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STIRLING VOL. FIRE CO'S VENISON DINNER - MARCH 11

The Stirling Volunteer Fire Co.'s 23rd annual Venison Dinner will be held on Sat., March 11th in the firehouse at 321 Somerset St., Stirling – doors open at 6 p.m. The \$50 per person (\$25 for children under 12) donation, includes a sumptuous meal with venison cooked several different ways ranging from mouthwatering tenderloins to chili, tacos, stuffed peppers, meatloaf, and more.

Additionally, there is salad, a variety of freshly prepared hot sides, fresh baked bread, and dessert. For beverages there is complimentary wine, beer, soda, coffee, tea, and bottled water. The food is served buffet style and you may eat all you care to eat. Take-out meals are also available.

This meal is expertly prepared by Stirling firefighter chefs and every year attendees rate this the best venison dinner in the state.

Tickets are available by calling 908 304-3975, from Stirling firefighters, or may be purchased at the door. There will be a large Tricky Tray, a 50-50, and other raffles.

This is one of the Stirling Fire Co.'s fundraisers and residents and non-residents are welcomed to enjoy themselves at this exceptional event. If you cannot attend and wish to support these dedicated local heroes, please send your donation to: Stirling Volunteer Fire Co., c/o Venison Dinner, P O Box 123, Stirling NJ 07980.

Funds collected are used for firefighter training, equipment, and firehouse expenses. The firefighters built, own, and maintain their

firehouse.

Stirling volunteer firefighters have been answering calls for help and had saved lives in Long Hill Township since 1913 every hour of every day. Please support them in this event and others. Thank you.



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(above) The Stirling Volunteer Fire Co.'s 23rd annual Venison Dinner will be held on Sat., March 11th in the firehouse at 321 Somerset St., Stirling – doors open at 6 p.m. This is one of the Stirling Fire Co.'s fundraisers and residents and non-residents are welcomed to enjoy themselves at this exceptional event. If you cannot attend and wish to support these dedicated local heroes, please send your donation to: Stirling Volunteer Fire Co., c/o Venison Dinner, P O Box 123, Stirling NJ 07980.

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PIANIST BRIELLE PEREZ TO PERFORM FREE CONCERT

The First Presbyterian Church of Stirling, located at 158 Central Avenue, Stirling NJ, invites the public to attend a free concert to be held on Sunday, March 26th at 2 p.m.

Pianist Brielle Perez is highly regarded for her exuberant sound, her technical command, and her inherent musicality, Brielle Dulce Perez has become recognized around the globe at only twenty-one years old. Miss Perez has performed as soloist, chamber musician, and with orchestra at music festivals in the United States, Poland, London, Austria, Germany, Puerto Rico, Portugal, Spain, and Russia among others. She has received high awards and achievements in competitions such as the New York Piano Festival Competition, American Protégé Piano Competition, the Chopin International Competition of Hartford, CT, the Windsor International Piano Competition of England, and many more, leading to performances at venues such as Weill Recital Hall at Carnegie Hall, Steinway Hall of NYC, Dimenna Center of NYC, the Concertgebouw in Amsterdam, the Mozarteum in Salzburg, Austria and many more.

This past Summer, Miss Perez performed Rachmaninov's Piano Concerto No.3 with the Young Artist Concert Orchestra of Puerto Rico and won the First Absolute Prize in the Malaga International Piano Festival (FIPMA) Competition. Her upcoming engagements include an invitation to perform a solo recital at the Rachmaninov Festival of Puerto Rico in early

April where she will commemorate Rachmaninov's 150th birthday celebration by performing all his Etudes-Tableaux.

For more information visit fpcestirling.org, or call The First Presbyterian Church of Stirling at (908) 647-1033.



(above) Pianist Brielle Perez will perform a free concert on Sunday, March 26th at 2 p.m. at The First Presbyterian Church of Stirling.

Courtesy photo

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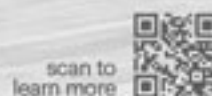


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HARLEM WIZARDS TO SQUARE OFF AGAINST TEACHERS AND STAFF

Long Hill Township PTO

On Monday, March 6, the Harlem Wizards will bring their rim-rattling slam dunks and awe-inspiring hoop artistry back to Long Hill as they square off against the school district's teachers and staff.

To purchase tickets for the March 6 game, visit Harlemwizards.com. Click on "schedule & tickets", and select the "Warren" date on the calendar. The game will be held at Watchung Hills High School. Doors open at 6 p.m. and the game starts at 7 p.m. Tickets start at \$25 per person for general admission: harlemwizards.com/schedule-tickets/

The community event, a fundraiser for the LHT PTO, promises to be a fun, interactive night that will include a pregame "Wiz Kids" warm up, contests, comedy, audience participation, merchandise giveaways, and more.



(above) On February 15, members of the Harlem Wizards visited each of the Long Hill Township schools to promote their upcoming

Courtesy photo

TOWER OF BOOKS CHALLENGE

Mrs. Holzinger's 1st grade class started a tower of books reading challenge in October. They were challenged to read 1000 books by 2nd grade. In just 3 months the class total was already over 1500 books and they upped their challenge to reach 2000 books.



(above) Zeynep Akgungor and Connor Stephenson, who at the time of this writing, have each read over 100 books towards the class total.

Courtesy photo

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ORGAN DONATION IN NJ REACHED NEW ALL-TIME HIGH IN 2022

NJ Sharing Network

Carolyn M. Welsh, President and CEO of NJ Sharing Network, the federally-designated nonprofit organization responsible for the recovery of donated organs and tissue in the state, announced the number of organ donors (283) and organs transplanted in a single year (670) reached all-time highs in 2022.

These unprecedented totals mark significant increases over the previous records of 233 organ donors and 613 organs transplanted. This also marked the fourth consecutive year NJ Sharing Network has reported new records in the number of organ donors, underscoring the clear trend of increased support for organ donation in the Garden State.

“Thanks to the generosity of New Jersey organ donors and their families, more lives were saved last year than ever before - ensuring others now have more time to share special moments with their loved ones,” said Welsh.

In 2022, the 670 organs transplanted included 350 kidneys (all-time high), 170 livers (all-time high), 71 hearts, 58 lungs, 20 pancreata and one intestine. In addition, 40,000 eye and tissue gifts enhanced the quality of life for those in need. Tissue donations include corneas, heart valves,

skin grafts, bone grafts, saphenous veins, ligaments, and tendons.

According to United Network for Organ Sharing (UNOS), nearly 4,000 people in New Jersey are on the organ transplant waiting list. One organ donor can save eight lives, and one tissue donor can enhance the lives of over 75 people. To learn more, get involved and register as an organ and tissue donor, visit NJSharingNetwork.org.

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New Jersey is the Giving State!

Thanks to the generosity of New Jersey organ donors and their families, more lives were saved last year than ever before through the miracle of organ and tissue donation.

283 Organ Donors
For the fourth consecutive year, the number of organ donors reached an all-time high in NJ.

670 Organs Transplanted
More life-saving organs were transplanted than ever before!

40k Tissue and Eye Gifts
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Learn more, get involved and register as an organ and tissue donor at NJSharingNetwork.org

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TRIBUTE TO VIETNAM VETERANS BY MORRIS COUNTY

Historical Online Project Dedicated on National Vietnam War Veterans Day

“Welcome Home: Morris County’s Vietnam Vets,” an online collection of data, photographs and facts about the Morris County men and women who served in the Vietnam War, was launched through the official Morris County website on March 29, 2022 in honor of National Vietnam War Veterans Day. The day observes when the last U.S. combat troops departed Vietnam on March 29, 1973.

The project is a collection of names, service narratives, historical information and photographs compiled by the county Office of Planning and Preservation, and it remains a work-in-progress. It is a chapter in a series of online projects known as the Morris County Veterans Compendium, in which the Office of Planning and Preservation has documented the military service of Morris County residents throughout history.

“The Morris County Veterans Compendium was inspired by a WWII veteran in 2009, who expressed that history would forget veterans’ service. In order to allay that concern, Morris County works to list veterans in all conflicts,” said Jan Williams, a cultural and historic resources specialist with the county.

Prior to U.S. military involvement in Afghanistan, the Vietnam War was the longest conflict in American military history and became the focus of a social and political divide in the nation that never fully healed. Returning military service members were often left unheralded and mistreated, an experience the nation and veterans continue to reckon with to this day.

“In communicating with Vietnam veterans, I was surprised to learn from several that our American soldiers were busy ‘winning hearts and minds’ in Vietnam, long before we became aware of the phrase. They cared for orphans, villagers,

and worked tirelessly to leave Vietnam a better place. Although the veterans mentioned a lingering bitterness about the way they were treated upon return, they choose to focus on the honorable service they rendered during Nam,” said Williams.

The public is urged to continue reviewing the downloadable Vietnam collection to offer updates, additions and particularly photographs that will enhance the experience of those, particularly veterans, who view the webpage. Veterans also are encouraged to add tributes to the buddies they lost.

Visit: morriscountynj.gov/Morris-County-News/Tribute-to-Vietnam-Veterans-Launched-by-Morris-County

Information may be forwarded to Jan Williams at jwilliams@co.morris.nj.us.

The Office of Planning and Preservation has reached out to the public in the past to build webpages memorializing Morris County residents who served in the nation’s armed forces during other eras. An accounting of Civil War men of color affiliated with Morris County was initially launched in 2018, and the office continues to update its list of more than 3,000 residents who were part of The Greatest Generation – Morris County in WWII.

A page dedicated to veterans of the Spanish-American War and Philippine War was launched in 2021.

For the Vietnam page, a Vietnam veteran who was born in Morris County or has been a resident of the county for ten years is welcome to be recognized by submitting his or her information. The families of Vietnam vets who have passed on also may submit their information.

If a veteran has retired out of state, they qualify for listing, too.

The type of information needed for the project includes the names of the Vietnam veterans, their

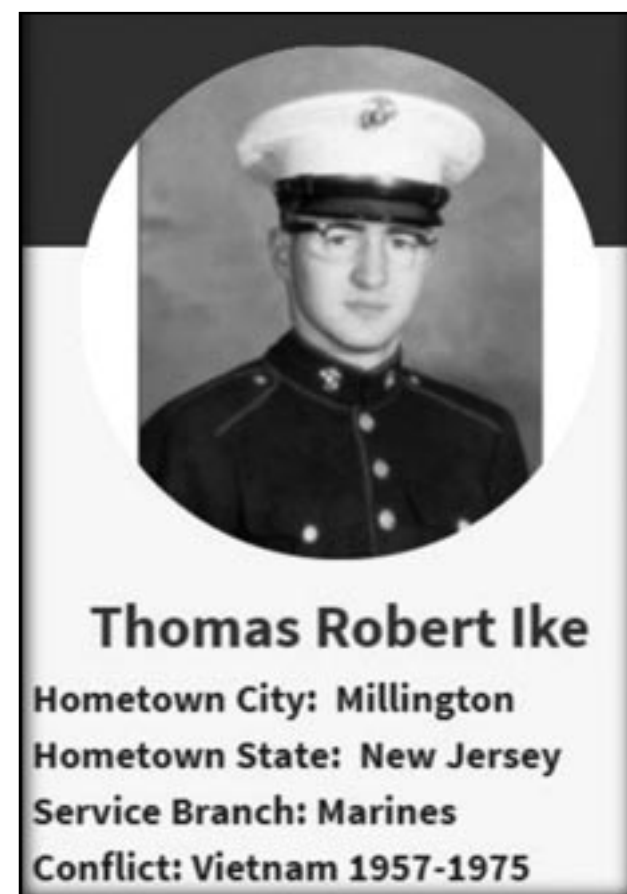
Morris County municipality, their service branch, battles or incidents participated in, and awards or citations issued. Of course, photographs are always appreciated.

No photo: Hans L. Forssen, Jr. Long Hill Township, Stirling section United States Marine Corps

No photo: Aline George Long Hill United States Navy, R.N.

No photo: Hans L. Forssen, Jr. Long Hill Township, Stirling section United States Marine Corps

Information may be forwarded to Jan Williams at jwilliams@co.morris.nj.us.



(above) Thomas Robert Ike of Long Hill Township, Millington section - National Purple Heart Hall of Honor entry. United States Marine Corps M CO - 3RD BN - 9TH MARINES - 3RD MARDIV - III MAF May 25, 1967, Quang Tri Province Republic of Vietnam Gallantry Cross (with Palm) Vietnam Service Medal Purple Heart National Defense Medal.



(above) Oscar Mauterer of Long Hill Township, Gillette section - United States Air Force 602nd Tactical Fighter Squadron Declared Missing in Action on February 15, 1966. Purple Heart Air Medal Distinguished Flying Cross Silver Star National Air and Space Museum Wall of Honor, Virginia Dogwood Vietnam Memorial, McIntire Park, Virginia Courts of the Missing, Court A, Honolulu, Hawaii.



(above) Robert Kickenweitz “Bob” of Long Hill Township, Stirling section. United States Army 11th Armored Cavalry Regiment.

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CHU'S STUDENT PROMOTED TO BLACKBELT

Chu's Academy of Martial Arts held a ceremony to promote Preesha Mallya, 10, of New Providence on February 7th. Miss Mallya started at the Academy five years ago following in the footsteps of her older brother, Karthik Mallya, 13, who is now an Ee-Dan, also known as a second-degree blackbelt. Miss Mallya stated she has learned "endurance, patience, and perseverance" from her martial arts practice, and especially enjoys demonstrating her skills to others in a humble manner. She tested for her promotion during a regional event held in Sewell, New Jersey. The test, known as a "Dan

(Blackbelt) Classing" was the 150th such event in the past 75 years in the ancient art of Soo Bahk Do Moo Duk Kwan, and was sanctioned by the United States Soo Bahk Do Moo Duk Kwan Federation headquartered in Springfield, New Jersey. Lydia Chu, owner and head instructor at the Academy, commended Miss Mallya, "she has learned many things on her blackbelt journey and we are very proud of all she's accomplished", said Chu.

For more information about Chu's Academy of Martial Arts, visit their website at www.karate4peace.com or call (908) 647-4194.



IMAGINE WELCOMES NEW FACILITATORS

Recently, Imagine, A Center for Coping with Loss staff members Sonia Nunez, Newark Program Manager and Ashley S. Allen, Newark Training and Education Manager trained a wonderful new team of facilitators who will join our rapidly growing Newark Night of Support. Many of the new facilitators will be facilitating Imagine's groups that meet at the Boys and Girls Club in Newark. Our new volunteers spent three full days training in the Teach for America (TFA) headquarters in Newark and we're so grateful to TFA for sharing their beautiful space with us! During the training, our new volunteers had an opportunity to share their grief experiences and receive support from one another while learning facilitation and companioning skills. We're so happy to welcome this amazing group to our team of volunteer facilitators!

If you're interested in joining the Imagine community as a volunteer facilitator at either our Newark or Mountainside location, the best way to start is with a tour. Please visit our website at imaginejnj.org to sign up for an upcoming tour and join our wonderful volunteer team!

Imagine is a 501c3 nonprofit that offers free year-round grief support groups for children ages 3-18 and young adults 19-30 who are coping with a loss due to death. Concurrently, support groups are available for the parents and guardians of the children in the groups and are offered in English and Spanish. Imagine also offers grief and loss

education and training to the community. For more information please contact Imagine at 908-264-3100 or info@imaginejnj.org.



(above, l-r) Back row: Ashley S. Allen, Imagine's Newark Training and Education Manager; Sonia Nunez, Imagine's Newark Program Manager; Cynthia White Shabazz, Irvington; Christina Macauley, Union; Idalmi Acosta, East Orange; and Afina Roberts, Millburn. Front row: Marco Antonio Nunez, Newark; Cari Libysen, Sparta; and Tiffany Newton, Newark. Also attending but not pictured, Jean Marie Morgan, Westfield.

Courtesy photo

CAR DONATIONS BENEFIT VETS IN NEED

Submitted by Michael Boll, Director New Jersey Veterans Network

For the last few years the New Jersey Veterans Network (NJVN) has grown to a full time charity that provides life changing and saving resources. Nearly every day the NJVN is conducting numerous charitable pickups and drop offs throughout the state. To accomplish our vital and important missions, we rely on using our trucks and vans. The NJVN fleet is small, and all the vehicles are used, but they are able to deliver because of both of our team board members, Adam Rempfer, owner of DeFalco's Towing, and Joseph O'Neill, owner of Benner's Auto. Not only have these two men always played a major role with the NJVN day to day operations, they have helped countless people in need.

Adam Rempfer, owner of DeFalco's Towing and Auto Body, joined our team after his shop donated a refurbished car to a disabled veteran. For years Adam and DeFalco's have been donating cars to people in need and hosting various charity events. Also, they have contributed huge financial donations to the Law Enforcement Unity Tour and NJ State Police. Now Adam is a NJVN board member and has graciously taken on all the NJVN vehicle repair and maintenance. However, Adam and DeFalco's generosity doesn't stop there; they have hosted and sponsored numerous events at our VA Hospitals and veteran shelters.

Joseph O'Neill, owner of Benner's Auto Body, was a board member of the NABC Charity Cars, and a few years ago he contacted the NJVN about donating several refurbished cars to our veterans. After working with Joe and Benner's Auto, and seeing what an incredible job they did, we asked him to join the NJVN team. For a long time, Joe and Benner's have been helping people who were desperately in need, and they have hosted different types of charitable events and galas. Joe is also a cancer survivor and has done a tremendous job raising and providing large financial donations to fight cancer and fund cancer research. Recently, Joe and Benner's Auto have taken on NJVN vehicle care and maintenance.

Every day the NJVN is providing resources to veterans in need, and now we know there is nothing stopping us from completing our mission because of amazing men like Joe O'Neill and Adam Rempfer. Each of them has always put others first and loves being able to help our veterans live a better way of life.

If you would like to join the team, please send us an email at NJVN1775@gmail.com and be sure to include your name, email, and phone number.

Check out more of our accomplishments at our website: NJVN.org. Help us save Vets!!!

ABOUT NEW JERSEY VETERANS NETWORK

We are a group of veterans and volunteers dedicated to helping our veterans and their families live better lives. Our mission is to identify veterans and connect them with resources and programs designed to meet their unique set of needs. If you are a veteran or family member that is in need of assistance, or are interested in joining our team, would like us to speak at your event, or contribute to our mission, call 973-332-1556

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To learn more visit njvn.org.



(above) Joe Oneill
Benner's Auto veteran car donation

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We mail 160,000 newspapers to every home and business in 24 towns. You can advertise in any number of towns. Ads start at \$60.

FULL COLOR PRINTING

We print flyers and menus, full color, two sided, on coated stock for only \$45 per thousand.

DIRECT MAIL

Insert your flyer into the newspapers and get it mailed to every home and business for \$60 per thousand and as low as \$30 per thousand for higher quantities.

ONLINE MARKETING

Online ads and press releases designed and placed to drive traffic to your website and get your phone ringing.

SOCIAL MEDIA

We can design and/or manage your social media campaign from passive to aggressive plans customized to work within your budget.

WEBSITE AND SEO SERVICES

Start with an audit/analysis of your website giving you a report and recommendations for \$250.

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Florham Park Press NJ Qty: 5,500 Zip: 07932	Garwood Times NJ Qty: 2,500 Zip: 07027	Green Brook NJ Qty: 3,000 Zip: 08812	BUSINESS • LIFE KENILWORTH NJ Qty: 3,500 Zip: 07033	NJ LIFE in LINDEN NJ Qty: 17,900 Zip: 07036	Long Hill LEADER NJ Qty: 3,500 Zips: 07933, 07946, 07980
MADISON MONTHLY NJ Qty: 6,300 Zip: 07940	MOUNTAINVIEW NJ Qty: 2,900 Zip: 07092	New Providence NEWS NJ Qty: 5,100 Zip: 07974	OUR TOWN Rahway, NJ NJ Qty: 13,000 Zip: 07065	ROSELLE PARK MONTHLY NJ Qty: 5,600 Zip: 07204	Scotch Plains NJ Qty: 9,400 Zip: 07076
Short Hills MILLBURN MONTHLY NJ Qty: 8,200 Zips: 07041, 07078	Summit & Times NJ Qty: 9,600 Zip: 07901	Spirit of UNION NJ Qty: 6,800 Zip: 07083 (partial)	WARREN MONTHLY NJ Qty: 6,200 Zip: 07059	Watchung Post NJ Qty: 2,700 Zip: 07069	Westfield MONTHLY NJ Qty: 11,800 Zip: 07090

NEWSPAPER AD RATES

Units	Size	1 TOWN	3 TOWNS	6 TOWNS	9 TOWNS	12 TOWNS	15 TOWNS	18 TOWNS	21 TOWNS	24 TOWNS
1 Unit (Business card)	3.25" x 2"	\$60	\$150	\$250	\$350	\$400	\$450	\$500	\$550	\$600
2 Units	6.5" x 2" or 3.25" x 4"	\$100	\$250	\$400	\$500	\$600	\$700	\$800	\$900	\$1000
4 Units	3.25" x 8" or 6.5" x 4"	\$180	\$450	\$700	\$900	\$1100	\$1300	\$1500	\$1700	\$1900
6 Units	6.5" x 6.25" or 10" x 4"	\$240	\$600	\$900	\$1200	\$1400	\$1600	\$1800	\$2000	\$2200
9 HALF PAGE	6.5" x 9" or 10" x 7"	\$320	\$800	\$1000	\$1300	\$1600	\$1900	\$2200	\$2400	\$2700
12 Units	10" x 8"	\$360	\$900	\$1200	\$1500	\$1800	\$2100	\$2400	\$2700	\$3000
18 FULL PAGE	10" x 14"	\$400	\$1000	\$1400	\$1800	\$2200	\$2500	\$2800	\$3000	\$3400
2-PAGE SPREAD	21" x 14"	\$700								
BACK PAGE	10" x 14"	\$500								
FRONT PAGE BANNER	8.25" x 2"	\$320								
FRONT PAGE BOX	1.5" x 4.5"	\$240								

Back cover, front page banner and front box reserved on first-come, first-served basis. Current advertiser has right of first refusal.

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SUPPORTING CHILDREN COPING WITH LOSS – WEBINAR, MAR. 21

Children will experience different losses in life: divorce, moving, friendships ending, sports injuries or the death of a friend or family member. Imagine, A Center for Coping with Loss is working to create grief informed communities where children will be surrounded by adults who are able to provide support as they cope with these losses.

On Tuesday, March 21st from 7:00–8:30 p.m., Imagine will offer a webinar on Supporting Children Coping with Loss for anyone who wants to learn how to support a child who is grieving. While loss due to death will be the primary focus of this webinar, the concepts that will be presented are applicable to all types of loss. It is especially important for parents and grandparents, guardians, teachers, members of community organizations, coaches, therapists, counselors, and social workers to attend this program. The webinar will be offered in both English and Spanish.

THOSE WHO ATTEND WILL BE ABLE TO:

1. Define the terms “loss,” “grief,” and “mourning”
2. Understand the different types of loss and the impact of those losses



3. Identify similarities and differences on how children, teens, and adults experience their grief
4. Learn how to support someone who is grieving

CEUs are available for social workers with a \$30 registration fee. For those who do not need CEUs, a \$30 donation is appreciated, but not required.

Those interested in the Spanish-speaking webinar do not need to register, but may contact Imagine’s Training and Education Director, Veronica Ortiz at veronica@imagineenj.org to receive the link to join the webinar.

Please join Imagine in our effort to create supportive communities for children who are grieving. To register for the English-speaking webinar, please scan the QR code below or visit imagineenj.org.

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Cost for average website: 12 pages, contact form, SEO friendly, responsive design

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• **SEE WHAT IS WORKING AND NOT WORKING**

Know where your web traffic is coming from and why.

• **ELIMINATE / AVOID COSTLY SCHEMES**

Evaluate the return you are getting from your online marketing costs.

• **INCREASE ONLINE MARKETING RESULTS**

Recommendations include ways to increase traffic to your website

• **NO OBLIGATION**

This service is recommended even if you have an existing web management contract. Use it to tune up your marketing plan.

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**Call for a consultation
if you do not have a website
or if need a new one.**

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39TH ANNUAL QUILT SHOW - MARCH 25

Harvest Quilters of Central NJ will present their 39th annual quilt show on Saturday, March 25, 2023. Sharing the Quilts XXXIX will be held at the Willow Grove Presbyterian Church, 1961 Raritan Road, Scotch Plains NJ from 9 a.m. to 5 p.m. Adult admission is \$8 and \$3 for children under twelve.

As always, giving back will be at the heart of the show, with local charities benefiting from the sale of fabric and drawings for a quilt and fabric basket. A special display will feature several of the over 300 colorful pillowcases and lap quilts made by members and donated to a children’s hospital under the umbrella of Ryan’s Case for Smiles.

At 11 a.m., nationally recognized quilt book author Karen Gloeggler of Rahway will speak on “The Secrets to Preventing Unfinished Projects.” The award-winning quilter is the author of "Jane Austen's Quilts Inspired by Her Novels" (available for purchase at the show) and "Crazy, Luscious Quilting" due out by the end of the year.

Diane Fleming of Westfield will be honored as 2023 featured quilter. Known for creating one-of-a-kind king-sized works of her own design, Fleming’s 13-year journey as a quilter will be explored through 20 spectacular themed quilts. “My interests in art history and watercolor painting influence my fabric and design choices,” said the avid gardener and mother of three grown sons, who will also display examples of her painting and needlework.


A memorial tribute will be on display for Peg Foy, coverlet expert and prolific miniature quilter. Late Harvest Quilters founder Ann Eelman will also be remembered.

In addition to viewing a full array of modern, traditional bed-sized, art and wall hanging quilts, attendees can participate in viewer’s choice awards, kid’s scavenger hunt, vendor area and a tearoom for snacks or lunch.

For more information, please visit harvestquilters.com

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TO THE
RESCUE**


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