

KENILWORTH BUSINESS + LIFE

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HAPPY BIRTHDAY VICKIE!

Submitted by Michael T. Naya, Jr.

November 15, 2022, will mark a special day for Kenilworth resident Victoria "Vickie" Cadena Shear, for she will be celebrating her 100th birthday! Victoria is the daughter of Spanish immigrant Aurora and Mexican immigrant Prudencio Cadena. Both were immigrants who had come to America and traveled from Texas to Oklahoma in a covered wagon. Vickie was born in Oklahoma on November 15, 1922. In 1926, the Cadena family moved to Congress Street in the Ironbound section of Newark, New Jersey. There Vickie lived with her parents and siblings Larry, Oscar, Steve, and Beatrice. They moved around several times while living there but remained active within the Spanish-speaking community in the area.

As a young girl, Vickie attended dances sponsored by the Spanish-American clubs of Newark. These clubs were sponsored in the hope of raising money for soldiers fighting in the Spanish Civil War of 1936 - 1939. Instead of attending high school, she attended vocational school in Newark. During her senior year, the attack on Pearl Harbor occurred and as a result, she began working at a civilian defense plant during World War II. There they manufactured wire for airplanes needed by the allied forces overseas. During the war, her three brothers served in the military. Her brother Larry served in the Army Air Corps, Oscar in the U.S. Marine Corps, and Steve in the Merchant Marines.

Following World War II, Victoria moved to Union, New Jersey, and married Theodore Shear in 1948. At the time she was working at W.B. Driver, Newark, New Jersey before becoming pregnant and starting a family. Together, she and her husband had two sons Steve and Rick. Following the birth of her two sons, she began working for Tuscan Dairy in Union and retired after thirty years of employment.

When asked about the biggest change that she has seen in her life she stated, "The war years were the biggest change that I had seen. The whole country was united, and everybody worked together. I was so proud of my brothers and so proud to be a witness to that era."



(above) Victoria "Vickie" Cadena Shear will be celebrating her 100th birthday on November 15, 2022.

Courtesy photos

When asked to reflect on her life Vickie commented, "I don't know why I have lived this long but I have had a good life. I had two wonderful sons and have a wonderful family today. Everybody in Kenilworth has treated me so nicely since moving here."

Throughout her life, Vickie has remained extremely active within the community. She has traveled to nearly every state in the United States and was a member of the Union Senior Citizens Center before moving to Kenilworth in September 2019. Today, Vickie is a member of the Kenilworth Senior Citizens Center and frequently attends events held at the Kenilworth Public Library. She resides with her son and daughter-in-law Rick and Jaye Shear. Vickie is constantly in touch with her loving family and friends including her sister Bea, brother-in-law Vinnie, and many nieces and nephews.



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Do you have a community service that you need help publicizing? Did you or someone you know accomplish something amazing? We are interested in hearing about your latest achievement (accomplishment, honor, award, etc.), send us your news!

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Kenilworth Business Life

KENILWORTH FIRE DEPT. RESCUE SQUAD RECEIVES DONATION FROM UNION ELKS #1583

The Union Elks Lodge #1583 presented a donation to the Kenilworth Fire Dept. Rescue Squad on Sunday, October 9, 2022, at the 32nd Annual Kustom Car and Motorcycle Show. The Car and Motorcycle Show is held every year as a fundraiser for special needs children.

The Union Elks were able to present a check

in the amount of \$1,500 for the purchase of supplies through proceeds received from our Elks National Foundation Beacon Grant.

The Union Elks Lodge #1583 is located at 281 Chestnut Street, Union, NJ. For more information, call 908-686-1583.



(above) Pictured with members of the Rescue Squad are Vince Ditta, East Central District Deputy; Mike Gedman, Jr., New Jersey State Elks Association Vice President; Lisa Wood, ECD Special Children Committee District Chairperson; Ken Boudreau, Exalted Ruler; Audrey Smith, Special Children Committee Lodge Chairperson; Mary Ann Green, Committee Member; and Susan Scheurer, Elks National Foundation Lodge Chairperson.

Courtesy photo

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Whoever your heart beats for, our hearts beat for you.

Trinitas Regional Medical Center is now part of the RWJBarnabas Health network. Together, we have a passion for heart health, starting with a full-service cardiac facility as well as facilities for the intensive nursing care of patients with cardiac disease, including our cardiac care unit, intermediate coronary care unit, cardiac catheterization lab, non-invasive cardiology services, full-service emergency department, and cardiac rehabilitation services. We also provide innovative, non-invasive and image-based coronary diagnostic testing. It's all part of our dedication to every heart in our community. **Learn more at rwjbh.org/trinitasinfo**

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ENJOY A SCANDINAVIAN SHOPPING SPREE IN NEW PROVIDENCE

After a 3 year delay because of the pandemic, Lodge Linne #429 VOA will once again be sponsoring their annual Import Sale on Saturday, November 19, 2022. The 42nd annual Scandinavian Import and Gift Sale will be held at Salt Brook School, 40 Maple St, New Providence, NJ (off Springfield Ave.). The sale will be open to the public between 10:00 a.m. and 3:00 p.m. and is handicapped accessible. Admission is free.

The sale will feature a variety of traditional holiday and everyday Scandinavian items made from silver, amber, wood, paper, wool, straw, and other materials. These gift and handicraft items are either manufactured in one of the Nordic countries or are designed in a Scandinavian style or motif and manufactured elsewhere.

Many of the traditional Scandinavian decorating items will be offered, including a large variety of elf-like tomten, Jul Bock or straw goats in many sizes, and many Christmas ornaments. Among paper items for sale will be a wide selection of advent calendars, including those filled with chocolate candy, Carl Larsson calendars, Christmas cards, and stationary. An assortment of table linens will be available including runner fabric by the yard for both Christmas and everyday use. For the home one will find trays, baking needs, aprons, knives, Danish wrought iron candleholders, and wooden candleholders for Christmas and general use. Personal items will include lovely sweaters from Dale of Norway for men and women in both cardigan and pullover styles. The jewelry

department is selling necklaces, earrings, and pins.

We will be selling a large variety of Scandinavian baked goods, such as limpa bread, coffee braids, and pastries. Imported foods that will be sold are cheeses such as authentic Farmer's cheese, several types of herring, lingonberries, cloudberry, and various chocolates and marzipan. Scandinavian pastries will be served throughout the day. Drawings for door prizes will be held frequently during the day.

The location of the sale is easily reached by taking either route 24 to Summit or route 78 to New Providence. Springfield Avenue is also known as route 512. The school is also a 5-minute walk from the New Providence Railroad Station on the Summit/Gladstone line from New York City.

Lodge Linne #429 Vasa Order of America is a non-profit organization originally for individuals of Scandinavian descent. However, now membership has been opened up to people who are interested in Nordic heritage and culture. For further information about membership contact Vibeke (908-646-0425) or Judy (908-464-0139). The lodge meets on the third Friday of the month at Faith Lutheran Church, 524 South St., in New Providence.

Proceeds from the Import Sale benefit many organizations and charities such as First Aid Squads, Summit Speech School, Sage, Bling Foundation, a New Providence High School scholarship, and annually we sponsor a New Providence girls softball team.

Admission is free. Only checks and cash are accepted.

UNION COUNTY'S GOT TALENT AT KEAN ON NOVEMBER 19

Union County's Got Talent (UGT) is a major fundraising event that supports the Union High School Performing Arts Company and the Douglas Michael Krueger Scholarship Fund, both of which directly benefit the students of Union Township.

Union's Got Talent has been a major community success and, this year, we have gone county-wide.

Our contestants this year either live, work or attend school in Union County. We have 20 contestants from various towns in Union County.

The show, on November 19, 2022, will be hosted by Kean University and will take place at Kean's Enlow Recital Hall.

Tickets are available only online at unionsgottalent.org. Tickets will not be available at the venue. Enlow Hall is a small theater with only 300 available seats. We advise that patrons buy their tickets early.

This year, UHSPAC and the DMK Scholarship Fund will be partnering with the Township of Union's Cultural Arts Committee with sponsorship by Investors Bank, Union's Special Improvement District and BCB Bank to present UGT on Saturday, November 19, 2022.

RARELY SEEN

PHOTOGRAPHS OF THE EXTRAORDINARY



SUPERCCELL STORM CLOUD
Photo by Marko Korosec, near Julesburg, Colorado

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KENILWORTH SENIOR CITIZEN CLUB BUS TRIP

The Kenilworth Senior Citizen Club will be having a bus ride to Resorts Casino in Atlantic City, NJ, on Thursday, November 17, 2022. The bus will leave the Acme parking lot at 9:30 a.m. The cost is \$35 which includes \$18 back in slot play. For reservations please contact Lilliam Furze at 908-709-0515.

THE GIVING TREE

Social Concerns will then be collecting donations for a "giving tree" which will be set up in vestibule of the church starting November 20th.

The tree is decorated with tags which lists needed items. Donors simply take as many tags as they wish and return the items to the church in a gift bag and the original tag no later than December 11th. These will be distributed to needy families within the community as well as Covenant House, Catholic Charities, CASA Foster Children and St. Joseph's Social Service Center in Elizabeth. If you are in need, please call and register with the Rectory 908-272-4444, Monday-Friday, 9am - 3pm.

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OLD-FASHIONED CHRISTMAS AT NITSCHKE HOUSE

During a Sunday, Dec. 4 (12-5 p.m.) Holiday Celebration and "Old-Fashioned Christmas" at the Oswald J. Nitschke House (49 S. 21 Street), visitors will have an opportunity to meet and take photos with Victorian Santa, tour the c. 1880 home authentically decorated for the holiday, enjoy music sung by the Christmas Matters Holiday Carolers and visit the site's Christkindlmarkt featuring handcrafted items, baked goods and other holiday treats.

The Kenilworth Education Association PRIDE Committee is generously sponsoring the carolers' performance. Admission to the Dec. 4 event is free. Visitors are invited to bring, for the Nitschke House Cultural Heritage Tree, an ornament labeled with their family name and heritage.

Shown here from last year's holiday celebration are Victorian Santa with the Christmas Matters Carolers and Santa with one of the many children who visited the Nitschke House during the event. Further details about this year's celebration and other events will be posted on the Kenilworth Historical Society's Website (kenilworthhistoricalsociety.org) and on Facebook.



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NOVEMBER PROGRAMS AT KENILWORTH PUBLIC LIBRARY

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Monday - Wednesday: 10 AM-5 PM; Thursday: 10AM-8PM; Friday: 10 AM-5 PM; Saturday: 10 AM-2 PM; Sunday: Closed

CHILDREN'S PROGRAMS

Weekly programs:

Lap Sit

November 1, 8, 22 & 29,
10:30 – 10:50 a.m.

Interactive stories and songs for ages 0 – 2
years old

Toddler Time

November 2 & 23, 10:30 – 10:50 a.m.

Interactive stories, songs and activities for ages
2 – 3 years old

Thanksgiving Craft

November 4, 3:30 – 4:00 p.m.

Create a unique craft to take home and display
for ages: 4 – 9.

Thanksgiving Grab N' Go Craft

November 14

Visit the library to pick up a craft kit to take
home for ages: 4 – 9.

This craft kit is available while supplies last.

NOVEMBER SPECIAL EVENTS

Kenilworth residents may begin to register one
week prior to each special event. Out of town
residents may begin to register two days prior to
each event, space permitting. To register for
individual special events, call the library at
908-276-2451.

Mad Science Workshop: Fun-Damental Forces

Thursday, November 3 at 3:30 – 4:30 p.m.

Ages: 4 – 12. Interactive workshop exploring a
unique science theme.

This program has been funded by The Ralph
Errington Foundation.

Cartooning With Doug Baron

Saturday, November 5 at 12:30 - 1:30 p.m.
for ages 8 – adult.

Participants will learn how to draw
Thanksgiving theme characters during this
event. This program has been funded by
donations made in memory of Ruth Small.

Yoga Story Time

Wednesday, November 9, 10:30 – 11:00 a.m.

This program will be presented by Certified

Yoga Instructor Pamela Nixon. Ages: 2 – 5
years old with a caregiver. Please bring along a
yoga mat or towel. This program has been
funded by donations made in memory
of Ruth Small.

Mad Science Workshop: Current Events

Thursday, November 10 at 3:30 – 4:30 p.m.

Ages: 4 – 12. Interactive workshop exploring
electricity. This program has been funded by
The Ralph Errington Foundation.

Mad Science Workshop: Matter Of Fact

Thursday, November 17 at 3:30 – 4:30 p.m.

Ages: 4 – 12. Interactive workshop exploring a
unique science theme related to matter. This
program has been funded by The Ralph
Errington Foundation.

Good Tymes String Band

Wednesday, November 30

10:30 – 11:00 a.m.

Foot tapping knee slapping music for all ages.
All ages are welcome to attend this program.

ADULT PROGRAMS:

First and third Tuesday of the month from
2:00-4:00 p.m.

Card making group "Paper Pals." You don't
need any paper crafting experience to join the
fun. This is a free program for adults.

"Yarnies"

Thursdays from 2:00-4:00 p.m. except for
the last Thursday of the month.

"Yarnies" meets the last Thursday of each
month from 6:00-7:30 p.m.

KENILWORTH SENIOR CENTER PROGRAMS

Senior Programs are held at The Kenilworth Senior Center, 526 Boulevard Kenilworth, NJ.

For detailed information please call Darlene Candarella, Senior Center Director,
at 908-276-1716 or cell, 908-447-9421.

Feeling like you need some fun, healthy
activities, socialization, and new friends, or feel
like volunteering? Become a member of the
Kenilworth Senior Center for only \$10.00 per
year. Enjoy a safe and clean environment,
centrally located in the middle of the heart of
Kenilworth.

Line Dancing

Mondays at 11:30 a.m.

UC Lunch Program

Mondays, Wednesdays, and Fridays are the
from 11:30-12 noon

for \$1.75. Please call ahead, 908-272-7743, to
notify the Board Club Member of your
reservation.

Senior Fitness

Tuesdays at 10:30 a.m.

Senior Bowling

Tuesdays at 1:00 p.m. at Garwood Lanes,
346 North Ave. Garwood.

Zumba Gold

Wednesdays at 9:30 a.m.

Health Maintenance Program and Screening

On scheduled Mondays, we have Health
Maintenance Program and Screening for 60
years young and older.

Blood pressure and blood sugar checks

November 7, 14, and 21

10:30 a.m. to 12:30 p.m.

provided with a health packet for your
knowledge. Our nurses are from Holy Redeemer,
provided by Kenilworth Board of Health Dept.

All programs are funded by Union County
CDBG Grants and The Borough of Kenilworth
and we would like to thank them personally
because without these generous CDBG Grants
and the good works of the Borough of
Kenilworth we could not afford these programs.
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If Knee Surgery Sounds Scary, It Should

Have you have been told you are facing knee replacement surgery? Have you been told about all the downsides you could be facing? First and foremost, there are NO guarantees that knee replacement surgery will be the answer to your pain, but let's look further:

- Surgery is costly, regardless of the percentage of services covered by insurance.
- Surgery requires lost time from work and typically requires a regimen of rehabilitation and medications.
- With surgery, there is always a risk for unwelcomed complications. And you could be back to where you started, or worse.
- Medications will be required for relief from surgery and you have been down that road before. Addictions to these pain medications can cause potential side effects, something you do not want to experience.
- Rehabilitation can take years.

Consider This Alternative To Surgery

Northeast Spine & Wellness Center offers you a real opportunity and a painless way to say goodbye to your knee pain without any surgery. Here are just a few of the important benefits you should consider?

- Diagnostic fluoroscopy accurately targets the pain, unlike blind injections.
- Guided fluoroscopic injections are virtually pain free, unlike blind injections.
- No lost time from work or family.
- No expensive or time consuming rehabilitation.
- No potentially addictive prescription medications.
- Recovery time is almost instant, not months or years.

How Does This New Treatment Work?

Relief begins almost as fast as it takes to pronounce the treatment. It's called Viscosupplementation Therapy. To begin with, it starts with **Northeast Spine & Wellness Center** investing in the use of diagnostic fluoroscopy. This enables them to target the exact location of your knee pain with pinpoint accuracy. What follows is a simple injection that causes little to no pain, especially when compared to what you may be living with daily. That explains what you will see on the surface of this revolutionary treatment. What's taking place below the surface is how and where the natural healing process takes place. The injection of a Hyaluronic acid called Hyalgan. This gel-like substance was approved by the FDA in 1996. Hyalgan is a natural substance that mimics the synovial fluid that is already produced by your body in your joints. Osteoarthritis sufferers in particular see a reduction in this much needed synovial fluid in their knee joints. Without that cushioning layer of protection, the cartilage in your knee can begin to wear away leading to the rubbing of bone on bone. Through Viscosupplementation Therapy, this natural substance immediately goes to work reducing the swelling and inflammation in the joint and adding a coating layer of protection. Think about Dorothy taking the oil can to The Tin Man. You'll begin to feel that same kind of relief and quite possibly feel like you're ready for a dance down the yellow brick road to recovery yourself. And with a success rate of over 85% in alleviating pain associated with osteoarthritis, it's easy to see why this treatment is so readily covered by Medicare and by most major insurance providers. Diagnostic fluoroscopy to target the pain. Viscosupplementation Therapy to relieve the pain. Simple, fast and no surgery!

Do you Suffer from any of these Symptoms?

There are a number of reasons why you developed Osteoarthritis pain. It can develop with age or because of heredity. It could be from repetitive stress from a job or some glory days in athletics. Of course your concern is with the symptoms you face daily and how to make them end, hopefully without surgery or the use of potentially addictive medications. **Northeast Spine & Wellness Center** understands the symptoms you have been living with and can help. If you have any of the symptoms below, please call us today. Relief is a phone call away.

- **Pain** - Whether it's a sharp aching or maybe a burning sensation, the pain can range from irritating to debilitating.
- **Swelling** - This can cause tenderness and soreness to the entire knee area, making walking or going up and down stairs painful, getting in and out of bed or bathtubs difficult and dangerous just name a few activities affected by swelling.
- **Stiffness** - Getting up out of bed or after sitting for a period of time gets more and more difficult. This loss of mobility can be more than a hindrance. It can be dangerous if you need to move quickly.
- **Loss of muscle strength** - This can lead to balance issues and the strong possibility of falling.
- **Joint deformity** - Not just unsightly, but painful as well.
- **Creaking Joints** - Can be painful and a sign of more discomfort to come.
- **Sleepless nights** - Losing sleep over your suffering is not just irritating, but potentially dangerous because of so many other health concerns that can be affected by loss of sound sleep.

Let Me Show You Targeted Relief From Your Knee Pain

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"After only four visits, I have absolutely no pain! The staff is top-notch."

- Quenton L.



BREARLEY KEEPS COLLEGE IN FOCUS THROUGHOUT HIGH SCHOOL YEARS

Kenilworth Public Schools

Four years may seem like forever to those in high school, but in reality, the time will pass in the blink of an eye.

To help students prepare for their not-too-distant future, David Brearley Middle-High School hosted a college fair on Wednesday, October 19, in the main gym. Representatives from 40 colleges and universities were available to talk with students and provide information on educational opportunities. All freshmen, sophomores, juniors, and seniors attended the morning event during a portion of their class time.

"This is a great exposure opportunity for our students and can provide inspiration for our high schoolers," said Jeremy Davies, Brearley principal. "When they have a conversation with a college representative, reality may set in that they need to focus better on school and formulate a goal for their post-secondary life."

Brearley also recently held a Freshman College Experience to nurture a future-focused mindset among the high school's newest students. During this series of workshops, staff members introduced freshmen to concepts such as learning what a Grade Point Average (GPA) is and how their transcript develops over time.

The students were also given a career inventory test and asked how they envisioned themselves in four and eight years. Six workshops were held to help motivate and inspire the freshman class.



(above) Students attended a college fair at David Brearley Middle-High School on October 19.

Photo by Kenilworth Public Schools

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RACHEL VILAFRANCA EARNS GIRL SCOUT GOLD AWARD

Rachel Villafranca of Ambassador Troop 40897 from Kenilworth earned her Girl Scout Gold Award in September 2022.

The Gold Award is the highest honor a Girl Scout can earn. Rachel earned the award by creating and implementing an 80+ hour solo community service project, "Blessing Box". A "Blessing Box" is an outdoor, 24/7 access, food and resource pantry built to serve the local community of Calvary Tabernacle.

"I want to be able to provide resources for local communities and others in need so they can have an easier time providing for themselves and their families," states Rachel.

According to the U.S. Bureau of Labor Statistics, there was a 9.1% increase in food prices in the New Jersey area in 2022, increasing food insecurity for those most at risk.

"The mission of my Gold Award is to work with the community in hopes to lessen this issue in our area," Rachel added.

The importance of these items being free was a hopeful solution to making sure it is accessible to those in need. Rachel is a graduate of Union County Vocational Technical School and is currently attending Kean University's teaching program.



(above) Rachel Villafranca of Ambassador Troop 40897 from Kenilworth pictured in front of her "Blessing Box", a community service project that earned her Girl Scout Gold Award in September 2022.

Courtesy photo

ST. THERESA'S SEEKING THANKSGIVING FOOD PANTRY DONATIONS

St Theresa's Social Concerns Food Pantry is gearing up for their Thanksgiving food basket distribution once again! Last year they distributed approximately 275 baskets, including a \$10 supermarket gift card and 280 turkeys. They anticipate a bigger need than any year before.

Nonperishable food items can be dropped off in the foyer of the Church or any day of the week between 9am - 3pm at the Rectory office.

There is a special need for canned corn and green beans, canned gravy (no glass), stuffing, cranberry sauce and canned yams as well as boxed cake or brownie mixes and frostings.

Gift cards to any supermarket in a \$10.00 denomination are also needed.

Frozen turkeys can be dropped off the Friday

before Thanksgiving (November 18th) between 9am - 3 pm at the Rectory office. Gifts card and checks payable to St. Theresa's Social Concern can be mailed to The Church of St. Theresa, 541 Washington Ave., Kenilworth, NJ 07033.

Baskets will be distributed the Saturday before Thanksgiving (November 19th).

If you are a resident of Union County and need a basket, please call the Rectory to reserve once (908) 272-4444 between 9am - 3pm. Requests MUST be given by November 15th. Identification and proof of Union County residence will be required to pick up the basket on Saturday, November 19th between 9am - noon.

NO Baskets will be given out WITHOUT a reservation.

SALEM ROADHOUSE CAFÉ

This Month - Gospel Blues featuring....

ROBERT HILL & JOANNE LEDIGER

will debut their new CD release

REVELATION

SATURDAY, NOVEMBER 5, 8:00 PM

DOORS OPEN AT 7:30 PM ADMISSION: \$20.00 STUDENTS \$15.00

Admission includes snacks, beverages, tea, coffee & desserts




The latest release from Robert Hill & Joanne Lediger, who have been performing and touring together for fifteen years, is titled *Revelation*. For the project, vocalist Joanne Lediger and partner Robert Hill - on guitar, vocals, harp and keys, are joined by: Paulina Hill, Robert's daughter, on vocals; Steve Gelfand on bass; Frank Pagano on drums and percussion; and Ed Alstrom on Hammond B3 organ. Of the disc's eleven traditional Gospel Blues tracks, four are Robert Hill originals. Robert's CD has achieved acclaim in a very short time, reaching #1&2 on the Top 50 Gospel Blues Song Chart; # 5 on the Top 50 Blues Album Chart, and #2 on the New York Album Chart, among other top rated charts.

2022 Show proceeds will benefit

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SHINING STARS "CHRISTMAS SPECTACULAR" DECEMBER 9

Kenilworth Life • Page 11 • November 2022

Celebrate the holiday season when the Shining Stars take the stage for their 2022 "Christmas Spectacular" set for Friday, December 9 at 7:00 p.m. The show will take place on the main stage at the historic Union County Arts Center in Rahway as this talented cast sings and dances to many of your holiday favorites.

With many cast members from all over Union County and beyond, Shining Stars Network has been producing live programming for the special needs community for ten years.

This year's Christmas Spectacular marks the return of the Shining Stars to one of the most beautiful theaters in New Jersey and will feature 35 special needs cast members and their volunteer buddies from local high schools, who serve as mentors to the cast during rehearsals.

Two previous Shining Stars shows at UCPAC drew more than 1,000 audience members for each performance, and already, the buzz is building in the community.

"We're so excited to ring in the holiday season," noted Shining Stars Network co-founder and President Mike Curci. "Our stars are ready to share their smiles, energy and amazing talents with everyone. This will be a great way to cap off our 10th anniversary celebration."

"We strongly believe in creating an inclusive environment for our cast, and our buddies are an integral part of the Shining Stars experience," noted Shining Stars co-founder and director Sally Curci. "We are so excited to bring a new show to

the stage and cannot wait to connect with our incredible audience again."

Shining Stars Network is wrapping up a big year, which included their annual "Evening of Shining Stars" Spring Show, Summer Performing Arts Workshop, and their successful Paper Mill Playhouse debut performing in front of a sold-out audience at the Paper Mill Brook Side Cabaret.

"Shining Stars Network is not only about performing, but more importantly we're about building self-confidence and self-esteem," said Shining Stars co-director Nicole Greene. "Our cast members are not only talented, but inspire us every day, and we are all very excited about taking the stage again to share another magical night with the audience."

Tickets are on sale now at UCPAC.org. For groups of 10 or more, email shiningstarsnetwork@gmail.com.

The night will also feature a Tricky Tray and 50/50 raffle. Doors will open at 6:00 p.m.

Shining Stars Network is a 501(c)3 not-for-profit organization based in Cranford, N.J. that offers opportunities in the performing arts for the special needs community.

Plans for the 2023 season include their 2nd "Reach for the Stars" Gale, set for March 14 at the elegant Park Chateau Estate & Gardens in East Brunswick.

For more information on Shining Stars Network or to make a donation, please visit shiningstarsnetwork.org.



(above) The Shining Stars will take the stage for their 2022 "Christmas Spectacular" on Friday, December 9 at 7:00 p.m.

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'FOUR CENTURIES IN A WEEKEND' AT THE NITSCHKE HOUSE

More than 125 people visited the c. 1880 Oswald J. Nitschke House "living history" museum and cultural arts center on Oct. 15-16 during Union County's annual heritage tour, "Four Centuries in a Weekend." They saw the site's multicultural teaching gardens and learned how to make dolls from corn husks, toured the kitchen and sampled bread made from rosemary grown in the garden, marked their family

country/countries of origin on a world map and viewed the newly unveiled exhibit, "New Orange/Kenilworth — A Melting Pot of Many Cultures," and enjoyed the music of singer/guitarist Alessandra Small (shown here) and jazz/rhythm and blues vocalist/pianist Lou Watson, both of Music For All Seasons. The music was sponsored by the Kenilworth Education Association PRIDE Committee, and

refreshments were funded by the Kenilworth Municipal Alliance Against Alcohol and Drug Abuse/GCADA. The Nitschke House is open for tours September through June, on the second Tues. of each month from 6 p.m. to 8 p.m., and by appointment (908-709-0434). Events are posted on the Kenilworth Historical Society website (www.kenilworthhistoricalsociety.org) and on Facebook.



HOLIDAY SAMPLER TRIP TO BETHLEHEM, PA.

*Bethlehem's World-Renowned Christkindlmarkt Holiday Market,
'Trees of Historic Bethlehem' Exhibition, Tours of Five Historic Sites*

The Kenilworth Historical Society will host a holiday-themed bus trip to historic Bethlehem, Pa., on Sat., December 10.

The trip will depart Kenilworth (St. Theresa's School parking lot on Monroe Ave., between N. 22nd and N. 23rd Streets) at 8:30 a.m. and return to Kenilworth at approximately 6:30 p.m. Cost of \$95 includes comfortable motor coach transportation; admission to Bethlehem's world-renowned Christkindlmarkt holiday market, featuring a vast array of unique handmade works by more than 150 fine artisans, ice carving/glassblowing demonstrations, various eateries, festive entertainment and more; admission to an enchanting "Trees of Historic Bethlehem" exhibition of more than 26 trees, beautifully decorated by the Bethlehem Garden Club, across five historic sites (Kemerer Museum of Decorative Arts, Moravian Museum, Single Sisters' House, Luckenbach Mill and 1810 Goundie House) with tours of

each site; and evening views of the famous Star of Bethlehem atop South Mountain.

There will be complimentary door prizes on the bus. For further information and reservations, please call 908-709-0434. As space is limited, reservations by November 18 are requested to ensure availability. Gift certificates for the trip are also available for purchase.

Proceeds will benefit the Kenilworth Historical Society's historic Oswald J. Nitschke House (c. 1880) by helping defray operating expenses, including the cost of an elevator that makes the restored "living history" museum and cultural arts center fully accessible to everyone.

The Kenilworth Historical Society (www.kenilworthhistoricalsociety.org) is an independent, volunteer-based, non-profit, tax-exempt, 501 (c) (3) organization dedicated to the research, preservation and interpretation of the c. 1880 Oswald J. Nitschke House.



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WHAT WHERE AND WHEN IN OLD KENILWORTH

MONUMENTS TO OUR LOCAL VETERANS: 1924 TO 2022

There are likely will be few people if any who will attend the Kenilworth VFW Veterans Day program this coming November 11, who know about the history of the veteran monuments adjoining the Veterans Center on So., 21st St. That history dates back 98 years.

In May 1924 the Rotary Club donated a bronze plaque to VFW Post 2230 to honor local residents who served in WWI. When accepted by the VFW there was no stone monument upon which to place it. The local Citizens League approached the school board for approval to erect a stone monument on school grounds. On June 6, 1924, the board granted approval.

Local resident and architect Joseph A. Bailey designed a monument with a stone base shaped like a star that supported a seven-foot obelisk. In 1928 it was erected on the lawn between the old McKinley School and Harding School. The bronze plaque donated four years earlier was secured upon the obelisk. That the monument was the local gathering place for Veterans Day and Memorial Day services honoring Kenilworth

heroes until May 1959.

The old monument had insufficient room to post the names of local veterans who perished in WWII and Korea. A decision was made to erect a larger monument in the park adjacent to the Kenilworth Veterans Center on S. 21st St. to recognize the sacrifices of veterans of WWI, WWII, and Korea who perished as a result of serving in those wars. The new, much taller obelisk, was dedicated on September 19, 1959 with much fanfare. A big Boulevard parade concluded with a large assemblage of veterans, residents, and local officials who gathered around the new S. 21st St monument. The crowd heard speeches and witnessed the unveiling of the new monument. The original 1924 bronze plaque is on display in the Kennedy Room of the Veterans Center.

In 2003 the Kenilworth Veterans Center, at a cost of nearly \$60,000, added three large granite markers, each one dedicated to the memories of those who served and perished as a result of service during WWI, WWII, and Korea.

Landscaping, pavers, and other improvements were made at the time.

In 2011, the park was named "The Robert E. Jeans, Sr. Veterans Memorial Park" to recognize the dedicated and unwavering service of VFW Post 2230 Commander Robert E. Jeans, Sr., in revitalizing the post and for his ongoing leadership. A decorated, purple heart, Vietnam War veteran, Sgt. Jeans continues to serve as post commander.

Commander Jeans has extended an invitation to all residents to attend the outdoor service at 11:00 a.m. on November 11. In event of inclement weather, the program will be held inside the Veterans Center. Complimentary refreshments will be provided following the program.

Research provided by Walter E. Boright, Ed. D., historian, and Historic Signs, Inc.

Photo sources: Historic Signs, Inc. Persons with inquiries about this or other aspects of Kenilworth history may contact Dr. Boright at drbori@aol.com or 908-256-5200.



(above) Monuments as they currently appear.



(above) Original 1928 veterans' monument.



(above) Unveiling of the new veterans' monument, 1959.

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4 Units	3.25" x 8" or 6.5" x 4"	\$180	\$450	\$700	\$900	\$1100	\$1300	\$1500	\$1700	\$1900
6 Units	6.5" x 6.25" or 10" x 4"	\$240	\$600	\$900	\$1200	\$1400	\$1600	\$1800	\$2000	\$2200
9 HALF PAGE	6.5" x 9" or 10" x 7"	\$320	\$800	\$1000	\$1300	\$1600	\$1900	\$2200	\$2400	\$2700
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FLINTLOCKS READY FOR ACTION

Submitted by Dr. Michael Hart

The Flintlocks, BSA, Inc. are a group of retired scouts who dedicate their time and talents to helping the Boy Scout Camps in northern New Jersey. They annually donate approximately 5,000 hours of skilled labor to the scouts. The group includes many tradesmen, but also volunteers of every background. Most are retired, but some still work full time, and occasionally people volunteer to help for a day here and there. It is a very friendly group with a good sense of humor. When one member reached age 100, they designated a parking spot reserved for all Flintlocks over 100 years old.

The Flintlocks meet every Thursday at Camp Winnebago, Rockaway, NJ, all year round. They are organized as a 501c3 non profit corporation. All of the members are registered with the BSA. They provide a variety of skilled services to the Council. They have built cabins, picnic tables, painted the dining hall, built the archery range, built all the structures at the waterfront, financed, built and equipped the STEM Lab at Allamuchy Scout Reservation, repaired damage to camp structures, etc. In addition to building structures

and doing repairs and maintenance, they also volunteer at many Council activities throughout the year. More than half of the Flintlocks have been awarded the Silver Beaver or have received other Council and National Awards. They typically provide approximately 5,000 hours of volunteer skilled labor every year. Previous years were interrupted by COVID shutdowns, and the camps were not operational some summers, but now the Flintlocks are all vaccinated and have been back to work. The Council most recently opened the summer Scout camps again, and the Flintlocks have brought them up to code to receive campers.

The Officers and Trustees elected for the coming year are as follows: John Koneski, President; George Van Dyke, Vice President; Michael Hart, Secretary; Russ Jenkins, Treasurer; Bob Pysher, Chair of the Trustees; Ted Marquardt, Trustee; Bob Germinder, Trustee; and Frank Wallace, Trustee.

Visit the Facebook Page "Flintlocks". Guests are always welcome. For more information contact Secretary Dr. Michael Hart at drmhart@yahoo.com.



(above) Flintlocks pictured during their Annual meeting.

ST. JOSEPH SOCIAL SERVICE CENTER URGENT NEEDS

New Shopping Bag Rules in NJ... and We Need Bags!

New Jersey has the strictest ban on plastics in the country, and it is now in effect for the entire state of New Jersey, including for food distribution at St. Joseph Social Service Center. We are in need of reusable bags for our clients. If you can donate new or used but clean reusable shopping bags, please drop them, 118 Division Street, Elizabeth, NJ, during normal operating hours. If you have questions, please contact our Food Program Director, Corey Wu-Jung at cwujung@sjeliz.org or 908-354-5456 x412.

One of our urgent ongoing needs is for tuna or chicken in single serve pouches. Donations are gratefully accepted!

We are in need of a car or minivan. If you have a spare vehicle in good working condition, please consider donating it to St. Joseph's. Please contact Emy Cruz at 908-354-5456 x403.

FAMILY SUPPORT GROUP – NOV. 15

Are you feeling stressed and alone in trying to cope with the effects of a loved one's mental illness?

NAMI of Union County's Family Support Group is for family members and caregivers of persons with mental illness.

The group is led by NAMI-trained facilitators and is a peer support group that allows participants to gain insight from others facing the same challenges.

Zoom sessions are held on the 3rd Tuesday of every month from 7 – 8:30 p.m. To register, email Denise at: namiunioncounty@yahoo.com with your name, town, and phone number.

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