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## CHARLES REUL HONORED FOR OUTSTANDING SERVICE

### U.S. Coast Guard Auxiliary

Charles W. Reul of Rahway has been recognized for his “outstanding performance of duty” to New Jersey’s recreational boating community by the US Coast Guard Auxiliary, a unit under the US Department of Homeland Security.

In an uncommon dual presentation for exceptional achievement, Charles has received the Auxiliary’s Century Club Award as well as a written Commendation from the active-duty Coast Guard’s national Commandant for “upholding the highest traditions” of the service.

The Century Club Award is reserved for those who complete 100 or more vessel examinations, including formal visits to those who partner with the Auxiliary’s sale boating initiatives (such as marine equipment suppliers, marinas and boating clubs), in a single year. Charles’ separate Commendation acknowledges his “expertise in managing the integrity of” those vessel examination and partner visitation programs as having “encouraged greater and continuous performance” in such missions by other Auxiliary members.

“Charlie has provided remarkable service to the boating public over many years,” said Jim Dry, Division Commander of USCG Auxiliary Division 4 (Raritan Bay Area). “This recognition is well deserved, and he remains

an example of good leadership to our Division’s members,” he added.

Charles came to the Auxiliary in 2005 as a Navy veteran who served aboard the USS Mount Whitney, an amphibious command ship which in its time provided the most advanced intelligence and operational communications suite available at sea. He currently serves as Vice Commander of Somerville-based Auxiliary Flotilla 014-04-08, and is a qualified Telecommunications Operator, Vessel Examiner and Recreational Boating Safety Visitor, among other distinctions he has held at both the Divisional and National levels. As part of his ongoing commitment to the recreational boating community Charles maintains a regular presence on Division 4’s Radio Net to assist active-duty Coast Guard personnel with incoming calls from boaters, including those requesting an emergency response.

As a personal interest Charlie is an active member of Amateur Astronomers Inc., one of the largest astronomy associations in the US with a local chapter on the Cranford campus of Union County College.

The USCG Auxiliary is comprised of dedicated volunteers who provide educational materials, training and other resources in support of recreational boating safety, community service events, marine environmental protection and US Coast Guard missions.



(above, l-r) Coast Guard Auxiliary Division 4 Commander Jim Dry, Charles Reul (center, holding official Commendation), and Flotilla 014-04-08 Commander David Kotz.

Courtesy photo

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Do you have a community service that you need help publicizing? Did you or someone you know accomplish something amazing? We are interested in hearing about your latest achievement (honor, award, etc.), send us your news! **Email: [editor@rennamedia.com](mailto:editor@rennamedia.com)**

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# EARTH DAY RIVER CLEAN-UP – APRIL 22

*Rahway River Watershed Association*

All volunteers are invited to celebrate Earth Day 2023 with a clean-up of the Rahway River with Union County Parks and Recreation's Rahway River Park on Saturday, April 22nd (with a rain date of Sunday, April 23rd).

The clean-up will focus on areas upstream and downstream of the dam at Winfield Park, New Jersey in Cranford, Clark, Linden and Rahway. Please come by the parking area adjacent to the waterfall of the Rahway River by the Bloodgood Dam at Winfield Park at 8:45 to register, pick up bags, gloves, bottled water and snacks, and receive safety information. Teams will be encouraged to travel to any part of the river within the park where they would like to perform cleanup activities. We specifically ask all folks to register and to work in small groups for safety purposes. Everyone under 18 must have their parent's signature on the attached Individual Waiver form as well as adult supervision to participate.

Cleaning up a river and park area is a great way to celebrate Earth Day and if you haven't participated in an event like this before, you will find it invigorating, and you will feel good about what you have accomplished...it is also fun and educational...especially for Scouts and young adults as they always find something interesting. Over the 25 years this cleanup has occurred

thousands of folks have participated, and pulled some amazing things from the river improving its quality.

The clean-up will generally be between 9 a.m. – 12 p.m., but any amount of time or effort that folks can volunteer is appreciated. There is always a large volume of floatable debris to pick up. The team working registration will provide suggestions on areas with large volumes of floatable debris.

All participants should wear jeans, long-sleeved shirts, gloves and boots, waders are welcome for folks who like to get a little wet. Each participant should bring a standard 5-gallon carry bucket with a handle (put your name on the bottom)...this makes for easy carrying of "stuff" for transfer to the large garbage bags. A mulching rake is also a great asset to have to enable reaching out and pulling debris into shore from the river bank. After the event there is an inventory of the debris removed, and within approximately 24 hours Union County Parks and Recreation removes and disposes of all the trash.

There is no RSVP required but if more information is required please contact [rivercleanup@comcast.net](mailto:rivercleanup@comcast.net) or the Rahway River Watershed Association at [CleaCarchia@outlook.com](mailto:CleaCarchia@outlook.com).

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Customers enter the main doors on Dewitt Terrace and follow the stairs to the store. The space is not handicap accessible.

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For more information, Friend the Gift and Thrift Boutique on Facebook, email [giftandthriftboutique@yahoo.com](mailto:giftandthriftboutique@yahoo.com) or call the church office at 908-925-1535.

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#### Rahway Public Schools

Franklin Elementary School celebrated Read Across America Day, an annual event that promotes reading and literacy among children and adults. This year, several community members were invited to read to students in different classrooms throughout the day.

Some of the guest readers included the Honorable Daniel Roberts, Union County Superior Court judge, Rahway's Board of Education President, Bernard Robson, and members, Mrs. Laura Giacobbe and Najah Allen. As well as many leaders within the district including Dr. Tiffany Beer, Director of Curriculum & Instruction, Dr. Leslie Septor, Program Supervisor of Literacy, and Mrs. Lissette Marchia, the district's Learning



Photo by Rahway Public Schools

Disabilities Teacher Consultant.

Since access to books is essential for promoting literacy, the school also held a book fair in the library, where students could purchase books to take home and read. It was a great way to encourage students to continue reading outside of the classroom.

The fun did not stop there. There were many other activities that went on throughout the day. Mrs. Lindsey Barrett's bilingual kindergarten students enjoyed studying Dr. Seuss books, silly stories and characters, and words that rhyme. Mrs. Gaglio's kindergarteners had a blast making Oobleck. Mrs. Alicia Scipioni's second graders visited Mrs. Rebecca Yedlock's first grade and read books to their peers. Each student was excited to show off how much progress they have made with reading.

The school's goal for Read Across America Day was to inspire our students to become lifelong readers and learners. The school wanted to show them that reading is fun and that there are so many great books out there to explore. Overall, the Read Across America Day event was a huge success, with students and guest readers alike enjoying the opportunity to share stories and connect over the love of reading. The leaders at Franklin Elementary School were thrilled to have such a great turnout for the Read Across America Day celebration. They thought that it was wonderful to see so many members of the community come together to support our students and promote literacy.

## GARWOOD VOLUNTEER FIRST AID SQUAD OFFERS MANY PROGRAMS TO SURROUNDING COMMUNITIES

The Garwood Volunteer First Aid Squad has been serving the community of Garwood for over 84 years but did you know we do much more than just respond to emergency calls?

We provide standby services at numerous community events throughout the year such as: Little League Parade, Garwood Rocks, Summer Junior Police Academy (First Aid & CPR Demo), Memorial Day Parade, Halloween Parade, Tree Lighting & Menorah Lighting, Sponsor the Summer and Winter Craft Bazaars at the Garwood Knights of Columbus Building, Provide Mutual Aid Stand-by for Other Towns (e.g. Carnivals, Fireworks, Street Fairs & Parades).

### FIRST AID SQUAD VOLUNTEER OPPORTUNITY

Volunteers Are Needed! If you have the desire to help others join us, we are in need for adult and junior members to join! We are staffed 100% by volunteers who live and work in the town, and surrounding communities. Squad crews respond to emergency calls 24 hours per day, every day of the week. Flex-time shifts are available. Volunteers are provided with free first aid/CPR training and uniforms.

For more information call 908-789-0300, or email us [informationgfaf@gmail.com](mailto:informationgfaf@gmail.com).



### FIRST AID AND CPR CLASSES

We offer First Aid and CPR classes to the community as several of our members are certified American Heart Association Instructors. We conduct monthly CPR classes at our squad building on the 3rd Sunday of the month from 2 to 6 p.m. (6 people minimum to run the class). We can also provide group classes on other days at our building or at another location upon request.

To learn about a First Aid/CPR program, please call 973-610-7675 or e-mail [informationgfaf@gmail.com](mailto:informationgfaf@gmail.com)

### CAR SEAT INSPECTION STATION

We also host the Union County Central New Jersey Safe Kids Car Seat Inspection Station Program on Wednesdays and Thursdays from 7:30 - 11:00 a.m. Just stop by our station at 401 - 2nd Ave & Walnut and certified technicians will ensure your child's safety seat is the correct type and properly installed.

For info please call 908-789-6830.

### MEDICAL EQUIPMENT PROGRAM

We offer a free Medical Equipment Program to residents (e.g. wheelchairs, crutches, walkers, and shower seats) at no charge. We also accept donations of new, or well persevered and clean, equipment.

Please call 908-789-0300 or e-mail [informationgfaf@gmail.com](mailto:informationgfaf@gmail.com) for more information.

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We have permanent Clothing Bin & Book Bin in our parking lot located at 401- 2nd & Walnut Street. (The clothing will not be turned rags. We can only accept books: hardcover, paperback, or textbooks with ISBN numbers.)

### DOG TRAINING & BEHAVIOR SERVICES

K9 Kim's Dog Training & Behavior Services uses our building to provide dog training to the community.

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## CLEVELAND SCHOOL HOPING FOR SUMMER



(above) At Cleveland School, we're heating things up by thinking about the warm days of summer. What better way to celebrate Halfway to Summer than to be dressed in summer clothes!

Photos by Dyan McMillen

## TASTE OF SPRING

The Rahway Taste of Spring will be held on Friday, April 14, 2023 from 5:30 - 9:00 p.m. at the Rahway Recreation Center.

Taste of Spring, now in its 20th year, has been widely recognized as the largest tasting event of its kind in the NJ/NY Metro Area. The event features over 40 eateries and bakeries, with an additional 40 stations of national distributors of fine wine, boutique beers, and aperitifs, as well as live music.

Advance tickets for Taste of Spring can be purchased online through Eventbrite, or in person at the Rahway Recreation Center (275 E Milton Ave., Rahway), Witty's Fine Liquors (870 St. Georges Ave., Rahway), or Pinho's Bakery (1027 Chestnut St., Roselle). Tickets are \$35 per person and will not be available at the door.

"Rahway's Taste of Spring has always been one of the City's most popular events and this year's 20th anniversary aims to be the most successful one yet. This event highlights many of the local businesses that call Rahway home as well as establishments from our neighboring towns to bring you delicious foods and drinks from all over the world," said Mayor Giacobbe.

Restaurants interested in participating should contact [economicdevelopment@cityofrahway.com](mailto:economicdevelopment@cityofrahway.com) for details and to sign-up. For more information, visit [RahwayIsHappening.com/Taste](http://RahwayIsHappening.com/Taste).



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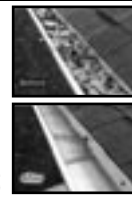
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## THE TOUCH OF A WOMAN ART EXHIBIT NOW OPEN

As a part of the City of Rahway Celebration of National Women's Month, Mayor Raymond Giacobbe, The Rahway City Council and The Rahway Recreation Department present: The Touch Of A Woman, an art exhibit of photography by members of The NJ Photography Forum now thru April 14, 2023, at The Gallery Space, 1670 Irving St, Rahway, NJ

### ONLINE AUCTION TO BENEFIT MAPLEWOOD'S "HOUSE ON THE HILL"

Link to [AirAuctioneer.com/Art4Ethical](http://AirAuctioneer.com/Art4Ethical) to join the "Celebrate Art" Online Art Auction. Bidding runs from April 22 to 29, Preview runs from April 15 to 21). Proceeds from "Celebrate Art" will go to The Ethical Culture Society's Capital Campaign to repair the historic Ethical Culture Society building, the "House on the Hill" at Prospect and Parker in Maplewood, NJ. Ethical Culture Society Members and Friends and the wider community are coming together in this effort.

#### INVITE TO ARTISTS

Area artists are welcome to donate work to this online art auction. Deadline for receiving work is Wednesday, April 12, 2023. (sooner, if possible!) Artist will gain name familiarity among buyers, and they will receive a letter for tax purposes documenting their donation. Unsold works will be returned to the artists. Contact us/send a photo of the piece or pieces your wish to donate to [Art4Ethical@gmail.com](mailto:Art4Ethical@gmail.com).

#### FOR MORE INFORMATION ABOUT ETHICAL CULTURE SOCIETY

Contact us by email [essexethical@gmail.com](mailto:essexethical@gmail.com)  
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Regular Gallery Hours during exhibit dates are Monday-Friday 1:00-4:00 p.m.

For further information call 732 827-2210 or email: [lcappiello@cityofrahway.com](mailto:lcappiello@cityofrahway.com).

This is a Juried Exhibit of photography by members of The NJ Photography Forum. NJ Photography Forum co-founder, Nancy Ori explains the theme of this exhibit:

"The role of women in the world has helped to ensure the stability, progress, and development of nations. On a local level, women play the largest decision-making role for our families. They are friends, caretakers, educators, lovers, warriors, leaders, and entrepreneurs.

In honor of Women's History Month, this exhibit is about the women around us and not limited to submissions from only women. The featured Photographs tell a story or elicit an emotional reaction to relationships, unique careers, life choices and the many other things

that women encounter and influence.

This can involve female traits, strengths and weaknesses, fashion trends, objects, politics, and behaviors of the women around us that have helped to change our lives. The exhibit highlights the complex balance between the joys and struggles of women taking on traditional male dominated roles and doing them from a different perspective.

From aprons to the modern workplace and shared housework, from still lives to documentary or environmental portraits, images about women are everywhere. Women have come through history wearing so many hats of influence in every area of life which have affected all of us."


Made possible by funds from the Union County Office of Cultural and Heritage Affairs, a partner of the New Jersey State Council on the Arts.



**Celebrate Art!**  
*Welcome Spring with New Art*  
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Just like tens of millions of other Americans, you were looking for relief from your chronic knee pain. You thought Viscosupplementation injections might be the answer, but the results were disappointing and painful. Don't assume the treatment wasn't right. That could very well be like blaming the arrow for its path to the target when the problem might be the archer. If you didn't get the pain relief you were hoping for, chances are your injection treatment was off target. Unlike blind injections or even ultrasound targeted treatments found elsewhere, **Northeast Spine & Wellness Center** uses diagnostic fluoroscopy to make sure the area that needs treated is the exact area where the injection goes. This is the most advanced method of delivering this pain relieving treatment with 95% accuracy to give you the results you're looking for. The use of Fluoroscopy guided injections sets **Northeast Spine & Wellness Center** apart. The end result is you living pain free from your chronic knee pain. You can avoid the lengthy and painful road of knee replacement surgery. You can avoid the endless trial and error assortment of potentially addictive prescription medications. This treatment, using fluoroscopy guided injections has seen a success rate of above 85% in those suffering from knee pain related to osteoarthritis, and that includes people with bone on bone involvement. You've suffered from chronic knee pain long enough. Call **Northeast Spine & Wellness Center** now for a RISK FREE consultation.



### If Knee Surgery Sounds Scary, It Should

Have you have been told you are facing knee replacement surgery? Have you been told about all the downsides you could be facing? First and foremost, there are NO guarantees that knee replacement surgery will be the answer to your pain, but let's look further:

- Surgery is costly, regardless of the percentage of services covered by insurance.
- Surgery requires lost time from work and typically requires a regimen of rehabilitation and medications.
- With surgery, there is always a risk for unwelcomed complications. And you could be back to where you started, or worse.
- Medications will be required for relief from surgery and you have been down that road before. Additions to these pain medications can cause potential side effects, something you do not want to experience.
- Rehabilitation can take years.

### Consider This Alternative To Surgery

**Northeast Spine & Wellness Center** offers you a real opportunity and a painless way to say goodbye to your knee pain without any surgery. Here are just a few of the important benefits you should consider?

- Diagnostic fluoroscopy accurately targets the pain, unlike blind injections.
- Guided fluoroscopic injections are virtually pain free, unlike blind injections.
- No lost time from work or family.
- No expensive or time consuming rehabilitation.
- No potentially addictive prescription medications.
- Recovery time is almost instant, not months or years.

### How Does This New Treatment Work?

Relief begins almost as fast as it takes to pronounce the treatment. It's called Viscosupplementation Therapy. To begin with, it starts with **Northeast Spine & Wellness Center** investing in the use of diagnostic fluoroscopy. This enables them to target the exact location of your knee pain with pinpoint accuracy. What follows is a simple injection that causes little to no pain, especially when compared to what you may be living with daily. That explains what you will see on the surface of this revolutionary treatment. What's taking place below the surface is how and where the natural healing process takes place. The injection of a Hyaluronic acid called Hyalgan. This gel-like substance was approved by the FDA in 1996. Hyalgan is a natural substance that mimics the synovial fluid that is already produced by your body in your joints. Osteoarthritis sufferers in particular see a reduction in this much needed synovial fluid in their knee joints. Without that cushioning layer of protection, the cartilage in your knee can begin to wear away leading to the rubbing of bone on bone. Through Viscosupplementation Therapy, this natural substance immediately goes to work reducing the swelling and inflammation in the joint and adding a coating layer of protection. Think about Dorothy taking the oil can to The Tin Man. You'll begin to feel that same kind of relief and quite possibly feel like you're ready for a dance down the yellow brick road to recovery yourself. And with a success rate of over 85% in alleviating pain associated with osteoarthritis, it's easy to see why this treatment is so readily covered by Medicare and by most major insurance providers. Diagnostic fluoroscopy to target the pain, Viscosupplementation Therapy to relieve the pain. Simple, fast and no surgery!

### Do you Suffer from any of these Symptoms?

There are a number of reasons why you developed Osteoarthritis pain. It can develop with age or because of heredity. It could be from repetitive stress from a job or some glory days in athletics. Of course your concern is with the symptoms you face daily and how to make them end, hopefully without surgery or the use of potentially addictive medications. **Northeast Spine & Wellness Center** understands the symptoms you have been living with and can help. If you have any of the symptoms below, please call us today. Relief is a phone call away.

- **Pain** - Whether it's a sharp aching or maybe a burning sensation, the pain can range from irritating to debilitating.
- **Swelling** - This can cause tenderness and soreness to the entire knee area, making walking or going up and down stairs painful, getting in and out of bed or bathtubs difficult and dangerous just name a few activities affected by swelling.
- **Stiffness** - Getting up out of bed or after sitting for a period of time gets more and more difficult. This loss of mobility can be more than a hindrance. It can be dangerous if you need to move quickly.
- **Loss of muscle strength** - This can lead to balance issues and the strong possibility of falling.
- **Joint deformity** - Not just unsightly, but painful as well.
- **Creaking Joints** - Can be painful and a sign of more discomfort to come.
- **Sleepless nights** - Losing sleep over your suffering is not just irritating, but potentially dangerous because of so many other health concerns that can be affected by loss of sound sleep.

### Let Me Show You Targeted Relief From Your Knee Pain

Every day, I see patients suffering from knee pain due to arthritis, osteoarthritis, sports injuries or other conditions. Many have been told that they are in need of knee replacement surgery. Other patients say they have been prescribed various prescription medications to deal with the pain.

Something else I see almost every day, are patients that have tried viscosupplementation knee injections elsewhere and found it to be a painful and ineffective experience because the injections were not administered using fluoroscopic guidance. Instead of using the incredibly accurate diagnostic fluoroscopy we use at **Northeast Spine & Wellness Center** these patients experienced a blind injection technique, which can be as inaccurate as playing pin the tail on the donkey.

Once I am able to explain to my patients about the pin point accuracy of using diagnostic fluoroscopy and the amazing results viscosupplementation can provide, they are thrilled to get started. They are even more thrilled when they feel the relief. Please contact **Northeast Spine & Wellness Center** today to schedule your RISK FREE consultation.

Call 732-827-0800

Scot Paris MD, FACS

### Here's what our patients have to say

"I'm dancing without pain. I can move with no problem whatsoever. I can go up and down steps with no pain."

- Patricia G.

"Over 85% relief for the first time in 15 years, suffering with knee pain. My life is getting back to normal."

- Perry O.

"After only four visits, I have absolutely no pain! The staff is "top-notch."

- Quenton L.



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# STUDENT LIGHTHOUSE ELECTIONS

## Rahway Public Schools

Students at Franklin Elementary School in Rahway recently voted for their Student Lighthouse President and Vice President. The students were nominated by their teachers based on their academic work ethic, role-model behavior, and eagerness to put forth positive change at their school. Candidates recorded speeches that classroom teachers were able to share with their students so that they could become more familiar with the candidates. The students used actual voting machines that were brought to the school so they were able to experience what it's like to vote in an actual election. Congratulations to the winners, President Alyssa and Vice President Javon. The Student Lighthouse is a part of the Leader in Me program in which the students learn and practice Stephen Covey's proven 7 Habits to empower them with leadership and life skills to help them thrive in the 21st century. It was an exciting day for all.



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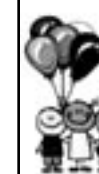
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# DIDJA KNOW? MORE INTERESTING BITS FROM THE PAGES OF RAHWAY HISTORY

*Submitted by Al Shipley, city historian and Rahway Library Research Consultant*

### WOMEN TO CROSS CHILDREN

In August, 1954, for the first time in the city’s history, women were appointed to serve as school crossing guards. The 15 women received a yearly salary of \$800.00 plus the cost of uniforms.

After their first week of work, the department received numerous complimentary comments concerning the performance of their duties. Acting Police Chief, Lawrence Coman, remarked, “Their use has proven entirely satisfactory.”

### 1940’S POP SONGS WRITTEN BY RAHWAY MAN

Song writer, Eddie Seiler, (1911-1952) lived on Main Street when he was writing such well-known pop songs as “I Don’t Want to Set the World on Fire,” “Till Then,” and “When the Lights go on Again.”

The songs were made popular by artists including The Ink Spots, The Mills Brothers, and Kay Starr.

### HOMES AND BUSINESSES GET ADDRESS NUMBERS

In June 1897, an ordinance was passed to number all homes and buildings in the city to coincide with the establishment of a free mail delivery system. The ordinance also specified that street names be posted on corners. During the same year, a few streets were given new names.

In July 1936, every home and building was given a new address number. The change was necessitated by the great number of homes that were built in the years following World War I.

### METEORS FALL OVER RAHWAY

On September 27, 1900, a large meteor was seen traveling towards the Linden border. It exploded with terrific force causing neighborhood houses to shake. Sulfuric fumes could be detected in the air for hours.

A meteor fragment weighing 25 pounds was uncovered in April 1906, in Hazelwood Cemetery while cemetery caretakers were digging a grave.

On March 14, 1936, Rahway residents were awakened at 2:45 a.m. by a flaming meteor that illuminated the entire eastern sky. Police headquarters was flooded with calls. It was

believed the ball of fire fell into the ocean.

### REPLICA HOME OF ABRAHAM CLARK PLANNED FOR RAHWAY

A proposal was made in 1927 to construct a replica of the home of Abraham Clark somewhere in the city of Rahway. Clark was a signer of the Declaration of Independence and is buried in the Rahway Cemetery.

Although the Sons of the American Revolution of New Jersey and several descendents of Clark supported the plan, the home was never constructed in Rahway. A duplicate structure was eventually built in Roselle on the corner of 9th Avenue and Chestnut Street in 1941.

### STREETS SPRAYED FOR BUGS

In August, 1952 trucks began rolling down the streets of the city spraying insecticide with the hopes of eradicating fleas and mosquitoes which at the time were thought to be a possible cause of polio. The spraying continued over the next few summers.

Many of Rahway’s elder citizens remember running behind the trucks thinking it was a good way to prevent mosquito bites.

### UNISPHERE MARKED JAYCEE SQUARE

Dedication of Jaycee Square took place on Saturday, October 10, 1964, on the triangle at St. Georges Avenue, Pierpont Street, and Forbes Street. A sculpture of the unisphere, patterned after the giant Unisphere at the New York World’s Fair Grounds, was unveiled during a public ceremony. The sculpture stood on the triangle until the early 1970s.

### HULLABALOO DANCE CLUB IN RAHWAY

The Hullabaloo Dance Club opened in Rahway on September 8, 1967. Billed as a place where teens aged 16-20 could socialize with music and dancing. The club was part of a national chain that operated 50 clubs in 20 states. Admission to the venue, where only carbonated soft drinks were served, was \$1.50. Hours were 8:00-11:00 on Friday, Saturday, and holiday evenings

Unfortunately, problems developed with the teenage crowds and the club closed in three months following the Thanksgiving weekend.

The building that housed the club stood on the west side of Irving Street near the corner of Broad Street. It was razed during one of the expansion projects of the former Rahway Savings Bank.



**RAHWAY GARDEN CLUB**  
Invites you to join us at our next meeting  
**THURSDAY, APRIL 20, 2023**  
**7 PM until 8:30**  
**Merchants & Drovers Tavern**  
1632 Saint Georges Ave.  
(Corner of Grand Ave.)  
**PLANNING YOUR SUMMER GARDENS**



(above) Decca label listing Eddie Seiler as a writer.

Hey kids,  
**THERE IS A PLACE FOR YOU IN RAHWAY**

**TV'S HULLABALOO**

**Scene**

**DANCE CLUB FOR TEENAGERS**  
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State Champions

**Oct. 21st**  
**THE GENERATIONS**  
Perth Amboy's Best

**Oct. 27th**  
**THE PINK PANTHERS**  
Rahway Favorites

**Oct. 28th**  
**THE INTRUDERS**  
Returning by Popular Demand

**HOURS: 8 P.M. to 11 P.M.**  
1488 Irving St., Rahway  
**Admission: \$1.50**  
**BRING THIS AD WITH YOU**

**AND SAVE 25¢**  
Offer Expires 10/28/67

(above) Ad for Hullabaloo that appeared in the Rahway News Record, October 19, 1967.



## USEFUL GARDENING INFORMATION

Many gardeners who have read my articles have seen this information before, but for the new citizens and home owners to our area that wish to begin a garden, I believe this will be very helpful.

### START WITH THE SOIL

Whether your goal is a plush green lawn or a large harvest of vegetables, soil fertility testing is the place to start. It helps by determining a soil's pH and need for lime and fertilizer. The best time to take a soil sample is before spring fertilization or after harvest in the fall. Do not sample shortly after a lime, fertilizer, or manure applications or when the soil is excessively wet. For lawns, late summer sampling will prepare you for fall fertilization.

The Rutgers Soils Laboratory uses state-of-the-art instruments and methods of soil analysis. They suggest soil testing be repeated every 2-3 years.

### WHY DOES SOIL PH MATTER?

Soil pH is a scale to measure how acidic or alkaline the soil is. Soil pH of 7 is neutral, below 7 is acidic and a pH above is alkaline. Plants, vegetables and grass grow better, are healthier and produce more within their own pH range. The proper pH permits plants to absorb minerals from the soil. Evergreens require an acidic pH around 4.5 while tomatoes need a pH of 7.0. By knowing the plant nutrition needs of your lawn and garden plots, you can prevent the over-application of fertilizers.

Soil test sampling kits are available for a fee of \$20 Rutgers Cooperative Extension at their Garden Helpline offices. Office address listed below. You can also purchase soil test kits by mail. Separate soil samples will need to be taken from areas used to grow different types of plants. For example, separate soil test kits should be used for lawn areas and vegetable garden areas. Samples from rhododendron, azalea, and other broad leaf evergreen areas should be kept separate from other shrub areas. Also sample separately areas that have previously received different lime or fertilizer treatments and areas that are noticeably different in plant or soil quality.

### USING WEED GARDEN CHEMICALS WISELY

Take a ride around your neighborhood on a hot summer's day and it won't take long to see someone spraying weed control on their lawn wearing short pants and sandals. I have seen this happen while the children were playing just a few feet away. Chemicals are so readily available and abundant in America we take them for granted. This is as true for the sellers as it is for us, the consumers. We are encouraged by the manufacturers to use their chemicals as often as possible.

Sadly many people use these chemicals without taking the time to read the label. If they did read the label they would know that these weed control chemicals become less effective as



(above) CELEBRATE EARTH DAY  
April 22, 2023

the temperatures get higher. The grass and weeds undergo stress and stop absorbing the chemicals. The toxins slowly evaporate creating a mist over your lawn where your children are playing. By the time the temperature reaches 90 they are not affective at all.

These chemicals work by attaching themselves to the weeds and then become absorbed into the cell tissues, working their way into the plant and finally the root system. When you apply them in short pants you are exposing your leg's cell tissue to the same chemicals. Removing weeds from your garden beds has multiple benefits. Weeds compete with garden plants and vegetables for space, nutrients, sunlight and water. Worst of all for many gardeners, weeds make your beds look messy and untended. Basically weeds are plants growing where you don't want them. This can apply to wildflowers, shrubs and even trees, such as the Norway maple. Whenever possible use safer weed control practices such as hand weeding and mulching in the spring.

### USE AND STORAGE OF GARDEN CHEMICALS

- Read and follow the directions on the label.
- Store all chemicals properly as directed on the label.
- Don't let liquids freeze or get too hot and don't allow dried chemicals to get moist. If you go to a store and their chemicals are sitting in the sun or are not properly stored, go to another store.
- Always wear gloves when mixing any chemical.
- Cover your nose and eyes, arms and legs, especially when spraying.
- Even though your mix may be 100% organic don't breathe it in. Most organics contain microorganisms you want in your soil, but not in your lungs.

"An ounce of prevention is worth a pound of cure."

Information from Rutgers Fact Sheet # 797 Soil Testing.

For a comprehensive list of Rutgers Cooperative Extension publications visit [rce.rutgers.edu](http://rce.rutgers.edu)



(above) Past President of The Rahway Garden Club, James Keane, has been researching and answering garden questions since 1995.

Visit 'Keane Gardener' blog at:  
[keanegardener.blogspot.com](http://keanegardener.blogspot.com)

### GARDENING QUESTIONS?

### NEED INSECTS IDENTIFIED?

### RUTGERS COOPERATIVE EXTENSION OF UNION COUNTY GARDEN HELPLINE CAN HELP.

Even landscape professionals occasionally need assistance identifying problems. Diseases of trees and shrubs or insects need to be properly diagnosed before they can be cured or controlled. Luckily for us, Rutgers Cooperative Extension has county offices throughout New Jersey. Your county office can be found in the yellow pages or online. Rutgers Garden Helpline is staffed by trained volunteers to assist the citizens of their county with continuing educational opportunities supplied by Rutgers agricultural department agents during the year.

Rutgers Garden Helpline of Union County is located at 300 North Ave East, Westfield, NJ, (Colleen Fraser Building, 2nd floor)

For questions and office hours call the Garden Helpline at 908-654-9852.

There are three ways you can reach the garden helpline with your questions.

First you can call them at number above.

Secondly you can e-mail questions and photographs to: [mastergardeners@ucnj.org](mailto:mastergardeners@ucnj.org)

Or clients can bring a plant, lawn, or insect samples to the office. Specimens are the surest way to guarantee a proper identification.

Summer hours are Monday to Thursday (10AM-2PM) Friday (10AM-12)

The Garden Helpline volunteers are well trained to identify tick species including 'deer ticks' which transmit Lyme disease to humans and pets. This is an extremely valuable service as the deer and tick population continue to grow in New Jersey. Along with garden critters the Helpline will identify house infesting insects such as carpenter ants, termites and food infesting pests.

Happy & Safe Gardening,,

*James*



## THE GATEWAY FAMILY YMCA HEALTHY KIDS DAY – APRIL 29

The Gateway Family YMCA is hosting the Y's annual Healthy Kids Day® on Saturday, April 29th, 2023. This free, annual event features a variety of family-friendly activities to encourage healthy kids, healthy families and a healthy start to the summer season. The Gateway Family YMCA will be hosting an Open House and Community Health Fair on April 29th at 4 locations in Elizabeth, Rahway and Union, as well as a Summer Day Camp Parent Information Session from 12 – 2 p.m. at the Elizabeth Branch, Five Points Branch and Rahway Branch. For details visit [tgfymca.org/events](http://tgfymca.org/events).

At the Elizabeth Branch, 135 Madison Avenue, Elizabeth, families are invited for special family-friendly activities and a healthy snack 12:00-2:00pm. Parents and children ages 12+ are invited to join Abs and Glutes at 11:00am.

At the Rahway Branch, 1564 Irving Street, Rahway, families are invited for family-friendly events like Cornhole and Ducks in a Pond, Arts Mosaic coloring Basketball and Family Swimming from 1:00-3:00pm. Parents and children ages 12+ are invited to participate in Yoga at 9:15am.

At the Five Points Branch, 201 Tucker Avenue, Union, families are invited to visit and try the Y Soccer Class at 11:00am (Ages 8-12, Pre-Register at [tgfymca.org](http://tgfymca.org)), Pee Wee Soccer at 12:00pm (Ages 5-7, Pre-Register at [tgfymca.org](http://tgfymca.org)), and Family Swim 12:30-2:30pm.

At the Wellness Center Branch, 1000 Galloping Hill Road, Union, families are invited to attend the following classes: Friday, April 28, InStudio Pilates for Kids 5:00-5:30pm, Saturday, April 29 InStudio Family Pirate Ship Play Date 11:30-12:00pm, InStudio Pilates for Kids 12:30-1:00pm, InStudio Travel Adventure for Families 1:15-1:45pm, InStudio Stretch for Kids 2:00-2:30pm. On Sunday, April 30th, InStudio Family Pilates for Kids 12:00-12:30pm. Parents and children ages 12+ are also invited to participate in Group Exercise programs on April 29th including Yoga 8:00am, Body Works 9:00am,

Cycling 9:30am and Zumba 10:00am, on a first come, first serve basis.

Healthy Kids Day is the Y's largest single-day event promoting the health and well-being of kids and families. Healthy Kids Day gives Ys an opportunity to connect members and families in their community with important resources on healthy eating, physical activity and academic enrichment. Healthy Kids Day is also the unofficial kickoff for Y Summer Programming and Summer Camp.

"We believe in the potential of all children, and when a child is healthy, happy and supported, they can make great things happen," stated Rodger D. Koerber, EVP, Chief Operating Officer. "Healthy Kids Day is where fun and play become lifelong memories."

The Gateway Family YMCA is a leading

501(c)(3) non-profit, health and community service organization committed to strengthening community by connecting all people to their potential, purpose and each other. Working locally, the Y focus on empowering young people, improving health and well-being, and inspiring action in and across communities. By bringing together people from different backgrounds, perspectives and generations, the Y ensure that all have access to the opportunities, relationships and resources necessary to learn, grow and thrive.

For more information about The Gateway Family YMCA, visit [www.tgfymca.org](http://www.tgfymca.org) or contact the Elizabeth Branch 908-355-9622, Five Points Branch 908-688-9622, Rahway Branch 732-388-0057 or Wellness Center Branch 908-349-9622.

### HEALTHY KIDS DAY!

YMCA OPEN HOUSE  
Saturday, April 29

**Family Friendly Events**  
Community Health Fair  
Program & Camp  
Information

Calendar of Events

THE GATEWAY FAMILY YMCA [tgfymca.org](http://tgfymca.org)

**Senior Health & Fitness Day**  
Wednesday, May 31, 2023  
Open House & Community Health Fair  
Program & Vaccine Information

**EVERYONE BELONGS AT THE Y!**  
Community Membership For All

**Blood Pressure Self-Monitoring Program**  
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FREE Community Program

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FAX 732-381-0953  
[mattdobes@aol.com](mailto:mattdobes@aol.com)  
35 Brant Ave  
Clark, NJ 07066

### WATCH OUT *The Bunnies Are Coming*

Some even with paint brushes and bright color pallets. So it's time to hop to it. And spring into fixing up, painting up planting and decluttering the 'ole rabbit hole. It's time to please possible new bunny buyers or tenants. It could also be the moment to move into new, and either larger or smaller quarters.

This is an excellent opportunity to get a lot of cabbage for your current lair. I would be honored to help you find that new home to move your egg basket into or to sell your current home and to maneuver through the possible obstacles in doing so.

However, for now I wish you and your family a joyful holiday season and one of colorful eggs, fabulous chocolate, jelly beans, tasty matzos, and happy times with family and friends. During this season we ask that you include the suffering people of Ukraine in your thoughts and prayers. Why not fly the blue and yellow colors of the Ukraine as a sign of support.

Wesołego Alleluja, felices Pascuas, joyeuses Pâques, happy Passover.  
Happy holidays and God save the people of Ukraine.

**Matt Dobrowolski**  
Multi-year Real Estate Circle of Excellence winner  
Realtor Associate ERA Village Green,  
Residential, Commercial, Leasing

P.S. Remember to buy your 20th Anniversary Taste of Rahway event tickets, which will be held on April 14th, 2023, call for info.

## GROVER CLEVELAND SCIENCE-STEAM ACTIVITIES

*Rahway Public Schools*

No snow this year, but that did not stop Ms. Carpenter's First Grade class from making snowmen and watching them "melt." They created snowmen from baking soda and poured vinegar on them, students watched in awe as the two chemicals reacted. The class was excited

when they saw the bubbles and heard the fizzing sounds. Ms. Carpenter is a first-grade teacher at Grover Cleveland School and was inspired after attending Rahway Public Schools Family STEAM Night held recently at the 7th & 8th Grade Academy.



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*Submitted by Capt Jose Vergara*  
Civil Air Patrol (CAP) is the U.S. Air Force Auxiliary. The NJ-102 Squadron will host an open house for CAP membership applications. CAP has two programs one for Youth, and one for Adults. The events will be held on April 18th, at 7:00 p.m., at JP Steven High School, Edison, NJ. Attendees must register by April 7th by emailing jose.vergara@njwg.cap.gov. No walk-ins will be allowed.

The youth program (Cadet Program) is open to students ages 12 to 18 who meet U.S. Air Force Auxiliary requirements. The Cadet Program offers: Aerospace and STEM education, Emergency Services training, Leadership and Character training, Flight Orientation, Military Drills, Ceremonies & Discipline, Awards and Promotions, and many other activities.

The Adult Program (Senior Member program) offers the opportunity to provide Volunteer Service to the community and CAP. Senior

Members in NJ-102 Squadron support the Cadet Program by mentoring and teaching the youth to mature as good citizens. Senior Members take training to work with the cadets and fulfill other duties such as Search and Rescue.

Everyone who joins CAP will provide "Volunteer Service" on the three core missions: Cadet Programs, Emergency Services, and Aerospace Education. To learn more about CAP-Air Force Auxiliary, please visit the following links: gocivilairpatrol.com.



(above) CAP Cadets in Classroom Training

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1) APY = Annual Percentage Yield. Rates current as of March 23, 2023. Rates are subject to change without notice. Fees could reduce earnings on the account. 2) Ultra Checking is a blended rate tiered account with dividends paid on portions of your balance falling within designated tiers: \$0.00 - \$1,000.00: 3.14% APY; \$1,000.01 - \$5,000.00: 3.14% APY; \$5,000.01 - \$10,000.00: 3.14% APY; \$10,000.01 - \$15,000.00: 3.14% - 2.09% APY; \$15,000.01 - \$25,000.00: 2.09% - 1.25% APY; \$25,000.01 - \$50,000.00: 1.25% - 0.63% APY; \$50,000.01 and above: 0.63% - 0.02% APY. \$1,000 minimum balance to open. There is a \$1,000 minimum daily balance requirement to avoid a \$15 monthly maintenance fee. Limit of one Ultra Checking account per tax identification number. 3) Ultra Savings is a blended rate tiered account with dividends paid on portions of your balance falling within designated tiers: \$0.00 - \$100,000.00: 3.80% APY; \$100,000.01 - \$250,000.00: 3.80% APY; \$250,000.01 - \$500,000.00: 3.80% APY; \$500,000.01 - \$1,000,000.00: 3.80% APY; \$1,000,000.01 - \$2,000,000.00: 3.80% - 1.89% APY; \$2,000,000.01 - \$5,000,000.00: 1.89% - 0.76% APY; \$5,000,000.01 and above: 0.76% - 0.38% APY. \$100,000 minimum balance to open. There is a \$100,000 minimum daily balance requirement to avoid a \$100 monthly maintenance fee. Limit of one Ultra Savings account per tax identification number. 4) No surcharge when using an Atlantic Federal Credit Union Debit or ATM Card at ATMs in the Co-op Network. Visit <https://www.coop.org/Shared-Branch-ATM> for more information about the Co-op Network.

**Federally Insured by NCUA. Equal Housing Lender.**



## FAMILY SUPPORT GROUP

Are you feeling stressed and alone in trying to cope with the effects of a loved one's mental illness? Union County's Family Support Group is for family members and caregivers of persons with mental illness. The group is led by NAMI-trained facilitators and is a peer support group that allows participants to gain insight from others facing the same challenges.

Zoom sessions are held on the 3rd Tuesday of every month from 7 p.m. – 8:30 p.m. To register, email Denise at: [namiunioncounty@yahoo.com](mailto:namiunioncounty@yahoo.com) with your name, town, and phone number.

## GRIEF AND LOSS SEMINAR

The First Presbyterian Church of Cranford (FPCC) is offering a free seven-week seminar, "Journey Toward Wholeness - Healing the Grieving Heart", which takes place via Zoom every Sunday from April 16 to June 4, 2023 from 6:30 – 8 p.m. Registration is open and is required to attend this event. Call Suzanne at (908) 251-5641 or Pam at (908) 964-3263 to register.

We welcome all who have experienced loss of any kind, past or present. We also welcome all who have previously attended this Seminar to return for a refresher. The Zoom option offers you a unique opportunity to attend with friends or family from other states.

All faiths are welcome. For more information visit: [firstprescranford.org/care/grief-recovery](http://firstprescranford.org/care/grief-recovery)

## RELAY FOR LIFE INVITES YOU TO PARTICIPATE

*American Cancer Society*

Relay for Life is a unique event that offers you, your family, and the community an opportunity to join in the fight against cancer. Dedicated teams of friends, colleagues, and family members raise money and awareness by committing to participate in the June relay, walking around a track in memory of those who have not survived and in honor of those who have.

This year's Rahway event will take place at Rahway River Park Stadium, located at 1972 St. Georges Ave. in Rahway, on Saturday, June 10, from 3-10 p.m., with a 2 p.m. registration.

There are a variety of ways to get involved, including forming a team, raising funds, and volunteering, among others.

Will you commit to making a difference in the fight against cancer today?

To sign up online or for more information, visit the website: [relayforlife.org/rahwajnj](http://relayforlife.org/rahwajnj) You may also contact Tracey DePano at 732-867-7394

or email [tracey.depano@cancer.org](mailto:tracey.depano@cancer.org);  
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## ELKS CARE, ELKS SHARE

Submitted by Kristina Petti

The Rahway Elks is more than just a fraternal organization. We give back thousands of dollars to the Rahway community annually through grants, events, donations, and scholarships.

On February 17th, our Veterans Service Committee hosted a lunch at the Firehouse Restaurant for 17 Veterans, staff, and aides from the Veterans Memorial Home at Menlo Park.

And, on March 6th, we provided a \$6,000 Elks National Foundation grant to Rahway Food for Friends which will directly provide assistance to local residents.

Join us on April 15th from 1-3 p.m. at our Spring Fling. The free family event is open to the public, and will be held inside if it is raining.

The Benevolent and Protective Order of Elks of the United States of America has over 750,000 active members, a network of nearly 2,000 lodges across the country, and gives millions of dollars every year for programs that serve the people in their local communities. To find out more about what we do or to join, please visit [rahowayelks.org](http://rahowayelks.org). You are also welcome to visit us at 122 West Milton Ave.

### Spring Fling

Food, Fun, & Crafts

**WHO is invited?**  
Students, 0-11 years old who live in our community, Rahway and Linden.

**WHERE:** The Rahway Elks Lodge #1075  
122 W. Milton Ave. Rahway, NJ 07065

**WHEN:** Saturday, April 15th 2023  
1pm-3pm

This event is completely free! Come find out what the Elks are about!

No rain date, event is outside. If it does rain we will be in the upstairs hall. Hall and Bathroom are not handicap accessible.



Courtesy photos

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## FISH DINNERS EVERY FRIDAY DURING LENT

On Good Friday, April 7th, Knights of Columbus Council 1146 will be having a fish dinner. Cost is \$15.00 per person. Hours from 5 to 8 pm. The dinner will be held at the Columbian Club hall located at the corner of Jaques Street and Inman Avenue.

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## SLOW DOWN, MOVE OVER CAMPAIGN

The Retired Policemen and Firemen's Association, Local 3 of Union/Somerset Counties (NJRPFA), is helping NJSP and the NJ Department of Transportation (NJDOT) to promote this important Safety Issue to help protect our First Responders. 41 Emergency First responders were struck and killed by motor vehicles in 2022. When you see flashing lights ahead, please, "Slow Down and Move Over", stated Local 3 President, retired Police Chief Kenneth Grady.

NJ State Trooper Marc Castellano who was killed by a speeding vehicle on June 6, 2010, while assisting during a roadside investigation. His mother, Donna Setaro has made it her life's mission to share the Slow Down, Move Over message with the public. Local 3 will assist in this program in memory of her son and many other NJSP Troopers and local Police Officers who were struck and killed by speeding vehicles while working our busy roads and Highways in the State of New Jersey.

New Jersey is a leading State in Traffic Incident Management (TIM) responder training

provided by NJDOT. It brings Police, Firefighters, medical personnel, transportation, towing, and other incident responders together to engage in interactive, hands-on incident resolution exercises. In New Jersey, more than 20,000 first responders have completed NJDOT's TIM training.

The NJRPFA was established in 1987 to promote and develop a friendly spirit among its members, both retired and associate members. There are over 3,000 members of the association in various county Locals in NJ, as well as Local 22 in the State of Florida. These members are retirees from State, County and Local Firefighters, Police, Sheriff, Prosecutors, and Attorney General's Office to name a few. These members reside in NJ, NY, PA, FL, VA, SC and many other states.

If you live in Union County or Somerset County, please consider joining our Local 3 to keep abreast of major issues which may impact on your retirement benefits and issues that may be of value to you. Our yearly dues are \$10. For more information visit: [njrpfa.org/local3/](http://njrpfa.org/local3/)



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We print flyers and menus, full color, two sided, on coated stock for only \$45 per thousand.

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<b>MADISON</b> MONTHLY NJ Qty: 6,300 Zip: 07940	<b>MOUNTAIN SIDE</b> VIEW NJ Qty: 2,900 Zip: 07092	<b>New Providence</b> NEWS NJ Qty: 5,100 Zip: 07974	<b>OUR TOWN</b> Rahway NJ Qty: 13,000 Zip: 07065	<b>ROSELLE PARK</b> MONTHLY Qty: 5,600 Zip: 07204	<b>Scotch Plains</b> NJ WHAT'S HAPPENING MONTHLY Qty: 9,400 Zip: 07076
<b>Short Hills</b> MILLBURN MONTHLY NJ Qty: 8,200 Zips: 07041, 07078	<b>Summit</b> NJ Times Qty: 9,600 Zip: 07901	<b>Spirit of UNION</b> NJ Qty: 6,800 Zip: 07083 (partial)	<b>WARREN</b> MONTHLY NJ Qty: 6,200 Zip: 07059	<b>Watchung</b> Post NJ Qty: 2,700 Zip: 07069	<b>Westfield</b> NJ MONTHLY Qty: 11,800 Zip: 07090

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Units	Size	1 TOWN	3 TOWNS	6 TOWNS	9 TOWNS	12 TOWNS	15 TOWNS	18 TOWNS	21 TOWNS	24 TOWNS
1 Unit (Business card)	3.25" x 2"	\$60	\$150	\$250	\$350	\$400	\$450	\$500	\$550	\$600
2 Units	6.5" x 2" or 3.25" x 4"	\$100	\$250	\$400	\$500	\$600	\$700	\$800	\$900	\$1000
4 Units	3.25" x 8" or 6.5" x 4"	\$180	\$450	\$700	\$900	\$1100	\$1300	\$1500	\$1700	\$1900
6 Units	6.5" x 6.25" or 10" x 4"	\$240	\$600	\$900	\$1200	\$1400	\$1600	\$1800	\$2000	\$2200
9 HALF PAGE	6.5" x 9" or 10" x 7"	\$320	\$800	\$1000	\$1300	\$1600	\$1900	\$2200	\$2400	\$2700
12 Units	10" x 8"	\$360	\$900	\$1200	\$1500	\$1800	\$2100	\$2400	\$2700	\$3000
18 FULL PAGE	10" x 14"	\$400	\$1000	\$1400	\$1800	\$2200	\$2500	\$2800	\$3000	\$3400
2-PAGE SPREAD	21" x 14"	\$700								
BACK PAGE	10" x 14"	\$500								
FRONT PAGE BANNER	8.25" x 2"	\$320								
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# WORLD AUTISM MONTH

OUR TOWN *Rahway* • Page 19 • April 2023

## Autism Speaks

Every April Autism Speaks celebrates World Autism Month, beginning with the United Nations-sanctioned World Autism Awareness Day on April 2. This year marks the 15th annual World Autism Awareness Day.

Throughout the month, we focus on sharing stories and providing opportunities to increase understanding and acceptance of people with autism, fostering worldwide support. This year, we are committed to creating a world where all people with autism can reach their full potential.

Supporters can participate in World Autism Month by:

Join our 2.8 million social followers and help foster understanding and acceptance by sharing the diverse stories of people on the spectrum or telling your own. Submit your story by visiting: [surveyMonkey.com/r/AutismSpeaksShareYourStory](https://surveyMonkey.com/r/AutismSpeaksShareYourStory)

Invite your colleagues, classroom and friends to join our Kindness Campaign and encourage acceptance, understanding and inclusion with daily acts of kindness at school, work or in your community. Together, we can create a world where all people with autism can reach their full potential.

Make a meaningful, lasting impact for people with autism with your gift. It's one of the easiest and best ways to show your support.

Learn about all the ways you can fundraise on social media.

Joined by the international community, hundreds of thousands of landmarks, buildings, homes and communities around the world come together on April 2, World Autism Awareness Day, to Light It Up Blue in recognition of people

with autism and those who love and support them.

Everyone is encouraged to participate. Whether you have autism, love someone who does, or are looking to support a diverse, accepting and kind community – you're invited to take the pledge to help create a world where all people with autism can reach their full potential. For more information visit: [autismspeaks.org/world-autism-awareness-day](https://autismspeaks.org/world-autism-awareness-day)



*(above) Whether you have autism, love someone who does, or are looking to support a diverse, accepting and kind community – you're invited to take the pledge to help create a world where all people with autism can reach their full potential. For more information visit: [autismspeaks.org/world-autism-awareness-day](https://autismspeaks.org/world-autism-awareness-day)*

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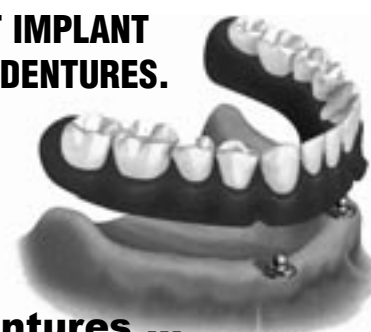
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**VODKA**

Absolut (regular)	750ml	\$20.99
Absolut (regular)	1.75L	\$31.99
Belvedere Vodka	750ml	\$29.99
Belvedere Vodka	1.75L	\$45.99
Ciroc (all types)	750ml	\$29.99
Ciroc (all types)	1.75L	\$57.99
Finlandia	750ml	\$15.99
Finlandia	1.75L	\$26.99
Grey Goose	750ml	\$24.99
Grey Goose	1.75L	\$39.99
Ketel One	750ml	\$19.99
Ketel One	1.75L	\$39.99
Luksusowa Vodka	1.75L	\$23.99
Pinnacle (all types)	750ml	\$12.99
Pinnacle (80 proof)	1.75L	\$17.99
Skyy	1.75L	\$21.99
Sobieski	750ml	\$12.99
Sobieski	1.75L	\$21.99
Stolichnaya (all types)	1.75L	\$30.99
Tanqueray Sterling	750ml	\$19.99
Tanqueray Sterling	1.75L	\$30.99
Three Olives (all types)	1L	\$19.99
Tito's Vodka	1.75L	\$31.99

**RUM**

Bacardi Light & Gold	750ml	\$13.99
Bacardi Light & Gold	1.75L	\$20.99
Captain Morgan Spice	1.75L	\$26.99
Malibu	750ml	\$21.99
Malibu	1.75L	\$31.99

**TEQUILA**

Deleon Blanco Tequila	750ml	\$37.99
Deleon Blanco Tequila	1.75L	\$59.99
Patron Silver	750ml	\$46.99
Patron Silver	1.75L	\$99.99
Cantera Negra Coffee Tequila	750ml	\$26.99

**BEER**

Becks (12oz) 24pk	24pk	\$29.99
Blue Moon	24pk	\$36.49
Bud and Bud Lite cans	30pk	\$26.99
Bud and Bud Lite loose bottles	24pk	\$22.99
Coors Lite (24oz) cans	12pk	\$18.99
Coors Lite/Miller Lite loose bottles	24pk	\$23.99
Coors Lite/Miller Lite	30pk	\$26.99
Corona/Corona Lite loose bottles	24pk	\$32.99
Dab (16oz) cans	24pk	\$26.49
Founders All Day IPA	15pk	\$17.49
Heineken/Heineken Lite bottles	24pk	\$32.99
Land Shark	24pk	\$29.99
Lech (500ml)	20pk	\$32.99
Modelo Especial cans	24pk	\$30.99
Pabst Blue Ribbon cans	30pk	\$20.99
Pilsner Urquell	24pk	\$30.99
Sam Adams Boston Lager	24pk	\$35.25
Stella Artois loose bottles	24pk	\$32.99
Super Bock	24pk	\$26.99
Yuengling Lager bottles	24pk	\$23.99
Zywiec (11.2oz)	24pk	\$21.99

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