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LONG HILL'S ANNUAL NATIONAL NIGHT OUT AGAINST CRIME

The Long Hill Township Police Department hosted the annual National Night Out Against Crime on Tuesday, August 2nd, 2022 at Matthew G. Kantor Memorial Park. The free National Night Out event, serves as a community-building campaign that promotes police-community partnerships. Featured activities included food, drinks, live music by local band "4 Flight Rock", demos from the Millington Fire Co., and games.

National Night Out culminates annually on the first Tuesday in August. National Night Out enhances the relationship between neighbors and law enforcement while bringing back a true sense of community. Furthermore, it provides a great opportunity to bring police and neighbors together under positive circumstances. For more information visit natw.org.



Photos from this and other events can be found online at rennamedia.com and on Long Hill Leader page on [facebook.com](https://www.facebook.com) Feel free to "Like," "Tag," and "Share."

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Long Hill Leader

STRANGERS HELPING STRANGERS

The New Jersey Veterans Network

The New Jersey Veterans Network (NJVN) works with many different organizations to bring food, groceries, and clothes to veteran families in need. One organization they've worked with is Strangers Helping Strangers (SHS). They've provided over 100 meals for veterans and their families while pairing up with the NJVN over multiple projects. SHS itself distributes 20,000 pounds of food in Elmwood Park, NJ.

On Friday, August 12, 2022, Doc Schupp, Director of Veterans Outreach for NJVN, and Dennis Duddie, American Legion Department Vice Commander, presented the Strangers Helping Strangers team with four awards, including a Hero Award for team President Chris Braitsch, a Certificate of Commendation, as well as the Community Service Award, recognizing their continuous support for Veterans and their

families. Strangers Helping Strangers was also presented with the Certificate of Appreciation from The Department of NJ State VFW and an NJVN Community Service award.

When asked about the assistance that SHS has provided for the Veteran Community, Doc Schupp said, "This team (SHS) has provided for our State's heroes time and time again, we are blessed to have them as partners."

Strangers Helping Strangers was created during the COVID-19 crisis, and has continued to work with the New Jersey Veterans Network to provide for our veterans. They work closely to provide not only goods for those in need, but they also give hope in times of crisis. While SHS provides the food and groceries, the NJVN distributes them directly to the veterans homes. It's a wonderful system that has helped improve the lives of so many veterans and their families.



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CAMP EAGLE FEATHER

Submitted by Denise Ricci

K-2 students from Camp Eagle Feather finished the ESY Program at the Gillette School this summer. This year they traveled to the Wild West by Conestoga Wagon and learned about life

during that time period while reviewing Reading, Language Arts, and Math concepts. Mrs. Schmitz's class fished for sight words, went on a scavenger hunt, worked in tents, and completed many camp crafts on a daily basis.

SEPTEMBER 1ST-30TH

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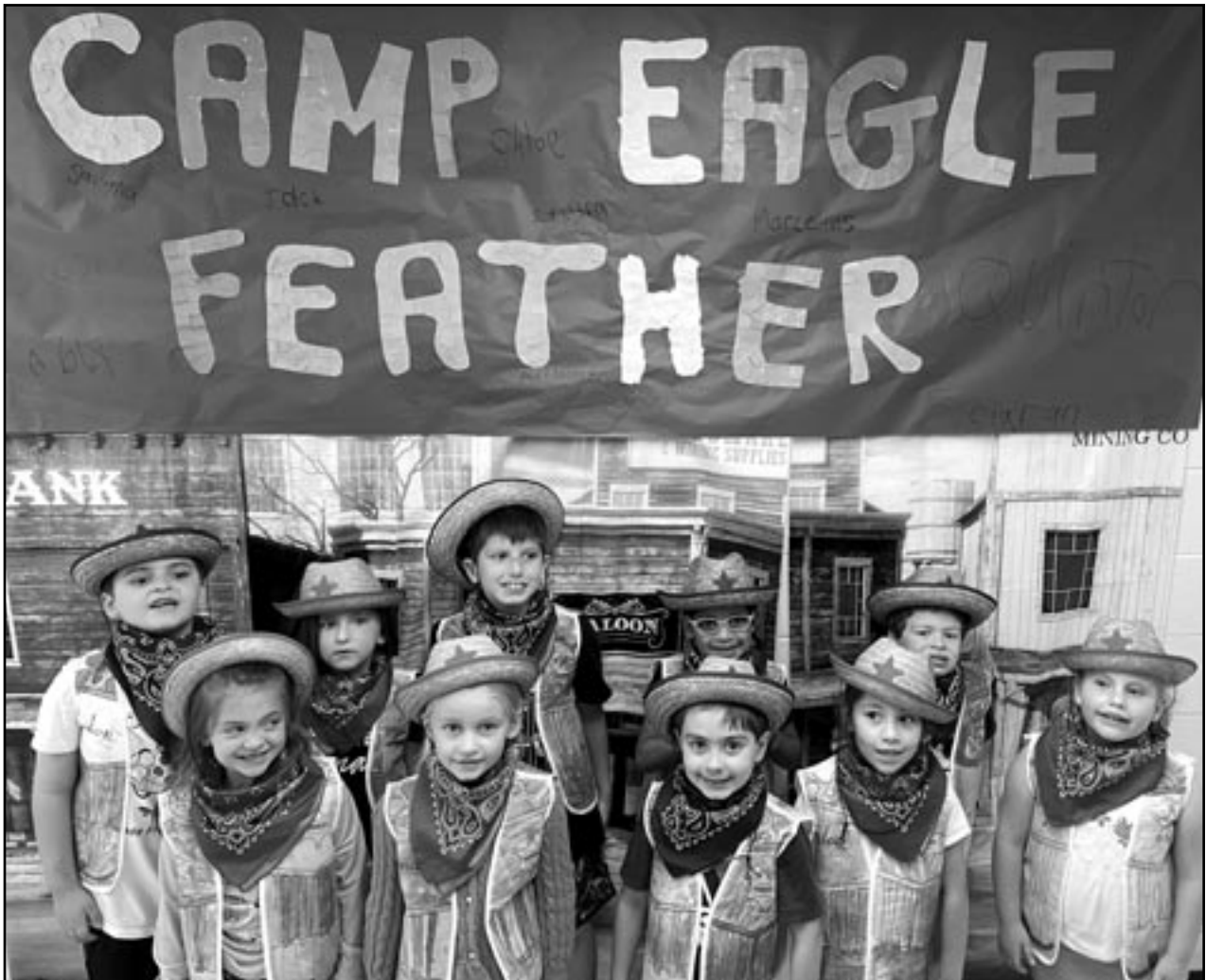
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  2020 Five Star Real Estate Agent as seen in New Jersey Monthly.



(above, l-r) Pictured are students at Camp Eagle Feather. Back row: Quinton D., Stella A., Logan P., Ciaran W., Jack K.; front row: Savana C., London G., Antonino Z., Chloe O., Abby C.

Courtesy photo

Long Hill Parks & Recreation
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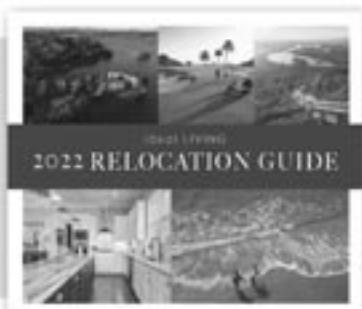
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LHT LIBRARY PROGRAMS IN SEPTEMBER

Book Club

This month all of our book clubs are reading the same book, *The Life We Bury* by Allen Eskens. We are trying to get as many people in our community reading this book as possible. Various discussion groups will be available in-person and via Zoom. Copies of this book are available in the library, via Libby and via hoopla (our two ebook and eaudio platforms).

Language Learners

Thursdays, 12 noon - 1 p.m.

For language learners, we have a couple of conversation groups ongoing at the library. English language learners meet at the library. All are welcome to practice their English in this welcoming and encouraging environment. Typically, we pick a topic for the week and come ready to discuss that, informally!

Italian Conversation Groups

Intermediate Italian
Wednesdays at 12:30 p.m.
Beginning Italian
Wednesdays from 1-2 p.m.

For those interested in Italian, join one or both of our Italian conversation groups, led by instructor Gail Giacobbe. Come prep for your next trip or practice speaking the language your parents spoke at home. All who love la bella vita are welcome.

We have lots of other things going on as well: Yoga classes via Zoom, free movies every week on Wednesdays at 2 p.m. and Thursdays at 1 p.m. You can borrow a museum pass, a Chromebook computer, a mobile wifi hotspot, a ukulele or an emergency weather radio.

History Talk

Wednesday, September 19 at 7 p.m.

For local history buffs, join our talk, presented by Joel Farkas, on George Washington and Morristown (via Zoom). Learn about the connection between our country's founder and Morristown. Prep for that historical walk you've been meaning to take for years!

Top 5 Mistakes Made on Medicare
September 21 at 1 p.m.

For seniors, (in-person) - just before our movie showing at 2 p.m.

Author Talk

Wednesday, September 21 at 7 p.m.
(via Zoom).

For book lovers, we've got an author talk! Marie Benedict, one of our favorite historical authors, will give us background on her writing and her books on **What's the Verdict?**

Wednesday, September 28 at 7 p.m.
(via Zoom).

For Supreme Court watchers. Each year, the Supreme Court receives 9,000-10,000 case petitions for certiorari (consideration) and less than 1% are reviewed. The cases chosen are significant. This session will consider the pending cases before the Court. Sponsored by the NJCouncil for the Humanities.

GREETING CARDS TO BENEFIT LIBRARY

The Friends of the Long Hill Library are selling cards at the library, 30 cards for \$30. A percentage going to the library. Pictured l-r are Misti Garritano, Theresa Filippone, Toni Marino, at the Friends of Long Hill Library Fundraising Card display.



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SUMMER CONCERT SERIES PHOTO ALBUM

The Long Hill Township Parks & Recreation summer concert series featured Epic Soul on August 11th, at Kantor Field. The Denigrators will be the final concert in the summer series. It will take place on September 1st at Stirling Lake from 6:30 – 8:30 p.m.



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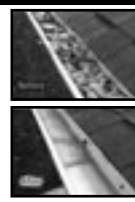


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6 Units	6.5" x 6.25" or 10" x 4"	\$240	\$600	\$900	\$1200	\$1400	\$1600	\$1800	\$2000	\$2200
9 HALF PAGE	6.5" x 9" or 10" x 7"	\$320	\$800	\$1000	\$1300	\$1600	\$1900	\$2200	\$2400	\$2700
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The Senior Center of the Chathams Grief Support Group

Tuesdays, starting September 6, 10:00 a.m.
 This support group provides a space to explore experience with loss. Sessions take place on Tuesdays through October 21; no session on September 23.

Welcome Back Pizza Lunch

Thursday, September 8, 11:45 a.m.
 Enjoy some “welcome back” pizza and stay to watch the Thursday movie. Sponsored by Morris View. Space is limited.

Caregiver Support Group

Thursday, September 8, 1:00 p.m.
 Provide caregivers with the emotional support and education they need to better understand forms of dementia. The group will meet on the first Thursday of each month.

Connections Self Discovery Group

Fridays, starting September 9, 10:00 a.m.
 Endeavor fun, self-discovery, and mutual support in this group.

Short Story Reading Club

Friday, September 23, 10:00 a.m.
 Join the discussion about the short story, “The Lesson” by Toni Cade Bambara.

Writing Workshop

Monday, September 12, 11:00 a.m.
 Try this fun, introductory writing workshop which is open to all types of aspiring writers.

Postage Stamp Collecting

Monday, September 12, 1:00 p.m.
 How postage stamps are collected, stored, evaluated, traded, bought, and sold.

Line Dancing

Monday, September, September 12, 1:30 p.m.
 Instructor Linda Hyland will teach line dancing. Wear sneakers and loose clothing.

Salsa Dancing Classes

Tuesdays, starting September 13, 2:00 p.m.
 Intended for older adults who dance or enjoy the music. Five classes through Tues, Oct. 11.

Senior Travel Program: Bella Italia

Wednesday, September 14, 2:00 p.m.
 This presentation will explore travel to Italy.

Improving Sleep and Mood

Thursday, September 15, Noon
 Representatives from the Mt. Sinai School of Medicine discuss how to improve sleep and mood with the power of light.

Reminiscence Group

Monday, September 19, 10:00 a.m.
 Participants will have a chance to share their good memories and personal stories based on the mystery question pulled from a jar. Meet new friends and enjoy a great cup of coffee.

Fiction Book Group

Tuesday, September 20, 12:45 p.m.
 All are welcome to join the discussion. Call the Center for this month’s reading selection.

DVD Lecture Series

Tuesdays, 10:30 a.m.
 Documentaries will be shown that are in keeping with the month’s Italian theme.

Romantic Italian Songs

Wednesday, September 21, 1:00 p.m.
 Enjoy wonderful singer Bob Marino.

Fall Prevention Program

Thursday, September 22, 10:30 a.m.
 Learn how lifestyle and home environment can be modified to reduce the risk of falling.

Free Blood Pressure Screening

Thursday, September 22, 11:45 a.m.
 Get your blood pressure checked for free. No appointment necessary; walk-ins are welcome.

Celebrate the Month’s Birthdays

Thursday, September 29, 12:00 p.m.
 Celebrate Senior Center members who have birthdays in September.

Nonfiction Book Group

Friday, September 30, 1:00 p.m.
 All are welcome to join the discussion of “On Call in the Arctic” by Thomas J. Sims.

Men’s Basketball

Mondays & Fridays, 10:00 a.m.
 Game is played in the gym. Sign-up is required. Fee for July-September is \$20.

Gentle Exercise Classes

Mondays, Tuesdays, Thursdays, 12:20 p.m.
 The Gentle Exercise classes sequence is Balance & Flex on Mondays and Thursdays, and Gentle Stretch on Tuesdays.

Intermediate Exercise Classes

Tuesdays, Wednesdays, and Fridays, 9:00 a.m.

The Intermediate Exercise Classes sequence is Balance & Flex on Tuesday, Mat Stretch & Alignment on Wednesday, and Low Impact Cardio on Friday.

Pickleball

Tuesdays & Thursdays, 10:00 a.m.
 Game is played upstairs in gym. Sign-up is required. Fee is \$20 for July-September.

The Women’s Circle

Tuesdays, 1:00 p.m.
 A social discussion group where women get to know one another by talking about issues and topics that interest them.

Open Bridge Practice

Wednesdays, 10:00 a.m.
 The session is open to those who want to practice playing bridge. Bring some friends.

Nifty Knitters

Wednesdays, 1:00 p.m.
 This active and social group gets together to create caps, blankets, and more for donation to local hospitals and veterans’ organizations.

Bridge for Experienced Players

Thursdays, 10:00 a.m.
 This class is for experienced players and alternates between lessons and duplicate lite. Instructor: Rick Hartley. Cost is \$7 per class.

Free Paint

Thursdays, 10:00 a.m. - Noon.
 The art room is open for artists to work on their own creations using their own supplies.

Movies

Thursdays, 12:30 p.m.
 A movie is shown every Thursday. A foreign film is shown once a month on a Friday at 12:30 p.m.

Men’s Discussion Group

Fridays, 10:30 a.m.
 A friendly and relaxed gathering of men who engage in lively discussion about current events, have some laughs.

Beginner Knitting Class

Fridays, 11:30 a.m.
 Learn how to knit from Center staffer Carol Eisenhardt. All materials provided. Free class. Fee required as class progresses.

Table Tennis

Five Days a Week, 12:30 p.m.
 Mondays, Wednesdays, and Fridays are for experienced players; Tuesdays & Thursdays are for those new to the game.

UGLY HOMES WANTED FOR TELEVISION PROGRAM IN THIS AREA

We need 30 Ugly Homes with Ugly Kitchens, Bathrooms, Siding, Window, etc., Inside or Outside that need fixing or Remodeling. We will Repair and Remodel them and shoot video for training film and future TV show on Home Remodeling Work.

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Ask for TV Project Department, for job evaluation and estimate of cost and compensations!

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