

BUSINESS + LIFE KENILWORTH LIFE

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COMMUNITY CELEBRATES NATIONAL NIGHT OUT 2023

National Night Out, a national community-building campaign that promotes police-community partnerships, was held on Tuesday, August 1st at Harding Elementary School. The free event was hosted by the Kenilworth Police Department and featured giveaways, food, drinks, and entertainment including a fireworks display.

National Night Out culminates annually on the first Tuesday in August. National Night Out enhances the relationship between neighbors and law enforcement while bringing back a true sense of community. Furthermore, it provides a great opportunity to bring police and neighbors together under positive circumstances. For more information visit natw.org.



Photos from this and other events can be found online at rennamedia.com and on the Kenilworth Life page on [facebook.com](https://www.facebook.com/KenilworthLife). Feel free to "Like," "Tag," and "Share."

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Do you have a community service that you need help publicizing? Did you or someone you know accomplish something amazing? We are interested in hearing about your latest achievement (honor, award, etc.), send us your news! Email: editor@rennamedia.com

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The Borough of Kenilworth Board of Health
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Fight The Flu

Saturday, September 23, 2023

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HONORING THOSE SERVING: LANCE CORPORAL DONOVAN MARRANCA

Kenilworth resident Lance Corporal Donovan Marranca, David Brearley Class of 2021 is currently serving in 2nd Battalion, 2nd Marine Regiment, Company G, U.S. Marine Corps. Growing up Donovan attended Harding Elementary School and David Brearley Middle/High School. While in high school he played varsity football for the Brearley bears between 2017 - 2020. When asked why he enlisted he stated,

"I wanted to serve my country, do interesting things, and have experiences I couldn't have anywhere else. I had one family member who was a Marine and I saw it as a way of giving back to my country."

Marranca enlisted in the Marine Corps one week after turning eighteen on December 1, 2020. He left for boot camp at Parris Island, South Carolina on August 16, 2021. He remained at Parris Island until November 12, 2021 before being sent to the school of infantry at Camp Geiger, North Carolina as a rifleman. Since hitting the fleet he's been to Fort Jackson, South Carolina training with Marine Special Forces, Naval Base Norfolk, VA for one week conducting amphibious assault training in the Chesapeake Bay, and to Twentynine Palms, California for ITX (Integrated Training Exercise).

Although Donovan is scheduled to be discharged on August 16, 2025 but said he might extend his service for another deployment. On

what it means to serve his country he commented, "It is an honor to serve my country. I am proud to know that if something arises we can deploy at any given moment. We have proper equipment, proper training, and are prepared to do anything we can for our country."

Donovan still keeps in touch with many of his friends from Kenilworth. He still frequently keeps in touch with U.S. Army soldier Nicolas Soriano, and fellow U.S. Marine Corps marine Jack Balwierczak. Both he and Jack are stationed at Camp LeJeune, North Carolina so they see each other often.

"It is nice that we are both stationed here because it's a friend from home. I get to visit Kenilworth often and am proud to serve as a Marine."

Marranca also stated, "Despite contrary belief the military has been a great opportunity and I'd recommend it to most who don't know what they want to do after high school. Most of the situations I deal with would not apply to them unless they're a combat related MOS. Despite how bad or upsetting things get I enjoy it. Even though some situations are annoying like sleeping in the woods, walking miles on patrol in the rain it has been a pretty enjoyable experience so far. I definittely don't regret my decision and encourage all those interested."

This is part III of an ongoing series honoring those currently serving in the U.S. military from Kenilworth. If anybody knows of those currently serving they should contact Michael T. Naya, Jr. at 732-986-7768.



(above) Kenilworth resident Lance Corporal Donovan Marranca, David Brearley Class of 2021 is currently serving in 2nd Battalion, 2nd Marine Regiment, Company G, U.S. Marine Corps.

Courtesy photo

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Carol Mullen, "Monarch," collage, 18x3x.5 in.
Melissa Stern, "Deflated," 2020, sculpture, 43x18x17 in.
Lisa Ficarelli-Halpern, "Joy, after Reynolds," 2023, oil on canvas, 62x38 in.

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COMMUNITYWIDE GARAGE SALE SEPT 30 AND OCT 1

A Communitywide Garage Sale will be held in Kenilworth on Saturday, September 30, and Sunday, October 1, 2023. This major annual event, sponsored by the Kenilworth Historical Society, will take place, rain or shine, between the hours of 9 a.m. and 4 p.m. each day. There are usually nearly 200 participating residences.

Residents who register and pay a \$12 fee to hold garage sales at their homes anytime during the September 30/October 1 weekend will receive a certificate representing the Borough's permission to proceed and will benefit from the Kenilworth Historical Society's statewide advertising of the communitywide event via major newspapers, Web sites, Facebook postings and prominently placed signage and fliers. The registration deadline is Friday, September 22.

The addresses of registered participating residences will be included in a Kenilworth Communitywide Garage Sale listing and map that will be available in quantity, free of charge, at the Kenilworth ACME Customer Service desk (801 Boulevard), Borough Clerk's Office (567 Boulevard), Public Library (548 Boulevard), and Love You More Flowers LLC (13 N. 20th Street) after

September 28. The listing also will be posted on the Borough of Kenilworth Web site (kenilworthborough.com).

Communitywide Garage Sale registration forms with instructions may be obtained at the Kenilworth Borough Clerk's Office/Borough Hall, Public Library, Love You More Flowers LLC and on the Borough of Kenilworth Web site (www.kenilworthborough.com). The \$12 Garage Sale registration fee may be paid by check (payable to the Kenilworth Historical Society) or in cash (exact amount required). Payment may be made by mail (to the Kenilworth Historical Society, 567 Boulevard, Kenilworth, N.J. 07033) or in person at the Borough Clerk's Office or at Love You More Flowers LLC. For further information, please call 908-709-0434.

The Kenilworth Historical Society is sponsoring the Communitywide Garage Sale as a service to the community. Any proceeds after advertising and other related costs are paid will benefit the Oswald J. Nitschke House "living history" museum and cultural arts center by helping defray operating expenses, including the cost of an elevator that makes the site fully accessible to everyone.

The Kenilworth Historical Society is an independent, volunteer-based, non-profit, tax-exempt, 501 (c)(3) organization dedicated to the research, preservation and interpretation of the historic Oswald J. Nitschke House (c. 1880), local history and culture. Further information about the organization, the Nitschke House and other upcoming events may be found at the Kenilworth Historical Society website at kenilworthhistoricalsociety.org and on the organization's Facebook page.

RELIEF FROM CHRONIC KNEE PAIN FDA Approved Treatment to Avoid Surgery

DON'T BLAME THE ARROW FOR MISSING THE TARGET

Just like tens of millions of other Americans, you were looking for relief from your chronic knee pain. You thought Viscosupplementation injections might be the answer, but the results were disappointing and painful. Don't assume the treatment wasn't right. That could very well be like blaming the arrow for its path to the target when the problem might be the archer. If you didn't get the pain relief you were hoping for, chances are your injection treatment was off target. Unlike blind injections or even ultrasound targeted treatments found elsewhere, **Northeast Spine & Wellness Center** uses diagnostic fluoroscopy to make sure the area that needs treated is the exact area where the injection goes. This is the most advanced method of delivering this pain relieving treatment with 95% accuracy to give you the results you're looking for. The use of Fluoroscopy guided injections sets **Northeast Spine & Wellness Center** apart. The end result is you living pain free from your chronic knee pain. You can avoid the lengthy and painful road of knee replacement surgery. You can avoid the endless trial and error assortment of potentially addictive prescription medications. This treatment, using fluoroscopy guided injections has seen a success rate of above 85% in those suffering from knee pain related to osteoarthritis, and that includes people with bone on bone involvement. You've suffered from chronic knee pain long enough. Call **Northeast Spine & Wellness Center** now for a RISK FREE consultation.



If Knee Surgery Sounds Scary, It Should

Have you have been told you are facing knee replacement surgery? Have you been told about all the downsides you could be facing? First and foremost, there are NO guarantees that knee replacement surgery will be the answer to your pain, but let's look further:

- Surgery is costly, regardless of the percentage of services covered by insurance.
- Surgery requires lost time from work and typically requires a regimen of rehabilitation and medications.
- With surgery, there is always a risk for unwelcomed complications. And you could be back to where you started, or worse.
- Medications will be required for relief from surgery and you have been down that road before. Addictions to these pain medications can cause potential side effects, something you do not want to experience.
- Rehabilitation can take years.

Consider This Alternative To Surgery

Northeast Spine & Wellness Center offers you a real opportunity and a painless way to say goodbye to your knee pain without any surgery. Here are just a few of the important benefits you should consider?

- Diagnostic fluoroscopy accurately targets the pain, unlike blind injections.
- Guided fluoroscopic injections are virtually pain free, unlike blind injections.
- No lost time from work or family.
- No expensive or time consuming rehabilitation.
- No potentially addictive prescription medications.
- Recovery time is almost instant, not months or years.

How Does This New Treatment Work?

Relief begins almost as fast as it takes to pronounce the treatment. It's called Viscosupplementation Therapy. To begin with, it starts with **Northeast Spine & Wellness Center** investing in the use of diagnostic fluoroscopy. This enables them to target the exact location of your knee pain with pinpoint accuracy. What follows is a simple injection that causes little to no pain, especially when compared to what you may be living with daily. That explains what you will see on the surface of this revolutionary treatment. What's taking place below the surface is how and where the natural healing process takes place. The injection of a Hyaluronic acid called Hyalgan. This gel-like substance was approved by the FDA in 1996. Hyalgan is a natural substance that mimics the synovial fluid that is already produced by your body in your joints. Osteoarthritis sufferers in particular see a reduction in this much needed synovial fluid in their knee joints. Without that cushioning layer of protection, the cartilage in your knee can begin to wear away leading to the rubbing of bone on bone. Through Viscosupplementation Therapy, this natural substance immediately goes to work reducing the swelling and inflammation in the joint and adding a coating layer of protection. Think about Dorothy taking the oil can to The Tin Man. You'll begin to feel that same kind of relief and quite possibly feel like you're ready for a dance down the yellow brick road to recovery yourself. And with a success rate of over 85% in alleviating pain associated with osteoarthritis, it's easy to see why this treatment is so readily covered by Medicare and by most major insurance providers. Diagnostic fluoroscopy to target the pain, Viscosupplementation Therapy to relieve the pain. Simple, fast and no surgery!

Do you Suffer from any of these Symptoms?

There are a number of reasons why you developed Osteoarthritis pain. It can develop with age or because of heredity. It could be from repetitive stress from a job or some glory days in athletics. Of course your concern is with the symptoms you face daily and how to make them end, hopefully without surgery or the use of potentially addictive medications. **Northeast Spine & Wellness Center** understands the symptoms you have been living with and can help. If you have any of the symptoms below, please call us today. Relief is a phone call away.

- **Pain** - Whether it's a sharp aching or maybe a burning sensation, the pain can range from irritating to debilitating.
- **Swelling** - This can cause tenderness and soreness to the entire knee area, making walking or going up and down stairs painful, getting in and out of bed or bathtubs difficult and dangerous just name a few activities affected by swelling.
- **Stiffness** - Getting up out of bed or after sitting for a period of time gets more and more difficult. This loss of mobility can be more than a hindrance. It can be dangerous if you need to move quickly.
- **Loss of muscle strength** - This can lead to balance issues and the strong possibility of falling.
- **Joint deformity** - Not just unsightly, but painful as well.
- **Creaking Joints** - Can be painful and a sign of more discomfort to come.
- **Sleepless nights** - Losing sleep over your suffering is not just irritating, but potentially dangerous because of so many other health concerns that can be affected by loss of sound sleep.

Let Me Show You Targeted Relief From Your Knee Pain

Every day, I see patients suffering from knee pain due to arthritis, osteoarthritis, sports injuries or other conditions. Many have been told that they are in need of knee replacement surgery. Other patients say they have been prescribed various prescription medications to deal with the pain.

Something else I see almost every day, are patients that have tried viscosupplementation knee injections elsewhere and found it to be a painful and ineffective experience because the injections were not administered using fluoroscopic guidance. Instead of using the incredibly accurate diagnostic fluoroscopy we use at **Northeast Spine & Wellness Center** these patients experienced a blind injection technique, which can be as inaccurate as playing pin the tail on the donkey.

Once I am able to explain to my patients about the pin point accuracy of using diagnostic fluoroscopy and the amazing results viscosupplementation can provide, they are thrilled to get started. They are even more thrilled when they feel the relief. Please contact **Northeast Spine & Wellness Center** today to schedule your RISK FREE consultation. Call 732-827-0800

Scot Paris MD, FACS

Here's what our patients have to say

"I'm dancing without pain. I can move with no problem whatsoever. I can go up and down steps with no pain." - Patricia G.

"Over 85% relief for the first time in 15 years, suffering with knee pain. My life is getting back to normal." - Perry O.

"After only four visits, I have absolutely no pain! The staff is "top-notch." - Quentin L.

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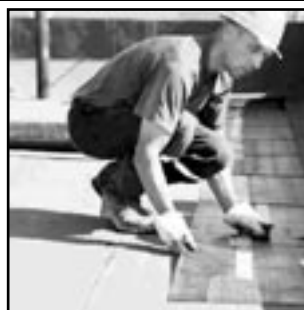
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VFW SCHOLARSHIPS WINNERS

The VFW Post #2230 recently presented scholarships. To receive these scholarships, students are required to write an essay for the VFW about a title that the state VFW names. The students who received the scholarships are:

David Brearley High School 12th Graders:

- Sophia Huisacayna
- Christina Venturelli
- Matthew Sims

St. Theresa's School 8th Graders:

- David DaSilva
- Drew Parson
- Sophia Salguero
- Uzoma Lauryn Ononiwa
- Ashlyn Paulik
- Kassanda Pombo
- Eve Forenza

The Brian Hirth Memorial Scholarship, given by VFW #2230, was awarded to:

- Ryley Caburis.

Robert E. Jeans, Jr. Memorial Scholarship, given by the Jeans Family, was awarded to:

- Dylan Sousa.

SEAN KULESARICH EARNS EAGLE AWARD

Kenilworth VFW

Sean Kulesarich was recently presented with his Eagle Scout award by VFW #2230 Commander, Robert E. Jeans, Sr. Sean has worked very hard to reach the Eagle Scout status and the VFW is very proud to sponsor such a wonderful organization. Sean picked a project to obtain his Eagle Scout award which was to redesign the area in front of the Kenilworth Rescue Squad building, which is between North 19th Street and Cross Street. Take a ride by and see his work. It turned out great. Thank you Sean and Congratulations!



Courtesy photo

SENIOR BUS TRIP SEPTEMBER 19

The Kenilworth Senior Citizens Club will be hosting a trip to Resorts Casino in Atlantic City, NJ on September 19, 2023. The cost is \$35 with \$15 back on card. The bus departs the Acme parking lot in Kenilworth, NJ at 9:30 a.m. Please contact Lillian Furze at 908-709-0515.

BUDDY POPPY MAN OF THE YEAR

Commander Robert E. Jeans of VFW Post #2230 recently presented Kenilworth Acme Manager, Ken Stocco, with an Eagle Statue plaque entitled "Buddy Poppy Man of the Year". Mr. Stocco generously allows the VFW members to sell their poppies at the Kenilworth Acme during the month of May. The VFW appreciates his kindness during that time.



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BOULEVARD LANDMARK – FROM SHOEMAKER SHOP TO GARDEN CENTER

The property of the Kenilworth Garden Center at 491 Boulevard with the little building next door now occupied by Guerreros Taqueria Mexican Restaurant, is a Kenilworth landmark. Research suggests it dates to the 1920s. Arthur Russo, a WWII veteran, a VFW Post 2230 commander, and 1950s Borough council candidate, and his wife Mary, came to Kenilworth in 1952. Twenty years later they acquired the premises. Let’s trace its interesting history.

According to Annette Sbordone Soos (2003), her maternal grandparents, Augustino “Gus” and Rosalia Benintente, settled in Kenilworth in 1913. Gus was an actual shoemaker, not just a repairer. He opened a shop in what was then a little reddish-brown brick building. He had two daughters: Carmelia “Nellie” (Mrs. George Sbordone) and Petrina aka “Pat” (Mrs. Frank Grillo) and two sons. The outward going Petrina was a local beautician. Her endearing father let her open a salon in his shoe shop. Before long it traded as the Modern Beauty Shop which she later relocated to N. 20th St. Police chief Fred Soos, Jr., is the son of Annette Sbordone Soos and her husband Fred, Sr. Our chief is the great grandson of Gus Benintente, the shoemaker.

At one time, Kensington Riding Stables, associated with the original Kenilworth Inn, stood next door. The Wells Fargo Bank now

occupies the site. Some years ago, a former worker at the stables, shared a Prohibition Era story. He reported cars would park at the stables and the occupants would walk over to the back of the little building to a speakeasy.

Virginia Mascaro Lupo (1920-2013), reported the building was used in the 1930s and 1940s for catechism classes sponsored by St. Michael’s Church, Cranford. She taught Sunday school classes there and noted that some Catholic prayer services were conducted in the building before St. Theresa’s Chapel opened here in 1942 on Washington Ave. It’s now a funeral home.

Barbara Scheidegger Morison noted (2003) that in 1946 her uncle, Gus Scheidegger, a returning WWII veteran, opened the Centre Del delicatessen in that building. It quickly became popular and so busy that his two brothers, Harold and Bill, joined him in 1950. Locals loved the store and the Scheidegger brothers’ personalities. Their senses of humor are legendary. The deli was a big hit not only because of the brothers, but also for their big wooden barrels of pickles. The Scheideggers sold the business in the mid-1960s to Anita and Bea Bianco who kept the name but

changed Del to Deli.

A recent interview with Art Russo, Jr., son of Art and Mary Russo, covered the next 51 years of this landmark’s history. “My parents purchased the deli and property from the Biancos in 1972 and also kept the name. It was a great business. Our family operated the deli until 1986 at which time we rented out the deli and retained ownership of the building and property. We then started the Kenilworth Garden Center. Everyone in the family – my parents; my wife Brenda and I and our son Arty; my sister Brenda and her husband Dominick Marino; and my late brother Peter and his wife Barbara, at one time or another worked in the deli, at the garden center, or both. My mother, now 93, is still the head of the business. We have fantastic customers who come back every year and new ones, too, for our plants, flowers, flats, outdoor statues, shrubs, trees, and more. Our customers are like family to us.”

Research provided by Walter E. Boright, Ed. D., historian, and Historic Signs, Inc. Persons with inquiries about this or other Kenilworth history topics may contact Dr. Boright at drbori@aol.com or 908-256-5200.



(above) Gus Beninente, shoemaker; 1929.

Source: Annette Soos



(above) Harold Scheidegger at Centre Del, 1950s.

Source: Barbara Scheidegger Morison



(above) Art Russo, Jr., at Kenilworth Garden. Center and store, 2023.

Source: Historic Signs, Inc.

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MENTAL ILLNESS IN THE FAMILY - HOW TO COPE

The NAMI Family-to-Family Education Course will be offered by the Union County Chapter of NAMI (National Alliance on Mental Illness). The course will be starting on Thursday evening, September 14, 2023, and meet each Thursday from 7 - to 9:30 p.m. over a consecutive 9-week period. It is free-of-charge, with all necessary materials furnished at no cost.

The course is offered specifically to the parents, siblings, spouses, teen-age and adult children, and significant others of individuals with severe and persistent mental illness. The program is not appropriate for individuals who, themselves, suffer from one of the major mental disorders. The course is taught by NAMI members who have completed intensive training.

Curriculum topics include schizophrenia, bipolar disorder (manic depression), clinical depression, panic disorder, obsessive-compulsive disorder etc., the clinical treatment of these illnesses and how caregivers can learn to cope more effectively. Attendees will learn about new research, medications, skills needed to successfully communicate with a relative and how to deal with critical periods.

Capacity is limited. To register or if you have questions contact Pat Roman at 732-397-8123 or email patroman2@aol.com. Please include in the subject line: F2F Course. A F2F teacher will contact you with the details.

IMAGINE OFFERING WEBINAR ON GRIEF

In honor of Hispanic Heritage Month in September, Imagine will be offering a free community webinar on Grief in the Latinx Community on September 21st from 7 - 8:30 p.m. There will be two webinars held simultaneously with one being presented in English and the other in Spanish.

Those who attend the webinar will be able to:

- Gain awareness of intersectionality and grief as it applies to the Latinx Community
- Learn traditional cultural values within the Latinx Community
- Identify different types of grief and loss that pertain to the Latinx Community

Registration for the English speaking webinar is available through Imagine's website at



imagineenj.org.

Those interested in attending the Spanish speaking webinar do not need to register and can contact Sonia Nunez at sonia@imagineenj.org for more information. Imagine's staff hope to see you at the upcoming webinar!

Imagine is a 501c3 nonprofit that offers free year-round grief

support groups for children ages 3-18 and young adults 19-30 who are coping with a loss due to death. Concurrently, support groups are available for the parents and guardians of the children in the groups and offered in English and Spanish. Imagine also offers grief and loss education and training to the community.

For more information please contact Imagine at 908-264-3100 or info@imagineenj.org.

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or visit <https://theelizabethcoalition.networkforgood.com/events/59276-pocketbook-bingo-tricky-tray-fundraiser>

Outside Food is Welcomed • No Alcohol Allowed on Premises
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Evening Includes:

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For Sale at event:

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LEMONADE FOR VETERANS

For the third year, Declan Jeans set up a lemonade stand to raise money for his grandfather's VFW Post #2230 in Kenilworth.

He is seen giving his grandfather, Commander Robert Jeans, a taste, and

presenting him with his donation from his stand.

Big thank you to Declan for his hard work and to everyone who stopped and had a nice cold glass of lemonade and made a donation.



Courtesy photos

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“AFLOAT” EXHIBIT TO OPEN IN SEPTEMBER

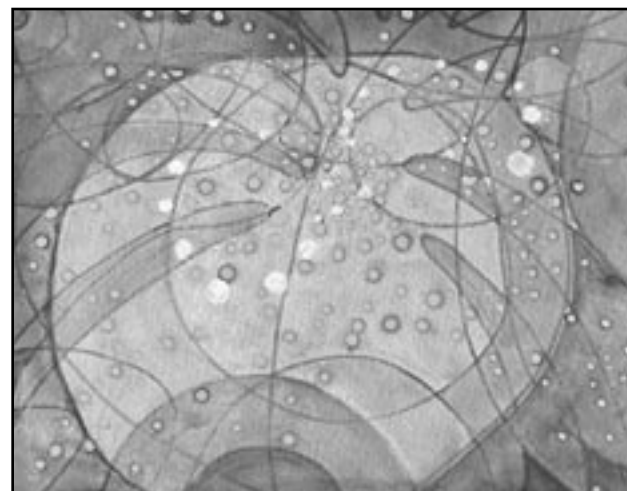
The Gallery-on-the-Boulevard, located in the Kenilworth Public Library, will present: “Afloat,” a series of paintings by artist and educator Karen Murphy. The exhibit will open in September and run through December.

Artist, educator, and single mother Karen Murphy explores many media in her art practice, but painting has been a lifelong passion. She has a BA in Art Education, Virginia Wesleyan University and did graduate work, Virginia Commonwealth University. In recent years she has preferred watercolor, using elements of pure abstraction, with colors, shapes, textures and compositions inspired by her love of air and water.

An avid swimmer, Karen finds creative inspiration in the fluid feeling of weightlessness experienced in water, and the dynamic intersection of air, water, and breath. Her art making, like her swimming and parenting all involve seeking out pockets of air and beauty in a space that will swallow those who stop moving. At times there is fluidity, strength, serenity and grace, and at other times the artist submerged and gasping. As much a restorative practice as it is a

creative practice, this work represents the act of sheer determination to stay Afloat.

All artwork is available for purchase by contacting the artist. The exhibit is free and open to the public during regular library hours. For more information call 908-276-2451.



(above) A series of paintings by local artist and educator Karen Murphy will be on display at the Kenilworth Public Library through December.

WOOFSTOCK SUMMER MUSIC FESTIVAL

Home for Good Dog Rescue

Join us for our epic Home for Good Dog Rescue summer music festival event – WOOFSTOCK! Mark your calendars for Saturday, September 9th, and Sunday, September 10th, 2023. You don't want to miss this annual bash at Brook Valley Farm, 336 Loantaka Way, Chatham, NJ.

This is Home for Good's largest adoption day of the year and is a blast for the whole family. This event is pet-friendly, so be sure to bring your beloved pup to join the fun! All Home for Good Dog alum are invited to reunite with their siblings and former foster families.

Live music will be rockin' on both days from the popular band The Cliffs. Endless entertainment includes food trucks, craft vendors, beer and wine, prize raffles, children's activities, and of course Dog Adoptions!

Gates open 11 a.m. Activities commence at 12 noon and conclude at 5 p.m.

Pre-registered tickets are \$30 for adults & \$12 for children (12 and under). Pre-registration will close on Thursday, Sept. 7th at 6 p.m. Tickets at door: \$35/adult.


To become a sponsor for Woofstock 2023, please email development@hfgdr.org, or go to this link: <https://bit.ly/38VjhQU>

To become a food or craft vendor at Woofstock 2023, please email volunteer@hfgdr.org

ABOUT HOME FOR GOOD DOG RESCUE

Home for Good Dog Rescue (HFGDR) is a 501(c)(3) non-profit organization headquartered in Berkeley Heights, NJ. We rescue dogs from high-kill shelters in the South, transport them to our rescue, and give them a second chance at life. As a uniquely 100-percent foster-based rescue, we place each dog into a loving foster home until adoption, and since our inception, we have rescued over 10,000 dogs and given them loving homes for good. For more information visit homeforgooddogs.org.

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The Cliffs
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LONGTIME COUNTY COLLEGE GOLF COACH INDUCTED INTO HALL OF FAME

Union College of Union County, New Jersey is proud to announce that longtime Golf Coach and Dean of STEM William Dunscombe was inducted into the National Junior Athletic Association (NJCAA) Golf Hall of Fame at this year's NJCAA Division III National Golf Championship held in June in Chautauqua, New York.

The induction took place at the National Golf Coaches Annual meeting, held in conjunction with the NJCAA Division Golf Championships. Dean Dunscombe started his golf career at Union in 1975, serving as Head Golf Coach until 2019. Over the course of his coaching career, Dean Dunscombe had 18 NJCAA National Tournament appearances (both individual and teams), more than 500 career wins, one Region XIX Championship, seven Garden State Athletic Conference Champions, and coached one All-American player. Four of his athletes went on to play professionally. Dean Dunscombe was inducted into Union's own Hall of Fame in 1981.

"The Union community is incredibly proud of Dean Dunscombe and thanks the NJCAA for their recognition of his vast contributions over the past 40 plus years," stated Union's President Dr. Margaret M. McMenamin. "It is the support of coaches, like Dean Dunscombe, that help our

athletes to grow and develop their skills. Dean Dunscombe has inspired many student-athletes during his time coaching, and he should be proud of the mark he has made on them. This is a tremendous recognition."



(above) William Dunscombe was inducted into the National Junior Athletic Association (NJCAA) Golf Hall of Fame.

Courtesy photos

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SEPTEMBER PROGRAMS AT KENILWORTH PUBLIC LIBRARY

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CHILDREN'S WEEKLY PROGRAMS

Bingo For Children

Mondays at 6:30 – 7:00 p.m.

September 11, 18 & 25

Bingo games for children ages 3 & up

Lap Sit

Tuesdays at 10:30 – 10:50 a.m.

September 5 & 26

Interactive stories and songs for ages 0 – 2 years old

PJ Story Time

Tuesdays at 6:30– 7:00 p.m.

September 5, 12, 19 & 26

Children are welcome to attend this story time program dressed in their pajamas and bring along a favorite stuffed animal, for ages 3 & up.



(above) Dance, Dance, Dance event performed by Okara Dance Co (Sept. 21)



(above, left) Rinsey The Raccoon Special Event Story Time (Sept. 26)



(above, right) Adults can join in for the card making group "Paper Pals." You don't need any paper crafting experience to join the fun.

Toddler Time

Wednesdays at 10:30– 10:50 a.m.

September 6

Interactive stories and songs for ages 2 – 3 years old.

September Crafts

Friday at 3:30– 4:00 p.m., Ages: 4 – 9

September 8 & 22

Registration is required for each individual craft one week prior to each craft.

SEPTEMBER SPECIAL EVENTS

Registration is required for all special events.

Boogie Woogie Babies

Wednesday, September 12,

10:30– 11:00 a.m.

Interactive musical program will be presented by Tiffany Taylor for ages: 0- 4

Yoga Story Time

Wednesday, September 13,

10:30 – 11:00 a.m.

Join us for stories and yoga poses for the youngest listeners and their caregiver.

For ages: 2 - 5.

Tween Craft: Diamond Art

Monday, September 18, 3:30– 4:30 p.m.

Craft to take home and display. Ages: 10 - 14

Dance, Dance, Dance at The Kenilworth Public Library

Thursday, September 21 at 7:00– 8:00 p.m.

Ages: 4 – adult

Join us for this interactive performance that highlights the cooperation and inter-personal relationships featured in partner dances.

Special Event Story Time at The Kenilworth Public Library

Tuesday, September 26 at 6:30– 7:00 p.m.,

Ages: 3 & up.

Rinsey The Raccoon Rides Tobacco-Free Story Time presented by Southern New Jersey Perinatal Cooperative promoting Tobacco Free for a Healthy NJ. This interactive story time will entertain and educate children as they learn about the health consequences of tobacco .

Good Tyme String Band

Wednesday, September 27,

10:30 – 11:00 a.m.

All ages are welcome to attend and enjoy foot tapping knee slapping music.

Learn To Paint

at The Kenilworth Public Library

Thursday, September 28 at 4:00– 5:00,

Ages: 5 – 12.

Create your own painting to take home and display.

ADULT PROGRAMS

Paper Pals

September 5th and 19th at 2-4 p.m. and

Monday, September 11th at 6:00 – 7:45 p.m.

Join us for our card making group "Paper Pals." You don't need any paper crafting experience to join the fun.

"Medicare Workshop"

Thursday, September 7th

at 11 a.m. – 12:30 p.m.

Join us to learn about Medicare, Medicare Supplement vs. Medicare Advantage, Medicare Part D, and How to Reduce Drug Costs.

Participants may register with Peter at 718-501-4627 or hegelinsurance@gmail.com.

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"Yarnies"

September 7th, 14th and 21st at 2-4 p.m.

and Thursday, September 28th

at 6:00 – 7:30 p.m.

Feel free to bring a project to work on. Watch demonstrations of knitting, crocheting and weaving.

"Adult Sewing Workshop"

Tuesday, September 12th at 5-7 p.m.

Learn to sew or improve sewing skills! Adults are invited to register for this two-hour sewing workshop. Participants will design and sew a cosmetic bag with a zipper. Individual sewing machines will be available for each participant.

This workshop will be presented by Ellen Lumpkin Brown. Ages 18 & up may register for this program. Kenilworth residents may begin to register on Tuesday, September 5th. Out of town residents may begin to register on Saturday, September 9th. To register call the library at 908-276-2451 or visit 548 Boulevard.

"Spin - A - Yarn"

Tuesday, September 26th at 5:00 – 7:45 p.m.

Bring your spinning wheel or drop spindle and create beautiful yarns! If you don't have a wheel, you are still welcome to join us to learn about spinning.

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DAVID BRAHAM TRIO AT SALEM ROADHOUSE CAFÉ - SEPT 9

The Salem Roadhouse Café presents Carrie Jackson and the Jazzin' All Stars, Saturday, September 9, 2023. The doors open at 7:30 p.m., the show starts at 8:00 p.m. Admission is \$20 and includes show, snacks, non-alcoholic beverages, and dessert. The venue is located in the basement of Townley Presbyterian Church, 829 Salem Rd, Union, NJ. The Roadhouse operates as a non-profit that raises funds for several carefully chosen local charities. The performance will be held upstairs in the church sanctuary.

Pianist/Organist Dave Braham has played with and/or recorded with many of the top names in jazz, including Etta Jones, Houston Person, Lou Donaldson, Al Grey, David "Fathead" Newman, Arthur Prysock and Irene Reid. He has two recordings as a leader – "To Be Free" on the RandomAct record label and "Blue Gardenia" on BlueJay records. He has also taught music in NJ

public schools, including Union Public Schools. Dave will be backed up with bass and drums by two of the area's finest musicians, creating a musical treat for all who come to this exciting all-acoustic show in a great listening environment.

Bassist Belden Bullock has quickly become one of the most sought-after jazz bassists in the greater NYC area. He has travelled extensively with jazz piano giants Ahmad Jamal, South African pianist Abdullah Ibrahim as well as the Harlem Blues and Jazz Band. Belden lives in a very talented household. His wife, Audrey, is a very busy professional singer. Their two sons are actors/dancers.

Drummer Willie Martinez is well known in the tri-state area as one of the most versatile percussionists around. He has played and recorded with a wide variety of artists – jazz musicians such as Benny Powell, Mulgrew Miller and George Cables; Cuban bandleader

Chico O'Farrill; even pop singer Faith Hill. In addition to drum set, Willie is a master of the timbales and other Latin percussion instruments. Willie can also be seen leading his own Latin Jazz sextet, La Familia.

As always, the Salem Roadhouse Café is live, intimate, up front, and personal. All ages are welcome.

ABOUT SALEM ROADHOUSE CAFÉ

It's not "church music." It's music music. Folks who've come to the Salem Roadhouse Café know that it's a clean, safe place for people who enjoy listening to live music — in a world otherwise filled with clubs and bars. The Roadhouse has always offered its stage to local and independent mainstream musicians. Jazz, rock, folk, and other groups have performed. What's the common thread? They're all great musicians playing the kind of music people like to hear. There's no message, just music.

The Roadhouse started in 2008 by members of Townley Presbyterian Church with a grant from the Presbytery of Elizabeth. Hey — that's why we're located where we are, 829 Salem Rd, Union, NJ. The Roadhouse operates as a non-profit that raises funds for several carefully chosen local charities. That's its mission.

But the many musicians who've played the Salem Roadhouse Café see it as a solid performance venue. They love it because of its special intimacy and great audiences. They say people here "really listen." Ask any of the musicians you meet here — they love to play the Roadhouse, and they want to come back often.

The Salem Roadhouse Café has raised funds for many carefully chosen charities. They include: The Presbytery of Elizabeth E-port Center, Center For Hope Hospice, Community Food Bank, Monarch Housing, Angel Paws Animal Rescue, National MS Society, Haiti Disaster Relief, Hurricane Sandy Disaster Relief, The Union County YWCA Domestic Violence Program, Making It Possible To End Homelessness, Camp Johnsonburg, The Music Institute, and others. Many thousands of dollars have been raised for these deserving charities.

SATURDAY, SEPTEMBER 9, 8:00 PM
DOORS OPEN AT 7:30 PM ADMISSION: \$20.00 STUDENTS \$15.00
Admission includes snacks, beverages, tea, coffee & desserts



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Berkeley Heights COMMUNITY NEWS Qty: 4,700 Zip: 07922	THE CHATHAMS NJ Qty: 7,500 Zip: 07928	Clark Monthly Qty: 6,700 Zip: 07066	CRANFORD MONTHLY NJ Qty: 9,900 Zip: 07016	Elmora Hills ELIZABETH, NJ Qty: 5,400 Zip: 07208	Fanwood Post NJ Qty: 3,000 Zip: 07023
Florham Park Press NJ Qty: 5,500 Zip: 07932	Garwood NJ Times Qty: 2,500 Zip: 07027	Green Brook NJ Gazette Qty: 3,000 Zip: 08812	BUSINESS • LIFE KENILWORTH NJ Qty: 3,500 Zip: 07033	NJ LIFE in LINDEN Qty: 17,900 Zip: 07036	Long Hill LEADER NJ Qty: 3,500 Zips: 07933, 07946, 07980
MADISON MONTHLY NJ Qty: 6,300 Zip: 07940	MOUNTAIN SIDE VIEW NJ Qty: 2,900 Zip: 07092	New Providence NEWS NJ Qty: 5,100 Zip: 07974	OUR TOWN Rahway, NJ Qty: 13,000 Zip: 07065	ROSELLE PARK MONTHLY Qty: 5,600 Zip: 07204	Scotch Plains NJ WHAT'S HAPPENING MONTHLY Qty: 9,400 Zip: 07076
Short Hills MILLBURN MONTHLY NJ Qty: 8,200 Zips: 07041, 07078	Summit NJ Times Qty: 9,600 Zip: 07901	Spirit of UNION NJ Qty: 6,800 Zip: 07083 (partial)	WARREN MONTHLY NJ Qty: 6,200 Zip: 07059	Watchung Post NJ Qty: 2,700 Zip: 07069	Westfield NJ MONTHLY Qty: 11,800 Zip: 07090

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The four in-person meetings begin with a meal, followed by a short video on various Christian topics, small group discussions and conclude with some summary comments. The other meetings are conducted on Zoom. There are twelve meetings in total. While it seems as though only people with faith are the target audience, all are welcome whether a believer, an atheist, or an agnostic. Come and bring a friend.

Listening is critical to this format. It is as important to understand other points of view as much as to be understood. Dialogue is expected to be respectful not confrontational. No one is forced to talk if they simply choose to listen.

The comments of those who have done the Alpha Program offer the best reasons to "Try Alpha":

"I needed a spiritual tune up and I got it." "It was a safe place to discuss deep topics of faith." "I found a new energy and peace about my faith." "It gave me a sense of hope." "I found my faith again."

The next Alpha Program will begin on

Monday, September 18, 2023 with a dinner at 7 p.m. in the Nazareth Center at Immaculate Heart of Mary (IHM) Church, 1571 S. Martine Avenue, Scotch Plains. Since most meetings will be on Zoom it will require access to a device for the Zoom meetings. Links and directions for Zoom will be provided to those who register. Participation is capped at 30 people. Sign up by visiting the IHM website: ihmparish.net. If you have any questions about Alpha, email: office@ihmparish.net or call: 908-889-2100.



(above) Immaculate Heart of Mary Church in Scotch Plains to host a free spirituality seminar. Registration is required, please visit ihmparish.net/alpha. If you have any questions about Alpha, email: office@ihmparish.net or call: 908-889-2100.

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