

ROSELLE PARK MONTHLY

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CUB SCOUTS RUN BAGGED LUNCH SERVICE PROJECT

The Cub Scouts of Pack 56 in Roselle Park participated in a Bagged Lunch service project. Scouts assembled about 80 ham and turkey sandwiches and created the same amount of snack bags that included a drink, a piece of fruit and a snack. Snack bags were hand decorated by the scouts with positive messages and cute stickers. All food items were donated to St. Joseph's Social Service in Elizabeth.

Corey Wu-Jung and the staff at St. Joseph's were very appreciative of the donations and were especially proud of the Cub Scouts for taking on a project that directly benefits the community. St. Joseph's is always in need of donations of food, clothing, monetary gifts and volunteer help. To learn more go to sjeliz.org.

If you'd like to learn more about Cub Scouts in Roselle Park, reach out to Lisa Coppola at cubpack56rp@gmail.com or go to beascout.scouting.org and enter your zip code.



Courtesy photos

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Joe Renna at 908-447-1295 - email: JoeRenna@RennaMedia.com



ROSELLE PARK MONTHLY

Renna Media LLC, Publishers
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Roselle Park Monthly is published by Renna Media. 5,600 newspapers are printed monthly and mailed to every business and resident in Roselle Park, NJ. Although great care has been taken to ensure the information contained within is accurate, Renna Media assumes no liability for errors or omissions.

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SEND US YOUR NEWS

Do you have a community service that you need help publicizing? Did you or someone you know accomplish something amazing? We are interested in hearing about your latest achievement (honor, award, etc.), send us your news! Email: editor@rennamedia.com

ADVERTISING

Joe Renna: 908-447-1295
joerenna@rennamedia.com



Find us on online: rennamedia.com
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LOTTERY OPEN FOR COMMUNITY GARDEN

The Roselle Park Environmental Commission is accepting applications to rent plots at the community garden for the 2023 growing season, so residents can grow nutritious organic produce. The community garden is located at 133 Valley Road in Roselle Park.

The Commission will hold a lottery for Roselle Park residents for the right to rent out a 4' x 8' raised garden bed, at a cost of \$50. The beds are filled with organic compost and watered with an automated irrigation system.

Members will receive seeds and a limited amount of seedlings to get them started. Anyone interested in entering the lottery should go to sites.google.com/view/RPGarden, or e-mail the commission at

environmentalcommission@rosellepark.net.

In addition to the rental beds, the Commission and a team of local volunteers will have "market" beds that grow produce for local food pantries and residents in need throughout the community. Anyone interested in volunteering can text "@rpgarden" to the number 81010 to sign up for text alerts.

"We not only want to use this garden to grow food, but to educate, serve, and build community as we have done for many years," said Tim Coakley, the Commission chair. "We also hope to partner with the Borough on events at the garden over the season."

The Commission will accept applications for the lottery until Friday, April 21, 2023. The winners will be selected through the lottery on Saturday, April 22. One application per household, please.



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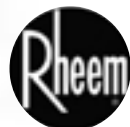
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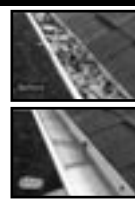
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STUDENTS THRIVE AT ROBERT GORDON ELEMENTARY SCHOOL



(above) Principal Elise A. Genao
Courtesy photo

Submitted by Staff at RG

In honor of Women’s History Month, it is important to be celebrating the women who are currently making history right here in our area. Principal Elise A. Genao is doing just that at Robert Gordon School (RG) in Roselle Park, NJ. Under the leadership of Principal Genao, our children are thriving in all aspects of their education. Robert Gordon has been packed full of exciting events and activities all geared toward a well-rounded academic and social emotional education for our children.

The staff at RG have been working hard to build the students back up after the detrimental effects on their growth during the pandemic. At Robert Gordon’s Read Across America Night on March 1, 2023, all parents in attendance were presented with exciting information about our children’s academic growth. Mrs. Genao did a brief presentation about the increase in reading levels throughout the school. It was incredible to learn that 100% of children receiving reading interventions have grown anywhere from 1-3+ reading levels so far this school year. Additionally, a total of 30% of our children have exited the reading intervention program as they are now reading at grade level. We all know how important reading is for our children’s future not only throughout their career as students but also

throughout their lives as adults. This growth speaks volumes to the work being done with our children at RG and the impact being made to improve their future.

In addition to all of the academic growth being made throughout the school, the opportunities for social emotional growth are also encouraging growth in our children. This year Mrs. Genao has started after school programs that encourage our children to work together and take part in meaningful interactions with each other as their social skills grow. Earlier this year, the program was an arts and crafts theme. Currently, there is a cooking program and an RG newspaper being created by the students. There will also be new and different programs beginning in the spring. The wide variety of themes with each program offered has provided something all our children find interesting and want to be a part of.

This is just a small sample of great things that are happening at RG thanks to Mrs. Genao. She has brought so much positivity and many growth opportunities for our children in the few years she has been our principal. Under her leadership, our children will continue to grow and thrive as they go through their elementary education. Thank you to Mrs. Genao for everything she has done and continues to do at Robert Gordon Elementary School.

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RELIEF FROM CHRONIC KNEE PAIN

FDA Approved Treatment to Avoid Surgery

DON'T BLAME THE ARROW FOR MISSING THE TARGET

Just like tens of millions of other Americans, you were looking for relief from your chronic knee pain. You thought Viscosupplementation injections might be the answer, but the results were disappointing and painful. Don't assume the treatment wasn't right. That could very well be like blaming the arrow for its path to the target when the problem might be the archer. If you didn't get the pain relief you were hoping for, chances are your injection treatment was off target. Unlike blind injections or even ultrasound targeted treatments found elsewhere, **Northeast Spine & Wellness Center** uses diagnostic fluoroscopy to make sure the area that needs treated is the exact area where the injection goes. This is the most advanced method of delivering this pain relieving treatment with 95% accuracy to give you the results you're looking for. The use of Fluoroscopy guided injections sets **Northeast Spine & Wellness Center** apart. The end result is you living pain free from your chronic knee pain. You can avoid the lengthy and painful road of knee replacement surgery. You can avoid the endless trial and error assortment of potentially addictive prescription medications. This treatment, using fluoroscopy guided injections has seen a success rate of above 85% in those suffering from knee pain related to osteoarthritis, and that includes people with bone on bone involvement. You've suffered from chronic knee pain long enough. Call **Northeast Spine & Wellness Center** now for a RISK FREE consultation.



If Knee Surgery Sounds Scary, It Should

Have you have been told you are facing knee replacement surgery? Have you been told about all the downsides you could be facing? First and foremost, there are NO guarantees that knee replacement surgery will be the answer to your pain, but let's look further:

- Surgery is costly, regardless of the percentage of services covered by insurance.
- Surgery requires lost time from work and typically requires a regimen of rehabilitation and medications.
- With surgery, there is always a risk for unwelcomed complications. And you could be back to where you started, or worse.
- Medications will be required for relief from surgery and you have been down that road before. Addictions to these pain medications can cause potential side effects, something you do not want to experience.
- Rehabilitation can take years.

Consider This Alternative To Surgery

Northeast Spine & Wellness Center offers you a real opportunity and a painless way to say goodbye to your knee pain without any surgery. Here are just a few of the important benefits you should consider?

- Diagnostic fluoroscopy accurately targets the pain, unlike blind injections.
- Guided fluoroscopic injections are virtually pain free, unlike blind injections.
- No lost time from work or family.
- No expensive or time consuming rehabilitation.
- No potentially addictive prescription medications.
- Recovery time is almost instant, not months or years.

How Does This New Treatment Work?

Relief begins almost as fast as it takes to pronounce the treatment. It's called Viscosupplementation Therapy. To begin with, it starts with **Northeast Spine & Wellness Center** investing in the use of diagnostic fluoroscopy. This enables them to target the exact location of your knee pain with pinpoint accuracy. What follows is a simple injection that causes little to no pain, especially when compared to what you may be living with daily. That explains what you will see on the surface of this revolutionary treatment. What's taking place below the surface is how and where the natural healing process takes place. The injection of a Hyaluronic acid called Hyalgan. This gel-like substance was approved by the FDA in 1996. Hyalgan is a natural substance that mimics the synovial fluid that is already produced by your body in your joints. Osteoarthritis sufferers in particular see a reduction in this much needed synovial fluid in their knee joints. Without that cushioning layer of protection, the cartilage in your knee can begin to wear away leading to the rubbing of bone on bone. Through Viscosupplementation Therapy, this natural substance immediately goes to work reducing the swelling and inflammation in the joint and adding a coating layer of protection. Think about Dorothy taking the oil can to The Tin Man. You'll begin to feel that same kind of relief and quite possibly feel like you're ready for a dance down the yellow brick road to recovery yourself. And with a success rate of over 85% in alleviating pain associated with osteoarthritis, it's easy to see why this treatment is so readily covered by Medicare and by most major insurance providers. Diagnostic fluoroscopy to target the pain, Viscosupplementation Therapy to relieve the pain. Simple, fast and no surgery!

Do you Suffer from any of these Symptoms?

There are a number of reasons why you developed Osteoarthritis pain. It can develop with age or because of heredity. It could be from repetitive stress from a job or some glory days in athletics. Of course your concern is with the symptoms you face daily and how to make them end, hopefully without surgery or the use of potentially addictive medications. **Northeast Spine & Wellness Center** understands the symptoms you have been living with and can help. If you have any of the symptoms below, please call us today. Relief is a phone call away.

- **Pain** - Whether it's a sharp aching or maybe a burning sensation, the pain can range from irritating to debilitating.
- **Swelling** - This can cause tenderness and soreness to the entire knee area, making walking or going up and down stairs painful, getting in and out of bed or bathtubs difficult and dangerous just name a few activities affected by swelling.
- **Stiffness** - Getting up out of bed or after sitting for a period of time gets more and more difficult. This loss of mobility can be more than a hindrance. It can be dangerous if you need to move quickly.
- **Loss of muscle strength** - This can lead to balance issues and the strong possibility of falling.
- **Joint deformity** - Not just unsightly, but painful as well.
- **Creaking Joints** - Can be painful and a sign of more discomfort to come.
- **Sleepless nights** - Losing sleep over your suffering is not just irritating, but potentially dangerous because of so many other health concerns that can be affected by loss of sound sleep.

Let Me Show You Targeted Relief From Your Knee Pain

Every day, I see patients suffering from knee pain due to arthritis, osteoarthritis, sports injuries or other conditions. Many have been told that they are in need of knee replacement surgery. Other patients say they have been prescribed various prescription medications to deal with the pain.

Something else I see almost every day, are patients that have tried viscosupplementation knee injections elsewhere and found it to be a painful and ineffective experience because the injections were not administered using fluoroscopic guidance. Instead of using the incredibly accurate diagnostic fluoroscopy we use at **Northeast Spine & Wellness Center** these patients experienced a blind injection technique, which can be as inaccurate as playing pin the tail on the donkey.

Once I am able to explain to my patients about the pin point accuracy of using diagnostic fluoroscopy and the amazing results viscosupplementation can provide, they are thrilled to get started. They are even more thrilled when they feel the relief. Please contact **Northeast Spine & Wellness Center** today to schedule your RISK FREE consultation.

Call 732-827-0800

Scot Paris MD, FACS



Here's what our patients have to say

"I'm dancing without pain. I can move with no problem whatsoever. I can go up and down steps with no pain."

- Patricia G.

"Over 85% relief for the first time in 15 years, suffering with knee pain. My life is getting back to normal."

- Perry O.

"After only four visits, I have absolutely no pain! The staff is 'top-notch.'"

- Quenton L.

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"MEET THE BOROUGH" EVENT FOR NEW RESIDENTS

On Saturday, April 22, 2023 the Borough of Roselle Park is inviting all new Roselle Park residents to participate in its "Meet the Borough" event. The event will take place at the Casano Community Center, located at 314 Chestnut Street, from 11:00 a.m. to 1:00 p.m.

Started in 2022, the "Meet the Borough" event has proven to be a success providing new residents with information about all of the resources and services offered by the municipality.

After having the opportunity to have a meet and greet with Borough officials and departments, attendees will go home with a free welcome package. Light refreshments will be served accompanied by live music.

"I'm happy we're bringing back 'Meet the Borough' for a second year," said Mayor Joe Signorello. "It's a wonderful opportunity to welcome and get to know the new faces in our community. There is a lot of good happening here, and we enjoy showing off everything that we have to offer. If you are a new resident, I really hope to see you there!"

This event is free and is open to all new Roselle Park residents. For more information, please call 908-245-0666.

ROSELLE PARK NJ

Roselle Park Presents

"Meet the Borough"

We're welcoming
Roselle Park's newest residents!

- ✓ Meet the Mayor and Council
- ✓ Enjoy live music and refreshments!

When & Where

☑ Saturday, April 22nd

🕒 11:00 a.m. - 1:00 p.m.

📍 Casano Community Center
314 Chestnut Street
Roselle Park, NJ

All attendees will receive a welcome package with resources and services available from each of the Borough's departments.

For more information, please call (908) 245-0666.

NJ MVC MOBILE “AGENCY-ON-WHEELS” EVENTS

After the two successful years, the Borough of Roselle Park is excited to once again host MVC’s “Agency on Wheels.” In partnership with the New Jersey Motor Vehicle Commission, Roselle Park will be hosting seven (7) dates where customers can take advantage of the MVC holding hours locally from within a mobile unit. Nicknamed the “Agency-on-Wheels,” these MVC Mobile units are able to handle a multitude of tasks typically completed at brick-and-mortar agency locations.

Patrons will be received on a first-come, first-served basis with registration. Details on how to register will be released as the event gets closer, and posted on the Roselle Park event calendar, social media, and in the Borough’s monthly newsletter. Customers can obtain license plates, placards, registrations, drivers licenses, non-driver identification cards, and exam permits. Mobile units can provide REAL ID to a limited number of people per day and only if their appointments are scheduled before 11:30 a.m. on their appointment day.

In order to utilize MVC’s “Agency on Wheels,” customers must provide six (6) points of ID and a social security card (or the equivalent). Those without a social security card may bring a W2 from the past tax year (2022), a current pay stub, or a 1099 form.

The mobile unit will be parked at Michael Mauri Gazebo Park located at 16 E. Grant Avenue Roselle Park, NJ 07204.

Customers will be received from 10am to 2pm

on the following dates:

MONDAY, APRIL 17TH

MONDAY, MAY 22ND

TUESDAY, JUNE 20TH

MONDAY, JULY 17TH

TUESDAY, AUGUST 15TH

MONDAY, SEPTEMBER 18TH

MONDAY, OCTOBER 16TH

Residents can use the following links to register for April and May:

Monday, April 17, 2023,

forms.gle/pLANDaiNTM73YHAQ8

Monday, May 22, 2023,

forms.gle/tQKySx4vVWxxnZ7z5

Upcoming dates will be posted on Roselle Park social media and the Borough’s website.

All NJMVC units are wheelchair accessible and easy for all to use.

For more information, please contact the Casano Center, (908) 245-0666.

YOUR MVC IS COMING TO ROSELLE PARK!

Monday, April 17th

Monday, May 22nd

Tuesday, June 20th

Monday, July 17th

Tuesday, August 15th

Monday, September 18th

Monday, October 16th

10AM - 2PM

Michael Mauri Gazebo Park

16 E. Grant Avenue

Roselle Park, NJ 07204

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MVC “Agency on Wheels” offers:

- ✓ License Plates
- ✓ Drivers Licenses & REAL ID
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- ✓ Non-Driver Identification Cards
- ✓ Registrations
- ✓ Examination Permits

The MVC Mobile Unit has a **limit of 40 customers** per date with an **additional 10 customers** to be placed on a standby list. Six (6) points of ID and a social security card are required. If you do not have a social security card, you may bring a W2 from the past tax year (2022), a current pay stub, or a 1099 form.

For more information please call the Casano Center

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SALEM ROADHOUSE CAFÉ ANNOUNCES MARK ADAMY BAND

The Salem Roadhouse Café presents the Mark Adamy Band, Saturday, April 15, 2023. The doors open at 7:15 p.m., show starts at 8 p.m. Admission is \$20 and includes show, snacks, non-alcoholic beverages, and dessert. The venue is located in the basement of Townley Presbyterian Church, 829 Salem Rd, Union, NJ. The Roadhouse operates as a non-profit that raises funds for several carefully chosen local charities.

Mark Adamy is a multitalented keyboardist and vocalist who works with artists around the globe as a live performer and recording artist. This includes his own band: The Mark Adamy Band, which is a group of accomplished musicians that has thrilled listeners with its original stylings fusing pop, rock, jazz, R&B, world, and spiritual music.

Mark has enjoyed popularity as a sought-after talent for special events, productions, and performances. Mark has won honors including Entertainer of the Year and Boston Music award nominations. He has shared the stage with greats like Chaka Khan, James Brown, The Four Tops, John-Lee Hooker, Pieces of a Dream, Howard Hewitt, Phil Driscoll, Phil Keaggy, Roger Humphries, and many others. Mark has played in many Broadway productions as well as music directing off-Broadway productions in NYC.

Mark's concert credentials are extensive with acts such as the Coasters, the Cadillacs, Ink

Spots, Jive Five, Silhouettes, Marvellettes, the Charelles, and guitarist Billy Davis. He has jammed with jazz artists such as Warren Hill, Makoto Ozone, Darren Lyons Group, and Lee Robinson at venues ranging from New York's Russian Tea Room and Knitting Factory to Boston's Symphony Hall

As always, the Salem Roadhouse Café is live, intimate, up front, and personal. All ages are welcome.

ABOUT SALEM ROADHOUSE CAFÉ

It's not "church music." It's music music. Folks who've come to the Salem Roadhouse Café know that it's a clean, safe place for people who enjoy listening to live music — in a world otherwise filled with clubs and bars. The Roadhouse has always offered its stage to local and independent mainstream musicians. Jazz, rock, folk, and other groups have performed. What's the common thread? They're all great musicians playing the kind of music people like to hear. There's no message, just music.

The Roadhouse started in 2008 by members of Townley Presbyterian Church with a grant from the Presbytery of Elizabeth. Hey — that's why we're located where we are, 829 Salem Rd, Union, NJ. The Roadhouse operates as a non-profit that raises funds for several carefully chosen local charities. That's its social mission.

But the many musicians who've played the

Salem Roadhouse Café see it as a solid performance venue. They love it because of its special intimacy and great audiences. They say people here "really listen." Ask any of the musicians you meet here — they love to play the Roadhouse, and they want to come back often.

The Salem Roadhouse Café has raised funds for many carefully chosen charities. They include: The Presbytery of Elizabeth E-port Center, Center For Hope Hospice, Community Food Bank, Monarch Housing, Angel Paws Animal Rescue, National MS Society, Haiti Disaster Relief, Hurricane Sandy Disaster Relief, The Union County YWCA Domestic Violence Program, Making It Possible To End Homelessness, Camp Johnsonburg, The Music Institute, and others. Thousands of dollars have been raised for these deserving charities.

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EARTH DAY RAHWAY RIVER CLEAN-UP – APRIL 22

Rahway River Watershed Association

All volunteers are invited to celebrate Earth Day 2023 with a clean-up of the Rahway River with Union County Parks and Recreation's Rahway River Park on Saturday, April 22nd (with a rain date of Sunday, April 23rd).

The clean-up will focus on areas upstream and downstream of the dam at Winfield Park, New Jersey in Cranford, Clark, Linden and Rahway. Please come by the parking area adjacent to the waterfall of the Rahway River by the Bloodgood Dam at Winfield Park at 8:45 to register, pick up bags, gloves, bottled water and snacks, and receive safety information. Teams will be encouraged to travel to any part of the river within the park where they would like to perform cleanup activities. We specifically ask all folks to register and to work in small groups for safety purposes. Everyone under 18 must have their parent's signature on the attached Individual

Waiver form as well as adult supervision to participate.

Cleaning up a river and park area is a great way to celebrate Earth Day and if you haven't participated in an event like this before, you will find it invigorating, and you will feel good about what you have accomplished...it is also fun and educational...especially for Scouts and young adults as they always find something interesting. Over the 25 years this cleanup has occurred thousands of folks have participated, and pulled some amazing things from the river improving its quality.

The clean-up will generally be between 9 a.m. – 12 p.m., but any amount of time or effort that folks can volunteer is appreciated. There is always a large volume of floatable debris to pick up. The team working registration will provide suggestions on areas with large volumes of

floatable debris.

All participants should wear jeans, long-sleeved shirts, gloves and boots, waders are welcome for folks who like to get a little wet. Each participant should bring a standard 5-gallon carry bucket with a handle (put your name on the bottom)...this makes for easy carrying of "stuff" for transfer to the large garbage bags. A mulching rake is also a great asset to have to enable reaching out and pulling debris into shore from the river bank. After the event there is an inventory of the debris removed, and within approximately 24 hours Union County Parks and Recreation removes and disposes of all the trash.

There is no RSVP required but if more information is required please contact rivercleanup@comcast.net or the Rahway River Watershed Association at CleaCarchia@outlook.com.

ONLINE AUCTION TO BENEFIT MAPLEWOOD'S "HOUSE ON THE HILL"

Link to [Airauctioneer.com/Art4Ethical](https://www.airauctioneer.com/Art4Ethical) to join the "Celebrate Art" Online Art Auction. Bidding runs from April 22 to 29, Preview runs from April 15 to 21). Proceeds from "Celebrate Art" will go to The Ethical Culture Society's Capital Campaign to repair the historic Ethical Culture Society building, the "House on the Hill" at Prospect and Parker in Maplewood, NJ. Ethical Culture Society Members and Friends and the wider community are coming together in this effort.

INVITE TO ARTISTS

Area artists are welcome to donate work to this online art auction. Deadline for receiving work is Wednesday, April 12, 2023. (sooner, if possible!) Artist will gain name familiarity among buyers, and they will receive a letter for tax purposes documenting their donation. Unsold works will be returned to the artists. Contact us/send a photo of the piece or pieces your wish to donate to Art4Ethical@gmail.com.

FOR MORE INFORMATION ABOUT ETHICAL CULTURE SOCIETY

Contact us by email essexethical@gmail.com

Visit website: essexethical.org

and essexethical.org/whoweare.html

Find us on Facebook:

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Sayaka Ganz
Reclaimed Creations
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The Galleries at Kean University present Sayaka Ganz RECLAIMED CREATIONS, an amazing art exhibition featuring sculptures of animals in motion, utilizing reclaimed plastic objects, rich in color and energy.

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APRIL IS WORLD AUTISM MONTH

Autism Speaks

Every April Autism Speaks celebrates World Autism Month, beginning with the United Nations-sanctioned World Autism Awareness Day on April 2. This year marks the 15th annual World Autism Awareness Day.

Throughout the month, we focus on sharing stories and providing opportunities to increase understanding and acceptance of people with autism, fostering worldwide support. This year, we are committed to creating a world where all people with autism can reach their full potential.

SUPPORTERS CAN PARTICIPATE IN WORLD AUTISM MONTH BY:

- Join our 2.8 million social followers and help foster understanding and acceptance by sharing the diverse stories of people on the spectrum or telling your own. Submit your story by visiting: surveyMonkey.com/r/AutismSpeaksShareYourStory

- Invite your colleagues, classroom and friends to join our Kindness Campaign and encourage acceptance, understanding and inclusion with daily acts of kindness at school, work or in your community. Together, we can create a world where all people with autism can reach their full potential.
- Make a meaningful, lasting impact for people with autism with your gift. It's one of the easiest and best ways to show your support.
- Learn about all the ways you can fundraise on social media.

Joined by the international community, hundreds of thousands of landmarks, buildings, homes and communities around the world come together on April 2, World Autism Awareness Day, to Light It Up Blue in recognition of people with autism and those who love and support them.

Everyone is encouraged to participate. Whether you have autism, love someone who does, or are looking to support a diverse, accepting and kind community – you're invited to take the pledge to help create a world where all people with autism can reach their full potential.

For more information visit:
autismspeaks.org/world-autism-awareness-day



(above) Whether you have autism, love someone who does, or are looking to support a diverse, accepting and kind community – you're invited to take the pledge to help create a world where all people with autism can reach their full potential. For more information visit:
autismspeaks.org/world-autism-awareness-day

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42nd Annual Kids Fishing Derby

All contestants must register by 2 pm April 15, 2023
Free for all kids 16 years old and under
Adults may enter for a \$10.00 entry fee

The contest runs from
8am Sat April 15, 2023 through Midnight May 5, 2023

Echo Lake Park – Mountainside, NJ 07092



Prizes will be awarded!

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SPRING COMMUNITY CLEANUP

On Saturday, April 15th the Borough of Roselle Park will be holding a community cleanup event from 10:00 a.m. to 1:00 p.m. through its Clean Communities Program. All residents and volunteers are welcome to attend.

The idea behind the Borough-Wide Cleanup is to encourage local residents to take ownership of the environment and contribute towards improving the cleanliness of the community. This event is inspired and funded by the New Jersey Clean Communities program.

"I am looking forward to being with the community on Saturday, April 15th," said Rupen Shah, Roselle Park Clean Communities Coordinator. "It's a great opportunity to keep the community a safe, clean and healthy environment that we are so proud of."

Cleanup tools and supplies will be provided by the Borough on the day of the event at the Casano Community Center. The deadline for group/organization registration is Thursday, March 30th. Individual residents and volunteers do not need to sign up to participate. For more information, please call Rupen Shah, Roselle Park Clean Communities Coordinators, at 908-245-0666.

BLOOD DRIVE - APRIL 4

The Knights of Columbus will sponsor a Blood Drive on Tuesday, April 4, 2023 from 3 to 8 p.m. in the lower hall of Church of the Assumption, 113 Coolidge Pl., Roselle Park.

Appointments are highly recommended to avoid waiting, but walk-ins are welcomed. To Schedule an Appointment, please visit:

donor.cbsblood.org/donor/schedules/drive_schedule/56392

For more information, please contact Greg at gdemeter07@yahoo.com.

The Borough of Roselle Park's

Spring Borough-Wide Clean-Up



Facebook: @RoselleParkBorough
Instagram: @roselleparknj

Help keep your community & the environment clean!

📅 WHEN

Saturday, April 15th
10:00AM - 1:00PM

📍 WHERE

Casano Community Center
314 Chestnut Street

Register your group here: <https://forms.gle/irYuHzX53HGu1xLt9>

Cleanup tools and supplies will be provided on the scheduled cleanup day. Registration is not required for individual volunteers.

For more information, please call (908) 245-0666.

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YMCA PROVIDES UNIQUE OPPORTUNITY FOR STEAM LEARNING

The Gateway Family YMCA, together with the Maker Depot Academy provided an innovative STEAM (science, technology, engineering, arts and math) experience within The Gateway Family YMCA – Rahway Branch School Age Child Care Programs. This program, Cognitive Creations, focused on introducing

mobile application. Through this innovative technology program led by Maker Depot Academy, students explored scientific objects including the human brain, planets and butterflies, as they were getting acclimated to utilizing augmented reality technology. After the introductory period, students had the freedom to create their own designs.

“Augmented reality is a new and innovative technology experience that we were excited to be able to provide to students in our After School care program,” stated Melynda A. Disla, President/Chief Executive Officer, The Gateway Family YMCA. “The overwhelming feedback we received from children participating in Cognitive Creations was that they had fun and enjoyed exploring virtual designs.”

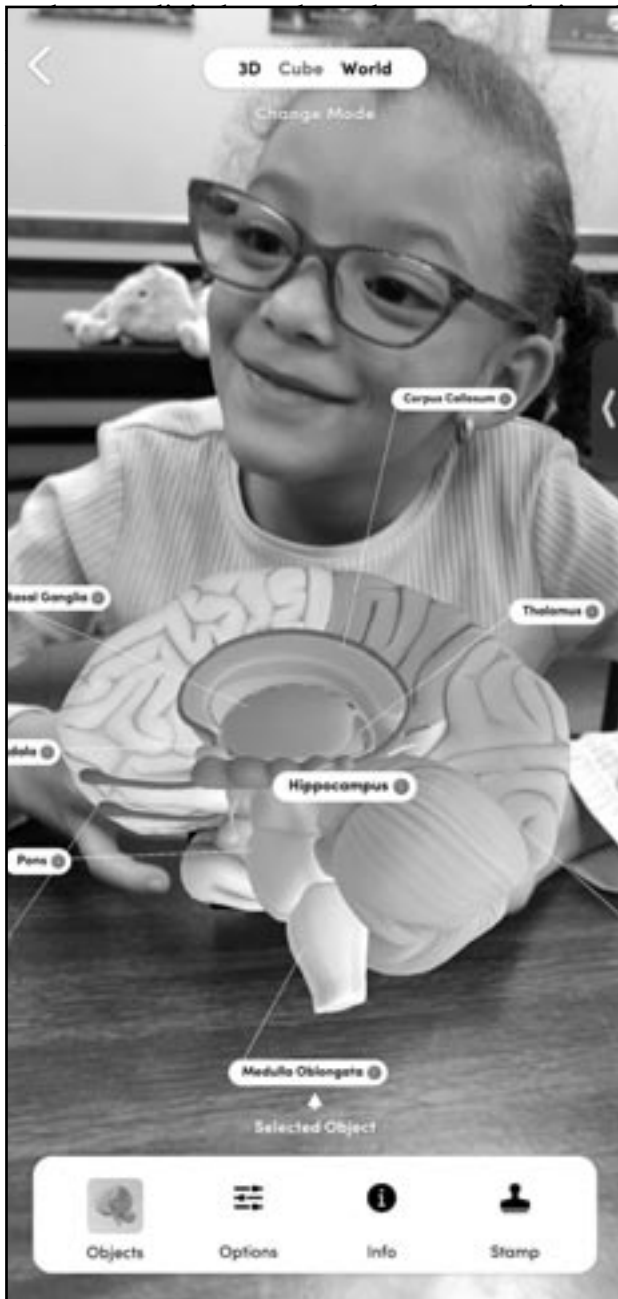
The benefits of the Cognitive Creations program will continue beyond The Gateway Family YMCA School Age Child Care programs with the use of 40 Merge Cube units, purchased to increase the availability of this unique programming and experience for students.

This program is made possible in part by a 2022 HEART (History, Education, Arts Reaching Thousands) Grant from the Union County Board of County Commissioners.

The Maker Depot Academy is a nonprofit STEAM center, located in Rahway.

The Gateway Family YMCA is a leading 501(c)(3) non-profit, health and community service organization committed to strengthening community by connecting all people to their potential, purpose and each other. Working locally, the Y focus on empowering young people, improving health and well-being, and inspiring action in and across communities. By bringing together people from different backgrounds, perspectives and generations, the Y ensure that all have access to the opportunities, relationships and resources necessary to learn, grow and thrive.

For more information on The Gateway Family YMCA visit www.tgfymca.org or contact The Gateway Family YMCA – Rahway Branch at 732-388-0057 or rahwayinfo@tgfymca.org.



(above) The Gateway Family YMCA Integrates Innovative STEAM Experience in After School Programming.

HEALTHY KIDS DAY!

YMCA OPEN HOUSE
Saturday, April 29

Family Friendly Events
Community Health Fair
Program & Camp Information

Calendar of Events

THE GATEWAY FAMILY YMCA tgfymca.org

Senior Health & Fitness Day
Wednesday, May 31, 2023
Open House & Community Health Fair
Program & Vaccine Information

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PALM SUNDAY
9 AM- Children's Worship & Holy Cross Celebration Worship
10:15 AM-Passion Sunday Worship

MAUNDY THURSDAY
7:30 PM-Meditative Worship

GOOD FRIDAY
Noon- Cranford Interdenominational Worship
7:30 PM- Tenebrae Service

EASTER SUNDAY
9 AM- Children's Worship & Egg Hunt
9 AM- Holy Cross Celebration Worship
10:15 AM- Easter Festival Worship

108 Eastman Street - Cranford, New Jersey 07016
908.276.2418 www.calvarycranford.com

APRIL EVENT ROSELLE PARK VETERANS MEMORIAL LIBRARY

404 Chestnut St., Roselle Park, NJ 07204 • (908)-245-2456 • library@rosellepark.net • roselleparklibrary.org
Monday, Tuesday, Thursday: 10 AM - 8 PM; Wednesday, Friday: 10 AM - 5 PM; Saturday: 10 AM - 2 PM; Sunday: closed

TOT PROGRAMS (AGES 0-5)

Tuesday Toddler Matinee

Tuesday 04/11, 11:00 am

Watch an episode of Daniel Tiger followed by a craft and a game.

Sensory Play Story Time

Alternate Tuesdays 11:00 am

Enrich your toddler's senses through tactile learning with Miss Faith.

Books & Badges

Wednesdays, 11:00 am

Children will have a chance to build vocabulary and enjoy a book and craft with our officers from the RPPD

Pajama Story Time

Thursdays 6:30 pm

Bring your favorite stuffed animal, wear your pajamas and join Miss Maria for a cozy bedtime story.

Let's Pretend! Storytime/Playgroup

Friday 11:00 am

Explore stories, gain social skills, and learn preschool basics with Miss Faith.

KIDS PROGRAMS (AGE 5-11)

Junior Chef

Monday 03/06 3:30 pm

Develop your culinary skills with Miss Faith as you make an easy after-school snack, learn kitchen safety tips, and enjoy a story. Ages 5+

Junior Gardeners

Monday 04/10 2:00 pm

Don't forget your gardening gloves and learn about soil as we clear out a gardening bed and get it ready for planting.

Peep Show

Tuesday 04/11 2:00 pm

Bring your own box (empty cereal box or shoe box) and book theme to make a Peep diorama.

Ramadan Crafternoon

Monday 04/17 3:30 pm

Celebrate Ramadan with us and make colorful lanterns to show your light.



(above) Let's Pretend Storytime with lots of smiles and happy faces all around!

TWEEN AND TEENS PROGRAMS (AGES 12+)

Resume Basics Workshop

Tuesday 04/25 6:00 pm

Get an overview of resume do's and don'ts

Teen/Teen Mental Health Workshop

Wednesday 04/05 3:30 pm

Workshop includes: Exploring emotions, why we might feel those emotions, and 3 tools that can help us deal with them.

FAMILY EVENTS

Family Take and Make Spring Garland kit

Available April 1st

Pick up a spring garland kit to take home and make together. 1 kit per family.

While supplies last!

Spring Candy Event

Saturday 04/01 11:00am-1:00 pm

Join the Roselle Park Library and Roselle Park Committee for our annual Spring Candy Event. Decorate your bags, hunt for candy, and take a photo with our special guest: The Easter Bunny.

Lego Club

Tues 04/04 3:30pm, Wed 04/12 1:00pm,

Sat 04/15 11:00 am

Use the library's LEGO bricks to build your own creations. Check the calendar for dates.

***Embracing The Amazing Autism Awareness Craft

Friday 04/14 1:30 pm

Join us for a puzzle-themed craft to celebrate Autism Awareness/Acceptance Month!

Chess Night

Tuesday 04/18 5:00 pm

Whether you're a beginner or pro, join us for Chess Night! Practice strategies against your opponents! Ages 8+

Earth Day Story Time and Craft

Saturday 04/22 4:00 pm

Help us celebrate Earth DAY with a story and Earth-inspired craft.

Family Movie Night

Monday 03/27 4:00 pm

Bring the family, wear your pajamas and join us for a snack and movie in our program room.

Meet The Chicks

Saturday 04/29 11:00 am

Meet our baby chicks and learn about their journey from eggs to egg-celent library pets!

ADULT PROGRAMS

***Adult Craft Night

Monday 04/03 6:00 pm

Design your own Terracotta Carrot Pot. Ages 14+ Registration required!

Meet the Borough

Saturday 04/22 11:00 am-12:30 pm

New to Roselle Park? Meet the mayor and council and tour the town, including Roselle Park Library!

Resume Basic Workshop

Tuesday 04/25 6:00 pm

Get an overview of do's and don'ts. Ages 15+

Knitting Club

Wednesdays 1:00 - 3:00 pm

Knit and crochet winter hats and scarves to donate for the winter season.

Quilting Club

2nd + 4th Thursdays 1:00 - 3:00 pm

Try out new quilting patterns with friends

ESL For Adults

Thursdays 11:00 AM - 12:00 pm

Learn ESL with Anthony.

ESL For Adults

Thursdays 6:00pm- 7:00 pm

Learn ESL with Professor D'arpa

Tech Help

Monday-Friday 9:00am-5:00pm

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LIBRARY SERVICES

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IMAGINE SEEKS LOVING LISTENERS

You may be familiar with Imagine and know that the non-profit provides free peer support groups for children, youth, young adults and parents/guardians who are grieving. Did you know that the groups are facilitated by an amazing team of volunteer facilitators? Imagine's volunteer facilitators come from all walks of life and no special background is required other than a willingness to listen, a heart inclined to serve, and the ability to be with children and adults in grief without trying to fix, solve or give advice. No prior experience is necessary.

Volunteers must be 18 years or older. Spanish-speaking volunteers are needed as well. Volunteers serve as companions and loving listeners for those who are grieving and help create a safe space where participants can share tears and embrace the joys of life.

Here's how some of our current volunteer facilitators have described their experience:

"Being an Imagine volunteer has been the most fulfilling and worthwhile volunteer experience I've ever had. I feel that the model is just what it should be, and I love being a part of it. I think being an imagine volunteer helps me fulfill my desire to be a good person." Aimee-6+ years as Imagine Facilitator

"People outside of Imagine are always supportive when they hear that I volunteer at a grief support center. But I know it can be a little confusing to hear that volunteering at a grief support center is the best night of my week. And that's the magic. That as a volunteer, the joy is not in what we bring, but what we take home from our participants." Rob-4+ years as Imagine

Facilitator

"I have found the people at Imagine to be among the best that I have ever met." Diane-6 months as Imagine Facilitator

If you'd like to join Imagine's amazing team of volunteer facilitators, there is a training planned for June 2 - 4. Each training is held from 9 a.m. - 5a.m. each day over 3 days at Imagine's Mountainside center. Imagine asks that you plan to attend the entire training. Participants in the training will have an opportunity to learn companioning and facilitation skills while sharing stories with one another and providing each other with support. Many of Imagine's facilitators come away from the training feeling truly connected to one another and describe the experience as "life changing" Participants also come away better prepared to support those at Imagine, and those in their lives who have experienced a loss.

If you'd like to join one of the upcoming trainings, please visit Imagine's website at imaginejnj.org or call the center at 908-264-3100. Imagine's staff and volunteers hope to welcome you to the team!

Imagine is a 501c3 nonprofit that offers free year-round grief support groups for children ages 3-18 and young adults 19-30 who are coping with a loss due to death. Concurrently, support groups are available for the parents and guardians of the children in the groups and offered in English and Spanish. Imagine also offers grief and loss education and training to the community. For more information please contact Imagine at 908-264-3100 or info@imaginejnj.org.

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YWCA AWARDS BREAKFAST - MAY 11

The YWCA of Union County will host its annual TWIN event on Thursday, May 11, 2023 at the Embassy Suites Hotel in Berkely Heights, NJ from 8 am to 9:30 am.

Debbie-Ann Anderson, Union County Director of Human Services will serve as the Keynote Speaker at the event and will receive the Lifetime Achievement Award for her dedication to improving the lives of those in need. Anderson has an extensive background in programs serving families, as well as vast experience with corporate, non-profit and community affairs organizations.

YWCA Executive Director Karen Geer stated, "We are very excited to honor Debbie-Ann with this award. She has been a champion for the YWCA and its mission. Her support and commitment to our programs has enabled us to deliver more vital services to those in need."

Anderson began her professional fundraising career in 2004 at the Muscular Dystrophy Association (MDA) in Towson, Maryland. She joined the United Way of Greater Union County in 2008 and served as its Executive Vice President. Anderson also served as Executive Director of HomeFirst Interfaith Housing Services and was appointed Union County Director of Human Services in 2017.

Five additional honorees will be presented awards for Racial Justice, Community Service, Young Professional, YWCA Ally, and Business & Industry Leadership. Nominations will be

submitted by sponsors of the event by visiting www.ywcaunioncounty.org/twinawards2023.

Individual tickets to the TWIN event are \$150 and can be purchased at www.ywcaofunioncounty.org or by emailing events@ywcaofunioncounty.org.

The YWCA of Union County is dedicated to eliminating racism, empowering women, and promoting peace, justice, freedom and dignity for all. Its mission is to empower survivors of domestic violence to become safe and free from abuse, and to promote social justice and eliminate violence against women and girls. We accomplish this mission through the provision of comprehensive, client-centered services, and through education, collaboration and advocacy that builds safe, informed and supportive communities. Its programs include a 24-hour Domestic Violence Hotline (908-355-HELP), Community Support Services, Family Justice Center, and Residential Programs, PALS (Peace: a Learned Solution), and Community & Professional Education. For more information, please visit www.ywcaofunioncounty.org or call (908) 355-1995.



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