

# KENILWORTH BUSINESS + LIFE

Published by Renna Media, LLC. On-line at [RennaMedia.com](http://RennaMedia.com)

Issue 183 • April 2023

## GROW YOUR BUSINESS

Place your ad  
in this space  
and be in  
every mailbox  
in town!



CALL FOR DETAILS  
908-418-5586

PRSR STD  
U.S. POSTAGE  
PAID  
BRIDGEPORT CT  
PERMIT NO. 390

ECRWSS

\*\*\*\*\*ECRWSSDDM\*\*\*\*\*

POSTAL CUSTOMER  
KENILWORTH, NJ 07033

## SUPPORTING FOOD SECURITY IN UNION COUNTY

The SHARE Alliance (the "Alliance"), a newly formed 501(c)(3) organization dedicated to addressing food security concerns in the County of Union, NJ, recently received a \$3,000 donation from the Springfield-based Atlantic Federal Credit Union to support the Alliance's mission to help community members in need.

"As a community-chartered Credit Union, we succeed when our Members, neighbors and the greater community succeed," stated Atlantic Federal Credit Union Chief Executive Officer Anthony A. Mero. "We are honored to be able to support the SHARE Alliance as the team offers critical resources to put local families on the path to success through food security and education."

The Atlantic Federal Credit Union is a not-for-profit financial cooperative providing banking services to residents and businesses in Union and Essex counties. For more than 85 years, the Atlantic Federal Credit Union has focused on delivering competitive rates on deposit accounts, low fees, and attractive rates on loans. In addition, the Credit Union regularly contributes to the social and economic wellbeing of the communities it serves by volunteering and donating to local charitable organizations.

More information about the Atlantic Federal Credit Union, including membership available to those who live, work, worship, attend school or conduct business in Union or Essex counties, is available at [web.atlfedcu.com](http://web.atlfedcu.com).

The S.H.A.R.E. (Sowing Hope and Reaping Equity) Alliance is a consortium of several congregations and other interested parties, is dedicated to the proposition that no one should go to bed hungry, or wonder where their next meal will come from. Under the sponsorship of the First Presbyterian Church of Springfield, the Alliance seeks to approach the issue of food security in Union County with a three-prong tactic of increasing availability of healthier food, coordinating their distribution, and promoting



(above, l-r) S.H.A.R.E. Alliance: Rev. Dr. Roberto Fois, Andrea Holley-Blair, Russell Hovland, Rev. Reginald Harris, Jim Bover, Carol Kaiser; Atlantic Federal Credit Union: Anthony A. Mero, CEO; and Carla White-Garrett, Community Engagement Representative.

Courtesy photo

their right use in the kitchen. These objectives are achieved through the establishment of a Community Pantry and Community Kitchen that will operate from the Parish House, located at 37 Church Mall, Springfield.

"Recognizing that economic insecurity is a primary driver of nutrition related health issues, and that community members in food insecure settings are forced to make difficult decisions around food on a daily basis, the Alliance has come together to leverage the work of existing organizations and identify innovative solutions to help more people – including children and seniors – with food security and avoiding difficult tradeoffs between necessities like food and medicine," stated Acting Executive Director of the SHARE Alliance Rev. Dr. Roberto Fois. "The generous donation from our neighbors at the Atlantic Federal Credit Union reflects the community spirit that will help us to promote better health and strengthen family cohesion in communities throughout Union County."

Information about the availability of services from the SHARE Alliance Community Kitchen and Pantry can be found on-line through the First Presbyterian Church of Springfield at [springfieldpresbyterian.org](http://springfieldpresbyterian.org). The SHARE Alliance can also be reached at [info@SHARE-Alliance.net](mailto:info@SHARE-Alliance.net).

## Full Color Flyers and Menus Printed and Mailed to Every Home and Business in Town!

**LARGE MENUS - PRINTING - \$85 PER THOUSAND**

11"x17" / Full color / 2 sided / 60lb gloss coated stock / Includes folding

**FLYERS / BROCHURES - \$45 PER THOUSAND**

8.5" x 11" / Full color / 2 sided / 60lb gloss coated stock / Tri-fold add \$10 per thousand

**INSERTED AND MAILED TO EVERY HOME AND BUSINESS**

\$60 per thousand. (as low as \$30 per thousand depending on quantity.)

Joe Renna at 908-447-1295 - email: [JoeRenna@RennaMedia.com](mailto:JoeRenna@RennaMedia.com)



# BUSINESS + LIFE KENILWORTH

Renna Media LLC, Publishers  
202 Walnut Ave., Cranford, NJ 07016

Kenilworth Business Life is published by Renna Media. 3,500 newspapers are printed monthly and mailed to every business and resident in Kenilworth, NJ. Although great care has been taken to ensure the information contained within is accurate, Renna Media assumes no liability for errors or omissions.

©2023 Contents of this newspaper cannot be reproduced without written consent from Renna Media LLC.

## SEND US YOUR NEWS

Do you have a community service that you need help publicizing? Did you or someone you know accomplish something amazing? We are interested in hearing about your latest achievement (honor, award, etc.), send us your news! **Email: [editor@rennamedia.com](mailto:editor@rennamedia.com)**

## ADVERTISING

**Joe Renna: 908-447-1295**  
**[joerenna@rennamedia.com](mailto:joerenna@rennamedia.com)**



Find us on online: [rennamedia.com](http://rennamedia.com)  
[facebook.com/ Kenilworth Business Life](https://www.facebook.com/KenilworthBusinessLife)

## LILLIAN KORECKY CELEBRATES 100TH BIRTHDAY

Lillian J. Korecky, former 50-plus year resident of Kenilworth, now residing at Westfield Senior Citizen Housing, celebrated her 100th birthday on March 16, 2023.

Lillian was born in Linden, NJ in 1923. She was married on Thanksgiving day in 1942 to Edward Korecky, and remained his partner for over 60 years.

Lillian and her husband Ed lived for over 50 years on Lee Terrace in Kenilworth, and raised 4 children while there: Lorraine Lospinoso of Cranford, NJ, Edward Korecky of Westfield, NJ, Karen Stallings of Kenilworth, NJ, and Kenneth Korecky of Newport News, Virginia.

Lillian and her husband owned The Seashell Pet Shop in Kenilworth for over 20 years. Lillian was a homemaker and part time employee of Two Guys Department Store previously in Union, NJ.

Lillian has 7 grandchildren, Michael Stallings, Kelly Ross, Edward Stallings, Jenny Madden, Alex Korecky, Sarah Korecky, and Jessie Korecky, and five great grandchildren: Charlie, Danny, Will, Henry and Teddy.

A pre-birthday party was held for Lillian at Senior Citizen housing on March 11, 2023, and a birthday party was celebrated on her birthday March 16, both given by her children who attended with their families, along with friends and relatives.

Lillian spends her time reading love letters from her late husband who served in the U.S.

Army during World War II in the Battle of the Bulge. She enjoys Atlantic City and spends much time at home enjoying visits from her children, grandchildren, and great grandchildren.



(above) Lillian J. Korecky celebrated her 100th birthday on March 16, 2023.

Courtesy photo

# Are you ready to go from Winter to Spring?

## CALL TODAY FOR ALL YOUR HEATING, AIR CONDITIONING, AND FUEL NEEDS 908-760-0583

Now is the time to get your air conditioning ready for spring. If your air conditioning system is over 15 years old, you may want to consider a more efficient replacement.

Avoid last minute emergencies during the hot uncomfortable weather. Let the experts at Woolley evaluate your cooling and heating needs and provide you with a **FREE** no obligation estimate. We are a full-service installation, maintenance, and repair company. In need of a tune-up? We provide that too, along with Woolley Extra Care Service Plans.

# woolleyfuel.com

**WOOLLEY'S  
PROUD PARTNERS**



N. Woolley Master HVACR  
contractor Lic. # 1261



We will continue to offer the same great service delivered to REEL-STRONG customers. The addition of REEL-STRONG represents an exciting opportunity for WOOLLEY to do more for our customers. You will still find the same reliable technicians and office staff from REEL-STRONG now at WOOLLEY HOME.

# \$300 OFF NEW RHEEM HEATING OR AIR CONDITIONING SYSTEM

Expires: 5/31/2023. May Not Be Combined With Other Offers.

# CHIMNEY & ROOFING SPECIALISTS

**MURSELI PRO CONSTRUCTION**

**908-361-6372**

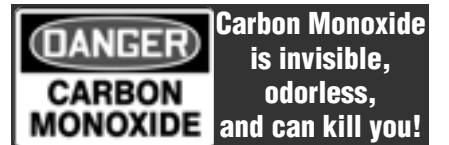
**1-800-650-0968**

Family  
Owned &  
Operated For  
20 Years

- All Work Guaranteed
- 24/7 Emergency Service
- 15% Senior Discount
- Major Credit Cards
- NJ Lic. 13VH08570100

**Save \$1,000  
ON ROOF  
REPLACEMENT**

With coupon. Cannot be combined with any other offer.  
Some restrictions apply. Expires 4/30/23.



## COMPLETE SET OF STEPS

Up to 6 Feet, 5 Steps / Brick, Limestone & Concrete

**Special \$3,400**

With this ad. Cannot be combined with any other offer. Expires April 30, 2023.



BEFORE



AFTER

## FOUNDATION



- NEW FOUNDATIONS
- REPAIRS
- WATERPROOFING

## MASONRY



- DRIVEWAYS
- STEPS
- BRICK & BLOCK
- SIDEWALKS
- REPAIR

## ROOFING



- RE-ROOF
- NEW ROOF
- ROOF REPAIRS
- SHINGLES
- FLAT ROOF

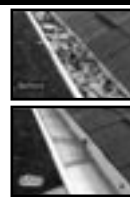
## CHIMNEY



- CLEANING
- RE-LINE
- REPAIRS
- REBUILD
- CAPPING

## GUTTERS

- CLEANING
- INSTALLATION
- SCREENING
- REPAIRS
- REPLACEMENTS



**CHIMNEY LINER  
Special \$1,300**

**WHY SHOULD I USE A CHIMNEY LINING SYSTEM?**

- Protect your house from heat transfer combustibles
- Protect the masonry from the corrosive by products of combustion
- Provide a correctly sized flue for optimum efficiency of appliance



**Easy &  
Effective  
Cleaning**



**Long Term Preservation**

With this ad. Cannot be combined with any other offer. Expires April 30, 2023.

**MARCH CHIMNEY SPECIAL  
Only \$1,600**

**FOR CHIMNEY UP TO 3 FEET**

With coupon. Cannot be combined with any other offer.  
Some restrictions apply. Expires 4/30/23.

**\$400 OFF  
ANY FOUNDATION JOB  
OF \$2000 OR MORE**

With coupon. Cannot be combined with any other offer.  
Some restrictions apply. Expires 4/30/23.

**\$200 OFF  
ANY ROOF REPAIR  
of \$1,000 or more**

With coupon. Cannot be combined with any other offer.  
Expires 4/30/23.

**\$200 OFF  
ANY CHIMNEY REPAIR  
of \$800 or more**

With coupon. Cannot be combined with any other offer.  
Expires 4/30/23.

**\$150  
GUTTERS CLEANING  
(Any Average House)**

With coupon. Cannot be combined with any other offer.  
Expires 4/30/23.

# ST. THERESA SCHOOL SETTING NEW RECYCLING GOALS

St. Theresa School is proud to announce its participation in the PepsiCo Recycling program. Laudato Si' is the encyclical letter by Pope Francis regarding environmentalism, ethics, and the Catholic faith. In his letter, he calls for everyone to care for our home, the Earth. There are seven key points of the letter, which are as follows: the Cry of the Earth, the Cry of the Poor, Ecological Economics, Simple Lifestyles, Ecological Education, Ecological Spirituality, and both Community Involvement and Participation. By signing up for this program, students have accepted Pope Francis' challenge to care for creation.

So far, students at STS have recycled as much as a manatee weighs! That is a little over 1,000 pounds. STS has saved enough energy to power an electric car for an entire year, that is 2,881 kilowatts. By recycling, the students have saved enough paper to avoid converting three oak trees into paper. Lastly, through the students' recycling efforts, they have avoided Greenhouse Gas Emissions. It would take an entire year for one acre of evergreen trees in forestland to offset the amount of greenhouse gasses avoided by the

students' recycling. Students in grades third to eighth grade may join Sr. Rachel Lauritsen, FMA, and Mrs. Crystal R. Kacerek, MSES, MA, as moderators. The Laudato Si' club is excited to see what new

recycling milestones they will be able to reach through the PepsiCo Recycling program. Besides recycling, the club looks forward to gardening in the spring and pursuing other activities to embrace Laudato Si's goals.

Courtesy photo



(above) Some of the Laudato Si club members informing the school about the PepsiCo program.

Edward Jones®

> [edwardjones.com](https://www.edwardjones.com) | Member SIPC

Compare our CD Rates

Bank-issued, FDIC-insured

6-month	1-year	18-month
5.15 % APY*	5.00 % APY*	5.00 % APY*

Call or visit your local financial advisor today.



John M Capeci

Financial Advisor

250 South Ave Ste 101

Fanwood, NJ 07023

908-288-7094

\* Annual Percentage Yield (APY) effective 03/22/23. CDs offered by Edward Jones are bank-issued and FDIC-insured up to \$250,000 (principal and interest accrued but not yet paid) per depositor, per insured depository institution, for each account ownership category. Please visit [www.fdic.gov](https://www.fdic.gov) or contact your financial advisor for additional information. Subject to availability and price change. CD values are subject to interest rate risk such that when interest rates rise, the prices of CDs can decrease. If CDs are sold prior to maturity, the investor can lose principal value. FDIC insurance does not cover losses in market value. Early withdrawal may not be permitted. Yields quoted are net of all commissions. CDs require the distribution of interest and do not allow interest to compound. CDs offered through Edward Jones are issued by banks and thrifts nationwide. All CDs sold by Edward Jones are registered with the Depository Trust Corp. (DTC).

FDI-1867L-A © 2022 EDWARD D. JONES & CO., L.P. ALL RIGHTS RESERVED. AECSPAD



# EARTH DAY RAHWAY RIVER CLEAN-UP – APRIL 22

Rahway River Watershed Association

All volunteers are invited to celebrate Earth Day 2023 with a clean-up of the Rahway River with Union County Parks and Recreation's Rahway River Park on Saturday, April 22nd (with a rain date of Sunday, April 23rd).

The clean-up will focus on areas upstream and downstream of the dam at Winfield Park, New Jersey in Cranford, Clark, Linden and Rahway. Please come by the parking area adjacent to the waterfall of the Rahway River by the Bloodgood Dam at Winfield Park at 8:45 to register, pick up bags, gloves, bottled water and snacks, and receive safety information. Teams will be encouraged to travel to any part of the river within the park where they would like to perform cleanup activities. We specifically ask all folks to register and to work in small groups for safety purposes. Everyone under 18 must have their parent's signature on the attached Individual Waiver form as well as adult supervision to participate.

Cleaning up a river and park area is a great way to celebrate Earth Day and if you haven't participated in an event like this before, you will find it invigorating, and you will feel good about what you have accomplished...it is also fun and educational...especially for Scouts and young adults as they always find something interesting. Over the 25 years this cleanup has occurred

thousands of folks have participated, and pulled some amazing things from the river improving its quality.

The clean-up will generally be between 9 a.m. – 12 p.m., but any amount of time or effort that folks can volunteer is appreciated. There is always a large volume of floatable debris to pick up. The team working registration will provide suggestions on areas with large volumes of floatable debris.

All participants should wear jeans, long-sleeved shirts, gloves and boots, waders are welcome for folks who like to get a little wet. Each participant should bring a standard 5-gallon carry bucket with a handle (put your name on the bottom)...this makes for easy carrying of "stuff" for transfer to the large garbage bags. A mulching rake is also a great asset to have to enable reaching out and pulling debris into shore from the river bank. After the event there is an inventory of the debris removed, and within approximately 24 hours Union County Parks and Recreation removes and disposes of all the trash.

There is no RSVP required but if more information is required please contact rivercleanup@comcast.net or the Rahway River Watershed Association at CleaCarchia@outlook.com.

## KENILWORTH GARDEN CENTER

kenilworthgarden.com

- Complete line of
- Annuals • Easter Plants
  - Mother's Day Flowers,
  - Hanging Baskets
  - Small Plants • Shrubs
  - Outdoor Garden Items
  - Amish Made Woodwork
  - Concrete Figurines and Religious Statues made in the USA.



Unique items at discounted prices.

491 Boulevard, Kenilworth

908-272-6659

HIC#13VH01254900

A&A Landscaping 908-276-4443  
Shrub Installations and Privacy Planting

### RESIDENTIAL & COMMERCIAL

- Asphalt Works
- Driveways
- Parking Areas
- Sealing
- Resurfacing
- Curbing
- Snow Plowing
- Dump Truck
- Backhoe Rental
- Paving Machine



Free Estimates • Fully Insured

Brian Hirth

908-687-0614

908-789-9508

## The Savings Destination for Essex & Union Counties

Enjoy Great Rates & Local Service with Digital Solutions at Your Fingertips

### Ultra Checking

3.14%

APY<sup>1</sup> on the first \$10,000<sup>2</sup>

### Ultra Savings

3.80%

APY<sup>1</sup> on balances from \$100,000 - \$1,000,000<sup>3</sup>

### Plus:

Online & Mobile Banking, Bill Pay, Digital Wallet  
Compatibility with Contactless Payments, and  
more than 30,000 Surcharge-Free ATMs Nationwide<sup>4</sup>



Get started at AtlFedCU.com, call us at 908-245-1750  
or visit us at our branches in Union and West Orange.

1) APY = Annual Percentage Yield. Rates current as of March 23, 2023. Rates are subject to change without notice. Fees could reduce earnings on the account. 2) Ultra Checking is a blended rate tiered account with dividends paid on portions of your balance falling within designated tiers: \$0.00 - \$1,000.00: 3.14% APY; \$1,000.01 - \$5,000.00: 3.14% APY; \$5,000.01 - \$10,000.00: 3.14% APY; \$10,000.01 - \$15,000.00: 3.14% - 2.09% APY; \$15,000.01 - \$25,000.00: 2.09% - 1.25% APY; \$25,000.01 - \$50,000.00: 1.25% - 0.63% APY; \$50,000.01 and above: 0.63% - 0.02% APY. \$1,000 minimum balance to open. There is a \$1,000 minimum daily balance requirement to avoid a \$15 monthly maintenance fee. Limit of one Ultra Checking account per tax identification number. 3) Ultra Savings is a blended rate tiered account with dividends paid on portions of your balance falling within designated tiers: \$0.00 - \$100,000.00: 3.80% APY; \$100,000.01 - \$250,000.00: 3.80% APY; \$250,000.01 - \$500,000.00: 3.80% APY; \$500,000.01 - \$1,000,000.00: 3.80% APY; \$1,000,000.01 - \$2,000,000.00: 3.80% - 1.89% APY; \$2,000,000.01 - \$5,000,000.00: 1.89% - 0.76% APY; \$5,000,000.01 and above: 0.76% - 0.38% APY. \$100,000 minimum balance to open. There is a \$100,000 minimum daily balance requirement to avoid a \$100 monthly maintenance fee. Limit of one Ultra Savings account per tax identification number. 4) No surcharge when using an Atlantic Federal Credit Union Debit or ATM Card at ATMs in the Co-op Network. Visit <https://www.coop.org/Shared-Branch-ATM> for more information about the Co-op Network.

Federally Insured by NCUA. Equal Housing Lender.

# WHAT WHERE AND WHEN IN OLD KENILWORTH

## SHALLCROSS POND – MORE MEMORIES

This is Part II of Kenilworth's Shallcross Pond located in Black Brook Park. It takes us back to the 1700s, the 1800s, and some firsthand memories from the 1900s.

Adjacent to the pond is what many call "The old Shallcross House" at 527 Springfield Rd. It was acquired by the Shallcross family not long after arriving here from PA in 1898 when that area of town was part of Union Twp. The Shallcross family purchased the home and farm once owned by the Sayre family. The house dates to the 1700s – the oldest in Kenilworth.

The pond was especially important to the Sayres. According to researcher Michael Yesenko, tradesman Daniel Sayre used water that flowed from the pond into the Black Brook to cure leather. He built the first section of the old house in 1710. Unfortunately, that section was torn down in the late 1900s. His grandson, Pvt. David Sayre, was a soldier during the American Revolution and likely made use of the pond, too. Research by Friends of Black Brook Park has made a potential link of the area to the Battle of Connecticut Farms in 1780.

For generations the pond waters helped irrigate crops grown by Sayre and Shallcross families.

Sometime prior to 1850 the first school house for local children was built near the pond. Called the Chestnut Grove School, it was erected by Union Twp. as that part of the future Borough of Kenilworth was still part of Union and remained so until 1907. The tiny building was located off Springfield Rd. almost where a home now stands at 441 N. 15th St. Spring-fed, the pond supplied water for school needs and was a source of water in the event of a school fire.

The pond was not without tragedy. In the 1948 a child drowned there and years earlier a bulldozer operator lost his life when the equipment he was operating overturned.

In 2014 two Shallcross sisters shared pond memories from their childhoods of the 1930s and 1940s. With a laugh Irma Shallcross George, born 1929, noted, "Grandfather built a boat which we launched. It was made of cement and sank immediately into the shallow pond with a couple of us in it."

Sister Doris, 1933-2022, added, "As children, the pond was very much a part of our lives. During clement weather we rowed a boat on it which my grandfather, Joseph Shallcross,

provided. The pond had beautiful lilies as I remember. In the winter it was a great place for ice skating, not only for our family and our numerous cousins who lived on Springfield Road and 15th Street, but also for other town kids from around the neighborhood. Adults joined us in the evenings."

Debbie Muravsky Paras recently recalled taking part in the 1961 VFW Huck Finn fishing contest. "I won first prize for looking like Becky Finn, straw hat, freckles, braids, shorts and barefoot." In the late 1980s derby sponsorship was taken over by the local PBA. Many local residents remember from years-gone-by leisurely fishing at the pond which continues to this day.

Kenilworth had three other ponds, all of which are gone. They will be featured in future articles in this newspaper.

Research provided by Walter E. Boright, Ed. D., historian, and Historic Signs, Inc. Appreciation is extended to Michael Naya for his assistance. Persons with inquiries about this or other aspects of Kenilworth history may contact Dr. Boright at drbori@aol.com or 908-256-5200



(above) Shallcross house today.

Photo: Historic Signs



(above) Irma Shallcross, 1946

Photo: Regionologue



(above) Doris Shallcross, 1951

Photo: Regionologue



NEWARK BAIT AND FLY CASTING CLUB  
NEW JERSEY'S GRAND OLD CLUB

Visit our website!  
[www.nbfcc.org](http://www.nbfcc.org)

### 42nd Annual Kids Fishing Derby

All contestants must register by 2 pm April 15, 2023  
Free for all kids 16 years old and under  
Adults may enter for a \$10.00 entry fee

The contest runs from  
8am Sat April 15, 2023 through Midnight May 5, 2023

Echo Lake Park – Mountainside, NJ 07092



Prizes will be awarded!

Call Bob Jones at 908 325-6657 if you have any questions



(above) Dennis Scheidegger casually fishing on Shallcross Pond, 1957.

Photo: Ken. Hist. Soc.



(above) Huck Finn Fishing Derby, 1961.

Photo: Bertolotti family

## RELIEF FROM CHRONIC KNEE PAIN

### FDA Approved Treatment to Avoid Surgery

## DON'T BLAME THE ARROW FOR MISSING THE TARGET

Just like tens of millions of other Americans, you were looking for relief from your chronic knee pain. You thought Viscosupplementation injections might be the answer, but the results were disappointing and painful. Don't assume the treatment wasn't right. That could very well be like blaming the arrow for its path to the target when the problem might be the archer. If you didn't get the pain relief you were hoping for, chances are your injection treatment was off target. Unlike blind injections or even ultrasound targeted treatments found elsewhere, **Northeast Spine & Wellness Center** uses diagnostic fluoroscopy to make sure the area that needs treated is the exact area where the injection goes. This is the most advanced method of delivering this pain relieving treatment with 95% accuracy to give you the results you're looking for. The use of Fluoroscopy guided injections sets **Northeast Spine & Wellness Center** apart. The end result is you living pain free from your chronic knee pain. You can avoid the lengthy and painful road of knee replacement surgery. You can avoid the endless trial and error assortment of potentially addictive prescription medications. This treatment, using fluoroscopy guided injections has seen a success rate of above 85% in those suffering from knee pain related to osteoarthritis, and that includes people with bone on bone involvement. You've suffered from chronic knee pain long enough. Call **Northeast Spine & Wellness Center** now for a RISK FREE consultation.



### If Knee Surgery Sounds Scary, It Should

Have you have been told you are facing knee replacement surgery? Have you been told about all the downsides you could be facing? First and foremost, there are NO guarantees that knee replacement surgery will be the answer to your pain, but let's look further:

- Surgery is costly, regardless of the percentage of services covered by insurance.
- Surgery requires lost time from work and typically requires a regimen of rehabilitation and medications.
- With surgery, there is always a risk for unwelcomed complications. And you could be back to where you started, or worse.
- Medications will be required for relief from surgery and you have been down that road before. Addictions to these pain medications can cause potential side effects, something you do not want to experience.
- Rehabilitation can take years.

### Consider This Alternative To Surgery

**Northeast Spine & Wellness Center** offers you a real opportunity and a painless way to say goodbye to your knee pain without any surgery. Here are just a few of the important benefits you should consider?

- Diagnostic fluoroscopy accurately targets the pain, unlike blind injections.
- Guided fluoroscopic injections are virtually pain free, unlike blind injections.
- No lost time from work or family.
- No expensive or time consuming rehabilitation.
- No potentially addictive prescription medications.
- Recovery time is almost instant, not months or years.

### How Does This New Treatment Work?

Relief begins almost as fast as it takes to pronounce the treatment. It's called Viscosupplementation Therapy. To begin with, it starts with **Northeast Spine & Wellness Center** investing in the use of diagnostic fluoroscopy. This enables them to target the exact location of your knee pain with pinpoint accuracy. What follows is a simple injection that causes little to no pain, especially when compared to what you may be living with daily. That explains what you will see on the surface of this revolutionary treatment. What's taking place below the surface is how and where the natural healing process takes place. The injection of a Hyaluronic acid called Hyalgan. This gel-like substance was approved by the FDA in 1996. Hyalgan is a natural substance that mimics the synovial fluid that is already produced by your body in your joints. Osteoarthritis sufferers in particular see a reduction in this much needed synovial fluid in their knee joints. Without that cushioning layer of protection, the cartilage in your knee can begin to wear away leading to the rubbing of bone on bone. Through Viscosupplementation Therapy, this natural substance immediately goes to work reducing the swelling and inflammation in the joint and adding a coating layer of protection. Think about Dorothy taking the oil can to The Tin Man. You'll begin to feel that same kind of relief and quite possibly feel like you're ready for a dance down the yellow brick road to recovery yourself. And with a success rate of over 85% in alleviating pain associated with osteoarthritis, it's easy to see why this treatment is so readily covered by Medicare and by most major insurance providers. Diagnostic fluoroscopy to target the pain. Viscosupplementation Therapy to relieve the pain. Simple, fast and no surgery!

### Do you Suffer from any of these Symptoms?

There are a number of reasons why you developed Osteoarthritis pain. It can develop with age or because of heredity. It could be from repetitive stress from a job or some glory days in athletics. Of course your concern is with the symptoms you face daily and how to make them end, hopefully without surgery or the use of potentially addictive medications. **Northeast Spine & Wellness Center** understands the symptoms you have been living with and can help. If you have any of the symptoms below, please call us today. Relief is a phone call away.

- **Pain** - Whether it's a sharp aching or maybe a burning sensation, the pain can range from irritating to debilitating.
- **Swelling** - This can cause tenderness and soreness to the entire knee area, making walking or going up and down stairs painful, getting in and out of bed or bathtubs difficult and dangerous just name a few activities affected by swelling.
- **Stiffness** - Getting up out of bed or after sitting for a period of time gets more and more difficult. This loss of mobility can be more than a hindrance. It can be dangerous if you need to move quickly.
- **Loss of muscle strength** - This can lead to balance issues and the strong possibility of falling.
- **Joint deformity** - Not just unsightly, but painful as well.
- **Creaking Joints** - Can be painful and a sign of more discomfort to come.
- **Sleepless nights** - Losing sleep over your suffering is not just irritating, but potentially dangerous because of so many other health concerns that can be affected by loss of sound sleep.

### Let Me Show You Targeted Relief From Your Knee Pain

Every day, I see patients suffering from knee pain due to arthritis, osteoarthritis, sports injuries or other conditions. Many have been told that they are in need of knee replacement surgery. Other patients say they have been prescribed various prescription medications to deal with the pain.

Something else I see almost every day, are patients that have tried viscosupplementation knee injections elsewhere and found it to be a painful and ineffective experience because the injections were not administered using fluoroscopic guidance. Instead of using the incredibly accurate diagnostic fluoroscopy we use at **Northeast Spine & Wellness Center** these patients experienced a blind injection technique, which can be as inaccurate as playing pin the tail on the donkey.

Once I am able to explain to my patients about the pin point accuracy of using diagnostic fluoroscopy and the amazing results viscosupplementation can provide, they are thrilled to get started. They are even more thrilled when they feel the relief. Please contact **Northeast Spine & Wellness Center** today to schedule your RISK FREE consultation.

Call 732-827-0800 **Scot Paris MD, FACS**



### Here's what our patients have to say

"I'm dancing without pain. I can move with no problem whatsoever. I can go up and down steps with no pain."

- Patricia G.

"Over 85% relief for the first time in 15 years, suffering with knee pain. My life is getting back to normal."

- Perry O.

"After only four visits, I have absolutely no pain! The staff is "top-notch."

- Question L.

**MOST INSURANCES ACCEPTED - INCLUDING MEDICARE**



**Northeast  
Spine &  
Wellness  
Center**

1043 Raritan Rd., Clark, NJ 07066  
www.nespinecenter.com  
Call 732-827-0800  
for your RISK-FREE Consultation!



## ONLINE AUCTION TO BENEFIT MAPLEWOOD'S "HOUSE ON THE HILL"

Link to [Airauctioneer.com/Art4Ethical](http://Airauctioneer.com/Art4Ethical) to join the "Celebrate Art" Online Art Auction. Bidding runs from April 22 to 29, Preview runs from April 15 to 21). Proceeds from "Celebrate Art" will go to The Ethical Culture Society's Capital Campaign to repair the historic Ethical Culture Society building, the "House on the Hill" at Prospect and Parker in Maplewood, NJ. Ethical Culture Society Members and Friends and the wider community are coming together in this effort.

### INVITE TO ARTISTS

Area artists are welcome to donate work to this online art auction. Deadline for receiving work is Wednesday, April 12, 2023. (sooner, if possible!) Artist will gain name familiarity among buyers, and they will receive a letter for tax purposes documenting their donation. Unsold works will be returned to the artists. Contact us/send a photo of the piece or pieces your wish to donate to [Art4Ethical@gmail.com](mailto:Art4Ethical@gmail.com).

### FOR MORE INFORMATION ABOUT ETHICAL CULTURE SOCIETY

Contact us by email [essexethical@gmail.com](mailto:essexethical@gmail.com)

Visit website: [essexethical.org](http://essexethical.org)

and [essexethical.org/whowere.html](http://essexethical.org/whowere.html)

Find us on Facebook:

The-Ethical-Culture-Society-of-Essex-County

## Celebrate Art!

Welcome Spring with New Art

Ethical Culture Society of Essex County Presents

### An Online Art Auction

- at -

**Airauctioneer.com/Art4Ethical**

**Bidding from April 22 April 29**

**Previews from April 15 to 21**

Find contemporary and innovative pieces by local and regional artists at this Online Art Auction.

Proceeds dedicated to repairing the historic Ethical Culture Society building in Maplewood, NJ.

Bid for and win art work while contributing to a good cause!

**To learn more:**

Visit the Ethical Culture Society of Essex County

516 Prospect St., Maplewood, NJ 07040

[www.essexethical.org](http://www.essexethical.org)

Email [ecsec.nj@gmail.com](mailto:ecsec.nj@gmail.com)

Phone 973-763-1905

## PARAMOUNT PAVING & MASONRY

### COMMERCIAL • RESIDENTIAL

- Driveways
- Steps
- Walkways
- Sidewalks
- Pavers/Patios

**Plan Ahead. Call today!**

**732-850-2200**



## 'AROUND THE WORLD IN A TEACUP' AFTERNOON TEA

Acclaimed certified tea specialist and food historian Judith Krall-Russo will highlight tea customs and rituals from around the world during an Afternoon Tea to be presented by the Kenilworth Historical Society on Sat., May 20, 2023, at the Kenilworth Veterans Center (Kennedy Room), 33 South 21 Street.

The event, "Around the World in a Teacup," will begin at 12:30 p.m. and feature an enlightening "tea journey around the world" plus a gift auction, 50/50 raffle and door prizes. An array of assorted international teas, tea sandwiches, savorys and desserts will be served. Admission is \$30. Advance reservations are required (by May 1 recommended), as seating is limited. For reservations/tickets, please call 908-709-0434 or visit Love You More floral boutique (13 North 20th Street, Kenilworth), where tickets for the event are being sold.

Featured speaker Judith Krall-Russo will lead

participants in the Tea on an enlightening, entertaining journey to discover the evolution of "tea-time" around the world and to learn about tea traditions in such countries as China, India, Japan, Russia, Turkey, Africa, South America and the British Isles. On display will be items from Krall-Russo's extensive collection of tea accoutrements, including a Russian samovar (c. 1900), Chinese Gong Fu tea set, Turkish teapot and Tibetan tea bowl.

Proceeds from the Tea and gift auction will benefit the Kenilworth Historical Society's Oswald J. Nitschke House (c. 1880) "living history" museum and cultural arts center by helping defray operating expenses, including the cost of an elevator that makes all levels of the site ("living history" museum, exhibition center and cultural arts center) fully accessible to everyone.

Krall-Russo began studying the customs and traditions of tea 30 years ago and earned

certifications as a Tea Specialist by The Tea School of Pomfret, Conn., and The Specialty Tea Institute of New York. She has studied at Boukakuan Tea House in New Jersey, learning there about the Japanese Tea Ceremony, and at the Urasenke Chanoyu Center in New York City. Additionally, she has taken lessons in the gong fu Chinese tea ceremony at The Tea Gallery in New York City. As a result of her independent studies and vast knowledge of the history and trends surrounding tea and many popular New Jersey foods and beverages, Krall-Russo is a regular speaker and seminar organizer across the state.

The Kenilworth Historical Society ([www.kenilworthhistoricalsociety.org](http://www.kenilworthhistoricalsociety.org)) is an independent, volunteer-based, non-profit, tax-exempt, 501(c) (3) organization dedicated to the research, preservation and interpretation of the Oswald J. Nitschke House (c. 1880), local history and culture.



(above) Acclaimed certified tea specialist and food historian Judith Krall-Russo will highlight tea customs and rituals from around the world during an Afternoon Tea, "Around the World in a Teacup," to be presented by the Kenilworth Historical Society on Sat., May 20, 2023, at the Kenilworth Veterans Center (Kennedy Room), 33 South 21 Street, starting at 12:30 p.m. The event will feature an enlightening "tea journey around the world" plus a gift auction, 50/50 raffle and door prizes. An array of assorted international teas, tea sandwiches, savorys and desserts will be served. Admission is \$30, and advance reservations are required. For tickets/information, please call 908-709-0434.

**RESIDENTIAL AND COMMERCIAL**

- FAMILY-OWNED
- FREE ESTIMATES

**WE SPECIALIZE IN**

- CARPETS
- AREA RUGS
- UPHOLSTERY
- TILE & GROUT

**CALL/TEXT JOE (908) 858-6556**

**[www.mistercscarpetcleaning.com](http://www.mistercscarpetcleaning.com)**

# Sayaka Ganz

## Reclaimed Creations

Produced by David J. Wagner, L.L.C., David J. Wagner, Ph.D., Curator/Tour Director

**The Galleries at Kean University present Sayaka Ganz RECLAIMED CREATIONS, an amazing art exhibition featuring sculptures of animals in motion, utilizing reclaimed plastic objects, rich in color and energy.**

**On view January 18 - May 6, 2023**

**Open to the public**

**Exhibition Hours: Tuesday-Saturday | 10 AM-4 PM**

Liberty Hall Academic Center Gallery  
1003 Morris Ave #2 | Union, New Jersey  
[galleries@kean.edu](mailto:galleries@kean.edu) | 908-737-5302  
[galleries.kean.edu](http://galleries.kean.edu)



## APRIL IS WORLD AUTISM MONTH

### Autism Speaks

Every April Autism Speaks celebrates World Autism Month, beginning with the United Nations-sanctioned World Autism Awareness Day on April 2. This year marks the 15th annual World Autism Awareness Day.

Throughout the month, we focus on sharing stories and providing opportunities to increase understanding and acceptance of people with autism, fostering worldwide support. This year, we are committed to creating a world where all people with autism can reach their full potential.

### SUPPORTERS CAN PARTICIPATE IN WORLD AUTISM MONTH BY:

- Join our 2.8 million social followers and help foster understanding and acceptance by sharing the diverse stories of people on the spectrum or telling your own. Submit your story by visiting: [surveyMonkey.com/r/AutismSpeaksShareYourStory](https://surveyMonkey.com/r/AutismSpeaksShareYourStory)

- Invite your colleagues, classroom and friends to join our Kindness Campaign and encourage acceptance, understanding and inclusion with daily acts of kindness at school, work or in your community. Together, we can create a world where all people with autism can reach their full potential.
- Make a meaningful, lasting impact for people with autism with your gift. It's one of the easiest and best ways to show your support.
- Learn about all the ways you can fundraise on social media.

Joined by the international community, hundreds of thousands of landmarks, buildings, homes and communities around the world come together on April 2, World Autism Awareness Day, to Light It Up Blue in recognition of people with autism and those who love and support them.

Everyone is encouraged to participate. Whether you have autism, love someone who does, or are looking to support a diverse, accepting and kind community – you're invited to take the pledge to help create a world where all people with autism can reach their full potential.

For more information visit:  
[autismspeaks.org/world-autism-awareness-day](https://autismspeaks.org/world-autism-awareness-day)



(above) Whether you have autism, love someone who does, or are looking to support a diverse, accepting and kind community – you're invited to take the pledge to help create a world where all people with autism can reach their full potential. For more information visit:  
[autismspeaks.org/world-autism-awareness-day](https://autismspeaks.org/world-autism-awareness-day)

## Make Mathnasium part of your summer plans.



Summer at Mathnasium is a great way for kids to keep up their math skills so they're ready to go in the fall. They'll receive:

- A comprehensive assessment and customized learning plan that details summer goals for long-term success
- Live, face-to-face instruction, whether they learn in-center or online
- A proven teaching method that results in true understanding and increased confidence

**Mathnasium of Union**  
(908) 325-9069  
[mathnasium.com/union](https://mathnasium.com/union)  
326 Chestnut St., Union

Get a 2-Month Summer Trial  
[www.mathnasium.com](https://www.mathnasium.com)

**MATHNASIUM**  
The Math Learning Center

## REYNOLDS PLUMBING



(908) 276-5367

(201) 666-0003

358 North Avenue East  
Cranford, NJ

[www.reynolds-plumbing.net](https://www.reynolds-plumbing.net)

Lou DiFabio  
Lic. #4237

Dan DiFabio  
Lic. #11749

**Residential / Commercial / Industrial**

## Diamond Gymnastics Academy

Discovery  
Child Care

Diamond  
Gymnastics  
Academy

Cranford  
After Care

### SUMMER CAMP 2023

Mon. June 12 thru Fri. September 1

- Weekly Session Options (2 wk. minimum)
- Gymnastics, Sports, Arts & Crafts & More!
- Experienced Staff / CPR /First Aid Certified
- Weekly Trips - Pool, Park, Bowling, Mini-Golf & Movie Theater!

**OPEN GYM IS BACK! TUESDAYS 8:30-10:30 pm**

**(908) 272-3500**

**One Commerce Dr. Cranford, NJ 07016**  
[www.diamondgymnasticsacademy.com](https://www.diamondgymnasticsacademy.com)

## YMCA AWARDS BREAKFAST CELEBRATION

### The YWCA of Union County

The YWCA of Union County will host its annual TWIN event on Thursday, May 11, 2023 at the Embassy Suites Hotel in Berkely Heights, NJ from 8 am to 9:30 am.

Debbie-Ann Anderson, Union County Director of Human Services will serve as the Keynote Speaker at the event and will receive the Lifetime Achievement Award for her dedication to improving the lives of those in

need. Anderson has an extensive background in programs serving families, as well as vast experience with corporate, non-profit and community affairs organizations.

YWCA Executive Director Karen Geer stated, "We are very excited to honor Debbie-Ann with this award. She has been a champion for the YWCA and its mission. Her support and commitment to our programs has enabled us to deliver more vital services to those in need."

Anderson began her professional fundraising career in 2004 at the Muscular Dystrophy Association (MDA) in Towson, Maryland. She joined the United Way of Greater Union County in 2008 and served as its Executive Vice President. Anderson also served as Executive Director of HomeFirst Interfaith Housing Services and was appointed Union County Director of Human Services in 2017.

Five additional honorees will be presented awards for Racial Justice, Community Service, Young Professional, YWCA Ally, and Business & Industry Leadership. Nominations will be submitted by sponsors of the event by visiting

[www.ywcaunioncounty.org/twinawards2023](http://www.ywcaunioncounty.org/twinawards2023). Individual tickets to the TWIN event are \$150 and can be purchased at [www.ywcaofunioncounty.org](http://www.ywcaofunioncounty.org) or by emailing [events@ywcaofunioncounty.org](mailto:events@ywcaofunioncounty.org).

The YWCA of Union County is dedicated to eliminating racism, empowering women, and promoting peace, justice, freedom and dignity for all. Its mission is to empower survivors of domestic violence to become safe and free from abuse, and to promote social justice and eliminate violence against women and girls. We accomplish this mission through the provision of comprehensive, client-centered services, and through education, collaboration and advocacy that builds safe, informed and supportive communities. Its programs include a 24-hour Domestic Violence Hotline (908-355-HELP), Community Support Services, Family Justice Center, and Residential Programs, PALS (Peace: a Learned Solution), and Community & Professional Education. For more information, please visit [www.ywcaofunioncounty.org](http://www.ywcaofunioncounty.org) or call (908) 355-1995.

- Video Tape Transfers • DVD & Flash Duplication
- High Speed Photo & Slide Scanning

### VIDEO DATA SERVICES®

[www.vdsnj.com](http://www.vdsnj.com)

[facebook.com/vdsnj](https://facebook.com/vdsnj)

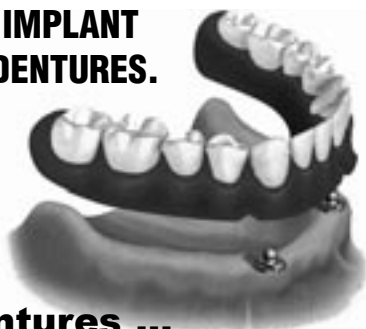
email: [ira@vdsnj.com](mailto:ira@vdsnj.com)

**908-964-4004**

406 Chestnut St. • Union, NJ 07083

## It's time for new dentures!

### ASK ABOUT IMPLANT SUPPORTED DENTURES.



### If your dentures ...

- Are loose
- Over 5 years old
- Have been repaired many times

### Or ...

- You would like to improve your smile

### Then call ...

For an appointment today!

The doctors at Dentalcare Associates will provide all your denture needs.

- Most Insurances Accepted



- Interest Free Financing



**908-322-7800**

567 Park Avenue, Scotch Plains NJ

[www.njdentalcare.com/dentures](http://www.njdentalcare.com/dentures)

### 15% SENIOR COURTESY

Reg. \$2995-\$3200 per arch

Additional fees may occur for individual cases

Present this ad. Not valid with other offers

or PPO insurance. Exp. 6/30/23 RN

Calvary Lutheran  
Cranford, New Jersey

Evangelical Lutheran Church in America  
God's work. Our hands.

### PALM SUNDAY

9 AM- Children's Worship &

Holy Cross Celebration Worship

10:15 AM-Passion Sunday Worship

### MAUNDY THURSDAY

7:30 PM-Meditative Worship

### GOOD FRIDAY

Noon- Cranford Interdenominational Worship

7:30 PM- Tenebrae Service

Calvary and Holy Cross  
invite you Celebrate  
Holy Week and Easter  
with us!



### EASTER SUNDAY

9 AM- Children's Worship & Egg Hunt

9 AM- Holy Cross Celebration Worship

10:15 AM- Easter Festival Worship



108 Eastman Street - Cranford, New Jersey 07016  
908.276.2418 [www.calvarycranford.com](http://www.calvarycranford.com)



**We're In This Together.  
Contact-free Online Rentals.**

**SKIP THE COUNTER**

**(908) 259-1020**

750 Boulevard • Kenilworth, NJ 07033

**\$1 Pays Your First Month's Rent.**

+

**\$24 Admin Fee Waived When You Complete Your  
Rental Online Or Over The Phone.**

+

**FREE Lock & Key.**

Taxes & fees may apply. Subject to availability. Offer valid for new customers only.

[www.AccessSelfStorage.com](http://www.AccessSelfStorage.com)

# IMAGINE SEEKS LOVING LISTENERS FOR JUNE TRAINING

You may be familiar with Imagine and know that the non-profit provides free peer support groups for children, youth, young adults and parents/guardians who are grieving. Did you know that the groups are facilitated by an amazing team of volunteer facilitators? Imagine's volunteer facilitators come from all walks of life and no special background is required other than a willingness to listen, a heart inclined to serve, and the ability to be with children and adults in grief without trying to fix, solve or give advice. No prior experience is necessary.

Volunteers must be 18 years or older. Spanish-speaking volunteers are needed as well. Volunteers serve as companions and loving listeners for those who are grieving and help create a safe space where participants can share tears and embrace the joys of life.

Here's how some of our current volunteer facilitators have described their experience:

"Being an Imagine volunteer has been the most fulfilling and worthwhile volunteer experience I've ever had. I feel that the model is just what it should be, and I love being a part of it. I think being an imagine volunteer helps me fulfill my desire to be a good person." Aimee-6+ years as Imagine Facilitator

"People outside of Imagine are always supportive when they hear that I volunteer at a grief support center. But I know it can be a little confusing to hear that volunteering at a grief

support center is the best night of my week. And that's the magic. That as a volunteer, the joy is not in what we bring, but what we take home from our participants." Rob-4+ years as Imagine Facilitator

"I have found the people at Imagine to be among the best that I have ever met." Diane-6 months as Imagine Facilitator

If you'd like to join Imagine's amazing team of volunteer facilitators, there is a training planned for June 2 - 4. Each training is held from 9 a.m. - 5a.m. each day over 3 days at Imagine's Mountainside center. Imagine asks that you plan to attend the entire training. Participants in the training will have an opportunity to learn companioning and facilitation skills while sharing stories with one another and providing each other with support. Many of Imagine's facilitators come away from the training feeling truly connected to one another and describe the experience as "life changing" Participants also come away better prepared to support those at Imagine, and those in their lives who have experienced a loss.

If you'd like to join one of the upcoming trainings, please visit Imagine's website at [imagineenj.org](http://imagineenj.org) or call the center at 908-264-3100. Imagine's staff and volunteers hope to welcome you to the team!

Imagine is a 501c3 nonprofit that offers free year-round grief support groups for children ages

3-18 and young adults 19-30 who are coping with a loss due to death. Concurrently, support groups are available for the parents and guardians of the children in the groups and offered in English and Spanish. Imagine also offers grief and loss education and training to the community. For more information please contact Imagine at 908-264-3100 or [info@imagineenj.org](mailto:info@imagineenj.org).



## JACOBSON

APPLIANCES

- Financing Available
- Special Discounts
- 50% off Sales Tax

**FREE DELIVERY**  
Open Mon. & Thurs. 10am - 7pm;  
Tues., Wed. & Fri. 10am - 6pm;  
Sat 10am- 5pm; Sun - closed

*All Major Credit Cards Accepted*    

725 Rahway Ave - Elizabeth  
**908-354-8533 • 908-352-2232**  
[www.jacobsonappliances.com](http://www.jacobsonappliances.com)

**\$25 OFF FOR KENILWORTH RESIDENTS & BUSINESSES**  
One per customer. Can not be combined with any other offer. Minimum purchase of \$399.00. must present this coupon at time of purchase. Offer Expires 4/30/23.



# SAM'S



# LANDSCAPING

## COMPLETE PROPERTY CARE

---

# SPRING IS HERE!

---

## NOW IS THE TIME TO MAKE YOUR DREAM BACKYARD COME TRUE!

- \*TRIMMING
- \*TREE REMOVAL
- \*TOP SOIL
- \*PLANTING

- \*PAVERS & PATIOS\*

- \*CLEANUPS
- \*DRAINAGE
- \*MULCH
- \*SOD

CALL OR TEXT

# 908-441-7302

## SAMSLANDSCAPING.COM

"SERVICE, OUR BUSINESS  
LANDSCAPING, OUR SPECIALTY."



## VANDALS CAUGHT IN THE ACT.

Submitted by Dr. D. Michael Hart



(above) The Pool House under construction; George, Tom and Barry making knee walls for the building.



The “Pool House Gang” were caught red handed vandalizing a building at Boy Scout Camp Wheeler, in Byram Township, NJ. They are seen here in a “line up” against the wall.

They claim that they were doing repairs and renovations to an old decrepit building at the Boy Scout Camp. But they were seen removing valuable lumber, sinks, toilets, shower heads, and construction materials from the building.

Just kidding. This is a group of dedicated volunteers, including many retired professionals, who volunteer every week all year round at the Boy Scout camps for Patriot’s Path Council in northern New Jersey. These guys pictured have come up every Wednesday and Thursday for several months to renovate the Pool House and other buildings. This group includes retired engineers, an electrician, computer experts, small business owners, and corporate executives.

The Pool House building was built in 1971. The roof was still good, but the wooden walls were completely rotted, and the roof was sagging perilously. They needed to prop up the roof and replace the boards one by one.

Eventually the building will have two bathrooms, two common showers and 8 individual changing rooms on each of two sides. There is a full sized swimming pool behind the building, so all of the chlorination, pumping mechanisms and electrical service are also located inside the building.

The “Flintlocks BSA, Inc.” a 501c3 corporation, is a group of retired scouters who volunteer at the camps every week, all year round, to help the council. They do most of the repairs and maintenance for the three Council camps, but also build new structures, such as cabins, waterfront structures, picnic tables and tent platforms. In 2018 they secured funding and built the STEM Lab at Allamuchy. Second, they make the craft kits for birdhouses, bird feeders, stools, handy boxes, racing sailboats, etc., which are sold through the Scout Shops. Third, Flintlocks volunteer to help run the many Council programs. Three quarters of the Flintlocks have received the Silver Beaver Award, the highest National award a volunteer may receive. The Facebook Page is “Flintlocks” For more information please contact Secretary Dr. Michael Hart [drmhart@yahoo.com](mailto:drmhart@yahoo.com).

**L&C RAILINGS**  
Aluminum Railing Specialists

SINCE 1967

Aluminum Railings • Gates • Columns  
Custom Made Metal Products • Powder Coating

lcrailings67@gmail.com  
915 East Hazelwood Ave. • Rahway, NJ 07065  
**732-381-0770**



(above, l-r) "Line Up": Al Thomas, Randy Johnson, Frank Wallace, Dave Greene, George Van Dyke, Barry Bird, and Tom Mollitor.

**Mr. Handyman**  
HOME IMPROVEMENT PROFESSIONALS™

a neighborly company

- NO JOB TOO SMALL -
- 100% SERVICE GUARANTEE -
- 2500+ POSITIVE ONLINE REVIEWS -

**908-251-9441**  
**Mrhandyman.com**  
License number: 13VH09897400

**10% DISCOUNT**

On labor only, materials not included. Cannot be combined with other offers. Exp. 4/30/23.

**WIRED RITE**  
**ELECTRICAL SERVICE**

**COMMERCIAL & RESIDENTIAL**  
**ALL PHASES OF ELECTRICAL WORK**

- FIXTURES • OUTLETS • PANEL CHANGE
- SECURITY • HIGHHATS • CEILING FANS

Senior Citizen Discount      24 Hour Emergency Service      Free Estimates

**201-600-3530**

# SALEM ROADHOUSE CAFÉ ANNOUNCES MARK ADAMY BAND

The Salem Roadhouse Café presents the Mark Adamy Band, Saturday, April 15, 2023. The doors open at 7:15 p.m., show starts at 8 p.m. Admission is \$20 and includes show, snacks, non-alcoholic beverages, and dessert. The venue is located in the basement of Townley Presbyterian Church, 829 Salem Rd, Union, NJ. The Roadhouse operates as a non-profit that raises funds for several carefully chosen local charities.

Mark Adamy is a multitalented keyboardist and vocalist who works with artists around the globe as a live performer and recording artist. This includes his own band: The Mark Adamy Band, which is a group of accomplished musicians that has thrilled listeners with its original stylings fusing pop, rock, jazz, R&B, world, and spiritual music.

Mark has enjoyed popularity as a sought-after talent for special events, productions, and performances. Mark has won honors including Entertainer of the Year and Boston Music award nominations. He has shared the stage with greats like Chaka Khan, James Brown, The Four Tops, John-Lee Hooker, Pieces of a Dream, Howard Hewitt, Phil Driscoll, Phil Keaggy, Roger Humphries, and many others. Mark has played in many Broadway productions as well as music directing off-Broadway productions in NYC.

Mark's concert credentials are extensive with acts such as the Coasters, the Cadillacs, Ink Spots, Jive Five, Silhouettes, Marvellettes, the Charelles, and guitarist Billy Davis. He has jammed with jazz artists such as Warren Hill,

Makoto Ozone, Darren Lyons Group, and Lee Robinson at venues ranging from New York's Russian Tea Room and Knitting Factory to Boston's Symphony Hall

As always, the Salem Roadhouse Café is live, intimate, up front, and personal. All ages are welcome.

## ABOUT SALEM ROADHOUSE CAFÉ

It's not "church music." It's music music. Folks who've come to the Salem Roadhouse Café know that it's a clean, safe place for people who enjoy listening to live music — in a world otherwise filled with clubs and bars. The Roadhouse has always offered its stage to local and independent mainstream musicians. Jazz, rock, folk, and other groups have performed. What's the common thread? They're all great musicians playing the kind of music people like to hear. There's no message, just music.

The Roadhouse started in 2008 by members of Townley Presbyterian Church with a grant from the Presbytery of Elizabeth. Hey — that's why we're located where we are, 829 Salem Rd, Union, NJ. The Roadhouse operates as a non-profit that raises funds for several carefully chosen local charities. That's its social mission.

But the many musicians who've played the Salem Roadhouse Café see it as a solid performance venue. They love it because of its special intimacy and great audiences. They say people here "really listen." Ask any of the musicians you meet here — they love to play the Roadhouse, and they want to come back often.

The Salem Roadhouse Café has raised funds

for many carefully chosen charities. They include: The Presbytery of Elizabeth E-port Center, Center For Hope Hospice, Community Food Bank, Monarch Housing, Angel Paws Animal Rescue, National MS Society, Haiti Disaster Relief, Hurricane Sandy Disaster Relief, The Union County YWCA Domestic Violence Program, Making It Possible To End Homelessness, Camp Johnsonburg, The Music Institute, and others. Thousands of dollars have been raised for these deserving charities.

## GRIEF AND LOSS SEMINAR

The First Presbyterian Church of Cranford (FPCC) is offering a free seven-week seminar, "Journey Toward Wholeness - Healing the Grieving Heart", which takes place via Zoom every Sunday from April 16 to June 4, 2023 from 6:30 – 8 p.m. Registration is open and is required to attend this event. Call Suzanne at (908) 251-5641 or Pam at (908) 964-3263 to register.

We welcome all who have experienced loss of any kind, past or present. We also welcome all who have previously attended this Seminar to return for a refresher. The Zoom option offers you a unique opportunity to attend with friends or family from other states.

All faiths are welcome. For more information visit [firstprescranford.org/care/grief-recovery](http://firstprescranford.org/care/grief-recovery)

## I BUY OLD MOTORCYCLES

All Types - Running or Not

Also Looking for Old Jeeps, SUVs, & Cars

Call or Text Glenn  
**732-556-7636**

Same Day Pick-up

We Pay Cash



## Helping SMALL Businesses With BIG Computer Problems

Call for a Free, No Obligation Consultation

**Complete Solutions**  
732-391-3466  
Your Complete IT Solutions Provider

1 Corporate Place, Suite 200, Piscataway, NJ 08854  
Email: [info@completesol.com](mailto:info@completesol.com) • [www.completesol.com](http://www.completesol.com)

## Guitar Lessons

ONE-ON-ONE

60 MINUTE INSTRUCTION \$45

Learn at your own pace with customized sessions.

Private lessons conducted via Skype, Facetime, etc.

Sample my playing on Instagram & Soundcloud:

Search "PJ Cotroneo Band". For information, contact:

**PJ Cotroneo 908-380-8438**

[pj@pjcotroneoband.com](mailto:pj@pjcotroneoband.com)



## PARKING PRODUCTIONS JOHN DENT INC. NOW HIRING



MAIN OFFICE LOCATED IN CLARK, NJ

## \$17/hour Plus Tips

Parking Productions is seeking Valet Parkers for Special Events and local accounts.

- Flexible schedule!
- Great for Students or those seeking extra income!
- Fun, exciting work!

732-574-9300 Option 2  
[jobs@parkingproductions.com](mailto:jobs@parkingproductions.com)

## UGLY HOMES WANTED FOR TELEVISION PROGRAM IN THIS AREA

We need 30 Ugly Homes with Ugly Kitchens, Bathrooms, Siding, Window, etc., Inside or Outside that need fixing or Remodeling. We will Repair and Remodel them and shoot video for training film and future TV show on Home Remodeling Work.

**Must Sign Release**, for purpose of filming job! This must be a complete remodeling job, not just patch up work. This remodeling is to be specially priced, with compensation going back to the homeowner for a signed release.

**Serious Inquiries Please!**

**CALL 833-375-1472**

Ask for TV Project Department, for job evaluation and estimate of cost and compensations!

Tri-State Creations LLC - Lic. #s: NJ-13VH04728900, PA-39104

# Marketing Toolbox

Renna Media offers a full range of marketing services, in print and online, hyper-local to regional, for every budget and market size.

## NEWSPAPER ADVERTS

We mail 160,000 newspapers to every home and business in 24 towns. You can advertise in any number of towns. Ads start at \$60.

## FULL COLOR PRINTING

We print flyers and menus, full color, two sided, on coated stock for only \$45 per thousand.

## DIRECT MAIL

Insert your flyer into the newspapers and get it mailed to every home and business for \$60 per thousand and as low as \$30 per thousand for higher quantities.

## ONLINE MARKETING

Online ads and press releases designed and placed to drive traffic to your website and get your phone ringing.

## SOCIAL MEDIA

We can design and/or manage your social media campaign from passive to aggressive plans customized to work within your budget.

## WEBSITE AND SEO SERVICES

Start with an audit/analysis of your website giving you a report and recommendations for \$250.

It is highly recommended to have a marketing plan and budget before spending.

**CALL JOE RENNA FOR A FREE CONSULTATION.**  
**908-447-1295**

## RENNA MEDIA NEWSPAPER RATE SHEET

**WE MAIL 160,000 NEWSPAPERS MONTHLY!**

Tina Renna 908-418-5586 • tinarennamedia.com

Joe Renna 908-447-1295 • joerenna@rennamedia.com

202 Walnut Avenue, Cranford, NJ 07016

Online at RennaMedia.com  
and NJLocalInfo.com



**Call today for FREE consult on marketing and business plans.**

*Advertise in 1 or all 24 towns*



<b>Berkeley Heights</b> NJ COMMUNITY NEWS Qty: 4,700 Zip: 07922	<b>THE CHATHAMS</b> NJ Qty: 7,500 Zip: 07928	<b>Clark</b> Monthly Qty: 6,700 Zip: 07066	<b>CRANFORD</b> MONTHLY NJ Qty: 9,900 Zip: 07016	<b>Elmhurst Hills</b> ELIZABETH, NJ Qty: 5,400 Zip: 07208 Section of Elizabeth, NJ	<b>Fanwood</b> Post NJ Qty: 3,000 Zip: 07023
<b>Florham Park</b> Press NJ Qty: 5,500 Zip: 07932	<b>Garwood</b> NJ Times Qty: 2,500 Zip: 07027	<b>Green Brook</b> NJ Gazette Qty: 3,000 Zip: 08812	<b>BUSINESS • LIFE</b> KENILWORTH NJ Qty: 3,500 Zip: 07033	<b>NJ LIFE in</b> LINDEN Qty: 17,900 Zip: 07036	<b>Long Hill</b> LEADER NJ Qty: 3,500 Zips: 07933, 07946, 07980
<b>MADISON</b> MONTHLY NJ Qty: 6,300 Zip: 07940	<b>MOUNTAIN</b> VIEW NJ Qty: 2,900 Zip: 07092	<b>New Providence</b> NEWS NJ Qty: 5,100 Zip: 07974	<b>OUR TOWN</b> Rahway, NJ Qty: 13,000 Zip: 07065	<b>ROSELLE PARK</b> MONTHLY Qty: 5,600 Zip: 07204	<b>Scotch Plains</b> NJ WHAT'S HAPPENING MONTHLY Qty: 9,400 Zip: 07076
<b>Short Hills</b> MILLBURN MONTHLY NJ Qty: 8,200 Zips: 07041, 07078	<b>Summit</b> NJ & Times Qty: 9,600 Zip: 07901	<b>Spirit of</b> UNION NJ Qty: 6,800 Zip: 07083 (partial)	<b>WARREN</b> MONTHLY NJ Qty: 6,200 Zip: 07059	<b>Watchung</b> Post NJ Qty: 2,700 Zip: 07069	<b>Westfield</b> NJ MONTHLY Qty: 11,800 Zip: 07090

### NEWSPAPER AD RATES

Units	Size	1 TOWN	3 TOWNS	6 TOWNS	9 TOWNS	12 TOWNS	15 TOWNS	18 TOWNS	21 TOWNS	24 TOWNS
1 Unit (Business card)	3.25" x 2"	\$60	\$150	\$250	\$350	\$400	\$450	\$500	\$550	\$600
2 Units	6.5" x 2" or 3.25" x 4"	\$100	\$250	\$400	\$500	\$600	\$700	\$800	\$900	\$1000
4 Units	3.25" x 8" or 6.5" x 4"	\$180	\$450	\$700	\$900	\$1100	\$1300	\$1500	\$1700	\$1900
6 Units	6.5" x 6.25" or 10" x 4"	\$240	\$600	\$900	\$1200	\$1400	\$1600	\$1800	\$2000	\$2200
9 HALF PAGE	6.5" x 9" or 10" x 7"	\$320	\$800	\$1000	\$1300	\$1600	\$1900	\$2200	\$2400	\$2700
12 Units	10" x 8"	\$360	\$900	\$1200	\$1500	\$1800	\$2100	\$2400	\$2700	\$3000
18 FULL PAGE	10" x 14"	\$400	\$1000	\$1400	\$1800	\$2200	\$2500	\$2800	\$3000	\$3400
2-PAGE SPREAD	21" x 14"	\$700								
BACK PAGE	10" x 14"	\$500								
FRONT PAGE BANNER	8.25" x 2"	\$320								
FRONT PAGE BOX	1.5" x 4.5"	\$240								

Back cover, front page banner and front box reserved on first come, first-served basis. Current advertiser has right of first refusal.

Rates are per month. Artwork included in price. Newspapers are black on white.

**PREPAY 6 MONTHS AND GET 1 MORE FREE**  
**PREPAY 12 MONTHS AND GET 3 MORE FREE**

Make Checks payable to Renna Media, 202 Walnut Avenue, Cranford, NJ 07016



# KENILWORTH LIBRARY APRIL PROGRAMS

Kenilworth Life • Page 15 • April 2023

Phone: 908-276-2451 • [www.kenilworthlibrary.org](http://www.kenilworthlibrary.org) • 548 Boulevard, Kenilworth, NJ 07033

Monday - Wednesday: 10 AM-5 PM; Thursday: 10AM-8PM; Friday: 10 AM-5 PM;

Saturday: 10 AM-2 PM; Sunday: Closed

## CHILDREN'S PROGRAMS WEEKLY PROGRAMS:

### Lap Sit

April 4, 11 & 25, 10:30am – 10:50am

Interactive stories and songs for ages 0 – 2 years old

### Toddler Time

April 5 & 12, 10:30am – 10:50am

Interactive stories, songs and activities for ages 2 – 3 years old

## APRIL SPECIAL EVENTS

Registration is required for all special events.

### Lego at The Library

Thursday, April 6, 3:30pm – 4:00pm

Explore and build with our collection of Lego bricks. Ages: 4 – 12

### Sew It Workshop

Thursday, April 13, 3:30pm – 5:30pm

Participants will learn to use a sewing machine, design and sew a crossbody bag with zipper and pocket. This workshop will be presented by

Ellen Lumpkin Brown. Ages: 9 – Adult

### Easter & Spring Craft

Friday, April 14, 3:30pm – 4:00pm

Create a unique craft to take home and display for ages: 4 – 9.

### Boogie Woogie Babies

Tuesday, April 18, 10:30am – 11:00am

Interactive musical program will be presented by Tiffany Taylor for ages: 0- 4

### Yoga Story Time

Wednesday, April 19, 10:30am – 11:00am

Join us for stories and yoga poses for the youngest listeners and their caregiver.

This program will be presented by Sandy

Szeluga for ages: 2 - 5.

### Mind Reading Game Show With Flavian

Thursday, April 20, 7:00pm – 8:00pm

Flavian will read your mind and make you laugh as he reveals answers to some very funny questions! Ages: 10 – Adult. This program has

been funded by donations in memory of

Elvira Kowalczyk.

### Good Tymes String Band

Wednesday, April 26 at 10:30am – 11:00am.

All ages are welcome to attend and enjoy foot tapping knee slapping music

### Mad Science Workshop:

### Playing With Polymers

Thursday, April 27 at 3:30pm – 4:30pm.

Ages: 4 – 12. Interactive workshop exploring a unique science theme. Kenilworth residents may begin to register one week prior to each special event. Out of town residents may begin to register two days prior to each event, space permitting.

## ADULT PROGRAMS

### Paper Pals

Tuesday, April 4 & 18 at 2:00pm – 4:00pm

Our card making group "Paper Pals." You don't need any paper crafting experience to join the fun. This is a free program for adults.

### "Yarnies"

Thursday, April 6, 13 & 20 at 2:00-4:00pm

Thursday, April 27 at 6:00-7:30pm.



## DAVID BREARLEY TRICKY TRAY APRIL 22

The David Brearley Middle High School PTO will be having their biennial Tricky Tray Fundraiser on Saturday, April 22nd. Over 150 prizes, including electronics, home goods, fashion accessories, outdoor gear and so much more. For more information on tickets contact the high school 908-931-9696, or Susan Dougherty 908 591-1481.

## SENIOR BUS TRIP TO AC

The Kenilworth Senior Citizens Club will be sponsoring a trip to Resorts Casino on April 18, 2023. The cost is \$35 and the casino gives \$15 slot play on your card. The bus leaves the Acme parking lot at 9:30 a.m. Anyone interested please call Lillian Furze at 908-709-0515.



## EXPRESS BUSINESS LUNCH

**In & Out in Under an Hour!**  
**2 COURSES: \$14<sup>95</sup>**  
**Appetizer or salad & Entree**

**Choice of Appetizers:** Pasta Fagioli, Fried Zucchini, Meat Ball, Mussels Marinara, Mozzarella Carrozza,  
**or Salads:** Caprese Salad, Caesar Salad, Ciao Bello Salad, Italian Salad.  
**Entree:** Chicken Marsala, Chicken Parmigiana, Penne Vodka, Ravioli Marinara, Chicken Francese, Cavatelli Broccoli, Eggplant Parmigiana, Chicken Spinach Wrap, Personal Pizza.  
**Coffee & Tea**

### OPEN 7 DAYS

• **Gluten-Free Menu Available**  
• **Catering • Dine In BYOB • Take-Out**  
**Gift Certificates Available**

**220 South Ave. East**  
**Cranford, NJ**



**908-497-0700**

Like us on Facebook

[ciaobellorestaurant.com](http://ciaobellorestaurant.com)

## CHESS IN MILLBURN

- In-person and Online Chess Lessons
- Rated Chess Tournaments
- Search us on YouTube: Chess Party
- Spring Classes Registration Open!
- Visit our website for details and placement test!

917 923 3669

[chessinmillburn@gmail.com](mailto:chessinmillburn@gmail.com)

[www.chessinmillburn.com](http://www.chessinmillburn.com) **CHESS IN MILLBURN**

CHESS ACADEMY



Call Today for a Free Estimate!  855.624.6655



AS SEEN ON

GEORGE  
TO THE  
RESCUE



*Magnolia*<sup>TM</sup>  
HOME REMODELING GROUP

ROOFING | SIDING | WINDOWS  
KITCHENS | BATHROOMS | BASEMENTS  
MASONRY | DECKS | PORCHES



#### Payment Plans

WINDOWS \$209 BASEMENTS \$395  
KITCHENS \$389 BATHROOMS \$199  
ROOFING \$249 DECKS/PATIOS \$189  
SIDING \$289 PORCHES/STEPS \$185

0% Plans Available!

Estimated monthly payments.  
Rates & payments based on credit approval.

VIRTUAL MEETINGS ALSO AVAILABLE

Interior & Exterior Remodeling | Family Owned & Operated

100% FINANCING AVAILABLE | 30+ YEARS EXPERIENCE

NJDCA 13VH07755300

MagnoliaHomeRemodeling.com 