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POLICE YOUTH ACADEMY HOSTED 40 CADETS

Garwood Police Department

August 14th marked the first day of the Garwood Police Youth Academy. The program which started in the summer of 2018, has been an enormous success for the Garwood Police Department. This year hosted 40 middle school age cadets, the largest cadet class to date. The cadets are exposed to a number of law enforcement agencies at the federal, state, and local levels that provide presentations and practical exercises throughout the academy week. The cadets also participate in physical training each morning along with basic academy discipline. The Garwood Police Youth Academy takes place the 3rd week each August.



Photos by Garwood Police Department

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Beginning the last week of September,
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- Mondays: Fitness - 10:30 a.m.
- Tuesdays: Zumba Gold - 10:00 a.m. / Bowling - Garwood Lanes 1:00 p.m.
- Wednesdays: Healthy Bones - 1:00 p.m. (Call 908-789-4070 x 4080 to register)
- 2nd & 4th Thursdays of the month Beginner Line Dance – 1:00 p.m.
- Select Fridays Ceramics –1:00 p.m. (Call 908-686-2035 to register)

Call Kathleen to get on a mailing list of senior activities-908-789-0710.
Garwood Senior Club: meets the 1st & 3rd Thursdays at noon
at the Knights of Columbus, 37 South Ave.
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(above) The Garwood PBA hosted a catered lunch for Garwood Senior Club members on August 3rd. Sgt. John Wright spoke to the group about safety and scammers.

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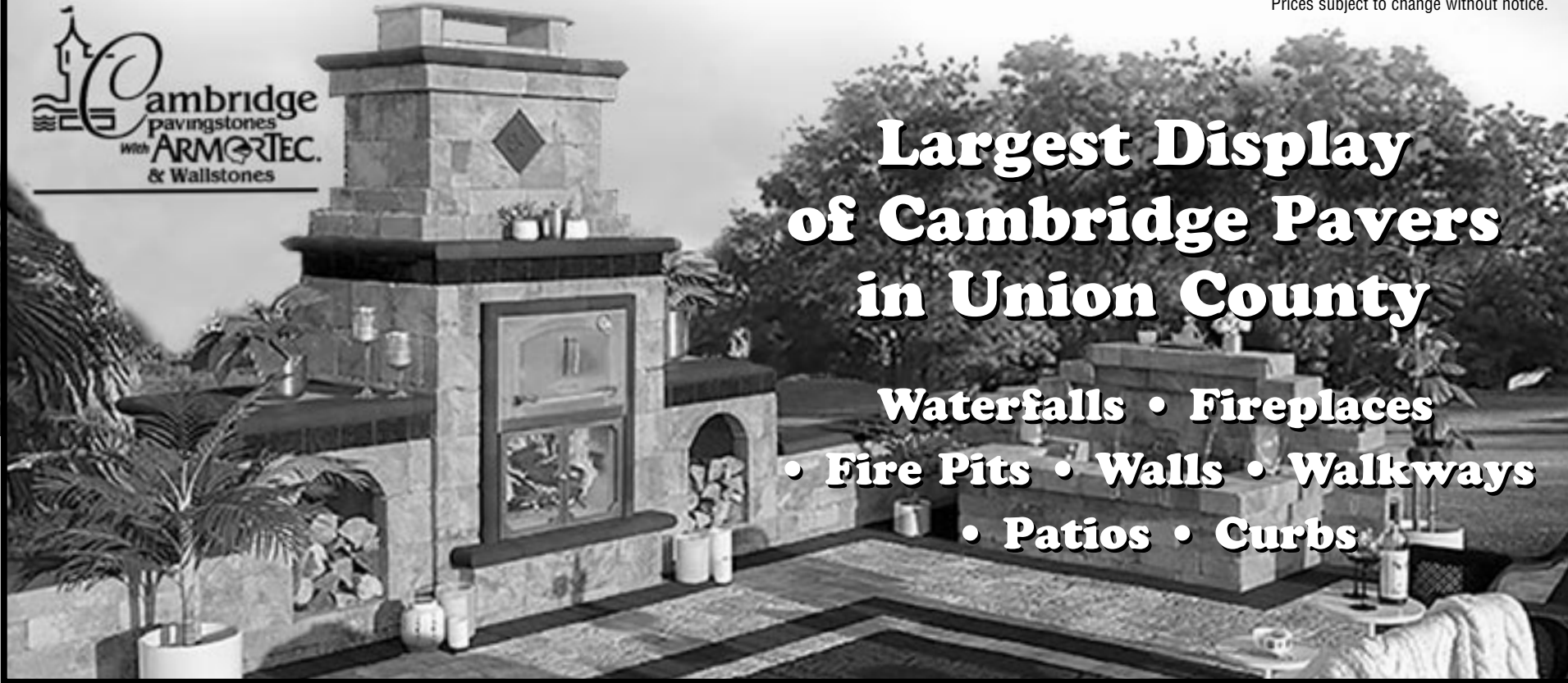
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LONGTIME COUNTY COLLEGE GOLF COACH INDUCTED INTO HALL OF FAME

Union College of Union County, New Jersey is proud to announce that longtime Golf Coach and Dean of STEM William Dunscombe was inducted into the National Junior Athletic Association (NJCAA) Golf Hall of Fame at this year’s NJCAA Division III National Golf Championship held in June in Chautauqua, New York.

The induction took place at the National Golf Coaches Annual meeting, held in conjunction with the NJCAA Division Golf Championships. Dean Dunscombe started his golf career at Union in 1975, serving as Head Golf Coach until 2019. Over the course of his coaching career, Dean Dunscombe had 18 NJCAA National Tournament appearances (both individual and teams), more than 500 career wins, one Region XIX Championship, seven Garden State Athletic Conference Champions, and coached one All-American player. Four of his athletes went on to play professionally. Dean Dunscombe was inducted into Union’s own Hall of Fame in 1981.

“The Union community is incredibly proud of Dean Dunscombe and thanks the NJCAA for their recognition of his vast contributions over the past 40 plus years,” stated Union’s President Dr. Margaret M. McMenamin. “It is the support of coaches, like Dean Dunscombe, that help our

athletes to grow and develop their skills. Dean Dunscombe has inspired many student-athletes during his time coaching, and he should be proud of the mark he has made on them. This is a tremendous recognition.”



(above) William Dunscombe was inducted into the National Junior Athletic Association (NJCAA) Golf Hall of Fame.

Courtesy photos

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GARWOOD VOLUNTEER FD VISITS SENIORS

Fire Official Leonard Spina and Fire Inspector Ed Syers presented a talk on Fire Safety and Prevention to the senior citizens living at the Village at Garwood recently. Their talk raised awareness of how simple household items can become a fire hazard from the use of multiple power strips without surge protectors, to wearing long loose sleeves when cooking, and keeping shades on lamps. Fire Official Leonard Spina said, "We always enjoy visiting at the Village at Garwood. It's a productive hour going over safety tips with the residents." The seniors were very appreciative of their visit.

The Executive Director of Village at Garwood, Liz Fennik, remarked, "We want to thank the Garwood Fire Department, Fire Official Leonard Spina and Fire Inspector Ed Syers for visiting the Village at Garwood Senior Housing to discuss Fire Safety with our residents. It was a lively exchange of vital information amongst the attendees. Safety for the residents has always been our priority. The Garwood Fire Department has been an integral part of the Village at

Garwood Senior Housing providing annual Fire Safety Presentations since it opened in 2015. They have been a wonderful partner over the years."

The Garwood Fire Department was organized in 1903, and currently boasts a roster of 50 members. The Department covers an area of 1 square mile, which is known as the industrial center of Union County.

The Village at Garwood is a senior housing project, sponsored by the Westfield Senior Citizens housing Corporation, that provides 71 units of affordable, one-bedroom apartments to eligible seniors.

The 83,000 square foot, three story housing complex is located in a quiet residential area, surrounded by a mix of single family and multifamily homes, and within walking distance of most amenities and services. Designed with an attractive townhouse facade, the 72 unit apartment complex includes one unit for a resident manager, 41 parking spaces, an on-site laundry facility, and community room.

Courtesy photo



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(above) Pictured with Village at Garwood seniors, in the middle, are Fire Official Leonard Spina and Fire Inspector Ed Syers.

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ALJ FOOTBALL TEAM VISITS FIRST CHILDREN’S SCHOOL



(above) The 2023 Arthur L. Johnson Crusader Football Team visits the First Children’s School on Friday, August 11, 2023.

Clark Public Schools

On Friday, August 11, 2023, members of the Arthur L. Johnson High School Crusader Football Team participated in a visit to the First Children’s School, located in Fanwood, New Jersey.

The First Children’s School in Fanwood is a stepping off point for children who need highly specialized educational services for some period of time in their lives. First Children’s services extend into the home districts of students with special needs where they are invited to work with faculty and administration to assure that children with special needs get cutting-edge

services in their home schools. The dedicated staffs, including teachers, aides, and therapists, are prepared to deliver their services in the schools and homes of the children they serve. First Children partners with districts and other providers like Children’s Specialized Hospital and Eden Autism Services to make sure that the children receive the very best services possible.

Members of the Crusader Football Team went into various classrooms and participated in a multitude of activities relating to the school’s curriculum.

Anthony DelConte, Head Football Coach, had this to say about the event. “The football

program was thrilled to be able to assist with the daily routines and to participate in activities held at the First Children’s School. It was fun watching the High School Student Athletes as they interacted with the children, and I think both groups not only enjoyed the experience but learned a lot while doing it.”

The Arthur L. Johnson High School Crusader Football Team would like to thank everyone associated with the First Children’s School for welcoming us and allowing us. Come out and support the Crusaders as they open up the 2023 season away against rival Governor Livingston on August 31st.

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A free spirituality seminar is being offered by Immaculate Heart of Mary Church in Scotch Plains, NJ. Meetings are weekly, and most are on Zoom.

Some of the most interesting and meaningful discussions occur when we talk about subjects that really matter to us. What is important to you? What fills you with joy? What do you seek in life? What do you believe? Alpha was created as an opportunity to examine important topics that ask us to reevaluate what we believe and why.

The four in-person meetings begin with a meal, followed by a short video on various Christian topics, small group discussions and conclude with some summary comments. The other meetings are conducted on Zoom. There are twelve meetings in total. While it seems as though only people with faith are the target audience, all are welcome whether a believer, an atheist, or an agnostic. Come and bring a friend.

Listening is critical to this format. It is as important to understand other points of view as much as to be understood. Dialogue is expected to be respectful not confrontational. No one is forced to talk if they simply choose to listen.

The comments of those who have done the Alpha Program offer the best reasons to "Try Alpha":

"I needed a spiritual tune up and I got it." "It was a safe place to discuss deep topics of faith."

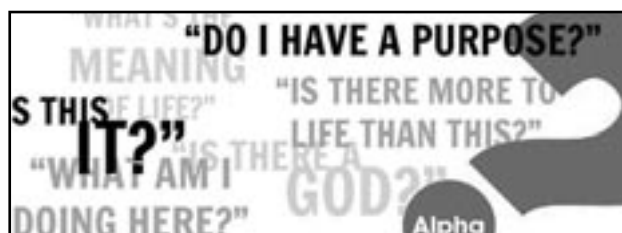
"I found a new energy and peace about my faith." "It gave me a sense of hope." "I found my faith again."

The next Alpha Program will begin on Monday, September 18, 2023 with a dinner at 7 p.m. in the Nazareth Center at Immaculate Heart of Mary (IHM) Church, 1571 S. Martine Avenue, Scotch Plains. Since most meetings will be on Zoom it will require access to a device for the Zoom meetings. Links and directions for Zoom will be provided to those who register. Participation is capped at 30 people. Sign up by visiting the IHM website: ihmparish.net. If you have any questions about Alpha, email: office@ihmparish.net or call: 908-889-2100.



(above) Immaculate Heart of Mary Church in Scotch Plains to host a free spirituality seminar.

Registration is required, please visit ihmparish.net/alpha. If you have any questions about Alpha, email: office@ihmparish.net or call: 908-889-2100.



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Mon and Tue 9 a.m. to 8 p.m.,
Wed and Thur from 10 a.m. to 8 p.m.,
Fri from 9 a.m. to 4:30 p.m.,
Sat from 10 a.m. to 1 p.m. Closed Sundays.

Knitting Club

September 11, 18, and 25 at 10:30 am

Join our Knitting Club. Open to all levels. Whether you're a beginner or you want to share your vast knowledge of knitting, spend an hour being creative and socializing. No Registration required. Yarn and needles provided to newcomers

Ask Kiosk-Aging Services Kiosk

September 13 @ 10 am to Noon

Union County Division of Aging Staff will be on hand to assist seniors (age 60+) or their caregivers with information on services, such as meal delivery, respite care, adult day care and support services for caregivers

Book Discussion Group

September 18, at 1:00 pm

Join us in the library for a lively discussion of this month's book "The violin Conspiracy" by Brendan Slocomb.

Storytime

September 26 at 10 and 11 am

Join Miss Maryanne for stories and more. Registration is required. For children 4 and younger. Limit 12

School House Chess

September 28, October 5, 12, and 19 at 3 pm

Learn the rules and strategies of chess with chess pieces that have animated personalities that enable Students to learn in new and exciting ways. Registration is required. For children entering 2nd grade and up. Limit 14

UGLY HOMES WANTED FOR TELEVISION PROGRAM IN THIS AREA

We need 30 Ugly Homes with Ugly Kitchens, Bathrooms, Siding, Window, etc., Inside or Outside that need fixing or Remodeling. We will Repair and Remodel them and shoot video for training film and future TV show on Home Remodeling Work.

Must Sign Release, for purpose of filming job! This must be a complete remodeling job, not just patch up work. This remodeling is to be specially priced, with compensation going back to the homeowner for a signed release.

Serious Inquiries Please!

CALL 833-375-1472

Ask for TV Project Department, for job evaluation and estimate of cost and compensations!

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