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3RD ANNUAL WOMEN'S HIGH TEA

The Linden Cultural & Heritage Committee, an all-volunteer group that works together to provide cultural events and entertainment to the residents of the City of Linden, hosted the Third Annual Women's History Month Celebration on March 26, 2023 at the JTG Center in Linden. The Woman's High Tea honorees were Barbara Greco-Brady, Rebecca Kerins-Tattoli, Kelly A. Koziol, Danie Orelieu-Armstead and Laura "Sissy" Sasarak.

Rebecca Kerins-Tattoli is a lifelong resident of Linden whose family dates back to 1854. Rebecca worked for the Board of Education. Currently, she is the Confidential Secretary to Mayor Armstead, and Secretary/Treasurer to the Linden Economic Development Corp. She has been involved in the community, county, and state for many years, professionally, politically, and as a volunteer.

Danie Orelieu-Armstead is the First Lady of Linden, and mother to five children, Brianna, Ryan, Ashton, Abigail and, step-daughter, Erika. After 23 years in the classroom, Danie transitioned into her new role as Acting Supervisor for ESL, Bilingual, and World Languages in the Linden Public School District.

Barbara Greco-Brady is Co-founder and board member of Mystic Vision Players, a Union County based non-profit community theater company. Barbara is married to Kevin Brady, Jr., who is a Deputy Chief in the Linden Fire Department.

Kelly Anne Koziol, a lifelong Linden resident, resides in Linden's Second Ward with her husband, Richard. She served on both the McManus Middle School and Linden High School PTAs serving as PTA President of both schools. Her involvement in Linden School's PTAs did not go unnoticed as she was asked to serve on the Union County PTA Executive Board and also as PTA Union County Liaison to Linden Schools. She has been a member of the L.I.N.C.S. (Linden Interfaith Network of Community Services) Food Panty since 2012 and currently serves as the organization's Secretary.

Laura "Sissy" Sasarak became the First Woman to work in the Linden Department of Public Works - Sanitation Department. She persisted to secure



(above) Rebecca Kerins-Tattoli

(Full Bios on LifeInLinden.com
web page and Facebook page.)

employment there after being told "a woman didn't want to work on the back of a garbage truck." 25 years later she is still working there in a position of responsibility running the Department of Community Services recycling center.



(above, l-r) Danie Orelieu-Armstead, Barbara Greco-Brady, Kelly Anne Koziol, Laura "Sissy" Sasarak

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OFFICIAL LAUNCH OF THE LINDEN CHAMBER DIVISION

The Greater Elizabeth Chamber of Commerce held a business after hours social networking meeting to officially launch the Linden Chamber Division. The well attended event was held at Ill Amici Ristorante in Linden, NJ on April 5, 2023.

For more information on joining the Greater Elizabeth Chamber of Commerce and its benefits, please contact Jennifer M. Costa at (908) 355-7600 or via email at jcosta@goelizabethnj.com. For more details, please visit elizabethchamber.com/linden.



(above) Greater Elizabeth Chamber of Commerce's President/CEO Jennifer M. Costa, Elizabeth Mayor Christian Bollwage, Linden Mayor Derek Armstead, and Linden Chamber Division Chair Janet Miller.

LIFE in LINDEN

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PIKTORS METAMORPHOSIS AT THE SALEM ROADHOUSE CAFÉ

The Salem Roadhouse Café presents the Piktors Metamorphosis, Saturday, May 20, 2023. The doors open at 7:15 p.m., show starts at 8 p.m. Admission is \$20 and includes show, snacks, non-alcoholic beverages, and dessert. The venue is located in the basement of Townley Presbyterian Church, 829 Salem Rd, Union, NJ. The Roadhouse operates as a non-profit that raises funds for several carefully chosen local charities.

Piktors' Metamorphosis takes you on a journey back to the incendiary sounds of the Jazz/Rock fusion era injecting their improvisational craft. The Jazz/Rock/Fusion heyday of experimental creativity has inspired its fans and other great musicians alike to push music further to its limits. This exciting music is challenging to execute, understandably a reason why many have not approached it. That is until now. Whether it's exciting tributes or their ambitious original pieces this ensemble delivers with passion and warmth.

Piktors overall sound departs from just another stage show to a level of cerebral and tonal excitement that comes with Fusion rock/jazz. They are masters at what they do, and they continue the traditions of modern fusion started by the likes of Miles Davis, Weather Report and Pat Metheny, just to name a few.

As always, the Salem Roadhouse Café is live, intimate, up front, and personal. All ages are welcome.

ABOUT SALEM ROADHOUSE CAFÉ

It's not "church music." It's music music. Folks who've come to the Salem Roadhouse Café know that it's a clean, safe place for people who enjoy listening to live music — in a world otherwise filled with clubs and bars. The Roadhouse has always offered its stage to local and independent mainstream musicians. Jazz, rock, folk, and other groups have performed. What's the common thread? They're all great musicians playing the kind of music people like to hear. There's no message, just music.

The Roadhouse started in 2008 by members of Townley Presbyterian Church with a grant from the Presbytery of Elizabeth. Hey — that's why we're located where we are, 829 Salem Rd,

Union, NJ. The Roadhouse operates as a non-profit that raises funds for several carefully chosen local charities. That's its social mission.

The Salem Roadhouse Café has raised funds for many carefully chosen charities. They include: The Presbytery of Elizabeth E-port Center, Center For Hope Hospice, Community Food Bank, Monarch Housing, Angel Paws Animal Rescue, National MS Society, Haiti Disaster Relief, Hurricane Sandy Disaster Relief, The Union County YWCA Domestic Violence Program, Making It Possible To End Homelessness, Camp Johnsonburg, The Music Institute, and others. Thousands of dollars have been raised for these deserving charities.

SALEM ROADHOUSE CAFÉ

FUSION ROCK/JAZZ featuring....

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DAWN M. VICTOR BEVIANO OBITUARY

Mrs. Dawn M. Victor Beviano, 53, left our earthly world on Thursday, March 30, 2023, but not before gifting life to others via the Sharing Network for organ donation.

Dawn, the daughter of the late Mary Kuhlmann Victor and the late Glen Victor, was born in Ridgewood, New Jersey. She grew up, attended school, and lived in both the local cities of Linden and Roselle.

Dawn had worked as a teacher's aide in



SunnyKidz in Linden from 2004 until 2015. She then transitioned to employment for the city of Linden in our public library as a librarian assistant beginning in 2016 to her passing. Dawn was well known in the library community for her kindness and generosity in helping, in so many ways, those who walked through the library doors. Her smile of greeting made everyone feel right at home.

Dawn was constantly a great representative for Linden as she loved her town and offered her services, in many formats to the people of Linden.

She was the president of the "Friends of the Linden Library" since 2015.

Her concern for her neighbors and their homes served her well as the 9th and 10th ward liaison starting in 2012. Dawn previously had been a member of the Linden Board of Education, endlessly working for the kids and their parents, from 2007 until 2020.

The weekends would find Dawn again with the children teaching Sunday school at St. Elizabeth Church, an activity she enjoyed doing from 2005 to 2020, as well as, being a 4H leader for many years.

Dawn received many accolades throughout her life, among them she was chosen as the Linden 2017 "Person of the Year" and in 2021 she was presented an award from the Boy Scouts of America for her outstanding community involvement.

In her spare time, Dawn's hobbies were similarly quite extensive. She loved to travel, and she had visited the 48 contiguous states. Research and genealogy, a very time-consuming project, led her to numerous amazing discoveries. Not very surprising is that Dawn was a voracious reader who leaned toward the fiction and romance genres. Her heart of gold was on display when she adopted her rescue dog "Enzo" that she loved snuggling with. Dawn's talents were also exemplified in the baking field as Dawn was known for many of her famous delicacies, but particularly the family cannoli! Even with all of this, the most important qualities of Dawn's character was her love for her family, her community and her church.

Spending time with her husband and her two daughters was tantamount in the joy and love they all brought into her life. There was nothing more important to Dawn than her family!

Predeceased by her sister, Lori Cassano in 2022, Dawn is survived by her husband of twenty-six years, Todd Beviano and her two daughters, Christina Beviano and Jaclyn Beviano.

Dawn truly was the brilliant light in the center of life for her family. Our hearts are broken beyond repair and our tears seem to never stop. Our Dawn was one in a million and her light will continue to shine in our hearts. Even though Dawn will be deeply missed, we know that she will never be forgotten.

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MEMORIAL DAY SERVICES

On Memorial Day, Monday, May 29, 2023, The Linden Veterans Council will be honoring "Our Veteran's".

Residents are encouraged to attend the Veterans Grave and Wreath Placement Ceremony. The American Legion Post 102 will be the host post. In attendance will also be the Veterans of Foreign Wars Post 1397, Marine Corp League, Catholic War Veterans and Vietnam Veterans of America.

SCHEDULE IS AS FOLLOWS:

- 8:30 – Assemble at Linden American Legion Post #102 @ 112 West Elizabeth Avenue – Linden, for Coffee, Tea, Juice and Danish.
- 9:00 – All participants leave Post #102 parking lot with escort.
- 9:10 – VFW #1397, Pennsylvania Railroad Avenue, VFW Monument and All Veterans
- 9:20 – St Theresa Church, Catholic War Veterans Monument.
- 9:30 – Veterans Memorial Park, South Wood Avenue. All Veterans Monument
- 9:40 – Monument on Lower Road, Andy Beno Memorial Park
- 9:50 – Marine League Building, South Wood Avenue Martin Danowski Veterans Monument
- 10:00 – Melnyk Park, 11th Street, Marine Corp. League and Local Neighborhood Veterans Monument.
- 10:10 - Rosedale Cemetery, Route 1, Linden, American Legion Veterans Circle
- 10:20 – 8th Ward Monument, Park & Grier Avenue, All Veterans Monument
- 10:30 – Rosehill Cemetery, Linden Avenue, VFW Veterans Circle
- 10:40 – Farawell Park, Ziegler Avenue, Marine Corp League and Local Neighborhood Veterans Monument
- 10:55 – School #1, Curtis & Wood Avenue and Gibbons & Wood Avenue, All Veterans Monuments (2 stops)
- 11:10 – Wilson Park, Summit Terrace, Purple Heart and Local Neighborhood Veterans Monument
- 11:25 – Knosky Park, Stiles & Elm St. Marine Corp League and Local Neighborhood Monument
- 11:40 – Linden City Hall, North Wood Avenue, WWII, Korea & Vietnam Monuments
- 12:00 – Return to American Legion Post #102 on Elizabeth Avenue, American Legion Monument and All Veterans

The above time schedule could vary. Residents are invited to meet the Veterans entourage at a specific Monument listed above or to join the Veterans escorted entourage from the American Legion Hall to visit all the City Monuments.

CAR DONATIONS HELP VETERANS

Submitted by Michael Boll, Director New Jersey Veterans Network

The New Jersey Veterans Network (NJVN) has received countless donations and other awesome support from Renna Media News readers. We are extremely fortunate to have so many readers that love helping our veterans live a better way of life. To date articles in Renna

Media publications have resulted in 4 car donations. Veteran "Sarge" is the most recent recipient of a car donation after the donor read an article in a March publication. We are blessed to have such a generous following, donations like this will help our veterans get to work, and their medical appointments.

ABOUT NEW JERSEY VETERANS NETWORK

We are a group of veterans and volunteers dedicated to helping our veterans and their families live better lives. Our mission is to identify veterans and connect them with resources and programs designed to meet their unique set of needs. Help us save Vets! We are always looking for volunteers, with various skills, to join the team. If you are a veteran or family member that's in need of assistance; or are interested in volunteering, would like us to speak at your event, or contribute to our mission, call 973-332-1556 or email mdbollio@optonline.net. To learn more visit njvn.org.



(above) Diane R. recently donated a car to the NJVN. She handed the keys over to "Sarge".

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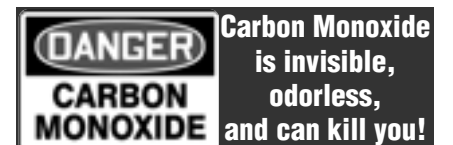
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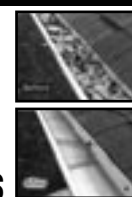
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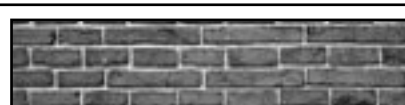
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SOS ~ SAVE OUR SEAL! A MESSAGE FROM THE U.C. HISTORICAL SOCIETY

War is hell. Unfortunately, that powerful expression is just as accurate today in Ukraine, for example, as it was in Elizabethtown in 1780. In both cases, civilians suffered, and are suffering, along with soldiers.

Heroic sculptures and statues of beribboned generals on horseback are noble and inspiring, to be sure. On the other hand, however, there is the World War II Katyn Memorial in Jersey City, showing the horror of war as it depicts the brutal massacre Russians committed on Polish soldiers graphically showing a bound and gagged Polish soldier impaled through his back by a bayoneted rifle. At its base, a Polish woman cradles a starving child, representing the Polish citizens who were deported to Siberia. Are we to take down such monuments because the horror they depict offends us, or should they remain, conveying their timeless message to us: "Never forget, and Never again!"

Yes, war is hell. And it was so in 1780 as local patriots fought for independence against the often cruel and brutal British and Hessian troops.

One of the most infamous events of that struggle was the horrible murder of Mrs. Hannah Caldwell, the wife of the famous Rev. James Caldwell ("the fighting Parson"), on June 7, 1780 in Connecticut Farms, now Union. It seems that ongoing discussions concerning the changing of the County Seal depicting Mrs. Caldwell's murder by a British soldier apparently have finally come to light recently.

This tragic event has been depicted on our County Seal for over 100 years. In 1923, the Union County Historical Society proposed and supported the official adoption of the Seal, which had previously been used unofficially for decades. It was formally ratified by the Board of Freeholders at that time. The Society has been proud of its role in the adoption of the Seal a hundred years ago, and strongly opposes current efforts to change it.

Some now object to the Seal's depiction of a violent and senseless act against a woman and mother of nine young children. But it really happened! Are we to ignore it? Those were dangerous times in this area and few were spared from the death, destruction, and suffering that occurred.

Indeed, Hannah Caldwell's death became a rallying cry to the despondent, tired, and outnumbered American troops who were inspired to fight on at the Battle of Springfield, the turning point of the Revolution in the North, just two weeks after her death.

Whether she was inside the house or outside when she was murdered is immaterial to the Seal's message. Showing her outside the house simply makes the event more visible. Similar artistic license is often employed in depicting important events in history. For example, the iconic and dramatic 1851 Emanuel Leutz painting of Washington's 1776 Christmas night crossing of the Delaware near Trenton is inaccurate in every way except one: its heroic portrayal of a courageous and brilliant military operation, which led to an important turning point

in the war.

History is not always convenient; it has more than its share of suffering and evil, as the Union County Seal demonstrates. And isn't that in fact the meaning and message of the Seal, that democracy and freedom often demand sacrifice. It is a reminder of the terrible price paid by the brave men and women during those difficult times. Any redesign of our iconic and unique Seal would dishonor and diminish the memory of Hannah Caldwell and so many others who sacrificed all in the long and difficult struggle for independence.

Indeed, after the war, Washington acknowledged that no place had suffered greater deprivation and destruction than Elizabethtown and its environs. Our Seal reminds us of that. Let it be.

Charles Shallcross, Vice-President, U.C.H.S.



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SHINING STARS TO PERFORM ON MAY 13TH

The Shining Stars, now in their 11th year, will take the main stage at the Union County Performing Arts Center for their "World Tour" on Saturday May 13th for a 7 p.m. show.

The talented cast of special needs performers will highlight the hits from groups and artists from all around the globe, including The Beatles and One Direction (England), Bruce Springsteen (USA), Abba (Sweden), Irish dancing, and so much more. The show will feature 30 special needs individuals and their "buddies" from local high schools, who serve as mentors during rehearsals.

"Our cast has been working hard for their 2023 debut," noted Shining Stars Network Cofounder and Show Director Sally Curci. "The acts are going to be amazing and we invite everyone to join us for another exciting and fun night."

Tickets are now on sale at UCPAC.org.

Also, on Saturday, August 5th, history will be

made when the Shining Stars make their Paper Mill Playhouse main stage debut. Tickets for "The Greatest Show" — which will feature songs from Broadway and movies — are on sale now at PaperMill.org.

The Camp Shine Summer Workshop will take place from August 14th-25th (go to ShiningStarsNetwork.org to register) and they will cap off the year with their annual "Christmas Spectacular" in December.

"Shining Stars is all about being inclusive and giving our performers a chance to shine on stage while creating lasting memories," said Sally Curci. "These opportunities build all-important self-esteem and self-confidence. Along the way our cast members and their high school buddies create bonds and friendships that they'll always remember."

For more information on the organization or upcoming events, please visit ShiningStarsNetwork.org.



KEAN



Sayaka Ganz

Reclaimed Creations

Produced by David J. Wagner, L.L.C., David J. Wagner, Ph.D., Curator/Tour Director



The Galleries at Kean University present Sayaka Ganz RECLAIMED CREATIONS, an amazing art exhibition featuring sculptures of animals in motion, utilizing reclaimed plastic objects, rich in color and energy.

On view January 18 - May 6, 2023

Open to the public

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ST. JOSEPH SOCIAL SERVICE CENTER BREAKS GROUND ON NEW FACILITIES

More than 100 supporters, partners and community leaders gathered at St. Joseph Social Service Center in Elizabeth on April 5 to celebrate the start of construction on the agency's new facilities, which will make it possible for the organization to expand and improve services to residents in need in Elizabeth and to achieve its vision of dignity for all. St. Joseph's is one of the largest social service agencies in Elizabeth and Union County, providing residents with food, clothing, household items, prescription assistance, health screenings, mental health counseling, job training and case management.

There are four components to the new facilities plan. The first is to build a food pantry. This new building will give St. Joseph's a dedicated space, a larger space, and a more functional space to operate its food pantry. Perhaps most importantly, the new building will allow the organization to offer a better food pantry model – an individual choice food pantry. With this model, clients will come at an appointed time and will be able to choose their food. The second project is to construct a clothing and household goods distribution center. Clothing and home goods will be displayed in different sections much like one would find in a retail store. The third project is to renovate the former parish hall and church building on campus to expand and enhance the many support services offered by the agency. The fourth project is to reconfigure and repave the parking lot.

Bernadette Murphy, Executive Director, remarked that the overarching goal of the plan is to "serve our sisters and brothers in need with dignity." At the Groundbreaking Event, she introduced the agency's new logo and tagline, "Connecting Communities – Nourishing Each Other." To fulfill its mission, the agency relies on 6,000 volunteers who come from schools, community groups, businesses, churches and other houses of worship in five counties in New Jersey. "In addition to serving the hungry, St. Joseph's is also a place that feeds the hunger to serve," stated Murphy. The volunteer program welcomes people of all ages, faiths, abilities and economic circumstances to provide hope and hospitality to their neighbors.

Karen Maher, Board President, thanked the audience for their contributions to the \$1,400,000 capital campaign, which will fund the facilities plan. The agency received support from foundations, businesses, community groups and individuals in Union County and surrounding

communities. Lead donors included The Westfield Foundation, The Harold B. and Dorothy A. Snyder Foundation, The Mushett Family Foundation, Horizon Blue Cross Blue Shield of New Jersey, Elizabethtown Healthcare Foundation, Robert and Marion Schamann Brozowski Foundation, Columbia Bank, The Hyde and Watson Foundation, E. J. Grassmann Trust, The Tepper Foundation, Phillips 66 Bayway Refinery and several individual donors.

Harold "Kess" Kessler, Past Board President and the leader of the capital improvement plan,

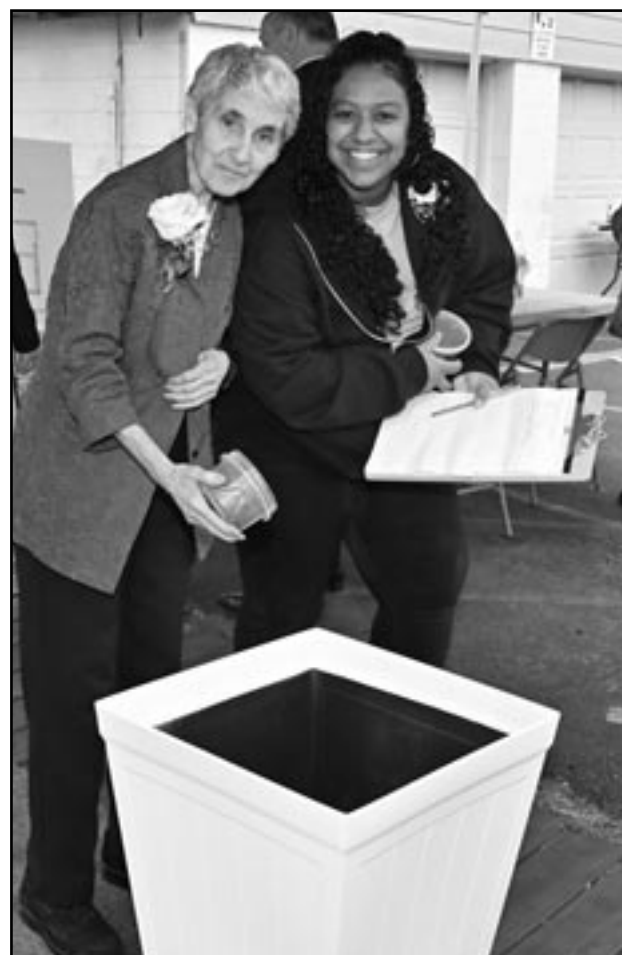
noted that "construction work will be completed in four phases over the next two years. In the first phase, the new food pantry and clothing distribution center will be built and outfitted and the driveway will be reconfigured and repaved." Kessler stated that the construction work has been planned to ensure that services to the community will not be interrupted. "We are excited to begin a new chapter in St. Joseph's service to the community" noted Murphy.

To learn more about St. Joseph's please visit sjeliz.org.



(above r-l) Debbie Durand and Teresa LaStella, organizers for the groundbreaking event, greet guests at the Welcome Table.

Courtesy photos



(above, l-r) Sister Jacinta Fernandes, Founder and former Executive Director of St. Joseph's for 32 years, places soil in a planter in which a tree will be grown along with Julissa Campos, Vice President of the Board of Trustees.

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DON'T BLAME THE ARROW FOR MISSING THE TARGET

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If Knee Surgery Sounds Scary, It Should

Have you have been told you are facing knee replacement surgery? Have you been told about all the downsides you could be facing? First and foremost, there are NO guarantees that knee replacement surgery will be the answer to your pain, but let's look further:

- Surgery is costly, regardless of the percentage of services covered by insurance.
- Surgery requires lost time from work and typically requires a regimen of rehabilitation and medications.
- With surgery, there is always a risk for unwelcomed complications. And you could be back to where you started, or worse.
- Medications will be required for relief from surgery and you have been down that road before. Addictions to these pain medications can cause potential side effects, something you do not want to experience.
- Rehabilitation can take years.

Consider This Alternative To Surgery

Northeast Spine & Wellness Center offers you a real opportunity and a painless way to say goodbye to your knee pain without any surgery. Here are just a few of the important benefits you should consider?

- Diagnostic fluoroscopy accurately targets the pain, unlike blind injections.
- Guided fluoroscopic injections are virtually pain free, unlike blind injections.
- No lost time from work or family.
- No expensive or time consuming rehabilitation.
- No potentially addictive prescription medications.
- Recovery time is almost instant, not months or years.

How Does This New Treatment Work?

Relief begins almost as fast as it takes to pronounce the treatment. It's called Viscosupplementation Therapy. To begin with, it starts with **Northeast Spine & Wellness Center** investing in the use of diagnostic fluoroscopy. This enables them to target the exact location of your knee pain with pinpoint accuracy. What follows is a simple injection that causes little to no pain, especially when compared to what you may be living with daily. That explains what you will see on the surface of this revolutionary treatment. What's taking place below the surface is how and where the natural healing process takes place. The injection of a Hyaluronic acid called Hyalgan. This gel-like substance was approved by the FDA in 1996. Hyalgan is a natural substance that mimics the synovial fluid that is already produced by your body in your joints. Osteoarthritis sufferers in particular see a reduction in this much needed synovial fluid in their knee joints. Without that cushioning layer of protection, the cartilage in your knee can begin to wear away leading to the rubbing of bone on bone. Through Viscosupplementation Therapy, this natural substance immediately goes to work reducing the swelling and inflammation in the joint and adding a coating layer of protection. Think about Dorothy taking the oil can to The Tin Man. You'll begin to feel that same kind of relief and quite possibly feel like you're ready for a dance down the yellow brick road to recovery yourself. And with a success rate of over 85% in alleviating pain associated with osteoarthritis, it's easy to see why this treatment is so readily covered by Medicare and by most major insurance providers. Diagnostic fluoroscopy to target the pain. Viscosupplementation Therapy to relieve the pain. Simple, fast and no surgery!

Do you Suffer from any of these Symptoms?

There are a number of reasons why you developed Osteoarthritis pain. It can develop with age or because of heredity. It could be from repetitive stress from a job or some glory days in athletics. Of course your concern is with the symptoms you face daily and how to make them end, hopefully without surgery or the use of potentially addictive medications. **Northeast Spine & Wellness Center** understands the symptoms you have been living with and can help. If you have any of the symptoms below, please call us today. Relief is a phone call away.

- **Pain** - Whether it's a sharp aching or maybe a burning sensation, the pain can range from irritating to debilitating.
- **Swelling** - This can cause tenderness and soreness to the entire knee area, making walking or going up and down stairs painful, getting in and out of bed or bathtubs difficult and dangerous just name a few activities affected by swelling.
- **Stiffness** - Getting up out of bed or after sitting for a period of time gets more and more difficult. This loss of mobility can be more than a hindrance. It can be dangerous if you need to move quickly.
- **Loss of muscle strength** - This can lead to balance issues and the strong possibility of falling.
- **Joint deformity** - Not just unsightly, but painful as well.
- **Creaking Joints** - Can be painful and a sign of more discomfort to come.
- **Sleepless nights** - Losing sleep over your suffering is not just irritating, but potentially dangerous because of so many other health concerns that can be affected by loss of sound sleep.

Let Me Show You Targeted Relief From Your Knee Pain

Every day, I see patients suffering from knee pain due to arthritis, osteoarthritis, sports injuries or other conditions. Many have been told that they are in need of knee replacement surgery. Other patients say they have been prescribed various prescription medications to deal with the pain.

Something else I see almost every day, are patients that have tried viscosupplementation knee injections elsewhere and found it to be a painful and ineffective experience because the injections were not administered using fluoroscopic guidance. Instead of using the incredibly accurate diagnostic fluoroscopy we use at **Northeast Spine & Wellness Center** these patients experienced a blind injection technique, which can be as inaccurate as playing pin the tail on the donkey.

Once I am able to explain to my patients about the pin point accuracy of using diagnostic fluoroscopy and the amazing results viscosupplementation can provide, they are thrilled to get started. They are even more thrilled when they feel the relief. Please contact **Northeast Spine & Wellness Center** today to schedule your RISK FREE consultation.

Call 732-827-0800

Scot Paris MD, FACS



Here's what our patients have to say

"I'm dancing without pain. I can move with no problem whatsoever. I can go up and down steps with no pain."

- Patricia G.

"Over 85% relief for the first time in 15 years, suffering with knee pain. My life is getting back to normal."

- Perry O.

"After only four visits, I have absolutely no pain! The staff is "top-notch."

- Quenton L.

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IN THE HEIGHTS AT CDC THEATER MAY 5-20

Before Hamilton was In The Heights and it's coming to CDC Theatre in Cranford.

The final production of CDC Theatre's 104th season, In the Heights, is set to run weekends from May 5 to May 20. Lin Manuel Miranda's first Broadway show burst onto the stage in 2008. The show was nominated for thirteen Tony Awards, including Best Musical, Book and Score, as well as for Direction and Choreography. Of those thirteen nominations, it won four awards, including Best Musical, Original Score, Choreography and Orchestration.

The musical tells the story of three days in the vibrant community in Manhattan's Washington Heights – a place where the coffee from the corner bodega is light and sweet, the windows are always open, and the breeze carries the rhythm of three generations of music. It's a community on the brink of change, full of hopes, dreams and pressures; where the biggest struggles can be deciding which traditions you take with you, and which ones you leave behind.

"We are excited to at last be able to produce this show. Circumstances and pandemic restrictions caused it to have been postponed, but we were committed to having the chance to present it," said Joe Leo, the show Producer. "Once we were able to add it to this season, we had one of the biggest audition turnouts ever at the theatre and have assembled a wonderful cast from throughout the state!"

The music of In The Heights takes its cues from the diverse Latin community it represents, infusing hip-hop, salsa, merengue and soul music into the score with lyrics about life, love, community and the American dream. There are eight shows, including two matinees. For best ticket prices and selections visit cdctheatre.org.

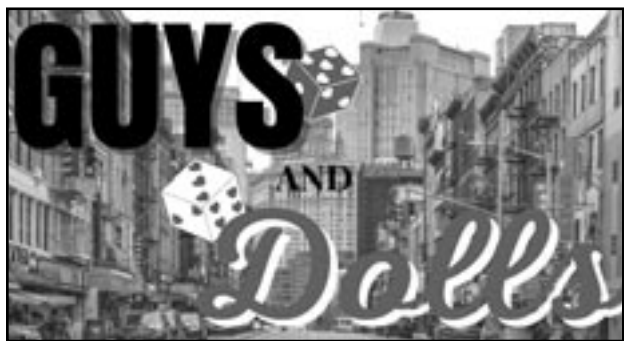


**Fridays/Saturdays
May 5—20
at 8pm**

**Sunday, May 14
at 2pm**

**78 Winans Ave.
Cranford, NJ**

**cdctheatre.org
908-276-7611**



(above) Auditions for a the summer performance for Guys and Dolls will take place on May 9th and 10th at 7 p.m. in the Linden High School Dance Studio with callbacks on May 11th by invitation only.

VOLUNTEERS NEEDED TO PLACE FLAGS ON VETERAN'S GRAVES

The Linden Veterans Council is seeking volunteers to place flags on the veteran's graves in Rosehill Cemetery on Saturday May 27, 2023. Volunteers will meet at the American Legion Post 102 located at 112 West Elizabeth Avenue in Linden at 8:00 a.m. for a continental breakfast and flag placement instructions. Volunteers will be required to provide their own transportation to Rosehill Cemetery.

KIDS TO PARK DAY MAY 20

City of Linden

Kids to Park Day is a national day of outdoor play. This free family day is specifically designed to encourage children and their families to be outdoors and create their own adventure through various programs and park events. This year's celebration will take place on Saturday, May 20, 2023 at Wilson Park in Linden from 12:00 - 4:00pm. All Linden families are invited, and encouraged to enjoy a day at the park filled with festivities and much more!

For more information, please contact the Department of Parks & Recreation at (908) 474-8600.

AUDITIONS FOR SUMMER PLAY ANNOUNCED

Mystic Vision Players, the resident theatre of Linden, is back this summer bringing the Broadway classic Guys and Dolls to the Susan L. Hudak Auditorium.

Featuring an amazing jazz score, Guys and Dolls takes us back to 1950's NYC with gamblers who dance and missionaries trying to save their souls. Auditions will take place on May 9th and 10th at 7 p.m. in the Linden High School Dance Studio with callbacks on May 11th by invitation only.

Directed and choreographed by Judi Thaw and Barbara Brady, respectively, Guys and Dolls will feature a cast of singers and dancers from 16 to 70 of any race, ability, gender, age, and sexuality. Regardless of Guys and Dolls' traditional character designations, casting will be completed with no regard to an actor's gender

expression, race, or ethnicity.

Mystic Vision Players is centered on casting the very best actors for every role and creating a culture committed to bringing diverse and equitable opportunities to everyone in our community.

Rehearsals will be held Monday-Thursday evenings beginning May 15th. Performances are July 21st, 22nd, 27th, 28th, 29th at 8 p.m. and July 23rd at 3 p.m. You can find detailed audition information at mysticvisionplayers.com.

And if you are looking for something for the younger kids aged 8-14, our Children's Summer Theatre Workshop that runs Mondays-Thursdays from 10 a.m. – 3 p.m. will present Guys and Dolls Jr.!

Registration forms can also be found on our website mysticvisionplayers.com.

SUMMER CAMP REGISTRATION IS NOW OPEN

The City of Linden

Summer Camp 2023 is a few months away! Camp registration is now being offered for Linden residents, both in person and online @ www.linden-nj.gov/register using our 24/7 computer system known as Community Pass. First time registrations are required to register in person at any one of our Recreation locations; JTG Center- 330 Helen Street, or Linden Multi Purpose Center-1025 John Street in Linden, to provide parent ID, proof of residency, and a copy of the child's birth certificate. The JTG Center is open Monday through Friday from 9 a.m. to 4 p.m. and the Linden Multi-Purpose Center is open from 9 a.m. to 7 p.m.

Our summer camp is an eight-week program that begins from June 26th through August 18th, Monday through Friday. The total registration fee for camp is \$500.00. Five field trips will be offered throughout the eight weeks, these trips are optional, and may vary in price. Overall, a variety of indoor and outdoor activities will be designed for kindergarteners through sixth grade. We will be introducing new events such as science experiments, juggling shows, magic shows, scavenger hunts and more!

Campers can be dropped off as early as 8:00

a.m. and picked up no later than 5:30 p.m. We look forward to providing a happy camp experience for our campers allowing them to make new friends and create lifelong memories!

Reserve your spot today, space is limited!

For more information or if you have any questions or concerns please contact Branly Cadet, Recreation Program Coordinator directly at bcadet@linden-nj.gov. Or call 908-474-8600.



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EMMANUEL CANCER FOUNDATION TO HOST TRICKY TRAY

On Saturday, May 20, 2023, the 9th annual 'Play for Keeps & a Cause' Tricky Tray will be held at Arthur L Johnson High School, 365 Westfield Avenue, Clark, NJ. Enter through side entrance, (near cafeteria, parking lot side). Doors open at 5:30 p.m. First ticket is pulled at 7:30 p.m.

Admission price is \$30 and includes one sheet of 25, tier 1 tickets and one door prize ticket. Purchase online at:

<https://givebutter.com/ECFTrickyTray2023>.
Or mail check to: Emmanuel Cancer Foundation (ECF), 77 Brant Ave., Suite 304, Clark, NJ 07066

There will be hundreds of baskets, 3 tiers of prizes. Bundles, 50/50 raffle and more. Lots of door prizes. Bring your own food and beverages. No alcohol permitted on premises. Coffee, tea, water and cookies will be served.

Stay up-to-date on event information at: facebook.com/events/s/ecfs-tricky-tray/517854203815034/

All proceeds raised during this event will help the Emmanuel Cancer Foundation (ECF) provide

counseling, food, emergency funds, and so much more to these brave children and their families. ECF's goal is to make life more manageable for families who are dealing with the fear, stress, and financial burden of pediatric cancer.

ECF has a headquarters office in Clark and three other regional centers across the state, including in Midland Park, Wall Township and Woodbury Heights.

If you have questions please contact Emmanuel Cancer Foundation via email: mgiblin@emmanuelcancer.org

CELEBRATING 40 YEARS OF SERVICE TO NJ KIDS AND FAMILIES

ECF was founded 40 years ago by Susan and Joseph Vizzoni, a New Jersey couple whose lives were turned upside down by their son's cancer battle and the enormous emotional and financial hardships that ensued. In 1983, two years after Emmanuel's death, the Vizzoni family established ECF to give back to other families experiencing the same pain and offer services that made a vital difference in their daily lives. Based on their

passionate vision, today ECF is committed to being a beacon of light for New Jersey families facing pediatric cancer.

More than 280 families receive free emotional and advocacy support by professional caseworkers, material donations such as food, clothing, toys, household items and birthday and holiday gifts, and emergency financial assistance. Nearly 60% of ECF families live below the poverty level, and a cancer diagnosis only exacerbates precarious financial situations and increases already sky high stress. Services are tailored to a family's unique needs, and ECF will stay by their side for as long as needed, whether one month or 10 years.

Do you know a family who is in need of our services? Please refer them to us because we can do so much to lift their burdens and guide them through their cancer ordeals. Our help begins with the first phone call. Our only requirements is that the child be 18 or under and live in the state of New Jersey. Visit emmanuelcancer.org for more information.

YMCA OF UNION COUNTY AWARDS BREAKFAST CELEBRATION - MAY 11

The YWCA of Union County

The YWCA of Union County will host its annual TWIN event on Thursday, May 11, 2023 at the Embassy Suites Hotel in Berkely Heights, NJ from 8 am to 9:30 am.

Debbie-Ann Anderson, Union County Director of Human Services will serve as the Keynote Speaker at the event and will receive the Lifetime Achievement Award for her dedication to improving the lives of those in need. Anderson has an extensive background in programs serving families, as well as vast experience with corporate, non-profit and community affairs organizations.

YWCA Executive Director Karen Geer stated, "We are very excited to honor Debbie-Ann with this award. She has been a champion for the YWCA and its mission. Her support and commitment to our programs has enabled us to deliver more vital services to those in need."

Anderson began her professional fundraising career in 2004 at the Muscular Dystrophy Association (MDA) in Towson, Maryland. She joined the United Way of Greater Union County in 2008 and served as its Executive Vice President. Anderson also served as Executive Director of HomeFirst Interfaith Housing Services and was appointed Union County Director of Human Services in 2017.

Five additional honorees will be presented awards for Racial Justice, Community Service, Young Professional, YWCA Ally, and Business & Industry Leadership. Nominations will be submitted by sponsors of the event by visiting www.ywcaunioncounty.org/twinawards2023. Individual tickets to the TWIN event are \$150 and can be purchased at www.ywcaofunioncounty.org or by emailing events@ywcaofunioncounty.org.

The YWCA of Union County is dedicated to eliminating racism, empowering women, and promoting peace, justice, freedom and dignity for all. Its mission is to empower survivors of domestic violence to become safe and free from abuse, and to promote social justice and eliminate violence against women and girls. We accomplish this mission through the provision of comprehensive, client-centered services, and through education, collaboration and advocacy that builds safe, informed and supportive communities. Its programs include a 24-hour Domestic Violence Hotline (908-355-HELP), Community Support Services, Family Justice Center, and Residential Programs, PALS (Peace: a Learned Solution), and Community & Professional Education. For more information, please visit www.ywcaofunioncounty.org or call (908) 355-1995.

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YMCA OPEN HOUSE

Wednesday, May 31, 2023

Open House & Community Health Fair
YMCA Chronic Disease Program, Health & Vaccine Information

Calendar of Events

Older Americans Month Presentations!
May is Water Safety Month!

THE GATEWAY FAMILY YMCA tgfyymca.org

Virtual Wine Tasting Fundraiser
for Summer Camp Financial Assistance
Register NOW at tgfyymca.org/events

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We're Hiring!

ACADEMY AWARD MOVIE SERIES BEGIN ON MAY 9TH

The Linden Public Library is proud to continue its annual Academy Award Film Series. The film series kicks off on Tuesday, May 9th at 1:00 p.m. with *Elvis* and continues with 15 more Oscar-nominated films from 2022 through the end of June. Before the Oscar films, we begin the month of May with a couple of favorite films.

All films are presented free-of-charge in the Columbia Bank Room at the library. Tuesday and Friday films begin at 1:00 p.m. There is a special evening film on Wednesday, May 24th which starts at 6:30 p.m. The May films include:

The Godfather, Part III (1990; R; 162 mins)

Tuesday, May 2

Secretariat (2010; PG; 122 mins)

Friday, May 5

Elvis (PG-13; 159 minutes)

Tuesday, May 9

Mrs. Harris Goes to Paris (PG; 115 minutes)

Friday, May 12

The Fabelmans (PG-13; 151 minutes)

Tuesday, May 16

The Banshees of Inisherin (R; 114 minutes)

Friday, May 19

Empire of Light (R; 115 minutes)

Tuesday, May 23

Women Talking (PG-13; 104 minutes)

Wednesday, May 24

Top Gun: Maverick (PG-13; 130 minutes)

Friday, May 26

The Batman (PG-13; 176 minutes)

Tue, May 30

Located at 31 East Henry Street, the Linden Public Library has been at the center of the city's social, cultural, artistic and educational life since it was founded in 1928. If you have any questions about this film series or other library programs, please call the library at 908-298-3830 or check out the library's Facebook page or web site at lindenlibrary-nj.gov.

NEW URGENT CARE LOCATION IN CLARK

A formal ribbon cutting ceremony marked the grand opening of American Family Care's (AFC's) new state-of-the-art urgent care center in Clark, increasing access to high-quality health care for residents of the Union County town and its surrounding communities. The state-of-the-art walk-in urgent care center located at 77 Central Ave. is the fifth AFC franchise in central/northern New Jersey to be led by Albert Saad, owner, and Dr. Avery Browne, medical director.

AFC Clark commenced seeing patients on Monday, April 10. Providing convenient and expedient access to high-quality medical care, AFC Clark is open seven days per week from 8 a.m. to 8 p.m. on weekdays and 8 a.m. to 5 p.m. on weekends, with no appointment necessary and most major insurance plans accepted.

Patients at AFC Clark are seen and treated by licensed and board-certified medical providers. The 3,300-square-foot center provides prompt and affordable medical care for a wide variety of non-life-threatening illnesses and injuries. AFC's comprehensive suite of services includes on-site digital x-rays and laboratory testing for quick and accurate diagnostics; sports and school physicals;

DOT and immigration physicals; and minor medical procedures along with occupational medicine.

"The AFC model offers the best of both worlds," said Dr. Browne. "Our patients benefit from seeing a healthcare provider with 'big company' resources, protocols and processes. Yet we are independently owned, which means that we work hands-on in our centers every day and are mindful of maintaining the highest standards. We look forward to bringing that same quality and that same commitment to AFC Clark."

Saad and Dr. Browne will be opening their sixth AFC facility in New Jersey this summer at 90 South Livingston Ave. in Livingston.

ABOUT AMERICAN FAMILY CARE

Founded by Dr. Bruce Irwin with a single location in 1982, American Family Care has pioneered the concept of convenient, patient-centric healthcare. Today, with more than 300 clinics and 1,500 in-network providers caring for over 6 million patients a year, AFC is the nation's leading provider of urgent care, accessible primary care, and occupational medicine. For more information, visit afcurgentcare.com.



(above) Clark Mayor Sal Bonaccorso (front, center) cuts the ribbon for the new AFC Clark urgent care center with (to his left) Dr. Avery Browne, medical director, and (to his right) Albert Saad, owner, along with AFC Clark team members, Councilwoman Angel Albanese and members of the Greater Westfield Area Chamber of Commerce.

Courtesy photo



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FREE EYE SCREENING CLINIC AT LIBRARY

The Linden Public Library is proud to continue its partnership with the New Jersey state Commission on the Blind and Visually Impaired (CBVI) to offer free vision screenings at the library to local residents. The next clinic will be held on Thursday, May 25th at 9:30 a.m. While there is no charge to patients for this clinic, advance registration is required. The library is located at 31 East Henry Street in Linden.

Project B.E.S.T. (Better Eye-health Services and Treatment) is a state-run and funded program. It is administered by the CBVI and specifically designed for New Jersey residents who are uninsured or under-insured to receive eye screenings and who have not received a

recent eye examination. Professional opticians and ophthalmologists will provide these screenings. They are able to write prescriptions for eyeglasses; to check for different vision health issues; and to give referrals for eye specialists, if needed. New Jersey residents aged four years and above are eligible for this free program. The Linden Public Library is the first public library in the state to host these clinics.

Because of the limited availability of doctors, advanced registration is required. Walk-ins will not be permitted. Once the maximum number of patients is reached, a waiting list will be started. To make an appointment for the May 25th clinic, please call Jeff Wayne at the Linden Public Library at 908-298-3830 x34.

LOW IMPACT EXERCISE CLASSES AT LIBRARY

The Linden Public Library is pleased to announce the continuation of the popular low impact exercise classes on Wednesday and Friday mornings, beginning May 3rd and running through June 30th. All classes begin at 10:00 a.m. Registration is not required. These classes are designed for people with some mobility issues. Each class is led by Paulette Rasul, an experienced and certified fitness instructor.

On Wednesday mornings, Project Healthy Bones classes are held. These classes are designed for osteoporosis prevention and use

light weights to help build stronger bones and endurance. On Friday mornings, Chair Yoga classes are scheduled. Chair yoga has been shown to improve flexibility with use of a chair. Funding for all these exercise classes has been provided from the programming budget of the Linden Public Library.

If you have any questions about these classes or other library programs, please call the library at 908-298-3830. Check out the library's web site at <https://www.lindenlibrary-nj.gov>. Please like the library's Facebook page and follow us on Twitter.

SPRING HEALTH AND WELLNESS EXPO - MAY 22

The Linden Public Library will be holding a Spring Health and Wellness Expo at the library on 31 East Henry Street in Linden. The event will be held on Monday, May 22nd from 2:00 until 6:00 p.m. The expo is open to all.

At this event, over a dozen of our health partners will be available to discuss their services with the community, including the Union County Board of Social Services, the Linden Police Department and Linden Fire Department. Three short lectures will be offered on different topics by local health and safety experts. Blood pressure and other health

screenings will be provided free-of-charge by the city of Linden's Health Department. Additionally, there will be prizes and promotional giveaways.

Located at 31 East Henry Street, the Linden Public Library has been at the center of the city's social, cultural, artistic, health and educational life since it was founded in 1928. If you have any questions regarding this or any other programs, please call the library at 908-298-3830. Check out the library's web page at www.lindenlibrary-nj.gov/. Be sure to like us on Facebook and Instagram.

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DAUGHTER'S KIDNEY DONATION SAVED HER MOM'S LIFE

NJ Sharing Network

Twenty years ago, Rosemarie Hampp, 58, made the loving decision to donate one of her kidneys to save her mother's life. Today, Rosemarie is forever thankful for that decision, and she is now on a personal mission to support NJ Sharing Network, the nonprofit organization responsible for the recovery and placement of donated organs and tissue in the Garden State.

"My goal is to save and enhance more lives because there are nearly 4,000 people in New Jersey waiting for a life-saving transplant," said Rosemarie. "I believe that everyone should consider being a living organ donor or simply register as an organ and tissue donor to make a positive difference in the lives of others after your time on Earth is done."

Rosemarie's fundraising efforts to support the Sharing Network Foundation have been powered by many of her family members and friends who are participating in the 5K Celebration of Life on May 20 in Ocean Grove. "Team Rosie," named in honor of Rosemarie's mother (Rose Marie Hampp), was established earlier this year to

celebrate the 20th anniversary of Rosemarie's life-saving gift.

"My mom lived a healthy and happy life until she was diagnosed with primary amyloidosis," said Rosemarie. "Her health issues grew progressively worse and dialysis treatments were never easy."

Once Rosemarie learned about the possibility of being a living kidney donor for her mother, she was eager to move forward with hopes of giving her mother the gift of life. However, her parents did not want her to donate her kidney.

"Even though I knew they were against it, I secretly got tested for transplant compatibility," said Rosemarie. "When the results showed that I was a great match, I was a nervous wreck because I was not sure how I was going to tell them about it."

Although Rosemarie's mother was hesitant at first, she finally agreed. The successful kidney transplant was completed by the medical team at Cooperman Barnabas Medical Center on December 17, 2003. Rosemarie's gift gave her mother several additional years to enjoy life's precious moments.

"We named my donated kidney 'Fred,' and we called my remaining kidney 'Ginger' because they worked well together and individually," said Rosemarie. "My mom ultimately passed away in 2006 due to pancreatitis. It was unrelated to her transplant, and her kidney always worked perfectly."

Rosemarie has also used her professional art skills to create colorful Donate Life stickers to raise additional funds and awareness. To support Rosemarie's efforts, visit events.njsharingnetwork.org/go/TeamRosie23.

According to United Network for Organ Sharing (UNOS), over 100,000 people in the U.S. are waiting for a life-saving organ transplant, and 17 people in the U.S. die each day waiting for an organ transplant. To learn more, get involved and register as an organ and tissue donor, visit NJSharingNetwork.org.



(above) Rosemarie Hampp recently celebrated the 20 Year Anniversary of her kidney donation to save her mother's life. Rosemarie creates colorful Donate Life stickers to raise awareness. To support Rosemarie's efforts, visit events.njsharingnetwork.org/go/TeamRosie23.

Courtesy photo



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GARDENING QUESTIONS? RUTGERS HELPLINE CAN HELP.

Even landscape professionals occasionally need assistance identifying problems. Diseases of trees and shrubs or insects need to be properly diagnosed before they can be cured or controlled. Luckily for us, Rutgers Cooperative Extension has county offices throughout New Jersey. Your county office can be found in the yellow pages or online. Rutgers Garden Helpline is staffed by trained volunteers to assist the citizens of their county with continuing educational opportunities supplied by Rutgers agricultural department agents during the year.

Rutgers Garden Helpline of Union County is located at 300 North Ave East, Westfield, NJ, (Colleen Fraser Building, 2nd floor)

For questions and office hours call the Garden Helpline at 908-654-9852.

There are three ways you can reach the garden helpline with your questions.

- First you can call them at number above.
- Secondly you can e-mail questions and photographs to: mastergardeners@ucnj.org
- Or clients can bring a plant, lawn, or insect samples to the office. Specimens are the surest way to guarantee a proper identification.

The Garden Helpline volunteers are well trained to identify tick species including 'deer ticks' which transmit Lyme disease to humans and pets. This is an extremely valuable service as the deer and tick population continue to grow in New Jersey. Along with garden critters the Helpline will identify house infesting insects such as carpenter ants, termites and food infesting pests.

THE SPOTTED LANTERNFLY IS HATCHING

Invasive Insect Is a Danger to Trees, Decorative Plantings, and Agriculture

Residents are reminded to keep an eye out for the invasive spotted lanternfly that has caused damage to residential and agricultural plants and trees throughout the area. Residents are asked to check trees, fences, and other flat surfaces around their homes and neighborhoods for egg masses, as well as grown lanternflies and Stomp Them Out!

The spotted lanternfly is native to China, India, and Vietnam. It was first sighted in the United States in Pennsylvania, and has since spread to surrounding states, including New Jersey. The spotted lanternfly was first discovered in Somerset County in 2019. While not harmful to humans or animals, this invasive insect feeds on the sap of many different hardwood trees, scrubs, ornamental plants, and has the potential to impact agricultural crops of economic importance such as grape vines, hops, and apple orchards. Feeding damage caused by the spotted lanternfly significantly stresses the affected plants which can lead to decreased health and potential crop loss.

Residents and visitors are advised to keep an eye out for spotted lanternflies and their egg masses and kill them on sight. Destroying spotted lanternfly egg masses before they hatch is the best way to limit their spread. Eggs can be laid on any flat hard surface including metal, wood, and plastic. Egg masses are commonly found on fence posts, telephone poles, lawn furniture, and the underside of tree branches. Egg laying begins

in September and continues through November or until the first freeze.

While adult spotted lanternflies do not survive the cold winters, their egg masses do. Beginning in May through June, the eggs will start to hatch and mature through their life stages into adulthood. Join the battle to beat the bug and help us Stomp Them Out!

IF YOU FIND SPOTTED LANTERNFLY EGG MASSES:

- Scrape egg masses using scraper cards, or anything else that is hard, tapered and/or flat
- Kill eggs by putting them into doubled bags, using alcohol/hand sanitizer, or by smashing



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Licor 43	1.75L	\$45.99

VODKA

Absolut (regular)	750ml	\$20.99
Absolut (regular)	1.75L	\$31.99
Belvedere Vodka	750ml	\$29.99
Belvedere Vodka	1.75L	\$45.99
Ciroc (all types)	750ml	\$29.99
Ciroc (all types)	1.75L	\$57.99
Finlandia	750ml	\$15.99
Finlandia	1.75L	\$26.99
Grey Goose	750ml	\$24.99
Grey Goose	1.75L	\$39.99
Ketel One	750ml	\$19.99
Ketel One	1.75L	\$39.99
Luksusowa Vodka	1.75L	\$23.99
Pinnacle (all types)	750ml	\$12.99
Pinnacle (80 proof)	1.75L	\$17.99
Skyy	1.75L	\$21.99
Sobieski	750ml	\$12.99
Sobieski	1.75L	\$21.99
Stolichnaya (all types)	1.75L	\$30.99
Tanqueray Sterling	750ml	\$19.99
Tanqueray Sterling	1.75L	\$30.99
Three Olives (all types)	1L	\$19.99
Tito's Vodka	1.75L	\$31.99

RUM

Bacardi Light & Gold	750ml	\$13.99
Bacardi Light & Gold	1.75L	\$20.99
Captain Morgan Spice	1.75L	\$26.99
Malibu	750ml	\$21.99
Malibu	1.75L	\$31.99

TEQUILA

Deleon Blanco Tequila	750ml	\$37.99
Deleon Blanco Tequila	1.75L	\$59.99
Patron Silver	750ml	\$46.99
Patron Silver	1.75L	\$89.99
Cantera Negra Coffee Tequila	750ml	\$29.99

BEER

Becks (12oz) 24pk	24pk	\$29.99
Blue Moon	24pk	\$36.49
Bud and Bud Lite cans	30pk	\$26.99
Bud and Bud Lite loose bottles	24pk	\$22.99
Coors Lite (24oz) cans	12pk	\$18.99
Coors Lite/Miller Lite loose bottles	24pk	\$23.99
Coors Lite/Miller Lite	30pk	\$26.99
Corona/Corona Lite loose bottles	24pk	\$32.99
Dab (16oz) cans	24pk	\$26.49
Founders All Day IPA	15pk	\$17.49
Heineken/Heineken Lite bottles	24pk	\$32.99
Land Shark	24pk	\$29.99
Lech (500ml)	20pk	\$32.99
Modelo Especial cans	24pk	\$29.99
Pabst Blue Ribbon cans	30pk	\$20.99
Pilsner Urquell	24pk	\$30.99
Sam Adams Boston Lager	24pk	\$35.25
Stella Artois loose bottles	24pk	\$32.99
Super Bock	24pk	\$26.99
Yuengling Lager bottles	24pk	\$23.99
Zywiec (11.2oz)	24pk	\$21.99

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