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## TROOP 17 PROMOTES 7 NEW EAGLE SCOUTS

*Submitted by Scout Emcee Nate P.*

This year, Troop 17 celebrated the achievements of seven new Eagle Scouts during a Eagle Court of Honor. Eagle courts of honor are fully developed celebrations recognizing Scouts who have attained Scouting's highest rank. Eagle Scout is the highest achievement or rank attainable in the Scouts BSA program of the Boy Scouts of America (BSA). Since its inception in 1911, only four percent of Scouts have earned this rank after a lengthy review process.

The event was graced by distinguished guests, including Mayor Miggins, Dr. Burton, Dr. Miron, Father Larry, and Mr. Cannon, who came to show their support for the Troop.

We also heard a recap of the scouting activities this year from SPL Will D., as well as remarks from each Eagle Scout. We express our gratitude to all the Scouts, parents, and guests involved, and congratulate Ian, James, Gabe, Ben, Matthew, Lukas, and Akira for their remarkable dedication to the Troop and their outstanding community service contributions.

Troop 17 meets on Thursday nights at St. Rose of Lima Church in Short Hills and is accepting new members for the upcoming Scouting year. Please visit [Troop17ShortHills.com](http://Troop17ShortHills.com) to learn more.



*(above) Troop 17 newest Eagle Scouts  
Ian, James, Gabe, Ben, Matthew, Lukas, and Akira*

Courtesy photos



*(above) Troop 17 Scouts*

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## RE-“CYCLE” YOUR USED BIKES AND SEWING MACHINES

Pedals for Progress & Sewing Peace of High Bridge, NJ is having a used bike and sewing machine collection sponsored by Faith Lutheran Church at 524 South Street in New Providence on June 17, 2023 from 9:00 a.m. until 12:00 p.m. Anyone with an adult or child's bicycle in rideable or easily repairable condition is urged to donate that bike to this worthy cause. "Bikes for parts" or disassembled bicycles will not be accepted. Working portable sewing machines are also greatly appreciated and put to good use around the world. If you are unable to drop your donation off on the actual collection date, you may do so ahead of time by leaving your bicycle(s) in Faith Lutheran's lower lot next to the utility shed. If you are donating a sewing machine, please leave it underneath the sheltered alcove by the main doors at the bottom of the parking lot.

Every year, Americans buy 22 million new bicycles and discard millions of old ones, abandoning many more unused in basements, sheds, and garages. Most of these end up in our already overburdened landfills. Meanwhile, underprivileged people overseas need cheap, non-polluting transportation to get to jobs, markets, medical care and schools. Pedals for Progress has received, processed and donated

over 165,000 bicycles, 6,000 used sewing machines and millions of dollars in new spare parts to partner charities in 32 developing world countries. In 2022, deliveries were made to partners in Belize, Cameroon, Guatemala, Rwanda, Somalia, Togo and Uganda.

It costs approximately \$52 to collect, process, ship, rebuild and distribute each bicycle or sewing machine. A donation toward shipping costs is necessary with a suggested minimum \$20 per item. All cash and material donations are fully deductible, and a receipt will be provided on site. Pedals for Progress is a 501(c)(3) corporation and a registered charity in the states of NJ, NY, PA, CT, VT. Brochures explaining this innovative program will be available at the collection site.

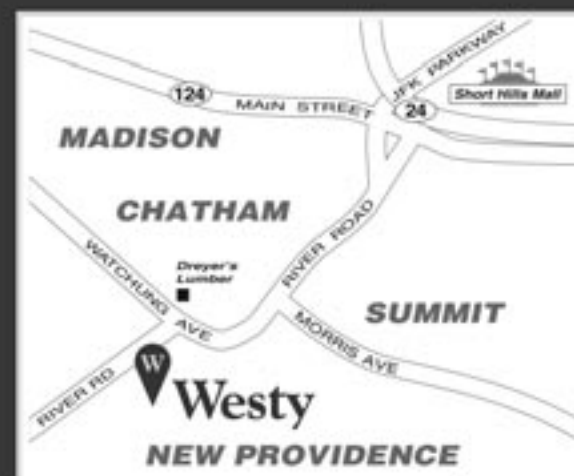
P4P seeks donations of wrenches for their overseas shops. For detailed information about P4P's overseas projects and a current schedule of bicycle and sewing machine collections, or to make a donation, please visit their website at [www.p4p.org](http://www.p4p.org).

Faith Lutheran Church is located at 524 South Street, New Providence, NJ. The Rev. Jane McCready is Pastor at Faith Lutheran Church. Visit online at [famfaith.org](http://famfaith.org) to learn more about our worship schedule and ministry opportunities.



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## SUMMER SAFETY TIPS FOR SENIORS

Long days in the summer sun can be dangerous for anyone if the necessary precautions aren't taken, and this is especially true for older adults.

According to the Centers for Disease Control and Prevention, people who are ages 65 and older are more prone to heat-related health problems. As we age, our bodies don't adjust as quickly to sudden changes in temperatures, and various medical conditions and prescription medicines can contribute to heat-related illnesses.

"Spending time outside can be very beneficial for older adults' physical and mental health," says Dr. Lakelyn Hogan, Ph.D., gerontologist and caregiver advocate at Home Instead. "After a year of spending most of our time at home, getting exposure to vitamin D is more important than ever. However, seniors need to be aware of potential summer dangers and take proactive safety measures to prevent overheating, overexposure to the sun and dehydration."

### 6 SUMMER SAFETY TIPS FOR OLDER ADULTS

Hogan recommends the following to help older adults enjoy summer safely.

- 1. Stay hydrated.** Before heading outdoors, make sure older adults hydrate by drinking plenty of water. Pack extra water bottles for all outings, especially when expecting prolonged periods of time spent in the sun. Consuming water-rich foods like watermelon, lettuce, peaches, tomatoes or strawberries is also a great source of hydration. Be sure to avoid beverages like soda or alcohol, which can contribute to dehydration.
- 2. Protect your skin and eyes.** Stock up on sunscreen with broad-spectrum protection and at

least 30 SPF to protect exposed skin against UVA and UVB rays. Older adults should wear a hat and sunglasses to keep the sun out of the eyes and off the face. To keep cool and comfortable in the summer heat, opt for light-colored, loose-fitting clothing.

- 3. Know when to stay inside.** Plan accordingly for a day outside by checking the weather forecast for extreme heat alerts. Keep in mind, the sun is strongest from 10 a.m. to 4 p.m., so limit outdoor activities to the morning and evening. If it's too hot, stay indoors in air-conditioned areas, such as shopping malls, movie theaters or libraries. Older adults may also enjoy a staycation this summer to beat the heat from the comfort of home or by visiting local attractions.
- 4. Keep medications properly stored.** Rising temperatures may affect medications, as some need to be stored in cool places to work effectively. Additionally, some medications require older adults to stay out of the sun. Consult with a doctor about any concerns and make sure to read prescription labels to keep medications working as they should.
- 5. Run the A/C.** Many older adults are tempted to save costs by limiting use of the air conditioner as the outdoor temperature rises. This can be dangerous, even fatal. To stay comfortable and save on the energy bill, the U.S. Department of Energy recommends setting the thermostat to 78F (26C) when you are home.
- 6. Stay connected.** Having a family member, friend or neighbor visit regularly is a great way to stay connected and ensure an older adult's safety

during these hot summer days. For those who enjoy gardening or taking a daily walk, make sure a loved one is aware of the older adult's routine so they can check-in in the case of an emergency. In addition, make a list of all emergency contacts including family, doctors and caregivers, so this information is ready if it is needed quickly.

By minding sun safety guidelines and taking the necessary safety precautions, older adults can enjoy the fun and adventure of the summer season.



### HEAT ADVISORY TIPS

- Check on elderly loved ones and neighbors daily
- Remind them to drink water and eat foods like watermelon, lettuce, tomatoes and peaches
- Offer to take them to a cool, air-conditioned place like the movies, mall or museum
- Confirm prescriptions are being stored at the proper temperature
- Wear loose-fitting, light-colored clothing, a hat, sunglasses and sunscreen.



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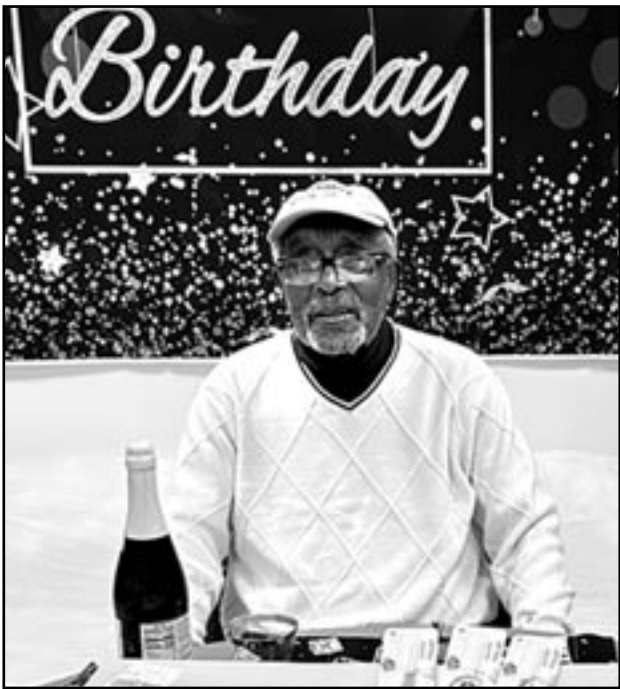
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(above) Jaylynn Morrison

Courtesy photo

# HAPPY 101ST BIRTHDAY JAYLYNN MORRISON

Jaylynn Morrison recently celebrated his 101st birthday surrounded by friends at SAGE Eldercare. Born in 1922, Jaylynn grew up listening to his parents' wise words and following their advice. He believed that being a good person and taking care of oneself were the keys to a long and happy life. He spent his childhood listening to jazz music and watching monster movies. He was always fascinated by the world around him and loved to learn new things.

Jaylynn graduated from Morningside High School. He earned his Bachelor of Science Degree from Johnson C. Smith University. During his time at JCSU, he played on the basketball and tennis teams. He earned the nickname "Speedy" because of his calm and slow-moving demeanor. He quickly became one of the team's stars.

After graduation, Morrison moved to Newark, and married the love of his life, Louise. Both were public school teachers in Newark. Jaylynn taught math and science and became a beloved teacher among his students. He made complex concepts easy to understand. And his willingness to go the extra mile to help his students succeed. After their careers as teachers, they retired and traveled the world, went on several cruises and enjoyed going to sporting events, playing tennis and gardening. They shared a life together for

over 65 years.

A man of many passions, Jaylynn had a gift for sports and loved to coach basketball and teach tennis to children. He believed that sports could teach valuable life lessons, and he was always eager to pass on his knowledge to the next generation. Despite his busy schedule, Jaylynn always was available for his favorite foods. He loves nothing more than a plate of sweet, juicy corn on the cob. Ice cream, his favorite dessert, usually concludes his meals.

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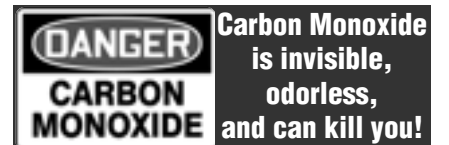
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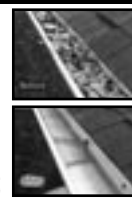
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# EAGLE SCOUT KATELYN CANNON WINS STATE-WIDE ESSAY CONTEST

PRINCETON, NJ – Eagle Scout Katelyn Cannon of Scouts BSA Troop 19 from St. Rose of Lima Church, Short Hills, was unanimously selected as New Jersey’s 2022 Sons of the American Revolution (SAR) winner of the Arthur M. & Berdena King Eagle Scout Award for authoring a patriotic themed essay titled “The Legacy of the Revolutionary Frontiersmen”.

Katelyn's essay focused on racial tensions of the "Bloody Year" of 1782, where she highlighted the spike in racially motivated slaughters and vengeful attacks of both Native Americans and western Pennsylvania frontiersmen. Katelyn research discovered that she was a revolutionary descendant of Captain John "Miller" Hardin, who served under Colonel William Crawford in the Sandusky Plains as a member of the Westmoreland County Pennsylvania Militia. Colonel Crawford led his unit of approximately 500 men deep into Indian territory; however, he and dozens of his men were ultimately captured. Colonel Crawford was tortured and burned at the stake by American Indians. Fortunately, Captain Hardin was able to return home to his family shortly thereafter.

Katelyn's essay presented a brave argument that "the revolution of frontiersmen, including her ancestor John Hardin, left an important, if not always positive, legacy".

Katelyn, who is also a senior at Millburn High

School, was presented an Eagle Scout trophy and scholarship check by the national SAR President General C. Bruce Pickett. “Katelyn’s essay has now been submitted to the national competition where the top Eagle Scout award recipient will receive a ten-thousand-dollar scholarship to be awarded at the national headquarters in

Louisville, Kentucky this summer.”, said SAR West Fields Chapter President Julien Hershey.

The Sons of the American Revolution is a genealogical society for males who can prove descent from a patriot of the American Revolution. For more information contact Chris Sands at Chrissands44@aol.com.



(above) Eagle Scout Katelyn Cannon with West Fields SAR Chapter President Julien Hershey, National SAR President General C. Bruce Pickett, and National SAR Vice-President General Robert Meyer.

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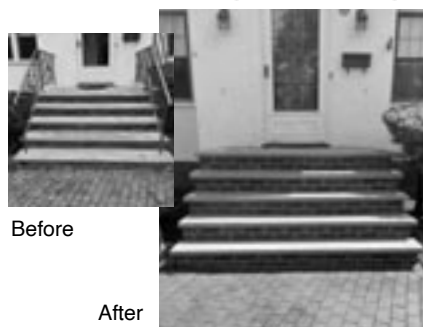
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## ATTENTION PARENTS OF KIDS AGES 6-18

# 31 IDEAS TO HELP KIDS EAT BETTER, RUN FASTER, GET STRONGER AND BECOME THE BEST VERSION OF THEMSELVES

Cut This Page Out and Put on Your Refrigerator



### Eat Better

- ☐ Drink AT LEAST 4 Water bottles
- ☐ Have a fruit or veggie with each meal
- ☐ Have nuts instead of chips as a snack
- ☐ Have a source of protein in each meal
- ☐ Take a multivitamin
- ☐ Limit sweets to only one serving

### Get stronger

- ☐ Perform 50 bodyweight squats
- ☐ Perform 50 pushups
- ☐ Perform a plank for 60 seconds 3 times
- ☐ Perform 25 vertical jumps
- ☐ Get at least 8 hours of sleep a night

### Be Happier

- ☐ Get at least 30 minutes of exercise
- ☐ Do a morning routine that you enjoy
- ☐ Write 5 things that you are grateful for
- ☐ Adopt a Growth Mindset
- ☐ Listen to music whenever you can

### Run Faster

- ☐ Do 10 hill sprints
- ☐ Perform 15 Broad Jumps
- ☐ Sprint for 50 yards
- ☐ Perform single leg jumps
- ☐ Perform High Knee Marches

### Build Confidence

- ☐ Do something outside of your comfort zone
- ☐ Read a book
- ☐ Practice or spend time on your hobbies
- ☐ Learn a new skill
- ☐ Work towards a new Goal

### Be More Active

- ☐ Walk during TV show commercials
- ☐ Schedule exercise time
- ☐ Whenever you see a commercial for a car company, perform 10 squats
- ☐ Find a buddy, and exercise with them
- ☐ Try a new method of exercise every week (i.e. biking, running, lifting weights, etc.)

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Attention Parents of Kids Ages 6-18  
**UPDATE: THE GRIT ATHLETE  
SUMMER PROGRAM HAS ONLY  
9 SPACES REMAINING**  
We'll have your kids stronger, faster,  
and more confident...guaranteed.

**Here's what parents can expect to happen:**

- **They will get stronger** which means when they show up to their sport they'll be able to perform better than ever.
- **They will run faster and jump higher** so they can show up to their next season and people will start asking what the heck have they been doing.
- They'll become **more coordinated and improve agility** which means they'll pick up new skills their coaches teach them faster.
- **Your children will start to eat better** because we'll be educating them daily on what's good and what they should avoid ...don't be surprised if they start asking you to buy more vegetables.
- **Confidence will skyrocket.** When kids get stronger, faster and more fit...their confidence will rise...so will their self-esteem which means their performance in every aspect of life will get better.
- **Their mindset will improve.** We're going equip your child with very specific mindset skills that'll help them learn how to transform how they think about mistakes and failures.

**HAPPY PARENTS TALKING ABOUT THE PHYSICAL  
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- "When my son started Grit he was quiet, shy, and had some difficulty with movements...Now he is confident in himself, has become more vocal, and is mastering the exercise he struggled with in the past."

- Jen O'Brien, Grit Athlete Parent

- "My son is more disciplined and confident in himself"

- Steve Hughes, Grit Athlete Parent

- "I have watched my children become more confident and vocal."

- Christine Stramandinoli, Grit Athlete Parent

- "His confidence has shot up in the last few months...and has carried forward to the way he approaches other activities like sports and schoolwork. My son is now making his bed daily and exercising every day."

- Catherine Solfaro, Grit Athlete Parent

**GET MORE INFORMATION (STARTS JUNE 19TH)**

**STEP 1**

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**STEP 2**

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**STEP 3**

Coach Mike will call you and set you up



**Warning: The summer session is the most popular session of the year and always sells out before it starts. We strongly encourage you to scan the QR code today and enter your information to make sure your child doesn't get locked out of the summer session.**

# MATHLEAGUE CHAMPIONS

**Millburn Township Public Schools**  
Washington School students participated in the NJ State Championship held by Mathleague.org at The Pingry School on May 6th and ranked 1st amongst all participating schools in New Jersey. Additionally, the team composed of Euan Kang, Vidit Jain, Thomas Mu, and Adam Zhang brought home the championship title in the team round, earning the school a big trophy.

Among all schools that participated in the State Championship, Washington School had the highest number of students who qualified for the

National Championship, which will take place in College Station, Texas, in June 2023 (i.e., Out of the 16 students who qualified for the Nationals, 7 students are from Washington School). Thomas Mu (3rd place in 5th grade and qualified for Nationals), Ayansh Ahluwalia (7th place in 5th grade and qualified for Nationals), Ahren Dixit (8th place in 5th grade and qualified for Nationals), Peichen Yu (9th place in 5th grade and qualified for Nationals), Vidit Jain, Euan Kang, and Adam Zhang (Qualified for Nationals).



(above) Champions!

Photo by Millburn Township Public Schools



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**Choice Of 1**  
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**Choice Of 2**  
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## LOCALS COMPETE IN NATIONAL PICKLEBALL CHAMPIONSHIPS

More than 3,000 pickleball players of all ages and skill levels, including Vishal Talreja from Short Hills and Parash Advani from Hoboken, competed in the largest and most prestigious event in pickleball – the 2023 Minto US OPEN Pickleball Championships powered by Margaritaville. The event was staged from April 15-22 in beautiful Naples, Florida, the Pickleball Capital of the World, with a record number of players, a \$125,000 pro prize purse, and a world-class field of players. After more than 5,000 matches during the week, the action concluded on Saturday. Vishal and Parash earned a Bronze medal in the Men's Doubles age 40+ 4.0 skill level.

Known as the "Biggest Pickleball Party in the World™" for the electric atmosphere that pulsates through the largest permanent pickleball facility in the world with 64 courts, it attracted a record 35,000 spectators. The event was streamed live on the Pickleball Channel all week and the women's and men's pro doubles finals broadcast live on CBS Sports Network on April 22.

More information is available at [USOPENPickleball.com](http://USOPENPickleball.com).



(above) Parash Advani and Vishal Talreja

Courtesy photo

## MILLBURN TOWNSHIP FOOD PANTRY

Millburn Township operates a food pantry for Millburn-Short Hills residents in need. The pantry is available by appointment only and is mainly stocked with non-perishable foods. For more information or to make an appointment, please contact the Township Social Worker, Ana Millan at (973) 535-7961 ext. 231 or [amillan@millburntp.org](mailto:amillan@millburntp.org). Please note that all communication between the social worker and pantry manager, Annette Romano, as well as its volunteers is strictly confidential. Food drop-offs can be made at the resident's home or arranged

for a more discreet location, local-only.

The pantry accepts monetary donations which are exchanged for gift cards to local supermarkets, then distributed to food pantry recipients. If you would like to make a donation, please contact the Town Social Worker, or make a check out to the Township of Millburn and mail it to Ana Millan, Millburn Health Department at 375 Millburn Ave. Millburn, NJ 07041. Non-perishables can also be brought to Town Hall during business hours. Thank you for your generosity.

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### **KEARNY**

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### **KENILWORTH**

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### **MADISON**

Thursdays - 1 pm to 6 pm

### **MAPLEWOOD**

Mondays - 2 pm to 7 pm

### **METUCHEN**

Saturdays - 9 am to 2 pm

### **MONTGOMERY**

Saturdays - 9 am to 1 pm

### **MORRISTOWN**

Sundays - 8:30 am to 2 pm

### **RIVERDALE**

Tuesdays - 2:30 pm to 7 pm

### **ROSELLE PARK**

Wednesdays - 1 pm to 6 pm

### **SOUTH ORANGE**

Wednesdays - 2 pm to 7 pm

### **SPRINGFIELD**

Mondays - 11 am to 6 pm



The New Jersey Council of Farmers and Communities (NJFCFC) is a non-profit organization dedicated to developing and growing the network of community farmers' markets and farmers throughout northern and central New Jersey.

## VANDALS CAUGHT IN THE ACT.

Submitted by Dr. D. Michael Hart

The "Pool House Gang" were caught red handed vandalizing a building at Boy Scout Camp Wheeler, in Byram Township, NJ. They are seen here in a "line up" against the wall.

They claim that they were doing repairs and renovations to an old decrepit building at the Boy Scout Camp. But they were seen removing valuable lumber, sinks, toilets, shower heads, and construction materials from the building.

Just kidding. This is a group of dedicated volunteers, including many retired professionals, who volunteer every week all year round at the Boy Scout camps for Patriot's Path Council in northern New Jersey. These guys pictured have come up every Wednesday and Thursday for several months to renovate the Pool House and other buildings. This group includes retired engineers, an electrician, computer experts, small business owners, and corporate executives.

The Pool House building was built in 1971. The roof was still good, but the wooden walls were completely rotted, and the roof was sagging perilously. They needed to prop up the roof and replace the boards one by one.

Eventually the building will have two bathrooms, two common showers and 8 individual changing rooms on each of two sides. There is a full sized swimming pool behind the building, so all of the chlorination, pumping mechanisms and electrical service are also located inside the building.

The "Flintlocks BSA, Inc." a 501c3 corporation, is a group of retired scouts who volunteer at the camps every week, all year round, to help the council. They do most of the repairs and maintenance for the three Council camps, but also build new structures, such as cabins, waterfront structures, picnic tables and tent platforms. In 2018 they secured funding and built the STEM Lab at Allamuchy. Second, they make the craft kits for birdhouses, bird feeders, stools, handy boxes, racing sailboats, etc., which are sold through the Scout Shops. Third, Flintlocks volunteer to help run the many Council programs. Three quarters of the Flintlocks have received the Silver Beaver Award, the highest National award a volunteer may receive. The Facebook Page is "Flintlocks" For more information please contact Secretary Dr. Michael Hart [drmhart@yahoo.com](mailto:drmhart@yahoo.com).



(above, l-r) "Line Up": Al Thomas, Randy Johnson, Frank Wallace, Dave Greene, George Van Dyke, Barry Bird, and Tom Mollitor.

## HELP WANTED

Explore Millburn- Short Hills has launched a new webpage which promotes open jobs in the town.

If you are looking for a local job, or have one to offer, please visit this website page to Explore! [exploremillburnshorthills.org/job-opportunities](http://exploremillburnshorthills.org/job-opportunities)

## LET'S BE SAFE OUT THERE

We have students walking, biking, driving and busing to school again. Please take your time, go slow, watch for pedestrians and let them cross.

Bus reminders: A flashing red light means STOP... 25 feet from the bus.

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## NEW JERSEY VETERANS NETWORK MEMORIAL DAY MESSAGE

*Michael D. Boll, Director, NJVN*

A few years ago, I was approached by a veteran who is a friend of mine who expressed how extremely depressed he was and that he wanted to take his own life. Initially, I was completely shocked because this guy seemed to be upbeat and happy all the time. Immediately, I asked him to come with me to a private office so we could talk about his awful situation. This was the first time in my life that I had a friend talk to me about suicide, and I knew I had to really do my best to help him get through this horrible ordeal. We spoke for a few hours and I listened closely to everything he said. I was able to convince him to immediately get some help and we went to the hospital. I stayed with him at the hospital and met with him when he was released. I did everything to show my friend that I had his back, and because of this he is alive today. This awful situation inspired me to do whatever I possibly can to help others in need, and shortly after the New Jersey Veteran's Network created our mobile outreach program.

In today's day and age, most of you have known a veteran or first responder who has taken their own life. We lose nearly 22 veterans and approximately 300 first responders every year to suicide. Even with all the awareness and new anti-suicide programs available, this number has not changed, and in some cases has

increased.

The VA hospitals with PTSD and mental health programs are packed with patients and unfortunately, the numbers continue to increase. More of our first responders are also seeking help and are utilizing some of the state programs being offered. So many people want to help and put an end to this crisis, but sadly there isn't a foolproof program available that will stop this ever-growing crisis from destroying our uniformed heroes and their family's lives.

For the last two years, our team has been working tirelessly with other charities to come up with a better solution to help prevent this epidemic from continuing. Personally, we believe our Mobile Outreach Team is really making a difference and everyday it helps our uniformed heroes live a better way of life.

The first thing we learned as a team is that we must lose our ego and seek out other groups and organizations that are looking to save lives. Then we find the right volunteers who are committed and dedicated to being a men-tor to a person in crisis. Volunteers are extremely valuable because they want to be there, and they usually care more than the people who get paid for their services.

To date, we have been able to change and save countless lives because of the incredible commitment from the volunteers and other

supporting groups. In the next few months we are excited to be launching the "Uniformed Heroes Project," which is a statewide peer support/mentorship program for veterans, first responders, and active duty military. This project is a collaboration between the NJ VFW, NJ American Legion, NJ FMBA, PFANJ, NJSPBA, NJ FOP, NJ MAVA, NJ legislators, other military/first responder organizations. The Uniformed Heroes Project will provide peer support training throughout the state for volunteers and host numerous recreational therapy events for our heroes in need.

### **ABOUT NEW JERSEY VETERANS NETWORK**

We are a group of veterans and volunteers dedicated to helping our veterans and their families live better lives. Our mission is to identify veterans and connect them with resources and programs designed to meet their unique set of needs. Help us save Vets! We are always looking for volunteers, with various skills, to join the team.

If you are a veteran or family member that's in need of assistance; or are interested in volunteering, would like us to speak at your event, or contribute to our mission, call 973-332-1556 or email [njvn1775@gmail.com](mailto:njvn1775@gmail.com). To learn more about the team please check out our website [njvn.org](http://njvn.org) (accomplishments). Help us save Vets!



*(above) New Jersey Veterans Network veterans and volunteers at a recent Memorial Day Parade.*



# MILBURN LIBRARY'S JUNE EVENTS

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Monday - Thursday: 9:30 a.m. - 8:45 p.m.; Friday, Saturday: 9:30 a.m. - 5:15 p.m.; Sunday: 1 p.m. - 4:45 p.m.

## SUMMER READING CHALLENGE 2023 "ALL TOGETHER NOW":

Monday, June 19- August 11.

Register at [millburnlibrary.beanstack.org](http://millburnlibrary.beanstack.org).  
Sponsored by Friends of the Millburn Library.

### KIDS Ages 0-11

Log books and earn prizes as you go. There will be books, brag tags and more!

### TEENS Ages 12-17

Read to Win! Every week you get a chance to win a gift card to a local spot in town OR a prize basket. The more you read, the better your chances. Reviews earn you extra raffle tickets (yes, please!) Tickets can be used in any of the weekly raffles.

### ADULTS Ages 18 and up

Summer reading is not just for kids! Join our annual challenge and earn tickets to enter fantastic prize raffles, plus a bonus gift just for signing up. The more you read, the better your chances of winning.

## PROGRAMS FOR ADULTS: SMART MEDICARE:

### 3 STEPS TO GETTING IT RIGHT

Thurs., June 8, 7-8pm, Online

Register now to build your Medicare IQ and confidence. Designed for people new to Medicare and those already enrolled.

### BREATH FROM FRANCE: VIOLIN & PIANO DUO

Sat., June 3, 3-4:30pm, Auditorium

Maki Yoneta and Claire Haidara will present French composers in this friendly concert!

### JOURNEY TO FREEDOM WITH SANKOFA STORIES

Thurs., June 22, 7-8pm, Auditorium

"Nobody's free until everybody's free." -

Fannie Lou Hamer

Join Sankofa Stories on this storytelling journey from the agony of slavery to the joy of emancipation in celebration of Juneteenth.

### ELTON JOHN: YOUR SONGS

Thurs., June 29, 7-8pm, Auditorium

We will travel with Elton from his early days in London as a songwriter and session man through his international fame as a solo performer. Presented for Pride Month.

### AUTHOR VIST: JON MICHAUD WITH COREY MEAD

Mon., June 26, 7-8pm

Join us in celebrating the publication of Last Call at Coogan's: The Life and Death of a Neighborhood Bar by Millburn librarian Jon Michaud.

### RELAXED SEASONAL DINING WITH THE TASTY RADISH

Thurs., July 6, 7-8pm, Online

Learn how to adapt this relaxed style of dining at home using delicious ingredients, simple recipes, and an elegantly casual atmosphere.

### PRESSED FLOWERS CARDS WITH MARY KAO

Tues. July 11, 3-4pm, Room B

Select from a wide selection of real pressed flowers in varied colors and types, and create your own greeting card. Space is limited. Registration required.

## DEDICATED TO THE PROPOSITION WITH SPOOK HANDY

Sat. July 15, 2:00pm

"Dedicated to the Proposition" is based on the idea that we have the tools we need to shape ourselves and our world into what we wish it to be.

### AN INTRODUCTION TO THE NYC HIGH LINE WITH MARIO MEDICI

Thurs., July 20, 7-8pm, Online

Take a walk on The High Line with Mario Medici, amateur photographer and historian, and discover how the High Line was transformed from a historic elevated freight rail to one of New York City's most popular parks.

### A BRIEF CULTURAL HISTORY OF COMIC BOOK SUPERHEROES WITH ALEXANDER CLEMENTE

Thurs., August 3, 7-8pm,

Hybrid, Auditorium

In this lecture, we will look at how such heroes came about and why we like them so much.

### MEDIUMSHIP DEMONSTRATION WITH ROSEMARIE RUBINETTI CAPPIELLO

Tues., August 8, 6:30-8pm

RoseMarie Rubineti Cappiello, gifted medium and healer, will discuss what mediumship is: how it works and who experiences it.

### BEACHSCAPE PAINTING

Weds., August 9, 3-5pm, Room B

Join Express Yourself Studio for an acrylic painting workshop. Owner Simone Anthony-Brown will teach participants tips and techniques for painting a vibrantly textured, beachscape painting. Space is limited. Registration is required.

## PROGRAMS FOR TWEENS & TEENS:

### PRIDE CELEBRATION WITH SPECIAL GUEST AUTHOR DAVID LEVITHAN

Sat., June 10, 11am-3pm, Auditorium

Have PRIDE in yourself! We're here to celebrate what makes you perfect just as you are. There will be activities, live music, food and more! Have fun and make connections with some amazing people and organizations from around the area. Best selling author David Levithan with visit for a special Q&A!

### WRITE WITH PRIDE!

### PRESENTED BY WRITERS CIRCLE

Sat., June 24 11am-12pm,

Williamsburg Room

Ages 12 and up

During this workshop, participants will engage in interactive creative writing exercises and prompts in a positive, supportive atmosphere. Registration required.

## TEEN LIBRARY VOLUNTEERS

For grades 7-12

### Teen Read & Review

Get service hours for doing what you love: reading! Go to [millburnlibrary.org/teens](http://millburnlibrary.org/teens) to see examples and access the Google form.

Overview:

- 1) There is a limit of 2 review submissions per month.
- 2) Books must be on the student's reading level, preferably from the Library's Middle Grade or Young Adult collections.
- 3) Every 100 pages = 1 volunteer hour + 1 hour for writing the review itself

\*\*Any questions? Email Janis: [janis@millburnlibrary.org](mailto:janis@millburnlibrary.org)\*\*

### TEEN GAMING

Ages 12 and up

Tuesday, June 27, 3:30-4:45pm, Room A

Play on our Switch for glory and bragging rights!

## PROGRAMS FOR KIDS:

### STAY & PLAY:

Wednesday, June 7, 10:30am-12pm,

Children's Room

For ages 2-5 years

Children with caregivers are invited to the library to "stay and play!"

Registration required.

June: Little Builders and More!

### CRAFTERNOON

Wednesday, June 28, 4-5pm, Auditorium

For ages 4-12

What does crafts + afternoon equal? Why, crafternoon of course! Kids are invited to make a fun seasonal craft in the children's room.

Drop in.

### PEACE PLAY YOGA STORYTIME

Thursday, June 8, 11-11:30am, Auditorium

For ages 4-8

Join Pamela Nixon for a playful yoga storytime for children ages 2-5 and their caregivers!

Registration required.

### ZOOPHORIA!

Thursday, June 29, 4-5pm, Auditorium

Family Program

Let's kick off the library's summer reading theme "All Together Now" by thinking about kindness towards animals with Zoophoria, NJ! In this all-ages family event, we will meet some incredible animals from all over the world. Professional handlers will give children the opportunity to safely touch the reptiles while learning about the challenges they face in their natural habitats. Registration required.

### RESOURCE OF THE MONTH! MANGO LANGUAGES

Want to learn a new language? Or perhaps you need some English-language (ESL) practice? Mango has over 70 language courses to choose from, complete with its own app. Make an account using your Millburn library card, or use guest access in-library, with the link below, then start using the app. Visit [millburnlibrary.org/digital-resources](http://millburnlibrary.org/digital-resources) to start.



# Marketing Toolbox

Renna Media offers a full range of marketing services, in print and online, hyper-local to regional, for every budget and market size.

## NEWSPAPER ADVERTS

We mail 160,000 newspapers to every home and business in 24 towns. You can advertise in any number of towns. Ads start at \$60.

## FULL COLOR PRINTING

We print flyers and menus, full color, two sided, on coated stock for only \$45 per thousand.

## DIRECT MAIL

Insert your flyer into the newspapers and get it mailed to every home and business for \$60 per thousand and as low as \$30 per thousand for higher quantities.

## ONLINE MARKETING

Online ads and press releases designed and placed to drive traffic to your website and get your phone ringing.

## SOCIAL MEDIA

We can design and/or manage your social media campaign from passive to aggressive plans customized to work within your budget.

## WEBSITE AND SEO SERVICES

Start with an audit/analysis of your website giving you a report and recommendations for \$250.

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Zip: 07208



Qty: 3,000  
Zip: 07023



Qty: 5,500  
Zip: 07932



Qty: 2,500  
Zip: 07027



Qty: 3,000  
Zip: 08812



Qty: 3,500  
Zip: 07033



Qty: 17,900  
Zip: 07036



Qty: 3,500  
Zips: 07933,  
07946, 07980



Qty: 6,300  
Zip: 07940



Qty: 2,900  
Zip: 07092



Qty: 5,100  
Zip: 07974



Qty: 13,000  
Zip: 07065



Qty: 5,600  
Zip: 07204



Qty: 9,400  
Zip: 07076



Qty: 8,200  
Zips: 07041  
07078



Qty: 9,600  
Zip: 07901



Qty: 6,800  
Zip: 07083 (partial)



Qty: 6,200  
Zip: 07059



Qty: 2,700  
Zip: 07069



Qty: 11,800  
Zip: 07090

### NEWSPAPER AD RATES

Units	Size	1 TOWN	3 TOWNS	6 TOWNS	9 TOWNS	12 TOWNS	15 TOWNS	18 TOWNS	21 TOWNS	24 TOWNS
1 Unit (Business card)	3.25" x 2"	\$60	\$150	\$250	\$350	\$400	\$450	\$500	\$550	\$600
2 Units	6.5" x 2" or 3.25" x 4"	\$100	\$250	\$400	\$500	\$600	\$700	\$800	\$900	\$1000
4 Units	3.25" x 8" or 6.5" x 4"	\$180	\$450	\$700	\$900	\$1100	\$1300	\$1500	\$1700	\$1900
6 Units	6.5" x 6.25" or 10" x 4"	\$240	\$600	\$900	\$1200	\$1400	\$1600	\$1800	\$2000	\$2200
9 HALF PAGE	6.5" x 9" or 10" x 7"	\$320	\$800	\$1000	\$1300	\$1600	\$1900	\$2200	\$2400	\$2700
12 Units	10" x 8"	\$360	\$900	\$1200	\$1500	\$1800	\$2100	\$2400	\$2700	\$3000
18 FULL PAGE	10" x 14"	\$400	\$1000	\$1400	\$1800	\$2200	\$2500	\$2800	\$3000	\$3400
2-PAGE SPREAD	21" x 14"	\$700								
BACK PAGE	10" x 14"	\$500								
FRONT PAGE BANNER	8.25" x 2"	\$320								
FRONT PAGE BOX	1.5" x 4.5"	\$240								

Back cover, front page banner and front box reserved on first-come, first-served basis. Current advertiser has right of first refusal.

Rates are per month. Artwork included in price. Newspapers are black on white.

**PREPAY 6 MONTHS AND GET 1 MORE FREE  
PREPAY 12 MONTHS AND GET 3 MORE FREE**

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## 5K CELEBRATION OF LIFE - JUNE 11



### NJ Sharing Network

NJ Sharing Network's 5K Celebration of Life Walk and USATF Certified Race will be held on Sunday, June 11, at NJ Sharing Network, 691 Central Avenue, New Providence, NJ. The event, which is presented by RWJBarnabas Health and Hackensack Meridian Health, is one of the Garden State's largest and most-recognized charitable events. It brings together thousands of transplant recipients, donor families, living donors and dedicated volunteers and advocates. Funds raised by event participants, teams, sponsors, and contributors will support the

Sharing Network Foundation.

To sign up to participate in the 5K Celebration of Life or make a contribution to a team, visit [SharingNetworkFoundation.org/5K](http://SharingNetworkFoundation.org/5K).

According to United Network for Organ Sharing (UNOS), there are over 100,000 Americans – nearly 4,000 of whom live in New Jersey – waiting for a life-saving transplant. One organ and tissue donor can save eight lives and enhance the lives of over 75 others. To learn more, get involved, and join the National Donate Life Registry as an organ and tissue donor, visit [NJSharingNetwork.org](http://NJSharingNetwork.org).



(above) NJ Sharing Network's 5K Celebration of Life Will Unite Thousands of Organ and Tissue Donation Supporters in New Providence on June 11. To sign up to participate in the 5K Celebration of Life or make a contribution to a team, visit [SharingNetworkFoundation.org/5K](http://SharingNetworkFoundation.org/5K).

### ONLINE ADS & PRESS RELEASES DRIVE LOCAL TRAFFIC TO YOUR WEBSITE

#### • GET UNLIMITED CLICKS

An alternative to expensive pay-per-click programs

#### • FREE AD DESIGN AND COPYWRITING

Advertising webpage includes many features including write-up, images, video, Google map, etc.

#### • POSTS ARE SHARED THROUGH SOCIAL MEDIA

Posts shared on multiple Facebook pages and twitter.

#### • PAID SEARCH ENGINE PROMOTIONS

Posts are promoted by industry, key words and location.

#### • TRACKABLE RESULTS

All ads include a live view counter.

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email: [JoeRenna@RennaMedia.com](mailto:JoeRenna@RennaMedia.com)

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#### FLYERS - \$45 PER THOUSAND

8.5" x 11" / Full color / 2 sided / 60lb gloss coated stock  
Tri-fold add \$10 per thousand. Minimum order \$450

#### LARGE MENUS - PRINTING - \$85 PER THOUSAND

For quantities more than 50,000 cost is \$55 per thousand.

11"x17" / Full color / 2 sided / 60lb gloss coated stock. Min. order \$850  
Includes folding (quarter fold or tri-fold, with or without coupons tab)

INSERTED AND MAILED TO EVERY HOME AND BUSINESS  
\$60 per thousand. (as low as \$30 per thousand depending on quantity.)

Minimum order \$400

Joe Renna at 908-447-1295

email: [JoeRenna@RennaMedia.com](mailto:JoeRenna@RennaMedia.com)



FLYERS  
**\$45**  
PER 1,000

MENUS  
**\$85**  
PER 1,000



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## Monthly Sales *at a Glance*

19	\$1,802,626	\$1,945,895	12
HOMES SOLD	AVERAGE LIST PRICE	AVERAGE SOLD PRICE	AVERAGE DAYS ON MARKET



Find out how we net our sellers the most in the shortest time with new technology, innovative marketing strategies, and the prestigious Christie's branding + network.

## Millburn Recent Sales

For more information about the Millburn market, contact us at 973.953.7777 or 973.615.6504.

ADDRESS	BEDS	BATHS	GARAGE	LIST PRICE	SALE PRICE	DAYS ON MARKET
150 Forest Dr	5	4.2	3	\$2,995,000	\$3,250,000	9
431 White Oak Ridge Rd	7	5.1	3	\$2,688,000	\$2,700,000	12
85 Pine St	5	3.1	1	\$1,895,000	\$2,318,000	9
1 West Rd	4	5.2	2	\$1,799,000	\$1,800,000	28
12 Parkview Dr	5	2.2	2	\$1,295,000	\$1,577,000	8
19 Kilmer Dr	4	2.1	1	\$1,150,000	\$1,380,000	2

### Under Contract



**146 Broad St Unit 2, Summit—\$799,000**

### Under Contract



**107 Fernwood Rd, Summit—\$1,450,000**

Rahul + Smitha Ramchandani  
Laura DiCataldo, Marta Kowal, Charlene Milano

*Broker Associate, Sales Associates*



m: 973.615.6504, 973.953.7777  
o: 908.516.4790



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47 Maple Street, Summit, NJ 07901  
25 Green Village Road, Madison, NJ 07940



Source: GSMLS, select properties sold 4/15/2023-5/15/2023. If your property is currently listed with another Realtor, this is not intended as a solicitation of that listing. Information deemed reliable, but not guaranteed. Each office independently owned and operated. Equal housing opportunity. Some homes may be sold and listed by other brokers.

