

GROW YOUR SINGL

across the state.

education.

When introducing the award, Gemenden explained that

New Jersey Clean Communities promotes education to

change the attitudes that cause littering. With that in mind,

the Excellence in Education Award was designed to honor a business, community organization, school or individual who

has achieved measurable results in reducing litter through

Union County's Trailside Nature & Science Center, a

4,500-square-foot interactive museum in the Watching

Reservation, was bestowed with this year's honor for

SINGLE USE PLASTICS - EXCELLENCE IN EDUCATION AWARD

Place your ad
in this space
and be in
every mailbox
in town!The New Jersey Clean Communities Council (NJCCC),
a statewide, comprehensive, litter-abatement program, has
honored Union County's Trailside Nature & Science Center
in Mountainside with its "2023 Single Use Plastics
Excellence in Education Award."
NJCCC Executive Director JoAnn Gemenden presented
the inaugural award to Center Director Patricia Bertsch
during the recent New Jersey Sustainability in Motion Expo
in Atlantic City, which attracted hundreds of attendees from

BUSINESS



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while bringing a creative, inclusive, and immersive approach to learning and enrichment programs," Gemenden said. She noted one of the center's noteworthy projects was inspired during the COVID-19 pandemic, featuring creation of bottle-cap inspired artwork about plastic pollution. This eve-catching artwork was fashioned in the shape of

"fostering an awareness and appreciation of the natural world,

This eye-catching artwork was fashioned in the shape of marine animals, each paired with educational signage to explain the harm that plastic pollution causes to the environment. These works were placed along trails in the Watchung Reservation, as an outdoor educational walk for park-goers. The initiative was so successful that the artwork has now become a traveling exhibit as various events, including the Sustainability in Motion Expo.

With a plethora of environmental programs, activities, and experiences curated for children and adults, the Trailside Nature & Science Center consistently rises to the occasion, finding interesting and effective ways to engage a wide audience.

Learn more at njclean.org and litterfreenj.org.



(above) Recycled Dolphin Artwork created by Trailside Nature & Science Center as part of plastic pollution education outreach.

(above) NJCCC Executive Director JoAnn Gemenden (L) with Patricia Bertsch, Director of Union County Trailside Nature & Science Center with Karen Inzillo and Dario Scholis of Union County.





202 Walnut Ave., Cranford, NJ 07016 Kenilworth Business Life is published by Renna Media. 3,500 newspapers are printed monthly and mailed to every business and resident in Kenilworth, NJ. Although great care has been taken to ensure the information contained within is accurate, Renna Media assumes no liability for errors or omissions.

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ARC OF UNION COUNTY RAISES \$41,000

The Arc of Union County, a non-profit agency serving more than one-thousand adults with intellectual and developmental disabilities, raised over \$41,000 at its first annual Swing Into Summer Golf Invitational on June 21st at Galloping Hill Golf Course in Kenilworth.

Golfers from local and regional businesses, private individuals and other supporters enjoyed a full day of golf, breakfast, lunch and numerous prizes. Among them was a raffle for an allexpense paid luxury three-day, two-night stay at the exclusive Kiawah Island Golf Resort in South Carolina won by Ryan Frangopoulos of Macro Technology.

The event also served as a passing of the torch from The Arc of Union County's long-time Executive Director Frank Caragher, who retired at the end of June after 49 years of service to the IDD community, to his successor, Edwin Asuta, who took over in January.

For 74 years, The Arc of Union County has offered a lifespan of services including family support, early intervention, education, residential, day habilitation and employment services. All proceeds will directly support these programs.

The Arc is grateful to Galloping Hill Golf Course and GAPGEM LLC Golf Event Management for their essential roles in making this event a success. We also thank our 23 sponsors without whose support this event wouldn't have been possible. They are:

Risk Strategies, Meeker Sharkey Hurley, Excel

Air, Frieri Law Group, Macro Technology, NJM Insurance, The Branna Agency, Columbia Bank Foundation, Document Solutions, Springbrook Wealth Advisors powered by Ameriprise Financial, Withum, Coordinated Compliance Solutions, Caffrey Landscaping, Carracino's Auto & Truck Service, Fuscon, J & E Auto Body, Improcom, MargFinancial, The Robbins Agency, The Dudas Family, Kenilworth Carwash, TK Books, and PSE&G.

Learn more about The Arc of Union County, its programs and services, at arcunion.org or follow us on Facebook, Instagram, and LinkedIn. And for an early start on next year's golf event, contact Marianne Kranz at mkranz@arcunion.org.



(above) Retired Executive Director Frank Caragher and his successor Edwin Asuta

Courtesy photo



*Rate current as of July 24, 2023. Early withdrawal subject to penalty. Fees may reduce earnings on the account. \$500 minimum to open. Rates are subject to change without notice. At maturity, this Certificate will automatically renew into a 6-month term at the rate effective during maturity unless the Certificate holder notifies the Credit Union in writing of request to withdraw or move funds into a different account.



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KENILWORTH FIRE DEPARTMENT MOURNS THE LOSS OF TWO MEMBERS

Follow Kenilworth NJ Fire Dept. and Rescue Squad on Facebook.

The Kenilworth Fire Department is mourning the loss of Fire Chief Lou Giordino, as well as Firefighter Robert Kukla. The loss of these two prominent members of the department happened in early July, 2023.

Fire Chief Lou Giordino passed away surrounded by his family on Sunday, July 16, 2023. Lou was born in Newark, NJ before moving to Kenilworth, NJ. His life was devoted to his family and the fire service. He began his career as a construction supervisor for the Vizzoni Brothers. He joined the Kenilworth Volunteer Fire Department as a firefighter in 1975. He quickly climbed the ladder to the rank of Chief in 1981, becoming one of the youngest Chiefs in the state of NJ. He remained a dedicated Chief, Fire Official, and member until his untimely passing. In addition to his work with the Volunteer Fire Department, he was a police dispatcher for the Mountainside Police Department. He was also a member of the New Jersey Fireman's Exempt, and the Knights of Columbus Fr. McVeigh Council # 4186 of Kenilworth.

Firefighter Robert Kukla passed on Thursday, July 6th, 2023. Robert volunteered with the KFD as a firefighter and first responder for over two decades. A memorial service was held on July 16th.



(above) Firefighter Robert Kukla



(above) Fire Chief Lou Giordino

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DRIVE FOR AUTISM GOLF EVENT – SEPT 18TH

The Drive for Autism Foundation is pleased to announce that its annual golf event, Drive for Autism XXII will be held at Royce Brook Golf Club in Hillsborough, NJ on September 18, 2023.

The Drive for Autism Golf Outing which has been held since 2002 has raised and distributed over \$851,000 to local school programs. Previous beneficiaries of grants were Morris Union Jointure Commission (New Providence, NJ), Salt Brook School (New Providence, NJ), AW Roberts School (New Providence, NJ), AW Roberts School (New Providence, NJ),Union County Educational Services Foundation/Crossroads School (Westfield, NJ), Educational Partnership for Instructing Children, Paramus, NJ, Eden II/Genesis Programs (Staten Island, NY), Spectrum360 formally The Children's Institute (Verona, NJ), ECLC (Chatham, NJ) and Seton Foundation for Learning (Staten Island, N.Y).

Grant recipients use money to fund health and fitness programs, social skills programs, educational curriculum and teacher training, a van for community trips and transportation to job training centers, laptop computers, computer touch screens, iPads, video projectors and educational toys and games.

The golf event is the main fundraising

function for the foundation. Single golfers and foursomes are welcome as well as, product donations and corporate sponsorships. To register online please go to birdease.com/DriveforAutismXXII

ABOUT DRIVE FOR AUTISM FOUNDATION:

Based in New Providence, New Jersey, The Drive for Autism Foundation (EIN#20-1760417), is a 501(3)(c) tax exempt public charity that was created in the Spring of 2002 for the sole purpose of raising and distributing funds for educational facilities specializing in students with autism.

DRIVE FOR AUTISM GOLF OUTING 2023

The Drive for Autism XXII is scheduled for Monday Sept 18, 2023 at Royce Brook Golf Club in Hillsborough, New Jersey. The event consists of a morning round of golf followed by a barbeque. Special events include golf contests, raffles and a silent auction of sports memorabilia, game tickets and golf trips.

To register or for additional information please visit

www.birdease.com/DriveForAutismXXII, call 908-451-8033

or email driveforautism@comcast.net.





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SEE THE GOOD IN PEOPLE

Submitted by Peter DeSarno

Perhaps it is because I see today due to the generous life changing gifts of two donated corneas, I tend to become very reflective when I collect the donated glasses that are received in the Lions drop box.

When I sort the glasses and package them to be sent into the Lions Processing Center, I am reminded of the good in people who are eager to help. I look at all the glasses that were once worn on the faces of members of our community which form a beautiful mosaic representing so many different shapes, sizes, colors, glasses for the old and young....and think that this is beautiful on many levels. I then think about the people who will experience that magical moment I had when sight is restored.

The New Providence Lions Club Eyeglass collection site is in front of the New Providence Library which is located at 377 Elkwood Ave. Since January 2022 we have collected 2,165 pairs of glasses.

BUS TRIP TO WIND CREEK CASINO OF BETHLEHEM, PA.

bus trip to Wind Creek Bethlehem Casino in Bethlehem, Pa., on Saturday, September 16.

The trip will depart Kenilworth (St. Theresa's School parking lot) at 8:30 a.m. and return to Kenilworth at approximately 5:30 p.m. Cost of \$52 includes comfortable motor coach transportation, an approximate 6-hour visit to the casino and \$25 in free slot play. There will be a 50/50 raffle and complimentary door prizes on the bus. The casino offers more than 3,000 state-of-the-art slot machines ranging in denomination from 1 cent to \$100, more than 150 table games – and more. The Wind Creek Bethlehem site additionally houses a wide range of distinctive outlet stores and popular restaurants/eateries.

For further information and reservations,

The Kenilworth Historical Society will host a please call 908-709-0434. As space is limited, reservations and payment should be made by August 31 to ensure availability. Gift certificates for the trip are also available for purchase.

> Proceeds from the bus trip will benefit the Kenilworth Historical Society's historic Oswald J. Nitschke House (c. 1880) by helping defray operating expenses, including the cost of an elevator that makes the restored "living history" museum and cultural arts center fully accessible to everyone.

> Historical The Kenilworth Society (kenilworthhistoricalsociety.org) is an independent, volunteer-based, non-profit, taxexempt, 501 (c) (3) organization dedicated to the research, preservation and interpretation of the Oswald J. Nitschke House, local history and culture.



(above) Mosaic of some of the 2,165 pairs of glasses collected to date.



(above) The New Providence Lions Club *Eveglass collection site is in front of the New* Providence Library which is located at 377 Elkwood Ave. When collected, these glasses are sorted and sterilized and are then donated to a charity and/or medical organizations that provides free eye exams and eyeglasses to needy people in the countries they serve.



Fall 2023

Exhibitions Open August 29, 2023 **Ticketed Admission**

Organized under the theme of Art and Wellness, each exhibition provides its own unique voice to further a rich discussion on the ways that art intersects with our mental, spiritual and physical health.

> galleries.kean.edu (908) 737-5300

RELIEF FROM CHRONIC KNEE PAIN FDA Approved Treatment to Avoid Surgery

DON'T BLAME THE ARROW FOR MISSING THE TARGET

Just like tens of millions of other Americans, you were looking for relief from your chronic knee pain. You thought Viscosupplementation injections might be the answer, but the results were disappointing and painful. Don't assume the treatment wasn't right. That could very well be like blaming the arrow for its path to the target when the problem might be the archer. If you didn't get the pain relief you were hoping for, chances are your injection treatment was off target. Unlike blind injections or even ultrasound targeted treatments found elsewhere,

Northeast Spine & Wellness Center uses diagnostic fluoroscopy to make sure the area that needs treated is the exact area where the injection goes. This is the most advanced method of delivering this pain relieving treatment with 95% accuracy to give you the results you're looking for. The use of Fluoroscopy guided injections sets Northeast Spine & Wellness Center apart. The end result is you living pain free from your

chronic knee pain. You can avoid the lengthy and painful road of knee replacement surgery. You can avoid the endless trial and error assortment of potentially addictive prescription medications. This treatment, using fluoroscopy guided injections has seen a success rate of above 85% in those suffering from knee pain related to osteoarthritis, and that includes people with bone on bone involvement. You've suffered from chronic knee pain long enough. Call Northeast Spine & Wellness Center now for a RISK FREE consultation.

If Knee Surgery Sounds Scary, It Should

Have you have been told you are facing knee replacement surgery? Have you been told about all the downsides you could be facing? First and foremost, there are NO guarantees that knee replacement surgery will be the answer to your pain, but let's look further:

 Surgery is costly, regardless of the percentage of services covered by insurance. Surgery requires lost time from work and typically requires a regimen of rehabilitation and medications.

With surgery, there is always a risk for unwelcomed complications. And you could be back to where you started, or worse.

Medications will be required for relief from surpery and you have been down

that road before. Addictions to these pain medications can cause potential side effects, something you do not want to experience. Rehabilitation can take years.

Consider This Alternative To Surgery

Northeast Spine & Wellness Center offers you a real opportunity and a painless way to say goodbye to your knee pain without any surgery. Here are just a few of the important benefits you should consider?

· Diagnostic fluoroscopy accurately targets the pain, unlike blind injections. · Guided fluoroscopic injections are virtually pain free, unlike blind injections.

· No lost time from work or family,

No expensive or time consuming rehabilitation.

· No potentially addictive prescription medications

· Recovery time is almost instant, not months or years.

How Does This New Treatment Work? Relief begins almost as fast as it takes to pronounce the treatment. It's called

Viscosupplementation Therapy. To begin with, it starts with Northeast Spine & Wellness Center investing in the use of diagnostic fluoroscopy This enables them to target the exact location of your knee pain with pinpoint accuracy. What follows is a simple injection that causes little to no pain, especially when compared to what you may be living with daily. That explains what you will see on the surface of this revolutionary treatment. What's taking place below the surface is how and where the natural healing process takes place. The injection of a Hyaluronic acid called Hyalgan. This gel-like substance was approved by the FDA in 1996. Hyalgan is a natural substance that mimics the synovial fluid that is already produced by your body in your joints. Osteoarthritis sufferers in particular see a reduction in this much needed synovial fluid in their knee joints. Without that cushioning layer of protection, the cartilage in your knee can begin to wear away leading to the rubbing of bone on bone. Through Viscosupplementation Therapy, this natural substance immediately goes to work reducing the swelling and inflammation in the joint and adding a coating layer of protection. Think about Dorothy taking the oil can to The Tin Man. You'll begin to feel that same kind of relief and quite possibly feel like you're ready for a dance down the yellow brick road to recovery yourself. And with a success rate of over 85% in alleviating pain associated with osteoarthritis, it's easy to see why this treatment is so readily covered by Medicare and by most major insurance providers. Diagnostic fluoroscopy to target the pain, Viscosupplementation Therapy to relieve the pain. Simple, fast and no surgery!

Let Me Show You Targeted **Relief From Your Knee Pain**

Every day, I see patients suffering from knee pain due to arthritis, osteoarthritis, sports injuries or other conditions Many have been told that they are in need of knee replacement surgery. Other patients say they have been prescribed various prescription medications to deal with the pain.

are patients that have tried viscosupplementation knee injections elsewhere and found it to be a painful and ineffective experience because the injections were not administered using fluoroscopic guidance. Instead of using the

copy we use at Northeast Spine & Wellness Center these patients experienced a blind injection technique, which can be as inaccurate as playing pin the tail on the donkey

Once I am able to explain to my patients about the pin point accuracy of using diagnostic fluoros copy and the amazing results viscosupplementation can provide, they are thrilled to get started They are even more thrilled when they feel the relief. Please contact Northeast Spine & Wellness Center today to schedule your RISK FREE consultation

Scot Paris MD, FACS

Here's what our patients have to say "I'm dancing without pain. I can more with no problem whatsoever. I can go up and down steps with no pain." + Patricia G.

"Over 85% relief for the first time in 15 years, suffering with knee pain. My life is getting - Perry O. hack to normal.

"After only four visits, i have absolutely no pain! The staff is "top-notch." - Quanton L.



Call 732-827-0800

COMMUNITYWIDE **GARAGE SALE SEPT 30 AND OCT 1**

A Communitywide Garage Sale will be held in Kenilworth on Saturday, September 30, and Sunday, October 1, 2023. This major annual event, sponsored by the Kenilworth Historical Society, will take place, rain or shine, between the hours of 9 a.m. and 4 p.m. each day. There are usually nearly 200 participating residences.

Residents who register and pay a \$12 fee to hold garage sales at their homes anytime during the September 30/October 1 weekend will receive a certificate representing the Borough's permission to proceed and will benefit from the Kenilworth Historical Society's statewide advertising of the communitywide event via major newspapers, Web sites, Facebook postings and prominently placed signage and fliers. The registration deadline is Friday, September 22.

The addresses of registered participating residences will be included in a Kenilworth Communitywide Garage Sale listing and map that will be available in quantity, free of charge, at the Kenilworth ACME Customer Service desk (801 Boulevard), Borough Clerk's Office (567 Boulevard), Public Library (548 Boulevard), and Love You More Flowers LLC (13 N. 20th Street) after

September 28. The listing also will be posted on the Borough of Kenilworth Web site (kenilworthborough.com).

Communitywide Garage Sale registration forms with instructions may be obtained at the Kenilworth Borough Clerk's Office/Borough Hall, Public Library, Love You More Flowers LLC and on the Borough of Kenilworth Web site (www.kenilworthborough.com). The \$12 Garage Sale registration fee may be paid by check (payable to the Kenilworth Historical Society) or in cash (exact amount required). Payment may be made by mail (to the Kenilworth Historical Society, 567 Boulevard, Kenilworth, N.J. 07033) or in person at the Borough Clerk's Office or at Love You More Flowers LLC. For further information, please call 908-709-0434.

The Kenilworth Historical Society is sponsoring the Communitywide Garage Sale as a service to the community. Any proceeds after advertising and other related costs are paid will benefit the Oswald J. Nitschke House "living history" museum and cultural arts center by helping defray operating expenses, including the cost of an elevator that makes the site fully accessible to everyone.

The Kenilworth Historical Society is an independent, volunteer-based, non-profit, taxexempt, 501 (c)(3) organization dedicated to the research, preservation and interpretation of the historic Oswald J. Nitschke House (c. 1880), local history and culture. Further information about the organization, the Nitschke House and other upcoming events may be found at the Kenilworth Historical Society website at kenilworthhistoricalsociety.org and on the organization's Facebook page.

Do you Suffer from any of these Symptoms?

There are a number of reasons why you developed Osteoarthritis pain. It can develop with age or because of heredity. It could be from repetitive stress from a job or some glory days in athletics. Of course your concern is with the symptoms you face daily and how to make them end, hopefully without surgery or the use of potentially addictive medications. Northeast Spine & Wellness Center understands the symptoms you have been

living with and can help. If you have any of the symptoms below, please call us today. Relief is a phone call away.

· Pain - Whether it's a sharp aching or maybe a burning sensation, the pain can range from irritating to debilitating.

· Swelling - This can cause tenderness and soreness to the entire knee area, making walking or going up and down stairs painful, getting in and out of bed or bathtubs difficult and dangerous just name a few activities affected by swelling.

· Stiffness - Getting up out of bed or after sitting for a period of time gets more and more difficult. This loss of mobility can be more than a hindrance. It can be dangerous if you need to move quickly.

· Loss of muscle strength - This can lead to balance issues and the strong possibility of falling.

· Joint deformity - Not just unsightly, but painful as well. · Creaking Joints - Can be painful and a sign of more discomfort to come.

 Sleepless nights - Losing sleep over your suffering is not just irritating, but potentially dangerous because of so many other health concerns that can be affected by loss of sound sleep.



Something else I see almost every day,

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POLICE DEPARTMENT'S YOUTH ACADEMY

Follow Kenilworth Police Department on Facebook

The Kenilworth Police Department's Youth Academy class of 2023 recently graduated after completing a week of programs. Participants of this year's academy got to experience demos from the Union County Sheriff's K-9 unit, SWAT, Kenilworth Fire Dept., and a medi-vac helicopter landing from Robert Wood Johnson Hospital. Recruits also had the opportunity to tour the old Union County Jail in Elizabeth.









HONORING THOSE CURRENTLY SERVING: NICOLAS SORIANO

Submitted by Michael T. Naya, Jr. (2023) Kenilworth resident Private First Class Nicolas Soriano, David Brearley Class of 2021 is currently serving in the 46th Engineer Battalion, 524th Firefighter Detachment, U.S. Army. Soriano enlisted in February, 2021 and was shipped out on July 19, 2021. He attended basic training at Fort Leonard Wood, Missouri, he was then San Angelo, Texas for training as a 12M (firefighter).

When asked about why he enlisted he stated, "I enlisted in order to better my physical and mental health. I wanted to get a head start on my firefighter career and get ahead of my financial challenges."

According to Soriano he is one of eight active duty firefighters currently stationed at Fort Polk, Louisiana. Fort Polk, soon to be named Fort Johnson, will serve as his primary station for the next three and a half years.

When asked about his plans after graduation he stated, "I will be discharged in 2026 and want to work for the Department of Defense in a federal firefighting job."

In addition to this he offered advice to those looking into enlisting in the military, "Take it day by day, jump in head first and see how you do. My first night as a basic I was nervous but throughout my career I became more and more relaxed. My mentality started to get better and I was focused on what I wanted and needed to do."

He said that his short term goal is to become a non-commissioned officer and attend air assault



(above) Private First Class Nicolas Soriano Courtesy photo

training. A long term goal of his is to attend sapper training and move to South Carolina where he will seek employment.

Kenilworth residents such as Nicolas show that one can have an impact on their community, their country, and nationally by serving in the U.S. Military.

This is part II of an ongoing series honoring those currently serving in the U.S. military from Kenilworth. If anybody knows of those currently serving they should contact Michael T. Naya, Jr. at 732-986-7768.



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of \$399.00. must present this coupon at time of purchase. Offer Expires 8/31/23.

Kenilworth Life • Page 12 • August 2023 WHAT WHERE AND WHEN IN OLD KENILWORTH THE PONDS THAT DISAPPEARED, PART 3

The largest of Kenilworth's three ponds that disappeared is Jackson Pond. It was somewhat kidney shaped and was, according to Charles Vitale (1921-2006), about nine to ten acres in size. It covered a large portion of today's Brearley Middle-High School campus including the athletic field, much of the grass area along N. 14th St., and some of the parking lot.

Research suggests the pond was named for John Jackson who lived near the pond in the 1880s when that part of Kenilworth was in Cranford. He moved away after 1910. He lived on N. 16th St. south of Monroe Ave. where he operated a wood cutting factory and machine shop. He was elected Kenilworth's first constable when the town was formed in 1907. Jackson left, but the name Jackson Pond remained.

Gene Coppola (1920-2020) noted that in his







(above) Brearley campus, former Jackson Pond area, 2015_{Source: Pictometry Int'l. Co.}

youth boys waded into the pond and gathered arms full of beautiful water lilies to sell in communities as far away as Newark and Morristown. Money earned augmented family incomes during the Great Depression. He told of wearing shoes in the pond so snapping turtles couldn't bite his feet. Some sold turtles for 25 cents each to Berry Ausley, a luncheonette owner on Monroe Ave., who made turtle soup for patrons. Some hunted muskrats around the pond. Gene reported when boys got home, they rubbed baking flour on themselves to help remove leaches that were attached to their bodies.

Sal Cirillo (1929-2010) said it was a major winter ice-skating area noting the view around the pond was like a Currier and Ives Christmas card with skaters young and old out on the ice and others sitting at campfires along its banks. Frances Corcione Vardalis (1929-2022) told of people driving cars to the edge of the pond at night with headlights on to light up the pond.

In 1935 the pond was dredged of its gravel to be used on local roads. In 1945 the muck from the pond was sold for its potential value as topsoil and fertilizer. In 1953 plans for a dam were made to flood the pond in time for winter skating. From the inception of the Union County Pak Commission in the 1920s and into the1950s the pond area was eyed as a possible addition to the county park system. The mayor and council similarly were inclined to let it become a park. In 1956 the town made some grading improvements of the area to entice wider public use. Then things



(above) Dark area is Jackson Pond, 1923. Source: Union County Parks Dept.

changed quickly. As interest grew to find a Kenilworth location for a regional high school, the administration of my late father, Mayor Walter E. Boright, Sr., set aside the Boroughowned acreage to preserve the site for a future high school, which fortuitously opened in 1966.

Construction of sanitary sewers in the 1920s that fractured the clay base beneath the pond is reported as one reason for its slow and persistent draining away. At some point in its life, a drainage ditch was dug from the pond at N. 14th St. west toward the Rahway River along the Washington Ave. right-of-way. In the 1950s, and during the years that followed, the ditch was piped and covered over. Open areas still exist from Wilshire Dr. westward to the river. In its final years as the water level ebbed and the pond grew smaller, it often was called "the swamp." As plans for the David Brearley Regional HS accelerated in the1960s, what remained of the pond vanished as truckloads of fill dirt arrived. Only Shallcross Pond remains today off North 14th Street.

Research provided by Walter E. Boright, Ed. D., historian, and Historic Signs, Inc. The Cranford Chronicle archives provided some details. Persons with inquiries about this or other Kenilworth history topics may contact Dr. Boright at drbori@aol.com or 908-256-5200.





www.kenilworthchessclub.org

AUGUST PROGRAMS AT KENILWORTH PUBLIC LIBRARY

Phone: 908-276-2451 • www.kenilworthlibrary.org/ • 548 Boulevard, Kenilworth, NJ 07033 Monday - Wednesday: 10 AM-5 PM; Thursday: 10AM–8PM; Friday: 10 AM-5 PM; Saturday: 10 AM-2 PM; Sunday: Closed

CHILDREN'S PROGRAMS AND EVENTS WEEKLY PROGRAMS: Bingo For Children

Mondays at 3:30pm – 4:00pm August 7, 14, 21 & 28 Bingo games for children ages 3 & up

Lap Sit Tuesdays at 10:30am – 10:50am

August 1, 8 & 15Interactive stories and songs for ages 0 - 2years old

PJ Story Time

Tuesdays at 6:30pm – 7:00pm August 1, 8, 15 & 29

Children are welcome to attend this story time program dressed in their pajamas and bring along a favorite stuffed animal, for ages 3 & up. Summer Craft

Fridays at 3:30pm – 4:00pm

August 4, 11 & 18 Ages: 4 – 9 Registration is required for each individual craft

one week prior to each craft.

AUGUST SPECIAL EVENTS

Registration is required for all special events. Kenilworth residents may register one week prior to each event. Out of town residents may register two days prior to each event, space permitting. To register call the library at 908-276-2451 or visit 548 Boulevard.

Safe Solar Viewing Monday, August 1 at 12:00pm – 1:00pm Rain date: Tuesday, August 8 (12:00pm – 1:00pm) Ages: 4 – adult

Participants will have an opportunity to safely view the sun through solar telescopes in the library's parking lot. This program will be presented by The Morris Museum Astronomical

Society.

Boogie Woogie Babies

Wednesday, August 2, 10:30am – 11:00am Interactive musical program will be presented by Tiffany Taylor for ages: 0- 4 Eyes of The Wild Animal Program

Thursday, August 3 at 7:00pm – 8:00pm. Ages: 4 – adult

Participants will be educated and entertained as they learn about and view up close exotic animals. This program is recommended for ages 4 – adult. This program has been funded by donations made in memory of

Elvira Kowalczuk

Musical Celebration with Charlie O

Monday, August 7 at 11:00am – 12:00pm All ages are welcome to join us for this interactive event celebrating summer reading and an opportunity to win one of several raffle prizes. This event will be presented by DJ

Charlie Oliva.

Good Tyme String Band

Wednesday, August 9, 10:30am – 11:00am All ages are welcome to attend and enjoy foot tapping knee slapping music.

Ferragosto! Celebrating Summer Italian Style Thursday, August 10 at 7:00pm – 8:00pm

Ages: 4 & up Join us for an evening featuring traditional

Italian music, dance and costuming. Enjoy live music including an interactive tarantella dance lesson. This evening will be presented by

D'Italia Programs. This program was made possible by funds from the Union County

Office of Cultural Affairs, a partner of the New Jersey State Council on the Arts.

Yoga Story Time

Wednesday, August 16, at 10:30am – 11:00am

Join us for stories and yoga poses for the youngest listeners and their caregiver. This program will be presented by Sandy Szeluga for ages: 2 - 5. This program has been funded by The Friends of The Kenilworth Public Library.

Magic Show Thursday, August 17 at 7:00pm – 8:00pm

Ages 4 – Adult Join us for an amazing interactive show featuring the magic of Anthony Salazar and Joe Holiday. This program has been funded by a Recyling grant given to the Borough of Kenilworth. Police K-9 Demonstration

Friday, August 18 at 11:00am – 11:30am Ages: 8 – Adult

Learn all about the life and training of the Union County K-9 unit. Meet a K-9 police officer and view a K-9 police dog up close. **Meet The Seeing Eye Puppies**

Tuesday, August 22 at 6:30pm – 7:00pm Ages: 4 – Adult

Listen to a story and meet the families that are training puppies to be given back to The Seeing Eye in Morristown. The families will talk about the responsibilities of raising a Seeing Eye puppy and demonstrate basic obedience

commands. Children will be invited to meet and greet the puppies.

ADULT PROGRAMS Paper Pals

August 1 & 15 at 2:00pm – 4:00pm Monday, August 22 at 6:00pm – 7:45pm Our card making group "Paper Pals." You don't need any paper crafting experience to join the fun. This is a FREE program for adults.

"Yarnies"

August 3, 10, 17 & 24 at 2:00pm – 4:00pm Thursday, August 31 at 6:00pm – 7:30pm. "Spin - A - Yarn"

Tuesday, August 29 at 5:00pm – 7:45pm. Bring your spinning wheel or drop spindle and create beautiful yarns! If you don't have a wheel, you are still welcome to join us to learn about spinning.



(above) Tiffany Taylor, owner of Boogie Woogie Babies





(above) Good Tyme String Band

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VOLUNTEER CLASS 102 IS READY TO LISTEN

Caring Contact Crisis Line

Residents from Westfield, Summit, Linden, Clark, Florham Park and North Plainfield completed training in June to become volunteers on the Caring Contact crisis hotline. During the 52-hours of training the graduates developed the ability to listen actively, assess the needs of someone in crisis and provide empathy and support. The training included dynamic and interactive presentations by guest experts in active listening, grief recovery, mental health issues and suicide intervention. Volunteer Listener Training was taught by trainers who are long-time listeners and nationally certified instructors in Applied Suicide Intervention Skills Training.

"This training and volunteer opportunity is ideal for people of varying backgrounds retirees, empty-nesters, stay-at-home parents,

Recommendations include ways to increase traffic to your website

web management contract. Use it to tune up your marketing plan.

This service is recommended even if you have an existing

NO OBLIGATION

and full-time professionals" said Mary Claire a combination of in-person training and via Givelber, Caring Contact's executive director. "Many of our listeners are looking for training should visit caringcontact.org/listenersomething meaningful to do after they retire, or their children leave home. Full-time professionals also participate finding the flexible volunteer hours work well with their work obligations."

Following the training, new volunteer crisis counselors are supported by seasoned listeners during 24 hours of internship before they take calls on their own. Even once a volunteer is a certified listener, Caring Contact provides a range of support and training opportunities to allow them to keep honing their skills.

The next volunteer crisis counselor training begins September 20th through December 13th. The training will run once a week on

Call Walter at 201-478-7408

email: wwwinnj@gmail.com

Zoom. Anyone interested in registering for the training/ or call the Caring Contact administrative offices for more information at 908-301-1899.

Caring Contact is a volunteer-staffed crisis hotline and listening community, providing active listening support and best-in-class training to the Central and Northern New Jersey community. More than 80 trained volunteers answered over 17,000 calls last year from people in crisis, having suicidal thoughts or simply needing someone to talk to.

If you need someone to listen, call us at 908-232-2880. If you, or someone you know, are in crisis call 988, the new access code to the National Suicide Prevention Lifeline. To learn Wednesdays from 6:30 to 9:30 p.m. and will be more, visit caringcontact.org. You are Not Alone.



ROBERT E. JEANS AWARDED SILVER COMMENDATION MEDAL

Robert E. Jeans, Sr, Commander of VFW Post #2230 in Kenilworth was awarded the Silver Commendation Medal by New Jersey's VFW State Commander, Jay Boxwell, at the New Jersey State VFW Convention, which was held in Wildwood this past June. This Medal was awarded to Commander Jeans for his Exemplary Service to Veterans from the Department of New Jersey.



