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PLAY BALL!

The Long Hill Baseball and Softball Association (LHBSA) held their opening day parade on April 15th.

LHBSA is an organization of volunteers in service to the children of our community. Our purpose is to teach game fundamentals as well as provide a safe, fun and healthy environment for children to develop the ideals of good sportsmanship, teamwork, fair competition, positive self-esteem, courage and respect, so that they may be well-adjusted, stronger and happier children and will grow to be good, decent, healthy and trustworthy citizens.

We are dedicated to having a positive influence in the lives of our players and their families by promoting fair play, confidence, a diligent work ethic, friendship, and a lasting respect for the games of baseball and softball. Our goal is to create a positive culture in which coaches, parents, fans, officials, and athletes work together to achieve this mission. We want every player's experience to foster lasting relationships with good friends, individual growth through personal achievement and lead them back to play year-after-year with LHBSA. We accept this responsibility with great pride.





More photos on pages 16 and 17.

Photos by LHBSA



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SEND US YOUR NEWS

Do you have a community service that you need help publicizing? Did you or someone you know accomplish something amazing? We are interested in hearing about your latest achievement (honor, award, etc.), send us your news! Email: editor@rennamedia.com

ADVERTISING Joe Renna: 908-447-1295 joerenna@rennamedia.com



Find us on online: rennamedia.com facebook.com/ Long Hill Leader

PROTECT YOURSELF - KNOW THE SCAMS

Sometimes impostors contact PSE&G customers demanding immediate payment and threatening service shut off. Don't be a victim...be prepared.

PHONE SCAMS

Residential and small business customers have reported receiving phone calls from individuals claiming to be PSE&G employees. Payment is demanded within hours using a pre-paid debit card. Things to know:

- PSE&G offers a variety of payment options and would never require a specific type of payment.
- Customers scheduled for disconnection due to nonpayment receive written notice on their bill at least 15 days in advance.
- PSE&G will never ask for personal information over the phone unless you initiated the contact.
- If you ever doubt the legitimacy of a call from PSE&G, especially if payment is demanded, hang up and call us directly.

EMAIL SCAMS

PSE&G customers have reported receiving convincing-looking emails that are actually fraudulent. Emails sent by PSE&G would never: • Threaten to close your account if you do not

take immediate action

- Ask customers to provide personal information online without first logging into My Account
- Should you receive a suspicious email DO NOT reply, click any links, or download any attachments.
- If you're unsure of the legitimacy of the email, feel free to call PSE&G Customer Service.

IMPOSTORS AT YOUR DOOR

If anyone comes to your door looking like, or claiming to be, a PSE&G employee, ask for ID. All PSE&G employees must carry ID and present it when requested. If you are not convinced, do not let the person in your house. Call us at 1-800-436-PSEG (7734). A Customer Service Representative will gladly verify if a technician has been dispatched to your location.

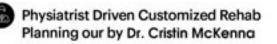
THINGS TO KNOW:

- If the person at your door gives you a different phone number to verify his/her presence, do not call it. Only call 1-800-436-PSEG (7734).
- PSE&G will never send employees to your home or small business offering cash refunds on deposits or utility charges. We will only either credit your account or mail a check to vour service address.

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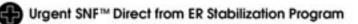
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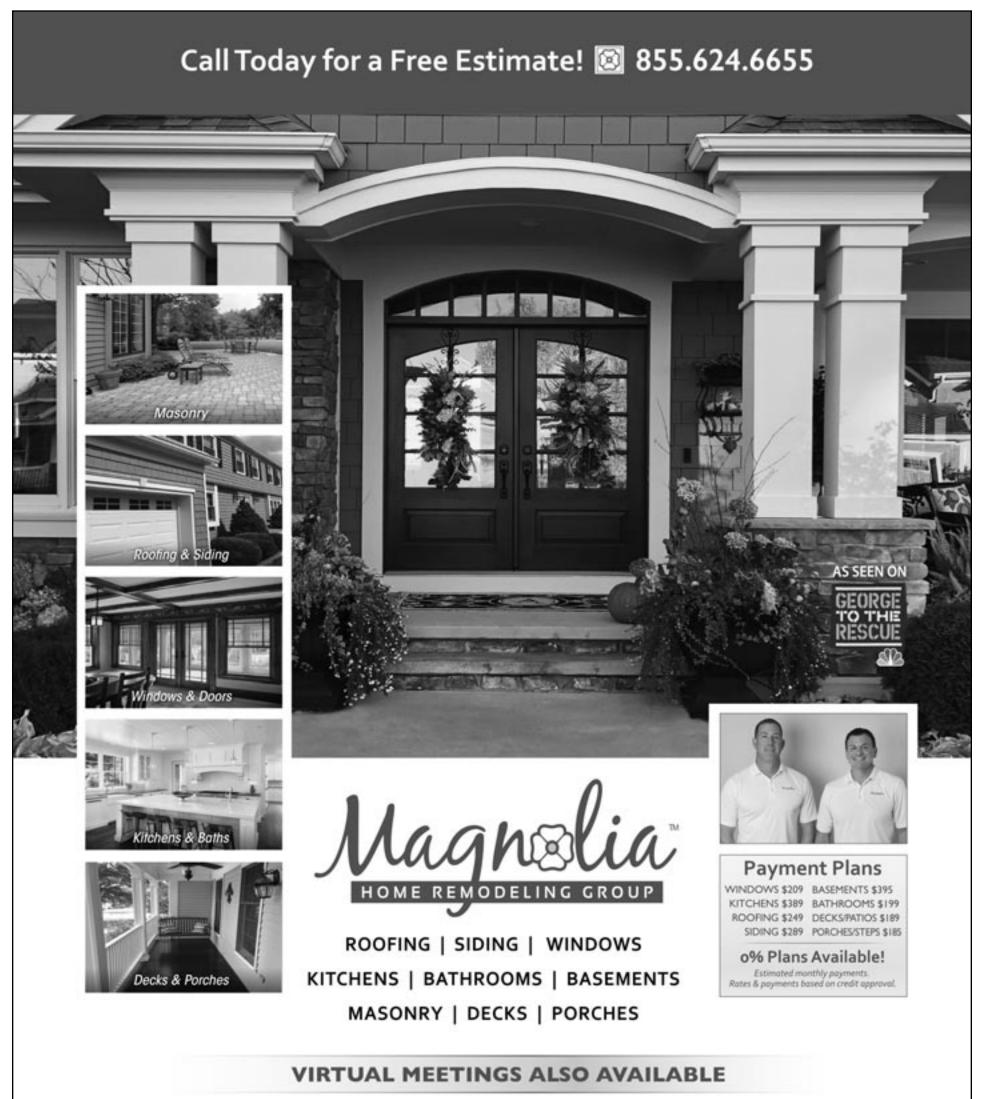


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THE WARREN LIONS CLUB EXPO IS BACK! - JUNE 14-17, 2023

The Lions EXPO 2023, to be held at the Warren Township municipal field (46 Mountain Boulevard), is a classic CARNIVAL of family fun over four days, 6-10pm between 14 and 17 June, 2023. There will be amusement rides,



games of chance, fireworks, food vendors and an exposition of local businesses. This will be the 55th Annual EXPO, the flagship event of the Warren Lions Club.

Our Event sponsor is NextHome Premier. The Corporate sponsors are Lightbridge Academy, The Orchard Academy and Temple Har Shalom. We will also have a spectacular Fireworks, which concludes the EXPO on Saturday, 10pm.

The Lions EXPO attracts approximately 10,000 people over the four days and has become the premier family fun event in Warren Township and the surrounding communities.

The EXPO will have a pay-one-price wristband every night this year. We will be holding a Giant 50/50 cash raffle with the drawing on Saturday June 17th, resulting in a multi-thousand-dollar payout to a single winner. The winner need not be present. Tickets will be available for purchase throughout the Expo dates for \$5 each.

"Hosting the EXPO has been a tradition for us, it's our resolve to spread the smiles on people's faces, especially after the difficult couple of years we all have endured" said Mark Ramos, the 2023 EXPO chairperson of the Warren Township Lions Club.

LOCAL BUSINESS EXPOSITION

The EXPO is an excellent platform for local businesses to showcase their services and connect directly with customers through the purchase of a \$500 Exclusive Game sponsor sign or a \$150 non-exclusive ride sponsor sign displayed at the Expo for the 4-day duration.

"Interacting with potential customers at a high profile community event can greatly boost a company's image and customer base," noted Anthony Franchini, the Warren Lions Club Treasurer. "Community members deeply appreciate those businesses that demonstrate their local support through events like this."

We are still accepting a very limited number of applications for tent vendors to sell or promote their business to the thousands of people in attendance at the LIONS EXPO. For information on becoming a tent vendor at the 2023 Lions

games of chance, fireworks, food vendors and an EXPO, please contact Anthony Franchini at 908exposition of local businesses. This will be the 334-9304.

> All proceed from the Lions EXPO are donated back to community organizations and sight and hearing foundations throughout New Jersey.

ABOUT THE LIONS CLUB OF WARREN TOWNSHIP

When caring people join together, roll up their sleeves and take action to make their community better, it's a beautiful thing—and an incredible feeling for everyone involved. That's Lions. Being a Lion is about leading by example, building relationships and improving the world through kindness. The service of Lions reaches around the planet. Serving in over 200 countries and geographic areas, our 48,000 clubs and 1.4 million members are helping others and making communities better.

The Warren Lions Club currently has more than 100 active members from Warren Township and surrounding communities. Members include business and professional leaders who provide humanitarian service, encourage high ethical standards in all vocations, and help build goodwill and bonding in the communities. All funds raised by the Lions Club of Warren Township are used to support a wide variety of community service organizations and projects. The Club holds dinner meetings every second and fourth Wednesday of the month from September through June and occasionally feature speakers, donation recipients and special guests that inform and entertain. The Club encourages all members to help set the direction of our Club, participate in leadership roles, and identify causes to support and the Club's priorities, while fostering camaraderie and advancing our mission. **OUR MISSION AND MOTTO**

To empower volunteers to serve their communities, meet humanitarian needs, encourage peace, and promote international understanding through Lions clubs. Our motto: "WE SERVE." Our Vision: To be the global leader in community and humanitarian service.

Please visit our Warren Lions Club website www.warrenlionsclub.org and our social media page www.facebook.com/warrenlionsclub.org







WELCOME REVEREND STEFANIE MUNTZEL

The First Presbyterian Church of Stirling and Meyersville Presbyterian Church have welcomed the Reverend Stefanie Muntzel to serve as their shared pastor beginning May 23, 2023.



(above) Reverend Stefanie Muntzel Courtesy photo

Both churches are excited to welcome Rev. Muntzel who has a long history of community outreach and mission work. In her words, Rev. Muntzel considers herself "a passionate witness to the Good News of the gospel, for I have known the grace of God in my life." Over the past 25 years, Rev. Muntzel has served homeless persons in Manhattan, directed youth ministry in Queens, and worked as a Christian Education director in New Jersey. She graduated from Union Theological Seminary in NYC in 2002 and then served on the staff of a Presbyterian church for 8 years where her ministry focused on Christian education and community outreach. Rev. Muntzel was ordained in 2012 when she became the pastor of Musconetcong Valley Presbyterian Church in Hampton, New Jersey. During this time, she also worked as the Resource Coordinator for the Newton Presbytery, now the Presbytery of the Highlands. Since 2017, Rev. Muntzel has served as the pastor at the First Presbyterian Church in Easton, Pennsylvania. As she joins the partnership of the two churches, she believes "the call of Christ to worship, study, service and stewardship is a joy."

Rev. Muntzel is a lifelong Presbyterian. Her mom is a retired pastor and her dad is a retired ethics professor. She grew up in Scranton, Pennsylvania and currently lives in High Bridge, New Jersey with her husband Rich Gelson, pastor at Pilgrim Presbyterian Church in Philipsburg NJ. They are a clergy couple who love to talk shop with one another and recently became empty nesters this fall when her son Crosby started his first year at Dickinson College. Her stepdaughter Rebecca graduates from Muhlenberg College this May and Rich's eldest daughter, Anna, works with special needs children outside of Philadelphia.

She is an avid reader, gardener, and a lover of nature, music, and stories. During COVID she dabbled with embroidery and is a new convert to throwing pottery.

The churches will be hosting an event in the near future to introduce Rev. Muntzel to the Long Hill Community and local congregational leaders. Her first Sunday service was on Pentecost, May 28th, at the First Presbyterian Church of Stirling, and was followed by a reception.

RE-"CYCLE" YOUR USED BIKES AND SEWING MACHINES

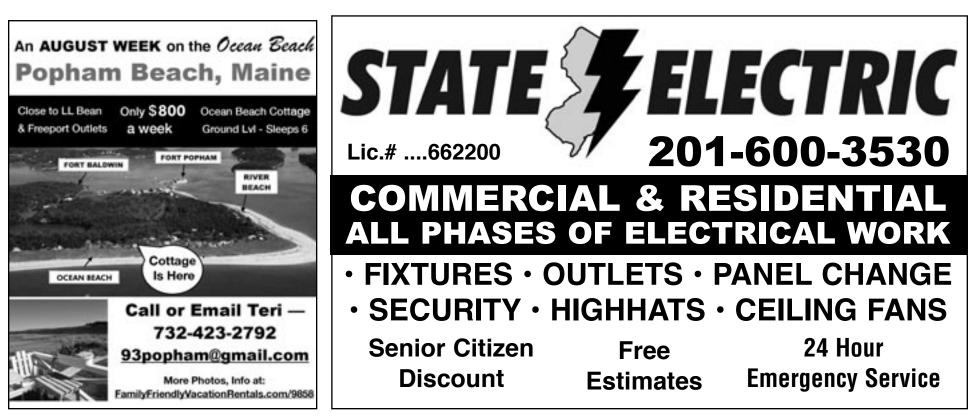
Pedals for Progress & Sewing Peace of High Bridge, NJ is having a used bike and sewing machine collection sponsored by Faith Lutheran Church at 524 South Street in New Providence on June 17, 2023 from 9:00 a.m. until 12:00 p.m. Anyone with an adult or child's bicycle in ridable or easily repairable condition is urged to donate that bike to this worthy cause. "Bikes for parts" or disassembled bicycles will not be accepted. Working portable sewing machines are also greatly appreciated and put to good use around the world. If you are unable to drop your donation off on the actual collection date, you may do so ahead of time by leaving your bicycle(s) in Faith Lutheran's lower lot next to the utility shed. If you are donating a sewing machine, please leave it underneath the sheltered alcove by the main doors at the bottom of the parking lot.

Every year, Americans buy 22 million new bicycles and discard millions of old ones, abandoning many more unused in basements, sheds, and garages. Most of these end up in our already overburdened landfills. Meanwhile, underprivileged people overseas need cheap, non-polluting transportation to get to jobs, markets, medical care and schools. Pedals for Progress has received, processed and donated over 165,000 bicycles, 6,000 used sewing machines and millions of dollars in new spare parts to partner charities in 32 developing world countries. In 2022, deliveries were made to partners in Belize, Cameroon, Guatemala, Rwanda, Somalia, Togo and Uganda.

It costs approximately \$52 to collect, process, ship, rebuild and distribute each bicycle or sewing machine. A donation toward shipping costs is necessary with a suggested minimum \$20 per item. All cash and material donations are fully deductible, and a receipt will be provided on site. Pedals for Progress is a 501(c)(3) corporation and a registered charity in the states of NJ, NY, PA, CT, VT. Brochures explaining this innovative program will be available at the collection site.

P4P seeks donations of wrenches for their overseas shops. For detailed information about P4P's overseas projects and a current schedule of bicycle and sewing machine collections, or to make a donation, please visit their website at www.p4p.org.

Faith Lutheran Church is located at 524 South Street, New Providence, NJ. The Rev. Jane McCready is Pastor at Faith Lutheran Church. Visit online at famfaith.org to learn more about our worship schedule and ministry opportunities.





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though you have NO neck pain - Or something as simple s tendinitis of your shoulder and forearm. Dr. Murphy is an expert at finding the CAUSE of your

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SAGE WORKSHOP RENEWS FATHER'S DAY GIFT

Ed Midgley of Berkeley Heights received a bench as a Father's Day gift from his children. After years of outdoor weathering and exposure to the temperatures, it had fallen apart in a distant corner of his garden. While spring cleaning last year, Ed decided to have it refurbished at SAGE Workshop in Summit and it is now a focal point of curbside appeal for his home. "Coming into the workshop in the basement" said Ed, "is like coming into Santa's Workshop with every workstation abuzz with elves working on gifts for the holiday."

Simon Rosenstein, workshop volunteer, chose mahogany flooring to restore the bench. He measured, cut the wood planks to fit the originals, and painted the wrought iron back to its original glamour. "Repairing this bench for Ed was an honor," said Simon.

Since 1961, the SAGE Eldercare Workshop has offered the public fine-quality furniture repair. The volunteers will consider repairing any piece of furniture that can be carried into the workshop. The Workshop has a reputation throughout Union County and beyond for its fine reweaving of caned and rushed chairs. Our artisans are all highly trained volunteers. Proceeds from the Workshop benefit SAGE programming. Prices are reasonable and depend upon the condition of the chair or furniture item and the materials required in the restoration process.

The Workshop started out over fifty years ago as a place for older men who no longer had access to a home workshop. Dozens of women have worked in the historically male enclave. Most volunteers are former professionals including investment bankers, college professors, physicians, and scientists. Over the years, they have taught each other caning, rushing and a myriad of other techniques needed to fix the aging furniture brought to them for restoration.

The Workshop is in the basement of the SAGE building located at 290 Broad Street, Summit and is easily accessible. Shop hours are Mondays through Fridays, 8:30 a.m. - 11:30 a.m. For more information about the service, or to schedule an appointment to bring in furniture, call

908-598-5531. **ABOUT SAGE ELDERCARE**

SAGE Eldercare supports the independence, wellbeing and quality of life of older adults, their families and caregivers, through the provision of client-centered health, social and support services. Founded in 1954, SAGE is both the oldest and one of the few nonprofit eldercare agencies in the United States that offers a broad and comprehensive array of services under one roof that assist elderly, often frail, adults to remain independent in their own homes. SAGE Eldercare programs include: HomeCare; Mealson-Wheels; Spend-A-Day Adult Day Health Center; InfoCare free information and referral service; Fall Prevention Initiative; Chore Service; Shopping Service; Bill Paying Service; PREP caregiver support group; and SHIP(State Health Insurance Assistance Program). SAGE Eldercare serves over 5,000 older people and their families annually in Union, Essex Morris and Somerset counties. For more information, call 908.273.5550 or visit sageeldercare.org.



(above) Ed Midgley of Berkeley Heights with bench after repairs.







ATTENTION PARENTS OF KIDS AGES 6-18

31 IDEAS TO HELP KIDS EAT BETTER, RUN FASTER, GET STRONGER AND BECOME THE BEST VERSION OF THEMSELVES

Cut This Page Out and Put on Your Refrigerator

Eat Better

- Drink AT LEAST 4 Water bottles
- \Box Have a fruit or veggie with each meal
- \Box Have nuts instead of chips as a snack
- \Box Have a source of protein in each meal
- $\hfill \Box$ Take a multivitamin
- \Box Limit sweets to only one serving

Get stronger

- \Box Perform 50 bodyweight squats
- □ Perform 50 pushups
- \Box Perform a plank for 60 seconds 3 times
- □ Perform 25 vertical jumps
- □ Get at least 8 hours of sleep a night

Be Happier

- □ Get at least 30 minutes of exercise
- $\hfill\square$ Do a morning routine that you enjoy
- \Box Write 5 things that you are grateful for
- \Box Adopt a Growth Mindset
- \Box Listen to music whenever you can

- Run Faster
- Do 10 hill sprints
- □ Perform 15 Broad Jumps
- \Box Sprint for 50 yards
- □ Perform single leg jumps
- Perform High Knee Marches

Build Confidence

- □ Do something outside of your comfort zone
- \Box Read a book
- \Box Practice or spend time on your hobbies
- □ Learn a new skill
- □ Work towards a new Goal

Be More Active

- □ Walk during TV show commercials
- □ Schedule exercise time
- \Box Whenever you see a commercial
- for a car company, perform 10 squats
- \Box Find a buddy, and exercise with them
- □ Try a new method of exercise every week (i.e. biking, running, lifting weights, etc.)

Do You Want GRIT ATHLETE PERFORMANCE to Help You with all of this?

Registration for Our Summer Program Is Now Open But Only 9 Spaces Remain

Early Bird Registration Expires June 19



Scan QR Code for cost, timeslots, and dates.

Attention Parents of Kids Ages 6-18 **UPDATE: THE GRIT ATHLETE SUMMER PROGRAM HAS ONLY 9 SPACES REMAINING** We'll have your kids stronger, faster, and more confident...guaranteed.

Here's what parents can expect to happen:

- They will get stronger which means when they show up to their sport they'll be able to perform better than ever.
- They will run faster and jump higher so they can show up to their next season and people will start asking what the heck have they been doing.
- They'll become more coordinated and improve agility which means they'll pick up new skills their coaches teach them faster.
- Your children will start to eat better because we'll be educating them daily on what's good and what they should avoid ...don't be surprised if they start asking you to buy more vegetables.
- **Confidence will skyrocket.** When kids get stronger, faster and more fit...their confidence will rise...so will their self-esteem which means their performance in every aspect of life will get better.
- Their mindset will improve. We're going equip your child with very specific mindset skills that'll help them learn how to transform how they think about mistakes and failures.

HAPPY PARENTS TALKING ABOUT THE PHYSICAL AND MENTAL TRANSFORMATION OF THEIR KIDS...

• "When my son started Grit he was quiet, shy, and had some difficulty with movements...Now he is confident in himself, has become more vocal, and is mastering the exercise he struggled with in the past."

- Jen O'Brien, Grit Athlete Parent

• "My son is more disciplined and confident in himself"

- Steve Hughes, Grit Athlete Parent

• "I have watched my children become more confident and vocal."

- Christine Stramandinoli, Grit Athlete Parent

• "His confidence has shot up in the last few months...and has carried forward to the way he approaches other activities like sports and schoolwork. My son is now making his bed daily and exercising every day."

- Catherine Solfaro, Grit Athlete Parent

GET MORE INFORMATION (STARTS JUNE 19TH)







Warning: The summer session is the most popular session of the year and always sells out before it starts. We strongly encourage you to scan the QR code today and enter your information to make sure your child doesn't get locked out of the summer session.

5K CELEBRATION OF LIFE - JUNE 11



NJ Sharing Network NJ Sharing Network's 5K Celebration of Life Walk and USATF Certified Race will be held on Sunday, June 11, at NJ Sharing Network, 691 Central Avenue, New Providence, NJ. The event, which is presented by RWJBarnabas Health and Hackensack Meridian Health, is one of the Garden State's largest and most-recognized charitable events. It brings together thousands of transplant recipients, donor families, living donors and dedicated volunteers and advocates. Funds raised by event participants, teams, sponsors, and contributors will support the

Sharing Network Foundation.

To sign up to participate in the 5K Celebration of Life or make a contribution to a team, visit SharingNetworkFoundation.org/5K.

According to United Network for Organ Sharing (UNOS), there are over 100,000 Americans – nearly 4,000 of whom live in New Jersey – waiting for a life-saving transplant. One organ and tissue donor can save eight lives and enhance the lives of over 75 others. To learn more, get involved, and join the National Donate Life Registry as an organ and tissue donor, visit NJSharingNetwork.org.



(above) NJ Sharing Network's 5K Celebration of Life Will Unite Thousands of Organ and Tissue Donation Supporters in New Providence on June 11. To sign up to participate in the 5K Celebration of Life or make a contribution to a team, visit SharingNetworkFoundation.org/5K.





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NEW JERSEY VETERANS NETWORK MEMORIAL DAY MESSAGE

Michael D. Boll, Director, NJVN

A few years ago, I was approached by a veteran who is a friend of mine who expressed how extremely depressed he was and that he wanted to take his own life. Initially, I was completely shocked because this guy seemed to be upbeat and happy all the time. Immediately, I asked him to come with me to a private office so we could talk about his awful situation. This was the first time in my life that I had a friend talk to me about suicide, and I knew I had to really do my best to help him get through this horrible ordeal. We spoke for a few hours and I listened closely to everything he said. I was able to convince him to immediately get some help and we went to the hospital. I stayed with him at the hospital and met with him when he was released. I did everything to show my friend that I had his back, and because of this he is alive today. This awful situation inspired me to do whatever I possibly can to help others in need, and shortly after the New Jersey Veteran's Network created our mobile outreach program.

In today's day and age, most of you have known a veteran or first responder who has taken their own life. We lose nearly 22 veterans and approximately 300 first responders every year to suicide. Even with all the awareness and new anti-suicide programs available, this number has not changed, and in some cases has increased.

The VA hospitals with PTSD and mental health programs are packed with patients and unfortunately, the numbers continue to increase. More of our first responders are also seeking help and are utilizing some of the state programs being offered. So many people want to help and put an end to this crisis, but sadly there isn't a foolproof program available that will stop this ever-growing crisis from destroying our uniformed heroes and their family's lives.

For the last two years, our team has been working tirelessly with other charities to come up with a better solution to help prevent this epidemic from continuing. Personally, we believe our Mobile Outreach Team is really making a difference and everyday it helps our uniformed heroes live a better way of life.

The first thing we learned as a team is that we must lose our ego and seek out other groups and organizations that are looking to save lives. Then we find the right volunteers who are committed and dedicated to being a men-tor to a person in crisis. Volunteers are ex- tremely valuable because they want to be there, and they usually care more than the people who get paid for their services.

To date, we have been able to change and save countless lives because of the in- credible commitment from the volunteers and other

supporting groups. In the next few months we are excited to be launching the "Uniformed Heroes Project," which is a statewide peer support/mentorship program for veterans, first responders, and active duty military. This project is a collaboration between the NJ VFW, NJ American Legion, NJ FMBA, PFANJ, NJSPBA, NJ FOP, NJ MAVA, NJ legistrators, other military/first responder organizations. The Uniformed Heroes Project will provide peer support training throughout the state for volunteers and host numerous recreational therapy events for our heroes in need.

ABOUT NEW JERSEY VETERANS NETWORK

We are a group of veterans and volunteers dedicated to helping our veterans and their families live better lives. Our mission is to identify veterans and connect them with resources and programs designed to meet their unique set of needs. Help us save Vets! We are always looking for volunteers, with various skills, to join the team.

If you are a veteran or family member that's in need of assistance; or are interested in volunteering, would like us to speak at your event, or contribute to our mission, call 973-332-1556 or email njvn1775@gmail.com To learn more about the team please check out our website njvn.org (accomplishments). Help us save Vets!



(above) New Jersey Veterans Network veterans and volunteers at a recent Memorial Day Parade.





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LHBSA OPENING DAY PARADE PHOTO ALBUM



LHBSA OPENING DAY PARADE PHOTO ALBUM











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Home for Good Dog Rescue

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Fostering a dog is a truly rewarding experience that can save lives and provide invaluable love and care to these animals. By opening your heart and home to a foster dog, you'll play a crucial role in giving them a second chance at life.

If you have the love and time to share, please consider becoming a foster family today. You'll receive all the support you need, including training and supplies (including but not limited to dog food, crate, bowls, toys, etc.), to make this a positive and rewarding experience for you and your foster dog.

Don't wait - the need is urgent. Help us save more lives by fostering a dog today.

Fill out our foster application now at homeforgooddogs.org/foster-application/ and

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 \$400

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- STARTER WEBSITE: \$500
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- Cost for average website: 12 pages, contact form, SEO friendly, responsive design • WEBSITE HOSTING: \$300 PER YEAR
- Includes website hosting, software updates, monthly website content updates
- SEO SERVICES: AVERAGE COST \$1,000 \$2,000 PER MONTH
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- Custom tailored solutions: Google Ranking, Local SEO, Social Marketing
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- help developing an online marketing plan.

WEBSITE AUDIT/ANALYSIS AND RECOMMENDATION PLAN

- SEE WHAT IS WORKING AND NOT WORKING
- Know where your web traffic is coming from and why. • ELIMINATE / AVOID COSTLY SCHEMES
- ELIMINATE / AVOID COSILI SCHEMES Evaluate the return you are getting from your online marketing costs.
- INCREASE ONLINE MARKETING RESULTS
- Recommendations include ways to increase traffic to your website • NO OBLIGATION
- This service is recommended even if you have an existing web management contract. Use it to tune up your marketing plan.

help us give them the second chance they deserve.

If you have any questions prior to completing the foster application you may also call our 'Foster Hotline' at 908-377-2840. If you cannot foster at this time, please share with your friends and family.



s Printed and Mailed s in Town! Joe Renna at 908-447-1295 email: JoeRenna@RennaMedia.com er \$850 ns tab) NESS uanttiy.)



 $\mathbf{\$10}$

PER POST

Block of 20 for \$200

Single post is \$20

LocalInfo.com

Call Walter at 201-478-7408 email: wwwinnj@gmail.com

ONE TIME FLAT FEE \$250

\$250

Call for a consultation if you do not have a website or if need a new one. Call Walter at 201-478-7408 email: wwwinnj@gmail.com

FARMERS' MARKETS OPENING IN JUNE



The following Markets offer produce grown in New Jersey and sold by the farm that grows it and are designated Jersey Fresh.

Visit JerseyFarmersMarkets.com For more details.



BERNARDSVILLE Saturdays - 9 am to 1 pm CHATHAM Saturdays - 8 am to 1 pm EAST ORANGE Starting in 2023 **HIGHLAND PARK** Fridays - 11 am to 5:30 pm KEARNY Thursdays - Noon to 6 pm **KENILWORTH** Tuesdays - 10:30 amto 6:30 pm MADISON Thursdays - 1 pm to 6 pm MAPLEWOOD Mondays - 2 pm to 7 pm METUCHEN Saturdays - 9 am to 2 pm MONTGOMERY Saturdays - 9 am to 1 pm MORRISTOWN Sundays - 8:30 am to 2 pm RIVERDALE Tuesdays - 2:30 pm to 7 pm **ROSELLE PARK** Wednesdays - 1 pm to 6 pm **SOUTH ORANGE** Wednesdays - 2 pm to 7 pm **SPRINGFIFI D** Mondays - 11 am to 6 pm



The New Jersey Council of Farmers and Communities (NJCFC) is a non-profit organization dedicated to developing and growing the network of community farmers' markets and farmers throughout northern and central New Jersey.



Our floor-to-ceiling renovating team... is in the Neighbothood?



ROOFING

Roof Replacement Gutter Installation



CEMENT/STONE

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CARPENTRY Deck Building Millwork Floor Installation Cabinet Installation



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WilbersHomeImprovements.com