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### **CHURCH VOLUNTEERS SOW SEEDS OF HOPE**

Over 200 pounds of produce, and herbs donated to local food pantry

Congregation members at The Presbyterian Church of Chatham Township (PCCT) are sowing the seeds of hope for families facing food insecurity. Over the past two years, volunteers have turned an unused poultry and produce farm into a community garden to provide fresh herbs and produce to a local food pantry.

When Craig and Lisa Duke moved to the Chatham area several years ago with their daughter, Natalie, they inherited an unused garden space. They dreamed of turning the ground into a productive community garden with help from the community. They approached the Mission and Outreach Committee of the church with their idea. With support from Newark Science and Sustainability, Inc., the Duke family created a plan for the project. Church members and leaders enthusiastically embraced the project as a way for members of the congregation to give to others in need.

"We've always wanted to use the property for the greater good," says Lisa Duke. "It has been rewarding to see church members of all ages come together to work on developing this new mission project."

In the summer of 2021, volunteers cleared weeds and began building raised garden beds. This past spring, volunteers hauled more than 20 cubic yards of dirt and compost to fill 10 garden beds – a monumental task. Afterward, volunteers planted snap peas, lettuce, arugula, swiss chard, herbs, tomatoes, zucchini, eggplant, cucumbers, peppers, carrots, string beans, onions, radishes, and much more. Volunteers provided over 100 hours of community service to build, plant, tend and harvest the garden. After two years, the hard work paid off. The garden yielded more than 200 pounds of fresh produce and herbs that were donated to fight hunger in the community.

"It has been a blessing to make use of an underused space to benefit the church and community as a whole," Lisa says.

The Dukes say the project greatly exceeded their expectations and welcome more volunteers



(above) After two years of work, the garden yielded over 200 pounds of fresh produce and herbs that were donated to fight hunger in the community.

a new planting season. The Dukes hope to get more families involved and create workshops on gardening, composting, and sustainability.

"Our newly established community garden is PCCT's latest example of how we are fulfilling our mission to help support those experiencing food insecurity," says Carolyn Smith, chair of the Mission and Outreach Committee. "Congregants are attracted to this type of 'hands-on' mission work where they can see the results of their collective efforts - in this case, fresh vegetables and herbs delivered weekly to a local food bank for distribution."

The Presbyterian Church of Chatham Township is a vibrant, multigenerational congregation that celebrates the glory of God through faith, fellowship, and service. Drawing members from three counties and more than 20 communities, it welcomes all, whether you are a young family, a single adult, or a couple with grown children. The congregation reflects diverse perspectives, provides rich music and education programs for all ages, and through social outreach addresses hunger, homelessness and recovery from disasters or other crises.

Follow PCCT on Facebook and Instagram to see the church in action. next spring when the volunteer group returns for For more information, visit pcct-nj.org or call 973-635-2340.



### **SPRING GROVE AMONG NATION'S BEST**

Skilled Nursing Facility Receives U.S. News Honor for Third Consecutive Year

### THE CHATHAMS.

### Renna Media LLC, Publishers 202 Walnut Ave., Cranford, NJ 07016

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Spring Grove Rehabilitation & Healthcare Center has been named one of the nation's "Best Nursing Homes 2022-23" by U.S. News & World Report. The 106-bed center, located at 144 Gales Drive in New Providence, provides post-hospital care, short-term rehab and long-term residential care.

"This honor is a testament to the excellent work being done by Spring Grove's care team members and the facility's ongoing effort to provide high-quality clinical services in a modern environment," said Ugochi Opara, regional director of market development for Marquis Health Consulting Services, which supports Spring Grove. "The U.S. News Best Nursing Homes program provides one of our industry's most sought-after distinctions, one that consumers and business partners alike recognize for its credibility."

Spring Grove received its U.S. News highperformance rating for long-term care; this is the third consecutive year the facility has been recognized in at least one program category. Spring Grove recently completed a multi-milliondollar renovation, consisting of a full rebuild to accommodate the delivery of innovative care supported by advanced technology in a warm, homelike setting.

Additionally, Spring Grove's five-star CMS rating for quality measures speaks to the facility's commitment to its residents and community. In addition to its clinical offerings, Spring Grove is committed to serving as a healthcare resource. To



that end, the facility has established a library of physician-curated content, addressing many topics of interest; it can be found at springgroverehab.com.

This marks the 13th year U.S. News & World Report has released its Best Nursing Homes ratings. The highly respected program evaluates more than 15,000 nursing homes across the country based on care, safety, health inspections and staffing.

Brick, N.J-based Marquis Health Consulting Services provides administrative and consulting services to skilled nursing facilities and senior housing communities along the Eastern Seaboard. The organization's operational guidance enables its client facilities to overachieve their quality and customer service goals by embracing a progressive, multi-specialty approach to healthcare.



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### C.A.R. PROVIDES YOUNG PEOPLE WITH LEADERSHIP TRAINING

Training tomorrow's leaders to serve our country and preserve our nation's history is the mission of the Children of the American Revolution (C.A.R.). Members honor those who came before and paved the way for what we have today.

The nation's oldest and largest patriotic youth organization, C.A.R. offers membership to girls and boys from birth to age 22 who can prove lineal descent from a man or woman who supported the cause of American independence.

Local C.A.R. groups, known as societies, are sponsored by chapters of the Daughters of the American Revolution (DAR) or Sons of the American Revolution. Here in central New Jersey, Elizabeth Snyder-Continental Chapter DAR in Green Brook sponsors the Pis-Cat-A-Qua Society C.A.R. Members may participate in state and national activities that focus on

Training tomorrow's leaders to serve our patriotism, service, and education about our untry and preserve our nation's history is the American heritage.

Harriett Lothrop, a 19th century children's author from Concord, Mass., presented the idea for a children's organization to the DAR in 1895. Organized "for the training of young people in true patriotism and love of country," C.A.R. has promoted this vision to hundreds of thousands of members over the years. These boys and girls are the leaders of yesterday, today and tomorrow.

New members are welcome. Contact Elizabeth Snyder-Continental Chapter DAR at ESCchapterDAR@gmail.com, or learn more online at NSCAR.org.



### JR LEAGUE AWARD NOMINATIONS SOUGHT

CASH BAR - BRING YOUR OWN SNACKS MUST BE 18 OR OLDER TO PLAY

The Junior League of Summit (JLS) is now accepting nominations for its Jean Hudson Gano Award program for 2023. This award recognizes special volunteer achievement by either an individual or a nonprofit organization. It is given in memory of and in tribute to Jean Hudson Gano, a JLS member who died of breast cancer in May of 1997. Jean's exemplary and extraordinary commitment to voluntarism, community service, and particularly to issues regarding women and children, was an inspiration to all those who were touched by her efforts.

Nominees from the communities of Berkeley Heights, Chatham, New Providence, and Summit are eligible for the award. Individual nominees should be of high school age or above whose dedication and excellence in leadership has served their community through their volunteer efforts, either within the preceding year or as a long-term, on-going commitment. Organizations nominated should be those that benefit women and/or children within the past year and must supply verification of 501c3 status.

The award recipient will be honored at a future event, and the recipient's name will be displayed on a plaque at the JLS Thrift Shop. Recipients will receive a \$500 monetary award made possible by a generous gift given by Jean's father, Mr. William Hudson.

For more information, and to access the application, please visit www.jlsummit.org. Applications are due by February 28, 2023.

Junior League of Summit, Inc. is an organization of women whose mission is to advance women's leadership for meaningful community impact through volunteer action, collaboration, and training. For more information about the Junior League of Summit or to inquire about becoming a member, please visit the website at www.jlsummit.org or contact the of ice at 908-273-7349.

Those interested in donating to the League, please visit jlsummit.org/?nd=donate\_summary.

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### **CHATHAM TOWNSHIP VOLUNTEER FIRE DEPARTMENT**

Follow Chatham Township Volunteer Fire Department on Facebook

The Chatham Township Volunteer Fire Department congratulates all the officers that were recently elected and sworn in for 2023.



(above, l-r) Corresponding Secretary Oliva Bary, Recording Secretary John Armstrong, Treasurer James Kern, Vice President Brian Wurdenmann, President Richard Gentles, Chief Matt Chase, Deputy Chief James Soccodato, Captain Adam Oare, Lieutenant Jake Almgren and Lieutenant Luke McCorry.

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### **ANIMAL LICENSING & RABIES VACCINATION**

#### Borough of Chatham

Dogs seven months of age or older must be licensed annually through the municipality where the owner lives. The owner must present proof that the dog has been vaccinated against rabies by a licensed veterinarian, and that its immunity will extend through at least ten months of the twelve-month license period. Cats also need to be licensed in New Jersey.

As a pet owner, you spend plenty of time making sure your pet is healthy and safe. You walk him or her daily, feed it nutritious food, and take it to the vet when something is wrong and have microchipped them.

However, many pet owners forget something vital - licensing their pet. A pet license is yet

another way to make sure your pet is protected if they become lost! Pets licensed after February 1 will have a \$10 late fee.

If you've been putting off licensing your pet because you think it's too expensive, or doesn't provide any benefits, having an unlicensed pet will result in a \$50.00 fine.

To renew on-line visit chathamborough.org.

Rabies vaccination must be valid through November of 2023. Morris County towns hold rabies clinics each year to vaccinate dogs and cats. Rabies vaccines are free and open to all New Jersey residents!

For upcoming Morris County Rabies Clinics visit: morriscountynj.gov/Residents/Public-Safety/Rabies-Clinics

### **MADISON THRIFT SHOP FEBRUARY SALES**

The Madison Independent Thrift Shop invites shoppers to stop in during the month of February when they will have coats (excluding furs) on sale at 50% off the regular price. All pants (men's and women's) will have a price tag of \$3.

3:00 p.m. It is a non-profit group operated by volunteers with all proceeds received from sales distributed annually to charitable groups in Madison and surrounding communities. It is looking for community-minded volunteers to

Thinking ahead, in March anything green will be 50% off!

The Thrift Shop, located at 39 Kings Road, is open Tuesday, Thursday, and Friday from 10:00 a.m. - 5:00 p.m. and Saturday from 10:00 a.m. -

volunteers with all proceeds received from sales distributed annually to charitable groups in Madison and surrounding communities. It is looking for community-minded volunteers to help staff the store. Anyone wanting further information or who may be interested in becoming a volunteer is encouraged to drop by the shop or call 973-377-2450 during the business hours above.

### **USED BOOKS WANTED**

Friends of the Library of the Chathams

Would you like to find a good home for all those wonderful, already-read books and other sources of entertainment you have enjoyed? Well, if so, The Friends of the Library of the Chathams has just the answer for you. Now through Saturday, February 11 the Friends will be accepting gently-used books - adults and children's - fiction, non-fiction, cookbooks, picture books, puzzles, games, CDs and vinyl records in preparation for the 2023 book sale which will begin on March 11. Bring your thoroughly-enjoyed treasures during regular library hours – Monday through Thursday 9:30 a.m. to 9 p.m., Friday, 9:30 a.m. to 6 p.m., Saturday 9:30 a.m. to 5 p.m. and Sunday 2 to 5 p.m. – to the rear entrance where there will be carts waiting for them. Share the things you have loved with others who will love them, too!



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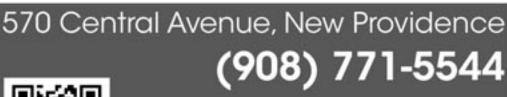
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**Wharton ARTS** 

Helen H. Cha-Pyo, Artistic Director

### Open Rehearsals

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Questions? Call (973) 998-5670





### **2022 EMERGENCY SQUAD BY THE NUMBERS**

Chatham Emergency Squad Has Record Number of Calls

2022 was a year of exciting growth for the all-volunteer Chatham Emergency Squad. CES answered an unprecedented high of 1400 calls, a significant increase over 2021's previous all-time high of 1266.

One of the most remarkable facts about these calls is the number of times more than one ambulance was put into service simultaneously. At CES, there is a duty crew assigned to each 12-hour shift (7:00 am - 7:00 pm and 7:00 pm to 7:00 am). That duty crew covers one ambulance. If, while they are out on a call, a second call comes in, that second call is covered by a scramble crew of off-duty members. These off-duty members are quick to mobilize from home or work to provide the additional coverage and response needed in an emergency. Of the 1400 calls covered in 2022, 166 second calls were covered, or close to 12%.

Even more remarkable is that 15 times in 2022, a third ambulance was also called out while the first two were already in service. Again, off-duty members scrambled a crew to respond to these 15 third calls. This has already occurred in 2023 when a four-vehicle accident requiring all three

ambulances occurred on Main Street in the middle of a Tuesday afternoon. In an age where many all-volunteer squads struggle to cover a duty shift, Chatham is lucky to have dedicated CES members who can also cover second and third calls, even in the middle of a weekday. CES' 2022 Captain, Michael Lemons responded, "We hear all too often lately about all-volunteer squads that are unable to stay in business because they can't find volunteers. CES works hard to be sure that doesn't happen here. We are committed to excellence in the delivery of care to our community, the level of initial and ongoing training we provide to our members, and a healthy, safe and collegial work environment."

How does CES do it? Recruitment. Recruitment. Recruitment. In 2022, CES welcomed 11 new members - 3 of whom were already EMTs - plus one member who had resigned but was able to return to service, for a total of 12 new members. The 8 members who weren't yet EMTs have all either registered for, started, or, in two cases, completed their EMT class and have successfully passed the National Registry exam for EMTs (NREMT). These new members range in age from 19 - 64 and are about evenly split between folks currently in school or the workforce and those who are retired or who do not work outside the home. In all cases, their uniforms, classes and books were supplied by CES. 2022 Membership Vice President Robin Hoppe said, "People want to work for a winning organization and CES is certainly that. There is simply no better way to be of direct service to

your community while also building an invaluable set of skills and working with other like-minded, dedicated volunteers of all ages."

2023 will bring new challenges. Extensive construction in town will bring in hundreds of new residents. CES itself is planning to renovate both their buildings this year and will be announcing a fundraising campaign to the public in the next few months. 2023 Membership Vice President Craig Alperowitz knows he has a high bar to reach following 2022's recruitment success but he has "lots of ideas to educate and encourage residents of the Chathams to be a part of a 'Best of 2023' list! Watch CES' Facebook and Instagram accounts and local press for more news!"

The Chatham Emergency Squad is an allvolunteer squad providing Basic Life Support to residents, businesses, visitors and people passing through the Chathams. CES never charges for its service. More than 90% of their expenses are paid for by donations from supporters. In addition to emergency medical services, CES also provides support at athletic events and special events like Fishawack and the local Thanksgiving Day runs, and non-emergency transport and lift assist to residents. They offer tours of their facility and help scouts attain their health care badges. CES is committed to educating as many people as possible in CPR and offers classes at no charge to all Chatham first responders, teachers and DPW employees as well as residents. For more information about CES, go to their website at www.chathamemergencysquad.org.



stand-by events including CHS football

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collected at quarterly CES

12 NEW VOLUNTEERS

**6 NEW CADETS** 

LEARN MORE ABOUT US AT: www.chathamemergencysquad.org







### **LOCAL AREA MASTERS SWIMMERS CELEBRATE 19TH ANNIVERSARY**

and the surrounding areas have had the privilege of swimming together for many years at the Madison YMCA, the Madison Community Pool, the Summit YMCA and other close by locations. Traditionally, we track monthly swim yardage on a user friendly web site. Impacted by the Pandemic in 2020 and 2021, we were excited to be officially tracking yards for the entire year, as we had in pre-pandemic days (thanks to our web site coordinator Barry Lass). So for all of 2022,

A group of Masters Swimmers from Madison the monthly ranking of yards by swimmer was Richard Clew, the event highlighted activities of published as it had been in the past.

> Also, as we do every year in January, we were determined to celebrate with each other as a group again. So the Masters Yardstick Swimmers gathered recently at our 19th anniversary annual awards breakfast on January 7th- a combined live (at the Harding Township Library) and online (via Zoom) event- with strong participation (28 in person and 9 on Zoom)! Hosted by longtime swimmers Bob Nissen, Joe Donohue, and

2022 (aided by our group historian, Barbara Rushman) and brought us together in such a way that all active members could enjoy.

We began with an entertaining review of swimmers monthly comments from the "comment box" on our web site, as well as feedback from a short swimmers survey. Many of our swimmers enjoy participating in group workouts at the Walker D. Kirby Aquatics Center in its modern eight lane pool at the Madison YMCA! For further information on the pool and swim program, please contact Jon Siegel at the Madison YMCA at JSiegel@madisonymca.org

Ultimately, we moved on to the highlight of the event- our Annual Awards. Red Stars went to swimmers Bob Franks of Chatham, Bill Sullivan of Florham Park, Sandra Seddon of Chatham, Cindy Viola of Chatham, Lynda Przedpelski of Summit, and Jennifer Bauman of Parsippany, all having achieved at least one 100,000 yard month during the year. Cindy Viola was named "Bold Performer of the Year", for demonstrating improved performance, exceptional effort and a special commitment to the swimming program. Team Competition returned, as Marcia's Meter Maniacs (led by Captain Marcia Postallian of Florham Park) bested Cande's Crushers (led by Captain Cande Olsen of Morristown). Finally, our top swimmer for 2022 was Jennifer Bauman, achieving 1,226,382 yards, or nearly 697 miles! Jennifer was awarded the Doug Clark Championship Yardstick, named in memory of our former "Yardstick Swimmer". Combined, 61 swimmers swam more than 21 million yards!

We all had a great time, and were so happy to connect with our swimming friends once again. And we will continue our monthly yard tracking in 2023, and are convinced that our program will grow in numbers!

Adult swimmers of all levels from beginners to experts are welcome to the Masters programs. To learn more about our Yardstick Challenge, please contact Bob Nissen at bobnissen@gmail.com.



(above) Row 1 (on floor)- Deborah Fennelly, Cindy Viola; Row 2 (sitting)- Bob Nissen, Joe Donohue, Barbara Rushman, Bill Sjovall, Joe Balwierczak, Jim Sullivan, Bob Franks; Row 3 (sitting)- Bree Olivari, Nicole Sullivan, Liz Jennison, Paige Chang, Diane Dinsmore; Row 4 (standing)- Barry Lass, Bill Sullivan, Rich Clew, Yardstick Winner Jennifer Bauman, Ashley Pertsimlidis, Lynda Przedpelski, Bonnie Gannon, Matt Gann, Arnold DeGarcia; Row 5 (standing) Rick McKern, Jane Weeks



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### SUBURBAN CHIROPRACTIC CELEBRATES 38 YEARS OF SERVICE

The Suburban Chiropractic Center, located at 301 Main Street in Chatham, New Jersey celebrated their 38th anniversary on January 7, 2023. Dr. Joseph J. Murphy began the center in 1985 to offer the community a natural alternative to the traditional allopathic medical facilities in the Chatham area. They owe their success to the loyal patients who have continued with them, referred their friends and family, and their efforts to provide the highest level of service possible.

Dr. Joseph J. Murphy, Director of the Center explains, "We are elated to be celebrating 38 years. We are blessed to be entering our 39th year of service to this fine community." He continues, "We have tried to give back to the community in

(above) Dr. Joseph J. Murphy and his Suburban Chiropractic Center celebrated their 38th anniversary of business last month.

every way and it shows through the happiness and health of our patients and their continued support." His office manager, who is celebrating her 28th year in the practice, Mrs. Lynn Egan adds, "It gives me a great sense of satisfaction that the community has rewarded us for our dedication by their continued praise and support." Massage Therapist and CA, Janis Piccirillo, CMT has also been a long-time member of the team with 24 years of service; and Dorothy McCorry, CA is the newest member joining in 2022.

The Suburban Chiropractic Center has been the recipient of numerous awards over their 38year history including Business of the Year and letters of praise from previous Mayors of Chatham, former State Senator Leanna Brown, Senator Walter Cavanaugh, Congressman Rodney Frelinghuysen, Assemblyman Walter D. Gaetano, and Governors Christie, Corzine,

Whitman, and Florio.

Dr. Joseph J. Murphy, Director of the Center, is Past President of the NJ Board of Chiropractic Examiners where he was appointed by Governor Christie Whitman in the year 2000. He's a former President of the New Jersey Chiropractic Society, the Morris County Chiropractic Society, and the Chatham Chamber of Commerce. He was recently re-appointed to the Chatham Mayor's Wellness Committee where he has served since 2011 and has previously served on the Chatham Borough Historical Commission.

Dr. Murphy, Office Manager Lynn, Massage Therapist/Chiropractic Assistant Janis and Chiropractic Assistant Dorothy will be holding an open house to celebrate their anniversary in the upcoming months. You can find out much more about the Suburban Chiropractic Center by visiting their website at drmurphy.com.

### THANK YOU TO ALL WHO HELPED **MAKE THE ANNUAL TREE SALE A SUCCESS**

Chatham Township Volunteer Fire Department



Traditions are an important part of the holiday season and one of those traditions for many people is getting their Christmas tree at the annual Chatham Township Volunteer Fire Department (CTVFD) tree sale. The CTVFD has been selling Christmas trees for the past 41 years and this year was no exception.

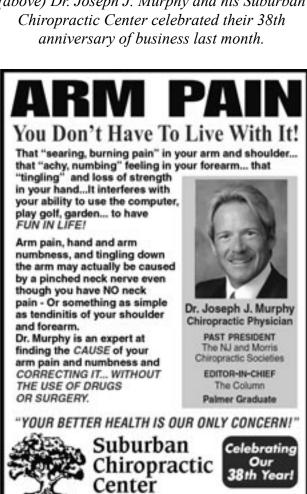
This annual event takes a tremendous amount of planning and coordination, along with a lot of help to be successful. The two eighteen-wheel trucks with trees from Pennsylvania rolled into CTVFD River Road fire headquarters right before Thanksgiving and our group of volunteers went right to work. With the help of CTVFD firefighters, associate members, numerous high school, and college students, along with their parents, this invaluable group of volunteers unloaded and helped us sell 650 trees this year. The CTVFD also sold 180 decorated and undecorated wreaths and nearly 4,000 feet of pine

We offer a sincere thank you to all the volunteers who helped make this another successful year. According to CTVFD President Richard Gentles, "We had a great assortment of beautiful trees and despite the increase in the price of trees and shipping, we sold all of our trees, wreaths and garland in record time." Chief Chase added "We are so proud of our history of selling trees and more importantly knowing that 100% of the profits support the lifesaving mission of our entirely volunteer organization."

Those interested in joining the CTVFD or learning more about what we do should email info@ctvfd.org.

#### **ABOUT THE CHATHAM TOWNSHIP VOLUNTEER** FIRE DEPARTMENT

Established in 1925, the Department is comprised entirely of volunteer members including 25 active firefighters, junior firefighters and associate members providing services 24 hours a day, 365 days per year. The department operates its headquarters on River Road and a second station on Southern Boulevard and responds to approximately 300 calls each year, both within Chatham Township and in the form of mutual aid to departments in neighboring communities.



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### WINTER WONDERLAND RAISED \$18,000 TO BENEFIT SCHOOLS

The Chatham Education Foundation (CEF) welcomed over 1,000 local residents to its second annual "Winter Wonderland" on Dec. 17 as families enjoyed a stroll past beautifully decorated homes along with food trucks, holiday movies, karaoke, festive crafts, and music provided by carolers and a select group of fifth grade band members from Lafayette Avenue School

Over 80 families within the Manor section of Chatham Borough went above and beyond decorating their homes and sharing their streets with the community. Santa and Mrs. Claus, Frosty, Olaf, and Buddy the Elf greeted excited children as they toured the streets of Coleman Avenue, Burgess Avenue, Van Doren Avenue, Jackson, Kimball and Rowan. Chatham High School students helped to decorate, set-up, staff activity tables, and clean up the event.

Food trucks were a welcomed attraction at this year's Winter Wonderland including Mexican Spice, Tokyo Sushi, Nathan's, Light Bulb Coffee Shop, and Eddie Dee's Global Eats. Event Chairwoman Bethany Gianusso worked with the Chatham Borough Police Department to ensure this evening family fun event remained safe for all. "Winter Wonderland is such an incredible night. Watching the children arrive and explore the neighborhood is heartwarming. The excitement of not knowing what is around the corner fills them with anticipation," said Bethany Gianusso. "I'm proud of the CEF family and my neighborhood for coming together to host this 'friendraiser."

Winter Wonderland raised \$18,000 through ticket sales and sponsor donations to benefit the district's six public schools. This event would not have been possible without event sponsors Blue Foundry Bank, Chatham Orthodontics by Barbara Fodero, Debbie Woerner Realty team, JP Peterman Orthodontics, and the Sue Adler Team. CEF also wishes to thank sponsor Sorriso Kitchen who helped kick off the Winter Wonderland festivities on December 8th with "Natale," an evening of exquisite food and live guitar music, donating \$15 to CEF for each



(above) CHS student volunteers dressed up as popular holiday characters and posed for photos with the children.

Photo by Katherine Brucchieri, Studio 43 by Kat B

ticket sold.

"The holidays were a catalyst for Chatham residents to support our local community, in particular our school district," said Laura Bojanowski, CEF President. "Thanks to donors' generous support, CEF has awarded grants that place Chatham on the leading edge of the classroom experience and could not have been funded by the school district's budget alone. Funds raised at CEF's Winter Wonderland as well as donations to our Annual Fund, will go a long way toward new grant awards for the rest of the 2022-2023 academic school year."

Chatham Education Foundation has funded over \$1.6 million in grants directly to the School District of the Chathams since its inception. In addition to annual grant funding of \$100,000, CEF has established an endowment to provide a permanent source of funding for grants for generations of students. The CEF is a 501c(3) charity and all donations are tax deductible to the fullest extent allowed by law. To learn more visit the CEF website please www.chathamedfoundation.org and view the 2021-2022 Grant Spotlight.

### ROTARY SPEAKER TO ADDRESS MARSHLAND PROTECTION

The Rotary Club of Madison is an enthusiastic and engaged network of ordinary people doing extraordinary things to serve people in our local and global communities. In 2023 the Rotary is celebrating its 100th year of service to the Madison community. At the Rotary's weekly meetings, the Club plans and reports on its service projects, and guest speakers present on a broad range of topics that are of interest to the community. Rotary meetings are held each Thursday in person at the Madison YMCA on Kings Road. The Club meetings start at 7:45 and conclude at 8:30. For February, its featured speaker, on February 9, will be Elizabeth Semple.

Ms. Semple is the Climate Resilience Manager for the New Jersey chapter of The Nature Conservancy. The Nature Conservancy has grown to become one of the most effective and wide-reaching environmental organizations in the world. Thanks to more than a million members and the dedicated efforts of our diverse staff and over 400 scientists, it impacts conservation in 76 countries and territories. In her talk, Ms. Semple will outline threats to marshlands in New Jersey and efforts to both prevent environmental damage and techniques for restoration of the marshlands that are critical to New Jersey's environment.

To make its meetings widely accessible, the Club will hold the meetings both in-person and online. Interested guests should visit the Club's website at madisonrotarynj.org for log-in details.

Please note that Rotary meetings, speakers, or speaker schedules, are potentially subject to change. Please visit the Rotary website at madisonrotarynj.org for any updates to the schedule, and other meeting details and to learn more about Madison Rotary.





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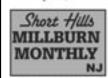


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### THANKSGIVING RACES BENEFIT CHATHAM EMERGENCY SQUAD

The all-volunteer Chatham Emergency Squad was the grateful beneficiary of both local road races held on Thanksgiving Day 2022. Dave Heflin, acting on behalf of the Trot the Manor Committee (Karen Heflin, Hilary Regan, Marcela Barakat, Dave Heflin, Tom Regan, Horacio Barakat and the junior Trot committee), presented a check for \$3000 from the race which is held in the Manor section of the Borough each Thanksgiving morning. Trot the Manor has raised more than \$100,000 over the last ten years to support Chatham first responders including the Chatham Borough Volunteer Fire Department, the Chatham Borough Police Department and the Chatham Emergency Squad.

Curt Ritter, founder of the Chatham Turkey Trot, presented a check for \$2500, part of the proceeds from the race which is held in the Highlands section of Chatham Township on Thanksgiving morning. Each year, the Chatham Turkey Trot attracts more than 1,200 runners who help raise funds for Chatham first responders and diabetes research and education including the Chatham Township Volunteer Fire Department, the Diabetes Research Institute, the Barton Center for Diabetes Education and the Chatham Emergency Squad. Since 2009, more than \$270,000 has been raised through the generous support of sponsors, donors, and runners.

The Chatham Emergency Squad is an all-

volunteer squad that provides basic life support emergency care to Chatham residents, businesses, and visitors. 90% of CES's budget is paid for by donations from Chatham residents and other donors. CES provides stand-by service for special events including both turkey trot races, Chatham High School varsity football games, Fishawack and other special events. CES is committed to providing CPR training to Chatham first responders, teachers, members of the DPW staffs and the public. CES is always interested in speaking with potential members.

The CES website www.chathamemergencysquad.org has links for those interested in volunteering and/or donating.



(above) Curt Ritter and Chatham Turkey Trot Junior Committee member, Mollie Ritter present \$2,500 check to CES President Evan Skinner. Also pictured are Junior Committee members



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(above, l-r) Dave Heflin presents \$3,000 check to CES Captain Nicole DiMaggio

### **DO YOU KNOW ABOUT NJ 211?**

The 211 system is found throughout the United States and is devoted to connecting people in need to the resources that can help. While each 211 operates independently, all of the more than 200 organizations provide a network of local support that people can call on with confidence when they need help and simply don't know where to turn. In New Jersey, our motto has been: Need Help? Start Here.

NJ 211 provides live assistance 24 hours a day, every day of the year. Our services are free, confidential and multilingual. There are several ways to reach us: By phone (simply dial 2-1-1); via text (send your zip code to 898-211); email (info@nj211.org); chat or nj211.org/contact-us. Whichever method you choose, you will be communicating with a community resource specialist who has been educated about federal, state and local systems created to help people who are struggling.

NJ 211 also serves as the State Homeless Hotline and New Jersey's Utility Assistance Hotline.

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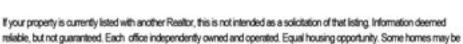
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