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ST. JOHN THE APOSTLE OKTOBERFEST CELEBRATION

St. John The Apostle Church had a parish Oktoberfest on Sunday, Sept. 25th, 2022 at the Deutscher Club, located in Clark, NJ. Live music was provided by the German band The Adlers. German and American food and beverages were

available to purchase.

St. John The Apostle is located at 1805 Penbrook Terrace in Linden, NJ. The Parish serves the communities of Linden, Clark, Cranford, Rahway and Winfield.

Photos from this and other events can be found online at rennamedia.com and on Clark Monthly page on [facebook.com](https://www.facebook.com) Feel free to “Like,” “Tag,” and “Share.”



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BE A PART OF A LIFESAVING TEAM

The Clark Fire Department continuously accepts applications for the position of volunteer firefighter. Cadet candidates must be minimum of 16 years old. Adult members must be a minimum of 18 years old.

Volunteer Firefighting is not just what you do, but who you become. It is one of the most rewarding experiences you will ever have. The knowledge, skills and abilities you will receive as a volunteer firefighter are invaluable. Volunteering is one of the best ways to make a personal difference within the community, while having a personal positive impact on the lives of those around you. Our community relies on our commitment to service to keep each other safe.

There are many benefits to becoming a volunteer firefighter. You will make a difference within the community serving your family, friends, and neighbors, acquire new knowledge, skills and abilities, and receive college credits for basic and specialized training. You will work as part of a cohesive unit and a team which builds camaraderie, along with lifelong friendships.

Training includes State Certified Fire Fighter I & II at a NJ State Certified Academy; driver and operational training on all pieces of firefighting apparatus to include engines, truck and specialty vehicles; water rescue and ice rescue operations; and professional rescuer CPR/AED certification

along with basic first aid. Additional specialty training opportunities are given at county fire academies to enhance the knowledge of firefighters along with being able to receive a national EMT certification.

To become a volunteer, stop by Fire Headquarters located at 250 Broadway any Thursday evening after 7:30 p.m. or any Sunday morning after 10:00 a.m. to speak with a Fire Department Officer in regards to becoming a member of the department. You must be at least 18 years of age and hold a valid NJ drivers license.

Or email membership@clarkems.org. You will receive an email with an electronic application within 48-hours. Once your application has been completed and submitted you will be scheduled or an interview will be scheduled within 2 weeks.

We are now able to accept applications from out of town residents. Those out of town residents who currently hold a Firefighter I & II certification must reside within 2 miles of the municipal boundary. We will accept applications from out of town residents who do not currently hold a Firefighter I & II certification, but you must reside within 1 mile of the municipal boundary and formal training will be provided. Be advised that Clark Township residents will receive preference for available positions when applications are received.

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LORI'S CLARK TRANSACTIONS FROM 1/1/20 TO PRESENT

SOLD

15 Westfield Ave.
 40 Ivy St.
 15 Tudor Dr.
 10 Washington St., Unit 03
 47 Briarwood Path
 39 King St.
 56 Lexington Blvd.
 13 Blake Dr.
 213 East Lane
 1168 Lake Ave., Unit 4
 45 Wendell Pl.
 501 Oak Ridge Rd.
 309 Oak Ridge Rd.
 29 Conger Way
 13 Florence Dr.
 303 West Ln.
 1 Rose Ter.
 187 Liberty St.
 11 Harding Ave.

40 John St.
 77 John St.
 17 Hillside Ave.
 11 Avon Rd.
 81 New York Ave.
 42 Kenneth Pl.
 1 Kathryn St.
 29 Hillside Ave.
 9 Shetland Dr.
 12 Yorktown Dr.
 84 Wheatsheaf Rd.
 12 Ascot Way
 301 West Lane
 1119 Maurice Ave.
 1 Longfellow Lane
 8 Wendell Place
 13 Blake Dr.
 42 School St.
 29 Harvey Ct.
 18 Yorktown Dr.

45 Starlite Dr.
 1538 Franklin St.
 40 Conger Way
 15 Ayers Lane
 72 Dorset Dr.
 5 Schmidt Lane
 269 Willow Way
 18 Ginesi Dr.
 7 Blake Dr.
 43 Willow way
 95 Briarheath Ln.
 18 Terhune Rd.
 1 Jarvis Ter.
 39 Frances Dr.
 28 Gibson Blvd.
 41 Largo Lane
 5 Tudor Dr.
 111 Westfield Ave.
 14 Washington St.
 118 Jupiter St.

61 Sycamore Rd.
 18 Terhune Rd.
 15 Briarheath Ln.
 43 Kathryn St.
 54 Harding Ave.
 1 Plymouth Rd.
 306 Parkway Dr.
 75 Union County Pkwy
 49 Briarwood Path
 49 Briarwood Path
 549 Valley Rd.
 161 Meadow Rd.
 16 Nassau St.
 160 Meadow Rd.
 415 Valley Rd.
 49 Joseph St.
 23 Ayers lane
 110 Sweet Briar Dr.
 30 Stanton St.
 76 Harding Ave.

TOTAL NUMBER OF TRANSACTIONS = 148, 106 ARE IN CLARK

GIRLS STATE PROGRAM COMPLETED IN PERSON AT GEORGIAN COURT

Submitted by Judy Doran

Every June for more than 50 years the American Legion Auxiliary of Clark Post 328 sends local girls to New Jersey Girls State. Girls State is a convention for girls in their junior year of high school to learn the mechanics of city,



(above, l-r) American Legion Unit 328 Clark sent Casey Arias and Kate Curran to the Girls State Program held June 18 to June 23 at Georgian Court University in Lakewood, New Jersey.

county, and state government and to practice responsible citizenship under the guidance of Auxiliary members and volunteers of the American Legion Auxiliary. The girls develop a new perspective on the complexities of government and learn leadership skills, confidence, and poise. They will incorporate these skills in their personal and professional lives.

This year two area students attended Girls State at Georgian Court University the week of June 18 -23. They are Kate Curren of Governor Livingston High School and Casey Arias of Union Catholic High School. Both girls had to submit a short essay on why they wished to attend Girls State. Kate Curren stated she wished to improve her leadership skills and learn government structure in depth. Casey Arias wrote

of her interest in news and world events reading with her parents at a young age. Casey also interned for two local council persons during her summer break. These two young women actively immersed themselves in the daily classes to learn how our American government works. Kate Curren was elected County Commissioner in her first attempt to enter politics. Both women reported that they loved the week-long seminars, meeting girls from all over New Jersey and making new friends.

The ALA is proud to educate young women in the workings of our government. ALA members recognize the need for informed citizens who understand the constitution and election laws. Girls interested in attending the 2023 Girls State Program should contact their local American Legion Post to apply.

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STUDENTS RECOGNIZED BY COLLEGE BOARD AS AP SCHOLARS

Clark Public Schools

Arthur L. Johnson is excited to announce that 28 of its students have been recognized by The College Board as AP Scholars. The awards recognize high school students who have demonstrated exemplary college-level achievement through AP courses and exams.

17 students have been noted as AP Scholars receiving a score of 3 or higher on three or more AP exams.

5 students have been recognized as AP Scholars with Honor receiving an average score of at least 3.25 on all AP Exams taken and scores of 3 or higher on four or more of these exams.

ALJ has 5 AP Scholars with Distinction receiving an average score of at least 3.5 on all AP Exams taken and scores of 3 or higher on five or more of these exams.

6 of the scholars referenced above also

earned the AP Capstone Diploma achieving scores of 3 or higher in AP Seminar and AP Research and on four additional AP Exams of their choosing.

2 students, one of the scholars referenced above and an additional scholar, also earned the AP Seminar and Research Certificate receiving a score of 3 or higher in AP Seminar and AP Research.

"These recipients are deserving of immense congratulations for demonstrating their ability to be successful with college-level work while still in high school. They make ALJ and our district as a whole proud," stated Edward Grande, Superintendent.

The AP Capstone Diploma program helps students develop the critical thinking, research, collaboration, and presentation skills that are critical for academic success. Unlike traditional AP® subject exams with a single end-of-year

assessment, AP Seminar and AP Research assessments are project-based and evaluate skills mastery through group projects, presentations, and individual essays completed throughout the year. Instead of focusing on one specific academic discipline, AP Seminar and AP Research are interdisciplinary: students are empowered to create research projects based on topics of personal interest. Students are assessed on the critical thinking, research, collaboration, time management, and presentation skills needed to complete their projects.

The College Board Advanced Placement Program gives students the opportunity to take challenging college-level courses while still in high school. A 3 or higher on an AP Exam has multiple benefits for students, including earning college credit, advanced placement, or both for successful performance on AP Exams, saving them time and money.

SQUARE DANCING OCT. 18

Y Squares Dance Club of Clark will be hosting a free Introduction to Square Dancing event on Tuesday, October 18th from 7:30 to 9:00 p.m. at the Hehnlly School, 590 Raritan Road in Clark, NJ. Wear casual attire and soft-soled shoes; sneakers are fine. This is a fun activity for adult couples, singles and children ages 14 and older. A partner is helpful but not necessary, our experienced dancers will assist you. If you are interested but unable to make the introductory dance, please join us for a free lesson on October 25th at the same location. For further information and to RSVP, please call 908-705-7148 or visit our web page at Y-Squares.org. Come, join the fun and find out what Modern Square Dancing is all about! *Proof of Covid Vaccination required* masks optional. Water will be provided but feel free to bring your own.

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Photo by Marko Korosec, near Julesburg, Colorado


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STUDENTS AWARDED WITH ACADEMIC HONORS

Arthur L. Johnson High School seniors Carina Hechevarria and Vincent Goodman were recently recognized by College Board as National Recognition Program awardees! Hechevarria earned the National Hispanic Recognition Award and Goodman earned the National African American Recognition Award and the National Hispanic Recognition Award.

According to the College Board, the students “earned this recognition because of their academic achievements in school and outstanding performance on the PSAT/NMSQT®, PSAT™ 10, and/or AP® Exams. They've accomplished these milestones during an immensely demanding period of their high school career.”

According to College Board, students who may be eligible have a GPA of 3.5 or higher and have excelled on the PSAT/NMSQT or PSAT 10, or earned a score of 3 or higher on two or more

AP Exams; and are African American or Black, Hispanic American or Latinx, Indigenous, and/or attend school in a rural area or small town.

Eligible students are invited to apply during their sophomore or junior year and are awarded at the beginning of the next school year. Students

will receive their awards in time to include them on their college and scholarship applications.

Superintendent Edward Grande stated, "These students' performance demonstrates their strong academic aptitude. There is no doubt that more great things lie ahead for them."



(above) Carina Hechevarria was named a recipient of the National Hispanic Recognition Award.



(above) Vincent Goodman was named a recipient of the National African American Recognition Award and the National Hispanic Recognition Award.

Photos by Clark Public Schools



Elizabeth Bataille
Sales Associate



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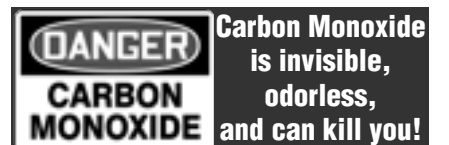
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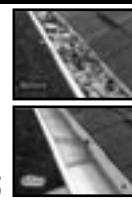
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MIRACLES FOR MYELOMA 5K

Submitted by Ron and Sheree Pask

We have been making Miracles happen for ten years! The 10th annual Miracles for Myeloma 5K Run/Walk in Clark will be held on Saturday, October 15. This year it will be a hybrid version, in person as well as virtual.

One of the organizers explains what keeps hundreds of participants coming back to help raise money for a little-known disease. "It's her strength and fortitude that inspire so many of us," Ron Pask said of his wife Sheree Pask who is in remission of multiple myeloma, a rare form of blood cancer.

The husband and wife duo from Clark with friend Gina Klemm of Westfield have been the originators and driving force behind this event. Gina Klemm's brother, Frank Guardino, succumbed to myeloma 11 years ago.

The race begins at 9:30 a.m. at Oak Ridge Park in Clark with check-in beginning at 8:30 a.m. The race is held at the park and has wheelchair-friendly tree-lined paths. Post-race refreshments, giveaways, and acknowledgments will follow.

In the last nine years, the event has raised over \$700,000 for the International Myeloma Foundation (IMF), in pursuit of a cure for the disease.

"There are a number of ways to get involved," says Sheree Pask, "even if you aren't able to participate through walking or running."

A balloon-lined Remembrance Path features signs that can be purchased for \$25 each, "In Honor" or "In Memory" of someone. Businesses may purchase "Miracles Markers" placed at the Start and Finish Lines where their logos will be displayed prominently along with on the website. Additionally, donations of any amount may be given online through the website.

As in years past, the Arthur L. Johnson High School Key Club, under the adviser Meghan Bradley, will be guiding activities and assisting with the setup of the event.

For additional information about registration fees or the event in general, please email us at miracles4mm@gmail.com.

The website for registration and donations is fundraising.myeloma.org/miraclesformyeloma.



(above) The 10th annual Miracles for Myeloma 5K Run/Walk in Clark will be held on Saturday, October 15.

RELIEF FROM CHRONIC KNEE PAIN FDA Approved Treatment to Avoid Surgery

DON'T BLAME THE ARROW FOR MISSING THE TARGET

Just like tens of millions of other Americans, you were looking for relief from your chronic knee pain. You thought Viscosupplementation injections might be the answer, but the results were disappointing and painful. Don't assume the treatment wasn't right. That could very well be like blaming the arrow for its path to the target when the problem might be the archer. If you didn't get the pain relief you were hoping for, chances are your injection treatment was off target. Unlike blind injections or even ultrasound targeted treatments found elsewhere, **Northeast Spine & Wellness Center** uses diagnostic fluoroscopy to make sure the area that needs treated is the exact area where the injection goes. This is the most advanced method of delivering this pain relieving treatment with 95% accuracy to give you the results you're looking for. The use of Fluoroscopy guided injections sets **Northeast Spine & Wellness Center** apart. The end result is you living pain free from your chronic knee pain. You can avoid the lengthy and painful road of knee replacement surgery. You can avoid the endless trial and error assortment of potentially addictive prescription medications. This treatment, using fluoroscopy guided injections has seen a success rate of above 85% in those suffering from knee pain related to osteoarthritis, and that includes people with bone on bone involvement. You've suffered from chronic knee pain long enough. Call **Northeast Spine & Wellness Center** now for a RISK FREE consultation.



If Knee Surgery Sounds Scary, It Should

Have you have been told you are facing knee replacement surgery? Have you been told about all the downsides you could be facing? First and foremost, there are NO guarantees that knee replacement surgery will be the answer to your pain, but let's look further:

- Surgery is costly, regardless of the percentage of services covered by insurance.
- Surgery requires lost time from work and typically requires a regimen of rehabilitation and medications.
- With surgery, there is always a risk for unwelcomed complications. And you could be back to where you started, or worse.
- Medications will be required for relief from surgery and you have been down that road before. Additions to these pain medications can cause potential side effects, something you do not want to experience.
- Rehabilitation can take years.

Consider This Alternative To Surgery

Northeast Spine & Wellness Center offers you a real opportunity and a painless way to say goodbye to your knee pain without any surgery. Here are just a few of the important benefits you should consider?

- Diagnostic fluoroscopy accurately targets the pain, unlike blind injections.
- Guided fluoroscopic injections are virtually pain free, unlike blind injections.
- No lost time from work or family.
- No expensive or time consuming rehabilitation.
- No potentially addictive prescription medications.
- Recovery time is almost instant, not months or years.

How Does This New Treatment Work?

Relief begins almost as fast as it takes to pronounce the treatment. It's called Viscosupplementation Therapy. To begin with, it starts with **Northeast Spine & Wellness Center** investing in the use of diagnostic fluoroscopy. This enables them to target the exact location of your knee pain with pinpoint accuracy. What follows is a simple injection that causes little to no pain, especially when compared to what you may be living with daily. That explains what you will see on the surface of this revolutionary treatment. What's taking place below the surface is how and where the natural healing process takes place. The injection of a Hyaluronic acid called Hyalgan. This gel-like substance was approved by the FDA in 1996. Hyalgan is a natural substance that mimics the synovial fluid that is already produced by your body in your joints. Osteoarthritis sufferers in particular see a reduction in this much needed synovial fluid in their knee joints. Without that cushioning layer of protection, the cartilage in your knee can begin to wear away leading to the rubbing of bone on bone. Through Viscosupplementation Therapy, this natural substance immediately goes to work reducing the swelling and inflammation in the joint and adding a coating layer of protection. Think about Dorothy taking the oil can to The Tin Man. You'll begin to feel that same kind of relief and quite possibly feel like you're ready for a dance down the yellow brick road to recovery yourself. And with a success rate of over 85% in alleviating pain associated with osteoarthritis, it's easy to see why this treatment is so readily covered by Medicare and by most major insurance providers. Diagnostic fluoroscopy to target the pain, Viscosupplementation Therapy to relieve the pain. Simple, fast and no surgery!

Do you Suffer from any of these Symptoms?

There are a number of reasons why you developed Osteoarthritis pain. It can develop with age or because of heredity. It could be from repetitive stress from a job or some glory days in athletics. Of course your concern is with the symptoms you face daily and how to make them end, hopefully without surgery or the use of potentially addictive medications. **Northeast Spine & Wellness Center** understands the symptoms you have been living with and can help. If you have any of the symptoms below, please call us today. Relief is a phone call away.

- **Pain** - Whether it's a sharp aching or maybe a burning sensation, the pain can range from irritating to debilitating.
- **Swelling** - This can cause tenderness and soreness to the entire knee area, making walking or going up and down stairs painful, getting in and out of bed or bathtubs difficult and dangerous just name a few activities affected by swelling.
- **Stiffness** - Getting up out of bed or after sitting for a period of time gets more and more difficult. This loss of mobility can be more than a hindrance. It can be dangerous if you need to move quickly.
- **Loss of muscle strength** - This can lead to balance issues and the strong possibility of falling.
- **Joint deformity** - Not just unsightly, but painful as well.
- **Creaking Joints** - Can be painful and a sign of more discomfort to come.
- **Sleepless nights** - Losing sleep over your suffering is not just irritating, but potentially dangerous because of so many other health concerns that can be affected by loss of sound sleep.

Let Me Show You Targeted Relief From Your Knee Pain

Every day, I see patients suffering from knee pain due to arthritis, osteoarthritis, sports injuries or other conditions. Many have been told that they are in need of knee replacement surgery. Other patients say they have been prescribed various prescription medications to deal with the pain.

Something else I see almost every day, are patients that have tried viscosupplementation knee injections elsewhere and found it to be a painful and ineffective experience because the injections were not administered using fluoroscopic guidance. Instead of using the incredibly accurate diagnostic fluoroscopy we use at **Northeast Spine & Wellness Center** these patients experienced a blind injection technique, which can be as inaccurate as playing pin the tail on the donkey.

Once I am able to explain to my patients about the pin point accuracy of using diagnostic fluoroscopy and the amazing results viscosupplementation can provide, they are thrilled to get started. They are even more thrilled when they feel the relief. Please contact **Northeast Spine & Wellness Center** today to schedule your RISK FREE consultation.

Call 732-827-0800

Scot Paris MD, FACS

Here's what our patients have to say

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- Patricia G.

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- Perry O.

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- Quentin L.

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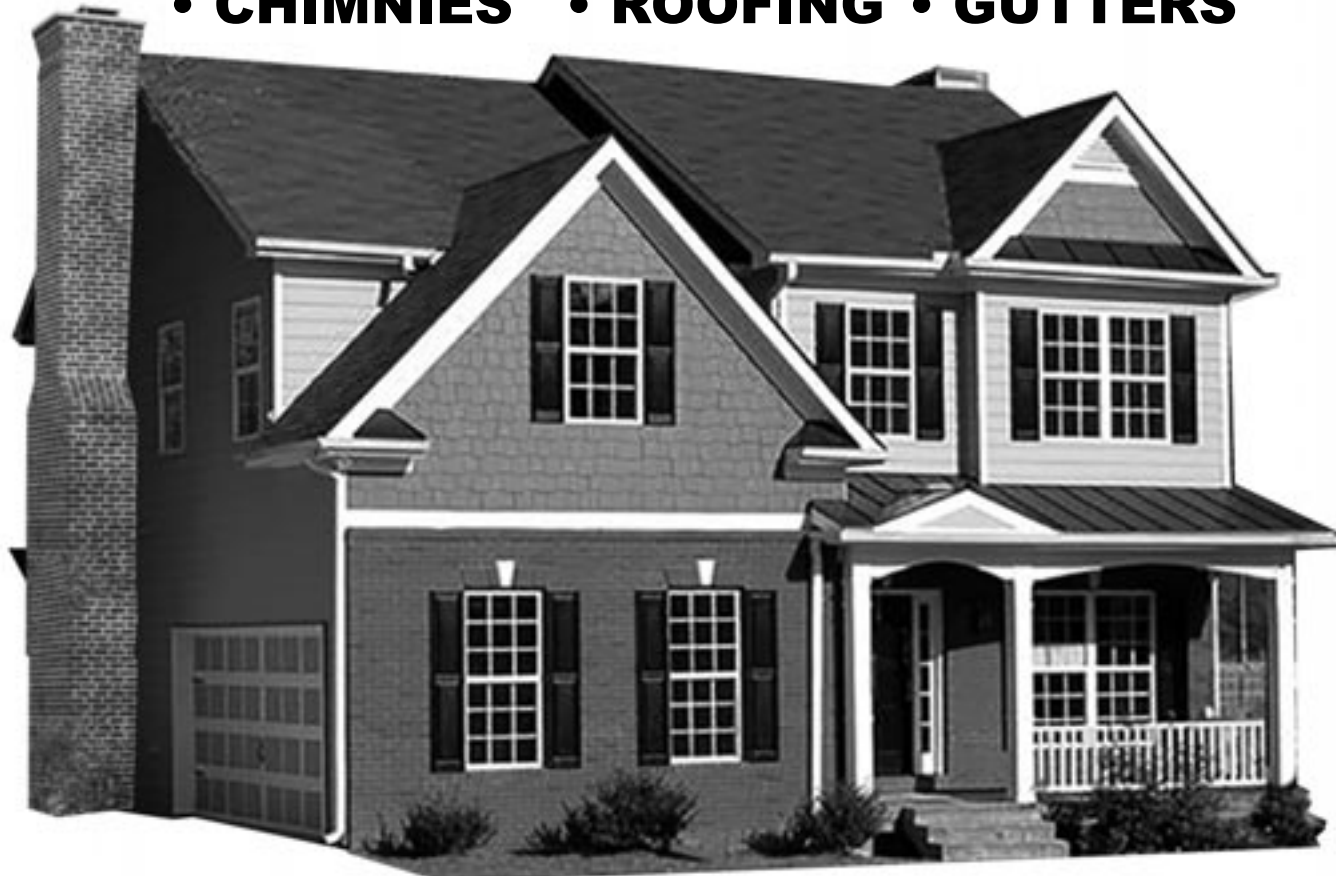
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SCAN ME

GIRL SCOUTS BUILD A SECOND GAGA BALL PIT



(above) Clark Girl Scout Troop 41248: Alyssa Arnold, Naiana Caballero-Herrera, April Fleckenstein, Gemma Galczynski, Lilijana Jadro, and Kaya Tasharofi

Photo by Melissa Fleckenstein

The park, most commonly known as “The Pit,” to locals, may be more aptly named now thanks to members of Clark Girl Scout Troop 41248 who recently earned their scouting Bronze Award by building a Gaga Pit at the park called Veteran’s Memorial Park on Lupine Way.

To obtain their Bronze Award, the highest award that a Junior Girl Scout can achieve, Clark Girl Scouts Alyssa Arnold, Naiana Caballero-Herrera, April Fleckenstein, Gemma Galczynski, Lilijana Jadro, and Kaya Tasharofi, each had to dedicate 20 hours of time towards the project. This included letter writing to get Township permission for the build and donations from businesses. With the addition of profits from cookie and nut sales, the girls had the money needed to begin.

The scouts built and painted the pit and even made a video tutorial that can be watched by scanning a QR code for those that don’t know how to play the game.

The new pit is equipped with an ADA accessible door and ramp so that everyone can gain access. Gaga ball is a softer version of dodgeball where players use a lightweight ball and only hit each other below the knees to tag a player out of the pit. The game ends when there is one person left within the pit that has not been tagged-out by a tap from the ball.



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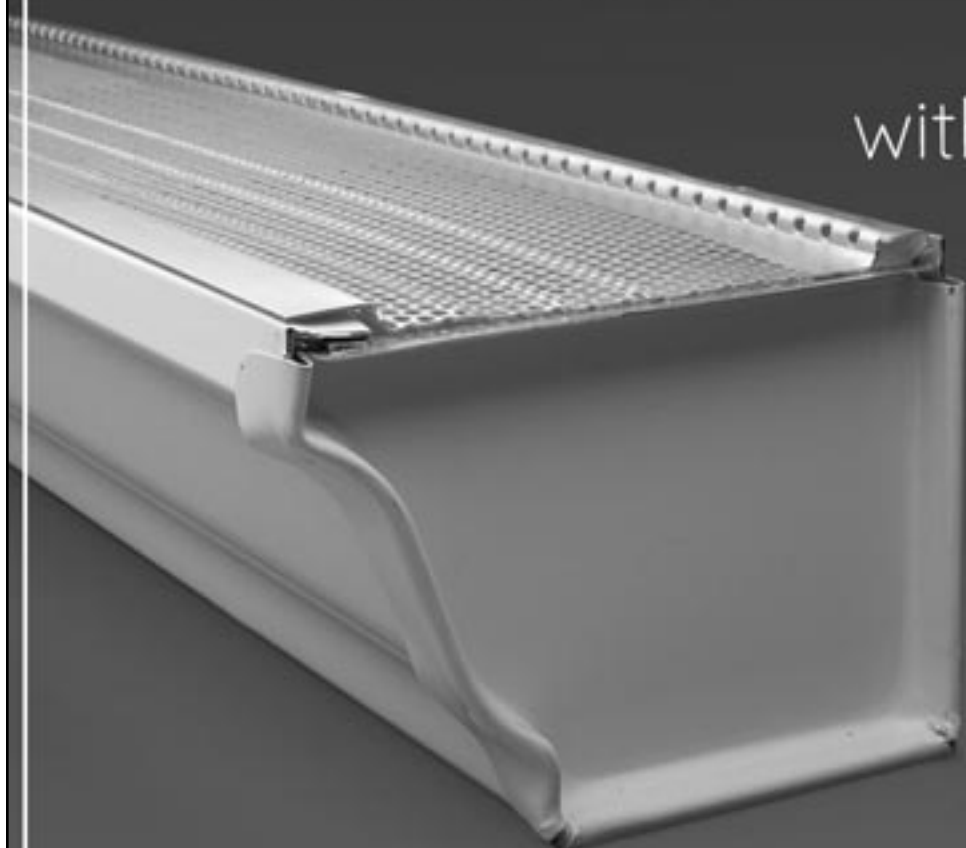
Clark American Legion Auxiliary Unit 328 recently donated school supplies to several area schools to assist students starting the new school year.

Pictured are Judy Doran, Maureen Reilly, Patty Agudo, Tammi Angelo, President, Kathleen Switek, Margaret Alago, Jody Burns and Dianne Mott.



Courtesy photo

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ALJ FOOTBALL TEAM VISITS FIRST CHILDREN’S SCHOOL

Clark Public Schools

On Friday, August 12, 2022, members of the Arthur L. Johnson High School Crusader Football Team participated in a visit to the First Children’s School, located in Fanwood, NJ.

The First Children’s School is a stepping-off point for children who need highly specialized educational services for some period of time in their lives. First Children’s services extend into the home districts of students with special needs where they are invited to work with faculty and administration to assure that children with special needs get cutting-edge services in their

home schools. The dedicated staff, including teachers, aides, and therapists, are prepared to deliver their services in the schools and homes of the children they serve. First Children partners with districts and other providers like Children’s Specialized Hospital and Eden Autism Services to make sure that the children receive the very best services possible.

Members of the Crusader Football Team went into various classrooms and participated in a multitude of activities relating to the school’s curriculum.

Anthony DelConte, Head Football Coach,

had this to say about the event. “The football program was thrilled to be able to assist with the daily routines and to participate in activities held at the First Children’s School. It was fun watching the High School Student Athletes as they interacted with the children, and I think both groups not only enjoyed the experience but learned a lot while doing it.”

The Arthur L. Johnson High School Crusader Football Team would like to thank everyone associated with the First Children’s School for welcoming us and allowing us to be a part of a fabulous day.

Photo by Clark Public Schools



(above) The 2022 Arthur L. Johnson Crusader Football Team visited the First Children’s School on Friday, August 12, 2022.

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The YWCA Union County is actively seeking new volunteers to serve our communities. Crisis Response Team Volunteers are needed to work with local police departments that are providing options, advocacy, and emotional support to domestic violence survivors reporting abuse.

IF INTERESTED, FOLLOWING IS REQUESTED:

- Must be 18 years of age or older
- Evening or weekend availability a plus
- Bilingual a plus (Spanish, Creole, Polish & Arabic)

- Must have a valid driver's license and access to a vehicle
- Experience working/volunteering with vulnerable & diverse populations a plus
- Must complete a mandatory, free, 40-hour Domestic Violence Training session (to be held via Zoom in September)
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For more information - please contact Amanda Gonzalez, CRT Coordinator via email at: amgonzalez@ywcaunioncounty.org.

ST. JOSEPH'S CENTER URGENT NEEDS

New Shopping Bag Rules in NJ... and We Need Bags!

New Jersey has the strictest ban on plastics in the country, and it is now in effect for the entire state of New Jersey, including for food distribution at St. Joseph Social Service Center. We are in need of reusable bags for our clients. If you can donate new or used but clean reusable shopping bags, please drop them, 118 Division Street, Elizabeth, NJ, during normal operating

hours. If you have questions, please contact our Food Program Director, Corey Wu-Jung at cwujung@sjeliz.org or 908-354-5456 x412.

One of our urgent ongoing needs is for tuna or chicken in single serve pouches. Donations are gratefully accepted!

We are in need of a car or minivan. If you have a spare vehicle in good working condition, please consider donating it to St. Joseph's. Please contact Emy Cruz at 908-354-5456 x403.

Clark Recreation together with Clark PBA presents the annual
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The Friends of the Clark Library will be hosting a book sale and costume jewelry sale at the Clark Library on October 29, from 10:00 a.m. – 3:00 p.m.

Paperback books are only 50 cents, hardcover books are \$1.00. Buy a tote bag for \$5.00 and fill

it with books for free!

We have many new costume jewelry items, which are all \$1.00. Necklaces, bracelets, earrings, rings, watches and more.

All proceeds will benefit the Clark Library. Thank you for your continued support.

TEEN DRIVER SAFETY WEEK

Street Smart NJ

National Teen Driver Safety Week is October 16-22, 2022 — is the perfect opportunity to talk with teens about safe driving habits. This year, the U.S. Department of Transportation's National Highway Traffic Safety Administration (NHTSA) is teaming up with Street Smart NJ to empower parents to discuss safe driving habits with their young drivers. Assure your teen driver knows the Rules for the Road before you hand over the keys. Ultimately, parents are in control.

FACTS ABOUT TEEN DRIVER FATALITIES

Motor vehicle crashes are the leading cause of death for teens (15-18 years old) in the United States.

In 2019, there were 2,042 people killed in crashes involving a teen driver, of which 628 deaths were the teen driver.

Parents can be the biggest influencers on teens' choices behind the wheel if they take the time to talk with their teens about some of the biggest driving risks.

CLARK RESERVOIR CLEANUP – OCT. 16

Help improve the environmental condition of the Clark Reservoir by joining the Clark Environmental Commission for the Clark Reservoir Cleanup on Saturday, October 15, 2022, from 8:30 a.m. to 12:00 p.m. Rain date is Sunday, October 16, 2022. Meet at the Town Hall Driveway. Coffee and breakfast will be had at the start of the day and pizza at the finish.

All participants should wear jeans, long-sleeved shirts, gloves and boots. Gloves and trash bags will be provided. If available, participants should bring a standard 5-gallon carry bucket with a handle, as this makes for easy carrying of "stuff" for transfer to larger garbage bags. There is no RSVP for the cleanup, but if you need more information or think you will attend please contact Marc Hayden, Chairman, at 908-510-7334.

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TRINITAS EARNS NATIONAL AWARD FOR PROMOTING ORGAN DONATION

NJ Sharing Network

Trinitas Regional Medical Center has been honored with the 2022 Workplace Partnership for Life Platinum Award for its organ and tissue donation awareness program from the U.S. Health Resources and Services Administration (HRSA), an agency of the U.S. Department of Health and Human Services. The Platinum Award is the highest accolade granted by HRSA to hospitals who promote organ and tissue donation among their community and hospital. Trinitas coordinates its outreach efforts with NJ Sharing Network, the nonprofit organization responsible for the recovery and placement of donated organs and tissue in the Garden State.

The recognition is part of HRSA's Workplace Partnership for Life initiative, launched in August 2014, which connects organ and tissue donation organizations with hospitals to create ongoing awareness and registry campaigns to educate team members, patients, visitors and community members.

"We are proud to be recognized by HRSA for our ongoing partnership with NJ Sharing Network to save and enhance lives through organ donation and transplantation," said Gary S. Horan, FACHE, President/CEO of Trinitas. "There are nearly 4,000 New Jersey residents currently waiting for a life-saving transplant. We must continue to raise awareness of this critical issue and remind our community that registering as an organ and tissue donor can help bring the gift of life to others."

Throughout the past year, Trinitas conducted multiple awareness and registry activities to encourage new donor registrations. Activities included both in-person and online campaigns to reach internal and external audiences, such as Proclamation Day with Mayor J. Christian Bollwage of Elizabeth and the annual donor memorial service including a flag display in honor of the donors in the Trinitas lobby. Donor Registration Day made it possible for 50 people to become registered organ donors.

"Trinitas and our hospital partners are vital to our life-saving mission," said Alyssa D'Addio,

Vice President of Hospital and Community Services, NJ Sharing Network. "We have been fortunate to work with Trinitas' dedicated team members. They are great advocates and have shown passion and energy in educating others about the power of donation and transplantation."

According to United Network for Organ Sharing (UNOS), there are over 100,000 Americans waiting for a life-saving transplant. One organ and tissue donor can save eight lives and enhance the lives of over 75 others. To learn more, get involved and register as an organ and tissue donor, visit NJSharingNetwork.org.

ABOUT TRINITAS REGIONAL MEDICAL CENTER

Trinitas Regional Medical Center, an RWJBarnabas Health facility, was established in 2000 following the consolidation of Elizabeth General Medical Center and St. Elizabeth

Hospital. Previously in 1990, Elizabeth General acquired the Alexian Brothers Hospital, also in Elizabeth. The spirit of the three Elizabeth hospitals lives on in Trinitas, a major center for comprehensive health services for those who live and work in Central New Jersey. Trinitas is a Catholic teaching medical center with Catholic oversight provided by the Sisters of Charity of Saint Elizabeth. With 12 Centers of Excellence across the continuum of care, Trinitas has distinguished itself in cardiology, cancer care, behavioral health, renal care, nursing education, diabetes management, wound healing, breast health, senior's healthcare, women's healthcare, and sleep medicine. For more information, visit rwjbh.org/trinitas-regional-medical-center/, or follow us on Facebook, LinkedIn, Instagram, and Twitter.



(above) Staff members of Trinitas Regional Medical Center and heart transplant recipient Craig Clark gather around Gary S. Horan, FACHE, President/CEO of Trinitas and Ireabdal Segovia-Conrad, Hospital Services Manager, NJ Sharing Network, to celebrate their efforts in earning the 2022 Workplace Partnership for Life Platinum Award.

Courtesy photo



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JOHNSON GIRLS SOCCER GIVES BACK TO THE COMMUNITY



(above) During their 2022 preseason, Johnson Girls Soccer teammates came together to create "Snack Bags" for donation to Elijah's Promise Soup Kitchen in New Brunswick.

Photo by Clark Public Schools

Clark Public Schools

Johnson Girls Soccer (JGS) strikes again! Over the last four years, JGS has worked together to give back to the community and to build on leadership skills that go beyond the soccer field.

As part of the 2022 Preseason, new and returning JGS players worked within pods to collect and assemble "Snack Bags" for Elijah's Promise Soup Kitchen in New Brunswick.

Each grade level was assigned an item and together the student-athletes not only filled the paper snack bags with a nutritious and delicious treat but also decorated the bags with comforting and inspiring messages and illustrations.

What made this event even more special was having future Crusaders (2nd and 3rd-grade girl soccer players from The Clark Soccer Club) assist in decorating and filling snack bags.

JGS was able to donate 150 snack bags to the organization.

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 Monday, Tuesday, Thursday: 9:30 am - 9:00 pm • Wednesday, Friday, Saturday: 9:30 am - 5:00 pm • Sunday: Closed
 We will be closed Monday, October 10, for Columbus Day.

Stories & More

**Fridays, October 7, 14, 21, & 28
at 10:00 am**

Stories, movement, and songs followed by a simple craft for active listeners ages 3 - 5 years old. Registration is required.

At the October 7 session, we will be visited by local author, Laura Sassi!

At the October 21 session, we will have a special guest, Dusty the Dog (stuffed, not live) with our friends from the Union County Childhood Lead Poison Prevention Program and Healthy Homes program.

Baby Bookworms

Tuesdays, October 11 and 25 at 10:00 am

Babies and toddlers are invited to listen to some books and learn some songs, rhymes, lap bounces, and fingerplays. 30 minutes of open play follows. We will not meet on 10/18.

Brown Bag Lunch Packing Event

Tuesday, October 11 at 3:30 pm

Join us for this family-friendly activity. We will be packing sustainable lunches for Bridges Outreach, a local service organization that helps end homelessness. Participants will decorate the brown bags with drawings and inspirational words and pack them with sustainable lunch items. Open to all ages.

Barks & Books

Tuesdays, October 11 and 25, 4 pm - 5 pm

Saturday, October 15 from 10 - 11 am

If you have a young, reluctant, or struggling reader, we want you to meet our therapy dogs!

Children will each get approximately 15 minutes of reading time with Bubble, Magnolia, or Sophie. Register for a 15-minute time slot.

Meet a Firefighter

Thursday, October 13 at 3:30 pm

Celebrate Fire Prevention week by coming to the library to meet some real-life firefighters and listen to them read a story! They will also be showing off their firefighting gear and answering questions!

Eyes of the Wild Halloween Show

Thursday, October 13 at 7:00 pm

People of all ages are invited to come and meet several live, interesting creatures in this entertaining and informative show! Eyes Of The Wild is an exotic animal rescue in New Jersey that provides a home to over 175 animals.

LEGO® Club

Friday, October 14 from 3:15 - 4:15 pm

Join us for the LEGO® Club at the Clark Public Library! Create your own LEGO® structures. LEGO® are provided by the library. Creations are displayed in the Children's Area.

For children in grades K - 5.

Teen Gaming Club

Sunday, October 16 from 2 - 4 pm

Drop by the library for a fun afternoon of gaming. Play some Nintendo Switch games on our big screen or bring your own device. Snacks will be served! Open to Grades 6-12.

Tales for Tots

Monday, October 17, 24, & 31 at 10:00 am

Stories and songs for active listeners. Geared toward ages 2-3 with a caregiver. Older children are welcome! 30 minutes of open play follows. Registration is required.

Union County Aging Services Kiosk

Monday, October 17 from 10 am - 12 pm

Do you have questions about services available in Union County for seniors or their caregivers? Come visit the Union County Aging Services Kiosk, speak to our specialist, and get answers to your questions.

Teen Ceramic Pumpkin Painting

Tuesday, October 18 from 3 - 4 pm

Stop by the library to paint and decorate your own ceramic pumpkins. Open to teens in Grades 6-12.

After School Board Games

Tuesday, October 18, 2 - 5 pm

Join the Clark Public Library to relax and hang out while playing games after school. Something specific you want to play? Bring it with you! Games available: Chess, Clue, Code Names, Dungeons & Dragons (Basic Rule Books), Guess Who, Life, Monopoly, Pandemic, Scrabble, Ticket to Ride, Uno

Krafty Kids

Wednesday, October 19 at 3:30 pm

Join us as we make some fun and creative artwork. Using a few art supplies we will make a new craft each session! Don't forget to bring your imagination and creativity! Register for each session individually. Geared to ages 5-11

Little Scientist

Thursday, October 20 at 4 p.m.

Learn how to build and create with our Science Experiments! Each session will be a different experiment that will touch upon a different STEM skill. For ages 6-12.

Clark Library Trivia Nights: Stranger Things

Thursday, October 20 from 7 - 8 pm

Test your knowledge alongside your friends at Clark Public Libraries' monthly Trova Nights! Thursday we will be hosting a trivia contest on everything from history to the biggest hits on Netflix. 1st, 2nd, and 3rd place winners will receive both a prize and bragging rights. This week's Trivia Night will be on Stranger Things, the smash hit on Netflix which just finished its fourth season.

The Missing Book Library Escape Room

**Saturday, October 22, 11 am - 1 pm
(30-minute blocks)**

The Library Director recently got a whole case of treats for the staff to share in the celebration of a job well done serving the Clark Community. Unfortunately, while she was locking up the treats, to ensure that the pesky library cat and ghost didn't steal any, a Clark resident asked for help returning one of their overdue books and the Director accidentally lost the keys! You've been asked to help her find the missing keys with some of the celebratory treats as a reward.

Maker Monday

Monday, October 24 at 3:30 p.m.

Join us as we use hands-on STEAM learning to create an object with the materials given.

Registration is required. Masks are optional for programs. For ages 9-12

Paint a Pumpkin for Kids

Tuesday, October 25 at 3:30 p.m.

Thursday, October 27 at 6:30 p.m.

Join us for our annual Paint a Pumpkin event. Listen to a story about pumpkins and then paint a pumpkin to take home with you. This program is for ages 3 - grade 5. Registration is required and will close on Sunday, October 23 at 10 a.m. to ensure adequate supplies. Please wear old clothes, as we will be working with paint. Please register for only one session.

New Jersey Paranormal

Tuesday, October 25 at 7:00 p.m.

Join members of New Jersey Paranormal as they share their experiences as paranormal investigators. Learn about local legends and hauntings. A question and answer period will follow the presentation.

Tinker Tots

Thursday, October 27 at 10:00 a.m.

Come join us for a morning of fun STEAM (Science, Technology, Engineering, Art, Math) activities perfect for little ones. For children ages 1 through Pre-K. Please register.

Friends of The Clark Public Library Book & Costume Jewelry Sale

Saturday, October 29 at 10 a.m.

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| Ecco Domani Pinot Grigio | 750ml | \$10.99 |
| Adagio Pinot Grigio | 1.5L | \$10.99 |
| Freixenet Brut, Extra, Extra Dry | 750ml | \$10.99 |
| Gato Negro (All Types) | 1.5L | \$ 9.99 |
| Gazela Vinho Verde | 750ml | \$ 6.49 |
| Joseph Carr Cabernet Sauvignon | 750ml | \$29.99 |
| Kendall Jackson Vintners Chardonnay | 750ml | \$13.99 |
| Kim Crawford Sauvignon Blanc | 750ml | \$14.99 |
| Louis Jadot Beaujolais Villages | 750ml | \$13.99 |
| Louis Jadot Pouilly Fuisse | 750ml | \$26.99 |
| Martini & Rossi Asti | 750ml | \$11.97 |
| Menage a Trois Red | 750ml | \$ 9.99 |
| Mi Amore Red | 750ml | \$ 8.99 |
| Moet Imperial Champagne | 750ml | \$49.99 |
| Noble Wine 337, 667 | 750ml | \$11.99 |
| Papi (All Types) | 1.5L | \$11.99 |
| Ruffino Chianti | 750ml | \$ 8.99 |
| Ruffino Chianti | 1.5L | \$13.97 |
| Ruffino Pinot Grigio | 1.5L | \$14.99 |
| Ruffino Tan label | 750ml | \$19.99 |
| Santa Margerita Pinot Grigio | 750ml | \$22.09 |
| Silver Oak Alexander Valley Cabernet | 750ml | \$84.99 |
| Simi Chardonnay | 750ml | \$13.09 |
| Woodbridge (All Types) | 1.5L | \$12.49 |

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