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(above, left to right, top to bottom) Fred form Schieferstein Farms, Krista Coleman of Farmer Over Yonder, Lucas Lock from Cub Scout Troop #32 sold Boy Scout popcorn, Will Dodge from Bull & Bear Brewery, Sunny Dayz Jewelry, Eva Pfaff from Fanwood Larder., Josh Nemeth, a local musician,

played acoustic guitar at the Watchung Farmer's Market on September 13th.

Photos from this and other events can be found online at rennamedia.com and on the Watchung Post page on facebook.com.







(above, l-r) Watchung Farmer's Market managers Bill Hance and Wendy Robinson





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FARMERS MARKET CONTINUES THRU OCTOBER

The Watchung Farmers Market is held every Tuesday thru October, from 4 - 7 p.m. at the upper lot of the Municipal Court/Police complex on Somerset Street. Bags for the food pantry are being collected. With the ban on single use bags in NJ, stores and online retailers are now providing inexpensive reusable bags for their delivery services. Rather than let these bags go to waste, please donate them for use at a local food pantry. Clean, reusable shopping bags can be dropped off at the weekly Farmers Market.





Watchung Post

Renna Media LLC, Publishers

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VOLUNTEERS NEEDED FOR FALL LEAF CLEAN-UP

Help the Elderly & Disabled Prepare for Winter

The Somerset County Office of Volunteer Services is seeking individuals and groups to volunteer for its annual Fall Leaf Clean-Up project. Each year, on the weekend before Thanksgiving, volunteers rake leaves for the county's elderly and disabled homeowners who are unable to do their yard work.

Volunteering is a great opportunity for friends, families, church groups, sports teams, Girl Scouts and BSA Scout Troops, 4-H Clubs, high school clubs, or other groups to help their community. Sign up early so that plans can be made to serve as many residents as possible. The annual leaf clean-up project is a one-day event that will occur on Saturday, November 19. Anyone who would like to volunteer but cannot make it on November 19 is welcome to schedule an alternative date and time through the Office of Volunteer Services.

Elderly or disabled Somerset County residents who need this service can call the Office of Volunteer Services.

For more information, or to sign up as a volunteer, call the Somerset County Office of Volunteer Services at 908-704-6301 or email VolunteerSvs@co.somerset.nj.us.



(above) Seeking groups and individuals to help the elderly and disabled prepare for winter. For more information, or to sign up as a volunteer, call the Somerset County Office of Volunteer Services at 908-704-6301 or email VolunteerSvs@co.somerset.nj.us.

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Submitted by Dr. Michael Hart

The Flintlocks, BSA, Inc. are a group of retired scouters who dedicate their time and talents to helping the Boy Scout Camps in northern New Jersey. They annually donate approximately 5,000 hours of skilled labor to the scouts. The group includes many tradesmen, but also volunteers of every background. Most are retired, but some still work full time, and occasionally people volunteer to help for a day here and there. It is a very friendly group with a good sense of humor. When one member reached age 100, they designated a parking spot reserved for all Flintlocks over 100 years old.

The Flintlocks meet every Thursday at Camp Winnebago, Rockaway, NJ, all year round. They are organized as a 501c3 non profit corporation. All of the members are registered with the BSA. They provide a variety of skilled services to the Council. They have built cabins, picnic tables, painted the dining hall, built the archery range, built all the structures at the waterfront, financed, built and equipped the STEM Lab at Allamuchy Scout Reservation, repaired damage to camp structures, etc. In addition to building structures and doing repairs and maintenance, they also volunteer at many Council activities throughout the year. More than half of the Flintlocks have been awarded the Silver Beaver or have received other Council and National Awards. They typically provide approximately 5,000 hours of volunteer skilled labor every year. Previous years

FLINTLOCKS READY FOR ACTION

camps were not operational some summers, but now the Flintlocks are all vaccinated and have been back to work. The Council most recently opened the summer Scout camps again, and the Flintlocks have brought them up to code to receive campers.

The Officers and Trustees elected for the coming year are as follows: John Koneski,

were interrupted by COVID shutdowns, and the President; George Van Dyke, Vice President; Michael Hart, Secretary; Russ Jenkins, Treasurer; Bob Pysher, Chair of the Trustees; Ted Marquardt, Trustee; Bob Germinder, Trustee; and Frank Wallace, Trustee.

> Visit the Facebook Page "Flintlocks". Guests are always welcome. For more information contact Secretary Dr. Michael Hart at drmhart@yahoo.com.



(above) Flintlocks pictured during their Annual meeting.





SPOTLIGHT ON VETERANS DOING YOGA PROJECT

Submitted by Laura Meola and Alyssa Duclos

The Veterans Yoga Project Video filming was a free event sponsored by the New Jersey Veterans Network for their web series, Local Legends. This web series is a talk show that showcases real stories from extraordinary people including gold medalists, army veterans, athletes and many more. With its strong veteran influence, Local Legends is produced, directed, hosted and filmed by veterans and their supporters. They provide a great deal of informational resources to help the community.

The Veterans Yoga Project event featured Maggie Stoddard, a voga instructor trained to work specifically with veterans. Her work with these heroes has greatly benefited their everyday lives. During filming, Maggie showed the participants three sets of poses. This included the warrior 2, peaceful warrior, and seated cat/cow. Aside from this filming, Maggie runs yoga events weekly for all veterans and their families who wish to participate. She had this to say about the program, "We lead a class with some breath work, stretching and mindfulness. Veterans Yoga Project promotes resilience and recovery."

America's Hot Dog pup, Shadow, also made an appearance to provide support for all who participated in the filming process. He also did some yoga of his own which included the side crow pose. He is often a part of these veteran events and brings joy and love to all.

This production was directed and produced by Doc Schupp with Michael Boll as co-producer.

cinematography, and camera-man Diddy.

If you know of an inspiring or helpful resource for veterans that would make a great Local Legends Video please call Doc Schupp at 551-293-3049. The Local Legends Videos can be viewed on the NJVN website at njvn.org/locallegends.

Thank you to all volunteers who helped put this event together: Doc Shupp and Michaell Boll who run the NJVN; Rochelle Park American Legion Post; all the cast and crew who participated in the Local Legends production; Alyssa Duclos, owner of Alyssa's Critter Sitters LLC, and official dog handler of Shadow,

Credit also goes to Shaun Crafton, director of America's pup; and assistant dog handler Joe Astarita.

ABOUT NEW JERSEY VETERANS NETWORK

We are a group of veterans and volunteers dedicated to helping our veterans and their families live better lives. Our mission is to identify veterans and connect them with resources and programs designed to meet their unique set of needs.

If you are a veteran or family member that is in need of assistance, or are interested in joining our team, would like us to speak at your event, or contribute to our mission, call 973-332-1556 or email mdbollio@optonline.net. To learn more visit njvn.org.



(above) The Veterans Yoga Project Video was filmed at a free event by the New Jersey Veterans Network for their web series, Local Legends.

Photos by Shaun Crafton and Diego Diazand

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MOM AND DAUGHTER RAISE AWARENESS OF ORGAN AND TISSUE DONATION

New Jersey Sharing Network

Jane Fischer and her daughter, Suzy, understand what it takes to overcome some of life's greatest challenges. As they celebrated Suzy's 48th birthday on July 18, they both took time to reflect on the gift of life and the miracle



(above, l-r) Jane and Suzy Fischer.

Photo courtesy of NJ Sharing Network



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of organ and tissue donation.

On the day Suzy was born, doctors told Jane and her husband, Al, that their daughter would never be able to talk or walk or play like other children. While Suzy's special needs were great, Jane and Al kept hope alive that they would be able to persevere on the difficult journey ahead.

"Suzy proved them all wrong," said Jane. "Over the years, she has kept defying all the odds through her tenacity, courage, and strength. She surprised some of the best pediatricians and neurologists in our area by constantly working hard to develop and learn to do all the things they said she could never do."

While Suzy's life seemed to be filled with endless obstacles, she began to develop critical health issues shortly after turning 24 years old. Her kidneys began to fail, and she was soon placed on dialysis.

"It seemed like there were complications in nearly every one of her dialysis sessions," said Jane. "It took its emotional toll on Suzy and all of us, but she always did her best to keep her smile and the staff at the dialysis center loved her."

In December 2000, the Fischer family was in an airport in Jacksonville, Florida, when Jane's pager kept beeping and buzzing. "At the time, I mistakenly thought it was due to air traffic signals creating interference," said Jane. "But when we arrived home in New Jersey after our flight, we received an urgent phone call from our transplant coordinator at Saint Barnabas (Cooperman Barnabas Medical Center). They had a donated kidney for Suzy!"

Suzy received a successful kidney transplant, and the family is forever grateful to the 64-yearold woman who gave the gift of life. For 13 years, Suzy's transplanted kidney restored her health and she continued to fight through other serious health issues, including thyroid cancer that forced her to undergo a thyroidectomy.

In 2013, Suzy's transplanted kidney began to fail, and she faced another uphill struggle as dialysis loomed as the only treatment option. However, Suzy received encouraging news when another donated kidney became available for transplant. This time, her donor hero was a 24year-old man who passed away in a tragic motorcycle accident.

"Suzy definitely had a lot of survivor's guilt," said Jane. "It helped ease her pain when I explained to her that the young man would have wanted his kidney to go to her to keep his memory alive."

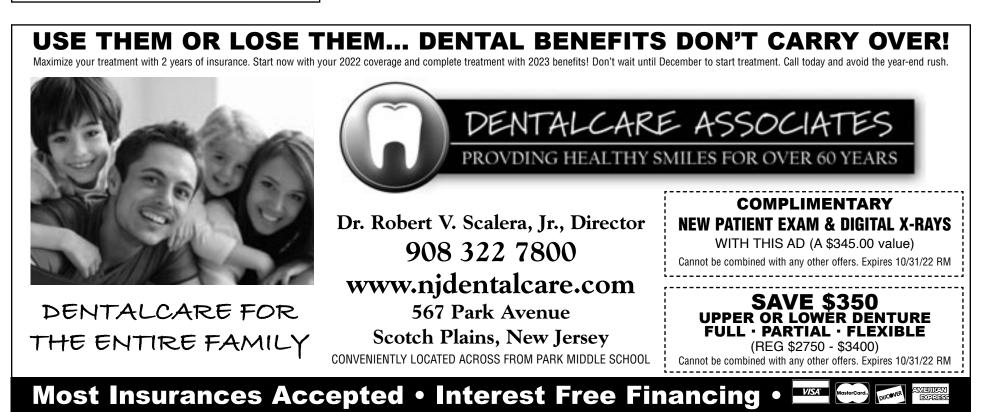
Today, Suzy continues to thrive and enjoy life's most precious moments thanks to her organ donor heroes. Suzy and Jane have made it a priority to support NJ Sharing Network, the nonprofit organization responsible for the recovery and placement of donated organs and tissue in the Garden State. By sharing their story with others, Suzy and Jane hope to encourage more people to register as organ and tissue donors.

"The most important thing is to get others to understand the need for organ and tissue donation and how it saves and enhances the lives of others," said Jane. "We also want to keep hope alive for those waiting for a life-saving transplant. We want to encourage them to never give up. I do not know why Suzy's life has been so hard, but I have always believed it has been to help others and make a difference in someone else's life."

According to United Network for Organ Sharing (UNOS), there are over 100,000 Americans – nearly 4,000 of whom live in New Jersey – waiting for a life-saving transplant. One organ and tissue donor can save eight lives and enhance the lives of over 75 others.

"We forever honor our donor heroes, as well as their supportive families, for their selfless decision to save and enhance the lives of others. Because of them, Suzy and all transplant recipients now have more birthdays, holidays, and special moments to share with their loved ones," said Joseph S. Roth, President and CEO of NJ Sharing Network.

To learn more, get involved and register as an organ and tissue donor, visit NJSharingNetwork.org.









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TEXIER HOUSE MUSEUM INVITES YOU TO JOURNEY THROUGH THE PAST

event on Sunday, October 9, from 12 - 4 p.m. Author and Historian Robert A. Mayers will join us to sign his book, Historic Tales of Watchung, and answer your questions about our town's history. Visit revolutionarydetective.com for a preview.

Watchung began as a cluster of Indian campgrounds lining the Stony Brook. Today it encompasses an area of six square miles. Its history begins with the town's first residents - the Native Americans - and spans four centuries of Indian legends, colonial days, the American Revolution, the town's industries, old homes and its share of misfortunes.

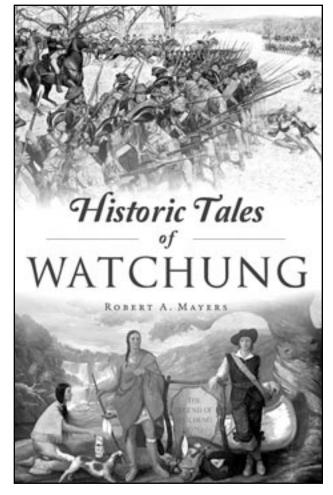
The Texier House had its grand opening on October 5, 2013. Hippolyte Texier and his family built the home in the late 1800's and lived there until the early 1900's. The structure has, since then, served as Borough offices and the Police Department, and is now Watchung's home for history. Popular exhibits include Historical homes and businesses, former commercial activities, Borough athletes and artists, displays on World War I & II, the Moldenke Castle, shipwreck survivor (Tiby) Wotherspoon, the Legend of Watchung, and much more!

The Historical Committee invites all Watchung residents to visit the Watchung Texier House

The Texier House Museum is hosting a special Museum in the center of the Watchung Circle. Join us every first and third Sundays of each month from 2 - 4 p.m. with additional openings for special holidays and events. Be sure to check the Borough website before your visit for announcements, availability, programming, and special guests!

> We are excited to announce new additions and improvements to the Museum! We worked closely with The Garden Club of Watchung to update the display on Tiby Wotherspoon, who had a brush with history as the youngest female survivor, and the very last survivor of the General Slocum Steamship Disaster of 1904. The museum's Artists of Watchung exhibit now features a beautiful original painting by Dot Kenney, who was a longtime resident who taught generations of young people at Watchung's Valley View Middle School. The Lions Club worked closely with volunteers to document the history of the organization which is now displayed in the Eaton Room. Over the coming months the Committee will be focusing on updates to the School Display.

> New displays on the Lions Club, Camp Endeavor, former Restaurants, and Watchung Authors were also worked on. We added new signage throughout the museum to better explain and describe many of our current displays.



(above) Author and Historian Robert A. Mayers will be hosted at the Texier House Museum for a special event on Sunday, October 9, from 12 p.m. - 4:00 p.m. Mayers be available to sign his book, Historic Tales of Watchung, and answer your questions about

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MIA KOLB OF WARREN AWARDED SCHOLARSHIP

The Sharing Network Foundation's Hearts for Emma Partner Fund has awarded a scholarship to Mia Kolb of Warren, NJ, for her passion and dedication to raising awareness of organ and tissue donation. Kolb was presented with her scholarship award at NJ Sharing Network's headquarters in New Providence during a ceremony with her family members in the Landscape of Life Meditation Garden.

Kolb, a 2022 graduate of Gill St. Bernard's School, plans to attend the University of Notre Dame in the Fall. Her powerful connection to organ and tissue donation and transplantation began nearly 14 years ago when her younger brother, Christopher, was born with a tumor that caused him to be placed on critical life support in dire need of a heart transplant.

"We were powerless to do anything except hope and pray that a donor would be found in time," said Kolb. "Thankfully, he received the gift of life and is now a thriving teenager."

Shortly after she turned 12 years old, Kolb began volunteering with NJ Sharing Network to educate others about the importance of organ and tissue donation. As president of the Gill St. Bernard's Donate Life Club, Kolb coordinated guest speaker presentations to encourage her



(above, l-r) Mia Kolb of Warren, NJ, receives a scholarship award from Amanda Tibok, Interim Executive Director, Sharing Network Foundation; Sandy Erwin, Sharing Network Foundation Board Member and Chair of the Programs and Initiatives and Scholarship Committees; and Nancie Rothman, Founder and President of Hearts for Emma. Photo courtesy of NJ Sharing Network



classmates to register as organ and tissue donors. She also organized several donor registration drives and fundraisers to support the Sharing Network Foundation. Kolb is currently focused on earning the Girl Scout Gold Award for her outreach efforts in supporting NJ Sharing Network's life-saving mission.

"I strive to educate those in my community about the importance of organ and tissue donation so that our family's miracle can become a reality for other families," said Kolb. "Registering to be an organ and tissue donor should be an easy choice, but there is an abundance of misinformation that hinders many from making this decision. Some people worry that doctors will not try to save their lives if they are registered donors. I am working to help dispel these myths. By sharing my family's experience, I have been able to influence others to make the right choice to register as donors."

The Sharing Network Foundation's scholarship program provides an opportunity to recognize and award graduating high school seniors who advocate for and/or whose lives have been touched by organ and tissue donation and transplantation.

The Hearts for Emma Partner Fund, a program of the Sharing Network Foundation, was created in recognition of the successful heart transplant of Emma Rothman of Cranford. It supports the production and distribution of educational materials and programs to help promote the importance of organ and tissue donation. The Fund has raised nearly \$80,000 since its inception and has helped educate more than 100,000 students about donation and transplantation through NJ Sharing Network's high school outreach program. Last year, Rothman celebrated the 10th anniversary of her life-saving heart transplant and graduated from Syracuse University with a degree in Food Studies. Rothman remains humble and always thankful for her donor who gave her the gift of life and made her achievements possible.

"Hearts for Emma is focused on educating present and future generations to ensure everyone understands the importance of organ and tissue donation and transplantation," said Nancie Rothman, Emma's mother and Founder and President of Hearts for Emma. "Mia serves as a perfect example of what it means to take an active role in supporting these important outreach efforts."

Scholarship applicants were measured on academic achievement, community and volunteer efforts, extracurricular activities and advocacy for organ and tissue donation. The application process included a thorough review by Nancie Rothman and JoAnne McGovern, Recording Secretary of Hearts for Emma, as well as members of the Hearts for Emma scholarship committee and the Sharing Network Foundation's Board of Trustees.

"We are grateful for the generous support of the Hearts for Emma Partner Fund and their ongoing commitment to rewarding students who share a commitment to our life-saving mission," said Amanda Tibok, Interim Executive Director, Sharing Network Foundation. "We know that Mia and all of our scholarship recipients will continue as strong leaders educating others about donation and transplantation throughout their college years and beyond."

According to United Network for Organ Sharing (UNOS), there are over 100,000 Americans – nearly 4,000 of whom live in New Jersey – waiting for a life-saving transplant. Just one organ and tissue donor can save eight lives and enhance the lives of over 75 people. To learn more, get involved and register as an organ and tissue donor, visit NJSharingNetwork.org.

ABOUT NJ SHARING NETWORK

Currently celebrating its 35th anniversary, NJ Sharing Network is the federally designated nonprofit organization responsible for recovering donated organs and tissue in the Garden State. Last year, 233 generous individuals in New Jersey gave the gift of life, an all-time high for a single year. In addition, 42,112 eye and tissue donations healed and enhanced the quality of life for those in need. With headquarters in New Providence, NJ, the organization has been recognized by NJBIZ as one of the state's "Best Places to Work" for five consecutive years.



ANNUAL BENEFIT CONCERT FOR THE HOMELESS

On Sunday, October 9, Catholic Charities of the Archdiocese of Newark will host its 5th Annual Benefit Concert for the Homeless at St. Philomena Church in Livingston. All proceeds from the event will help to fund the homeless programs and services of the agency that provides assistance to thousands of individuals and families in need.

The Drive-In Concert will offer a variety of family/kid friendly activities (face painting, magicians, balloon artists, etc.) along with a full concert by New Jersey's own "The Nerds" – a widely acclaimed rock and roll band. Food trucks will be available but folks are encouraged to tailgate as well.

Registered participants get a parking space with an adjoining space to set –up chairs, etc. Each car can carry up to 6 occupants and parking spaces are priced at \$300, \$175 & \$125 based on their proximity to the stage.

For event details, please visit ccanconcert22.GiveSmart.com or call Peter Ruccione, Catholic Charities Director of Development, at 973-818-4060. Last year Catholic Charities provided over 71,000 nights of Shelter, food, and clothing for over 1,171 people, individuals and families.

For more information on Catholic Charities of the Archdiocese of Newark, visit ccannj.org. **ABOUT CATHOLIC CHARITIES**

Catholic Charities of the Archdiocese of Newark has been in operation since 1903 serving adults, children, families, seniors, veterans, and those suffering from HIV with compassionate care and services that provide help and hope. Our 84 programs serve close to 50,000 individuals in Bergen, Essex, Hudson and Union Counties annually. Our programs include counseling and support services for at-risk youth and their families; psychological and psychiatric help for those with mental illness; job training for those who are cognitively disabled; childhood education for preschoolers in Newark, Bloomfield and Elizabeth; emergency shelter for the homeless and for those who are HIV-positive; affordable housing for low-income families; immigration legal services; refugee resettlement; and adoption services.



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MEMORY OF JAY JENKINS OF WARREN HONORED DURING CELEBRATION

Submitted by NJ Sharing Network On June 5, thousands of organ and tissue transplant recipients, donor families, living donors and dedicated volunteers participated in NJ Sharing Network's 5K Celebration of Life Walk and USATF Certified Race in New Providence, NJ. Family members and friends of the late Jay Jenkins of Warren, NJ, gathered to form the "Jay Birds" 5K team to honor his memory and show their support for NJ Sharing Network's life-saving mission. Jay passed away in 2020 at the age of 34 following a tragic accident while driving home from work. He saved and enhanced the lives of many others as an organ and tissue donor.

At the time of his passing, Jay left behind his wife Jessica (Fricke) Jenkins and their 7-weekold baby boy, Thomas. Jay's many family members and friends will always remember him for his easygoing, childlike spirit and goodness. He also loved animals and nature and had a passion for birdwatching, which affectionately earned him the nickname "Jay Bird." He graduated from Western Wayne High School and received a bachelor's degree from East Stroudsburg University.

"I was so overwhelmed with emotion the first year I came to NJ Sharing Network's 5K Celebration of Life," said Jessica. "Seeing all the people who came out to support such an amazing cause was so comforting. You can really feel the love. Organ donors save so many lives and they are heroes. Jay is our hero. I can't thank NJ Sharing Network enough for everything they do for transplant recipients and donor families."

According to United Network for Organ Sharing (UNOS), there are over 100,000 Americans – nearly 4,000 of whom live in New Jersey – waiting for a life-saving transplant. One organ and tissue donor can save eight lives and enhance the lives of over 75 others. To learn more, get involved and register as an organ and

tissue donor, visit www.NJSharingNetwork.org. The 5K Celebration of Life, which was sponsored by Pfizer, is the largest fundraising event to support organ and tissue donation and transplantation in the United States. Thus far, nearly \$1.3 million has been raised for this year's campaign. Campaign contributions can be made until the end of August by visiting www.SharingNetworkFoundation.org/5K.

ABOUT NJ SHARING NETWORK

Currently celebrating its 35th anniversary, NJ Sharing Network is the federally designated non-profit organization responsible for recovering donated organs and tissue in the Garden State. Last year, 233 generous individuals in New Jersey gave the gift of life, an all-time high for a single year. In addition, 42,112 eye and tissue donations healed and enhanced the quality of life for those in need. NJ Sharing Network is headquartered in New Providence, NJ.



(above) Thousands of organ and tissue transplant recipients, donor families, living donors and dedicated volunteers participated in NJ Sharing Network's 5K Celebration of Life Walk and USATF Certified Race.



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SUMMER READING WINNER

With the end of summer reading comes summer reading winners at the Somerset County Library System of New Jersey (SCLSNJ). Although reading is its own prize, an extra something does help to bring about extra smiles.

Rylan Aldrich, 2, of Watchung, won SCLSNJ's Summer Reading Challenge Interlox Blocks prize, but preferred carrying the Resin Jewelry Kit that her sister won. Aldrich read 69 total days this summer by listening to stories every day from June 13 to August 20.

SCLSNJ had 4,268 registrants System-wide for the 2022 Summer Reading Challenge. Children, teens, and tweens throughout Somerset County read for a combined total of 128,093 days this summer.

The Watchung branch is located at 12 Stirling Road in Watchung. To contact the Watchung branch, email watchung@sclibnj.org or call 908-458-8455. To discover all SCLSNJ has to offer, visit SCLSNJ.org or connect with SCLSNJ on Facebook, Twitter, or YouTube.

(right) Rylan Aldrich, 2, of Watchung, won SCLSNJ's Summer Reading Challenge Interlox Blocks prize.



WATCHUNG WALKS 2022 - First Annual SCARECROW STROLL & New season, NEW TIme CONTEST Meet, greet your neighbors and share ideas for health wellness while walking around the lake Strell the watching Lake every Monday (weather permitting) at 6:30pm! and visit the Searcanon Mayor's Wellness Campaign displays along the fencing WATERUNG WALLSS November 95 on the Village Green! Join in the fun by Creating a the community beginning SEPTEMBER 19, 2022 Mondays at 6:30pm Mobus Fl **Mobus Field** Parking Lot! More information coming soon! www.watchungni.gov

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VIRTUAL LIBRARY **PROGRAMS**

To join a virtual program by phone, dial 646-876-9923. After dialing, you will be prompted to enter a meeting ID, which is unique for every event. The meeting ID is the series of numbers at the end of the Zoom link posted for each event. **Align Your Potential By Identifying Your Natural Abilities - Presented by Greater Raritan One-Stop Career Center** October 5, 10 a.m. - noon sclsnj.libnet.info/event/6563680

The Organic Winter Garden October 5, 7-8 p.m. sclsnj.libnet.info/event/6704164

A Virtual Tour of Lizzie Borden's House October 10, 7-8:30 p.m.

sclsnj.libnet.info/event/6350817 Planet Palm - How Palm Oil Ended Up in **Everything and Endangered the World**

October 11, 7-8 p.m. sclsnj.libnet.info/event/6393268

The Garden State Parkway Murders -A Cold Case Mystery October 12, 7-8 p.m.

sclsnj.libnet.info/event/6403771 **Captivating Cuba -**

Yesterday, Today and Tomorrow October 13, 7-8 p.m.

sclsnj.libnet.info/event/6076727 The History of the Hershey Chocolate Company October 17, 7-8 p.m.

> sclsnj.libnet.info/event/6393183 Pirates, Ghost Ships, and **Seafaring Superstitions**

October 18, 7-8:30 p.m. sclsnj.libnet.info/event/6603873 Grim(m) Tales

October 19, 7-8:30 p.m. sclsnj.libnet.info/event/6333008

Lights Out, Everybody - Mystery and Horror **During the Golden Age of Radio** October 20, 7-8 p.m.

sclsnj.libnet.info/event/6292981 Stay on Track - Presented by the Greater

Raritan Workforce Development Board

October 21, 2-3 p.m. sclsnj.libnet.info/event/6679512 **Edvard Munch -**

So Much More than "The Scream"

October 24, 7-8 p.m. sclsnj.libnet.info/event/6301262

The Trial of Lizzie Borden October 26, 7-8 p.m.

sclsnj.libnet.info/event/6384326

The Polling History of Roe vs Wade -The Correlation of Public Opinion and the **Supreme Court**

November 2, 7-8 p.m. sclsnj.libnet.info/event/6718578 Most programs request registration. To discover all SCLSNJ has to offer, visit SCLSNJ.org or connect with SCLSNJ on Facebook, Twitter, or YouTube.

WATCHUNG HILLS WARRIORS HAVE A STELLAR SPRING & SUMMER SEASON

In April, after three years replete with COVID-19 challenges, the Warren Baseball & Softball league enthusiastically welcomed the Warren and Watchung communities back to the diamond. Despite those challenges, the Watchung Hills Warriors and Wolverine town travel teams exemplified the resilience and dedication we all cherish in our youth athletes. Their drive and determination produced some record wins this season, ones this town's league has not seen in a while.

The WBSI and the Watchung Little League are excited to put the Watchung Hills Warriors on the map as a significant, competitive program. Shaun Fine, Co-Director of the WBSI Travel program says, "We look forward to growing our town travel program, and producing young athletes proud to represent Watchung Hills and embody what it is to be a Warrior."

To learn more,

visit warrenbaseballsoftball.com Notable 2022 season wins for the Warriors:

7U BLUE BASEBALL

• Undefeated (13-0) in the summer season with the New Providence Green League

• NPGL 7U North Division Champions

8U BLUE BASEBALL

- 2nd Place in the USABL American League Spring 2022 season
- 3rd Place in the Cal Ripken District Tournament

NPGL GOLD 8U WEST DIVISION CHAMPIONS

- 3x USABL Tournament Champions: Memorial Day Classic, East Coast Clash and July Showdown
- Top Ten in the NJ state USABL World Series

10U BASEBALL

- NPGL Green 10U Division Champions 12U BLUE BASEBALL
- USABL Memorial Day Classic Tournament Champions
- Played in Cooperstown Dreams Park Tournament





 (above) 7U Warriors - Summer 2022 NPGL Division Champs. (front row, l-r) Ethan Addvensky, Logan DiMeo, Wyatt Dealaman, Liam Patwa, Andreas Saketos, Nafi Moccia;
 (middle row, l-r) Cameron Baran, Chase D'Annunzio, Zach Kwak, Joseph Sullivan, Patrick Jackson, Jason Snider; Coaches: Dan Sullivan, Nick Saketos, Mike DiMeo, Chris D'Annunzio, Bill Jackson, Dev Patwa, Adi Addvensky



(above) 12U Blue Warriors played teams from across the country in Cooperstown, NY this summer. Players: Alexander Checchio, Tyler Slepokura, Ryan Sackett, Jared Finkelstein, Aarav Raju, Roshan Sekhar, Kylan Patel, Finn Byrne, Henry Bisignano, Jacob O'Sheal, Danny Mendoza





WATCHUNG HILLS WARRIORS (continued frompage 14)



(above) 10U Warriors - Summer 2022 NPGL Division Champs. Front row: Christian Fazio, Dylan Walters, Hunter Slater and Brian Videla; Back row: Tyler Zissu, Owen Dealaman, Lyrik Shonibare, Eric Graham, Chase Surburg, Nicholas Guerra, Asher Valenzuela, Coaches: Charles Fazio, Terry MacConnell, Troy MacConnell



(above) 8U Blue Warriors are shown in one of their three USABL tournament wins of the 2022 season. (front row, l-r) Sebastian Ditta, Brandon Battista, Mario Armenti, Cameron Fine, Lincoln Skierski, Jeff Bubnowski; (middle row, l-r) DeMarco DelForno, Nico Volante, Thomas Hauck, Ewan Cove, Zander Williams; Coaches: Mark Volante, Dave Bubnowski, Shaun Fine, Dave Ditta, James Williams



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LIVING DONOR KIDNEY TRANSPLANT NEEDED FOR SUMMIT POLICE OFFICER

The Summit Police Department, Summit Fire Summit Volunteer First Aid Squad. Department, Summit PBA Local #55, Summit FMBA #54, Summit Volunteer First Aid Squad and city officials are joining together to raise awareness about the immediate need for a living donor kidney transplant for Summit Police Officer Karen Stenstrom Sauers.

Karen was diagnosed at age 24 with polycystic kidney disease, an inherited disorder in which clusters of cysts develop primarily within the kidneys, causing them to enlarge and lose function over time. At the time of diagnosis, she was told that one day she would need a kidney transplant to prolong her life. Now is that time.

Raised in Summit from the age of eight, Karen Stenstrom was a scholar and an athlete. She was co-captain of the women's lacrosse team, graduated from Summit High School as part of the Class of 1989 and pursued a degree in education at Boston College. After graduation, Karen returned to Summit, began teaching in Newark public schools and volunteering on the

As she watched the twin towers fall on September 11, Karen realized that she was meant to serve the community in a different way and enrolled in the John H. Stamler Police Academy. She is now a valued and decorated police officer in Summit and has served the community faithfully for more than 20 years.

Karen met and married Jon Sauers, also a Summit Police Department officer, and is a coparent to Andy, age 20, and the devoted mother of 13-year-old twins Tommy and Maggie. None of her immediate family or relatives are a match for a kidney transplant so her life depends on receiving a donor kidney. Karen is a patient with the Living Donor Institute at Cooperman Barnabas Medical Center. The program allows patients with chronic kidney disease to receive kidney transplants from living donors and deceased donors as soon as possible.

While receiving a kidney from a deceased donor would prolong Karen's life for a handful

of years, a living donor kidney would extend Karen's life expectancy for 10 to 15 more years.

"Officer Karen Sauers is one of the kindest and most positive individuals I know," explains Summit Police Chief Steven Zagorski. "Throughout her distinguished career with the agency and now on this difficult journey, she has shown great strength and commitment. As colleagues and friends, we want to do everything possible to help find a potential donor. Please consider learning more about it."

For more information on the process of kidney donation, visit

https://www.CBMCLivingDonor.org. Please include the code KARENSAUERS if completing the health history questionnaire so all potential matches are connected to Officer Sauers.

For more information on Officer Karen Stenstrom Sauers and the Summit Police Department go https://www.cityofsummit.org/police or contact Nikki Griffiths at 908-277-9472.



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(above) Summit Police Officer Karen Stenstrom Sauers



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190 Knightsbridge, Watchung, NJ 7 Bed | 6 Bath | 3 Half Bath | \$3,250,000



20 Schmidt Circle, Watchung, NJ 3 Bed | 3 Bath | \$635,000



33 Johns Drive, Warren, NJ 3 Bed | 4 Bath | 1 Half Bath | \$1,175,000



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