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To Our Clark Neighbors And Your Families: May this New Year fill you all with Peace, Joy, Good Health, Happiness & Prosperity!

From Our Family To Yours



JERRY & LISA SCATURO 732-259-3937



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COOL SCHOOL PLUNGE RAISES 8,500 FOR SPECIAL OLYMPICS

Clark Public Schools

Carl H. Kumpf Middle School's (CHK) Unified Club took part in the Cool School Plunge which is an event held in Asbury Park organized by the Special Olympics of New Jersey. This event is for Unified School programs. The Cool School Plunge allows students and staff to plunge into the freezing ocean. Fundraising proceeds support CHK Unified and Special Olympics New Jersey. Advisors Miss Jennifer Barbera, Miss Dominique Smith, and Mrs. Lauren Cesare created a team of 41 members among the students and staff of the Clark School District.

The CHK Unified team ran under the name "Clark Unified" and in total, they were able to raise over \$8,500. Their top fundraisers included 8th graders Eden Ordner (\$1,303), Justin Huff (\$553) and Hudson Couto (\$507), and 7th grader Samara Vazquez (\$676). Not only did Clark win first place for fundraising, but they also won first place for most participants. The team went home with two trophies.

"The Cool School Plunge is my favorite event that CHK Unified participates in. I was thrilled with the success this year. Despite the cold weather, everyone had a great time, and it showcased the inclusion that is evident in our district. Our program has grown tremendously over the last two years and it was truly an honor to be awarded the trophies! This is a testament to the hard work of the students and advisors in promoting inclusion. Our success would not be possible without the support of the families and students! I can't wait for next year's plunge!" said Arthur L. Johnson teacher and Unified co-advisor, Jenn Barbera. She continued, "The CHK Unified team would like to thank all members of Clark who were able to help us surpass our goal. We look forward to having an even larger team next year!"

"This is Kumpf's second time attending the Cool School Plunge. What a difference a year can make! I am so proud of not only the size of our team, but the overwhelming support this year! The Cool School Plunge was a chilly, but exciting experience! Many students braved the frigid waters of the Atlantic and dove in. This club would not be possible without the support and dedication of the CHK Unified members, staff members, and families. Thank you, and I am eager to see what is next for CHK Unified, "said Carl H. Kumpf Teacher and Unified co-advisor, Dominique Smith.

This year, the CHK Unified Team opened up the event to the entire district. Faculty, students, and their families were encouraged to participate in fundraising and joining the CHK Unified Team at the Cool School Plunge. Valley Road School held a Beach Day fundraiser to help support the CHK Unified Team. Mr. Joseph Beltramba, Ms. Stephanie Burdel, Mrs. Jennifer Clere, Ms. Christine Hahn, Mrs. Gail Lombardi, and Ms. Nicole Semon cheered on the CHK Unified Team at the plunge!









Photos by Clark Public Schools



Clark Monthly

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KATIE LEDDEN SIGNS WITH UNIVERSITY OF RHODE ISLAND

On November 10, 2022, Katie Ledden, a Clark Resident and a Senior at Rutgers Preparatory School in Somerset, NJ, signed a National Letter of Intent (NLI) to play Division 1 Basketball at the University of Rhode Island (URI). Ledden originally verbally committed to URI on November 1, 2021, but could not legally sign and formally commit until the recent NCAA National



(above) Katie Ledden of Clark recently signed a National Letter of Intent to play Division 1 Basketball at the University of Rhode Island.

Courtesy photo

Signing Day of her senior year.

Ledden attended Arthur L. Johnson High School as a freshman before transferring to Rutgers Prep her sophomore year. Ledden played with the Clark Travel Basketball program from 3rd grade until 8th grade and also played AAU basketball for Team Sharp from 3rd grade to 11th grade. She left Team Sharp briefly in 10th grade to compete in the Nike Elite Youth Basketball League (EYBL) with the Philly Rise. After receiving 10 athletic scholarship offers to play Division 1 basketball at various schools, she ended her recruiting process early before her Junior season when she verbally committed to Rhode Island and knew that was where she wanted to play her collegiate career.

In a press release on signing day from the Rhode Island Women's basketball program Head Coach Tammi Reiss had this to say about Katie, "Katie is true New Jersey guard! Hard-nosed, hard work through and through. She has great length and size for the guard spot. Katie loves basketball and lives in the gym, always working on her game. She gives us much needed 3 level scoring and has a high IQ for the game. Katie is my Rocky Balboa!"

Ledden still has her senior year to play at Rutgers Prep where she hopes to help her team win another State title, as well as become a 1,000 point scorer for her school.

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SOLD 15 Westfield Ave. 40 Ivy St. 15 Tudor Dr. 10 Washington St., Unit 03 47 Briarwood Path 39 King St. 56 Lexington Blvd. 13 Blake Dr. 213 East Lane 1168 Lake Ave., Unit 4 45 Wendell Pl. 501 Oak Ridge Rd. 309 Oak Ridge Rd. 29 Conger Way 13 Florence Dr. 303 West Ln. 1 Rose Ter. 187 Liberty St. 11 Harding Ave. 40 John St.

77 John St.

17 Hillside Ave. 11 Avon Rd. 81 New York Ave. 42 Kenneth Pl. 1 Kathryn St. 29 Hillside Ave. 9 Shetland Dr. 12 Yorktown Dr. 84 Wheatsheaf Rd. 12 Ascot Way 301 West Lane 1119 Maurice Ave. 1 Longfellow Lane 8 Wendell Place 13 Blake Dr. 42 School St. 29 Harvey Ct. 18 Yorktown Dr. 45 Starlite Dr. 1538 Franklin St. 40 Conger Way

15 Ayers Lane 72 Dorset Dr. 5 Schmidt Lane 269 Willow Way 18 Ginesi Dr. 7 Blake Dr. 43 Willow way 95 Briarheath Ln. 18 Terhune Rd. 1 Jarvais Ter. 39 Frances Dr. 28 Gibson Blvd. 41 Largo Lane 5 Tudor Dr. 111 Westfield Ave. 14 Washington St. 118 Jupitor St. 61 Sycamore Rd.

1 Plymouth Rd. 306 Parkway Dr. 75 Union County Pkwy 49 Briarwood Path 549 Valley Rd. 161 Meadow Rd. 16 Nassau St. 160 Meadow Rd. 415 Valley Rd. 49 Joseph St. 23 Avers lane 110 Sweet Briar Dr. 30 Stanton St. 76 Harding Ave. 53 Stemmer Dr. 291 Willow Way 330 West Lane 139 Jupitor St. 458 Oak Ridge Rd. 307 West lane 93 Jupitor St.

TOTAL NUMBER OF TRANSACTIONS = 170, 113 ARE IN CLARK

15 Briarheath Ln.

43 Kathryn St.

54 Harding Ave.

MARINE BIOLOGY CLASSES HAVE A DAY AT THE BEACH

Clark Public Schools



(above) Students collect data to plot a profile of the beach at Sandy Hook.

Photos by Clark Public Schools

Students in Louis Van Bergen's Marine Biology classes at Arthur L. Johnson High School in Clark spent a day at Sandy Hook conducting marine field studies. The students had learned in class and then put their knowledge into practice in the field.

On the day of the field trip, students studied



(above) Students in Mr. Van Bergen's Marine Biology class pull a seine net through the salt marsh at Sandy Hook.

three areas of Sandy Hook, the beach, the dunes, and the salt marsh. The class visited the ocean beach first. While at the beach they conducted a transect to map the profile of the beach. They did a current experiment and ran tests to determine the water quality.

The next stop was a hike through the dunes. Along the hike they viewed the native plants in the different areas of the dunes. They were surprised to see a herd of deer in the maritime forest. The walk back along the beach yielded a multitude of shells.

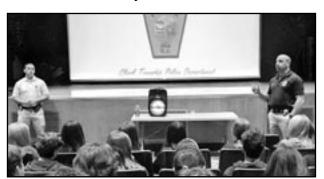
After a quick stop for lunch, they made their way to the salt marsh. In the salt marsh, they once again checked the water quality. The trip's highlight was the sampling of organisms by seining, dip netting through the marsh, and sieving shovelfuls of sand. The class came back with buckets full of fish, crabs, and snails for the tanks in the classroom.

STUDENTS TAUGHT **DANGERS OF OPIOIDS**

Clark Public Schools

The Clark Police Department recently visited Arthur L. Johnson (ALJ) High School to present the "Not Even Once" program to ninth graders. The presentation, given by Detectives Brian Soos and Mark Detore from the Clark Police Department, shared valuable information on the dangers of opioid use including a background on opioids, the power of addiction, state, county, and town statistics, as well as stories of those personally affected.

ALJ Principal Tara Oliveira stated, "We are extremely grateful for the tremendous support that we receive from our community partnerships and are appreciative of the Clark Police Department for bringing this impactful program to our high school. We are proud to work together to educate and support the students in our Crusader community."



(above) Detectives Brian Soos and Mark Detore of the Clark Police Department presented the "Not Even Once" program to ALJ students.





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A Clark History

Daunno Realty is a company founded upon a deep historical connection to Clark. Our principals were born and raised in town, are Arthur L. Johnson graduates, Clark property owners, and local residents. Given our lifelong ties to the community, we were proud to locate our company headquarters at 206

Westfield Avenue, right next to Dunkin Donuts.



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ANNUAL FUND DRIVE UNDERWAY

The Clark Volunteer Emergency Squad

The Clark Volunteer Emergency Squad (CVES) is facing a financial crisis. The increased expenses incurred during the pandemic along with the normal operating expenses are still impacting the finances. The ambulances need to be properly maintained and many of the necessary items need to be replaced as they expire. Additionally, we need to hire employees to keep Clark protected when our volunteers are not available.

The Squad's Annual Holiday Fund Drive was recently sent to all Clark residents. While making your holiday shopping list, consider donating to CVES. Donations can also be made by sending a check to The Clark Volunteer Emergency Squad at 875 Raritan Road, Clark, New Jersey 07066.

If you are interested in becoming a volunteer, either as an EMT or a driver, please email salacchi@hotmail.com Training is provided by the squad.



(above) The Clark Volunteer Emergency Squad (CVES) was on hand during Clark's Annual Tree Lighting on November 26. The squad attends these ceremonies not only to show support for our township but to provide prompt emergency medical services if needed. To do this, the Squad requires time from people willing to volunteer as well as donations.





Sayaka Ganz Reclaimed Creations

Produced by David J. Wagner, L.L.C., David J. Wagner, Ph.D., Curator/Tour Director



The Galleries at Kean University present Sayaka Ganz RECLAIMED CREATIONS, an amazing art exhibition featuring sculptures of animals in motion, utilizing reclaimed plastic objects, rich in color and energy.

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KIWANIS DECORATES TREE IN TOWN HALL

On November 26, members of the Kiwanis Club of Clark decorated a donated tree with Kiwanis logos of their clubs for youth in town at the Municipal Building/Clark Town Hall. Kiwanis, the parent organization, sponsors the Arthur L. Johnson High School Key Club, the Kumpf Builders Club, and the K-Kids Clubs at Valley Road and Hehnly Schools. Past president Ron Pask made the ornaments.

The purpose of the local chapter of this worldwide, not-for-profit organization is to teach children and young people the joy of volunteering and the values of good citizenship. For more information about the club that meets virtually every two weeks, please contact crusadersue@hotmail.com.



(above, l-r) Susan Dougherty, Rose Melillo, Ron Pask, and Sheree Pask Courtesy photo

KIWANIS CLUB GIVES TO TEENS IN NEED

As part of their annual Christmas giving plan, members of the Kiwanis Club of Clark filled stockings with toiletries and goodies for teens at Visions and Pathways at a recent meeting. With additional donations from the Arthur L. Johnson High School Key Club under the direction of

adviser Meghan Bradley, the Kiwanis parent organization filled forty stockings with three boxes of overflow items for the Visions and Pathway's pantry, the charity that assists children who have aged out of foster care, runaways, and LGBTQ teens who are in need of shelter.



(above, l-r) Kiwanis members Richard Burdett, Brian Dwelle, Mandi Walls, Cara Hund,
Bruce Jones, and Susan Dougherty are pictured.

Courtesy photo

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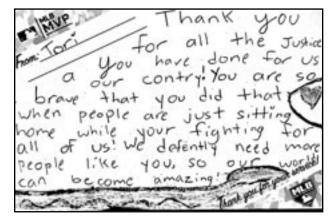
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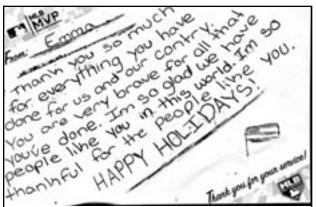
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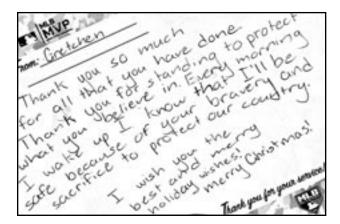
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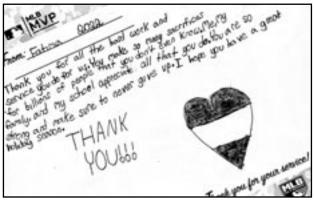
SERVICE PROJECT THANKS MILITARY HEROES

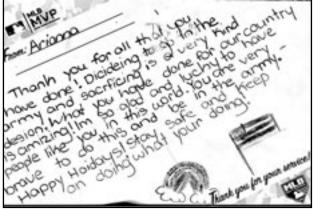
Clark Public Schools

K-Kids, a community service club advised by teacher Ms. Sarah Kasko at Frank K. Hehnly Elementary School in Clark, spent an afternoon writing postcards to active military members currently serving our country overseas. The K-Kids expressed their gratitude for the ultimate sacrifice that these men and women have made by serving our country and fighting for our freedoms.

According to Ms. Kasko, "Students did a wonderful job putting their sincere thoughts into words on the postcards."

The K-Kids wrote a total of 107 postcards. This community service project would not have been a success without the help of Mrs. Gina Binder, mother of a current K-Kid. Mrs. Binder connected the K-Kids with this important



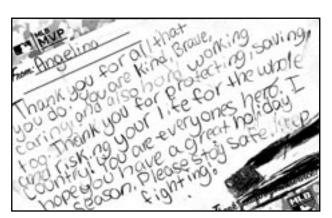


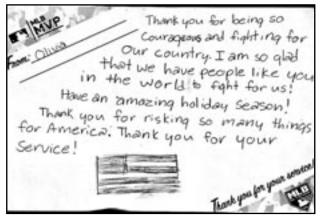
community service project already in place with Major League Baseball.

"When I told the members of MVP (Military Veterans Professionals) ERG (Employee Resource Group) at Major League Baseball, who are military veterans, that a group of elementary students would be participating with us, they were so thankful and thought that getting their participation was amazing," said Mrs. Binder.

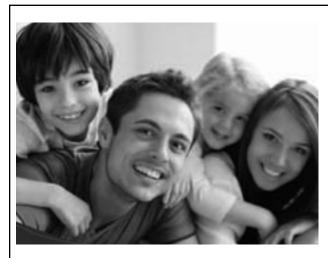
FKH K-Kids were happy to help the MLB MVP ERG and MLB Network, in partnership with A Million Thanks, a non-profit organization that collects and distributes letters of thanks to send directly to USA military members. FKH K-Kids would like to thank all active, reserve, and veteran military members for their dedication and service to our country.

Photo by Clark Public Schools





(above) K-Kids Frank K. Hehnly Elementary School wrote postcards to be mailed to active military members.



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Just like tens of millions of other Americans, you were looking for relief from your chronic knee pain. You thought Viscosupplementation injections might be the answer, but the results were disappointing and painful. Don't assume the treatment wasn't right. That could very well be like blaming the arrow for its path to the target when the problem might be the archer. If you didn't get the pain relief you were hoping for, chances are your injection treatment was off target. Unlike blind injections or even ultrasound targeted treatments found elsewhere.

Northeast Spine & Wellness Center uses diagnostic fluoroscopy to make sure the area that needs treated is the exact area where the injection goes. This is the most advanced method of delivering this pain relieving treatment with 95% accuracy to give you the results you're looking for. The use of Fluoroscopy guided injections sets Northeast Spine & Wellness Center apart. The end result is you living pain free from your chronic knee pain. You can avoid the lengthy and painful road of knee replacement surgery. You can avoid the endless trial and error assortment of potentially addictive prescription medications. This treatment, using fluoroscopy guided injections has seen a success rate of above 85% in those suffering from knee pain related to osteoarthritis, and that includes people with bone on bone involvement. You've suffered from chronic knee pain long enough, Call Northeast Spine & Wellness Center now for a RISK FREE consultation.



If Knee Surgery Sounds Scary, It Should

Have you have been told you are facing knee replacement surgery? Have you been told about all the downsides you could be facing? First and foremost, there are NO guarantees that knee replacement surgery will be the answer to your pain, but let's look further:

- Surgery is costly, regardless of the percentage of services covered by insurance.
 Surgery requires lost time from work and typically requires a regimen of rehabilitation and medications.
- With surgery, there is always a risk for unwelcomed complications. And you could be back to where you started, or worse.
- Medications will be required for relief from surgery and you have been down that road before. Addictions to these pain medications can cause potential side effects, something you do not want to experience.
- · Rehabilitation can take years.

Consider This Alternative To Surgery

Northeast Spine & Wellness Center offers you a real opportunity and a painless way to say goodbye to your knee pain without any surgery. Here are just a few of the important benefits you should consider?

· Diagnostic fluoroscopy accurately targets the pain, unlike blind injections.

There are a number of reasons why you developed Osteoarthritis pain. It can develop with age or because of

heredity. It could be from repetitive stress from a job or

some glory days in athletics. Of course your concern is

with the symptoms you face daily and how to make them end,

hopefully without surgery or the use of potentially addic-

tive medications. Northeast Spine & Wellness Center

living with and can help. If you have any of the symptoms

· Pain - Whether it's a sharp aching or maybe a burning

sensation, the pain can range from irritating to debilitating.

· Swelling - This can cause tenderness and soreness to

the entire knee area, making walking or going up and

down stairs painful, getting in and out of bed or bathtubs

difficult and dangerous just name a few activities affected

· Stiffness - Getting up out of bod or after sitting for a

period of time gets more and more difficult. This loss of

mobility can be more than a hindrance. It can be danger-

· Loss of muscle strength - This can lead to balance

Joint deformity - Not just unsightly, but painful as well.

· Creaking Joints - Can be painful and a sign of more

· Sleepless nights - Losing sleep over your suffering is

not just irritating, but potentially dangerous because of so

many other health concerns that can be affected by loss of

below, please call us today. Relief is a phone call away.

understands the symptoms you have been

- · Guided fluoroscopic injections are virtually pain free, unlike blind injections.
- No lost time from work or family.
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- · No potentially addictive prescription medications.
- Recovery time is almost instant, not months or years.

Do you Suffer from any

of these Symptoms?

How Does This New Treatment Work?

Relief begins almost as fast as it takes to pronounce the treatment. It's called Viscosupplementation Therapy. To begin with, it starts with Northeast Spine & Wellness Center investing in the use of diagnostic fluoroscopy.

This enables them to target the exact location of your knee pain with pinpoint accuracy. What follows is a simple injection that causes little to no pain, especially when compared to what you may be living with daily. That explains what you will see on the surface of this revolutionary treatment. What's taking place below the surface is how and where the natural healing process takes place. The injection of a Hyaluronic acid called Hyalgan. This gel-like substance was approved by the FDA in 1996. Hyulgan is a natural substance that mimics the synovial fluid that is already produced by your body in your joints. Osteoarthritis sufferers in particular see a reduction in this much needed synovial fluid in their knee joints. Without that cushioning layer of protection. the cartilage in your knee can begin to wear away leading to the rubbing of bone on bone. Through Viscosupplementation Therapy, this natural substance immediately goes to work reducing the swelling and inflammation in the joint and adding a coating layer of protection. Think about Dorothy taking the oil can to The Tin Man. You'll begin to feel that same kind of relief and quite possibly feel like you're ready for a dance down the yellow brick road to recovery yourself. And with a success rate of over 85% in alleviating pain associated with osteoarthritis, it's easy to see why this treatment is so readily covered by Medicare and by most major insurance providers. Diagnostic fluoroscopy to target the pain, Viscosupplementation Therapy to relieve the pain. Simple, fast

Let Me Show You Targeted

Relief From Your Knee Pain

Every day, I see patients suffering from knee pain due to arthritis, osteoarthritis, sports injuries or other conditions. Many have been told that they are in need of knee replacement surgery. Other patients say they have been prescribed various prescription medications to deal with the pain.

Something else I see almost every day, are patients that have tried viscosupplementation knee injections elsewhere and found it to be a painful and ineffective experience because the injections were not administered using fluoroscopic guidance. Instead of using the incredibly accurate diagnostic fluoros-

copy we use at Northeast Spine & Wellness Center—these patients experienced a blind injection technique, which can be as inaccurate as playing pin the tail on the donkey

Once I am able to explain to my patients about the pin point accuracy of using diagnostic fluoros copy and the amazing results viscosupplementation can provide, they are thrilled to get started They are even more thrilled when they feel the relief. Please contact Northeast Spine & Wellness Center today to schedule your RISK FREE consultation.

Call 732-827-0800

Scot Paris MD, FACS

Here's what our patients have to say

"I'm dancing without pain. I can more with no problem whatsoever. I can go up and down steps with no pain." - Patricia G.

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- Quenton L.

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AMERICAN WATER HELPS THE HELPERS

Submitted by Susan Alacchi

The Clark Volunteer Emergency Squad received a generous donation from New Jersey American Water. David Newby, Treasurer of the squad, applied for one of New Jersey American Water's 2022 Volunteer Firefighter and EMS Grants. Applications are scrutinized by a committee of New Jersey American Water employees who are all experienced volunteer firefighters and EMTs from around the state. Kristin Bianco, the Major Account Manager, notified Newby that The Clark Volunteer Emergency Squad was chosen to receive one of the grants.

"That is great news", said Newby.

The squad is experiencing a financial crisis and this grant has given the squad a much needed infusion. As expenses increase, donations have decreased. The squad relies on donations to continue functioning in a way the residents have come to expect. The pandemic caused a significant increase in costs. The squad kept answering the needs of residents and others traveling to the township. This required more protective equipment to keep members and patients safe. It also required frequent cleansing of the ambulances and the building. These expenses were all in addition to the normal day-to-day operating expenses.

Donations can be made by sending a check to The Clark Volunteer Emergency Squad at 875 Raritan Road, Clark, New Jersey 07066.



(above) Clark Volunteer Emergency Squad Treasurer David Newby accepts a check from Kristin Bianco of New Jersey American Water.

Photo by Susan Alacchi



18TH ANNUAL CHRISTMAS TREE & MENORAH LIGHTING - 2022



Menorah Lighting was held on Saturday, November 26th. It was hosted by the Township of Clark and the Clark Recreation Department.

Santa was there, and families had the opportunity to visit with him and take photos. Other highlights were Trackless Train Ride,

Clark's 18th Annual Christmas Tree & "Frozen" Play Center, Unicyclist, Buggy Rides, Ice Sculpting, Petting Zoo, Horse Drawn Hay Rides, Snowglobe, Ice Rink, Mechanical Reindeer, Navasink Brass Band, Strolling Dickens Carolers, Popcorn, Home Baked Cookies, Cider Donuts, Philly Pretzels, Hot Chocolate & More!











Photos from this and other events can be found online at rennamedia.com and on Clark Monthly page on facebook.com Feel free to "Like," "Tag," and "Share."





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2022 CHRISTMAS TREE & MENORAH LIGHTING PHOTO ALBUM

















Photos from this and other events can be found online at rennamedia.com and on Clark Monthly page on facebook.com Feel free to "Like," "Tag," and "Share."







JANUARY IS A SOUPER TIME TO VISIT RAHWAY

Rahway is your winter destination in 2023! Looking for something to do to fight off those winter blues? Bundle up and take the train, rideshare, or drive to Rahway to experience all that the city has to offer. Rahway is home to a diverse small business community with unique retail shops and dining experiences. You can start your day in Rahway with a hot cup of coffee and some shopping, get the kids out of the house for lunch and some family game time at the arcade, and plan a date night with drinks and dinner at any one of our many delicious restaurants. No matter what cuisine you are craving, you will find it in Rahway! Watch a show at the Union County Performing Arts Center, view an exhibit at one of our art galleries, or listen to local musicians who can help you rock and sway your way through the winter months.

Looking to warm up this winter? Our annual Soup Stroll, presented by our Special Improvement District (SID), will return every Saturday in January (Jan 7, 14, 21, 28) from 1-4 p.m. Mayor Raymond Giacobbe and the Rahway City Council encourage everyone to attend this free event as a great way to get together with friends, get out of the house, and sample some delicious soups while strolling through the City.

Restaurants will be stirring up their finest soups for you to try, so be sure to follow @Rahwayishappening on Facebook and Instagram or visit RahwayisHappening.com/soupstroll for participating eateries and more information. Snap a photo of you and your Soup Stroll Squad enjoying your samples and share it with @rahwayishappening on Instagram to enter our Soup Stroll Selfie contest for a chance to win a \$25 Gift Card to your favorite participating restaurant

After you're done sampling soups, grab a drink, watch the game, or sit down for a bite to eat at one of your favorite Rahway bars or restaurants. January is a Souper time to visit Rahway!

Visit Rahwayishappening.com for information on parking, lists of shops and restaurants and details about all of our upcoming events!







STUDENTS AND STAFF HONOR OUR VETERANS

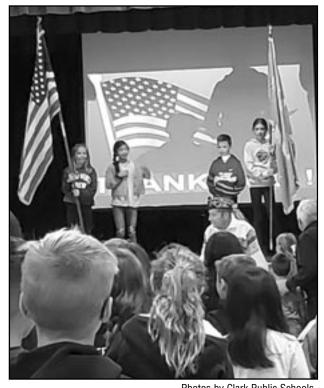
Clark Public Schools

Students at Frank K. Hehnly Elementary School and Valley Road Elementary School recently participated in ceremonies to honor our veterans in recognition of Veterans Day.

At Frank K. Hehnly School the veterans, many of whom were family members of current students, were introduced by Principal Shirley Bergin. Students also shared information on famous war memorials. Mr. Alex DiFabio's select choir and the assembly sang "Thank You, Soldier". A moving moment of silence was held when Ciro Cutrona and Xyani Figueroa played "Taps". The assembly closed with the select choir singing "God Bless the USA".

At Valley Road School, the veterans, also many of whom were family members, were introduced. A short video was shown on Principal

Joe Beltramba's visit to Honor Flight, a nonprofit organization dedicated to transporting as many United States military veterans as possible to see the war memorials in Washington, D.C., at no cost to the veterans. Valley Road students wrote letters to these veterans earlier this year. Some veterans spoke about what they learned from being in the military. A representative from each class placed a flag in a bucket and a wreath, which will be displayed outside of the school, and presented them in honor of the veterans. Music Teacher Trish Sauer led the students in the singing of "America". Students then individually thanked the veterans. Students were then broken up into groups to speak to the veterans. The ceremony ended with the veterans marching through the halls to students and staff cheering and thanking them as patriotic music played.



Photos by Clark Public Schools







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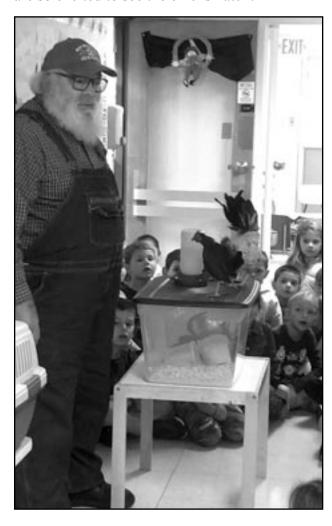
Scan QR code for **One Bite Pizza Reviews Video**

HEHNLY STUDENTS HATCH CHICKS

Clark Public Schools

The kindergartners at Hehnly Elementary School are hatching chicks! The students received the eggs from Quiver Farms. A farmer introduced the students to the chicks' parents Max and Ruby. He also provided the students with some facts about the birds and how to care for the eggs.

Kindergarten Teacher Cherie Milevoi stated, "By bringing in a guest speaker, this lesson really helped students to see how what they are learning extends beyond the classroom. All of our students are so excited to see the chicks hatch!"



(above) A farmer from Quiver Farms introduced the students to the chicks' parents, Max and Ruby.

HEHNLY STUDENTS GO BACK TO THE '50S

Clark Public Schools

Frank K. Hehnly students in Mrs. Lisa Cepeda's first-grade class celebrated the 50th day of school on November 23rd. The class traveled back in time to the 1950s for this special occasion. They danced to some sock hop music, created a 1950s-inspired craft, tallied up to 50, and discussed what life was like for kids in the '50s compared to today.

Ms. Cepeda stated, "The students used what they learned in math, art, language arts, music, and social studies to celebrate this special day! It was certainly a memorable way to mark the 50th day of school!"



(above) Frank K. Hehnly students celebrated the 50th day of school with 1950s inspired activities.

Photos by Clark Public Schools

K-KIDS PARTICIPATE IN OPERATION SHOEBOX

Clark Public Schools

For their November service project, the Valley Road School K-Kids proudly collected 29 shoe boxes to be donated to Operation Shoebox. These boxes are filled with goodies that will be distributed to children around the world who may not receive any other gift this holiday season. K-Kids is a community service organization led by Valley Road teachers Sue Dzurovcik, Kim Belverio, and Kim Nacht.

"We are so pleased to see how many boxes we were able to collect this year. This is the largest amount of boxes we've been able to collect and they're filled with the nicest things! They will certainly bring joy to many this year," stated, Mrs. Dzurovcik.

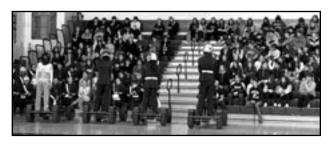


(above) Students Payton Kurek, Joe Blizniak, and Ryder Alicia helped Mrs. Dzurovcik load her car with all of the shoe boxes.

ALJ CRUSADERS MARCHING BAND

The 7th and 8th grade music students from Kumpf and Lincoln schools had the opportunity to visit ALJ High School and see the Crusader Marching Band perform a sneak peak of next year's show, and eat lunch with the ALJ Music Students.

Courtesy photo



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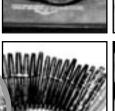
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2022 FALL ATHLETIC AWARDS

Clark Public Schools

The Arthur L. Johnson Athletic Department recently held their 2022 Fall Athletic Awards. All the Fall Athletic Teams and their seasons were highlighted by their coaches while all athletes received letters and awards. Over 197 varsity athletic letters were awarded throughout the evening, as participation in athletics at Arthur L. Johnson High School continues to prosper.

The program culminated with the Student Athlete Award, which was presented by the Athletic Director of Arthur L. Johnson High School, Mr. Gus Kalikas. The Student Athlete Award is given out each athletic season to a student athlete that is not only a champion on the field but in the classroom as well. The 2022 Fall Student Athlete award recipient was Grace Warnick, with a 4.62 G.P.A.

In addition, the Crusader G.P.A. Challenge was awarded to the team that finished with the highest overall G.P.A. amongst athletic teams for the fall season. The recipients were presented with certificates and will have their team memorialized on a plaque to celebrate their actions both in the classrooms and on the fields. The winner of the 2022 Fall Seasonal G.P.A. Challenge was the Field Hockey Team with a G.P.A. of 4.14. Members of the Field Hockey Team include Peyton Collings, Tatum Dobbins, Angela Aromando, Julia Skultety, Maria Dante, Jenna Grandal, Julia Ranski, Jenna Reider, Georgia Sebok, Grace Warnick, Zoey Brown, Ava Wood, Veronica Parzych, Leah Scepkowski, Lacey Vill, and Lily Ficarra.

The Best Teammate Award will be given out seasonally to one member from each athletic team that best fits the characteristics of a good teammate. The individuals that receive these awards exhibit upbeat attitudes and outstanding character. They helped influence the team's culture in a positive manner, while always supporting teammates and promoting team unity. The Best Teammate Award Winners were: Cross Country – Andrew Trescott, Field Hockey – Zoey Brown, Football – Matthew Froden, Boys'

Soccer – Antonio Rafoa, Girls' Soccer – Bella Decker, Girls' Tennis – Alison Burkhard, Volleyball – Rebecca Fogle, and Cheerleading – Rylie Weber.

The evening culminated with the announcement of the Team Most Valuable Players. The MVPs were: Cross Country – Kyle Gunsiorowski, Field Hockey – Grace Warnick, Football – Steven McCaffery, Boys' Soccer – Carson Pires, Girls' Soccer – Alexandra Zotos, Girls' Tennis – Nicole Lenkiewicz, Volleyball – Sophia DiProfio, and Cheerleading – Angelina Jacobs

Athletic Director Gus Kalikas had this to say about the event: "Once again, our Fall Athletic Awards Program was a success as it allows the District, Administration, and Coaches the opportunity to acknowledge a wonderful Fall Sports Season as well as recognize both student athletes and their parents alike for all that they have accomplished this past fall athletic season."



(above) 2022 Fall G.P.A. Winners
– ALJ Field Hockey Program.

Photos by Clark Public Schools



(above) Grace Warnick, 2022 Fall Student Athlete Award Winner.



(above) 2022 Fall MVPs.

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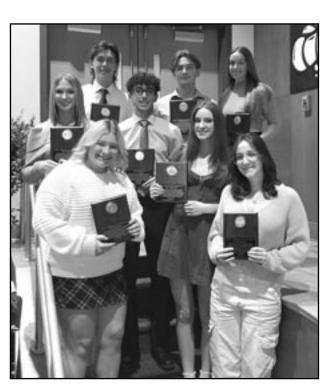
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(above) 2022 Fall Best Teammate

Award winners.

SANTA'S HELPERS

Over the last four years, a small group of Santa's elves has helped fill Christmas stockings for Family Promise of Union County. The organization serves low income families and families experiencing homelessness.

Students and staff at the Academy for Performing Arts at the Magnet School in Scotch Plains participated this year also. Kaitlyn Landaverde, a Junior from Clark, organized the drive at the high school.

Patricia Novy of Clark, who started the project four years ago, shared the fact that the group filled 36 stockings the first year, 67 stockings last year and 91 Christmas Stockings for children ages 4 to 12 this year.

"The need is greater than ever," Novy said. "In speaking with Family Promise, the children often receive donated gifts, but stockings are not considered. Our little group of friends, family and former colleagues help fill that void."

We are inspired each year by this quote from a nine-year-old boy, "When you give something; someone else gets."



(above) Patricia Novy with Christmas stockings waiting for delivery to Family Promise of Union County.

Courtesy photo

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CLARK YOUTH CRUSADER FOOTBALL DINNER

Clark Public Schools

On Tuesday, December 13, 2022, Clark Crusader Youth Football (CYF) held their annual post-season awards banquet. President of CYF Gus Kalikas presided over the event as all athletes were honored for their contributions to Crusader Youth Football. All athletes received awards for their accomplishments this past

season. The night culminated with the showing of the 2022 Crusader Youth Football Team's highlights. It was a wonderful evening to celebrate both past and present Crusaders and to continue to keep the tradition of Crusader Football alive and well.

Please keep an eye out for Fall 2023 registration which will open soon. Go Crusaders!



(above) 3rd-4th Grade E Level Team: Marcello Miraldo #3, Preston Webb #4, Joseph Cistaro #8, Alessandro Posso #9, Zayden VanDerGroef #10, Mason Holness #13, Declan Salisbury #14, Anthony Desarno #17, Jionni Jacobs #23, Colin Martucci #26, Landon Doherty #27, Frank Saluccio #28, Jesse Sodhi #30, Jackson Brennan #32, Massimo Perentin #44, Thomas DeDeo #48, Nino Vera #50, Chase Ingraham #51, Brett Kaverick #54, Dylan Alvarez #57, Maksim Jadro #66, Hudson Miller #71, and Zachary Peters #87



(above) 5th Grade D Level Team: Austin Rishko #1, Anthony Castro #2, Jake Gerstner #3, Joseph Pecoraro #6, Marco Lettini #14, Lucas Estaves #15, Robert Smerina #21, Ralph Nieves #22, Vincent Buffa #24, Connor Gordon #26, Xavier Cresci #32, Jacob Goss #34, Caesar Diliberto #42, George Gyure #49, Christopher Scuorzo #56, and Vinnie Suchak #88

FOOTBALL DINNER PHOTOS



(above) 6th Grade C Level Team: Jack Thompson #1, Jacob Chrominski #4, Grant Kalikas #7, Nolan Rosen #11, Drew Forfa #12, Richard Raguseo #13, Edward Albarella #15, Ethan Ciuba #16, Christian Tortora #22, Nicholas Marzella #23, Jaden Bencivenga #28, Jacob Hutton #54, Jake Richards #55, Ryan Ciccotelli #57, Michael Pereira #71, Ryan Castro #72, Esteban Romero #74, Joseph Diliberto #75, and Connor Heath #96



(above) 7th Grade B Level Team: Logan Downey #3, Derrick Gunsioroski #4, Julian Colon #5, David Reiley #7, Andrew Bell #8, Mason Spearnock #9, Dario Costa #10, Sean Volmut #12, Christian Campbell #13, Alex Sofianakos #14, James Maiorino #15, Ryan DelPiano #16, Ryan Triola #24, James Salisbury #26, Brendan Uniacke #28, Boaz Coutinho #44, Vito Colacitti #45, Constantine Caldara #52, Nicholas Mallick #57, Sean Lane #62, Christos Ketikidis #63, Nicholas Acosta #72, Jonathan Jukic #78, Jayden Barros #87, and Matthew Talarico #88



(above) 8th Grade A Level Team: Daniel Robertazzi #2, Hudson Couto #3, Matthew Reichenbach #4, Matthew Pereira #5, Louis Mentzel #8, Matthew Ortega #10, Nico Fiumefreddo #12, Ethan Gerhart #13, Zachary MacDougall #16, Frankie Fabio #17, Evan Costa #18, Ricky Higgins #21, Vincent Cilento #22, Christopher J. McCann #24, Sean Sullivan #27, Thomas Kershaw #33, Manuel Rendiero #38, Jack Pellino #42, Gavin Feeley #50, Aiden Wall #51, Amr Ahmed #66, Aiden Horling #67, Louis Ricigliano #73, Max Faria #77, and Gavin Ford #87

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CLARK PUBLIC LIBRARY JANUARY EVENTS

303 Westfield Ave, Clark, NJ 07066 • Tel: 732-388-5999 x2 • Email: reference@clarklibrary.org • www2.youseemore.com/clarkpl/ Monday, Tuesday, Thursday: 9:30 am - 9:00 pm • Wednesday, Friday, Saturday: 9:30 am - 5:00 pm • Sunday: Closed We will be closed Saturday, Sunday, and Monday, December 24, 25, and 26 for the Holidays.

Shortened hours Saturday, December 31 from 9:30 a.m. to 1 p.m., and be closed Sunday, January 1 for New Year.

We will also be closed on January 16 for Martin Luther King Jr. Day.

Open Play for Little Ones

Tuesdays, January 3, 10, & 17 from 10 a.m. - 11 a.m. Open play with the library's toys for toddlers! Teen Gaming Club

Tuesday, January 3 & 17

from 2:30 p.m. - 4:30 p.m.

Play some Nintendo Switch games on our big screen or bring your own device. Snacks will be served! Open to Grades 6-12.

Krafty Kids Snowflakes & Winter Scene

Wednesday, January 3 & 18 at 3:30 p.m. Join us as we make some fun and creative artwork. Registration is required, for ages 5-12.

Kid's Gaming Club

Thursday, January 3 & Wednesday, January 25 at 6 p.m. & 3:15 p.m. Play some Nintendo Switch games on our big screen or bring your own device. Grades 1-5.

Finger Painting Friday

Friday, January 6 at 10:00 a.m. We will read a story and then make some squishy, colorful creations. Wear old clothes!

[Adult and Teen Craft] Winter Mason Jar Luminaries

Saturday, January 7 at 2 p.m.
Create a beautiful winter luminary. Open to teens and adults.

Union County Aging Services Kiosk

Monday, January 9 from 10 a.m. - 12 p.m. Do you have questions about services available in Union County for seniors or their caregivers?

Teen Advisory Board Meeting

Monday, January 9 at 4:00 p.m.

Teens - let your voice be heard at the library! The Teen Advisory Board (TAB) helps create, plan, and run teen programs and services they would like offered at the Clark Public Library.

Open to teens in Grades 6-12. **After School Board Games**

Tuesday, January 10 & 24 at 2:30 p.m. - 5:00 p.m.

Join the Clark Public Library to relax and hang out while playing games after school. Something specific you want to play? Bring it with you! Games available: Chess, Clue, Code Names, Dungeons & Dragons (Basic Rule Books), Guess Who, Life, Monopoly, Pandemic, Scrabble, Ticket to Ride, Uno

Tinker Tots

Thursday, January 12 at 10:00 a.m. Come join us for a morning of fun STEAM (Science, Technology, Engineering, Art, Math) activities perfect for little ones. For children ages 1 through Pre-K. Please register. Clark residents will have priority registration.

Little Scientist Build & Connect Straws

Thursday, January 12 at 4 p.m.
Learn how to build and create with our Science
Experiments! Each session will be a different
experiment that will touch upon a different
STEM skill. For ages 6-12.

Trivia Nights: The Office

Thursday, January 12 at 7:00 p.m. Test your knowledge alongside your friends at our monthly trivia nights! 1st, 2nd, and 3rd place winners will receive both a prize and bragging rights. This month's Trivia Night will be on The Office, one of the most satisfying experiences you can have.

(That's what she said)

LEGO® Club

Friday, January 13 from 3:15-4:15 p.m.
Create your own LEGO® structures. LEGO® are provided by the library. Creations are displayed in the Children's Area.
For children in grades K - 5.

Afternoon Book Club

Tuesday, January 17 at 1:00 p.m.
We will be discussing "The Nature of Fragile
Things" by Susan Meissner. Please speak with a
librarian or email reference@clarklibrary.org if
you need a copy of the book.

Winter Watercolor Painting Class

Wednesday, January 18 at 11:00 a.m. Join artist Joy Ann Lara as you create a winter-themed watercolor painting. Clark patrons get priority registration. Open to ages 18+.

[Hybrid] Free Family Game Night BINGO

Thursday, January 19 at 6:30 p.m.
Join us on Zoom or In-Person for Family Game
Night! This month we will be playing Winter
BINGO! Children, Parents, and your child's
Grandparents are invited to play along! Prizes
for winners and runners-up. *Must be willing to
pick up prizes in person, they will not
be mailed*

Lunar New Year Party

Friday, January 20 at 10 a.m.

Join us for a fun-filled morning to celebrate the Year of the Rabbit! Hear stories, and songs, plus make a Lunar New Year craft afterward!

Registration is required. For ages 2 to 6.

Clark Escape Room: The Mines of Moria

Saturday, January 21:

Time Slots 11 a.m. - 1 p.m.

You must find a way out! The Dwarfs of old left many a clue to a secret passage of escape.

They are coming...

Tales for Tots

Monday, January 23 & 30 at 10:00 a.m. Stories and songs for active listeners. Geared toward ages 2-3 with a caregiver. Older children are welcome! 30 minutes of open play follows.

Registration is required

Evening Book Club

Monday, January 23 at 7:00 p.m. We will be discussing "The Plot" by Jean Hanff Korelitz. Please speak with a librarian or email reference@clarklibrary.org if you need a copy.

Baby Bookworms

Tuesdays, January 24 & 31 at 10:00 a.m. Babies and toddlers are invited to listen to some books and learn some songs, rhymes, lap bounces, and fingerplays.

Nighty Night Storytime

Thursday, January 26 at 6:30 p.m.
Come in your PJs for our evening family storytime! Stories, and songs for children of all ages. Bring your favorite stuffed animal!

Stories & More

Friday, January 27 at 10:00 a.m.
Stories, movement, and songs followed by a simple craft for active listeners ages 3 -5 years old. Registration is required.

Little Bits Storytime

Sunday, January 29 at 2 p.m.

Join us on the weekend for a special afternoon storytime! Interactive stories, songs, and fun for children of all ages! Registration is required.

Take & Makes for Preschoolers - Adults

Each month we have a new take-home craft to pick up and make at your leisure. While supplies last, no registration.



SANTA VISITS CLARK





Photos by Township of Clark





On Sunday, November 27, Clark's holiday festivities continued for the children of Clark at Breakfast with Santa held at the Grand Centurions. This annual tradition finds Santa visiting children during one of three sessions held. As families dine on breakfast, children can make their way to Santa's ear to whisper their holiday wishes in his ear. "This breakfast has been a tradition throughout my administration," said Mayor Sal Bonaccorso. "It is great to see the smiles on the children's faces and watch families make special holiday memories together."





CLARK AMERICAN LEGION POST 328

On Sunday, December 11th, the Clark American Legion Post 328 held a Children's Christmas Party for children and grandchildren of veterans of the post. Refreshments of hot dogs, soda, and ice cream was served by volunteers. A balloon artist entertained with animal shaped balloons while a face painter decorated children's faces for Christmas. Each child was given a gift and a goodie bag. The American Legion has been hosting a special Christmas event for children for many years in hopes that all veterans and their families enjoy a merry Christmas.



(above) American Legion member Jack Doran, his grandson, Jack and Santa Claus share a moment at the Legion Children's Party on December 11th, 2022.

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ARTS INTEGRATION DAY AT CARL H. KUMPF MIDDLE SCHOOL

Clark Public Schools

Carl H. Kumpf Middle School in Clark recently celebrated their annual Arts Integration Day. Arts Integration helps students to use critical and creative thinking to gain a better understanding of the content being taught. According to EducationCloset.com, "Arts Integration is a research-based approach to teaching and learning that has proven results for the past 30 years. For schools that commit to using arts integration with integrity, the results are astounding. Schools that intentionally use arts integration find student achievement rises by 10% or more across the board." On Monday, November 7, all teachers in every subject area used visual and performing arts in their lessons.

Sixth-grade science teacher, Joe Rodrigues had his students use watercolors as an introduction to the weather unit. Students created a weather scene with themselves in it. Rodriguez said, "The activity was highly engaging and outside the normal realm of what traditional science tends to

be." Thomas Peitz, Kumpf's art teacher, was able to give watercolor technique demonstrations to the science class.

Suzanne Hamilton had her language arts students illustrate portions of a graphic novel based on the podcast The Unexplainable Disappearance of Mars Patel. They learned how to lay out their two-page spread as well as incorporate shot variety, narrative text, and graphic design.

"Our class had a fantastic time creating a vision of this audiobook and bringing it to life. It was a new and unique way to engage with literature."

Students in Mrs. Yetsko's seventh-grade honors language arts classes explored the concept of moods and memories created by color. Using paint swatches as inspiration, students wrote poems incorporating the color names, matching the mood of the color story.

As further inspiration, the class listened to a "colors" music playlist. Danielle Bihuniak,

eighth-grade science teacher, is currently teaching natural selection and used Black-out Poetry in her lessons. "The Black-out poetry served as a unique way for students to utilize their creativity while encouraging them to read critically and for detail."

Lauren Fernandes and the rest of the 6th-grade math team taught how to reduce fractions while exploring the art of Piet Mondrian. "Bringing the arts into the classroom allowed the students to think differently about the topics that we were learning in math. The students were able to write and simplify fractions, which was part of our fraction unit, and apply it to their Piet Mondrian illustration. Students were excited to use the skills and vocabulary that they learned in art class in their math class."

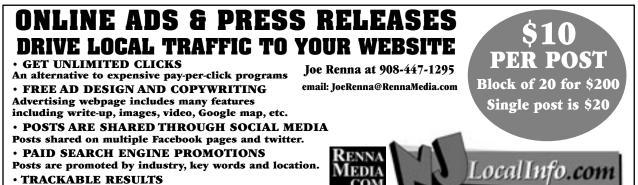
Brad Terhune and Chris Marcin, both art teachers from Arthur L. Johnson High School came to Kumpf to help all the teachers dive deeper into their lessons using art. Terhune remarks about the day, "It was wonderful to see the arts being used in such diverse ways; I believe this will not only expand students' experience, but also open their eyes to what art is and what it can be, and how it can be part of all of our lives."

Marcin states, "I really enjoyed collaborating with the middle school teachers and helping the students design some creative artwork. I am excited to see the final projects and look forward to working with these students when they attend high school."

One goal of incorporating the arts is to help the students learn non-arts subject material in a variety of ways that will increase student interest. Another goal is to help the teachers become more comfortable with using visual and performing arts in their lessons. Principal, Richard Delmonaco, states, "We are thrilled that the arts have become part of the daily routine in a good portion of our classes and this day was only a small sampling of what goes on all of the time."



(above) Brad Terhune (standing left) and Chris Marcin (standing right) work with Mrs. Yetsko's 7th Grade Language Arts class. Photo by Clark Public Schools





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