled to announce that their English as a Second Language (ESL) program in Summit, NJ has been proudly supported by a grant from The Summit Foundation.

For over 40 years, Literacy New Jersey has provided free instruction to adults in need of reading, writing, math, and English language assistance. Volunteer tutors work closely with individuals one-to-one or in small groups to help them improve their literacy skills, including those seeking to learn English as a Second Language (ESL), enhance basic reading and writing abilities, obtain their high school equivalency (HSE) credential, or become U.S. citizens.

The Summit Foundation, known for its commitment to addressing critical social issues, has generously awarded Literacy New Jersey a grant to support its ESL program in Summit. This funding reflects the importance of Literacy New Jersey's work in the community and its dedication to promoting literacy and educational equality.

Through the grant provided by The Summit Foundation, Literacy New Jersey aims to serve 70 students in the Summit area during the upcoming fiscal year. In the previous year, the program surpassed its target, providing 3,047 instructional hours to 80 Summit area students.

Literacy New Jersey's ESL classes meet at Summit High School, which provides students with a comfortable, well-equipped, safe place for English classes. It also allows Literacy New Jersey to work with the school district to reach parents who are struggling with English.

The need for adult literacy services in Summit is significant but often overlooked. Census data reveals that over 29% of Summit residents speak a language other than English at home, with 32% reporting limited English proficiency. Moreover, over 80,000 adults in Union County, or 14% of the population, lack a high school diploma. Literacy New Jersey recognizes the impact of limited literacy skills on individuals, including restricted earning potential and limited access to better employment opportunities.

The ESL program by Literacy New Jersey specifically addresses the needs of Summit's immigrant population—hardworking individuals who often work multiple jobs without benefits and for low wages. Without proficient English

skills, they face barriers to better jobs, supporting their children's education, and navigating everyday tasks. Literacy New Jersey's program aims to bridge these gaps and empower individuals to succeed in their personal and professional lives.

Literacy New Jersey is grateful for the support and generosity of The Summit Foundation and looks forward to specifically addressing Summit's need for adult literacy services.

About Literacy New Jersey, literacyNJ.org: Literacy New Jersey provides free instruction to

adults who need help with reading, writing, math and speaking English. Trained volunteer tutors work with adults one-to-one or in small groups to help them improve their language and literacy skills so they can reach their life goals.

About The Summit Foundation, summitforever.org: The Summit Foundation serves the community by growing and granting philanthropic resources to address local needs. In the past 10 years, it has invested \$9.6 million through grants, scholarships, community-supported funds, and donor-advised distributions.



(above) Summit students and tutors from literacy NJ



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IS IT REALLY POSSIBLE FOR A KID TO LEARN HOW TO RUN FASTER?

Retired San Francisco 49ers QB Joe Montana, is arguably one of the greatest NFL players that has ever played football...when his son started playing football it would have made sense for him to help his son learn how to play Quarterback.

But that's not how it went. Joe Montana had to hire a quarterback coach to help his son be a better football player. Here's possibly the greatest NFL QB of all time, needing to hire someone else to help his son. It was not that Joe Montana was not equipped for the job...it was that his son needed a second voice to help him get to the next level.

Many parents who have much less knowledge, experience, and skills than Joe Montana are in the same boat in regards to helping their kids get stronger, faster, and more confident.

Most parents we've come across want their kids to eat healthier, be more active, and have a stronger mindset. But many have told us they need help.

Even with the constant reminders of telling their kids to eat more vegetables, get outside instead of watching TV, practice their sport more, get to bed earlier...they find that sometimes the message falls on deaf ears...and some backup would be helpful toward their vision of helping their kid be the best they can be.

Parents have told us that having us (the Grit Athlete Performance Coaches) as a second voice to help reinforce the habits they want for their kids...is changing the game.

Further...Our Grit Athlete Founder has over 20 years experience with training athletes himself...and certainly knows a LOT more about getting stronger and faster than the average parent...But has all 3 of his children (9, 8 and 6) enrolled in Grit year round....because he knows the power of that second voice.

And after they come through our program, parents tell how it's turbocharging their parenting. Here are some real-life examples that have been reported...

Before, parents struggled with getting kids to eat vegetables...now their kids are asking for more.

Before, parents struggled with getting their kids to get enough sleep...now their kids are getting to bed earlier on their own.

Before, parents struggled with getting their kids to watch less TV or play video games...now they are limiting these activities because they've learned they don't really help them become better athletes.

Before, parents struggled with helping their kids have more confidence...now their kids are doing things out of their comfort zone more often which is helping them believe in themselves which further improves self-esteem.

Before, parents had no clue how to help their kid get faster...now they are faster because they've learned that speed is a skill, and a few simple tweaks can make a kid faster immediately.

Before, parents could not get their kids to make their beds...now their kid makes their bed each morning on their own because they learned that making their bed

in the morning helps them have a better day.

Before, parents struggled with getting their kids to do even one good push-up...now they catch them in their room practicing on their own.

Before, parents wanted their kids to have more determination and grit when training new things...now they are staying calm under pressure and seeking out challenges instead of avoiding them.

Many times it's not about telling your kid to eat more vegetables or stop watching TV...but rather finding the right environment for them to be more successful.

Right in your backyard, there's a team of great coaches waiting to be second voices for your kids...so that all the things you're teaching as parents will be reinforced. But most importantly, the results you're after for your kids will actually become a reality. The Grit Athlete fall Sports Performance session runs September 5th until December 2nd in Berkeley Heights NJ, visit www.gritathletes.com to fill out an application for your child.

Grit Athlete Performance is a Sports Performance Training Company located in Berkeley Heights that helps kids ages 6-18 get strong, fast, and confident so they can have a bigger and better future. They have open registration for their fall program that starts on September 5th and runs til December 2nd.

Visit www.gritathletes.com to register for their fall session...or see below for more details...

**Do you want
GRIT ATHLETE PERFORMANCE
to help your child get faster, stronger,
and more confident?**

The Fall Program begins September 5th.

**Scan the QR code to see if
there is any availability left.**

The program ends December 2nd.



**Scan QR Code for cost,
timeslots, and dates.**

Attention Parents of Kids Ages 6-18

UPDATE: THE GRIT ATHLETE PERFORMANCE FALL PROGRAM HAS OPENED REGISTRATION!

Scan below to submit an application.

We'll have your kid stronger, faster,
and more confident...guaranteed.

Here's what parents can expect to happen:

- **They will get stronger** which means when they show up to their sport they'll be able to perform better than ever.
- **They will run faster and jump higher** so they can show up to their next season and people will start asking what the heck have they been doing.
- They'll become **more coordinated and improve agility** which means they'll pick up new skills their coaches teach them faster.
- **Your children will start to eat better** because we'll be educating them daily on what's good and what they should avoid ...don't be surprised if they start asking you to buy more vegetables.
- **Confidence will skyrocket.** When kids get stronger, faster and more fit...their confidence will rise...so will their self-esteem which means their performance in every aspect of life will get better.
- **Their mindset will improve.** We're going equip your child with very specific mindset skills that'll help them learn how to transform how they think about mistakes and failures.

HAPPY PARENTS TALKING ABOUT THE PHYSICAL AND MENTAL TRANSFORMATION OF THEIR KIDS...

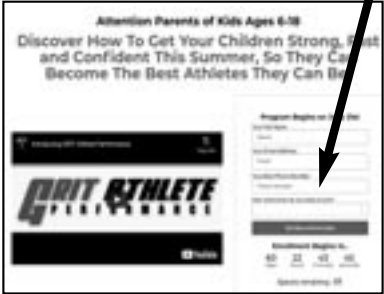
- "When my son started Grit he was quiet, shy, and had some difficulty with movements... Now he is confident in himself, has become more vocal, and is mastering the exercise he struggled with in the past."
- Jen O'Brien, Grit Athlete Parent
- "My son is more disciplined and confident in himself"
- Steve Hughes, Grit Athlete Parent
- "I have watched my children become more confident and vocal."
- Christine Stramandinoli, Grit Athlete Parent
- "His confidence has shot up in the last few months...and has carried forward to the way he approaches other activities like sports and schoolwork. My son is now making his bed daily and exercising every day."
- Catherine Solfaro, Grit Athlete Parent
- We saw a noticeable difference in his throwing - he could throw it further and faster! The training definitely paid off!"
- Dara, GRIT Athlete Parent

GET MORE INFORMATION (STARTED SEPTEMBER 5TH)

STEP 1
Scan This QR Code



STEP 2
Enter Your Info When You Get To This Page



STEP 3
Coach Mike will call you and set you up



Warning: Our Fall season begins September 5th and we tend to sell out early. Please respond promptly so we can give you the best chance to grab a spot. Scan the QR Code and enter your information to find out more about the Fall Program.



BIKE AUCTION – OCT. 7

The Summit Police Department will hold its annual bicycle auction on Saturday, October 7, 2023, in the police parking garage located below City Hall at 512 Springfield Avenue. The garage is accessible by the ramp in the City Hall parking lot.

The preview will take place from 9 – 10 a.m.

and the auction will begin promptly at 10 a.m. Only cash or checks will be accepted and if paying by check, proper ID must be presented. All property must be removed at the conclusion of the auction. For more information, please contact the Summit Police Department at 908-277-9473.

BACK TO SCHOOL SAFETY TIPS

Summit Police Department

As Summit students prepare to head back to school, the Summit Police Department is sharing some safety tips for motorists and children who are walking and biking to school.

“Pedestrian safety is always a priority for Summit Police, but it’s particularly important during back to school when children may be distracted by the excitement of seeing friends and meeting new teachers,” explains Summit Police Lt. Charlie Daly. “Across the United States, thousands of children are injured in collisions with motor vehicles each year. Drivers are encouraged to leave plenty of time for travel and pay close attention to the road when driving especially in school zones.”


The following safety tips will help to protect Summit’s youngest pedestrians, and ensure a happy and safe school year:

- Look all ways before crossing the street.
- Cross only at corners and use crosswalks.
- Obey police officers, school crossing guards, and traffic signals.
- Watch for turning cars and distracted drivers.
- Be particularly alert in bad weather.
- Do not run or play near motor vehicle traffic.
- Walk in groups to and from school.
- If you notice something dangerous, report it to an adult.

If riding a bicycle, wear a helmet and follow the rules of the road.

At the start of the new school year, police officers will be present at all Summit schools to help ensure pedestrian and bicycle safety and encourage safe driving.

For more information on the Summit Police Department and community policing, visit cityofsummit.org/police.



Summit Fire Department
396 Broad Street Summit, NJ

September 11 Observance

The City of Summit is holding a memorial observance for the 22nd anniversary of the 9/11 terrorist attacks on Monday, September 11, 2023 at 9:45 a.m. at fire headquarters, located at 396 Broad Street. Mayor Nora Radest and first responders will speak at a brief gathering, followed by the annual bell ringing ceremony. All members of the community are invited to attend.



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- 1 1/2-3 Riverbed\$98
- 3/8 Red Stone.....\$80
- 3/4 Red Stone.....\$80
- 3/4 Goose Egg\$105
- 1 1/2-3 Goose Egg.....\$125
- 3/4 Arctic White.....\$135

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BUSY AUTUMN SEASON AHEAD FOR DAR

DEDICATION OF COVID-19 REMEMBRANCE GARDEN

Central Presbyterian Church of Summit, NJ is inviting the community to come together for a time to remember all of those who died during the COVID pandemic - whether from COVID or not - as we dedicate a newly-planted Remembrance Garden. The Garden is intended to be a public place in honor of those who died. The short dedication program will be followed by some light refreshments on Sunday, September 10, at 5:00 p.m. The garden is located at Central Presbyterian Church at 70 Maple Street in Summit, NJ, on the Maple Street side of the property.

SUMMIT REPAIR CAFE – SEPTEMBER 9

Summit Repair Cafe closes out their 2023 repair season with their fifth year of repairing. Every event since its inception in 2018 has successfully repaired an average of 67 beloved but broken items from entering the landfill.

On September 9, bring your beloved but broken items to be repaired to Summit's Repair Cafe from 11:00 a.m. - 3:00 p.m. at Christ Church, 561 Springfield Avenue. The last items accepted for repair will be at 2:30 p.m.

Repair services available at this event will include sewing/textiles, lamps, clocks, woodworking, jewelry, computers, knife sharpening, electronics and bicycles. To allow all patrons to have the opportunity for repair, repairs are limited to 2 total items per person and 1 jewelry item per person.

Replacement parts for lamps and clocks will be available for an at-cost fee. Please only bring items that you can carry into our event unaided. No appointment is necessary.

Summit Repair Cafe events are co-sponsored by the Summit Area Green Faith Circle and Repair Cafe Garden State. Visit www.repaircafegs.org for the full schedule of all upcoming Repair Cafe events in New Jersey for the autumn season.

Repair & event (setup/check-in/clean-up) volunteers are wanted for the September 9 event in Summit and all future events. If you would like to help please contact us via email: summit@repaircafegs.org



Following a summer hiatus, members of Elizabeth Snyder-Continental Chapter of the Daughters of the American Revolution (DAR) resume monthly meetings on Sept. 12 with a busy fall agenda.

Upcoming events include the State Meeting, collecting pet food as a DAR Day of Service project, honoring veterans at an assisted living facility, collecting holiday gifts for hospitalized veterans and participating in Wreaths Across America.

Chapter members will report on summer activities, including greeting new citizens, DAR Continental Congress in Washington, D.C., and a workshop to preserve historic cemeteries. Members are also working on a state project to create an index of N.J. Revolutionary War veterans by county.

Do you have an ancestor who served in the American Revolution, or donated goods, services or paid a supply tax? We can help you with your research and DAR application.

DAR is a service organization open to women 18 and older who can prove descent from a patriot of the American Revolution. Elizabeth Snyder-Continental Chapter is based in Green Brook and serves areas in Somerset, Middlesex and Union counties. Contact ESCchapterDAR@gmail.com or learn more at DAR.org.



Courtesy photo

(above) DAR members attended a workshop on how to preserve historic cemeteries at the Presbyterian Church in Morristown, N.J.

CELEBRATE LIBRARY CARD SIGN-UP MONTH

September is Library Card Sign-Up Month! Every year, during the month of September, libraries unite in a national effort to ensure everyone has their own library card. In celebration of Library Card Sign-Up Month, the Summit Free Public Library has partnered with local businesses to reward library cardholders with discounts, savings, and special offers – all people have to do is show their Summit Free Public Library card to get a special deal for the entire month of September.

This September, the Summit Free Public Library will also be holding a library card registration drive at Jefferson and Wilson Primary Centers for all students enrolled in Kindergarten at these schools.

Library cards are available to residents, employees, students, and property owners in Summit NJ, as well as paid members. Library card replacement fees will also be waived during the month of September.

Check with each business for additional details about these discounts.

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Taroon once served as an interpreter for the U.S. military in Afghanistan. Now it is 2013, and Taroon spends his days in hiding, a target of the increasingly powerful Taliban.

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TOWN WIDE GARAGE SALE SET FOR SEPT. 9

Looking to make a few dollars while clearing out your attic or garage? Or are you hoping to find some “new” treasures for a low price? Start sorting out your items to join in the Mountainside Town Wide Garage Sale, organized by the Mountainside Newcomers Club. We provide lawn signs, a participant map, and many sources of advertising to help make this event so popular. The sale will be held on Saturday, September 9, 9 a.m. - 2 p.m., rain or shine.

Please email mtsdnewcomers@gmail.com with any questions, and visit this link to register: forms.gle/LhhH2aiK7e27hKiFA

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WOOFSTOCK SUMMER MUSIC FESTIVAL

HOME FOR GOOD DOG RESCUE

Join us for our epic Home for Good Dog Rescue summer music festival event – WOOFSTOCK! Mark your calendars for Saturday, September 9th, and Sunday, September 10th, 2023. You don't want to miss this annual bash at Brook Valley Farm, 336 Loantaka Way, Chatham, NJ.

This is Home for Good's largest adoption day of the year and is a blast for the whole family. This event is pet-friendly, so be sure to bring your beloved pup to join the fun! All Home for Good Dog alum are invited to reunite with their siblings and former foster families.

Live music will be rockin' on both days from the popular band The Cliffs. Endless entertainment includes food trucks, craft vendors, beer and wine, prize raffles, children's activities, and of course Dog Adoptions!

Gates open 11 a.m. Activities commence at 12 noon and conclude at 5 p.m.

Pre-registered tickets are \$30 for adults & \$12 for children (12 and under). Pre-registration will close on Thursday, Sept. 7th at 6 p.m. Tickets at door: \$35/adult.

To become a sponsor for Woofstock 2023, please email development@hfgdr.org, or go to this link: <https://bit.ly/38VjhQU>

To become a food or craft vendor at Woofstock 2023, please email volunteer@hfgdr.org

ABOUT HOME FOR GOOD DOG RESCUE

Home for Good Dog Rescue (HFGDR) is a 501(c)(3) non-profit organization headquartered in Berkeley Heights, NJ. We rescue dogs from high-kill shelters in the South, transport them to our rescue, and give them a second chance at life. As a uniquely 100-percent foster-based rescue, we place each dog into a loving foster home until adoption, and since our inception, we have rescued over 10,000 dogs and given them loving homes for good. For more information visit homeforgooddogs.org.

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MENTAL ILLNESS IN THE FAMILY - HOW TO COPE

The NAMI Family-to-Family Education Course will be offered by the Union County Chapter of NAMI (National Alliance on Mental Illness). The course will be starting on Thursday evening, September 14, 2023, and meet each Thursday from 7 - to 9:30 p.m. over a consecutive 9-week period. It is free-of-charge, with all necessary materials furnished at no cost.

The course is offered specifically to the parents, siblings, spouses, teen-age and adult

children, and significant others of individuals with severe and persistent mental illness. The program is not appropriate for individuals who, themselves, suffer from one of the major mental disorders. The course is taught by NAMI members who have completed intensive training.

Curriculum topics include schizophrenia, bipolar disorder (manic depression), clinical depression, panic disorder, obsessive-compulsive disorder etc., the clinical treatment of these

illnesses and how caregivers can learn to cope more effectively. Attendees will learn about new research, medications, skills needed to successfully communicate with a relative and how to deal with critical periods.

Capacity is limited. To register or if you have questions contact Pat Roman at 732-397-8123 or email patroman2@aol.com. Please include in the subject line: F2F Course. A F2F teacher will contact you with the details.

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NEW PROVIDENCE BOOK FESTIVAL – SEPT. 23

On Saturday, September 23, 2023, New Jersey authors will sign books and talk to visitors at the New Providence Book Festival. Located on the grounds of the historic Salt Box Museum, the festival will include a series of presentations by authors.

At 10 a.m., during the children's story hour, Nadja Springer, Sue Steinhardt, and Selene Castrovilla will read from their children's books, *The Big Adventures of a Little Tree*, *This is Tap: Savion Glover Finds His Funk*, and *ImperfectPhil is a Friend*.

At 11 a.m., historical mystery novelist Mally Becker will make her presentation, "Bringing the Past to Life One Spy, Mystery and Murder at a Time."

At 12:00 Noon, novelist Elissa Matthews will speak on "Three Kinds of Historical Fiction – Which One Calls to You?"

At 1 p.m., Susen Edwards will speak on "Writing Your Own Memoir"

At 2 p.m., J.R. Bale will talk about "Turning the Voices in My Head into Novels"

All these authors will be available for book signing. Other authors signing their books include Linda Barth, Michelle Cameron, Michael Stephen Daigle, Steven Farkas, Sarajane Giere, Tom Kranz, Nev March, Linda Raedisch, Eileen Harrison Sanchez, Kal Uddin, and others.

"We wanted to expand this event which



connects authors with readers in a very personal way," explains J.R. Bale, author and one of the organizers of the event. "With over 17 authors of writing in various genres, it will be a stimulating event for even the most casual book lover."

Anyone purchasing a book at the festival will be entitled to receive a free raffle ticket for drawings for a gift basket, which will include a Barnes & Noble gift card.

The festival will be held on the grounds of the Salt Box Museum at 1350 Springfield Avenue from 9:00 a.m. to 3:00 p.m.. The rain date is September 30, 2023. The Salt Box Museum, the site of the festival, is operated by the New Providence Historical Society and will be open for tours, free of charge. Refreshments will be available on the grounds.

More information is available at newprovidencebookfestival.com

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SEPTEMBER SPEAKERS PROGRAM

The Summit Old Guard was founded in Summit in 1930 and meets every Tuesday at the New Providence Presbyterian Church located at 1307 Springfield Ave. Our motto is “Come for the Programs. Stay for the Friends.” September speakers include heavyweight boxer Gerry Cooney, Journalist and author Mark Di Ionno, John Staunton EMT and Trustee of the Summit First Aid Squad, and a timely presentation by two local experts on the history of the rapidly approaching World Series. Please join us. Our programs are free to the public, and we welcome you!

On Tuesday, September 5th, Mark Di Ionno Pulitzer Prize finalist writer of the Star-Ledger will speak about his several humanitarian relief trips to Ukraine, his travels there, and the people he met in Ukraine and in Poland. Di Ionno has also written on New Jersey’s Revolutionary War trails and history.’

On September 12th, John Staunton will speak about his 38 years with the Summit Volunteer First Aid Squad, as an EMT and as trustee.

Staunton will also explain the role of EMS services, how 9-1-1 works, and the 61-year history of the Summit Squad.

September 19th, Gerry Cooney will step into the ring. A member of the New Jersey Hall of Fame, many will recall his match with Larry Holmes in 1982. A boxer from 1977 to 1990 Gerry’s record was 28 – 3, with 24 wins by a knockout. In 2019 he wrote “Gentleman Gerry: A Contender in the Ring, a Champion in Recovery.”

Finally, just in time for the first pitch of the World Series, John Cronin and John Nolan will speak September 26, 2023 on the “Fall Classic,” contested since 1903. Both of these local baseball fans and experts will share their incredible knowledge and expertise.

Past speakers and much much more can be viewed at <https://SummitOldGuard.org> but we encourage people to drop in on our meetings which take place at the church at 10:00 AM every Tuesday. “Come for the Speakers. Stay for the Friends.” We look forward to meeting you.



(above) Mark Di Ionno, (above) John Staunton, Gerry Cooney, John Cronin and John Nolan



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IMAGINE OFFERING WEBINAR ON GRIEF

In honor of Hispanic Heritage Month in September, Imagine will be offering a free community webinar on Grief in the Latinx Community on September 21st from 7 - 8:30 p.m. There will be two webinars held simultaneously with one being presented in English and the other in Spanish.

- Those who attend the webinar will be able to:
- Gain awareness of intersectionality and grief as it applies to the Latinx Community
 - Learn traditional cultural values within the Latinx Community
 - Identify different types of grief and loss that pertain to the Latinx Community

Registration for the English speaking webinar is available through Imagine's website at imagineenj.org.

Those interested in attending the Spanish speaking webinar do not need to register and can contact Sonia Nunez at sonia@imagineenj.org for more information. Imagine's staff hope to see you at the upcoming webinar!

Imagine is a 501c3 nonprofit that offers free year-round grief support groups for children ages 3-18 and young adults 19-30 who are coping with a loss due to death. Concurrently, support groups are available for the parents and guardians of the children in the groups and offered in English and Spanish. Imagine also offers grief and loss education and training to the community. For more information please contact Imagine at 908-264-3100 or info@imagineenj.org.



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or visit <https://theelizabethcoalition.networkforgood.com/events/59276-pocketbook-bingo-tricky-tray-fundraiser>

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LONGTIME COUNTY COLLEGE GOLF COACH INDUCTED INTO HALL OF FAME

Union College of Union County, New Jersey is proud to announce that longtime Golf Coach and Dean of STEM William Dunscombe was inducted into the National Junior Athletic Association (NJCAA) Golf Hall of Fame at this year's NJCAA Division III National Golf Championship held in June in Chautauqua, New York.

The induction took place at the National Golf Coaches Annual meeting, held in conjunction with the NJCAA Division Golf Championships. Dean Dunscombe started his golf career at Union in 1975, serving as Head Golf Coach until 2019. Over the course of his coaching career, Dean Dunscombe had 18 NJCAA National Tournament appearances (both individual and teams), more than 500 career wins, one Region XIX Championship, seven Garden State Athletic Conference Champions, and coached one All-American player. Four of his athletes went on to play professionally. Dean Dunscombe was inducted into Union's own Hall of Fame in 1981.

"The Union community is incredibly proud of Dean Dunscombe and thanks the NJCAA for their recognition of his vast contributions over the past 40 plus years," stated Union's President Dr. Margaret M. McMenamin. "It is the support of coaches, like Dean Dunscombe, that help our

athletes to grow and develop their skills. Dean Dunscombe has inspired many student-athletes during his time coaching, and he should be proud of the mark he has made on them. This is a tremendous recognition."



(above) William Dunscombe was inducted into the National Junior Athletic Association (NJCAA) Golf Hall of Fame.

Courtesy photos



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4 Units	3.25" x 8" or 6.5" x 4"	\$180	\$450	\$700	\$900	\$1100	\$1300	\$1500	\$1700	\$1900
6 Units	6.5" x 6.25" or 10" x 4"	\$240	\$600	\$900	\$1200	\$1400	\$1600	\$1800	\$2000	\$2200
9 HALF PAGE	6.5" x 9" or 10" x 7"	\$320	\$800	\$1000	\$1300	\$1600	\$1900	\$2200	\$2400	\$2700
12 Units	10" x 8"	\$360	\$900	\$1200	\$1500	\$1800	\$2100	\$2400	\$2700	\$3000
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Summit's EMS volunteers responded to 194 emergency calls in July.

Responses included 112 medical emergencies; 25 falls, including one from over 10 feet; 14 motor vehicle accidents; 14 traumatic injuries; two allergic reactions; seven cases of overdose or poisoning; one response to a medical alarm; one pedestrian struck by a vehicle, one heat related emergency, one woman in labor, and three responses to a fire scene, including one at a nursing home in New Providence. Squad Volunteers also provided four "lift assists" to patients who did not require transport to a hospital.

15 emergency calls were answered by an off-duty "back-up crew" of volunteers responding from home or work when the on-duty crew is busy. There were also 15 emergency responses by Summit volunteers to provide mutual aid assistance to six neighboring towns. 17 patients transported to a hospital by Squad members also received advanced life support care from hospital-based paramedics who accompanied the Squad's ambulance. During July, Squad volunteers transported 132 patients to 6 different hospitals.

The Squad also provided ambulance coverage at six community events in Summit. On 2 occasions during July, the Squad had all 3 ambulances staffed covering an event or responding to simultaneous calls.

The Squad answers calls for help 24 hours a day and at a variety of locations. July responses included 66 to a patient's home or apartment; 22

for accidents or medical emergencies on streets or highways; eight in a public park or athletic field; one in a recreation facility; two in public buildings; ten at a local business; four at a bar or restaurant, and eight to a health care professional's office. There were also 11 medical incidents at Summit's train station; 27 at a local behavioral health facility; two on the grounds of Overlook Medical Center; 22 to an assisted living facility, one in a house of worship; seven on a sidewalk or parking lot, one at a school, 5 in a public building, and one at a private swimming pool.

The all-volunteer First Aid Squad, responds to emergency calls 24/7, is entirely funded through private donations and does not bill for service. The Squad is always looking for new volunteers to join its ranks. All needed training, uniforms and equipment is provided. For information on becoming a volunteer, or donating to the squad please call 908-277-9479, or visit their web site at: summitems.org.



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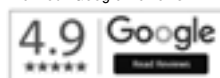
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48 Bedford Rd	6	3.2	2	\$1,199,948	\$2,125,000	8
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