

Summit NJ Times

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ACCEPTING APPLICATIONS FOR SUMMER YOUTH ACADEMY

The Summit Police Department is announcing upcoming dates for its 2023 Youth Academy. Two, one-week sessions will be held from July 17 to July 21 and July 24 to July 28 from 8 a.m. to 3 p.m. daily and are open to children ages 11 to 14. Applications will be accepted through April 1, and are available online, at the Summit Police Department in City Hall, and in the main office at Lawton C. Johnson Summit Middle School.

Now in its seventeenth season, the popular program provides area youth with an opportunity to develop an understanding of the role of the police officer in the community. Modeled after actual Police Academy curriculum, recruits undergo physical training, drill and ceremony training, instruction in criminal investigation techniques, and evidence recovery and patrol practices. Cadets visit the Union County Police Academy and attend demonstrations from the Union County Sheriff's K-9 Unit, Union County S.W.A.T. Team and Bomb Squad.

Cadets are provided an official Summit Police Youth Academy uniform to wear during the session. Upon successful completion of the program, cadets participate in a graduation ceremony and receive a certificate of completion, official Summit Police Youth Academy patch, and access to a shared drive with photos taken during their session.

Admission to the program is on a rolling basis with preference given to Summit residents who are first time applicants; former recruits and out-of-town applicants may be placed on a waiting list. A limited number of scholarships are available to those experiencing financial hardship. Applicants will be notified of their acceptance to the program on Monday, April 17. Accepted cadets will be instructed to submit the tuition fee of \$125 in the form of a check to the Summit Police Department by Friday, April 21. Any accepted cadets that do not submit payment by April 21 will be moved to the end of the program waiting list.

For more information, please contact Officer David Kotiga at dkotiga@spdnj.org, (908) 598-2113, or Administrative Assistant Lauren Karsen at lkarsen@spdnj.org, (908) 277-9473.

2023 Youth Academy

SESSION 1: JULY 17 - 21

SESSION 2: JULY 24 - 28

- #### Curriculum

Modeled after actual police academy curriculum, the program provides an opportunity for young people aged 11 to 14 to develop an understanding of the role of the police officer in the community.
- #### Physical Training

Cadets undergo physical training, drill and ceremony training, instruction in criminal investigation techniques, and evidence recovery and patrol practices.
- #### Demonstrations

Cadets visit the Union County Police Academy and attend demonstrations from the Union County Sheriff's K-9 unit, Union County SWAT team and bomb squad.
- #### Program Admission

Admission to the program is on a rolling basis, with preference given to Summit residents who are first-time applicants; former recruits and out-of-town applicants may be placed on a waiting list. The tuition fee is \$125. A limited number of scholarships are available to those needing financial assistance.

CONTACT US

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Summit Times

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SAFETY ISSUES REMAIN A REAL CONCERN

Mayor Nora Radest and Police Chief Steven Zagorski

This Letter to the Editor was written before a 10-year-old Summit boy was injured in a crosswalk on his way to school on February 3, 2023. Thankfully he was not critically injured but please let this serve as a reminder that we need to always look out for others, especially when navigating our city streets either in a vehicle, riding a bicycle or on foot.

Dear Neighbors:

More than 22,000 residents and the 17,000 plus people who commute here for work or transit use our city streets each day. As traffic congestion in our region continues to grow, safety issues surrounding speeding remain a real concern for the Summit Police Department.

While it is simple to identify the problem - too many of us drive too fast or cross the street without paying adequate attention to what is happening around us – it is more of a challenge to affect lasting behavioral change in our community.

The Summit Police Department and city Engineering Division have redesigned several essential roadways with a focus on traffic calming and getting drivers to slow down by narrowing lanes, installing all-way stops at key intersections and speed humps. Flashing beacons and more than 50 marked crosswalks in the downtown and hundreds of crosswalks throughout the city allow pedestrians many safer

crossing options. City agencies continue to work together to improve streets and intersections in areas in and adjacent to the downtown and other high traffic areas.

We have also employed increased enforcement by the department’s traffic unit and have been stopping and citing motorists for speeding and other offenses. Our community education campaign is ongoing and targeted to times of the year when pedestrian traffic increases - at the beginning of the school year and during the arrival of warmer weather.

Starting this month, you will see more information on vehicle and pedestrian safety being shared from the Summit Police Department and City of Summit. It is our goal to further educate and remind everyone to exercise caution when driving or walking and look out for others. In partnership with the schools, we are sharing safe drop off and pick up practices for families.

We pledge to continue to reimagine how to best improve Summit’s existing streets, intersections, and sidewalks to benefit all who use them. It is imperative that all citizens make a similar pledge to make the safety of others a priority.

Thank you for your attention and support.

*Mayor Nora Radest
and Police Chief Steven Zagorski*

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INTERGENERATIONAL LEADERSHIP SUMMIT

Submitted by Amanda Stima


The Junior League of Summit (JLS) hosted its second annual Intergenerational Leadership Summit on February 5th at The Summit Speech School. The event brought together girls, women, and gender-expansive individuals of all ages for collaborative training exercises that helped empower them to make a difference within themselves and the community. JLS Projects Co-Chair and DEI&B (Diversity, Equity, Inclusion, and Belonging) Director, Jee-Hoon Krska commented, “What makes the Intergenerational Leadership Summit so unique is that it brings together multiple generations of individuals from various backgrounds to share insights and experiences. Participants hear from folks they may not otherwise encounter, and they all have the rare opportunity to learn and grow together. This event is a beautiful example of how the League is advancing DEI&B within our community and carrying out the mission of empowering individuals to be leaders and make a difference.”

The event began with an Interactive Panel Discussion with panelists Millie Cooper, Former Summit Councilwoman, Theresa Gazaway, Retired New Providence Police Chief, Dr. Marcia Heard, Arts Educator and Executive Director of ACCA Creates, and Claire Harrison, Founder of the Summit Free Market. Panelists discussed the

topic of Turning Passion Into Action to Serve Others. The second portion of the event consisted of dynamic workshops centered around the theme of Strengthening Connections. The facilitators were Psychotherapist, Jamie Hanley, Licensed Professional Counselor, Kelly Medvin, and Executive Director of Women’s Center for Entrepreneurship, Rana Shanawani.


The event was held at The Summit Speech School, which was founded by the JLS in 1967. Anita Tung, event planning committee member, stated, “We truly believe that everyone has something to offer and something to learn, no matter their age, educational background, or life experience. This year’s event reflected the power and energy created when thoughtful, compassionate people engage with one another, exchange stories and experiences, and learn new skills. We are extremely pleased with how this event has grown since our inaugural event last spring, and we look forward to the possibilities next year’s event may hold!”

The Junior League of Summit, Inc. is an organization of women whose mission is to advance women’s leadership for meaningful community impact through volunteer actions, collaboration and training. For more information about the Junior League of Summit, please visit the website at www.jlsummit.org or contact the office at 908-273-7349.



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SAGE RECEIVES GENEROUS DONATION FROM SUMMIT ELKS LODGE 1246



(above, l-r) Galina Muller, Director of Administration and Finance; Terry Kaniuk, Volunteer Manager for Meals on Wheels program; Rick Wolffe, Exalted Ruler of Summit Elks Lodge 1246; Chris Glacken, meal delivery volunteer.

The Summit Elks recently presented SAGE Eldercare with a \$10,000 donation for their food pantry and meals delivery. SAGE Eldercare runs the local Meals on Wheels program for homebound seniors. Volunteers deliver hot meals midday Monday through Friday in the local area. Individuals who are 60 and older, frail, homebound, or disabled, are eligible for the program. Eligibility includes those individuals recuperating from an illness, those who are mentally or physically impaired, individuals without family or friends to shop for them, and someone requiring a special diet.

The Summit Elks also ran a food drive with their 2,700 members for Thanksgiving. They collected canned vegetables and soups, dry pasta and bottled sauce, canned tuna, peanut butter, fruit jam, bottled water, nutrition drinks, and cleaning products. “The Summit Elks delivered over 10 carloads of food pantry items to SAGE Eldercare. These non-perishable food items will allow SAGE to prepare ‘dry bags’ of food for Meals on Wheels participants so they have a stocked pantry of food for the weekend when we don’t deliver hot food or for days when we can’t deliver due to inclement weather.” Said Terry Kaniuk, Volunteer Manager for Meals on Wheels.

“For over 150 years, the Elks have supported numerous charitable causes and funded projects that improve the quality of life in local Elks communities” said Rick Wolffe, Exalted Ruler of

Summit Elks, “we have a longstanding history of supporting SAGE and that is just one of the many ways we live our guiding principles of Charity, Justice, Brotherly Love and Fidelity.” Since the inception of SAGE 69 years ago, the Elks have been a community partner. Many trustees and volunteers have been Elks members.

Donations of non-perishable food are always accepted, Monday through Friday before noon.

To volunteer to deliver Meals on Wheels, please contact Terry Kaniuk at tkaniuk@sageeldercare.org or 908-273-5554

ABOUT SAGE ELDERCARE

SAGE Eldercare is one of only a few providers in the nation — and the only one in New Jersey — to provide a full range of eldercare services under one roof. For 68 years, SAGE’s mission has been to help older adults remain living in their own homes. Whether it is assisting with a Home Health Aide, helping with food insecurity or offering a stimulating adult day medical program, SAGE can help. Their team provides referrals, caregiver support groups and free and confidential Medicare counseling. And as the unique challenges of older adults and caregivers evolve, they offer educational programming every step of the way to keep the community informed of best practices. Learn more at www.sageeldercare.org. Follow them at @SAGEeldercare.

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UPCOMING EVENTS: Registration required.

Visit our website for a complete list of events.

WED, MAR 15
10:30 am - 11:30 am
PREPARE TO CARE
Presentation focuses on helping individuals make plans to care for friends, family members or loved ones.

TUE, MAR 21
2:00 pm - 3:00 pm
LONG TERM CARE, ANNUITIES & MEDICAID
ZOOM

THUR, MAR 30
10:30 am - 11:30 am
WHAT’S NEW WITH SOCIAL SECURITY?
7 Topics to Watch in 2023

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- Personal Care (Bathing, Dressing, Grooming)
- Meal preparation and personal laundry
- Socialization
- Assistance with Discharge Plans
- Medication Reminders
- Accompaniment to Doctor’s Visits and Assistance with Telehealth Calls
- Home Health Aides are equipped with Personal Protective Equipment (PPE)



Adult Medical Day Program

- Light breakfast, complete lunch and snacks provided daily
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- Nursing support for medical conditions, including medication administration
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- Support groups and educational seminars for caregivers



Meals on Wheels

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SPRING MUSICAL IS SOMETHING ROTTEN!

Summit Public Schools

The Summit High School Performing Arts program welcomes all to the Renaissance and the hilarious, crowd-pleasing musical farce, *Something Rotten!* presented March 1st through 4th, 2023.

The 2015 Broadway musical was lauded by audience members and critics alike, receiving several Best Musical nominations and hailed by Time Out New York as "the funniest musical comedy in at least 400 years!"

Set in 1590s London, brothers Nick and Nigel Bottom are desperate to write a hit play but are stuck in the shadow of that Renaissance rock star known as "The Bard" – Shakespeare! When a local soothsayer named Thomas Nostradamus foretells that the future of theatre involves singing, dancing and acting at the same time, Nick and Nigel set out to write the world's very first musical. But amidst the scandalous excitement of opening night, the Bottom Brothers

realize that reaching the top also means being "true to thine own self" and that our family is more important than any material success.

After seeing *Something Rotten's* large song and dance numbers, its wacky cast of over-the-top characters, and its funny, yet heart-warming story, audiences of all ages will agree that "nothing's as amazing as a musical". So don't miss your chance to see this production by the award-winning Summit High School Performing Arts program!

Performances of *Something Rotten!*

are in the SHS Auditorium
on Wednesday and Thursday, March 1 & 2
at 6 p.m.,
and Friday and Saturday, March 3 & 4
at 7:30 p.m.

Tickets are \$15 for students and seniors, and \$20 for adults. They may be purchased beginning by visiting Hilltopper Stage Productions at www.showtix4u.com/events/hilltopper



SUMMIT SYMPHONY CONCERT – MARCH 26

The Summit Symphony Orchestra, celebrating 84 years of free concerts in Summit, continues its season with a concert on Sunday, March 26 at 2:00 p.m., at Summit High School, 125 Kent Place Boulevard, Summit. Admission to all Summit Symphony concerts is free.

Music Director Michael Avagliano will lead the orchestra in performances of Tchaikovsky's Slavonic March, Samuel Coleridge-Taylor's Ballade, and Edward Elgar's Enigma Variations.

The Summit Symphony has been providing free orchestral concerts for the Summit area since 1938. Their 2022-23 season continues with their concert on March 26 and one on May 21. For more information about this concert and about the Summit Symphony Orchestra, please visit our website, summitsymphony.org.

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Start Date: March 20

Berkeley Heights YMCA

59 Locust Avenue, Berkeley Heights

Tuesdays 11:00 a.m. – 12:00 p.m.

Start Date: March 21

Make a joyful noise! Wharton Arts announces the return of its CAFÉ (Creative Aging for Everyone) Choir. In partnership with the Summit Area YMCA, Wharton Arts faculty will work with participants for eight weeks, during which the choir will learn several songs with piano accompaniment in preparation for a final concert at Burgdorff Hall in New Providence. Join us and discover camaraderie, learn new skills or refine old ones, and simply have fun! **No experience necessary** and free to join.

Questions? Call (908) 790-0700

FREE!
Classes begin
March 20



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Performing Arts School

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New Jersey Youth Symphony

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Level 3 & 4 May 20

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Level 3 & 4 May 17

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Level 1 May 16

STRINGS

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Level 3 & 4 May 22, 24 or 25
Level 5 & 6 May 18 or 19

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Level 5 & 6 May 17 or 18

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Wharton Institute for the Performing Arts is a non-profit 501(c)(3) charitable organization and is committed to being accessible to all patrons, students, parents and visitors. All programs, classes, events and concerts are accessible ensuring that everyone can participate in a diverse range of arts programming and classes.



Summer Camps

Join the NJYS Orchestral Camp this summer for a fun and rewarding experience in either the Summer Winds/Brass/Percussion Session or Summer String Session. Each day, both sessions will join forces to create the NJYS Summer Festival Orchestra and perform a final concert on **Saturday, July 8**.

NJYS Orchestral Camp: String Session or Winds/Brass/Percussion Session

June 25 - July 8

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Strings Director: Nevena Bojovic

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Entering Grades 10-12

June 25 - July 7

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New Jersey Youth Symphony

WhartonARTS

Helen H. Cha-Pyo, Artistic Director & Principal Conductor

CAR DONATIONS BENEFIT VETS IN NEED

Submitted by Michael Boll, Director New Jersey Veterans Network

For the last few years the New Jersey Veterans Network (NJVN) has grown to a full time charity that provides life changing and saving resources. Nearly every day the NJVN is conducting numerous charitable pickups and drop offs throughout the state. To accomplish our vital and important missions, we rely on using our trucks and vans. The NJVN fleet is small, and all the vehicles are used, but they are able to deliver



(above) Joe Oneill
Benners Auto veteran car donation

because of both of our team board members, Adam Rempfer, owner of DeFalco's Towing, and Joseph O'Neill, owner of Benner's Auto. Not only have these two men always played a major role with the NJVN day to day operations, they have helped countless people in need.

Adam Rempfer, owner of DeFalco's Towing and Auto Body, joined our team after his shop donated a refurbished car to a disabled veteran. For years Adam and DeFalco's have been donating cars to people in need and hosting various charity events. Also, they have contributed huge financial donations to the Law Enforcement Unity Tour and NJ State Police. Now Adam is a NJVN board member and has graciously taken on all the NJVN vehicle repair and maintenance. However, Adam and DeFalco's generosity doesn't stop there; they have hosted and sponsored numerous events at our VA Hospitals and veteran shelters.

Joseph O'Neill, owner of Benner's Auto Body, was a board member of the NABC Charity Cars, and a few years ago he contacted the NJVN about donating several refurbished cars to our veterans. After working with Joe and Benner's Auto, and seeing what an incredible job they did, we asked him to join the NJVN team. For a long time, Joe and Benner's have been helping people who were desperately in need, and they have hosted different types of charitable events and galas. Joe is also a cancer survivor and has done a

tremendous job raising and providing large financial donations to fight cancer and fund cancer research. Recently, Joe and Benner's Auto have taken on NJVN vehicle care and maintenance.

Every day the NJVN is providing resources to veterans in need, and now we know there is nothing stopping us from completing our mission because of amazing men like Joe O'Neill and Adam Rempfer. Each of them has always put others first and loves being able to help our veterans live a better way of life.

If you would like to join the team, please send us an email at NJVN1775@gmail.com and be sure to include your name, email, and phone number.

Check out more of our accomplishments at our website: NJVN.org . Help us save Vets!!!

ABOUT NEW JERSEY VETERANS NETWORK

We are a group of veterans and volunteers dedicated to helping our veterans and their families live better lives. Our mission is to identify veterans and connect them with resources and programs designed to meet their unique set of needs. If you are a veteran or family member that is in need of assistance, or are interested in joining our team, would like us to speak at your event, or contribute to our mission, call 973-332-1556 or email mdbollio@optonline.net. To learn more visit njvn.org.



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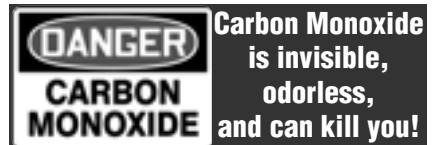
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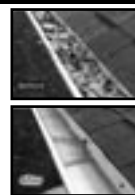
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Despite the frigid temperatures and biting wind on Christmas Eve, The Summit Luminary Fund once again illuminated the city, while raising a record amount for local charities. A very big thank you goes out to all who participated by purchasing luminaries or making a donation!

In its 41st year, and under the longtime, dedicated leadership of President Barbara Romano, The Summit Luminary Fund raised over \$145,000 in 2022.



(above) Barbara Romano, President,
The Summit Luminary Fund

Courtesy photo

Thanks to the generosity of over 185 street captains, and Area Leaders Meg Ahern, John Blomfield, Francie Cho, Pam Kuhn and Linda Massengill, 177 streets in Summit were once again magical sights to behold as the sun set on December 24th and the glow of over 43,000 luminaries emerged.

The Fund is pleased to be supporting the following groups with its proceeds:

- Bridges' Project Connect-Summit Program
- Christ Child Society of Summit: Layette Program; Area Baby Center: Diaper Distribution; and School Supply & Backpack Program
- Family Promise of Union County
- G.R.A.C.E.
- SAGE Eldercare Spend a Day
- SHIP
- Summit's Senior Connections
- Summit Volunteer First Aid Squad
- Valerie Fund Children's Center at Overlook Hospital

The Fund is partially underwritten by Lois Schneider Realtor, for which it is grateful.

If you would like to become a street captain or volunteer in any way, please contact Barbara Romano at barbararomano@comcast.net. It is only through the gracious spirits and generous time commitment of volunteers that this endeavor is possible, and the Fund is extraordinarily grateful to them.



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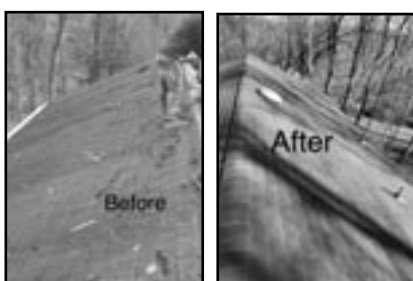


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HIGH SCHOOL TEAM TO PRESENT LIVE DEBATE

The Summit High School Debate Team will lead a live debate on the topic of right-to-work laws in the United States. The event will feature two teams of student debaters, each presenting arguments for and against the laws.

The Team is a student-led organization specializing in three forms of debate: Public Forum, Lincoln Douglas, and Parliamentary debate. These students have achieved remarkable success this school year, earning three gold bids and two silver bids for the prestigious national Tournament of Champions, held annually at the University of Kentucky. The Team consistently ranks among the best in the nation.

The debate will be in the "Public Forum" style, which was founded in 2002 and is designed to be

accessible to the general public. The topic of right-to-work laws was selected nationally for this month's debate. This event is open to the public and offers an opportunity for individuals to learn about this important issue and to see the analytic and public speaking skills of this generation in action.

The performance will take place on Wednesday, March 22, 2023 from 6:30 to 8:30 p.m. It will be held in-person at the Liss Meeting Room of the Summit Free Public Library. To attend, register on the Library's website at: summitlibrary.org -> Events. Admission is free, and all are welcome.

The Library's address is 75 Maple St, Summit, NJ 07901.

SCHOLARSHIP OPPORTUNITY

Mayor Nora Radest and the New Jersey State League of Municipalities are offering a scholarship opportunity for high school juniors and seniors in Summit.

Three \$1,000 scholarships are being offered through the Louis Bay 2nd Future Municipal Leaders Scholarship Competition, a statewide competition that centers on the theme "What My Municipal Government Does Best" and seeks to highlight elected officials' hard work and encourage future municipal leaders.

"This is an excellent opportunity for students in Summit and I encourage all juniors and seniors to apply," explains Mayor Radest. "Our elected officials and municipal staff work hard every day to make Summit a great place to live, work, and

visit. It is my hope that through this scholarship competition, our young citizens will recognize the importance and impact of this work and choose to serve their communities in similar ways in the future."

The submission deadline is March 10, 2023. The competition is open to all high school juniors and seniors that reside or attend school in Summit. Mayor Radest will select one semi-finalist, who will be designated a state semi-finalist. The Scholarship Committee of the New Jersey State League of Municipalities will select 15 finalists and three winners.

Access the application and view more information on the competition on the City of Summit website at cityofsummit.org/scholarship.

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REMEMBERING POLICE CHIEF LONNIE DAVIS

City of Summit

During black history month, the Summit Police Department proudly remembers the contributions and accomplishments of its twelfth police chief, Lonnie Davis, the second African American municipal police chief in Union County history and Summit's first black chief of police.

Lonnie Davis joined the Police Department as a patrol officer in 1955 and rose through the ranks, becoming a Sergeant in 1968, a Lieutenant in 1978 and a Captain in 1986. He remained at that rank for five years, serving as Operations Division Commander, prior to being appointed Chief of Police in 1993. Not only did he have an impressive career, but he was also an exemplary member of the community. A lifelong resident of Summit, leaving only for his four years with the Army's 82nd Airborne, he attended Summit's public schools, was a member of the Wallace Chapel AME Zion

Church, served on the Board of Trustees of the YMCA, was a member of the Rotary Club and former president of the Jaycees. He was also a member of the National Organization of Black Law Executives and a life member of the Police Benevolent Association. He and his wife, Marian Spaulding, raised four sons.

Although Chief Davis died suddenly of a heart attack at the age of 60 only three months after he was appointed to the agency's top post in 1993, it does not diminish his legacy to the City of Summit and to the Police Department where he served faithfully for 38 years. Those who remember Chief Davis, as well as newspaper articles written about him at the time of his death, reveal a man who was universally admired and greatly respected throughout the City of Summit. Chief Davis will continue to be a source of pride to the department and to the entire Summit community.



(above) Lonnie Davis, the second African American municipal police chief in Union County history and Summit's first black chief of police.

Courtesy photo

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Did you know?

- 1) In 2020 we recorded the "Highest Carbon Rate And Global Temperatures in human history".
- 2) That science said: "The only way to curb this phenomena GLOBALLY is to save our OLD trees."
- 3) Each full grown tree releases 15 to 20 liters of oxygen each day, while absorbing Carbon Monoxide.
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Many more trees are put into Decline through IMPROPER PRUNING.

These stressed trees are the first to die in drought situations as we saw this past year. PLEASE also (google) read **Rooting out Problems.** It explains "Simple Procedures" for saving trees during construction. Have your whole family read this article which will help them recognize when a tree is being harmed.

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SUMMIT REPAIR CAFÉ MARCH 25

2023 marks Summit Repair Cafe's fifth year of hosting repair events. Each event has diverted an average of 480 pounds of beloved but broken items from entering the landfill.

On March 25 your beloved but broken items have the opportunity to be repaired at Summit's Repair Cafe from 11:00 a.m. - 3:00 p.m. at Christ Church, 561 Springfield Avenue. The last items accepted for repair will be at 2:30 p.m.

Repair services available at this event will include sewing/textiles, lamps, computers, clocks, woodworking, knife sharpening and bicycles. To allow all patrons to have the opportunity for repair, repairs are limited to 2 total items per person.

Replacement parts for lamps and clocks will be available for an at-cost fee. Please only bring items that you can carry into our event unaided. No appointment is necessary!

Summit Repair Cafe events are co-sponsored by the Summit Area Green Faith Circle and Repair Cafe Garden State. Visit repaircafes.org for the full schedule of all upcoming Repair Cafe events in New Jersey.

Repair volunteers are needed for March 25 in Summit and future events. If you would like to help, please contact us via email: summit@repaircafes.org.



Photo by SMS Productions/Craig Michell

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SAGE PREPS FOR CHAMPIONS WEEK DURING MARCH FOR MEALS

City officials and members of community organizations are invited to join SAGE Eldercare during Community Champions Week (March 20-24) as it participates in the 20th annual March for Meals – a month-long, nationwide coming together of local community organizations, businesses, government officials and caring individuals to ensure that homebound and vulnerable older adults are not forgotten.

Past participants have included Summit Mayor, Nora Radest, Police Chiefs from Summit, New Providence, Berkeley Heights, Springfield and Mountainside and local government officials and volunteers.

Established in 1966, SAGE's Meals on Wheels is the oldest continuously run home delivery meal program in New Jersey. In 2022, approximately 100 volunteers delivered more than 28,875 meals to 250 people in Union County (Berkeley Heights, Mountainside, New Providence, Springfield, and Summit), Essex County (Millburn and Short Hills), and Morris County (Chatham and Madison). The average age of the clients SAGE delivers meals to is 83. Of those, 65% say they rarely have visitors other than their 'Meals on Wheels' volunteer.

"The services that we provide older adults in our area are critical; it's not just a warm meal, but also a friendly visit, sometimes the only human contact a person gets the whole day," said Terry Kaniuk, Volunteer Manager for Meals on Wheels. "Together, we can keep older adults living independently, healthier at home and feeling more connected to their community as they age."

For more information about participating in March for Meals, contact Terry Kaniuk at: 908-598-5514 or email: tkaniuk@sageeldercare.org.

ABOUT SAGE

Since 1954, SAGE Eldercare has been helping make the communities it serves amazing places to age. The organization provides a wide array of information, support, and services designed to help individuals lead the most independent and active lives possible. From helping with errands and providing Meals on Wheels, to exercise classes, community programs, care planning, an adult day health care center, and home health care, SAGE's expertise helps older adults remain independent in their own homes. SAGE is committed to being the leading provider of programs and services to meet the changing needs of older adults, their families, and caregivers throughout Morris, Union, Essex, and Somerset Counties. For more information, please call 908-273-5550 or visit sageeldercare.org.

ABOUT MEALS ON WHEELS AMERICA

Meals on Wheels America is the oldest and largest national organization supporting the more than 5,000 community-based senior nutrition programs across the country that are dedicated to addressing senior hunger and isolation. This network exists in virtually every community in America and, along with more than two million volunteers, delivers the nutritious meals, friendly visits and safety checks that enable America's seniors to live nourished lives with independence and dignity. By providing funding, leadership, research, education and advocacy support, Meals on Wheels America empowers its local member programs to strengthen their communities, one senior at a time. For more information, or to find a Meals on Wheels provider near you, visit mealsonwheelsamerica.org.

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MAKE A SENIOR SMILE COLLECTING FOR SAGE'S MEALS ON WHEELS PARTICIPANTS

AN INTERVIEW WITH SUTTON CARPENTER BY ANN BEARDSLEY

Sutton Carpenter is in his second-year managing Make a Senior Smile, having taken over the reins from his older brother, Rowan, who initiated the project three years ago. They began the effort to make a positive impact on the lives of our senior population who were secluded during the pandemic. Creating special care packages with donated items, Sutton utilizes SAGE's Meals on Wheels network to distribute the packages for Valentine's Day. He spoke with us regarding the project this year.

Q: WHY IS THE PROJECT IMPORTANT TO YOU?

A: When we started Make a Senior Smile, a lot of people were stuck at home because of the pandemic. Now that the pandemic is pretty much over, things have finally gotten back to normal for most of us, but for many seniors, they still aren't able to get out much and might go several days without seeing or talking to anyone other than the person who brings them their Meals on Wheels. That's why we feel it's important to let our seniors know that somebody is thinking of them. Hopefully the care packages that we put together will brighten their day a little and make them feel less lonely.

Q: HOW MUCH TIME DOES THE PROJECT REQUIRE IN TOTAL?

A: Every time we do a donation drive, it takes a few hours to organize the donated items and wrap them up into care packages. We usually do this for a few days until we have enough bags to load up the trunk and deliver them to SAGE. If the donations keep coming in, then we do it all over until the car is full again, so it can take a while. We also spend time putting out fliers and posts on social media to let people know about the drive. And we try to post lots of photos because people like to see how their donations are being used.

Q: DOES THE COMMUNITY ASSIST YOU AND, IF SO, HOW?

A: Yes, we definitely could not do Make a Senior Smile without the help we get from our community. Friends, neighbors, students, people we know and lots of people we've never met before, all pitch in to help. Last year we also received donations from local organizations like the Summit Lions Club, who donated several big bags of candy, and the employees from Restoration Hardware at the Short Hills Mall, who dropped off some homemade cards. We really can't do this by ourselves, so we're always grateful for any help we get!



(above) Sutton Carpenter. This is the third consecutive year that The Carpenter family ran the Make a Senior Smile drive from Summit, NJ.

Courtesy photo

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FLINTLOCKS SCOUTER GROUP LIVES BY THE SCOUT LAWS

The Flintlocks, BSA, Inc. are a group of retired scouters who dedicate their time and talents to building and maintaining the scout camps of the Patriot's Path Boy Scout Council in northern New Jersey.

The group includes some tradesmen, but also professionals and volunteers of every background. Most are retired, but some still work full-time, and occasionally people volunteer to help for a day here or there. It is a very friendly group with great camaraderie and a good sense of humor. When one member reached age 100, they designated a parking spot reserved for "all Flintlocks over 100 years old". Two other members are 90 years old, but they will have to wait a while before parking in that spot.

The Flintlocks met for their Fall General Meeting on Thursday, October 20, 2022, at their workshop at Camp Winnebago in Rockaway, NJ. They reviewed the accomplishments of the previous year and discussed future projects the Council needs to have done. Some of the future projects include installing new windows in the dining hall, building a pavilion near the trading post, collecting Toys for Tots; and making craft kits and Pinewood Derby cars for special needs children.

The Patriot's Path Council of the Boy Scouts of America encompasses 5 counties in central and northern New Jersey: Middlesex; Morris, Somerset, Sussex, and Union. The Council website is ppcbsa.org. There are 11,000 scouts who use the camps in this council.

In spite of their name, the Flintlocks have nothing to do with antique firearms, although some of the old guys are considered "antiques". They meet every Thursday at Camp Winnebago, Rockaway, NJ, all year round, and guests are always welcome. They are organized as a 501c3 nonprofit corporation. All of the members are registered with the BSA, take CPR and AED training, and are vaccinated for COVID.

More than half of the Flintlocks have been awarded the prestigious Silver Beaver Award, which is the highest National Award for a volunteer in the Scouting Program. They usually provide approximately 5,000 hours of volunteer

skilled labor every year, saving the Council close to \$250,000 of labor costs.

In the past, the Flintlocks have built cabins, picnic tables, painted the dining hall, built the archery range, built all the structures at the waterfront, financed, built and equipped the STEM Lab at Allamuchy Scout Reservation, financed and built an addition to the Wink Dousa Cabin, and repaired damage to camp structures. In addition to building structures and doing

repairs and maintenance, they also volunteer at many Council programs throughout the year. One popular program for Cub Scouts for which the Flintlocks volunteer is called "For the Birds". The children learn about birds and build birdhouses and bird feeders.

The Facebook Page is "Flintlocks". Guests are always welcome. For more information contact Secretary Dr. Michael Hart at drmhart@yahoo.com.



(above) The Flintlocks BSA, Inc. members showing the signs representing the 12 points of the Scout Law. They tease one member for always being seen with a coffee cup in his hand, so they made him a sign reading "coffee". These signs will be posted at the Allamuchy Scout Reservation in Byram, NJ, located near Waterloo Village.

Courtesy photo

SHINING STARS GALA SET FOR MARCH 14TH

Shining Stars Network, a non profit organization that creates opportunities in the performing arts for the special needs community, kicks off their 11th year with their 2nd "Reach for the Stars" Gala, set for Tuesday, March 14th at the elegant Park Chateau Estate & Gardens in East Brunswick.

The evening, which will begin at 6:00 p.m., will feature a five-star cocktail hour, open bar, dinner and dessert. Highlights of the evening include performances by the Shining Stars cast and buddies, live and silent auctions and a 50/50. Special guest will be celebrity chef and restaurateur David Burke, of Iron Chef America, who will auction off dinner experiences at his famous New Jersey eateries, including a personalized dinner for four.

"Our first gala in 2019 was a great success and we can't wait for what will be another magical evening," noted Shining Stars Network President and co-founder Mike Curci. "Park Chateau is one of the finest venues in the country, and we're excited for our Shining Stars families, friends and supporters to enjoy this special night together."

Individual tickets are \$175 and a table of 10 can be purchased for \$1500 (a savings of \$250). Email your request to ShiningStarsNetwork@gmail.com. Please mention "gala tickets" in the subject line. Venmo, checks and credit cards are gladly accepted. Sponsorship opportunities and journal ads are also available.

The Gala will start a big year for the Shining

Stars, who will take to the stage for their "Evening of Shining Stars Talent Show" on Saturday May 13th at the Union County Performing Arts Center in Rahway.

On Saturday August 5th, history will be made when the Shining Stars make their Paper Mill Playhouse main stage debut, becoming the first special needs show to perform a full production on that iconic venue. Tickets for "The Greatest Show" — which will feature songs from Broadway and movies — will go on sale in late spring.

"We're honored and thrilled to be co-producing a show with the esteemed Paper Mill team," added Curci. "Our brookside cabaret at Paper Mill last September was an overwhelming success and to see our stars on the main stage this August will be a dream come true."

The Camp Shine Summer Workshop will take place in late August, and the Stars will cap off the year with their annual "Christmas Spectacular" on Friday, December 1st.

"Shining Stars is all about being inclusive and giving our performers a chance to shine on stage while creating lasting memories," noted co-founder and show director Sally Curci. "These opportunities build all-important self-esteem and self-confidence. Through the journey, our cast members and their high school buddies create bonds and friendships that they'll always remember."

For more information on the organization or events, please visit ShiningStarsNetwork.org.

UNION PLACE PARKING TIME LIMIT CHANGE

City of Summit

On January 31st the time limit for all on-street parking spaces on the north side of Union Place in downtown Summit will change from 90 minutes to 30 minutes. This change is being implemented in an effort to create more turnover of spaces and to eliminate illegal parking behaviors such as double parking. Signs are posted in the area near the affected spaces.

Long term parking is available on Railroad Avenue for up to three hours, on Broad Street between Summit Avenue and Maple Street for up to five hours, and on the ground level of the Tier Garage off of Maple Street and Springfield Avenue for up to two hours.

SUMMIT HELPING ITS PEOPLE IS SEEKING VOLUNTEERS

SHIP (Summit Helping Its People) is looking for hands-on helpers for its valuable community programs - join us for an hour or more. Perfect for teens looking for community service hours.

WHY VOLUNTEER WITH SHIP?

For more than 30 years, SHIP has been providing breakfast and to-go lunches every weekday, and lunches every weekend.

Thousands of meals have been served by SHIP volunteers since its inception, for people experiencing food insecurity.

WHAT ARE THE SHIP PROGRAMS?

We serve breakfast every weekday morning from 6 AM to 7:30 AM. Most days are grab-and-go meals, with sit-down hot breakfasts on Fridays, which we are looking to expand to five days.

We serve grab-and-go lunches on Saturdays and Sundays from 10:30 a.m. to 12:30 p.m. at the same location.

We have paid staff, and adult volunteers, on site every day of the week at our location at Calvary Church, 31 Woodland Ave [side entrance], in downtown Summit.

WHO SHOULD VOLUNTEER WITH SHIP? YOU!

Please consider joining us for an hour or more, any day of the week. You'll help with meal preparation (including cooking), serving, sorting of food donations, etc.

WANT MORE INFO?

Contact: shipofsummit@gmail.com

Contributions accepted for SHIP's

year-round programs:

Online at wshipofsummit.org/donate-online.asp

or by check to: SHIP,

PO Box 581, Summit, NJ 07901-0581.

CITY OF SUMMIT OFFERING PAID INTERNSHIPS FOR SUMMER 2023

The City of Summit is continuing its successful college internship program for the fourteenth year.

Applications from Summit residents are now being accepted. The deadline to apply is Friday, March 10, 2023.

College students majoring in political science, public administration, human resources management, finance, or communications are encouraged to apply for the program. Participants will be able to add significant project management experience to their resumes. Interns will be paid \$15 hourly and are required to work 24 hours per week, Monday through Thursday, for four weeks in the month of June.

Alumni of the City of Summit internship

program have secured positions in the White House internship program and with the US State Department, as well as paid positions at Google, Tesla Motors, US Institute of Peace, and Goldman Sachs.

"The City of Summit internship program is an excellent way for young residents to gain important work experience," explains Summit Mayor Nora Radest. "We offer a number of interesting opportunities for students to pursue with direct involvement in municipal projects."

There are a limited number of positions available in the summer internship program. If interested, please send a resume to HR@cityofsummit.org. The deadline to apply is Friday, March 10, 2023.



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Short Hills MILLBURN MONTHLY NJ Qty: 8,200 Zips: 07041, 07078	Summit NJ & Times Qty: 9,600 Zip: 07901	Spirit of UNION NJ Qty: 6,800 Zip: 07083 (partial)	WARREN MONTHLY NJ Qty: 6,200 Zip: 07059	Watchung Post NJ Qty: 2,700 Zip: 07069	Westfield NJ MONTHLY Qty: 11,800 Zip: 07090

NEWSPAPER AD RATES

Units	Size	1 TOWN	3 TOWNS	6 TOWNS	9 TOWNS	12 TOWNS	15 TOWNS	18 TOWNS	21 TOWNS	24 TOWNS
1 Unit (Business card)	3.25" x 2"	\$60	\$150	\$250	\$350	\$400	\$450	\$500	\$550	\$600
2 Units	6.5" x 2" or 3.25" x 4"	\$100	\$250	\$400	\$500	\$600	\$700	\$800	\$900	\$1000
4 Units	3.25" x 8" or 6.5" x 4"	\$180	\$450	\$700	\$900	\$1100	\$1300	\$1500	\$1700	\$1900
6 Units	6.5" x 6.25" or 10" x 4"	\$240	\$600	\$900	\$1200	\$1400	\$1600	\$1800	\$2000	\$2200
9 HALF PAGE	6.5" x 9" or 10" x 7"	\$320	\$800	\$1000	\$1300	\$1600	\$1900	\$2200	\$2400	\$2700
12 Units	10" x 8"	\$360	\$900	\$1200	\$1500	\$1800	\$2100	\$2400	\$2700	\$3000
18 FULL PAGE	10" x 14"	\$400	\$1000	\$1400	\$1800	\$2200	\$2500	\$2800	\$3000	\$3400
2-PAGE SPREAD	21" x 14"	\$700								
BACK PAGE	10" x 14"	\$500								
FRONT PAGE BANNER	8.25" x 2"	\$320								
FRONT PAGE BOX	1.5" x 4.5"	\$240								

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PER 1,000

MENUS

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PER 1,000



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- **WEBSITE CREATION/UPDATE: \$2,400**

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- **WEBSITE HOSTING: \$300 PER YEAR**

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- **SEE WHAT IS WORKING AND NOT WORKING**

Know where your web traffic is coming from and why.

- **ELIMINATE / AVOID COSTLY SCHEMES**

Evaluate the return you are getting from your online marketing costs.

- **INCREASE ONLINE MARKETING RESULTS**

Recommendations include ways to increase traffic to your website

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2 Dorchester Rd	5	4.2	2	\$2,199,000	\$2,087,500	132
54 Druid Hill Rd	4	3.1	2	\$1,950,000	\$1,935,000	20
6 Plymouth Rd	5	3.1	2	\$1,550,000	\$1,670,000	20
21 Portland Rd	5	4.0	2	\$1,550,000	\$1,300,000	25
28 Ashwood Ave	4	3.1	1	\$995,000	\$980,000	90
33 Eggers Ct	4	3.1	2	\$949,000	\$940,000	176
11 Harvey Dr	4	2.0	1	\$750,000	\$875,000	13
24 Gates Ave	5	4.1	1	\$849,000	\$849,000	43
46 Ashland Rd	3	1.1	1	\$849,000	\$837,000	135
7 Harrison Ct	3	2.1	1	\$799,000	\$805,000	8
8 Cromwell Pkwy	2	1.0	1	\$720,000	\$778,000	15
753 Springfield Ave	5	2.2	2	\$775,000	\$775,000	15
29 Mountain Ave	4	2.0	2	\$735,000	\$750,000	22

Source: GSMLS, select properties sold 12/16/2022-2/16/2023



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