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COLLEGE WOMEN’S CLUB KICKS OFF NEW YEAR

CRANFORD MONTHLY NJ

Renna Media LLC, Publishers

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Cranford Monthly

The College Women’s Club opened the year with a great program provided by Horizon Blue Cross Blue Shield of New Jersey/Braven Health. Thanks to our facilitators, Marlo Sutphin, Manager, Community Health, and Andre Gammon, Community Health Representative, for showing us how fun corn hole can be!

Don’t miss our next free program, Weird and Whimsical Cranford, on November 14 at 7:30 p.m. with guest speaker Victor A. Bary, who is a member of the Cranford Historic Preservation Advisory Board, trustee, curator and newsletter

editor for the Cranford Historical Society. Mr. Bary will share over a dozen interesting and unusual stories about some events in Cranford’s history.

Meetings are held at the Jardine Academy Gym, 75 Rod Smith Place. The club is dedicated to providing free and interesting programs to the public as well as fundraising to provide scholarships for Cranford youth at any high school who are embarking on their college career.

Check us out at collegewomensclubcranford.com



(above) The College Women’s Club enjoyed a great program provided by Horizon Blue Cross Blue Shield of New Jersey/Braven Health.

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ARMY RANGER HUTCHINSON TO SPEAK AT CRANFORD VFW VET’S BREAKFAST

On Sunday, November 5, 2022, Cranford VFW Post #335 will be holding its annual Veterans Breakfast. Beginning at 9:00 a.m. at the Post Home at 479 South Avenue E. in Cranford, this event will be open to all area veterans. A full breakfast will be served free of charge and there will be several notable speakers.

This year’s featured speaker will be retired Army Ranger and current Director of Veterans Services for Bergen County, Shaun Hutchinson.

(left) Retired Army Ranger and current Director of Veterans Services for Bergen County Shaun Hutchinson will be the featured speaker at the Cranford VFW’s Veterans Breakfast on Sunday, November 5, 2022.

Hutchinson began his career in the Army in 1996 as an automatic rifleman and ended it in 2016 as the Sergeant Major of the Able Squadron of the Asymmetric Warfare Group.

He has an extensive career as an Army Ranger being deployed to Kuwait, Operation Enduring Freedom seven times, Operation Iraq Freedom three times, and to Afghanistan as well. His military decorations and awards are too great to detail but include the Bronze Star Medal (2nd award), Combat Infantry Badge, Master Parachutist Badge, and Army Meritorious Service Medal.

If you are a veteran of any era, VFW Post #335 encourages you to attend this important, fulfilling event. For further information email jimdrc@verizon.net or call 908-276-9730.



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THANKSGIVING DRIVE-THRU FOOD COLLECTION

Saturday, November 12, 10 a.m. to 12 p.m.

Join Cranford United Methodist Church in helping families who need a helping hand. We are holding a drive-thru Thanksgiving Food Drive on Saturday, November 12 from 10 a.m. - 12 p.m. in the church's parking lot.

We seek to help provide a semblance of normalcy for families in financial distress during the upcoming holiday season.

Here are some suggestions for Thanksgiving dinner donations: stuffing, canned yams, cranberry sauce, rice, applesauce, bottled gravy, broth, salt, pepper, oil, spices, salad dressing, canned green beans, French's Crispy Fried Onion packets, pasta, pasta sauce, canned pie filling, cookies and pudding. Hardy fresh fruit and vegetables are also needed. Paper goods and cleaning supplies are always needed.

Place your bags in your trunk, drive up, pop your trunk and volunteers will remove them, no contact needed! Your food donations will be delivered to Cranford Family Care, St. Joseph's Social Services and other local organizations serving people in need.

Cranford United Methodist Church's parking lot is located next to the Cranford Library, 201 Lincoln Ave. East, Cranford.

Can't make that date? There are bins outside near the Little Free Pantry in the church's parking lot where donations can be dropped off any time.



(above) Cranford United Methodist Church is holding a drive-thru Thanksgiving Food Drive on Saturday, November 12 from 10 a.m. - 12 p.m. in the church's parking lot.

PROJECT HOME SEEKING NEW MEMBERS

Project Home members are finding new ways to help Cranford Family Care.

While Cranford Family Care began during the Great Depression, it doesn't take a nationwide crisis for a resident to find themselves in need of its services. An unexpected health problem, a job loss, or flood can suddenly become a financial emergency. The association can help by offering short-term financial assistance to Cranford residents to cover utilities, rent, or mortgage payments, as well as provide food.

Project Home of Cranford was formed more than 30 years ago to help support Cranford Family Care through fundraisers such as Ladies Night Out, the Town-Wide Garage Sale, and the Dunk-a-Cop fundraiser during National Night Out. Every dollar it raises or donation the charity receives goes toward the annual pledge that

enables Cranford Family Care to continue helps the residents in need.

Project Home's small but effective team is currently looking to expand its role with the organization by helping with the organizations the day-to-day needs as well. This includes:

- Organizing food in pantry
- Shopping for food
- Dropping meals for seniors
- Baking for seniors
- Helping at events, such as food drives
- Shopping for food and or meals from local business.

Picking up donations from stores and or resident's homes

Want to help? Project Home welcomes new members. If you are interested in joining, email them at projecthomeofcranford@gmail.com.

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Photo by Marko Korosec, near Julesburg, Colorado

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CRANFORD REC SEEKING PART-TIME EMPLOYEES

Cranford Recreation is seeking part-time employees to supervise the Cranford Community Center on Monday-Friday from 3 – 10 p.m.

Part-time employees are also needed for Teen Night at the Community Center (6th- 8th graders) on Friday evenings from 7 – 10 p.m. Supervise, interact, and have some fun! Candidates must be 18 and older.

If interested come to the Community Center to complete an employment application. Call 908-709-7283 for more information.

ANNUAL INTERFAITH THANKSGIVING SERVICE

The community is invited to the Annual Interfaith Thanksgiving Service on Monday, November 21 at 7:30 p.m. at Calvary Tabernacle Church, 69 Myrtle Street, Cranford, sponsored by the Cranford Clergy Council and the Cranford Interfaith Council. New this year is a "Caring and Sharing Fair" inviting local churches and non-profits to share their charitable activities and mission work, services to the community at large, and social justice projects. The Fair will take place from 6:30 - 7:30 p.m. preceding the service and following the service until 9:00 p.m.

The Clergy Association will recognize The Cranford Police and Fire Departments and Cranford First Aid Squad with a certificate of appreciation for their service to our community.

The community is invited to bring donations of non-perishable food for distribution to those in need and to make donations to the charities exhibiting at the Caring and Sharing Fair.

For more information or to reserve a table for "The Caring and Sharing Fair", please contact Rabbi Paul Kerbel at rabbip@tbmc.org or Pastor Connie Salerno, Thanksgiving Service chair, at 908-709-9600.

HOLIDAY SAMPLER TRIP TO BETHLEHEM, PA

The Kenilworth Historical Society will host a holiday-themed bus trip to historic Bethlehem, Pa., on Sat., December 10.

The trip will depart Kenilworth (St. Theresa's School parking lot on Monroe Ave., between N. 22nd and N. 23rd Streets) at 8:30 a.m. and return to Kenilworth at approximately 6:30 p.m. Cost of \$95 includes comfortable motor coach transportation; admission to Bethlehem's world-renowned Christkindlmarkt holiday market, featuring a vast array of unique handmade works by more than 150 fine artisans, ice carving/glassblowing demonstrations, various eateries, festive entertainment and more; admission to an enchanting "Trees of Historic Bethlehem" exhibition of more than 26 trees, beautifully decorated by the Bethlehem Garden Club, across five historic sites (Kemerer Museum of Decorative Arts, Moravian Museum, Single Sisters' House, Luckenbach Mill and 1810 Goundie House) with tours of

each site; and evening views of the famous Star of Bethlehem atop South Mountain.

There will be complimentary door prizes on the bus. For further information and reservations, please call 908-709-0434. As space is limited, reservations by November 18 are requested to ensure availability. Gift certificates for the trip are also available for purchase.

Proceeds will benefit the Kenilworth Historical Society's historic Oswald J. Nitschke House (c. 1880) by helping defray operating expenses, including the cost of an elevator that makes the restored "living history" museum and cultural arts center fully accessible to everyone.

The Kenilworth Historical Society (www.kenilworthhistoricalsociety.org) is an independent, volunteer-based, non-profit, tax-exempt, 501 (c) (3) organization dedicated to the research, preservation and interpretation of the c. 1880 Oswald J. Nitschke House.



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If Knee Surgery Sounds Scary, It Should

Have you have been told you are facing knee replacement surgery? Have you been told about all the downsides you could be facing? First and foremost, there are NO guarantees that knee replacement surgery will be the answer to your pain, but let's look further:

- Surgery is costly, regardless of the percentage of services covered by insurance.
- Surgery requires lost time from work and typically requires a regimen of rehabilitation and medications.
- With surgery, there is always a risk for unwelcomed complications. And you could be back to where you started, or worse.
- Medications will be required for relief from surgery and you have been down that road before. Additions to these pain medications can cause potential side effects, something you do not want to experience.
- Rehabilitation can take years.

Consider This Alternative To Surgery

Northeast Spine & Wellness Center offers you a real opportunity and a painless way to say goodbye to your knee pain without any surgery. Here are just a few of the important benefits you should consider?

- Diagnostic fluoroscopy accurately targets the pain, unlike blind injections.
- Guided fluoroscopic injections are virtually pain free, unlike blind injections.
- No lost time from work or family.
- No expensive or time consuming rehabilitation.
- No potentially addictive prescription medications.
- Recovery time is almost instant, not months or years.

How Does This New Treatment Work?

Relief begins almost as fast as it takes to pronounce the treatment. It's called Viscosupplementation Therapy. To begin with, it starts with **Northeast Spine & Wellness Center** investing in the use of diagnostic fluoroscopy. This enables them to target the exact location of your knee pain with pinpoint accuracy. What follows is a simple injection that causes little to no pain, especially when compared to what you may be living with daily. That explains what you will see on the surface of this revolutionary treatment. What's taking place below the surface is how and where the natural healing process takes place. The injection of a Hyaluronic acid called Hyalgan. This gel-like substance was approved by the FDA in 1996. Hyalgan is a natural substance that mimics the synovial fluid that is already produced by your body in your joints. Osteoarthritis sufferers in particular see a reduction in this much needed synovial fluid in their knee joints. Without that cushioning layer of protection, the cartilage in your knee can begin to wear away leading to the rubbing of bone on bone. Through Viscosupplementation Therapy, this natural substance immediately goes to work reducing the swelling and inflammation in the joint and adding a coating layer of protection. Think about Dorothy taking the oil can to The Tin Man. You'll begin to feel that same kind of relief and quite possibly feel like you're ready for a dance down the yellow brick road to recovery yourself. And with a success rate of over 85% in alleviating pain associated with osteoarthritis, it's easy to see why this treatment is so readily covered by Medicare and by most major insurance providers. Diagnostic fluoroscopy to target the pain. Viscosupplementation Therapy to relieve the pain. Simple, fast and no surgery!

Do you Suffer from any of these Symptoms?

There are a number of reasons why you developed Osteoarthritis pain. It can develop with age or because of heredity. It could be from repetitive stress from a job or some glory days in athletics. Of course your concern is with the symptoms you face daily and how to make them end, hopefully without surgery or the use of potentially addictive medications. **Northeast Spine & Wellness Center** understands the symptoms you have been living with and can help. If you have any of the symptoms below, please call us today. Relief is a phone call away.

- **Pain** - Whether it's a sharp aching or maybe a burning sensation, the pain can range from irritating to debilitating.
- **Swelling** - This can cause tenderness and soreness to the entire knee area, making walking or going up and down stairs painful, getting in and out of bed or bathtubs difficult and dangerous just name a few activities affected by swelling.
- **Stiffness** - Getting up out of bed or after sitting for a period of time gets more and more difficult. This loss of mobility can be more than a hindrance. It can be dangerous if you need to move quickly.
- **Loss of muscle strength** - This can lead to balance issues and the strong possibility of falling.
- **Joint deformity** - Not just unsightly, but painful as well.
- **Creaking Joints** - Can be painful and a sign of more discomfort to come.
- **Sleepless nights** - Losing sleep over your suffering is not just irritating, but potentially dangerous because of so many other health concerns that can be affected by loss of sound sleep.

Let Me Show You Targeted Relief From Your Knee Pain

Every day, I see patients suffering from knee pain due to arthritis, osteoarthritis, sports injuries or other conditions. Many have been told that they are in need of knee replacement surgery. Other patients say they have been prescribed various prescription medications to deal with the pain.

Something else I see almost every day, are patients that have tried viscosupplementation knee injections elsewhere and found it to be a painful and ineffective experience because the injections were not administered using fluoroscopic guidance. Instead of using the incredibly accurate diagnostic fluoroscopy we use at **Northeast Spine & Wellness Center** these patients experienced a blind injection technique, which can be as inaccurate as playing pin the tail on the donkey.

Once I am able to explain to my patients about the pin point accuracy of using diagnostic fluoroscopy and the amazing results viscosupplementation can provide, they are thrilled to get started. They are even more thrilled when they feel the relief. Please contact **Northeast Spine & Wellness Center** today to schedule your RISK FREE consultation.

Call 732-827-0800

Scot Paris MD, FACS



Here's what our patients have to say

"I'm dancing without pain. I can move with no problem whatsoever. I can go up and down steps with no pain."

- Patricia G.

"Over 85% relief for the first time in 15 years, suffering with knee pain. My life is getting back to normal."

- Perry O.

"After only four visits, I have absolutely no pain! The staff is top-notch."

- Question L.

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THE CRANFORD HISTORICAL SOCIETY
INVITES YOU TO A
**95th Anniversary
Celebration**

Join us at the museum where it all started for a candlelight walk through while enjoying wine and hors d'oeuvres. Coffee, tea and cake will also be served.

The Crane-Phillips House Museum
124 North Union Avenue
December 3rd, 6-9 PM
\$25 per person ♦ RSVP by 11/28
check made out to the Cranford Historical Society
38 Springfield Ave., Cranford, NJ 07016

HISTORICAL SOCIETY 95TH ANNIVERSARY CELEBRATION

The Cranford Historical Society is hosting an event to celebrate our 95th Anniversary! We invite guests to a candlelight walk though of our Museum, The Crane-Phillips House Museum, on December 3rd from 6 to 9 p.m. The Museum is located at 124 North Union Avenue in Cranford and was named an "American Treasure" by the White House Millennium Council and the National Trust for Historic Preservation in 1999. It was built in the style of Andrew Jackson Downing, an American architect, and it offers a glimpse of what life was like for a modest family in the Victorian era of opulence.

Wine, hors d'oeuvres, coffee, tea and cake will be served. Cost is \$25 per person. RSVP by November 28th with your check made out to the Cranford Historical Society to our office at 38 Springfield Ave., Cranford, and indicate names of attendees. We look forward to a grand celebration and hope you will join us!

For more information or for any questions, please call the Society's office at 908-276-0082, email us at cranfordhistoricalsociety@verizon.net or visit our website at cranfordhistoricalsociety.com.

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KNIGHTS OF COLUMBUS SUPPORT ANNUAL FEAST OF ST. MICHAEL

Since the inception of the Feast of St. Michael, the Cranford Knights of Columbus has supported this worthy event every year by running and staffing the always popular Beer Garden. After a two-year hiatus due to the COVID 19 pandemic, St. Michael's Church was able to hold the Feast this year and Cranford Brother Knights took care of everything volunteering in the Beer Garden and supporting the Feast across the board. After every feast, the Council donates any monies collected in our Beer Garden tip cups to a worthy charity and this year, we heard that the Cranford First Aid Squad needed new reflective vests to protect them while on duty. The Council donated the entire tip cup proceeds and happily purchased new personalized reflective vests for the Squad.

The Cranford Knights of Columbus is a Catholic Fraternal Organization dedicated to our

Four Core Principles, Charity, Unity, Fraternity and Patriotism. The Cranford Council supports many charities and civic causes locally, state-wide and nationally committed to be a viable part

of our Cranford Community. For information about joining the Council, please contact Grand Knight Jerry Conheeney at 908-416-3464 or visit our web site at www.cranfordknights.org.



(above) Pictured at the vest presentation are Grand Knight Jerry Conheeney and Deputy Grand Knight Kevin with the Squad from left to right, EMT Victoria Verma, Cadet Nora Cumiskey, Cadet Nicole Pasiecznik, EMT Crew Chief Maya Tobolewski and EMT Allen Davies.

Courtesy photo





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FISHING FLEA MARKET NOV. 19

The Rahway Fall Fishing Flea Market will be held on Saturday, November 19th, 2022, from 9 a.m. to 2 p.m., at St. Thomas Church Hall, 1400 St. Georges Ave., Rahway, NJ.

New, used, antique, custom fishing and boating items will be available to all. Door prizes will be given away every half hour which include rods, reels, tackle and much more. Food and refreshments are sponsored by St. Thomas Holy Name Society. Admission price is \$5 per adult, children 12 and under are free. For show or vendor information visit fishingfleamarkets.com or call 732-381-2165.

RAHWAY'S

FISHING FLEA MARKET

SATURDAY, NOV 19, 2022
9 am to 2 pm

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Door Prizes Every Half Hour

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Experience our local Rahway Shopping, Dining and Events during the Holiday Season 2022!

Rahway is home to a diverse small business community, with unique retail shops, talented local artists and crafters, multicultural dining, and seasonal holiday events for the whole family! It's the perfect place to begin the celebration and start your holiday shopping. For the most up-to-date information, please visit us at cityofrahway.com.



SHOP RAHWAY
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The City will kick-off the 2022 holiday shopping season with specials, raffles and giveaways starting on Small Business Saturday Nov. 26, 2022!

JOIN US

Visit rahwayishappening.com/shoplocal to explore the unique shopping, dining and entertainment that Rahway has to offer!



RAHWAY WINTER WONDERLAND
POP-UP SERIES 2022

Friday 12/2
Friday 12/16
4pm - 7pm

LOCATIONS:
Arts District Park, Train Station, E. Cherry Street

Pictures with Santa and the Grinch, Live Performances, Hot Chocolate, Giveaways, Strolling Characters, and more!

Visit cityofrahway.com/winterwonderland to find out more about our upcoming events planned for this Holiday Season!



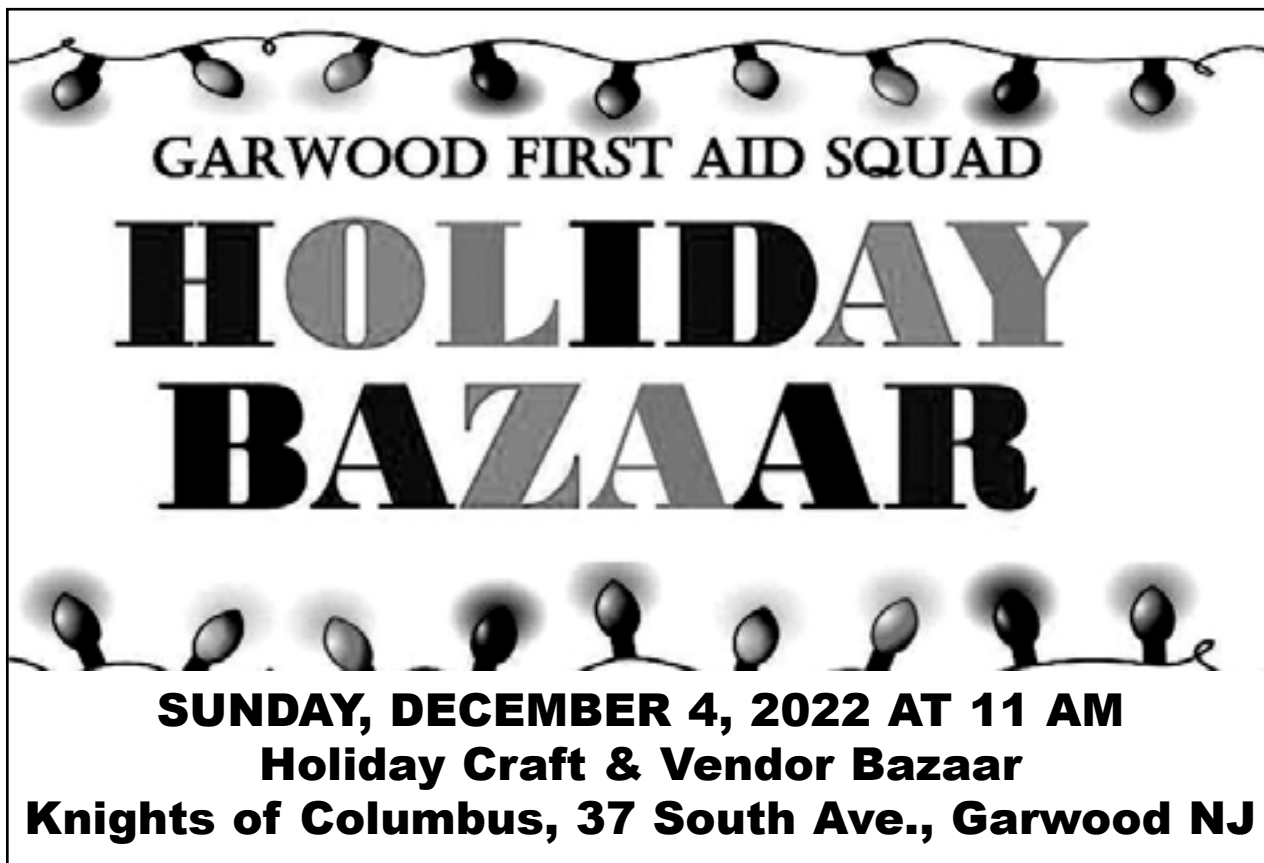
MAYOR RAYMOND A. GIACOBBE

1 City Hall Plaza, Rahway, NJ 07065
cityofrahway.com

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Rahway is community!





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HOLIDAY BAZAAR

SUNDAY, DECEMBER 4, 2022 AT 11 AM
Holiday Craft & Vendor Bazaar
Knights of Columbus, 37 South Ave., Garwood NJ

UNION COUNTY'S GOT TALENT - NOV 19

Union County's Got Talent (UGT) is a major fundraising event that supports the Union High School Performing Arts Company and the Douglas Michael Krueger Scholarship Fund, both of which directly benefit the students of Union Township.

Union's Got Talent has been a major community success and, this year, we have gone county-wide.

Our contestants this year either live, work or attend school in Union County. We have 20 contestants from various towns in Union County.

The show, on November 19, 2022, will be hosted by Kean University and will take place at Kean's Enlow Recital Hall.

Tickets are available only online at unionsgottalent.org. Tickets will not be available at the venue. Enlow Hall is a small theater with only 300 available seats. We advise that patrons buy their tickets early.

This year, UHSPAC and the DMK Scholarship Fund will be partnering with the Township of Union's Cultural Arts Committee with sponsorship by Investors Bank, Union's Special Improvement District and BCB Bank to present UGT on Saturday, November 19, 2022.

FAMILY SUPPORT GROUP – NOV. 15

Are you feeling stressed and alone in trying to cope with the effects of a loved one's mental illness?

NAMI of Union County's Family Support Group is for family members and caregivers of persons with mental illness.

The group is led by NAMI-trained facilitators and is a peer support group that allows participants to gain insight from others facing the same challenges.

Zoom sessions are held on the 3rd Tuesday of every month from 7 – 8:30 p.m.

To register, email Denise at:

namiunioncounty@yahoo.com

with your name, town, and phone number.

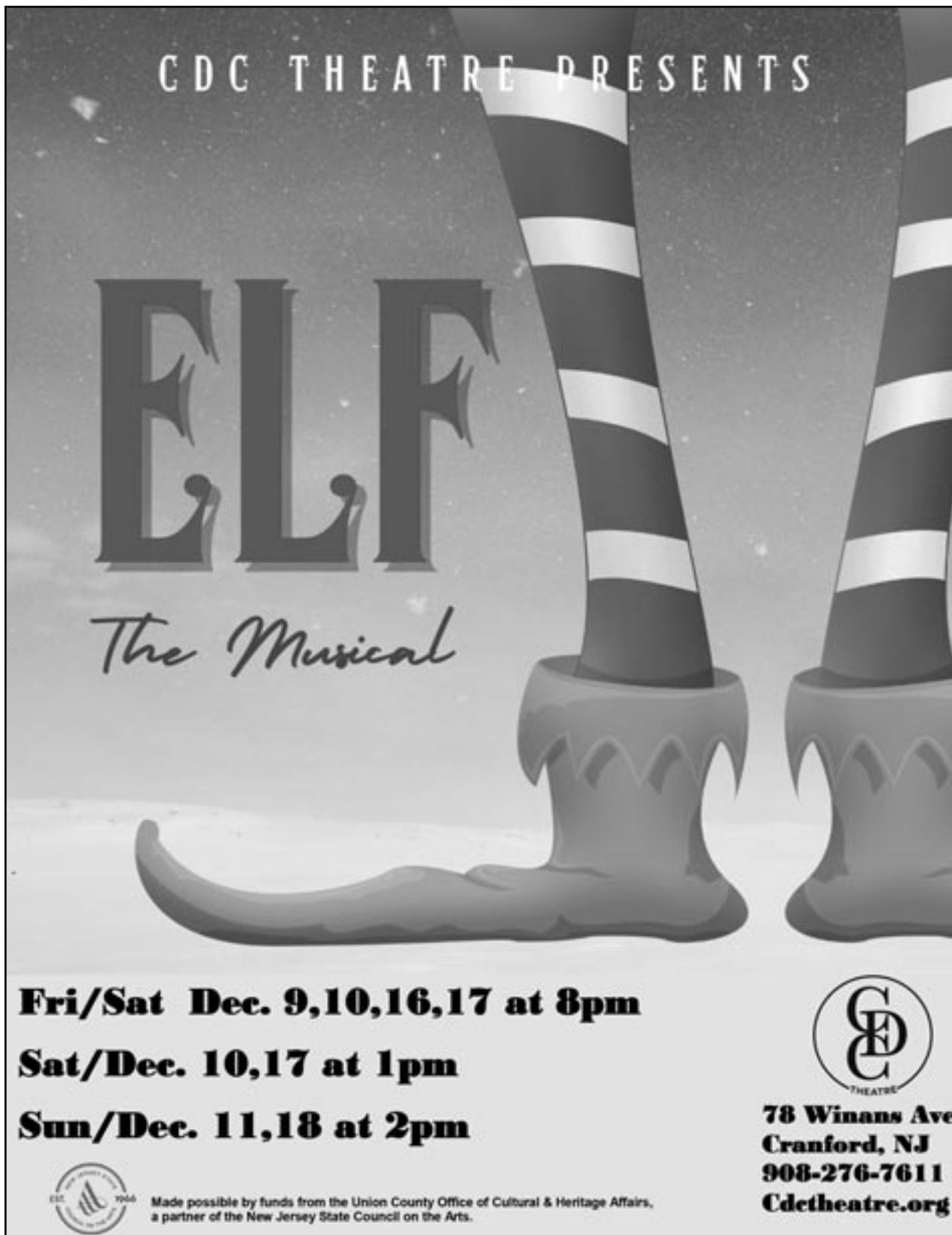
VOLUNTEERS NEEDED

The YWCA Union County is actively seeking volunteers. Crisis Response Team Volunteers are needed to work with local police departments that are providing options, advocacy, and emotional support to domestic violence survivors.

IF INTERESTED, THE FOLLOWING IS REQUESTED:

- Must be 18 years of age or older
- Evening or weekend availability a plus
- Bilingual a plus
- Must have driver's license and vehicle
- Experience working/volunteering with vulnerable & diverse populations a plus
- Free, 40-hour Domestic Violence Training
- Background check required

For more information - please contact Amanda Gonzalez, CRT Coordinator via email at: amgonzalez@ywcaunioncounty.org.





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 Made possible by funds from the Union County Office of Cultural & Heritage Affairs, a partner of the New Jersey State Council on the Arts.

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CRANFORD POLICE DEPARTMENT SPEAKS WITH THE ROTARY CLUB

The Rotary Club of Cranford sends special thanks to the Cranford Police Department's Lt. Matt Nazzarro and Det/Lt. Chris Polito for joining them on October 6 to share their fantastic work with the Cranford Police Department's Community Advisory Board (CAB). Pictured with Rotary Club of Cranford, New Jersey's President Joe Starkey, they spoke to the club to share the outreach to all community stakeholders via CAB. The Rotary thanks Cranford's Police for the work they do every day to protect our community and for also always looking to increase community engagement. For anyone who has an interest in what Rotary does, please reach out to Jamie Miller at 908-721-2550 to learn more.



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DUCK RACE A SUCCESS!



(above) The Mama Duck starts the race.



(above) Yarnstormer duck mascots at Hanson Park



(above) Looking for a winner

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Hanson Park Conservancy’s Annual Rubber Ducky Race was held on Sunday, October 9, at Sperry Park in Cranford, NJ. It was a beautiful sunny fall day and everyone in attendance had a wonderful time. We raised money that benefits programs and maintenance of Hanson Park, but the event is what makes Cranford unique and wonderful.

Hanson Park Conservancy would like to thank our sponsors and those who donated gifts.

Platinum Sponsors: Cranford Chamber of Commerce (event co-host), Bridget Briant – Yoga to Go, Feder Insurance, PSE&G, Tera Inc, Cranford Jaycees, Andrew Cossa Landscaping Design LLC, Arnold’s Pest Control, Jim and Julie Murphy, Cranford Rehab and Nursing Center.

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Springfield Park Manor Homeowners Association, Cranford Clay Courts Club, Knights of Columbus Cranford Council #6226.

Merchant Prize donors: Lori Talbot, HPC trustee, The Brian Andrews Family, Attack of the Baseball Cards, Breadsmith, Cranford Canoe Club, Periwinkles.

HPC wishes to thank all the volunteers who helped get us to race day and offered their time and sweat equity the day of the race: Union County Board of County Commissioners, Cranford Parks and Rec, Cranford Mayor Kathleen Prunty, Commissioner Mary O’Connor, Commissioner Brian Andrews, Troop 80 Boy Scouts, Weaver Printing, Kris and Katelyn Gamba, Bridget Briant, Lex Ottati, photographer, Walter Gallagher, Bernie Wagenblast, event MC, Cranford Fire Department Water Rescue team, Tom Hannen, Cranford DPW, Cranford Library, Ralph Circelli, Cranford Canoe Club, Elaine Moffett, Periwinkles, Linda Livelli and Robert Engelhardt, Mider Family, Hanson Park Conservancy Trustees, and Ellen McHenry, HPC President.



(above) Let the race begin!

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CRANFORD HOCKEY CLUB RAISES MONEY FOR SCHOLARSHIP FUND

On September 26, The Cranford Hockey Club (CHC) held its inaugural golf fundraising event at Echo Lake Country Club to raise money for its CHC Scholarship Fund. The golf featured more than 80 participants who donated their time and money to support the scholarship fund. The scholarship fund's mission seeks to reduce the financial barriers that prohibit children living around the Club's home rink, Warinaco Park, from participating in the sport.

During his remarks at the banquet, CHC President Mike DuHaime said, "Unlike baseball, soccer, football, or basketball, where there are numerous playing fields, ice is scarce and hockey equipment is expensive, keeping too many young kids from a sport that will help

them gain confidence, make friends, and grow as human beings in a way that only hockey can. The scholarship will cover equipment costs and associated tuition for learn-to-play programs for beginners and for full-year travel players as they learn the game."

Established in 1956, the CHC is the oldest youth hockey club in New Jersey, providing the best value in the region. CHC is a non-profit, family-focused organization led by volunteers and experienced coaches driven by a love of the game.

More information on the CHC, the scholarship fund and opportunities to get involved or donate can be found at cranfordhockeyclub.com/scholarship.



(above, l-r) Pictured are members of the Cranford Hockey Club board, Rick Sacchetti, Dave Germond, Colleen Gialanella, Josh Mandel, Sean McDonald, Mike DuHaime, and Jon Ball.

ALLIANCE CHURCH FAMILY FUN NIGHT

The Cranford Alliance Church invited the community to have some fall fun on Saturday, October 15th. The family friendly event featured a pumpkin patch set up in front of the church, and in the yard there was apple cider, a fire pit to make smores, fall crafts including decorating a bag to be filled with candy, and a pinata. To learn more about Cranford Alliance Church visit cranfordalliance.churchcenter.com.



Photos from this and other events can be found online at rennamedia.com and on the Cranford Monthly page on facebook.com. Feel free to "Like," "Tag," and "Share."

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(above) Bob Meier of Cranford Auto Repair fixed a flat for Jane Eagles who was stranded in Cranford, far from her Massachusetts home. She called it divine intervention; Bob said it was just a good deed by a Boy Scout.

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GOOD DEEDS ABOUND IN CRANFORD, NJ

By Joe Renna

Dr. Jane Eagles writes a column named “Good News” for the Canton Citizen Newspaper, a weekly publication in Canton, Massachusetts. She was meeting family members from Brooklyn and New Jersey, and by chance they chose Cranford for their lunch date. A flat tire stranded Jane and the prospect of getting back to home any time soon was slim. She happened to roll to a stop in from of my house and I made a call to Cranford Auto Body on South Street to see if they can help. The owner, Bob Meier, happened to pick up the phone and, though he was just stopping by on his day off, he came to her rescue. In no time he patched the tire up and Jane was on her way home.

Bob’s good deed inspired Jane’s next column of “Good News”. The following is an excerpt from her column:

It happened a few short minutes after saying goodbye to some family members I had been visiting in another state - the unmistakable feel that my car was dragging something. So, I pulled over to the curb to investigate, and there it was...a flat tire.

So, before I could get on the road for the four and a half hour drive back to Canton, I had to do something; so, I dialed AAA only to be told on a recorded message that they were very busy and I would be put into a queue and would receive a return call when my number came up, unless of course I was able to access their app and do it digitally.

I preferred waiting to talk to a real person, and as I waited, a man approached my car from the yard in front of where my car was parked.

He asked whether he could be of help, then realized, that the flat tire was the problem. Within a few seconds after he saw the tire and I told him I was on hold with AAA, he offered to change the tire for me, as he was looking at the injured tire, he realized there was a screw poking out of it.

I agreed to his kind offer, and so we opened the trunk to get out the spare. But there was no spare

to be found, nor was there even an emergency “donut”.

But my Good Samaritan was not ready to leave me in the lurch. He said he'd call the garage he used just down the street to see if it could send someone out to fix the tire.

The call went through, and after a very brief time, a mechanic arrived, actually it was the garage owner, Bob, who without my ado, jacked the car up, unloosened the tire bolts, and removed the tire. Then he took it back to the garage to assess the damage.

This was the middle of Saturday afternoon, and not a time he was usually at the garage. None-the-less, he took it upon himself to help out this traveler in distress.

While he was off evaluating the tire's needs, my initial Samaritan, Joe, invited me to sit on a bench in the shade in his front yard, while another neighbor, Marie, offered to get me something to drink, while we waited for Bob's return.

While waiting, Joe and I made brief conversation about gardening. But, our common talent for being unsuccessful gardeners was not the only thing we talked about as we waited for Bob's return. Joe told me he published a community newspaper that highlights good deeds his neighbors do for each other, as well as, highlighting community events, and he gave me a copy of the Cranford Monthly.

It was then I told him that I write articles for my “Good News” column in the Canton Citizen, and since I had a copy of this week's paper in my car, I gave him my copy.

Just about then, Bob returned with my refurbished tire and put it back on my car so I was “ready to roll.” But before doing so, I offered to pay whatever his kind deed warranted; but Bob would take no money, even when I offered to contribute to the Boy Scout troop he leads.

Stunned by his generosity, Joe and I stood on the sidewalk, marveling at the Divine Intervention that had brought the 3 of us together, and for me, promising to “pay it forward,” as it had been done for me.

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SHINING STARS "CHRISTMAS SPECTACULAR" DECEMBER 9

Celebrate the holiday season when the Shining Stars take the stage for their 2022 "Christmas Spectacular" set for Friday, December 9 at 7:00 p.m. The show will take place on the main stage at the historic Union County Arts Center in Rahway as this talented cast sings and dances to many of your holiday favorites.

With many cast members from all over Union County and beyond, Shining Stars Network has been producing live programming for the special needs community for ten years.

This year's Christmas Spectacular marks the return of the Shining Stars to one of the most beautiful theaters in New Jersey and will feature 35 special needs cast members and their volunteer buddies from local high schools, who serve as mentors to the cast during rehearsals.

Two previous Shining Stars shows at UCPAC drew more than 1,000 audience members for each performance, and already, the buzz is building in the community.

"We're so excited to ring in the holiday season," noted Shining Stars Network co-founder and President Mike Curci. "Our stars are ready to share their smiles, energy and amazing talents with everyone. This will be a great way to cap off our 10th anniversary celebration."

"We strongly believe in creating an inclusive environment for our cast, and our buddies are an integral part of the Shining Stars experience," noted Shining Stars co-founder and director Sally Curci. "We are so excited to bring a new

show to the stage and cannot wait to connect with our incredible audience again to celebrate the holiday season."

Shining Stars Network is wrapping up a big year, which included their annual "Evening of Shining Stars" Spring Show, Summer Performing Arts Workshop, and their successful Paper Mill Playhouse debut performing in front of a sold-out audience at the Paper Mill Brook Side Cabaret.

"Shining Stars Network is not only about performing, but more importantly we're about building self-confidence and self-esteem," said Shining Stars co-director Nicole Greene. "Our cast members are not only talented, but inspire us every day, and we are all very excited about taking the stage again to share another magical night with the audience."

Tickets are on sale now at UCPAC.org. For groups of 10 or more, email shiningstarsnetwork@gmail.com.

The night will also feature a Tricky Tray and 50/50 raffle. Doors will open at 6:00 p.m.

Shining Stars Network is a 501(c)3 not-for-profit organization based in Cranford, N.J. that offers opportunities in the performing arts for the special needs community.

Plans for the 2023 season include their 2nd "Reach for the Stars" Gale, set for March 14 at the elegant Park Chateau Estate & Gardens in East Brunswick.

For more information on Shining Stars Network or to make a donation, please visit shiningstarsnetwork.org.



(above) The Shining Stars will take the stage for their 2022 "Christmas Spectacular" on Friday, December 9 at 7:00 p.m.

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CRANFORD KNIGHTS OF COLUMBUS DONATES GOLF OUTING PROCEEDS

On Friday, September 16th, the Cranford Knights of Columbus held their 19th Annual Golf Outing at the Galloping Hill Golf Course in Kenilworth. 111 Golfers attended and helped raise funds for our Worthy Charities.

The Council donated \$5,000 to the Shining Stars Network which is an organization that creates platforms for individuals with developmental and intellectual disabilities to

build self-esteem and friendships through the performing Arts and inclusive events.

The Council also donated \$5,000 to Camp Fatima, the organization runs a free summer camp for special citizen children with developmental and intellectual disabilities so they can enjoy all of the activities held at their camp facility.

The Cranford Knights of Columbus is a

Catholic Fraternal Organization dedicated to our Four Core Principles, Charity, Unity, Fraternity and Patriotism. The Cranford Council supports many charities and civic causes locally, state-wide and nationally committed to be a viable part of our Cranford Community. For information about joining the Council, please contact Grand Knight Jerry Conheeney at 908-416-3464 or visit our web site at cranfordknights.org.

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(above) Pictured presenting the check are Grand Knight Jerry Conheeney, Mike Curci, a Cranford resident who founded the Shining Stars Network, Worthly Chaplain Monsignor Tim Shugrue along with Cranford Knights and Shining Stars Network members.

Courtesy photos

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(above) Grand Knight Jerry Conheeney, Patti Gerris representing Camp Fatima, Worthly Chaplain Monsignor Tim Shugrue, and the Cranford Brother Knights who serve on the Golf Committee and run the Golf Outing every year.

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Monday - Thursday: 10AM-9PM; Friday, Saturday: 10AM-5PM; Sunday: Closed

The Real James Bond

Tuesday, November 1 at 7:30 p.m.

Did you know there really was a James Bond? He wasn't a spy like in the novels and movies, but an American ornithologist who was a published author and expert on birds of the Caribbean. Join lecturer, author and bird expert Jim Wright for this fascinating presentation about the real James Bond and learn how Ian Fleming came to use Bond's name for his iconic character! Wright is the author of "The Real James Bond: A True Story of Identity Theft, Avian Intrigue & Ian Fleming." Sponsored by the Friends of the Cranford Public Library. Registration is required and can be done by visiting cranfordlibrary.org.

New Monthly Films

Wednesday, November 2 at 7 p.m.

Our monthly film screenings are back! Join us the first Wednesday of the month at the Cranford Community Center for an evening movie! We will be showing movies recently released on DVD. Please contact the library for specific film titles. No registration is required.

Trivia Night

Thursday, November 3 at 7 p.m.

The Friends of the Cranford Public Library will be hosting another evening of trivia! Join your teammates at the Cranford Community Center for fun and trivia! Prizes will be awarded to the winning team! Registration is required and can be done by visiting cranfordlibrary.org.

Art in the Park, Hanson Park: Natural Dyeing

Saturday, November 5 at 11 a.m.

Dye fabrics using natural materials! Join us at Hanson Park from 11am-12pm for our first ever Art in the Park. This event is for people of all ages: children, teens, and adults! No registration required.

Nature Photography for Everyone: Union County Edition

Monday, November 7 at 7 p.m.

No matter what kind of camera you have, you can learn how and where to take beautiful nature photos close to home. Union County photographer Jacki Dickert will share local spots for finding interesting wildlife and lovely scenery, best practices for photographing animals and landscapes, and tips for creating compelling compositions. Sponsored by the Friends of the Cranford Public Library. Join us in the Cranford Community Center for this program, and don't forget to stop by the library and check out October's display cases, featuring Jacki Dickert's photos! Registration is required and can be done by visiting cranfordlibrary.org.

Winter Sowing Workshop

Wednesday, November 9 at 7 p.m.

Join us at the Cranford Community Center to learn the basics of starting native annual and perennial seeds in the winter. This lecture is part of our Native Seed programming lineup. Don't forget to stop by our Native Seed Library, located inside the card catalog by the front desk of the Cranford Public Library, and pick up--or drop off-- some seeds. Registration is required and can be done online:

eventbrite.com/e/336748282177

Literary Cafe

Saturday, November 12 at 10:15 a.m.

Literary Café is a book chat program. The format is simple: Bring a few of your recent favorite books and tell the other members of the group what you like about them. If you don't have a copy of the book you want to talk about, that's okay, too. The books can be new or old, fiction or non-fiction, classic or contemporary. There is no required reading, and you will have the opportunity to learn about books recommended by other group members. Attend as many sessions as you'd like. Admission is free and all are welcome. Patrons are welcome to join us in the Raddin Room or online.

International Film Screening

Monday, November 14 at 2 p.m. and 7 p.m.

Join us at the Cranford Community Center the 2nd Monday of the month at either 2 p.m. or 7 p.m. for an International film screening. Please contact the library for specific titles. Sponsored by the Friends of the Cranford Public Library. No registration is required.

Internet Security Basics

Thursday, November 17 at 2 p.m. and 7 p.m.

Do you want to learn ways to protect yourself online? How about creating, changing and protecting your passwords? Join us at the Community Center at either 2pm or 7pm for a one- hour presentation with Cranford resident Robert Hopkins for this presentation and Q&A. Sponsored by the Friends of the Cranford Public Library. Registration is required and can be done by visiting cranfordlibrary.org.

BOY SCOUT CHRISTMAS WREATH

Cranford's Boy Scout Troop 80 will kick off its annual Christmas decoration fund raiser

Starting Friday, November 25th

10 a.m. – 3 p.m.

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4 Units	3.25" x 8" or 6.5" x 4"	\$180	\$450	\$700	\$900	\$1100	\$1300	\$1500	\$1700	\$1900
6 Units	6.5" x 6.25" or 10" x 4"	\$240	\$600	\$900	\$1200	\$1400	\$1600	\$1800	\$2000	\$2200
9 HALF PAGE	6.5" x 9" or 10" x 7"	\$320	\$800	\$1000	\$1300	\$1600	\$1900	\$2200	\$2400	\$2700
12 Units	10" x 8"	\$360	\$900	\$1200	\$1500	\$1800	\$2100	\$2400	\$2700	\$3000
18 FULL PAGE	10" x 14"	\$400	\$1000	\$1400	\$1800	\$2200	\$2500	\$2800	\$3000	\$3400
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