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Issue 134 • November 2022

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## **SCOUTS GIVE BACK TO COMMUNITY**

It was a busy week of service for Boy Scout, Cub Scout, and Brownie troops from Clark, NJ, in early October. Scouts from BSA Troop 145, Cub Scout Pack 145, and Brownie Troop 41921 all participated in the Garwood Township clean up on October 8, where they were asked to pick up trash along a stretch of sidewalk from Garwood Borough Hall to 4th Avenue and back. A number of scouts from each group showed up to the event and did great work beautifying the area.

On October 10, Scouts from BSA Troop 145 and Cub Scout Pack 145 pitched in to clean up the Clark Rec Center after the Unico Festival. Armed with bags and buckets, the Scouts walked the grounds of the Rec Center and picked up trash, cleaned rugs, and moved tables and chairs. John Cistaro, the Scoutmaster of BSA Troop 145 said, "It was a great service event. We're proud to be able to get the grounds of the Rec Center clean after another great Unico Italian Festival."

Also, during the week of October 3, BSA Troop 145 collected donation items for Osceola Presbyterian Church's Operation Christmas Child. Troop 145 families donated generously to the cause, providing items such as small toys, school supplies, hygiene items, and small clothing like hats and gloves that will be boxed, wrapped and given to underprivileged children as Christmas gifts.

The Scouts of Clark, NJ, are happy to serve the communities of Clark and Garwood and they look forward to other community service opportunities.







(about) Scouts did a great job in October giving back through clean-up projects and a donation collection.

Courtesy photos

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# Clark Monthly

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## **ORANGE MATTRESS CUSTOM BEDDING CELEBRATES 120TH ANNIVERSARY**

Orange Mattress Custom Bedding has announced its 120th anniversary as a successful, family-owned business.

Orange Mattress began as a bedding company in order to help customers find perfect sizes for their products, despite there only being a small selection of sizes at other companies. contrast, Orange Mattress has a wide range of different sizes perfect for a good-night's rest. This business has been helping the public for many decades.

Orange Mattress started as a family business in 1902 in Charleston, South Carolina. Around 36 years later, they relocated to Maplewood, New Jersey in order to continue their tradition by making bedding products. Now, their current showroom is in Clark, New Jersey and has been for a few years.

This company has been thriving for over a century. Their self-made, custom mattresses, box springs, pillows, and other items assisted in a great sleep amongst many people. Customers rave about the quality of these products and how their sleep has improved.

Orange Mattress gives a wide selection of materials for a mattress, including horsehair, latex, wool, or cotton, in order to determine the

desired firmness. They also give many options for box spring colors. In addition, they also sell named brands, double-sided mattresses, and the Julianna Mattress.

Orange Mattress has also been striving to help clients even through the difficult times during COVID-19. Although they had to take many safety precautions throughout these times, Orange Mattress still found a way to help improve sleep and wellness for the public.

They also have assisted many customers such as the Kissingers, the Rockefellers, the Hearsts, the Claibornes, and Ralph Lauren.

Call Orange Mattress for further information at 1-800-761-1100.



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## **LORI'S CLARK TRANSACTIONS FROM 1/1/20 TO PRESENT**

SOLD 15 Westfield Ave. 40 Ivy St. 15 Tudor Dr. 10 Washington St., Unit 03 47 Briarwood Path 39 King St. 56 Lexington Blvd. 13 Blake Dr. 213 East Lane 1168 Lake Ave., Unit 4 45 Wendell Pl. 501 Oak Ridge Rd. 309 Oak Ridge Rd. 29 Conger Way 13 Florence Dr. 303 West Ln. 1 Rose Ter. 187 Liberty St. 11 Harding Ave. 40 John St.

77 John St. 17 Hillside Ave. 11 Avon Rd. 81 New York Ave. 42 Kenneth Pl. 1 Kathryn St. 29 Hillside Ave. 9 Shetland Dr. 12 Yorktown Dr. 84 Wheatsheaf Rd. 12 Ascot Way 301 West Lane 1119 Maurice Ave. 1 Longfellow Lane 8 Wendell Place 13 Blake Dr. 42 School St. 29 Harvey Ct. 18 Yorktown Dr. 45 Starlite Dr. 1538 Franklin St.

40 Conger Way 15 Ayers Lane 72 Dorset Dr. 5 Schmidt Lane 269 Willow Way 18 Ginesi Dr. 7 Blake Dr. 43 Willow way 95 Briarheath Ln. 18 Terhune Rd. 1 Jarvais Ter. 39 Frances Dr. 28 Gibson Blvd. 41 Largo Lane 5 Tudor Dr. 111 Westfield Ave. 14 Washington St. 118 Jupitor St. 61 Sycamore Rd.

54 Harding Ave. 1 Plymouth Rd. 306 Parkway Dr. 75 Union County Pkwy 49 Briarwood Path 549 Valley Rd. 161 Meadow Rd. 16 Nassau St. 160 Meadow Rd. 415 Valley Rd. 49 Joseph St. 23 Ayers lane 110 Sweet Briar Dr. 30 Stanton St. 76 Harding Ave 53 Stemmer Dr. 291 Willow Way 330 West Lane 139 Jupitor St. 458 Oak Ridge Rd. 307 West lane

TOTAL NUMBER OF TRANSACTIONS = 168, 111 ARE IN CLARK

15 Briarheath Ln.

43 Kathryn St.

## "BE THE ONE" CAMPAIGN FOR VETERANS ON DISPLAY IN CLARK LIBRARY

#### Clark American Legion Auxiliary

November is Veterans Month. On November 11, Clark honors and remembers its Veterans at a ceremony on the grounds of Johnson High School. Clark has many Veterans spanning a long time starting from the Revolutionary War. These people were willing to sacrifice their lives for the good of their country.

This November the American Legion Auxiliary honors Clark's many veterans with artifacts and information about veterans in the Clark Library. The many items on display have been donated by veterans and their families to the Veterans of Foreign War Post and the American Legion Post. The items include souvenirs, equipment, and uniforms worn by our local veterans. Families of Veterans are proud of the service their family members have completed.

The Clark community is proud of these Veterans. Many families who do not have family members involved in the military may not realize what military service includes. The Auxiliary invites the community to visit the library and learn some facts about military life, and view items used by soldiers and sailors and air force in the course of

The National American Legion has a 2022 campaign called "Be The One". This campaign asks us to help veterans re-enter their community with a welcome smile. Other suggestions to help in this adjustment process are simple but effective. Be the one that extends a handshake to a veteran. Be the one to listen to their story. Be the one to offer support and lend a hand to veterans. But most importantly, "BE THE ONE" to say Thank You for your service. These actions

and genuine interest in a veteran's well-being send the message that millions of people are ready to help and the community cares.

In addition to this library display, there will be a showing of the film documentary "Every Day is a Holiday" on Monday, November 7 at 6:30 p.m. in the library. The film tells the story of Paul Loong, a Clark physician, and his struggle to survive a POW camp in Japan. The film is directed by Theresa Loong, his daughter, who will be joining us at the library for the film's showing.

The Clark American Legion Auxiliary is a service organization dedicated to serving Veterans and their families. We encourage the local community to join us in welcoming and serving our veterans every day with a smile.

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## A Clark History

Daunno Realty is a company founded upon a deep historical connection to Clark. Our principals were born and raised in town, are Arthur L. Johnson graduates, Clark property owners, and local residents. Given our lifelong ties to the community, we were proud to locate our company headquarters at 206

Westfield Avenue, right next to Dunkin Donuts.



## 2022 SPRING G.P.A. CHALLENGE BREAKFAST

Clark Public Schools

The Arthur L. Johnson Athletic Department held a breakfast in honor of the 2022 Spring Athletics G.P.A. Challenge winners, the Girls' Softball Team. The event, sponsored by the Athletic Department, was held in the Arthur L. Johnson High School Cafeteria on Thursday, October 13, 2022.

The Crusader G.P.A. Challenge is awarded each season to the team that finishes with the highest overall G.P.A. amongst athletic teams seasonally. They were presented with certificates, had their team memorialized on a plaque, and were invited for a "Breakfast with the A.D." to celebrate their actions both in the classrooms and on the fields. The winner of the 2022 Spring Seasonal G.P.A. Challenge, with a cumulative G.P.A. of 3.75, was the Softball Team. Members of the Softball Team include Gabriella Muretta, Jillian Duffy, Brooke Hilton, Krista LaBianca, Shannon Lancellotti, Madden Puerari, Isabella Todaro, Lacey Vill, Maria Dante, Gianna Frino, Grace Cassidy, Samantha Gonzalez, Alexa Grasso, and Alison Wysocki.

Arthur L. Johnson High School Athletic Director Gus Kalikas had this to say about the

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G.P.A. Challenge winners from the Spring but also excelling in the classroom, which is Season: "The Athletic Department is extremely proud of all the members of the Softball Team. The team was able to balance athletics and academics at the highest level, not only competing in the State Tournament in the spring

evident by the cumulative G.P.A. of 3.75 that the team held throughout the season. They are a model of what it means to be a student-athlete and the Clark School District is proud of all of their accomplishments."



(above) The Softball Team and Coaches enjoy breakfast as a reward for winning the 2022 spring seasonal G.P.A. Challenge. Photo by Clark Public Schools



SUPERCELL STORM CLOUD Photo by Marko Korosec, near Julesburg, Colorado

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Exhibition by National Geographic Society







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Trinitas Regional Medical Center is now part of the RWJBarnabas Health network. Together, we have a passion for heart health, starting with a full-service cardiac facility as well as facilities for the intensive nursing care of patients with cardiac disease, including our cardiac care unit, intermediate coronary care unit, cardiac catheterization lab, non-invasive cardiology services, full-service emergency department, and cardiac rehabilitation services. We also provide innovative, non-invasive and image-based coronary diagnostic testing. It's all part of our dedication to every heart in our community. Learn more at rwjbh.org/trinitasinfo

# Trinitas Regional RWJBarnabas Medical Center

Let's be healthy together.



## ALJ CRUSADERS MARCHING BAND WINS AT METLIFE STADIUM

Erik Krebl, Director of Bands, and Andrew Calo, Assistant Director.

experience of a lifetime. On October 8 they Giants and the NY Jets. boarded a bus to MetLife Stadium to attend the US Bands Ludwig Musser Classic. The event consisted of 55 Marching Bands competing on

The ALJ Crusaders Marching Band had an the field, the same field that is home to the NY

The ALJ Crusaders were named: Ludwig Musser Classic, Group 1 Open, Champions.

During the Awards Ceremony, they received special awards for Best Music, Best Visual, Best Percussion, and Best Color Guard

The Marching Band is having a great year with a score of 81.17 after 5 events.



(above) The ALJ Crusaders Marching Band celebrated several wins at the Ludwig Musser Class on October 8.

Courtesy photo

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## **VALLEY ROAD K-KIDS THANK VETERANS**

Clark Public Schools

## **ORDER OF OPERATIONS** AT KUMPF SCHOOL

Clark Public Schools

Sixth-grade students in Mrs. Lauren Cesare's class at Carl H. Kumpf Middle School solved order of operation questions using "operating rooms". Students were given a "patient chart" which was a response recording sheet. Patients were at their own tables and students needed to correctly solve each expression (using PEMDAS) to perform their surgery successfully. Each doctor was assigned an "Operating Room" where they worked on their patient. Once their surgery was completed, they moved to a different table to work on the next patient and solve the next problem. Students each had their own doctor's badge with their school pictures on them from Cesare Medical Center.



(above) Student Zachary Caruso enjoying the math lesson.

Photo by Clark Public Schools





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The fourth and fifth graders of Valley Road cost to the veterans. School's K-Kids group completed their first school-wide service project. They collected over 230 cards made for veterans. The cards were mailed to "Honor Flight", a non-profit organization dedicated to transporting as many United States military veterans as possible to see the war memorials in Washington, D.C., at no

K-Kids is a community service organization led by teachers Sue Dzurovcik, Kim Belverio, and Kim Nacht. Co-Advisor Kimberly Nacht stated, "It was an honor for our school to participate in this wonderful event to show our appreciation and support of our country's veterans."



(above) Students Emmalyn Planas, Adeline Neshimka, Ryder Alicea, Joe Blizniak, and Conrad Butler are pictured with the cards the K-Kids group made for veterans.

Photo by Clark Public Schools

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## RELIEF FROM CHRONIC KNEE PAIN

FDA Approved Treatment to Avoid Surgery

### DON'T BLAME THE ARROW FOR MISSING THE TARGET

Just like tens of millions of other Americans, you were looking for relief from your chronic knee pain. You thought Viscosupplementation injections might be the answer, but the results were disappointing and painful. Don't assume the treatment wasn't right. That could very well be like blanning the arrow for its path to the target when the problem might be the archer. If you didn't get the pain relief you were hoping for, chances are your injection treatment was off target. Unlike blind injections or even ultrasound targeted treatments found elsewhere,

Northeast Spine & Wellness Center uses diagnostic fluoroscopy to make sure the area that needs treated is the exact area where the injection goes. This is the most advanced method of delivering this pain relieving treatment with 95% accuracy to give you the results you're looking for. The use of Fluoroscopy guided injections sets Northeast Spine & Wellness Center apart. The end result is you living pain free from your chronic knee pain. You can avoid the lengthy and painful road of knee replacement surgery. You can avoid the endless trial and error assortment of potentially addictive prescription medications. This treatment, using fluoroscopy guided injections has seen a success rate of above 85% in those suffering from knee pain related to osteoarthritis, and that includes people with bone on bone involvement. You've suffered from chronic knee pain long enough. Call Northeast Spine & Wellness Center now for a RISK FREE consultation.



#### If Knee Surgery Sounds Scary, It Should

Have you have been told you are facing knee replacement surgery? Have you been told about all the downsides you could be facing? First and foremost, there are NO guarantees that knee replacement surgery will be the answer to your pain, but let's look further:

- Surgery is costly, regardless of the percentage of services covered by insurance.
   Surgery requires lost time from work and typically requires a regimen of rehabilitation and medications.
- With surgery, there is always a risk for unwelcomed complications. And you could be back to where you started, or worse.
- Medications will be required for relief from surgery and you have been down that road before. Addictions to these pain medications can cause potential side effects, something you do not want to experience.
- · Rehabilitation can take years.

#### Consider This Alternative To Surgery

Northeast Spine & Wellness Center offers you a real opportunity and a painless way to say goodbye to your knee pain without any surgery. Here are just a few of the important benefits you should consider?

- · Diagnostic fluoroscopy accurately targets the pain, unlike blind injections
- · Guided fluoroscopic injections are virtually pain free, unlike blind injections.
- · No lost time from work or family.
- No expensive or time consuming rehabilitation.
- No potentially addictive prescription medications.
- Recovery time is almost instant, not months or years.

#### How Does This New Treatment Work?

Relief begins almost as fast as it takes to pronounce the treatment. It's called Viscosupplementation Therapy. To begin with, it starts with Northeast Spine & Wellness Center investing in the use of diagnostic fluoroscopy.

This enables them to target the exact location of your knee pain with pinpoint accuracy. What follows is a simple injection that causes little to no pain, especially when compared to what you may be living with daily. That explains what you will see on the surface of this revolutionary treatment. What's taking place below the surface is how and where the natural healing process takes place. The injection of a Hyaluronic acid called Hyalgan. This gel-like substance was approved by the FDA in 1996. Hyalgan is a natural substance that mimics the synovial fluid that is already produced by your body in your joints. Osteoarthritis sufferers in particular see a reduction in this much needed synovial fluid in their knee joints. Without that cushioning layer of protection, the cartilage in your knee can begin to wear away leading to the rubbing of bone on bone. Through Viscosupplementation Therapy, this natural substance immediately goes to work reducing the swelling and inflammation in the joint and adding a coating layer of protection. Think about Dorothy taking the oil can to The Tin Man. You'll begin to feel that same kind of relief and quite possibly feel like you're ready for a dance down the yellow brick road to recovery yourself. And with a success rate of over 85% in alleviating pain associated with osteoarthritis, it's easy to see why this treatment is so readily covered by Medicare and by most major insurance providers. Diagnostic fluoroscopy to target the pain, Viscosupplementation Therapy to relieve the pain. Simple, fast

#### Do you Suffer from any of these Symptoms?

There are a number of reasons why you developed Osteoarthritis pain. It can develop with age or because of heredity. It could be from repetitive stress from a job or some glory days in athletics. Of course your concern is with the symptoms you face daily and how to make them end, hopefully without surgery or the use of potentially addictive modications. Northeast Spine & Wellness Center understands the symptoms you have been

living with and can help. If you have any of the symptoms below, please call us today. Relief is a phone call away.

- Pain Whether it's a sharp aching or maybe a burning sensation, the pain can range from irritating to debilitating.
- Swelling This can cause tenderness and soreness to the entire knee area, making walking or going up and down stairs painful, getting in and out of bed or bathtubs difficult and dangerous just name a few activities affected by swelling.
- Stiffness Getting up out of bed or after sitting for a period of time gets more and more difficult. This loss of mobility can be more than a hindrance. It can be dangerous if you need to move quickly.
- Loss of muscle strength This can lead to balance issues and the strong possibility of falling.
- · Joint deformity Not just unsightly, but painful as well.
- Creaking Joints Can be painful and a sign of more discomfort to come.
- Sleepless nights Losing sleep over your suffering is not just irritating, but potentially dangerous because of so many other health concerns that can be affected by loss of sound sleep.

### Let Me Show You Targeted Relief From Your Knee Pain

Every day, I see patients suffering from knee pain due to arthritis, osteoarthritis, sports injuries or other conditions. Many have been told that they are in need of knee replacement surgery. Other patients say they have been prescribed various prescription medications to deal with the pain.

Something else I see almost every day, are patients that have tried viscosupplementation knee injections elsewhere and found it to be a painful and ineffective experience because the injections were not administered using fluoroscopic guidance. Instead of using the incredibly accurate diagnostic fluoros-

copy we use at Northeast Spine & Wellness Center these patients experienced a blind injection technique, which can be as inaccurate as playing pin the tail on the donkey

Once I am able to explain to my patients about the pin point accuracy of using diagnostic fluoros copy and the amazing results viscosupplementation can provide, they are thrilled to get started They are even more thrilled when they feel the relief. Please contact Northeast Spine & Wellness Center today to schedule your RISK FREE consultation.

Call 732-827-0800

Scot Paris MD, FACS

#### Here's what our patients have to say

"I'm dancing without pain. I can more with no problem whatwoever. I can go up and down steps with no pain." - Patricia G.

"Over 85% relief for the first time in 15 years, suffering with knee pain. My life is getting hack to normal."

- Perry O.

"After only four visits, i have absolutely no pain! The staff is "top-notch."

- Quenton L.

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## **CHRISTKINDLMARKT**

Holiday shopping is starting up now and the Deutscher Club of Clark, NJ, is having a Christkindlmarkt (Christmas market), just like the ones in Europe! It will be a two-day event held on November 19 and 20 from 11:00-4:00 at the Deutscher Club in Clark, NJ.

This yearly event began over 20 years ago by the Ladies Division of the Deutscher Club and this year we are partnering up with the Club to co-host the two-day event. There will be vendors selling wonderful items in time for your holiday shopping, along with our famous "Gluhwein" (hot mulled wine). One of our members, Don Oberding, who has since passed, suggested adding this to our event, as they offer it in Germany. For many years Don prepared the wine himself. It has been a big hit.

During our Christkindlmarkt, there will be music and lots of food and drink to make it a fine, festive day! Please put our Christkindlmarkt on your calendar to kick off your holiday season! Be on the lookout for some surprise guests too.

The Deutscher Club is one of the largest German Clubs on the East Coast and is conveniently located close to the Garden State Parkway, exit 135, in Clark, NJ.



(above) The Deutscher Club of Clark, NJ, is having a Christkindlmarkt (Christmas market) on November 19 and 20 from 11:00-4:00 at the Deutscher Club in Clark, NJ.



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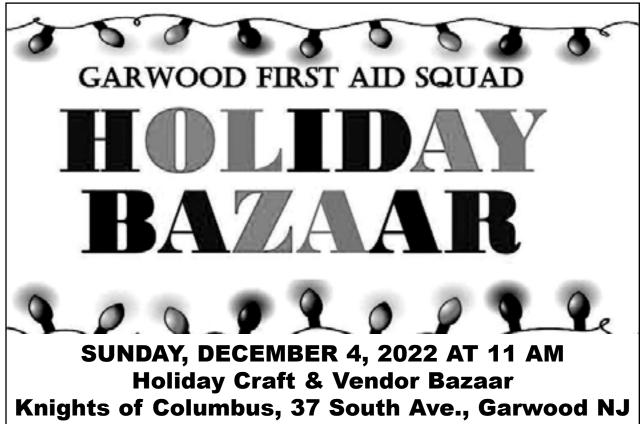
## **FISHING FLEA MARKET NOV. 19**

The Rahway Fall Fishing Flea Market will be held on Saturday, November 19th, 2022, from 9 a.m. to 2 p.m., at St. Thomas Church Hall, 1400 St. Georges Ave., Rahway, NJ. A wide variety of salt and fresh water fishing tackle will be on display for anglers looking for great buys.

New, used, antique, custom fishing and boating items will be available to all. Door prizes will be given away every half hour which include rods, reels, tackle and much more. Food and refreshments are sponsored by St. Thomas Holy Name Society. Admission price is \$5 per adult, children 12 and under are free. For show or vendor information visit fishingfleamarkets.com or call 732-381-2165.









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## **CRAFT EVENT - NOV. 5**

The Wm. Robinson Museum Craft & Vendor Event will be held on Saturday, November 5, with a rain date Sunday. Come out and shop 60+ Crafters & Vendors. There will be something for everyone, including Avon, Touchstone Crystal, Color Street, Paparazzi Jewelry, Pampered Chef, L'Bri Skincare, Macrame Art, Hope Wine, Usborne Books, Scentsy, Captured Memories Gifts, Geneology, sports jerseys, sports cards, wreaths, wooden home decor, hair accessories, handmade jewelry, Tarot Cards, artwork, candles and melts, soaps and body butters, crochet and knit items, desserts, jams and jellies, healthy snacks, dog treats, and so much more!

Dr. Wm. Robinson Museum is located at 593 Madison Hill Road, Clark.

# BE A HERO CAMPAIGN HELPS TEACH IMPORTANT LESSON

Clark Public Schools

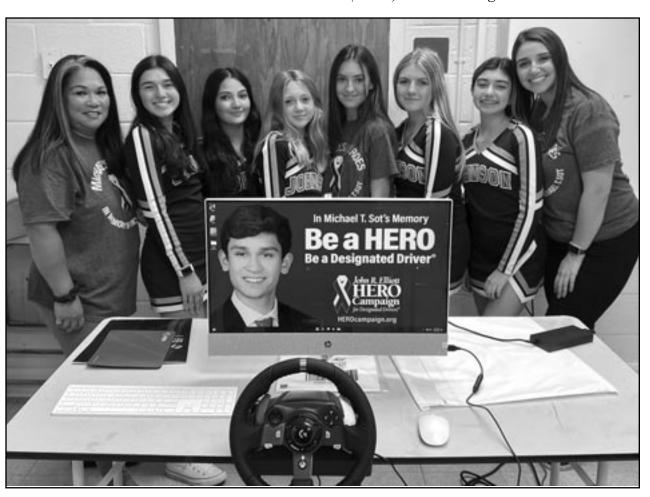
Arthur L. Johnson (ALJ) High School recently received a brand new DUI simulator for its Driver's Education classes. Last June, ALJ and the Be a Hero Campaign had its annual walk for Michael Sot, a former graduate that was killed by a drunk driver while at TCNJ. The simulator was purchased with the money raised from the walk.

Health and Physical Education Teacher Laura Bundy stated, "This simulator will help teach our students an important lesson about the dangers of drunk driving and distracted driving. We are grateful for the support of the Hero Campaign and will always remember our own hero, Michael Sot."



(above) Students using the DUI Simulator





(above) Pictured are Candice Buno-Sot, ALJ Cheerleaders, and Former ALJ Graduate Julia Sapia.

Photos by Clark Public Schools

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Clark Girl Scout Troop 40457 bridged from a Brownie to a Junior Troop on Monday, September 26, 2022, in their newly installed garden at the Clark Recreation Center.

All 12 scouts participated in a ceremony led by leaders Kim Albarella and Cara Sullivan Kropp

and then crossed over from Brownie to Junior on the bridge featured in the garden. Following the ceremony, dessert was shared and goals for the new year were outlined including maintaining a Journal for recordation of all Junior Troop Activities.





(above) Clark Girl Scout Troop 40457 held a bridging ceremony commemorating their transition from being a Brownie Troop to a Junior Troop







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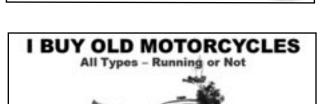
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## **UNION COUNTY'S GOT TALENT AT KEAN ON NOVEMBER 19**

Union County's Got Talent (UGT) is a major fundraising event that supports the Union High School Performing Arts Company and the Douglas Michael Krueger Scholarship Fund, both of which directly benefit the students of Union Township.

Union's Got Talent has been a major community success and, this year, we have gone county-wide.





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attend school in Union County. We have 20 contestants from various towns in Union County.

The show, on November 19, 2022, will be hosted by Kean University and will take place at Kean's Enlow Recital Hall.

Tickets are available only online at unionsgottalent.org. Tickets will not be available

Our contestants this year either live, work or at the venue. Enlow Hall is a small theater with only 300 available seats. We advise that patrons buy their tickets early.

> This year, UHSPAC and the DMK Scholarship Fund will be partnering with the Township of Union's Cultural Arts Committee with sponsorship by Investors Bank, Union's Special Improvement District and BCB Bank to present UGT on Saturday, November 19, 2022.

## 9/11 REMEMBERED AT VALLEY ROAD SCHOOL

Clark Public Schools

This year, the fourth and fifth graders of Valley Road School remembered September 11th by reading the story September Roses. Students were able to see September 11th through the lens of two sisters who came to the city for a flower show, but ended up with over 2,000 roses and nowhere to go. They watched as the sisters found shelter through strangers and subsequently sprang into action to try and help in any way possible. The sisters used their colored roses to form a memorial in Manhattan's Union Square Park which lifted the spirits of many in New York that day.

By using the book September Roses to teach about September 11th this year, the fourth and fifth graders were able to focus on the unity and compassion that was seen in the hours and days that followed the initial attack. Each student in Mrs. Nicole Reagan, Mrs. Kelly Worton and Mr. Tyler Beck's fifth-grade classes created red and white roses while the students in Mrs. Jennifer Guenther, Miss Emma Gilardi, and Mrs. Karen Quigley's classes created purple and blue roses. Every rose came together to create a beautiful mural of our flag and the twin towers for all to see in our fourth and fifth-grade hallway at Valley Road School.



(above. l-r) Ella Kraemer, Colin Piereth, Lila Stebbins, Fiona Genova, Liliana Sakowski, and Finn Walton. Photo by Clark Public Schools



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## **CLARK RECREATION IS BURSTING WITH ACTIVITY**

The Clark Recreation calendar is overflowing with classes, events and other happenings this fall. Annual classes like ceramics and golf for Juniors are back in the lineup. The Annual Trunk or Treat is set for Saturday, October 29 on the Recreation grounds. New to the roster this year are, Sal's Cucina Adult Cooking classes and arts and crafts for seniors There is something for everyone to enjoy. "There are so many fun things

going on this season and our residents are truly having a blast," said Director Ralph Bernardo. "Recreation activities are meant to bring physical, emotional and mental wellness to our community, and I'd say we are meeting those goals for our residents." Community members that missed the chance to join these classes are reminded to plan to register for the next session of classes starting in January.













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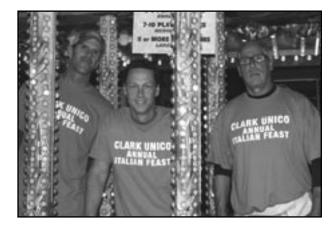
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## **15TH ANNUAL CLARK UNICO FEAST**

to thank everyone that came out and supported the feast. We'd also like to thank all the generous donors that sponsored the feast. This was Clark UNICO's 15th year of the feast.

Clark UNICO President Joseph Arancio, VP Ralph Bernardo, Treasurer Henry Trani, 2nd VP Mark Conforti, Secretary Fran Parisi, and many UNICO members ran the feast and worked countless hours to make it happen. Thousands of people attended throughout the 4 days – October 6-7-8-9. The feast featured food, music, wine, beer, live entertainment, raffles, 50/50, rides, carnival games, desserts, vendors, and more. All the proceeds of the feast go back to the community and schools for scholarships, charitable donations, and support for our police, fire and EMS, and more.

About Us: Clark UNICO is an Italian-American organization that strives to incorporate our unique Italian heritage and culture into the lives of our members and surrounding communities. In accomplishing this, we organize and run countless community

The Clark UNICO Organization -would like related and Italian-centered events throughout the year. Some of these events consist of but are not limited to our trips to Dyker Heights in Brooklyn, New York to view their Christmas light displays, Arthur Avenue in Bronx, New York, mozzarella and wine making lessons, and of course our Annual Clark Unico Italian Festival. In addition to the heritage-based events, we also strive to give back within our local communities, which can be emphasized by our motto, "Service Above Self". In contributing towards the greater good, we as an organization volunteer for different causes and make much needed contributions to the local sporting clubs and leagues of Clark. Furthermore, we sponsor annual scholarships for well deserving high school seniors that reside in the town of Clark, have Italian lineage, and are seeking to continue their academic education.

> As an organization we have much to offer, which is more than what is written here. If you have any specific questions, we kindly welcome you to reach out to us. CLARKUNICONJ@GMAIL.COM





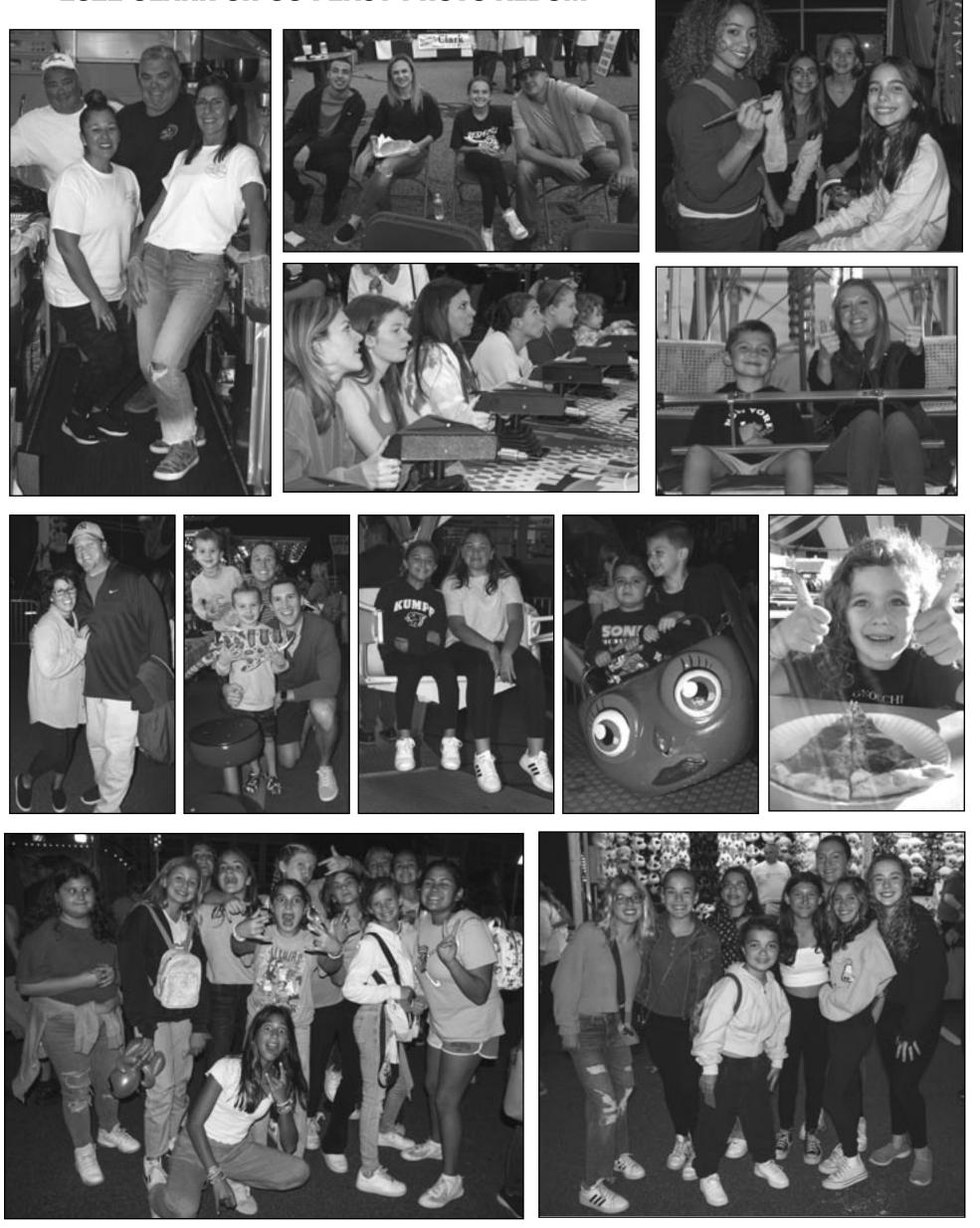


(above) Clark UNICO members during the 2022 Clark UNICO Italian American Feast.

Photo by Clark UNICO

Photos from this and other events can be found online at rennamedia.com and on Clark Monthly page on facebook.com Feel free to "Like," "Tag," and "Share."

## **2022 CLARK UNICO FEAST PHOTO ALBUM**



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## **CLARK PUBLIC LIBRARY NOVEMBER EVENTS**

303 Westfield Ave, Clark, NJ 07066 • Tel: 732-388-5999 x2 • Email: reference@clarklibrary.org • www2.youseemore.com/clarkpl/ Monday, Tuesday, Thursday: 9:30 am - 9:00 pm • Wednesday, Friday, Saturday: 9:30 am - 5:00 pm • Sunday: Closed closed Friday, November 11th for Veterans Day. For the Thanksgiving holiday, we will close at 1 pm on Wednesday, November 23, and remain closed Thursday, November 24-Friday, November 25. We will reopen on Saturday, November 26 with our regular hours.

The Clark Public Library is celebrating Dinovember! We will have various dinosaurthemed events for all ages.

#### **Stories & More**

Fridays, November 4 & 18 at 10:00 am Stories, movement, and songs followed by a simple craft for ages 3 -5 years old.

Registration is required.

#### Dinovember: Jurassic World Movies at 1:00 pm

Monday, November 7 Jurassic World Monday, November 14 Jurassic World: Fallen Kingdom Monday, November 21 Jurassic World: Dominion

#### Film Screening: Every Day is a Holiday Monday, November 7 at 6:30 pm

Chinese-American filmmaker Theresa Loong creates an intimate portrait of her father, a man fifty years her senior. Paul Loong talks of his experiences as a POW in Japan and his subsequent quest to become an American. Attendees who donate (any amount) to the American Legion Post #328 in Clark will receive a DVD copy of the documentary. Sponsored by the Friends of the Clark Library.

#### **Baby Bookworms**

Tuesdays, November 8, 15, & 29, 10:00 am Babies and toddlers are invited to listen to some books and learn some songs, rhymes, lap bounces, and fingerplays. Please note: There is no meeting the week of Thanksgiving, Nov. 22.

#### Little Al the Allosaurus with Pearl Observatory

Tuesday, November 8 at 2:00 pm
Little Al is a 3D interlocking puzzle of an
Allosaurus Dinosaur. With over 30 pieces to
piece together, every child will get the chance
to participate in rebuilding our Jurassic
Dinosaur. They will also feel a real dinosaur
egg, hold dinosaur bones, and touch a dino
tooth! Geared to ages 3-8. Registration is
required. If the session fills, a 3:00 pm session
may be added

#### **After School Board Games**

Thursday, November 8 & 22 2:30 pm-5:00 pm

Join the Clark Public Library to relax and hang out while playing games after school.

Something specific you want to play? Bring it with you! Games available: Chess, Clue, Code Names, Dungeons & Dragons (Basic Rule Books), Guess Who, Life, Monopoly, Pandemic, Scrabble, Ticket to Ride, Uno

#### **Watercolor Class: Autumn Leaves**

Wednesday, November 9 at 11:00 am Join artist Joy Ann Lara as you create an autumn leaves watercolor painting.

#### **Dinovember: Dinosaur Lanterns**

Thursday, November 10 at 2:00 pm Stop by the library on your day off from school and make your own dinosaur lantern. Open to Grades 6-12.

#### **Union County Aging Services Kiosk**

Monday, November 14 from 10 am-12 pm Do you have questions about services available in Union County for seniors or their caregivers?

#### **Tales for Tots**

Monday, November 14 at 10:00 am
Stories and songs for active listeners. Geared toward ages 2-3 with a caregiver. Older children are welcome! 30 minutes of open play follows.

## Registration is required **Evening Book Club**

Monday, November 14 at 7:00 pm
Join us for our next evening book club meeting.
We will be discussing "Long Bright River" by
Liz Moore. Speak with a librarian or email
reference@clarklibrary.org if you need a copy
of the book.

#### **Drop in Dino Craft**

Tuesday, November 15, 2:30 pm - 4:00 pm Clark schools have an early dismissal, so we will be making dinosaur crafts! Preschool through elementary students are invited to drop in.

#### **Barks & Books**

Tuesdays, Nov. 15 & 29, 4:00pm-5:00pm or Thursday, December 1, 7:00 pm-8:00 pm If you have a young, reluctant, or struggling reader, we want you to meet our therapy dogs! Please register for a 15-minute time slot.

#### **Little Scientist Dino Terrariums**

Thursday, November 17 at 4 pm
Learn how to build and create with our Science
Experiments! Each session will be a different
experiment that will touch upon a different
STEM skill. For ages 6-12.

Trivia Nights: The Marvel Cinematic Universe Thursday, November 17th, 6:00 pm-7:00 pm Test your knowledge alongside your friends at Clark Public Library's twice-monthly TRIVIA NIGHTS! 1st, 2nd, and 3rd place winners will receive both a prize and bragging rights.

#### **LEGO® Club**

Friday, November 18 from 3:15 pm-4:15 pm Join us for the LEGO® Club at the Clark Public Library! Create your own LEGO® structures. LEGO® are provided by the library. Creations are displayed in the Children's Area. For children in grades K - 5.

#### **Toddler Dino Party**

Monday, November 28 at 10 am
Enjoy a fun-filled morning with your little
ones! We will be reading some Dinosaur books,
doing a Dinosaur craft, and playing Dinosaur
themed music! Come dressed in your Dinosaur

best! Geared toward ages 2-3 with a caregiver.

Older children are welcome!

#### **Maker Monday 3D Pens**

Monday, November 28 at 3:30 pm
Join us as we use hands-on STEAM learning to create an object with the materials given.
Registration is required. Masks are optional for programs. For ages 9-12

#### **Tinker Tots**

Thursday, December 1 at 10:00 am
Come join us for a morning of fun STEAM
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activities perfect for little ones. For children
ages 1 through Pre-K. Please register.

#### **Little Scientist Rock Crystals**

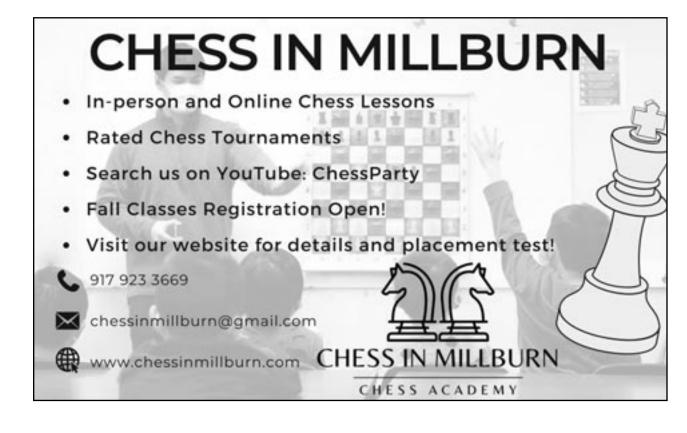
Thursday, December 1 at 4 pm
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Gentleman Jack		•	Pinnacle (80 proof)		
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Glenlivet 12 yrs old			Sobieski		•
Grants			Stolichnaya (all types)		•
Grants			Tanqueray Sterling		
Jack Daniels			Tanqueray Sterling		
Jack Daniels			Three Olives (all types)		
Jack Daniels Fire			Tito's Vodka		
Jack Daniels Fire		•			აას. აა
Jameson		•	RUI		
Jameson		•	Bacardi Light & Gold	750ml	\$12.99
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Johnnie Walker Red			Deleon Blanco Tequila		
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marcis mark	1./3L	ψυυ.33	BEE	R	
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