

Long Hill LEADER

MAILED FREE TO EVERY HOME AND BUSINESS
IN GILLETTE, MILLINGTON, STIRLING, AND MEYERSVILLE

NJ

Published by Renna Media, LLC. On-line at RennaMedia.com

ISSUE 109 • OCTOBER 2022

Nicholson
ROOFING & SIDING

SINCE 1963
AWARD WINNING
CONTRACTORS

We Handle
Residential and
Commercial Projects

ALL TYPES OF ROOFING
•
VINYL AND HARDI
SIDING
•
SEAMLESS GUTTERS
•
WINDOWS AND DOORS

908-647-5984
Stirling, NJ
NicholsonRoof.com
Your call brings
the owner,

PRSR STD
U.S. POSTAGE
PAID
BRIDGEPORT CT
PERMIT NO. 390

ECRWSS

*****ECRWSSDDM*****
POSTAL CUSTOMER

ST. VINCENT DE PAUL YOUTH RETURN TO APPALACHIA

Submitted by Teri Kesselmeier

On Sunday July 31, 2022 - after a two year pandemic-induced hiatus - twenty-four teens and adult volunteers departed from St. Vincent de Paul Church for a one-week service project in Appalachia. Their destination: Terra Alta, West Virginia. Their mission: to serve those in need.

Over the next week this intrepid group replaced and repaired roofs, rebuilt stairs, power-washed and painted houses, built a portico and brought joy to the families they assisted. It wasn't all work; they spent their downtime in rustic Camp Galilee, nestled among the West Virginia hills, enjoying the fields and lakefront, playing volleyball and cornhole, and getting to know each other through late night water balloon fights. Accompanying the teens were adult volunteers - some first time participants and others veterans of past trips - who ran their jobsites, prepared meals, drove cars, led reflections and provided guidance.

On Saturday August 6, the group returned, tired but happy, brimming over with stories of new friends, long car rides, and humming John Denver tunes about country roads.

This trip marks the twentieth year since St. Vincent de Paul Parish youth first ventured to West Virginia to participate in the Diocese of Preston County's Summer Home Repair Program. What makes this trip so special that teens and adult leaders keep returning?

Paul Delaney thinks it's the opportunity to learn new skills in a fun environment that makes the trip so special. Returning for his tenth year, Paul is a New Jersey contractor who travels to West Virginia ahead of the trip to scout job sites that the teens will work on over their week-long trip. He looks for jobs that require the right mix of skill levels for the group, so the teens who do the work will learn something new while making a difference in the Appalachian community.

Marie Baeyens thinks it's the beauty of West Virginia that makes the trip so special. Marie



(above) Twenty-four teens and adult volunteers from St. Vincent de Paul Church spent one week in Terra Alta, West Virginia.

attended the trip for the first time this year, along with two of her children, but has heard stories about Terra Alta from her older children who attended the trip before her.

Chris Fernandes, who attended past trips as both a teen and an adult leader, thinks it's the camaraderie that makes the trip so special.

Mary Knell, who attended for her first time this year, thinks it's the opportunity to give to others that makes the trip so special. Mary retired in June and volunteered to run the kitchen along with her friend Sandi Schaefer.

Father Richard Carton, Pastor of St. Vincent de Paul Church, thinks it's the opportunity to put into practice Jesus's call to genuine service to the least of our brothers and sisters that makes the trip so special.

Abby O'Mullan, a rising freshman at Watchung Hills Regional High School, had heard about the trip from her older siblings who attended in the past, but she wasn't sure what to expect. said Abby. Her older brother, John O'Mullan, who participated in the trip as a teen and returned this year as an adult volunteer.

Two decades of history testifies to the importance of this trip to the youth of New Jersey and to the people of West Virginia. This year's participants came together again on September 24 at St. Vincent de Paul Parish to reflect on their experiences, learn about other local service opportunities and look forward to next year. Plans are already underway for next year's trip, which is scheduled for July 30 to August 5, 2023. All those interested may contact St. Vincent de Paul parish house for more information.

Colonial
APPLIANCE

908-665-1212

25 Passaic Street
New Providence, NJ 07974

www.colonialappliance.com



Savings So Good

It's Scary



Long Hill LEADER

Renna Media LLC, Publishers

202 Walnut Ave., Cranford, NJ 07016

Long Hill Leader is published by Renna Media. 3,500 newspapers are printed monthly and mailed to every business and resident in Long Hill.

Although great care has been taken to ensure the information contained within is accurate, Renna Media assumes no liability for errors or omissions.

©2022 Contents of this newspaper cannot be reproduced without written consent from Renna Media LLC.

SEND US YOUR NEWS

Do you have a community service that you need help publicizing? Did you or someone you know accomplish something amazing? We are interested in hearing about your latest achievement (accomplishment, honor, award, etc.), send us your news!

Email: editor@rennamedia.com

ADVERTISING

Joe Renna: 908-447-1295

joerenna@rennamedia.com

Online at www.rennamedia.com

like us on [facebook.com/](https://www.facebook.com/LongHillLeader)

Long Hill Leader

MOMS CLUB DONATES SCHOOL SUPPLIES

The MOMS Club of Long Hill collected school supplies for students qualifying for free or reduced lunch and others in need. Supplies were dropped off to the Director of Special Services, Geraldine Colon. Any extra supplies

will be distributed to district teachers or held as replacement supplies throughout the school year.

MOMS Club is a 501(c)3 non-nonprofit that supports busy mothers in Long Hill.



(above, l-r) Caren Tolleth, Kaitlin Durkin and family, and Geraldine Colon.


HIGHEST CONSUMER ENDORSED SKILLED NURSING FACILITY in Union County

-  Hospitality Focused Rehab Experience with 24 Hour Guest Services Line
-  Physiatrist Driven Customized Rehab Planning our by Dr. Michelle Robalino-Sanghavi
-  Onsite Physician and Specialty Consultations by Leading Area Physicians
-  Seamless Transition to home provided by our Care Navigation™ Specialist.


SPRING & GROVE


REHABILITATION & HEALTHCARE CENTER

144 Gales Drive, New Providence, NJ 07974 • (908)464.8600

SpringGroveRehab.com  

4 Million Dollar
Renovations now Complete!



scan to
learn more 



Call Today for a Free Estimate! ☎ 855.624.6655



AS SEEN ON
**GEORGE
TO THE
RESCUE**
NBC

*Magnolia*TM
HOME REMODELING GROUP

ROOFING | SIDING | WINDOWS
KITCHENS | BATHROOMS | BASEMENTS
MASONRY | DECKS | PORCHES



Payment Plans

WINDOWS \$209	BASEMENTS \$395
KITCHENS \$389	BATHROOMS \$199
ROOFING \$249	DECKS/PATIOS \$189
SIDING \$289	PORCHES/STEPS \$185

0% Plans Available!

Estimated monthly payments.
Rates & payments based on credit approval.

VIRTUAL MEETINGS ALSO AVAILABLE

Interior & Exterior Remodeling | Family Owned & Operated

100% FINANCING AVAILABLE | 30+ YEARS EXPERIENCE

NJDCA I3VH07755300

MagnoliaHomeRemodeling.com 

FLINTLOCKS READY FOR ACTION

Submitted by Dr. Michael Hart

The Flintlocks, BSA, Inc. are a group of retired scouts who dedicate their time and talents to helping the Boy Scout Camps in northern New Jersey. They annually donate approximately 5,000 hours of skilled labor to the scouts. The group includes many tradesmen, but also volunteers of every background. Most are retired, but some still work full time, and occasionally people volunteer to help for a day here and there. It is a very friendly group with a good sense of humor. When one member reached age 100, they designated a parking spot reserved for all Flintlocks over 100 years old.

The Flintlocks meet every Thursday at Camp Winnebago, Rockaway, NJ, all year round. They are organized as a 501c3 non profit corporation. All of the members are registered with the BSA. They provide a variety of skilled services to the Council. They have built cabins, picnic tables, painted the dining hall, built the archery range, built all the structures at the waterfront, financed, built and equipped the STEM Lab at Allamuchy Scout Reservation, repaired damage to camp structures, etc. In addition to building structures and doing repairs and maintenance, they also volunteer at many Council activities throughout the year. More than half of the Flintlocks have been awarded the Silver Beaver or have received other Council and National Awards. They typically provide approximately 5,000 hours of volunteer skilled labor every year. Previous years

were interrupted by COVID shutdowns, and the camps were not operational some summers, but now the Flintlocks are all vaccinated and have been back to work. The Council most recently opened the summer Scout camps again, and the Flintlocks have brought them up to code to receive campers.

The Officers and Trustees elected for the coming year are as follows: John Koneski,

President; George Van Dyke, Vice President; Michael Hart, Secretary; Russ Jenkins, Treasurer; Bob Pysher, Chair of the Trustees; Ted Marquardt, Trustee; Bob Germinder, Trustee; and Frank Wallace, Trustee.

Visit the Facebook Page "Flintlocks". Guests are always welcome. For more information contact Secretary Dr. Michael Hart at drmhart@yahoo.com.



(above) Flintlocks pictured during their Annual meeting.

NEVER CLEAN YOUR GUTTERS AGAIN! GUARANTEED!

with **MICROGUARD**
LEAF SHEDDING SYSTEM

- Micro Filtration System designed to keep small twigs, pine needles, and debris from clogging gutters
- Virtually invisible from the street - it will not affect the look of your roofline
- Maximum strength, constructed of heavy gauge 032 Aluminum - won't bow, bend or separate from the gutter
- Will not penetrate roof shingles and won't void roof warranties

BBB NJ A+ RATED GUTTER SERVICE

1-877-535-8660 www.keltomgutters.com

10 Summit Avenue, Berkeley Heights, NJ 07922



CHIMNEY & ROOFING SPECIALISTS

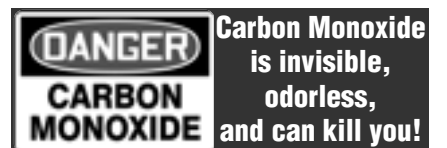
MURSELI PRO CONSTRUCTION
908-361-6372
1-800-650-0968

Family
Owned &
Operated For
20 Years

- All Work Guaranteed
- 24/7 Emergency Service
- 15% Senior Discount
- Major Credit Cards
- NJ Lic. 13VH08570100

**Save \$1,000
ON ROOF
REPLACEMENT**

With coupon. Cannot be combined with any other offer.
Some restrictions apply. Expires 10/31/22.



COMPLETE SET OF STEPS
 Up to 6 Feet, 5 Steps / Brick, Limestone & Concrete
Special **\$3,400**

With this ad. Cannot be combined with any other offer. Expires October 31, 2022.



FOUNDATION



- NEW FOUNDATIONS
- REPAIRS
- WATERPROOFING

MASONRY



- DRIVEWAYS
- STEPS
- BRICK & BLOCK
- SIDEWALKS
- REPAIR

ROOFING



- RE-ROOF
- NEW ROOF
- ROOF REPAIRS
- SHINGLES
- FLAT ROOF

CHIMNEY



- CLEANING
- RE-LINE
- REPAIRS
- REBUILD
- CAPPING

GUTTERS



- CLEANING
- INSTALLATION
- SCREENING
- REPAIRS
- REPLACEMENTS

SEPTEMBER CHIMNEY SPECIAL
Only \$1,600

FOR CHIMNEY UP TO 3 FEET

With coupon. Cannot be combined with any other offer.
Some restrictions apply. Expires 10/31/22.

\$400 OFF
ANY FOUNDATION JOB
OF \$2000 OR MORE

With coupon. Cannot be combined with any other offer.
Some restrictions apply. Expires 10/31/22.

\$200 OFF
ANY ROOF REPAIR
of \$1,000 or more

With coupon. Cannot be combined with any other offer.
Expires 10/31/22.

\$200 OFF
ANY CHIMNEY REPAIR
of \$800 or more

With coupon. Cannot be combined with any other offer.
Expires 10/31/22.

\$150
GUTTERS CLEANING
(Any Average House)

With coupon. Cannot be combined with any other offer.
Expires 10/31/22.

CHIMNEY LINER
Special **\$1,300**

WHY SHOULD I USE A CHIMNEY LINING SYSTEM?

- Protect your house from heat transfer combustibles
- Protect the masonry from the corrosive by products of combustion
- Provide a correctly sized flue for optimum efficiency of appliance



**Easy &
Effective
Cleaning**



Long Term Preservation

With this ad. Cannot be combined with any other offer. Expires October 31, 2022.



Anderson Vanguard Academy

Fun, Engaging, and Authentic Learning Opportunities!

- Camps with Arts, Crafts, Movies, Games, STEM projects and more! Offered during school holidays and an occasional Saturday!
- Creative and academic enrichment courses!
- Tutoring and homework help available!

Next camp is November 10th & 11th during the school holiday

For more info and to register your child, visit:
AndersonVanguard.com

Seats are limited and filling fast!
Location: 7 Valley Road, Watchung, NJ!
 Email: info@andersonvanguard.com
 Facebook: @AndersonVanguardAcademy



THERESA FILIPPONE
Sales Associate

Top local agent for over 20 years!

908-581-9117 cell
908-766-8354 office

Theresa.Filippone@cbmoves.com
theresafilippone.cbintouch.com



COLDWELL BANKER REALTY

Welcome



- Hairstyling
- Haircut
- Color
- Manicure
- Waxing

Servicing one client at a time.

329 Main Ave.
Stirling, NJ
908-917-5919

Long Hill Parks & Recreation & The Long Hill Chamber of Commerce Present

Halloween Parade



Sunday, October 23rd, 3pm sharp
Kantor Memorial Park Grass Field
 (rain date: Sunday, 10/30, 3pm)

Groups for Judging: Ages 2 & Under, Ages 3 & 4, Ages 5 & K, Grades 1 & 2, Grades 3 & 4, Grades 5 & Up, Best Group Costume (Includes Adults)

FREE event for all Long Hill Children







64% of 8th graders aren't proficient readers. Is reading a persistent struggle? We can help.



Learn more: www.learningrx.com/warren
 Find a center: www.learningrx.com/locations/new-jersey





Live Virtual Training

One-on-One Brain Training Centers

KENZA ROOFING & CHIMNEY

908-627-9696

#13VH11991300

FAMILY OWNED
BUSINESS.



• CHIMNIES • ROOFING • GUTTERS



**24/7
EMERGENCY
SERVICE**

**15% OFF
SENIOR
DISCOUNT**



• FOUNDATIONS • PATIOS • STEPS • MASONRY

Fall Specials



HomeAdvisor
Five Star Rating ★ ★ ★ ★ ★

**\$300 OFF
ANY
CHIMNEY
REPAIR**

Expires October 31, 2022



**\$175
GUTTER CLEANING**

(Average house)



**\$300 OFF
ANY ROOF
REPAIR**

Expires October 31, 2022



**\$400 OFF
NEW STEPS**

Expires October 31, 2022



**\$800 OFF
ANY NEW
ROOF JOB**

Expires October 31, 2022



**\$1,300
CHIMNEY
LINER**



DOWNTOWN CRANFORD

SHOP • DINE • CELEBRATE FALL

Visit Downtown Cranford this October!

f @DowntownCranford

Zcann Organics

Luxury Hemp Products

Use Coupon Code: NP5

For \$5 off your first purchase

www.zcann.net



TARRASERVICES™

YOUR LOCAL PARTNER ON A GLOBAL PLATFORM

Use Coupon Code: NP5

For 5% Discount on your first month of storage

www.tarraservices.com



D3-SCIENCE.COM
RESEARCH AND INNOVATION

Use Coupon Code: NP5

For \$5 off your first purchase

www.d3safe.com



20 N Union Ave
Cranford, NJ 07016
oldcitycafeandgrill.com
908-276-2701

@oldcitycafeandgrill
#oldcitycafeandgrill



FREE
BAKLAVA
with purchase
of 2 entrees
*Expires
10/31/22

SCAN FOR MENU

martin jewelers

YOUR PERSONAL JEWELER SINCE 1945

12 North Avenue West • Cranford, NJ 07016
(800) 464-MARTIN

www.martinjewelers.com

Rolex • Watches • Engagement & Wedding • Jewelry • Services

SPECIAL OFFER: Free Jewelry Cleaner*
*Expires 10/31/22

sweet n' fancy

EMPORIUM ONE

South Avenue East
Cranford, NJ 07016
908-272-0848

www.sweetnfancy.com



The Sprinkle
Experiment

at sweet n' fancy EMPORIUM

**10% OFF
YOUR
PURCHASE***
Expires 10/31/22.
*Excludes Merkins
Chocolate.



Tomasello Winery

109 WALNUT AVE
CRANFORD

ENJOY 10% OFF

BROOMSTICK BREW

SHOW THIS AT CHECKOUT TO RECEIVE 10% OFF
YOUR NEXT BOTTLE OF BROOMSTICK BREW!

RED WINE WITH NATURAL FLAVORS
ALC. 12% BY VOLUME

@Tomasello_Cranford

Tomasellowinery.com

EXP. 11/1/2022



BREADSMITH

HAND MADE. HEARTH BAKED.™

32 North Avenue W.
Cranford, NJ 07016
908.276.2155

**20% off your order
of \$10 or more**
(expires 10/31/22)



12 North Union Ave
Cranford, N.J. 07016
908 653-1000 / 908 653-1002

Sunday 11:00AM-9:00PM
Monday-Saturday 11:00AM-9:30PM
http://www.california-burritos.com



MENU



hotyogarevolution
ONE FREE CLASS

Limit one per person
Valid for new clients only

Email - info@hotyogarevolution.com
or call 908-252-0142
to redeem this card & register for class

Redeemable at Cranford and
Metuchen studio locations

We can't wait to meet you!

@hotyogarevolution
hotyogarevolution.com
#JoinTheRevolution

beyond DANCE

"Dance is and always has been my entire life,
and I am absolutely honored to teach kids the beauty and
magic that they are capable of creating." - Mackenzie

Beyond Dance
123 N Union Ave
Cranford, NJ 07016

Text or call for info 973.985.7239

Beyonddance@verizon.net

www.beyonddancenj.com

50% off first month's tuition



Executive
Dental Studio
PROSTHODONTICS

Executive Dental Studio
24 North Avenue West • Cranford, NJ 07016
(908) 276-2385 • info@execdentalstudio.com

PROMOTIONS

New patient special with coupon only: \$199. Exam,
Digital Xrays, Professional Dental Cleaning. Call today to schedule
an appointment. Expires: Oct.31, 2022

With coupon only: Whitening Services. Includes: Take
Home Bleaching Trays. Starting at \$299

WE ACCEPT ALL MAJOR INSURANCES
CALL US TODAY 908-276-2385
WWW.EXECDENTALSTUDIO.COM

FOLKLORE

ARTISANAL TACO

101 North Avenue West,
Cranford, NJ 07016
(973) 939-5703

Tuesday - Sunday: 11am - 8pm

http://www.folkloretaco.com



SCAN ME

SPOTLIGHT ON VETERANS DOING YOGA PROJECT

Submitted by *Laura Meola and Alyssa Duclos*

The Veterans Yoga Project Video filming was a free event sponsored by the New Jersey Veterans Network for their web series, Local Legends. This web series is a talk show that showcases real stories from extraordinary people including gold medalists, army veterans, athletes and many more. With its strong veteran influence, Local Legends is produced, directed, hosted and filmed by veterans and their supporters. They provide a great deal of informational resources to help the community.

The Veterans Yoga Project event featured Maggie Stoddard, a yoga instructor trained to work specifically with veterans. Her work with these heroes has greatly benefited their everyday lives. During filming, Maggie showed the participants three sets of poses. This included the warrior 2, peaceful warrior, and seated cat/cow. Aside from this filming, Maggie runs yoga events weekly for all veterans and their families who wish to participate. She had this to say about the program, "We lead a class with some breath work, stretching and mindfulness. Veterans Yoga Project promotes resilience and recovery."

America's Hot Dog pup, Shadow, also made an appearance to provide support for all who participated in the filming process. He also did some yoga of his own which included the side crow pose. He is often a part of these veteran events and brings joy and love to all.

This production was directed and produced by Doc Schupp with Michael Boll as co-producer. Credit also goes to Shaun Crafton, director of cinematography, and camera-man Diddy.

If you know of an inspiring or helpful resource for veterans that would make a great Local Legends Video please call Doc Schupp at 551-293-3049. The Local Legends Videos can be viewed on the NJVN website at njvn.org/local-legends.

Thank you to all volunteers who helped put this event together: Doc Shupp and Michael Boll who run the NJVN; Rochelle Park American Legion Post; all the cast and crew who participated in the Local Legends production; Alyssa Duclos, owner of Alyssa's Critter Sitters

LLC, and official dog handler of Shadow, America's pup; and assistant dog handler Joe Astarita.

ABOUT NEW JERSEY VETERANS NETWORK

We are a group of veterans and volunteers dedicated to helping our veterans and their families live better lives. Our mission is to identify veterans and connect them with resources and programs designed to meet their unique set of needs. If you are a veteran or family member that is in need of assistance, or are interested in joining our team, would like us to speak at your event, or contribute to our mission, call 973-332-1556 or email mdbollio@optonline.net. To learn more visit njvn.org.



(above) The Veterans Yoga Project Video was filmed at a free event by the New Jersey Veterans Network for their web series, Local Legends.

Photos by Shaun Crafton and Diego Diazand



**DOWNTOWN
CRANFORD**

SHOP • DINE • CELEBRATE FALL

Visit Downtown Cranford this October!

f @DowntownCranford



STRENGTH & PERFORMANCE

Personal Training • Group Training
Digital Programming • Physical Therapy

CONTACT US TO GET STARTED
Call/Text: (908) 402-2177

8 Eastman Street, Suite 3
Cranford, NJ 07016

HOURS OF OPERATION:
Monday - Friday: 5:00AM - 1:00PM / 4:00PM - 7:00PM
Saturday: 7:00AM - 10:00AM
Sunday: CLOSED
Personal Training: By Appointment Only



**100% VEGAN
ORGANIC FOOD & JUICE**

FIND US HERE

CRANFORD
105 S. Ave. E.
Cranford, NJ 07016

BERNARDSVILLE
80 Morristown Rd., Suite #22
Bernardsville, NJ 07924

www.freshpressjuiceco.com

SUPPORT YOUR LOCAL THEATER!



Cranford Theater

Cranford Theater
25 North Avenue West
Cranford, NJ 07016
(908) 588-2477
www.cranfordtheater.com

\$2 off a large popcorn • Expires 10/31/22



**The
Gourmet
Deli**

Free coffee with purchase of a breakfast sandwich. Expires 10/31/22

41 Alden Street • Cranford, NJ 07016
<http://www.gourmetdelicranford.com>

anthem
STYLE + GIFT

WOMEN'S CLOTHING,
ACCESSORIES, GIFTS + MORE!

TAKE 10% OFF YOUR PURCHASE
IN-STORE WITH THIS COUPON!
(EXcludes some items. Valid only on purchases over \$50. Expires 10/31/22)

100 NORTH UNION AVENUE • CRANFORD, NJ
WWW.ANTHEMSTYLEGIFT.COM

MAX & LUNA
SHOP AND MORE

CLOTHING, ACCESSORIES, GIFTS & MORE!
(MINIMUM \$50)

TAKE 10% OFF YOUR ENTIRE PURCHASE
WITH THIS COUPON IN-STORE!
(EXcludes some items. Valid only on purchases over \$50. Expires 10/31/22)

1024 NORTH UNION AVE • CRANFORD, NJ
WWW.MAXLUNASHOP.COM

**DOWNTOWN
CRANFORD
SCARECROW
STROLL**

October 14-31

**Over 100 scarecrows to see!
Vote for your favorite!**

Events include:

- Apple Pie Contest
- Back to the Future Day
- Candy Stroll
- Dracula's Blood Drive

- Ghostbusters Day
- Howl-o-ween
- Neewollah
- Witches Night Out

...and more!

Learn more at <http://www.downtowncranford.org>

ELKS LODGE HOLD HONOR THE HEROES EVENT



The Long Hill Elks Lodge hosted the Honor the Heroes Day Event on Saturday, September 10, 2022. The event benefited the Millington Volunteer Fire Company, Stirling Volunteer Fire Company, and the Long Hill Volunteer First Aid Squad. The day featured fun for the whole family including face painting and other activities for kids. Food trucks, local vendors, and a chili cook off were also the highlight of the day.
(continued on page 11)



Photos from this and other events can be found online at rennamedia.com and on Long Hill Leader page on [facebook.com](https://www.facebook.com/longhillleader) Feel free to “Like,” “Tag,” and “Share.”

ELKS LODGE HONOR THE HEROES

(continued from page 10)



SPONSOR THANK YOU

I am writing to personally thank all of the Sponsors and supporters of this event that took place on September 10th at the Elks Lodge location in Stirling.

Back in June of this year Lynn Kaplan came to me with an idea to raise money for the local Fire Companies and First Aid Squad. She offered to hold a massive jewelry sale and donate all of the sale proceeds to these three organizations. Based on this idea the Honor the Heroes Day event was born. To even consider holding the event we needed a location. The Elks were extremely gracious in offering their grounds to us to hold the event.

To attract people to the event we needed to have food. To that end a big thank you goes out to Wegmans for their donation of the many cases of water; Kelly Mazzocchi, Exalted Ruler of the Elks Lodge, for her donation of hot dogs and rolls to sell; Wild Bills Root Beer for their donation of soda to sell; Zita's Ice Cream for supplying ice cream at a reduced cost to sell at the event; Scout Troop 56 for supplying the Scouts and adult leaders to cook and sell the hot dogs and help with clean up. Thank you to the Tia B's Street Tacos food truck for coming to the event to sell their delicious food to the public.

The Crab Daddy Band generously provided their entertainment talent free of charge.

For all the following sponsors who donated the funds to pay for the bouncy house, the second band, the Chili contest supplies and all the many supplies needed to make this event happen:

- Andy's Auto Service
- Anonymous Donation
- Ant's Plants Lawn Fertilizing
- Bar Cilento
- Great Swamp Green House
- Kearny Bank
- Long Hill Auto Service
- Marks Auto Care
- Millington Auto Body
- Meininger Electric
- Pine Valley Tree Service
- Sarco
- State Farm Insurance
- Stirling Smiles
- T&R Exterminators
- The Goddard School
- Valley Automotive
- Valley Funeral Home
- Victor Veirlezza
- Your Name Here
- Weichert Realtors
- World of Coffee

Without the generosity of the sponsor's listed above this event would not have been a successful fund raiser for the First Responders of Long Hill Township. This event would also not have been a success without the people power of all the volunteers who helped the day of the event as well as the set up prior. A big thank you goes out to Jim Daley who spent all day Friday helping set up the Elks Lodge grounds for the event, all the Stirling and Millington Fire Companies and the Long Hill First Aid members who gave their time to help on the day of the event. Thank you to the vendors who set up tables to offer their goods and services to the attendees.

Again I cannot express enough gratitude to the person who inspired and imagined this Fund Raiser and whose generosity of donating all of the money from her jewelry sale is unmatched, Lynn Kaplan. I am hopeful that we will repeat this event next year and have the same support.

A Heart Felt Thank you

Edwin F. Gerecht Jr.

Member Millington Volunteer Fire Company

Photos from this and other events can be found online at rennamedia.com and on Long Hill Leader page on [facebook.com](https://www.facebook.com/longhillleader)
Feel free to "Like," "Tag," and "Share."



(above) Pictured is the Korean War Memorial. Morris County's Office of Planning and Preservation is documenting its "Veterans of the Z," those who served in the formal Korean War and those who have served since 1953 along the volatile and dangerous Korean Demilitarized Zone.

Courtesy photo

DOCUMENTING VETERANS OF "FORGOTTEN WARS"

County of Morris

The signing of the Korean Armistice Agreement 69 years ago on July 27, 1953, officially ended the brutally destructive, large scale military actions that defined the Korean War, which left more than 5 million dead after three years.

But no peace treaty was ever signed, and hostilities continued over the decades, particularly from October 5, 1966 to December 3, 1969, when North Korea launched dozens of violent, armed incursions into South Korea. United States military personnel were on the ground to repel the attacks each time, and they have remained there with nearly a hundred Americans making the ultimate sacrifice in what are called America's "Forgotten Wars."

Morris County's Office of Planning and Preservation is documenting its "Veterans of the Z," those who served in the formal Korean War and those who have served since 1953 along the volatile and dangerous Korean Demilitarized Zone (DMZ) – a 2.5-mile wide, heavily militarized dividing line between North Korea and South Korea by the 1953 armistice.

"The Korea veteran listing is anticipated to be a unique one, encompassing not only the Korean conflict from 1950 to 1953, but the considerable tensions in the ensuing decades," said Jan Williams, Cultural and Historic Resources Specialist for the planning and preservation office.

"Along with the original soldiers that served during the 1950's, many veterans in the 1960's were sent to Korea instead of 'Nam. The expectation is that the public will be submitting names of Korean veterans from 1950 all the way up to soldiers that served in 'The Z' quite literally through yesterday," she added.

In 2012, the Office of Planning and Preservation began the task of listing Morris County veterans from several conflicts. The undertaking was inspired by a WWII veteran from Rockaway, Mr. Peter Chipko, who said

that history would forget the military service and sacrifice that the men and women of Morris County rendered to the country.

The list, known as the Morris County Veterans Compendium, is releasing this latest effort to capture veterans' histories regarding Korea.

To add a soldier or sailor to any of the lists, please send an email to Jan Williams: jwilliams@co.morris.nj.us.

The criteria for listing in the Morris County Veterans Compendium remains the same as what has been established for listings of Morris County Veterans who served in Vietnam, WWI, WWII and other conflicts. They must have been born in Morris County or lived in the county for ten years. If a veteran meets the criteria, but has retired out of state or passed away, they remain eligible for listing.

The basic information required for listing is the veteran's name, Morris County municipality of birth or residence and the military branch in which they served.

If you would like to donate your personal Korean War items or provide original or scans of photographs and documents, please contact: The Morris County Historical Society 68 Lafayette Avenue Morristown, NJ 07960, 973-267-3465: Amy Curry, directormchs@gmail.com or Anne Motto, CollectionsMCHS@gmail.com.

Other ongoing projects involving Veterans and data collection on Morris County's rich history may be found at the Cultural Resources Survey section at the Morris County Office of Planning and Preservation.

To enroll in the National Purple Heart database, please visit the website of The National Purple Heart Hall of Honor.

To apply for a Morris County Distinguished Service Medal, please visit the Morris County website.

If you have lost a medal, award or decoration, please visit the Veteran's Service Records section of the National Archives website.

ARM PAIN

You Don't Have To Live With It!

That "searing, burning pain" in your arm and shoulder... that "achy, numbing" feeling in your forearm... that "tingling" and loss of strength in your hand... It interferes with your ability to use the computer, play golf, garden... to have FUN IN LIFE!

Arm pain, hand and arm numbness, and tingling down the arm may actually be caused by a pinched neck nerve even though you have NO neck pain - Or something as simple as tendinitis of your shoulder and forearm.

Dr. Murphy is an expert at finding the CAUSE of your arm pain and numbness and CORRECTING IT... WITHOUT THE USE OF DRUGS OR SURGERY.

Dr. Joseph J. Murphy
Chiropractic Physician

PAST PRESIDENT
The NJ and Morris
Chiropractic Societies

EDITOR-IN-CHIEF
The Column
Palmer Graduate

"YOUR BETTER HEALTH IS OUR ONLY CONCERN!"

Suburban Chiropractic Center

301 Main Street • Chatham
973-635-0036 • www.drmmurphy.com

Celebrating Our 38th Year!

Long Hill Parks & Recreation

ADULT BASKETBALL

ADULT OPEN PLAY

*Thursday Nights: 10/20 - 5/4/23
7:30pm - 9pm

CENTRAL SCHOOL OLD GYM
ADULTS 18 YEARS+

REGISTRATION ON COMMUNITY PASS REQUIRED
REGISTRATION FEE: \$20 RESIDENT/\$30 NON-RESIDENT
*Subject to gym availability.
Must be registered in order to enter gym; no registration on site.
Additional information on website:
<http://longhillnj.gov/recreation/rec-BB.html>
All participants must have photo ID with them.

Long Hill Parks & Recreation

RECREATION BASKETBALL

BOYS & GIRLS GRADES 1 - 8

BEGINS NOV. 12TH
SATURDAYS MILLINGTON & CENTRAL SCHOOLS

LEARN BASKETBALL SKILLS

REGISTER ONLINE THRU COMMUNITY PASS, SELECT FALL 2022

Early Bird pricing through Nov. 1st: \$135 after Nov. 1

\$110 by Nov. 1st

FOR MORE INFORMATION, VISIT WEBSITE:
<https://longhillnj.gov/recreation/rec-BB.html>

Long Hill Parks & Recreation

Now Hiring

Apply Now

Support Staff for Recreation & Travel Basketball Programs
• more: scorers, Referees, Skills Training
Applicants must have ability to work with children
Applicants must have an understanding of the sport
First Aid training a plus
Applicants must be available weeknights and on Saturdays
Mid November to Early March
Applicants must be at least 14 years old, 9th grade +
Apply by 10/1

Apply Online:
https://cites.formstack.com/forms/recreation_application_for_employment

SIBLINGS WIN GOLD AT JIU JITSU WORLD CHAMPIONSHIPS

Michael and Samantha Sarreal of Millington both won GOLD at the Pan American Kids IBJJF Championship Tournament in Florida on July 23 and 24, 2022.

The Pan Kids event is the world's largest and most prestigious BJJ tournament for kids aged 4-15. It is a 2-day event held annually by the International Brazilian Jiu-Jitsu Federation (IBJJF). There were about 2000 competitors, displaying many of the most talented and dedicated youth Jiu-Jitsu competitors from all over the world.

Michael, 13 years old, competed as a yellow belt in the Teen 1 division which had 14 top competitors, including previous Pan Ams medalists and IBJJF champions. In the Finals match, Michael defeated the Brazilian National and South American Champion by submitting him in a bow and arrow choke.

Samantha, 11 years old, competed as a grey belt in the Junior 2 division which had 9 elite competitors. In the semifinals, she defeated a competitor by triangle submission in only 12 seconds. The finals match went the distance for the full 4 minutes and Samantha won by points 10-0.

This was Michael and Samantha's first international tournament and first Pan Kids. Michael has been training jiu jitsu for about 3 years and Samantha for about 2 years. Michael and Samantha train a minimum of 5 days a week. They believe that dedication, discipline, hard work, consistency, and faith in God are keys to their success. "Sometimes you just have to show

up. Those days when you want to stay in bed are usually the ones ending up being the best training sessions. It was an amazing experience to compete with top athletes. A heartfelt thank you to all our family, friends, coaches, and training partners, who supported and cheered us on."



(above) Michael and Samantha Sarreal with Master Vitor Shaolin.

**BERKSHIRE
HATHAWAY**
HomeServices



Roseann Serina, Realtor Associate
Residential/Relocation Specialist
Long Hill Resident
Office: 908-580-5000
Cell: 908-229-2707
roseann.serina@bhhsnj.com
BHHSNJ.com/roseann.serina
www.roseannserina.com
See my reviews on Zillow.



2020 Five Star Real Estate Agent
as seen in New Jersey Monthly.

• COURAGE
• CONCENTRATION
• SELF-CONTROL

Providing children and adults the confidence and focus to succeed since 1982.

908-647-4194
www.karate4peace.com
630 Valley Road
Gillette, NJ 07933

ENROLL NOW FOR FALL!

**Regency
LANDSCAPE**

- Landscape Design
- Landscape Installation
- Masonry and Stonework
- Techo-Bloc Techo-Pro
- Tree and Shrub Moving
- Ponds and Water Features
- Landscape Maintenance

www.regencylandscape.com
www.facebook.com/pages/regency-landscape
PO Box 224, Millington, New Jersey 07946

Tony Catanzaro
908-647-3434
regencylandscape@gmail.com
Fax: 908-454-4111

WIRED RITE
ELECTRICAL SERVICE

COMMERCIAL & RESIDENTIAL
ALL PHASES OF ELECTRICAL WORK
• FIXTURES • OUTLETS • PANEL CHANGE
• SECURITY • HIGHHATS • CEILING FANS

Senior Citizen Discount 24 Hour Emergency Service Free Estimates

201-600-3530

CHESS IN MILLBURN
CHESS ACADEMY

Individual and group lessons
Beginner to Master

- In-person and Online Chess Lessons
- Summer Classes Enrolling
- Rated Chess Tournaments
- Fall Classes Registration Open!

Visit our website for details and placement test!
chessinmillburn.com
chessinmillburn@gmail.com

**Tank
Solutions**
OIL TANK EXPERTS

We are your professional environmental contractor with over 40 years of experience!

**OIL TANK REMOVAL
FALL SPECIAL \$1,495**

Call: 908.964.2717
www.OilTankSolutions.com
Located in Kenilworth, NJ

Today's Solution to Yesterday's Pollution

**UGLY HOMES WANTED
FOR TELEVISION PROGRAM
IN THIS AREA**

We need 30 Ugly Homes with Ugly Kitchens, Bathrooms, Siding, Window, etc., Inside or Outside that need fixing or Remodeling. We will Repair and Remodel them and shoot video for training film and future TV show on Home Remodeling Work.

Must Sign Release, for purpose of filming job! This must be a complete remodeling job, not just patch up work. This remodeling is to be specially priced, with compensation going back to the homeowner for a signed release.

Serious Inquiries Please!

CALL 833-375-1472
Ask for TV Project Department, for job evaluation and estimate of cost and compensations!

Tri-State Creations LLC - Lic. #s: NJ-13VH04728900, PA-39104

Marketing Toolbox

Renna Media offers a full range of marketing services, in print and online, hyper-local to regional, for every budget and market size.

NEWSPAPER ADVERTS

We mail 160,000 newspapers to every home and business in 24 towns. You can advertise in any number of towns. Ads start at \$60.

FULL COLOR PRINTING

We print flyers and menus, full color, two sided, on coated stock for only \$45 per thousand.

DIRECT MAIL

Insert your flyer into the newspapers and get it mailed to every home and business for \$60 per thousand and as low as \$30 per thousand for higher quantities.

ONLINE MARKETING

Online ads and press releases designed and placed to drive traffic to your website and get your phone ringing.

SOCIAL MEDIA

We can design and/or manage your social media campaign from passive to aggressive plans customized to work within your budget.

WEBSITE AND SEO SERVICES

Start with an audit/analysis of your website giving you a report and recommendations for \$250.

It is highly recommended to have a marketing plan and budget before spending.

CALL JOE RENNA FOR A FREE CONSULTATION.
908-447-1295

RENNA MEDIA NEWSPAPER RATE SHEET

WE MAIL 160,000 NEWSPAPERS MONTHLY!

Tina Renna 908-418-5586 • tinarena@rennamedia.com

Joe Renna 908-447-1295 • joerenna@rennamedia.com

202 Walnut Avenue, Cranford, NJ 07016

Online at RennaMedia.com
and NJLocalInfo.com



Call today for FREE consult on marketing and business plans.

Advertise in 1 or all 24 towns



Qty: 4,700
Zip: 07922



Qty: 7,500
Zip: 07928



Qty: 6,700
Zip: 07066



Qty: 9,900
Zip: 07016



Qty: 5,400
Zip: 07208



Qty: 3,000
Zip: 07023



Qty: 5,500
Zip: 07932



Qty: 2,500
Zip: 07027



Qty: 3,000
Zip: 08812



Qty: 3,500
Zip: 07033



Qty: 17,900
Zip: 07036



Qty: 3,500
Zips: 07933, 07946, 07980



Qty: 6,300
Zip: 07940



Qty: 2,900
Zip: 07092



Qty: 5,100
Zip: 07974



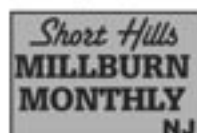
Qty: 13,000
Zip: 07065



Qty: 5,600
Zip: 07204



Qty: 9,400
Zip: 07076



Qty: 8,200
Zips: 07041, 07078



Qty: 9,600
Zip: 07901



Qty: 6,800
Zip: 07083 (partial)



Qty: 6,200
Zip: 07059



Qty: 2,700
Zip: 07069



Qty: 11,800
Zip: 07090

Rates are per month. Artwork included in price. Newspapers are black on white.

NEWSPAPER AD RATES

Units	Size	1 TOWN	3 TOWNS	6 TOWNS	9 TOWNS	12 TOWNS	15 TOWNS	18 TOWNS	21 TOWNS	24 TOWNS
1 Unit (Business card)	3.25" x 2"	\$60	\$150	\$250	\$350	\$400	\$450	\$500	\$550	\$600
2 Units	6.5" x 2" or 3.25" x 4"	\$100	\$250	\$400	\$500	\$600	\$700	\$800	\$900	\$1000
4 Units	3.25" x 8" or 6.5" x 4"	\$180	\$450	\$700	\$900	\$1100	\$1300	\$1500	\$1700	\$1900
6 Units	6.5" x 6.25" or 10" x 4"	\$240	\$600	\$900	\$1200	\$1400	\$1600	\$1800	\$2000	\$2200
9 HALF PAGE	6.5" x 9" or 10" x 7"	\$320	\$800	\$1000	\$1300	\$1600	\$1900	\$2200	\$2400	\$2700
12 Units	10" x 8"	\$360	\$900	\$1200	\$1500	\$1800	\$2100	\$2400	\$2700	\$3000
18 FULL PAGE	10" x 14"	\$400	\$1000	\$1400	\$1800	\$2200	\$2500	\$2800	\$3000	\$3400
2-PAGE SPREAD	21" x 14"	\$700								
BACK PAGE	10" x 14"	\$500								
FRONT PAGE BANNER	8.25" x 2"	\$320								
FRONT PAGE BOX	1.5" x 4.5"	\$240								

Back cover, front page banner and front box reserved on first-come, first-served basis. Current advertiser has right of first refusal.

PREPAY 6 MONTHS AND GET 1 MORE FREE
PREPAY 12 MONTHS AND GET 3 MORE FREE

Make Checks payable to Renna Media, 202 Walnut Avenue, Cranford, NJ 07016

ANNUAL BENEFIT CONCERT FOR THE HOMELESS

Long Hill LEADER • Page 15 • October 2022

On Sunday, October 9, Catholic Charities of the Archdiocese of Newark will host its 5th Annual Benefit Concert for the Homeless at St. Philomena Church in Livingston. All proceeds from the event will help to fund the homeless programs and services of the agency that provides assistance to thousands of individuals and families in need.

The Drive-In Concert will offer a variety of family/kid friendly activities (face painting, magicians, balloon artists, etc.) along with a full concert by New Jersey's own "The Nerds" – a widely acclaimed rock and roll band. Food trucks will be available but folks are encouraged to tailgate as well.

Registered participants get a parking space with an adjoining space to set –up chairs, etc. Each car can carry up to 6 occupants and parking spaces are priced at \$300, \$175 & \$125 based on their proximity to the stage.

For event details, please visit ccanconcert22.GiveSmart.com or call Peter Ruccione, Catholic Charities Director of Development, at 973-818-4060.

Last year Catholic Charities provided over 71,000 nights of Shelter, food, and clothing for over 1,171 people, individuals and families.

For more information on Catholic Charities of the Archdiocese of Newark, visit ccannj.org.

ABOUT CATHOLIC CHARITIES

Catholic Charities of the Archdiocese of Newark has been in operation since 1903 serving adults, children, families, seniors, veterans, and those suffering from HIV with compassionate care and services that provide help and hope. Our 84 programs serve close to 50,000 individuals in Bergen, Essex, Hudson and Union Counties annually. Our programs include counseling and support services for at-risk youth and their families; psychological and psychiatric help for those with mental illness; job training for those who are cognitively disabled; childhood education for preschoolers in Newark, Bloomfield and Elizabeth; emergency shelter for the homeless and for those who are HIV-positive; affordable housing for low-income families; immigration legal services; refugee resettlement; and adoption services.



RUMMAGE SALE

The Senior Center in Gillette will conduct its annual rummage sale on Saturday, October 8th from 9:00 a.m. to 3:00 p.m.; and on Sunday, October 9th from 10:00 a.m. to 2:00 p.m.

This is a major fundraiser for the Long Hill Senior Club. The hall is packed with treasures, and the sale takes place rain or shine. Parking is always free.

We will be selling small furniture and lamps, pocketbooks, books, CDs, DVDs, jewelry, tools, linens, household items, small electronics, puzzles, toys, games, china, baskets, small appliances, kitchenware, pictures and frames and lots of seasonal decorations.

FIRST AID CLASSES OFFERED

The Long Hill Parks & Recreation Department is sponsoring a Red Cross Adult & Pediatric CPR/AED class on Wed., Oct., 26th, and the same class on Nov. 2nd, from 6:30 - 9:30 p.m. Each Class: \$32 per participant. Must be 13 years old+. The class will be held at Long Hill First Aid Squad Building, 949 Valley Road, Gillette, NJ (Park in Town Hall Lot adjacent and enter from rear of First Aid building.) Register on Community Pass found on www.longhillnj.gov.

Christina Roche - Realtor®



NextHome Premier
102 Town Center Drive
Warren, NJ 07059
908-325-5000 Office
908-764-1731 Mobile
christina@nexthomepremier.com
www.ChristinaRoche.com

Each office is independently owned and operated



ONLINE ADS & PRESS RELEASES DRIVE LOCAL TRAFFIC TO YOUR WEBSITE

- **GET UNLIMITED CLICKS**
An alternative to expensive pay-per-click programs
- **FREE AD DESIGN AND COPYWRITING**
Advertising webpage includes many features including write-up, images, video, Google map, etc.
- **POSTS ARE SHARED THROUGH SOCIAL MEDIA**
Posts shared on multiple Facebook pages and twitter.
- **PAID SEARCH ENGINE PROMOTIONS**
Posts are promoted by industry, key words and location.
- **TRACKABLE RESULTS**
All ads include a live view counter.

Joe Renna at 908-447-1295
email: JoeRenna@RennaMedia.com



**\$10
PER POST**
Block of 20 for \$200
Single post is \$20

Full Color Flyers and Menus Printed and Mailed to Every Home and Business in Town!

MENUS - PRINTING - \$50 PER THOUSAND
Rate is for quantities of 25,000 or more.
For quantities less than 25,000 cost is \$68 per thousand.
11"x17" / Full color / 2 sided / 60lb gloss coated stock / Includes folding (quarter fold or tri-fold, with or without coupons tab)

FLYERS - \$35 PER THOUSAND
8.5" x 11" / Full color / 2 sided / 60lb gloss coated stock / Tri-fold add \$10 per thousand

INSERTED AND MAILED TO EVERY HOME AND BUSINESS
\$60 per thousand. (as low as \$30 per thousand depending on quantity.)

Joe Renna at 908-447-1295
email: JoeRenna@RennaMedia.com



**FLYERS
\$45
PER 1,000**

**MENUS
\$85
PER 1,000**

Dog Walker - Dog Sitter "Kinder than a Kennel"



We specialize in Daily walks
Doggie Day Care & Overnites
Short term or long term
Listed on Sniffspot
Patrice and Steve Leasch
908-447-3681
908-647-7868
call for a meet and greet

Insured & Bonded



- Nearly 25 Years of Experience
- We Are Insured & Bonded
- License #10968

ELECTRICAL CONTRACTORS YOUR AFFORDABLE ELECTRICIAN

- ELECTRICAL RENOVATIONS (908) 604-8118
- GENERAL ELECTRICAL WORK BASKING RIDGE, NJ 07980
- LIGHTING FIXTURES (973) 377-9999
- CERTIFIED GENERATOR INSTALLATION MADISON, NJ 07940

5% SENIOR DISCOUNTS ARE AVAILABLE

GALLUZZO BROTHERS

Quality Dumpster Rental Services

COMMERCIAL & RESIDENTIAL

Short & Long term



973-424-9640

galluzzobrothers@aol.com

galluzzobrothers.com

24-hour Emergency Service Available.

RECYCLING SERVICE

- WOOD, CONCRETE • ASPHALT
- CARDBOARD • AND MORE

GARBAGE REMOVAL SERVICE

Municipal garbage removal
& recycling services since 1998.

NEW CUSTOMER DISCOUNT!

\$30 OFF

With this coupon. One time discount for first time customers.
Can't be combined with other offers. Expires 10/31/22

