

Summit NJ Times

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FARMERS MARKET BEGINS 30TH SEASON

Summit Downtown, Inc. (SDI) and The Summit Farmers Market is proud to announce the start of its 30th season began on April 23, 2023. Regarded as one of the best farmers markets in the state, the market offers a variety of locally sourced seasonal produce, baked goods, meats and seafood, vegetable and flowering plants, prepared foods, coffee and much more, all exclusively from New Jersey purveyors. The market now includes three additional weeks in December.

"We are thrilled to kick off our 30th season at Summit Farmers Market," said Market Administrator, Marin Mixon. "Supporting our local farmers and small businesses is more important now than ever, and we're proud to provide a platform for them to sell their products directly to the community. We invite everyone to come out and experience the vibrant atmosphere and delicious offerings at our market, now with over 50 vendors each week." This year we welcome new vendors Pineapple Pink, CFA Soap Essentials, Grieco Greens, Love 4 Nuts, Jersey Spirits Distilling Co. and more offering exciting new items to the market. Many of your favorites will also be returning, Esther's Treats, Shore Catch, Hoboken Farms, Pizza Vita and many others offering unique and exclusive items. Don't forget your reusable bags! A full list of returning and exciting new vendors found at summitdowntown.org.

The G.I.F.T. (Give It Fresh Today) program will be at the market and continue to collect fresh food each week. The program celebrates its 13th year this season. Yearly over 10,000 lbs. of fresh produce/other products are donated through the generosity of our community and the Summit Farmers Market vendors. Through their partner G.R.A.C.E. (Giving and Receiving Assistance for our Community's Essentials), these donations are distributed weekly to families.

The Summit Farmers Market is open Sundays from April 23-November 19 from 8 a.m. – 1 p.m., then Sundays, December 3, 10 & 17 from 8 a.m. – 12 p.m. The market is located at Park & Shop Lot #1 at the corner of DeForest Avenue and Woodland Avenue, and customers can enter and



Summit Downtown, Inc. is a nonprofit organization dedicated to the on-going development and promotion of the business community of downtown Summit, NJ.

exit at the vehicle entrance on DeForest Avenue. Don't miss the chance to shop for fresh, locally sourced goods and support your community at the Summit Farmers Market.

For more information on Summit Farmers Market, please check out our Facebook page, visit www.summitdowntown.org/events/farmers-market or contact Summit Downtown, Inc. at 908.277.6100.

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Summit Times

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SHINING STARS TO PERFORM ON MAY 13TH

The Shining Stars, now in their 11th year, will take the main stage at the Union County Performing Arts Center for their “World Tour” on Saturday May 13th for a 7 p.m. show.

The talented cast of special needs performers will highlight the hits from groups and artists from all around the globe, including The Beatles and One Direction (England), Bruce Springsteen (USA), Abba (Sweden), Irish dancing, and so much more. The show will feature 30 special needs individuals and their “buddies” from local high schools, who serve as mentors during rehearsals.

“Our cast has been working hard for their 2023 debut,” noted Shining Stars Network Cofounder and Show Director Sally Curci. “The acts are going to be amazing and we invite everyone to join us for another exciting and fun night.”

Tickets are now on sale at UCPAC.org.

Also, on Saturday, August 5th, history will be made when the Shining Stars make their Paper Mill Playhouse main stage debut. Tickets for “The Greatest Show” — which will feature songs from Broadway and movies — are on sale now at PaperMill.org.

The Camp Shine Summer Workshop will take place from August 14th-25th (go to ShiningStarsNetwork.org to register) and they will cap off the year with their annual “Christmas



Spectacular” in December.

“Shining Stars is all about being inclusive and giving our performers a chance to shine on stage while creating lasting memories,” said Sally Curci. “These opportunities build all-important self-esteem and self-confidence. Along the way our cast members and their high school buddies create bonds and friendships that they’ll always remember.”

For more information on the organization or upcoming events, please visit ShiningStarsNetwork.org.

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Monthly Sales *at a Glance*

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HOMES SOLD	AVERAGE LIST PRICE	AVERAGE SOLD PRICE	AVERAGE DAYS ON MARKET



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Summit *April Sales*

For more information about the Summit market, contact us at 973.953.7777 or 973.615.6504.

ADDRESS	BEDS	BATHS	GARAGE	LIST PRICE	SALE PRICE	DAYS ON MARKET
6 Montview Rd	5	5.1	3	\$2,395,000	\$2,600,000	7
328 Mountain Ave	7	5.1	3	\$1,995,000	\$1,960,000	54
15 Tanglewood Dr	5	2.1	2	\$1,525,000	\$1,754,000	10
272 Springfield Ave	4	3.1	2	\$1,449,000	\$1,721,000	9
50 Parmley Pl, Unit 102	2	2.1	2	\$1,295,000	\$1,225,000	115
52 Karen Way	4	2.0	1	\$800,000	\$850,000	12

Under Contract



107 Fernwood Rd, Summit—\$1,450,000 LP

Under Contract



411 Fairmount Ave, Chatham—\$1,695,000 LP

Rahul + Smitha Ramchandani
Laura DiCataldo, Marta Kowal, Charlene Milano

Broker Associate, Sales Associates



m: 973.615.6504, 973.953.7777
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47 Maple Street, Summit, NJ 07901
25 Green Village Road, Madison, NJ 07940



Source: GSIMLS, select properties sold 3/20/2023-4/20/2023. If your property is currently listed with another Realtor, this is not intended as a solicitation of that listing. Information deemed reliable, but not guaranteed. Each office independently owned and operated. Equal housing opportunity. Some homes may be sold and listed by other brokers.



DOMINICK DEFILIPPIS NJ WRESTLING CHAMP

The 2023 USA Wrestling-New Jersey Chapter hosted the Youth State Wrestling Tournament at Cure Insurance Arena in Trenton, NJ this past March. In order to compete in the event, each wrestler had to attend a State Qualifier. There are 9 Qualifiers held across the entire state, with the Top 3 wrestlers from each qualifier earning a spot at the State Tournament. Dominick DeFilippis from Summit entered the 10u division at 60 lbs. He has been wrestling since he was 4 years old, but this was the first time he attempted to qualify for the states. He won the North Hunterdon Qualifier in dominating fashion and earned his first trip to Trenton.

At the state tournament, the 10u 60 lb. division was filled with former State Champions and multiple State Place-winners. A very competitive weight class, Dominick had his work cut out for him. He won all 5 of his matches to earn his first New Jersey State Title, and the right to be called a New Jersey State Champion.

Dominick represented the Yale Street Wrestling Club which is owned and operated by his parents. His mom is a teacher at CPC here in town, and his dad is a Summit Police Officer. He is in fourth grade at Jefferson School where his brother Anthony also attends first grade. Anthony will have his turn at the state tournament next year in 2024.

Other Summit wrestlers who qualified for the State Tournament representing Yale Street: Johnny Matter, Paul Spitzer, Aiden Hoefs, George Pijut, and Aiden Ferguson.

Congratulations to all Summit wrestlers on a great season.



(above) Dominick with his father Donnie, mother Joanna, and brother Anthony
Courtesy photo

HOLOCAUST SURVIVOR TO SPEAK - MAY 9TH

The Summit Old Guard

Of the 1.6 million Jewish children who lived in Europe before World War II, only 100,00 survived the Holocaust. Most were hidden children. Separated from her parents in July 1942, 6-year old Maud Dahme and her 4-year old sister, Rita, were hidden from the Nazis by Christian families in the Netherlands. Dahme will share with the Summit Old Guard her wartime experiences, as well as her reunion with her parents, immigration to the United States at age 14, and serving as a Holocaust education advocate.

“I think the greatest gift that was given me was to be alive,” said Dahme in an interview with the Huffington Post. Dahme went on to explain the significance of genocide education and the importance of emphasizing the efforts of people who hid, protected, and rescued Jewish people with no concern for their own safety. “I think it’s very important to remember that it was a time in history when millions of people died and only because of their religion. But there’s also the other side of the story, which is how many people cared and were willing to risk their lives to save Jews and anyone else.”

Dahme was inducted in the New Jersey Hall of Fame as one of the state’s Unsung Heroes in 2014. She served as president of the New Jersey State Board of Education and has spent much of her time speaking to students and adults about her experiences during World War II. Dahme’s story was published in a 2015 memoir entitled “Chocolate, The Taste of Freedom.” The memoir was co-written and edited by Maryann

McLoughlin of Stockton University’s Sara & Sam Schoffer Holocaust Resource center.

Dahme will speak at the Summit Old Guard’s weekly meeting on Tuesday, May 9th at 10 a.m. in the Parish Hall of the New Providence Presbyterian Church, 1307 Springfield Ave., New Providence, NJ. This presentation is open to guests and prospective new members, who are also invited to enjoy coffee and conversation at a social reception starting at 9:15 a.m.

About the Summit Old Guard: The Old Guard of the Summit NJ area was founded in 1930 with the purpose of providing retired business and professional men with good fellowship and activities. Men from throughout the broader Summit area gather on Tuesday mornings to hear from interesting speakers on a broad range of topics. The 270+ members may also choose to participate in various activities/interest groups, including bocce, golf, fishing, books, chess, financial & investment, sports forum, timely topics, and weekday lunches. Prospective new members are always welcome to attend a Tuesday morning meeting to learn more about the organization. See also summitoldguard.org.

Holocaust survivor Maude Dahme will speak at the Summit Old Guard’s weekly meeting on Tuesday, May 9th at 10 a.m. in the Parish Hall of the New Providence Presbyterian Church, 1307 Springfield Ave., New Providence, NJ. This presentation is open to guests and prospective new members, who are also invited to enjoy coffee and conversation at a social reception starting at 9:15 a.m.

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(above) Galina Muller

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GALINA MULLER APPOINTED EXECUTIVE DIRECTOR OF SAGE ELDERCARE

The Board of Trustees at SAGE Eldercare, Summit-based nonprofit provider of programs and services to the elderly, their families, and caregivers, has appointed Galina Muller, most recently Director of Finance & Administration, as Executive Director, effective February 9, 2023.

Since 1954, SAGE Eldercare has provided a wide array of information, support, and services designed to help individuals lead the most independent and active lives possible. From helping with errands, to exercise classes, community programs, care planning, meals delivery, adult medical daycare and home health care, SAGE's mission is to help older adults remain independent in their own homes.

Muller joined SAGE in 2007 as Finance Director, to supervise all accounting activities and maintain financial records. During the pandemic, Muller was promoted to Director of Finance and Administration, interim for the vacant Executive Director position, and took on addressing organizational effectiveness. She restructured SAGE's business model by identifying best practices, consolidating its two clinical care programs, HomeCare and Spend-A-Day, to improve quality of care, and reducing costs to allow the organization to deliver on its mission for many years to come. As Executive

Director, Muller will oversee the overall operations and the fundraising component of SAGE Eldercare.

Muller earned a master's degree in accounting from Fairleigh Dickinson University and a bachelor in economics, accounting, and finance from New Bulgarian University. Prior to joining SAGE, she held various positions of increasing responsibility at Robert Saunders CPA in Westfield, Island Auto Rental Group, and Glory School of Foreign Languages.

"I am pleased to announce Galina Muller has accepted the responsibilities of Executive Director for SAGE. Her knowledge of SAGE and tenure with the organization contributes to keeping it constant and thriving for our community. Galina is committed to the mission of SAGE and the clients we serve," said Leslie Hardin, President of SAGE Eldercare's Board of Trustees.

"In my role as Executive Director of SAGE, I look forward to helping the organization grow and evolve to meet the increasing needs of older adults in our area and continuing on our mission to help seniors age at home where they want to," said Muller.

For more information regarding SAGE Eldercare, call 908.273.5550 or visit www.sageeldercare.org.

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UPCOMING EVENTS:

Registration required. Visit our website for a complete list of events.

TUESDAYS 11 am - TAI CHI	THURSDAYS 11:30 am - CHAIR YOGA
WED, MAY 10 10:30 am RETIREMENT PLANNING	WED, MAY 24 11:00 am GRIEF AND END-OF-LIFE JOURNEY: a discussion for caregivers
	WED, MAY 24 2:00 pm UNDERSTANDING EVERYDAY FINANCIAL RISKS

SAGE Home Care

- Personal Care (Bathing, Dressing, Grooming)
- Meal preparation and personal laundry
- Socialization
- Assistance with Discharge Plans
- Medication Reminders
- Accompaniment to Doctor's Visits and Assistance with Telehealth Calls
- Home Health Aides are equipped with Personal Protective Equipment (PPE)

Adult Medical Day Program

- Light breakfast, complete lunch and snacks provided daily
- Assistance with toileting and ambulation
- Nursing support for medical conditions, including medication administration
- Medically supervised with on-site physical, occupational, and speech therapy.
- Fully structured activities calendar with cognitive and physical activities
- Support groups and educational seminars for caregivers

Meals on Wheels

- Planned by registered dietitians, SAGE volunteers deliver healthy meals midday Monday - Friday.
- Volunteers offer vital daily contact and a friendly visit.
- Serving: Summit, Springfield, Mountainside, Berkeley Heights, New Providence, Millburn & Chatham

Our agency adheres to CDC and Department of Health COVID-19 protocols.

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DONNA PUZELLA - 2023 VOLUNTEER OF THE YEAR

City of Summit

At the March 21, 2023 Common Council meeting, Donna Puzella of Summit was recognized by Mayor Nora Radest and members of Common Council with the 2023 Volunteer of the Year award for her dedicated service to the Summit community.

"We are incredibly grateful for Donna Puzella and all that she has done for our city," explains Summit Mayor Nora Radest. "Her dedication and commitment to residents of all ages, other business owners, and the many organizations in Summit, is truly inspiring. We are honored to recognize Donna as our Volunteer of the Year."

Donna is a third generation Summit resident and co-owns Sweet Nothings with her sister Elisa. Their shop provides a safe spot for children in the community when they are waiting for a ride, need someone to talk to or request assistance with a class project.

Donna's contributions include supporting the

Summit Free Public Library's summer reading program and Department of Community Programs events, volunteering at the farmers market GIFT table for GRACE, and making donations to countless school events. Donna was an active member of Summit Downtown, Inc. and has been involved with supporting and volunteering at EPIC School, an educational institution for children and adults with autism. Working with her nephew Zachary Brooks, Donna has brought awareness to individuals affected by developmental disabilities with their "We All Fit Together" initiative.

In 2018, Donna received the Women of Excellence Business Leadership award from the Union County Commission on the status of Women and in 2019, the Good Scout award from the Boy Scouts.

Radest continues: "The Volunteer of the Year award is presented annually to a volunteer who has shown exceptional dedication and commitment to the City of Summit. The award is a testament to the importance of volunteerism in our community and the impact that individuals can make when they give their time and talents to support worthy initiatives."

Past recipients of the Volunteer of the Year Award include Annette Dwyer, Rev. Denison Harrield, Beth Lovejoy, Marian Glenn, and Tom O'Rourke.

For more information on the City of Summit or volunteer opportunities, please visit the city website.



(above) Donna Puzella has been named 2023 Volunteer of the Year for Outstanding Service to the Summit Community.

Courtesy photo



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APPLICATIONS OPEN FOR FULL-TIME, PROBATIONARY PO

Summit Police Department

The City of Summit Police Department is accepting applications to fill an immediate opening for a full-time, probationary police officer in its patrol unit.

The department is accepting applications for the position until May 5, 2023. Applications are available at the Summit Police Department located at 512 Springfield Avenue or in the employment section of the City of Summit website.

Applicants for the position must meet the following basic requirements:

- Valid certificate from a New Jersey PTC recognized police academy signifying completion of the Basic Course for Police Officer or active police academy (NJ PTC-BCPO) trainee.
- United States citizen and resident of the State of New Jersey with a valid New Jersey driver's license.
- Minimum of 60 college credits, or military service or two years of law enforcement service.
- Read, write, and speak the English language well and intelligently. Fluency in Spanish is a plus.
- Good moral character, and not convicted of any indictable offense, crime or offense involving moral turpitude.
- Ability to perform all tasks and duties of a police officer and meet age requirements as set forth by the NJ Police and Fire Retirement System (PFRS) and state statute.
- Pass a medical and psychological examination, and an extensive background investigation to include drug screening.

The starting salary is \$56,952.00.

The City of Summit is an equal opportunity employer. Applicants with limited access to a computer can contact Nikki Griffiths at 908-277-9472 for further assistance.

TEENS TEACH TECH TO SENIORS

We can all feel left behind by the world of technology sometimes, but our senior citizens are the group that feels it the most.

Summit resident and 10th grader Michael Petrides founded Teens Teach Tech to Seniors after working in the Upper East Side of Manhattan to help senior citizens with technology problems. Michael said he "enjoyed the hours he spent with the seniors, who had questions I could answer, but to them were incredibly confusing. I wondered if there was a program like this one in Summit."

Now once a month, seniors have been coming to the Summit Recreation Center and meeting one-on-one with Michael and his group of volunteers to ask whatever questions they may have about their devices or technology. Michael said "This experience has been fulfilling for me. Those that come with their questions are looking for some help, patience, and understanding with their questions. It has been a lot of fun and I know that there are more people to help here."

If you are interested in learning more about Teach Teens Tech to Seniors, and finding out when the next session is,

please contact Mrs. Gretchen Masterfano of the Summit Recreation Center:
908-277-2932,
or gmasterfano@cityofsummit.org.



(above) Michael Petrides works with a senior.
Courtesy photo

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SOS ~ SAVE OUR SEAL! A MESSAGE FROM THE U.C. HISTORICAL SOCIETY

War is hell. Unfortunately, that powerful expression is just as accurate today in Ukraine, for example, as it was in Elizabethtown in 1780. In both cases, civilians suffered, and are suffering, along with soldiers.

Heroic sculptures and statues of beribboned generals on horseback are noble and inspiring, to be sure. On the other hand, however, there is the World War II Katyn Memorial in Jersey City, showing the horror of war as it depicts the brutal massacre Russians committed on Polish soldiers graphically showing a bound and gagged Polish soldier impaled through his back by a bayoneted rifle. At its base, a Polish woman cradles a starving child, representing the Polish citizens who were deported to Siberia. Are we to take down such monuments because the horror they depict offends us, or should they remain, conveying their timeless message to us: "Never forget, and Never again!"

Yes, war is hell. And it was so in 1780 as local patriots fought for independence against the often cruel and brutal British and Hessian troops.

One of the most infamous events of that struggle was the horrible murder of Mrs. Hannah Caldwell, the wife of the famous Rev. James Caldwell ("the fighting Parson"), on June 7, 1780 in Connecticut Farms, now Union. It seems that ongoing discussions concerning the changing of the County Seal depicting Mrs. Caldwell's murder by a British soldier apparently have finally come to light recently.

This tragic event has been depicted on our County Seal for over 100 years. In 1923, the Union County Historical Society proposed and supported the official adoption of the Seal, which had previously been used unofficially for decades. It was formally ratified by the Board of Freeholders at that time. The Society has been proud of its role in the adoption of the Seal a hundred years ago, and strongly opposes current efforts to change it.

Some now object to the Seal's depiction of a violent and senseless act against a woman and mother of nine young children. But it really happened! Are we to ignore it? Those were dangerous times in this area and few were spared from the death, destruction, and suffering that occurred.

Indeed, Hannah Caldwell's death became a rallying cry to the despondent, tired, and outnumbered American troops who were inspired to fight on at the Battle of Springfield, the turning point of the Revolution in the North, just two weeks after her death.

Whether she was inside the house or outside when she was murdered is immaterial to the Seal's message. Showing her outside the house simply makes the event more visible. Similar artistic license is often employed in depicting important events in history. For example, the iconic and dramatic 1851 Emanuel Leutz painting of Washington's 1776 Christmas night crossing of the Delaware near Trenton is inaccurate in every way except one: its heroic portrayal of a courageous and brilliant military operation, which led to an important turning point


in the war.

History is not always convenient; it has more than its share of suffering and evil, as the Union County Seal demonstrates. And isn't that in fact the meaning and message of the Seal, that democracy and freedom often demand sacrifice. It is a reminder of the terrible price paid by the brave men and women during those difficult times. Any redesign of our iconic and unique Seal would dishonor and diminish the memory of Hannah Caldwell and so many others who sacrificed all in the long and difficult struggle for independence.


Indeed, after the war, Washington acknowledged that no place had suffered greater deprivation and destruction than Elizabethtown and its environs. Our Seal reminds us of that. Let it be.

Charles Shallcross, Vice-President, U.C.H.S.





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May 12	Celebrating the Beauty of Bulbs
May 18	The Gilded Age Lecture
May 21	Rookwood Art Pottery Lecture
May 25	Tai Chi in the Garden
May 26	Broadway Classics Concert
May 31	Creative Arts Day in the Garden
Jun 1	Birder's Walk
Jun 6	Garden Sensory Walk
Jun 8	Qigong in the Garden
Jun 14	Members Jazz Picnic
Jun 14	Creative Arts Day in the Garden
Jun 23	Tackling Invasive Plants
Jun 27	Members Twilight Tour & Croquet
Jun 29	Members Historical Society Bus Tour of Short Hills
Jul 11	Twilight Tour of Garden Ornaments
Jul 21	The AAPI Jazz Collective Concert
Jul 27	Members Tour & Picnic
Aug 12	History Presentation & Tour
Aug 16	Creative Arts Day in the Garden
Aug 24	Arts & Architecture Walk

See the full program calendar at:
greenwoodgardens.org/programs

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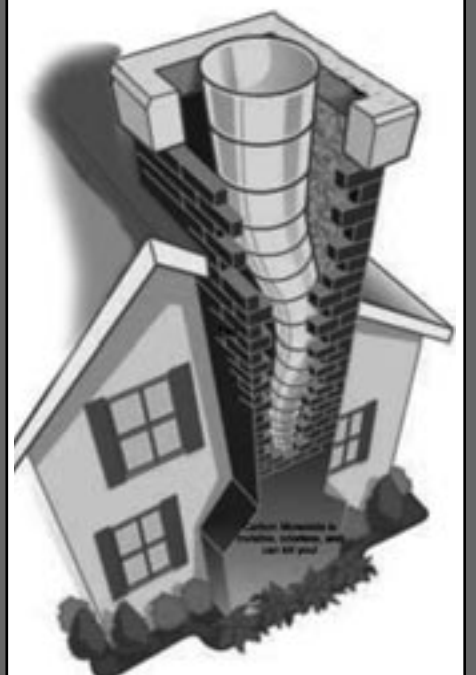
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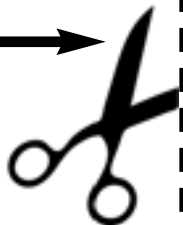


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ATTENTION PARENTS OF KIDS AGES 6-18

31 IDEAS TO HELP KIDS
EAT BETTER, RUN FASTER, GET STRONGER AND
BECOME THE BEST VERSION OF THEMSELVES

Cut This Page Out and Put on Your Refrigerator



Eat Better

- ☐ Drink AT LEAST 4 Water bottles
- ☐ Have a fruit or veggie with each meal
- ☐ Have nuts instead of chips as a snack
- ☐ Have a source of protein in each meal
- ☐ Take a multivitamin
- ☐ Limit sweets to only one serving

Get stronger

- ☐ Perform 50 bodyweight squats
- ☐ Perform 50 pushups
- ☐ Perform a plank for 60 seconds 3 times
- ☐ Perform 25 vertical jumps
- ☐ Get at least 8 hours of sleep a night

Be Happier

- ☐ Get at least 30 minutes of exercise
- ☐ Do a morning routine that you enjoy
- ☐ Write 5 things that you are grateful for
- ☐ Adopt a Growth Mindset
- ☐ Listen to music whenever you can

Run Faster

- ☐ Do 10 hill sprints
- ☐ Perform 15 Broad Jumps
- ☐ Sprint for 50 yards
- ☐ Perform single leg jumps
- ☐ Perform High Knee Marches

Build Confidence

- ☐ Do something outside of your comfort zone
- ☐ Read a book
- ☐ Practice or spend time on your hobbies
- ☐ Learn a new skill
- ☐ Work towards a new Goal

Be More Active

- ☐ Walk during TV show commercials
- ☐ Schedule exercise time
- ☐ Whenever you see a commercial for a car company, perform 10 squats
- ☐ Find a buddy, and exercise with them
- ☐ Try a new method of exercise every week (i.e. biking, running, lifting weights, etc.)

Do You Want
GRIT ATHLETE PERFORMANCE
to Help You with all of this?

Registration for
Our Summer Program Is Now Open
But Only 17 Spaces Remain

Early Bird Registration
Expires June 19



Scan QR Code for cost,
timeslots, and dates.

Attention Parents of Kids Ages 6-18 **UPDATE: THE GRIT ATHLETE SUMMER PROGRAM HAS ONLY 17 SPACES REMAINING**

**We'll have your kids stronger, faster,
and more confident...guaranteed.**

Here's what parents can expect to happen:

- **They will get stronger** which means when they show up to their sport they'll be able to perform better than ever.
- **They will run faster and jump higher** so they can show up to their next season and people will start asking what the heck have they been doing.
- They'll become **more coordinated and improve agility** which means they'll pick up new skills their coaches teach them faster.
- **Your children will start to eat better** because we'll be educating them daily on what's good and what they should avoid ...don't be surprised if they start asking you to buy more vegetables.
- **Confidence will skyrocket.** When kids get stronger, faster and more fit...their confidence will rise...so will their self-esteem which means their performance in every aspect of life will get better.
- **Their mindset will improve.** We're going equip your child with very specific mindset skills that'll help them learn how to transform how they think about mistakes and failures.

HAPPY PARENTS TALKING ABOUT THE PHYSICAL AND MENTAL TRANSFORMATION OF THEIR KIDS...

- "When my son started Grit he was quiet, shy, and had some difficulty with movements...Now he is confident in himself, has become more vocal, and is mastering the exercise he struggled with in the past."
- Jen O'Brien, Grit Athlete Parent
- "My son is more disciplined and confident in himself"
- Steve Hughes, Grit Athlete Parent
- "I have watched my children become more confident and vocal."
- Christine Stramandinoli, Grit Athlete Parent
- "His confidence has shot up in the last few months...and has carried forward to the way he approaches other activities like sports and schoolwork. My son is now making his bed daily and exercising every day."
- Catherine Solfaro, Grit Athlete Parent

GET MORE INFORMATION (STARTS JUNE 19TH)

STEP 1

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STEP 2

Enter Your Info When You Get To This Page



STEP 3

Coach Mike will call you and set you up



Warning: The summer session is the most popular session of the year and always sells out before it starts. We strongly encourage you to scan the QR code today and enter your information to make sure your child doesn't get locked out of the summer session.

SUMMIT SYMPHONY ORCHESTRA CONCERT

The Summit Symphony Orchestra will conclude its 2022-23 season with a concert on Sunday, May 21, at 2:00 p.m., Summit High School, 125 Kent Place Boulevard, Summit. Admission to all Summit Symphony concerts is free.

Music Director Michael Avagliano will lead the orchestra in performances of Farrenc's Overture No. 2 in E-flat, Tchaikovsky's Symphony No. 5 and Artie Shaw's Concerto for Clarinet featuring clarinetist Maureen Hurd Hause.

The Summit Symphony has been providing free orchestral concerts for the Summit area since 1938. For more information about this concert or about the Summit Symphony Orchestra, please visit our website, summitsymphony.org.

"MEET THE ARTIST" SERIES AT THE SUMMIT LIBRARY

Vivid Stage has announced its "Meet the Artist" series at the Summit Library, which will showcase new theatrical works and provide a forum for the public to speak with playwrights, directors, and actors. At each event, a new work will be presented, followed by a conversation with the artists who created it. The series aims to provide insight into the creative process of theatrical production, from the written form to the final performance. It also gives the playwrights an opportunity to receive feedback from the audience. The series will be held at the Summit Free Public Library on four Wednesdays in May: May 3rd, May 17th, May 24th, and May 31st, from 7 to 9 p.m.

"We are so excited to be holding our Meet the Artist series at the Summit Public Library this

year," said Laura Ekstrand, Artistic Director of Vivid Stage. "It's the perfect place to experience new works and to have a conversation with the audience in a casual setting."

Vivid Stage is a non-profit theater located at Oakes Center in Summit, NJ, with a professional ensemble of actors. The theater is dedicated to representing its neighbors and their personal stories, and aims to create an inclusive environment where everyone feels at home.

The Summit Free Public Library is located at 75 Maple Street, Summit, NJ.

To attend this series, visit the Library's website at: summitlibrary.org.

For more information on the "Meet the Artist" series and Vivid Stage, please visit: vividstage.org.

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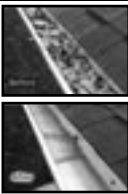
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NICHOLAS PAPA SWORN IN AS A CAREER FIREFIGHTER

City of Summit

For more information on the Summit Fire Department, visit cityofsummit.org/fire.

On Wednesday, March 22, at a ceremony at fire headquarters, Nicholas Papa was sworn in as a Career Firefighter with the Summit Fire Department. Firefighter Papa began as a volunteer firefighter with the department in September 2021 and served in the Hook & Ladder Co. #1. He is also an active volunteer member of the Berkley Heights Fire Department.

Firefighter Papa has completed Firefighter I and II and holds several safety certifications including NJ State Hazardous Material Awareness, Operations & Technician; NJ State Swift Water Rescue Awareness, Operations & Technician; and Incident Management Level I. He is also trained in CBRNE "See-Burn" and Pump Operations.

Firefighter Papa was joined by his family and friends at the ceremony.



(above, l-r) On Wednesday, March 22, at a ceremony at fire headquarters, Nicholas Papa was sworn in as a Career Firefighter with the Summit Fire Department. Pictured at the swearing-in are Deputy Chief Paul Imbimbo, Mayor Nora Radest, Firefighter Nicholas Papa, and Chief Eric Evers.

Photo by City of Summit



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- 3/8 Red Stone\$80
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- 1 1/2-3 Goose Egg.....\$125
- 3/4 Arctic White.....\$135

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PAL PET SHOW AND ONLINE CONTEST

The City of Summit Department of Community Programs is announcing the annual Police Athletic League (PAL) Pet Show will be held on Saturday, May 13, on the Village Green, located at 356 Broad Street.

Registration for the free event begins at 1 p.m. and judging begins at 1:30 p.m.

In the event of rain, the pet show will be held on Sunday, May 14.

The competition will be organized into two categories: a competition for dogs only and an all-other pet exhibition. In the dog show, small, medium, and large dogs will compete with their owners by walking across the stage in front of the judges. The all-other pet exhibition will include animals such as cats, reptiles, and birds on an auxiliary stage. All pets must be kept on leashes or in pet carriers during the event. Prizes will be provided by the PAL and awarded for each category, and for participation.

Residents may also participate in the online pet show contest by emailing a photo of their pet in any Summit park to dguidajr@cityofsummit.org. The Department of Community Programs will post all photos on its Facebook page. The pet photo that receives the most likes by May 13 will win the digital media award.

For more information, visit summitcommunityprograms.com or call the Department of Community Programs at 908-277-2932. To learn more about the Summit PAL, visit summitpal.org.

CLOTHING RUMMAGE SALE SATURDAY, MAY 6TH,

from 10:00 a.m. to 4:00 p.m.

THE UNITED METHODIST CHURCH OF SUMMIT

17 Kent Place Boulevard, Summit, NJ

*Rummage sale will include
clothing, shoes and accessories.*



2023 SUMMIT PAL PET SHOW

SATURDAY, MAY 13
RAIN? SUNDAY, MAY 14
SUMMIT'S VILLAGE GREEN
356 BROAD STREET

REGISTRATION @ 1PM
PET SHOW @ 1:30 PM

FREE ADMISSION & ENTRY FOR ALL PETS

Prize Categories

1st, 2nd and 3rd place in Large Dogs (50+ lbs), Medium Dogs (20-50 lbs) and Small Dogs (Under 20 lbs). 1st-5th place for all other animals.

Join the Digital Pet Show: Email your pets photo at any Summit park to dguidajr@cityofsummit.org and it will be posted on the DCP Facebook Page. The pet with the most likes by May 13 will win the contest.

Questions? Contact the Department of Community Programs at 908-277-2932 or email dguidajr@cityofsummit.org

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CCS AND SUMMIT ELKS JOIN FORCES FOR BABIES IN NEED

On March 27, the Christ Child Society of Summit (CCS) joined forces with members of the Summit Elks Club to tie the fringe ends on fleece baby blankets.

Sixty-five volunteers assembled and finished

250 blankets. The Elks Club presented CCS with a \$4,000 grant from the Elks National Foundation.

Elk members also generously gifted baby clothing, towels, baby shampoo, lotion, baby

wipes, and other infant necessities.

CCS is a group of dedicated volunteers from all faiths and backgrounds that are joined with the purpose to help under-resourced children and their families.



(above) Christ Child Society of Summit blanket chair, Theresa Sweeny; president, Christine Murray; Kathy Preacher from the Elks club presenting the check, and CCS layette chairs, Sue Huffman Flannery and Sarah Walker.

Courtesy photo

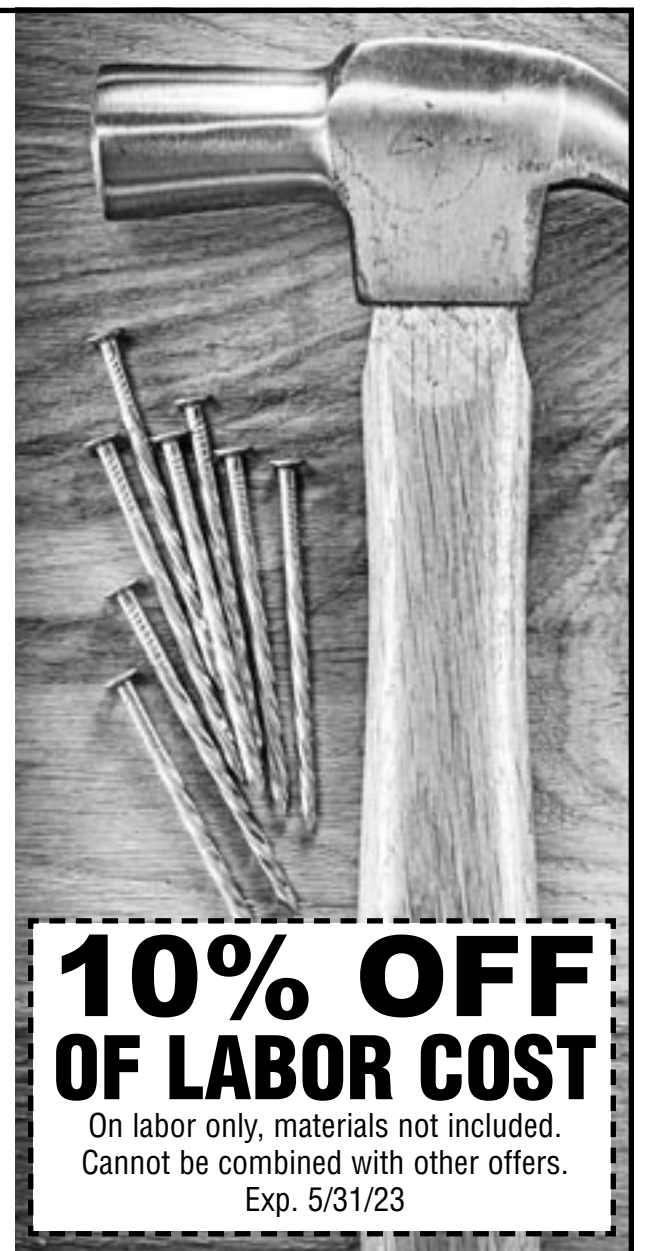
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GOLDEN OLDIES SHOWS AT SEIMINSKI THEATER

On June 10th at the Sieminski Theater in Basking Ridge, NJ, The Jersey Four and Johnny Maestro's 16 Candles will take audiences on a musical journey through the life and music of these legendary artists whose music has stood the test of time! Showtimes are 2:30 pm and 7:30 pm.

Tickets are available at sieminskitheater.org or call 866-307-8532

The Jersey Four celebrates the most successful 1960s rock and roll group of our time – “those four guys from Jersey” - The Four Seasons! The stories, humor, and audience participation will delight audiences! The Jersey Four are accomplished singers and musicians from Jersey who stay true to The Four Seasons' music, incorporating, authentic costumes and musical equipment to recreate that famous sound of The Four Seasons.

Johnny Maestro's 16 Candles featuring Joel Katz pays homage to an American Rock & Roll icon. 16 Candles takes audiences on a journey of the iconic sound of Johnny Maestro's performing the legendary hits and deep cuts that no other groups perform. 16 Candles will perform your favorites - "16 Candles", "Six Nights A Week", "Step by Step", "The Angels Listened In", and the iconic song "Worst That Could Happen".

Get your tickets now for this fabulous concert paying tribute to two of the greatest artists of our time! The Sieminski Theater is located at 8000 Fellowship Road in Basking Ridge, NJ. This intimate theater is a premier entertainment venue for the very best in music, theater, dance, and the cultural arts providing the optimal live experience in performing arts.

For tickets and information please visit us at sieminskitheater.org or call 866-307-8532

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June 1 - 7:30PM

Johnny Maestro's
16 CANDLES
Featuring Joel Katz



THE JERSEY FOUR
A Tribute to Frankie Valli & The Four Seasons

June 10 - 2:30 / 7:30PM

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LETTER FROM GRACE TO THE COMMUNITY

DEAR NEIGHBORS,

Our neighbors facing dire financial straits are our primary focus. Thanks to the neighbors who communicated their concerns, we have expanded our focus to the neighbors who share the Cornog Field House neighborhood.

On March 2, 2023, GRACE broke its record serving 718 households in one day. On March 9, we began a wide-sweeping referral process to make sure everyone who comes to GRACE can get what they need as fully and efficiently as possible, although not necessarily at GRACE. From the new referral program, we have seen a significant drop in demand in the following weeks. This week we served 495 households.

Of the households served by GRACE this week, 44% received their food through deliveries by volunteers this week. Last week it was an even split, deliveries and in person pick ups.

We served 276 at the Field House this week, the other households received groceries via delivery. Of those 276, 31 households walked from home. 245 households arrived in 95 cars. Most of the households carpool. From 4:30 to 7:30 pm, 95 cars visited Cornog via the carline or they parked and walked up to pick up their groceries.

We diverted the early arriving vehicles before 4:30 p.m. All cars that arrived before 5:30 turned

off their engines.

Lt. Daly conducted a traffic safety evaluation. We immediately implemented the traffic and safety improvements. Lt. Daly and other officers have attended the distribution to monitor the situation and will continue to do so. Drivers of cars in violation will get a ticket. The only cars in violation at Memorial Field this week were there to attend baseball.

We continuously study who comes and why they come. We count the number of cars, check for proof of residence, and ask GRACE participants what their connection is to Summit. This week 70% are Summit residents and the others work, worship, attend school or receive medical care in Summit.

Starting Thursday, April 13, we will open midday distribution hours to alleviate evening congestion.

Our community is strongest when we collaborate.

Please contact me with your questions and your insights at info@gracegivingreceiving.org.



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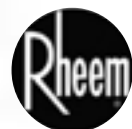
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The Salem Roadhouse Café presents the Piktors Metamorphosis, Saturday, May 20, 2023. The doors open at 7:15 p.m., show starts at 8 p.m. Admission is \$20 and includes show, snacks, non-alcoholic beverages, and dessert. The venue is located in the basement of Townley Presbyterian Church, 829 Salem Rd, Union, NJ. The Roadhouse operates as a non-profit that raises funds for several carefully chosen local charities.

Piktors Metamorphosis takes you on a journey back to the incendiary sounds of the Jazz/Rock fusion era injecting their improvisational craft. The Jazz/Rock/Fusion heyday of experimental creativity has inspired it's fans and other great musicians alike to push music further to its limits. This exciting music is challenging to execute, understandably a reason why many have not approached it. That is until now. Whether it's exciting tributes or their ambitious original pieces this ensemble delivers with passion and warmth.

Piktors overall sound departs from just another stage show to a level of cerebral and tonal excitement that comes with Fusion rock/jazz. They are masters at what they do, and they continue the traditions of modern fusion started by the likes of Miles Davis, Weather Report and Pat Metheny, just to name a few.

As always, the Salem Roadhouse Café is live, intimate, up front, and personal. All ages are welcome.

ABOUT SALEM ROADHOUSE CAFÉ

It's not "church music." It's music music. Folks who've come to the Salem Roadhouse

Café know that it's a clean, safe place for people who enjoy listening to live music — in a world otherwise filled with clubs and bars. The Roadhouse has always offered its stage to local and independent mainstream musicians. Jazz, rock, folk, and other groups have performed. What's the common thread? They're all great musicians playing the kind of music people like to hear. There's no message, just music.

The Roadhouse started in 2008 by members of Townley Presbyterian Church with a grant from the Presbytery of Elizabeth. Hey — that's why we're located where we are, 829 Salem Rd, Union, NJ. The Roadhouse operates as a non-profit that raises funds for several carefully chosen local charities. That's its social mission.

But the many musicians who've played the Salem Roadhouse Café see it as a solid performance venue. They love it because of its special intimacy and great audiences. They say people here "really listen." Ask any of the musicians you meet here — they love to play the Roadhouse, and they want to come back often.

The Salem Roadhouse Café has raised funds for many carefully chosen charities. They include: The Presbytery of Elizabeth E-port Center, Center For Hope Hospice, Community Food Bank, Monarch Housing, Angel Paws Animal Rescue, National MS Society, Haiti Disaster Relief, Hurricane Sandy Disaster Relief, The Union County YWCA Domestic Violence Program, Making It Possible To End Homelessness, Camp Johnsonburg, The Music Institute, and others. Thousands of dollars have been raised for these deserving charities.

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IN THE HEIGHTS AT CDC THEATER MAY 5-20

Before Hamilton was In The Heights and it's coming to CDC Theatre in Cranford.

The final production of CDC Theatre's 104th season, In the Heights, is set to run weekends from May 5 to May 20. Lin Manuel Miranda's first Broadway show burst onto the stage in 2008. The show was nominated for thirteen Tony Awards, including Best Musical, Book and Score, as well as for Direction and Choreography. Of those thirteen nominations, it won four awards, including Best Musical, Original Score, Choreography and Orchestration.

The musical tells the story of three days in the vibrant community in Manhattan's Washington Heights – a place where the coffee from the corner bodega is light and sweet, the windows are always open, and the breeze carries the rhythm of three generations of music. It's a community on the brink of change, full of hopes, dreams and pressures; where the biggest struggles can be deciding which traditions you take with you, and which ones you leave behind.

"We are excited to at last be able to produce this show. Circumstances and pandemic restrictions caused it to have been postponed, but we were committed to having the chance to present it," said Joe Leo, the show Producer. "Once we were able to add it to this season, we had one of the biggest audition turnouts ever at the theatre and have assembled a wonderful cast from throughout the state!"

The music of In The Heights takes its cues from the diverse Latin community it represents, infusing hip-hop, salsa, merengue and soul music into the score with lyrics about life, love, community and the American dream. There are eight shows, including two matinees. For best ticket prices and selections visit cdctheatre.org.



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Music and Lyrics by LIN-MANUEL MIRANDA
Book by QUIARA ALEGRIA HUDES
Conceived by LIN-MANUEL MIRANDA

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A RAPTOR FESTIVAL - COMMUNITY DAY AT TRT - MAY 21

The Raptor Trust's 9th annual Community Day will take place on Sunday, May 21, 2023 from 11 a.m. – 3 p.m. We invite you and your family for a day of all things bird!

Spring and summer are our busiest time of year, and we're preparing for the adorable invasion of tiny Robins, Great Horned Owl fluffballs, and baby Blue Jays with an attitude, among hundreds of other youngsters.

The average cost of one bird's total rehabilitation is currently \$237, and, because we admit an average of 5,000-6,000 birds per year, those costs quickly add up. All proceeds from the event provide resources for these busy months—from purchasing food and medicine for injured birds of all ages and species, to maintaining the caging and grounds that visitors can enjoy.

All proceeds from the event benefit our wild bird hospital, which offers free veterinary services to wild birds, empowering our community to help. On May 21, we celebrate that

community. For more information visit: theraptortrust.org/trt-community-day

TRT is committed making a long-term impact. With your help, we will continue to play a major role in conserving local wild bird populations and reducing the suffering of wildlife in the tri-state area.

The Raptor Trust is located at 1390 White Bridge Road, Millington, NJ. Approximately 50 resident birds are on exhibit in large outdoor aviaries viewed by walking along the trails. Living on the campus of the Trust throughout the year is variety of raptors and birds of prey. Currently, the Trust is home to two Bald Eagles, Turkey Vultures, Barred Owls, Great Horned Owls, Ravens, Screech Owls, Red-Tailed Hawks, a Snowy Owl and many more!

The aviaries are open to the public seven days of week. Our visiting hours during the fall, winter and spring are 9 a.m. to 4 p.m. During the summer we are open to visitors from 9 a.m. to 7

p.m. There is no cost to come by for a self-guided tour, however, we ask you to consider a small donation of \$2 per person.

The Raptor Trust is a 501(c)(3) not for profit organization which provides free medical care to thousands of orphaned or injured birds each year. Our infirmary staff is available seven days a week during daylight hours to admit injured birds, but we must rely on the people who find them to bring them to us for care. If you find a bird that needs help, please visit our website theraptortrust.org for instructions. We cannot do what we do without the kindness of many – including our visitors.

SPOTTED LANTERNFLIES ARE HATCHING

Invasive Insect Is a Danger to Trees, Decorative Plantings, and Agriculture

Residents are reminded to keep an eye out for the invasive spotted lanternfly that has caused damage to residential and agricultural plants and trees throughout the area. Residents are asked to check trees, fences, and other flat surfaces around their homes and neighborhoods for egg masses, as well as grown lanternflies and Stomp Them Out!

The spotted lanternfly is native to China, India, and Vietnam. It was first sighted in the United States in Pennsylvania, and has since spread to surrounding states, including New Jersey. The spotted lanternfly was first discovered in Somerset County in 2019. While not harmful to humans or animals, this invasive insect feeds on the sap of many different hardwood trees, scrubs, ornamental plants, and has the potential to impact agricultural crops of economic importance such as grape vines, hops, and apple orchards. Feeding damage caused by the spotted lanternfly significantly stresses the affected plants which can lead to decreased health and potential crop loss.

Residents and visitors are advised to keep an eye out for spotted lanternflies and their egg masses and kill them on sight. Destroying spotted lanternfly egg masses before they hatch is the best way to limit their spread. Eggs can be laid on any flat hard surface including metal, wood, and plastic. Egg masses are commonly found on fence posts, telephone poles, lawn furniture, and the underside of tree branches. Egg laying begins in September and continues through November or until the first freeze.

While adult spotted lanternflies do not survive the cold winters, their egg masses do. Beginning in May through June, the eggs will start to hatch and mature through their life stages into adulthood. Join the battle to beat the bug and help us Stomp Them Out!

IF YOU FIND SPOTTED LANTERNFLY EGG MASSES:

- Scrape egg masses using scraper cards, or anything else that is hard, tapered and/or flat
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**"MY RESULTS WERE BOTH AMAZING AND MOTIVATING!...
I'M SO GLAD TO BE PART OF THIS COMMUNITY."**



Steve: Typical gym culture isn't a good fit for me, and at-home workouts haven't worked for me either. After considering lots of different options, I finally signed up for a challenge with GFP and I'm so glad that I did. The trainers and the other members have been so welcoming, encouraging, and supportive. I've never felt rushed even if my pace was slower than those around me, and the small groups allow everyone to benefit from individual attention from the trainer. There is also so much variety in the training, which I really love. I'm so glad to be part of this community.

**"I NEVER EXPECTED TO ACHIEVE SUCH GREAT RESULTS
IN LESS THAN A YEAR."**



Trish: I never liked going to the gym...until I joined Gabriele Fitness! The very knowledgeable and professional trainers make sure that every person receives personalized attention and feedback in class, challenges and encourages all to make progress, and creates an atmosphere that is friendly, relaxed and social. In a word, they are kind and caring, and make it fun! I never expected to achieve such great results in less than a year,*** and it's all due to Gabriele Fitness. I'm hooked; they are the best!

**"I STARTED TO FEEL IMPROVEMENT
AS QUICKLY AS 1-2 WEEKS INTO JOINING"**



Tom: Before joining GFP I never really maintained consistent strength training. At GFP it's easy to build momentum, and I started to feel improvement as quickly as 1-2 weeks into joining. The challenge showed me how rapidly progress can occur if you pair nutrition guidance with regular workouts. More importantly it helped me build lasting habits that have made me consistently healthier.

"I AM STRONGER THAN I HAVE BEEN IN PROBABLY 30 YEARS."



Debbie: Been working out at Gabriele for a few years and absolutely LOVE the training. Coaches are extremely knowledgeable and correct any form issues and continuously challenge us. If I experience any pain, they will alter exercise to keep me safe. I am stronger than I have been in probably 30 years. They are fun, motivating and have built a great community at GFP.

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