

ROSELLE PARK MONTHLY

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PACK 56 PARTICIPATES IN SCOUTING FOR FOOD DRIVE

Submitted by Lisa Coppola

In 1988, the Boy Scouts of America launched the Scouting for Food community service initiative. On Nov 12th, 2022, the Roselle Park Cub Scouts of Pack 56 participated in this national food drive and was able to collect non-perishable food donations from the residents of Roselle Park. Scouts and parents alike helped to sort and organize all the donations which will help stock the shelves of the Casano Community Center Food Pantry.

The Casano Community Center, located at 314 Chestnut Street, accepts non-perishable food donations year round which can be dropped off during their normal business hours, Monday through Friday from 10 a.m. – 8 p.m. The food pantry helps local residents in times of need, especially during the Holidays. For more information, contact the Center at 908-245-0666.



Courtesy photos



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PEREZ TWINS TAKE THE LEAD WITH A PASSION PROJECT

Roselle Park public schools

The Perez twins Dailen and Delani, Roselle Park middle school siblings, help build bridges to learning in the most unique places. Together they find laundromats in cities that will allow them the opportunity to set up a learning corner.

Their "Learning at the Laundromat" initiative has taken off. Most items are donated and then they plan, schedule a day to visit the laundromat, clear the space, organize furniture, and set up books and educational toys. Their efforts create a space where all can learn while parents are washing.



(above) Children enjoying the learning space

"My parents always say that learning can happen anywhere, so this is why we decided to launch this project," said Dailen. Delani chimes in and says, "We see how different schools, cities, and people have different access points to education. I feel like my brother and I are doing our part."

Dailen and Delani reach out to inner-city laundromat owners interested in having a learning space for their clientele. They plan to continue the project as long as laundromat owners keep reaching out to them. If you are interested reach out to rplearninglab@gmail.com.



(above) Dailen and Delani Perez with laundromat owner Eva Malicia

Courtesy photos

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Craft & food vendors • Beer garden • Ice Skating
FREE family portraits with Santa & Mrs. Claus

Live performances from the Roselle Park School District Choir & Roselle Park High School Marching Band

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For more information, please contact the Casano Community Center at (908) 245-0666.

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| <ul style="list-style-type: none"> • Annual Christmas Tree Lighting Ceremony • Free kids activities • Craft and food vendors • Beer garden • Ice skating rink • Free family portraits with Santa & Mrs. Claus | <ul style="list-style-type: none"> • Craft and food vendors • Beer garden • Free kids activities & mechanical rides • Boy Scouts & Girl Scouts tables |
| Featuring live performances from the Roselle Park School District Choir and the Roselle Park High School Marching Band | Featuring live performances from local artists every hour starting at 3 p.m. |

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The Borough of Roselle Park's 4th Annual

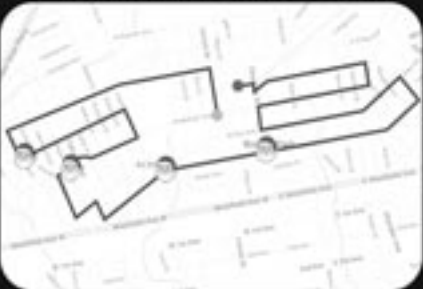
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SUNDAY, DECEMBER 18TH @ 7PM



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Left onto W. Lincoln Avenue, e/b,
Right onto Laurel Avenue, s/b,
Right onto W. Webster Avenue, w/b,
Left onto Amsterdam Avenue, s/b,
Left onto Seaton Avenue, e/b,
Right onto Faltoute Avenue, s/b,
Left onto W. Clay Avenue, e/b,
Slight Right onto W. Grant Avenue, still e/b,
Brief pause at Michael Mauri Gazebo Park
Left onto Bender Avenue, n/b,
Left onto E. Clay Avenue, w/b,
Right onto Chestnut Street, n/b,
Right onto E. Webster Avenue, e/b,
Left onto Sherman Avenue, n/b,
Left onto E. Lincoln Avenue, w/b,
Right onto Chestnut Street, n/b,
Left onto W. Lincoln Avenue w/b
Left into the train station lot to end off and disperse.



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PHILLIPS 66 REFINERY DONATION OFFSETS TECHNOLOGY UPGRADES

Phillips 66 Bayway Refinery recently made a monetary donation to the Borough of Roselle Park to offset the cost of technology upgrades at the Casano Community Center. This donation was facilitated by the outreach of Roselle Park Councilman Jay Robaina and was put towards the purchase of six new Chromebase desktop computers for primary use by the Borough's seniors.

Through this generous donation, the seniors at the Casano Community Center now have access to even faster processors and touchscreen technology, both of which make navigating the web much more convenient and accessible. Phillip 66's commitment to Roselle Park's community, specifically its seniors, does not go unnoticed.

"Our company, Phillips 66 Bayway Refinery located in Linden, NJ, takes pride in supporting the communities that surround our business operations. Our company values are safety, honor and commitment, and they guide our actions in everything we do. We are pleased to provide the needed computers to the Borough of Roselle Park Senior Community Center and hope they will

help the residents continue to learn, grow, and continue as active members of the community," stated Nancy Sadlon, Manager of Public Affairs at Phillips 66 Bayway Refinery.

"This particular donation to the Borough of Roselle Park Senior Center is extra special knowing it will benefit seniors who have a strong history with our Bayway Refinery – some who worked here personally or know family or friends

that historically were part of the incredible workforce," added Mary Phillips, Community Outreach Coordinator for Phillips 66 Bayway Refinery.

"We are very grateful for Phillips 66 Bayway Refinery's generous donation," stated Rupen Shah, Director of the Casano Community Center. "The seniors at our center are incredibly excited to have this new resource available to them."



(above, l-r) Pictured are Councilman Jay Robaina, Nancy Sadlon of Phillips 66 Bayway Refinery, Mayor Joseph Signorello III, Mary Phillips of Phillips 66 Bayway Refinery, and Director Rupen Shah.

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FDA Approved Treatment to Avoid Surgery

DON'T BLAME THE ARROW FOR MISSING THE TARGET

Just like tens of millions of other Americans, you were looking for relief from your chronic knee pain. You thought Viscosupplementation injections might be the answer, but the results were disappointing and painful. Don't assume the treatment wasn't right. That could very well be like blaming the arrow for its path to the target when the problem might be the archer. If you didn't get the pain relief you were hoping for, chances are your injection treatment was off target. Unlike blind injections or even ultrasound targeted treatments found elsewhere, **Northeast Spine & Wellness Center** uses diagnostic fluoroscopy to make sure the area that needs treated is the exact area where the injection goes. This is the most advanced method of delivering this pain relieving treatment with 95% accuracy to give you the results you're looking for. The use of Fluoroscopy guided injections sets **Northeast Spine & Wellness Center** apart. The end result is you living pain free from your chronic knee pain. You can avoid the lengthy and painful road of knee replacement surgery. You can avoid the endless trial and error assortment of potentially addictive prescription medications. This treatment, using fluoroscopy guided injections has seen a success rate of above 85% in those suffering from knee pain related to osteoarthritis, and that includes people with bone on bone involvement. You've suffered from chronic knee pain long enough. Call **Northeast Spine & Wellness Center** now for a RISK FREE consultation.



If Knee Surgery Sounds Scary, It Should

Have you have been told you are facing knee replacement surgery? Have you been told about all the downsides you could be facing? First and foremost, there are NO guarantees that knee replacement surgery will be the answer to your pain, but let's look further:

- Surgery is costly, regardless of the percentage of services covered by insurance.
- Surgery requires lost time from work and typically requires a regimen of rehabilitation and medications.
- With surgery, there is always a risk for unwelcomed complications. And you could be back to where you started, or worse.
- Medications will be required for relief from surgery and you have been down that road before. Addictions to these pain medications can cause potential side effects, something you do not want to experience.
- Rehabilitation can take years.

Consider This Alternative To Surgery

Northeast Spine & Wellness Center offers you a real opportunity and a painless way to say goodbye to your knee pain without any surgery. Here are just a few of the important benefits you should consider?

- Diagnostic fluoroscopy accurately targets the pain, unlike blind injections.
- Guided fluoroscopic injections are virtually pain free, unlike blind injections.
- No lost time from work or family.
- No expensive or time consuming rehabilitation.
- No potentially addictive prescription medications.
- Recovery time is almost instant, not months or years.

How Does This New Treatment Work?

Relief begins almost as fast as it takes to pronounce the treatment. It's called Viscosupplementation Therapy. To begin with, it starts with **Northeast Spine & Wellness Center** investing in the use of diagnostic fluoroscopy. This enables them to target the exact location of your knee pain with pinpoint accuracy. What follows is a simple injection that causes little to no pain, especially when compared to what you may be living with daily. That explains what you will see on the surface of this revolutionary treatment. What's taking place below the surface is how and where the natural healing process takes place. The injection of a Hyaluronic acid called Hyalgan. This gel-like substance was approved by the FDA in 1996. Hyalgan is a natural substance that mimics the synovial fluid that is already produced by your body in your joints. Osteoarthritis sufferers in particular see a reduction in this much needed synovial fluid in their knee joints. Without that cushioning layer of protection, the cartilage in your knee can begin to wear away leading to the rubbing of bone on bone. Through Viscosupplementation Therapy, this natural substance immediately goes to work reducing the swelling and inflammation in the joint and adding a coating layer of protection. Think about Dorothy taking the oil can to The Tin Man. You'll begin to feel that same kind of relief and quite possibly feel like you're ready for a dance down the yellow brick road to recovery yourself. And with a success rate of over 85% in alleviating pain associated with osteoarthritis, it's easy to see why this treatment is so readily covered by Medicare and by most major insurance providers. Diagnostic fluoroscopy to target the pain. Viscosupplementation Therapy to relieve the pain. Simple, fast and no surgery!

Do you Suffer from any of these Symptoms?

There are a number of reasons why you developed Osteoarthritis pain. It can develop with age or because of heredity. It could be from repetitive stress from a job or some glory days in athletics. Of course your concern is with the symptoms you face daily and how to make them end, hopefully without surgery or the use of potentially addictive medications. **Northeast Spine & Wellness Center** understands the symptoms you have been living with and can help. If you have any of the symptoms below, please call us today. Relief is a phone call away.

- **Pain** - Whether it's a sharp aching or maybe a burning sensation, the pain can range from irritating to debilitating.
- **Swelling** - This can cause tenderness and soreness to the entire knee area, making walking or going up and down stairs painful, getting in and out of bed or bathtubs difficult and dangerous just name a few activities affected by swelling.
- **Stiffness** - Getting up out of bed or after sitting for a period of time gets more and more difficult. This loss of mobility can be more than a hindrance. It can be dangerous if you need to move quickly.
- **Loss of muscle strength** - This can lead to balance issues and the strong possibility of falling.
- **Joint deformity** - Not just unsightly, but painful as well.
- **Creaking Joints** - Can be painful and a sign of more discomfort to come.
- **Sleepless nights** - Losing sleep over your suffering is not just irritating, but potentially dangerous because of so many other health concerns that can be affected by loss of sound sleep.

Let Me Show You Targeted Relief From Your Knee Pain

Every day, I see patients suffering from knee pain due to arthritis, osteoarthritis, sports injuries or other conditions. Many have been told that they are in need of knee replacement surgery. Other patients say they have been prescribed various prescription medications to deal with the pain.

Something else I see almost every day, are patients that have tried viscosupplementation knee injections elsewhere and found it to be a painful and ineffective experience because the injections were not administered using fluoroscopic guidance. Instead of using the incredibly accurate diagnostic fluoroscopy we use at **Northeast Spine & Wellness Center** these patients experienced a blind injection technique, which can be as inaccurate as playing pin the tail on the donkey.

Once I am able to explain to my patients about the pin point accuracy of using diagnostic fluoroscopy and the amazing results viscosupplementation can provide, they are thrilled to get started. They are even more thrilled when they feel the relief. Please contact **Northeast Spine & Wellness Center** today to schedule your RISK FREE consultation.

Call 732-827-0800 **Scot Paris MD, FACS**



Here's what our patients have to say

"I'm dancing without pain. I can move with no problem whatsoever. I can go up and down steps with no pain."

- Patricia G.

"Over 85% relief for the first time in 15 years, suffering with knee pain. My life is getting back to normal."

- Perry O.

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WILL YOU JOIN IMAGINE'S AMAZING TEAM OF VOLUNTEER FACILITATORS?

November is Children's Grief Awareness Month and at Imagine, A Center for Coping with Loss we're spending this month honoring the children who come to us for support by doing all we can to ensure that no child grieves alone. One of the ways that we're working to bring free grief support groups to more children is by bringing them to more communities, most recently to the Newark community.

In October, Imagine began offering free grief support groups every other week on Thursday evenings at the Boys and Girls Club of Newark on Avon Avenue. As these groups continue to grow, our need for volunteer facilitators will grow as well. Imagine's volunteer facilitators are the heart of our support group program. Facilitators first complete a three-day training to prepare them to create safe spaces and be loving listeners for the children, youth, young adults and adults in Imagine's support groups.

Imagine staff are planning a training for adults interested in facilitating Imagine's Newark support groups. The training will be held at the Teach for America location in Newark December 9-11 from 9 am-5 pm each day. If you're interested in making a difference in the lives of grieving families and would like to participate in this life-changing training, we'd like to hear from you! Imagine's training will prepare you to be present for the children and families that participate at Imagine, help you support those in your family and community who are grieving and also provide an opportunity for you to receive support for losses you've experienced. Those interested in this training can complete this form <https://forms.office.com/r/RGwq323gHg> or contact Imagine's Newark Program Manager, Sonia Nunez at sonia@imagineenj.org.

Please join us in honoring Children's Grief Awareness Month by considering joining Imagine's amazing team of volunteers. We hope to welcome you to the Imagine community.

Imagine offers free year-round grief support groups for children ages 3-18 and young adults 19-30 who are coping with a loss due to death. Concurrently, support groups are available for the parents and guardians of the children in the groups and offered in English and Spanish. Imagine also offers grief and loss education and training to the community. For more information please contact Imagine at 908-264-3100 or info@imagineenj.org.



Imagine
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HANUKAH: A HOLIDAY OF LIGHTS AND MIRACLES

Submitted by Rabbi Paul David Kerbel

Hanukah is a 'major' Jewish holiday. You might be surprised by that. Most rabbis and Jewish educators would say just the opposite, that Hanukah is a 'minor' Jewish holiday. From the perspective of religious Jewish law, Hanukah does not have the same religious significance of Rosh Hashanah (the Jewish New Year), Yom Kippur (our Day of Atonement and forgiveness), Passover (our Festival of Freedom), Shavuot (the holiday where we celebrate the revelation of the Five Books of Moses), and Sukkot (our Fall festival celebrating the end of the summer harvest and our relationship with God).

Hanukah is a 'major' Jewish holiday culturally and ethnically. One of the ways we can understand any religion is not just what the religion 'teaches' but what its followers actually observe and practice. More Jews observe Hanukah than any other ritual, other than participating in a Passover Seder. Part of Hanukah's 'popularity' is that it falls in the Jewish calendar between Thanksgiving and Christmas.

Hanukah represents a powerful response to the feelings of exclusion and of being a minority in the larger Christian culture of America and allows members of the Jewish community to celebrate its own traditions and be proud of the Jewish heritage even as the airwaves, malls and

TV commercials are filled with the sounds and traditions of Christmas.

But regardless of where Hanukah falls in the calendar, I would suggest the following four reasons why Hanukah is a 'major' Jewish holiday and has lessons for both Jews and our non-Jewish neighbors to learn from share:

1. Hanukah represents the first victory in human history for religious freedom. Had the Jewish Maccabees not won their war with the Greek/Syrian kingdom, Judaism may have died out and Christianity and Islam, both of which have roots in Judaism, may never have developed. The Jewish people celebrate the value for all of us to celebrate our respective religious traditions.
2. Hanukah teaches us religious tolerance and to celebrate diversity and pluralism. As America becomes more diverse and welcomes citizens of many different religions from around the world, we learn from each other and how much we have in common.
3. Hanukah reinforces the ability and opportunity of each minority to teach, learn and celebrate its religious traditions and its principles and unique ethnic and religious identity while we all share and believe in the values of freedom and democracy.
4. Hanukah reminds us of the modern-day miracles that we have participated in: the redemption of over one million Jews from

the former Soviet Union who were not allowed to learn about their Jewish faith and practice Judaism while under Communist rule; the rescue and welcoming of over 100,000 Jews from Ethiopia and the rescue and of endangered Jews and other Jewish communities around the world. We must always be prepared to deliver the few from the many, the weak from the mighty and the righteous from the wicked.

Finally, I would like to share that the word "Hanukah" means 'dedication' and comes from the same Hebrew word as 'education.' Hanukah is about making sure that we maintain our Jewish identity, that we teach our children, the values, the history, the rich heritage which is ours to embrace and pass on to the next generation. May the lights of our Hanukah menorah symbolize our love for Judaism, our right to practice Judaism as a minority while at the same time, sharing symbols of light and the theme of miracles with those who celebrate Christmas even as all of us strive to make the world a better place. For our Jewish tradition has taught us this eternal message: "It is better to light one candle than to curse the darkness."

Happy Hanukah and Happy Holidays to all!

Rabbi Paul Kerbel is the spiritual leader of Temple Beth El Mekor Chayim in Cranford and the current chair of the Cranford Clergy Council.



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BLOOD DRIVE – DEC. 12

On Monday, December 12, the Borough of Roselle Park will be partnering with the American Red Cross to hold a blood drive. The drive will take place at the Casano Community Center, 314 Chestnut Street, from 1:00 p.m. to 6:00 p.m.

Donating blood, especially around the holiday season, is incredibly important to the American Red Cross' efforts. People of all blood types are needed to donate, especially platelet donors and those with type O blood. Type O is a universal donor, which is vital to keep hospitals prepared for blood transfusions.

An appointment is required for attendance. Call 1-800-RED-CROSS or visit their website to schedule an appointment. For more information, please call the Casano Community Center at 908-245-0666.

FAMILY SUPPORT GROUP

Are you feeling stressed and alone in trying to cope with the effects of a loved one's mental illness? Union County's Family Support Group is for family members and caregivers of persons with mental illness. The group is led by NAMI-trained facilitators and is a peer support group that allows participants to gain insight from others facing the same challenges.

Zoom sessions are held on the 3rd Tuesday of every month from 7 p.m. – 8:30 p.m. To register, email Denise at: namiunioncounty@yahoo.com with your name, town, and phone number.

DO KNOW ABOUT NJ 211?

The 211 system is found throughout the United States and is devoted to connecting people in need to the resources that can help. While each 211 operates independently, all of the more than 200 organizations provide a network of local support that people can call on with confidence when they need help and simply don't know where to turn. In New Jersey, our motto has been: Need Help? Start Here.

NJ 211 provides live assistance 24 hours a day, every day of the year. Our services are free, confidential and multilingual. There are several ways to reach us: By phone (simply dial 2-1-1); via text (send your zip code to 898-211); email (info@nj211.org); or chat on-line: nj211.org/contact-us. You will be communicating with a community resource specialist to help people who are struggling.

NJ 211 also serves as the State Homeless Hotline and New Jersey's Utility Assistance Hotline.



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UNION COUNTY DAY OF PRAYER

On Thursday, October 27, over 130 people attended the Union County Day of Prayer organized by Community Access Unlimited (CAU) and the Union County Interfaith Coordinating Council (UCICC).

It was the 8th annual "Day of Prayer" event, hosted by Temple Emanu-El in Westfield. The event featured a variety of inspirational speakers and performers from Jewish, Muslim, Hindu, Christian, Sikh, and Buddhist faiths. The service included a chant from the International Society for Krishna Consciousness of Central New Jersey and musical offerings from Shimon Smith, Cantorial Soloist/Artist in Residence at Temple Emanu-El, who shared Hebrew songs with attendees.

CAU spearheaded UCICC in 2012 to build bonds in the interfaith community and encourage the respect and welcoming of others regardless of faith, sexual orientation, legal status, or ability. CAU is based in Union County and works statewide to assist people with developmental


disabilities and youth at risk to integrate into the community through support services and support coordination. CAU services include housing, education, employment services, behavioral management, advocacy and more.

Rev. LL DuBreuil, who has been a part of UCICC since the first Day of Prayer, said "I was looking for this kind of community because I believe that when we all come together in celebration...then we're already ready to be together in difficult times. UCICC does not only have these worship experiences, but we sometimes do vigils and marches and we raise money for causes. And it's because we know each other from this that we can more easily work together when times are more difficult." DuBreuil is the Interim Pastor of Willow Grove Presbyterian Church, Scotch Plains.

Joyce Cargle, a longtime CAU member, said of the event, "We learned inclusion and we learned about community today."




(above) The Union County Day of Prayer was held on Thursday, October 27, with over 130 people in attendance.



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THANKSGIVING FOOD DRIVE

The Roselle Park PBA Local 27 held their annual Thanksgiving Food Drive. Food was donated to the Church of the Assumption and

Casano Center food pantries for residents in need. Cacique Cigars was one of the drop off points for the food drive.

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(above, l-r) Officer Thompson; Shari Littman, owner of Cacique Cigars; Officer Picarelli, Officer Cambrunero & Detective Polakowski with food drive box.

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(above) Cacique Cigars at the Clark Unico Italian Festival

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(above) Rey Fonseca and Joe Renna playing chess at Cacique Cigars in Roselle Park.

Photo by Heath Darby

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KENILWORTH CHESS CLUB CELEBRATES 50TH ANNIVERSARY

The Kenilworth Chess Club celebrated its 50th anniversary with a party on Thursday, November 3, 2022. Veteran members traveled from as far as Nevada to share in the moment. Along with regular members, officers from other NJ Clubs also attended.

The club has been revamping after COVID restrictions prevented it from meeting for two years. New members have been steadily joining the ranks as the club, under President Jack McCorkell, looks to get back to being one of the largest and most active clubs in the state.

Some notables attending were Andy Wolman, co-founder of the Club; Life/National Chess

Master Scott Massey who over the decades provided many classic and blindfold simultaneous exhibitions and lectures, frequently donating his fees; and Michael Wojcio, former President of the Kenilworth Chess Club, serving 16 years from 1984 to 2000 and author/editor of the Kenilworth Kibitzer, the Kenilworth Chess Club's comprehensive monthly newsletter, which had a 12-year publishing run. Some members could not attend. Missed most was Past President John Moldovan, dealing with a medical condition.

The club was formed in 1972 amid the chess craze in America spearheaded by Bobby

Fischer's march to the world championship. For 50 years the club was a force to be reckoned with as its member roster included many Master level players, including State Champions.

The club has a reputation for being friendly and accommodating. It welcomes non-members with no obligation or cost. It's a place where beginners can learn in a casual setting without being intimidated. Strong players are generous with their time in analyzing and giving instruction.

The club's website, kenilworthchessclub.org, is well-read and features an award-winning blog by Michael Goeller and other instructional features. Players are welcome to just pop into the Kenilworth Chess Club with no formalities every Thursday evening at 8 p.m. at the Kenilworth Community Center located next to Borough Hall on the Boulevard and the corner of 24th Street.



(above, l-r) Some Kenilworth Chess Club celebrants from KCC 50th, Joe Renna, Declan McManus, Anthony Andrews, Greg Tomkovich, Andy Chan, Rich Falcetano, Mark Schoengold, Bill Cohen, Doran Race, Andy Wolman, Mike Wojcio, Lev Zilbermintz, Louis Leiggi, Ari Minkov, KCC President Jack McCorkell, Life/National Master Scott Massey and Dr. Saptarshi "SB" Bandyopadhyay.

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FLINTLOCKS SCOUTER GROUP LIVES BY THE SCOUT LAWS

The Flintlocks, BSA, Inc. are a group of retired scouters who dedicate their time and talents to building and maintaining the scout camps of the Patriot's Path Boy Scout Council in northern New Jersey.

The group includes some tradesmen, but also professionals and volunteers of every background. Most are retired, but some still work full-time, and occasionally people volunteer to help for a day here or there. It is a very friendly group with great camaraderie and a good sense of humor. When one member reached age 100, they designated a parking spot reserved for "all Flintlocks over 100 years old". Two other members are 90 years old, but they will have to wait a while before parking in that spot.

The Flintlocks met for their Fall General Meeting on Thursday, October 20, 2022, at their workshop at Camp Winnebago in Rockaway, NJ. They reviewed the accomplishments of the previous year and discussed future projects the Council needs to have done. Some of the future projects include installing new windows in the dining hall, building a pavilion near the trading post, collecting Toys for Tots; and making craft

kits and Pinewood Derby cars for special needs children.

The Patriot's Path Council of the Boy Scouts of America encompasses 5 counties in central and northern New Jersey: Middlesex; Morris, Somerset, Sussex, and Union. The Council website is ppcbbsa.org. There are 11,000 scouts who use the camps in this council.

In spite of their name, the Flintlocks have nothing to do with antique firearms, although some of the old guys are considered "antiques". They meet every Thursday at Camp Winnebago, Rockaway, NJ, all year round, and guests are always welcome. They are organized as a 501c3 nonprofit corporation. All of the members are registered with the BSA, take CPR and AED training, and are vaccinated for COVID.

More than half of the Flintlocks have been awarded the prestigious Silver Beaver Award, which is the highest National Award for a volunteer in the Scouting Program. They usually

provide approximately 5,000 hours of volunteer skilled labor every year, saving the Council close to \$250,000 of labor costs.

In the past, the Flintlocks have built cabins, picnic tables, painted the dining hall, built the archery range, built all the structures at the waterfront, financed, built and equipped the STEM Lab at Allamuchy Scout Reservation, financed and built an addition to the Wink Dousa Cabin, and repaired damage to camp structures. In addition to building structures and doing repairs and maintenance, they also volunteer at many Council programs throughout the year. One popular program for Cub Scouts for which the Flintlocks volunteer is called "For the Birds". The children learn about birds and build birdhouses and bird feeders.

The Facebook Page is "Flintlocks". Guests are always welcome. For more information contact Secretary Dr. Michael Hart at drmhart@yahoo.com.

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(above) The Flintlocks BSA, Inc. members showing the signs representing the 12 points of the Scout Law. They tease one member for always being seen with a coffee cup in his hand, so they made him a sign reading "coffee". These signs will be posted at the Allamuchy Scout Reservation in Byram, NJ, located near Waterloo Village.

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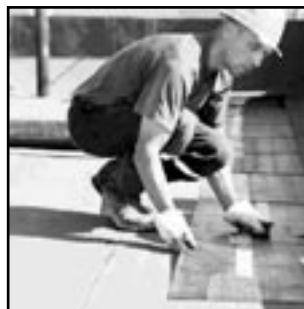
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ADOPTION DAY FETES YOUTH LEAVING FOSTER CARE FOR FAMILIES

CASA of Union County

On the morning of Thursday, Nov. 10, children from 18 months to 18 years gathered at the Union County Courthouse surrounded by courthouse staff and judiciary, county commissioners, area organizations and more – all there to celebrate youth reaching the long-awaited end to living in foster care with adoption into a forever family. Family courts see complex issues fraught with loss or discord nearly every day, yet Adoption Day is eagerly anticipated by all, as fresh starts and ample smiles fill the courthouse.

November is National Adoption Month and National Adoption Day, celebrated the Saturday before Thanksgiving, is a national movement to raise awareness of children in foster care awaiting a family. Since its inception in 2000, more than 75,000 children have found permanency on this

day. Still, more than 110,000 youth in the United States need a permanent home and the average wait is four years. More than 23,000 youth nationwide age out of the system each year and must face life on their own.

This year, Union County’s celebration came early, but no complaints; it just means children received permanency even sooner. After Judge Daniel Roberts performed the adoption ceremonies, the festivities began: from roving a balloon artist and CASA Volunteer Dina Gharaibeh providing face painting to a musician and more than a dozen superheroes from the Union County Sheriff’s Heroes Initiative – the Batmobile even made an appearance – there was nothing but smiles to go around.

Speakers included 17-year-old Maeve Boger-O’Bryan of Cranford and Joseph Coston of Fair

Lawn. Maeve discussed her own open adoption and Joseph shared his story as an adoptive parent of eight youth from the foster system.

CASA of Union County provided family fun baskets with donated board and card games, fleece blankets, jars of popping corn, movie candy and more from David Brearley High School’s Bears that Care group, all packed into baskets donated by Cranford Girl Scout Troop 40836. The high school bear mascot also made the rounds, much to the delight of the littlest adoptees and their siblings. In addition, each family received a ShopRite gift card made possible by a Union County Bar Association donation, as well as gifts from Alpha Kappa Alpha Sorority’s Theta Phi Omega, Phi Eta Omega and Omega Psi Omega chapters.

For details on CASA of Union County and becoming an advocate for a foster youth, contact Chanel at info@casaoofunioncounty.org or log on to www.casaoofunioncounty.org.



(abobe) Superheroes from the Union County Sheriff’s Heroes Initiative.



(above) The Honorable Daniel Roberts, J.S. C. (Adoption Day Judge), with David Brearley High School Bears That Care



(above) Alpha Kappa Alpha Sorority’s Dewanna Graham, 1st VP; Liz Nolley Tillman, President; Joyce Hobbs, Secretary;

DECEMBER EVENTS

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LIBRARY EVENTS

Board meeting

Wednesday December 21st 7:00 pm

TOT PROGRAMS (AGES 0-5)

Books and Badges!

Wednesdays 11:00 am

Children will have a chance to build vocabulary and enjoy a book and craft with our officers from the RPPD.

Pajama Story Time

Thursdays 6:30 pm

Bring your favorite stuffed animal, wear your pajamas and join Miss Maria for a cozy bedtime story.

Let's Pretend! Storytime/Play group

Fridays 11:00 am

Explore stories, gain social skills and learn preschool basics with Miss Faith.

KIDS PROGRAMS (AGE 5-11)

Marshmallows, Hot Cocoa, and Storytime, Oh my!

Monday Dec 5th- 3:30pm

Join Miss Faith in a marshmallow making demonstration with hot cocoa and a story.

Ages 5+

Family Holiday Card and Gift Tag Workshop

Monday Dec 12th- 4:00 pm

Join Miss Faith in a workshop on how to wrap gifts and create gift tags. All ages welcome!

Block Party

Wednesdays 3:30 pm

Your imagination is unlimited as you build and construct with our Legos, magnet tiles, classic wooden blocks and more! All ages welcome.

Gingerbreadman Storytime

Tuesday Dec 13th- 4:00 pm

Decorate Gingerbread men cookies and hear a story with Ms. Faith!

***Cookies With Santa Story & Sing-Along

Saturday Dec 10th- 11:00 am

Enjoy a story, sing-along, and cookies with Santa!

ADULT PROGRAMS

Spanish Conversations

Tuesdays 6:30 pm

Practice your Spanish speaking skills with casual conversation in an informal manner.

Knitting Club

Wednesdays 1:00 - 3:00 pm

Knit and crochet winter hats and scarves to donate to charities.

Quilting Club

2nd + 4th Thursdays 1:00 - 3:00 pm

Try out new quilting patterns with friends.

ESL for Adults

Thursdays 6:30 - 7:30 pm

Learn ESL with Professor D'apra.

***Family Holiday Card and Gift Tags Workshop

Monday Dec 12th- 4:00 pm

Join Miss Faith in a workshop on how to wrap gifts and create gift tags. All ages welcome!

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FAMILY EVENTS

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Monday 12/19 6:00 pm

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Lego Club

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POST-GRADUATE STUDENTS PROGRAM

Students who have graduated from high school but are still attending school will benefit from a new program design that has started at Westfield's Lamberts Mill Academy. According to Carrie Datillo, Superintendent of Westfield's Union County Educational Services Commission, the courses will provide a basis for transitional skills taking the students to the world of work. "Now that our students benefit from extended time in school, we are able to address the toolkit that will better prepare them for success in work and other necessary independence supports" she said.

Once fully engaged, the students will participate in morning classes and afternoon job placements. Resume building, job searching, personal budgeting, workplace attitudes, communication, attitudes for work, and organizational skills are among the many topics that will be reviewed in morning classes. These will be supplemented by jobsite visits, special presentations, role play simulations and interviews with already working teens and their supervisors. The students have already begun to operate LMA's school store, like a local corner store, where students choose items based upon their success in school. After conducting an inventory the student compiled a shopping list and visited a local supermarket to purchase the needed items. They also provide administrative tasks, assembled fans that were placed in the classrooms, and are supporting a plastic bottle recycling initiative.

Sponsored by the Union County Educational Services Commission, Lamberts Mill Academy supports students aged 13-22 who would not find success in a typical school. The program blends academic rigor with comprehensive clinical and psychiatric services and social and daily living skills all tuned to the needs and skills of each student. Additional details about LMA and/or to arrange a tour, please reach Principal Reed Leibfried on 862-324-6373.

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|---|---|--|---|--|---|
| Berkeley Heights COMMUNITY NEWS Qty: 4,700 Zip: 07922 | THE CHATHAMS NJ Qty: 7,500 Zip: 07928 | Clark Monthly Qty: 6,700 Zip: 07066 | CRANFORD MONTHLY NJ Qty: 9,900 Zip: 07016 | Elmora Hills ELIZABETH, NJ Qty: 5,400 Zip: 07208 Section of Elizabeth, NJ | Fanwood Post NJ Qty: 3,000 Zip: 07023 |
| Florham Park Press NJ Qty: 5,500 Zip: 07932 | Garwood NJ Times Qty: 2,500 Zip: 07027 | Green Brook NJ Gazette Qty: 3,000 Zip: 08812 | BUSINESS • LIFE KENILWORTH NJ Qty: 3,500 Zip: 07033 | NJ LIFE in LINDEN Qty: 17,900 Zip: 07036 | Long Hill LEADER NJ Qty: 3,500 Zips: 07933, 07946, 07980 |
| MADISON MONTHLY NJ Qty: 6,300 Zip: 07940 | MOUNTAIN SIDE VIEW NJ Qty: 2,900 Zip: 07092 | New Providence NEWS NJ Qty: 5,100 Zip: 07974 | OUR TOWN Rahway, NJ Qty: 13,000 Zip: 07065 | ROSELLE PARK MONTHLY Qty: 5,600 Zip: 07204 | Scotch Plains NJ WHAT'S HAPPENING MONTHLY Qty: 9,400 Zip: 07076 |
| Short Hills MILLBURN MONTHLY NJ Qty: 8,200 Zips: 07041, 07078 | Summit NJ Times Qty: 9,600 Zip: 07901 | Spirit of UNION Qty: 6,800 Zip: 07083 (partial) | WARREN MONTHLY NJ Qty: 6,200 Zip: 07059 | Watchung Post NJ Qty: 2,700 Zip: 07069 | Westfield NJ MONTHLY Qty: 11,800 Zip: 07090 |

NEWSPAPER AD RATES

| Units | Size | 1 TOWN | 3 TOWNS | 6 TOWNS | 9 TOWNS | 12 TOWNS | 15 TOWNS | 18 TOWNS | 21 TOWNS | 24 TOWNS |
|------------------------|--------------------------|--------|---------|---------|---------|----------|----------|----------|----------|----------|
| 1 Unit (Business card) | 3.25" x 2" | \$60 | \$150 | \$250 | \$350 | \$400 | \$450 | \$500 | \$550 | \$600 |
| 2 Units | 6.5" x 2" or 3.25" x 4" | \$100 | \$250 | \$400 | \$500 | \$600 | \$700 | \$800 | \$900 | \$1000 |
| 4 Units | 3.25" x 8" or 6.5" x 4" | \$180 | \$450 | \$700 | \$900 | \$1100 | \$1300 | \$1500 | \$1700 | \$1900 |
| 6 Units | 6.5" x 6.25" or 10" x 4" | \$240 | \$600 | \$900 | \$1200 | \$1400 | \$1600 | \$1800 | \$2000 | \$2200 |
| 9 HALF PAGE | 6.5" x 9" or 10" x 7" | \$320 | \$800 | \$1000 | \$1300 | \$1600 | \$1900 | \$2200 | \$2400 | \$2700 |
| 12 Units | 10" x 8" | \$360 | \$900 | \$1200 | \$1500 | \$1800 | \$2100 | \$2400 | \$2700 | \$3000 |
| 18 FULL PAGE | 10" x 14" | \$400 | \$1000 | \$1400 | \$1800 | \$2200 | \$2500 | \$2800 | \$3000 | \$3400 |
| 2-PAGE SPREAD | 21" x 14" | \$700 | | | | | | | | |
| BACK PAGE | 10" x 14" | \$500 | | | | | | | | |
| FRONT PAGE BANNER | 8.25" x 2" | \$320 | | | | | | | | |
| FRONT PAGE BOX | 1.5" x 4.5" | \$240 | | | | | | | | |

Back cover, front page banner and front box reserved on first-come, first-served basis. Current advertiser has right of first refusal.

Rates are per month. Artwork included in price. Newspapers are black on white.

PREPAY 6 MONTHS AND GET 1 MORE FREE
PREPAY 12 MONTHS AND GET 3 MORE FREE

Make Checks payable to Renna Media, 202 Walnut Avenue, Cranford, NJ 07016

ONLINE ADS & PRESS RELEASES DRIVE LOCAL TRAFFIC TO YOUR WEBSITE

- **GET UNLIMITED CLICKS**

An alternative to expensive pay-per-click programs

- **FREE AD DESIGN AND COPYWRITING**

Advertising webpage includes many features including write-up, images, video, Google map, etc.

- **POSTS ARE SHARED THROUGH SOCIAL MEDIA**

Posts shared on multiple Facebook pages and twitter.

- **PAID SEARCH ENGINE PROMOTIONS**

Posts are promoted by industry, key words and location.

- **TRACKABLE RESULTS**

All ads include a live view counter.

Joe Renna at 908-447-1295

email: JoeRenna@RennaMedia.com

**\$10
PER POST**

Block of 20 for \$200

Single poay is \$20

**RENNA
MEDIA
.COM**

NJ LocalInfo.com

Full Color Flyers and Menus Printed and Mailed to Every Home and Business in Town!

MENUS - PRINTING - \$50 PER THOUSAND

Rate is for quantities of 25,000 or more.

For quantities less than 25,000 cost is \$68 per thousand.

11"x17" / Full color / 2 sided / 60lb gloss coated stock /

Includes folding (quarter fold or tri-fold, with or without coupons tab)

FLYERS - \$35 PER THOUSAND

8.5" x 11" / Full color / 2 sided / 60lb gloss coated stock /

Tri-fold add \$10 per thousand

INSERTED AND MAILED TO EVERY HOME AND BUSINESS

\$60 per thousand. (as low as \$30 per thousand depending on quanttiy.)

Joe Renna at 908-447-1295

email: JoeRenna@RennaMedia.com

FLYERS

\$45

PER 1,000

MENUS

\$85

PER 1,000



WEBSITE / SEO SERVICES

- **STARTER WEBSITE: \$500**

Basic static site that can be developed further

- **WEBSITE CREATION/UPDATE: \$2,400**

Cost for average website: 12 pages, contact form, SEO friendly, responsive design

- **WEBSITE HOSTING: \$300 PER YEAR**

Includes website hosting, software updates, monthly website content updates

- **SEO SERVICES: AVERAGE COST \$1,000 - \$2,000 PER MONTH**

Custom tailored solutions: Google Ranking, Local SEO, Social Marketing

Call for free a consultation if you need

help developing an online marketing plan.

**STARTER
WEBSITE
\$500**

Call Walter at 201-478-7408

email: wwwinnj@gmail.com

WEBSITE AUDIT/ANALYSIS AND RECOMMENDATION PLAN

- **SEE WHAT IS WORKING AND NOT WORKING**

Know where your web traffic is coming from and why.

- **ELIMINATE / AVOID COSTLY SCHEMES**

Evaluate the return you are getting from your online marketing costs.

- **INCREASE ONLINE MARKETING RESULTS**

Recommendations include ways to increase traffic to your website

- **NO OBLIGATION**

This service is recommended even if you have an existing web management contract. Use it to tune up your marketing plan.

**ONE TIME
FLAT FEE
\$250**

**Call for a consultation
if you do not have a website
or if need a new one.**

Call Walter at 201-478-7408

email: wwwinnj@gmail.com

#LoveWhereYouLive

Homes for the Holidays



**941 Fox Hill Lane
Scotch Plains**



**237 Kimball Avenue
Westfield**



**1166 Lawrence Avenue
Westfield**



**912 Pennsylvania Avenue
Westfield**



**295 New Providence Road
Mountainside**



**1370 Johnston Drive
Watchung**



**625 Boulevard
Westfield**



**1460 Cooper Road
Scotch Plains**



**St. Paul Street
Westfield**



**1563 Grouse Lane
Mountainside**

Frank D. Isoldi of Coldwell Banker Realty

209 Central Avenue, Westfield, NJ 07090

Cell **908.787.5990** Office **908.233.5555**

Website **theisoldicollection.com** Facebook **/theisoldiconnection**

Twitter **@HomesWestfield** Instagram **@frankdisoldi**



SCAN HERE