

# ROSELLE PARK MONTHLY

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## BOY SCOUTS VETERAN AWARDS GIVEN TO LOCAL VOLUNTEERS



(above, l-r) James Gordon, Dan Smith, Cat McCoy, Donald Chin, Joel Reed, Shawn McCoy, James McCoy and Brian McCoy

Courtesy photo

### Roselle Park BSA Troop

On October 3rd, eight individuals with a long history of volunteerism and leadership in Scouting received Veteran Awards. The BSA Veteran award recognizes individual members for tenure in Scouting. Veterans agree to live up to their Scouting obligations, make themselves available for service, and be active in promoting Scouting as circumstances permit. The recognition item is a lapel pin denoting the number of years of service and a certificate from Patriots Path Council.

Among the award recipients was James McCoy who received the 50 Year Veteran Award. Mr. McCoy started as a Cub Scout in Elizabeth, NJ in 1946 and continued to Boy Scout Troop 6 of Elizabeth, NJ, earning his Eagle Scout Rank at age 17 in 1957. James stayed on as an Adult Leader with Boy Scout Troop 6 of Elizabeth, NJ until 1967. Once his two sons, Brian and Shawn became Cub Scouts in 1986, he became Cubmaster of Cub Scout Pack 116 of Roselle Park, and then became Scoutmaster

of Troop 56 of Roselle Park from 1991 - 2018. He is still very much a part of Troop 56 offering his experience, advice, and direction to current leadership. James was also a past Order of the Arrow Arrowman.

Joel Reed received the 25 Year Veteran Award. Mr. Reed started as Assistant Cubmaster in Cub Scout Pack 116 of Roselle Park in 1998, became Assistant Scoutmaster in Boy Scout Troop 56 of Roselle Park in 2003, and has remained a committee member and an advisor for Troop 56. Joel was also a past Order of the Arrow Arrowman.

James Gordon and Dan Smith received the 15 year Veteran Award. Donald Chin, Shawn McCoy and Brian McCoy received the 10 year Veteran Award, and Cat McCoy received the 5 year Veteran Award.

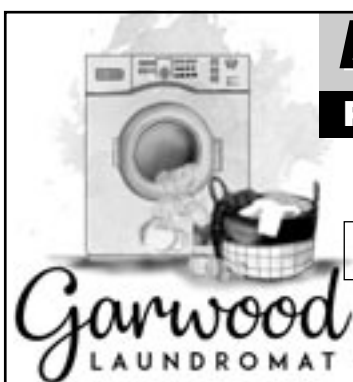
Recognition was also given to Percy LaRosa, Kat Smith, and Sue Chin for their significant contributions to the Troop and to Lisa Coppola for attending and photographing many Troop events. Troop 56 is always welcoming new members. To learn more about scouting in Roselle Park, visit [beascout.org](http://beascout.org).

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## UNION COUNTY'S GOT TALENT AT KEAN ON NOVEMBER 19

### ROSELLE PARK MONTHLY

Renna Media LLC, Publishers  
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Roselle Park Monthly is published by Renna Media. 5,600 newspapers are printed monthly and mailed to every business and resident in Roselle Park, NJ.

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Do you have a community service that you need help publicizing? Did you or someone you know accomplish something amazing? We are interested in hearing about your latest achievement (accomplishment, honor, award, etc.), send us your news!

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Roselle Park Monthly

Union County's Got Talent (UGT) is a major fundraising event that supports the Union High School Performing Arts Company and the Douglas Michael Krueger Scholarship Fund, both of which directly benefit the students of Union Township.

Union's Got Talent has been a major community success and, this year, we have gone county-wide.

Our contestants this year either live, work or attend school in Union County. We have 20 contestants from various towns in Union County.

The show, on November 19, 2022, will be

hosted by Kean University and will take place at Kean's Enlow Recital Hall.

Tickets are available only online at [unionsgottalent.org](http://unionsgottalent.org). Tickets will not be available at the venue. Enlow Hall is a small theater with only 300 available seats. We advise that patrons buy their tickets early.

This year, UHSPAC and the DMK Scholarship Fund will be partnering with the Township of Union's Cultural Arts Committee with sponsorship by Investors Bank, Union's Special Improvement District and BCB Bank to present UGT on Saturday, November 19, 2022.

## FAMILY SUPPORT GROUP – NOV. 15

Are you feeling stressed and alone in trying to cope with the effects of a loved one's mental illness?

NAMI of Union County's Family Support Group is for family members and caregivers of persons with mental illness.

The group is led by NAMI-trained facilitators and is a peer support group that allows participants to gain insight from others facing the same challenges.

Zoom sessions are held on the 3rd Tuesday of every month from 7 – 8:30 p.m.

To register, email Denise at:

[namiunioncounty@yahoo.com](mailto:namiunioncounty@yahoo.com)

with your name, town, and phone number.

## VOLUNTEERS NEEDED

The YWCA Union County is actively seeking volunteers. Crisis Response Team Volunteers are needed to work with local police departments that are providing options, advocacy, and emotional support to domestic violence survivors.

#### IF INTERESTED, THE FOLLOWING IS REQUESTED:

- Must be 18 years of age or older
- Evening or weekend availability a plus
- Bilingual a plus
- Must have driver's license and vehicle
- Experience working/volunteering with vulnerable & diverse populations a plus
- Free, 40-hour Domestic Violence Training
- Background check required

For more information - please contact Amanda Gonzalez, CRT Coordinator via email at: [amgonzalez@ywcaunioncounty.org](mailto:amgonzalez@ywcaunioncounty.org).

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1) APY = Annual Percentage Yield. Rates current as of October 17, 2022. Rates are subject to change without notice. Fees could reduce earnings on the account.  
2) Kickstart Savings is a blended rate tiered account with dividends paid on portions of your balance falling within designated tiers: \$0.00 - \$2,500.00: 4.07% APY; \$2,500.01 - \$5,000.00: 4.07% APY; \$5,000.01 - \$7,500.00: 4.07% - 3.04% APY; \$7,500.01 - \$10,000.00: 3.04% - 2.53% APY; \$10,000.01 and above: 2.53% - 0.03% APY. \$100 minimum balance to open. There is a \$100 minimum daily balance requirement to avoid a \$10 monthly maintenance fee. Limit of one Kickstart Savings account per tax identification number. 3) Ultra Savings is a blended rate tiered account with dividends paid on portions of your balance falling within designated tiers: \$0.00 - \$100,000.00: 2.68% APY; \$100,000.01 - \$250,000.00: 2.68% APY; \$250,000.01 - \$500,000.00: 2.68% APY; \$500,000.01 - \$1,000,000.00: 2.68% APY; \$1,000,000.01 - \$2,000,000.00: 2.68% - 1.34% APY; \$2,000,000.01 - \$5,000,000.00: 1.34% - 0.54% APY; \$5,000,000.01 and above: 0.54% - 0.27% APY. \$100,000 minimum balance to open. There is a \$100,000 minimum daily balance requirement to avoid a \$100 monthly maintenance fee. Limit of one Ultra Savings account per tax identification number. 4) Ultra Checking is a blended rate tiered account with dividends paid on portions of your balance falling within designated tiers: \$0.00 - \$1,000.00: 2.68% APY; \$1,000.01 - \$5,000.00: 2.68% APY; \$5,000.01 - \$10,000.00: 2.68% APY; \$10,000.01 - \$15,000.00: 2.68% - 1.78% APY; \$15,000.01 - \$25,000.00: 1.78% - 1.07% APY; \$25,000.01 - \$50,000: 1.07% - 0.54% APY; \$50,000.01 and above: 0.54% - 0.02% APY. \$1,000 minimum balance to open. There is a \$1,000 minimum daily balance requirement to avoid a \$15 monthly maintenance fee. Limit of one Ultra Checking account per tax identification number. 5) Based on rates posted to [www.BankRate.com](http://www.BankRate.com) on October 17, 2022.

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Trinitas Regional Medical Center is now part of the RWJBarnabas Health network. Together, we have a passion for heart health, starting with a full-service cardiac facility as well as facilities for the intensive nursing care of patients with cardiac disease, including our cardiac care unit, intermediate coronary care unit, cardiac catheterization lab, non-invasive cardiology services, full-service emergency department, and cardiac rehabilitation services. We also provide innovative, non-invasive and image-based coronary diagnostic testing. It's all part of our dedication to every heart in our community. **Learn more at [rwjbh.org/trinitasinfo](https://rwjbh.org/trinitasinfo)**

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## SCANDINAVIAN SHOPPING SPREE

After a 3 year delay because of the pandemic, Lodge Linne #429 VOA will once again be sponsoring their annual Import Sale on Saturday, November 19, 2022. The 42nd annual Scandinavian Import and Gift Sale will be held at Salt Brook School, 40 Maple St, New Providence, NJ (off Springfield Ave.). The sale will be open to the public between 10:00 a.m. and 3:00 p.m. and is handicapped accessible. Admission is free.

The sale will feature a variety of traditional holiday and everyday Scandinavian items made from silver, amber, wood, paper, wool, straw, and other materials. These gift and handicraft items are either manufactured in one of the Nordic countries or are designed in a Scandinavian style or motif and manufactured elsewhere.

Many of the traditional Scandinavian decorating items will be offered, including a large variety of elf-like tomten, Jul Bock or straw goats in many sizes, and many Christmas ornaments. Among paper items for sale will be a wide selection of advent calendars, including those filled with chocolate candy, Carl Larsson calendars, Christmas cards, and stationary. An assortment of table linens will be available including runner fabric by the yard for both Christmas and everyday use. For the home one will find trays, baking needs, aprons, knives, Danish wrought iron candleholders, and wooden candleholders for Christmas and general use. Personal items will include lovely sweaters from Dale of Norway for men and women in both cardigan and pullover styles. The jewelry department is selling necklaces, earrings, and pins.

We will be selling a large variety of Scandinavian baked goods, such as limpa bread, coffee braids, and pastries. Imported foods that will be sold are cheeses such as authentic Farmer's cheese, several types of herring, lingonberries, cloudberry, and various chocolates and marzipan. Scandinavian pastries will be served throughout the day. Drawings for door prizes will be held frequently during the day.

Lodge Linne #429 Vasa Order of America is a non-profit organization originally for individuals of Scandinavian descent. However, now membership has been opened up to people who are interested in Nordic heritage and culture. For further information about membership contact Vibeke (908-646-0425) or Judy (908-464-0139). The lodge meets on the third Friday of the month at Faith Lutheran Church, 524 South St., in New Providence.

Proceeds from the Import Sale benefit many organizations and charities such as First Aid Squads, Summit Speech School, Sage, Bling Foundation, a New Providence High School scholarship, and annually we sponsor a New Providence girls softball team.

Admission is free. Only checks and cash are accepted.

## FINAL MVC "AGENCY ON WHEELS" – NOV. 9

The Borough of Roselle Park will be closing out its MVC "Agency on Wheels" events for 2022 with its final event of the year on Wednesday, November 9. The MVC's Mobile Unit will be at Michael Mauri Gazebo Park (16 East Grant Avenue) from 10:00 a.m. to 2:00 p.m.

Since April, Roselle Park has hosted one "Agency on Wheels" event per month. Throughout this time the Borough has served over 325 residents. The MVC's "Agency on Wheels" offers a multitude of services, such as providing driver's licenses, REAL IDs, non-

driver identification cards, registrations, license plates, placards, and examination permits.

Attending residents must bring six (6) points of ID and a social security card in order to be served. Those without a social security card may bring a W2 from the past tax year (2020), a current pay stub, or a 1099 form.

Each date is limited to 40 customers, with an additional 10 customers to be placed on a standby list. Registration is required for attendance and can be completed online.

For questions, please contact the Casano Community Center at 908-245-0666.

## RARELY SEEN

PHOTOGRAPHS OF THE EXTRAORDINARY



SUPERCCELL STORM CLOUD

Photo by Marko Korosec, near Julesburg, Colorado

September 1 - November 23, 2022

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[galleries.kean.edu](http://galleries.kean.edu)

Exhibition by National Geographic Society





# RELIEF FROM CHRONIC KNEE PAIN

## FDA Approved Treatment to Avoid Surgery

### DON'T BLAME THE ARROW FOR MISSING THE TARGET

Just like tens of millions of other Americans, you were looking for relief from your chronic knee pain. You thought Viscosupplementation injections might be the answer, but the results were disappointing and painful. Don't assume the treatment wasn't right. That could very well be like blaming the arrow for its path to the target when the problem might be the archer. If you didn't get the pain relief you were hoping for, chances are your injection treatment was off target. Unlike blind injections or even ultrasound targeted treatments found elsewhere, **Northeast Spine & Wellness Center** uses diagnostic fluoroscopy to make sure the area that needs treated is the exact area where the injection goes. This is the most advanced method of delivering this pain relieving treatment with 95% accuracy to give you the results you're looking for. The use of Fluoroscopy guided injections sets **Northeast Spine & Wellness Center** apart. The end result is you living pain free from your chronic knee pain. You can avoid the lengthy and painful road of knee replacement surgery. You can avoid the endless trial and error assortment of potentially addictive prescription medications. This treatment, using fluoroscopy guided injections has seen a success rate of above 85% in those suffering from knee pain related to osteoarthritis, and that includes people with bone on bone involvement. You've suffered from chronic knee pain long enough. Call **Northeast Spine & Wellness Center** now for a RISK FREE consultation.



### If Knee Surgery Sounds Scary, It Should

Have you have been told you are facing knee replacement surgery? Have you been told about all the downsides you could be facing? First and foremost, there are NO guarantees that knee replacement surgery will be the answer to your pain, but let's look further:

- Surgery is costly, regardless of the percentage of services covered by insurance.
- Surgery requires lost time from work and typically requires a regimen of rehabilitation and medications.
- With surgery, there is always a risk for unwelcomed complications. And you could be back to where you started, or worse.
- Medications will be required for relief from surgery and you have been down that road before. Addictions to these pain medications can cause potential side effects, something you do not want to experience.
- Rehabilitation can take years.

### Consider This Alternative To Surgery

**Northeast Spine & Wellness Center** offers you a real opportunity and a painless way to say goodbye to your knee pain without any surgery. Here are just a few of the important benefits you should consider?

- Diagnostic fluoroscopy accurately targets the pain, unlike blind injections.
- Guided fluoroscopic injections are virtually pain free, unlike blind injections.
- No lost time from work or family.
- No expensive or time consuming rehabilitation.
- No potentially addictive prescription medications.
- Recovery time is almost instant, not months or years.

### How Does This New Treatment Work?

Relief begins almost as fast as it takes to pronounce the treatment. It's called Viscosupplementation Therapy. To begin with, it starts with **Northeast Spine & Wellness Center** investing in the use of diagnostic fluoroscopy. This enables them to target the exact location of your knee pain with pinpoint accuracy. What follows is a simple injection that causes little to no pain, especially when compared to what you may be living with daily. That explains what you will see on the surface of this revolutionary treatment. What's taking place below the surface is how and where the natural healing process takes place. The injection of a Hyaluronic acid called Hyalgan. This gel-like substance was approved by the FDA in 1996. Hyalgan is a natural substance that mimics the synovial fluid that is already produced by your body in your joints. Osteoarthritis sufferers in particular see a reduction in this much needed synovial fluid in their knee joints. Without that cushioning layer of protection, the cartilage in your knee can begin to wear away leading to the rubbing of bone on bone. Through Viscosupplementation Therapy, this natural substance immediately goes to work reducing the swelling and inflammation in the joint and adding a coating layer of protection. Think about Dorothy taking the oil can to The Tin Man. You'll begin to feel that same kind of relief and quite possibly feel like you're ready for a dance down the yellow brick road to recovery yourself. And with a success rate of over 85% in alleviating pain associated with osteoarthritis, it's easy to see why this treatment is so readily covered by Medicare and by most major insurance providers. Diagnostic fluoroscopy to target the pain. Viscosupplementation Therapy to relieve the pain. Simple, fast and no surgery!

### Do you Suffer from any of these Symptoms?

There are a number of reasons why you developed Osteoarthritis pain. It can develop with age or because of heredity. It could be from repetitive stress from a job or some glory days in athletics. Of course your concern is with the symptoms you face daily and how to make them end, hopefully without surgery or the use of potentially addictive medications. **Northeast Spine & Wellness Center** understands the symptoms you have been living with and can help. If you have any of the symptoms below, please call us today. Relief is a phone call away.

- **Pain** - Whether it's a sharp aching or maybe a burning sensation, the pain can range from irritating to debilitating.
- **Swelling** - This can cause tenderness and soreness to the entire knee area, making walking or going up and down stairs painful, getting in and out of bed or bathtubs difficult and dangerous just name a few activities affected by swelling.
- **Stiffness** - Getting up out of bed or after sitting for a period of time gets more and more difficult. This loss of mobility can be more than a hindrance. It can be dangerous if you need to move quickly.
- **Loss of muscle strength** - This can lead to balance issues and the strong possibility of falling.
- **Joint deformity** - Not just unsightly, but painful as well.
- **Creaking Joints** - Can be painful and a sign of more discomfort to come.
- **Sleepless nights** - Losing sleep over your suffering is not just irritating, but potentially dangerous because of so many other health concerns that can be affected by loss of sound sleep.

### Let Me Show You Targeted Relief From Your Knee Pain

Every day, I see patients suffering from knee pain due to arthritis, osteoarthritis, sports injuries or other conditions. Many have been told that they are in need of knee replacement surgery. Other patients say they have been prescribed various prescription medications to deal with the pain.

Something else I see almost every day, are patients that have tried viscosupplementation knee injections elsewhere and found it to be a painful and ineffective experience because the injections were not administered using fluoroscopic guidance. Instead of using the incredibly accurate diagnostic fluoroscopy we use at **Northeast Spine & Wellness Center** these patients experienced a blind injection technique, which can be as inaccurate as playing pin the tail on the donkey.

Once I am able to explain to my patients about the pin point accuracy of using diagnostic fluoroscopy and the amazing results viscosupplementation can provide, they are thrilled to get started. They are even more thrilled when they feel the relief. Please contact **Northeast Spine & Wellness Center** today to schedule your RISK FREE consultation.

Call 732-827-0800

Scot Paris MD, FACS



### Here's what our patients have to say

"I'm dancing without pain. I can move with no problem whatsoever. I can go up and down steps with no pain."

- Patricia G.

"Over 85% relief for the first time in 15 years, suffering with knee pain. My life is getting back to normal."

- Perry O.

"After only four visits, I have absolutely no pain! The staff is "top-notch."

- Quenton L.

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## VETERANS DAY REMEMBRANCE SERVICE

The Borough of Roselle Park will be holding its annual Veterans Day Remembrance Service on Friday, November 11, 2022 at Roselle Park Veterans Memorial Library (404 Chestnut Street) at 11:00 a.m.

This service will honor all veterans, living or deceased, who served in the United States Armed Forces. Current service members with any length of military service that is active duty, reserve component, or National Guard with any U.S. military brand are encouraged to attend.

Free bus transportation will be available for senior citizens who wish to attend. For more information, please contact the Casano Community Center at 908-245-0666.

## FOOD PANTRY CALL FOR DONATIONS

The Casano Center Food Pantry is currently in need of non-perishable food donations. Please consider helping members of our Roselle Park community by donating any of the following:

- Peanut butter
- Pasta (most prefer "whole grain")
- Canned meat (SPAM and ham)
- Canned vegetables
- Canned chicken
- Canned fish (Tuna and Salmon)
- Canned fruit
- Canned beans and lentils
- Rice (most prefer "brown")
- Nuts
- Pasta sauce (alfredo, pesto, or shelf-stable bolognese or marinara)
- Granola bars
- Powdered milk
- Whole-grain cereal
- Applesauce
- Crackers
- Cooking oil (olive and canola)
- Instant mashed potatoes
- Soup
- Stew and chili
- Meals in a box
- Dried herbs
- Spices

Donations are highly appreciated and may be dropped off any time from 10 a.m. to 8 p.m., Monday to Friday, at 314 Chestnut St. Thank you in advance to those helping our residents in need!



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## RAHWAY'S FALL FISHING FLEA MARKET NOV. 19

The Rahway Fall Fishing Flea Market will be held on Saturday, November 19th, 2022, from 9 a.m. to 2 p.m., at St. Thomas Church Hall, 1400 St. Georges Ave., Rahway, NJ. A wide variety of salt and fresh water fishing tackle will be on display for anglers looking for great buys.

New, used, antique, custom fishing and boating items will be available to all. Door prizes will be given away every half hour which include rods, reels, tackle and much more. Food and refreshments are sponsored by St. Thomas Holy Name Society. Admission price is \$5 per adult, children 12 and under are free. For show or vendor information visit [fishingfleamarkets.com](http://fishingfleamarkets.com) or call 732-381-2165.

## CITY OF RAHWAY HOLIDAY EVENTS

Looking for the perfect place to begin your holiday shopping and celebrations? The City of Rahway is the ultimate holiday destination. The City is hosting a multitude of family friendly events and activities all season long. Beginning on Friday, November 25th, Rahway's Annual Tree Lighting and Winter Wonderland series will take place downtown. This fun event will feature bounce houses, live performances, ice sculptors, fire pits, pictures with Santa, and so much more. Cannot attend this event? No problem! Winter Wonderland is also offering two pop-up style events on December 2nd and December 16th.

For more information, please visit: [www.cityofrahway.com/winterwonderland](http://www.cityofrahway.com/winterwonderland).

The holiday extravaganza continues on

Saturday, November 26th, when the City kicks off Small Business Saturday which will feature various shopping specials, raffles, and giveaways. This a great opportunity to check out the unique retail shops, talented local artists and crafters, and multicultural dining that Rahway has to offer. For a complete list of the shopping, dining, and entertainment options that the city offers, please visit [rahwayishappening.com](http://rahwayishappening.com).

The holiday spirit is in full swing in the City of Rahway, you will not want to miss it. To learn more about upcoming events, follow the City of Rahway on social media

@CityofRahway

and [facebook.com/CityOfRahwayNJ](https://www.facebook.com/CityOfRahwayNJ)

or visit our websites, [cityofrahway.com](http://cityofrahway.com) and [rahwayishappening.com](http://rahwayishappening.com).

**RAHWAY'S**  
**FISHING FLEA MARKET**  
**SATURDAY, NOV 19, 2022**  
9 am to 2 pm  
**ST. THOMAS CHURCH HALL**  
1400 St. Georges Ave, Rahway NJ  
\*Door Prizes Every Half Hour\*  
Food and Refreshments, New-Used-Antique  
\*Tackle Store Blowouts\*  
"Bluegills to Bluefins"  
Fishing and Boating Items  
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Email: [info@fishingfleamarkets.com](mailto:info@fishingfleamarkets.com)



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MAYOR RAYMOND A. GIACOBBE AND THE RAHWAY CITY COUNCIL

**RAHWAY  
IS YOUR  
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07065

**Experience our local Rahway Shopping, Dining and Events  
during the Holiday Season 2022!**

Rahway is home to a diverse small business community, with unique retail shops, talented local artists and crafters, multicultural dining, and seasonal holiday events for the whole family! It's the perfect place to begin the celebration and start your holiday shopping. For the most up-to-date information, please visit us at [cityofrahway.com](http://cityofrahway.com).



The City will kick-off the 2022 holiday shopping season with specials, raffles and giveaways starting on **Small Business Saturday Nov. 26, 2022!**

**JOIN US**

Visit [rahwayishappening.com/shoplocal](http://rahwayishappening.com/shoplocal) to explore the unique shopping, dining and entertainment that Rahway has to offer!



**RAHWAY  
WINTER  
WONDERLAND**  
POP-UP SERIES 2022

Friday 12/2  
Friday 12/16  
4pm - 7pm

**LOCATIONS:**  
Arts District Park, Train Station, E. Cherry Street

Pictures with Santa and the Grinch, Live Performances, Hot Chocolate, Giveaways, Strolling Characters, and more!


Visit [cityofrahway.com/winterwonderland](http://cityofrahway.com/winterwonderland) to find out more about our upcoming events planned for this Holiday Season!




1 City Hall Plaza, Rahway, NJ 07065  
[cityofrahway.com](http://cityofrahway.com)  
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Rahway is community!



Call Today for a Free Estimate!  855.624.6655



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## NOVEMBER EVENTS ROSELLE PARK VETERANS MEMORIAL LIBRARY

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### ADULT PROGRAMS

#### Spanish Conversations

Tuesdays 6:30 PM

Practice your Spanish speaking skills with casual conversation, relaxed and informal.

#### Knitting Club

Wednesdays 1:00 - 3:00 PM

Knit and crochet winter hats and scarves to donate for the winter season. Basic help for beginners available.

#### ESL For Adults

Thursdays 11:00 AM - 12:00 PM

Come and practice your conversational English skills.

#### Quilting Club

2nd + 4th Thursdays 1:00 - 3:00 PM

Try out new quilting patterns with friends.

#### ESL For Adults

Thursdays 6:00pm- 7:00 PM

Learn ESL with Professor D'arpa.

#### Tech Help

Monday-Friday 9:00am-5:00 PM

Available in Spanish or English. Appointments available, walk-ins welcome.

### LIBRARY EVENTS & SERVICES

#### Board meeting

Wednesday November 16th 7:00 PM

#### Notary Services

Monday through Thursday

@ 10:00 AM - 2:00 PM

Fax, Copy, Print, & Scan Services: Available during library hours. Free WIFI

### FAMILY EVENTS

#### Family Movie Night

Monday 11/28 5:30 PM

Bring the family and join us for a snack and movie in our program room.

#### Lego Club

Saturdays 11:00AM-1:00 PM

Use the library's LEGO bricks to build your own creations. Check the calendar for dates.

### TOT PROGRAMS (AGES 0-5)

#### Rhymes & Rhythms

Tuesdays 11:00 AM

Expand your child's early numeracy and literacy skills through stories and songs.

#### Sensory Sprouts

Wednesdays 11:00 AM

Enrich your toddler's sense through tactile learning.

#### Pajama Story Time

Thursdays 6:30 PM

Bring your favorite stuffed animal, wear your pajamas and join Miss Maria for a cozy bedtime story.

#### Let's Pretend! Storytime/Playgroup

Friday 11:00 AM

Explore stories, gain social skills, and learn preschool basics with Miss Faith.

\*\*\*Registration strongly encouraged. Limited spots available for programs marked with \*\*\*  
Visit the circulation desk or call to register.

### KIDS PROGRAMS (AGE 5-11)

#### \*\*\*Young Explorers

Alternating Mondays 4:00 PM

Join Miss Faith as we explore books through stories, activities, crafts, and experiments.

#### \*\*\*Art Club

Alternating Mondays 4:00 PM

Join Miss Faith to unwind after school with a seasonal art or craft project.

#### Block Party

Wednesday 3:30 PM

Your imagination is unlimited as you build and construct with our Legos, magnet tiles, classic wooden blocks and more. All ages welcome.

### TWEENS & TEENS PROGRAMS (AGES 12+) \*\*\*CHILL SPACE

Tuesdays 3:45 PM

Teens & Tweens are invited to join us, in the program room to hang out with friends, and spend time chatting about our favorite books, games, music and current events.

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## HELP US SAVE VETS!

Michael Boll, Director New Jersey Veterans Network

For the last five years the New Jersey Veterans Network (NJVN) has been working tirelessly to combat veteran's suicide with our mobile outreach and recreational programs. The NJVN volunteers aggressively seek out veterans in need and provide them with life changing and saving resources. Every day we encounter veterans in need, and some are in desperate need of the proper assistance to live a better way of life.

To accomplish this, our charity has joined forces with the NJ VFW. We work together on numerous outreach events that are dedicated to help veterans and their families. Also, we built relationships with the NJ National Guard, NJ American Legion, NJ SOS Stakeholders, Catholic Charities, NJ RWB, Backpacks For Life, Rebuilding Warriors, NJ Elks, Branchburg Rotary Club, and many other organizations. These partnerships are vital to help our veterans, and we are extremely lucky to have so many

dedicated organizations putting veterans first.

What makes the NJVN different is that we are able to provide veterans various services because of our strong network. Our Team is comprised of people from all over the state with different skillsets and this gives us an edge when it comes to helping veterans with their unique needs. Through the NJVN veterans have access to volunteers from all different professions, like lawyers, mechanics, service officers and physical therapists. Our volunteers do their very best to help assist veterans and their family members. We are the unit or detachment that provides the veteran a new purpose and empowers them to help others. We believe "Paying it Forward" is the best way to help veterans get in a better place and motivates them to live a better way of life.

In the last few years, our team has fed thousands of active-duty National Guardsmen and disabled veterans living in shelters and

nursing Homes. We have been able to donate nearly 30 refurbished and new vehicles to veterans in need. Also, we have been able to give thousands of veterans new suits, clothing and toiletries. But the most important thing our team does is, "SAVE LIVES". We are able to this because we love our veterans and provide them with in person human contact and stay with them throughout the process.

The American volunteer has always been there first for every crisis or disaster and our team is extremely fortunate to have the best group of men and women, who are willing to put their egos aside and focus on helping our veterans live the best life possible. The team is always looking for volunteers to help us with our mission. If you are interested in joining the team, please send me your name, email, and phone number via email NJVN1775@gmail.com. Help us save Vets!!

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## BOWLING TEAM HONORED

Our 2022 NJSIAA Group 1 State Champions Bowling Team was honored during halftime of the Roselle Park High School Football game on Friday, October 7. A ring ceremony was held

commemorating their amazing 2022 Bowling Season. Pictured are Coach Doug Metzger, Coach Vince Fucci, David Bromirski, Ryan Marino, Justin Llizo, Tyler Monaco, Derek

Wenskoski, Owen Miller, Kary Donnelly, Caitlyn Nicol, Brian Murray, Alex Ley, and David Newhart. Not pictured are Michael Martins and Mia.



Photo by Roselle Park Public Schools



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## SHINING STARS "CHRISTMAS SPECTACULAR" – DEC. 9

Celebrate the holiday season when the Shining Stars take the stage for their 2022 "Christmas Spectacular" set for Friday, December 9 at 7:00 p.m. The show will take place on the main stage at the historic Union County Arts Center in Rahway as this talented cast sings and dances to many of your holiday favorites.

With many cast members from all over Union County and beyond, Shining Stars Network has been producing live programming for the special needs community for ten years.

This year's Christmas Spectacular marks the return of the Shining Stars to one of the most beautiful theaters in New Jersey and will feature 35 special needs cast members and their volunteer buddies from local high schools, who serve as mentors to the cast during rehearsals.

Two previous Shining Stars shows at UCPAC



(above) The Shining Stars will take the stage for their 2022 "Christmas Spectacular" on Friday, December 9 at 7:00 p.m.

drew more than 1,000 audience members for each performance, and already, the buzz is building in the community.

"We're so excited to ring in the holiday season," noted Shining Stars Network co-founder and President Mike Curci. "Our stars are ready to share their smiles, energy and amazing talents with everyone. This will be a great way to cap off our 10th anniversary celebration."

"We strongly believe in creating an inclusive environment for our cast, and our buddies are an integral part of the Shining Stars experience," noted Shining Stars co-founder and director Sally Curci. "We are so excited to bring a new show to the stage and cannot wait to connect with our incredible audience again to celebrate the holiday season."

Shining Stars Network is wrapping up a big year, which included their annual "Evening of Shining Stars" Spring Show, Summer Performing Arts Workshop, and their successful Paper Mill Playhouse debut performing in front of a sold-out

audience at the Paper Mill Brook Side Cabaret.

"Shining Stars Network is not only about performing, but more importantly we're about building self-confidence and self-esteem," said Shining Stars co-director Nicole Greene. "Our cast members are not only talented, but inspire us every day, and we are all very excited about taking the stage again to share another magical night with the audience."

Tickets are on sale now at UCPAC.org. For groups of 10 or more, email shiningstarsnetwork@gmail.com.

The night will also feature a Tricky Tray and 50/50 raffle. Doors will open at 6:00 p.m.

Shining Stars Network is a 501(c)3 not-for-profit organization based in Cranford, N.J. that offers opportunities in the performing arts for the special needs community.

Plans for the 2023 season include their 2nd "Reach for the Stars" Gale, set for March 14 at the elegant Park Chateau Estate & Gardens in East Brunswick.

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### SALEM ROADHOUSE CAFÉ

This Month - Gospel Blues featuring....

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**DOORS OPEN AT 7:30 PM ADMISSION: \$20.00 STUDENTS \$15.00**

Admission includes snacks, beverages, tea, coffee & desserts



The latest release from Robert Hill & Joanne Lediger, who have been performing and touring together for fifteen years, is titled *Revelation*. For the project, vocalist Joanne Lediger and partner Robert Hill - on guitar, vocals, harp and keys, are joined by: Paulina Hill, Robert's daughter, on vocals; Steve Gelfand on bass; Frank Pagano on drums and percussion; and Ed Alstrom on Hammond B3 organ. Of the disc's eleven traditional Gospel Blues tracks, four are Robert Hill originals. Robert's CD has achieved acclaim in a very short time, reaching #1&2 on the Top 50 Gospel Blues Song Chart; # 5 on the Top 50 Blues Album Chart, and #2 on the New York Album Chart, among other top rated charts.

2022 Show proceeds will benefit  
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## REUSABLE WATER BOTTLES DISTRIBUTED

The Borough of Roselle Park distributed nearly 2,000 reusable water bottles throughout the Roselle Park School District on Friday, October 7. All elementary schools, Roselle Park Middle School, and Roselle Park High School received water bottles to use during school and all year-round.

This donation comes as part of an initiative to guide Roselle Park's children and families towards a more sustainable and environmentally friendly lifestyle. In attendance to help distribute water bottles were Mayor Joe Signorello, Council President Joe Petrosky, Councilman At Large Joe Signorello Jr., and Councilman Jay Robaina.

Roselle Park's Clean Communities Coordinator, Rupen Shah, has been looking forward to this. "As the Borough's Clean Communities Coordinator, I take a lot of pride in organizing these initiatives for our residents," he said. "Distributing these water bottles throughout the school district was no easy task, so I thank everyone involved in making this possible. Together we can create a better, more sustainable future for Roselle Park!"



*(above) Robert Gordon School*



*(above) Middle School*



*(above) Aldene School*





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4 Units	3.25" x 8" or 6.5" x 4"	\$180	\$450	\$700	\$900	\$1100	\$1300	\$1500	\$1700	\$1900
6 Units	6.5" x 6.25" or 10" x 4"	\$240	\$600	\$900	\$1200	\$1400	\$1600	\$1800	\$2000	\$2200
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# MILITARY FAMILY MONTH THANKS AND SUPPORTS LOCAL FAMILIES

*The Gateway Family YMCA helps families of military personnel maintain health and well-being while their loved ones serve our country*

Since its inception in 1996, YMCAs have celebrated Military Family Month, providing Americans the opportunity to recognize the dedication, sacrifice, and service of military personnel and their families. Throughout the year, and especially this November, The Gateway Family YMCA supports military families with programs and initiatives that improve their well-being and provide opportunities to connect with other families waiting at home.

“Military families have unique needs when a loved one is away from home,” said Melynda A. Disla, EVP/COO, The Gateway Family YMCA. “Whether it’s providing a place where kids can make friends and have a sense of belonging or providing a place for adults to meet health goals, the Y is here and able to help.”

The Gateway Family YMCA offers YMCA family memberships through the national Military Outreach Initiative. Since 2008, the Military Outreach Initiative has provided more than 82,000 Y memberships to military members and their families nationwide. Here in Eastern Union County and Northern Middlesex County, The Gateway Family YMCA supports active duty military members and their families every day with programs to support all.

“Since moving to Elizabeth, my entire family has been a Y member due to the Army’s relationship with the YMCA. My membership

is free and my family gets to use the Y as part of the Military Outreach Program. My wife uses the gym daily and takes advantage of the spin and Zumba classes, and my daughter participates in swimming and dance classes,” stated Brian, YMCA member and active duty military.

“My YMCA membership has allowed me to stay active and healthy,” added Clara, YMCA Member and military spouse. “More importantly, it has helped me cope during the stressful times that all military families go through.”

The Gateway Family YMCA is a leading 501(c)(3) non-profit, health and community service organization committed to strengthening community by connecting all people to their potential, purpose and each other. Working locally, the Y focuses on empowering young people, improving health and well-being, and inspiring action in and across communities. By bringing together people from different backgrounds, perspectives and generations, the Y ensures that all have access to the opportunities, relationships and resources necessary to learn, grow and thrive.

First established by the Armed Services YMCA (ASYMCA) and recognized by the U.S. government ever since, Military Family Month recognizes the dedication and service of military personnel and their families.

To learn more about the Y and programming that supports military families, visit [tgfymca.org](http://tgfymca.org) or contact the Elizabeth Branch 908-355-9622, Five Points Branch 908-688-9622, Rahway Branch 732-388-0057 or the Wellness Center Branch 908-349-9622.



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