

# CRANFORD MONTHLY<sub>NJ</sub>

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## CRANFORD FAMILY CARE EXTRA BUSY OVER THE SUMMER

*Submitted by Julie Carroll*

Cranford Family Care has kept busy over the summer months and has seen an influx in needs compared to past years. Between the baby formula shortage, inflation, gas and grocery prices steadily rising, economic strains are becoming more apparent. And yet, Cranford Family Care, with the support of our community, has met every challenge and rose to the occasion to help those in need.

Cranford Movie Theater held baby formula drives to help families in need. The Downtown Cranford, businesses, police, and fire departments teamed up to offer Storytime every Thursday in July and August collecting items to fill our shelves. Multiple young entrepreneurs stepped forward, hosting lemonade and baked goods stands to give the proceeds to our organization. And of course, our volunteers and many organizations and donors remained busy, ensuring that we always had enough goods to offer. To each person, we extend our utmost gratitude.

However, our work is not done. This September alone, we filled 140 backpacks with school supplies for students eager to learn. On October 29th, the Boy Scouts will be hosting a food drive, helping us keep our shelves stocked as we approach the holiday months. Several Girl Scout troops are planning on assembling Thanksgiving bags for seniors and families. The Downtown has quite a few fun events planned in October.

Cranford Family Care is also celebrating our one-year anniversary of delivering meals to senior citizens. This work is made possible with our partnership with Jardine Academy, which provides us access to their "thrifty" bus for deliveries. One of their students, Juan, delivers food three days a week, loving what he does. We wish him a happy one-year anniversary helping us to help others!

Throughout the year, we also direct clients to services provided by local governments, such as Union County food distribution events, and to financial support services offered by local utilities. Cranford Family Care could not fulfill its mission without the support of the community.

If you need assistance or are interested in volunteering or donating, please contact Cranford Family Care at 908-276-3530 or via e-mail at [cfamilycare@gmail.com](mailto:cfamilycare@gmail.com).

For more information visit [cranfordfamilycare.com](http://cranfordfamilycare.com).



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NJ

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Cranford Monthly

## COLLEGE WOMEN'S CLUB OF CRANFORD BEGINS NEW CLUB YEAR

The College Women's Club of Cranford invites the community to the first and always free program of the new club year! Join us at 7:30 p.m. on October 10, 2022, at our new meeting

location, The Jardine Academy, 75 Rod Smith Place in Cranford, for some light refreshments and a Corn Hole Toss "Tournament". All are welcome, we are all beginners too!

The club welcomes back our favorite team from Horizon Blue Cross Blue Shield to coach us through this event, Marlo Sutphin, Manager, Community Health; Andre Gammon, Community Health Representative; and Lauren Feldman, MBA, Community Events Coordinator, Government Programs, Community Outreach. This health and wellness program is provided by Braven Health. This is a Medicare plan built in partnership between Horizon BCBS-NJ and its partner, Hackensack Meridian Health and RWJ Barnabas Health.

The club is celebrating 90 years in our community and we are looking for new members to join our easy breezy club. The club is devoted to raising scholarship funds for Cranford residents who are graduating from their chosen High School and embarking on their college careers. The club also provides fun, interesting and educational workshops and lectures free for all as part of our general meetings. Meet new people, socialize, and fulfill that need to give back to your community. Check us out on our website, [Collegewomensclubcranford.org](http://Collegewomensclubcranford.org), and/or email us at [cranfordcollegeclub@gmail.com](mailto:cranfordcollegeclub@gmail.com). We are also on Facebook and Instagram.

(above, l-r) Sue Dooley, Karen Moraes and Cynthia Isaksen

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## 11TH ANNUAL RUBBER DUCKY DERBY

Hanson Park Conservancy's 11th Annual Rubber Ducky Derby is scheduled for Sunday, October 9, 2022, at 4:00 pm. The Race is held at Sperry Park in Cranford, NJ. The rain date is Sunday, October 16, 2022.

On race day, over one thousand individually numbered rubber ducks will tumble over the falls at Sperry Park racing to the finish line at the North Union Ave Bridge. Numerous prizes for the fastest lucky duckies will be awarded. The top prize is a \$250.00 TD Bank gift card.

Boy Scouts are on hand to collect every rubber ducky after the race is completed. They are then cleaned and reused for the next year's race.

Ducks can be purchased at two locations: Periwinkles, on North Union Avenue downtown Cranford, or the Cranford Canoe Club on Springfield Ave. Purchase a single Duck for \$5.00 or a flock of 5 ducks for \$20.00.

We will also sell ducks on the morning of the race in Sperry Park between 11 a.m. and 2 p.m. No duck sales after 2 p.m. as we need to prepare them for the big race.


In case of inclement weather, please check social media for updates on race conditions.

All proceeds benefit Hanson Park maintenance and educational programs. If you have not yet walked through this lovely little park, please visit this hidden gem located at 38 Springfield Ave.

Have you got your Ducky?



(above) the 11th Annual Rubber Ducky Derby will be held this year on Sunday, October 9, 2022, at 4:00 pm.



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## PRIDE IN CRANFORD AWARDS DINNER - NOV. 3RD

*Cranford Area Chamber of Commerce*

On Thursday, November 3, the Cranford Area Chamber of Commerce Pride In Cranford Awards Dinner will be held from 6:00 – 9:30 p.m. at The Cranford Social, 220 South Ave., East, Cranford. As in previous years the nominations for those receiving the awards are sent in by the residents of Cranford to recognize those who through volunteerism have made Cranford a better community.

The Cranford Area Chamber of Commerce will also be celebrating its 75th+ Anniversary.

### OUR LIST OF RECIPIENTS INCLUDES:

- Pillar of the Community: Ellen Ramer, Martin Jewelers.
- Community Service: Bobby Bruns, Rich Pierce, Rebecca Tantillo, Karl Spinner, Don Sweeney, Kurt Petschow, Kathy Willis, and Christos & Bill Zavolas.

- Community Organization: St Michael's Church Salt & Light Ministry – Patricia Conheaney.
- President's Award: Donna Slevin, for her outstanding service and dedication to the Chamber.
- Front Line Heroes: Cranford Fire, Cranford First Aid, Cranford Police and Flag of Cranford.

We encourage everyone to come and join the Chamber Board along with state, county and township representatives to recognize these worthy recipients.

If you would like to make a reservation or place an ad in our ad journal, please contact the Chamber Office at 908.370.0027 or email us at CranfordAreaChamber@gmail.com. The cost of the evening will be \$80.00 per person and includes dinner and drinks.



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## SPORTING EQUIPMENT DONATION DRIVE – OCT. 15

### Cranford Police Department and PAL

Did you know that 1 in 5 underserved households are not getting their kids involved in athletics because of the rising price of sporting equipment? Leveling the Playing Field (LPF) is a nonprofit that collects and redistributes equipment to expand access and equity within youth sports and recreation programs in under-resourced communities. LPF expanded to a third warehouse location in Philadelphia during Fall 2021 to ensure that all kids in the Greater Philadelphia area can get off the sidelines!

We will be collecting on Saturday, October 15, 2022, at the Cranford Community Center, 220 Walnut Ave. Cranford, NJ, from 9:00 a.m. to 12:00 p.m. Please drive to the rear of the building and volunteers will unload your vehicle or you can park and drop it off in the lobby. Clean out your garages and clear the yard of used sporting equipment so that kids who are less fortunate are able to enjoy them!

To learn more about LPF, please visit [levelingtheplayingfield.org](http://levelingtheplayingfield.org) or contact Detective John Rattigan at [j-rattigan@cranfordnj.org](mailto:j-rattigan@cranfordnj.org) or Lt. Matthew Nazzaro at [m-nazzaro@cranfordnj.org](mailto:m-nazzaro@cranfordnj.org).

LPF accepts new and gently used sporting equipment donations to directly redistribute to kids in need. We appreciate you making sure your donations are still in safe, functional condition. Have a question about the condition of your gear? Contact LPF directly at [info@levelingtheplayingfield.org](mailto:info@levelingtheplayingfield.org).

### ITEMS FOR DONATION INCLUDE:

Football: flag football belts, footballs, football cleats, football gloves, football pads, football helmets (5 years or newer), kicking tees

Baseball/Softball: aluminum/wood bats, bags, bases (rubber & soft), baseballs, catchers gear, cleats, gloves (batting & fielding), helmets (5 years or newer), pants, pitching/batting nets,

pitching machines, softballs, t-ball sets, umpire gear, whiffle balls, whiffle bats

Basketball: basketballs, basketball shoes, basketball hoops/goals, mini basketballs, basketball shorts

Golf: golf bags, golf balls, golf clubs

Field Hockey: balls, goggles & gloves, goalie gear, sticks

Hockey: bags, gloves, goalie equipment, helmets, hockey pucks, pads, shorts/pants, skates, socks, sticks (any type/size)

Lacrosse: balls, fiddle sticks (plastic), goals, goggles, gloves, helmets, pads, sticks (any type/size)

Racquet Sports: ball hitters, nets, tennis balls, tennis racquet covers, tennis racquets, badminton sets, pickleball sets, squash sets

Playground/Fitness: agility equipment, ball

pumps, boxing/karate pads, cones, corn hole, first aid kits, free weights, frisbees, gymnastics equipment, hula hoops, jump ropes, ladder golf, kickballs, mouth-guards (still in package), pinnies, playground balls, resistance bands, roller skates/blades (5 years old or less), swim equipment, weighted plates, whistles, yoga/fitness mats

Volleyball: knee pads, nets, volleyballs

Soccer: soccer balls, cleats, goalie gloves, goals, shin guards, socks, shorts

We are unable to accept the following: bikes, bicycle helmets, bicycle/skateboard elbow/knee pads, clothing, croquet sets, exercise machines, fishing gear, uncertified football helmets, hats, partial sets of uniforms, protective cups/jock straps, racquetball equipment, scooters, skis and snowboards, trophies, or used running shoes.

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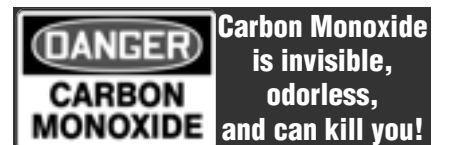
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## CRANFORD'S GREAT PUMPKIN CARVE OUT RETURNS

### Area Favorite Returns For Eighth Year

Jersey Central Art Studios, with support from the Cranford Jaycees, will host the 2022 Great Pumpkin Carve Out on Saturday, October 22 (Saturday, October 29 is the rain date, for



(above) The Great Pumpkin Carve Out will be held for its eighth year in a row on October 22.

## CLOTHING DRIVE - OCTOBER 19

### Westfield Area YMCA

Maybe you just finished cleaning out some closets, or maybe it's a good excuse to start! Either way, on Wednesday, October 19 from 7:30 a.m. - 2:30 p.m., we invite you to drop off clothes, shoes, belts, handbags, comforters, sheets, curtains, towels, bedding, stuffed animals, small plastic toys, bikes, scooters and strollers on the tarp in the parking lot of the Bauer Branch, 422 East Broad Street in Westfield. (Note: shoes must be bagged separately).

Please note: we cannot accept pots and pans, books, board games, sports equipment, electronics, glass, furniture, VCR tapes, outdoor play sets or appliances.

The A & E Clothing Corp collects American second hand clothing and other items and resells them in the US and to other developing countries.

Proceeds benefit the Y's financial assistance program which ensures that no one who is experiencing a bona fide financial hardship and lives or works in Westfield, Cranford, Garwood or Mountainside is turned away for inability to pay for Y programs or memberships. The majority of awards enable participation in the Y's early learning and school age child care programs.

Questions? Please email Bonnie Cohen, [bcohen@westfieldynj.org](mailto:bcohen@westfieldynj.org) or call 908-301-9622.

updates check [jcas.org](http://jcas.org)). All the activities will take place at Hanson Park, 38 Springfield Avenue in Cranford, NJ.

The pumpkin carving contest is a free event and is open to all ages. Individuals can drop off their creatively carved pumpkins from 10 a.m. until 3 p.m. at Hanson Park at 38 Springfield Ave, Cranford on Saturday, October 22 along with a completed registration form (available at [jcas.org](http://jcas.org) in advance or available on-site).

Everyone is invited to come to Hanson Park from 5:30 p.m. - 9 p.m. to stroll along the pumpkin-lit garden paths and see the carved pumpkins wonderfully displayed. Cash awards will be given for the funniest, scariest, and most original carved pumpkin grouped by ages: 4-8, 9-16, and 17 and up. This year will feature a family category so families can submit a group effort. Note this year's event starts at 5:30 p.m.,

a half hour earlier than in past years, to accommodate those who may prefer an earlier viewing of the displays.

Additionally, a big-screen outdoor showing of a surprise favorite movie will start at dark. Bring your blankets! The movie, stroll, and contest are all free. Hot cider and cookies will be available for purchase.

This will be the eighth Great Pumpkin Carve Out, which has drawn hundreds of visitors throughout the area. This is a Jersey Central Art Studio's (JCAS) Event, with tremendous support from the Cranford Jaycees. JCAS is a group of artists and citizens dedicated to raising awareness of the arts and the artistic process as well as integrating the arts into the community through education, events, and economic development. We see art as a vital component of our lives and one that will also enrich our community.

## RARELY SEEN

PHOTOGRAPHS OF THE EXTRAORDINARY



SUPERCCELL STORM CLOUD

Photo by Marko Korosec, near Julesburg, Colorado

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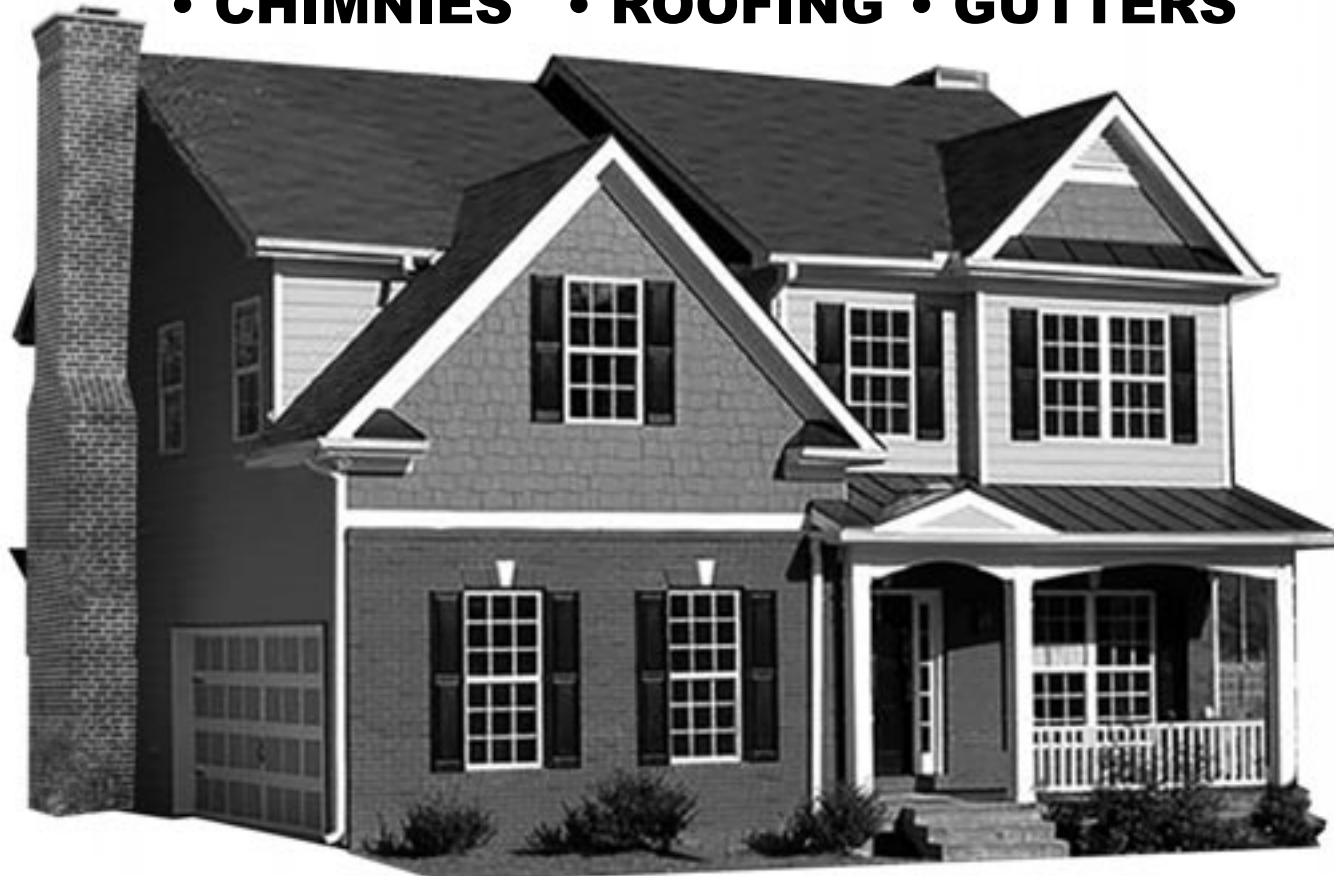
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#### "Scairy Tales"

**Friday, October 21  
Saturday, October 22  
5:30-9:30 PM**

Please join us for this huge fundraiser!

**\$5 Entrance fee per person**

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Livingston Avenue School

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for more information or contact

[livingstonhauntedhouse@yahoo.com](mailto:livingstonhauntedhouse@yahoo.com)



Livingston Avenue School PTA in Cranford, NJ will be holding our Family-Friendly Haunted House on Friday, October 21 and Saturday, October 22. The entire school will be transformed into "Scairy Tales".

This event will support the PTA which works directly with Livingston Avenue School to provide everything that students need to be

successful. This is the biggest fundraiser of the year for the Livingston Avenue School PTA!

The family-fun will take place from 5:30-9:30 p.m., so come on by! The cost is \$5 per person. The address is 75 Livingston Avenue, Cranford, NJ. For more information, please see [laspta.digitalpto.com](http://laspta.digitalpto.com) or reach out to [livingstonhauntedhouse@yahoo.com](mailto:livingstonhauntedhouse@yahoo.com).



(above) The Livingston Avenue School PTA is hosting a "Scairy Tales" Haunted House on October 21 and 22.

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The Salem Roadhouse Café presents Zuko, Philips, Cohn & Starr, on Saturday, October 8, 2022. The doors open at 7:30 p.m.

Zuko, Philips, Cohn & Starr have carved themselves a unique niche within the realm of rock classic tunes. Focused mostly on vocals and light accompaniment with a pair of guitars and a djembe for rhythm, this group of very talented and familiar Roadhouse performers has taken classic rock tunes we all know and love and put a lighter spin on them. The usual trappings of rock with its requisite "wall of sound" is avoided, making the lyrics and tunes able to be heard clearly. Focused on rich harmonies, their sound is catching on like wildfire. Come and hear songs as you've never heard them before!

The Salem Roadhouse Café is live, intimate, upfront, and personal. All ages are welcome. Located in the Townley Presbyterian Church, 829 Salem Rd., Union, NJ. Doors open at 7:30 p.m., show starts at 8:00 p.m. Admission is \$20. Admission includes show, snacks, non-alcoholic beverages, and dessert.

Plan now for an evening of great music in Northern New Jersey's Most Intimate Coffeehouse™.

#### ABOUT SALEM ROADHOUSE CAFÉ

It's not "church music." It's music music.

Folks who've come to the Salem Roadhouse Café know that it's a clean, safe place for people who enjoy listening to live music — in a world otherwise filled with clubs and bars. The

Roadhouse has always offered its stage to local and independent mainstream musicians. Jazz, rock, folk, and other groups have performed. What's the common thread? They're all great musicians playing the kind of music people like to hear. There's no message, just music.

The Roadhouse started in 2008 by members of Townley Presbyterian Church with a grant from the Presbytery of Elizabeth. Hey — that's why we're located where we are. The Roadhouse operates as a non-profit that raises funds for several carefully chosen local charities. That's its social mission.

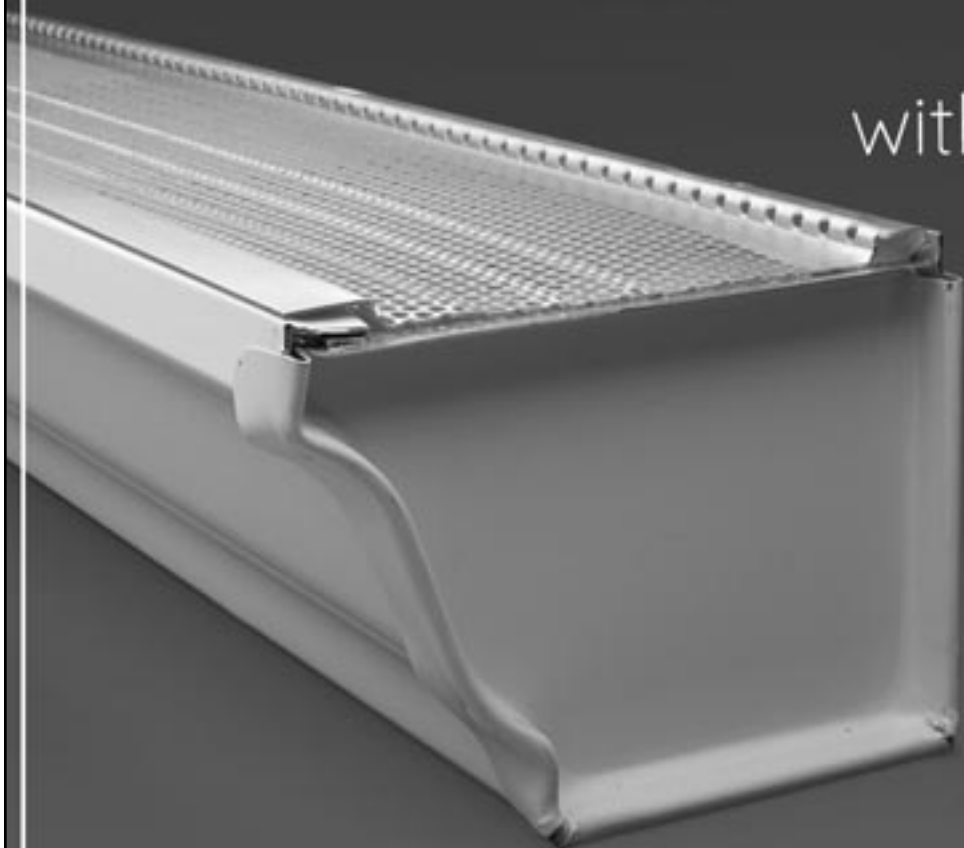
But the many musicians who've played the Salem Roadhouse Café see it as a solid performance venue. They love it because of its special intimacy and great audiences. They say people here "really listen." Ask any of the musicians you meet here — they love to play the Roadhouse, and they want to come back often.

#### COMMUNITY INVOLVEMENT

The Salem Roadhouse Café has raised funds for many carefully chosen charities. They include: The Presbytery of Elizabeth E-port Center, Center For Hope Hospice, Community Food Bank, Monarch Housing, Angel Paws Animal Rescue, National MS Society, Haiti Disaster Relief, Hurricane Sandy Disaster Relief, The Union County YWCA Domestic Violence Programs, Making It Possible To End Homelessness, Camp Johnsonburg, The Music Institute, and others. Thousands of dollars have been raised for these deserving charities.

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CRANFORD MONTHLY • Page 15 • October 2022



Photos from this and other events can be found online at [rennamedia.com](http://rennamedia.com) and on Cranford Monthly page on [facebook.com](https://www.facebook.com/cranfordmonthly). Feel free to "Like," "Tag," and "Share."



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# CRANFORD KNIGHTS OF COLUMBUS 19TH ANNUAL GOLF OUTING

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On Friday, September 16, the Cranford Knights of Columbus Council # 6226 held its 19th Annual Golf Outing at the Galloping Hill Golf Course in Kenilworth, NJ. Over 100 Golfers attended, and the event was a tremendous success. From the proceeds, the Council will be making donations to both the Shining Stars Network and Camp Fatima, two fine organizations that are committed to helping, assisting and caring for our Special Needs citizens for many years. Donations are still being accepted and could be made directly to each organization or to our Council as well.

The Council would like to thank the Cranford Community and all of the businesses and organizations that support our worthy Golf Outing each and every year. The Council would also like to thank our Golf Committee for all of

their hard work behind the scenes that have made and continue to make our Annual Golf Outing a success. Since its inception in 2004, the Council Annual Golf Outing has raised over \$300,000 which has been donated to many worthy charities and organizations locally, state-wide, and nationally.

Since our founding in 1970, the Cranford Knights of Columbus is a Catholic Men's Fraternal Organization dedicated to our four core principles, Charity, Unity, Fraternity and Patriotism. The Cranford Council supports many worthy charities and civic causes locally, state-wide and nationally and is committed to be a viable part of our community.

For information about joining the Cranford Council, please contact our Grand Knight Jerry Conheeny at 908-416-3464 or visit our web site, [cranfordknights.org](http://cranfordknights.org).

Courtesy photo



(above) The Cranford Knights of Columbus Council held their 19th Annual Golf Outing on September 16. The money raised will be donated to Shining Stars Network and Camp Fatima.

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### If Knee Surgery Sounds Scary, It Should

Have you have been told you are facing knee replacement surgery? Have you been told about all the downsides you could be facing? First and foremost, there are NO guarantees that knee replacement surgery will be the answer to your pain, but let's look further:

- Surgery is costly, regardless of the percentage of services covered by insurance.
- Surgery requires lost time from work and typically requires a regimen of rehabilitation and medications.
- With surgery, there is always a risk for unwelcomed complications. And you could be back to where you started, or worse.
- Medications will be required for relief from surgery and you have been down that road before. Addictions to these pain medications can cause potential side effects, something you do not want to experience.
- Rehabilitation can take years.

### Consider This Alternative To Surgery

**Northeast Spine & Wellness Center** offers you a real opportunity and a painless way to say goodbye to your knee pain without any surgery. Here are just a few of the important benefits you should consider?

- Diagnostic fluoroscopy accurately targets the pain, unlike blind injections.
- Guided fluoroscopic injections are virtually pain free, unlike blind injections.
- No lost time from work or family.
- No expensive or time consuming rehabilitation.
- No potentially addictive prescription medications.
- Recovery time is almost instant, not months or years.

### How Does This New Treatment Work?

Relief begins almost as fast as it takes to pronounce the treatment. It's called Viscosupplementation Therapy. To begin with, it starts with **Northeast Spine & Wellness Center** investing in the use of diagnostic fluoroscopy. This enables them to target the exact location of your knee pain with pinpoint accuracy. What follows is a simple injection that causes little to no pain, especially when compared to what you may be living with daily. That explains what you will see on the surface of this revolutionary treatment. What's taking place below the surface is how and where the natural healing process takes place. The injection of a Hyaluronic acid called Hyalgan. This gel-like substance was approved by the FDA in 1996. Hyalgan is a natural substance that mimics the synovial fluid that is already produced by your body in your joints. Osteoarthritis sufferers in particular see a reduction in this much needed synovial fluid in their knee joints. Without that cushioning layer of protection, the cartilage in your knee can begin to wear away leading to the rubbing of bone on bone. Through Viscosupplementation Therapy, this natural substance immediately goes to work reducing the swelling and inflammation in the joint and adding a coating layer of protection. Think about Dorothy taking the oil can to The Tin Man. You'll begin to feel that same kind of relief and quite possibly feel like you're ready for a dance down the yellow brick road to recovery yourself. And with a success rate of over 85% in alleviating pain associated with osteoarthritis, it's easy to see why this treatment is so readily covered by Medicare and by most major insurance providers. Diagnostic fluoroscopy to target the pain, Viscosupplementation Therapy to relieve the pain. Simple, fast and no surgery!

### Do you Suffer from any of these Symptoms?

There are a number of reasons why you developed Osteoarthritis pain. It can develop with age or because of heredity. It could be from repetitive stress from a job or some glory days in athletics. Of course your concern is with the symptoms you face daily and how to make them end, hopefully without surgery or the use of potentially addictive medications. **Northeast Spine & Wellness Center** understands the symptoms you have been living with and can help. If you have any of the symptoms below, please call us today. Relief is a phone call away.

- **Pain** - Whether it's a sharp aching or maybe a burning sensation, the pain can range from irritating to debilitating.
- **Swelling** - This can cause tenderness and soreness to the entire knee area, making walking or going up and down stairs painful, getting in and out of bed or bathtubs difficult and dangerous just name a few activities affected by swelling.
- **Stiffness** - Getting up out of bed or after sitting for a period of time gets more and more difficult. This loss of mobility can be more than a hindrance. It can be dangerous if you need to move quickly.
- **Loss of muscle strength** - This can lead to balance issues and the strong possibility of falling.
- **Joint deformity** - Not just unsightly, but painful as well.
- **Creaking Joints** - Can be painful and a sign of more discomfort to come.
- **Sleepless nights** - Losing sleep over your suffering is not just irritating, but potentially dangerous because of so many other health concerns that can be affected by loss of sound sleep.

### Let Me Show You Targeted Relief From Your Knee Pain

Every day, I see patients suffering from knee pain due to arthritis, osteoarthritis, sports injuries or other conditions. Many have been told that they are in need of knee replacement surgery. Other patients say they have been prescribed various prescription medications to deal with the pain.

Something else I see almost every day, are patients that have tried viscosupplementation knee injections elsewhere and found it to be a painful and ineffective experience because the injections were not administered using fluoroscopic guidance. Instead of using the incredibly accurate diagnostic fluoroscopy we use at **Northeast Spine & Wellness Center** these patients experienced a blind injection technique, which can be as inaccurate as playing pin the tail on the donkey.

Once I am able to explain to my patients about the pin point accuracy of using diagnostic fluoroscopy and the amazing results viscosupplementation can provide, they are thrilled to get started. They are even more thrilled when they feel the relief. Please contact **Northeast Spine & Wellness Center** today to schedule your RISK FREE consultation.  
Call 732-827-0800

Scot Paris MD, FACS

### Here's what our patients have to say

"I'm dancing without pain. I can move with no problem whatsoever. I can go up and down steps with no pain."  
- Patricia G.

"Over 85% relief for the first time in 15 years, suffering with knee pain. My life is getting back to normal."  
- Perry O.

"After only four visits, I have absolutely no pain! The staff is "top-notch."  
- Quentin L.



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## 125TH ANNIVERSARY PARADE – OCT. 23RD

The Cranford Police Department will celebrate 125 years of service with an Anniversary Parade scheduled for Sunday, October 23rd 2022 at 12:30 p.m.

This "driving parade" will consist of emergency vehicles and specialized equipment from Local, County, State and Federal Agencies. The parade route starts at Union County College and travels southbound on Springfield Avenue towards Downtown Cranford. The parade will then turn right onto North Union Avenue, cross North Avenue, and turn left into the Walnut Avenue entrance to the Train Station parking lot (Municipal Lot # 4).

A portion of the parade route from Springfield Avenue to Penn Road has been designated as a "sensory-friendly zone", with no sirens or horns being used by the participating agencies.

An accredited law enforcement agency since 2006, the 53-officer highly-specialized municipal police agency consists of a Patrol Division, Investigative Division, Community Support Services Division, Training Division, Detective Bureau, Juvenile Bureau, Traffic Bureau, Records Bureau and a Community Outreach Unit. In addition to their daily responsibilities, officers serve on teams within the organization including the Crisis Intervention Team, Water Rescue Team, Mobile Command Unit, Special Operations Team, Firearms Qualifications Unit, Honor Guard Unit, Domestic Violence Liaison, Accreditation Team, and the Internal Affairs Unit. This month, the Cranford Police Department submitted for reaccreditation recognition from the New Jersey State Association of Chiefs of Police (NJSACOP), confirming the organization's dedication to optimal law enforcement professionalism.

"The community is an integral part of our organization's history and support, and we look forward to celebrating our agency's milestone with our residents at this final community event," Chief Greco said.

Questions about this parade may be directed to Sgt. Russell Luedecker of the Cranford Police Traffic Bureau or Sgt. Joseph Stulpin of the Cranford Police Patrol Division.



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## FLORAPHILE GARDEN CLUB'S PECAN FUNDRAISER

Get ready to pull out those pecan pie recipes because you know what time it is! It's the Floraphile Garden Club of Cranford's annual Georgia pecan fundraiser! This year we are offering three different varieties of delicious, gourmet Schermer Pecans for only \$10 a bag. The Fancy Mammoth Pecan Halves are perfect for baking and at 16 oz., this is our largest bag available. The Dark Chocolate Pecans are our best-selling pecans! These decadent nuts come in a 12 oz. foil-wrapped bag and may become your next snacking obsession. The Cinnamon Glazed Pecans have a cinnamon sugar coating with the perfect touch of vanilla. These 10 oz. packages are foil-wrapped and lovely. They are wonderful in salads or as a sweet treat.

At \$10 a bag, these pecans make great gifts for family, friends, teachers and co-workers. You won't find a better quality pecan this side of the Mason-Dixon Line! They also freeze really well so you can enjoy these gourmet treats all year long. To place an order, please reach out to Mary Ellen at [mecrafts@verizon.net](mailto:mecrafts@verizon.net). Orders are expected to arrive by Thanksgiving.

Proceeds from this fundraiser support the Floraphile Garden Club of Cranford and their involvement in numerous community service projects, including horticultural therapy, community clean-up/beautification programs and civic outreach.



(above) The Floraphile Garden Club of Cranford's annual Georgia pecan fundraiser is back this year, offering three different varieties of delicious, gourmet Schermer Pecans.

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## ANNUAL HALLOWEEN EVENTS RETURN

Cranford's annual Brian Jenkins Memorial Halloween Parade, Costume Contest, and Pumpkin Chunkin' will return this year on October 30th, starting at 1:00 p.m. in the Cranford Community Center parking lot.

This is Cranford's 22nd year holding the combined event, which is sponsored by the Cranford Recreation and Parks Department in partnership with the Cranford Jaycees.

Costumes will be judged by age group (0-3, 4-5, 6-7, 8-9, 10-11, and 12-17), as well as Best Duo or Trio and Best Group (4 or More). Pre-registration is strongly encouraged and can be done at [bit.ly/Costume2022](http://bit.ly/Costume2022).

Judging will begin at 1:00 p.m. in the parking lot of the Cranford Community Center, then people will begin queueing up for

the parade, which commences at 2:00 p.m. It will continue north on Walnut Avenue, across South and North Avenue, and up North Union Avenue, finishing downtown near Parking Lot #1 with the Pumpkin Chunkin', where pumpkins of increasing sizes are dropped from atop a Cranford Fire Department ladder truck.

The costume contest award winners will be announced immediately after the Chunkin'. There will also be an online contest for two categories: Best Adult and Best Pet. Details are posted on [CranfordJaycees.org](http://CranfordJaycees.org).

The parade and Chunkin' are both held weather permitting. The event is named for Brian Jenkins, a Jaycee who helped make this event a beloved town tradition.



(above) Cranford's annual Brian Jenkins Memorial Halloween Parade, Costume Contest, and Pumpkin Chunkin' will return this year on October 30th, starting at 1:00 p.m. in the Cranford Community Center parking lot.

Courtesy photo



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# STUPIDITY RUNS DEEP. STUPIDITY - THE LACK OF GOOD SENSE OR JUDGEMENT

Submitted by Tina Helmstetter

My hands are shaking as I write this. Recently while driving home from work I passed by Lincoln Park. My heart shuttered. Someone started to remove all of the plants growing within the fence where the Pepperidge Tree one stood. Could people be so short sighted. Are they really ripping this up to put in a pollinator garden?!?

There were hundreds of native plants coming up. Dozens of native trees, oaks, maples, cherries and yes pepperidge, lots of pepperidge. Dozens of pepperidge. These trees had come up from the root system Cranford's historic Pepperidge Tree. A small forest if you will sprang up. This mono-culture was similar to one of the worlds most unique forests; Pando the Tree in Utah. Look it up. New trees growing from the roots of a mother tree are not unusual, actually they are quite common. It is a natural occurrence. So why do WE frown upon it?

God and nature supplied more. Maples, oaks, cherries; seeds blown in or dropped by some passing animal. Elderberry, violets, yarrow, golden rod and many more came up naturally, dozens of varieties of native plants. All gone.

Had anyone taken the time to look at the site? At the park? At what was actually growing?!? The Pepperidge sapling that was planted at the other end of the park is barely 20 feet, it was planted as a seed collected in the early 1980's. Pepperidge are slow growing long lived trees. The trees that sprang up from the healthy roots of the Historic Pepperidge tree were almost 15

feet!! And yes they were the Historic Pepperidge. Genetically identical. And again, Yes, great native pollinators. The sprouting trees were becoming tall enough to create shade something lacking greatly in the park. The lower branches could have been removed to create space to put benches. Some of the trees could have been thinned out to create an open canopy. It will take decades upon decades to replace all the trees removed from Lincoln park; the oaks, the maples and now again the Pepperidge. Why are we so determined to remove them?

Now a pollinator garden is to be planted. Hopefully maintained. Indefinitely...not likely. But hey, WE have something WE did to better the environment right? WE can say WE planted a garden to encourage the pollinators, to better the environment. WE created a place to let people know WE care for the environment.

Maybe a better suggestion would have been to plant a pollinator garden in our perfectly manicured landscape, out where people could see them. Hundreds of them throughout the town. Instead...

We cut down the forest to be able to see the trees. Bad on us. What were WE thinking?

*Tina Helmstetter was recently awarded the 'Rutgers Master Gardeners of Union County Wesley Philo Award'. The award is named in honor of the group's first president. It is presented annually to a Master Gardener who exemplifies excellence in volunteerism. Both Wesley, a past mayor of Cranford, and Tina were/Are residents of Cranford.*



(above) Old Peppy

Photo by facebook.com/saveoldpeppy/



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## BICYCLE AND SEWING MACHINE COLLECTION – OCT. 8

### Westfield Rotary Club

The Westfield Rotary Club is sponsoring a collection of bicycles and sewing machines for donation to Pedals4Progress (P4P). Get ready to bring your old but usable bicycles and sewing machines to the collection on Saturday, October 8 from 9:00 a.m. – 12:00 p.m. at the Westfield Board of Education Building, 302 Elm Street Westfield, NJ. A \$20 suggested, \$10 minimum donation with each bike or sewing machine is requested for shipping. All material and monetary donations are tax deductible and a receipt will be provided on site.

Pedals4Progress effectively recycles serviceable bicycles and sewing machines to be used as economic development tools in developing countries. Since 1991, 164,721 bicycles and 5,684 sewing machine have been donated and given to people to increase their ability to earn a living or get an education.

Pedals4Prgress strives “to empower sustainable economic development by recycling bicycles and sewing machines from the U.S. and shipping them to motivated people in the developing world.”

P4P rescues bicycles destined for overburdened U.S. landfills and ships them to developing countries where they are sorely needed and highly valued. P4P bikes are put to work not only as basic transportation, but are used as a supplement to school and community programs. The bikes are adapted for use as trash haulers, produce trucks, taxis, and farm machinery.

Every year, affluent Americans buy 22 million new bicycles and discard millions of old ones, abandoning many more unused in basements, sheds, and garages. Most of these end up in our already overburdened landfills. Meanwhile, poor

people overseas need cheap, non-polluting transportation to get to jobs, markets, customers, and schools.

Before you make your final decision to donate your bike to our project please consider that our bicycle collections are our major fund-raising events. It costs on average \$52 to get a bike to its new home. In order to succeed, we suggest a \$20 donation, with a minimum of \$10, with each

bicycle and sewing machine at the collections. Bikes, sewing machine, and monetary donations are tax deductible; a receipt is provided at the collections. Pedals for Progress is a 501(c)(3) organization with a 100% rating rating from CharityNavigator.

For more information contact Warren Rorden by calling 908-232-6807 or emailing wrorden@msn.com.



(above) The Westfield Rotary Club is sponsoring a collection of bicycles and sewing machines for donation to Pedals4Progress (P4P) on Saturday, October 8 from 9:00 a.m. – 12:00 p.m. at the Westfield Board of Education Building, 302 Elm Street Westfield, NJ.



(above) A Bicycle and Sewing Machine Collection for Pedals for Progress will take place on Saturday, October 8 from 9:00 a.m. – 12:00 p.m. at the Westfield Board of Education Building, 302 Elm Street Westfield, NJ.

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## ONCE ON THIS ISLAND OPENS CDC THEATRE'S 104TH SEASON OCT.7

Cranford's CDC Theatre will open its 104th season with the Tony Award winning musical *Once On This Island* from the award winning songwriting team of Lynn Ahrens and Stephen Flaherty (*Seussical*, *Anastasia*, *Ragtime*). This highly original and theatrical Caribbean adaptation of the popular fairy tale, *The Little Mermaid*, earned eight Tony nominations for its Broadway run, including Best Musical, Book and Score.

The musical is the story of the fearless young girl, Ti Moune, in search of her place in the world. As an orphan, chosen by the Gods, she is taken into a simple and loving family. Though content, she feels she was destined for something more. After an accident caused by a terrible storm, Ti Moune falls for a handsome stranger whom she tries desperately to nurse back to health, and she is ready to risk it all for love. This sets her on the ultimate quest to answer the age-old question, can love conquer death?

CDC Theatre is happy to welcome Howard Whitmore as Director, who had this to say about the production: "I am excited to return to the Island once again! In 2002, this was the first community theatre show I ever directed, and the CDC production marks the 8th time I have worked on OOTI. Every single time, I find something new and deeper about the characters and their dreams. *Once On This Island* is built around storytelling, so we wanted to explore how hearing bedtime stories might translate to the mind of a child. Everything is staged from the perspective of how a 9-year-old might imagine the story and we do deal with some heavy topics from first love and family duty to betrayal and sacrifice. Our remarkable cast embodies the sense of community that is so integral to ancient storytelling traditions and is at the heart of *Once On This Island*."

The show will run from Friday and Saturday nights from October 7-22 with a matinee on Sunday October 16. To find the best ticket selections and prices visit [cdctheatre.org](http://cdctheatre.org). Group ticket rates are also available.

CDC Theatre presents

# ONCE ON THIS ISLAND

A MUSICAL

Book and Lyrics By LYNN AHRENS  
Music By STEPHEN FLAHERTY

Based on the Novel "My Love, My Love" by Rosa Guy

Fri/Sat Oct. 7-22 /8pm Sun Oct. 16/ 2pm

78 Winans Ave. Cranford, NJ  
[cdctheatre.org](http://cdctheatre.org)/908-276-7611

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# FIRST BAPTIST CHURCH OF CRANFORD CELEBRATES 135TH ANNIVERSARY

The First Baptist Church of Cranford, located at 100 High Street, celebrated their 135th anniversary with a Family and Friends Day. Held on Sunday, September 11, 2022, the day began with a Sunday service, and was followed by refreshments in the community room.

The First Baptist Church offers: Sunday Worship at 11 a.m.; Sunday School at 9:30 a.m.; Prayer Service / Bible Study on Wends. at 7:30 p.m. All services are also offered on Zoom.

## A BRIEF HISTORY OF FIRST BAPTIST CHURCH - 1887-2022

One hundred and thirty-five years ago First Baptist Church of Cranford, New Jersey had its beginning at 104 High Street. It was organized by Reverend William A. Wallace in June 1887. This small group of loyal Christians became the first Baptists in the growing community of Cranford.

Under the leadership of the Reverend William A. Harm. the current church edifice was constructed and completed in 1896. Rev. Harris was followed by a number of pastors.

Rev. David W. Cannon, Sr. became pastor in 1916 after completing studies at the Princeton University Theological Seminary. There were many significant innovations during his pastorate. Reverend Cannon felt that much could be gained in inspiration through the participation of the congregation with other like-minded groups. Hence, he was one of the founders of the Middlesex District Baptist Convention and the Afro-American State Baptist Convention and its auxiliaries.

Reverend George Reavis succeeded Reverend Canon. During his tenure 1922 the church was incorporated in the state of New Jersey 1922.

In 1927 First Baptist called Reverend W. H. E. Smith as its pastor. During his administration a tennis court was built in the rear of the church. Many members who had been excluded from the private club of Cranford learned how to play tennis. One of our members became the champion of Cranford High School.

The depression took its toll on the congregation and finances of First Baptist. as it had the general life of America, and the church had many needs.

Rev. Dr. Benjamin W. P. Allen, who was a graduate of Oberlin College and Drew University, was called to the pastorate of the First Baptist Church of Cranford, New Jersey in the year 1934. He delivered his first sermon on the first Sunday in October 1934---at a time when our nation was in the grips of a severe depression and the church's membership was very small. Owing his pastorate the membership listened, followed, grew and multiplied tenfold. Rev. Allen continued his studies and in 1953 he received his Ph.D. degree from Drew University.

In the year 1944, through Dr. Allen's foresight and guidance, a state charter for the operation of a credit union was obtained for The First Baptist Church of Cranford, New Jersey. This was the oldest church Credit Union in New Jersey.



(above, left) Reverend Alfred E. Brown, Jr., M. Div., - Pastor; has been serving the First Baptist Church of Cranford since 1975. (above, center) Friends and Family Day was a homecoming for some parishioners. Refreshments were served in the community room after service.

Although the membership was small in comparison with many credit unions, its assets blossomed. There was great pride taken in church's Credit Union.

Under the leadership of Dr. Allen, the church members planned and made many renovations on church properties. In order to meet the hardship of the year's shortages, a Food Club was created, as well as a Coal Purchasing Club.

One of Dr. Allen's great dreams was to have a good male choir. A male choir was organized in 1947, under the direction of Reverend George White.

During this pastorate, First Baptist contributed to the education of a young man who would become a major figure in the Civil Rights movement of the fifties and sixties. serving as administrative assistant to the Rev. Dr. Martin Luther King, Jr. That man was the Reverend Dr. Wyatt Tee Walker, great teacher, preacher, and musicologist. Dr. Walker later pastored the Canaan Baptist Church of Christ in New York City. Dr. Allen passed away in 1965.

Reverend George H. White, Jr., teacher, preacher and musician, succeeded Reverend Dr. Allen in 1965. His association with First Baptist began when he was hired as organist and choir director before he was old enough to drive from his home in Newark. Having three degrees, including a Bachelor of Divinity degree from Drew University, a Master's in counseling and guidance from Rutgers University and a Bachelor's in music from Montclair State College, he was ordained into the Christian ministry at First Baptist in 1955. He believed that a religious community must practice brotherhood out of the conviction of its faith.

During his pastorate Reverend White reorganized the Trustee Board. Our facilities were expanded. The house at I 04 High Street was renovated for use as Sunday School facilities. A dream of the late Deacon Lawrence Kelsey was fulfilled when the old warehouse was renovated into our present Sunday School building. Reverend White with choir director, Mr. Jacob Donald Walker, Jr., developed an excellent music program. First Baptist was blessed with many excellent voices especially those of Deacon John Johnson and Eva Morris Thomas.

Our current pastor, Reverend Alfred E. Brown, Jr., was called in 1975. Pastor Brown received a B.A. in Sociology from St Mary's University in Halifax, Nova Scotia, Canada, and a Master of Divinity degree from Drew University. Pastor Brown sought to bring a "new vision" to First Baptist Mrs. Brown, a native of Nova Scotia, Canada, contributed greatly to grass roots ministries to senior citizens and established a Memorial Field.

During Rev. Brown's pastorate the church has become increasingly involved in community activities and services. In support of Reverend Brown's belief in the involvement of the church in the wider community. First Baptist Church voted to join the New Jersey Convention of Progressive Baptists in January 1977. This was our first commitment to a convention in forty-five years. Reverend Brown has served as the president on two occasions. Members of this congregation have served as heads of the Laymen (Deacon James Kelsey), Women's Department (Elvira Bergen. Lillie Brown and Dr. Deborah Wolfe).

The first revival conducted at First Baptist in fifty years was initiated by Rev. Brown and was conducted during the 95th Anniversary celebration with Rev. W. Emmanuel Barrett, pastor of the First Baptist Church of South Bound Brook, as the preacher. Many of the church auxiliaries were revitalized including the Sarah Cyrus Missionary Society, and a new youth group called The Searchers. The church has become involved in ministries to the homeless and prison ministries.

Rev. Brown has been sensitive to the changing identity of women as he introduced an amendment to the Church Constitution which provided greater dignity to the role of Deaconess. Rev. Brown later had the church give equal status to Deacons and Deaconesses. He also strongly supported the appointment of Reverend Doctor Deborah Cannon Wolfe as Assistant Pastor.

In 1977 the church voted to borrow money to renovate the exterior and foundation of the church and improve its properties. After only four years on October 18, 1981, the mortgage was burned, thus saving the church nearly \$30,000 in principal and interest fees.

## ST. JOSEPH SOCIAL SERVICE CENTER FUNDRAISING DINNER

St. Joseph's serves the materially poor and homeless community of greater Elizabeth. The economic fallout from the pandemic has created an unanticipated increase in the demand for basic human needs such as food and medications.

Now, more than ever, we could use the support and participation of the community at our Annual Fundraising Dinner, which will be held on October 20, at 6 p.m., at the Westwood in Garwood, NJ.

### HERE'S HOW TO SUPPORT OUR FUNDRAISER:

Online: To purchase Dinner Tickets, Sponsorships, or to Donate online, please go to [sjeliz.org/special-events.html](http://sjeliz.org/special-events.html)

Mail: To purchase Raffle tickets, Dinner

Tickets, Sponsorships, or to Donate by mail, please click to download the order form from [sjeliz.org/special-events.html](http://sjeliz.org/special-events.html)

In Person: To purchase Grand Raffle Tickets in person, here are the locations:

St. Joseph Social Service Center, 118 Division Street, Elizabeth, NJ 07201 - Emy Cruz, 908-354-5456 x3

St. Helen's Parish Center, 1600 Rahway Avenue, Westfield, NJ 07090 - Marilyn Ryan, 908-232-1214 x113

We hope you'll support us with ticket purchases, sponsorships, and donations and join us at our dinner on October 20. Together, we can satisfy hunger, improve health, and inspire hope in our community!

## ST. JOSEPH SOCIAL SERVICE CENTER URGENT NEEDS

New Shopping Bag Rules in NJ... and We Need Bags!

New Jersey has the strictest ban on plastics in the country, and it is now in effect for the entire state of New Jersey, including for food distribution at St. Joseph Social Service Center. We are in need of reusable bags for our clients. If you can donate new or used but clean reusable shopping bags, please drop them, 118 Division Street, Elizabeth, NJ, during normal operating

hours. If you have questions, please contact our Food Program Director, Corey Wu-Jung at [cwujung@sjeliz.org](mailto:cwujung@sjeliz.org) or 908-354-5456 x412.

One of our urgent ongoing needs is for tuna or chicken in single serve pouches. Donations are gratefully accepted!

We are in need of a car or minivan. If you have a spare vehicle in good working condition, please consider donating it to St. Joseph's. Please contact Emy Cruz at 908-354-5456 x403.

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# OCTOBER ADULT PROGRAMS AT THE CRANFORD LIBRARY

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## Trivia Night

**Thursday, October 6 at 7 p.m.**

Join us at the Community Center for a fun evening of general-knowledge trivia, hosted by the Friends of the Cranford Public Library!

Please follow this link to register your team.

<https://bit.ly/3AB2pIF>

## Literary Café

**Saturday, October 8 at 10:15 a.m.**

Literary Café is a book chat program. The format is simple: Bring a few of your recent favorite books and tell the other members of the group what you like about them. Admission is free and all are welcome. Patrons are welcome to join us at the Cranford Community Center or online. Refreshments sponsored by the Friends of the Cranford Public Library. No registration required. Visit our website or contact the library for the Zoom link to attend virtually.

## Friends of the Library Book Sale

**Thursday, October 13 - Saturday, October 15**

Looking for some good reading at bargain prices? The Friends of the Cranford Public Library invite you to visit their Used Book Sale in the Cranford Public Library's Friendly Book Cellar from Thursday, October 13 through Saturday, October 15, 2022. Browse through thousands of books at low prices. This sale is open to all, and registration is required.

Attendees are invited to sign up for a one-hour session, starting on the hour. Only cash and checks are accepted; no credit or debit cards.

Please register here: [eventbrite.com/e/used-book-sale-tickets-394438695757](http://eventbrite.com/e/used-book-sale-tickets-394438695757)

## Taiko Drum Concert

**Saturday, October 15 at 2 p.m.**

Taiko (太鼓, literally "big drum") is a type of Japanese percussion that has been played for well over 1,000 years. Traditionally, taiko were used in religious ceremonies, festivals, and as theatrical accompaniment. Kumi-daiko, or ensemble drumming, was created in the 1950s. In kumi-daiko, many drummers play different-

sized drums to create complex rhythms and stylized performances. This style of taiko drumming has become extremely popular and taiko groups have formed all across the world. This program is for all ages! Sponsored by the Friends of the Cranford Public Library. Please register here: [eventbrite.com/e/omny-taiko-concert-tickets-381348432427](http://eventbrite.com/e/omny-taiko-concert-tickets-381348432427)

## Virtual Opera Talks: Halloween at the Opera

**Monday, October 17 at 7 p.m.**

Join award-winning librarian and opera singer Tanisha Mitchell for another fantastic virtual opera talk! There's nothing like a scare and suspense at the opera! Explore the art of revenge through a ghost from Mozart's Don Giovanni, a witch from Verdi's Il Trovatore and a deadly diva from Puccini's Tosca. Sponsored by the Friends of the Cranford Public Library.

Please register for this Zoom program here: [https://us02web.zoom.us/webinar/register/WN\\_FMnanZKQN2C1lfeCdgx](https://us02web.zoom.us/webinar/register/WN_FMnanZKQN2C1lfeCdgx)

## International Film Screening

**Monday, October 17 at 2 p.m. and 7 p.m.**

Join us at the Cranford Community Center for our monthly International Film screening. The same film will be shown at 2 p.m. and 7 p.m.

No registration required. Please contact the library for the film title.

## Karl Latham Trio

**Tuesday, October 18 at 7 p.m.**

Drummer Karl Latham's career has spanned the globe performing, recording and producing with Grammy Award winning artists, Rock and Roll Hall of Fame members and multitude of internationally acclaimed musicians. Karl is best known for his exceptional ability to dig into a variety of musical styles. Join us at the Cranford Community Center for this fantastic concert. Sponsored by the Friends of the Cranford Public Library. Please follow the link to register: [eventbrite.com/e/karl-latham-trio-concert-new-date-tickets-408944553167](http://eventbrite.com/e/karl-latham-trio-concert-new-date-tickets-408944553167)

## Raconteur Radio Presents: War of the Worlds

**Monday, October 24 at 7 p.m.**

We are thrilled to welcome back Raconteur Radio for another in-person radio play! Raconteur Radio stages theatrical presentations of vintage radio plays, classic works of literature/film, and pop culture parodies for live audiences at traditional and improvised venues throughout the Tri-State area. Sponsored by the Friends of the Cranford Public Library.

Please register here:

[eventbrite.com/e/raconteur-radio-war-of-the-worlds-tickets-400268342387](http://eventbrite.com/e/raconteur-radio-war-of-the-worlds-tickets-400268342387)

## Women in Music

**Wednesday, October 26 at 7 p.m.**

A fun and informative live music program about the impact of women on music in America. From their musical contributions to their struggle for equal pay and recognition, singer/songwriter Kirsten Thien covers the early innovators and pioneers, as well as contemporary stars of today while sharing some of her personal journey as a professional touring and recording musician. Part concert, part history, part folklore, Kirsten is accompanied by Eric Boyd on bass and guitar for this one hour program. Sponsored by the Friends of the Library. Please register here: [eventbrite.com/e/women-in-music-folk-rock-soul-blue-new-date-tickets-408947251237](http://eventbrite.com/e/women-in-music-folk-rock-soul-blue-new-date-tickets-408947251237)

## NATIVE SEED LIBRARY GRAND OPENING

The Cranford Public Library celebrated the grand opening of a new Native Seed Library. At an event held in June, community members participated in a variety of arts and crafts for creators of all ages and picked up free seeds. Library staff were joined by members of the Green Thumb Garden Club, Hanson Park Conservancy, Native Plant Society of New Jersey, and the Garden Club of Cranford.

The Native Seed Library is located in a repurposed card catalog in the front of the library and is now open during library hours. Community members are invited to take the seeds that they need, no more than three packets per week, and grow them at home. This project was funded by a grant from New Jersey American Water.

Find more information about the Native Seed Library on the library's website: [cranfordlibrary.org/seedlibrary.php](http://cranfordlibrary.org/seedlibrary.php)

Courtesy photo



## USED BOOK SALE TO BE HELD ON OCTOBER 13, 14, AND 15

### Friends of the Cranford Public Library

Looking for some good reading at bargain prices? The Friends of the Cranford Public Library invite you to visit their used book sale in the library's "Friendly Book Cellar." Browse through shelves full of thousands of books and make as many selections as you'd like! Most hardcover adult books are \$2.00 and paperback books are \$1.00. Most children's books are 25 cents or 50 cents.

The Book Sale will take place on Thursday, October 13 (1-8 p.m.), Friday, October 14 (10 a.m. - 5 p.m.), and Saturday, October 15 (10 a.m. - 2 p.m.). October 15 will be bag day. For just \$8, you can fill a shopping bag with books. Cash or checks only. Registration is required and can be done so at [cranfordlibrary.org/friends.php](http://cranfordlibrary.org/friends.php).

The Friends look forward to seeing you at the "Friendly Book Cellar." The Friends of the Library is a non-profit organization. Proceeds of all book sales and monetary donations benefit library programming and events for all ages throughout the year.

These sales are only made possible because of your book donations. Book donations in good condition are welcomed and appreciated, any time during library hours. Library staff at the front desk can help direct you. Please note that we cannot accept encyclopedias, textbooks, audiocassettes, or VHS tapes.



## APHASIA COMMUNICATION GROUP OFFERED

The Adler Aphasia Center is currently offering an Aphasia Communication Group for stroke and brain injury survivors with aphasia in Scotch Plains, NJ. This group provides those diagnosed with aphasia an opportunity to socialize with others who share similar experiences, provide tips to communicate more effectively, and time to practice communication skills in a natural environment. Aphasia is a language disorder caused by stroke or other brain injury. It affects spoken language, reading, and writing, but does not affect one's intellect.

This group is facilitated by a licensed speech language pathologist and is offered two Fridays of each month for two hours. A person with aphasia may join the group at any time but must pre-register. There is a nominal charge, but we never turn people away for lack of funds, we offer scholarships to those who are not able to pay \$80 for eight sessions.

To learn more about this communication group and to pre-register, please contact Gretchen Szabo, M.A., CCC-SLP at 551-287-2238 or email gszabo@adleraphasiacenter.org.

Adler Aphasia Center, a non-profit organization with three full-service facilities based in Maywood, West Orange, and Toms River, NJ and Aphasia Communication Groups located throughout the state, is an innovative, post-rehabilitative program that addresses the long-term needs of people with aphasia and their families. Aphasia is a communication disorder that impairs the expression and understanding of spoken language, reading, and writing. It occurs

most often from a stroke or other brain injury. It affects a person's ability to communicate, but not his or her intellect. This communication disorder affects 40% of all stroke and brain trauma survivors. The Center is considered a world leader in long-term, post-rehab community-based care for people with aphasia. With 2.5 million people diagnosed with aphasia in the U.S., the Center is the only one of its kind in NJ, an area with an estimated 70,000 people living with aphasia. For more information about the Center's programs and services in Maywood, West Orange, or Toms River, NJ, or for information about the Center's Aphasia Communication Groups in Bridgewater, Haddonfield, Hammonton, Maywood, Monroe, Scotch Plains, Toms River, Virtual Spanish Speaking Group and Virtual NJ Group, visit their website at [adleraphasiacenter.org](http://adleraphasiacenter.org) or call 201-368-8585

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## ST. JOHN THE APOSTLE CHURCH'S OKTOBERFEST CELEBRATION

St. John The Apostle Church had a parish Oktoberfest on Sunday, Sept. 25th, 2022 at the Deutscher Club, located in Clark, NJ.

Live music was provided by the German band The Adlers. German and American food and

beverages were available to purchase.

St. John The Apostle is located at 1805 Penbrook Terrace in Linden, NJ. The Parish serves the communities of Linden, Clark, Cranford, Rahway and Winfield.



Photos from this and other events can be found online at [rennamedia.com](http://rennamedia.com) and on Clark Monthly page on [facebook.com](https://www.facebook.com) Feel free to "Like," "Tag," and "Share."

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## CRANFORD PORCHFEST OCTOBER 8

In neighborhoods throughout Cranford, the sound of live music will soon float through the air bringing friends and music lovers together for the annual Porchfest event on October 8 (rain date October 15).

The event takes place from 1:30 p.m. - 5:15 p.m. with the final performance at Eastman Plaza at 5:45 p.m.

Porchfest is a family-friendly neighborhood music festival that came to Cranford six years ago as a way for the Cranford community to connect over music. Each year it has been sponsored by the Cranford Community Connection.

40 bands will perform on 10 porches throughout Cranford neighborhoods.

Each year the event gets a bit bigger as the outreach grows. Bands often come back year after year bringing their fans with them.

The porches are spread throughout the four corners of town so that all Cranford residents have a chance to catch live music in their neighborhood.

This year, the Porchfest committee has updated its poster and plans on selling t-shirts. For more information, visit Porchfest's Website [cranfordporchfest.wixsite.com/porchfest](http://cranfordporchfest.wixsite.com/porchfest)

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