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# **FRAZEE HOUSE SCHEDULES ANNUAL OCTOBER FESTIVITIES**

The historic Frazee farmstead will host annual October festivities on its site. "We're excited to continue to host activities at the Frazee farmstead, home of Aunt Betty Frazee, a brave woman who defied the British on their march past her house in 1777," said Andy Calamaras, president of the Rotary Frazee House committee. The committee has spearheaded a 15-year project to rescue the house's structure.

The Rotary Frazee House committee and the Township of Scotch Plains will host the annual Harvest Festival at the Frazee Farmstead. There will be activities for every age group: live music, games, pony rides, a petting zoo, food trucks, pumpkin tossing, a haunted trail and the Great Pumpkin Patch. "We've continued to make progress on the Frazee renovation. Last year, the external renovation of the Frazee House was completed and this year the internal renovation is scheduled to begin." said Calamaras. The Harvest Festival is a great opportunity for the community to visit the site and see for themselves - rain or shine - at the Frazee House site, 1451 Raritan Road in Scotch Plains, Saturday October 16, from 12:00 p.m. to 5:00 p.m.

Additionally, in October, overlapping the date of Harvest Festival, will be the Frazee House participation with Union County's annual "Four Centuries in a Weekend," on October 15 and 16. The county Board of Commissioners sponsors coordinated open houses that weekend at more than 50 sites all over the county — homes, museums, trails, cemeteries and parks — of which the Frazee site is one of the oldest.

Representatives will be at the Frazee site between 12 p.m. and 5 p.m. on both days with brochures, bookmarks, a video demonstration and an external tour of the house. History buffs can note that the Frazee House is one of the stops on the Battle of Short Hills Historic Trail as well as being renowned for the legendary confrontation between General Cornwallis and Aunt Betty Frazee.

The Great Pumpkin Patch is ongoing from October 1 through 31. There will be hundreds of pumpkins in various sizes and colors, and they'll be sold every day from 11 a.m. to dusk. The site will be decorated for Halloween and is the perfect setting for fall photos.

Finally, the Frazee House Ghost Walking Tour will take place at the



Issue 83 • October 2022

site on October 22-23 at 3 p.m., 5 p.m. and 7 p.m. The 90-minute tours will be led by renowned psychic-medium Jane Doherty and will begin with a short orientation at the restored Frazee homestead, including details about the spirit world. It will proceed with a walk along the property, stopping at each "ghost hangout" to reveal the stories and secrets there. The Frazee House Committee is excited to introduce this new event. Tickets must be purchased in advance.

More information about the Frazee House and events can be found at frazeehouse.org.



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Fanwood Post • Page 2 • October 2022



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Fanwood Post

# **BREAKFAST 5K & PAJAMA FUN RUN—OCT 16TH**

Registration is now open for the Fanwood Breakfast 5K & Pajama Fun Run, taking place on Sunday morning, October 16th and beginning at La Grande Park! Continuing the tradition of annual Fanwood 5K and Fun Run races that began in 2010, this year's event returns after a 2year hiatus due to the pandemic.

The event gets rolling with a 1-mile Fun Run at 9 a.m. And in keeping with this year's theme, we're asking participants, especially kids, to come dressed up in their favorite pajamas. The Fun Run will be followed soon after by the 5K race, beginning at 9:30 a.m. And since it's a breakfast 5K, breakfast food trucks, serving a variety of breakfast food items, including waffles, acai bowls, eggs and much more, will be in La Grande Park. Come by yourself, come with your whole family (even better), but most importantly—come with an appetite and enjoy breakfast in the park!

For more information and to register, please go to fanwoodrecreation.org.



# **PROGRAMS FOR CHILDREN, ADULTS, SENIORS**

**Fanwood Recreation** 

Registration is now open for these Fanwood Recreation Fall programs beginning in October: **For children**: Crazy Chem Works, Babysitting

Certification Class, Fashion Design, USSI Multi-Sports Mini Camp, USSI Soccer Camp.

**For adults**: Pickleball Lessons, Meditation (free), Adult Hip Hop Dance Experience.

**For Seniors**: Zumba Gold, Gentle Yoga, Aerobics and Meditation. Some programs will be offered via Zoom and others will be in-person. Each program will run for approximately 10–13 weeks and cost only \$15 for the entire program (Meditation is free).

For more information and to register, please visit fanwoodrecreation.org.



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# HALLOWEEN PARADE AND COSTUME CONTEST SET FOR OCTOBER 31ST

### Fanwood Recreation

Scary times return to Fanwood this fall—and you're invited to join the fearful festivities!

On Monday evening, October 31st, the annual Fanwood Halloween Parade and Costume Contest will begin with the traditional Halloween Parade down Martine Avenue. Due to anticipated construction at the Fanwood Memorial Library, where the Parade has begun in previous years, this year's starting point, as of this writing, has yet to be determined. The parade is expected to begin at 6:15 p.m.

Once the parade arrives at its end point, La Grande Park, at approximately 6:30 p.m., the Costume Contest will begin for children of all ages.

Anyone who wants to enter a pumpkin in the Jack-o-Lantern Contest should bring their carved creation to the park and fill out an entry form by 6:30 p.m. Prizes will be awarded for the best costumes and the best jack-o-lanterns!

Free cider, donuts and coffee will be available to all.

This evening of fun and festivities is presented by the Fanwood Recreation Commission.

### **"BOOS" AND "BOOTS" MARK OCTOBER EVENTS**

Fanwood-Scotch Plains Thrift Shop

It is time to "get your spook on" for Halloween with a variety of costumes and related accessories for sale at the non-profit Fanwood-Scotch Plains Thrift Shop, located at 1741 East Second Street in Scotch Plains. You can find spook-tacular costumes in all sizes, along with Halloween and fall-inspired decorations sure to provide a welcoming touch for trick-or-treating or holiday parties.

Plus, with colder weather fast approaching, check out the Thrift Shop's annual Boot Bonanza. Starting Tuesday, October 18, an assortment of warm and fashion-minded boots from some famous names will be gracing store shelves, just waiting for you to walk off with a great deal! Be sure to shop early for the best selection.

The Thrift Shop is run by the Fanwood-Scotch Plains Service League, a local allvolunteer organization. Merchandise for sale is provided by many donors who generously supply the store with good-quality merchandise they no longer need, including clothing, shoes, bric-a-brac, linens, household goods, toys, games, books, DVDs and more. All proceeds outside of store operating expenses are provided to local non-profit organizations or used for student scholarships.

Store hours are Tuesday through Friday from 10:00 a.m. to 2:30 p.m., and Saturday from 10:00 a.m. to 1:00 p.m. To protect our volunteer staff and other store patrons, face masks continue to be required for everyone entering the store. Children are welcome provided they are accompanied by an adult.

To learn more about the Service League and the types of donations accepted, call the store during Thrift Shop business hours: 908-322-5420.



(above) Walk off with a great pair of boots at the annual Boot Bonanza starting Oct 18.



*(above) The Thrift Shop is the place for budgetfriendly Halloween costumes and décor.* 







# PARKING SPACES RESERVED FOR VETS

The Fanwood Borough Council recently adopted on first reading an ordinance creating four parking spaces reserved for veterans.

The idea was first suggested last month and the goal is to have the spaces created by Veterans Day. Two spaces will be created in the municipal parking lot behind the South Avenue stores. The other two will be created at Borough Hall. All will be marked by signs.

The ordinance was introduced at the September 19 Council meeting. It will be the subject of a public hearing on October 17.

The news comes the same week the Borough is launching a new page on its website devoted to veterans' news, services and resources, fanwoodnj.org/we-value-our-vets.

In other news, Councilwoman Kathy Mitchell announced a program is in the works to recruit volunteers to rake leaves for senior citizens on a weekend in November. Details will be released soon.

Public Works Director Clint Dicksen reported that the town's Wednesday recycling program has been working well with few complaints. The vendor, Grand Sanitation, has been working with a temporary contract until the Borough can solicit bids for a permanent vendor. The Council passed a resolution authorizing the solicitation of bids.



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# **APHASIA COMMUNICATION GROUP OFFERED**

The Adler Aphasia Center is currently offering an Aphasia Communication Group for stroke and brain injury survivors with aphasia in Scotch Plains, NJ. This group provides those diagnosed with aphasia an opportunity to socialize with others who share similar experiences, provide tips to communicate more effectively, and time to practice communication skills in a natural environment. Aphasia is a language disorder caused by stroke or other brain injury. It affects spoken language, reading, and writing, but does not affect one's intellect.

This group is facilitated by a licensed speech language pathologist and is offered two Fridays of each month for two hours. A person with aphasia may join the group at any time but must pre-register. There is a nominal charge, but we never turn people away for lack of funds, we offer scholarships to those who are not able to pay \$80 for eight sessions.

To learn more about this communication group and to pre-register, please contact Gretchen Szabo, M.A., CCC-SLP at 551-287-2238 or email gszabo@adleraphasiacenter.org.

Adler Aphasia Center, a non-profit organization with three full-service facilities based in Maywood, West Orange, and Toms River, NJ and Aphasia Communication Groups located throughout the state, is an innovative, post-rehabilitative program that addresses the long-term needs of people with aphasia and their families. Aphasia is a communication disorder that impairs the expression and understanding of spoken language, reading, and writing. It occurs most often from a stroke or other brain injury. It affects a person's ability to communicate, but not his or her intellect. This communication disorder affects 40% of all stroke and brain trauma survivors. The Center is considered a world leader in long-term, post-rehab community-based care for people with aphasia. With 2.5 million people diagnosed with aphasia in the U.S., the Center is the only one of its kind in NJ, an area with an estimated 70,000 people living with aphasia. For more information about the Center's programs and services in Maywood, West Orange, or Toms River, NJ, or for information about the Center's Aphasia Communication Groups in Bridgewater, Haddonfield, Hammonton, Maywood, Monroe, Scotch Plains, Toms River, Virtual Spanish Speaking Group and Virtual NJ Group, visit their website at adleraphasiacenter.org or call 201-368-8585





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# **COMMUNITY DATE CALENDAR NOW AVAILABLE**

*Fanwood-Scotch Plains College Club* The College Club Community Date Calendar is hot off the press and available for purchase.

The 59th edition of the Fanwood-Scotch Plains College Club Community Date Calendar for September 2022 through September 2023 provides all important dates throughout the SPF community- schools, churches, clubs, organizations, borough and township events as well as hotlines, contact information and a 2024 calendar preview.

Due to the loyalty and support of nearly 100 advertisers, the entire purchase price of \$10 goes

directly into the club's scholarship fund for scholarships that are awarded annually. The Community Date Calendar is provided as a community service for the College Club as well as an important source of scholarship funds. In May, the College Club awarded \$30,500 in scholarships to twelve young women.

The College Club Community Calendar are available for purchase at Norman's Hallmark. Scotchwood Florist, Fanwood Larder, Apple Blossom Flower Shop, Mountain Deli, both Scotch Plains and Fanwood libraries, and from any current College Club member.



(above) The Fanwood-Scotch Plains College Club Community Date Calendar for September 2022 through September 2023 is now available for purchase.

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### Fanwood Post • Page 12 • October 2022



# **ANNUAL FANNY WOOD DAY**

#### Borough of Fanwood

atmosphere to the annual Fanny Wood Day street fair in downtown Fanwood.

Mayor Colleen Mahr, members of the Fanwood Council and County Commissioner Al Mirabella welcomed the crowd during opening ceremonies on the stage at South and Martine Avenues. A Boy Scout color guard led the pledge of allegiance and Mayor Mahr spoke, thanking the Fanny Wood Day Committee, the organizers and the many sponsors.

This year's event had more food vendors Summer weather brought a festive than ever, the Kids Zone featuring a climbing tower and kids' rides, Rogue the Magician, a beer garden and two stages with live music all day.

> A highlight this year was a Read-Aloud led by McGinn School librarian John Lohn reading Big Dreams, Small Fish, a children's book written and illustrated by the late Paula Cohen, a Fanwood resident who died hours after the book was published. Her husband, Paul Martin, was on hand and spoke in his wife's memory.



(above) Fanwood Rescue Squad standby



(above) Veterans table

Photos by Tom Kranz





(above) John Lohn reads Paula (above) Recreation Commissioner Cohen's book to kids. and emcee Bruce Zakarin



(above) Kids stage had live music by young musicians all day



(above) Rock wall



(above) Kids Zone train



(above) Fanwood Fire Department standby

# **AUTHOR TO VISIT FANWOOD – OCT. 17**

will host New Jersey historian and author, Michael C. Gabriele on October 17 at Fanwood Presbyterian Church, 74 Martine Ave., Fanwood (McDermott Street entrance). The program is free and the public is invited to attend.

"Stories from New Jersey Diners", published in 2019 by The History Press, is the newest book by Garden State author Gabriele. For more than 100 years diners have played an important role in new Jersey's history as gathering places for a community. Diner experiences - good food, sliceof-life encounters with friends and strangers, and the memories they inspire - reflect the state's spirit, culture and mythology.

The book, including a 16-page color insert, documents stories gathered throughout the "Diner Capital of the World". These are heartfelt remembrances that have shaped lives, families, careers, businesses and communities - the "untold" stories of New Jersey's history. Many tales are snapshots of the immigrant experience people who have traveled to New Jersey from far away countries to gain a foothold as American citizens.

This is Gabriele's fourth book on New Jersey history and his second book about the Garden State's diner business. His previous books are "The Golden Age of Bicycle Racing in New Jersey", "The History of Diners in New Jersey", and "New Jersey Folk Revival Music - History and Tradition".

A lifelong Garden State resident, Gabriele is a 1975 graduate of Montclair State University and has worked as a journalist, freelance writer and

The College Club of Fanwood-Scotch Plains author for more than 40 years. He's a member of the executive boards of Allied Artists of America, New York, the New Jersey Folk Festival at Rutgers University, The Nutley Historical Society, and the Theater League of Clifton and serves on the advisory board of the Clifton Arts Center. Gabriele writes an occasional diner blog for the website "Jersey Bites, A Quest for Food with Attitude" which can be found at jerseybites.com.

> All are welcome to join the College Club for this interesting and entertaining program.



(above) Michael C. Gabriele will share stories from New Jersey diners on October 17.



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# **PERFORMANCE SERIES WILL FEATURE KATE KLIM AND ANDREW DELANEY**

Singer-songwriters Kate Klim and Andrew Delaney will take the stage on Saturday night, October 8, for the latest show in the Fanwood Performance Series.

Based in Nashville, with roots in Pennsylvania and Illinois, Kate Klim specializes in "sad songs sprinkled with hope." The show will include selections from her new album, "Something Green."

Arlington, Texas-based Andrew Delaney describes his music as "post-modern anti-folk, or something," featuring wit, candor, and often dark humor.

The show begins at 7 p.m. at the Patricia M. Kuran Cultural Arts Center, also known as the Old Carriage House, on the grounds of Fanwood Borough Hall.

The suggested donation for admission is \$15, or \$10 for students and seniors, cash at the door. Light refreshments are available for purchase at intermission. Proceeds help support the allvolunteer, non-profit concert series.

Looking ahead, the Fanwood Performance Series will present the Afro-Peruvian jazz sounds of Central Jersey's own Forbidden Tropics, along with troubadour Matt Bednarsky, on Saturday, November 12.

Visit fanwoodperformanceseries.org for more information, vor look for Fanwood Performance Series on Facebook. The series is a presentation of Mayor Colleen Mahr and the Fanwood Arts Council, made possible in part by a HEART (History, Education, Arts Reaching Thousands) grant from the Union County Board of County Commissioners.



(above, l-r) Kate Klim, Andrew Delaney

Courtesy photos

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If you have conditions such as diabetes, arthritis, high blood pressure, heart disease, chronic pain, or anxiety, join us for this free program at SAGE Eldercare, 290 Broad Street in Summit beginning on Tuesday, October 18 at 10

Are you an adult age 55 or older with an a.m. Free refreshments will be served at each lesson.

> This educational program offers six lessons that cover a wide range of topics. Participants will have an opportunity to meet new people and learn:

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For more information, please contact Amy Lewis at 908-789-4070 ext. 4080 or alewis@westfieldnj.gov.



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