

Scotch Plains NJ

WHAT'S HAPPENING MONTHLY

Published by Renna Media, LLC. On-line at RennaMedia.com

Issue 92 • May 2023



**MAY THE FOURTH
BE WITH YOU.**
When you need a
Force in Real Estate,
Make your Move
with Mary!



Mary DePaola
Broker Associate
**Personal,
Professional, Proven**
Coldwell Banker Realty
Westfield West
Cell: 908-963-8673 (Best #)
Office: 908-233-0065
Mary.depaola@cbrealty.com

ROTARY CLUB DELIVERS DICTIONARIES TO STUDENTS

The Fanwood-Scotch Plains Rotary Club celebrates "Dictionary Day" annually by visiting the local elementary schools and distributing free dictionaries to every third grader. Rotarians enjoyed interacting with the students and talked about how to use the dictionary and other useful information in the dictionary such as the states, presidents, and the longest word. Students participated by looking up words and discussing their meanings, spelling, and pronunciation. In an age of technology, it was wonderful to

see the smiles and enthusiasm of the students when they received the dictionary!

The students also learned about Rotary and the work they do both locally and internationally. If you'd like to learn more about the Fanwood-Scotch Plains Rotary club, go to fsprotrary.org or visit their Facebook page: Fanwood-Scotch Plains Rotary Club. The club meets on Wednesdays at noon at the Stage House Restaurant. On the last Wednesday of the month, the club meets at Darby Road at 6:30 p.m.



(above) 3rd Graders at Evergreen School were excited to receive their dictionaries!

Courtesy photo

PRSR STD
U.S. POSTAGE
PAID
BRIDGEPORT CT
PERMIT NO. 390
ECRWSS

WELLNESS RESOURCE FAIR - MAY 20

As part of the Mayor's Wellness Campaign, the public is invited to a free program, known as Project BrOKen, that features dance, art and a resource fair to benefit individuals impacted by mental illness, addiction and disabilities.

The event begins on May 20 at 11 a.m. with a Resource Fair and Expressive Art Exhibit. At noon, there will be a dance performance depicting mental health, addiction, and disabilities. The event will be held at Scotch Plains-Fanwood High School, 667 Westfield Road. It is being run in partnership with iDance Ministry, led by Maria Daniel.

The two-hour event is free but registration is highly recommended via: eventbrite.com

"I would like to express my deepest appreciation to iDance Ministry, and, specifically, Maria Daniel, for all her hard work in putting together what will be a tremendous program," said Mayor Josh Losardo. "Please join me at this special event, which is a key component of the Mayor's Wellness Campaign for this spring."

Learn more by contacting Daniel at idadanceministry@gmail.com.

*****ECRWSEDDM*****
**POSTAL PATRON
SCOTCH PLAINS, NJ 07076**

Quality car insurance is available at a lower rate than you might think. In fact, drivers who saved money by switching to Allstate saved an average of \$718. Switch today.

Call me to learn more!

Drivers who switched to Allstate saved an average of \$718.*

How much could you save?

The Espeland Group
908-233-6300
Scotch Plains / Fanwood Team
2284 South Ave. Scotch Plains
nelson@allstate.com

Allstate
You're in good hands.

Many factors go into the cost of your auto insurance policy, including how you purchase the policy: online, through a call center, or with an agent. Subject to terms, conditions, and availability. Not applicable in CA. *Average annual auto insurance savings reported by new customers surveyed who saved with Allstate in 2019. Allstate Fire & Casualty Ins. Co. Allstate Vehicle & Property Ins. Co. & affiliates. 2775 Sanders Rd Northbrook IL 60062. © 2020 Allstate Insurance Co.

Scotch Plains NJ

WHAT'S HAPPENING MONTHLY

Renna Media LLC, Publishers
202 Walnut Ave., Cranford, NJ 07016

Scotch Plains Monthly is published by Renna Media. 9,400 newspapers are printed monthly and mailed to every business and resident in Scotch Plains, NJ. Although great care has been taken to ensure the information contained within is accurate, Renna Media assumes no liability for errors or omissions.

©2023 Contents of this newspaper cannot be reproduced without written consent from Renna Media LLC.

SEND US YOUR NEWS

Do you have a community service that you need help publicizing? Did you or someone you know accomplish something amazing? We are interested in hearing about your latest achievement (honor, award, etc.), send us your news! **Email: editor@rennamedia.com**

ADVERTISING

Joe Renna: 908-447-1295
joerenna@rennamedia.com



Find us on online: rennamedia.com
[facebook.com/ Scotch Plains Monthly](https://facebook.com/ScotchPlainsMonthly)

RELAY FOR LIFE SET FOR MAY 12TH

Relay For Life of Scotch Plains will be on May 12th from 5 p.m. – 10 p.m. at Scotch Plains-Fanwood Highschool.

Relay For Life is a volunteer-led experience that unites communities across the world to celebrate cancer survivors, remember loved ones lost to cancer, and raise funds to improve the lives of people with cancer and their families through advocacy, research, and patient support, to ensure everyone has an opportunity to prevent, detect, treat, and survive cancer.

The Relay for Life of Scotch Plains raised more than \$50,000 for the American Cancer Society's mission in 2022. We are aiming to raise the same if not more this year!

Since 1985, Relay For Life has raised \$6.8 billion, allowing the American Cancer Society to invest \$3.1 billion in cancer research, contributing to 3.5 million fewer cancer deaths. Dollars raised each year by over 250,000 Relay participants across the country help support the American Cancer Society's mission in countless ways – providing education and advocating for the needs of cancer patients and their families and providing essential services throughout their cancer journey.



THERE ARE MANY WAYS TO GET INVOLVED.

JOIN:

Join a Relay Relay For Life of Scotch Plains community to connect with survivors, caregivers, and others impacted by cancer in your local community. Visit [RelayForLife.org/ ScotchPlainsNJ](http://RelayForLife.org/ScotchPlainsNJ) to sign up for Relay and join your community in the fight against cancer.

DONATE:

Your donation fuels the American Cancer Society's fight against cancer. Visit RelayForLife.org/Donate or donate to your own team today.

ABOUT THE AMERICAN CANCER SOCIETY

The American Cancer Society is a leading cancer-fighting organization with a vision to end cancer as we know it, for everyone. For more than 100 years, we have been improving the lives of people with cancer and their families as the only organization combating cancer through advocacy, research, and patient support. We are committed to ensuring everyone has an opportunity to prevent, detect, treat, and survive cancer.

To learn more, visit cancer.org or call our 24/7 helpline at 1-800-227-2345. Connect with us on Facebook, Twitter, and Instagram.

Are you ready to go from Winter to Spring?

CALL TODAY FOR ALL YOUR HEATING, AIR CONDITIONING, AND FUEL NEEDS 908-760-0583

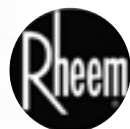


Now is the time to get your air conditioning ready for spring. If your air conditioning system is over 15 years old, you may want to consider a more efficient replacement.

Avoid last minute emergencies during the hot uncomfortable weather. Let the experts at Woolley evaluate your cooling and heating needs and provide you with a **FREE** no obligation estimate. We are a full-service installation, maintenance, and repair company. In need of a tune-up? We provide that too, along with Woolley Extra Care Service Plans.

woolleyfuel.com

WOOLLEY'S PROUD PARTNERS



N. Woolley Master HVACR contractor Lic. # 1261



Woolley Home Solutions is a family-owned and operated company providing over 99 years of honest, high-quality service.

Our mission is simple - to be your trusted, total home comfort solutions provider.

We will continue to offer the same great service delivered to REEL-STRONG customers. The addition of REEL-STRONG represents an exciting opportunity for WOOLLEY to do more for our customers. You will still find the same reliable technicians and office staff from REEL-STRONG now at WOOLLEY HOME.

\$300 OFF NEW RHEEM HEATING OR AIR CONDITIONING SYSTEM

Expires: 5/31/2023. May Not Be Combined With Other Offers.

WhartonCommunityPlayers presents

CYRANO



June 16, 17, 23 & 24 at 8:00 p.m.
June 18 & 25 at 2:00 p.m.

Wharton Black Box Theater
60 Locust Avenue, Berkeley Heights

\$25/Adults, \$20/Students & Seniors

By Jason O'Connell and Brenda Withers

Adapted from the play Cyrano de Bergerac by Edmond Rostand

Directed by Lauri MacMillan

For tickets, visit WhartonArts.org

WhartonARTS

Helen H. Cha-Pyo, Artistic Director



(above) Galina Muller

GALINA MULLER APPOINTED EXECUTIVE DIRECTOR OF SAGE ELDERCARE

The Board of Trustees at SAGE Eldercare, Summit-based nonprofit provider of programs and services to the elderly, their families, and caregivers, has appointed Galina Muller, most recently Director of Finance & Administration, as Executive Director, effective February 9, 2023.

Since 1954, SAGE Eldercare has provided a wide array of information, support, and services designed to help individuals lead the most independent and active lives possible. From helping with errands, to exercise classes, community programs, care planning, meals delivery, adult medical daycare and home health care, SAGE's mission is to help older adults remain independent in their own homes.

Muller joined SAGE in 2007 as Finance Director, to supervise all accounting activities and maintain financial records. During the pandemic, Muller was promoted to Director of Finance and Administration, interim for the vacant Executive Director position, and took on addressing organizational effectiveness. She restructured SAGE's business model by identifying best practices, consolidating its two clinical care programs, HomeCare and Spend-A-Day, to improve quality of care, and reducing costs to allow the organization to deliver on its mission for many years to come. As Executive

Director, Muller will oversee the overall operations and the fundraising component of SAGE Eldercare.

Muller earned a master's degree in accounting from Fairleigh Dickinson University and a bachelor in economics, accounting, and finance from New Bulgarian University. Prior to joining SAGE, she held various positions of increasing responsibility at Robert Saunders CPA in Westfield, Island Auto Rental Group, and Glory School of Foreign Languages.

"I am pleased to announce Galina Muller has accepted the responsibilities of Executive Director for SAGE. Her knowledge of SAGE and tenure with the organization contributes to keeping it constant and thriving for our community. Galina is committed to the mission of SAGE and the clients we serve," said Leslie Hardin, President of SAGE Eldercare's Board of Trustees.

"In my role as Executive Director of SAGE, I look forward to helping the organization grow and evolve to meet the increasing needs of older adults in our area and continuing on our mission to help seniors age at home where they want to," said Muller.

For more information regarding SAGE Eldercare, call 908.273.5550 or visit www.sageeldercare.org.

CUSTOM MATTRESSES MADE TO ORDER!
Any Size • Natural • Double Sided • Affordable Mattresses

A Family Business Since 1902.
ORANGE MATTRESS
— CUSTOM BEDDING —
800-761-1100
mycustombedding.com

- Mattresses
- Box Springs
- Round Beds
- Adjustable Beds
- Mattress Toppers
- Pillows
- Hybrid Mattresses
- Custom Sheets

Call Today or Visit Our Showroom in Clark, NJ.
1049 Raritan Road



sage eldercare
Making Your Home a Better Place to Age Since 1954.

UPCOMING EVENTS: Registration required. Visit our website for a complete list of events.

| | | |
|--|--|--|
| TUESDAYS 11 am - TAI CHI | THURSDAYS 11:30 am - CHAIR YOGA | |
| WED, MAY 10 10:30 am RETIREMENT PLANNING | WED, MAY 24 11:00 am GRIEF AND END-OF-LIFE JOURNEY: a discussion for caregivers | WED, MAY 24 2:00 pm UNDERSTANDING EVERYDAY FINANCIAL RISKS |

SAGE Home Care

Adult Medical Day Program

Meals on Wheels

- Personal Care (Bathing, Dressing, Grooming)
- Meal preparation and personal laundry
- Socialization
- Assistance with Discharge Plans
- Medication Reminders
- Accompaniment to Doctor's Visits and Assistance with Telehealth Calls
- Home Health Aides are equipped with Personal Protective Equipment (PPE)

- Light breakfast, complete lunch and snacks provided daily
- Assistance with toileting and ambulation
- Nursing support for medical conditions, including medication administration
- Medically supervised with on-site physical, occupational, and speech therapy.
- Fully structured activities calendar with cognitive and physical activities
- Support groups and educational seminars for caregivers

- Planned by registered dietitians, SAGE volunteers deliver healthy meals midday Monday - Friday.
- Volunteers offer vital daily contact and a friendly visit.
- Serving: Summit, Springfield, Mountainside, Berkeley Heights, New Providence, Millburn & Chatham









Our agency adheres to CDC and Department of Health COVID-19 protocols.

908-273-5550 • sageeldercare.org • 290 Broad Street, Summit, NJ 07901

Call Today for a Free Estimate!  855.624.6655



Masonry



Roofing & Siding



Windows & Doors



Kitchens & Baths



Decks & Porches

AS SEEN ON
**GEORGE
TO THE
RESCUE**




Magnolia™

HOME REMODELING GROUP

ROOFING | SIDING | WINDOWS
KITCHENS | BATHROOMS | BASEMENTS
MASONRY | DECKS | PORCHES

Payment Plans

WINDOWS \$209 BASEMENTS \$395
KITCHENS \$389 BATHROOMS \$199
ROOFING \$249 DECKS/PATIOS \$189
SIDING \$289 PORCHES/STEPS \$185

0% Plans Available!

Estimated monthly payments.
Rates & payments based on credit approval.

VIRTUAL MEETINGS ALSO AVAILABLE

Interior & Exterior Remodeling | Family Owned & Operated

100% FINANCING AVAILABLE | 30+ YEARS EXPERIENCE

NJDCA 13VH07755300

MagnoliaHomeRemodeling.com 

SERVICE LEAGUE 50 YEARS OF SERVICE, \$1.5 MILLION IN DONATIONS

The Fanwood-Scotch Plains Service League is celebrating 50 years of service in 2023, marked by a week-long celebration kicking off on Saturday, May 6, at 10 a.m.



(above) The Fanwood-Scotch Plains Service League, operators of the Thrift Shop in Scotch Plains, celebrate 50 Years of Service.

That's when Scotch Plains Mayor Joshua Losardo, Fanwood Mayor Colleen Mahr and other local officials will join members of the Service League at the Fanwood-Scotch Plains Service League Thrift Shop, 1741 East Second Street, Scotch Plains. Resolutions will be presented, refreshments will be served and recognition given to the non-profit, all-volunteer Service League for their community contributions during the past 50 years.

From inception in 1973, the League has donated more than \$1.5 million in grants to Union County organizations and in student scholarships, including \$60,000 in donations this year alone. Proceeds come from the operation of the Thrift Shop, a staple in downtown Scotch Plains that offers good quality, reasonably priced merchandise to customers. All goods sold at the store come strictly from very generous donors who provide the shop with new or gently used items that they no longer need or want.

The Saturday ceremony will be followed by events throughout the week, including a raffle basket, small bags of candy as giveaways to store patrons, and a Vera Bradley handbag event starting Tuesday, May 9. All members of the public are invited to attend the Saturday May 6 event and to support the Service League mission to "Help Us Help Others."

Looking ahead, the Service League's goal for the next 50 years is to continue to contribute

financially to worthwhile community organizations and to local high school and college students. Allowing it to reach that goal are the dedicated efforts of more than 35 Service League volunteers who selflessly donate their time to keep the shop in continuous operation and to ensure a very successful re-sale rate at the store.

The Thrift Shop provides benefits for donors who have a clean, convenient place to drop off their goods; for shoppers who can take advantage of very modest prices; and for the environment, by giving slightly used merchandise a second chance at a useful life rather than being relegated to landfills. The store offers a wide variety of regularly replenished clothing in sizes from infants to plus-size adults; shoes; all types of accessories from scarves to handbags; jewelry; bric-a-brac; housewares; framed art; collectibles; linens; dolls, toys, games, puzzles, books and DVDs.

Items for donation can be dropped off at the Thrift Shop any time during regular store hours: Tuesday through Friday, 10:00 a.m. to 2:30 p.m., and Saturday 10:00 a.m. to 1:00 p.m.

To learn more about the Fanwood-Scotch Plains Service League, the types of donations accepted and volunteer opportunities, please call the store at 908-322-5420.

You can also visit the Scotch Plains Thrift Shop web site scotchplains thriftshop.weebly.com or our Facebook page.

LAWRENCE

LAW

DIVORCE & FAMILY LAWYERS

**Can't get a trial date?
We can help.
Mediate - Arbitrate
(908) 645-1000
www.lawlawfirm.com**

Jeralyn Lawrence, Esq.

MY HANDYMAN & PAINTER

LLC

Property Maintenance & Handyman Services

- General Handyman Services
- Painting • Electric • Plumbing
- Heating & Air Conditioning
- Basement Waterproofing & Finishing
- Windows, Siding & Roofing
- Bathroom & Kitchen Remodelling
- Landscaping • Masonry
- Driveway Blacktop

View our Google Reviews.

4.8 | Google
★★★★★

“We Are Reliable”

No Job Too Small

732-331-9572

www.MyHandymanAndPainter.com

Pet friendly - We support animal rescues

Good
Quality
Work at
Affordable
Prices

Licensed
& Insured

License #13VH11554200

No Surcharge

We Pay the Sales tax for Work done in May!

KENZA ROOFING & CHIMNEY

908-627-9696

FAMILY OWNED BUSINESS.
#13VH11991300



Why chose us? Guaranteed there is no GIMMICKS or price changes from beginning to finish! At Kenza Roofing&Chimney; LLC. we make dreams come true.

With years of experience, in ROOFING, CHIMNEY & MASONRY, this phrase has become more than a catchy slogan. It's simply the way we do business. We offer quality, professionalism and competitive pricing for every job, regardless of project size. Customer satisfaction is our primary goal.

Kenza Roofing&Chimney LLC. looks forward to making your dream a reality. Call us Today For Your FREE Estimate! 908 627-9696

24/7 EMERGENCY SERVICE

Google



FIVE STAR CUSTOMER RATING



15% OFF SENIOR DISCOUNT

\$300 OFF ANY CHIMNEY REPAIR

Before After



With coupon. Cannot be combined with any other offer. Expires 5/31/23.

\$175 GUTTER CLEANING



Average house size. With coupon. Cannot be combined with any other offer. Expires 5/31/23.

\$1,300 CHIMNEY LINER



With coupon. Cannot be combined with any other offer. Expires 5/31/23.

\$300 OFF ANY ROOF REPAIR



With coupon. Cannot be combined with any other offer. Expires 5/31/23.

\$400 OFF NEW STEPS



With coupon. Cannot be combined with any other offer. Expires 5/31/23.

\$800 OFF ANY NEW ROOF JOB



With coupon. Cannot be combined with any other offer. Expires 5/31/23.

SOS ~ SAVE OUR SEAL! A MESSAGE FROM THE U.C. HISTORICAL SOCIETY

War is hell. Unfortunately, that powerful expression is just as accurate today in Ukraine, for example, as it was in Elizabethtown in 1780. In both cases, civilians suffered, and are suffering, along with soldiers.

Heroic sculptures and statues of beribboned generals on horseback are noble and inspiring, to be sure. On the other hand, however, there is the World War II Katyn Memorial in Jersey City, showing the horror of war as it depicts the brutal massacre Russians committed on Polish soldiers graphically showing a bound and gagged Polish soldier impaled through his back by a bayoneted rifle. At its base, a Polish woman cradles a starving child, representing the Polish citizens who were deported to Siberia. Are we to take down such monuments because the horror they depict offends us, or should they remain, conveying their timeless message to us: “Never forget, and Never again!”

Yes, war is hell. And it was so in 1780 as local patriots fought for independence against the often cruel and brutal British and Hessian troops.

One of the most infamous events of that struggle was the horrible murder of Mrs. Hannah Caldwell, the wife of the famous Rev. James Caldwell (“the fighting Parson”), on June 7, 1780 in Connecticut Farms, now Union. It seems that ongoing discussions concerning the changing of the County Seal depicting Mrs. Caldwell’s murder by a British soldier apparently have finally come to light recently.

This tragic event has been depicted on our County Seal for over 100 years. In 1923, the Union County Historical Society proposed and supported the official adoption of the Seal, which had previously been used unofficially for decades. It was formally ratified by the Board of Freeholders at that time. The Society has been proud of its role in the adoption of the Seal a hundred years ago, and strongly opposes current efforts to change it.

Some now object to the Seal’s depiction of a violent and senseless act against a woman and mother of nine young children. But it really happened! Are we to ignore it? Those were dangerous times in this area and few were spared from the death, destruction, and suffering that occurred.

Indeed, Hannah Caldwell’s death became a rallying cry to the despondent, tired, and outnumbered American troops who were inspired to fight on at the Battle of Springfield, the turning point of the Revolution in the North, just two weeks after her death.

Whether she was inside the house or outside when she was murdered is immaterial to the Seal’s message. Showing her outside the house simply makes the event more visible. Similar artistic license is often employed in depicting important events in history. For example, the iconic and dramatic 1851 Emanuel Leutz painting of Washington’s 1776 Christmas night crossing of the Delaware near Trenton is inaccurate in every way except one: its heroic portrayal of a courageous and brilliant military operation, which led to an important turning point


in the war.

History is not always convenient; it has more than its share of suffering and evil, as the Union County Seal demonstrates. And isn’t that in fact the meaning and message of the Seal, that democracy and freedom often demand sacrifice. It is a reminder of the terrible price paid by the brave men and women during those difficult times. Any redesign of our iconic and unique Seal would dishonor and diminish the memory of Hannah Caldwell and so many others who sacrificed all in the long and difficult struggle for independence.


Indeed, after the war, Washington acknowledged that no place had suffered greater deprivation and destruction than Elizabethtown and its environs. Our Seal reminds us of that. Let it be.

Charles Shallcross, Vice-President, U.C.H.S.





GREENWOOD GARDENS



Discover the Enchanting Beauty of Greenwood Gardens

A stunning terraced formal garden with stately fountains, garden ornaments, woodlands, grottoes, Arts and Crafts follies, and winding paths. Connect with nature and revitalize your spirit in a historic garden oasis!

Open May 5 - November 4, 2023

Friday through Sunday
10:00 a.m. to 5:00 p.m.




274 Old Short Hills Road · Short Hills, NJ
greenwoodgardens.org · 973-258-4026

GROUP TOURS AVAILABLE • MEMBER BENEFITS INCLUDE SPECIAL PROGRAMMING

What's Happening this Season in the Garden

| | |
|--------|--|
| May 5 | Opening Day |
| May 12 | Celebrating the Beauty of Bulls |
| May 18 | The Gilded Age Lecture |
| May 21 | Rookwood Art Pottery Lecture |
| May 25 | Tai Chi in the Garden |
| May 26 | Broadway Classics Concert |
| May 31 | Creative Arts Day in the Garden |
| Jun 1 | Birder's Walk |
| Jun 6 | Garden Sensory Walk |
| Jun 8 | Qigong in the Garden |
| Jun 14 | Members Jazz Picnic |
| Jun 14 | Creative Arts Day in the Garden |
| Jun 23 | Tackling Invasive Plants |
| Jun 27 | Members Twilight Tour & Croquet |
| Jun 29 | Members Historical Society Bus Tour of Short Hills |
| Jul 11 | Twilight Tour of Garden Ornaments |
| Jul 21 | The AAPI Jazz Collective Concert |
| Jul 27 | Members Tour & Picnic |
| Aug 12 | History Presentation & Tour |
| Aug 16 | Creative Arts Day in the Garden |
| Aug 24 | Arts & Architecture Walk |

See the full program calendar at:
greenwoodgardens.org/programs

Voted "Prettiest Garden in New Jersey" by NJ Family magazine's Best of the Garden State 2022.

CHIMNEY & ROOFING SPECIALISTS

MURSELI PRO CONSTRUCTION
908-361-6372
1-800-650-0968

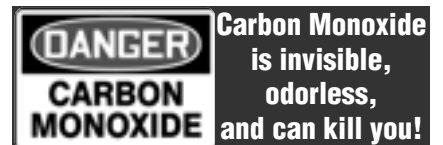
Family Owned & Operated For 20 Years

- All Work Guaranteed
- 24/7 Emergency Service
- 15% Senior Discount
- Major Credit Cards
- NJ Lic. 13VH08570100



Save \$1,000 ON ROOF REPLACEMENT

With coupon. Cannot be combined with any other offer. Some restrictions apply. Expires 5/31/23.



COMPLETE SET OF STEPS
 Up to 6 Feet, 5 Steps / Brick, Limestone & Concrete
Special **\$3,750**

With this ad. Cannot be combined with any other offer. Expires May 31, 2023.



FOUNDATION



- NEW FOUNDATIONS
- REPAIRS
- WATERPROOFING

MASONRY



- DRIVEWAYS
- STEPS
- BRICK & BLOCK
- SIDEWALKS
- REPAIR

ROOFING



- RE-ROOF
- NEW ROOF
- ROOF REPAIRS
- SHINGLES
- FLAT ROOF

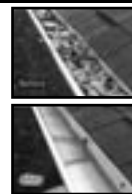
CHIMNEY



- CLEANING
- RE-LINE
- REPAIRS
- REBUILD
- CAPPING

GUTTERS

- CLEANING
- INSTALLATION
- SCREENING
- REPAIRS
- REPLACEMENTS



\$600 OFF NEW SIDING JOB

With coupon. Cannot be combined with any other offer. Some restrictions apply. Expires 5/31/23.

\$400 OFF ANY FOUNDATION JOB OF \$2000 OR MORE

With coupon. Cannot be combined with any other offer. Some restrictions apply. Expires 5/31/23.

\$200 OFF ANY ROOF REPAIR of \$1,000 or more

With coupon. Cannot be combined with any other offer. Expires 5/31/23.

\$200 OFF ANY CHIMNEY REPAIR of \$800 or more

With coupon. Cannot be combined with any other offer. Expires 5/31/23.

\$150 GUTTERS CLEANING (Any Average House)

With coupon. Cannot be combined with any other offer. Expires 5/31/23.

CHIMNEY LINER
Special **\$1,300**

WHY SHOULD I USE A CHIMNEY LINING SYSTEM?

- Protect your house from heat transfer combustibles
- Protect the masonry from the corrosive by products of combustion
- Provide a correctly sized flue for optimum efficiency of appliance



Easy & Effective Cleaning



Long Term Preservation

With this ad. Cannot be combined with any other offer. Expires May 31, 2023.

CARRIAGE HOUSE PERFORMANCE SERIES

On May 13th the concert series at Fanwood's Carriage House will continue with Cold Weather Company who will present its combination of vocal harmonies, sweeping instrumental arrangements and emotive lyrics. This Central Jersey trio has repeatedly been named a "band you need to hear" by NJ.com. Sharing the bill will be Shira, a New York-based singer-songwriter and ukelele stylist who describes her sound as "fairy-folk."

The powerful voice and equally powerful songs of Danielia Cotton will fill the listening room on June 10. Drawing from genres including rock, soul, gospel and country, with lyrics both deeply personal and broadly relevant, Cotton captivates her audiences with the passion and intensity of her performances.

All shows start at 7 p.m. at the Patricia M. Kuran Cultural Arts Center (a.k.a. the Carriage House), on Watson Road alongside Fanwood Borough Hall. The series is presented by Mayor Colleen Mahr and the Fanwood Borough Council, with support from the Union County Board of Commissioners' HEART grant program and the donations of attendees. The suggested donation for admission is \$15, or \$10 for students and seniors, cash at the door.

Looking ahead, the series will continue in the fall with concerts on Sept. 9, Oct. 14 and Nov. 4. The September show will bring Toronto's Shawna Caspi back to the Fanwood stage, along with Harrisburg native Meaghan Farrell. Nashville-based Kate Klim and Fanwood's own Golden Dimes will share the bill in October. The November lineup will be announced soon.

For more information, visit fanwoodperformanceseries.org or find Fanwood Performance Series on Facebook.



(above) On May 13th Cold Weather Company will perform at Fanwood's Carriage House.

Courtesy photo

HANDYMAN

Mr. Reliable

908-462-4755

20% OFF

For Seniors

QUALITY

MUNICIPAL NOISE ORDINANCE REMINDER

Springtime in Scotch Plains brings the return of blossoming trees, tweeting birds and, of course, leaf blowers.

Township officials are reminding residents and professional landscapers of the municipal noise ordinance, ensuring that leaf blowers and other loud landscaping tools are only used during specific hours, as well as with mufflers or another sound reduction device.

Under the ordinance, homeowners and tenants are permitted to use power tools and yard maintenance equipment from 8 a.m. to 8 p.m.

In addition, professional landscapers and other commercial entities are permitted to work from 8 a.m. to 6 p.m. weekdays and 9 a.m. to 6 p.m. on weekends or federal holidays. The municipal

ordinance also addresses construction and demolition, which can begin at 7 a.m. weekdays, through 6 p.m., as well as 9 a.m. to 6 p.m. on weekends and federal holidays.

"We recognize that landscaping work is a common necessity in our suburban community," said Mayor Josh Losardo. "This ordinance is designed to strike the careful balance of giving our residents some quiet time in the morning and evening, while also ensuring that landscaping work can be completed with an ample amount of work time each day."

If residents believe a neighbor or business entity may be violating the ordinance, they are urged to contact the police department dispatch at 908-322-7100, ext. 0 during the incident.

TEAM LAW
has been
WINNING
LARGE
VERDICTS
and settlements
throughout NJ
for over 60 Years, over
\$700 MILLION
recovered

*Results vary based on the facts and circumstances of each case.

Insurance Companies Have
Their Team of Lawyers
**YOU DESERVE ONE,
TOO!**

Tobin, Kessler, Greenstein, Caruso, Wiener & Konray

1-800-TEAM-LAW®

TEAMLAW.COM

Serving New Jersey for over 60 years.

- Motor Vehicle Accidents
- Motorcycle Accidents
- Criminal Defense
- Traffic Violations
- VA Disability

- Federal Workers' Compensation
- Workers' Compensation
- Medical Malpractice
- Social Security Disability

- Slip & Falls
- Legal Malpractice
- Dog Bites
- Construction Site Accidents
- Unsafe Products

CONSTRUCTION ACCIDENTS

AUTOMOBILE ACCIDENTS

MEDICAL NEGLIGENCE

CRIMINAL DEFENSE

Super Lawyers "Our Super Lawyers are featured in the New Jersey Monthly Magazine. Only 1% of New Jersey Lawyers are Selected as Super Lawyers." The Selection Process is Conducted By An Independent Firm That Determines Which Lawyers in New Jersey Have Attained a High Degree of Peer Recognition & Professional Achievement. "No Aspect Of This Advertisement Has Been Approved By The Supreme Court of NJ"

CERTIFIED BY THE SUPREME COURT OF NEW JERSEY AS CIVIL TRIAL ATTORNEYS
Serves J. Greenstein, | Howard N. Wiener, | Roy J. Konray
Certified by the Supreme Court of New Jersey as Workers' Compensation Attorney Felix P. Zylabik

As seen on: The Today Show, Good Morning America, Eyewitness News, 20/20 and CNN

732-388-5454

FREE CONSULTATION
NO RECOVERY/
NO FEE

136 Central Ave
Clark, NJ 07066

Se Habla Español • Fala-Se Portuguese

OTHER OFFICES INCLUDE UNION CITY, JERSEY CITY, EDISON, NEW BRUNSWICK, NEWARK, AND ORANGE



**SPRING IS HERE!
THE SCHEDULE
FILLS UP VERY FAST!!!
PLEASE CALL TODAY!
862-420-9196**

**GUTTER CLEANING // WINDOW CLEANING // POWER WASHING // ROOF WASHING
GUTTER INSTALLATIONS // GUTTER REPAIRS // MOQUITO CONTROL // TICK CONTROL**



GUTTER CLEANING



GUTTER INSTALLS



NATURAL TREATMENT

MOSQUITO CONTROL



POWER WASHING



BEFORE



AFTER

**GUTTER CLEANING
\$25 OFF**
FIRST TIME CUSTOMERS ONLY
Cannot be combined with any other offers or discounts. Expires 6/15/23.

**GUTTER REPAIR
\$100 OFF**
ANY JOB OF \$500 OR MORE
Cannot be combined with any other offers or discounts. Expires 6/15/23.

**NEW GUTTER INSTALLATION
\$200 OFF**
ANY JOB OF \$1,000 OR MORE
Cannot be combined with any other offers or discounts. Expires 6/15/23.

**FULL MOSQUITO PLAN
\$100 OFF**
Cannot be combined with any other offers or discounts.
Expires 6/15/23.

**POWER WASH OR ROOF WASH
\$50 OFF**
ANY JOB OF \$500 OR MORE
Cannot be combined with any other offers or discounts. Expires 6/15/23.

**POWER WASH OR ROOF WASH
\$100 OFF**
ANY JOB OF \$1,000 OR MORE
Cannot be combined with any other offers or discounts. Expires 6/15/23.



LICENSED & INSURED

SERVING THE COMMUNITY FOR 90 YEARS

Fanwood -Scotch Plains College Club

During a recent council meeting of the Township of Scotch Plains, Mayor Joshua Losardo, presented the College Club of F-SP with a resolution which read in part: “The Township Council of the Township of Scotch Plains extend their sincerest congratulations to the College Club Members and we acknowledge and praise the club’s 90 years of service to our community”.

The first meeting of the College Club of F-SP was held on March 13, 1933 with twelve members in attendance. For the past ninety years the College Club has continued to keep the original objectives of the club to empower young women through education by establishing a scholarship fund through fundraising to provide scholarships for local young women and to be a source of social interaction and

fellowship for its members.

In 1936 the club awarded its first scholarship for \$200. The first time the club awarded more than one scholarship was in 1949 when two \$300 scholarships were awarded. This past year, the College Club awarded \$30,500 to twelve young women for the 2022-2023 academic year. To date, the College Club has awarded approximately \$750,000.00 to approximately 574 local young women.

Fundraising for the Scholarship Fund has been crucial to the College Club members since its inception. One of the early fundraisers was ticket sales for two benefit performances of the Plainfield Players. The tickets sold for forty cents and the club was able to keep ten cents from each ticket sold. The sale of 85 tickets added \$8.50 toward a scholarship! Currently the two major fundraisers of the College Club are

the annual Spring Luncheon and the annual sales of the Community Date Calendar. The Spring Luncheon fundraiser has evolved from a fashion show/bridge event that was first held in 1936 and raised \$123.50 for scholarships. The Community Date Calendar was initiated in 1963 and by 1965 the calendar netted a profit of \$775 and became a permanent project of the College Club. Community Outreach projects and interest groups for members to enjoy have been a part of the College Club since its beginning.

The College Club holds monthly meetings that include informative and entertaining programs that are free and open to the public.

Additional information about the College Club of Fanwood-Scotch Plains can be obtained by sending an inquiry to:

collegeclub.fsp@gmail.com



(above) Scotch Plains Mayor, Joshus Losardo, presented a resolution from the Township to Jean Naugle and Joan Skubish, co-Presidents of the College Club of Fanwood-Scotch Plains, congratulating and thanking the club for 90 years of service to the community.

Courtesy photo

An AUGUST WEEK on the Ocean Beach
Popham Beach, Maine

Close to LL Bean & Freeport Outlets Only \$1000 a week Ocean Beach Cottage & Ground Lvl - Sleeps 6

Cottage Is Here

Call or Email Teri —
732-423-2792
93popham@gmail.com

More Photos, Info at:
FamilyFriendlyVacationRentals.com/9858

We are your local hearing care team and your hearing health matters to us!
We'll treat you like you're part of the family.

Christian J. Kubick, Owner & Provider
 Supervising NJ Hearing Aid Dispenser, Lic. #25MG00099200

Kaitlin Brennan Shaw, HIS, Lic. #25MG00147900

Jill Venturella, Patient Care Coordinator

FREE hearing screening and a FREE check for earwax.
Expires 5/31/23.

KUBICK KUBICK, INC. ★★★★★ 5-Star Google Review Rating

Call us today! 973.309.7203

393 Millburn Ave • Millburn, NJ
KubickandKubick.com

AUDIGY CERTIFIED

In business since 1940.



DELUCA

DISPOSAL SOLUTIONS

1-844-DELUCA-1 • 1-844-335-8221
www.delucadisposalsolutions.com
delucadisposalsolutions@gmail.com

"The Classy Choice In A Trashy Business" **FREE ESTIMATES • QUALITY SERVICE • FULLY LICENSED & INSURED**



DUMPSTER RENTAL

ADDITIONAL SERVICES:

- DEMOLITION PROJECTS
- CLEAN OUTS • BULK PICKUPS

JUNK REMOVAL



10 yd.



15 yd.



20 yd.



30 yd.

Free Estimates

10% OFF

JUNK REMOVAL

DELUCA DISPOSAL SOLUTIONS
1-844-DELUCA-1 • 1-844-335-8221

With this coupon. Offer expires 5/31/23.
Not valid with other offers or prior purchases.

\$25 OFF

ANY DUMPSTER RENTAL

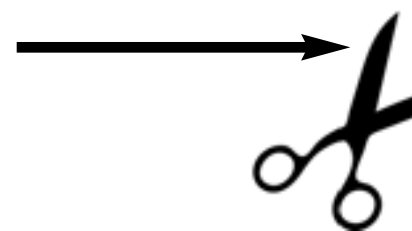
DELUCA DISPOSAL SOLUTIONS
1-844-DELUCA-1 • 1-844-335-8221

With this coupon. Offer expires 5/31/23.
Not valid with other offers or prior purchases.

ATTENTION PARENTS OF KIDS AGES 6-18

31 IDEAS TO HELP KIDS EAT BETTER, RUN FASTER, GET STRONGER AND BECOME THE BEST VERSION OF THEMSELVES

Cut This Page Out and Put on Your Refrigerator



Eat Better

- Drink AT LEAST 4 Water bottles
- Have a fruit or veggie with each meal
- Have nuts instead of chips as a snack
- Have a source of protein in each meal
- Take a multivitamin
- Limit sweets to only one serving

Get stronger

- Perform 50 bodyweight squats
- Perform 50 pushups
- Perform a plank for 60 seconds 3 times
- Perform 25 vertical jumps
- Get at least 8 hours of sleep a night

Be Happier

- Get at least 30 minutes of exercise
- Do a morning routine that you enjoy
- Write 5 things that you are grateful for
- Adopt a Growth Mindset
- Listen to music whenever you can

Run Faster

- Do 10 hill sprints
- Perform 15 Broad Jumps
- Sprint for 50 yards
- Perform single leg jumps
- Perform High Knee Marches

Build Confidence

- Do something outside of your comfort zone
- Read a book
- Practice or spend time on your hobbies
- Learn a new skill
- Work towards a new Goal

Be More Active

- Walk during TV show commercials
- Schedule exercise time
- Whenever you see a commercial for a car company, perform 10 squats
- Find a buddy, and exercise with them
- Try a new method of exercise every week (i.e. biking, running, lifting weights, etc.)

**Do You Want
GRIT ATHLETE PERFORMANCE
to Help You with all of this?**

**Registration for
Our Summer Program Is Now Open
But Only 17 Spaces Remain**

**Early Bird Registration
Expires June 19**



Scan QR Code for cost, timeslots, and dates.

Attention Parents of Kids Ages 6-18 **UPDATE: THE GRIT ATHLETE SUMMER PROGRAM HAS ONLY 17 SPACES REMAINING**

**We'll have your kids stronger, faster,
and more confident...guaranteed.**

Here's what parents can expect to happen:

- **They will get stronger** which means when they show up to their sport they'll be able to perform better than ever.
- **They will run faster and jump higher** so they can show up to their next season and people will start asking what the heck have they been doing.
- They'll become **more coordinated and improve agility** which means they'll pick up new skills their coaches teach them faster.
- **Your children will start to eat better** because we'll be educating them daily on what's good and what they should avoid ...don't be surprised if they start asking you to buy more vegetables.
- **Confidence will skyrocket.** When kids get stronger, faster and more fit...their confidence will rise...so will their self-esteem which means their performance in every aspect of life will get better.
- **Their mindset will improve.** We're going equip your child with very specific mindset skills that'll help them learn how to transform how they think about mistakes and failures.

HAPPY PARENTS TALKING ABOUT THE PHYSICAL AND MENTAL TRANSFORMATION OF THEIR KIDS...

- “When my son started Grit he was quiet, shy, and had some difficulty with movements...Now he is confident in himself, has become more vocal, and is mastering the exercise he struggled with in the past.”

- Jen O'Brien, Grit Athlete Parent

- “My son is more disciplined and confident in himself”

- Steve Hughes, Grit Athlete Parent

- “I have watched my children become more confident and vocal.”

- Christine Stramandinoli, Grit Athlete Parent

- “His confidence has shot up in the last few months...and has carried forward to the way he approaches other activities like sports and schoolwork. My son is now making his bed daily and exercising every day.”

- Catherine Solfaro, Grit Athlete Parent

GET MORE INFORMATION (STARTS JUNE 19TH)

STEP 1

Scan This QR Code



STEP 2

Enter Your Info When You Get To This Page



STEP 3

Coach Mike will call you and set you up



Warning: The summer session is the most popular session of the year and always sells out before it starts. We strongly encourage you to scan the QR code today and enter your information to make sure your child doesn't get locked out of the summer session.

PIKTORS METAMORPHOSIS AT THE SALEM ROADHOUSE CAFÉ

The Salem Roadhouse Café presents the Piktors Metamorphosis, Saturday, May 20, 2023. The doors open at 7:15 p.m., show starts at 8 p.m. Admission is \$20 and includes show, snacks, non-alcoholic beverages, and dessert. The venue is located in the basement of Townley Presbyterian Church, 829 Salem Rd, Union, NJ. The Roadhouse operates as a non-profit that raises funds for several carefully chosen local charities.

Piktors Metamorphosis takes you on a journey back to the incendiary sounds of the Jazz/Rock fusion era injecting their improvisational craft. The Jazz/Rock/Fusion heyday of experimental creativity has inspired it's fans and other great musicians alike to push music further to its limits. This exciting music is challenging to execute, understandably a reason why many have not approached it. That is until now. Whether it's exciting tributes or their ambitious original pieces this ensemble delivers with passion and warmth.

Piktors overall sound departs from just another stage show to a level of cerebral and tonal excitement that comes with Fusion rock/jazz. They are masters at what they do, and they continue the traditions of modern fusion started by the likes of Mile Davis, Weather Report and Pat Methany, just to name a few.

As always, the Salem Roadhouse Café is live, intimate, up front, and personal. All ages are welcome.

ABOUT SALEM ROADHOUSE CAFÉ

It's not "church music." It's music music. Folks who've come to the Salem Roadhouse Café know that it's a clean, safe place for people who enjoy listening to live music — in a world otherwise filled with clubs and bars. The Roadhouse has always offered its stage to local and independent mainstream musicians. Jazz, rock, folk, and other groups have performed. What's the common thread? They're all great musicians playing the kind of music people like to hear. There's no message, just music.

The Roadhouse started in 2008 by members of Townley Presbyterian Church with a grant from the Presbytery of Elizabeth. Hey — that's why we're located where we are, 829 Salem Rd, Union, NJ. The Roadhouse operates as a non-profit that raises funds for several carefully chosen local charities. That's its social mission.

But the many musicians who've played the Salem Roadhouse Café see it as a solid performance venue. They love it because of its special intimacy and great audiences. They say people here "really listen." Ask any of the musicians you meet here — they love to play the Roadhouse, and they want to come back often.

The Salem Roadhouse Café has raised funds for many carefully chosen charities. They include: The Presbytery of Elizabeth E-port Center, Center For Hope Hospice, Community Food Bank, Monarch Housing, Angel Paws Animal Rescue, National MS Society, Haiti Disaster Relief, Hurricane Sandy Disaster Relief, The Union County YWCA Domestic Violence Program, Making It Possible To End Homelessness, Camp Johnsonburg, The Music Institute, and others. Thousands of dollars have been raised for these deserving charities.

Sparkle & Shine
PhotoBooth

Have your Guests Smiling, Sparkling and Shining at your next event while making memories for you!

Book us today for your next event!!
For inquiries and quotes:
sparkleandshinephotobooth@gmail.com

- Custom Templates
- Themed Props
- Friendly Staff
- On-site Prints
- And much more!!!

\$50 OFF ANY CLASSIC BOOTH PACKAGE
Just mention this ad!

sparkleandshinephotobooth.com

HOME MOVIES TRANSFERRED
to digital files & DVD

- Video Tape Transfers
- DVD & Flash Drive Duplication
- High Speed Photo & Slide Scanning

VIDEO DATA SERVICES®


locally owned since 1984

www.vdsnj.com
facebook.com/vdsnj
email: ira@vdsnj.com
908-964-4004
406 Chestnut St. • Union, NJ 07083

KEAN UNIVERSITY GALLERIES

Sayaka Ganz
Reclaimed Creations

Produced by David J. Wagner, L.L.C., David J. Wagner, Ph.D., Curator/Tour Director



The Galleries at Kean University present Sayaka Ganz RECLAIMED CREATIONS, an amazing art exhibition featuring sculptures of animals in motion, utilizing reclaimed plastic objects, rich in color and energy.

On view January 18 - May 6, 2023
Open to the public
Exhibition Hours: Tuesday-Saturday | 10 AM-4 PM

Liberty Hall Academic Center Gallery
1003 Morris Ave #2 | Union, New Jersey
galleries@kean.edu | 908-737-5302
galleries.kean.edu

JERSEY LANDSCAPE & GARDEN SUPPLY

908-688-8333

528 N. Michigan Ave. Kenilworth, NJ

Hours: Monday - Saturday: 7:30 am - 5:00 pm • Sunday: 8:30 am - 3:00 pm

We accommodate the trade as well as the do-it-yourselfers! We are always ready to assist.

FREE Same Day Delivery
5-Yards or more. Union County only.



Bon Tool Co.

LAWN & GARDEN

- Grass Seed
- Fertilizers
- Peat Moss
- Hay
- Polymeric Sand
- Paver Sealer
- Paver Cleaner

HARDSCAPE

- Cement
- Cinder Block
- Belgium Block
- Curbing
- Bluestone Treads
- Diamond Blades
- Limestone Treads

TOOLS

- Mason Tools
- Landscape Tools

DRAINAGE

- Catch Basins
- 3" & 4" Pipe

SOIL

Prices per yard

- Black Topsoil\$38
- Jersey Brown.....\$40

MULCH

- Black Dyed.....\$34
- Brown Dyed.....\$34
- Red Dyed.....\$36
- Hardwood.....\$26
- Playground.....\$40

QUARRY BASE MATERIALS

- Mason Sand\$60
- 3/4 Clean Stone.....\$66
- Stone Dust.....\$39
- QP\$48

DECORATIVE STONE

- 3/8 Riverbed / Pea Gravel.....\$78
- 1 Riverbed\$88
- 1 1/2-3 Riverbed.....\$98
- 3/8 Red Stone\$80
- 3/4 Red Stone\$80
- 3/4 Goose Egg\$120
- 1 1/2-3 Goose Egg.....\$125
- 3/4 Arctic White.....\$135

Prices subject to change without notice.



Largest Display of Cambridge Pavers in Union County

- Waterfalls • Fireplaces
- Fire Pits • Walls • Walkways
- Patios • Curbs

WESTFIELD CHAMBER HOSTS ANNUAL SPRING FLING – MAY 7TH

It is time for the 28th Annual GWACC Chamber of Commerce's Spring Fling in downtown Westfield. The event this year will be held once again on Central Avenue running from E. Broad to North Avenue and will include the parking lot across from the Post Office as well as the section of Lenox Avenue on Sunday, the 7th of May, from 10 a.m. until 5 p.m. (rain or shine). A fun filled day for all ages, the event will have many diverse food vendors as well as

many merchandise vendors. There will be a Kids Zone with rides and a multitude of fun activities to engage the young patrons for the entire day. And there will be a beer and wine café, courtesy of The Crossroads. It is expected that entertainment will be provided by Valencia Music and the New Jersey Workshop of the Arts. Be sure to arrive early and stay for the day. Admission is free.

Central Avenue will be closed to traffic beginning at 6 a.m. from North Avenue to E. Broad Street. Downtown residents on Central Avenue and Lenox are reminded to park in municipal lots, out of the Spring Fling area.

Please note, pets, skateboarding, bike riding and roller blading are prohibited in the Spring Fling area. This rule is for the safety of attendees of all ages. Spring Fling attendees are also encouraged to park in the South Avenue train station parking lot. This will provide the closest parking to the activity area, with easy access to North Avenue through the convenient underpass at the Westfield Train Station. For further information, please contact the GWACC, 908-233-3021, or visit the website www.gwaccnj.com and look for Street Fairs.

GREATER WESTFIELD AREA CHAMBER OF COMMERCE (GWACC)

For over 75 years, the GWACC has been connecting commerce and community. The GWACC promotes the economic prosperity of

businesses primarily in Clark, Fanwood, Garwood, Mountainside, Scotch Plains and Westfield. It is the largest association of businesses and nonprofits in our area. Members include business owners, professionals, managers and operators. Membership cultivates the opportunity to build relationships, partner, make referrals, increase business, attend networking session that support the community.

The GWACC hosts five festivals each year, an inaugural Rock the Block in Clark, Spring Fling and FestiFall in Downtown Westfield and Garwood Rocks and one is Summer FanJam in LaGrande Park in Fanwood, both with a classic car show and stage entertainment. The GWACC monthly networking events — one in the early morning and one directly after work — serve as an opportunity for current members to network with each other regularly and for prospective members to come and see what we're all about. In addition, the Professional Women in Business Committee. The Young Professionals and the Health and Wellness Alliance organize networking events specifically tailored to those industries and associations.

For more information about the GWACC, visit www.gwaccnj.com. You can also call the office at 908-233-3021 Monday through Friday between the hours of 8:30 a.m. and 3:30 p.m. Our office is located at 212 Lenox Avenue, Westfield, NJ 07090.



MUSIC, ARTS, FOOD & FUN
10AM - 5PM • DOWNTOWN WESTFIELD • RAIN OR SHINE
SUNDAY MAY 7
Spring Fling
Presented by
The GWACC
CHAMBER OF COMMERCE
Connecting Commerce and Community
Westfield
Includes
Beer and Wine Café
WWW.GWACCNJ.COM



SAM'S
LANDSCAPING
COMPLETE PROPERTY CARE
SPRING IS HERE!
NOW IS THE TIME TO MAKE YOUR DREAM BACKYARD COME TRUE!

- *TRIMMING
- *TREE REMOVAL
- *TOP SOIL
- *PLANTING
- *PAVERS & PATIOS*
- *CLEANUPS
- *DRAINAGE
- *MULCH
- *SOD

CALL OR TEXT **908-441-7302**
SAMSLANDSCAPING.COM
**"SERVICE, OUR BUSINESS
LANDSCAPING, OUR SPECIALTY."**

RELIEF FROM CHRONIC KNEE PAIN

FDA Approved Treatment to Avoid Surgery

DON'T BLAME THE ARROW FOR MISSING THE TARGET

Just like tens of millions of other Americans, you were looking for relief from your chronic knee pain. You thought Viscosupplementation injections might be the answer, but the results were disappointing and painful. Don't assume the treatment wasn't right. That could very well be like blaming the arrow for its path to the target when the problem might be the archer. If you didn't get the pain relief you were hoping for, chances are your injection treatment was off target. Unlike blind injections or even ultrasound targeted treatments found elsewhere, **Northeast Spine & Wellness Center** uses diagnostic fluoroscopy to make sure the area that needs treated is the exact area where the injection goes. This is the most advanced method of delivering this pain relieving treatment with 95% accuracy to give you the results you're looking for. The use of Fluoroscopy guided injections sets **Northeast Spine & Wellness Center** apart. The end result is you living pain free from your chronic knee pain. You can avoid the lengthy and painful road of knee replacement surgery. You can avoid the endless trial and error assortment of potentially addictive prescription medications. This treatment, using fluoroscopy guided injections has seen a success rate of above 85% in those suffering from knee pain related to osteoarthritis, and that includes people with bone on bone involvement. You've suffered from chronic knee pain long enough. Call **Northeast Spine & Wellness Center** now for a RISK FREE consultation.



If Knee Surgery Sounds Scary, It Should

Have you have been told you are facing knee replacement surgery? Have you been told about all the downsides you could be facing? First and foremost, there are NO guarantees that knee replacement surgery will be the answer to your pain, but let's look further:

- Surgery is costly, regardless of the percentage of services covered by insurance.
- Surgery requires lost time from work and typically requires a regimen of rehabilitation and medications.
- With surgery, there is always a risk for unwelcomed complications. And you could be back to where you started, or worse.
- Medications will be required for relief from surgery and you have been down that road before. Addictions to these pain medications can cause potential side effects, something you do not want to experience.
- Rehabilitation can take years.

Consider This Alternative To Surgery

Northeast Spine & Wellness Center offers you a real opportunity and a painless way to say goodbye to your knee pain without any surgery. Here are just a few of the important benefits you should consider?

- Diagnostic fluoroscopy accurately targets the pain, unlike blind injections.
- Guided fluoroscopic injections are virtually pain free, unlike blind injections.
- No lost time from work or family.
- No expensive or time consuming rehabilitation.
- No potentially addictive prescription medications.
- Recovery time is almost instant, not months or years.

How Does This New Treatment Work?

Relief begins almost as fast as it takes to pronounce the treatment. It's called Viscosupplementation Therapy. To begin with, it starts with **Northeast Spine & Wellness Center** investing in the use of diagnostic fluoroscopy. This enables them to target the exact location of your knee pain with pinpoint accuracy. What follows is a simple injection that causes little to no pain, especially when compared to what you may be living with daily. That explains what you will see on the surface of this revolutionary treatment. What's taking place below the surface is how and where the natural healing process takes place. The injection of a Hyaluronic acid called Hyalgan. This gel-like substance was approved by the FDA in 1996. Hyalgan is a natural substance that mimics the synovial fluid that is already produced by your body in your joints. Osteoarthritis sufferers in particular see a reduction in this much needed synovial fluid in their knee joints. Without that cushioning layer of protection, the cartilage in your knee can begin to wear away leading to the rubbing of bone on bone. Through Viscosupplementation Therapy, this natural substance immediately goes to work reducing the swelling and inflammation in the joint and adding a coating layer of protection. Think about Dorothy taking the oil can to The Tin Man. You'll begin to feel that same kind of relief and quite possibly feel like you're ready for a dance down the yellow brick road to recovery yourself. And with a success rate of over 85% in alleviating pain associated with osteoarthritis, it's easy to see why this treatment is so readily covered by Medicare and by most major insurance providers. Diagnostic fluoroscopy to target the pain, Viscosupplementation Therapy to relieve the pain. Simple, fast and no surgery!

Do you Suffer from any of these Symptoms?

There are a number of reasons why you developed Osteoarthritis pain. It can develop with age or because of heredity. It could be from repetitive stress from a job or some glory days in athletics. Of course your concern is with the symptoms you face daily and how to make them end, hopefully without surgery or the use of potentially addictive medications. **Northeast Spine & Wellness Center** understands the symptoms you have been living with and can help. If you have any of the symptoms below, please call us today. Relief is a phone call away.

- **Pain** - Whether it's a sharp aching or maybe a burning sensation, the pain can range from irritating to debilitating.
- **Swelling** - This can cause tenderness and soreness to the entire knee area, making walking or going up and down stairs painful, getting in and out of bed or bathtubs difficult and dangerous just name a few activities affected by swelling.
- **Stiffness** - Getting up out of bed or after sitting for a period of time gets more and more difficult. This loss of mobility can be more than a hindrance. It can be dangerous if you need to move quickly.
- **Loss of muscle strength** - This can lead to balance issues and the strong possibility of falling.
- **Joint deformity** - Not just unsightly, but painful as well.
- **Creaking Joints** - Can be painful and a sign of more discomfort to come.
- **Sleepless nights** - Losing sleep over your suffering is not just irritating, but potentially dangerous because of so many other health concerns that can be affected by loss of sound sleep.

Let Me Show You Targeted Relief From Your Knee Pain

Every day, I see patients suffering from knee pain due to arthritis, osteoarthritis, sports injuries or other conditions. Many have been told that they are in need of knee replacement surgery. Other patients say they have been prescribed various prescription medications to deal with the pain.

Something else I see almost every day, are patients that have tried viscosupplementation knee injections elsewhere and found it to be a painful and ineffective experience because the injections were not administered using fluoroscopic guidance. Instead of using the incredibly accurate diagnostic fluoroscopy we use at **Northeast Spine & Wellness Center** these patients experienced a blind injection technique, which can be as inaccurate as playing pin the tail on the donkey.

Once I am able to explain to my patients about the pin point accuracy of using diagnostic fluoroscopy and the amazing results viscosupplementation can provide, they are thrilled to get started. They are even more thrilled when they feel the relief. Please contact **Northeast Spine & Wellness Center** today to schedule your RISK FREE consultation.

Call 732-827-0800

Scot Paris MD, FACS



Here's what our patients have to say

"I'm dancing without pain. I can move with no problem whatsoever. I can go up and down steps with no pain." - Patricia G.

"Over 85% relief for the first time in 15 years, suffering with knee pain. My life is getting back to normal." - Perry O.

"After only four visits, I have absolutely no pain! The staff is "top-notch." - Quenton L.

MOST INSURANCES ACCEPTED - INCLUDING MEDICARE



Northeast Spine & Wellness Center

1043 Raritan Rd., Clark, NJ 07066
 www.nespinecenter.com
 Call 732-827-0800
 for your RISK-FREE Consultation!



IN THE HEIGHTS AT CDC THEATER MAY 5-20

Before *Hamilton* was *In The Heights* and it's coming to CDC Theatre in Cranford.

The final production of CDC Theatre's 104th season, *In the Heights*, is set to run weekends from May 5 to May 20. Lin Manuel Miranda's first Broadway show burst onto the stage in 2008. The show was nominated for thirteen Tony Awards, including Best Musical, Book and Score, as well as for Direction and Choreography. Of those thirteen nominations, it won four awards, including Best Musical, Original Score, Choreography and Orchestration.

The musical tells the story of three days in the vibrant community in Manhattan's Washington Heights – a place where the coffee from the corner bodega is light and sweet, the windows are always open, and the breeze carries the rhythm of three generations of music. It's a community on the brink of change, full of hopes, dreams and pressures; where the biggest struggles can be deciding which traditions you take with you, and which ones you leave behind.

"We are excited to at last be able to produce this show. Circumstances and pandemic restrictions caused it to have been postponed, but we were committed to having the chance to present it," said Joe Leo, the show Producer. "Once we were able to add it to this season, we had one of the biggest audition turnouts ever at the theatre and have assembled a wonderful cast from throughout the state!"

The music of *In The Heights* takes its cues from the diverse Latin community it represents, infusing hip-hop, salsa, merengue and soul music into the score with lyrics about life, love, community and the American dream. There are eight shows, including two matinees. For best ticket prices and selections visit cdctheatre.org.



Fridays/Saturdays
May 5—20
at 8pm

Sunday, May 14
at 2pm

78 Winans Ave.
 Cranford, NJ

cdctheatre.org
 908-276-7611

MR. CHICKEN SALAD VISITS COLES SCHOOL

Scotch Plains – Fanwood Public Schools

SHINING STARS TO PERFORM MAY 13TH

The Shining Stars, now in their 11th year, will take the main stage at the Union County Performing Arts Center for their “World Tour” on Saturday May 13th for a 7 p.m. show.

The talented cast of special needs performers will highlight the hits from groups and artists from all around the globe, including The Beatles and One Direction (England), Bruce Springsteen (USA), Abba (Sweden), Irish dancing, and so much more. The show will feature 30 special needs individuals and their “buddies” from local high schools, who serve as mentors during rehearsals.

“Our cast has been working hard for their 2023 debut,” noted Shining Stars Network Cofounder and Show Director Sally Curci. “The acts are going to be amazing and we invite everyone to join us for another exciting and fun night.”

Tickets are now on sale at UCPAC.org.

Also, on Saturday, August 5th, history will be made when the Shining Stars make their Paper Mill Playhouse main stage debut. Tickets for “The Greatest Show” — which will feature songs from Broadway and movies — are on sale now at PaperMill.org.

The Camp Shine Summer Workshop will take place from August 14th-25th (go to ShiningStarsNetwork.org to register) and they will cap off the year with their annual “Christmas Spectacular” in December.

“Shining Stars is all about being inclusive and giving our performers a chance to shine on stage while creating lasting memories,” said Sally Curci. “These opportunities build all-important self-esteem and self-confidence. Along the way our cast members and their high school buddies create bonds and friendships that they’ll always remember.”

For more information on the organization or upcoming events, please visit ShiningStarsNetwork.org.

Coles students and staff were treated to a visit from author and illustrator Mike Ciccotello (aka: Mr. Mike or Mr. Chicken Salad) in March. Mr. Mike shared his experience becoming an author and illustrator, including positive and motivating messages like, “I am unique and so is my art.” He also encouraged children to never give up and to practice a little bit every day at something they want to be good at because they can only get better, not worse. Mr. Mike read from some of his

books including Beach Toys vs School Supplies, Twins and Tremendous. He then led students through a step-by-step drawing lesson where they learned to draw characters from his books. He also had time to answer questions from students and had lunch with a group of 4th graders. Coles students enjoyed having Mr. Mike Ciccotello at school with them. Thank you to the Coles staff, media specialist Mrs. Giannacio, and the PTA for making this author visit happen!



Courtesy photo

Al's Carpentry Home Improvements **25** Years in Business

Bathrooms - Basements - Decks - Tile
 Additions- Doors/Windows - Molding - Drywall
 Kitchens - Roofing - Siding - Plumbing - Electrical
 Int. & Ext. Painting - Household Cleanouts

Call: 908.451.2230   
alscarpentry11@aol.com Electrical Lic. # 14616 & Plumbing w #8660

JK's Painting & Wallpapering

**INTERIOR PAINTING
 WALLPAPER INSTALLATION**

10% OFF WITH THIS AD!

CALL JOE
908-472-6894

NJ Lic # 13VH07664400

NOW HIRING

 Berkeley Heights Board of Education is currently recruiting for the following positions:

**CUSTODIAN,
 MAINTENANCE,
 BUS DRIVERS.**

FT/PT and Seasonal.
 Competitive Salary and Benefits.

**PLEASE APPLY ONLINE:
 WWW.BHPSNJ.ORG
 OR CALL
 908-464-1601 EXT 1930.**

THE SPRING MARKET IS HERE!

**NOW IS A GREAT TIME TO SELL
 Homes are selling with
 MULTIPLE OFFERS & GREAT PRICES!
 LET MY 25 YEARS OF EXPERIENCE WORK FOR YOU!**

**Is this your year to make a move?
 Call me!**

 **ANNE WEBER**
 REALTOR®
 908-456-2500 Cell
 908-233-0065 Office
Anne.Weber@cbmoves.com

 **ANNE WEBER**
 Welcome Home
 #AnneWeberSellsHouses

 **COLDWELL
 BANKER
 REALTY**
 600 North Avenue West
 Westfield, NJ 07090

©2022 Coldwell Banker. All Rights Reserved. Coldwell Banker and the Coldwell Banker logo are trademarks of Coldwell Banker Real Estate LLC. The Coldwell Banker logo is a registered trademark of Coldwell Banker Real Estate LLC. The Coldwell Banker logo is a registered trademark of Coldwell Banker Real Estate LLC. The Coldwell Banker logo is a registered trademark of Coldwell Banker Real Estate LLC.

THE HAROLD HILL COMMUNITY SCHOLARSHIP

Contributing Author: Susan Baldani, a life member of the Scotch Plains Rescue Squad.

Scotch Plains Rescue Squad

Several anonymous benefactors have come together to provide three scholarships (\$2,500, \$1,500, and \$1,000) to be awarded to an active member of the Scotch Plains Rescue Squad based on activity, attendance, LOSAP (Length of Service Award Program) and overall dedication. A committee chosen by the benefactors will determine the recipients.

The scholarship was named in honor of Harold Hill, Jr.'s decades of service to the Scotch Plains Rescue Squad. Harold, a Scotch Plains native, proud U.S. Marine, and former township police officer, followed in the footsteps of his father, Harold Hill, Sr., a founding member of the Scotch Plains Rescue Squad, by joining the organization in 1958. Now, 65 years later, he is still serving the township and its people. Harold has held every officer position, serving as Captain, President, Vice President, and Lieutenant, and was also the Treasurer for over 30 years.

Applicants for this scholarship shall meet the following requirements:

1. Holds one of the following: a high school diploma, earned general equivalency diploma, or high school equivalency diploma (or is scheduled to do so by June 30, 2023)
2. Is enrolled in an accredited institution of post-secondary education (college or technical school)

3. Possesses current EMT and CPR certifications
4. Is a member in good standing of the Scotch Plains Rescue Squad

For more information about becoming a member or to make a donation, go to ScotchPlainsRescueSquad.com, email scotchplainsrescuesquad@gmail.com or call (908) 322-2103 any weeknight between 6:00 p.m. and 11:00 p.m.



(above) Harold Hill, Jr.

Courtesy photo

CAR NUTZ RETURNS FOR 19TH SEASON

Starting May 3rd, the Car Nutz Car Club will be returning to Wednesday nights at the Scotchwood Diner. Start time is 5:30 p.m. and we stay till dusk. We have Cruise Night Winner tee shirts to award, along with door prizes and an attendance award. The diner has great meals with 10% off to car owners. It's our 19th season, come out and have a great time with us! Call Dan for more info 908-616-3574.



It's time for new dentures!

ASK ABOUT IMPLANT SUPPORTED DENTURES.



If your dentures ...

- Are loose
- Over 5 years old
- Have been repaired many times

Or ...

- You would like to improve your smile

Then call ...

For an appointment today!

The doctors at Dentalcare Associates will provide all your denture needs.

• Most Insurances Accepted



• Interest Free Financing



908-322-7800

567 Park Avenue, Scotch Plains NJ

www.njdentalcare.com/dentures

15% SENIOR COURTESY

Reg. \$2995-\$3200 per arch
Additional fees may occur for individual cases
Present this ad. Not valid with other offers
or PPO insurance. Exp. 6/30/23 RN

I BUY OLD MOTORCYCLES

All Types - Running or Not

Also Looking for Old Jeeps, SUVs, & Cars

Call or Text Glenn
732-556-7636

Same Day Pick-up

We Pay Cash



BLUESTREAK POWERWASHING

Call, text or email today for a free estimate and ask about our SPRING CLEANING special!

(732) 596-7525

BlueStreakPWNJ@gmail.com

- Houses
- Decks
- Roofs
- Patios
- Driveways
- Fences
- Siding
- Gutters
- And More

PARKING PRODUCTIONS

JOHN DENT INC.

NOW HIRING



MAIN OFFICE LOCATED IN CLARK, NJ

\$17/hour Plus Tips

Parking Productions is seeking Valet Parkers for Special Events and local accounts.

- Flexible schedule!
- Great for Students or those seeking extra income!
- Fun, exciting work!

732-574-9300 Option 2

jobs@parkingproductions.com

LIBRARY PROGRAMS FOR ADULTS

1927 Bartle Ave, Scotch Plains, NJ 07076
 (908) 322-5007 • www.scotlib.org
 Mon, Wed, Thur: 9:30 AM - 9 PM;
 Tue, Fri, Sat: 9:30 AM - 5 PM;
 Sunday: Closed

Bring Your Own Book

Monday, May 1, 10am

An informal virtual discussion of what participants have recently read and enjoyed.

Registration is required.

Hypertension Clinic

Friday, May 5, 10am to Noon

Inside the Library with a public health nurse from Union County.

Balance Awareness with Yasmin Ofek

Fridays at 10am

A gentle but effective approach to moving confidently throughout the lifespan. Registration is required for this virtual class.

Reduce Food Waste

Thursday, May 11, 1:30pm

Learn how important and simple it can be to Reduce Food Waste for a Sustainable Future with Dr. Sara Elnakib of Rutgers University. Registration is required for this virtual program.

Guided Meditation

Thursday, May 11, 7pm

A virtual program with Barbara Brown. Registration is required.

Friends of the Library Meeting & Election

Monday, May 15, 7pm

Nominations can be submitted via email to spplfriends1@gmail.com

Afternoon Book Club

Tuesday, May 16, 1pm

Will meet inside the Library to discuss *Anxious People* by Fredrik Backman.

Evening Book Club

Thursday, May 18, 7pm

Will meet outside the Library (weather permitting) to discuss *The Violin Conspiracy* by Brendan Slocum. If the weather is bad, the discussion will take place on Zoom.

Drop In Crafting

Tuesday, May 23, 1-2:30pm

Bring your current work-in-progress to the Library to work alongside other crafters.

Senior Book Chat

Wednesday, May 24, 2pm

An informal book discussion at Brookside Park. Register through Community Pass with the Scotch Plains Recreation Department.

More information about library news and events can be found at scotlib.org.

AUTHOR TO SPEAK - MAY 23RD

The Historical Society of Scotch Plains And Fanwood

History and Civil War buffs won't want to miss this month's meeting of the Scotch Plains-Fanwood Historical Society, when local author William McClintock Jr. will present a fascinating educational program on his great-great-grandfather, Commodore Reigart Bolivar Lowry, a member of the first graduating class of the United States Naval Academy at Annapolis and a career naval officer who served in the U.S. Navy from 1840-1880.

The meeting will begin at 7:30 p.m. on Tuesday, May 23rd, at the Shady Rest Country Club, 820 Jerusalem Rd. (at the corner of Plainfield Avenue) in Scotch Plains.

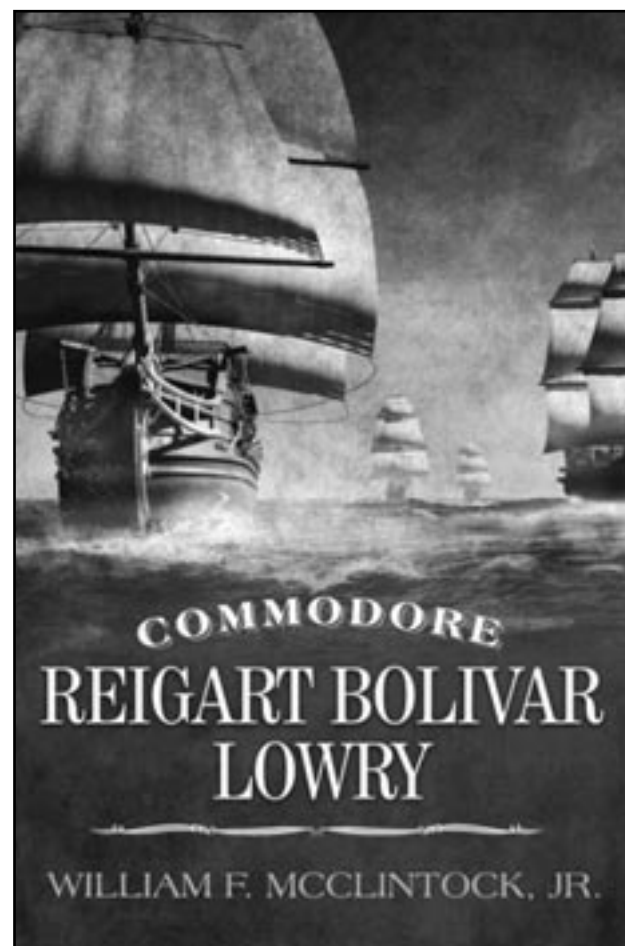
McClintock's presentation, based on his 2021 book, *Commodore Reigart Bolivar Lowry*, will explore Lowry's storied career, beginning when he joined the Navy at age 14, and including his active role in many key naval operations of the time. Lowry was on a ship off Fort Sumter when the first shots of the Civil War were fired. He fought in the Mexican-American War and accompanied Commodore Matthew C. Perry when he opened Japan to American trade in 1854. Based on family letters and other documents, McClintock's thoroughly researched biography goes beyond Lowry's life to examine the Navy in which he served and the politics and corruption that Lowry and his fellow naval officers encountered as they sought to prevent a captain with less seniority from being promoted ahead of them.

A resident of Scotch Plains since 1981, the author earned a bachelor's degree in history from Oberlin College, where he began his research on Commodore Lowry and the Navy. He went on to complete a master's degree in American history from New York University. Mr. McClintock previously served as township

mayor and councilman, and is active in the Rotary Club, notably with the Frazee house Restoration Project. Career highlights include serving as an officer at Bankers Trust Company and as Chief Financial Officer at Corporate Annual Reports. In 1993, he formed William McClintock Associates. Commodore Reigart Bolivar Lowry is his first book.

The upcoming meeting is free and all are welcome. Refreshments and fellowship will follow the presentation.

For further information, please contact Connie Klock at (908) 337-7735.



Edward Jones

> edwardjones.com | Member SIPC

Compare our CD Rates

Bank-issued, FDIC-insured

| 6-month | 1-year | 2-year |
|----------------|----------------|----------------|
| 4.95 % APY* | 4.95 % APY* | 4.75 % APY* |

Call or visit your local financial advisor today.



Jose H Monroy Jr, CFP®

Financial Advisor
 2277 South Avenue
 Scotch Plains, NJ 07076
 908-518-0788

* Annual Percentage Yield (APY) effective April 17, 2023. CDs offered by Edward Jones are bank-issued and FDIC-insured up to \$250,000 (principal and interest accrued but not yet paid) per depositor, per insured depository institution, for each account ownership category. Please visit www.fdic.gov or contact your financial advisor for additional information. Subject to availability and price change. CD values are subject to interest rate risk such that when interest rates rise, the prices of CDs can decrease. If CDs are sold prior to maturity, the investor can lose principal value. FDIC insurance does not cover losses in market value. Early withdrawal may not be permitted. Yields quoted are net of all commissions. CDs require the distribution of interest and do not allow interest to compound. CDs offered through Edward Jones are issued by banks and thrifts nationwide. All CDs sold by Edward Jones are registered with the Depository Trust Corp. (DTC).

FDI-1867L-A © 2022 EDWARD D. JONES & CO., L.P. ALL RIGHTS RESERVED. AECSPAD



Serving All
Union County

SUBURBAN PAVING COMPANY

Specializing in Asphalt Driveways, Parking Lots,
Belgium Block Curbing, Sidewalks, Seal Coating

908-925-0444
 908-928-0031

EMMANUEL CANCER FOUNDATION TO HOST TRICKY TRAY

On Saturday, May 20, 2023, the 9th annual 'Play for Keeps & a Cause' Tricky Tray will be held at Arthur L Johnson High School, 365 Westfield Avenue, Clark, NJ. Enter through side entrance, (near cafeteria, parking lot side). Doors open at 5:30 p.m.

First ticket is pulled at 7:30 p.m.

Admission price is \$30 and includes one sheet of 25, tier 1 tickets and one door prize ticket. Purchase online at: givebutter.com. Or mail check to: Emmanuel Cancer Foundation (ECF), 77 Brant Ave., Suite 304, Clark, NJ 07066

There will be hundreds of baskets, 3 tiers of prizes. Bundles, 50/50 raffle and more. Lots of door prizes. Bring your own food and beverages. No alcohol permitted on premises. Coffee, tea, water and cookies will be served.

Stay up-to-date on event information on facebook.com

All proceeds raised during this event will help the Emmanuel Cancer Foundation (ECF) provide counseling, food, emergency funds, and so much more to these brave children and their families. ECF's goal is to make life more manageable for families who are dealing with the fear, stress, and financial burden of pediatric cancer.

ECF has a headquarters office in Clark and three other regional centers across the state, including in Midland Park, Wall Township and Woodbury Heights.

If you have questions please contact Emmanuel Cancer Foundation via email: mgiblin@emmanuelcancer.org



CELEBRATING 40 YEARS OF SERVICE TO NJ KIDS AND FAMILIES

ECF was founded 40 years ago by Susan and Joseph Vizzoni, a New Jersey couple whose lives were turned upside down by their son's cancer battle and the enormous emotional and financial hardships that ensued. In 1983, two years after Emmanuel's death, the Vizzoni family established ECF to give back to other families experiencing the same pain and offer services that made a vital difference in their daily lives. Based on their passionate vision, today ECF is committed to being a beacon of light for New Jersey families facing pediatric cancer.

More than 280 families receive free emotional and advocacy support by professional caseworkers, material donations such as food, clothing, toys, household items and birthday and holiday gifts, and emergency financial assistance. Nearly 60 % of ECF families live below the poverty level, and a cancer diagnosis only exacerbates precarious financial situations and increases already sky high stress. Leslie and her mom got their own ECF Caseworker who offered counseling, help with household bills, supplies to celebrate Leslie's birthday, and money for the mom's meals while Leslie was in the hospital.

Services are tailored to a family's unique needs, and ECF will stay by their side for as long as needed, whether one month or 10 years.

Do you know a family who is in need of our services? Please refer them to us because we can do so much to lift their burdens and guide them through their cancer ordeals. Our help begins with the first phone call. Our only requirements is that the child be 18 or under and live in the state of New Jersey. Visit emmanuelcancer.org for more information.

MUSIC STUDIO FOR RENT IN WATCHUNG



**Call for Details
908-337-6652**

REYNOLDS PLUMBING



(908) 276-5367

(201) 666-0003

358 North Avenue East
Cranford, NJ

www.reynolds-plumbing.net

Lou DiFabio
Lic. #4237

Dan DiFabio
Lic. #11749

Residential / Commercial / Industrial

UGLY HOMES WANTED FOR TELEVISION PROGRAM IN THIS AREA

We need 30 Ugly Homes with Ugly Kitchens, Bathrooms, Siding, Window, etc., Inside or Outside that need fixing or Remodeling. We will Repair and Remodel them and shoot video for training film and future TV show on Home Remodeling Work.

Must Sign Release, for purpose of filming job! This must be a complete remodeling job, not just patch up work. This remodeling is to be specially priced, with compensation going back to the homeowner for a signed release.

Serious Inquiries Please!

CALL 833-375-1472

Ask for TV Project Department, for job evaluation and estimate of cost and compensations!

Tri-State Creations LLC - Lic. #s: NJ-13VH04728900, PA-39104

Colorscapes Expert Tree & Landscape Service

HAND PRUNING AND RESTORATION OF OVERGROWN TREES AND SHRUBS

Specializing in preservation of old trees.
Experts at proper pruning techniques.

Landscape designs "Second to None!" Go Green with Colorscapes

- Large Tree Planting
- Drainage & Rain Gardens
- Unique Landscape design
- Repair & Maintenance of damaged and stressed Trees and shrubs.

Take a tour of local examples of beautiful designs. Call Gene Gregory
See our work first at **Colorscapes Inc** on **Facebook** or our **Website**.

908-322-0253 • www.DesignByColorscapes.com

DO YOU NEED A DUMPSTER?

Professional Delivery & Pickup

Affordable

Call to Reserve One Today

We take (but not limited to)...

General Construction

Household Waste

Concrete & Asphalt

Logs & Stumps

Demolition Debris

Bulky Waste



NJ DEP# S27236

908-234-2382

Fast, Friendly, Reliable Service

ST. JOSEPH SOCIAL SERVICE CENTER BREAKS GROUND ON NEW FACILITIES

More than 100 supporters, partners and community leaders gathered at St. Joseph Social Service Center in Elizabeth on April 5 to celebrate the start of construction on the agency's new facilities, which will make it possible for the organization to expand and improve services to residents in need in Elizabeth and to achieve its vision of dignity for all. St. Joseph's is one of the largest social service agencies in Elizabeth and Union County, providing residents with food, clothing, household items, prescription assistance, health screenings, mental health counseling, job training and case management.

There are four components to the new facilities plan. The first is to build a food pantry. This new building will give St. Joseph's a dedicated space, a larger space, and a more functional space to operate its food pantry. Perhaps most importantly, the new building will allow the organization to offer a better food pantry model – an individual choice food pantry. With this model, clients will come at an appointed time and will be able to choose their food. The second project is to construct a clothing and household goods distribution center. Clothing and home goods will be displayed in different sections much like one would find in a retail store. The third project is to renovate the former parish hall and church building on campus to expand and enhance the many support services offered by the agency. The fourth project is to reconfigure and repave the parking lot.

Bernadette Murphy, Executive Director, remarked that the overarching goal of the plan is to “serve our sisters and brothers in need with dignity.” At the Groundbreaking Event, she introduced the agency's new logo and tagline, “Connecting Communities – Nourishing Each Other.” To fulfill its mission, the agency relies on 6,000 volunteers who come from schools, community groups, businesses, churches and other houses of worship in five counties in New Jersey. “In addition to serving the hungry, St. Joseph's is also a place that feeds the hunger to serve,” stated Murphy. The volunteer program welcomes people of all ages, faiths, abilities and economic circumstances to provide hope and hospitality to their neighbors.

Karen Maher, Board President, thanked the audience for their contributions to the \$1,400,000 capital campaign, which will fund the facilities plan. The agency received support from foundations, businesses, community groups and individuals in Union County and surrounding

communities. Lead donors included The Westfield Foundation, The Harold B. and Dorothy A. Snyder Foundation, The Mushett Family Foundation, Horizon Blue Cross Blue Shield of New Jersey, Elizabethtown Healthcare Foundation, Robert and Marion Schamann Brozowski Foundation, Columbia Bank, The Hyde and Watson Foundation, E. J. Grassmann Trust, The Tepper Foundation, Phillips 66 Bayway Refinery and several individual donors.

Harold “Kess” Kessler, Past Board President and the leader of the capital improvement plan,

noted that “construction work will be completed in four phases over the next two years. In the first phase, the new food pantry and clothing distribution center will be built and outfitted and the driveway will be reconfigured and repaved.” Kessler stated that the construction work has been planned to ensure that services to the community will not be interrupted. “We are excited to begin a new chapter in St. Joseph's service to the community” noted Murphy.

To learn more about St. Joseph's please visit sjeliz.org.



(above r-l) Debbie Durand and Teresa LaStella, organizers for the groundbreaking event, greet guests at the Welcome Table.

Courtesy photos



(above, l-r) Sister Jacinta Fernandes, Founder and former Executive Director of St. Joseph's for 32 years, places soil in a planter in which a tree will be grown along with Julissa Campos, Vice President of the Board of Trustees.

Guitar Lessons
ONE-ON-ONE BFA, The New School-NYC
60 MINUTE INSTRUCTION \$45 MFA, Rutgers-Newark

Learn at your own pace with customized sessions.
 Private lessons conducted via Skype, Facetime, etc.
 Sample my playing on Instagram & Soundcloud:
 Search "PJ Cotroneo Band". For information, contact:
PJ Cotroneo 908-380-8438
 pj@pjcotroneoband.com

CHESS IN MILLBURN

- In-person and Online Chess Lessons
- Rated Chess Tournaments
- Search us on YouTube: Chess Party
- Summer Camp and Classes Registrations Open!
- Visit our website for details and placement test!

+1 (908) 416-1695
 chessinmillburn@gmail.com
 www.chessinmillburn.com

CHESS IN MILLBURN
 CHESS ACADEMY

FANWOOD FIRST RESPONDERS CELEBRATE 100TH BIRTHDAY OF RESIDENT JEAN TRUMPP

Fanwood's police, fire and EMS responders paid a noisy visit to the home of Mrs. Jean Trumpp on the occasion of her 100th birthday on Saturday, March 25, 2023.

The convoy arrived on Arlene Court with lights and sirens at full blast. Responders then were invited into the home to wish her a happy birthday in person.

Mrs. Trump and her family were among the first homeowners on Arlene Court in the mid

1950s. Much of the neighborhood was still under construction at the time. Her husband, Ted, was a former mayor of Fanwood and her son David, who now cares for her, is a former councilman and was active in the Lion's Club for many years. Another son, Ted, lives in Atlantic City.

Thanks to the Fanwood Police Department, Fire Department and Rescue Squad for bringing the noise to Jean and wishing her a happy birthday!



(above) Mrs. Trumpp, seated, son David behind her and members of Fanwood PD, FD and Rescue Squad

Photo by Tom Kranz

9th ANNUAL REBUILDING WARRIORS FUNDRAISER
 K9 Tito' Presentation at 4pm
SUNDAY MAY 7, 2023
 2pm - 7pm
THE HEADLINER
 1401 State Highway 35, Neptune, NJ

\$25 Donation Per Person at the door includes food
(21 and over & 13 and under only)

HAPPY HOUR DRINK SPECIALS
GIFT AUCTION, SILENT AUCTION & 50/50

ENTERTAINMENT
 Pipes & Drums of the Jersey Shore
 Shillelagh
 TBPG Band
 Cameo Performance by Pat Roddy

E-BORO BANDITS




Fully Insured Free Estimates

Needleman Roofing Lic. # 13VH06601300

SLATE - TILE - ASPHALT SHINGLES
908-389-0200

STATE ELECTRIC
 Lic.#662200 **201-600-3530**

COMMERCIAL & RESIDENTIAL ALL PHASES OF ELECTRICAL WORK

- FIXTURES • OUTLETS • PANEL CHANGE
- SECURITY • HIGHHATS • CEILING FANS

Senior Citizen Discount Free Estimates 24 Hour Emergency Service

Rug Division Closing Make your best offer. All rugs must be sold!

PRICES SLASHED UP TO 80%
(Handmade rugs only.)

Check our website www.bvrnc.com for rug images



We will continue to sell & install carpet, wood, tile and LVT floors
 Lowest Price Guarantee

Best Value Rugs & Carpet, inc
732-752-3528
 215 US Rt. 22, Green Brook, NJ 08812
www.BestValueRugsAndCarpet.com

WE CYCLE JUNK
 Removing Clutter Responsibly

Spring Special

CURB-SIDE JUNK REMOVAL PICK UP STARTING AT \$50



Open 7 days
201-486-0550
WecycleJunk.com

American Heart Association
Heart Ball

New Jersey Heart Ball
 June 7, 2023 | 6:00pm - 10:00pm
 Brooklake Country Club
njheartball.heart.org



Marketing Toolbox

Renna Media offers a full range of marketing services, in print and online, hyper-local to regional, for every budget and market size.

NEWSPAPER ADVERTS

We mail 160,000 newspapers to every home and business in 24 towns. You can advertise in any number of towns. Ads start at \$60.

FULL COLOR PRINTING

We print flyers and menus, full color, two sided, on coated stock for only \$45 per thousand.

DIRECT MAIL

Insert your flyer into the newspapers and get it mailed to every home and business for \$60 per thousand and as low as \$30 per thousand for higher quantities.

ONLINE MARKETING

Online ads and press releases designed and placed to drive traffic to your website and get your phone ringing.

SOCIAL MEDIA

We can design and/or manage your social media campaign from passive to aggressive plans customized to work within your budget.

WEBSITE AND SEO SERVICES

Start with an audit/analysis of your website giving you a report and recommendations for \$250.

It is highly recommended to have a marketing plan and budget before spending.

CALL JOE RENNA FOR A FREE CONSULTATION.
908-447-1295

RENNA MEDIA NEWSPAPER RATE SHEET

WE MAIL 160,000 NEWSPAPERS MONTHLY!

Tina Renna 908-418-5586 • tinarena@rennamedia.com

Joe Renna 908-447-1295 • joerenna@rennamedia.com

202 Walnut Avenue, Cranford, NJ 07016

Online at RennaMedia.com
and NJLocalInfo.com

Call today for FREE consult on marketing and business plans.



Advertise in 1 or all 24 towns

| | | | | | |
|---|--|--|---|---|---|
| Berkeley Heights COMMUNITY NEWS Qty: 4,700 Zip: 07922 | THE CHATHAMS NJ Qty: 7,500 Zip: 07928 | Clark Monthly Qty: 6,700 Zip: 07066 | CRANFORD MONTHLY NJ Qty: 9,900 Zip: 07016 | Elmora Hills ELIZABETH, NJ Qty: 5,400 Zip: 07208 <small>Section of Elizabeth, NJ</small> | Fanwood Post NJ Qty: 3,000 Zip: 07023 |
| Florham Park Press NJ Qty: 5,500 Zip: 07932 | Garwood Times NJ Qty: 2,500 Zip: 07027 | Green Brook Gazette NJ Qty: 3,000 Zip: 08812 | BUSINESS • LIFE KENILWORTH NJ Qty: 3,500 Zip: 07033 | NJ LIFE in LINDEN Qty: 17,900 Zip: 07036 | Long Hill LEADER NJ Qty: 3,500 Zips: 07933, 07946, 07980 |
| MADISON MONTHLY NJ Qty: 6,300 Zip: 07940 | MOUNTAINSIDE VIEW NJ Qty: 2,900 Zip: 07092 | New Providence NEWS NJ Qty: 5,100 Zip: 07974 | OUR TOWN Rahway, NJ Qty: 13,000 Zip: 07065 | ROSELLE PARK MONTHLY Qty: 5,600 Zip: 07204 | Scotch Plains NJ WHAT'S HAPPENING MONTHLY Qty: 9,400 Zip: 07076 |
| Short Hills MILLBURN MONTHLY NJ Qty: 8,200 Zips: 07041, 07078 | Summit Times NJ Qty: 9,600 Zip: 07901 | Spirit of UNION NJ Qty: 6,800 Zip: 07083 (partial) | WARREN MONTHLY NJ Qty: 6,200 Zip: 07059 | Watchung Post NJ Qty: 2,700 Zip: 07069 | Westfield MONTHLY NJ Qty: 11,800 Zip: 07090 |

NEWSPAPER AD RATES

| Units | Size | 1 TOWN | 3 TOWNS | 6 TOWNS | 9 TOWNS | 12 TOWNS | 15 TOWNS | 18 TOWNS | 21 TOWNS | 24 TOWNS |
|------------------------|--------------------------|--------|---------|---------|---------|----------|----------|----------|----------|----------|
| 1 Unit (Business card) | 3.25" x 2" | \$60 | \$150 | \$250 | \$350 | \$400 | \$450 | \$500 | \$550 | \$600 |
| 2 Units | 6.5" x 2" or 3.25" x 4" | \$100 | \$250 | \$400 | \$500 | \$600 | \$700 | \$800 | \$900 | \$1000 |
| 4 Units | 3.25" x 8" or 6.5" x 4" | \$180 | \$450 | \$700 | \$900 | \$1100 | \$1300 | \$1500 | \$1700 | \$1900 |
| 6 Units | 6.5" x 6.25" or 10" x 4" | \$240 | \$600 | \$900 | \$1200 | \$1400 | \$1600 | \$1800 | \$2000 | \$2200 |
| 9 HALF PAGE | 6.5" x 9" or 10" x 7" | \$320 | \$800 | \$1000 | \$1300 | \$1600 | \$1900 | \$2200 | \$2400 | \$2700 |
| 12 Units | 10" x 8" | \$360 | \$900 | \$1200 | \$1500 | \$1800 | \$2100 | \$2400 | \$2700 | \$3000 |
| 18 FULL PAGE | 10" x 14" | \$400 | \$1000 | \$1400 | \$1800 | \$2200 | \$2500 | \$2800 | \$3000 | \$3400 |
| 2-PAGE SPREAD | 21" x 14" | \$700 | | | | | | | | |
| BACK PAGE | 10" x 14" | \$500 | | | | | | | | |
| FRONT PAGE BANNER | 8.25" x 2" | \$320 | | | | | | | | |
| FRONT PAGE BOX | 1.5" x 4.5" | \$240 | | | | | | | | |

Rates are per month. Artwork included in price. Newspapers are black on white.

Back cover, front page banner and front box reserved on first-come, first-served basis. Current advertiser has right of first refusal.

PREPAY 6 MONTHS AND GET 1 MORE FREE
PREPAY 12 MONTHS AND GET 3 MORE FREE

Make Checks payable to Renna Media, 202 Walnut Avenue, Cranford, NJ 07016

VANDALS CAUGHT IN THE ACT

Submitted by Dr. D. Michael Hart

The "Pool House Gang" were caught red handed vandalizing a building at Boy Scout Camp Wheeler, in Byram Township, NJ. They are seen here in a "line up" against the wall.

They claim that they were doing repairs and renovations to an old decrepit building at the Boy Scout Camp. But they were seen removing valuable lumber, sinks, toilets, shower heads, and construction materials from the building.

Just kidding. This is a group of dedicated

volunteers, including many retired professionals, who volunteer every week all year round at the Boy Scout camps for Patriot's Path Council in northern New Jersey. These guys pictured have come up every Wednesday and Thursday for several months to renovate the Pool House and other buildings. This group includes retired engineers, an electrician, computer experts, small business owners, and corporate executives.

The Pool House building was built in 1971. The roof was still good, but the wooden

walls were completely rotted, and the roof was sagging perilously. They needed to prop up the roof and replace the boards one by one. Eventually the building will have two bathrooms, two common showers and 8 individual changing rooms on each of two sides. There is a full sized swimming pool behind the building, so all of the chlorination, pumping mechanisms and electrical service are also located inside the building.

The "Flintlocks BSA, Inc." a 501c3 corporation, is a group of retired scouters who volunteer at the camps every week, all year round, to help the council. They do most of the repairs and maintenance for the three Council camps, but also build new structures, such as cabins, waterfront structures, picnic tables and tent platforms. In 2018 they secured funding and built the STEM Lab at Allamuchy. Second, they make the craft kits for birdhouses, bird feeders, stools, handy boxes, racing sailboats, etc., which are sold through the Scout Shops. Third, Flintlocks volunteer to help run the many Council programs. Three quarters of the Flintlocks have received the Silver Beaver Award, the highest National award a volunteer may receive. The Facebook Page is "Flintlocks" For more information please contact Secretary Dr. Michael Hart drmhart@yahoo.com.



(above, l-r) "Line Up": Al Thomas, Randy Johnson, Frank Wallace, Dave Greene, George Van Dyke, Barry Bird, and Tom Mollitor.



(above) The Pool House under construction; George, Tom and Barry making knee walls for the building.

ONLINE ADS & PRESS RELEASES DRIVE LOCAL TRAFFIC TO YOUR WEBSITE

- **GET UNLIMITED CLICKS**
An alternative to expensive pay-per-click programs
- **FREE AD DESIGN AND COPYWRITING**
Advertising webpage includes many features including write-up, images, video, Google map, etc.
- **POSTS ARE SHARED THROUGH SOCIAL MEDIA**
Posts shared on multiple Facebook pages and twitter.
- **PAID SEARCH ENGINE PROMOTIONS**
Posts are promoted by industry, key words and location.
- **TRACKABLE RESULTS**
All ads include a live view counter.

Joe Renna at 908-447-1295
email: JoeRenna@RennaMedia.com

**\$10
PER POST**
Block of 20 for \$200
Single post is \$20



Full Color Flyers and Menus Printed and Mailed to Every Home and Business in Town!

- FLYERS - \$45 PER THOUSAND**
8.5" x 11" / Full color / 2 sided / 60lb gloss coated stock
Tri-fold add \$10 per thousand. Minimum order \$450
- LARGE MENUS - PRINTING - \$85 PER THOUSAND**
For quantities more than 50,000 cost is \$55 per thousand.
11"x17" / Full color / 2 sided / 60lb gloss coated stock. Min. order \$850
Includes folding (quarter fold or tri-fold, with or without coupons tab)
- INSERTED AND MAILED TO EVERY HOME AND BUSINESS**
\$60 per thousand. (as low as \$30 per thousand depending on quantity.)
Minimum order \$400

Joe Renna at 908-447-1295
email: JoeRenna@RennaMedia.com



**FLYERS
\$45
PER 1,000**

**MENUS
\$85
PER 1,000**

WEBSITE / SEO SERVICES

- **STARTER WEBSITE: \$500**
Basic static site that can be developed further
 - **WEBSITE CREATION/UPDATE: \$2,400**
Cost for average website: 12 pages, contact form, SEO friendly, responsive design
 - **WEBSITE HOSTING: \$300 PER YEAR**
Includes website hosting, software updates, monthly website content updates
 - **SEO SERVICES: AVERAGE COST \$1,000 - \$2,000 PER MONTH**
Custom tailored solutions: Google Ranking, Local SEO, Social Marketing
- Call for free a consultation if you need help developing an online marketing plan.**

**STARTER
WEBSITE
\$500**

Call Walter at 201-478-7408
email: wwwinnj@gmail.com



Mr. Handyman
HOME IMPROVEMENT PROFESSIONALS™

a neighborly company

- NO JOB TOO SMALL -
- 100% SERVICE GUARANTEE -
- 2500+ POSITIVE ONLINE REVIEWS -

908-251-9441
Mrhandyman.com
License number: 13VH09897400

10% DISCOUNT

On labor only, materials not included. Cannot be combined with other offers. Exp. 5/31/23.

**Marano & Sons Auto Sales:
Not only do we sell late model pre-owned vehicles,
but we will buy your car!**

Any car no matter how old. We will buyout your lease,
payoff your loan, pick it up at your house.

MARANO & SONS



AUTO SALES INC.

Keeping your car?

Did you know you can purchase an extended warranty for your vehicle?

- coverage up to 120,000 miles - even if you did not buy it from Marano & Sons.

Visit our website to value your car
MaranoSonsAuto.com



Buying & Selling Used Cars & Trucks Since 1955

**Two locations
In Garwood, NJ**

**507-13 South Avenue
150 South Avenue**

**908-789-1551
908-789-0555
Fax 908-789-1792**

LOOKING FOR A CAR, TRUCK OR SUV?

Visit our lots or shop at home. Search over 135 vehicles
by Make / Model/ Year/ Color / Body type / Engine specs / etc.



**Like us on
Facebook!!!**

Credit problems? Call us to get you approved!